



BROADLANDS

Community News

May 2009

May Brings Flowers And Many Other Celebrations...

- Mark your calendars for the Annual Board of Directors Meeting – Tuesday, May 12, 2009, 7:00pm at Mill Run Elementary, doors open at 6:30
- In observance of Memorial Day, our HOA office will be closed on Monday, May 25th – Trash will be collected on a normal schedule
- Grab your towel, sunscreen and don't forget your pool pass...Pools open Saturday, May 23rd – See pages 6-9 for pool information.
- High Sierra Pools is hiring lifeguards for the summer, see page 29 for details



National Wildlife Federation Certified Community Wildlife Habitat

Photo of Jack, Bob, and Ava Myhill and Trenten Norwat



GREAT EXPECTATIONS

ONLY THE VERY BEST FOR YOUR BABY

When you choose to deliver at Inova Loudoun Hospital, you can expect great things:

- A dedicated "Birthing Inn"
- All-private rooms
- Soaking tubs
- Pain management and anesthesia available 24/7
- Dedicated operating rooms for Cesarean births
- Board-certified neonatologists
- Family education classes
- A comprehensive lactation program and breastfeeding boutique

To request a brochure about The Birthing Inn, call 703-750-8800.

We know all about high expectations. At Inova Loudoun Hospital, our goal is to exceed your birthing expectations by personalizing your birth experience and catering to your needs. You can expect advanced care in our dedicated "Birthing Inn," with the added assurance of in-house obstetricians available 24/7. You also can expect a Level IIIA neonatal intensive care unit, just footsteps away, for newborns with special needs. And you can expect wireless fetal monitoring, to give you complete mobility while in labor.

At Inova Loudoun Hospital, we take pride in our commitment to deliver world-class, compassionate care close to home. With expectations so high, why go anywhere else for your special delivery?



thebirthinginn.org | 703.858.6000



BROADLANDS



Contact Information

Board of Directors

Cliff Keirce - President & Resident Member
(703) 729-7320, shevcoo@yahoo.com

Brian Beahm - Vice President and Resident Member
(703) 726-6360, beahmer@glassmile.net

Staci Kapinos - Secretary & Resident Member (703) 728-5849,
ssdkapinos@yahoo.com

Denise Harrover - Treasurer - Van Metre,
(703) 425-2600,
dharrover@vanmetrecompanies.com

Eric Bazerghi - Resident Member
(703) 723-1046, eric@thehouse.net

Roy Barnett - Member at Large
Van Metre, (703) 425-2600,
rbarnett@vanmetrecompanies.com

Tom Marable - Member at Large - Van
Metre, (703) 723-2800,
tmarable@vanmetrecompanies.com

Mark McIntosh - Member at Large - Van
Metre, (703) 425-2600,
mmcintosh@vanmetrecompanies.com

HOA Office and Website

21907 Claiborne Parkway
Broadlands, VA. 20148
(703) 729-9704 Fax: (703) 729-9733
Open Monday - Friday 9:00am - 5:00pm
www.broadlandshoa.org



Armstrong Management Services

Assessment Information Office:

Direct Phone: (703) 679-1541
FAX: (703) 591-5785
Email: broadlands@armstrong.net

Mail Payments to:

Armstrong Management Services
P.O. Box 7778
Philadelphia, PA 19101-7778



Southern Walk Board of Directors (Open Band Contract Administration Only)

Denise Harrover - President - Van Metre,
(703) 425-2600,
dharrover@vanmetrecompanies.com

Ken Corson - Vice President
(703) 842-4872,
knkcorson@smartneighborhood.net

Vacant - Secretary

Ty Hausch - Treasurer - Van Metre,
(703) 425-2600,
thausch@vanmetrecompanies.com

Tony Gentry - Resident Member
(571) 333-9535,
tgentry@smartneighborhood.net

Tom Wade - Financial Agent
Armstrong Mgmt Svcs, (703) 385-1133,
twade@armstrong.net

Jim Brabham - OpenBand President
(866) 673-6226 or (703) 961-1110 OpenBand
Customer Service

HOA Management

Wes Schroeder - General Manager
(703) 729-9711,
wschroeder@broadlandshoa.com

Maureen Burns - Assistant General
Manager & Secretary to the Modifications
Subcommittee, (703) 729-9714,
mburns@broadlandshoa.com

Susanne Ortmann - Audubon Naturalist
Hours: Tuesday 2:00p.m. - 4:00p.m., Thurs-
day 8:00a.m. - 5:00p.m., Friday 8:00a.m. -
2:00p.m., (703) 729-9726,
naturalist@broadlandshoa.com

Natalie Ihanainen - Newsletter Editor
(703) 729-9704,
nihanainen@broadlandshoa.com

Staci Kapinos - Newsletter Advertising
Manager, (703) 729-9704,
skapinos@broadlandshoa.com

Stassa Collins - Newsletter Classified Ads
(703) 729-9704, scollins@broadlandshoa.com

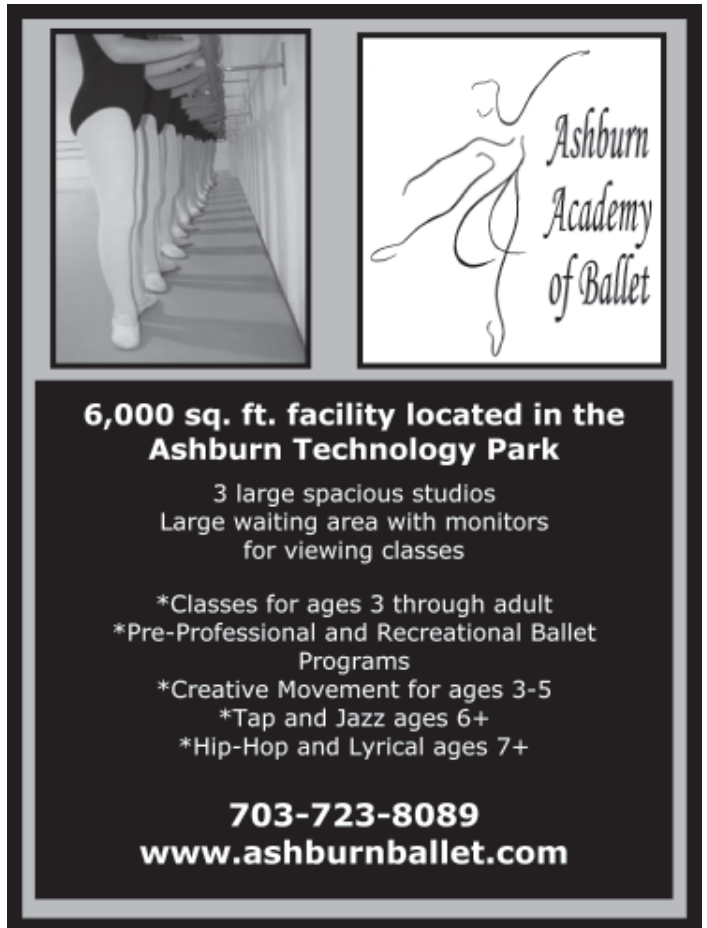
Create Future Nature Stewards By Visiting the Nature Center!

What: Special Nature Center
Saturday Hours
When: May 16 & June 13
Hours: 12:00p.m. - 5:00p.m.

Why should I go?

- Visit the animals inside the Nature Center
- Look at the exhibits and hands-on displays
- Create future stewards of the environment by going on a family nature walk from 3:00p.m. - 4:00p.m.
- No sign up necessary

All ages invited.
Dress for the outdoors.



6,000 sq. ft. facility located in the Ashburn Technology Park

3 large spacious studios
Large waiting area with monitors for viewing classes

- *Classes for ages 3 through adult
- *Pre-Professional and Recreational Ballet Programs
- *Creative Movement for ages 3-5
- *Tap and Jazz ages 6+
- *Hip-Hop and Lyrical ages 7+

703-723-8089
www.ashburnballet.com

STARTS JULY 6TH!

Summer Math Seminars

*Algebra I *Geometry *Algebra II *Pre-Calculus/Trig *Calculus

Core Math Tutoring

"Where getting ahead...means never falling behind."

- *Focused Two-Week Seminar
- *Small Group Instruction

"You made math seem like it wasn't work."
-Senior at Dominion High School


703.201.9995
Chris@CoreMathTutoring.com
www.CoreMathTutoring.com

Mailbox Improvement Week is Coming... Transform Our Community!

The US Postal Service has designated May 17th - 23rd as mailbox improvement week to encourage everyone to improve the appearance of their mailbox.

Neat, attractive mailboxes make a significant contribution to the overall look of our community. Broadlands HOA recommends contacting **Mainstreet Mailboxes**, (703) 753-5521, for on-site repairs and replacement of posts and boxes.

For more information, please call the Nature Center at (703)729-9704.



THE BEST BIRTHDAY PARTIES HAPPEN NATURALLY!

Celebrate your child's next birthday at the Broadlands Nature Center!

For more information, pick up a brochure from the Nature Center or download one from **www.broadlandshoa.org**

**BROADLANDS HOME OWNERS ASSOCIATION
2009 ANNUAL MEETING**

**Tuesday, May 12, 2009
7:00p.m. - 9:00p.m.
at Mill Run Elementary School**

*Please be sure to update your calendars!
Doors open at 6:30p.m. Meeting comes to order at 7:00p.m.*



Northern Virginia Summer BrewFest
Saturday, June 27, 2009
Morven Park in Leesburg



Enjoy a "A Celebration of American Beer" and leave the driving to us. Your Events Committee is sponsoring a Commercial 57 Passenger Luxury Bus (bathroom included) to shuttle between the Nature Center and the Festival.

The Bus will depart the Nature Center for the Festival at:
10:00 am, 12:00 pm, 2:00 pm, 4:00 pm, and 6:00 pm (even hours).

The Bus will depart the Festival for the Nature Center at:
1:00 pm, 3:00 pm, 5:00 pm, 7:00 pm, and 9:00 pm (odd hours).

The cost for the bus ride is a recession proof \$0.

Check out the Festival on line at:
<http://novabrewfest.com/summer/>
and purchase your tickets early or at the gate.

To reserve a seat on the bus, send an email to:
brewfest09@inbox.com

Pool Season is Coming Up... Do You Know Where Your Pool Passes Are?

It's time to start looking in the bottom of your pool bag or maybe in the drawer with the swimsuits for your Broadlands Photo ID pool passes. Everyone 5 and up who wishes to gain admission to the pools will need one.

If you are a new resident, you must fill out an application, return it to the Nature Center and have your photos taken. Applications are available at the Nature Center, in this newsletter, see page 7 or online at www.broadlandshoa.org.

If you received a pass last year and have lost it, you can receive a replacement pass free of charge until Pool Opening Day which is May 23, 2009. Call the Nature Center at 703-729-9704 and request a replacement pass. After May 23rd there will be a \$5.00 fee for each replacement pass. If you want a new pass with a new photo the charge is \$7.00. **CREDIT CARDS ARE NOT ACCEPTED!** Cash or check only. All passes are picked up at the Nature Center Monday through Friday from 9:00a.m. to 5:00p.m.

If any of your children have turned five since last summer or will be five by June 1, 2009, they must have a picture taken and a pass made. Please use the resident application form on page 7 and return it to the Nature Center to add them to your family data base.

Pictures will be taken at the Nature Center from 9:00a.m. to 5:00p.m. Monday through Friday on a first come first served basis. Additionally, the Nature Center will be open for photographs on Sunday, May 17th from 12:00p.m. to 5:00p.m.

Pool passes will be issued to each individual aged 5 and up living in the household. A household consists of all persons permanently living in the dwelling including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

Renters must have the owner of the property sign the application transferring their pool privileges to the tenant. Please use the Tenant membership application on page 8.

Prior to having the photo taken, all adults 18 and up must show a photo ID and proof of address.

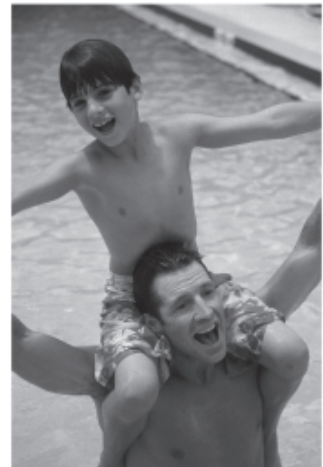
Photos will not be taken if acceptable proof of identity and address are not available.

Acceptable photo IDs include:

- Driver's License
- School, Military or Work Photo ID
- State Issued Non-Driver Photo ID
- Current Passport
- Current Resident Alien Photo ID

Acceptable Proof of Address include:

- Payroll Stub issued within the last 60 days
- Most Recent W-2 or 1099
- Original Bank Statement issued within the last 60 days
- Utility bill issued within the last 60 days
- Current Virginia Voter Registration Card
- Settlement Papers or Deed
- Current Homeowners Insurance Policy



Non-resident caregivers are able to obtain a pass for \$40 for the season. They should be noted as non-resident caregivers on the resident's application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the care giver to the photo session and show proof of identity and address.

Up to 5 long term house guests may obtain pool passes for \$40 per person for the season or \$15 per person for a month (30 consecutive days) or \$5 per person for seven consecutive days. They must be noted as non-resident house guests on the resident's application. The fees must be paid at the time their photo is taken and the pass issued. The resident must accompany the guests to the photo session and show proof of identity and address.

Ten guest passes are allocated to each **residence**. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility.

Please direct questions to the Nature Center at 703-729-9704.

BROADLANDS 2009 POOL MEMBERSHIP APPLICATION

This application form **MUST BE SIGNED BY THE OWNER** who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME:

ADDRESS:

TELEPHONE:

EMERGENCY CONTACT NUMBER:

Please **PRINT** the names of ALL members (including names noted above) who will receive a pass **and the date of birth of all persons under the age of 18** (as of June 1, 2009). Note: Children age four (4) or younger do not require passes but must be noted on the application.

Name	Relationship to Owner	D.O.B. if under 18
	Owner	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature of Owner

BROADLANDS 2009 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form **MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT**, if pool privileges will be transferred to a tenant. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME: _____

ADDRESS: _____

TENANT INFORMATION (If privileges are transferred to tenant)

TENANT NAME: _____

BROADLANDS ADDRESS: _____

TELEPHONE: _____

EMERGENCY CONTACT #: _____

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons under the age of 18** (as of June 1, 2009). Note: Children age four (4) or younger do not require passes but must be noted on the application.

Name	Relationship to Renter	D.O.B. if under 18
	Tenant	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature Tenants(s)

As the owner(s) of the referenced unit, I hereby transfer my right to use the pool facilities to my tenant(s).

Signature of Owner(s)

BROADLANDS POOL RULES

MEMBERS **MUST COMPLY** WITH ALL LIFEGUARD INSTRUCTIONS

GENERAL RULES

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or “Swimmies” (swim diaper) under their bathing suit.
- Children 10 years or younger **MUST BE** accompanied and supervised by an adult or care provider at least 14 years old
- Pool members **are responsible** for the conduct of their guests
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Parents **are responsible** for the safety and conduct of all children in their care
- **Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules**

For your information:

- *Members using the pools do so at their own risk.*
- *No Lifeguards are on duty at the wading pools.*

The complete text of the Broadlands Pool Rules is available at the Association Office or on the website www.broadlandshoa.org

Revised February 7, 2008

TAKE THE PARTY WITH YOU!

OUR PARTY PACK MENU IS PERFECT FOR:

TAILGATE PARTIES ★ PICNICS ★ OFFICE PARTIES
HOUSE PARTIES ★ BACKYARD BBQS
GRADUATION PARTIES
BIRTHDAY PARTIES ★ FAMILY GATHERINGS ★ THE BIG GAME
MOTHER'S DAY

— All Party Pack menu items are conveniently packaged to feed 10 or 20 people. —



BROADLANDS
BROADLANDS MARKETPLACE
703-729-1212
★ ★ ★ ★ ★ ★ ★ ★
glorydaysgrill.com

Chinese Restaurant in Your Neighborhood



ASIA CAFE
Since 2003

43150 Broadlands Plaza #106
Ashburn Va, 20148
703-729-3298
www.asiacafe-ashburn.com



ORIENTAL EXPRESS
Since 1991

45665W. Church Road #106
Sterling Va, 20164
703-430-2689
www.orientalexpress-sterling.com

Platters and Catering Now Available

Serving Loudoun County for over 16 years

<p>Free Crab Rangdon (6) Order over \$20.00 * Excludes Tax Party Tray, LunchBox Expires 5/31/09</p>	<p>Free Steamed Dumpling Order over \$30.00 * Excludes Tax Party Tray, LunchBox Expires 5/31/09</p>
--	--

Are you still using PERC to dry clean your clothes?



2 Convenient Locations:

tel: 703.723.1381
(next to Harris Teeter)
43300 Southern Walk Plaza #120
Ashburn, VA 20148

tel: 703.723.1931
(next to Papa Johns)
21735 Shellhorn Road
Ashburn, VA 20147

According to the Department of Health and Human Services, the International Agency for Research in Cancer, and the EPA, perchloroethylene (PERC) has been labeled as a probable human CARCINOGEN and has been linked to CANCER in humans.

Crystal Brite Cleaners takes pride in being one of the few cleaners in the Ashburn area to use hydrocarbons, which is a greener alternative to PERC because it will biodegrade within days when exposed to air, water, and earth.

ALL WORK DONE ON PREMISES.

Quality Services

- Sameday Service (In by 10 - Out by 5)
- Dress Shirt Buttons Replaced Free
- Professional Alterations
- Credit Cards Accepted (VISA & Mastercard)

\$19.99*
ALL COMFORTERS,
BEDSPREADS, and
BLANKETS

\$8
REGULAR PANTS
HEM

30% OFF*
ALL DRY CLEANING
(minimum 5 items)

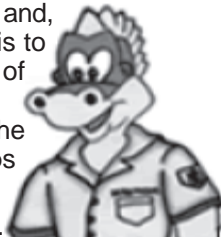
*INCOMING
ORDERS ONLY;
MUST PRESENT
THIS COUPON

Hours of Operation: MON-FRI 7AM-7PM SAT 8AM-6PM SUN CLOSED



Notes from Your Neighbors.....
Ashburn Volunteer Fire Rescue Department,
www.ashburnfirerescue.org

My name is **Terry the Traumasaurus**, and, I am a paramedic dinosaur whose job it is to help promote the well being and safety of children in the Ashburn community.



Kids love to be active & riding toys fit the bill. Mom & Dad here are some safety tips to follow:

- Choose a toy that suits your child. Consider size, age, and abilities. Many injuries are caused by riding toys that are too large or too advanced for the child.
- Make sure the path is clear, and no hazards are in the pathway. Watch out for traffic, stairs, rough sidewalks, cords, and furniture that could cause an injury.
- Look for high-quality, durable pieces; free of sharp edges, unstable joints, or other potential hazards. Check weight requirements and make sure the piece will support your child and that all the screws are tight. Toys should be sturdy enough not to tip over, even when turning corners.

Supervise - Keep a constant eye on your little one and make sure they stay in safe areas.

Ride on toys are a fun way for kids to expend their energy and get the physical activity they need. With a few precautions on your part, they can be a safe and enjoyable experience.

Everywhere I go, I get lots and lots of questions from boys and girls about all my friends at the fire house and what they do there.

BJ (5 years old) asks "Terry, Why is no one ever sure when the helicopter will come at your Open House?"

Great question, BJ... The emergency helicopter service that helps us at AVFRD is always working and "on call" all the time. If they have a real emergency they must always go there first. We ask them to come to our Open House, fully aware that they may get called away if they are needed at an emergency scene, elsewhere. The weather may also be a problem— we always hope for a pleasant day, but a very cloudy or windy day may delay or even prevent their ability to fly. This year we have asked them to try to come about 3:30.... But we never know...

For information about the AVFRD Spring Open House see page 38

Nothin' But 'Net

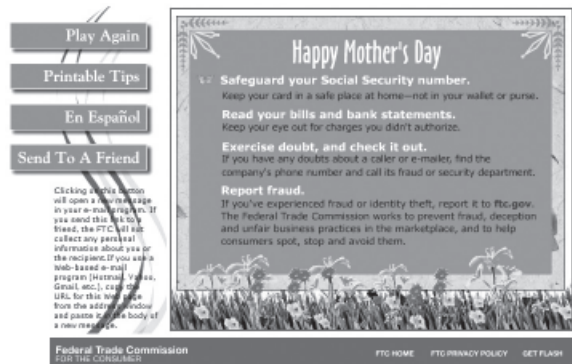
From the Federal Trade Commission.

Submitted by: Dawne Holz, HOA Technology Committee member and Consumer Education Specialist at the FTC.

Keep Mom and Dad Safe – Ecards Provide Internet and Privacy Tips

Along with the flowers, cards, ties, and gadgets, consider sending these e-cards for Mother's Day and Father's Day. Available from the FTC in English and Spanish at www.ftc.gov/dad, www.ftc.gov/padre, and www.ftc.gov/mom, www.ftc.gov/madre, the cards offer advice on keeping personal information secure.

Help your folks figure out how to spot fraud on the Internet. When Internet scam artists go "phishing," they send spam e-mails or pop-up messages asking for personal information, Social Security numbers, and/or passwords. To gain the trust of those they wish to con, these hustlers often pose as representatives of a bank, an Internet Service Provider, or a government agency. Send them these ecards and keep them from getting hooked by Internet con artists.



The FTC works for the consumer to prevent fraudulent, deceptive, and unfair business practices in the marketplace and to provide information to help consumers spot, stop, and avoid them. To file a complaint or to get free information on consumer issues, visit ftc.gov or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261. The FTC enters consumer complaints into the Consumer Sentinel Network, a secure online database and investigative tool used by hundreds of civil and criminal law enforcement agencies in the U.S. and abroad. The FTC's Web site provides free information on a variety of consumer topics.

Spend a Weekend in the Country during Loudoun County's Spring Farm Tour May 16 and 17

From 10:00a.m. to 4:00p.m. on Saturday, May 16th and Sunday, May 17th, enjoy this **free, self-guided driving tour** down country roads to participating Loudoun County farms and wineries. The Spring Farm Tour weekend serves as an introduction to Loudoun's growing season. Buy spring seedlings and plants for your home; say hello to farm animals and greet spring babies; tour a winery; learn how food gets from the farm to your table; and much more. Bring the whole family for a day or two of fun, education, and *agritainment!*

Brochures for the Spring Farm Tour, including a map and directions to all participating farms, are available at Loudoun County libraries and community centers, and the Loudoun Convention and Visitors Association (LCVA) in Leesburg. To have a brochure mailed to you, submit your request by email (info@LoudounFarms.org) or call the Loudoun County Office of Economic Development at 703-777-0426.

Detailed tour information and an interactive map can be found at www.LoudounFarms.org.

Ready to increase the value of your home while adding the extra living space you need?
Time to finish your basement.



today to get a FREE estimate

703-447-1678

EG&J specializes in custom basement designs to meet your needs. Owner has more than 20 years experience in contracting and home improvements. EG&J is bonded, insured and has local references.

Call today!

Make Memories on Your Deck!

Pressure Washing Services

- Deck Cleaning
- Home Exterior Washing
- Sealing/Staining
- Cement Cleaning
- Fence Washing

703.583.9274
www.WashMyDeck.com

Serving Our Community for 15 Years

Pressure Washing Spring Savings

\$79 for first 100 sqft (average deck \$140)

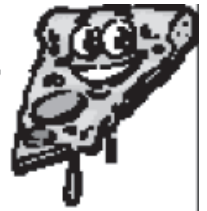
1/2 OFF Deck Cleaning with deck staining purchase (average savings of \$70)

\$25 OFF any service

Proudly using Benjamin Moore Stains



EAGLE RIDGE MIDDLE SCHOOL PTO'S 15 GAMES OF BINGO AND SPRING RAFFLE/SILENT AUCTION



Friday, May 15, 2009 - 6:45 PM*

Pre-Orders for Ci-Ci's Pizza & Raffle Prizes/Silent Auction Preview @ **6:45 p.m.**
Games Begin @ **7:15 p.m.**

All regular game winners will receive a \$25 value item such as a restaurant gift certificate, entertainment event, grocery card, etc. Additional raffle tickets & Bingo cards will be sold at bingo.

Pizza by the slice \$2 - \$1 beverages sold at the event.

One Special Bingo \$50 - Jackpot \$200 (Multiple winners will split)

All prepaid Bingo orders will receive 4 free raffle tickets!

Detach and mail with check payable to ERMS PTO

Name _____ Grade _____ Phone # _____

Bingo Packet (3 cards per game) \$7.00 x _____ = _____

Extra Jackpot Game Card \$1.00 x _____ = _____

Raffle Tickets (50 cents each) \$.50 x _____ = _____

Bingo Dauber \$1.00 x _____ = _____

*Large Ci-Ci Pizza (cheese or pepperoni)
Quantity _____ Type _____ \$14.00 ea. _____ = _____

*each pizza order includes 4 beverages & dessert

Total Due \$ _____

No drop offs, please. Students must be accompanied by at least one adult if a group. Spaces will be limited in the cafeteria, so order early!

Return Prepaid forms, along with payment to ERMS PTO, to the Bingo Box in the main office or to your house office by Wed., **May 13th**. Packets will be at the "Pre-paid order table" when you arrive. No line!

Questions or if you would like to volunteer for this fun/ family event: Emily Ciullo enciullo@comcast.net



BINGO



Neighborhood Watch to Host Home Security Seminar

On Wednesday, May 6th, the Broadlands Neighborhood Watch will host a seminar on Home Security. Deputy Specialist Nathan Payne will conduct a 90 minute program on how best to protect your home. The meeting begins at 7:00p.m. at the Nature Center.

This is a great opportunity for residents to learn how they can best protect themselves from vandalism and other crimes.

Residents will have the opportunity to speak with a sheriff's representative about their concerns as well as learn what they can do to make Broadlands a safer community.





ZAMPIELLO PAINT CONTRACTORS, INC.

SPRING SPECIALS

<u>EXT. PAINT</u>	<u>INT. PAINT</u>
15% off NOW	15% off rain dates

ROTTEN WOOD REPAIR

POWERWASHING

703-263-1000

Request your FREE estimate online
www.zampiellopaint.com
 14107 Mariah Court Chantilly, VA 20151
 BONDED * LICENSED #033961A * INSURED

"Caring For Your Comfort"



CLIMATIC



HEATING & COOLING, INC.

RESIDENTIAL · COMMERCIAL

Sales & Installations · Furnaces · Heat Pumps · Air Conditioning · Duct Cleaning
 Humidification & Filtration · Duct Work For Additions And Basements
 Free Estimates On Replacements & Upgrades · Maintenance Agreements
 Mechanical Engineer on Staff · 24 Hour, Same Day Service

MIDDLEBURG/ALDIE
540-687-4676

**We Service All
Makes & Models**

ASHBURN/BROADLANDS
703-779-7455

\$99.95 COOLING TUNE-UP
AND SAFETY CHECK
PRICE PER SYSTEM

\$15.00 OFF- ANY
SERVICE CALL
NEW CUSTOMERS ONLY

UP TO \$1,200.00 REBATE ON
SYSTEM REPLACEMENTS
12 MONTH SAME AS CASH FINANCING





Thinks. Heats. Saves.



100% Satisfaction Guaranteed!

INFINITY SERIES



WWW.CLIMATICVA.COM

Broadlands Association Board of Directors Meeting March 10, 2009 Board Actions

The meeting was called to order at 5:39p.m. with the following Board members in attendance:

Cliff Keirce	Roy Barnett	Maureen Burns, Assistant Manager
Brian Beahm	Mark McIntosh	Seven Homeowners
Denise Harrover	Tom Marable	
Eric Bazerghi	Wes Schroeder, General Manager	

Also arriving during the meeting were 4 representatives for Kincora to give a presentation to the Board of Directors. They were Christopher T. Flynn (Bendure Communications, Inc.), John C. McGranahan, Jr. (Hunton & Williams, LLP), John G. Lavoie, (Cooley, Godward, Kronish, LLP) and Daniel P. Coughlan (TRITEC Real Estate Company, Inc.).

Brian Beahm moved to approve the minutes from the February 10, 2009 Board Meeting and was seconded by Eric Bazerghi. The motion was approved 6/0/1 with Mark McIntosh abstaining.

Cliff Keirce discussed school redistricting and is approaching the issue as he has in the past. His rationale is to keep Broadlands children here in the community and not have them split up. He is also advocating no money be spent for new schools unless needed. Cliff also discussed the upcoming Van Metre 5 Mile Race and noted that some private streets appeared to be on the race route prior to clearance by the Association. He addressed better clean-up, indemnification for the Association and notice to residents on the private streets. Sandwich boards were to be placed at the entrance to the streets a week prior to the event.

Roy Barnett discussed the Hotel Special Exception Hearing. There would be a two month deferral. Mr. Barnett also mentioned that Demott Drive may be slated to go through to Moorefield Transit Station. Van Metre would be opposing this change and recommended that the Board should oppose this because Demott would become more of a cut through street if this occurred. Mr. Barnett also mentioned Van Metre would be looking to move the Church site from Wynridge (Section 208) to the age restricted housing site (Section 108). Mr. Barnett also confirmed with Mr. Marable that Broadlands Boulevard would be open to Route 659 (Belmont Ridge Road) in approximately May.

Eric Bazerghi commented on the quick clean up of the Hillside Tunnel after the major graffiti issue, the possibility of adding a sign under each marquee board advertising the web site and commented on the family emergency that prevented Staci Kapinos from attending the meeting.

Lori Seidmeyer (Habitat Committee) spoke about upcoming events to benefit the Loudoun Earth Day celebration to be held in Broadlands on April 26th. On March 26th Anothai will donate a portion of the proceeds to the Habitat Committee and the Loudoun Earth Day celebration. There will be an Earth Day celebration at American Flatbread on April 22nd. Lori also inquired about using the frame sign at the fountain entrance prior to the event for advertising. This would have to be authorized by Van Metre.

The Board heard a presentation from the CSL Swim Team. They wish to add a shed at the Community Center Pool to be located on the grassy area behind the current trash dumpster near the outdoor shower. The Board requested the Swim Team obtain a building permit for the work and that the shed be vinyl, not metal. Cliff Keirce moved that since the increase in capacity to 195 members resulted in all Broadlands residents currently registered being eligible for the team and that the 4 slots left had to be advertised in the April newsletter with a deadline of April 10th. Residents would be the first accommodated for the four available slots until after April 10th. Brian Beahm seconded the motion. The motion passed 7/0/0.

Kincora made their presentation and discussed the proposed location which encompasses 400 acres on the Southwest quadrant of Route 7 and Route 28. The proposed development includes residential (apartments and condominiums) in a village style with some retail, a fire station, cultural arts center and a minor league baseball park. If the project continues on track with zoning the ball park would be open in Spring of 2011. The project calls for a number of road improvements in the area being competed prior to construction.

Denise Harrover moved to approve the Dog Swim proposed by Ashburn Village Animal with no outside members because of the turnout at the prior year's event in the aftermath of Katrina. The motion was seconded by Brian Beahm. The motion passed 7/0/0.

Brian Beahm moved to approve Bob Clyburn as a new Modifications Subcommittee member. Eric Bazerghi seconded the motion. The motion was approved 7/0/0.

Brian Beahm moved to approve the draft audit as submitted by Ahlberg & Company, P.C. and authorize the signing of the representation letters. The motion was seconded by Eric Bazerghi. The motion was approved 7/0/0.

Eric Bazerghi stated the Technology Committee had narrowed the candidates to two companies. The committee would bring their recommendation to the next Board meeting.

The Annual Meeting has been confirmed and is set for Tuesday, May 12th at the Mill Run Elementary School from 7:00p.m. to 9:30p.m. Management is to review signatories for all accounts after the Annual Meeting.

Eric Bazerghi moved to deny request to keep fence and playground past deadline. Fees will be assessed on two violations at \$10/day/violation starting March 28, 2009 until the maximum assessment of \$900 per each violation is reached. Brian Beahm seconded the motion. The motion was approved 6/0/0. Denise Harrover was out of the room during the vote.

Eric Bazerghi moved to approve the day care application as submitted by the Little Sprouts Preschool. Brian Beahm seconded the motion. The motion was approved 7/0/0. *Board Actions continued on page 38*

Does your outside look old and grey?



**Dominion
POWERWASH**

Make it look new again!

"Your Complete Outdoor High-Pressure Cleaner!"

**Decks, Fences, Sidewalks, House Siding
Residential Cleaning, Commercial Cleaning**

(703)994-4445

www.dominionpowerwash.com

e-mail: info@dominionpowerwash.com

<p>10% OFF Any Service with coupon</p>  <p><small>Cannot be combined w/any other offer.</small></p>	<p>FREE Water Sealant with purchase of any service & with coupon</p> 	<p>\$50 OFF Any Service over \$300 with coupon</p>  <p><small>Cannot be combined w/any other offer.</small></p>
--	--	--

Kris' Painting Service, Inc.



LOUDOUN COUNTY'S CUSTOM PAINTING EXPERT

Serving Ashburn Area Since 1999

- Professional Commercial & Residential Painting
- Custom Interior & Exterior Painting
- Molding/ Carpentry/Drywall Repairs
- Faux Finishing/ Wallpaper Removal
- Color Consulting/ Color Matching
- Power Washing & Sealing Homes & Decks
- References Available
- Free Estimates

Expert Workmanship at Affordable Rates

571-220-0749

VA Licensing # 2705073306

BBB Member

www.krispaintingservice.com

Documents done right.



Trust our document experts to deliver top-notch:

- Digital prints & copies
- Marketing, sales and training materials
- Banners, brochures, business cards and more

For documents done right, bring in your files or upload them to our Web site.

Broadlands Marketplace
43300-116 Southern Walk Plaza
Broadlands, VA 20148
703.729.2215
www.theupsstorelocal.com/5742

The UPS Store centers are independently owned and operated by licensed franchisees of Mail Boxes Etc., Inc., a subsidiary of UPS. Services and hours of operation may vary by location. Copyright ©2009 Mail Boxes Etc., Inc. 938C413542 03.09

The UPS Store



JOHN NUGENT & SONS

HEATING - COOLING - PLUMBING - ELECTRICAL

703-356-7499

LICENSED - BONDED - INSURED

1731 BARBEE ST.
MCLEAN, VA 22101

45921 MARIES RD.
STERLING, VA 20166

Family Owned and Operated Since 1975

10% Off
1st Electrical Repair
Valid for repairs \$500 or under

\$20.00 Off any
Heating, Air Conditioning or Plumbing Service

\$500.00 Off
the installation of any complete
Heating & Air Conditioning System

Offers are valid for limited time only

Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 5:30pm. Residents are welcome to observe the public portion of meetings, and to address the board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to management no later than 7 days prior to the meeting.

Help Your New Patriot Trash Can Stay at Home!

When you receive your new trash can from Patriot Disposal, you will notice a number imprinted on the side of the receptacle. This is a unique serial number. Please make note of it. In case your trash can is swept away by high winds, you will be able to identify it as yours. Additionally, residents may contact the association office with their name, address, telephone number and the serial number of their receptacle. The association office will keep a log, so if a trash can is found the owner can be identified and contacted. This is a voluntary program. Please send an email to mburns@broadlandshoa.com or call (703) 729 9704 to be included in this program.

Please encourage your neighbors who may not be newsletter readers to do the same.

Trash Collection Schedule

Mondays:

Trash, Paper Recycling,
Yard and Kitchen
Waste

Thursday:

Trash and Recycling
(including paper
recycling)

See Special Insert for more
information

Home Owners Association Board of Directors Business Meeting

Tuesday, May 05, 2009
5:30 p.m.

In the Nature Center Conference Room
Please See Page 5 for Annual
Meeting Informaiton

Modifications Subcommittee

The Subcommittee meets at 7PM in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
May 06, 2009	May 01, 2009
May 20, 2009	May 15, 2009
June 03, 2009	May 29, 2009
June 17, 2009	June 12, 2009

Updated Design Guidelines are on
the Broadlands HOA website at
[http://www.broadlandshoa.org/info/designguides/
designguides.htm](http://www.broadlandshoa.org/info/designguides/designguides.htm).

Submit complete applications by **Noon** on the submission date to the Secretary to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.



POTOMAC PATIO
CUSTOM PATIOS • WALKWAYS • RETAINING WALLS • ENTRANCES
Free Estimates
 VA Class A Lic #2705103482
703.443.2762
www.potomacpatio.com

Fix it. Repair it. Change it. Build it.™



HouseDoctors
Handyman Professionals | Home Improvements

Interior & Exterior Repairs
 Commercial • Retail • Residential
 Electrical & Plumbing Replacements
 Pressure Washing & Deck Sealing
 Drywall • Ceramic • Painting
 Bath or Kitchen Redo
 And Much More



Licensed Contractor • Fully Insured
(703) 286-5388
 Serving N. Va & Loudoun County
 www.housedoctors.com/santucci/home



Larry Miller Inc.
Window Cleaning Services

*20 Years Experience – Residential
 in Northern Virginia*
Licensed Insured
 Office: 703-723-7770
 Cell: 703-795-4530
 Fax: 703-726-8742

Member Int'l Window Cleaners Assn. 

www.windowcleaningservice.net



Your Local Handyman Specialist

P&M
 General Contracting

Class A Licensed and Insured
 Located Right here in Broadlands
 Honey-Do-Lists * Projects * and much, much more

Free Estimates

Contact Mike 703-862-0415 MichaelARosario@aol.com



**The Credit Crunch
 May Have Other
 Lenders Running
 on Empty...**

but not Apple Federal Credit Union! Every day members are driving off with great rate auto loans.

Apple's Auto Loan Rates Have Outperformed the Arlington Market Average in 2008

Contact Apple to learn how you get started on the road to savings today!

AppleFCU.org
703-788-4800



Datarac Great Rate Awards certify that the rate offered by a financial institution's product has consistently outperformed the market average of all institutions monitored by Datarac during an annual or quarterly period. For more information, please visit www.greatrateaward.com.

**Loudoun County
 Public Schools**
 Students & Families are Eligible to Join!

Financially

- 🍏 Sound
- 🍏 Safe – federally insured
- 🍏 Strong

Since 1956



Ashburn
 43330 Junction Plaza
 Suite 105

Membership eligibility requirements apply.



BROADLANDS ASSOCIATION

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

NOMINEE PLEASE PRINT OR TYPE ALL INFORMATION

NAME: Jason A. Chautin

ADDRESS: 43005 Thornblade Circle

TELEPHONE: HOME: 571-333-4472 WORK: 703-855-4123

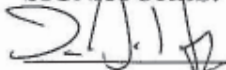
QUALIFICATIONS: (Pertinent Biographical Information)


I served as treasurer for the Churchill Square Home Owner's Association from 2002 to 2009. We were under the management of Koger/Tri-State until December of 2007, when we became self-managed. I have an MBA from The George Washington University and can offer my finance and accounting skills, as well as my 7+ years of work on a different Home Owners Association.


AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)

My wife and I recently moved into the Broadlands and would like to get more involved in the community. There are many opportunities for our association to help its residents and I would like to be able to not only receive, but to give back. Any HOA is only as strong as its volunteer homeowners to contribute their time and energy.

SIGNATURES: (Three other homeowners needed with their Broadlands address.)

 (ERIC D. HOLS) 43009 THORNBLADE CIR,

 (ROBERT WORKMAN) 42961 Thornblade Cir.

 (JAMES BACKER) 42973 Thornblade Cir

Return by April 10, 2009 for inclusion in May's Newsletter

Return by April 23, 2009 to be included in Annual Meeting Mailing



Audubon Naturalist at Broadlands **Summer Nature Camp** Kids Grow Better Outside!



Outdoor activities are one of the best ways to promote your child's social skills and physical health as well as

nurture their interest in science. Give your child the gift of outdoor education this summer with ANS camps. Your kids won't stop talking about their camp experience, and you will be excited about everything they learn.

Broadlands Summer Camp registration is now online!

Broadlands Summer Camp registration is now open
To register online:

- Go to www.audubonnaturalist.org.
 - Click on Register Online and follow the prompts
 - You will have the option to join ANS or renew your membership when you register online
- For questions about the registration process please call 301-652-9188 x16**

We encourage people to use the online registration system, however, if you do not have access to the internet, we will mail or email you a registration form, or you may pick one up at the Nature Center.

Home Sweet Home (For children entering pre-K or K; child must be at least 4 years old by June 1, 2009)

June 22-26, 2009: 9:00a.m. - Noon

July 6-10, 2009: 1:00p.m. - 4:00p.m.

Where do owls sleep during the day? Who makes their home in a rotting log? Find out all this and more as we explore amazing animal homes right in our area, including crayfish chimneys, woodpecker cavities and squirrel dreys.

ANS Members: \$120, Non-Members: \$150

Connections in Nature (For children entering 1st and 2nd grade)

June 22-26, 2009: 1:00p.m. - 4:00p.m.

July 6-10, 2009: 9:00a.m. - Noon

Hawks need slugs, worms need foxes, and one action can affect the whole ecosystem. Engage all of your senses as we search out animals and plants and learn how all things in nature are connected.

ANS Members: \$120, Non-Members: \$150

Nature in Disguise (For children entering 3rd and 4th grade)

June 29 -July 2, 2009: 9:00a.m. to 3:00p.m. (no camp Friday, July 3rd)

Come to the Nature Center and become an eco-artist! See how creative you can be while learning about nature. Create usable art and reduce waste at the same time while incorporating concepts like camouflage, adaptation and habitats.

ANS Members: \$190, Non-Members: \$240

BROADLANDS ASSOCIATION
NOMINATION PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors. Please include my name on the BALLOT for this election.

NAME: Cliff Keirce

ADDRESS: 21454 Basil Court

TELEPHONE: HOME: 703-729-7320

PROFESSION: Air Traffic Controller

FAMILY: Married, 3 children (2 at Eagle Ridge, 1 at Briar Woods)

QUALIFICATIONS and BACKGROUND:



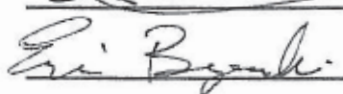
I am a 12 year resident of Broadlands and have served on the Broadlands Association Board of Directors for the past 10 years. I have been President for the past three years and provide strong, capable leadership to the Board. I have been on the Board longer than any other member and this knowledge base provides stability and consistency to the Board. I consider it to be an honor and privilege to serve my community.

Accomplishments during my current term include:

- 1) I continue to work hard to keep our HOA fees as low as possible while maintaining a high level of service to the community. I continually work with existing HOA contractors to reduce costs and, in some cases, change providers to keep costs down. We had no increase this year and we enjoy HOA fees much lower than most communities.
- 2) Negotiated with the Developer to provide additional funds to the budget.
- 3) Represent Broadlands at numerous Board of Supervisors, School Board, and Planning Commission meetings. Worked with the School Board to ensure Overland Park remained at Hillside, SouthernWalk remained at Eagle Ridge, and sections 13, 20, and the Overlook remained at Mill Run.
- 4) Established contacts with other Ashburn HOA's and meet regularly to discuss issues of mutual concern.
- 5) I have run numerous HOA meetings for residents. Topics include:
 - a) Budget.
 - b) School boundaries.
 - c) Commercial projects.
- 6) Member of the Modification Subcommittee. Take time to visit with many residents to discuss their plans and facilitate their approval.
- 7) Work with and support several other committees: Broadlands Live!, Events, Neighborhood Watch, and Habitat.
- 8) I am always readily available to residents via phone, email, or the Broadlands Forums.

My priority for the upcoming years will focus on road issues (speeding, signage, enforcement).

SIGNATURES (Three homeowner signatures needed with their Broadlands address.)

 21526 Tithables Circle
 8968 Stonehenge Place
 43087 AUTUMNWOOD SQ.



**Your pet deserves healthy food.
Just like the rest of your family.**

Offering a **large selection** of natural and organic pet foods, treats and supplements **at affordable prices**

WHOLE PET
CENTRAL
where healthy food comes naturally

Ashburn Farm Market Center
43330 Junction Plaza, Suite 176 • Ashburn, VA 20147
703-724-4319 • www.wholepetcentral.com

Open M-F 10-8 PM • SAT 10 AM-6 PM • SUN 11-5 PM
All major credit cards accepted

2 FULL-SERVICE VETERINARY FACILITIES



Ashburn Farm

703-726-8784

43330 Junction Plaza Blvd.
Suite 172
Ashburn, VA 20147
(Next to Giant Food at the Claiborne & Ashburn Farm Pkwy. Intersection)

Brambleton

703-327-8471

42385 Ryan Road
Suite 112
Ashburn, VA 20148
(Harris Teeter Shopping Center 'around back', behind Subway)

- Routine Vaccinations & Wellness Visits
- Spaying, Neutering & Dentistry
- New Facility with Modern Equipment
- In-House Laboratory, Pharmacy & Radiology
- Holistic Approach Available —
Acupuncture, Herbal Therapies & Homeopathy offered at our Ashburn Farm Location Only



Call us today. Our customer service specialists will work with you to make a wellness exam appointment. We help you stay involved with your pet's care! www.LoudounVet.com

"We're your other family doctor"

LoudounVet.com



LOUDOUN WILDLIFE CONSERVANCY SUMMER NATURAL HISTORY DAY CAMP 2009

Loudoun's Natural History Day Camp will be held again this summer. This is an opportunity for parents to provide some much needed environmental education for their children at one of Loudoun's most beautiful nature preserves, Banshee Reeks, south of Leesburg.

Dates and Hours: Two sessions: June 22-26 and July 6-10; 9 a.m.-3 p.m., daily

Location: The 720-acre Banshee Reeks Nature Preserve, Woods Road, five miles south of Leesburg, off of Route 15.

Ages: Rising 3rd-7th graders

Cost: \$130. Registration

On a first come, first-served basis

Activities: Exploring local woods, streams, fields and ponds; observing creatures in their natural habitats; documenting observations; and enjoying games.

Sponsors: Camp is co-sponsored by Loudoun Wildlife Conservancy, Piedmont Environmental Council, Friends of Banshee Reeks, and Loudoun County Parks and Recreation.

Contact: For questions and registration information, contact Phil Daley at 540-338-6528, or send an e-mail to pedaley@verizon.net. Visit www.LoudounWildlife.org.



Paper or...Paper! No Plastic

Patriot Disposal is committed to helping Broadlands recycle their waste in the most environmentally conscious way. Yard waste, kitchen waste and all paper products are being collected and then composted with the help of earthworms. **Therefore, yard waste will only be accepted in paper bags. Plastic bags will not be picked up with yard waste.** Plastic bags, even biodegradable ones, do not degrade quickly enough to be used for composting.

Yard waste, all paper products; for example, cardboard, newspapers, magazines and pizza boxes, along with kitchen waste - anything but meat - can be put in paper yard waste bags and put at the curb for Monday collection. Newspapers and other paper products can also be put out on Thursday with the rest of the recyclables.

Please call the HOA office, 703-729-9704 or Patriot Disposal, 1-703-257-7100 if you have any questions.

Do You Have an Old, Tattered, Torn, or Faded U.S. Flag?

Please don't throw it away. Allow me to collect it and give it a proper retirement.

I'm John Shearer, a Boy Scout in Troop 1154, and I'm collecting your old flags for my Eagle project. The collected flags will be then be respectfully retired with the help of the Leesburg VFW Post 1177.

You can request information by emailing flagcollection@gmail.com with "Info" in the subject line.



Southern Walk Residents Make a Clean Sweep!



Southern Walk residents recently volunteered their time to clean up the wooded area between their homes and Broadlands Market Place. Even our youngest eco-aware residents found ways to help.

Thanks to all who came out and cleaned up. Our residents keep Broadlands a beautiful place to live!



Many students from St. Michael Dojo participated in the 46th Annual ECSKA Tournament at Valley Forge Military Academy & College in Wayne, Pennsylvania on April 4th and 5th.

The participants were Joshua Miller, Jacob Woody, Drake Schaffner, Paolo Esguerra, Dana Alcantara, Coco Vigilar, Nica Vigilar, Michael DeThomasis, Helena Howard, Paul Na, Clara Na, Olivia De Thomasis, Majal Colon-Cammack, Jed Alcantara, Kathleen McClafferty, Tyler Woody, Lea Alcantara and Tanya Howard.

Many of the participants earned 1st, 2nd and 3rd place medals in KATA and KUMITE - Congratulations!

Water You Thinking?

UNDERGROUND IRRIGATION SYSTEMS

Thinking of installing a permanent underground sprinkler system this year? Make sure you use a contractor that's Loudoun Water Preferred. That way, you can be sure your system is well designed, it protects your water supply from backflow, it saves water, and saves you money.

*View our growing list of
Loudoun Water Preferred
Irrigation Contractors*

www.loudounwater.org/preferred.cfm



LOUDOUN  WATER

BROADLANDS Marketplace

FESTIVAL

*Dine al Fresco
with delights
from...*

American Flatbread,
Anothai, Domino's,
Glory Days Grill,
Hunan Café
and McDonalds!

**MAY 16,
2008
11am-3pm**

Win a **FREE** Vacation
Give-A-Way!
FREE Live Music
FREE Moon Bounce
FREE Face Painting
Hair Braiding
FREE Games
FREE Prizes



One Block
Off EXIT 6
on the
Dulles
Greenway

BROADLANDS Marketplace

Broadlands-Marketplace.com

American Flatbread – Glory Days Grill – Starbucks – Anothai
McDonalds – Taco Bell – Harris Teeter – Walgreens – Many More!

Developed and
Managed by:
Van Metre
Commercial



Lots of Fun...All Around Broadlands

Broadlands girls and their parents spent a fun afternoon lunching and making a cuddly bear friend at the Teddy Bear Tea. Thanks to Harris Teeter, Clyde's and Giant for supporting this event.



American Flatbread and The Anyday Foundation teamed up to host a St. Patrick's Day Event. There was live music, great food and prizes. Many shoes were collected for the Briar Woods HS Save Dafur Shoe Drive.

Thank you to everyone who came out to support this event.



\$50,000 Raised by Van Metre Companies for Children's Hospital

The 17th Annual Van Metre 5-Mile Run for Children's Hospital took place on Saturday, March 28, 2009. Over 650 participants from all age and skill levels came together to enjoy fitness and fun, all for a great cause. The event kicked off with a Kids Run for Fun and the One-Mile Fun Run/Walk, followed by the 5 Mile Run. The Van Metre Companies hosted a post-race celebration for all participants including refreshments, awards, and door prizes. Van Metre Companies President, Rick Rabil presented a check for \$50,000 to Drs. Midgeley and Newman of Children's Hospital.





May Children's Programs and Events at the Nature Center

The Audubon Naturalist Society
and the Broadlands HOA have
partnered to provide the following programs.

All programs are \$5.00 and will be held at The Broadlands Nature Center located at 21907 Claiborne Parkway, Broadlands, Virginia, unless otherwise noted. To register, please call the Nature Center at 703-729-9726 or 703-729-9704 at **least one day before** the program is held.

A **minimum number of 3 participants** is required or the program will be cancelled. If you sign up for all three of the Mommy, Me and Nature Insect sessions, the charge is only \$12.00. Please dress for the outdoors.

Water Fowl at the Walkway

Date: Friday, May 15, 2009

Ages: All Ages

Time: 1:00p.m. - 2:00p.m.

Meet at the walkway across the street from Harris Teeter in the Broadlands . We will "hike" the walkway and look for signs of water fowl, identify types of birds and other animals and their habitats.

Mommy, Me and Nature Makes 3 - Insect Session #2

Growing Grasshoppers

Date: Friday, May 22, 2009

Ages: 2 - 3 years old

Time: 10:00a.m. - 11:00p.m.

Learn about the grasshopper's life cycle. Find out what they eat and where they live. Go out side and see if we can catch a grasshopper. Create a grasshopper craft. Younger siblings are welcome but the program will be geared towards the above ages.

Macro - Invertebrate Mayhem

Date: Thursday, May 28, 2009

Ages: 9 & 10 years old

Time: 3:30p.m. - 4:30p.m.

Meet at the walkway across the street from Harris Teeter in the Broadlands. Check the health of this wetland habitat. Find out which macro-invertebrates are tolerant and which are intolerant to pollution. Wear old clothes and boots for wet areas.

"SPRINGTIME BLUES"

By Dr. Steve Velling

With all the trees and flowers blooming right now, we also see the peak of hay fever! Just like people, dogs and cats can develop allergies, with itchy, red eyes and runny noses. However, they often only show signs of allergies by chewing or licking themselves, signs that owners may mistake as "normal". Many dog owners are aware of "hot spots". These intensely itchy sores can pop up very quickly and need treatment.

Treatment of allergies often starts by trying to rule out other causes of allergies (fleas or ticks, food, contact with something like detergent or fertilizer). Antihistamines are often a good first choice of therapy, but antibiotics, shampoos, allergy injections, or even steroids may also be necessary in more complicated cases. So remember, if you hear somebody sneeze, it might just be your four-legged friend with hayfever!

Till next time,
Dr. Steve

p.s. Before giving any "human" medication to your cat or dog, please call us! It's very easy to overdose your pet.

10% off exams
for new patients with this ad!

**FROM DOGS AND CATS TO BIRDS
AND BOAS, WE SEE ALL PETS**

- Medical, dental and surgical services
- Puppy and kitten plans
- In-house ultrasound
- Monthly specials
- Housecalls
- Bathing



**ASHBURN VILLAGE
ANIMAL HOSPITAL**

www.ashburnanimals.com



Doctors on Staff

Steve Velling, DVM
Maria Ross, DVM
Cathy Atkins, DVM
Estella Jones, DVM

703-729-0700

Proudly treating Ashburn pets for over 10 years!

The Audubon Naturalist Society and the Broadlands Homeowners Association



are sponsoring a **bird seed sale** for the entire month of **May**. All proceeds will go to the environmental education classes at both locations as well as conservation programs.
10% off for non ANS members and 20% off for ANS members.

Modern Medicine • Hometown Hospitality

**Stream Valley
Veterinary Hospital**

We're just a few feet away

42902 Waxpool Road, Ashburn, VA 20148

M.A. Corey, D.V.M.

703-723-1017

www.streamvalleyvet.com

Hours of Operation

Monday-Friday 7AM-7PM

Saturday 8AM-3PM

Sunday, Boarder Pickup Only
5PM-7PM



SERVICES AVAILABLE INCLUDE:

- Preventive & Diagnostic Medicine, Surgical & Dental
- In-House Laboratory & Radiology Equipment
- Modern anesthetic monitoring
- Avian; Pocket pets, and exotics seen
- House calls by arrangement
- Nutritional Counseling & Prescription Diets
- Behavioral Counseling & Puppy Classes
- Boarding & Daycare
- Professional Grooming

FRESH, LOCAL AND JUST DOWN THE STREET

The Ashburn Farmer's Market Begins Soon!

Ahhh, spring has arrived and along with it comes the opening of the Ashburn Farmer's Market, May 2nd! Located just off the Greenway at Ryan Park Shopping Center, our local, Loudoun Valley farmers and producers bring wonderful produce, plants, baked goods, cheeses, meats, wine, and more to market each Saturday from 8am to noon.

The following schedule provides approximate availability:

Spring: The early season brings bedding plants, salad greens, asparagus, herbs, beets, cut flowers, radishes, and rhubarb.

Summer: Strawberries, raspberries, cucumbers, zucchini, squash, peas, snap beans, peppers, and tomatoes come in June. Corn, melons and blueberries arrive about the end of June/beginning of July.

Fall/Early Winter: Late season harvest brings pumpkins, squash, herbs, greens, fresh pears, apples and apple cider, cabbage, potatoes, parsnips, swiss chard, sweet potatoes and walnuts.

Year-round: Meats, cheeses, baked goods, salsa, eggs, plants, and wine are available.

If you have never visited the market plan to stop by, get to know your local food growers and be impressed with the quality of offerings they bring to market. See a plant, vegetable, or fruit you are not familiar with? Don't hesitate to ask questions! Farmers enjoy sharing information about what they produce and the best possible way to use it or serve it. Note that some producers may not be there every week. So, if you find something you really like, ask their schedule.

A few notes about shopping a farmer's market...

- Come early for the best selection.
- Don't be bashful - try the samples.
- Plan to pay by cash - small bills are always welcome.
- Bring the kids - what a great opportunity to teach them about sourcing food.
- Don't forget your re-usable bags.

For directions to the market, and detailed information about this and other county 'producer-only' markets visit, the Loudoun Valley Homegrown Markets Association's website: www.loudounfarmersmarket.org.
Enjoy your finds!

TIME TO GET OUT AND PLAY! BY SHANNON M. PECORA, M.A. STREAM VALLEY VETERINARY HOSPITAL

Pack up those heavy sweaters! Stow away the snow shovel and ice scrapers! Open up those windows! Get out of the house and enjoy some fresh springtime air! But don't do it alone—our dogs have often suffered from winter cabin fever, and they want to get out, stretch their legs, and get some exercise, too.

Take a look out your front door; in our area, it's highly likely that you've got a walking path or nature trail within sight. These trails afford you the opportunity to enjoy the natural beauty of our own community while you and your pet stay in shape. Of course, we share these areas with the local wildlife as well, so make sure that your dog has the appropriate vaccinations (such as rabies, lyme, and leptospirosis) and preventatives (heartworm, flea and tick) on board before you head out. And, if you and your veterinarian have decided that your dog may not be a candidate for some of these protective vaccines, you can always stick to the sidewalks just along your street.

A walk around the block can also have its benefits!

If you check with your vet, and your dog is appropriately protected, fit, and adventurous, you may want to check out some of the hiking trails that our area has to offer. The Northern Virginia Regional Park Authority website (www.nvrpa.org) lists the hours, locations, and pet-related rules of many of the great hiking spots near our community. There are even trail maps so you can plan trips and distances ahead of time.

Note that leash and pet waste laws still apply, so you've got to keep track of and clean up after your dog, even if it seems like you're just in the middle of the woods!

Warmer weather truly helps conquer many of the excuses we may have for avoiding exercise. We know that outdoor activity is good for us and good for our dogs.

You don't have to take your Great Dane along on a marathon run or take your Yorkie puppy on a hike through the mountains, but certainly take whatever chance you can to go outside and play!





**Briar Woods High School
Music Boosters
3rd Annual Rummage
Sale**

When: Saturday, May 16, 2009
(Rain date: Sunday, May 17th)
Where: Briar Woods High School
22525 Belmont Ridge Road
Ashburn, VA
Time: 9:00a.m. to 2:00p.m.

Don't miss out! We have many items to choose from including: furniture, house wares, electronics, jewelry, toys, baby items, sports equipment, books, CDs, DVDs, video games, clothing, and more. Many items donated last year were brand new!

This sale will benefit the Briar Woods High School Music Boosters Association, a parent/teacher organization that provides volunteer and financial support for the Briar Woods High School music programs. This year the Music Boosters Association will be awarding several academic scholarships to qualifying seniors as well as assisting the band program with the purchase of equipment and specialized instruction. The Music Boosters will also be donating 10% of the proceeds from this sale to Loudoun Interfaith Relief. This organization helps to feed the hungry in Loudoun County.

Donations Accepted – If you would like to donate items to the rummage sale, we will be accepting items (no broken or torn items, please) on Friday, May 15th from 4:30p.m. to 8:00p.m. Donations may be dropped off in the BWHS band room (please enter via the school bus parking lot). Volunteers will be there to direct you. All donations are tax deductible; you will be given a receipt.

Please support the BWHS talented musicians and Loudoun Interfaith Relief



**Loudoun
Interfaith
Relief**

*Food for today.
Hope for tomorrow.*

**COME ON EVERYBODY GET
FOOTLOOSE!**

Briar Woods High School Drama will be performing "Footloose" on May 1st, 2nd and 8th at 7:30p.m. as well as matinee shows on May 2nd and 9th at 2:30p.m. The ticket price is \$10.00 for adults and \$5.00 for students and children.

Briar Woods "Black Forest Productions" provide high energy entertainment for the whole family! The BWHS drama team has been recognized for excellence in acting, technical production, and set design and construction. Come see why!

fusions cuisine
fine catering for weddings, corporate events and social receptions

www.fusionscuisine.com/broadlands 703.898.0728

A truly *green* experience,
not just green products and services
but, we built green too.

20% off* Any single spa service
Mon. - Fri.

*May not be combined with other offers, used toward gift purchase, or with SpaLinder/Spa Wish, valid in Ashburn, VA Mon. - Fri. only. Exp. 5/31/09. BL020901

NOW OFFERING EXPRESS MANICURES AND PEDICURES

GIFT CARDS AVAILABLE - OPEN 7 DAYS A WEEK
43670 Greenway Corporate Drive - Ashburn, VA
703.726.9935
www.naturalbody.com

Massages - Facials - Waxing - Spa Body Therapies
Manicures - Pedicures - Full service retail including
AHAVA - Jurlique - Bare Escentuals

NB
Natural Body
spa and shoppe



Recipes for a Mother's Day Tea Party



Tea Sandwiches

Any sandwich can be a tea sandwich, as long as it's sliced into neat, nearly-bite-size pieces. For extra fanciness on a special occasion like a Mother's Day Tea Party, use a cookie cutter to punch out shapes from your sandwich bread. Recipe from *Disneyfamily.com*

Sandwich #1 Wheat bread, cream cheese, walnuts, honey and pears... Spread wheat bread with honey-walnut cream cheese (made by combining 1 package of softened cream cheese with 1/4 cup of chopped walnuts and 2 tablespoons of honey). Top with sliced pears and a second slice of bread.

Sandwich #2 White bread, herbed cream cheese, tomatoes, and black olives... Cover white bread with herbed cream cheese, tomato slices, and minced black olives.

Sandwich #3 Baguette, Nutella and bananas... Top thin slices of baguette with Nutella and sliced bananas.

Sandwich #4 Mini pita breads, hummus, cucumber and tomato... Fill mini pita breads with hummus and slices of cucumber and tomato.

Sandwich #5 Wheat bread, sliced turkey, provolone and basil pesto... Sandwich sliced turkey and provolone between two pieces of wheat bread spread with basil pesto.

High-Tea Hat

These wrapping paper hats are always a perfect fit: they're made right on your guests' heads! Disneyfamily.com

To make a hat, press and smooth two (30-inch) squares of wrapping paper, unprinted sides together, over the crown of a partygoer's head. Have her hold the paper in place while you wrap colored tape once or twice -- not too tightly -- around the widest part of her head. Remove the hat and trim the brim so it's about five inches wide. Fold up about a half-inch of the brim and secure it with invisible tape to form a hem. If desired, fold up and tape a section of the brim at the front.

A FLOWER FOR YOUR CAP... Add some floral flair to your new hat with a tissue paper bloom. For each flower, cut out several circles of tissue paper in two different sizes and colors and stack them. Cut a 1-inch circle out of card stock and use a craft knife or wooden skewer to poke two small holes near the center. Poke a 3-inch length of pipe cleaner through the center of the tissue paper circles and through one hole in the card stock circle. Thread a pony bead onto the pipe cleaner, then bend and push the end through the second hole in the card stock and back through the paper stack. Twist the ends of the pipe cleaner together. Crinkle the tissue paper petals, then tape the flower to your hat by its stem.

Pastel Petits Fours

Dainty and sophisticated. And since they're made from store-bought pound cake, they're surprisingly easy to prepare. Disneyfamily.com

1 (16-ounce) pound cake
9 cups powdered sugar
1/2 cup light corn syrup
1/2 to 3/4 cup water
1 tsp vanilla extract
1/2 tsp almond extract
Liquid food coloring, sprinkles, colored sugar and candy flowers
Cut entire cake into 1-inch-thick slices. Use 1-inch-wide cookie cutters or knife to cut round, square, and diamond shapes from each slice. Place cake pieces on wire rack set on a waxed paper-lined cookie sheet. In large saucepan over medium heat, mix together powdered sugar, corn syrup, 1/2 cup water, vanilla and almond extracts until mixture is creamy, about 5 mins. Remove saucepan from heat and let cool about 5 mins. As icing cools, if stiffens, stir in a spoonful of water to keep the icing smooth and flowing. Divide icing equally between two or three small bowls. Stir food coloring, a drop at a time, into each bowl until icing is the desired shade. Working with one piece of cake at a time, spoon on icing to cover it completely, then add sprinkles, colored sugar, or a candy flower before icing sets. Let cakes stand, uncovered, until icing is dry, about 30 mins. Store in up to 3 days. Makes about 30 cakes.

Win a \$45 Gift Certificate to Bonefish Grill!

Find both flowers below, anywhere (any size) within the Newsletter and you could win! Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than May 14, 2009. **Be sure to include your name and telephone number.** Good Luck!



FOUND ON PAGE NUMBER:

Rose: _____

Daisy: _____

CONTACT INFO:

Name: _____

Phone: _____

TENNIS ANYONE?

The Broadlands Tennis committee will be hosting **Adult Mixed Doubles Tennis Socials** at 7:00p.m. at the Nature Center Courts on the third Saturday of the summer months:

June 20th
 July 18th
 August 15th
 September 19th



All skill levels are welcome - these tennis socials are designed for everyone in the Broadlands HOA members to get out on the courts, meet other players, and have a good time!

The cost will be \$10 per person, collected at the courts before each event. We plan to limit the number of participants to the first 24 who sign up, so if you'd like to join us, please let us know the week prior via e-mail at lindasearch@comcast.net so that



we can organize a fun event for everyone, and keep each player posted on inclement weather updates.

See you on the courts!
 The Broadlands Tennis Committee

Broadlands Will Provide Tennis Time to Special Olympics Athletes

The Broadlands Association will be providing court time for some very special athletes on Thursday evenings from 6:30p.m. to 7:30p.m. at the Hillside Park Tennis Courts.

Through an agreement with the local Special Olympics Chapter, Tennis Dan and the HOA, ten to twelve Special Olympics Athletes will have the opportunity to practice their tennis skills coached by Tennis Dan instructors and local high school volunteers.

If you plan to play tennis on Tuesday evenings, please remember that the courts will not be available during this hour. This special program continues through June 9th. The Special Olympics Athletes thank you for your support.

Hockey Camps Summer Fun Skate Camps

HOCKEY CAMPS

Our 2009 Summer Power Play Hockey Camps are designed to improve your fundamental skills of skating, passing, shooting, and stick handling.

To register visit our web site at...
www.ashburnice.com



SUMMER FUN SKATE CAMPS

Summer Fun Skate Camp
 Tiny Tots Half Day Camp
 Freestyle Development
 Power Ice Camp

Interested in our Summer Fun Skate Camps please call 703-858-0300



STAY COOL THIS SUMMER
 AT THE
 ASHBURN ICE HOUSE

21595 Smiths Switch Rd.
 Ashburn, VA 20147
www.ashburnice.com

SUMMER CAMP EXTRAVAGANZA 2009!

6 Extraordinary Performing Arts Camps For Ages 5-17

Northern Virginia's Premiere Choice For Camping With The Arts!



Come Experience The Performing Arts Like Never Before!

Teen Intensive Theater Camp
 June 22-27 Ages 13-17 1 Week Camp (6 days)

Drama Camp

Session 1: **July 6-24** Session 2: **July 27-Aug. 14**
 Ages 6-12 3 Week Camp

Music Camp (Performance Option)

Session 1: **July 6-17** Session 2: **July 27-Aug. 7**
 Ages 5-9 2 Week Camp

Music Camp (Exploratory Option)

Session 1: **June 22-26** Session 2: **July 20-24** Session 3: **Aug. 10-14**
 Ages 5-9 1 Week Camp (5 days)

Camp Cabaret Intensive

August 17-22 Ages 12-17 1 Week Camp (6 days)

8 Week Private Program

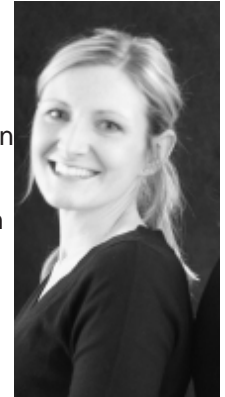
July 7-Aug. 27 Private 1:1 Sessions in *Piano * Voice * Acting*



Performing Arts Preparatory School
 11425 Isaac Newton Sq. Reston, Va. 20190
www.lopezstudios.org 703-787-0071

CORE BENEFITS

By, Katie Herbert CPT, Perinatal Specialist
fitness.innovations@gmail.com



The fitness industry is not unlike many other industries; it goes thru many phases and fads. You can now see just as many infomercials related to fitness products as you can for “helpful” household products and gadgets. With so many new devices, pills, and ideas, the general public can feel a little lost. While there certainly are some wonderful new products and ideas in fitness, some are just bunk. In the last five years or so fitness has found a new buzz word; core. You may read about ‘core strength’ or hear about an athlete focusing on ‘core training’ and ‘core conditioning’. I am here to tell you that all of this “core” talk is no joke, it’s here to stay, and there is much science to back up the hype.

What is the Core?

When most people here the word core as related to fitness they think of the abdominal area, if you are into pilates you may call it the ‘powerhouse’. Both of those answers are correct but the core is so much more than just the abdominals, and what does powerhouse mean anyway? When a Fitness Professional talks about the core she is referring to the muscles deep in the abs and back that attach to the spine and pelvis. In other words, the core consists of the muscles that work to stabilize the back and pelvis including the muscle groups surrounding the hips, spine, and the abdominals. Listing all of the muscles involved would take up the rest of the article but suffice it to say that it is an extensive list of very important muscles.

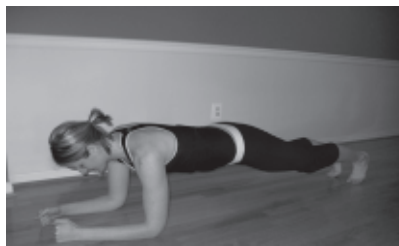
What are the benefits of core training?

- Improved posture and balance
- Greater efficiency of movement
- Reduced risk of injury
- Greater body control and awareness
- Increased function of peripheral muscles (if the base is strong the limbs can work more efficiently)
- Reduces back pain and tension

How can I train my core?

The idea of core training has lent itself to a new way of thinking in the fitness industry. Many trainers are moving away from training one body part at a time and opting instead for a more functional approach. Core training is all about training the body as a whole not just part by part because we now understand that all of the parts are linked and affect each other. The new way of thinking has lead to the increased demand for exercise balls, bosu trainers, and other forms of stability training.

My favorite core exercise is the plank. It’s simple to perform, anyone can do it anywhere. Start by holding the plank for just a few seconds making sure that your abs are pulled in and your body is in a nice straight line, no bum in the air. As you improve increase your time. If you can hold for over a minute try to lift one leg, then the other.



There are so many ways to effectively train the core muscles. You can even work the core by simply standing on one foot...if you think that is pretty easy, try closing your eyes. You’ll feel all kinds of muscles twitching in the ankles that you never even knew existed! If you want to continue the experiment; try to squat down on that one leg, go as low as you can. If you are good at that and need a challenge grab a small towel, place it on the ground during one squat and pick it up the next squat. Do 10-15 reps per side a couple of times. I guarantee you’ll wake up some new muscles. You have now gone from a simple core exercise to a full on functional exercise that is utilizing all of the major muscles in your body.

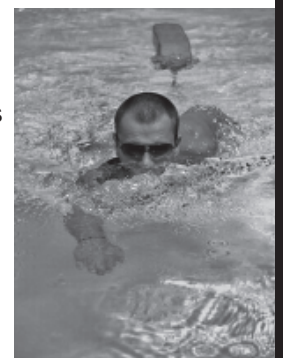
The greatest thing about core training and functional training is that you get more bang for the buck. The more muscles that you use at one time, the more calories you will burn=greater results in less time!

Good luck and I hope to see many more planks being done at the gyms very soon!



**SPEND SUMMER
BY THE POOL -
AND GET PAID FOR IT!**

High Sierra Pools is hiring lifeguards to work at the Broadlands Pools. Apply online at www.highsierrapools.com <<http://www.highsierrapools.com>> or call 703.920.1750 for more information about these great jobs!



**TENNIS DAN OFFERING
TENNIS AND SUMMER
SPORTS CAMPS**



TD Sports is excited about the upcoming 2009 tennis season. We have a great line-up of events and lessons scheduled for this year.

Summer Clinics

There are (2) 4-week summer sessions for clinics, the first beginning June 22nd and the second starting July 27th.

Summer Junior Stars Tennis Camps

Camps will begin June 22nd. The camps will be held on Tuesday, Wednesday, and Thursday for two weeks for 4 sessions. A camp T-shirt is included, so please specify shirt size when you register.

TD All-Stars Camps

TD All-Stars camp will be held Monday through Friday from 12:30-3:30pm during the summer. There will be 9 sessions beginning the week of June 22nd. You can sign-up by week or by day.

Little Stars and Pee Wee Tennis Camp

We are excited to also offer a Little Stars Tennis Camp for kids ages 5-6. The camp will be held the same dates as the regular tennis camp from 10:30am-11:30am. The 3 and 4 year old Pee Wee camps will be held from 9:30am-10:30am. Once a week clinics in the afternoon will also be available.

Website

Go to www.TDSports.org for details on all the Broadlands programs. You can access all information, sign-up forms and schedules under the community section.

**Body
by
Geoff**
Health & Fitness

"We change people's lives."

Personal Training (1 FREE)
Weight Loss (FREE consultation)
Massage Therapy (\$10 OFF)

BodyByGeoff.com
Reston: 703.464.5559 Ashburn: 571.918.0200

**Family
Foot and Ankle Centers**

Medical and Surgical
Care of the Foot and Ankle
Infants to the Elderly

- Bunions, Hammertoes, Ingrown nails
- Heel Pain-shock wave therapy
- Orthotics, Diabetic shoes
- Sports Medicine
- General Podiatric Care
- Geriatric Care
- Laser treatment for Nail Fungus

Dr. Richard S. Mendelsohn D.P.M. F.A.C.F.A.S.
Dr. Deena L. Charney D.P.M. F.A.C.F.A.S.
Dr. Gary J. Scheib D.P.M.
Dr. Stanley Idiculla D.P.M.

**20905 Professional Plaza #310
Ashburn
703-723-9267**

9918 Main Street 1445 Dolley Madison Blvd
Fairfax 703-273-9818 Melean 703-556-8637

Visit us online at www.familyfootandankle.com

CAPITAL GYMNASTICS WEST
Strong Body, Strong Mind, Strong Self

44642 GUILFORD DR.
ASHBURN, VA 20147
703 724-4072
www.capitalwestgymnastics.com

Register now for Summer Camps

New for 2009
High School Gymnastics Camp
July 20, 22 and 24
9AM to 1PM
Cost \$150

Summer Gymnastics Camp
Monday, Wednesday and Friday
9AM to 12PM
Ages 3 and up
Cost \$135

June 29, July 1 & 3 * July 6-10 * July 13-17
July 20-24 * July 27-31 * Aug 3-7 * Aug 10-14



The Broadlands Piranhas Swim Teams is gearing up for a great 2009 season!

With over 250 Broadlands families registered for both our teams, we now are over 410 swimmers strong. Our swimmers compete in 2 leagues: the Colonial Swim League (CSL) and the Old Dominion Swim League (ODSL). Both are planning a fun filled summer of swimming. Once the pools open, our dedicated teammates practice after school until school is out and then have daily at morning practices. We compete in meets on Wednesday nights and Saturday mornings, so stop by and cheer on your friends and neighbors and see your Broadlands Piranhas in action. Both teams' schedules are listed below.

It is not all work for the Piranhas, though. We have team social events planned such as a Kickoff Ice Cream Social, Movie Night, Teen Night, and a trip to Kings Dominion. Also, this year our swimmers will be giving back to our community with 2 charity fundraisers. Our CSL swimmers will again be participating in the Leukemia and Lymphoma Society Swim-A-Thon, which raised over \$5,000.00 last season. The ODSL team will be hosting the inaugural Broadlands Kid's Triathlon to benefit the Multiple Sclerosis Society. The date of this exciting event will be the morning of Thursday, July 2nd and will start with a swim at the Southern Walk pool. This Triathlon is open to all children ages 5 and above. Please check the ODSL section of the Piranhas website for many more details and registration information.

Broadlands has great business for neighbors as well! We are very fortunate to have Dr. AJ Patel of Ashburn Pediatric Dental Center return as our Season Sponsor—thank you for another year of generous support. Also returning as major sponsors this year are Bonnie Selker of Keller Williams Realty, the UPS Store in Broadlands Marketplace, Fitness First Health Clubs, Dominos Pizza in Southern Walk Plaza as well as new local support from Curl-Burke Swim Program, Cheers Sports, Carolyn Clark of Keller Williams Realty and Zeros Subs in the new Belmont Greene Plaza—thank you! We also want to thank College Nannies and Tutors, TC Sports Photography, Generous George's Pizza, Infinitive Triathlon Race Series and Wiger Orthodontics for their support of our team. Please support these local businesses who support our swimmers, links to all these businesses are listed on the Piranhas homepage: www.broadlandsswimteam.org.

Please visit our team website, www.broadlandsswimteam.org, to check on the latest on the teams and GO PIRANHAS!

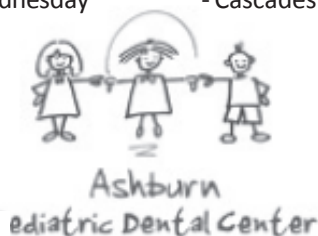
Come on out and watch your Broadlands Piranhas compete! Our home meet schedules are:

Home Meets for the ODSL Piranhas at the Southern Walk pool:

- June 13th - Saturday - 8:00am - Time Trials
- June 20th - Saturday - 8:00am - Red Rocks
- June 24th - Wednesday - 6:00pm - Lansdowne
- July 11th - Saturday - 8:00am - Lifetime Fitness
- July 18th - Saturday - 8:00am - ODSL Divisional Meet
- July 22nd - Wednesday - 6:00pm - Relay Carnival

Home Meets for the CSL Piranhas at the Community Center pool are:

- June 13th - Saturday - 8:00am - Time Trials
- June 20th - Saturday - Burke Center Penguins
- July 1st - Wednesday - Cascades



Providing caring, personal attention in a comfortable, professional environment, right in the heart of Ashburn.



Dr. Robert M. Allen
Dr. Diana J. Slavin
Dr. Tiffany D. Lione
Dr. Paul Colbourne

(Doctors of Optometry)

Ashburn
 (Ashburn Village Plaza, Next to Giant)
 44110 Ashburn Village Plaza, Suite 134
(703) 726-0005

Chantilly
 Chantilly Professional Building
 3910 Centreville Road, Suite 100
(703) 830-6380

Ashburn's only FULL SERVICE eyecare facility! Just look at what we offer!

- Comprehensive Eye Examinations
- Glaucoma/Cataract Screenings Using Advanced Technology
- Contact Lenses – All Types (Even Bifocal and Keratoconus Contacts)
- Computerized Contact Lens Fitting
- Treatment of Eye Disease
- Laser Vision Correction Consultations
- Optical Lab On Premises – Offering One Hour Service On Most Prescriptions
- Licensed, Professional Opticians With Over 60 Years of Experience
- Complete Fashion Optical – Over 1000 Fashion Frames in Stock
- Pediatric/Developmental Optometry
- Vision Training

Most Insurance Plans Accepted — Convenient Evening and Weekend Hours

Loudoun County's Office of Public Information to Hold Series of Digital TV Transition Information Meetings

Loudoun County's Office of Public Information, in conjunction with the Federal Communications Commission (FCC), is holding a series of meetings to help people prepare for the transition to digital television.

Loudoun residents who have questions about the digital conversion or who need assistance in understanding how to attach their digital converter box will have the opportunity to talk to representatives of the FCC.


The deadline for full-power broadcast TV stations to complete the switch to digital television (DTV) is June 12, 2009. Broadcast stations are required to notify their viewers before shutting off their analog channels. Local broadcast channels will make on-air announcements about the transition. Viewers may also contact stations directly for more information.

If you have one or more analog televisions that receive free over-the-air TV programming with an outdoor antenna or "rabbit ears" on the TV, you will need to be prepared for the transition. You have three options: purchase and connect a "digital-to-analog converter box" to your analog TV, purchase a digital television (a TV with a built-in digital tuner), or subscribe to a paid service such as cable or satellite TV. Each U.S. household is eligible to receive two \$40 coupons from the federal government to be used toward the purchase of two digital converter boxes.

Meetings in Loudoun about the DTV transition are scheduled for:

- Saturday, May 2, 10 a.m. - 12 noon, Loudoun Valley Community Center, 320 W. School Street, Purcellville
- Saturday, June 6, 10 a.m. - 12 noon, Cascades Library 21030 Whitfield Place, Potomac Falls

More information about the digital TV transition, including links to the FCC and related websites, is available on the Loudoun County website at www.loudoun.gov/digitaltv.

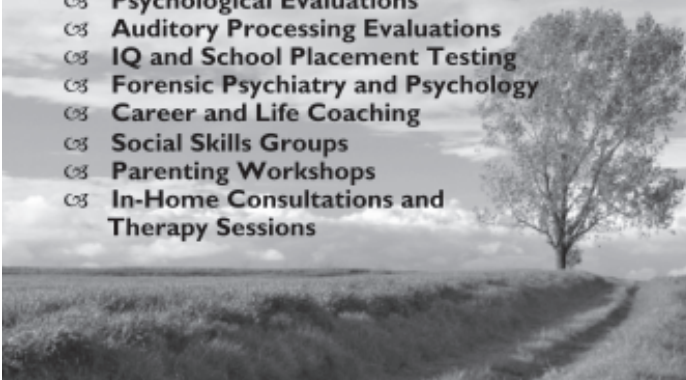


ASHBURN PSYCHOLOGICAL SERVICES

CHILDREN OF ADOLESCENTS OF ADULTS OF FAMILIES

CONTACT US AT 703-723-2999
WWW.ASHBURNPSYCH.COM

- ☞ Child, Adolescent and Adult Psychiatry and Medication Management
- ☞ Child, Adolescent, Adult Therapy
- ☞ Couples, Marriage and Family Counseling
- ☞ Neuropsychological Evaluations
- ☞ Developmental Evaluations for Infants and Toddlers
- ☞ Educational Evaluations
- ☞ Psychological Evaluations
- ☞ Auditory Processing Evaluations
- ☞ IQ and School Placement Testing
- ☞ Forensic Psychiatry and Psychology
- ☞ Career and Life Coaching
- ☞ Social Skills Groups
- ☞ Parenting Workshops
- ☞ In-Home Consultations and Therapy Sessions



BROADLANDS HELPER LIST

The Broadlands Helper List is being Updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to hscott@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to hscott@broadlandshoa.com.



**TRICIA HUTTON
DESIGNER**

703-217-3172 or 540-338-7190
CALL FOR A FREE CONSULTATION

WWW.WILDWOOD-LANDSCAPE.COM
INFO@WILDWOOD-LANDSCAPE.COM

1ST PLACE WINNER 2008 LEESBURG FLOWER AND GARDEN SHOW

Ronald Ray D.D.S. P.C. and Associates 703-858-0045

Visit us at
www.RonaldRayDDS.com

Ashburn Town Square
43930 Farmwell Hunt Plaza, Suite 136
Ashburn, VA 20147

Between the Bloom and CVS in the Ashburn Town Square Shopping Center



Personalized Care in
a Quality Location



Emergency Care
Available

Two good reasons to choose The Eye Center...



Your right eye. Your left eye.

WE SPECIALIZE IN:

- LASIK Surgery
- Laser Eye Surgery
- Eye Exams
- Glaucoma Care
- Diabetic Eye Disease
- Contact Lens Fitting

Since 1989 The Eye Center has been providing eye care services to the communities of northern Virginia and the DC area. Our outstanding reputation is based on the caring relationships we build with our patients, and our continued efforts to strive for excellence in the field of eye care. We provide safe and affordable care by effectively integrating medical science and advanced technology.



Ophthalmology • Refractive Surgery
Laser, Cataract & Implant Surgery

STERLING
703-430-4400

LEESBURG
703-858-3170

ALEXANDRIA
703-931-9100

FAIRFAX
703-573-8080



Orthodontics for Children & Adults

703-723-8838

Specializing in Providing
Care for Patients of All Ages

- Children
- Adolescents
- Adults

www.dackowskiortho.com



Call Today To Schedule A No-Charge
Orthodontic Examination

T Wesley Dackowski DDS

ASHBURN FARM PROFESSIONAL OFFICE PARK
20925 Professional Plaza, Suite #210 ★ Ashburn, VA 20147
tel. 703/723-8838



Ashburn Pediatric Dental center

Ajit A. Patel, DDS, MS

Fun & Relaxing Kid Friendly Atmosphere
State of the Art Dental Office for Kids

www.AshburnPediatricDentalCenter.com

Digital X-rays
Cleanings/Fluoride
Tooth colored fillings
Cavity evaluations
Early orthodontics
Extractions



Sealants
Emergency care
School Exams
Nitrous Oxide
Sedation

T. 703.726.4333 *Saturday appointments*

42882 Truro Parish Dr., Suite 205 Ashburn, VA 20148
(Located off Waxpool Rd. Across from the Boyd School in Broadlands)

USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

NON-EMERGENCY		Social Services	(703) 777-0353
Ashburn Fire	(703) 729-0006	Patriot Disposal	1(703) 257-7100
Loudoun County Sheriff	(703) 777-1021	Van Metre Homes	(703) 723-2800
Washington Gas	(703) 750-1000	Verizon	(703) 954-6222
Poison	(703) 625-3333	Verizon Fios	(888) 553-1555
LCSA - Customer Service	(571) 291-7880	Voter Registration	(703) 777-0380
LCSA - After Hours & Weekends	(571) 291-7878	Weather	(703) 936-1212
State Police	(703) 771-2533	LOUDOUN COUNTY PUBLIC SCHOOL	
Dominion Virginia Power	(888) 667-3000	Briarwoods HS	(703) 957-4400
PUBLIC INFORMATION		Eagle Ridge MS	(571) 252-2140
Abused Women's Shelter	(703) 777-6552	Hillside ES	(571) 252-2170
Animal Control/Shelter	(703) 777-0406	Mill Run ES	(571) 252-2160
Building Permits Dept.	(703) 777-0397	PUBLIC OFFICIALS COUNTY SUPER.	
Comcast	(703) 430-8200	Stevens Miller	(703) 777-0204
Child Protective Services	(703) 777-0353	SCHOOL BOARD REPRESENTATIVE	
County Landfill	(703) 771-5500	Robert Dupree	(703) 729-3430
CPR Class Info	(703) 444-1155	VIRGINIA HOUSE OF DELEGATES	
DMV (VA)	(800) 435-5137	Robert G. Marshall (13th)	(703) 361-5416
Drug Abuse	(703) 771-5100	Richmond Office	(804) 698-1013
Dulles Airport Hotline	(703) 572-2700	David Poisson (district 32)	(703) 421-6899
Health Department	(703) 777-0236	Richmond Office	(804) 698-1032
Library (Ashburn)	(703) 737-8100	VIRGINIA SENATE	
Loudoun Ride On	(703) 777-2708	Mark Herring (district 33)	(804) 698-7533
Loudoun Hospital	(703) 858-6000	District Office	(703) 729-3300
Miss Utility	(703) 552-7001	Constituent Hotline	(800) 889-0229
Metro	(202) 637-7000	U.S. HOUSE OF REP. 10th DISTRICT	
OpenBand 24x7 Customer Service	(866) 673-6226	Frank Wolf	(703) 709-5800
OpenBand Trouble Tickets	(703) 961-1110	U.S. SENATE	
Parks and Recreation	(703) 777-0343	Jim Webb	(202) 224-4024
Ridesharing	(703) 771-5665	John Warner	(202) 224-2023
Road Conditions	(800) 367-7623	VIRGINIA STATE GOVERNOR	
School Board	(571) 252-1000	Tim Kaine	(804) 786-2211

May Tips for the Garden

When planting a new shade tree, consider whether it is messy or neat in appearance, weak- or strong-wooded, and long- or short-lived. Resist the temptation to plant a fast-growing, weak tree for quick shade.

Some trees that are messy and weak-wooded include silver maple, hybrid poplar, mimosa, weeping willow, black cherry, and Eastern cottonwood. Better choices are Chinese elm, Japanese zelkova, pin oak, red maple, river birch, tulip poplar, and willow oak.

Rough or careless handling of balled-and-burlapped trees can break the soil ball, damaging or breaking off most of the roots, and result in the death of the tree. Never pick up a B&B tree by its trunk; instead, carry it by the root ball, being gentle when putting it down.

Regularly water newly planted trees and shrubs during the first three to four years after planting to help establish a good root system. They need at least 1 inch of water each week. It is better to water deeply once a week, than to water lightly every day; the former practice encourages deep, drought-resistant roots while the latter practice encourages surface roots that may suffer during dry spells. Apply an organic mulch to conserve moisture and control weeds.

Most evergreens have many roots near the soil surface. Avoid deep cultivation, which might wound roots.

Prune out winter-killed wood on trees and shrubs by cutting back to green wood after new growth begins.

Watering with soaker hoses or drip irrigation will reduce the spread of blackspot in roses.

Welcoming New Patients



- **Meet Dr. Val**, Harvard graduate and Diplomate of the American Board of Pediatric Dentistry
- Pediatric, adolescent, and special needs dentistry in a fun, safe environment
- State-of-the-art facility – laser dentistry, IV sedation, and digital radiography
- Kid and Mom-friendly hours
- **Kids love coming to see us!**

Check out Dr. Woo as our Pediatric Dental Guru on www.iammodern.com.



Dr. Val and her family



21785 Filigree Court, Suite 208
Ashburn, VA 20147
703-729-7005

www.NOVApediatricdentist.com

We uphold the AAPD's recommendations of first exam by first birthday
Pediatric Dentistry with a Mom's Touch!

Promoting and Maintaining Healthy Beautiful Smiles for the entire family...



Experience gentle dental care
in a comfortable atmosphere
at our state-of-the-art office

Dr. Hebda is a member of the American Dental Association, Academy of General Dentistry, Northern Virginia Dental Society, and American Academy of Cosmetic Dentistry.



DR. ANN N. HEBDA

Cosmetic, General, and Family Dentistry

(703) 723-9788

Whiten your teeth in about an hour
Find out how and call today!



Ashburn Professional Park, 20600 Gordon Park Square, Suite 190, Ashburn, VA 20147

WIGER ORTHODONTICS

For Children and Adults



John C. Wiger DDS MS
Orthodontics for Children & Adults

- Clear Braces Available
- No Charge For Initial Consultation
- Invisalign Certified
- Financing Available
- State of the Art Office



BECAUSE YOU NEVER OUT-GROW A BEAUTIFUL SMILE!

703.444.9373

Potomac Falls
Professional Center
(RT. 7 & CASCADES PKWY)
46165 Westlake Drive
Suite 300

Potomac Falls, VA 20165
wigerorthodontics.com

Member, American Association of
Orthodontists
Diplomate, the American Board of
Orthodontics



Dr. Wiger & His Family

Broadlands Orthodontics®

Dr. R. Ron Hessamfar,
D.M.D., M.S., P.C.



New State-of-the-Art Ashburn Office!

- Free Initial Orthodontic Consultation & TMJ Exam
- Evening and Saturday Appointments Available
- 0% Financing Available up to 24 Months
- Aesthetic and Traditional Braces
- Invisalign Available
- Multi Family Member Discount
- Most Insurances Accepted



Orthodontics for Children and Adults!

(703) 726-6561 42882 Truro Parish Drive, #210, Ashburn, VA
(Located in Broadlands Office & Retail Center)

CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For information, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Ashburn Toastmasters welcomes those interested in developing communication, leadership and presentation skills. For information, contact Catherine Stewart at castewar@cisco.com or visit www.toastmasters.org to learn more.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

Please join us either Tuesday mornings or evenings at a neighborhood home for a study on the Heart of Christ by Max Lucado. For more information, contact Karen at 703-723-4341 or Tammie at 703-858-2771.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT COMMITTEE

Broadlands has to complete yearly goals to maintain certification. The Wildlife Habitat Committee works with The National Wildlife Federation, The Broadlands HOA and our residents to achieve these goals. For more information please contact BroadlandsWildlife@gmail.com.

GIRL SCOUTS

Join Girl Scouts today! A girl can expect to have a great time as she follows the fun and adventure, contributes to her community, learns new skills and makes new friends. Troops for all age levels - K -12th grade. To find out more, please contact Anne Moriak at anne@moriak.net or 703-729-6594.

MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet every Tuesday morning from 9:00a.m. - 10:00a.m. during the school year, Please contact Rebecca for more information at 703-858-7379.

CUB SCOUTS & BOY SCOUTS

A youth organization emphasizing fun with a purpose. We teach principles of good citizenship, character development, outdoor adventure, fitness and health and much more. The Cub Scout program is designed for boys in grades 1-5 and Boy Scouts for grades 6-12. Boy Scout Troop 2970, formed by leaders and families with over 20 years of Scouting experience, meets at Our Saviors Way Lutheran Church on Thursday nights. Cub Scout Pack 1483 meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For information, please call Ed Yarbrough at 703-724-1064.

LA LECHE LEAGUE OF ASHBURN PM

Need help or have questions about breastfeeding? Want to meet other nursing mothers? La Leche League International strives to help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. Meets the 2nd Wednesday of the month from 7:00p.m. - 8:45p.m. at the Ashburn Library. To contact a Leader please call 703-729-1205.

WORKING MOTHERS NETWORK

We are a group of working moms who meet regularly to share the great journey of motherhood and, have a variety of meetings at different times, locations and days of the week to accommodate busy-working mom's schedules. We also provide events that include children (like play-dates) and Network Events 'just for mom'. For more information visit <http://workwmn.meetup.com/341/>.

MOM'S CLUB OF BROADLANDS

A national club whose members are Moms and kids from the Broadlands. Activities and outings happen weekly. We meet in the Community Center every third Friday at 10:00am. For information, contact Mimi Backhausen at 572-214-9086 or membership.momsclub_broadlands@yahoo.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN COUNTY AUTISM NETWORK

We are a network focused on autism awareness in our community and committed to the prevention and recovery of autistic children. Monthly meetings are held at 7:00p.m. on the second Thursday of the month in the Parent Resource Center in the KiDazzles facility on Red Rum Drive in Ashburn. For more info, go to www.locoautismnetwork.com.

TECHNOLOGY COMMITTEE

Meets at 7:30 p.m. on the 2nd Wednesday of each month at the Broadlands Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

(OPEN BAND CUSTOMER FORUM) SOUTHERN WALK TECHNOLOGY COMMITTEE

A forum for Southern Walk residents to discuss concerns and solutions regarding OpenBand. Meets the 1st Monday of each month at the Nature Center. For info, contact Erika Cotti at ecotti@smartneighborhood.net, 703 932-1385.

Spring AVFRD Open House – May 17, 2009, 1:00p.m. - 4:00p.m.

There is more to the **Open House** than just Terry the Traumasaurus!! Come ride a fire truck, meet a firefighter, and see the rescue helicopter land, learn about 911 and how to stop drop and roll and much more!! Free food, moon bounce and you can be a firefighter and use the Fire hose to put a fire out!!!

Off site parking is at Cedar Lane Elementary School on Tolomac Road with Free Shuttle bus service.

Golden Tickets for Fire Truck Rides (no waiting in line) from 12 – 1 PM. Will be available for sale at the May pancake breakfast, on line at our web site or on the day of the event. Tickets and more information will be available at the Pancake breakfast or via pay pal at

www.ashburnfirerescue.org

Pancake Breakfast

at the Ashburn Firehouse, 20688 Ashburn Rd.

First Sunday of every month. Next dates: May 3rd, June 7th at 8:00a.m. till Noon, Adults \$6.00, Ages 3-8 \$4.00, & seniors \$5.00, under 3 is free. Bring your camera; **Terry the Traumasaurus** will be making an appearance for great picture taking.

Join us for “Kid’s Corner” Every month will feature a new surprise, a visit by a special guest, a craft project, etc. As always there is an opportunity for child and adult to tour the fire engines and ambulances that protect you every day. If you have a youth group, that requires community service hours, please contact dldevito@yahoo.com.

Board Actions continued from page 15

Eric Bazerghi moved to approve Commercial Concrete to remove and replace 3 sets of timber stairs in Hillside Park. Brian Beahm seconded the motion. The motion was approved 7/0/0.

Brian Beahm moved to approve the use of the Hillside Park Tennis Courts by the Special Olympics for practice on Tuesday nights from 6:30p.m. to 7:30p.m. beginning April 14th and ending June 9th. The use is to be publicized in the newsletter to inform residents of the use. Eric Bazerghi seconded the motion. The motion was approved 6/0/1. Cliff Keirce opposed.

Ten hearings for covenant violations were scheduled. Five violations were for Inoperative Light fixtures, two for holiday decorations, two for trash in view and one for a basketball goal in the right of way. Seven violations were resolved prior to the meeting and on the remaining three the Board instructed Management to follow procedures and assess charges.

Cliff Keirce moved to enter Executive Session at 7:10p.m. to discuss collections and a potential lawsuit. The motion was seconded by Eric Bazerghi. The motion passed 7/0/0.

Eric Bazerghi moved to exit Executive Session at 7:41p.m. and assert that no action was taken in Executive Session. Denise Harrover seconded the motion. The motion passed 7/0/0.

Brian Beahm moved to approve accounts for write off suggested by the attorney. Eric Bazerghi seconded the motion. The motion passed 7/0/0.

Cliff Keirce moved to approve writing a letter to the owners involved in the drainage dispute reaffirming the Board’s decision that the existing French drains be joined together. The attorney must approve the letter. Eric Bazerghi seconded the motion. The motion was approved 7/0/0.

Mark McIntosh moved to adjourn the meeting and was seconded by Eric Bazerghi. The motion was approved 7/0/0. The meeting adjourned at 8:44p.m. The next Board meeting is scheduled for April 14, 2009 at 5:30p.m.



*Decks
Porches
Fences
Arbors*

BEFORE **AFTER**



Call Now 703.430.6001
www.surroundslandscaping.com

ADVERTISING DIRECTORY

DENTAL/ORTHODONTIA

Ashburn Pediatric Dental Center	34
Broadlands Orthodontics	36
Daczkowski, T Wesley, DDS	34
Dr. Ann N. Hebda	36
NOVA Pediatric Dentistry	36
Ronald Ray DDS & Associates	34
Wiger Orthodontics	36

FINANCE SERVICES

Apple Federal Credit Union.....	18
---------------------------------	----

FITNESS

Body by Geoff.....	30
Infinite Races.....	43

FOOD

Asia Café	10
Clydes	43
Fusions Cuisine.....	26
Glory Days.....	10

HEALTH

Ashburn Eye Care Associates.....	32
Ashburn Psychological Services.....	32
The Eye Center	34
Family Foot and Ankle Center.....	30
INOVA Loudoun Hospital.....	2

HOME SERVICES

Climatic Heating and Cooling, Inc	14
Dominion Powerwash.....	16
EG and J Contracting	12
Elite Powerwashing	12
House Doctor	18
John Nugent and Sons.....	16
Kris's Painting Service, Inc.	16
Larry Miller Window Cleaning.....	18
Loudoun Water	mid
P&M General Contracting	18
Potomac Patio	18
Surrounds Landscape.....	38
Wildwood Landscape	34
Zampello Paint Contractors, Inc.	14

PETS

Ashburn Farm Animal Hospital.....	22
Ashburn Village Animal Hospital.....	24
Stream Valley Veterinary Hospital	24

PROFESSIONAL SERVICES

Core Math Tutoring	4
Tammy Bane Allstate Insurance	43

REALTORS

Bonnie Selker, Keller Williams	43
--------------------------------------	----

RECREATION

Ashburn Academy of Ballet.....	4
Ashburn Ice House	28
Capital Gymnastics West.....	30
Lopez Studios Inc.	28

RETAIL

Broadlands Marketplace	mid
Crystal Brite Cleaners.....	10
Natural Body and Spa Shoppe	26
The UPS Store	16

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the posted deadline.

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Advertising deadlines are the first day of the month prior to the issue. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

Limited Availability: 1/2 Page B/W
7.25" W x 4.875" H \$295/issue (6 months prepaid \$265.50/issue). Color ads also available.

1/4 Page 3.625" w x 4.875" h
\$160.00/issue (6 months prepaid \$130.00/issue)

1/8 Page 3.625" w x 2.25" h
\$90.00/issue (6 months prepaid \$72.00/issue)

Payment is due in full when ad is submitted. Make checks payable to *Broadlands Association*. No cash payments, please. Copy changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:
Broadlands Association
ATTN: Newsletter Ads
21907 Claiborne Parkway
Ashburn, VA 20148

For more information or questions regarding advertising, contact Staci Kapinos at 703-729-9704 ext.101 or ads4broadlands@yahoo.com.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

MAY CLASSIFIED ADS

CHILDREN'S WORKSHOPS

CHOCOLATE MAKING AND CAKE

DECORATING: Children in 2nd – 5th grade are invited to participate on Wed, June 10th from 5:00pm - 6:30pm at Broadlands Community Center. Cost for workshop is \$30 per child. First workshop for 2009 will focus on molding & packaging 1 lb of chocolate a Father's Day gift theme. Limited to the first 10 children registered. To register, please contact angie_ward@hotmail.com by May 29th.

EARLY EDUCATION/DAY CARE

DAYCARE AVAILABLE – Stay home mother has opening for two children from 18 months and older for full-time or before/after school. If interested, please call Raneen at 703.726.9781 or 571-230-3575.

SUMMER 2009 MOM'S MORNING OUT

PROGRAM: Two experienced & certified teachers offering stimulating & fun summer play program. Open house in May. State license is pending, will be secured by mid-June. Ask for Jenny at 571-333-3395 for information.

HOME CHILD DAY CARE SERVICES: State Licensed. CPR & First Aid Certified. Insured. Breakfast, lunch & snacks provided. Attached single family home & fenced-in backyard. Smoke and pets free. Keeping up to date with childcare training programs. Hours 7:30am – 6:00pm (M-F). Full/part time available. Please call Mrs. Tuladhar at 571-291-2311 for more information.

PROGRESSIVE SPEECH THERAPY, LCC: A unique pediatric speech-language & feeding therapy practice that provides therapy/diagnostic services for children 0-18 years of age. In home/school/daycare visits available to maximize your child's progress! Contact info@progressive-speech.com, call 571-246-6495, or visit www.progressive-speech.com.

EMPLOYMENT

SEEKING NANNY POSITION: College *Early Childhood Education* student looking for summer employment as a nanny. 7+ years experience babysitting all ages. Salary negotiable. Contact Brittany at 703-973-7473 or wisecrunner@verizon.net.

INSTRUCTION

ALOHA MIND MATH: Discover the genius in your child! Abacus method, a fun way to learn math. Improves memory, visualization and focusing skills. Now enrolling for Junior/Senior program in Ashburn & SouthRiding. Visit www.aloha-usa.com or call 703-463-9680.

HANDWRITING WITHOUT TEARS: Finally help for your children. Now available for children needing handwriting assistance or those wanting to get a start on school. Certified instructor with 7 years experience. Classes are fun and non-threatening, but extremely effective. Contact: Kely R. Davis at Kelyrdavis@yahoo.com.

MUSIC LESSONS: *The Community Music School of the Piedmont Way* offers piano, harp, cello, guitar & French horn lessons at Our Savior's Way Lutheran Church. Highly qualified, faculty for children & adult. **SUMMER PROGRAMS AVAILABLE!** Member of National Guild of Community Schools of the Arts, National Association of String Teachers, & the Suzuki Association of the Americas. Contact: 540-592-3040 or piedmontmusic@aol.com.

GUITAR LESSONS: Instructor has Music Degree and 20 years' experience teaching kids (age 8+) and adults. Lessons in your home; references from Broadlands residents. Please call 703-777-4352 or email BlueRidgeStudio@verizon.net.

FOR SALE

FUJI ABSOLUTE 1.0 ULTIMATE HYBRID: \$950, Like New. 30 Spd. 17", Gray, 22.20lbs. Frameset: Altair 2 alum. w/pwr Diamond downtube. Fork: FC-770 Fuji Bonded Carbon Trekking w/1 1/8" alum. steerer. Drivetrain: TruVativ Elita 3.2-GXP Chainring 30/39/50T-Shimano 105 rear/FD-R773 front Derailleur's Shimano SL-R770 Trigger Shifters, CAT VECTRA Wireless, Forte Shovel Pedals, low Miles, fujibikes.com, MSRP: \$1,250. Call John 703-389-1726.

HITACHI 53SDX89B 53-INCH ULTRAVISION HD-READY PROJECTION TV: \$500. Excellent condition. Photos available upon request, price firm. Contact Kay at km_ferris@yahoo.com or 703-405-4750.

FOR RENT

BEACH HOUSE FOR RENT, OBX: Sleeps 13, large pool, 600 ft. from ocean in peaceful Corolla, NC. Walk to Currituck Club Golf and Harris Teeter. Guarded beach. Free use of kayak. <http://www.resortrealty.com/book/house.html?Num=1877>. Contact owner with questions. russ@thebormans.net.

ASHBURN/BROADLANDS/HERNDON OFFICES: Private Offices, \$400-\$495/month, High Speed Internet, Month-to-Month lease available. ERA Teachers, Inc. llsre@aol.com or 703-471-4233 x218.

HEALTH & WELLNESS

ARE YOU READY FOR SWIMSUIT SEASON?

Get in shape with an ACE certified personal trainer. Individual and small group sessions in your home or at Fitness First. Call Susan at *Custom Fitness*, 571-228-3545.

EXPERIENCED NURSE MASSAGE

THERAPIST: Nationally certified and experienced in deep tissue, medical, therapeutic, sports, Thai and hot stone. Specialized training and certification in Pregnancy Massage. Also, therapeutic spa and wrap treatments. Claudette Plater, RN, CMT. Call 703-724-4210 for details or visit www.tranquilmoment.com.

ART OF LIVING: Yoga and Meditation course with "**Sudarshana Kriya**" A tool to minimize stress practiced by 4 million worldwide. **Free introductory session: 05/07/09** Broadlands Community Ctr, 7-8:30 p.m. Please RSVP: 703-568-5858. For upcoming courses: please contact: 703-723-8181 or ashburn@us.artofliving.org

PERSONAL TRAINER: Looking to get fit? I am a certified personal trainer with both a bachelors and masters degree in the health field. I can come to your home or train you at any Fitness First gym. I specialize in functional training and hold certifications in nutrition and pre and post natal training. Whether you are 8 or 80, fit or unfit, I can help! Please call 703-307-9403 or email ckdove00@verizon.net.

ASHBURN PILATES: Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www.ashburnpilates.com.

HOME SERVICES

MARIA'S START CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

DRAPERY & BLIND SERVICES: Installation, fabrication, shades, rods, cornices, valances and also repairs. Hunter Douglas, Kirsch and Graber products. Many references, lives in Ashburn, Insured. Quick service – 40 years experience. Contact: 703-723-4301 or 703-728-5160.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

FULL CIRCLE HOME IMPROVEMENT: Kitchen and Bath Remodeling. Finished Basements-Flooring, Tile, Hardwood, Engineered-Lighting-Moldings-Finished Trim-Decks-Screened Porches and more. Quality work done right. Licensed and insured. Call Rich at 703-723-4268 email Rmadlin@aol.com.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

THE HOME DOCTOR: The Cure for What Ails Your Home - 703-861-0393 Painting, power washing and sealing. AC maintenance and replacement, electrical, carpentry, ceramic tile, plumbing, wood rot, all major/minor repairs...we can do it! Free Estimates!

SHANTZ HOME SERVICES: For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email shantz@glassmile.net. Licensed and Insured. Free estimates. Broadlands resident.

WISE GUYS ROOFING & SIDING

IMPROVEMENT LLC: FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your *free* Solar Panel Vent or *free* Gutters! Lowest Price & Satisfaction Guarantee!

www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or info@WiseGuysRoofingSiding.com.

DECK HANDS: We are widely recognized for its superiority in professional deck design & construction. We bring 20+ years of design/construction experience. We specialize in new design, construction and expansion of your existing deck. Please call 703-623-2063.

BELMONT DECK & PATIO & PAINTING

CORP: Building all types of decks and patios. Pressure treated and composite maintenance free products. Maintaining old decks/patios by power washing and painting. Light home repairs, rotten wood, roofing, siding, etc. 571-209-0332.

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. *"You can't afford not to call."* Please call Gary's Painting, 703-971-4016.

POO BARE, LLC Dog and Goose Waste

Removal Service: Protecting your dog, family and community with the timely removal of infectious dog waste. Weekly service, no contracts, and \$10.00 off first month for new customers. Contact: www.poobare.com, 571-436-1444.

QUALITY TURF CARE: Lawn Maintenance – Mowing, Trimming and Edging. Free Estimates. Serving the Ashburn area since 1996. Call Tim Weaver at 703-967-9603 or Eric Kuklick at 703-724-1898.

LAWN MOWING SERVICES: Mowing, trimming, mulching and more! We also clean gutters and remove snow. Call Jose 703-928-7732 or email OTTELAWN@hotmail.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING

SERVICE: Residential Specialist. Free screen cleaning, free estimate. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

ALL AROUND GLASS INC: Herndon, VA Patio Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

MARKETPLACE

TOUCHSTONE CRYSTAL – Love gorgeous, sparkling jewelry? Host a party in your home...be the first to enjoy the brand new jewelry line by **Swarovski**. Need some extra cash? *Join me today in this ground-floor opportunity, new home party plan company and member of the Swarovski Group!* Contact Susan Gilley 703-201-5206, <http://my.touchstonecrystal.com/susangilley>, crystallizeddesigns@gmail.com.

FASHION FORWARD: In need of an amazing wardrobe? Get the proper fit, great style and put a personal stamp on your image. Image consultations are available, visit us at www.crystalcJones.com or call 804-931-9625.

KYLIE MIKUTA DESIGNS: Offering custom scrapbook design services, pre-designed layouts/albums, monthly crops, adult classes and kids craft classes/camps. Checkout more at www.kyliemikutadesigns.com and send emails to kylie@kyliemikutadesigns.com.

MARY KAY - KEEP ALL EYES ON THE BRIDE.

Look simply radiant for your wedding day. Schedule a free makeover. Invite your bridesmaids. Your mom. I can even help with great gifts for your wedding party. Call me today. Deborah Leben Independent Beauty Consultant 703-217-4583. Shop Anytime www.marykay.com/dleben.

TASTEFULLY SIMPLE: offers the perfect gift for Mom! Quick and delicious gourmet foods to save her time in the kitchen. I ship nationwide! Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

TRU CHOCOLATE: All Organic, Healthy & Delicious! Like CHOCOLATE? Want to LOSE SOME WEIGHT? Need to earn SERIOUS MONEY? Don't let this economy slow you down! Now is the time to leverage yourself in a ground floor opportunity... CALL ME for sampling. Cath Laakso 703-726-0683 www.chocogeivity.com/laakso **enroll first for 10 bucks, be in business, and get wholesale prices!!

NEIGHBORS HELPING

NEIGHBORS

DISAPPOINTED? Tell management.

IMPRESSED? Tell your neighbors!

Aphioni.com. Win gift cards just for sharing your opinion. Exclusive coupons, referrals and reviews of the best local businesses. Share your community events – make word of mouth work for your business on Aphioni.com!

PETS

AROUND MIDNIGHT PET SERVICES, LLC:

Caring for your pet the way you would if you were at home. We provide daily dog walks, vacation visits and overnight companionship. Licensed, Bonded, Insured. Contact us at 703-726-9218 or 877-726-9219, www.aroundmidnight.net.

KIT & KABOODLE PET CARE SERVICE, LLC:

Is your pet part of the family? Kit & Kaboodle Pet Care – because your family member deserves the best! Providing Loudoun County with quality pet care since 2000. For more information call 571-223-2977 or visit our website at: www.kitandkaboodlepets.com.

PROFESSIONAL SERVICES

AFLAC: Program that helps employers with their employee's medical benefits. Aflac's premiums are paid by employees, where business owners get the benefit of reducing (FICA) taxes. Want to know more about Aflac's programs, please contact Ram Siva at 571-723-6118.

COMPUTER REPAIRS: Do you need computer repairs that are friendly and priced reasonably? I can provide wireless networks, virus removal and PC Tune-ups that are competitively priced. Contact Brian at (703)648-0810. Check out www.weekendpctech.com to see our prices!

GGGGRRRRR!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

PENFED REALTY LLC: Contact Barbara Brognano-Swavelly for all of your real estate needs. 11864 Sunrise Valley Drive, Suite 101, Reston, VA 20191. 571-217-5911 or 703-716-2900. Barbara.Swavelly@PenFedRealty.com, www.Lets-make-an-offer.com.

SALON SERVICES

ROYAL BARBER SHOP: Now open. *The best haircut in Town.* 42882 Truro Parish Dr, Broadlands, VA 20148. Men's Haircut \$12 and Boy's Haircut \$11. Includes hot towel service. Phone: 703-858-9008. Please come and see us!

HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

Broadlands Resident Rates:
\$ 7.00/Business Ad*;
\$ 0/Personal Ad or Lost & Found Ad

Non-Resident Rates:
\$14.00/Business Ad*;
\$ 7.00/Personal Ad
\$ 0/Lost & Found Ad
*10% off for 6 months prepaid

Payment: Check to "Broadlands Association"

Send To: Broadlands Association

ATTN: Stassa Collins
21907 Claiborne Parkway
Ashburn, VA 20148, 703-729-9704,
scollins@broadlandshoa.com

Broadlands Committees and Events



May Activities

Date Activity

- 5th 5:30p.m. Board of Directors
Business Meeting(NC)
- 6th 7:00p.m. Modifications
Subcommittee Meeting(NC -
Conference Room)
7:00p.m. Neighborhood Watch (NC -
Animal Area)
7:00p.m. Toastmasters Meeting
(CC)
- 12th 7:00p.m. Broadlands Homeowners
Association 2009 Annual
Meeting(Mill Run Elementary)
- 13th 7:30p.m. Tech Committee
Meeting(NC)
- 15th 10:00a.m. Broadlands Mom's
Club(CC)
1:00p.m. Waterfowl at the Walkway
(Walkway by Harris Teeter)
- 16th 12:00p.m. - 5:00p.m. Nature Center
Open With the Naturalist
- 17th 12:00p.m. - 5:00p.m. Pool Pass
Photos Taken(NC)
- 20th 7:00p.m. Modifications
Subcommittee Meeting(NC)
7:00p.m. Toastmasters Meeting(CC)
- 21st 8:00p.m. Investment Club(CC)
- 22nd 10:00a.m. Mommy, Me and Nature
Makes Three - Insect Session #2,
Growing Grasshoppers(NC)
- 23rd All Pools Open
- 27th 7:30p.m. Book Club(NC)
- 28th 3:30p.m. Macroinvertebrate
Mayhem(Walkway by Harris Teeter)

Committees

Community Events Committee

Committee Chair: Tammy Wells, tammy@jwells.us

Neighborhood Watch Committee

Chair: Staci Kapinos, ssdkapinos@yahoo.com

'Broadlands Live!' Summer Concert Committee

Chair: Sunny Trippel 571-333-0695,
sunny@smartneighborhood.net

Recreation Committee

Chair: Open. Contact Staci Kapinos,
ssdkapinos@yahoo.com, (703) 728-5849 for more
information.

Open Spaces Committee - Volunteers Needed

Community Wildlife Habitat Committee

Provides information about wildlife habitats and
promotes environmentalism within the National
Wildlife Federation's goals such as to protect and
improve the environment, including improving the
awareness of global warming. **Chair:** Oya Simpson,
(703) 725-8040, broadlandswildlife@gmail.com

Swim Team

Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)

Meets second Wednesday 7:30 pm in the Nature
Center. Open to all residents. **Chair:** Dawne Holz,
dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org



OUR STAND

IT'S TIME THERE WAS A
SEMI-ANNUAL SALE
FOR SAFE DRIVERS LIKE YOU.



YOUR CHOICE **AUTO**

Safe Driving Bonus. Get up to 5% toward your renewal bill for every 6 months of good driving, on top of any discounts.

703-729-0216

TAMMY BANE
42882 Truro Parish Dr, Ste. 103
Broadlands
TammyBane@allstate.com



Feature is optional and subject to terms and conditions. Available in select states now and in most states by 1/31/06 (subject to regulatory approval where required). Deductible Rewards apply to collision coverage. Allstate Property and Casualty Insurance Company, Northbrook, IL. © 2009 Allstate Insurance Company

Buy? Sell? Wait? What?!

**It's Always a Great
Time to Buy and
Sell Real Estate
When you have
The Right Agent!**



Bonnie Selker
Right Time. Right Agent.
Direct: 703.728.2292
Email: bselker@KW.com

Half Price



Full Flavor

Please join us
every Saturday
for half-price burgers
from 11:00 am - 4:00 pm.



Clyde's Willow Creek Farm • 42920 Broadlands Boulevard
571.209.1200 • clydes.com

2nd Annual



INFINITE
CHAMPIONSHIP
SERIES



Sunday, June 7
Infinite Sprint Triathlon at Broadlands

Sunday, August 9
Dog Days of Summer Sprint Triathlon

Visit our website for race details!

www.InfiniteRaces.com

Flicks in the Sticks

Flicks in the Sticks is back for another season with a schedule of great films. Bring the family to the Nature Center lawn for an evening of free entertainment. Coolers, lawn chairs, and picnic blankets are welcome. Free popcorn and drinks are provided. This is a popular event, so come early and stake out your spot on the lawn! Why not pick up a picnic dinner from one of the local restaurants? Mark these dates on your calendar and check the HOA website for last minute updates.

Saturday, June 13, 2009, 9:00 pm
Madagascar 2: Escape to Africa
Runtime: 89 minutes. Rated: PG.



Saturday, July 11, 2009, 8:45 pm
Kung Fu Panda
Runtime: 92 minutes. Rated: PG.

Saturday, August 15, 2009, 8:35 pm
Wall-E
Runtime: 103 minutes. Rated: G.

Disney Pixar
WALL·E



Saturday, September 12, 2009, 8:15 pm
High School Musical 3: Senior Year
Runtime: 112 minutes. Rated: G.

Flicks in the Sticks is brought to you by the HOA Technology Committee. Volunteers are always welcome and needed.