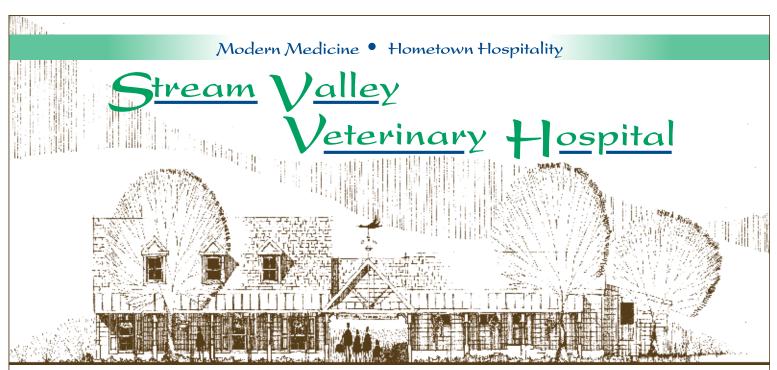
Community News BROATHANDS

Warm Weather Arrives Just in Time for Opening Day at the Pools!

- Don't forget: Annual Meeting for all residents, May 14, Mill Run Elementary, page 3
- Pools Open: Saturday, May 25, see page 26 for pool hours
- The Nature Center and HOA office will be closed Monday, May 27 in observance of Memorial Day
- Reminder: Modification applications new deadline, Thursdays by Noon, page 9



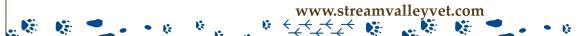


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Broadlands Association, Inc.

Monday thru Friday from 9:00a.m. to 5:00p.m. 21907 Claiborne Parkway Broadlands, Virginia 20148 (703) 729-9704 Fax: (703) 729-9733 www.broadlandshoa.org

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Receptionist

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Naturalist

Alexandra Vlk
Hours: Monday: Off
Tuesday: 9:00am - 5:00pm
Wednesday: 9:00am - 3:00pm
Thursday: 11:00am - 5:00pm
Friday: 9:00am - 2:00pm
naturalist@broadlandshoa.com,
(703) 729-9726

SAVE THE DATE ANNUAL MEETING TO BE HELD AT MILL RUN ELEMENTARY ON MAY 14th

Please keep an eye on your mailbox for the official notification of the Annual Meeting of Broadlands Association, Inc.

This meeting will be held on Tuesday, May 14, 2013, in the Gymnasium at Mill Run Elementary School, located at 42940 Ridgeway Drive. The doors open at 6:30pm for the purpose of registering a quorum. The agenda begins at 7:00pm. As part of the meeting, an election will be held to select two (2) members to three-year terms ending in May 2016.

Even if you plan to attend, you are strongly encouraged to complete the Proxy Form which you will receive in the mail so that a quorum may be obtained. Proxy forms are also available at the HOA office. You can change your proxy at any time before the meeting, or you can rescind it and vote at the meeting. We suggest that you sign your Proxy as directed, naming another owner, or, in the case of a non-resident Owner, the Lessee of such Owner's Home, or the management agent as your designated proxy (instructed proxies only).

If you do not have a person in mind to designate as your proxy, you may assign it to the Secretary of the Broadlands Board of Directors. This will allow us to establish a quorum and to run the meeting on time.

Please review candidate profiles on pages 10 and 11 of this publication.

We thank you for your assistance and cooperation. We look forward to seeing you at the Annual Meeting!

Board of Directors

President

Brian Beahm brian.beahm@gmail.com (703) 726-6360

Vice President

Eric Bazerghi eric@thehouse.net (703) 723-1046

Secretary/Treasurer

Dawne Holz dawne@holzfamily.net (703) 349-1095

Resident Member

Gerry Alcantara (703) 858-1320

Resident Member

Stevens Miller (703) 217-0862

Resident Member

Michael D. Simpson michael.d.simpson@gmail.com (571) 333-3365

Resident Member

Joseph T. Wagner JTWagner@smartneighborhood.net (571) 333-0831

Member at Large

Roy Barnett - Van Metre Representative rbarnett@vanmetrecompanies.com (703) 425-2600

Member at Large

Denise Harrover - Van Metre Representative dharrover@vanmetrecompanies.com (703) 425-2600

Armstrong Management Services

Assessment Information Office:

Main: (703) 679-1541, fax: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to:

Armstrong Management Services P.O. Box 11983 Newark, NJ 07101-4983

Committees

Broadlands Live! Summer Concert Committee

Chair: Renee Ventrice tttrenee@yahoo.com

Events Committee

Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Chair: Oya Simpson, (703) 725-8040, osimpson@ broadlandsnaturally.org. Please look under Clubs and Groups for more information.

Neighborhood Watch Committee

Chair: Open

Recreation Committee

Chair: Open

Technology Committee (broadlandshoa.org)

Chair: Dawne Holz, dawne@holzfamily.net Please look under Clubs and Groups for more information.

Tennis Committee:

Chair: Brad Marcus, bradmarcus@gmail.com

Swim Team: Website:

www.broadlandsswimteam.org

Webmaster:

webmaster@broadlandshoa.org

Patriot Disposal Collection Schedule

Mondays: Trash and Yard Waste - during January, February and March yard waste may be mixed in with trash.

Thursdays: Trash and Recycling

Page 4 May 2013



Save the Date:

Northern Virginia Summer Brew Fest Saturday, June 22, 2013 Morven Park in Leesburg

Bus Shuttle organized by your Event's committee.

Come join the Fun!

More details to follow in next month's newsletter.









One Person's Junk is Another's Treasure

The Spring Community Yard Sale will be held on Saturday, May 11, 2013 around the Broadlands neighborhood from 8:00a.m. to 2:00p.m.



Please think about going "green" and bring along a reusable shopping bag. Check out the list of participants to see what's for sale and view the community map to find each street at www. broadlandshoa.org/yardsale.

Residents do not have to be on the list of participants to be part of the community yard sale. If you are a Broadlands resident, and would like to be included in the list of participants, please visit the Yard Sale Submission Form on the website.

It is the resident's responsibility to check the list of participants for inclusion and accuracy.

For Your Convenience, The Nature Center Will Be Open Extra Hours to Have Your Pool Pass Photos Taken

This month the Nature Center will be open outside of normal business hours for pool pass photographs on the following dates:

Thursday, May 16th - 5:00pm - 7:00pm Saturday, May 18 - 10:00am - 2:00pm Thursday, May 23 - 5:00pm - 7:00pm Friday, May 24 - 5:00pm - 7:00pm Saturday, June 1 - 10:00am - 2:00pm Saturday, June 8 - 10:00am - 2:00pm

Newsletter Opt Out

We are pleased to announce that you now have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa. com. You will no longer be mailed a hard copy, but will be emailed a link to the online version.

Oatlands in May

Civil War Sites Today Art Show and Sale May 1–31 FREE

> Doggie Day at Oatlands May 18

One day each year for dogs and their people to walk the grounds! \$20 per dog

Summer Camps: Art, Archaeology, Theater, Museum, Historic Doll

June-August
See website for details

Vintage Base Ball Day June 2 1–4pm \$20 per car



Daily Tours • Gift Shop • Afternoon Teas • Private Rentals 20850 Oatlands Plantation Lane • Leesburg, VA 20175 703.777.3174 • www.oatlands.org

May Events

Date	Time	Activity
1st	7:00p.m.	Modifications Subcommittee Meeting(NC)
4th	10:00a.m 2:00p.m.	Nature Center Open
7th	6:00p.m.	Board of Directors Meeting(NC)
10th	10:00a.m.	Broadlands Mom's Club(CC)
	12:00p.m.	Editorial Submissions Due
11th	8:00am	Community Wide Yard Sale
	10:00a.m 2:00p.m.	Nature Center Open
	12:00pm	Second Saturday Program - Wow Her with
	•	Flowers!
	2:30pm	High Sierra lifeguard interviews(NC)
14th	7:00pm	Annual Meeting (Mill Run Elem) - doors open
	-	at 6:30pm
15th	7:00p.m.	Modifications Subcommittee Meeting(NC)
	7:30p.m.	Tech Committee Meeting(NC)
16th	6:00p.m.	Southern Walk Hearing Committee
	7:00p.m.	Investment Club(CC)
18th	10:00a.m 2:00p.m.	Nature Center Open
	-	

Page 6 May 2013

Flicks in the Sticks

Mark your calendar for this summer's Flicks in the Sticks movie nights. It's our 9th season bringing family entertainment to Broadlands residents. Come out and enjoy a great series of family films, with our feature presentation in August, The Avengers. Tear out this page and put it on the fridge to remind you of the dates, times and titles.

Space on the Nature Center lawn is first come, first served, but with our large screen and sound system, every seat is great. Coolers, lawn chairs, and picnic blankets are welcome. Why not bring along dinner? Free popcorn and drinks are available. Parking is limited; please consider biking or walking to the Nature Center.

Movies begin around sundown – time listed is approximate. In the event of rain, check the website to see if the event is cancelled or rescheduled.

June 15, 8:45 pm – Hotel Transylvania

July 6, 8:45 pm – Rise of the Guardians

July 27, 8:30 pm – Brave

August 17, 8:30 pm – The Avengers

September 7, 8:15 pm – Wreck-It Ralph

Parents: You'll find ratings and links to the Parental Guidance from IMDB on the HOA website.

One lucky person will take home a DVD of that night's movie in a random drawing from all attendees. Other prizes may be awarded. Must be present at time of drawing to win. Drawing is held immediately after the movie.

Flicks in the Sticks is a FREE event for Broadlands residents and their guests, brought to you by the HOA Technology Committee.

Save the Date Ryan "The BugMan" Bridge is coming to Visit the Broadlands on July 13th!

Ryan Bridge is passionate about his bugs, (Entomology) and most of all, teaching people about insects while keeping it fun and exciting! He is not your typical bug guy though. He travels to schools, libraries, churches, public parks, and even birthday parties doing a wide range of fun and educational programs, using LIVE BUGS!

More info to follow in June and July's editions of the newsletter.















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Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Thursday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
May 01, 2013	April 25, 2013
May 15, 2013	May 9, 2013
June 05, 2013	May 30, 2013
June 19, 2013	June 13, 2013

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary, Robin Crews - rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

*Please Note: The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.

Southern Walk HOA Board of Directors Meeting Thursday, May 9th at 6:00 p.m.

in the Nature Center Conference Room

Homeowners Association Board of Directors Meeting Tuesday, May 7th at 6:00p.m.

in the Nature Center Conference Room

Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to HOA Management no later than 7 days prior to the meeting.

Notary Services Now Available to Residents

The HOA is now offering Notary services to all Broadlands residents. The cost is \$5.00 per document. Please call the HOA offices, 703 729-9704, to confirm availability.





BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2013 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME: Eric Bazerghi

ADDRESS: 43087 Autumnwood Square

PHONE(S):

703-623-1509

EMAIL:

eric@thehouse.net

SIGNATURE:

DATE:

03/30/2013

QUALIFICATIONS: (Pertinent Biographical Information)

I have been a Broadlands resident since 1999 and have served on the Broadlands Board of Directors since May 2007. I have served as the Secretary/Treasurer of the Board and most recently as the Vice-President. I have also actively served on the Broadlands Technology Committee for over 13 years. I am married with two children who attend Loudoun County schools.

Accomplishments during my service as a member of the Board and of the Technology Committee:

- I have made a point to attend all HOA Board meetings, even calling into the meetings once or twice while on travel.
- I believe I have been a fair, active and very vocal participant on the Board, striving to keep costs down, while maintaining a level of quality services our residents expect.
- Managing the Broadlands website, as well as the Forums on a daily basis since their inception.
- Part of the core team that has been offering the Broadlands Flicks in the Sticks events to all residents for almost 10 years.
- I was, and continue to be, involved in the school boundary discussions, speaking to the School Board in favor of keeping Broadlands kids together and not split our community.

AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)

I truly enjoy living here in Broadlands, and our family plans to make this our home for many years to come. As such, I find it a natural extension to try and further my involvement within the community I live in. As a technologist, I take a pride in helping move our Board 'forward' and use more technology to make us more efficient and effective. Also, I am a firm believer that what differentiates Broadlands from other surrounding communities is the 'sense of community' we share here. It's important that we continue to drive this through a variety of events, services and offerings that bring our residents together, while trying to keep our costs down. As a member of the Board of Directors, I try to incorporate this 'sense of community' in my decision-making process, as well as the needs, concerns and expectations of the residents who elect the members of the Board. Finally, I also believe I bring a sense of continuity to the Board; having the privilege to serve since 2007, I bring with me an historical perspective of how and why certain decisions were made in the past.

Return to: Broadlands Association, Inc.

21907 Claiborne Parkway Fax 703-729-9714

Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2013 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME:	Brian Beahm
ADDRESS:	21968 Stonestile Place
PHONE(S):	703-726-6360
EMAIL:	brian.beahm@gmail.com
SIGNATURE:	400
DATE:	March 24, 2013

QUALIFICATIONS: (Pertinent Biographical Information)

I have lived in Broadlands since 2004 and have served on the Board of Directors since 2006. I have been President of the association for the last year, providing strong and capable leadership to the Board, and before that I served as Vice President for the three years prior. In addition to my time on the Board in Broadlands I have also served on the Modifications Subcommittee here.

Prior to my time in Broadlands, I served on other HOA boards in the area including the President of the Ashburn Farm HOA ('98-'00) and President of Carisbrooke HOA ('02-'04).

Professionally, I work for a large energy company where I spend most of my days making sure that there is ample supply of our products in the Midwest. This involves negotiating deals valued in the millions of dollars and ensuring that I am getting the best deal possible for the company. I have also been involved in several analytical positions where I developed/tracked budgets in excess of \$35million annually.

AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)

I have always believed that being involved in the community I lived in was a good idea. When people ask me what motivated me I always say, "we are paying good money to live here and knowing where that money is going and making sure its being spent wisely motivates me". My corporate background and my HOA experience help guide me in my decision making process on all matters affecting the association.

Over the last 7 ½ years my goal has been to maintain or improve services that we enjoy in Broadlands while at the same time minimizing the costs to residents. If elected I will continue to work to keep dues increases to a minimum by asking tough questions and negotiating the best deal for the association.

As a Board member I have always been available and willing to have frank discussions with residents on all matters affecting the association/residents to make sure that the message is clear and concise and while they or I may have not liked the outcome I think taking the time to talk to residents is one of the most important things I can do. Whether it's a complaint, compliment or just a general question I am readily available via phone, email or in person, whatever works best.

Continuing to make Broadlands a great place to live for all residents will remain a major focus area and I will work with the residents, the Board, the staff to make this happen.

Return to: Broadlands Association, Inc.

21907 Claiborne Parkway Fax 703-729-9714

Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

Applications must be returned by 5:00pm on April 5, 2013 for inclusion in May's Newsletter or by 5:00pm on April 15, 2013 to be included in the official Annual Meeting notice.

FREE Concerts Starting on May 10th!



Fridays 5:30pm to 9:30pm

Hillside Park on Waxpool Road – see website for map

MAY 10

JULY 19

Pebble to Pearl

with Milkshake

Jah Works with Island Tyme

JUNE 14

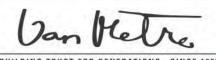
The English Channel

AUGUST 9

Kelly Bell Band

with Second Line Band

Food Vendors: Domino's, Jersey Mike's, Buffalo Wing Factory & GG's Frozen Treats SPONSORED BY



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or visit BroadlandsLive.com Special thanks to Armstrong Management, and Broadlands HOA.

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Spring Programs

"Wee Trekkers"

Age Groups: 18 mos-3 years **Dates:** Fridays 10:45am - 11:30am

Start Date: ongoing

Cost: \$40 residents/\$56 non-residents for 8 week

session

Every week we will visit a trail at the Broadlands Nature Center. In inclement weather, we will do crafts, stories, songs, and animal visits in the

Nature Center.

"Wildlife of the World"

Age Groups: Kindergarten 2 - this program is for

homeschooled children

Dates: Tuesdays 10:30a.m. - 11:30a.m.

Start Date: ongoing

Cost: \$30 residents/\$42 non-residents for a 6 week

session

Help preserve wildlife through education. This program will allow children to learn about different exotic species, including the ones in our own Broadlands Nature Center! The children will have the unique opportunity to handle a few of the animals. What better way to learn about wildlife than active involvement! Crafts, songs, stories, and outdoors will add to our fun!

"Little Scientist"

Age Groups: Grades 3-5

Dates: Thursdays 3:30 - 4:30p.m.

Start Date: ongoing

Cost: \$30 residents/\$42 non-residents for a 6 week

sessior

If you are looking for fun, exciting, hands-on science activities, you have come to the right place. This program will help your child learn essential steps to experimentation. We will do various experiments dealing with everything from plants and biology to chemistry and physics. This is a wonderful learning opportunity to help your child get a better grasp on the SOL curriculum. And, of course, we will be outside as much as possible enjoying the beautiful spring weather!

For more information or to register, please call 703-729-9704 or email naturalist@broadlandshoa.com.

All programs meet at the Nature Center. We will go outside for most programs so please dress appropriately for the weather and wear sturdy shoes.



Nature Helps Kids with Stress

By Susan Lang, Cornell Chronicle May 8, 2003

A room with a view -- a green one, that is -- can help protect children against stress, according to a new



study by two Cornell environmental psychologists. Nature in or around the home, they say, appears to be a significant factor in protecting the psychological well-being of children in rural areas.

"Our study finds that life's stressful events appear not to cause as much psychological distress in children who live in high-nature conditions compared with children who live in low-nature conditions," said Nancy Wells, assistant professor of design and environmental analysis in the College of Human Ecology. "And the protective impact of

nearby nature is strongest for the most vulnerable children -- those experiencing the highest levels of stressful life events."

The study is published in the latest issue of *Environment and Behavior* (Vol. 35:3, 311-330). Wells will discuss the study at a meeting of the Environmental Design Research Association in Minneapolis on May 25.

Wells and Cornell colleague Gary Evans, professor of design and environmental analysis, assessed the degree of nature in and around the homes of 337 rural children in grades 3 through 5 by calculating the number of live plants indoors, the amount of nature in the window views and the material of the outdoor yard (grass, dirt or concrete). Their assessment was based on a "naturalness scale of residential environments" that they developed in 2000. In addition, they used standardized scales to measure stress in the children's lives, parents' reports of their children's stressed behavior and the children's self-ratings of psychological well-being. The researchers then controlled for socioeconomic status and income.

"Our data also suggest little ceiling effect with respect to the benefits of exposure to the nature environment," the researchers noted. "Even in a rural setting with a relative abundance of green landscape, more appears to be better when it comes to bolstering children's resilience against stress or adversity."

In 2000 Wells conducted a study that found that being close to nature also helps boost a child's attention span. "When children's cognitive functioning was compared before and after they moved from poor- to better-quality housing that had more green spaces around, profound differences emerged in their attention capacities even when the effects of the improved housing were taken into account," said Wells. Other studies, she notes, also support the theory that green spaces might help restore children's ability to focus their attention, thereby bolstering their cognitive resources by allowing neural inhibitory mechanisms to rest and recover from use. "By bolstering children's attentional resources, green spaces may enable children to think more clearly and cope more effectively with life stress," Wells said.

Another possible explanation for the protective effect of being close to nature, Wells said, is that green spaces foster social interaction and thereby promote social support. One study, for example, shows that children and parents who live in places that allow for outdoor access have twice as many friends as those who have restricted outdoor access due to traffic.

The study was supported, in part, by the John D. and Catherine T. MacArthur Research Network on Socioeconomic Status and Health, the W.T. Grant Foundation, the College of Human Ecology, the National Institute for Child Health and Human Development, a U.S. Department of Agriculture Hatch Grant and the National Institute of Mental Health.

Page 14 May 2013



AUDUBON NATURALIST SOCIETY

NATURE SUMMER CAMPS AT BROADLANDS NATURE CENTER

PRE-K/K GRADE IN FALL 2013

Animal Adventures

June 10 - June 14 (9:00am - 12:00pm) June 17 - June 21 (9:00am - 12:00pm)

June 24 - June 28 (9:00am - 12:00pm) ANS/Broadlands Members: \$132

Non-members: \$157

Spend your summer days getting to know and care for your favorite animals at the Nature Center. Each day campers will learn about an animal, participate in the care of the animal, and have opportunities to pet or handle the lovable creatures at Broadlands. New themes around mammals, reptiles, amphibians, and birds will be explored each week through age appropriate crafts, songs, stories, hikes, and games that round out the adventure.

Backyard Bugs

July 15 - July 19 (9:00am - 12:00pm) ANS/Broadlands Members: \$132

Non-members: \$157

Let's dig deep, get dirty, and see what kinds of cool and creepy critters are living in our backyards. Exploration of worms, butterflies, and spiders are just the beginning as we discover what makes its home in our backyard.

REGISTRATION INFO

- Go to www.anshome.org/camp.
- Click on: Register Online and follow the prompts.

Broadlands residents: To get the ANS/Broadlands member rate, you must check the box that says you are an ANS member when registering online. Type in "Broadlands" when the system asks for your member ID number. Questions? Call 703-729-9726.

1ST/2ND GRADE IN FALL 2013

Animal Adventures

June 10 - June 14 (1:00pm - 4:00pm) June 17 - June 21 (1:00pm - 4:00pm) June 24 - June 28 (1:00pm - 4:00pm)

ANS/Broadlands Members: \$132

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Non-members: \$157

Let's dig deep, get dirty, and see what kinds of cool and creepy critters are living in our backyards. Exploration of worms, butterflies, and spiders are just the beginning as we discover what makes its home in our backyard.

1ST-4TH GRADE IN FALL 2013

Science Wizards

August 26 - August 30 (9:00am – 3:00pm) ANS/Broadlands Members: \$220

Non-members: \$245

Calling all junior mad scientists! This is a camp full of experiments, creations, and makebelieve. We'll test our theories in our own "lab" and then head outside to investigate nature's

coolest concoctions from honey to slug slime.









Preparation and Commitment,

How Do I Know What I'm Getting into with a Rescue Pet? By: Shannon M. Pecora, MA Stream Valley Veterinary Hospital

We are so pleased to share that many of our new patients this winter and spring have come to their forever homes via shelters and rescue groups! These adopted pets may have been strays who were receiving no proper care, they may have been relinquished by financially strained owners, or they may have been "accidents" from unspayed or unneutered pets. The bottom line is that the animals were in need, and your friends and neighbors have opened their hearts and homes to these special pets.

certain issues are more than they bargained for.

We do strongly encourage pet adoption, and who doesn't love a touching, happy ending for a shelter cat or rescue dog? Unfortunately, that happy ending is not always a given.

Shelters and rescue groups are run by well-intentioned animal lovers, but these folks don't necessarily have unlimited resources, particularly as so many of them are volunteers. A pet may end up shuffling through a few foster homes while he waits to be adopted, and that can make it difficult to track behavior patterns and can create anxiety for the animal. A shelter may have to seek discounted veterinary care, including services and treatments based on incomplete medical history from the previous owners. So, the pet may miss out on much-needed but unidentified treatment. Plus, it can become impossible to track all the pet's medical history to pass along to the new forever family. Unforeseen behavioral or medical issues can be an unwelcome surprise for pet adopters, and it is not unheard of for animals to be returned to shelters or rescues if families realize that

There are ways to protect both your heart and your new pet care budget. Research the rescue group or shelter that you'd like to work with, seeking out reviews or testimonials from adoptive families and local veterinarians. If you have a specific pet in mind, find out if he or she has lived with more than one foster family. If so, is this because the fosters had reached the extent of their own time and resources, or is it that the pet did not get along with adults, children, or other animals in the home? Ask for temperament testing; has the shelter or rescue group determined if the animal is aggressive, fearful, shy, excitable, prone to barking, etc.? Are you prepared to handle any of these traits? Familiarize yourself with pet training, daycare, exercise, and grooming options before you bring a new animal home. You should also pick a veterinarian at the beginning of the pet adoption process. If you already have pets, this might be easy, but if you're looking to become a first-time pet owner, talk to your friends and family members to get a feel for which veterinary facility would be right for you. Then, contact the office about your intent to adopt a new pet, and find out if they will help you review information ahead of time. Have the shelter or rescue group send their complete medical history to the vet, who should be able to help you decipher any difficult terminology or handwriting. If injuries or illnesses are noted, the veterinary staff can help you decide if the issues are manageable for you and your family. These steps will not guarantee an incident-free life for your new pet, but at the very least they can give you an idea of what ownership of this pet might entail.

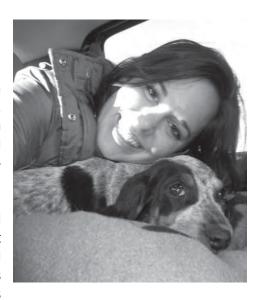
Pet rescue and adoption are admirable pursuits, no question. We simply should be helping animals who are in need of primary care. And, really, it can just make you feel good! But, please, take the time to do a little homework first so that you can be as informed and prepared as possible to make the forever commitment to a pet in need.

Page 16 May 2013

From The Naturalist By: Broadlands' ANS Naturalist, Alexandra VIk

It is getting harder to turn away from the reality of global warming when we are having such noticeable changes in weather and storm frequency. Warmer temperatures are causing stronger storms, melting glaciers, sea levels to rise at an uncanny rate, deadly tornadoes and unprecedented hurricanes. Climate change is also affecting people, wildlife, and ecosystems-150 species are lost to extinction each day!

What contributes to this unstable atmosphere? People around the world should consider this question. It wasn't more than a 100 years ago that man started to depend on fossil fuels to power their homes, factories, and vehicles. One has to realize that the main reason of the climate change is the tremendous amount of burning of these particular fuels, which includes



coal, oil, and natural gas. Burning fossil fuels releases carbon dioxide, a greenhouse gas, into the atmosphere, which then thickens the ozone layer. This traps the gas and leads to rising temperatures that are increasing faster than ever before.

How you can help reduce global warming? There are many easy ways to reduce your carbon footprint: plant trees, use less energy or alternative energy, reduce waste, recycle, conserve water, and consider a vegetarian/vegan diet. "Raising animals for food is one of the top two or three most significant contributors to the most serious environmental problems, at every scale from local to global." -United Nations

Think of this...it would take five earths to provide enough resources for everyone if we keep up at this rate!

embrace the community

Whether it's purchasing your first home or refinancing for a new kitchen, debt consolidation to make a fresh start, or to pay for a college education, Embrace Home Loans continues to help our neighbors finance their dreams.

Call me today to get...

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8:00 a.m. - 7:30 p.m.

Appointments available until 9:00 p.m.



Long & Foster Ashburn is proud to partner with Backpack Buddies as a convenient drop point for any donations you might have.



- Loudoun County consistently ranks among the wealthiest counties in the US
- YET, 17% of our public school children are eligible for free or reduced meals
- What happens when school is out over the weekends and holidays?
- Backpack Buddies provides meals to help fill those gaps
- We're looking for easy to prepare foods such as oatmeal, soups, mac n' cheese, juice boxes, shelf milk and healthy snacks

Donations accepted daily 9AM-6PM.

Call 703-724-9494 for more information or visit us on Facebook at www.facebook.com/ ashburnlongandfoster Long & Foster Realtors 43490 Yukon Dr. Suite #105 Ashburn, VA

Located adjacent to Home Depot & behind Giant Food

We ALL Love May Flowers But IS YOUR DECK PROTECTED From April Showers?

Your deck takes a lot of abuse, both from use and through continued exposure to weather...

...and after a few years, without proper care, they become weathered and uninviting. This time of year, extra moisture encourages surface mildew and causes stains, particularly where surfaces never completely dry.

With over 18 years of experience, we understand your plight and have came up with some cost effective measures and techniques to help you extend the life of your deck, as well as keeping it looking as beautiful as the day it was built.



Take An Additional \$100 Off The Lowest Quoted Price



4/15/13
Take An Additional \$50 Off The Lowest Quoted Price

\$25 Schedule Before 5/1/13

ACCREDITED

BUSINESS

Take An Additional \$25 Off The Lowest Quoted Price



Our services include, but are not limited to:

- Deck power washing/cleaning
- . Deck sanding, staining and/or sealing
- Composite deck cleaning
- Power cleaning fences and other outdoor wood structures
- Exotic hardwood deck care
- House washing
- Brick and concrete pressure cleaning
- Roof stain cleaning

Give us a call today for an up-front FREE "NO-STRINGS ATTACHED" ESTIMATE!

571.297.3215

Page 18 May 2013

Compost and Water for this Year's Garden By Clint Hummer Big Wormz Enterprises, Total Organic Solutions

As spring peaks its head and the days start getting longer, now is the perfect time to set yourself up with a few things that will help your garden flourish this season. Compost bins are becoming more popular and very easy to set up and maintain. Many household food items as well as many types of garden waste can be tossed into your bin to yield nutrient rich compost that will help your garden thrive. Along with your compost bin, a rain barrel can be a very important tool for those days without rain during important periods of growth for your plants.



Compost bins come in different varieties, but they all do the same job by adding oxygen, mixing the material inside, and leaving behind the broken down compost. Some things that can be put in the bin are vegetable scraps, coffee grounds, tea leaves, egg shells, leaves, grass clippings, and any other non-poisonous yard waste. A good rule of thumb to use with your compost bin is "If it grows, it goes". Never try to compost meats or dairy based items. Also, stay away from salty items because this can negatively affect the end product. When composting, try to keep a good ratio of browns and greens. For every bucket full of table vegetables, add about 3 or 4 buckets full of fallen leaves or dead grass. This will ensure the compost has the correct carbon to nitrogen ratios. When adding your greens, try to chop the pieces before putting them in; this gives more surface area for the microorganisms to work their best. The bin should be turned or sifted, depending on style, every 3 to 5 days. The moisture content of the bin is important; try to keep it damp, but not to the point it is producing excessive amounts of leachate, a dark brown liquid. With some time and attention, your bin will be producing that magical black gold your garden will love.

During our rainy season, it can be very beneficial to collect rainwater in barrels for use at a later time. Some would ask why not just use the hose for watering. The concern is over the type of water you have. If you have city water, chlorine and fluorine can be harmful to plants because its

main goal is to destroy the very microorganisms that are so beneficial to your garden. If you have well water, the hardness of the water can have an effect on your plants. Rain water has been proven to be the best for plants, not only because it is softer, but it also can contain nutrients such as atmospheric nitrogen that can promote plant growth. A very simple way to collect rainwater is a rain barrel properly attached to your downspout. When the rain barrel is full, the diverter valve attached to the barrel allows the water to follow the proper drainage path. To use your collected water, you can use a watering can filled with the spigot on the barrel or have a solar powered pump installed to get the water to your gardening

area. Installation is very simple and usually takes only an hour or so. With a rain barrel, you can make your garden all it can be.

If you are interested in learning how easy it is to setup a compost bin or attaching a rain barrel to your home, please join us at the Nature Center on Saturday, June 8th for an informative session. We will be setting up the compost bin and rain barrel at the Nature Center to be used for the plants. We hope to see you there!

Yard Sale for a Cause!
Saturday, May 11th,
8:00 am – 2:00pm
(To coincide with the community yard sale)
43120 Fling Court, Broadlands
Multi-family Sale
Baked goods & refreshments will be available

for donations

The Ashburn Falcons 14U baseball team is participating in Kyle's Kamp, and

will be raising money for pediatric cancer and care at Children's National Medical Center. All proceeds from this multi-family yard sale will be donated to Kyle's Kamp. If you would like to learn more about the fundraiser, visit www.kylescamp.org. For more information about the yard sale, please contact Jane Hofmann at jahofmann99@gmail.com.



Southern Walk Board of Directors (Open Band Contract Administration Only)

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Vice President

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*APR = Annual Percentage Rate. Offer ONLY available for NEW HELOCs applied for online and approved 01/01/2013 – 06/30/2013. You may not pay off or make payment to other Apple FCU loans, credit cards or accounts with these proceeds. Advances made between 01/01/2013 and 06/30/2013 will be locked at your current APR until 01/01/2014. If rates go down before 01/01/2014 your APR will be adjusted downward (but not beneath floor rate of 3.99% for 85% LTV and less; 4.99% for 85.1% LTV or higher), and will increase when rates go up, but will not increase past your current APR until 01/01/2014. On 01/01/2014, the APR will increase or decrease to the prime rate as published in the Wall Street Journal on 12/31/2013 plus or minus your current margin on the remaining balance and will be subject to change each quarter thereafter as stipulated by your original note. Minimum advance of \$250 required. Advance amounts must be within your existing credit limit. Advances in excess of your current credit limit will not be honored and may be subject to additional fees. If your account becomes delinquent at any time during the promotional period, you will forfeit these promotional terms and the APR on the unpaid balance will be increased to the appropriate quarterly rate offered at that time as disclosed in your original note. Equal Opportunity Lender. Membership eligibility requirements apply.

Page 20 May 2013





Summer 2013 Swim Lesson Program

Learning how to swim is the most efficient way to make your summer at the pool safe and enjoyable for everyone. Since summer and swim season are around the corner, it is good to start thinking about swim lessons.

Keeping your kids safe is our priority-and it's fun too!

When most of us are enjoying ourselves at the pool or beach, accidents are not the first thing on our minds. Yet, drowning is the 2nd leading cause of death for children ages 1-14. Research has found that participation in formal swimming lessons can reduce the risk of drowning by 88%.

OUR PROGRAM For more information and course description please visit us on our web site www.highsierrapools.com and e-mail us to lessons@highsierrapools.com or call 703-920-1750 ext 124.

Classes are organized in four levels according to the level of child's previous swim skills:

Parents should review the skills required for each level and register their child for the appropriate class. If parents do not feel competent to do that, the instructor would do an evaluation prior to enrollment. The Instructor determines if each child is in the appropriate level; this may result in moving the child to a different level.

Nemos	Introduction to Water Skills	
Sea Turtles	Fundamental Aquatic Skills	
Dolphins	Stroke Development	
Sharks	Stroke Improvement and Refinement	

Program Features & Details

- Class size differs from level to level in order to ensure quality instruction and to ensure safety as well. It is 4 kids minimum up to 7 kids maximum.
- The cost of a regular group session (composed of 8 classes) is \$75 per child. The cost of a private session (composed of 8 classes) is \$280 per child. Semi-private sessions (2 children per session are required) are also available, for a cost of \$140 per child. The cost of swimming lessons and session schedules can be customized to fit individual property needs.
- June 17 July 1 July 15 July 29 (*An additional session may be added, to begin August 5th, if there is an interest.) Sessions start on:
- The deadline for signing up will be one week before the start date. Payment will also be due by that time. If a session has to be canceled due to the lack of the required minimum participation number, you can choose between scheduling your child for another session or having your money refunded.
- If you are not satisfied with the lessons, you may have your money refunded before the start of the 3rd class.

In 2012, we successfully taught more than 500 children!

Join our swimming lessons because there is no better way to make your children safe and eliminate their fear of water than have them learn how to swim.

Swimming can be fun and exciting for the entire family so stay SAFE and ACTIVE!



YOUTHFEST 2013 CELEBRATES LOUDOUN TEENS AT BRAMBLETON TOWN CENTER

Brambleton is pleased to announce the return of the 8th Annual YouthFest 2013 to the Brambleton Town Center on Saturday, June 15, from 3:00pm – 8:30pm.

This event is planned by teens for teens, and includes performances from the Battle of the Bands finalists, dance performances, interactive exhibits, prizes, food, fun and more. In the coming months, a series of YouthFest Battle of the Bands events will be held to determine the youth bands and solo artists who will perform on the YouthFest main stage prior to the headliner act, Mayday Parade. The final Battle will take place at the Brambleton Town Center amphitheatre on May 11, from 2:00pm – 6:00pm.

YouthFest 2013 event details are as follows:

Event: YouthFest 2013

Date: Saturday, June 15, 2013 Time: 3:00pm - 7:30pm teen bands

3:00pm - 7:00pm attractions(TBA)

and exhibits

7:30 pm Mayday Parade

Location: Green area behind

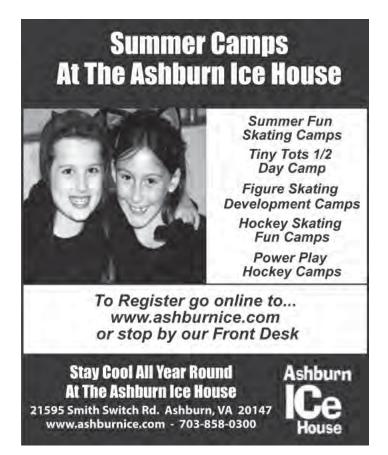
Sport & Health Club 42365 Soave Drive Brambleton, Virginia

Cost: \$7.50 in advance or \$10.00 at the gate

For more information visit www.loudounteens.org

Sponsors for the event include: Brambleton, Miller & Smith, Dulles Greenway, 92.5 WINC FM, AOL, Harris Teeter, Van Metre Homes, Winchester Homes, Camberley Homes, Manhattan Pizza, and Studio Rock of Northern Virginia.

Interested exhibitors and student vendors are encouraged to contact Kristin Garrett at kristin. garrett@loudoun.gov.





Page 22 May 2013

Pool Season Begins May 25th... Do You Know Where Your Pool Passes Are?

It's time to start digging around in the bottom of your pool bag or in the drawer with the swimsuits for your Broadlands Photo ID pool passes. Everyone age 5 and older will need one to gain admission to the pools. If you are 18 or older, you must provide proof of residency in order to obtain a pool pass.

If you are an owner and have the pool passes you used last year, you DO NOT need to submit an application. Passes will be electronically reactivated. If you cannot locate your passes, reprints can be issued free of charge prior to the opening of the pool on May 25, 2013. After May 25, replacement cards cost \$5.00 each. If you want a new picture for your replacement pass, the cost is \$7.00, regardless of when the pass is issued.

New Residents: You must fill out an application, return it to the Nature Center and have your photos taken. Applications are available at the Nature Center, in this newsletter on page 25, or online at www.broadlandshoa.org. Click on Pool Information in the Directory on the left hand side of the home page. Pool passes are issued to each individual age 5 and older living in the household. A household consists of all persons <u>permanently</u> living in the dwelling, including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

Tenants: If the owner wishes to transfer their pool rights over to the tenant, then the owner AND tenant must complete a Tenant Membership application for the 2013 season. In this instance, passes will only be issued to the Tenants, not the owners. Tenants may use previously issued passes, but these will not be activated until a completed application is received at the HOA office. Applications are available at the Nature Center, in this newsletter on page 24, and online at www.broadlandshoa.org.

Becoming of age: Children who have turned 5 since last summer or will be 5 by June 1, 2013 must have a picture taken and pass issued. Please use the resident application form on page 25 and return it to the Nature Center to add them to your family data base. Any individual who has turned 18 since last pool season will need a new adult card.

Non-resident caregivers: Passes are offered for \$40 per caregiver for the season. They should be noted as non-resident caregivers on the resident's application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the caregiver to the photo session and show proof of identity and address.

Guest passes: 10 resident guest passes are allocated to each *residence*. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility. Up to **5 long-term house guests** may obtain pool passes for \$40 per person for the season, \$15 per person for a month (30 consecutive days) or \$5 per person for a week (7 consecutive days). They must be noted as non-resident house guests on the resident's application. The fees must be paid at the time their photo is taken and the pass issued. The resident must accompany the guests to the photo session and show proof of identity and address. However, the long-term guest may enter the pools without the resident present.

CURRENTLY PICTURES ARE BEING TAKEN AT THE NATURE CENTER FROM 9:00 A.M. TO 5:00 P.M. MONDAY THROUGH FRIDAY ON A FIRST COME, FIRST SERVED BASIS.

Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. **Photos will not be taken if acceptable proof of identity and address are not available.**

Acceptable photo IDs include:

- Driver's License
- School, Military ID
- Current Passport

If your ID does not show a Broadlands Association address, the following additional documents will be accepted as proof of residency:

- Utility bill issued within the last 60 days
- Settlement Papers or Deed
- Current Virginia Voter Registration Card

PLEASE DIRECT QUESTIONS TO THE NATURE CENTER AT 703-729-9704.

BROADLANDS 2013 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form **MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT** when pool privileges are transferred from the owner to a tenant. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER'S NAME:			
WNER'S ADDRESS:			
ті	ENANT INFORMATION (If pr	rivileges are transferred to tenant)	
ENANT NAME:			
ROADLANDS ADDRESS:			
ELEPHONE:			
MERGENCY CONTACT NUMBER:		EMAIL:	
ıne 1, 2013). Children under 5 do ı	not require passes. Prior to	iss and the date of birth of all children be having the photo taken, all adults 18 au ill not be taken if acceptable proof of i	nd older must show a photo
Office Use: pics ✓	Name	Relationship to Tenant	D.O.B. if under 18
		Tenant	
	(Use bac	 ck if necessary)	
jury which he/she or any member of h	nis/her family or any guest of th	undersigned expressly agrees to assume the ne undersigned may sustain while using the s be liable for any such injury unless due to gro	aid facilities and agrees that the
Signature of Tenant		·	Date
As the owner of the re	eferenced unit, I hereby tran	nsfer my right to use the pool facilities to	o my tenant(s).
Signature of Owner			Date
	Office	·····································	
ate Received:	If purchasing additional g	guest passes: cash / check #	\$
ew ☐ Renewal ☐ Completed ☐	Notes:		

Page 24 May 2013

BROADLANDS 2013 POOL MEMBERSHIP APPLICATION

This application form **MUST BE SIGNED BY THE OWNER** who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes, this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER	NAME:				
ADDRES	S:				
TELEPHO	ONE:				
EMERGE	NCY CONTACT NUMBE	R:		EMAIL:	
of June 1 photo II	l, 2013). Children unde	5 do not require passes. P	Prior to having	e date of birth of all children be the photo taken, all adults 18 ill not be taken if acceptable	and older must show a
Office Use: pics		Name		Relationship to Owner	D.O.B. if under 18
				Owner	
		(Use	back if necessary,)	
accident using the	or personal injury whi e said facilities and agre	ch he/she or any member	of his/her fam sociation, Inc.	indersigned expressly agrees to nily or any guest of the undersi and/or Management Agent wi tion and/or Agent.	gned may sustain while
	Signature	of Owner		Date	
•••••		 Offi	fice Use Only:		
Date Re	ceived:	If purchasing addit	ional guest p	asses: cash / check #	\$
Entered	in system 🗖 🛚 Comp	oleted Notes:			

BROADLANDS POOL RULES

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS

GENERAL RULES

- NO glass containers or breakable objects
- NO food or drink except in designated areas
- NO profane language
- NO pets
- NO alcohol or drugs
- NO smoking
- NO chewing gum
- NO running, pushing, dunking, wrestling or rough play
- NO general swimming in diving area
- NO water toys or other equipment unless authorized by pool manager
- NO play equipment or wheeled vehicles, except wheel chairs and strollers
- NO diving in shallow area
- NO tape players, CD players or radios unless waterproof and used with personal headphones
- NO flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- NO DISPOSABLE DIAPERS. Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children 5 and under must be accompanied and supervised by an adult 18 years old or over
- Children 6 to 11 years of age must be accompanied and supervised by an adult or care provider at least 15 years old
- Pool members are responsible for the conduct of their guests
- Children under 16 years must pass the Swim test to use the diving board and slide
- Parents are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules
- Members using the pools do so at their own risk
- No Lifeguards are on duty at the wading pools

Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website www.broadlandshoa.org

BROADLANDS 2013 POOL LOCATIONS AND HOURS

Please check below for everything you need to know about the pools. Don't forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions! Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check posting at pool for any changes to hours of operation.

Summerbrooke Pool - 21580 Demott Drive - 703-724-9818

10:00 a.m. – 8:00 p.m. daily, including weekdays while school is in session.

Southern Walk Pool – 43081 Village Drive – 571-223-1331

<u>During school:</u> Weekday hours are 4:00 p.m. – 8:00 p.m. Weekend and holiday hours are 11:00 a.m. – 8:00 p.m. <u>After school:</u> Standard pool hours will be 11:00 a.m. – 8:00 p.m. daily.

Community Pool - 43008 Waxpool Road - 703-724-7830

<u>During school:</u> Weekend and holiday hours are 12:00 p.m. – 9:00 p.m. Closed on weekdays. After school: Standard pool hours will be 12:00 p.m. – 9:00 p.m. daily.

Adult Lap Swim only at Community Center Pool: Starting the week of June 10, Tuesday, Wednesday & Thursday, 5:30 a.m. to 7:50 a.m.

Ashburn Volunteer Fire and Rescue Open House

Lansdowne Station 622

Accident Prevention Call 911 School Buss Safety Stranger Danger Water Safety Sunday, May 19th 12:00 p.m. - 3:45 p.m. 19485 Sandridge Way Lansdowne, VA 20176



Free Parking @ 19500 Sandridge Way

571-258-3722

SHBURA

Fire & Rescue

BROADLANDS TENNIS PROGRAMS

Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands Community. Visit for details and registration forms for all programs www.LuisTennis.org.

ENROLLMENT NOW OPEN!

8 WEEK SESSIONS

Session I - ongoing through May 5 Session II - May 6 through June 30 Session III - July 1 through August 25 Session IV - August 26 through October 20 Session V - October 21 through December 15

1 HOUR JUNIOR CLINICS

(ages 4-10) All levels

Mon through Fri, 4:00pm & 5:00pm Sat & Sun, 10:00am & 11:00am

(ages 11-16) Beginner Mon through Fri, 6:00pm

Sat & Sun, 10:00am & 11:00am

1.5 HOUR JUNIOR CLINIC (ages 10-16) Advanced / Intermediate

Mon through Fri, 6:00pm

1.5 HOUR ADULT CLINIC - All levels

Mon through Fri, 9:00am & 10:30am Mon through Fri, 7:00pm Sat & Sun. 8:30am

Broadlands Resident / Non Resident Pricing:

1 HOUR CLASS (As low as \$14.00 per class)

\$128 / \$144 per session (8 weeks) 1 class a week \$240 / \$272 per session (8 weeks) 2 classes a week \$336 / \$384 per session (8 weeks) 3 classes a week Clinic Drop In Fee: \$20 members: \$22 non-members

1.5 HOUR CLASS (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week \$336 / \$384 per session (8 weeks) 2 classes a week \$468 / \$540 per session (8 weeks) 3 classes a week Clinic Drop In Fee: \$28 members; \$30 non-members

Weekly Junior Round Robin Tournaments (\$20.00 per Tournament)

11 years and over – Sundays 12:00pm - 2:00pm 10 years and under – Saturdays 12:00pm - 2:00pm

Private / Group Lessons (1 player \$60, 2P \$35 each, 3P \$25 each)

- Stroke analysis and evaluation;
- an objective assessment
- Weakness identification and improvement of fundamentals
- Stroke development; technique, theory, and practice
- Strategic development; the psychological side of tennis
- Competitive conditioning; physical development and exercise drills
- · Advanced hitting practice

Please email Luis Rosado if you have any questions... email: LuisTennisAcademy@gmail.com

Broadlands "Boys Night Out" Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday Nights for a Men's Doubles Ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night (7:00pm) rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com

Broadlands Tennis Website: www.BroadlandsTennis.org

BROADLANDS JUNIOR SUMMER TENNIS CAMPS AT THE NATURE CENTER COURTS

June 10th through August 15th

Monday through Thursday from 9:00am - 1:00pm (Friday make up in case of inclement weather)

Camp dates are listed below:

Week 1: June 10-13

Week 2: June 17-20

Week 3: June 24-27

Week 4: July 1-3,5

Week 5: July 8-11

Week 6: July 15-18

Week 7: July 22-25 Week 8: July 29- Aug 1

Week 9: August 5-8

Week 10: August 12-15

Prices:

Resident \$176 per week

Non- Residents \$185 per week

Please visit www. LuisTennis.org or email LuisTennisAcademy @gmail.com for more information.

Page 28 May 2013



Saturdays in the Garden with the Loudoun County Master Gardeners

Come on out for free expert advice on vegetable gardening at the Loudoun County Master Gardeners "Saturday in the Garden" program which begins on May 4th with a talk on "Preparing the Garden for Summer Vegetables". The program is held at the Master Gardener Demonstration Garden at Ida Lee Park, Leesburg, 10:00am to Noon. The June 1 talk will be "Summer Vegetable Garden Maintenance", and the topic on July 20th is "Managing Insects in the Vegetable Garden". Each talk will be followed by a question and answer session with experienced Master Gardeners.

The award winning Loudoun County Master Gardeners Demonstration Garden is a practical organic garden that is open to the public to visit and learn about chemical-free gardening. The approximately 1/3 acre garden includes raised beds and small space vegetable areas, a Heritage garden highlighting some plants from Virginia's past, a Children's garden featuring child-friendly plants and activities, a Shade garden created under beautiful pine trees, a "Wedding Garden" perfect for special pictures, a Butterfly garden and a fruit tree area. All produce grown is donated to Interfaith Relief Food Pantry.

For more information about the Loudoun County Master Gardener program, please visit www. loudouncountymastergardeners.org or call the Loudoun Extension Office at 703-777-0373.

It's Back: Loudoun Lyme 5K/1M

Mark your calendars for the third annual Loudoun Lyme 5K/1M Fun Run, taking place Sunday, May 19th starting at 7:30am at the Purcellville Train Station at 200 N. 21st Street.

More than 1,000 runners/walkers of all ages are expected to attend the event in an effort to create awareness and raise money to help find a cure for Lyme disease, the number one tick-borne illness in the U.S. The Loudoun Lyme 5K will also feature a 1M Fun Run and informational fair to educate the public about the disease, its causes, and treatments. On hand will be community leaders, health department officials, Lyme disease experts, medical and veterinary doctors and specialists, vendors, and sponsors. The fair will also have children's activities and refreshments.

"Thanks to incredible community support we needed to change venues to accommodate more people. This reflects the growing movement to bring more attention and resources to this disease. That's why we are proud to continue hosting this important event and connecting more people with information about diagnosing, treating and preventing this disease," explained Loudoun resident Steve Gotschi, event founder and owner of Sterling-based DryHome Roofing and Siding.

Steve's interest in organizing the event started after watching his wife battle the disease. For her, it started with unexplained aches, pains, and fevers. Many days of complete exhaustion prevented her from getting out of bed. She went from doctor to doctor trying to find the reason for her health decline...and, still no answers. After a long, frustrating year, the Gotschi family finally got a diagnosis: Lyme disease.

This story is all too familiar to county residents, including many living here in Broadlands. Home to the third largest number of Lyme's cases in the nation, Loudoun County is facing a Lyme disease epidemic, with 22 percent of Virginia's reported cases occurring in the county.

According to the CDC, in 2010 the U.S. reported more than 33,000 new cases of Lyme disease. However, the disease is difficult to diagnose and that figure may be 10 times as great. Unfortunately, fewer than half of patients with Lyme disease recall a tick bite or a rash, making it harder to diagnose. Lyme disease is a spirochetal infection of multiple organ systems, causing a wide range of symptoms that mimic other diseases. Antibiotic treatment can be effective if started early in the disease process. Delayed or inadequate treatment can lead to more serious symptoms, which can be disabling and difficult to treat.

The race costs \$30.00 for adults/\$15.00 for children 12 and under. After May 14, adults cost \$35.00 and children \$20.00. The fair is free. Proceeds benefit the National Capital Lyme Disease Association, a nonprofit offering education and support. Along with the race, DryHome's Loudoun Lyme 5K will have an informational fair with booths from local businesses, the medical community, vendors, and children's activities.

Loudoun Lyme 5K/1M continued on page 30

Loudoun Lyme 5K/1M continued from page 29

To learn more about the race or to register, visit www.LoudounLyme.org.

Tips For Avoiding Ticks:

- Investigate tick control methods for pets
- Avoid tall grass and dense vegetation
- Walk in the middle of mowed trails
- Keep lawn cut and underbrush thinned
- Get rid of areas where rodents may like to live
- Wear light-colored clothing so ticks are easier to see
- Tuck pants into socks and shirt into pants
- Pull hair back
- Wear long-sleeved shirts buttoned at wrists.
- Check every 4 to 6 hours for ticks
- Don't forget children and pets
- Use a tick repellent that contains 30 percent DEET to exposed skin
- Pre-treat clothes with insecticide containing .5 percent permethrin

LBC Presents Don Quixote May 4-5, 2013

The Loudoun Ballet Company presents the full-length ballet production of Don Quixote on Saturday, May 4, 2013 at 1:00pm and Sunday, May 5, 2013 at 3:00pm at Briar Woods High School, 22525 Belmont Ridge Road, Ashburn, VA 20148.

Tickets are \$25.00 for premium seating; \$20.00 for adults and \$15.00 for children 12 and under and seniors 60 and above. All seats are \$25.00 at the door on the day of the performance.

For more information visit www.loudounballet.org.

USEFUL NUMBERS

Can also be found at http://broadlandshoa.org/node/117
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Can also be found at http://broadland	shoa.org/node/117
NON-EMERGENCY	
Ashburn Fire	(703) 729-0006
Dominion Virginia Power	(888) 667-3000
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wknds	(571) 291-7878
Poison	(703) 625-3333
State Police	(703) 771-2533
Washington Gas	(703) 750-1000
BROADLANDS COMMUNITY	
Internet/Cable:	
OpenBand 24 x 7 Customer	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Trash Pickup – Patriot Disposal	1(703) 257-7100
MailBox – Main Street Mailboxes	1(703) 753-5521
PUBLIC INFORMATION	
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
County Landfill	(703) 771-5500
DMV (VA)	(800) 435-5137
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
Parks and Recreation	(703) 777-0343
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
LOUDOUN COUNTY PUBLIC SCHOOLS -	BROADLANDS
Briarwoods High School	(703) 957-4400

LOUDOUN COUNTY PUBLIC SCHOOLS -	DKUADLAND3
Briarwoods High School	(703) 957-4400
Eagle Ridge Middle School	(571) 252-2140
Hillside Elementary School	(571) 252-2170
Mill Run Elementary School	(571) 252-2160

Page 30 May 2013

Broadlands Helpers List

The Broadlands Helpers List is comprised of helpers up to 18 yearrs of age, 1995 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa. com.

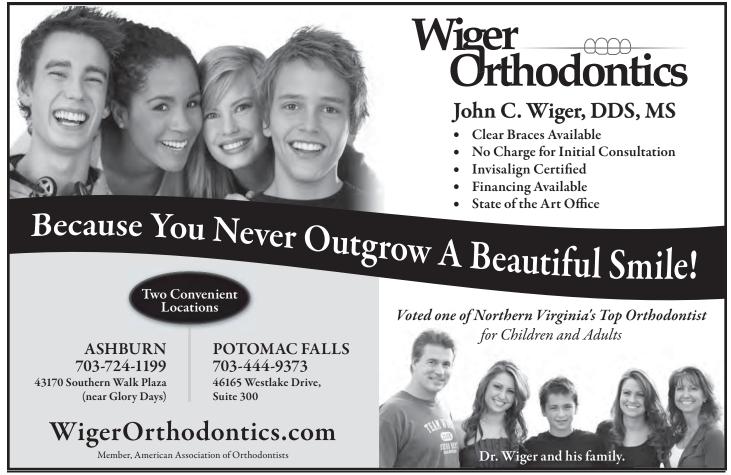
Water Safety and Hypothermia Information

Hi, my name is Danielle Levin. I am a senior at Briar Woods High School and will be attending the University of Virginia in the fall. I plan to major in Business (Accounting or Marketing) and minor in Psychology. Some of my hobbies include swimming, rowing (crew), and traveling. I have been a Girl Scout for ten years and I am grateful for the opportunity to share my Gold Award with the community.

As a certified lifeguard and swim coach, I strongly believe everyone should be safe in and around water; many people are simply unaware. My Girl Scout Gold Award granted me the opportunity to positively influence my community by producing an educational and entertaining water safety and hypothermia video, from conception to completion. I am hoping to increase awareness on water safety, so tragedies such as last year's death on the Beaverdam Reservoir can be avoided. My video has been uploaded on YouTube (check out the link below) and presented at a seminar, along with a water safety kit I prepared. The water safety kit includes a lifejacket, water safety whistle, water bottle, flashlight, pool thermometer, first-aid kit, and an emergency blanket. It is available for use at the Loudoun Girl Scout Office. In addition, DVD copies of my video were handed out at a local swim school to further educate our community.

With summer just around the corner, water safety rules should be fresh in everyone's mind. Did you know that hypothermia occurs when one's body temperature falls below 95°F or 35°C? Most people associate hypothermia with winter, but it can happen in the late spring/early summer as well. While the air temperature becomes warmer, the water temperature can remain quite cold. It takes a long time for bodies of water to heat up, and fluctuations in air temperature prolong the cold water. Whether you are in or around water this summer, it is important that you remember how to stay safe and have fun in the water!

For more useful tips on water safety and hypothermia, please check out my video at http://www.youtube.com/watch?v=7fD1DlhAKY4.



Page 32 May 2013

CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

ASHBURN CLASSICS

We are a club for those 50 and over who want to have a good time. We will meet Saturday, May 11th from 10:30am - 1:00pm at the Mills Recreation Center in Ashburn. We will have a regular business meeting followed by a Mother's Day Tea and speaker. Please bring contributions for Loudoun Interfaith Relief Fund. Club information can be found at www.ashburnclassics.com. Please call Carmen at 703-723-3723 for more info.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit www.toastmastersclubs.org.

BRIDGE GROUP

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm tp 8:00pm at 42809 Vestals Gap Drive.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS COMMUNITY WOMEN'S BIBLE STUDY

Our Bible study meets weekly on Tuesday mornings from 9:15a.m. - 11:00a.m. at a group member's home. For more information, please contact Chris 703-729-2095 or email: Stacy3214@aol.com. We will begin a new 6 week study written by Beth Moore called The Law of Love: Lessons from the Pages of Deuteronomy beginning Tuesday, April 2.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Pigg, (703) 729-6086 or troophillside.org@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based, small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnext@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

TECHNOLOGY COMMITTEE

We meet the second Wednesday of each month at 7:30 p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



Page 34 May 2013

In the Garden By: Jill Johnson, Master Gardener

Let the gardening season begin! Scouts are in the neighborhood delivering mulch and bluebirds are scouting out the neighborhood too, looking for the right place to rear their young. It's still early for most planting, but if the ground is not too wet, lettuce seeds can be sown now.

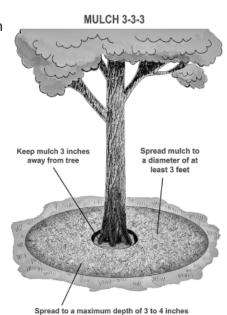
Think of the money you'll save growing your own gourmet lettuces! No space for a vegetable garden? No problem. Lettuce makes a perfect container plant. This year you could plant a colorful variety with names like Speckled Trout, Freckles, Red Velvet and Salad Bowl. Seeds can be sown every couple of weeks to ensure a continuous supply until the weather becomes too hot. Lettuce germinates quickly when exposed to light, so barely cover the seeds with soil when planting. Water well and the seeds should germinate in a week or so. Thin seedlings when they are about two inches tall to give plenty of growing room for the remaining plants. Enjoy the thinnings in your first homegrown salad of the season!

Here's a quick review of the dos and don'ts for mulching trees from our Master Gardener Tree Stewards:

Rule #1: Don't make mulch volcanoes! You know what they are. Piling mulch high against the trunks of young trees is unsightly and creates all sorts of problems including rot, rodents, insects and disease.

Rule # 2: Remember the 3-3-3 rule: Apply mulch three inches deep, in a minimum three foot radius

around the tree and keep the mulch three inches away from the trunk's root flare (the swelling at the base of the tree). That's all you need to remember for proper mulching.



Briar Woods Band News, Mark Your Calendars!

- Briar Woods Falcon Regiment will be offering the 2nd Annual Future Falcon Mini Band Camp in August for rising 7th and 8th graders. More details will be in the June newsletter.
- Other activities include a Jazz and Percussion Concert on Monday, May 13th at 7:00pm and the Spring Band Concert at 7:00pm. Both of these events will be held in the Briar Woods High School auditorium.
- Join us on Tuesday, May 7th from 5:00pm 9:00pm at Urban BBQ in Ashburn. Ten percent of the proceeds will contribute to our band programs.

10 Things You Can Donate to a Shelter By: Tails Magazine

Every pet parent knows that animals require a lot of stuff. Shelters, who are tasked with the care of many animals at one time, often run short on supplies. By donating some of these much needed items (many of which you probably already have in your house), you can make a huge difference in the comfort and wellbeing of homeless pets.

Here are some common items that shelters need:

- 1. Newspaper
- 2. Toys
- 3. Blankets
- 4. Kennels and crates
- 5. Beds
- 6. Towels
- 7. Food and treats
- 8. Leashes and collars
- 9. Laundry detergent
- 10. Office supplies

Donate items new or gently used (though make sure to clean them first). To get help from your community and bring in more items, organize a shelter drive.

Giving shelter supplies is a great way to make a difference and can make the stay much more comfortable for a homeless animal.

Nature Center Program Alerts

If you would like to be included in email blasts about upcoming nature programs please email the Naturalist, naturalist @broadlandshoa.com.

MAY CLASSIFIED ADS

EARLY EDUCATION/DAY CARE

GROWING MINDS PRESCHOOL: A home based preschool located in the Broadlands is currently registering for its 2 1/2, 3 and 4 year old classes for the 2013-2014 school year. For more information or to R.S.V.P., please call Judi Ratcliffe at (703)858-7966.

LITTLE SPROUTS PRESCHOOL: Register Now for * Summer Camps, kids 2-8 * Offering preschool classes for 2, 3, 4, and 5 yr olds and well as Mom's Morning Out. Small Classes, Experienced Teachers, Potty training NOT required! Check Out our website or call for a tour Karlene 408-750-7349. Website http://LittleSproutsPreschool.clubspaces.com.

INSTRUCTION - ARTS/MUSIC/RECREATION

START MUSIC LESSONS NOW: There is a professional music school just minutes from your home. University trained teachers in all instruments. We've produced more LCPS award and competition winners in the past eleven years than any other area school. Call now to schedule a tour. 703-723-1154 **Mintons Academy of Music** www. mintonsmusic.com.

AFTER SCHOOL DANCE PROGRAM – OLD ASHBURN! Creative Dance Center provides transportation, supervised homework, healthy snacks, and 45-minute daily dance classes in Bollywood, Ballet, Musical Theatre, Hip Hop, Jazz and Acro. Please visit www.CDCdance.com for more information and details.

CCJ DESIGNERS LOUNGE: Offers individual and group sewing lessons. Learn to create a garment, shop for fabric and understand sewing terms. We also conduct children sewing parties. For more info, please call 703-400-3966 or email info@ccjdesignerslounge.com.

SAXOPHONE AND CLARINET LESSONS: Instruction in your home for kids and adults. Experienced teacher with Music Degree; references from Broadlands residents. Please call 703-777-4352 or email WoodwindStudio@verizon.net.

INSTRUCTION - TUTORING

TUTORING SERVICES: Virginia certified teacher with 30 years of experience offers tutoring services for elementary-college level students. Extensive experience with students who have difficulty learning and memorizing. Certified in learning disabilities. Remediation and/or enrichment for language arts and math. Deborah Smith: debbiesmith01@ hotmail.com.

A-1 LOUDOUN COUNTY MATH TEACHER: Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu_911@yahoo.com. Visa, Master Card, Discover and Amex accepted.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

SAT/ACT/PSAT/TJ Test Prep: Professionally trained with over 7 years experience, LCPS teacher offers 5 week courses. Limit 8 students/ class – register early! Saturday classes. Private tutoring available. Call 571.335.8378 or visit www.collegeboundloudoun.com.

HEALTH/FITNESS/WELLNESS

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN

YOUR HOME: Get fit now with my 22+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! **Stephanie Gotfried 703-542-2595**; stephaniegotfried@verizon.net; fitnesstogova.com.

HEALTH COACH: Are you fatigued, stressed, overweight or generally not feeling well? I assist and motivate people into taking back their health and their lives. Contact me today for a free consult. Melissa Salat 571-484-4343; melissagsalat@gmail.com; www.facebook.com/ MelissaSalatWellness.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL. Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

HOME SERVICES

BELMONT CONSTRUCTION: Building and maintaining all decks/patios! Also, all types of construction from, additions, kitchens, landscaping, painting, roofing, siding, etc. Please call: **571-209-0332**.

GRASS MOWING "CHEAP": Reasonably priced lawn service for home owners, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal applications available. A great gift idea! Retired Professionals Lawn Service. No contracts to sign, just a hand shake! jackthedecker@aol. com 703-470-3003.

GREEN LEAF LANDSCAPING: Spring clean-up, grass cutting, planting, mulching, leaf removal, tree removal, edging/trimming, power washing, gutter cleaning, trash hauling, aeration & seeding. FREE ESTIMATES. Contact: Vidal Melendez 571-263-1176/571-484-1193, vidalmelendez@yahoo.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Free on-line estimate. www. windowcleaningservice.net. On Board of Directors for IWCA and Residential Committee. Call Larry at 703-723-7770.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike. Rosario@verizon.net

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

LOONEY'S TILE AND GROUT RESTORATION: We restore your shower and floors to their "like new" state. Grout Repair, Caulking, Re-Grouting and deep cleaning utilizing patented tools. We operate professionally where customer service is the key to our success. Angie's List A Rated. Locally owned in Ashburn. www.Lcleantileandgrout.com 703-999-1933 MILOONEY@Lcleantileandgrout.com.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail. com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

Page 36 May 2013

LLC. FREE ESTIMATES. Roofing & Siding Installation & Repairs-Gutters Installation & Repairs-Windows-Insulation-Trim-Painting-Attic

Ventilation-Handyman-We Work with Your Home Insurance Company. Lowest Price & Satisfaction Guarantee! Excellent References. Servicing Ashburn area for 12+ years. No Sub-Contractor. LICENSED & INSURED www.WiseGuysRoofingSiding.com. Call: 571-722-5543 or email at wgrs@me.com.

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

HOUSE CLEANING

CLEANING BY CHRISTA: Sole operated home cleaning by returning college student. Valuable service with low prices that will make your home and soul shine. Free estimates; references available. Contact me via email at christa.holland@gmail.com or phone at 662-226-1108. MAID IN VIRGINIA- RESIDENTIAL CLEANING: We have earned a reputation for having the highest integrity. We enter your home excited to clean. We can provide numerous references. Locally owned and operated in Ashburn Licensed, Bonded, Insured with Workers Comp Insurance. www.maidinvirginia.com; 703-723-5199.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

MARKETPLACE

CCJ DESIGNERS LOUNGE: Custom-made women's clothing for all styles of dress from Prom's to business attire. We also provide alteration services as well as wardrobe consults. Visit our website at www.ccjdesignerslounge.com. Email info@ccjdesignerslounge or call 703-400-3966.

MARY KAY: Congratulations. You're on your way to making the world better and brighter! I'm thrilled to know you're making a difference in your very own way. With people like you in our communities, our future is off to a great start! Contact Deborah Leben 703-217-4583 dleben@ marykay.com/DLeben.

ORIGAMI OWL: Everyone has a story...tell yours with an Origami Owl Living Locket! Choose the charms, choose the locket, choose the chain and you have one-of-a-kind piece of jewelry. Order online, host a party or become a Designer! Visit reagancosker.origamiowl.com.

PINK PIGGY SWEETS: Online bakery offering made-to-order sweets baked from scratch using organic and local ingredients! We customize cakes, cake pops, cupcakes, cookies, pies, and cake push-pops for all your celebration events! We offer Party Classes too! NF/GF, www. pinkpiggysweets.com. 571-333-7477.

QUICKSWITCH DOG COLLARS: A durable interchangeable collar guaranteed for life & a variety of covers to swap out for every occasion. A superior value to buying multiple collars. Patented by Broadlands Mom. www.quickswitchcollars.com 10% off with code BROAD1013.

TASTEFULLY SIMPLE: offers the perfect gift for Mom! Quick and delicious gourmet foods to save her time in the kitchen. I ship nationwide! Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

PROFESSIONAL SERVICES

INTERIOR DECORATING CONSULTATION......contact THE INSIDER.....Use what you have decorating....furniture placement.... paint color selection. Let me help you see what you already have and suggest what you might need! \$100/hour. Gift Certificates available. I am a Broadlands resident! Call Eileen @ 571.246.1576 or email: iamtheinsider@hotmail.com.

YOUR LOCAL CONTRACTOR-WISE GUYS ROOFING & SIDING, TIRED OF PAYING SALON PRICES? High-end stylist working from home in Broadlands offering highlights, coloring and cuts. For pricing and references, please call Amber at 703-723-0993.

> TAX SEASON'S HEAR! Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy with Assurance Tax & Accounting providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or suoy@assurancetaxandaccounting.com. GGGGGRRRR!!!!! Computer crashed? Network down? Computers confuse you? Call Less Silberberg, Ashburn computer consultant. Over 30 years experience. Certified, licensed, Loudoun COC member. PC's, Mac's, iPads/Tablets, Smart Phones - Android, iPhone, Networks, maintenance, installation, problem solving. Daytime, weekend, evening appointments. 703-304-1130 silberberg@aurifex.net.

REAL ESTATE

HOME STAGING...THINKING OF SELLING? Let me show you how to get top dollar for your home and spend less time on the market! Home staging is a proven way to make your home appealing to the most buyers in this tough market!!! I am an Accredited Staging Professional®, a Broadlands neighbor, and I am here to serve you! Let me tell you how I work! Please call Mary at 703-622-3820.

TRAVEL

CRUISES INC: Summer is almost here, have you made your vacation plans yet? Consider taking a cruise vacation this year. I offer competitive rates on ALL cruise lines. Call Karen at Cruises Inc. at 703-729-8329 to get a quick quote today!

How to Place Classified Ads

Classified Ads (Limited to 40 words maximum) must be received with payment by the 5th of each month for the next month's issue.

Monthly Rates:

Resident Rates

Month to Month \$9 6 months prepaid discount \$8

12+ months prepaid discount \$7 Personal (For Sale) Ads \$0

Non- Resident Rates

Month to Month \$18 6 months prepaid discount \$17 12+ months prepaid discount \$16

Payment and Ads:

Please email ads to: scollins@broadlandshoa.com. Checks only please, made payable to "Broadlands Association". No cancellations after the initial deadline.

Mail to or drop off payments at:

Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

Contact

Advertising Manager:

Stassa Collins - 703-729-9704 or scollins@broadlandshoa.com

ADVERTISING DIRECTORY

DENTAL / ORTHODONTIA Daczkowski, T. Wesley, DDS White Tree Dental Wiger Orthodontics	.40
EDUCATION Goddard SchoolGolden Pond	.39 .2
FINANCIAL/PROFESSIONAL SERVICES Apple Federal Credit Union Embrace homeloans	
HOME SERVICES Abbey Design Center	.39 .13 .9 .18 .8 .29 .8 .9 .18
PETS Stream Valley Veterinary Hospital Whole Pet	
REAL ESTATE Bonnie Selker, Keller WilliamsLong & Foster Realtors	
RECREATION / INSTRUCTION Ashburn Ice House	.22
RESTAURANTS Carolina Brothers	.5
RETAIL Outdoor Living Wholesale	.8

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3500 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the initial deadline.

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF or TIFF. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. DEADLINE: Ad and payment submissions are due the 1st day of the month prior to the issue. (Ex: Jan1 for Feb's issue.)

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$75* 1/4 pg (3.625" W X 4.875" H) \$165 /\$140* 1/2 pg (7.5" W X 4.875" H) \$295 /\$270* Full pg (8.5" W x 4.875" H) \$550/\$525*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$225 /\$210* 1/2 pg (7.5" W X 4.875" H) \$425 /\$405* Full pg (8.5" W X 11" H) \$1050 /\$900*

Add 10% to base price above for preferred placement

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$240* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240* 1/2 pg (8" W X 4.875" H) \$475/ \$455* Full pg (8" W X 8"H) \$1050/ \$950*

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to *Broadlands Association*. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **Noon** on the 10th of the month, or Noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.



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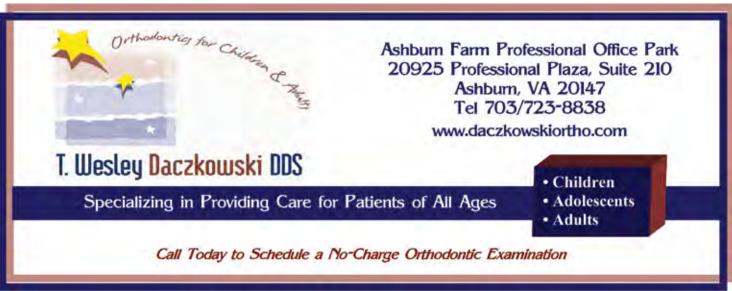
STERLING • 703-450-8181 21465 Price Cascades Plaza (In front of Costco)



LEESBURG • 703-779-8181 161 Fort Evans Rd. NE (Next to Wolf Furniture)



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