

BROADLANDS

Our Neck of the Woods

Wind Down Your Summer With These Events

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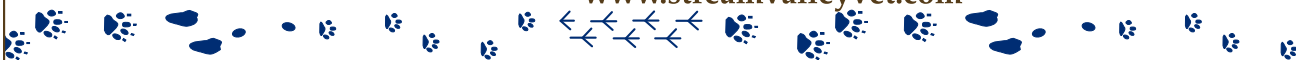
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**Broadlands Homeowners Association
Board of Directors Meeting
Tuesday, August 12th - 6:00p.m.
Nature Center Conference Room**

Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review the Design Guidelines online at www.broadlandshoa.org/for-homeowners/design-guidelines/ for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application.

A response to your application is generally mailed within one week of the meeting.

**Modifications Subcommittee
Meeting and Submission Dates**

Meeting Date	Submission Date
August 6, 2014	July 31, 2014
August 20, 2014	August 14, 2014
September 3, 2014	August 28, 2014
September 17, 2014	September 11, 2014

***Please Note: The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.**

Looking Forward

I often find that homeowners aren't sure who to turn to when a question arises about the HOA. Whether you post on the forums, facebook, or ask a friend, it can be hard to find the right answer if you don't know where to start. I come across all sorts of questions premised with "I'm not sure who to ask, but can you point me in the right direction?"



The HOA staff at the Nature Center can assist with so many questions and needs, they truly are a wealth of information. Whether you're looking for pool or fitness center passes or have questions about trash, the front desk staff is well equipped to assist. The HOA office in the Nature Center is open Monday-Friday, 9:00am-5:00pm. You can reach us by phone at 703-729-9704 or fax at 703-729-9733.

Have a question or concern about a potential covenants violation? Email Covenants@broadlandshoa.com and your email will go to both Covenants Inspectors. Have a question about the Design Guidelines or a Modification Application? Reach out to RCrews@broadlandshoa.com. Want to advertise in the newsletter or have a general inquiry? Let us know at SCollins@broadlandshoa.com. Need to reach the newsletter editor to submit information for an upcoming issue? Email Nihanainen@broadlandshoa.com. Interested in renting the Community Center? Contact JoanneHang@broadlandshoa.com. Have an inquiry or issue about the pools? Check with Julie@broadlandshoa.com. Interested in helping plan a community event? Try Events@broadlandshoa.com. Want to speak to the Naturalist about an upcoming program? Contact Naturalist@broadlandshoa.com. Need something else? Email me at Sarah@broadlandshoa.com.

In some cases, you may need to speak with the Board of Directors directly. The Board holds monthly meetings on the second Tuesday at 6:00pm in the Nature Center conference room in order to conduct the business of the association as well as hear from residents. Meetings of the board are open to all residents. Residents are encouraged to observe meetings and read approved minutes, posted online at FSR Connect. Residents who wish to address the board are welcome to do so during the homeowner forum conducted at the beginning of each business meeting.

continued on page 8

Who's Who

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway
Broadlands, Virginia 20148

Main: (703) 729-9704 Fax: (703) 729-9733

www.broadlandshoa.org

HOA Office & Nature Center Hours: Monday thru Friday from 9:00am to 5:00pm. Additional Nature Center Hours: First three Saturdays from 10:00am to 2:00pm.

BROADLANDS ASSOCIATION MANAGEMENT & STAFF

General Manager

Sarah Gerstein..... sarah@broadlandshoa.com

Covenants covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison

Natalie Ihanainen nihanainen@broadlandshoa.com,

..... events@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator

Stassa Collins scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee, Covenants

Robin Crews rcrews@broadlandshoa.com

Covenants

Susan Kuklick..... skuklick@broadlandshoa.com

Reception

Joanne Hang..... joannehang@broadlandshoa.com

Julie Holstein..... julie@broadlandshoa.com

Naturalist

Jessica Bukowinski..... naturalist@broadlandshoa.com

BOARD OF DIRECTORS

President Brian Beahm - brian.beahm@gmail.com (703) 726-6360

Vice President Eric Bazerghi - eric@thehouse.net (703) 723-1046

Secretary/Treasurer Dawne Holz - deholz@icloud.com (703) 349-1095

Directors

Heidi Eaton (571) 232-1830

Cliff Keirce (703) 729-7320

Gerry Alcantara (703) 858-1320

Joseph T. Wagner (571) 333-0831

Members at Large, Van Metre Representatives

Roy Barnett..... rbarnett@vanmetrecompanies.com (703) 425-2600

Denise Harrover dharrover@vanmetrecompanies.com (703) 425-2600

COMMITTEES

Broadlands Live! Summer Concert ...Renee Ventrice, tttrenee@yahoo.com

Community Wildlife Habitat* Oya Simpson,
osimpson@broadlandsnaturally.org or (703) 725-8040

Events..... Chair: Open, events@broadlandshoa.com

Neighborhood Watch Chair: Open

Recreation Chair: Open

Swim Team www.broadlandsswimteam.org

Technology* Dawne Holz - deholz@icloud.com, broadlandshoa.org

Tennis..... Brad Marcus - bradmrcus@gmail.com

Webmaster..... webmaster@broadlandshoa.org

*Please look under Clubs and Groups for more information

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Email: customerservice.dcmetro@fsresidential.com

Mail Payments to:

FirstService Residential

P.O. Box 11983

Newark, NJ 07101-4983

Useful Numbers

NON-EMERGENCY

Ashburn Fire..... (703) 729-0006

Dominion Virginia Power (888) 667-3000

Fire Marshall..... (703) 777-0333

Loudoun County Sheriff (703) 777-1021

Loudoun Water (customer service). (571) 291-7880

Loudoun Water (after hours) (571) 291-7878

Poison Control..... (800) 222-3333

State Police..... (703) 771-2533

Washington Gas (703) 750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)....1(703) 753-5521

Trash Pickup (Patriot Disposal)1(703) 257-7100

Southern Walk Internet/Cable:

OpenBand 24x7 (customer service) (866) 673-6226

OpenBand (trouble tickets)..... (703) 961-1110

PUBLIC INFORMATION

Animal Control/Shelter (703) 777-0406

Building Permits & Dev. (703) 777-0397

County Landfill (703) 771-5500

DMV (VA)..... (800) 435-5137

Health Department..... (703) 777-0236

Library (Ashburn)..... (703) 737-8100

Loudoun Ride On..... (703) 777-2708

Loudoun Hospital..... (703) 858-6000

Miss Utility..... (800) 552-7001

Metro..... (202) 637-7000

Parks and Recreation (703) 777-0343

Ridesharing (703) 771-5665

Road Conditions (800) 367-7623

School Board..... (571) 252-1000

Street Signs/Storm Drains..... (703) 771-5666

VDOT..... (703) 383-8368

Van Metre Homes..... (703) 348-5800

Verizon..... (703) 954-6222

Verizon Fios (888) 553-1555

Wildlife Hotline (local)..... (703) 440-0800

SCHOOLS - BROADLANDS

Briar Woods High School (703) 957-4400

Eagle Ridge Middle School (571) 252-2140

Hillside Elementary School..... (571) 252-2170

Mill Run Elementary School (571) 252-2160



Go Green and Opt Out

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.



Buy and Sell at the Fall Yard Sale

One person's junk is another's treasure. Come shop and sell at the Broadlands Fall Community Yard Sale on Saturday, September 27th, 8:00am – 2:00pm, rain or shine at private residences throughout the Broadlands neighborhood, The Arbors and The Van Metre Broadlands Apartments.



If you would like to be included in the online listing of addresses, please complete the Yard Sale Submission Form on the website at <http://www.broadlandshoa.org/yardsale-form/>. It is the resident's responsibility to check the website to ensure inclusion and accuracy. Residents do not have to be on the list of participants to be part of the community yard sale.

Please think about going "green" by bringing along a reusable shopping bag for your purchases. Check out the list of participants to see what's for sale and view the community map to find each unit at www.broadlandshoa.org/yardsale.

The HOA will be publicizing the yard sale in Ashburn Today, Leesburg Today, Loudoun Times-Mirror and The Washington Post.

Board Meeting Highlights

The following actions were taken by the Board of Directors at their meeting held on July 8, 2014.

- Approved minutes of June 10, 2014 meeting.
- Approved the revised Design Guidelines for Play Equipment as recommended by the Modifications Subcommittee.
- Declined the revised Design Guidelines for Townhomes deck color as recommended by the Modifications Subcommittee.
- Approved a modified fence application, provided the Covenant Agreement provided by legal is executed.
- Wrote off preforeclosure balance of \$268.34 for an account.
- Assessed a violation charge of \$50 for the trash can being in view for an account.



Give Your Community a Hand in Making the Broadlands Summer Blowout Family Celebration a Huge Success!

We need volunteers to help out with the party on Saturday, August 9th, 4:00pm - 8:00pm at the Southern Walk Pool.

The following jobs are available:
Set up - 4 volunteers needed

Greeter/Carding guests/wrist banding - 8-14 volunteers total, each volunteer needed to work one hour shifts.

Floater - 4 volunteers total needed, each volunteer has a one hour shift.

Clean up - 4 volunteers needed

For more information and/or if you are able to help with this event, please contact Natalie Ihanainen, events@broadlandshoa.com, call (703) 729-9704 or sign up at www.SignUpGenius.com/go/70A0A4CAAA829A46-summer/18814319-

Still Looking for the Perfect Summer Job?

High Sierra Pools is hiring lifeguards for Broadlands pools! Apply online today at www.highsierrapools.com Or contact our recruiters at 703.920.1750 ext.205



Interested in getting up to date community news in between monthly newsletters? Sign up for our new e-bulletin, the **Broadlands Blast**, online at www.broadlandshoa.org or email Blast@broadlandshoa.com.



August



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Nature Center Open 10:00am - 2:00pm
3	4	5	6 Modifications Subcommittee Meeting 7:00pm - NC	7	8 Newsletter Submissions Due by Noon Broadlands Live 5:30pm - HP	9 Nature Center Open 10:00am - 2:00pm The Bug Man 10:00am - NC Summer Blow- out and Family Celebration 4:00pm - SW Pool
10	11	12 Board of Directors Meeting 6:00pm - NC	13	14 Modification Subcommittee Submissions Due 12:00pm - NC	15 End of Summer Middle School Party 6:30pm - SW Pool	16 Nature Center Open 10:00am - 2:00pm Flicks in the Sticks 8:30pm - NC Back Lawn
17	18	19	20 Mod Subcomm Meeting 7:00pm - NC Tech Comm. Meeting 7:30pm - NC	21	22	23
24	25 Events Comm. Meeting 7:00pm - CH	26	27	28	29	30

Key: CH= Clubhouse; CC=Community Center; NC=Nature Center; HP=Hillside Park

Save Yourself Time, Money and Aggravation

Before you make any modification, change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review. Don't be misled by well meaning friends, neighbors or contractors. It is the homeowner's responsibility to file an application with the Modifications Subcommittee for all exterior work. A county permit does not circumvent this requirement. The process is easy if you apply before work commences.

What can happen if you don't submit an application? You may be ordered to cease and desist, which might cause your contractor to charge additional money for delays in completion. You may have to appear before the Board of Directors at a Covenants violation hearing. You may be assessed a fee by the Homeowners Association of up to \$900, which will be added to your account and to which late fees, attorney fees, and court costs can be charged if payment is not made in a timely manner. You may be taken to General District Court in order for a judge to hear the case and determine the penalty. You may lose your recreational and voting privileges. You might have difficulty selling your home if violations are noted in the resale package which the Commonwealth of Virginia requires you to provide to your buyer.

Please consult the Design Guidelines at <http://www.broadlandshoa.org/for-homeowners/design-guidelines/> for detailed information. Submit a complete application package in a timely manner to the Modifications Subcommittee in order to obtain approval prior to beginning any work. The Design Guidelines provide a framework to maintain design quality throughout the community, to promote sensitivity for the natural environment and to encourage consistency of design while allowing flexibility for achieving design solutions. If you have any questions about architectural modifications, please contact Robin Crews, Secretary to the Modifications Subcommittee at 703-729-9704 or rcrews@broadlandshoa.com.

Tips for Saving Water

Water conservation is an important issue you. We all to save money and be environmentally responsible. Here are some tips to help you save:

Kitchen Aid

Large appliances—washing machines and dishwashers—consume the most water, so they are important places to start any water-conservation efforts.

- Set the water level on your washing machine to match the size of your load. Try to avoid doing frequent small loads; whenever possible, run the machine only when you have a full load.
- You don't need to rinse dishes before putting them in the dishwasher! No, really. Hand rinsing dishes under the faucet uses 15-18 gallons of water per load. If your dishwasher has a pre-rinse cycle, try using it instead of hand rinsing. If a dish or two isn't completely clean after the dishwasher cycle, finish the job by hand.
- Like the washing machine, only run the dishwasher when it's full. If you have only a few dishes, wash them by hand in a sink or basin—not under a running faucet. Use a second basin or dishpan for rinsing, or spray rinse all the soapy dishes at once.

Spish-Splash—Conserving in the Bath

After these major appliances, the bathroom offers the next biggest opportunity to save water.

- Make sure your toilets are all working efficiently. According to the American Water Works Association, the average American home loses 14 percent of all water used to leaks. (And remember, the toilet is not a waste basket.)
- Keep your showers as brief as possible or turn the water off while shaving or scrubbing in the stall. Consider installing water-saver showerheads and faucets.
- When taking a bath, close the drain while the water warms up then adjust the temperature. Monitor the tub as it fills, and turn the water off at the half-way mark.

Running Hot and Cold

- There's nothing as refreshing as a cold drink of water, but don't let the faucet run to get it. Chill a container of water in the refrigerator instead.
- Avoid running hot tap water over frozen food to defrost it; put it in the refrigerator the night before.
- Rethink any tasks you usually perform under running water—like washing vegetables or brushing your teeth. (A gallon of water a minute flows through a tap that's only half open). Use a dishpan or bowl of water instead of letting the tap run. Then pour the water from the bowl on your house plants.

“Used” Water

Before pouring that half-filled glass of water down the sink, ask yourself where it could be put to good use? How about pouring it in the dog's bowl? And the condensate from the dehumidifier is suitable for watering plants. Other sources of “used” water are suitable for reuse—it just takes a little imagination and a change in routine.

Water conservation begins with each of us. If you make a few simple adjustments in their household routine, the you can conserve and save more each year.

August Covenants Corner

Throughout the year, the Covenants Inspectors inspect the homes in the community for a variety of issues ranging from trash containers in view to parking issues and unapproved modifications to leftover holiday decor. In addition, certain seasons dictate the need to focus on particular violations that occur with high frequency.

During the month of August, the Inspectors will be focusing on homes with individual mailboxes. They will be looking at mailboxes in need of maintenance, such as wooden posts that are rotten as well as faded or otherwise damaged mailboxes. They will also be citing boxes and posts that do not conform to the Design Guidelines.

Please note: the guidelines for mailboxes were amended by the Board of Directors at the recommendation of the Modifications Subcommittee in June 2014. The guidelines read as follow:

No application is required for the replacement of an existing, standard approved mailbox or post. However, should there be a variance in material, color, size or style from the original mailbox or post then an application is required.

Specific Guidelines

- For **single-family detached** houses, mailboxes shall be located at the curb immediately adjacent to the driveway.
- Curbside mailboxes and posts must conform to the original design parameters for the section. Minor variations in the color, size and style of the mailbox or post will be considered on a case-by-case basis.
- Newspaper delivery boxes, where desired, shall be incorporated within the design of the overall

mailbox support post bracket.

- Height and setback must conform to the United States Postal Service regulations.

If a violation is noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent.

If you are in need of replacement boxes, posts, or numbers, you may wish to contact Main Street Mailboxes as they installed the majority of the boxes in Broadlands. They can be reached online at <http://www.mainstreet-mailboxes.com/> or by phone at 1-571-379-8454.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspectors at covenants@broadlandshoa.com to request a reasonable extension to rectify the issue.



continued from page 3

Here are few tips for participating in board meetings:

1. Put it in writing. You will get the best response if you put your question or opinions in writing prior to the meeting. This isn't mandatory, but it helps you and the board. Some issues may require a little research. Also, the board can serve you better if members have time to consider your concern.

2. Call ahead. As a courtesy, the association asks that you phone and let the manager know that you wish to address the board. This also allows us to notify you if a meeting is cancelled for any reason.

3. Plan your remarks to last no longer than five minutes. Board members enjoy visiting with residents; however, the meeting agenda is always very full, and the five-minute limit ensures that all business gets conducted. This doesn't mean big issues can't be presented. If your concern requires more time, please summarize it in five minutes, and the board may add it to the agenda for the next meeting for further discussion.

4. Don't expect an immediate response. Board members don't act independently. All issues require discussion and sometimes a vote. Sometimes an immediate answer is possible, but it's just as likely that you won't get a response until after the meeting.

5. If you need information, call the manager. The purpose of the Homeowner Forum is for residents to share opinions and concerns with the board. Residents seeking general information (like a status report on a project or the board's position on an issue) might get a more immediate answer by calling the HOA office or contacting me directly.

Cheers,

Sarah
Sarah Gerstein, CMCA, AMS, PCAM
General Manager
Broadlands Association, Inc.



Flicks in the Sticks

This summer's featured movie brings a load of vacuum cleaner fodder to the big screen. Come and see the injection-molded hero, Emmet, save the Lego world from Lord Business and the dreaded Kragle!

Bring the kids and grab a seat on the Nature Center lawn. Lawn chairs* and coolers are welcome. Popcorn and drinks are provided.

Movies begin around sundown – the times listed are approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled.

Parental guidance information is available on the website.

August 16, 8:30 pm – The Lego Movie
PG, 100 mins

*We kindly request that lawn chairs use the space at the sides of the lawn as to not block the view down the center.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the HOA Technology Committee.



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21354 Shady Wood Ter	\$415,000	\$405,000	\$0	13
22076 Dilworth Sq	\$424,900	\$416,000	\$0	39
43179 Riders Sq	\$429,000	\$429,000	\$10,535	10
21949 Windover Dr	\$460,000	\$460,000	\$2,500	7
43103 Hunters Green Sq	\$464,900	\$458,000	\$5,700	23
21896 Schenley Ter	\$470,000	\$462,500	\$10,000	56
43254 Sunderleigh Sq	\$517,804	\$514,000	\$5,400	4
42963 Cedar Springs Ct	\$519,000	\$510,000	\$0	9
21533 Kisko Way	\$529,000	\$520,000	\$1,650	39
42846 Champney Ct	\$640,000	\$646,200	\$0	4
42658 Fairweather Ct	\$719,900	\$715,000	\$500	25
22172 Windy Pine Ct	\$769,900	\$765,000	\$0	3

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THE FABULOUS 40's

Saturday, August 30th Fabulous 1940s Party at Oatlands!

Featuring music by Doc Scantlin's Palmettos,
1940s themed cocktails by Catoctin Creek,
wines by Fabbiali Cellars and Willowcroft Farm Vineyards
and food by Magnolias at the Mill.

Information on this and other fun
Oatlands events and programs at www.oatlands.org

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Find Us On:



It's Time for the End of Summer Middle School Party - Help This Kids Event Run Smoothly by Giving a Helping Hand!

We need volunteers to help out with the party on Friday, August 15th, 6:30pm - 9:00pm

The following jobs are available:

Set up - 2 volunteers needed

Kids Check in - 2 volunteers

Food - 2-4 volunteers needed

Pizza - 2 volunteers

Ice cream - 2 volunteers

Floaters - 3 volunteers total needed, each volunteer has a one hour shift:

6:30pm - 7:30pm - 1 volunteer

7:30pm - 8:30pm - 1 volunteer

8:30pm - 9:00pm - 1 volunteer

Clean up - 4 volunteers needed

If you are able to help with this event, please contact Natalie Ihanainen, events@broadlandshoa.com, call (703) 729-9704 or sign up at www.SignUpGenius.com/go/70A0A4CAA829A46-endofsummer/18814319.



Briar Woods Future Falcon Mini Band Camp

August 19th and 20th

9:00am - 3:00pm

For all rising 7th and 8th Grade Students

Have fun and experience Marching Band first hand Under the direction of Dr. Duane Minnick and the Briar Woods Falcon Regiment Band and Color Guard

Registration Deadline is August 9th

\$95 Fee includes:

Drill Instruction

Flag for Color Guard

Sectionals

T-shirt

Flip folder with music

Snacks

Participants also receive FREE Admission to Future Falcon Night

For more information

Visit: www.bwhsmusicboosters.org

Contact: Mini_band_camp@bwhsmusicboosters.org

WE WANT YOU!

Keep Broadlands events going strong by becoming a member of the Events Committee.

The next meeting will be on **Monday, August 25th, 7:00pm** at the Clubhouse, 43360 Rickenbacker Square. You can see the building on the right side of the road off of Waxpool Road driving East from the Dulles Greenway overpass.

The committee welcomes all to attend and looks forward to hearing your great ideas and recommendations. In order to provide great events, we need help from neighbors like you.

Snacks and drinks provided.

For more information contact Natalie Ihanainen, events@broadlandshoa.com.



New from the Naturalist

By: Jessica Bukowinski, Broadlands Naturalist

Farewell to our summer intern

We have been lucky to have a Virginia Tech student, Ally Moser, volunteering her time at the Broadlands Nature Center for part of the summer. She helped with animal care and got a behind scenes glimpse at how both our little nature center and the Audubon Naturalist Society are run. Ally is headed back to school to continue her studies in Wildlife Science, and will be missed. In addition to hosting a college intern, we also welcome other volunteers here at the nature center, and I have been particularly grateful for the help of local teens: Julia McClafferty, Veronica Gomes, and Sahil Gangele in recent months. If you or your teen are interested in getting involved, you can download a volunteer application from our website.

Face to Face with the Mortality Rates of Baby Birds

Did you know that only one in five baby birds make it to adulthood? Usually nature takes its course behind the scenes, but sometimes our paths intersect with a baby bird, and it touches our hearts. Before you get involved, please take a moment to google "what to do when you find a baby bird." There are many articles online that will help you determine whether or not a bird is fledgling or nestling, and whether or not your intervention will lead to more harm than good. The Wildlife Rescue League runs a hotline staffed by trained volunteers who can assist you in making this determination. You can reach them at 703-440-0800.

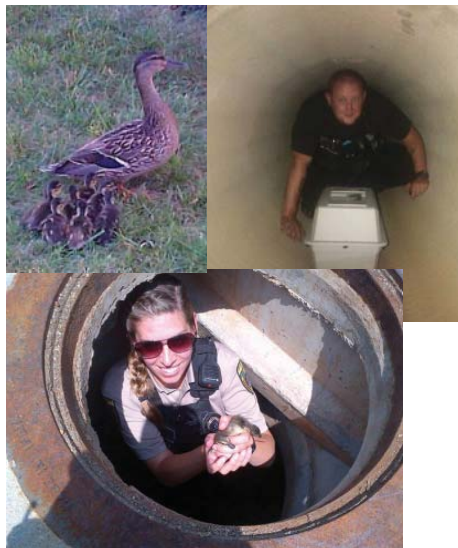
Back in July, Broadlands residents reached out to share a few local bird moments.



Unfortunately, this little Blue Jay ended up becoming one of the 80% of baby birds who do not survive to adulthood.

However, thanks to the persistence of Broadlands residents, Sandy Levin and

her family, these ducklings were reunited with their mother by Officers Stacks and Shires of Loudoun County Animal Services.



Photos courtesy of Loudoun County Animal Services.

If you come across a wild animal situation that you think Loudoun County Animal Services might be able to help with, please call them at 703-777-0406 or 540-882-3211.

The mortality of baby birds would be high with or without us. They face danger from weather, natural predators, competing species and disease, but they also face danger due to people, and often the faces of baby birds are far from our minds when we make decisions that impact them. When we choose to let our house cats go outside or when we choose to use herbicides or pesticides on our lawns and gardens, we are affecting many local wildlife residents.

It's Monarch Butterfly Season!

This is the time of year to watch for Monarch butterflies and to keep your eyes out for tagging and releasing events.

The Loudoun Wildlife Conservancy's Monarch Campaign has done a great job directing local public attention to the plight of the Monarch butterfly. Here are a few of the events they have slated for this month:

Let's Count Butterflies! Saturday, August 2, 9:00am. It's time for the



Loudoun Wildlife Conservancy's 18th Annual Butterfly Count. Come and have fun while contributing to butterfly conservation. You will visit locations that include butterfly gardens, sanctuaries, roadside wildflower areas and parks. We typically count over 2,000 butterflies in this single day and spot as many as 50 species. Our count circle stretches from White's Ferry in the east to the Appalachian Trail and the Blue Ridge Center in the west and south to Lincoln. No experience necessary, all ages welcome – you will be teamed with experienced leaders. There's a \$3 fee per adult that we pass through to the North American Butterfly Association, waived for Loudoun Wildlife Conservancy members as a member benefit. No fee for those under 18. **Registration Required: Sign Up Online** or contact Nicole Hamilton at nhamilton@loudounwildlife.org

The Magic of Monarchs - Wednesday, August 6, 2:00 - 3:00 pm., Cascades Library.

Monarch butterflies make an epic migration each year, a journey that passes right through Loudoun County. Join Loudoun Wildlife Conservancy to learn about monarch butterflies, their amazing migration, and how to help them by planting a monarch waystation garden. For ages 6 & up. **Questions:** Contact Nicole Hamilton at nhamilton@loudounwildlife.org.

Celebrate Butterfly Month at 868 Estate Vineyards., Sunday, August 10.

868 Estate Vineyards (Grandale Farm) has declared August Butterfly month! Come join the Loudoun Wildlife Conservancy to help celebrate butterflies. The day will include a couple of butterfly walks and wine tastings. There will be an art show during the month featuring butterflies. There will be a small fee, and tickets will be available through 868 Estate Vineyards. More details will be posted to our website closer to August.

I believe that connecting with nature brings out the best in all of us. You can reach me at naturalist@broadlandshoa.com. Learn more about the Audubon Naturalist Society (ANS) at anshome.org.



**SATURDAY,
August 9TH
THE BUG MAN!**

“The Bug Man” will showcase incredible and jaw dropping displays of world-wide insects, many of which are the largest species in the world!

This exciting program will introduce you to ecology and basic entomology of insects. You will learn about their importance, followed by their coolest defense strategies and life cycle.

Stick around after the program and watch Sunny the albino corn snake eat his lunch at 11:30am!

**Program Time:
10:00am-11:00am
Doors open at
9:45am**

Cost:

**Pre-paid price is
\$4.00/child. Payment
must be received by
noon Friday, August 8,
2014**

**Payment on day of
event: \$5.00/child**

**Pre-pay online at
broadlandsnaturally.org.**

**Broadlands
Nature Center**

**21907 Claiborne Parkway
Broadlands, VA 20148
703-729-9726**

www.broadlandshoa.org



Celebrating Over a Decade of Success with Our 11th Season!

2nd FRIDAYS MAY- AUG, 5:30 - 9:30pm

Hillside Park at 42935 Waxpool Rd.
(next to the old Stone House)

Bring your blankets and folding chairs, and enjoy a fantastic evening of music, food and fun brought to you by the Broadlands Live Committee, HOA and phenomenal sponsors who keep this show rocking for FREE year after year! **VISIT Facebook/broadlandslive and www.broadlandslive.com for more details and up to the minute updates!**

FRIDAYS	OPENING ACT	HEADLINER
May 9 th	Ashburn School of Rock (sounds of summer!)	Mama Jama (reggae and more!)
June 13 th	Diggity Dudes (Kids' Entertainers!)	Melodime (current and original rock)
July 11 th	Wapatuli (current hits)	The Monster Band (pop, funk, dance)
August 8 th	In Decision (classic rock and more)	Swiftkick (decades of great hits!)



NEW THIS YEAR: Road Yachts complimentary shuttle service throughout the Broadlands neighborhoods for clean, convenient transportation to and from each show. Shuttle arrives **approximately** every 20 minutes at each pick up point- please be patient! **Please check the website for shuttle locations, as they are subject to change.**
PICK UP TIMES: 5pm-7pm DROP OFF TIMES: 8:30pm-10:30pm

ALSO NEW THIS YEAR: SWAG BAG RAFFLE!

At each show one lucky attendee wins a Swag Bag full of \$100 or more in gifts from our Friends of Broadlands Live Sponsors! Click on this QR code → or visit our Facebook page ON SHOW DAY for the daily raffle post- LIKE the post and comment with your name to enter. That's it!! **Must be present to win!**



The Fine print: No Pets Allowed Please. No Soliciting for businesses, organizations or charities. BYOB but please leave the glass (bottles, drinkware) at home. All alcohol must be consumed in the Beer Garden. Whether you are 21 or 81, **YOU MUST SHOW ID FOR A WRISTBAND, NO EXCEPTIONS.**

Food, Drinks & Novelty items available- bring cash and enjoy dinner and a show!
Buffalo Wing Factory, Dominos Pizza, GG's Frozen Treats, Briar Woods Crew Club
Face painter "Sonia Flores" at every show plus special appearances by Balloon twister "Balloons by Mike!"



SPECIAL THANKS TO: Sunband Inc., First Impressions Dental, Cedar Run Landscaping, Bonefish Grill and the Broadlands HOA

Gardening with Moss

By Jill Johnson, Loudoun County Master Gardener

Imagine a tree-shaded velvety expanse of green that doesn't need mowing or fertilizing and rarely needs supplemental watering. "It all started with moss," writes Loudoun County Master Gardener Maria Daniels, in the latest Trumpet Vine, a LCMG quarterly publication. Taking advantage of a mossy spot in a side yard, Maria created a shade garden and carpeted the area with moss that she harvested from other places on her property. Although moss can be walked on (ideally barefoot!) Maria added stepping stones to give her newly dug moss time to establish.

Moss has been around for at least 450 million years and these hardy, yet delicate plants thrive in acidic, shady, compacted and wet conditions. It's a great ground cover for shade; helps prevent erosion, grows fast and low and deer don't eat it, yet it is seldom mentioned as a landscaping solution. Moss does require adequate moisture, but it needs a mere fraction of the

water that a suburban lawn requires. Sometimes, as in Maria's garden, one can add to existing moss. If it is already growing on your property, you are off to a good start, but it is also possible to establish moss where none has existed. Finding out your soil's pH and then amending accordingly to achieve a slightly acidic 5.5 soil analysis is the first step. (Soil test kits are available at the Virginia Cooperative Extension Office in Leesburg.)

Next step, according to Virginia Tech, is to sit back and wait for moss to come to you, or find moss suitable for your location and transplant. Moss is sometimes sold at local plant nurseries and can also be purchased online. For detailed instructions on either eradicating or growing moss, please see the Virginia Tech publication "Lawn Moss: Friend or Foe?" at www.pubs.ext.vt.edu/430/430-536/430-536.html.

I am adding a moss garden to my project list right now!



Sign up for The Trumpet Vine, the Loudoun County Master Gardeners quarterly newsletter that provides educational articles, seasonal advice, featured plants and horticultural news at www.loudouncountymastergardeners.org/gardening-advice/trumpet-vine-newsletter.



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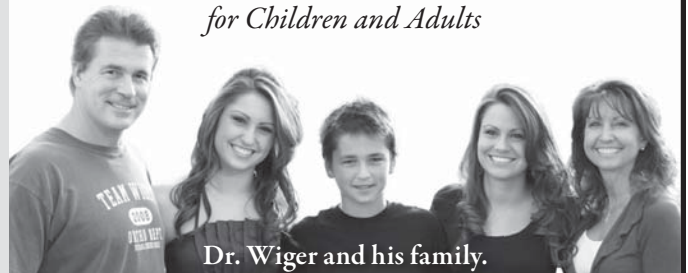
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Fix Your Neighbor's Car Campaign!

Ashburn Service & Tire Center is starting an annual charitable 'Pay It Forward' campaign! As the original owners, we want to give back to the communities that support us throughout the year and we want to extend a helping hand into an event that can help someone in need. In an effort to continue the culture throughout these communities that encourages helping and reliance through community interaction and neighborhood togetherness, our family of stores Ashburn Service & Tire Center, Centreville Tire & Auto and Elden Street Service Center (Herndon, VA) are hosting the first annual, **Fix Your Neighbor's Car Campaign!** This September we are giving away FREE vehicle repairs, FREE maintenance and FREE tires and the FREE labor that's required for those services as well. That's right, absolutely FREE! But we need your help! We plan to choose 10 of your neighbor's vehicles in the month of August who need help the most within your community, but we need to hear from you. Please submit letters or emails nominating someone in need. These letters and the names nominated will go directly to the owner's corporate inbox and be kept strictly confidential. Only the 10 selected will be contacted once they are chosen, and then walked through the process of getting their vehicle into one of our stores. The services for these 10 vehicles will be performed during the month of September. The requirements for need are on a case by case basis, so please submit them today! Submission deadline is August 31, 2014.

Please mail to: Attn: Gary Malm, 602 Elden Street, Herndon, VA 20170, or **email us at:** centreshore@gmail.com. Please stop by our Ashburn location at 44071 Ashburn Shopping Plaza or call (703) 723-9499 with any questions.



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It's the
End of Summer Middle School Pool Party!

**Friday August 15, 2014
6:30pm - 9:00pm.**

Southern Walk Pool

All rising 6th, 7th and 8th Grade Broadlands Residents and their guests are welcome!

Come celebrate the end of summer with your friends!

Enjoy music, video games, pizza and ice cream...and bring your floats for the pool!

We would love to have more volunteers. If you are available to lend a hand please contact Natalie Ihanainen at events@broadlandshoa.com.

Parents must sign their kids in and the kids that they are responsible for.

The HOA is not responsible for kids who leave the party premises.

Broadlands is Having a
Summer Blowout
Family Celebration!

Saturday August 9, 2014
4:00pm - 8:00pm.

Southern Walk Pool

Come end the Summer celebrating with your family and friends!

You'll enjoy great food, beer and wine, amusements and games for kids young and old. There will be face painting, glitter tattoos, balloon twisting, live music and a DJ! Bring your swim gear and take a dip in the pool while you are there.

Our Vendors:

Lost Rhino Brewery - \$4.00/glass
Wine by the glass courtesy of Vino Volo - \$4.00/glass
Astro Doughnuts & Fried Chicken
Randy Radish offering vegetarian and vegan cuisine
(ID required for alcohol)

Fundraisers:

Susan G, Komen 3-day team: various silent auction items
Briar Woods Cheerleaders: selling water bottles and flips for a buck

Entertainment:

Moon bounces, obstacles and games provided by Big Country Amusements
Game Truck Party
Local Ashburn band "**Just Another Scene**" 4:00pm-6:00pm
DJ Neal Keller 6:00-8:00pm
Briar Woods Cheerleading Squad

The Southern Walk Pool parking lot will be closed.
Walk, bike or park at the Nature Center or Mill Run Elementary parking lots.

Volunteers needed to make this event a success.
If you have an hour to spare, please contact Natalie Ihanainen at
events@broadlandshoa.com.

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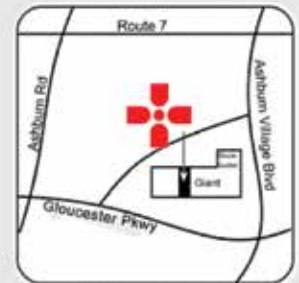


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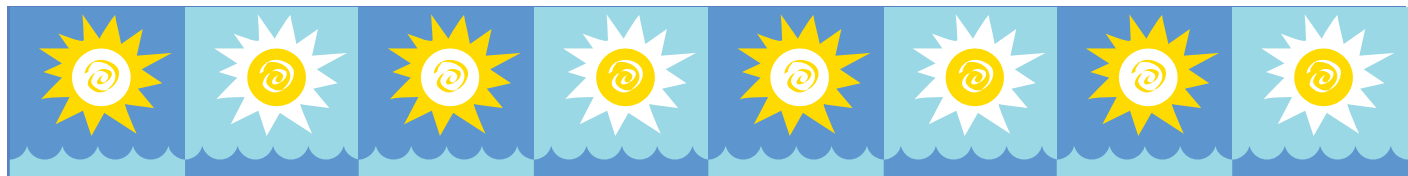
Joe Moini
571.437.6445

Joe.moinipanah@ackermansecurity.com



Cub scouts from den 4 of pack 1483 cleaned up the pond by the Community Center in late June. Three bags of trash were removed. They were excited to have Zane Dovel back participating in their service project!

Way to go Cub Scouts! Thanks boys for helping to keep Broadlands a beautiful community!



Cool Dips for Hot Summer Days!

Basil Parmesan Dip with Pita Chips

Basil and Parmesan are a classic flavor combination typically found in pesto. Sour cream is added to this dip to create a creamy alternative to snack on. Serve with crisp pita chips.

- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon salt
- 1 cup lightly packed basil leaves (about 1/2 ounce)
- 3/4 cup finely grated Parmigiano-Reggiano cheese
- 3/4 cup reduced-fat sour cream
- 2 teaspoons fresh lemon juice
- 1 garlic clove, minced
- Basil sprigs (optional)

Combine all ingredients in a blender or food processor; process until smooth. Scrape into a serving bowl using a rubber spatula. Garnish with basil sprigs, if desired. Servings: 8

MyRecipes.com

Avocado-Yogurt Dip with Cumin

- 3/4 cup plain fat-free yogurt
- 1/2 cup finely chopped red onion
- 3 tablespoons chopped fresh cilantro
- 1 tablespoon chopped seeded jalapeño pepper
- 2 tablespoons fresh lime juice
- 1 tablespoon ground cumin
- 1/2 teaspoon salt
- 3 ripe avocados, coarsely chopped
- 1 garlic clove, minced

Place all the ingredients in a blender or food processor, process until smooth. Serve with pita chips & veggies. Servings: 8 *MyRecipes.com*

The Best Bacon-Tomato Dip

- 1 cup sour cream
- 1/2 cup mayonnaise
- 4 ounces cream cheese, room temperature
- 1/2 cup shredded Cheddar cheese
- 1/4 cup chopped onions
- 1 tomato, seeded and diced
- 6 slices bacon - cooked & chopped

Stir together all ingredients. Chill for two hours before serving. Serve with crackers & veggies. Servings: 8 *AllRecipes.com*

quick and easy

Home Trampoline Danger: 1 Million Visits to ER, Study Says

By: Shari Rudavsky, The Indianapolis Star

Boing, boing, boing ... OWW! could be the anthem of the trampoline jumper — and that's a good reason to ban the things, said an Indiana University researcher.

A new study from an Indiana University School of Medicine researcher finds that from 2002 to 2011, accidents on backyard trampolines accounted for nearly 289,000 visits to emergency rooms for broken bones. Factor in all accidents, not just fractures, and the tally rises to more than 1 million ER visits, according to the study which published online in the *Journal of Pediatric Orthopaedics*.

"We are inundated with injuries," said Dr. Randall T. Loder, chair of orthopaedic surgery at the Indiana University School of Medicine and the study's lead author. "Kids need to be healthy and active, but this is not the way to do it."

His study, the first to look at fractures related to trampoline use nationwide, found that over 10 years, trampolines caused an estimated 288,876 fractures, at a cost of more than \$400 million. Trampoline injuries overall led to more than \$1 billion in emergency room visits. Loder, a surgeon at Riley Hospital for Children at IU Health, decided to do the study after seeing an increase in the number of patients with fractures suffered in backyard trampoline accidents. The American Academy of Pediatrics has recommended against backyard trampolines since 1999, and many homeowner insurance policies either prohibit them or have a clear exclusion for trampoline injuries.

Still, that doesn't stop parents from purchasing them.

And some, such as Mark Publicover, dispute how dangerous trampolines are. Publicover invented the trampoline safety enclosure about

15 years ago and founded JumpSport Inc., a San Jose-based trampoline company. If you compare the number of hours children spend jumping on trampolines compared with the time they spend in other activities such as biking or swimming in backyard pools or playing on swing sets, trampolines cause much fewer injuries, Publicover said. "If you look at all of the high energy activities kids can play in, trampolines end up being pretty much the safest things that they can do," said Publicover, who broke his leg on an earlier generation trampoline.



Eight years ago Jason Reese, a personal injury lawyer in Carmel, Indiana, purchased a trampoline for his three kids, now 14, 11 and 9; two years ago he replaced it with a large one he considers safer. He also hires an inspector to check the net once a year. Strict rules govern the use of the Reese family's trampoline. No more than four kids at a time. A parent must be home. Don't bounce against the safety net. And no one is to go airborne. The only injuries from their trampoline? A few bloody noses. "For the most part, like any other parenting thing, it comes down to supervision," said Reese. "You can do it safely." Still, he's amazed at what he sees in other people's backyards, from trampolines that have no nets, to those that sit on uneven surfaces to trampolines with decaying mats that provide iffy support. Little surprise that stories

about trampoline-related injuries are rife in the suburbs.

According to Loder's study, which included data from 100 hospitals nationwide, the number of injuries peaked in 2004 with about 110,000. Since then, the number has slowly dropped to an estimated 80,000 injuries in 2011. Safety enclosures like the one Publicover invented, now standard on trampolines, no doubt have had much to do with the reduction in injuries, he said. By 2004, 75% of trampolines had safety enclosures. At the same time, sales had gone from 600,000 a year just a few years ago to 1.2 million, Publicover said.

Doctors, however, would prefer to see much fewer injuries. "Whether it's 80,000 or 100,000, that's still a huge number of totally preventable injuries," Loder said. "The way to prevent it is not to go on it at all. There are lots of other ways to get exercise." The most common trampoline-related injury that Loder sees at Riley is an elbow fracture, which in some cases requires immediate surgery. Knee fractures that threaten growth plates and require surgery also are common, he said.

On average, patients were 9 years old; though those who have injuries of the spine, head, ribs and sternum — accounting for 4% of the injuries seen — had an average age of nearly 17, perhaps because they are bigger and can jump harder. The study looked only at backyard trampolines and did not include trampoline parks. Almost all of the fractures, 95%, happened at the injured person's home.

Loder does not question the appeal of trampolines, just whether they're worth the risk. "I'm sure they're fun," he said. "There's no doubt about it that they're fun. They're fun up until the time they get the injury."

BROADLANDS 2014 POOL LOCATIONS AND HOURS

Please do not forget to bring your Pool Pass ID, no one will be admitted to the pool without their pass. Hours are subject to change by the management for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check posting at pool for any changes to hours of operation.

Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

Standard pool hours will be 10:00 a.m. – 8:00 p.m. daily

Southern Walk Pool – 43081 Village Drive – 571-223-1331

Standard pool hours will be 11:00 a.m. – 9:00 p.m. daily; **August 1st to Labor Day:** 11:00a.m. – 8:00p.m. daily.

Community Pool – 43008 Waxpool Road – 703-724-7830

Standard pool hours will be 12:00 p.m. – 9:00 p.m. daily.

Adult Lap Swim only at Community Center Pool: Tuesday, Wednesday & Thursday, 5:30 a.m. to 7:50 a.m.

Special Pool Hours/Closings

Sat, August 9, **Summer Blowout**, Southern Walk Pool closes at 4:00 p.m. to non-residents. Parking lot closes at 2:00 p.m. for set up.

Fri, August 15, **Middle School Kids End of Summer Party**, Southern Walk Pool closes at 5:30 p.m. Party starts at 6:30 p.m. for rising 6th, 7th and 8th grade Broadlands Residents.

Broadlands Pool Rules

GENERAL RULES

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- **Children 5 and under must be accompanied and supervised by an adult 18 years old or over**
- **Children 6 to 11 years of age must be accompanied and supervised by an adult or care provider at least 15 years old**
- Children under 16 years must pass the Swim test to use the diving board and slide
- **Guests must be accompanied by members with pool ID.** Each adult member (18 years or older) is limited to bringing 3 guests per visit. A member 5-17 years of age is limited to 1 guest under 18 or 3 adult guests (18 years or older) per visit. Members must use guest visits for each guest aged 5 and older.
- Pool members **are responsible** for the conduct of their guests
- Parents **are responsible** for the safety and conduct of all children in their care
- **Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules**
- Members using the pools do so at their own risk
- No lifeguards are on duty at the wading pools

**MEMBERS MUST COMPLY WITH ALL
LIFEGUARD INSTRUCTIONS**



Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website www.broadlandshoa.org



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By, Katie Herbert, CPT, Tabata Bootcamp Master Trainer
locotabatabootcamp@gmail.com

The summer months can wreak havoc on a workout routine. With kids home, camps, vacations and cookouts galore sticking to a normal schedule can seem like more of a chore than cleaning toilets. Never fear my friends, this month I kept the reading light and have compiled a list of my favorite kick your booty exercises. I chose these exercises because they require minimal amount of space and no equipment. Best yet, almost anyone can do these and there are plenty of modifications to make them easier for newer exercisers as well as ample opportunity to kick it up for the seasoned vets. Enjoy.



1. The Push-up



Push-ups are an amazing move that strengthen and tone the core and upper body. If you play your cards right, you get a great cardio training in as well.

If you haven't done push-ups in a while or you are new to the idea start from your knees, just above the kneecaps, not on the joint. Remember to keep the body in a nice straight line as you lift and lower.

If you are already doing push-ups, you can change them up by bringing the arms in narrow to skim the body. This change will put the focus on the triceps and wake up muscles you never knew you had!

2. Squats



Squats probably need no introduction, but just for fun lets talk squats. This move engages the core and works the lower body all while raising the heart rate. Squats can be big or they can be small, where you take it depends completely on your fitness level. They are great though because most everyone can do some form of a squat. If you need to take it up a notch you can add a jump. If you are really feeling crazy you can do your squat jump with $\frac{1}{4}$ turns.

As you squat, focus on the loading phase (lowering phase) to really turn on the glutes and get the most bang for your buck! Also, remember to keep the core strong, shoulders down and back and knees behind those toes.

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3. Plank



The plank is a pretty straight-forward exercise that builds core strength. Planks are great because you can change them up so much to challenge yourself as you grow stronger and to keep you from getting bored. A basic plank can be performed from the forearms or with arms straight and from the knees to start or from the toes. You can play with raising one foot off the floor at a time to up the ante. As with push-ups, keep the body in nice long alignment and brace the core.

4. Burpees



Last but not least is the burpee, an exercise that has been haunting PE classes for years. While many people bemoan the burpee, it is one of the best exercises out there. This exercise raises the heart rate in no time flat all while hitting every major muscle group and putting the core on full tilt. If you are new to burpees start slowly, you could even use a chair and walk the feet back until you feel comfortable going all of the way to the ground. As you get stronger you lose the chair, then you can add a jump out and jump in with the feet instead of walking them. Finally, you can add a jump at the top.

These exercises can be done alone or they can be strung together to create a circuit. An easy calorie burning workout could be as simple as performing each exercise for 30 seconds, take a quick 10 second break then move to the next exercise; complete that a few times, as your fitness level allows. Bing, bang, boom! You didn't need any equipment, space or tons of time, but you raised your heart rate and increased overall strength.

Go you!

Broadlands "Boys Night Out" Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday Nights for a men's doubles ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking.

The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night starting at 6:00pm, rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com or visit the Broadlands tennis website: www.BroadlandsTennis.org.



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Broadlands Tennis Programs - Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands community

SUMMER CAMPS -

ENROLLMENT IS OPEN!

Weekly Camps - ongoing through August 28

AFTER SCHOOL SESSIONS

All session are 6 week sessions unless otherwise noted.

Session IV: Sept 1 - Oct10, 6 weeks

Session V: Oct 13 - Nov 21, 6 weeks

*Extended hours of Tennis available with pick up at 5:00pm or 6:00pm.

8 WEEK SESSIONS

Group Classes

Session III: ongoing - Aug 17

Session IV: Aug 18 - Oct 12

1 Hour Junior Clinic

Ages 4-10: All levels

Mon through Fri, 4:00pm & 5:00pm

Sat & Sun, 10:00am & 11:00am

Ages 11-16: Beginners

Mon through Fri, 6pm

Sat & Sun, 10:00am & 11:00am

1.5 HR Junior Clinic

Ages 10-16: Advanced/ Intermediate players

Mon through Fri, 6:00pm

1.5 HR ADULT CLINIC - All levels

Wed 9:00am

Tues & Thurs 7:30pm

Sat & Sun, 8:30am

Resident / Non Resident Pricing

1 hour class

\$128 / \$144 per session

(8 weeks) 1 class a week

\$240 / \$272 per session

(8 weeks) 2 classes a week

\$336 / \$384 per session

(8 weeks) 3 classes a week

Clinic Drop In Fee:

\$20 residents; \$22 non-residents

1.5 HR CLASS

\$180 / \$204 per session

(8 weeks) 1 class

a week

\$336 / \$384 per

session

(8 weeks) 2 classes a week

\$468 / \$540 per session (8 weeks) 3

classes a week

Clinic Drop In Fee: \$28 residents;

\$30 non-residents

Weekend Junior Round Robin Tournaments.

Private / Group Lessons

1 player \$60.00

2 players \$35.00 each

3 players \$25.00 each

Email: LuisTennisAcademy@gmail.com

questions or visit www.LuisTennis.net

for details and

registration for all programs.






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Broadlands Helpers List

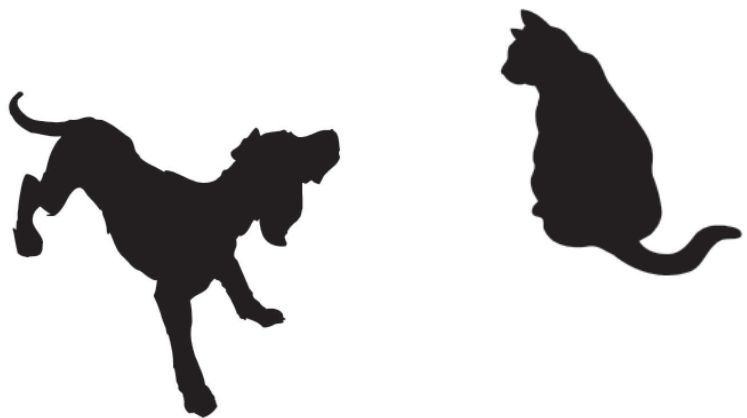
The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1996 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid
- (D) Dog & Cat First Aid

**All area codes are 703 unless noted.*



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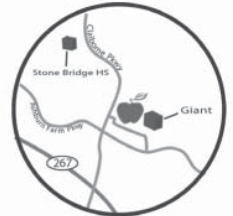
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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.



ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Community Center.

ASHBURN CLASSICS

The Classics meet the 2nd Saturday of each month and have several satellite clubs such as Bridge, Book Clubs, Bunco, Mexican Train, card games and lunch groups. For more information please call Carmen at 703-723-3724 or Bonnie at 703-726-8191.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit www.toastmastersclubs.org.

BRIDGE GROUP

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm to 8:00pm at 42809 Vestals Gap Drive.

BAC - BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at jmbenteler@gmail.com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS/ASHBURN NEIGHBORHOOD BIBLE STUDY

Please join us for an in-depth Women's Bible study beginning Tuesday, September 2, 2014. We will begin a new 9 week study - *Children of the Day* by Beth Moore studying 1 & 2 Thessalonians. This is a community interdenominational Bible study group that meets weekly on Tuesday mornings from 9:15am to 11:15am in a neighborhood home. Please contact Chris @ 703-729-2095 for information or questions.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Pigg, (703) 729-6086 or troophillside@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF ASHBURN

Broadlands & Brambleton resident Moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Mom's Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact Crystal Wasilausky for membership info: crystalwasilausky@yahoo.com.

MOMS IN PRAYER

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Monday mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's Disorder. For more info call Christine Kutt, 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

AUGUST CLASSIFIED ADS

EARLY EDUCATION/DAY CARE

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands has openings in its 2 ½ year old program beginning in the fall. Classes are held Tuesday and Thursday mornings. There are also limited spaces available in the three and four year old programs. For more information or to set up a tour, please contact Judi Ratcliffe at gminds@verizon.net or (703)858-7966.

LITTLE THINKERS HOME PRESCHOOL: Offering programs for 3's - T/TH (9-11:30), cost is \$180 and for 4's - M/W/F (9-11:30), cost is \$230. Teacher has 6 yrs. of experience teaching preschool • Phonics based curriculum accompanied with hands-on activities in math, art, science, music, and reading • Small class size. Please contact Leanne Custer, 801-722-9599.

INSTRUCTION - ARTS/MUSIC/RECREATION

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KIDZART SUMMER CAMPS! Full Day and Half Day! The perfect cure for summer boredom! Three themes: "Art Magic", "Mystical Magical Fantasy", "Teenz Camp". M-F camps available at several Loudoun County locations. See our website nova.kidzart.com or call 703-724-7411 (Broadlands residents).

INSTRUCTION - TUTORING

A-1 FORMER LOUDOUN COUNTY MATH TEACHER: Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Pre-Calculus and Calculus. SAT prep and test taking strategies. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu_911@yahoo.com. Please visit: A1mathtutor.weebly.com. Visa, Master Card, Discover and Amex accepted.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 22 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

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Classified Ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

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Broadlands, VA 20148

For more information contact:

Advertising Manager: Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

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Golden Pond..... 31

FINANCIAL SERVICES

Apple Federal Credit Union..... 26

Lori Christ, CPA LLC..... 20

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Podiatry, Foot Surgery & Sports Medicine 24

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ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 4,000 homes and businesses in the Broadlands community. The Newsletter Editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF or TIFF. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. **DEADLINE: Ad and payment submissions are due the 1st day of the month prior to the issue. (Ex: January 1st for February's issue.)**

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For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL INFORMATION

The deadline for editorial submissions is **Noon on the 10th of the month**, or Noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.



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