RECEIPTION OF COMMUNITY News

October 2011

Pile On The Fall Fun... Halloween Events:

- 16th Halloween Costume Swap, page 4
- 23rd Annual Halloween Parade, page 5
- 28th Kids Halloween Costume Party, page 4
- 29th Adult Halloween Costume Party, page 5
- SWHOA OpenBand Public Hearing, Oct 11, page 10-12
- Piranhas swim team's spectacular season, page 27-29

National Wildlife Federation Certified Community Wildlife Habitat Photo Courtesy of Natalie Ihanainen



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BROADLANDS



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HOA Office and Website

21907 Claiborne Parkway Broadlands, VA. 20148 (703) 729-9704 Fax: (703) 729-9733 Òpen Monday - Friday 9:00am - 5:00pm www.broadlandshoa.org

Armstrong Management Services

Assessment Information Office: Direct Phone: (703) 679-1541 FAX: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to: Armstrong Management Services P.O. Box 7778 Philadelphia, PA 19101-7778

Southern Walk Board of Directors (Open Band Contract Administration Only)

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Lisa Matthews - Audubon Naturalist, (703) 729-9726. naturalist@broadlandshoa.com. **October Hours:**

Tuesdays	12:00pm - 3:00pm
Wednesdays	10:00am - 5:00pm
Fridays	9:00am - 1:00pm

Natalie Ihanainen - Newsletter Editor (703) 729-9704, nihanainen@ broadlandshoa.com

Stassa Collins - Newsletter Classified & Display Ads Manager, (703) 729-9704, scollins@broadlandshoa.com

Robin Crews - Secretary to the Modifications Subcommittee, (703)729-9704, rcrews@broadlandshoa. com

Briar Wood High School Opens Second Entrance

Although the entrance to Briar Woods High School met safety standards, it was not safe. Great job to the conscientious parents and the principal who advocated for a second entrance and to the County school and transportation planners for listening. Lastly, hats off to the crew that endured the heat to get the road built.

The entrance behind the school will mean that no driver (young or old) will have to make a hazardous left turn onto Belmont Ridge Road ever again.

Thanks for putting safety first!



6:00p.m. – 7:30p.m. at the Community Center

Prizes for: Most Original Costume, Scariest Costume, Best Group Costume Drinks and Snacks provided, Music by DJ and dancing by you! Bring your friends!

Sponsored by your Events Committee CHAPERONES AND VOLUNTEERS ARE NEEDED! Please contact Tammy Wells at: tammy@jwells.us or (703) 724-0809

Trick or Treat!



Broadlands Annual Halloween Parade Sunday, October 23rd at 4:00p.m. The parade route begins at the path by the Community Center

Please wear a costume and follow all of your friends as we parade from the Community Center through the Haunted Tunnel and trick-or-treat along the path around Hillside Park!

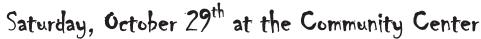
The technology committee has a special surprise in store for us all at the end of our spooky trek!

Mom's and Dad's, don't forget your costumes and cameras. Family and friends who choose not to walk the route may watch and enjoy from Hillside Park. Wagons or strollers are welcome. Adult supervision is required. Best Family Costume wins a prize!

In case of bad weather the parade will be cancelled, but treats will still be distributed inside the Community Center at 4pm.

This event is sponsored by the Events and Technology Committees. If you would like to volunteer for this or other committees, please contact sunny@ smartneighborhood.net. THANKS!







8:00 pm to Midnight Prizes for: Most Original Costume Best Dressed Couple or Group Most Provocative



All drinks will be provided, to include the infamous Caldron of Truth. Music by DJ and dancing by you.

Please bring an appetizer to share with your neighbors.

Better yet, bring a neighbor to share with your appetizers.

Sponsored by your Event's Committee.



Broadlands Live! Ends Another Great Season on a High Note!

Once again, Broadlands Live! transformed the natural ampitheater in our own Hillside Park into a rocking great time. Mother Nature had her way with us, but we didn't let it get in the way of our fun. When the storms passed



us by, we partied on. Everyone who attended had a blast with friends and neighbors thanks to the generous donations of time, talent, funds, and supplies contributed by the entire community. This event is truly an effort that incorporates many local groups to entertain a very special population—you.

These shows were made possible with the generous monetary support of the following businesses including Armstrong Management, Broadlands HOA, Costco and Wegmans:



We thank Broadlands Family Practice for volunteering their time to ensure our safety. We are additionally grateful for help and supplies from Ashburn Rental. We wouldn't have had such a great time without some great music and entertainment from Full Mesh, Yosi, Tom Principato, Duffy Kane, Pebble to Pearl, A+ Dropouts, Johnstone and Jah Works. Thanks also to all of our local vendors Domino's, Hawaii's Best Shave Ice Co. and Foster's Grille for making dinner easily available on these fun nights. And last, but certainly not least, thanks to all of the volunteers who made this event happen in the first place! The committee and the groups that lent a hand all deserve a huge pat on the back! Ice Angels and Loudoun Youth, you are the best.

A special thanks to Sexton Security who helped secure the event by IDing attendants and keeping the grounds safe. Will Schmidt of Sunband always does a fantastic job with our set up and break down. A huge thank you to Will for being so helpful and always coming through for us.

All of our sponsors, vendors and performers are listed on the website www.broadlandslive.com where links and phone numbers for many of them can be found. We encourage all who partook in the events to patronize these contributors—we want to reciprocate their unwaivering support!

Broadlands Rocks and so do you! Call our event line or log onto our website to check out the latest news on this event. We will start working on the 2012 season in January, so please contact us if you would like to participate. We've heard so many times that people would like to have more shows over the summer. This is possible with a large enough group of people to help organize the events. If you enjoy the shows now, you'll love them even more when you become a part of their creation. For more information on volunteering for Broadlands Live!, contact Tammy Wells at 703-724-0809. It's a lot of rockin' fun!

Candidate Forum Scheduled

The Broadlands HOA will sponsor a Candidate Forum for the Broad Run District Candidates for Loudoun County Supervisor on Thursday, October 6, 2011, at 7:00p.m.

The Forum will be held at the Broadlands Nature Center, 21907 Claiborne Parkway, Broadlands, Va.



Cliff Keirce



Andrea McGrimsey



Shawn Williams

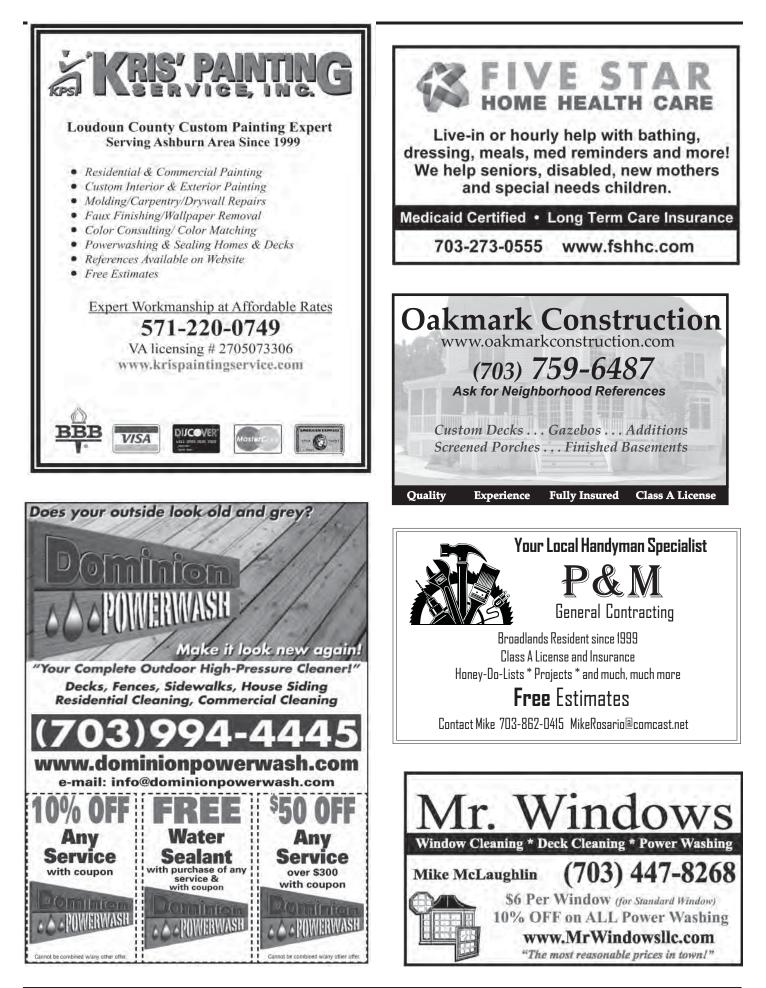
ASK THE CANDIDATES

The candidates for Loudoun County Supervisor from the Broad Run District want to know what is important to you!

They will be sharing their views and answering your questions at **the Broadlands Candidates Forum on October 6**th **at 7:00pm at the Broadlands Nature Center**. In order to make the most efficient use of the time scheduled for the Forum, we would like to have questions submitted in advance as well as questions from the audience. We will publish the candidates' answers in the November issue of the Broadlands newsletter.

County growth, taxes, business development, education, the Metro? What's important to you? Find out where the candidates stand on the issues facing Loudoun County today and in the future.

Submit your questions by email to candidateforum@broadlandshoa.org no later than the close of business on **October 5th**.



Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE

SUBMISSION DATE

October 05, 2011 October 19, 2011 November 16, 2011 December 21, 2011 September 30, 2011 October 14, 2011 November 11, 2011 December 16, 2011

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect[™] is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.

Homeowners Association Board of Directors Meeting

Tuesday, October 11, 2011 at 6:00 p.m.

in the Nature Center conference room

Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

NO MORE LATE FEES!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your personal account on the same day each month and automatically applied to your HOA account...no worrying if your check arrived on time and NO MORE LATE FEES!

You can pick up an application at the HOA office at the Nature Center or online at http://www.broadlandshoa.org. Click on 'HOA Forms' in the directory and then on 'Auto Pay Application'.

Southern Walk HOA Board of Directors Meeting Thursday, October 13, 2011 at 6:00 p.m.

in the Nature Center Conference Room



September 22nd, 2011

TO: All Southern Walk Homeowners RE: **OpenBand Public Hearing, October 11th, 2011**

Dear Homeowner,

An OpenBand Public Hearing has been ordered by the Loudoun County BoS regarding OpenBand (OB) cable services. It is critical that as many Southern Walk (SW) homeowners attend this meeting and provide comments to the Loudoun County BoS. The public hearing will be held:

October 11th, 2011, 7:00 PM Loudoun County Administration Building, BoS Boardroom, 1st Floor 1 Harrison St., S.E., Leesburg, VA.

In an effort to assist homeowners with their public comments, the SWHOA has assembled the following data points:

- OB has had over six years to improve their video services to ones comparable to other cable providers in Loudoun County, and they have failed to do so
- OB's customer service consistently closes video trouble tickets without contacting customers or resolving the reported video issues
- Residents experience poor video quality on a near daily basis ranging from: Pixilation rendering video content un-viewable, Loss of video signal, Loss of audio, Set top box failures with constant reboots, Audio/Video synchronization issues
- Lack of comparable HD Channels: OB: 58, Verizon: 149, Comcast: 153, DirecTV: 165
- Limited Video on Demand
- Limited digital channel lineup & quality programming/channel content
- OB lacks and has given no indication they will deploy the following features, which are currently provided by their competitors: Whole house DVR, iPad or Smartphone applications, HBO-Go, Enhanced set top box features (e.g., Facebook, crime reports, weather), 3D Content
- OB's basic and premium services cost nearly 50% more than their competitors: Each homeowner is
 required to pay \$52 per month for OB's HOA basic video service, which includes; one set top box, two
 DTAs (digital to analog converter box) and a little over 100 channels, many of which are still analog
- OB has multiple blanket easements that encompass your entire property, this prevents any other cable operator from providing service to your home

We encourage all residents to attend the October 11th OpenBand Public Hearing and recommend homeowners contact the Clerk of the BoS, before 12:00 Noon on the 11th, to preregister to speak. The Clerk can be reached at 703-771-5072.

Thank you in advance for your participation in this important matter and we look forward to seeing many of you at the October 11th OpenBand Public Hearing. Should you or any of your neighbors have questions, please contact me directly at 571-222-4205.

Sincerely,

Erika Cotti, President Southern Walk Homeowners Association



Frequently asked Questions about Southernwalk (SW HOA) and OpenBand (OB):

1. Why did the Special Assessment increase from \$95 to \$155? In July of 2010 the SW HOA sent out a survey to all residents and we informed the membership that a special assessment" equivalent to a monthly assessment maybe levied". In May of 2011 the SW HOA sent out a second Town Hall letter and we indicated the assessment would be \$95. After further research of the SW HOA bad debt, writing off portions of uncollectable bad debt and anticipated legal expense of the lawsuit, the Board of Directors voted to increase the special assessment to \$155.

2. Why did the SW HOA levy another special assessment? The September 2011 special assessment was the first time the SW HOA has ever levied a special assessment. In the fall of 2010 the Broadlands HOA levied a special assessment to cover snow removal cost & accumulated bad debt.

3. Will the SW HOA levy an additional special assessment for the legal fees? We are hopeful that another assessment will not be required, but we cannot predict the future and our legal costs will depend in part on how OpenBand responds. Our goal is to save money for homeowners by securing a better deal for telecommunications services. In other words, we expect that the upfront legal costs will pay for themselves through future savings to homeowner's assessment.

4. When did the SW HOA file suit against OB and Why?

- In June 2010 the SW HOA sent a letter to OB stating that they were in breach of contract, because OB no longer had a
 valid video franchise. Per the HOA contract & County law OB is required to have a valid franchise.
- In September of 2010, the SW HOA sent a second "breach of contract" notice to OB, stating increased cost, technology
 deficiencies in OB's service offerings to resident and OB's lack of customer service.
- In addition to sending OB several "breach of contract notices", the SW HOA met with OB on numerous occasions. The
 purpose for these meetings was to discuss lowering cost for our residents and to OB's questionable performance.
- During each of these meetings, OB's attorneys stated "no term of the HOA contract will be discussed or modified". OB
 went on to say "there are remedies within the contract to use arbitration to resolve these issues".
- In the same time frame, the SW HOA was working very closely with the Federal Communications Commission. And in February 2011 the SW HOA filed an "informal complaint" with the FCC. After several meetings with Congressman Wolf's office and the FCC's Enforcement/ Media Bureau. The FCC requested mediation between OB and the SW HOA. OB declined the SW HOA request for FCC mediation.

Based on these meetings it became obvious that OB was unwilling to lower the cost and gave little to no insight if they would be agreeable to improve service to residents.

5. Why did the SW HOA decide to file a lawsuit versus going to Arbitration? In the HOA teleo contract, if a party is put on notice of breach, that party has 45 days to cure the issue(s). The HOA contract also defines AAA Arbitration as the mandatory path if a breach is documented. The SW HOA researched the cost and any benefits of using AAA. Since the HOA contract value is well over 1 Million dollars, AAA requires a minimum of 3 arbiters, with an average cost of \$100,000 per arbiter. In addition to the previously mentioned cost, if the HOA did not prevail in arbitration, we would also be required to pay for OB's legal expenses. In February of 2011 it became obvious to the SW HOA that OB was unwilling to make any reasonable concessions.

6. Why was the SW HOA case dismissed? During a July 29th hearing, Judge Lee dismissed the May 13th SW HOA complaint without prejudice. Since this is a case of "first impression" it is not uncommon for an initial suit to be dismissed. Judge Lee's motion allowed for the SW HOA to file an amended complaint. On August 4, 2011 SW HOA filed our amended complaint, complying with Judge Lee's request. Our amended suit addresses the issue(s) of OB's exclusive access to the SW community. It further explains the complex scheme that Van Metre and OB created which prevents any other wire line telecommunications company access to our community.

7. Did the SW HOA file an amended suit? Yes, on August 4, 2011 we authorized an amended suit. Our amended complaint has several counts seeking relief for our homeowners. The HOA has requested a declaratory judgment seeking that OpenBand's enforcement of the exclusive easement(s) and telecommunications services contract is void and declared unconscionable. On September 9, 2011 a Federal Judge ruled that OB's motion to dismiss the SW HOA's amended suit was denied

Continued on page 12



8. Why is Southernwalk not working with Lansdowne? We have reached out to Lansdowne on the Potomac HOA in the past but they have chosen to take their own path. Although they have a similar arrangement with OB they are a full HOA responsible for pools, trash and snow removal, etc. SW HOA exists solely for the Openband contract. These differences can have impacts on legal strategy and costs, which make it difficult for the two organizations to agree on a best course of action.

9. What is the difference between Lansdowne suit and Southernwalk's? On August 3, Lansdowne notified their homeowners that a special assessment of \$300 to \$500 would be levied on the 2,250 homes in their community for their anticipated legal expenses. While our suits are very similar, Lansdowne has several distinctions: it includes 11 counts, it names 7 defendants, will require extensive discovery, depositions and interrogatories. Lansdowne's suit alleges a conspiracy and other anti-trust violations. On August 16, Lansdowne on the Potomac filed suit in Federal District Court. After carefully reviewing Lansdowne suit and comparing it to the SW HOA's amended complaint, it is clear there are several portions of Lansdowne's suit, which are nearly identical to Southerwalk's amended complaint. While the SW HOA suit, we have focused on the federal laws prohibiting exclusive access (FCC 07-51) and the self-dealing of Van Metre & OB. In an attempt to keep the SW HOA legal cost down, we have requested a "Declaratory Judgment", which will require minimal discovery or depositions.

10. What is the time line for the SW HOA's suit, how long with this last? Since the SW HOA amended our original suit, we retain our original filing date; May 13, 2011. Our suit was filed in the Eastern District of Virginia, which is affectionately known as the "Rocket-Docket". Notwithstanding, we expect a decision will be made in early 2012, because of the delays made and put forth by OB.

11. What are the possible outcomes the lawsuit hopes to achieve? The SW HOA desire is to improve service and lower the cost for these services to our homeowners. The goal of the lawsuit is to enable homeowner a choice in providers.

12. Why is the SW HOA not being transparent? We are constantly striving to maintain transparency. We hold monthly meetings, which are open to homeowners on the 2nd Thursday of each month at 6:30 PM at the Broadlands Nature Center. Our contact information is in the Broadlands newsletter, the <u>broadlandshoa.org</u> website, and the <u>swhoa.net</u> website. The Broadlands newsletter recently has often had full-page postings from the SWHOA Board. This is our second town hall meeting in five months. We also post updates on channel 16. We are setting up a email listserv so that interested SWHOA members can receive updates by email. If you are interested in being on this list please see one of the board members for a signup sheet. Due to the ongoing legal matters, there is some information we simply cannot share and some questions, which would have to be deferred to legal counsel. We strive to provide the best communication we can while maintaining confidentiality where needed.

13. What are easements and why are Comcast and/or Verizon not allowed to provide service in SW? Easement(s) are a portion of land that a teleco or utility provider access to building their network. Easements are effectively the access for utilities to build their network. Most often easements are established in what is known as the VDOT public-right-of-way and are limited in their encroachment onto privately owned property. The distinguishing factor in SW is; in 2001Broadlands Association (Master HOA) & Broadlands Associates while Van Metre controlled both entities granted OB "blanket exclusive" easements to the entirety of SW. The SW HOA does not own any common property, the Broadlands HOA owns and maintains the common property where OB's easements are placed. SW does not have the authority to grant another easement to wireline providers like Comcast or Verizon. Broadlands Association granted OB a total of three easements, they are as followed: Easement 1, Easement 2 and Surviving Easement. Each of these agreements states: OBs exclusivity, the term (or length of agreement) is perpetual in nature and requires the "written permission of OB" for the Broadlands HOA to grant another easement to any other wire line provider. OB's exclusive access does not apply to the northern section of Broadlands (North of Turro Parrish/Waxpool intersecting with Claiborne Parkway) and does not impact the Broadlands community at large. The SW HOA board continues to engage the Broadlands (Master) HOA to find a reasonable solution to the easement(s) issue

14. What can homeowners do to assist these efforts?

- Document your service deficiencies; open up a trouble ticket when an issue with service occurs.
- If OB is unable to resolve the issue within 24 hours, open a Loudoun County Cable complaint via the following website: www.loudoun.gov/Default.aspx?tabid=3078
- Please send your trouble ticket numbers to the SW HOA board via email.
- Talk to your friends and neighbors to make sure they also document service issues
- · Email your concerns about OB's (video) service to the Board of Supervisors
- · Stay informed, visit the SW HOA website; www.swhoa.net



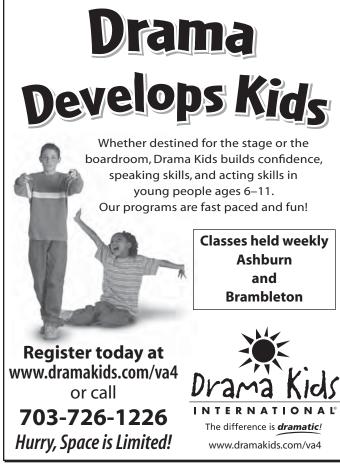
For details on how to apply email: cascadesfestival@gmail.com

Junior Troop 3654 Earns their Bronze Award!

Members of Junior Girl Scout Troop 3654 earned their Bronze Award, the highest award a Junior Girl Scout can earn. In order to earn this award, the girls completed a service project that benefited the Long Term Nursing and Rehabilitation Center at Inova Loudoun Hospital. Troop 3654 sewed activity aprons for the residents of the rehabilitation center to use. These aprons were designed for use by patients with Alzheimer's disease and dementia. The girls sewed implements onto the aprons that the patients will manipulate so as to practice their fine motor skills.

When the aprons were completed, the Troop delivered them to Inova Loudoun Hospital on August 4th. In addition to delivering the aprons, the girls visited and played bingo with patients in the rehabilitation center. They wrapped up their visit by helping to serve ice cream to the residents.

Congratulations Troop 3654!





Pictured (from left to right): Madalyn Sica, Tanvi Vippa, Katie Bushman, Sydney Maloney, Brianna Cervantes, and Maggie Colangelo.

Not pictured are: Adithi Ramakrishnan and Belle Arze

Photo by Lisa Colangelo

Saturday Family Days at the Nature Center

Family Programs at the Nature Center Welcome to All Ages \$10/Family up to 5 members, \$2.50/additional family members \$5/1 Adult + 1 Child

October 8th at Noon Spiders!

Creepy crawlers? Man's friend? Come learn about the fascinating spiders and make a craft for Halloween. We will learn about the spiders you can find in Virginia by sight AND by the kind of web they weave. We will also learn about the spiders that aren't really spiders at all!

November 12th at Noon Talkin' Turkey!

Benjamin Franklin wanted the turkey to be the national bird. Come and find out why this majestic bird was once considered to be glorious enough to be recognized as a symbol of our country. Stories and crafts will round out

our explorations.



You've Got Questions, We'll Get the Answers Wildlife Habitat Committee's All New online Feature

Ask the gardening expert, Debbie Dillion and the tree expert, Jeremy Baker all your gardening and tree questions. Please send your questions online, visit www.BroadlandsNaturally.org

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Ashby Ponds Third Annual Holiday Bazaar

Don't miss on this opportunity to get your holiday gifts and treats at the Ashby Ponds third annual holiday bazaar on **Saturday, November 12th, 2011, 9:00a.m. - 3:00p.m.** in the community Club House.

Quilt raffle - \$1.00 per ticket Baked Goods Cards and Notes Holiday Gifts and Decorations Handmade Knit Items Plants Santa's Shop for Kids Stitchery Woodwork All items sold at the bazaar are handmade.

Ashby Ponds is located on the corner of Marblehead, Loudoun County and Glouchester Parkways. The entrance to the development is located on Glouchester Parkway. Visitors are required to go through a guard gate. There will be a shuttle bus to ferry shoppers from the parking lot to the bazaar entrance.

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More Than Just an Act Drama Kids Program Comes to Loudoun County

Realizing the opportunity to make a "dramatic" difference in the community, local entrepreneur Marla Schafer has set out to build the speech skills and confidence of children throughout Loudoun by offering a new program that is changing the "scene" of traditional drama instruction.

Schafer recently launched Drama Kids of Loudoun, part of the largest after-school drama program in the world, with more than 40,000 students currently enrolled at 1,000 plus locations both in the United States and internationally. Its copyrighted curriculum features original, creative lessons with a built-in advancing scale of language development that enables students of different ages and abilities to relate to the program and progress at their own rate. Its curriculum differs significantly from traditional drama programs, with an emphasis on activities that focus on verbal dynamics, creative movement and dialogue development.

"At Drama Kids, children have fun learning important communication skills they will need to succeed in life," said Schafer, who owns and operates Drama Kids of Loudoun. "The skills they learn in our program gives them the confidence they need for basic activities required at school, such as giving a report to the class, reading aloud in a group setting or participating in classroom discussions. To me, the definition of a `quality after-school enrichment program' is something that maximizes what is taught during regular school hours, yet be so enjoyable that children don't even realize they're learning. Drama Kids fits that mold perfectly."

Drama Kids of Loudoun offers age-appropriate classes for elementary students ages 6 through 11 years old. Classes meet once each week for one hour at locations throughout Ashburn, South Riding and greater Loudoun. The program is designed to allow new enrollment throughout the year, space permitting. Drama Kids also offers Summer Camp and an In School program that brings its innovative curriculum directly into the classroom.

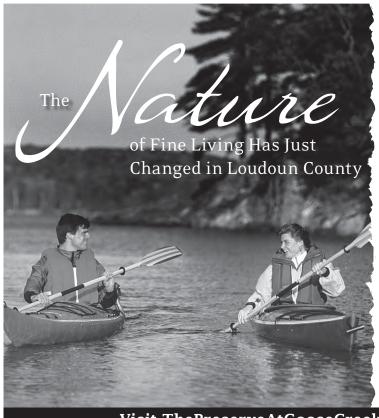
Unlike most other drama centers, where children memorize and recite lines for a performance, the Drama Kids curriculum utilizes fun, creative and interactive activities that aim to improve communication skills and build confidence and self-esteem. Drama Kids maintains that drama is a fundamental part of education that teaches children to speak out clearly and relate confidently with peers. In a classroom environment, these skills improve a child's ability to give book reports, speeches and actively participate in group projects.

"The bottom line is that the Drama Kids curriculum will enhance a child's academic experience," Schafer said. "Parents need peace of mind that after the school day ends, their children are involved in valuable activities that enrich their learning. With Drama Kids, they're getting the best out there. We have an internationally established brand. We use proven, fun drama activities to focus the bold, outspoken child, and to draw out the quiet child, helping them reach into themselves and discover their full potential."

During the school year in the Drama Kids program, students learn to improve skills in speech, verbal dynamics, creative movement, language development, and dialogue development. Using snippets, scene starters, structured improvisation and mini-scripts, students develop strong skill sets and present what they have learned at mid-year presentations and at end-of-year productions. Special achievement certificates and T-shirts are awarded to students as they complete each year of the program.

About Drama Kids

Drama Kids is the exclusive U.S. provider of the Helen O'Grady Children's Drama Program, the most popular after-school drama program in the world. More than 40,000 students attend the program at 1,000 locations throughout Australia, New Zealand, South Africa, Southeast Asia, United Kingdom and most recently, the United States. This award-winning program has been internationally recognized for its creative drama curriculum and teaching methods. Drama Kids is a member of Drama Advantages, a non-profit 501(c)(3) whose mission is to offer dramatic arts programs to all children. For more information or to enroll in classes, contact Marla Schafer at 703-726-1226 and/or visit www.dramakids.com/va4.



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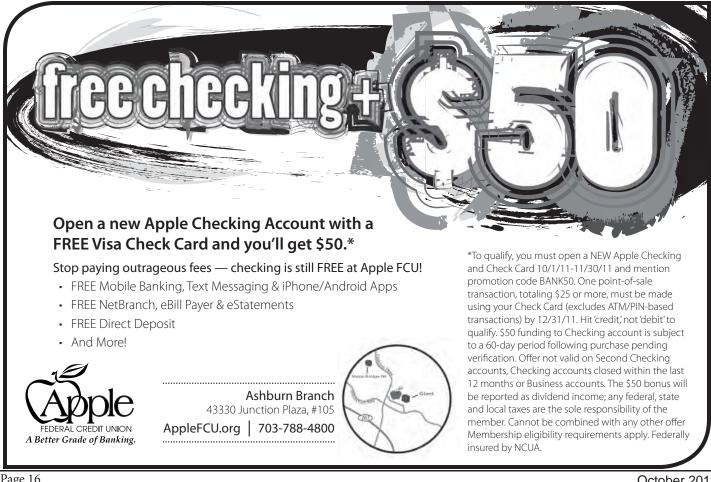
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F Prices and availability subject to change without notice. Planned community features and amenities subject to change in conjunction with developer's continuing plan enhancements. Copyright © 2011 Lennar Corporation. All rights reserved. Lennar and the Lennar logo are registered service marks or service marks of Lennar Corporation and/or its subsidiaries. 9/11



Scouting at Broadlands

Audubon Naturalist Society at Broadlands provides an easy, fun-filled way to earn your nature and wildlife badges. We offer a variety of programs led by our Naturalist. Come and explore our nature center, pond, creek and experience nature up-close!

Participation is \$5 per scout for a one hour program.

Daisy Petal Program	Tiger Cub Program
Nov. 29: Using Resources Wisely	Nov. 17: Let's Go Outdoors Achievement
Brownie Try-Its: 1 st Thursdays and 4 th Tuesdays Oct. 6 th : Water Everywhere Oct. 25 th : Eco-Explorer Nov. 3 rd : Earth and Sky Nov. 22 nd : Watching Wildlife Dec. 1 st : Plants	Wolf Cub Programs: 2 nd Thursdays Oct. 13 th : Your Living World Nov. 10 th : Your Living World Dec. 8 th : Birds Elective Bear Cub Programs: 3 rd Tuesdays Oct. 18 th : Share Your World with Wildlife Nov, 15 th : Take Care of Your Planet
To Register or for more info:	Webelos Programs: 1 st Tuesdays
Contact Lisa Matthews	Oct. 4 th : Forester
703 729 9726	Nov. 1 st : Naturalist
Naturalist @BroadlandsHOA.com	Dec. 6 th : Geology

Kritters for Kids

By ANS Naturalist Lisa Matthews

Where did all those colors come from? Guess what? Some of them were there all of the time!

Trees and shrubs have their other colors hidden in the spring and summer under the color green! The green color is called chlorophyll and it helps plants make a lot of food during the spring and summer and covers up the yellow and orange colors. The pigment carotenoid makes things yellow or orange.

Carotenoids are there all of the time, but the chlorophyll just covers them up. This pigment colors our bananas, corn and carrots and all of our other yellow and orange fruits and vegetables. In the Fall, it makes the leaves yellow, orange or light brown.

The red color is from a pigment called anthocyanins. Not all plants have anthocyanins or red color. Anthocyanins are only made by the tree's cells in the Fall. They give red fruits and vegetables their colors.

When the days get shorter and the nights are longer, the tree stops making chlorophyll and food made with it. That is when the warm brown, yellows and orange colors can be seen. Red, though, for certain trees is special in that it helps the tree get all of the available food from the leaves before it drops away.

Why does the tree lose its leaves? In the winter, the water in the leaves will freeze and that would hurt the tree. Before the tree drops the leaves, it stores as much food from the leaves as possible in its bark protected branches and trunk and then closes off veins to the leaves and then sheds them to keep from being hurt by the winter cold.

Trees that do not lose leaves are called evergreens. They are like the Christmas trees. They do not lose their special leaves called needles because their needles are protected from the winter cold and dryness with a waxy coating on them and special substances that keep the fluids inside them from freezing.



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This kitchen was designed by Laura Gilbride, a Tart Lumber Design Consultant and Broadlands resident. To make an appointment to design your kitchen or bathroom, call (703) 450-5040 or e-mail Lgilbride@tarthumber.com.



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October 2011

From the Naturalist... By ANS Naturalist Lisa Matthews

It is Autumn! A wonderful time of year to experience the great outdoors! Farm festivals abound with hay slides and hay rides, corn mazes, apple festivals and don't forget the forest walks with lovely color. There are many ways to enjoy the fall with your family.

With your toddler, pick up leaves of different colors and shapes and use it as an opportunity to teach. Stomp and kick up leaves paying special attention to the sounds and textures of the leaves.

Preschoolers through grade school really enjoy gathering leaves and making pictures with them. Need an example? "Look what I did with a Leaf" by Morteza Sohi is a great book with lots of examples. You can also iron leaves between two sheets of wax paper to make a colorful "stained glass" picture for your window.

For the oldest kids, take them tracking for animals, look for cocoons, animal winter homes or try some science experiments with the leaves. It is really interesting to extract the pigments from the leaves and to see what you find. After they do all that work piling up the leaves...let them jump in them a couple of times. It is a simple joy of Autumn.

Take your family to the Blue Ridge Mountains and enjoy a leisurely hike and picnic. No need to drive for miles. There are trails within a short distance of the park entrance and the kids will enjoy a hike much more than sightseeing. Look for the migrating birds. Many raptors will head south for the winter. Don't forget to visit the Chesapeake Bay and Potomac River parks. Many shore birds use those parks for their migration too.

Enjoy and embrace what Autumn has to offer you and your family....you can always record the game.

Pet Ownership 101: Is Your College-Age Kid Ready for a Pet? By Shannon M. Pecora, MA Stream Valley Veterinary Hospital

As a college freshman, I witnessed another student physically abuse his young puppy, causing her some serious injuries. Knowing that my small college town had limited animal service resources, I called my mom back home and pleaded with her to help me rescue the poor little puppy. However, my mom insisted that, if I wanted the responsibility, it would be mine alone. Because I had good grades and a good job, she agreed to let me move to off-campus pet-friendly housing; I would just have to pay for all my pet expenses on my own. I also had friends and family members working in the veterinary field, so my mom knew that I would have an excellent pet-care support network. Therefore, I knocked at that other student's door and offered to help. Pet ownership was causing him more frustration than enjoyment, so I let him know that I was willing to take the puppy off his hands. To my surprise and relief, he immediately agreed to let me take her. I am happy to report that, twelve years later, that dog is a healthy senior citizen, still one of my oldest and dearest friends.

My story has a happy ending, but that doesn't mean it's ideal. The fact is that not every college student is cut out to be a pet owner. But as many families have recently sent their kids off for a new fall semester, they might be receiving phone calls similar to the one my mom received from me.

For a variety of reasons, lots of college students want to add pets to their "homes away from home." Before your college-age child adopts a new pet, here are some things you can help him or her consider:

- How demanding is his class schedule? How involved is he with sports or clubs? In other words, does he have the time to devote to pet ownership?
- Does he have a job or other financial resources to take care of feeding, training, veterinary, and other such expenses?
- What kind of housing is he living in? Will he have to relocate after a difficult search for pet-friendly housing?
- Has he had experience with pet ownership within your family? Does he have the knowledge and confidence to be a responsible pet owner?

These talking points should help open up a frank discussion. Parents and students need to be honest about the student's dependability and maturity. If you have apprehensions, don't be afraid to tell your child no—at least for now. Who knows; if he keeps his grades up and saves his money, maybe you can revisit the issue next semester. Pets can definitely enrich our lives, but you need to be sure that your child (even at the college adult age) is really ready to be a pet parent.

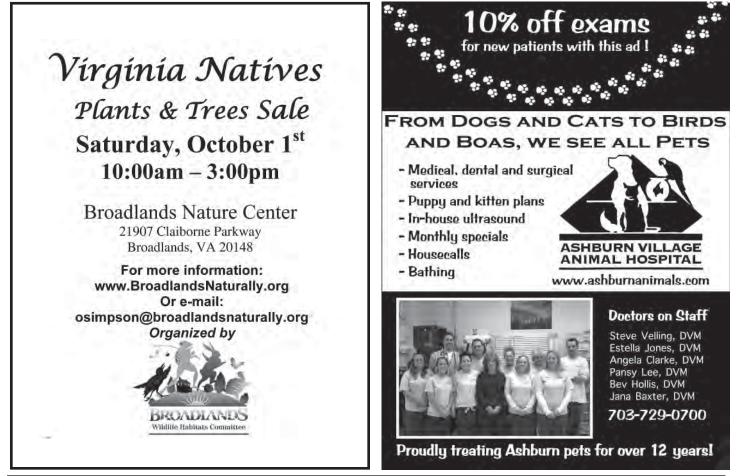
The Critter Corner By Dr. Steve Velling Ghost & Goblins, Cats & Dogs

Hey Everybody! Halloween is one of those holidays enjoyed more by people than by pets. You know that the tiny monsters and zombies knocking on the door aren't real, but Rover and Shadow don't. Here are a few tips for Halloween safety:

- Keep pets safely inside, away from trick-or-treaters and other Halloween activities. You don't want your pet to be frightened or feel threatened at the sight of costumed children. Remember that frequently opened doors provide the perfect opportunity for a pet to escape in all the commotion.
- Keep candy safely out of your pet's reach. Candy, especially chocolate, can be harmful, or even toxic to pets. Instead, have a few of your pet's treats on hand as a distraction.
- Keep pets away from live flame decorations like candles and Jack O'Lanterns, and restrict your pet's
 access to hanging decorations such as streamers.
- Don't let the family dog accompany the kids on their trick-or-treating. Children may have a difficult time handling a pet during the festivities.
- If you do decide to dress your pet up, make sure to keep an eye on them at all times. Dogs, and especially cats, don't usually like the constraints of clothing and masks, and may "freak out" if left unattended.

I hope you all have a great Fall, and a safe Halloween!

Till next time, Dr. FrankenSteve www.ashburnanimals.com





Nature Center Programs

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide Nature programs for the community. To register, call the Broadlands HOA office at 703-729-9704 or email naturalist@broadlandshoa.com to reserve your place in the program. We go outside for most programs so please dress appropriately and wear sturdy shoes.

Our Audubon Naturalist offers programs for Scouts, Families, Birthday Parties, After School, PreK and K, and Parent and Toddler Programs. Check our website for upcoming programs.

Broadlands Fall Program Schedule 2011

Mammal Mania Grades: 1st – 4th \$40.00 for 8 weeks

Why are mammals such a successful group of animals? We will explore this question and learn about the mammals we can find in our own backyards and learn how their adaptations have led to their success in living with humans and how we can see or find evidence of them around our homes.

Wednesdays, beginning October 5th - 3:45p.m. - 4:45p.m.

Marvelous Mammals PreK and K \$40.00 for 8 weeks

Fuzzy, furry, cute and cuddly, bristly and snarly are the mammals of our world. We will learn about the mammals of Broadlands through stories, games, crafts and hikes.

Wednesdays, beginning October 5th - 9:30a.m. - 10:30a.m.

Wednesdays, beginning October 5th - 1:00p.m. – 2:00p.m. *New for morning kindergarteners!

Fridays, beginning October 7th - 9:30a.m. - 10:30a.m.

Wee Hikers.... Fall! 18 months - 3 years \$40.00 for 8 weeks

Your little hiker and you will enjoy walking through the woods exploring the colors of Autumn and experience the textures, sounds and smells of nature. We will explore several child friendly trails in and around Broadlands and the Nature Center.

Wednesdays, beginning October 5th - 10:45a.m. - 11:45a.m.

Fridays, beginning October 7th - 10:45a.m. - 11:45a.m.

October 2011



COMPOST – Creating Brown to Be Green

Many gardeners refer to compost as "Black Gold" because of the many benefits associated with adding it to the soil:

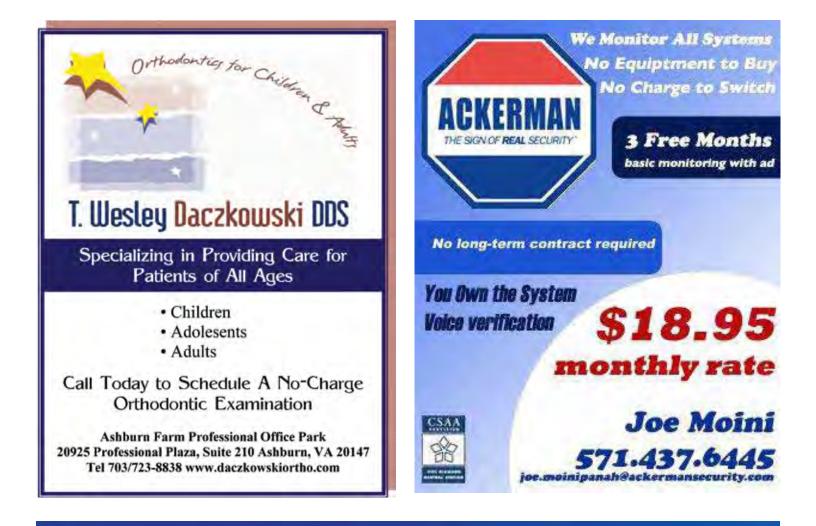
- increases the water-holding capacity and reduces the chance of erosion
- improves soil tilth, making it easier to cultivate and allowing better root penetration
- prevents soil crusting, aiding in seedling emergence
- provides a food source for earthworms and other desirable soil organisms
- increases the fertilizer-holding ability of the soil by increasing the cation exchange capacity (CEC)
- provides some nutrients (mainly micronutrients) for plant growth improving the overall physical, chemical, and biological properties of soils

Processing yard and kitchen vegetable wastes at the point of generation not only has a positive environmental impact, but reduces the costs of collecting, transporting, and processing by municipalities, so everyone benefits.

Composting is the natural decomposition of organic material by microorganisms (mainly bacteria, fungus, and protozoa) in a warm, moist, aerobic (oxygen-demanding) environment. These microbes are common in nature, normally found on the surface of leaves, grass clippings, and other yard wastes. When the composting process is complete it produces an earthy smelling, crumbly substance called humus that is an excellent soil amendment. Yard waste such as leaves, grass clippings, immature weeds, and shredded woody waste can be successfully composted. From the home you can compost shredded paper and vegetable scraps. Materials that should not be composted include meat, bones, fish, fatty food wastes (cheese, oils), dog and cat litter, perennial weeds, and diseased plants. Warning - if you use broad leaf herbicides on your lawn some of those chemicals can persist through the composting process and harm plants when the compost is used as a soil amendment. If you use herbicides on your lawn, don't add the grass clippings to your compost pile - simply leave them on the lawn and as they decompose, nutrients and organic matter are added to the soil benefitting your lawn.

Composting can be done either passively or actively. The difference between the two methods is in the amount of time/work required and how quickly the end product, the compost, is produced. Passive composting is simply creating an open pile of material and letting it sit for months – decomposition will occur, but very slowly. This method is not as neat as using some sort of compost bin, so it may not be suitable for urban neighborhoods. With active composting you use some sort of bin and layer the organic wastes, maintain proper moisture, and turn the pile on a regular basis.

The microorganisms that decompose yard waste and other materials turning it into compost require oxygen, moisture, and nutrients to thrive. The oxygen is supplied by aerating (or turning) the pile. Moisture should be added to the pile as the material is layered if it is not already sufficiently moist (you want it at the level of a wrung out sponge – just a few drops coming out when you squeeze a handful). You may need to add more water during dry spells. Organic material contains carbon and nitrogen, the nutrients necessary for energy and growth. The microbes are most active when the ratio of carbon to nitrogen is about 30 to 1. Materials such as leaves, straw, and sawdust are high in carbon; grass clippings, manure, and vegetable scraps are high in nitrogen. *Continued on page 35*





New Site Now Open in Broadlands

- · NEWBORN CARE
- · CHILDREN AND ADOLESCENTS
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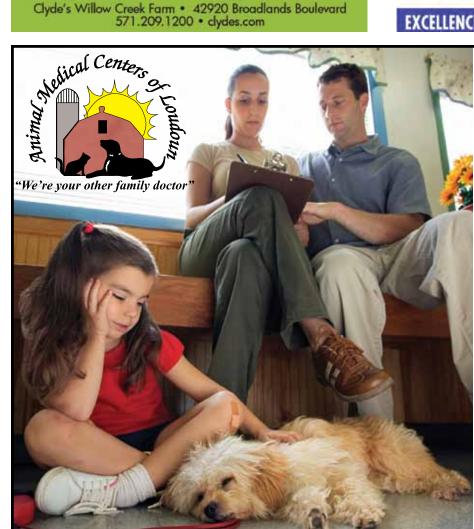
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2 Convenient Locations: Ashburn Farm 703.726.8784 **Brambleton** 703.327.8471

www.LoudounVet.com

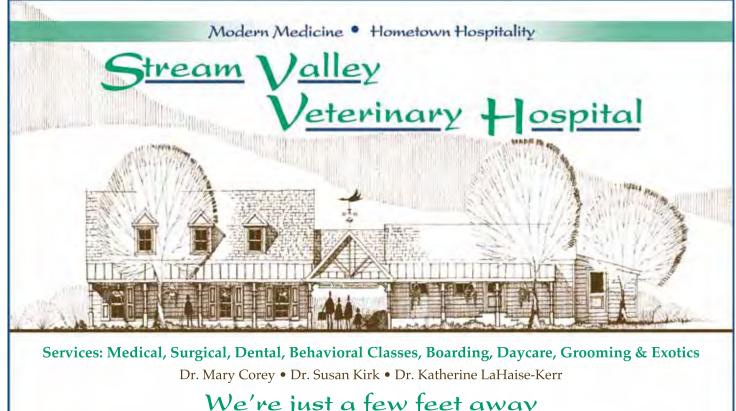
Mill Run Students Fight Hunger With Their Own Two Feet!



At Mill Run Elementary School, students certainly believe that "Small Kids Can Make a BIG Difference!" That's why they've decided to join the fight against hunger with their own two feet! On October 21st, hundreds of students will participate in a "Run to Stop Hunger" event afterschool on the school's track. All money pledged by supporters will go directly to Stop Hunger Now, an international hunger relief agency and specifically, to further hosting a "Stop Hunger Now Meal Packaging Event" at the school in mid-November. They're aiming to raise over \$12,500 to enable them to package over 50,000 meals to feed the hungry. Now that's really taking matters into their own hands and solving problems! Goals this high are worth it, because there is a world of learning in helping others! These Children are our World's future leaders and indeed a role model for everyone. They may be small, but they can easily get that all humans need food.



Please direct inquiries, including how your business can help to: Diane Greene, Community Cares: d-greene@comcast.net



We're just a few feet away 42902 Waxpool Rd. • Ashburn, VA 20148 • 703-723-1017

2011 Broadlands Family Recycling Contest

America Recycles Day is November 15 and we invite you to tell us your inspirational stories.

How Can You Participate?

Submit a maximum one written page entry telling us about your own personal experiences with recycling. The entry may include photos, drawings or other creative medium.

Prizes:

First Place 64-gallon Toter by Patriot Disposal \$100 Gift Basket Second Place 64-gallon Toter by Patriot Disposal \$75 Gift Basket Third Place 64-gallon Toter by Patriot Disposal \$50 Gift Basket



Here are some examples of what to include in your entry...

- Recycling, while a noble concept, requires a change in the habits of families, e.g. finding a place to set the recycling bin, making sure you put what is collected for recycling in the recycling bin (and not in the trash), making sure you don't put non-acceptable items in the recycling bin, getting it out to the curb on the right day, etc.
- How did you get started recycling? What have the challenges been? How did you overcome them? What would you tell others that are thinking about recycling? How would you inspire them? What inspired you?

The Applications must be dropped off or mailed to by Monday October 3rd to: Broadlands Homeowners Association Attention: Recycling Contest 21907 Claiborne Parkway, Broadlands, VA 20148

Additional information is available at: www.BroadlandsNaturally.org



YOUR GUIDE TO FUN AND FRIGHTFUL OCTOBER EVENTS



SAT, SEP 24 - SUN, OCT 30, 2011

Come visit the largest u-pick pumpkin patch in Northern Virginia and pick your pumpkin right off the vine! Do a little "dino-flossing" with P-Rex our pumpkin munchin' dinosaur and cheer on the swine at the Infamous Oinkintucky Derby Pig Races. Play on our 2800 sq ft. Pumpkin Jumpin' Pillow, The Double Barrel 60' Slide, or Rubber Ridge - our tractor tire mountain. Become a Maze Master by challenging and solving each or our 5 Mazes. Zip down the 60' Saddlehorn Slide, swing on the rope swings, and romp in the haybales. Have a close encounter with our farm animals and do a little catch-and-release fishing with your own pole. Visit our Country Store brimming with honey, fresh cider, baked goods, jams, corn stalks, Mums, gourds and apples. Our Roosteraunte is open each Friday, Saturday and Sunday and Columbus Monday serving up plenty of Kettle Corn, BBQ, burgers, hot dogs, apple dumplings, and freshly baked pies.

Event time: 10am-5pm

Admission Fee/Ticket Price: \$8/person on weekdays (excludes holidays); \$10/person weekends and holidays; free/child under 2 years of age, CSA members, and Fans of Farm members. Location: Great Country Farms, 18780 Foggy Bottom Rd, Bluemont Phone: 540-554-2073

Website: http://www.greatcountryfarms.com

OATLANDS' PARANORMAL TOURS Mon, Oct 24 - Sun, Oct 30, 2011

Experience a different Oatlands after dark! Our tour guides will share exciting ghost legends and personal tales of unexplained happenings on the property. Guests will also learn about the findings of the ongoing paranormal investigations at Oatlands. These tours were a hit last year and we have new findings to share with this year's guests. This fun tour is suitable for children 8 years and older. Space is limited to 20 people; call for reservations.

Event time: Tours at 7 and 8pm

Admission Fee/Ticket Price: \$12/adult; \$5/child under 12 years of age

Location: Oatlands Historic House and Gardens, 20850 Oatlands Plantation Ln, Leesburg

Phone: 703-777-3174

Website: http://www.Oatlands.org

COX FARMS FIELD OF FEAR

Fri, Sept 30- Sat, Oct 30, 2011 Fri and Sat nights only

Fields of Fear is Cox Farms scary night-time adventure. It features Cornightmare walkthrough cornfield terrors, Dark-Side hayride, a giant slide by torchlight, fire grounds, shopping, food, games, and entertainment. Not recommended for children less than 13 years of age. Children under 16 must be accompanied by an adult.

Event Time: Fridays and Saturdays 7:30-11 p.m. (last admission 10 p.m.). Special Halloween Event October 30.

Admission fee/Ticket Price: see website for details

Location: Cox Farm, 15621 Braddock Road, Centreville

Phone: 703-830-4121

Website: http://www.coxfarms.com/fear





SHOCKTOBER 2011

FRI, OCT 14 - SUN, OCT 16, 2011

Every weekend in October, Paxton Manor is transformed for Shocktober! Built in the late 1800s, Paxton Manor Inn is filled with large rooms and dark halls. Over the years, many strange and horrific events have taken place in the rooms. Will you brave the Inn at Paxton Manor? Each weekend features a different theme as well as varied attractions including the Haunted Well of the Soul, The Last Ride, and The Funhouse. Family friendly events until 6:30pm after 7pm, get ready for the scare of your life (PG-13)! On Saturday, October 1st, our kickoff event, Shocktober-fest, takes place with live (free) music all day, beer and concessions.

Event time: Fri 7-10pm, Sat-Sun 2:00-6:30pm (family friendly hours) and 7-10pm

Admission Fee/Ticket Price: \$5-\$30/person

Location: ARC of Loudoun, 601 Catoctin Circle NE, Paxton Campus, Leesburg

Website: www.shocktober.org

TEMPLE HALL CORN MAIZE AND FALL FESTIVAL FRI, OCT 21 - SUN, OCT 23, 2011

Fall fun for the entire family! Launch a pumpkin 100 yards in the air with our Pumpkin Blasters (safe for all ages!) See how high you can jump on the massive jumping pillows. Catch a pig race, wander through our 24 acre corn maze, pick your own pumpkin, ride a pony,

enjoy great food, and so much more! Event time: Fri 6-10pm, Sat 10am-10pm, Sun 10am-6pm Admission Fee/Ticket Price: See website for admission fees. Location: Temple Hall Farm Regional Park, 15789 Temple Hall Ln,

Leesburg

Phone: 703-779-9372

Website: http://www.nvrpa.org/park/the_maize

PUMPKIN GLOW NIGHT

FRI, OCT 28 - SAT, OCT 29, 2011

This spectacular display of over 1500 carved and lighted jack-olanterns is simply amazing. Bring your carved Jack-o-lantern to enter in our carving competitions. Jack-o-lanterns are judged for Best in Glow, Scariest, and Funniest in 3 classes: children grades K-5, youth in grades 6-8, and adult carving. Enjoy a bonfire and roast marshmallows. Local schools help us carve the pumpkins for this great event. Email us if your school/group would like to participate. Event time: 6-9pm

Admission Fee/Ticket Price: TBA

Location: Great Country Farms, 18780 Foggy Bottom Rd, Bluemont, Phone: 540-554-2073

Website: http://www.greatcountryfarms.com

7TH ANNUAL AIR AND SCARE

SAT, OCT 29, 2011

Discover the spooky side of air and space at the Udvar-Hazy Center's 7th Annual Air & Scare! Arrive in costume for safe indoor trick-or-treating. Participate in creepy crafts, spooky science experiments, and other activities. Bring the tiniest visitors by the Tot Zone to play dress-up and hear a story. Face painting station and pictures with your favorite Star Wars character! Older kids will enjoy simulator rides and seeing the SR-71 Blackbird that plays a key role in the Transformers movie.

Event time: Event 2-8pm; museum hours 10am-8pm.

Admission Fee/Ticket Price: Free admission, \$15/car parking Location: 14390 Air and Space Museum Pkwy, Chantilly Phone: 703-572-4040

Website:http://www.nasm.si.edu/events/dateRange.cfm?da te=10/23/2010

SPOOKTACULAR DRINK RECIPES FOR THE LITTLE GOBLINS

HARRY POTTERS MUGGLE BUTTERBEER

A Hogwarts Special! 12 ounces root beer or cream soda 1 tablespoon honey 2 teaspoons butter

Preparation:

Place soda in a microwave safe bowl and heat for about 30 seconds on high. Remove and set aside. Melt butter in microwave. Pour warm soda, butter and honey in a blender blend until well combined. Serve warm. *Food.com*



BLACK HALLOWEEN PUNCH RECIPE

1 (.13 ounce) envelope unsweetened grape soft drink mix 1 (.13 ounce) envelope unsweetened orange soft drink mix 2 cups white sugar

3 quarts cold water 1 liter ginger ale

Preparation:

To make a frozen hand, wash a disposable glove, fill with water, seal with a rubber band and freeze until hard. Stir together grape soft drink mix, orange soft drink mix, sugar and water until solids are dissolved. Combine with chilled ginger ale just before serving. Dip the frozen hand briefly in warm water, and then peel off the glove. Float the prepared hand in the punch bowl for a ghastly effect. *Cdkitchen.com*

BLOODY BUG JUICE RECIPE

24 ounces Frozen strawberries -- thawed 6 ounces Lemonade, frozen concentrate 1 quart ginger ale 1 cup raisins 1 cup Blueberries-fresh or frozen

Preparation:

Place the strawberries in a bowl and mash with a fork. In a large pitcher, mix the strawberry mash, lemonade and ginger ale. Place handfuls of raisins and blueberries (bugs) into tall glasses. Pour the liquid over the bugs, then sit back and watch the bugs and scum rise to the top of each glass. *Cdkitchen.com*

Congratulations to September's Contest Winner: David Lynes

Win a \$25 Gift Certificate to Bonefish Grill!

Find the following Spooky pictures anywhere, any size in the newsletter, and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than **October 10, 2011**. *Be sure to include your name and telephone number*. Good Luck!

Found on page
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Make Time for a 'Playout' By, Katie Herbert Certified Personal Trainer Fitness.innovations@gmail.com

Have you ever sat back and watched kids at play? Doesn't the sight of kids running and laughing feel a little infectious? I know that I can't help but smile when I see kids out enjoying the moment. It takes me back. I am reminded of my carefree days of running around the neighborhood with my childhood friends, playing red rover, jumping rope, and making up games. I am reminded of using playgrounds as castles and the total freedom that my able body provided me. The beauty of was that unbeknownst to me, all of that play was good for me.

Now contrast those feelings with the feelings that many people have about going to the gym as adults. When most of us think of exercise, we think of a 30 to 60 minute bout of physical activity. For

many people, that structured time is no longer looked at as something that you *get* to do but rather just another thing that you *have* to do. When you walk through the gym how many smiles do you see? Don't get me wrong, I love the gym, it is a great place and serves a great purpose. But I have to wonder, what happened to the fun? When did our play become a workout and can't we have both? Who ever said that workouts can't be fun?

Ways to lighten up your workout:

- 1. Take it from your kids- next time you take the kids to a playground, get involved. Don't just sit on a bench and check facebook updates. Run, play, and laugh with them.
- 2. Play a game- check out your kid's games. There are some really great kids games out there these days that encourage physical activity. One of my favorite games is Hyperdash. I bought it for my kids but quickly realized that it would be great interval training for my clients. It is super fun and kicks your heart rate up crazy fast. Best of all, my clients don't even realize how hard it is making them work.
- 3. Balloon animals- blow up some balloons with your kids. Have each person think of an animal to play. A kangaroo would put the balloon between the knees and hop, a penguin would put the balloon between the knees and waddle, think of as many as you can and take turns acting out the animals. Try playing tag as the animals. You will find yourself cracking up as those muscles are working!
- 4. Popcorn- after you exhaust your balloon animal game, use the balloons for popcorn. To play, just try to keep the balloon in the air by hitting it. The movement of the balloon will force you to move around after it, you can also try to alternate hitting it with a foot then hitting with a hand, everytime you lift up that foot, your abs will have to fire on. If there are more people playing, try to keep all of the balloons up for as long as you can. For an added challenge, keep a balloon between the knees as you keep another balloon in the air. Your inner thighs will thank you.
- 5. Paper plate challenge- grab two paper plates and put them on the ground. Put both feet on them, imagine that you are a skater and slide side to side. Try to lunge with them, just play and see what movements you can come up with. You could place both hands on the ground and a plate under each foot in the plank position and alternate pulling knees in to do a mountain climber. Paper plates are great to have near the television so you can grab them on a commercial break and get some quick activity in.

If you run out of ideas, take a step back and watch your kids. This is one of those times that we can learn from them. No matter what you do just remember to get out of your box from time to time and make some time to have a playout.





A GREAT 2011 SEASON FOR THE PIRANHAS SWIM TEAMS!



With participation on the Colonial Swim League (CSL) and the Old Dominion Swim League (ODSL) at record levels, the Broadlands Piranhas had another outstanding season! The Broadlands Piranhas has blossomed from 65 swimmers in 1997, to a combined team total of 213 ODSL Swimmers and 171 CSL swimmers from over 234 families.

Both CSL and ODSL are committed to offering a summer swim program that encourages each child to do their personal best. The goal is to teach proper stroke technique and principles of good sportsmanship in a fun environment that fosters self-confidence, team spirit and a love for the sport of swimming.

The ODSL Season

Under the leadership of Head Coach Shannon McConagha and an outstanding group of Junior Coaches, the ODSL Piranhas had a terrific 2011 season. In addition to having great time and stroke t and camaraderie. In a twenty-six team league, we competed against

improvements, our swimmers supported each other with spirit and camaraderie. In a twenty-six team league, we competed against nine teams and finished the season with an 8-1 record. Several swimmers broke team records and 27 qualified for the ODSL All Star Meet on July 30th. Other team members swam in the ODSL Divisional Meet to finish the season with a huge splash.

The ODSL Piranhas are not only about swimming, but giving back to the community. We hosted the 3rd annual Kids Triathlon to benefit the Multiple Sclerosis Society. This three part event started with a swim at the Southern Walk pool, then a bike ride through our Southern Walk neighborhood and finished with a run around the Mill Run track. There were 133 participants from Loudoun County, ranging in age from 5-16, raising over \$3,000 for the MS Society. Each triathlon finisher received a medal, t-shirt and a goodie bag. Items donated by local businesses were raffled at the end of the race.

Out of the water, the fun continued for the ODSL Piranha swimmers. We kicked off the summer with an Ice Cream Social including our friends from the CSL Piranhas. All swimmers were invited to watch the new movie, "Cars 2", and for our teens, "Harry Potter and the Deathly Hallows Part 2" was a huge hit. Team spirit was electric for our meets and practices, with our traditional "Piranha Attack" meet entry, posters made by the team, decorated cars, Hawaiian Day, Pajama Day and Crazy Hat day, team cheers before our meets and spirit and great sportsmanship all around. Good sportsmanship has become a trademark of the ODSL Piranhas and is something we are proud of.

Doughnut Thursdays made the early morning special after our late Wednesday night meets, and we continued our successful and fun PIRANHAS PALS Friday practices. These PIRANHAS PALS practices are small teams that are a mix of all ages and are led by a team of Junior Coaches. Each PALS practice is filled with pool games and contests, poster making or t-shirt decorating and then a "P" themed snack—punch and pretzels to name a few. The PALS practices on Friday were a blast— the kids made new friends on the team, the younger swimmers received special tips from "the big kids" and everyone bonded with their Junior Coaches. The talented Junior Coaches provided encouragement, training and recognition for the Broadlands Piranhas. The dedicated Junior Coaches are: Amanda McDermott, Chelsea Kaser, Devin Williams, Elizabeth Gomez, Kyle Hamilton, Matt McDermott, Hayley Seal, Julia Bashore, Madi Horner, Jonathan Baba, Stacia Phalen, Kelsey Hutton, Kelsey Collins and Caroline Fowler. These talented Junior Coaches did a fantastic job with our swimmers and had their own great season in the pool.

The ODSL Piranhas ended the 2011 season with a terrific party at the Southern Walk pool. We started the festivities with a pizza dinner accompanied by sides and desserts provided by our swim parents. Following dinner, all swimmers were recognized for their participation and their individual accomplishments. Fun and games ensued with a tennis ball toss, t-shirt relay and swimmer/family relays. A slideshow of our 2011 swim season was shown followed by swimming and socializing with family and friends. It was a perfect way to end a perfect season!

All of our ODSL Piranhas put forth a great effort this season and should be very proud of their performances and contributions to the team. **CONGRATULATIONS** to the following swimmers who either **set team records** and/or were recognized for earning **Most Improved & Most Valuable Swimmers** for their age groups and **Time Buster** awards. **Most Valuable Swimmer** awards are given to swimmers who earned the most points for their team in each age group. **Time Buster** awards are given to swimmers who improved their time by 30 seconds or more.

The ODSL Piranhas would like to express special thanks to outgoing Board Member Scott Bashore – Team Representative for his dedication to the team and all of his hard work. We extend a big welcome and thanks to our incoming ODSL Board Member: Andrea Bowers as Team Representative.

We would also like to thank **all** of our parents for the help and support of the team and our swimmers this year. Without your willingness to volunteer your time and energy, we would not be a successful team. ODSL sends a special thanks to our *Premier* **Season sponsor, Aldata Solution**. We appreciate your generosity and support of the Broadlands Piranhas ODSL team this 2011 season. *Continued on page 28*

Most Valuable Swimmers:

6 & Under: Jillian Bish and Marcus Roser
7-8 year old: Mackenzie McConagha and Alexander Royal
9-10 year old: Abby Harter and Cameron McConagha
11-12 year old: Natalie Rothrock and Brandon Dimitri
13-14 year old: Tori Webb and Derek Rothrock
15-18 year old: Elizabeth Gomez and Matthew McDermott

The Most Improved Swimmers:

6 & Under: Helena Hughes and Daniel Burbano
7-8 year old: Elle Roper and David Dimitri
9-10 year old: Alexandra Gordon and Alex Vidal
11-12 year old: Catherine Holstein and Conner Brocke
13-14 year old: Kayla Rogers and Joe Miller
15-18 year old: Chelsea Kaser and Abdul Abdo

Time Busters:

 Daniel Burbano:
 -51.72 25 Free;
 -42.47 25 Back

 Craig Candland:
 -23.73 25 Free
 -27.23 25 Back

 Clare Dold:
 -27.23 25 Back
 -20.09 25 Back

 Carson Foley:
 -20.09 25 Back
 -20.09 25 Back

 Helena Hughes:
 -34.63 25 Free:
 -34.32 25 Back

 Lindsay Rogers:
 -37.39 25 Free
 -22.25 25 Free

 Timothy Sibley:
 -22.25 25 Free
 -20.26 25 Back

All Star Qualifiers:

6 & Under:

Jillian Bish:25 Free and 25 BackMarcus Roser:25 Free and 25 Back

7-8 year old:

Mackenzie McConagha:	25 Free,	25 Back,	25 Fly	25 Breast
Emma Mitchell:	25 Back,	25 Breast	25 Fly	
Mackenzie Cunnane:	25 Free,	25 Back,	25 Fly	25 Breast
Sophie Maltese:	25 Breast		-	
Davis Dimitri:	25 Breast	25 Fly		
Jacob Roser:	25 Back	25 Fly		
Alexander Royal:	25 Free	-		

9-10 year old:

Caitlin Nee:	50 Back,	25 Fly, 100) IM	
Regan Holstein:	50 Back			
Abby Harter:	50 Free,	50 Back,	50 Breast,	25 Fly, 100 IM
Peyton Webb:	25 Fly	100 IM		
Cameron McConagha:	50 Free,	50 Back,	50 Breast,	25 Fly, 100 IM
Lauren Bowers:	50 Free			
Nicholas Bronson:	50 Breast,	100 IM		

11-12 year old:

Akseli Îhanainen : 50 Free and 50 Fly Nicolas Burbano: 50 Fly and 100 IM Brandon Dimitri: 50 Fly and 100 IM

13-14 year old:

Stacia Phalen:50 FlyDerek Rothrock:50 Free, 50 Back, 50 Fly and 100 IMTori Webb:50 Free, 50 Back, 50 Breast, 50 Fly and 100 IMMagid Abdo:50 FreeMichael Hwang:50 Free and 100 IM

15-18 year old:

Caroline Fowler:	50 Breast and 50 Fly
Elizabeth Gomez:	50 Breast, 50 Fly and 100 IM
Madi Horner:	50 Free, 50 Back and 100 IM

2011 ODSL ALL STAR FINISHES:

2nd PLACE:Derek Rothrock (13-14 Back) and Mackenzie McConagha (7-8 Back and 7-8 Fly)3rd PLACE:MacKenzie Cannon (7-8 Back) and Tori Webb (13-14 Free)

Continued on Page 29





A GREAT 2011 SEASON FOR THE CSL PIRANHAS SWIM TEAM!

The CSL Season

The CSL Piranhas team finished the 2011 season placing third in the Colonial Swim League's competitive Red Division with 3 wins and 2 loses. Together, the Piranhas finished the season with more points than any other team in the Red Division, 1207. Individually, 27 Piranhas swimmers were ranked on the CSL Leader board in more than 76 events. Forty-two individual swimmers finished in the top 3 during Saturday meets, and 14 Piranhas represented the team at the league All-Star Meet.

The CSL Piranhas also welcomed Head Coach Lisa Patterson to the team this season. Coach Patterson and Assistant Head Coach Nora McGann emphasized technique while keeping practices fun and upbeat. They motivated the swimmers with fun challenges, helped individuals smash personal records, and raised team spirit to a new high. The Piranhas are extremely grateful for the dedication and expertise shown by all the coaches and assistants this season.

The 2011 season began early for those who participated in the highly popular Pre-season Piranhas Preparation (PPP) sessions held at the Claude Moore Recreation Center in April and May. These sessions helped swimmers shake off the cobwebs and spend time perfecting new strokes before the official season kicked in. The official season began in June when the whole team converged once again on the friendly waters of Broadlands Community Center Pool for their daily morning practices, and bi-weekly meets.

Along with all that hard work came a lot of fun. Many CSL Piranhas lent their swimming talents to the Relay Carnival and the Broadlands Kids Triathlon. The team also enjoyed an Ice Cream Social, a Movie Night at the Nature Center, two Spirit nights and a Spirit dinner at Fuddruckers. The season ended with an end-of-the-season pool party, complete with DJ, games, dinner and an awards ceremony.

In an effort to give back to the community, the CSL Piranhas also focused their attention on the LAWS program - a Loudoun County charity that supports women and children in need. The team collected donated towels at every meet- a top five wish list item requested by the charity.

All of our Piranhas worked extremely hard both in and out of the pool, and should be very proud of their individual accomplishments and contributions to the team as well as to the community.

Congratulations to our All Star swimmers: Nick Crabb, Jack Moore, Mal McGann, Jackson Lucas, Annika Saloka, Lydia Qian, Brennan Maxwell, Erica Comm, Adel Heddadji, Tyler Conway, Megan Patterson, Paul Moore, Tom Moore, Rami Zein, Kyle Albers, and Llzzie Mittan.

And congratulations to the following swimmers who either set team records, and/or were recognized for earning Most Improved or Most Valuable swimmers for their age groups:

Overall Piranha Record breakers at the end of the 2011 season:

6 & Under:	Melody Moore 25 Meter Breast 44.18
8 & Under:	Adel Heddadji, Paul Moore, Nick Crabb, Colin Lewis
	100 Meter Medley Relay 1:32.08
9-10:	Jack Moore 50 Meter Free 33.59
	Jack Moore 25 Meter Butterfly 17.70
11-12:	Annika Saloka 50 Meter Backstroke 34.55
	Malachy McGann 50 Meter Backstroke 34.58
	Tyler Conway, Tom Moore, Malachy McGann, Jackson Lucas
	200 Meter Medley Relay 2:28.17
	Malachy McGann 100 Meter IM 1:15.82

Most Valuable Swimmers:

- 8 & Under: Keira Zerrener/Nick Crabb
- 9-10: Campbell Lucas/John Moore
- 11-12: Annika Saloka/Malachy McGann
- 13-14: Emily Sheehan/Brennan Maxwell
- 15-18: Erica Comm/Eric Guessford

Most Improved Swimmers:

- 6 & Ünder: Alex Crabb/ Sydney Davenhall
- 7 8: Riley Callaghan/Casey Alexander
- 9 10: Will Reilly/Madeline Veloce
- 11 12: Anthony Garabito/Alexi Annunziata
- 13 14: Hunter Bailey/Nathalie Moore

The Broadlands CSL Piranhas would like to thank the HOA, the Community Center and Southern Walk pool staffs and the Broadlands community for their support this year. We would like to say thanks to our sponsors and local businesses that made donations to our team this 2011 season: UPS Store at Southern Walk, Cici's Pizza, Dunkin Donuts, Snow Swimming, Pat Booth Allstate Insurance Agency, Ashburn Ice House, Fuddruckers, Pizza Go Round, The Cone Zone, EG&J Construction, and Robecks,

For information regarding the ODSL and CSL Broadlands swim teams, please visit our website at www.broadlandsswimteam.org. Registration for the 2012 swim season begins in March. What are YOU waiting for – isn't it time you joined the fun and excitement?



Broadlands Tennis Ladies Night Out



Ladies with NTRP ranking of 3.0 and above only.

Come out and play

doubles tennis at the Nature Center tennis courts every **Monday night** from 7:00p.m. until 9:00p.m. until the weather is too cold.

Fee: Free for residents \$5.00 for non-residents Please bring a can of balls

Email: uncrdh95@gmail.com to reserve your space or to be a substitute player.



Broadlands Tennis Programs

Enrollment Now Open!

Visit **www.broadlandstennis.org** for details and registration forms for all programs. Contact **Luis Rosado** if you have any questions at (301) 221-7917 or email broadlandstennis@yahoo.com.

Clinics - 8 Week Sessions JUNIOR CLINIC (ages 4-5)

Tue – Fri, 4:30p.m. - 5:00p.m. (½ of the price stated below) JUNIOR CLINIC (ages 6-16) Tue – Fri, 5:00p.m. - 6:00p.m. & 6:00p.m. - 7:00p.m. Sat & Sun, 10:00a.m. - 11:00a.m. ADULT CLINIC – All levels Sat & Sun 9:00a.m. - 10:00a.m. Tue – Th, 7:00p.m. - 8:00p.m.

Broadlands Residents/Non-Residents

(As low as \$13.00 per class) \$120/\$135 per session (8 weeks) 1 class a week \$224 / \$254 per session (8 weeks) 2 classes a week \$312 / \$357 per session (8 weeks) 3 classes a week

Clinics Drop In Fee:

\$20 members; \$22 non-members

Weekday Morning Clinics

Mon, Wed, Fri, 9:00a.m. - 10:30a.m. \$20 residents; \$22 non-residents / per class

Weekly Junior Tournaments

11 years and over – every Sunday 11a.m.-1p.m. \$15.00 per tournament

Private Lesson Prices Per Hour Lesson: Resident/Non-Resident

1 player: \$60/\$65 2 players: \$35/\$38 each 3 or 4 players: \$25/\$27 each 5 or + players: \$20/\$22 each



Northern Virginia Sportsplex Is Re-Opening!

Northern Virginia Sportsplex, the 62,562 square foot sports facility located in Chantilly, near Dulles Airport, is reopen for business just in time for fall sports season! Fall leagues are forming now. Free tours of this giant facility are welcomed.

The Plex is celebrating its official re-opening on Saturday November 5th with a day-long, celebrity-packed events and fun for all ages. Everyone in the community is invited to come and see this giant facility and experience a taste of the programs and opportunities offered. More information on this exciting event will be forthcoming as the day draws near.

This pre-eminent sports and health facility built on 4 acres is a large, modern sports center with the tag line "Our House ... YOUR home". The "Plex" houses 7 premium hardwood courts - 6 lined for regulation high school play and 1 for NBA/NCAA level play. The courts are easily convertible for professional/NCAA volleyball and Futsal play as well. The Plex also contains a weight room and a complete exercise and fitness center.

If you want to sharpen your skills or take your game to a higher level, the Plex offers professional training in "next-level" skills for a number of sports. Athletes of ALL ages and skill levels are welcome for individual and group training. Also, for persons interested in increasing their "first-step" quickness or explosiveness, the Plex provides quickness and explosiveness training for athletes from middle school all the way up to the professional athlete level.

While offering sports such as basketball, volleyball, and futsal the Plex's primary mission is to provide the very best environment for local families' dreams to come true – whether through athletics, academics, or community service.

The Sportsplex hosts an amazing array of professional and amateur sports



organizations including: the NBA Washington Wizards and Mystics, ABA NOVA Wonders (new professional franchise), AAU programs and tournament events, Chantilly Youth Association, Marlow Talley Sports training, US Fencing Tournament, Hoop Group Northern Virginia Top 100, Big Shots Showcase Tournaments, Stu Vetter Camps and Clinics, Virginia Elite Volleyball, and many more including several international organizations.

The Northern Virginia Sportsplex is located at 14810 Murdock Rd in Chantilly, Virginia 20151. To drive to

the facility, from the intersection of Rt 50 and Rt 28, head west on Rt 50. Make a right turn at Stonebridge (across from the Chantilly Auto Park), go two blocks, make a left on Murdock, and immediately turn right into the Sportsplex parking lot. You can reach the Plex by phone at (703) 865-6877 or on the web at http://www. northernvirginiasportsplex.com.



Notes from Your Neighbors.... Ashburn Volunteer Fire & Rescue Department www.ashburnfirerescue.org



Fall Open House, Sunday, October 9th - Noon to 4:00pm Ashburn Firehouse, 20688 Ashburn Road

Parking at Cedar Lane Elementary School on Tolomac Road – Free Shuttle Bus

We invite you, our friends and neighbors, into our home during our Fall Open House.

We've packed the afternoon with fun for the whole family.

- Ambulance and Fire engine tours
- Fire Truck Rides
- Shoot the Hose
- Safety Smoke House
- Face Painting
- Popcorn & Cotton Candy
- Balloon Artist
- And much more!

Get your child a ticket on our "Safety Express" to learn fire safety and prevention in a fun, educational environment. Our featured safety stops are:

- Call 911
- Smoke Detectors
- Meet a Firefighter
- Stop, Drop, and Roll

Each child completing 3 of the 4 safety stops will receive an event t-shirt. Children completing all 4 stops will be entered in a grand prize drawing.

Volunteer Opportunities

The Ashburn Volunteer Fire & Rescue Department is always looking for dedicated and hardworking members. We not only have opportunities for firefighters and EMTs, but for administrative members who support our firefighters and EMTs. **Come join our team and discover the volunteer in you!** Visit our website for more details or contact us at recruitment@ashburnfirerescue.org.



Upcoming Events – For full details, please visit http://www.ashburnfirerescue.org/events/

Pancake Breakfast-Ashburn Firehouse, 20688 Ashburn Road. 8:00a.m. until Noon.



October 2, November 6 and December 4 Are you interested in becoming a sponsor at one of our pancake

Are you interested in becoming a sponsor at one of our pancake breakfasts? We routinely serve more than 500 of your neighbors – a great way to promote your business and support AVFRD. **Contact us at** *sponsor@ashburnfirerescue.org*.

BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition

Key:

(B) Babysitter's Course
(C) CPR
(R) Rescue Breathing
(F) First Aid
(EMGS) Education Major
Graduate Student

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa. com.



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USEFUL NUMBERS

Can also be found at http://broadlandshoa.org/node/117

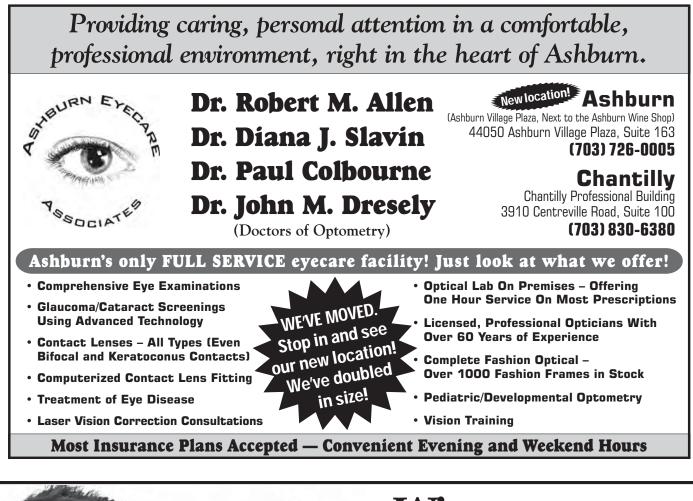
NON-EMERGENCY		Social Services	(703) 777-0353
Ashburn Fire	(703) 729-0006	School Board	(571) 252-1000
Fire Marshall	(703) 777-0333	Street Signs/Storm Drains	(703) 771-5666
Loudoun County Sheriff	(703) 777-1021	VDOT	(703) 383-8368
Washington Gas	(703) 750-1000	Van Metre Homes	(703) 723-2800
Poison	(703) 625-3333	Verizon	(703) 954-6222
Loudoun Water - Customer Service	(571) 291-7880	Verizon Fios	(888) 553-1555
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878	Voter Registration	(703) 777-0380
State Police	(703) 771-2533	Weather	(703) 936-1212
Dominion Virginia Power	(888) 667-3000	LOUDOUN COUNTY PUBLIC SCHOOL	
PUBLIC INFORMATION		Briarwoods HS	(703) 957-4400
Abused Women's Shelter	(703) 777-6552	Eagle Ridge MS	(571) 252-2140
Animal Control/Shelter	(703) 777-0406	Hillside ES	(571) 252-2170
Building Permits & Dev.	(703) 777-0397	Mill Run ES	(571) 252-2160
Comcast	(703) 430-8200	PUBLIC OFFICIALS COUNTY SUPER.	
Child Protective Services	(703) 777-0353	Stevens Miller	(703) 777-0204
County Landfill	(703) 771-5500	SCHOOL BOARD REPRESENTATIVE	
CPR Class Info	(703) 444-1155	Robert Dupree	(571) 233-4610
DMV (VA)	(800) 435-5137	VIRGINIA HOUSE OF DELEGATES	
Drug Abuse	(703) 771-5100	Robert G. Marshall (13th)	(703) 361-5416
Dulles Airport Hotline	(703) 572-2700	Richmond Office	(804) 698-1013
Health Department	(703) 777-0236	Thomas A. Griesen (district 32)	(703) 421-6899
Library (Ashburn)	(703) 737-8100	Richmond Office	(804) 698-1032
Loudoun Ride On	(703) 777-2708	VIRGINIA SENATE	
Loudoun Hospital	(703) 858-6000	Mark Herring (district 33)	(804) 698-7533
Main Street Mailboxes	1(703) 753-5521	District Office	(703) 729-3300
Miss Utility	(800) 552-7001	Constituent Hotline	(800) 889-0229
Metro	(202) 637-7000	U.S. HOUSE OF REP. 10 th DISTRICT	
OpenBand 24x7 Customer Service	(866) 673-6226	Frank Wolf	(703) 709-5800
OpenBand Trouble Tickets	(703) 961-1110	U.S. SENATE	
Parks and Recreation	(703) 777-0343	Jim Webb	(202) 224-4024
Patriot Disposal	1(703) 257-7100	Mark Warner	(202) 224-2023
Ridesharing	(703) 771-5665	VIRGINIA STATE GOVERNOR	
Road Conditions	(800) 367-7623	Bob McDonnell	(804) 786-2211

Compost continued from page 22

Compost bins can be constructed using wire or snow fencing, wooden slats, or even old shipping pallets. There are also many different types of commercial composting bins available. The bin should be large enough to contain a pile capable of holding heat while small enough to allow air to the center of the pile. Generally, the minimum dimensions should be 3' square to hold heat. If the bin is too large, air flow will be restricted to the center of the pile and turning it will become quite a chore. Turning the pile is probably the most important and often the most ignored step in producing compost – it is physical labor, but if you look at it as a good aerobic workout you not only get your exercise, but end up with a great soil amendment! Do your part to be "Green" and contribute to a healthy environment by creating "Brown" through composting your yard and kitchen wastes.

To learn more about composting, bins, and use of compost, go to http://pubs.ext.vt.edu/category/gardeningthe-environment.html. If you have questions on composting or other garden problems, visit or contact the Loudoun County Master Gardener Volunteers at their Help Desk at 703-771-5150 or ex107mg@vt.edu. The Help Desk is operated Monday-Friday, 9 am to Noon, in the Loudoun Extension Office, 30 Catoctin Circle SE, Suite B (Wells Fargo Bank Building), Leesburg.

Debbie D. Dillion Urban Horticulturist/Master Gardener Volunteer Program Coordinator





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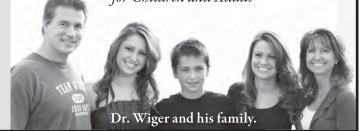
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POTOMAC FALLS 703-444-9373 46165 Westlake Drive, Suite 300

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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoasthost.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitiats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us in the fall for a study on Revelation by Beth Moore. We meet Tuesday mornings in neighborhood homes. Contact Janet at 703-726-6904 or Chris at 703-729-2095 for more info.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

Interessieren Sie sich Fur eine deutschsprachige Spielgruppe in Loudoun County? If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@ gmail.com, to join a German-Language playgroup forming now.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more information, please call Beth Anton at 703-470-8821 with any questions or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnext@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

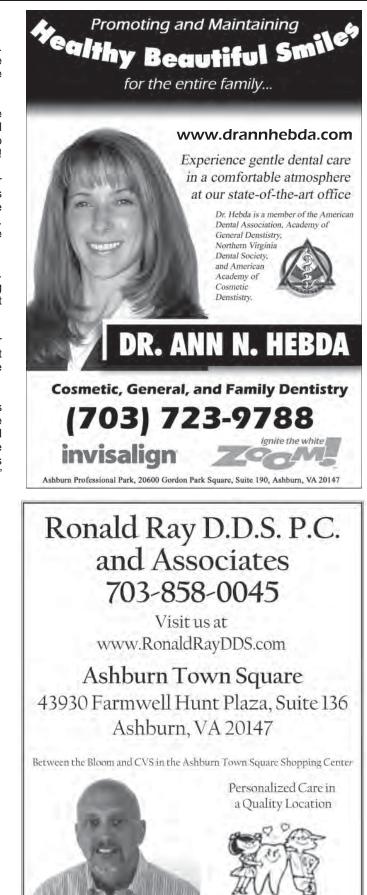
TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

October Gardening Tips

- Fall is the best time of year for moving many plants. Transplant deciduous trees and shrubs when they are dormant. Evergreen trees or shrubs, however, may be transplanted earlier in the fall, before they go dormant.
- The next time you plant a tree, allow a child to hold the plant upright while the hole is filled. Years later, the tree will be a great reminder to the individual that he or she was so much smaller or bigger than the tree when it was planted!
- The particular shade of orange, red, or purple fall color that is developed by the pigment anthocyanin in leaves is related to the acid or alkaline condition of the sap of the plant. If the sap is acidic, the color will be orange or red. With neutral sap, the pigment turns light purple. When the sap is alkaline, a dark purple or blue color is evident.
- Water evergreens thoroughly before the ground freezes. Evergreens continue to lose water by transpiring during the winter, but when the ground is frozen they cannot replenish the water.
- In deciding on new trees or shrubs to plant around your home, remember to select varieties with a mature height and width to fit the desired location. This will greatly reduce pruning and other maintenance in the future.
- When selecting trees for fall color, keep in mind that color is more strongly influenced by genes in the plant than by the environment. Trees selected in the fall when they are in full color can be expected to produce the same colors in future years. Red Maple cultivars that display outstanding colors include 'Red Sunset,' 'October Glory,' and 'Autumn Flame.'





Emergency Care Available

ADVERTISING DIRECTORY

AUTOMOBILE

Ashburn Service Tire Center	
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DENTAL / ORTHODONTIA

Apt Orthodontics	mid
Ashburn Pediatric Dental Center	38
bloo dental	
Daczkowski, T. Wesley, DDS	mid
greenway smiles	
Dr. Ann N. Hebda	
Northern Virginia Orthodontics	2
Ronald Ray DDS & Associates	
Wiger Orthodontics	

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Mr. Windows	8
Oakmark Construction	
P&M General Contracting	
Sunrise Landscape & Design	
Tart Lumber	
Value Blind & Heirloom Draperies	
Zampiello Paint Contractors, Inc.	

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Lennar	16

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Phoenix Taekwondo	30

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. <u>Advertising orders cannot be cancelled</u> <u>after the initial deadline.</u>

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. **DEADLINE:** Ad and payment submissions are due the first day of the month prior to the issue.

MONTHLY PRICING

BLACK AND WHITE: 1/8 pg (3.625" W X 2.25" H) \$90 /\$72* 1/4 pg (3.625" W X 4.875" H) \$160 /\$135* 1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$220 /\$209* 1/2 pg (7.5" W X 4.875" H) \$425 /\$404* Full pg (8.5" W X 11" H) \$1050 /N/A

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239* 1/2 pg (8" W X 4.875" H) \$475/ \$453* Full pg (8" W X 8"H) \$1050/ N/A Add 10% to base price above for preferred placement *Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com. **Please Note:** Advertisers in the Broadlands Newsletter <u>are</u> <u>not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

OCTOBER CLASSIFIED ADS

BEAUTY SERVICES

MASTER HAIRSTYLIST/COLORIST: Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/ licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email inurhairbyluz@yahoo. com.

ROYAL BARBER SHOP: Come in for our Customer Appreciation Promotion. Monday – Friday between 9:30am and 3:00pm and receive a \$12 Men's haircut. Includes hot towel service. 42882 Truro Parish Dr, Broadlands (703) 858-9008. Monday – Friday 9:30am–7:00pm, Sat. 9:00am–6:00pm, Sun.10:00am–5:00pm.

EARLY EDUCATION/DAY CARE/ FALL PROGRAMS

KINDERDANCE: Returns to the Community Center on TUESDAYS this fall! Classes begin 9/13/11. Education through dance, fitness, floor gymnastics and creative movement with Mrs. Nichole! Registration forms available in the Nature Center or at KDofLoudoun@ aol.com. Contact 703-728-7862 for more information.

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands has limited openings in its 2 ½ year old class. The class meets on Tuesdays and Thursdays from 8:30 – 11:00a.m. For more information or to schedule a tour, please contact Judi Ratcliffe at (703)858-7966 or gminds@verizon.net.

LITTLE SPROUTS PRESCHOOL: Sign up now for Fall Fun! Next year we will be offering 3 year old preschool on Tues/Thurs and Mom's Morning Out on Mon/Wed/Fridays. Children 24 months – 5 years, potty training NOT required! Check out our website or call for a tour, Karlene 408-750-7349. Website http://LittleSproutsPreschool.clubspaces.com.

ENTERTAINMENT/PARTY_ RENTALS

MOONBOUNCE RENTAL IN

BROADLANDS! Fully insured, stress free entertainment for your child's birthday party, etc. \$125 per day (10am-7pm). We do not deliver. Payment required at time of pick up. Call early, we book quickly! Linda, ALL ABOUT PARTIES, 703-298-1370.

FOR SALE/FUNDRAISER

BLUE TRIKKE T8: As seen at Earth Day. Used gently one season. High performance air tires and aluminum rims, aircraft-grade aluminum frame and upgraded components. Paid \$550. Selling for \$300. Go to www.trikke. com for more specs. 703-724-4210.

INSTRUCTION

MATH TUTORING: Two experienced HS teachers help with temporary struggles or long term support for all learning levels in MS and HS. Algebra I, II. Geometry. Support with subject curriculum, homework and SOL review. Contact Rick Romito, 703-728-8881 or romitofigs@aol.com.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@ verizon.net.

LOUDOUN COUNTY MATH TEACHER:

Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email VChu_911@yahoo.com.

HIGH SCHOOL MATH TEACHER:

Specializing in Geometry, able to do K-Algebra II, SAT, and ACT. Tutor at Ashburn Library. Flexible Hours. Call Tally at 703-727-6270 or email dimplenwink@hotmail.com.

VIOLA & VIOLIN LESSONS: Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

GUITAR LESSONS IN BROADLANDS!

Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Instructor is friendly and professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email blueridgestudio@verizon.net.

HEALTH/FITNESS/WELLNESS

ASHBURN PILATES: Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www. ashburnpilates.com.

NOT YOUR AVERAGE BOOT CAMP! Go from ordinary to extraordinary! You be the judge. Try a week for <u>free</u> with Fitness Image Results' Boot Camp instructed by Jeff Strahan. Register online or just show up for any of our three 1-hour classes @ 5:45AM (M,W,F); 9:30AM (starting 8/29) (M,W,F); or 7:30PM (M,T,TH). Classes held outdoors at Brambleton Community Pool parking lot. For directions or more details, go to www.firesults.com or email Jeff@firesults.com.

THERAPEUTIC MASSAGE: Nationally

certified and experienced Registered Nurse. Offering deep tissue, sports, medical and pain management. Therapeutic spa treatments. Certified in Pregnancy Massage with L & D and Doula experience. Gift certificates available. Claudette Plater, RN, CMT 703-724-4210, Ashburn. www.tranquilmoment.com.

HELP WANTED

NANNY/FAMILY ASSISTANT: In our Broadlands home for 6-year old twins. Flexible hours and days. Car and driver's license needed. Please call 703-930-4333. SEEKING CHILDCARE: in my home, four days per month. Every other Wed and Thurs, hours are 7:00 am - 4:00 pm, but I can be flexible if I find the right person. Please contact allisonsw2002@yahoo.com.

HOME SERVICES

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

PROFESSIONAL POWERWASH: Does your outside look old and grey? Make it look new again with Dominion Powerwash. We provide expert cleaning services for a wide variety of outdoor surfaces: Decks, Fences, Sidewalks, House Siding/Brick, Residential and Commercial Cleaning. Please visit www. dominionpowerwash.com for service specials. Dominion Powerwash is licensed and insured. For an estimate, contact 703-994-4445 or info@dominionpowerwash.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

ALL AROUND GLASS INC: Herndon, VA Patio Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

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BANE ELECTRICAL SERVICE LLC: Residential & Commercial Electrical work. Specializing in Home Generator Systems- Certified (Briggs & Stratton Dealer). We can handle any of your Residential or Small Commercial Electrical needs. Trouble Shooting Experts!!!! Licensed and Insured Electrical Contractor in VA/MD. Call 703-723-6501 (Ashburn Resident) **PROFESSIONAL PAINTING: Residential** interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016. HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MikeRosario@comcast.net.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772. SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and

Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail. com. Licensed and Insured. Free estimates. Broadlands resident.

HOUSE CLEANING

GLAMOROUS CLEANING, LLC: We offer residential cleaning services. Free In-Home Estimates. Licensed, Bonded & Insured. References available, excellent prices & flexible schedule. SAVE \$20 OFF IN SECOND CLEANING! Call at 571-426-2484.

K.M.S. CLEANING SERVICES: Residental homes. Move out, Move in, Weekly, Bi-weekly, Monthly or a Special one time. Licensed and Insured. Free estimates and references. Call Ketty at 703-554-2487 and 703-297-1934.

MAID IN VIRGINIA- RESIDENTIAL CLEANING: We clean the best so you have time to rest! We are known for having Great People! Friendly- Hard Working- Honest-Consistent. Great Communication Skills, offering an opportunity to customize your cleaning. You can expect the same team cleaning your home routinely. Locally owned and operated- Ashburn Resident. Licensed, bonded and insured including Workers Comp. www.maidinvirginia.com, 703-338-4606 MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning. com.

MARKETPLACE

AVON: Experience the benefits of Anew antiaging skincare regimens and treatments. Each regimen is designed for specific age related skincare needs. Let Anew transform you to your youthful best. Contact Terri McCaa at 301-655-1901 or shop online 24/7 www.

youravon.com/terrimccaa. H INTERIORS, LLC: Bored with your surroundings? Looking to add some style to your home? Home Interior Stylist, specializing in accessorizing, shopping, color consulting and room layout. For a free consultation, call Heather at 703-728-5665. INDEPENDENT WINE CONSULTANT: WineShop At Home offers an exquisite selection of Artisan wines from California. Friends and family can share these unique wines in the privacy of your home, exquisitely paired with a food complement to accentuate the flavors and aroma of the wine. Host/ Hostess specials apply. The WineShop at Home wine club and gift ideas can be found at: http://www.wineshopathome.com/ DeborahLeben- 703-217-4583.

TASTEFULLY SIMPLE: October is the PERFECT month to host a TASTEFULLY SIMPLE party. We sit around and eat, and you earn free products. Individual items are \$9.99 or less! Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www. tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net

PINK PIGGY SWEETS: Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit www.pinkpiggysweets.com or call 571-333-7477.

PETS______ AROUND MIDNIGHT PET SERVICES,

LLC: Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218, www.aroundmidnight.net, Pet Lovers Providing Care.

PROFESSIONAL SERVICES JORDAN DAVID PHOTOGRAPHY:

JordanDavidPhoto@gmail.com. (703) 473-9260. Recent college graduate with a Bachelor of Fine Arts degree in Photography offering competitive prices for Senior Portraits, Pet Portraits, Family Photos, Headshots, Engagement Photos, and more. Private instruction also available.

GGGGGRRRRR!!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10^{th} of each month for the next month's issue.

MONTHLY RATES:

RESIDENT

Month to Month \$9 6 months prepaid discount \$8 12+ months prepaid discount \$7 Personal (For Sale) Ads \$0

NON-RESIDENT Month to Month \$18 6 months prepaid discount \$17 12+ months prepaid discount \$16

PAYMENTS and ADS:

Please email ads to: scollins@broadlandshoa. com. Checks only please, made payable to "Broadlands Association". *No cancellations after the initial deadline*. Payments can be mailed or dropped off at:

Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

CONTACT: Ad Manager: Stassa Collins, 703-729-9704

Broadlands Committees and Events

October Activities

<u>Date</u>	Activity
1st	10:00a.m. Virginia Natives Plant and Tree Sale(NC)
5th	9:30a.m. Marvelous Mammals(NC)
	10:45a.m. Wee Hikers(NC)
	1:00p.m. Marvelous Mammals(NC)
	3:45p.m. Mammal Mania(NC)
	7:00p.m. Modifications Subcommittee
	Meeting(NC)
6th	7:00p.m. Candidates' Forum(NC)
7th	9:30a.m. Marvelous Mammals(NC)
7 01	10:45a.m. Wee Hikers(NC)
8th	Nature Center Open 10:00a.m 2:00p.m.
ouri	Noon Family Program - Spiders(NC)
11+6	
11th	6:00p.m. Board of Directors Meeting(NC)
12th	9:30a.m. Marvelous Mammals(NC)
	10:45a.m. Wee Hikers(NC)
	1:00p.m. Marvelous Mammals(NC)
	3:45p.m. Mammal Mania(NC)
	7:30p.m. Tech Committee Meeting(NC)
13th	6:00p.m. Southern Walk Hearing
	Committee Meeting(NC)
14th	9:30a.m. Marvelous Mammals(NC)
	10:00a.m. Broadlands Mom's Club(CC)
	10:45a.m. Wee Hikers(NC)
15th	Nature Center Open 10:00a.m 2:00p.m.
16th	1:00p.m. Halloween Costume Swap
	(NC Patio)
19th	9:30a.m. Marvelous Mammals(NC)
	10:45a.m. Wee Hikers(NC)
	1:00p.m. Marvelous Mammals(NC)
	3:45p.m. Mammal Mania(NC)
	7:00p.m. Modifications Subcommittee
	Meeting(NC)
20th	8:00p.m. Investment Club(CC)
21st	9:30a.m. Marvelous Mammals(NC)
	10:45a.m. Wee Hikers(NC)
22nd	Nature Center Open 10:00a.m 2:00p.m.
23rd	4:00p.m. Halloween Parade(Parade will start
	at the path by the CC)
26th	9:30a.m. Marvelous Mammals(NC)
2000	10:45a.m. Wee Hikers(NC)
	1:00p.m. Marvelous Mammals(NC)
	3:45p.m. Mammal Mania(NC)
28th	9:30a.m. Marvelous Mammals(NC)
2011	10:45a.m. Wee Hikers(NC)
	6:00p.m. 3rd - 5th Grader Halloween
29th	Party(CC) 8:00p.m. Adult Halloween Party(CC)
∠ສແມ	



Broadlands Live! Summer Concert Committee Chair: Open.

Community Events Committee Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.

Neighborhood Watch Committee Chair: Open

Recreation Committee

Chair: Open. Contact Staci Kapinos, ssdkapinos@ yahoo.com, (703) 728-5849 for more information.

Swim Team Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)

Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents. Chair: Dawne Holz, dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org



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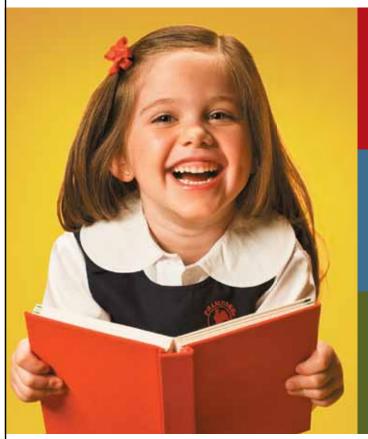
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Broadlands Association, Inc. 21907 Claiborne Parkway Broadlands, VA 20148





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