



BROADLANDS



Community News

January 2012

Happy New Year!

- The HOA office will be closed on January 2nd and 16th in observance of New Year's Day and Martin Luther King's Birthday
- Trash will be picked up as normally scheduled on January 2nd and January 16th
- Change of Address for Monthly Assessments, page 5
- Please note Christmas tree collection days, page 13
- Don't miss out, sign up for Nature Programs with our naturalist, pages 16, 19, 24

National Wildlife Federation Certified Community Wildlife Habitat

3 Things All Parents Should Know Before Choosing A Dance Studio

If all dance studios in the area seem to have friendly teachers, experience teaching children and a big performance at the end of the year, aren't they all pretty much the same? Does it really matter which school you decide to choose? Yes, it does! There are 3 main things that can make a huge difference in the quality of instruction that your child receives.

703.723.8089
www.ashburnballet.com



1. Education Or Competition?

It is important to ask the question of a studio, is your emphasis on education or competition? Dance originated as an art form, and when dance schools compete for trophies and "places" then it becomes a sport. Our dancers' classical training is showcased in performances for the community as artistic entertainment. This allows our students to gain confidence through personal and physical growth. At our school, competitions do not define our students as "winners or losers". Our dancers are equipped with the technique and knowledge to continue their study of dance at a higher educational level if they so choose.



2. What Type Of Performance Do You Have At The End Of The Year?

Is the emphasis of the recital the technique that has been taught over the year or is it a dance that has been practiced for the entire year? We don't start our recital dances until the beginning of February, with an emphasis on technique throughout the year. We choose tasteful and age appropriate costumes and choreography for all of our dancers. We want parents to feel comfortable and proud of what their children are presenting on stage. We feel the focus of the performance should reflect what the students have learned throughout the year.



3. What Are Your Teachers' Qualifications?

It is important to ask what training and background the instructors at the studio have. Dance instructors should have either a college degree or pursuing one and/or professional experience. All of our instructors at the Ashburn Academy of Dance either have a college degree and/or professional experience.

Loudoun County's Premier Private School Preschool through 1st Grade



OPEN HOUSES

Sunday, **January 22** - 12:00p to 3:00p

Sunday, **February 12** - 12:00p to 3:00p

INFORMATION NIGHTS

6:00p to 7:00p

FULL DAY KINDERGARTEN & 1ST GRADE

Wednesday, **January 18**

KINDERGARTEN ENRICHMENT

Thursday, **January 19**

Check out our website for weekday open houses

www.goldenpondschool.com Ashburn, VA 703-723-7663

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BROADLANDS



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HOA Office and Website

21907 Claiborne Parkway
Broadlands, VA. 20148
(703) 729-9704 Fax: (703) 729-9733
Open Monday - Friday 9:00am - 5:00pm
www.broadlandshoa.org

Armstrong Management Services

Assessment Information Office:
Direct Phone: (703) 679-1541
FAX: (703) 591-5785
Email: broadlands@armstrong.net

Mail Payments to:
Armstrong Management Services
P.O. Box 11983
Newark, NJ 07101-4983

Southern Walk Board of Directors

(Open Band Contract Administration Only)

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Time to Remove Your Holiday Decorations

What a wonderful holiday season it was! Sparkling lights, prancing reindeer, smiling snowmen and lovely green wreaths; we all enjoyed the show! But now it is time to pack up the decorations and enjoy your holiday memories.

The Broadlands Design Guidelines require that holiday lighting and decorations be removed in a timely manner. Please plan to pack yours away by February 1st.



Drama Develops Kids

Drama Kids announces Acting Academy for students ages 11-16!

Coming to Brambleton Community Center in January.
Enroll today! Class size limited.

DKI Acting Academy:
Ages 11-16
Upper Primary:
Ages 9-10
Lower Primary:
Ages 6-8



Special Introductory Rate!
Attend 4 classes for only \$49.00
with no registration fees.
New students only. Based on availability.
Use coupon code BRAMB.
Drama Kids INTERNATIONAL



Area weekly classes held in:

- Brambleton
- New! Ashburn Presbyterian Church
- Local elementary after school program available



Register Online!

www.dramakids.com/va4

703-726-1226

Thank you!

A heartfelt thank you to all of my customers over the past 8 years that have frequented the Broadlands Subway location.

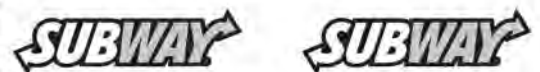
Although I am selling this location, my Subway team and I are still supporting the community and our customers at our other two locations Ryan Park Commercial Center and Ashburn Farm.

Come visit us at our other locations and enjoy these specials exclusively for our Broadlands customers. If you would like information on Fundraisers, Special Events, School Programs or Catering, please email me at vincecarbone1216@aol.com or call me at the Ryan Park store 703-729-3717 or my Ashburn Farm location 703-726-9660.

We wish you a safe and happy holiday season!



Vince Carbone
Subway Owner



FREE Egg and Cheese Muffin Melt!

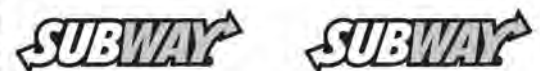
No purchase required.

Expires 1/31/12 Valid only at Yukon Drive and Junction Plaza Subway locations.
Add-ons extra. One coupon per customer per visit.



Buy one 6-inch sub, Get a second 6-inch sub FREE!

Expires 1/31/12 Valid only at Yukon Drive and Junction Plaza Subway locations.
Excludes Premium subs. One coupon per customer per visit.



Any Regular Footlong for \$5!

Expires 1/31/12 Valid only at Yukon Drive and Junction Plaza Subway locations.
Excludes Premium subs. One coupon per customer per visit.

Scouting for Food

Cub Scout Packs 1483 and 1484 would like to extend a huge THANK YOU to the Broadlands community for making the Scouting For Food Drive a success. Because of your generosity, we collected over 9,000 pounds of food!

Your donations went to support Loudoun County LINK program, Backpack Buddies, which provides food for kids whose only hot meal is at school, and the Messiah's Market food pantry. Representatives of these programs were overwhelmed with joy at this amount of food and the efforts of our boys. Our donations will feed hundreds of families this holiday season and beyond. Thank you, on their behalf.

CHANGE OF ADDRESS FOR MONTHLY ASSESSMENTS

Effective January 1, 2012, all monthly HOA payments should be sent to the following new address:

**c/o Armstrong Management Services
P.O. Box 11983
Newark, NJ 07101-4983**

New coupon booklets will be generated in time for the January assessment fee payments with the new post office mailing address above. Homeowners who pay their assessment fees via Armstrong Management's Direct Debit or PayLease program do NOT need to do anything differently. Homeowners who utilize bill payment services provided by their specific bank or financial institution need to update the remittance P.O. Box mailing address.

*Can't Afford to Fly to New Orleans for
Mardi Gras?*

Broadlands will bring it to YOU!

Broadlands Annual Mardi Gras Party

Saturday, February 18th

Broadlands Community Center

8:00p.m. – 11:00p.m.



Traditional hurricane punch, beer, wine & Kings cake!

Appetizers provided by Cajun Experience

DJ services by Neal Keller

Door prizes & giveaways!



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Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
January 18, 2012	January 13, 2012
February 15, 2012	February 10, 2012
March 07, 2012	March 02, 2012
March 21, 2012	March 16, 2012

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.

Homeowners Association Board of Directors Meeting

**Tuesday, January 10, 2012
at 6:00 p.m.**



*in the
Nature Center
conference room*



Broadlands Association

Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

NO MORE LATE FEES!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your personal account on the same day each month and automatically applied to your HOA account...no worrying if your check arrived on time and NO MORE LATE FEES!

You can pick up an application at the HOA office at the Nature Center or online at <http://www.broadlandshoa.org>.

Click on 'HOA Forms' in the directory and then on 'Auto Pay Application' or find it on page 9 of this newsletter.

**Southern Walk HOA
Board of Directors Meeting
Thursday, January 12, 2012
at 6:00 p.m.**

*in the
Nature Center Conference Room*

Help Make Snow Plowing Easier and Faster

When a snow storm has been predicted, especially overnight, the snow plows will be working during the early morning hours. The best way to ensure that the plowing crews can clear the streets better and faster is to park in driveways and parking spaces. In many of the townhouse and private streets sections, a vehicle parked in the street can severely restrict the ability of the plows to do their work.



Help your community by parking in garages, driveways and marked parking spaces.

Thank you for your assistance.

Winter is Here - Please be Prepared!



Both Virginia and Loudoun County Codes require that the occupant - whether an owner or a tenant - remove all snow and ice from any walkway adjoining any part of their property within 6 hours after the snowfall has ceased.

If the snow or ice fell during the night, it must be removed by Noon the following day. Should the storm occur on Sunday, the accumulation must be removed by Noon on Monday.

Failure to comply with the Code can result in a fine of \$250.00 imposed by the county. Complaints should be reported to the County Department of Building and Development, (703) 777-0635.

Please be a good neighbor and a good citizen. Clear your walkways and keep Broadlands a safe environment for all our residents. If you know someone physically unable to keep their walkway clear, please consider giving them a helping hand.

STAY SAFE-

Don't Skate on the Community Ponds!

Please remember skating is prohibited on all community ponds. Even walking on any ice covered pond can be very dangerous.

The surface of the pond may appear to be frozen, but our winters are normally not cold enough to guarantee that the ice is thick enough to support anyone's weight, even a child's.

Parents, please tell your children that it is extremely dangerous, even deadly, to walk or skate on the ponds in the community.

Let's keep our neighborhood safe!



Pete Ball

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Acct# _____
Assmt Freq _____
Balance _____
Coll. Status _____

AUTOMATED PAYMENT SERVICE AUTHORIZATION FORM

Armstrong Management Services, Inc. is pleased to offer you the option of using the electronic transfer of funds method to make your assessment payments. This allows automatic payment of your assessments from virtually any banking institution that you choose to be credited directly to the Association's account. This way you will not have to remember when to make a payment, you will not have to take the time to write and mail a check, you can save money on postage, and all your payments will be made in a timely fashion, thus avoiding any late charges to your account.

To initiate participation, please complete this *Authorization Form*, attach a voided check from your designated bank account, and mail them to the letterhead address. The assessment amount will be taken out of your account during the ***FIRST WEEK*** of each billing cycle.

You are responsible for all assessments on your account up until such time as you are notified in writing that your first assessment payment will be taken out of your account.

If you have any questions, please call the Accounting Department at 703-385-1133 or 540-288-4634. Thank you.

I (we) hereby authorize Armstrong Management Services, Inc., hereinafter called "Company," to initiate debit entries to my (our) account indicated below and the financial institution named below, hereinafter called "Financial Institution," to debit the same to such account for association dues. I (we) acknowledge that the origination of ACH transactions to my (our) account must comply with the provisions of U.S. Law.

APPLICATION TYPE (Please Circle One) NEW APPLICATION BANK CHANGE ONLY

NAME (S) _____

ASSOCIATION NAME _____

ADDRESS OF UNIT _____

PHONE NUMBER _____ / _____ (HOME) _____ / _____ (OFFICE)

EMAIL ADDRESS _____

This authority is to remain in full force and effect until "Company" has received written notification from me (or either of us) of its termination in such time and manner as to afford "Company" and "Financial Institution" a reasonable opportunity to act on it.

SIGNATURE

DATE

SIGNATURE

DATE

*****THIS BOX MUST BE COMPLETED IN ITS ENTIRETY & A VOIDED CHECK MUST BE ATTACHED!*****

FINANCIAL INSTITUTION _____

TRANSIT ROUTING NUMBER (on bottom left of check) _____

BANK ACCOUNT NUMBER _____

ACCOUNT TYPE (Please Circle One)

SAVINGS

CHECKING

Please note there is a service charge per payment returned for insufficient funds or closed accounts. If two payments are returned within one year, the service will be stopped and you will be responsible for making all future payments. All written debit authorizations must provide that the Receiver may revoke the authorization only by notifying the Originator in the manner specified in the authorization. Single entry reversals do not require authorization by the Receiver. The underlined language in the authorization above represents the disclosure requirement associated with the clarification of OFAC economic sanction policies upon ACH Network Participants. Armstrong Management Services, Inc. reserves the right to reject and/or revoke participation in the Direct Debit Program at any time.

*****NOTE: FEDERAL CREDIT UNION MEMBERS SHOULD VERIFY THE ACH
ROUTING NUMBER WITH THEIR BANKING INSTITUTION*****

2011-2012 Snow Removal Guidelines

Within this section, you will find a list of streets indicating which entity is responsible for snow removal. **Please reference this list to determine who to call with snow removal concerns.** Broadlands Association provides snow removal for the private streets that have been completed by the builder and are owned by the Association. As the public streets in the single family home sections are accepted into the state road system, they will be maintained by the Virginia Dept. of Transportation (VDOT). Any new construction areas in Broadlands would contact their builder, Van Metre, unless their section/street is included in the HOA or VDOT areas to plow. Major roadways such as Claiborne Parkway, Demott Drive, Vestals Gap Drive, Ellzey Drive, Chickacoan Trail Drive, Glebe View Drive, Truro Parish Drive and Route 625 (Waxpool Road) are considered priority snow removal routes. After these roadways are cleared, work will begin on the secondary residential streets.

Snow plowing is to begin after there has been an accumulation of 2 inches of snow. Sand and/or chemicals will be used at critical intersections and as needed on streets.

In addition, there is a Loudoun County ordinance (Chapter 1022) that requires the owner/occupant of a property which has a public sidewalk adjoining or touching the property in front, rear or either side, to clear or treat that sidewalk for snow and ice within 6 hours of a snowfall (by 12:00 noon for overnight snowfall). Property owners abutting common areas (i.e. along Ellzey Drive) are also responsible for clearing those sidewalks. This will provide a safe walkway for children going to school. The County Department of Building and Development is responsible for enforcement of this ordinance.

Numbers to Call with Snow Removal Questions or Problems

VDOT (Northern Virginia District Office)	703-383-8368
HOA (Broadlands Association)	Maureen Burns 703-729-9714 Main office: 703-729-9704
Van Metre Homes (New Construction)	Tom Marable 703-723-2800
Developer (Broadlands Associates, LLP)	Tom Marable 703-723-2800

STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Ainsley Court	70	VDOT	Burnt Hickory Court	21	Van Metre
Arbor Glen Court	24	VDOT	Cattail Meadows Place	38	VDOT
Arbor Greene Way	54	HOA	Cedar Springs Court	36	VDOT
Ardmore Street	26, 28, 30	HOA	Center Point Circle	28	HOA
Arundell Court	6	VDOT	Center Post Terrace	7	HOA
Atherton Street	28, 30	HOA	Champney Court	42	VDOT
Aurora Heights Drive	21	Van Metre	Chickacoan Trail Drive	1, 14, 15, 24, 38, 40, 44	VDOT
Autumn Harvest Court	24	VDOT	Claybrooke Circle	28	HOA
Autumnwood Square	10	HOA	Clover Meadow Court	40	VDOT
Avens Court	5	VDOT	Cloverleaf Court	78	VDOT
Avonworth Square	60	HOA	Columbus Street	28	HOA
Awbrey Place	15, 16	VDOT	Coulwood Terrace	60	HOA
Ayr Hill Court	80	VDOT	Crossbeam Square	7	HOA
Bankbarn Terrace	3	HOA	Crosswinds Terrace	58	HOA
Basil Court	20	VDOT	Darby Terrace	26	HOA
Bayard Terrace	56	HOA	Demott Drive	6 (Residential areas)	VDOT
Becontree Terrace	56	HOA	Dilworth Terrace	60	HOA
Bexley Way	42	HOA	Dobson Court	Private Drive	Owners
Bluestone Court	24	VDOT	Edgemere Terrace	56	HOA
Bramblebush Terrace	56	HOA	Ellzey Drive	1, 4, 5, 24	VDOT
Broadwell Court	82	VDOT	Engleside Place	72	VDOT
Broxton Terrace	56	HOA	Evening Breeze Court	13	VDOT
Buckley Terrace	30	HOA	Fairweather Court	20	VDOT

2011-2012 Snow Removal Guidelines – cont.

STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Falling Rock Terrace	34	HOA	Ridenour Ridge Lane	23	Van Metre
Fernbrook Court	38	VDOT	Riders Square	11	HOA
Field Station Terrace	8	HOA	Ridgeway Drive	70,72,74,80,82,90	VDOT
Fieldthorn Terrace	56	HOA	Riverstone Court	38	VDOT
Fling Court	6	VDOT	Royal Fern Terrace	54	HOA
Foche Terrace	11	HOA	Sandhurst Court	72	VDOT
Forest Edge Square	34	HOA	Scara Place	17, 19	VDOT
Frame Square	7	HOA	Schenley Terrace	54	HOA
Fullerton Street	26	HOA	Schoolhouse Court	4	VDOT
Gatehouse Way	14	VDOT	Shady Wood Terrace	34	HOA
Gentle Heights Court	44	VDOT	Silverthorne Court	20	VDOT
Glebe View Drive	17, 20, 42, 43, 44	VDOT	Small Branch Place	36	VDOT
Glyndebourne Court	74	VDOT	Songbird Court	40	VDOT
Golden Autumn Place	24	VDOT	Spring Morning Court	24	VDOT
Goodwin Court	5	VDOT	Springwell Drive	36	VDOT
Great Sky Place	23	Van Metre	Stillbrook Farm Drive	13	VDOT
Halburton Terrace	56	HOA	Stone Hollow Drive	78	VDOT
Harvest Green Terrace	10	HOA	Stonestile Place	78	HOA
Hawksbury Terrace	54	HOA	Stonewheel Way	42	VDOT
Hearthstone Court	16	VDOT	Sturman Place	18	VDOT
Heritage Oak Court	80	VDOT	Summer House Place	42	VDOT
Hidden Pond Place	36	VDOT	Sundance Square	39	HOA
Highgrove Terrace	56	HOA	Sunderleigh Square	56	HOA
Highview Trail Place	82, 90	VDOT	Sundial Court	42	HOA
Hollowind Court	13	VDOT	Sunstone Court	76	HOA
Humbolt Square	30	HOA	Sweet Bay Terrace	54	HOA
Hunters Green Square	34	HOA	Sweetpine Lane	23	Van Metre
Huntsman Square	10	HOA	Tealbriar Place	62	Van Metre
Inglewood Court	72	VDOT	Thornblade Circle	62	HOA
Inman Park Place	26	HOA	Thornhill Place	24	VDOT
Iredell Terrace	11	HOA	Tithables Circle	14, 15, 16	VDOT
Ivy Wood Terrace	8	HOA	Topsfield Drive	82	VDOT
Kennerly Terrace	60	HOA	Tumbletree Terrace	56	HOA
Kisko Way	26	HOA	Vestals Gap Drive	24,36,38,40,44	VDOT
Kitchen Prim Court	17	VDOT	Vestry Court	4	VDOT
Larchmont Way	54	HOA	Welby Terrace	8	HOA
Laurier Drive	74	VDOT	Wells Way	70	VDOT
Lefevre Inn Drive	5	VDOT	Westdale Court	52	HOA
Mapleton Court	70	VDOT	Whisperhill Court	82	VDOT
Marburg Terrace	60	HOA	White Post Way	15	VDOT
Markham Place	26, 28, 30	HOA	Wild Timber Court	21	Van Metre
Marsh Creek Drive	38	VDOT	Windover Drive	52, 54	HOA
Meadow Field Court	40	VDOT	Windy Oaks Square	58	HOA
Meander Crossing Ct	40	VDOT	Windy Pine Court	90	VDOT
Merion Street	26, 30	HOA	Wingfoot Court	52	HOA
Middle Ridge Place	42	VDOT	Withers Grove Court	90	VDOT
Midsummer Way	24	VDOT	Woodspice Court	44	VDOT
Milford Drive	52	HOA	Through Streets		
Moss Landing Court	36	VDOT	Belmont Ridge Road	Rt. 659	VDOT
Mount Auburn Place	43	VDOT	Broadlands Boulevard		VDOT
Newbridge Square	11	HOA	Claiborne Parkway	Ashburn Farm - Wynridge	VDOT
Oak Post Court	74	VDOT	Claiborne Parkway	Wynridge - Croson	VDOT
Oatyer Court	15	VDOT	Croson Road	Rt. 645	VDOT
Old Wood Way	36	VDOT	Hillside Park		HOA
Overland Park Drive	26, 28, 30	HOA	Ryan Road	Rt. 772	VDOT
Pallan Terrace	60	HOA	Shelhorn Drive	Rt. 643	VDOT
Park Brooke Court	78	HOA	Truro Parish Drive		VDOT
Park Creek Drive	62	Van Metre	Village Drive		VDOT
Park Glenn Drive	62	Van Metre	Waxpool Road	Rt. 625	VDOT
Reamy Way	19	VDOT	Wynridge Drive		VDOT
Reynwood Place	44	VDOT	Mooreview Parkway	to Old Ryan Road	VDOT

Loudoun County Public Library Short Story Writing Contest and Workshops for Teens

Where: Loudoun County Public Library
Who: For teens (age 12-18) in grades 6 through 12
What: Short Story Writing Contest and Writing Workshops for Teens
When: Contest: January 2 through March 1, 2012
Workshops: January 11, 30, 31, 2012
Contest Award Party: 6:00 pm, April 22, 2012

Details: The Loudoun County Public Library second annual “*It’s All Write*” short story writing contest for teens begins January 2, 2012. Writers are limited to one entry per person which must be submitted via email between January 2 and March 1, 2012. Cash prizes will be awarded for first, second and third place for grades 6 through 8 and 9 through 12. Start writing now!

Writing contest guidelines and details may be found online at <http://library.loudoun.gov/shortstorycontest> or visit any branch and talk with a staff member. One entry per person should be submitted by March 1, 2012 via email to: allwrite@library.loudoun.gov.

Author, Sharon Flake will announce the winners and present the awards at the “*It’s All Write*” award party at 6:00 pm on April 22, 2012 at Park View High School in Sterling. All contest participants are encouraged to bring their family and friends to the award party. Sharon Flake is the author of *The Skin I’m In* and is a winner of the Coretta Scott King/John Steptoe New Talent Award. Visit her website at: <http://www.sharongflake.com/>.

Writing Workshops will be held in conjunction with the short story contest and all teens are encouraged to attend; contest entry is not required. If you love to write, want to learn more about getting published or simply want to hone your craft, these workshops are for you!

Writing workshops will be held on the following dates:

January 11, 6:00 pm to 8:00 pm, Rust Library

Kevin Summers, author of stories set in the Star Trek Universe and creative writing teacher at the Loudoun Campus, Northern Virginia Community College.

January 30, 7:00 pm to 8:00 pm, Ashburn Library

Tinesha Davis, author of *Holler at the Moon* and a member of the Board of Directors of the Zora Neale Hurston/Richard Wright Foundation and writing coach for Book-in-a-Day program.

January 31, 6:00 to 8:00 pm, Cascades Library

Kwame Alexander, Founder of Book-in-a-Day, a non-profit program designed to teach high school students how to write poetry and publish a book – in just one day! Author of 14 books, publishing company owner and has written for stage and television.

Workshop information may be found online at <http://library.loudoun.gov> or visit any library branch and talk with a staff member. Participation in the writing contest is not required to attend a writing workshop.



Naturalist Hours in January:

January 3rd and 4th:
9:00a.m. - 5:00p.m.

January 5th and 6th:
9:00a.m. - 4:00p.m.

Saturday, January 14th:
10:00a.m. - 2:00p.m.
The Family program is at Noon

Normal hours are:
Tuesdays: 10:00a.m. - 1:00p.m.
Wednesdays: 9:00a.m. - 5:00p.m.
Fridays: 9:00a.m. - 1:00p.m.



Patriot Disposal Collection Schedule

Mondays:

Trash and Yard

Waste (yard waste may be mixed with trash in January, February and March).

Thursdays:

Trash and Recycling



Please have trash and recycling at the curb no later than 7:00a.m. Trash pick up will be on a normal schedule on Monday, January 2nd and Monday, January 16th.

Christmas trees will be picked up on Monday, January 2nd and Monday, January 9th.

*Patriot Disposal will be participating in the Loudoun County Landfill Christmas Tree Recycling Program this year which means that **only clean, natural trees will be accepted** by the county for recycling. Patriot **will not** pick up trees that are bagged or have any lights, decorations, tree netting or tree stands on them for recycling. Wreaths, artificial trees and trees still covered with lighting and decorations will be picked up with the regular trash collection.*

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The Critter Corner By Dr. Steve Velling Ashburn Village Animal Hospital “Nice Jacket”

My mother sends me articles on animals all the time, and a while ago she sent me a clipping from Reader's Digest about a “Thundershirt”. It claimed to calm dogs down during thunderstorms, which I thought was interesting but a bit hard to believe. But then we had Buddy the Beagle come in the hospital shortly after that for a routine appointment. Now Buddy is typically a very nervous dog, shaking and drooling the entire time he is in for his visit, even before we've done anything to him, but this time he came in wagging his tail, calmly sitting still while I examined him. I immediately noticed that he was wearing a grey fleece Thundershirt, and by the end I was truly impressed with how well he did. I asked Mrs. Jones if Buddy had been given any medication, and she just laughed and said that the shirt was the only change that she could think of. After that exam I started to change my opinion about this shirt and decided to look into it a bit more.

The company says that the shirt acts by providing constant, gentle pressure over a variety of pressure points to bring “calm and focus” during stressful events. This does coincide with other theories and practices that use gentle pressure to provide comfort, such as a swaddling blanket for babies. However, I have also seen some people not use the shirt properly. One woman used a Thundershirt on her dog after a storm had already started, but by then it was too late to help calm him down. The dog then came to associate the shirt WITH the storm and became anxious even when the shirt was put on him prior to a storm. In addition, I have seen some dogs that have such severe anxiety (from conditions such as separation anxiety or being abused by a housemate) that a Thundershirt simply was not enough and which required properly dosed medication and environmental changes.

Overall, the Thundershirt definitely has its place, and I would encourage you to consider using one if you have a nervous dog. Plus, they now come in some rather stylish colors so you can start the new year with a calmer, more well-dressed dog!

If you have any questions about this, give us a call.

Happy New Year!

Till next time,
Dr. Steve, www.ashburnanimals.com

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Add Some Winter Interest to Your Landscape

As I drive to and from work this time of year, I enjoy the quiet beauty of the winter landscape. The outline of trees against the winter sky can provide a picture of minute detail, with tiny twigs appearing as fine brush strokes on a canvas. With a little imagination, gnarled trunks and branches that have survived many years can appear to be dancers on a stage. Oaks and beeches with leaves still attached seemed to be half dressed. On sunny days, the mountains are magnificent when shadows from passing clouds go dancing over them. Of course, you can enjoy this even more if you are the passenger and not the driver!

Many perennial plants, ornamental grasses, and trees and shrubs can provide color in the landscape. Consider using fine-textured plantings that change to warm colors of gold, russet, and brown after frost. Ornamental grasses, such as pink muhly grass (*Muhlenbergia capillaris*) and feather reed grass (*Calamagrostis aculiflora stricta*), planted in masses create a sweeping, soft patchwork in winter. If planted where the sun backlights them, some of the grass flowerheads almost seem to glow. Perennials may go dormant during winter, but they can still add texture and color to the landscape. For example, black-eye Susans (*Rudbeckia fulgida*) add a deep brown to the winter landscape. If you leave the flowerheads of purple coneflower (*Echinacea purpurea*), you will have an interesting dark brown to black color, the spiky texture of the spent flower, as well as the bonus of visiting gold finch to feed on the seeds. Several plants with persistent berries, such as winterberry (*Ilex verticillata*) and viburnums (*Viburnum* sp.) add reds and oranges to the landscape while providing fruits for birds.

One of my favorite shrubs or small trees for winter landscape interest is the star magnolia (*Magnolia stellata*). It has large gray flower buds similar to pussy willow buds and smooth gray bark. Another favorite is crape myrtle (*Lagerstromia indica*) with its persistent seed pods and wonderful exfoliating bark. Others that you might consider are Japanese maple (*Acer palmatum*), especially the varieties that have the red branches, or paperbark maple (*Acer griseum*) which also offers exfoliating bark. Don't forget to consider witchhazel (*Hamamelis* sp.). Depending on the species you select you can have flowers in fall or in late winter/early spring. Another late winter bloomer is winter jasmine (*Jasminum nudiflorum*) that opens its yellow flowers in late winter/early spring before its leaves appear.

Plants are not the only things that can add interest to your garden in winter. Consider using copper or other metal containers not damaged by cold and ice in the garden to add contrast. Plan garden structures so that they can have

plants trained or espaliered on them or so that they catch snow, providing interesting shapes. A water feature kept from freezing can provide homeowners many enjoyable moments watching the creatures who visit.

This winter, take a stroll around your neighborhood or nearby public garden and see what others use to enhance their winter landscapes then take the ideas you like and incorporate into your landscape.

If you have questions about plants that can be used to provide winter interest in the garden or other horticulture topics, contact the Loudoun County Master Gardener Volunteers at their Help Desk Office at 703-771-5150 or loudounmg@vt.edu. For information on upcoming free gardening lectures and other programs, visit their website at www.loudouncountymastergardeners.org.

Debbie D. Dillion, Urban Horticulturist, Loudoun County Extension

Broadlands Wildlife Habitats Committee

Creating Naturally Healthier Surroundings
We Are Seeking Coordinators and Organizers



Annual Projects

EarthDay@Loudoun 2012, Sunday, April 22, 2012

4th Year Anniversary Celebration of becoming a Community Certified Wildlife Habitats by National Wildlife Federation. Family Nature Programs Talks, Walks, Presentations and More. Working together with local environmental organizations like the Loudoun Wildlife Conservancy we bring programs to you!

Sustainable Living

Rain barrels, composting, gardening, recycling and saving energy! Our committee website provides information with local resources. We plan workshops to learn and find practical, "greener" ways to implement in your family life.

Fall Virginia Native Plant Sale

Nurseries and tree growers who bring hard to find native plants for your garden at the best time to plant. This fall plant sale happens annually at the Broadlands Nature Center.

Our Committee with recognized and awarded accomplishments needs your help. Can you do organizing, purchasing, writing, editing, coordinating and project development?

We are at a critical shortage of volunteers.

We welcome as much available time as you are ready to offer.

Please Call: Oya Simpson, Chair @ 703-725-8040 to find out more!



BROADLANDS



Nature Center

21907 Claiborne Parkway, Broadlands, VA 20148 •
703-729-9704 • Naturalist@BroadlandsHOA.com

2nd Saturday Family Programs

January 14th
At Noon



Fabulous Foxes -fascinating
canines of our local forests.

Learn how to find a fox den, what
their tracks look like and why
they like living amongst us.
Stories, a craft and (weather
permitting) exploration into our
forest and meadow to see if we
have a fox in our midst!

Family Programs
At Broadlands

\$10.00/family up to 5 members

\$2.50/additional family member

\$5.00/1 Adult + 1 Child

Programs are one hour

Non-residents are welcome!

Sunny, our Corn Snake is fed
at the end of each program!



February 11th
At Noon

Preparing for Spring!

Once again we will build bird
houses or make bird feeders
to welcome our feathered
friends home for the spring.
Depending on which project
you choose, there may be
an additional fee for
this program.

March 10th
At Noon

Spring Peepers

It's that time of year again! For some
people, the true end of winter is



heralded not by buds on
the tree but by the song
of the elusive spring
peeper. Learn about them
and how to find these
nighttime serenaders.

The Ugly Truth About the Unbrushed Tooth

By: Shannon M. Pecora, M.A.
Stream Valley Veterinary Hospital

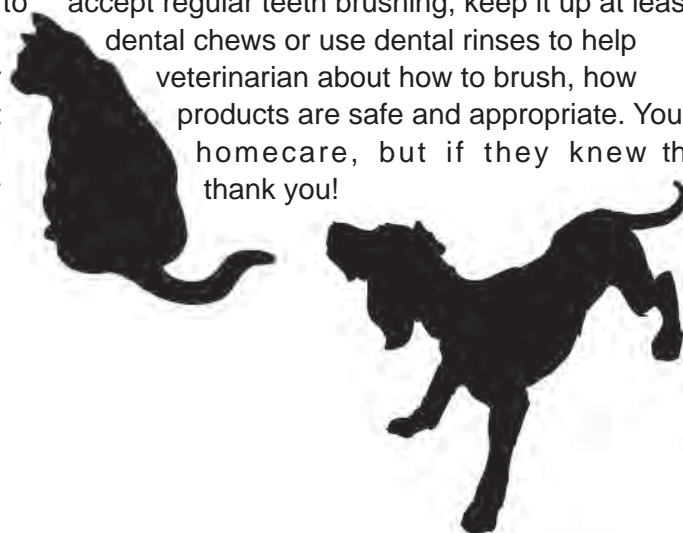
Do you have a dog or a cat? If so, go look in his or her mouth. Yes, right now. Go check it out. What are you worried about? Bad breath? Yellow, or even brown, teeth? Red, bleeding gums? These are not just part of “normal” dog- or cat-mouth; rather, they are signs of dental disease, much like our own dentists warn us about.



Next month, February, is National Pet Dental Health Awareness Month. If you brush your pet's teeth regularly, or at least offer supplemental treats or rinses in between less frequent brushings, then we congratulate you on your awareness! You likely know the state of your pet's mouth and will notice any changes in dental health. And really, that's all pet dental homecare is about. Dental health is a major component of overall pet health, so maintaining oral health is as vital as proper diet, exercise, grooming, and regular veterinary visits.

What do you risk by not giving proper attention to your pet's teeth and gums? For one thing, pets are living longer. An elderly pet will be able to eat, drink, and simply live more comfortably in the absence of dental disease. Gum infections, cavities, and such can be painful for your pet, and these problems can require extensive treatment. While most pets can benefit from periodic dental cleanings, these are anesthetic events in and of themselves. Add gum surgery or tooth extraction to that event, and you may end up adding discomfort, pain, anesthesia risk, and expense as well. Additionally, dental disease generally means an excess of bacteria in the mouth. Via open wounds (i.e.—bloody gums) or even swallowing, that bacteria can make its way into your pet's internal organs and cause further disease. And let's not forget that bad breath. Yes, dogs' and cats' mouths are decidedly not minty-fresh, but they do not have to reek of bacteria and decay. Pet toothpaste comes in many flavors, and most of them are meant to appeal to the pet. You'll find chicken, beef, and seafood are the most popular, but you can even find vanilla mint. Even though most of us would never consider brushing with beef Colgate, the alternative odor of a diseased pet mouth can make bouillon-scented pet breath easy to tolerate.

We know that brushing a dog or cat's teeth twice daily can be both difficult and time-consuming. This routine is the ideal, and we even have a client who uses an electric toothbrush on her dog's teeth two times a day! However, once you slowly but surely train your pet to accept regular teeth brushing, keep it up at least every two or three days. In between, you can offer dental chews or use dental rinses to help maintain oral health. And, to get started, talk to your veterinarian about how to brush, how products are safe and appropriate. Your pets may only begrudgingly put up with this dental homecare, but if they knew the risks you're helping them avoid, they would certainly thank you!



From the Naturalist...

By ANS Naturalist Lisa Matthews

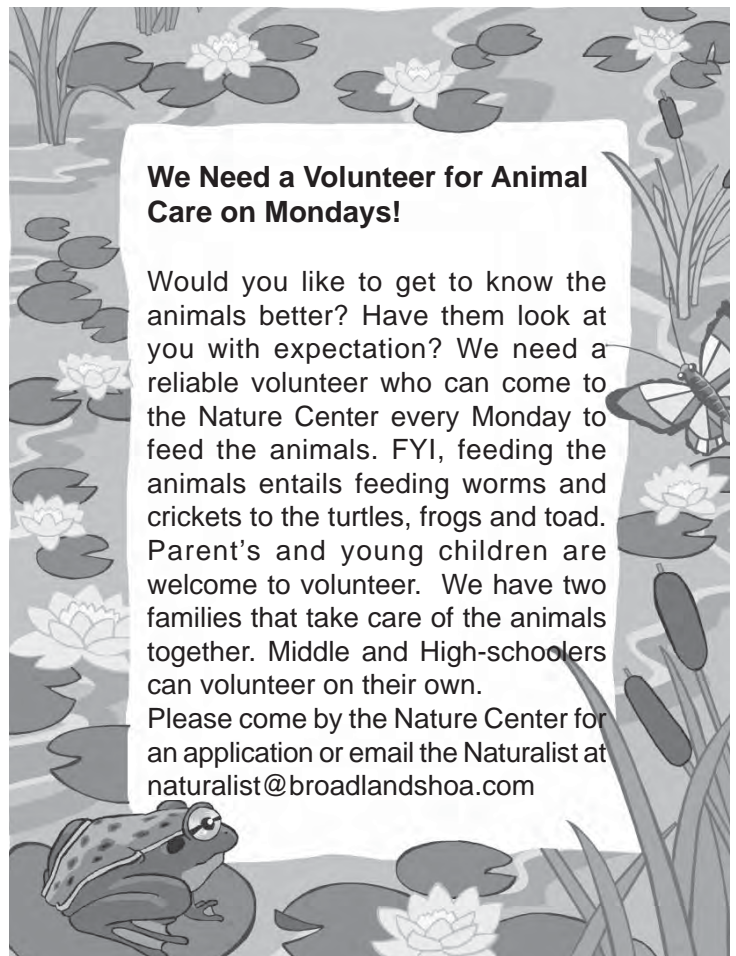
Okay folks, time for us to do our New Year's Resolutions! It is pretty easy for us to come up with the resolutions that we hope to keep. Kids often have a hard time coming up with resolutions that they can stick to (like us), so how about making resolutions together as a family that can have a real impact on the world!

Here are 10 things that you, as a family, can do that will have a real impact on the environment and that you can give your children ownership over.

1. Assign one of your children to be in charge of the shopping bags. Bringing them from the car to the store and then after unloading at home, making sure that they get back in the car. *You save trees and reduce the need for recycling if you use cloth or canvas bags.*
2. Assign one of your children as the official light and appliance checker before leaving the house. *Saves you money and reduces energy waste. Unplug appliances that aren't being used at the moment. This can also prevent house fires.*
3. Have your children sort the recycling (with you in attendance until they learn it). Have one of them be in charge of taking the special items, such as batteries and ink cartridges, with you to the stores that recycle them. *Prevents dangerous acids and metals from getting into the soil and groundwater AND recycled, reduces the amount of raw materials used!*
4. Walk to or ride your bike to school. If this is not practical, then always try to carpool. *Less carbon emissions and smog are burned.*
5. Play more outside and less on video games. Video and computer games use a lot of energy to run. They use more energy than regular programs on your computer or just watching TV. You can tell by the heat they produce. Remember to unplug them when you aren't using them!
6. Use less disposables items like napkins, paper towels, and paper plates that use a lot of trees. If you must use them, then use reusable or compostable types. Styrofoam is the worst. It takes a long time for Styrofoam to break down. *Consider buying inexpensive linen towels to clean with and cloth napkins to use instead of paper.*

7. Buy products in bulk and packaged in recyclable packaging. If it is in plastic, try to buy the product that is stamped as 1 or 2. *They are the most easily recycled.*
8. Compost! You can reduce landfill waste by composting your vegetables, fruits and paper into usable soil. There are even small household type composters called vermicomposters that use worms to compost your table waste.
9. Turn off the water when you are taking a shower or brushing your teeth between rinses! *You'll save a TON of water and energy used for heating the water heater!*
10. Volunteer! There are groups that are out there planting trees, cleaning up streams and local parks, and planting organic and bee gardens. Be apart of it!

If we all do the little things, then we should be able to take the strain off of our landfills and improve the environment. Isn't that something worth a resolution or two?



We Need a Volunteer for Animal Care on Mondays!

Would you like to get to know the animals better? Have them look at you with expectation? We need a reliable volunteer who can come to the Nature Center every Monday to feed the animals. FYI, feeding the animals entails feeding worms and crickets to the turtles, frogs and toad. Parent's and young children are welcome to volunteer. We have two families that take care of the animals together. Middle and High-schoolers can volunteer on their own. Please come by the Nature Center for an application or email the Naturalist at naturalist@broadlandshoa.com



We sincerely **THANK YOU** for your donation to the Loudoun bike drive for Toys for Tots.

On Saturday, December 17th we were able to turn over 38 brand new bicycles for boys and girls of all ages to Colonel John Thornell (USMC, Ret), the Loudoun County Toys for Tots Coordinator.

This number represents a 300% increase over the bicycles donated by this region to the program a year ago. Please share in our joy by imagining the beaming smiles of all the 32 boys and girls who will receive the bicycles this holiday. This would not have been possible without your generous support!

Thank you very much and Happy Holidays to all!
Kaitlyn Wells and Carly Melkus



20th Annual
Van Metre 5 Mile Run

SAVE THE DATE!

Saturday, March 10, 2012

BROADLANDS

Ashburn, VA - 8:30 am

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Registration: \$25 • after March 5: \$30

• Children 12 & under: \$5

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Phone (703) 425-2600 ext 2288

Register online at www.runwashington.com

DIRECTIONS TO BROADLANDS

From the Beltway, follow Dulles Toll Road West.

Take the Dulles Greenway to

Exit 6 (RT 772) Ashburn/Broadlands Exit.

Left at exit ramp, then left onto

Wynridge Drive to the Broadlands Marketplace.





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Troop 1703 Picked up trash in Broadlands helping to keep the neighborhood beautiful. Great job ladies!



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Suite 100, Broadlands
P: 571.252.7353

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Nature Center Programs

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide Nature programs for the community. To register, call the Broadlands HOA office at 703-729-9704 or email naturalist@broadlandshoa.com to reserve your place in the program. We go outside for most programs so please dress appropriately and wear sturdy shoes.

Our Audubon Naturalist offers programs for Scouts, Families, Birthday Parties, After School, PreK and K, and Parent and Toddler Programs. Check our website for upcoming programs.

Winter Program Schedule 2012

Classes offered the following days and times starting the week of January 1st:

Winter Explorers

Age: 4 and 5 years old(PreK and K)

Days and Times: Wednesdays 1:00p.m. - 2:00p.m. and Fridays 9:30a.m. - 10:30a.m.
(Friday's start date is January 6th)

Price: \$30.00 for 6 weeks

It's a winter wonderland outside, and not everyone is hibernating. Now is a perfect time for observing animals and their winter activities. We will go outside to see what we can find. We will top it off with indoor games and activities and to visit with our nature center friends.

Week 1:	Why do we have Winter?	Week 4:	Keeping Warm in Winter
Week 2:	Winter Shadows	Week 5:	Snow and Ice
Week 3:	Who's Outside? Who's Sleeping?	Week 6:	Camouflage

Wee Sense!

Age: 18 months - 3 years old

Day and Time: Fridays 10:45a.m. - 11:45a.m. (Start date January 6th)

Price: \$30 for 6 weeks

Toddlers love exploring with all of their senses! Through stories, songs, and tactile games and "experiments" you and your toddler will learn about their senses and use them to explore nature.

Ooey Gooey Science

Grades: 1st - 4th grade

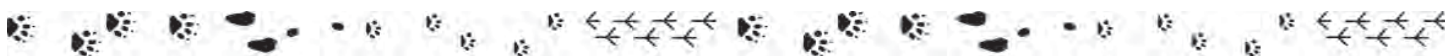
Day and Time: Wednesdays 3:30p.m. - 4:30p.m. (Start date January 4th)

Price: \$30.00 for 6 weeks

Calling all junior mad scientists! This is a camp full of experiments, creations, and make-believe. We'll test our theories in our own "lab" and then head outside to investigate nature's coolest concoctions from slug slime to electricity.

Week 1:	Reflections	Week 4:	Still Slimy!
Week 2:	Light in Darkness	Week 5:	Shocking!
Week 3:	Yuck, its Slimy!	Week 6:	What's that Smell?

Programs continued on page 24



Kritters for Kids

By ANS Naturalist Lisa Matthews

This is the best time of the year to see our friends the woodpeckers! When the leaves are off the trees we are better able to see their little red heads as well as hear them.

We have several different common woodpeckers that live in Northern Virginia. The Pilated Woodpecker, the Northern Flicker, the Red-bellied Woodpecker and the Yellow-bellied Sapsucker are very common here. One of the smallest woodpeckers in the world lives right here in Virginia. It is the Downy Woodpecker. It is only 6 or 7 inches long.

Why do they do that rat-a-tat-tat? Woodpeckers tap the trees to get out the insects that like to hide just inside the soft bark before the harder wood inside. If you watch them, you'll see that they will turn their head side to side to listen for the insects. They use their strong pointed beak to tap out the insects and to make homes for themselves. They have really long tongues with a sticky end to snatch up the insects in the tree and have little bristles around their noses to keep wood pieces from being breathed in!

Woodpeckers tap trees about 8,000-12,000 times a day! (I wonder who counted that.). They tap to find food, but also to "talk" to one another. The Pilated Woodpecker's call sounds a lot like tapping too! You'll hear the woodpecker before you see it so look up when you hear the tapping. Sapsuckers make rows of holes across the tree to drink the sap from the tree as well as look for tasty insects to eat. You can see where they have been mostly on fruit trees.

They have really cool feet. They have two toes pointed forward and two back with sharp claws on them. This allows them to hang in all kinds of directions on a tree, but they mostly sit upright with stiff tail feathers pressed against the tree to allow them to hammer away and then spiral up a tree looking for a meal. It is fun to watch them do this.

Woodpeckers all around the world are endangered. Some of them are critically endangered. Woodpeckers live in forests all over the world except for Australia. When the forests are cut down or burned, there aren't enough places for them to live and food for them becomes scarce. To help the woodpeckers, we must keep the old forests for them to live in.

Want to get a closer look? Well...woodpeckers LOVE peanuts! You can put up a peanut feeder or a suet cake holder with a peanut-filled suet cake. This time of year, when they are so cold and hungry, the woodpeckers that will visit your feeders everyday. The ones at my house have a schedule. Each species seems to come by at a different time of day. Put one out and see how many new friends will come visit you!

January Landscape Tips

- Assess the energy efficiency of your landscape. Do you have evergreen trees or shrubs blocking a window where the sun's warmth would be welcome? Consider replacing them with a deciduous plant that would let sun in during the winter, but cast cooling shade in the summer.
- Examine the limb structure of your shade trees. Remove dead, diseased, and storm-damaged branches. If left on the tree, these weakened limbs can cause damage by falling on buildings or passers-by. For large shade trees needing removal of storm-damaged limbs, call an arborist or tree surgeon now to get on their schedule for pruning while the trees and underlying landscape plants are dormant.
- During winter thaws, irrigate fall planted and established evergreens, especially those on the south and west sides of the house.
- When using salt to melt ice on walks and drives, spread it carefully to avoid damage to nearby shrubs. Damage to needle-type evergreens will be evident next spring by copper and yellow tones. Damaged deciduous plants will have bronze or reddish leaves. Consider using sand, sawdust, or kitty litter instead.
- Brush snow from evergreens as soon as possible after a storm. Use a broom in an upward, sweeping motion. Serious damage may be caused by heavy snow or ice accumulating on the branches. Prop up ice covered branches and let the ice melt rather than try to remove ice from brittle branches.

*KEEP YOUR NEW YEAR'S RESOLUTION
WITH THESE HEALTHY RECIPES*

MenU

Tangy Garlic Shrimp Skewers

5 Cloves Garlic, Minced
1/4 Cup Olive Oil
1/4 Cup Tomato Sauce (or 1/2 Cup Diced Tomatoes)
2 Tbs Red Wine Vinegar
3 -4 Tbs Chopped Fresh Basil
1/2 Tsp Salt
1/4 Tsp Cayenne Pepper
2 Lbs Fresh Shrimp, Peeled and Deveined
Skewers (If wood or bamboo, soak in water)
Mix garlic, olive oil, tomato sauce (or diced tomatoes), vinegar, basil, salt, and cayenne pepper in a blender or food processor. Pulse until blended and pour into a large container with a tight fitting lid. Add shrimp to the container, seal with the lid, and toss lightly to coat. Refrigerate for 30 minutes to an hour, tossing again halfway in to re-coat the shrimp. Lightly oil the grate and preheat the grill for medium. Thread shrimp on skewers like a horseshoe, with the skewer pierced through the head and the tail. Brush the shrimp with marinade again before placing on the grill. Grill each side 2 to 3 minutes, or until opaque, brushing the shrimp once more with marinade before flipping.
Scribd.com

Happy
New
Year!

**Vegetable Tower with Pesto
and Pine Nuts**

Olive Oil
Balsamic Vinegar
Large Whole Portobello Mushrooms
Fresh Spinach
Sun-Dried Tomatoes, Sliced
Feta or Mozzarella Cheese
Pesto (Store bought is fine!)
Pine Nuts

Spray baking sheet with cooking spray. Slice veggies 1/4-inch thick (leave mushrooms in tact) and place on cookie sheet. Drizzle veggies with olive oil, and add a touch of balsamic vinegar to mushrooms. Roast in oven at 400 degrees F for 15 minutes. In the meantime, saute spinach with a little bit of olive oil and garlic. Once vegetables are roasted, put on a new baking sheet sprayed with cooking spray. Fill each mushroom cap with the sauteed spinach, and then layer the rest of the veggies, finishing with sun-dried tomatoes and then cheese. Bake for about 15 minutes, or until cheese is melted. Carefully move vegetable towers to a plate. Drizzle with pesto and sprinkle with toasted pine nuts. Scribd.com

PIRANHAS Swim Team Registration



Come join the Broadlands Piranhas for another fun-filled summer of swimming! The swim team is open to Broadlands residents ages 5-18.

Our goal is to develop a love of swimming while teaching proper technique and good sportsmanship, as well as team and neighborhood spirit. We offer excellent coaching, daily practices, and fun family activities during the season. The Broadlands swim team program has enjoyed a very high level of participation over the years. Because of this success, the Piranhas compete in two summer swim leagues, the Old Dominion Swim League (ODSL) and the Colonial Swim League (CSL).

Please note that registration will begin in March. The dates will be published in the February edition of the newsletter so make sure you receive your copy.

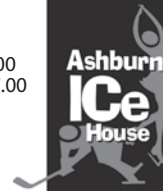
For registration information and details on each team, please visit our website at www.broadlandsswimteam.org.



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Forgive, Forget, and Move on for 2012

By: Katie Herbert CPT, Fitness.innovations@gmail.com



Most people would agree that the hardest time of the year to stay committed to anything is during the holiday season. We often find ourselves skipping workouts in order to fit in extra shopping time. Nutrition plans generally go out the window with office and neighborhood parties galore. Sometimes it can seem like a year full of dedication gets lost in the dust as we stampede towards the New Year. The good news is that a New Year is indeed coming and with it comes the promise of new beginnings and a chance to hit the 'reset' button and try to do a little better in 2012.

Many of us enter a New Year with goals in mind and a checklist of things to accomplish. Too many of us also abandon those lists by the end of January. Why the disconnect? If we all want to make changes and have new goals, why are so many of us unsuccessful at reaching our goals?

There are many reasons that a person will not achieve the goals that have been set. Some people spend their lives studying why humans do what they do. In my experience, the biggest barrier to change is holding onto the past and past transgressions. With my clients, I like to approach change from a recovery perspective, as an addict would.

Step 1 - Recognize your faults. You can't change anything until you admit that eating 3 pieces of pie on Christmas was excessive, not festive.

Step 2 - Forgive yourself. You may have only made it to the gym 3 times in December; you recognize that, no amount of dwelling over it can change it now.

Step 3 - Move on. Make a conscious decision to move on and change the future. A great way to do this is by setting goals and remembering to evaluate your goals from time to time.

Step 4 - Plan for success. The most successful people in life not only have a Plan A but also B and C and so on. For some, planning for success may be keeping a healthy snack in the car as a go to when hunger strikes instead of hitting a fast food joint.

Step 5 - Create a community of change. A great way to keep yourself on track is to get others involved. Plan workout dates with a girlfriend instead of a movie.

Step 6 - Repeat. No one is perfect and we will all fall sometimes; the important thing is to go back and restart, no matter what time of year it is.

While I believe that letting go of the past will open the gates to change, there is another aspect that will play a part in your success. In Step 3, I talked about setting goals. The ability to properly set goals can make or break you. Last year I wrote about 'SMART' goals. As you prepare to forgive, forget, and move on in 2012, keep these principles in mind. First, a goal must be specific, instead of saying "I want to run", think of a more specific goal such as "I want to run a 5k." Next, your goal should be measureable, whether by time or inches or a performance goal. If you can't measure your success, you will never know if you have achieved it. The goal should be attainable. If you have never been into swimming, setting a goal of completing a triathlon may be a big stretch. The goal must be realistic, not easy, but it should be something that you can do and feel like you have pushed a little. Last, the goal should be timely. You need to give yourself a time frame. Instead of just saying you want to lose weight, you could break it down and decide that you want to lose 8lbs in the next 3 months.

Whatever goals you decide upon, I wish you all success and happiness in the year ahead.

Happy New Year Broadlands!

Programs continued from page 19

**First Session for
Spring Program Schedule 2012
Classes offered the following days and times
Beginning the week of February 13th:**

Under a Log

Age: 4 and 5 year olds (PreK and K)

Days and time: Fridays, 9:30a.m. - 10:30 a.m.

Start date February 17th

Price: \$20.00

Let's dig deep and get dirty to explore the wonders of life underneath a log! What critter friends can we find? Are there plants there too? What other fun and funky creatures live there? We will explore logs and rocks to answer these questions.

Week 1: Fantastic Fungus

Week 2: Millipedes and Centipedes

Week 3: Slugs and Snails

Week 4: Salamanders and Worms

Lil Trekkers

Age: 18 months - 3 years old

Days and time: Fridays, 10:45a.m. - 11:45a.m.

Start date February 17th

Price: \$20.00 for 4 weeks

Come with your little one and introduce them to the emergence of spring. Every week we will visit a different trail or park in Broadlands and share songs, stories and nature. In inclement weather, we will visit the Nature Center and enjoy crafts, stories, songs and visiting the animals.

Wilderness Skills

Age: Grades 1st - 4th

Days and time: Wednesday 3:00p.m. - 4:00p.m.

Start date February 15th

Price: \$20.00

Learn how to find shelter, build a fire, find water and how to survive if you are lost in the woods! We will learn skills hands on and through game play.

Week 1: How to survive introduction

Week 2: Water! Need Water!

Week 3: Making shelters

Week 4: Fire safety and what to do if it is wet.

For students from Mill Run Elementary School, pick up is available at 2:35pm by the Naturalist. Please arrange prior to the class with her (Bring a snack).

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BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not available on website edition

Key:

(B) Babysitter's Course
(C) CPR
(R) Rescue Breathing
(F) First Aid
(EMGS) Education Major
Graduate Student

*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to **scollins@broadlandshoa.com**.*

January Gardening Tips

Examine the limb structure of your shade trees. Remove dead, diseased, and storm damaged branches. If left on the tree, these weakened limbs can cause damage by falling on buildings or passers-by.

Assess the energy efficiency of your landscape. Do you have evergreen trees or shrubs blocking a window where the sun's warmth would be welcome? Consider replacing them with a deciduous plant that would let sun in during the winter, but cast cooling shade in the summer.

On mild winter days, remember to water window boxes or other outside containers planted with evergreens.

Winter is the time to apply horticulture oil to kill over-wintering mites, aphids, and scale on deciduous trees and shrubs. Spray horticulture oil when temperatures are above 40 F, but not within 24 hours of a freeze.

Continued on page 27

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Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
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Verizon Fios	(888) 553-1555
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Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

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SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(571) 233-4610
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VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
Thomas A. Griesen (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

U.S. HOUSE OF REP. 10th DISTRICT

Frank Wolf	(703) 709-5800
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U.S. SENATE

Jim Webb	(202) 224-4024
Mark Warner	(202) 224-2023

VIRGINIA STATE GOVERNOR

Bob McDonnell	(804) 786-2211
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January Gardening Tips

Continued from page 26

Because the oil kills insects by suffocation, avoid spraying on windy days to ensure that all surfaces of the plant are covered.

When using salt to melt ice on walks and drives, spread it carefully to avoid damage to nearby shrubs. Damage to needle-type evergreens will be evident next spring by copper and yellow tones. Damaged deciduous plants will have bronze or reddish leaves. Consider using sand, sawdust, or kitty litter instead.

Brush snow from evergreens as soon as possible after a storm. Use a broom in an upward, sweeping motion. Serious damage may be caused by heavy snow or ice accumulating on the branches. Prop up ice covered branches and let the ice melt rather than trying to remove ice from brittle branches.

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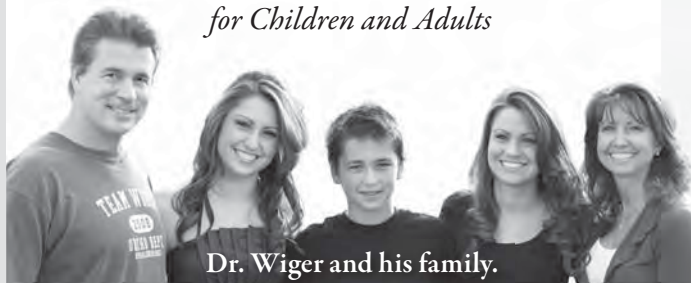
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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlands-hoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoast-host.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are currently Bichon owners please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us in January for a study on James by Beth Moore. We meet Tuesday mornings beginning January 10th in neighborhood homes. Contact Janet at 703-726-6904 or Chris at 703-729-2095 for more info.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

Interessieren Sie sich Für eine deutschsprachige Spielgruppe in Loudoun County? If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup forming now.

GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more information, please call Beth Anton at 703-470-8821 with any questions or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K-12th grade. For more info, contact Tania Marceau at trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMS NEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnex@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



GIVE THE GIFT OF LAWN A GRASS ROOTS VISIT

Grass Roots is a program offered by the Loudoun County Extension Master Gardeners for homeowners who want a lawn that is both attractive and environmentally-friendly.

For \$20, the Grass Roots Master Gardeners visit your home, take soil samples from your lawn, send them to the Virginia Tech Soil Lab, and on the basis of the test results, write a "Nutrient Management Plan" tailored to your particular lawn. It tells what kind of fertilizer to use, when to apply it, whether lime is needed and how much, plus lots of other information that will help make the yard beautiful without the risk of using excessive lawn chemicals and possibly polluting the environment.



Just stop by the Loudoun Extension Office or send us a check made out to "LCMG". Our address is Master Gardeners, Virginia Cooperative Extension, 30 Catocin Circle, SE, Suite B, Leesburg VA 20175-3614. Give us your gift recipient's name and address, phone, and email, then early next spring (March) a Grass Roots Master Gardener will contact them, arrange a visit to take a soil sample, and subsequently send a full report. Plus we will give you a gift card explaining the Grass Roots present. If you have questions, please call 703-777-0373.

Help Protect the Environment and our Watershed Give a "GREEN GIFT" a Grass Roots Visit

**For more information visit the Loudoun County Master Gardener website:
www.loudouncountymastergardeners.org or call
the Loudoun Extension Office if you have questions at 703-777-0373.
Debbie Dillion coordinates the Master Gardener Volunteer program.**

"If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Debbie Dillion, Loudoun Extension Office, at (703-777-0373/TDD) during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event."*

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The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72*
1/4 pg (3.625" W X 4.875" H) \$160 /\$135*
1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209*
1/2 pg (7.5" W X 4.875" H) \$425 /\$404*
Full pg (8.5" W X 11" H) \$1050 /N/A

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239*
1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239*
1/2 pg (8" W X 4.875" H) \$475/ \$453*
Full pg (8" W X 8"H) \$1050/ N/A

Add 10% to base price above for preferred placement

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association
ATTN: Newsletter Ads
21907 Claiborne Parkway
Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

JANUARY CLASSIFIED ADS

AUDITIONS

LOCAL THEATRE AUDITIONS: Now Casting Performers ages 11-18 for our Musical Production of "AIDA"! Got Talent? Then schedule your audition TODAY! Visit http://lopezstudios.org/conservatory_auditions.html for audition requirements and details.

BEAUTY SERVICES

MASTER HAIRSTYLIST/COLORIST: Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/ licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email inurhairbyluz@yahoo.com.

EARLY EDUCATION/DAY CARE

LITTLE SPROUTS PRESCHOOL: Open House Tuesday, February 7th at 7pm. Next year we will be offering 4 year old preschool on Mon/Wed/Fridays and Mom's Morning Out on Tues/Thurs. Children 24 months – 5 years welcome, potty training NOT required! Check out our website or call for a tour, Karlene 408-750-7349. Website <http://LittleSproutsPreschool.clubspaces.com>.

INSTRUCTION - ARTS/MUSIC/ RECREATION

HINDI CLASSES: Experienced Teacher. \$20 per 45 minute class. Call 571-333-0199 or email neeru803@gmail.com.

DRAWING AND PAINTING: \$150 for 8 classes. Classes are 1 ½ hours. \$25 material fee. Call 571-333-0199 or email neeru803@gmail.com.

KINDERDANCE®: Tuesdays at the Community Center! Education through dance and creative movement with Mrs. Nicole! Classes run month-to-month with just a few spaces left. FREE trial class! Registration forms can be picked up at the Nature Center. Contact KDofLoudoun@aol.com or 703-728-7862 for more information.

MUSIC LESSONS FOR ALL: Complete music education, 16 highly qualified teachers of; Piano, Guitar, Drums, Violin, Voice, Saxophone, Flute, French horn. Preschool Music Program, Art Class's, Rock Band Program, Loudoun County music competition preparations. Minton's Academy of Music 703 723 1154 www.mintonsmusic.com.

VIOLA & VIOLIN LESSONS: Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

GUITAR LESSONS IN BROADLANDS! Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Instructor is friendly and

professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email blueridgestudio@verizon.net.

ST. MICHAEL SHOTOKAN KARATE— Ashburn's leading and acclaimed Japanese Style Martial Arts School for CHILDREN and ADULTS. Home of local, regional, national CHAMPIONS! Training days: Mondays, Tuesday, Thursdays. Venue: 43895 Grottoes Drive, 20147. CONTACT: Majal Florence Cammack-703/606-1974. E-mail: colonmc@yahoo.com.

SWIM LESSONS: Olympic Gold Medalist Tom Dolan has opened Carlile Swimming, a state-of-the-art swim school at the Dulles 28 Centre in Loudoun County. Learn-to-swim and stroke technique classes available for all ages, from 3-month old babies to teenagers. Book Now! 703-433-2020.

INSTRUCTION - TUTORING

MATH TUTORING: Two experienced HS teachers help with temporary struggles or long term support for all learning levels in MS and HS. Algebra I, II. Geometry. Support with subject curriculum, homework and SOL review. Contact Rick Romito, 703-728-8881 or romitofigs@aol.com.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

LOUDOUN COUNTY MATH TEACHER: Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email VChu_911@yahoo.com.

S.O.S. TUTORING: Loudoun County high school teacher and Ashburn resident. Tutoring services for middle school and high school students focused on ORGANIZATION, TIME MANAGEMENT, and ASSIGNMENT COMPLETION. Individualized plans of service. \$35/hour. Free Consultation. Phone 703-728-3199. Email info@sostutoringservices.com.

HEALTH/FITNESS/ WELLNESS

KEEP YOUR NEW YEAR'S RESOLUTION!

Exercise at home with an ACE certified personal trainer and make that resolution a reality. Call Susan at Custom Fitness, 571-228-3545.

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME:

Get fit now with my 20+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer!

Stephanie Gotfried 703-542-2595;

stephaniegotfried@verizon.net; fitnessstogova.com.

NOT YOUR AVERAGE BOOT CAMP! Go from ordinary to extraordinary! You be the judge. Try a week for **free** with Fitness Image Results' Boot Camp instructed by Jeff Strahan. Register online or just show up for any of our three 1-hour classes @ 5:45AM (M,W,F); 9:30AM (starting 8/29) (M,W,F); or 7:30PM (M,T,TH). Classes held outdoors at Brambleton Community Pool parking lot. For directions or more details, go to www.firesresults.com or email Jeff@firesresults.com.

WANTED

GARAGE STORAGE SPACE NEEDED: Do you have extra space in your garage? I'd like to rent it to store my Mazda Miata. Area must be dry, clean, secure and safe from potential damage. I'll pay \$40 a month. Glen MacWhirter, 703-598-3943.

PRIMROSE SCHOOL AT MOOREFIELD STATION 703-772-8660 www.primrosemoorefieldstation.com

primrosemoorefieldstation.com is accepting applications for all Positions. Must have a passion for children, education, and community; Director, Assistant Director, Teachers, Kitchen/Food Service Manager, Part-Time positions. See "Careers" on our website for an application.

HOME SERVICES

COMPLETE HOME REMODELERS: Call Ryan for a free estimate, 703-505-8140. Plumbing, Electrical, Tile, Carpentry, Flooring & bathroom specialist. Email: Balderstonr@gmail.com.

HANDYMAN SERVICES: Helping you take care of your home. Painting, Drywall, and Repairs, Electrical, Plumbing, Carpentry, and those little things that always seem to come up. Flexible schedule. No job is too small. Free Estimates. Over 25 years experience in the construction industry. Please call Dan at 703-403-2243. Email: handyman.dan@hotmail.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

LOONEY'S TILE AND GROUT RESTORATION: Patented Technology that surgically extracts dirt & odors from floors. Surfaces: Tile & Grout, Concrete, Brick, Travertine & many other natural, hard surfaces. Other services: Restore Patios & Walk-ways, Deck power-washing and clear sealing, Molded Caulk Removal/Re-caulking,

Shower refurbishing & minor grout repair. Locally owned. Ashburn resident. Licensed, Bonded & Insured. www.Lcleantileandgrout.com 703-999-1933.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL. Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MikeRosario@comcast.net.

HOME IMPROVEMENT CONTRACTOR:

Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

WISE GUYS ROOFING & SIDING

IMPROVEMENT LLC: FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Satisfaction Guarantee! www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or info@WiseGuysRoofingSiding.com.

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MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

MARKETPLACE

MARY KAY: Beauty on a Budget: Skin care packed with multiple benefits,. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with our personal delivery service. Contact me today! Deborah Leben, 703-217-4583, www.marykay.com/dleben.

TASTEFULLY SIMPLE: is the answer to your entire Super Bowl party menu. Check out the website or call me for some super quick appetizer ideas. Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

PINK PIGGY SWEETS: Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit www.pinkpiggysweets.com or call 571-333-7477.

PETS

AROUND MIDNIGHT PET SERVICES,

LLC: Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218, www.aroundmidnight.net, Pet Lovers Providing Care.

PROFESSIONAL SERVICES

AROUND THE CLOCK NOTARY, LLC: is a mobile notary service. We travel to your home, office or a public location to notarize your documents. Why should you miss work or be confined to your bank's hours in order to have your important documents notarized? We can perform notarizations seven days a week at a time that is convenient for you. Call today 703-909-9432, www.aroundtheclocknotary.com.

GGGGGRRRRR!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

H INTERIORS, LLC: Bored with your surroundings? Looking to add some style to your home? **Home Interior Stylist**, specializing in accessorizing, shopping,

color consulting and room layout. For a free consultation, call Heather at 703-728-5665.

JORDAN DAVID PHOTOGRAPHY:

JordanDavidPhoto@gmail.com. (703) 473-9260. Recent college graduate with a Bachelor of Fine Arts degree in Photography offering competitive prices for Senior Portraits, Pet Portraits, Family Photos, Headshots, Engagement Photos, and more. Private instruction also available.

TIFFIN AND FOOD CATERING SERVICES:

for home and small parties. Vegetarian Indian Food, offer international variety of food too. Reasonable rates. Call 571-333-0199 or email neeru803@gmail.com.



HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

MONTHLY RATES:

RESIDENT

Month to Month \$9
6 months prepaid discount \$8
12+ months prepaid discount \$7
Personal (For Sale) Ads \$0

NON-RESIDENT

Month to Month \$18
6 months prepaid discount \$17
12+ months prepaid discount \$16

PAYMENTS and ADS:

Please email ads to: scollins@broadlandshoa.com. Checks only please, made payable to "Broadlands Association". *No cancellations after the initial deadline.* Payments can be mailed or dropped off at:

Broadlands Association
21907 Claiborne Parkway
Broadlands, VA 20148

CONTACT:

Advertising Manager
Stassa Collins
703-729-9704

Broadlands Committees and Events

January Activities

Date Activity

- 2nd The HOA Office closed for the New Year's holiday - trash will be picked up on a normal schedule
- 7th Nature Center Open
10:00a.m. - 2:00p.m.
- 10th 6:00p.m. Board of Directors Meeting(NC)
- 11th 7:30p.m. Tech Committee Meeting(NC)
- 12th 6:00p.m. Southern Walk Hearing Committee Meeting(NC)
- 13th 10:00a.m. Broadlands Mom's Club(CC)
- 14th Nature Center Open
10:00a.m. - 2:00p.m.
12:00p.m. Family Program - Fabulous Foxes
- 16th The HOA Office closed in observation of Martin Luther King's birthday - trash will be picked up on a normal schedule
- 18th 7:00p.m. Modifications Subcommittee Meeting(NC)
- 19th 8:00p.m. Investment Club(CC)
- 21st Nature Center Open
10:00a.m. - 2:00p.m.
- 25th 7:30p.m. Book Club(NC)
- 26th 7:30p.m. Mom's Club(CC)

Committees

Broadlands Live! Summer Concert Committee
Chair: Open.

Community Events Committee
Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee
Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.

Neighborhood Watch Committee
Chair: Open

Recreation Committee
Chair: Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

Swim Team
Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)
Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents.
Chair: Dawne Holz, dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org

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