BROADIANS Community News







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BroadlandS



Contact Information

Board of Directors

David Baroody - President & Resident Member, (703) 729-6785, david.baroody@mobile-audit. net

Brian Beahm Vice President & Resident Member, (703) 726-6360, brian.beahm@gmail.com

Eric Bazerghi - Secretary & Treasurer, Resident Member (703) 723-1046, eric@thehouse.net

Cliff Keirce - Resident Member, (703) 729-7320, shevcoo@yahoo.com

Dawne Holz - Resident Member, (703) 349-1095, dawne@holzfamily.net

Michael D. Simpson - Resident Member. (571) 333-3365, michael.d.simpson@gmail.

Joseph T. Wagner - Resident Member, (571) 333-0831, JTWagner@ smartneighborhood.net

Roy Barnett - Member at Large, Van Metre, (703) 425-2600, rbarnett@ vanmetrecompanies.com

Denise Harrover - Member at Large, Van Metre, (703) 425-2600, dharrover@vanmetrecompanies.com

HOA Office and Website

21907 Claiborne Parkway Broadlands, VA. 20148 (703) 729-9704 Fax: (703) 729-9733 Open Monday - Friday 9:00am - 5:00pm www.broadlandshoa.org

Armstrong Management Services

Assessment Information Office: Direct Phone: (703) 679-1541 FAX: (703) 591-5785

Email: broadlands@armstrong.net

Mail Payments to: Armstrong Management Services P.O. Box 11983

Newark, NJ 07101-4983

Southern Walk Board of Directors

(Open Band Contract Administration Only)

Erika Cotti - President (703) 554-9269, erika cotti sw@yahoo.com

Douglas Granzow - Treasurer (240) 499-4323, gunzour@gmail.com

Vacant - Secretary

Charles Salas - Resident Member (703) 967-8150, charlessalas@yahoo.com

Jim Ward - Resident Member (703) 407-4196, jimward.b12@gmail.com

Sangram Deshmukh - Resident Member (571) 333-0670, sangramd@yahoo.com

HOA Management

Maureen Burns - General Manager, (703) 729-9714, mburns@broadlandshoa.com

Lisa Matthews - Audubon Naturalist, (703) 729-9726. naturalist@broadlandshoa.com. Tuesdays: 10:00a.m. - 1:00p.m. Wednesdays: 10:00a.m. - 5:00p.m. Fridays: 9:00a.m. - 1:00p.m. Saturday, February 11th 10:00a.m. - 2:00p.m.

Natalie Ihanainen - Newsletter Editor (703) 729-9704, nihanainen@ broadlandshoa.com

Stassa Collins - Newsletter Classified & Display Ads Manager, (703) 729-9704, scollins@broadlandshoa.com

Robin Crews - Secretary to the Modifications Subcommittee, (703)729-9704, rcrews@broadlandshoa. com





Ashburn Volunteer Fire Rescue Department, Founder's Hall 20688 Ashburn Road, Ashburn, VA 20147

FRIDAY February 17 4:00PM – 9:00PM SATURDAY February 18 11:00AM – 9:00PM SUNDAY February 19 11:00AM – 8:00PM (We will be serving snow or shine!)



Cash, Check, VISA, MASTERCARD, DISCOVER cards accepted.

Enjoy a variety delicious Greek dishes including: Gyros, Souvlaki, Pastitisio, Spanakopita, Greek Salad, Baklava. Kids meals available.

FREE ADMISSION # FREE PARKING

Come for lunch. Stay for dinner. Take out available.

ATTENTION all Active Military and Loudoun County employees, Loudoun County School employees, Loudoun County Law Enforcement employees and Fire and Rescue Personnel: Present your badge and receive a \$1.00 discount on all platters ordered.

For more information visit www.greekfestivalloudoun.org or e-mail: GOPLC@gmail.com.





Education that inspires young learners!

Enrolling soon for the 2012-2013 school year.

Class offerings and rates available online.

Call for a private tour!

Half-Day Preschool Open Enrollment Monday, February 20, 10am

Open Arms is a nurturing and safe environment for the development of children in our community through loving, Christ-centered, bible-based care.



Corner of Waxpool Rd. and Claiborne Pkwy. 43115 Waxpool Rd. | Ashburn VA 20148 (703) 729.9144 | www.openarms-ccdc.org

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CHANGE OF ADDRESS FOR MONTHLY ASSESSMENTS

Effective January 1, 2012, all monthly HOA payments should be sent to the following new address:

c/o Armstrong Management Services P.O. Box 11983 Newark, NJ 07101-4983

New coupon booklets have been generated with the new post office mailing address above. Homeowners who pay their assessment fees via Armstrong Management's Direct Debit or PayLease program do NOT need to do anything differently. Homeowners who utilize bill payment services provided by their specific bank or financial institution need to update the remittance P.O. Box mailing address.

Time to Remove Your Holiday Decorations

What a wonderful holiday season it was! Sparkling lights, prancing reindeer, smiling snowmen and lovely green wreaths; we all enjoyed the show! But now it is time to pack up the decorations and enjoy your holiday memories.

The Broadlands Design Guidelines require that

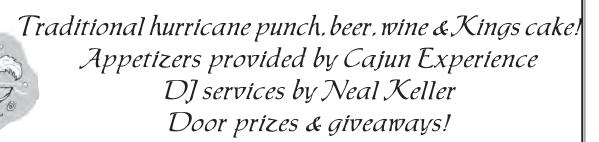
holiday lighting and decorations be removed in a timely manner. Please plan to pack yours away by February 1st.



Can't Afford to Fly to New Orleans for Mardi Gras?

Broadlands will bring it to YOU!

Broadlands Annual Mardi Gras Party Saturday, February 18th Broadlands Community Center 8:00p.m. – 11:00p.m.











US DOT #077949

Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
February 15, 2012	February 10, 2012
March 07, 2012	March 02, 2012
March 21, 2012	March 16, 2012
April 04, 2012	March 30, 2012

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.

Homeowners Association Board of Directors Meeting

Tuesday, February 14, 2012 at 6:00 p.m.

in the Nature Center conference room

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

NO MORE LATE FEES!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your personal account on the same day each month and automatically applied to your HOA account...no worrying if your check arrived on time and NO MORE LATE FEES!

You can pick up an application at the HOA office at the Nature Center or online at http://www.broadlandshoa.org.

Click on 'HOA Forms' in the directory and then on 'Auto Pay Application' or find it on page 9 of this newletter.

Southern Walk HOA Board of Directors Meeting Thursday, February 09, 2012 at 6:00 p.m.

in the Nature Center Conference Room

Help Make Snow Plowing Easier and Faster

When a snow storm has been predicted, especially overnight, the snow plows will be working during the early morning hours. The best way to ensure that the



plowing crews can clear the streets better and faster is to park in driveways and parking spaces. In many of the townhouse and private streets sections, a vehicle parked in the street can severly restrict the ability of the plows to do their work.

Help your community by parking in garages. driveways and marked parking spaces.

Thank you for your assistance.

Winter is Here - Please be Prepared!

Both Virginia and Loudoun County Codes require that the occupant - whether an owner or a tenant - remove all snow and ice from any walkway adjoining any part of their property within 6 hours after the snowfall has ceased.

If the snow or ice fell during the night, it must be removed by Noon the following day. Should the storm occur on Sunday, the accumulation must be removed by Noon on Monday.

Failure to comply with the Code can result in a fine of \$250.00 imposed by the county. Complaints should be reported to the County Department of Building and Development, (703) 777-0635.

Please be a good neighbor and a good citizen. Clear your walkways and keep Broadlands a safe environment for all our residents. If you know someone physically unable to keep their walkway clear, please consider giving them a helping hand.

STAY SAFE-Don't Skate on the Community Ponds!

Please remember skating is prohibited on all community ponds. Even walking on any ice covered pond can be very dangerous.

The surface of the pond may appear to be frozen, but our winters are normally not cold enough to guarantee that the ice is thick enough to support anyone's weight, even a child's.

Parents, please tell your children that it is extremely dangerous, even deadly, to walk or skate on the ponds in the community.

Let's keep our neighborhood safe!



TART LUMBER COMPANY, INC. "Serving Northern Virginia Since 1951"



Attention Broadlands Residents! Start saving at Tart Lumber with a Tart Discount Card. Just e-mail your name & mailing address to broadlandscard@tartlumber.com to receive your card in the mail.

This kitchen was designed by Laura Gilbride, a Tart Lumber Design Consultant and Broadlands resident. To make an appointment to design your kitchen or bathroom, call (703) 450-5040 or e-mail Lgilbride@tartlumber.com.





22183 Shaw Road Sterling, VA 20166

www.tartlumber.com



Page 8 February 2012 PLEASE RETURN BY
THE 15th TO START
NEXT BILLING CYCLE

ARMSTRONG MANAGEMENT SERVICES, INC. 3949 Pender Drive, Suite 205 Fairfax, Virginia 22030 703.385.1133 or 540.288.4634/fax 703.591.5785

For Office Use Only
Acct#
Assmt Freq
Balance
Coll. Status

AUTOMATED PAYMENT SERVICE AUTHORIZATION FORM

Armstrong Management Services, Inc. is pleased to offer you the option of using the electronic transfer of funds method to make your assessment payments. This allows automatic payment of your assessments from virtually any banking institution that you choose to be credited directly to the Association's account. This way you will not have to remember when to make a payment, you will not have to take the time to write and mail a check, you can save money on postage, and all your payments will be made in a timely fashion, thus avoiding any late charges to your account.

To initiate participation, please complete this <i>Authorization Form</i> , attach a voided check from your designated bank account, and make them to the letterhead address. The assessment amount will be taken out of your account during the <i>FIRST WEEK</i> of each billing cycle.
You are responsible for all assessments on your account up until such time as you are notified in writing that your first assessments.
ayment will be taken out of your account.
f you have any questions, please call the Accounting Department at 703-385-1133 or 540-288-4634. Thank you.

(we) hereby authorize Armstrong Management Services, Inc., hereinafter called "Company," to initiate debit entries to my (our account indicated below and the financial institution named below, hereinafter called "Financial Institution," to debit the same to succount for association dues. I (we) acknowledge that the origination of ACH transactions to my (our) account must comply with the provisions of U.S. Law.
APPLICATION TYPE (Please Circle One) NEW APPLICATION BANK CHANGE ONLY
NAME (S)
ASSOCIATION NAME
ADDRESS OF UNIT
PHONE NUMBER/(HOME)/(OFFICE)
EMAIL ADDRESS
This authority is to remain in full force and effect until "Company" has received written notification from me (or either of us) of itermination in such time and manner as to afford "Company" and "Financial Institution" a reasonable opportunity to act on it.
SIGNATURE DATE
SIGNATURE DATE
THIS BOX MUST BE COMPLETED IN ITS ENTIRETY & A VOIDED CHECK MUST BE ATTACHED!
FINANCIAL INSTITUTION
TRANSIT ROUTING NUMBER (on bottom left of check)
BANK ACCOUNT NUMBER
ACCOUNT TYPE (Please Circle One) SAVINGS CHECKING

Please note there is a service charge per payment returned for insufficient funds or closed accounts. If two payments are returned within one year, the service will be stopped and you will be responsible for making all future payments. All written debit authorizations must provide that the Receiver may revoke the authorization only by notifying the Originator in the manner specified in the authorization. Single entry reversals do not require authorization by the Receiver. The underlined language in the authorization above represents the disclosure requirement associated with the clarification of OFAC economic sanction policies upon ACH Network Participants. Armstrong Management Services, Inc. reserves the right to reject and/or revoke participation in the Direct Debit Program at any time.

NOTE: FEDERAL CREDIT UNION MEMBERS SHOULD VERIFY THE ACH ROUTING NUMBER WITH THEIR BANKING INSTITUTION

Form AMS009

2011-2012 Snow Removal Guidelines

Within this section, you will find a list of streets indicating which entity is responsible for snow removal. *Please reference this list to determine who to call with snow removal concerns.* Broadlands Association provides snow removal for the private streets that have been completed by the builder and are owned by the Association. As the public streets in the single family home sections are accepted into the state road system, they will be maintained by the Virginia Dept. of Transportation (VDOT). Any new construction areas in Broadlands would contact their builder, Van Metre, unless their section/street is included in the HOA or VDOT areas to plow. Major roadways such as Claiborne Parkway, Demott Drive, Vestals Gap Drive, Ellzey Drive, Chickacoan Trail Drive, Glebe View Drive, Truro Parish Drive and Route 625 (Waxpool Road) are considered priority snow removal routes. After these roadways are cleared, work will begin on the secondary residential streets.

Snow plowing is to begin after there has been an accumulation of 2 inches of snow. Sand and/or chemicals will be used at critical intersections and as needed on streets.

In addition, there is a Loudoun County ordinance (Chapter 1022) that requires the owner/occupant of a property which has a public sidewalk adjoining or touching the property in front, rear or either side, to clear or treat that sidewalk for snow and ice within 6 hours of a snowfall (by 12:00 noon for overnight snowfall). Property owners abutting common areas (i.e. along Ellzey Drive) are also responsible for clearing those sidewalks. This will provide a safe walkway for children going to school. The County Department of Building and Development is responsible for enforcement of this ordinance.

Numbers to Call with Snow Removal Questions or Problems

VDOT (Northern Virginia District Office)	703-383-8368
HOA (Proadlands Association)	Maureen Burns 703-729-9714
HOA (Broadlands Association)	Main office: 703-729-9704
Van Metre Homes (New Construction)	Tom Marable
van wette nomes (New Construction)	703-723-2800
Developer (Broadlands Associates, LLP)	Tom Marable
Developer (Broadianus Associates, EEF)	703-723-2800

STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Ainsley Court	70	VDOT	Burnt Hickory Court	21	Van Metre
Arbor Glen Court	24	VDOT	Cattail Meadows Place	38	VDOT
Arbor Greene Way	54	HOA	Cedar Springs Court	36	VDOT
Ardmore Street	26, 28, 30	HOA	Center Point Circle	28	HOA
Arundell Court	6	VDOT	Center Post Terrace	7	HOA
Atherton Street	28, 30	HOA	Champney Court	42	VDOT
Aurora Heights Drive	21	Van Metre	Chickacoan Trail Drive	1,14,15,24,38,40,44	VDOT
Autumn Harvest Court	24	VDOT	Claybrooke Circle	28	HOA
Autumnwood Square	10	HOA	Clover Meadow Court	40	VDOT
Avens Court	5	VDOT	Cloverleaf Court	78	VDOT
Avonworth Square	60	HOA	Columbus Street	28	HOA
Awbrey Place	15, 16	VDOT	Coulwood Terrace	60	HOA
Ayr Hill Court	80	VDOT	Crossbeam Square	7	HOA
Bankbarn Terrace	3	HOA	Crosswinds Terrace	58	HOA
Basil Court	20	VDOT	Darby Terrace	26	HOA
Bayard Terrace	56	HOA	Demott Drive	6 (Residential areas)	VDOT
Becontree Terrace	56	HOA	Dilworth Terrace	60	HOA
Bexley Way	42	HOA	Dobson Court	Private Drive	Owners
Bluestone Court	24	VDOT	Edgemere Terrace	56	HOA
Bramblebush Terrace	56	HOA	Ellzey Drive	1, 4, 5, 24	VDOT
Broadwell Court	82	VDOT	Engleside Place	72	VDOT
Broxton Terrace	56	HOA	Evening Breeze Court	13	VDOT
Buckley Terrace	30	HOA	Fairweather Court	20	VDOT

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2011-2012 Snow Removal Guidelines – cont.

	2011-20	12 Show Kell	iovai Guideillies – cont.		
STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Falling Rock Terrace	34	HOA	Ridenour Ridge Lane	23	Van Metre
Fernbrook Court	38	VDOT	Riders Square	11	HOA
Field Station Terrace	8	HOA	Ridgeway Drive	70,72,74,80,82,90	VDOT
Fieldthorn Terrace	56	HOA	Riverstone Court	38	VDOT
Fling Court	6	VDOT	Royal Fern Terrace	54	HOA
Foche Terrace	11	HOA	Sandhurst Court	72	VDOT
Forest Edge Square	34	HOA	Scara Place	17, 19	VDOT
Frame Square	7	HOA	Schenley Terrace	54	HOA
Fullerton Street	26	HOA	Schoolhouse Court	4	VDOT
Gatehouse Way	14	VDOT	Shady Wood Terrace	34	HOA
Gentle Heights Court	44	VDOT	Silverthorne Court	20	VDOT
Glebe View Drive	17, 20, 42, 43, 44	VDOT	Small Branch Place	36	VDOT
Glyndebourne Court	74	VDOT	Songbird Court	40	VDOT
Golden Autumn Place	24	VDOT	Spring Morning Court	24	VDOT
Goodwin Court	5	VDOT	Springwell Drive	36	VDOT
Great Sky Place	23	Van Metre	Stillbrook Farm Drive	13	VDOT
Halburton Terrace	56	HOA	Stone Hollow Drive	78	VDOT
Harvest Green Terrace	10	HOA	Stonestile Place	78	HOA
Hawksbury Terrace	54	HOA	Stonewheel Way	42	VDOT
Hearthstone Court	16	VDOT	Sturman Place	18	VDOT
Heritage Oak Court	80	VDOT	Summer House Place	42	VDOT
Hidden Pond Place	36	VDOT	Sundance Square	39	HOA
Highgrove Terrace	56	HOA	Sunderleigh Square	56	HOA
Highview Trail Place	82, 90	VDOT	Sundial Court	42	HOA
Hollowind Court	13	VDOT	Sunstone Court	76	HOA
Humbolt Square	30	HOA	Sweet Bay Terrace	54	HOA
Hunters Green Square	34	HOA	Sweetpine Lane	23	Van Metre
Huntsman Square	10	HOA	Tealbriar Place	62	Van Metre
Inglewood Court	72	VDOT	Thornblade Circle	62	HOA
Inman Park Place	26	HOA	Thornbill Place	24	VDOT
Iredell Terrace	11	HOA	Tithables Circle	14, 15, 16	VDOT
Ivy Wood Terrace	8	HOA	Topsfield Drive	82	VDOT
Kennerly Terrace	60	HOA	Tumbletree Terrace	56	HOA
Kisko Way	26	HOA	Vestals Gap Drive	24,36,38,40,44	VDOT
Kitchen Prim Court	17	VDOT	Vestry Court	4	VDOT
Larchmont Way	54	HOA	Welby Terrace	8	HOA
Laurier Drive	74	VDOT	Wells Way	70	VDOT
Lefevre Inn Drive	5	VDOT	Westdale Court	52	HOA
Mapleton Court	70	VDOT	Whisperhill Court	82	VDOT
Marburg Terrace	60	HOA	White Post Way	15	VDOT
Markham Place	26, 28, 30	HOA	Wild Timber Court	21	Van Metre
Marsh Creek Drive	38	VDOT	Windover Drive	52, 54	HOA
Meadow Field Court	40	VDOT	Windy Oaks Square	58	HOA
Meander Crossing Ct	40	VDOT	Windy Pine Court	90	VDOT
Merion Street	26, 30	HOA	Wingfoot Court	52	HOA
Middle Ridge Place	42	VDOT	Withers Grove Court	90	VDOT
Midsummer Way	24	VDOT	Woodspice Court	44	VDOT
Milford Drive	52	HOA	Through Streets	44	VDOT
Moss Landing Court	36	VDOT	Belmont Ridge Road	Rt. 659	VDOT
Mount Auburn Place	43	VDOT	Broadlands Boulevard	Rt. 659	VDOT
	43 11			A - - - - - - - - - - - - -	
Newbridge Square	74	HOA VDOT	Claiborne Parkway	Ashburn Farm - Wynridge	VDOT
Oak Post Court			Crasen Bood	Wynridge - Croson	VDOT
Old Wood Woy	15	VDOT	Croson Road	Rt. 645	VDOT
Old Wood Way	36	VDOT	Hillside Park	Dt 770	HOA
Overland Park Drive	26, 28, 30	HOA	Ryan Road	Rt. 772	VDOT
Pallan Terrace	60	HOA	Shelhorn Drive	Rt. 643	VDOT
Park Brooke Court	78	HOA	Truro Parish Drive		VDOT
Park Creek Drive	62	Van Metre	Village Drive		VDOT
Park Glenn Drive	62	Van Metre	Waxpool Road	Rt. 625	VDOT
Reamy Way	19	VDOT	Wynridge Drive		VDOT
Reynwood Place	44	VDOT	Mooreview Parkway	to Old Ryan Road	VDOT

SHOP SMART SHOP WELL SHOP SMART SHOP WELL





Notes from Your Neighbors.... Ashburn Volunteer Fire & Rescue Department www.ashburnfirerescue.org



Pancake Breakfast-Ashburn Firehouse, 20688 Ashburn Rd. 8:00a.m. until Noon. February 5th, March 4th, April 1st 2012

Adults - \$6.00, Seniors - \$5.00, Children ages 3-8 - \$4.00, Children 3 and under - Free

Are you interested in becoming a sponsor at one of our pancake breakfasts?

We routinely serve more than 500 of your neighbors – a great way to promote your business and support AVFRD.

Contact us at sponsor@ashburnfirerescue.org





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Broadlands Wildlife Habitats Committee

Creating Naturally Healthier BROADLAND Surroundings



We Are Seeking Coordinators and Organizers

Annual Projects

EarthDay@Loudoun 2012, Sunday, April 22, 2012 4th Year Anniversary Celebration of becoming a Community Certified Wildlife Habitats by National Wildlife Federation.

Family Nature Programs

Talks, Walks, Presentations and More. Working together with local environmental organizations like the Loudoun Wildlife Conservancy we bring programs to you!

Sustainable Living

Rain barrels, composting, gardening, recycling and saving energy! Our committee website provides information with local resources. We plan workshops to learn and find practical, "greener" ways to implement in your family life.

Fall Virginia Native Plant Sale

Nurseries and tree growers who bring hard to find native plants for your garden at the best time to plant. This fall plant sale happens annually at the Broadlands Nature Center.

Our Committee with recognized and awarded accomplishments needs your help. Can you do organizing, purchasing, writing, editing, coordinating and project development?

We are at a critical shortage of volunteers.

We welcome as much available time as you have to offer. Please Call: Oya Simpson, Chair @ 703-725-8040 to find out more!

Patriot Disposal Collection Schedule

Mondays:

Trash and Yard Waste (yard waste may be mixed with trash in January, February and March).

Thursdays:

Trash and Recycling

Please have trash and recycling at the curb no later than 7:00a.m. Trash pick up will be on a normal schedule on Monday, February 20th.



Live Green - Live Healthy



Get ready for spring gardening with organic homemade compost!

Make a Worm Compost Bin

Red wigglers will devour banana peels, apple cores, lettuces, leftovers-gone-bad, and other things and then they'll poop them out as black castings. The castings make great fertilizer for gardens and houseplants.

What You Need:

- Plastic storage bin and lid -10-gallon size or larger
- Sharp-pointed scissors or cordless drill
- Red wiggler worms

- A tray to catch drips under the bin
- A handful of soil
- Newspaper
- Water

What You Do:

- 1. Use the scissors or drill to make air holes in the bottom and lid of the bin. Slide the tray under the bin to catch drips.
- 2. Tear newspaper into strips about 1 inch (2.5 cm) wide to use for bedding. Fill the bin about half full with this bedding.
- 3. Add water to the bedding. Keep adding and mixing until all the paper is damp but not soggy.
- 4. Toss in a handful of soil. This will help the worms' digestion. Then add the worms and put the lid on. (They like the dark)

How to Feed Your Worms:

Bury a small amount of food underneath the bedding and add more when that's gone. You'll also want to add more newspaper strips from time to time. Don't let the bin get too wet or too dry. You'll know when everything's just right when the bin doesn't smell, and the worms are healthy and having babies.

When you have lots of castings, scoop them out and add them to your garden. And when you have plenty of worms, give some to friends so they can start their own worm bins!

DO feed the worms...

- Fruit and vegetable scraps
- Crushed eggshells
- Coffee grounds and teabags

DON'T feed the worms...

- Meat or bones
- Dairy products
- Greasy things
- Big servings all at once

You may get composting worms or other items: www.unclejimswormfarm.com For more activities and information about living green, visit Broadlands Wildlife Habitats Committee website www.BroadlandsNaturally.org. Find us on Facebook "Broadlands Naturally".

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The Critter Corner By Dr. Steve Velling

"Top 10 Resolutions for 2012"

Well, if you're like many, you've made some resolutions for this year, and if you're like most, you've already broken a few of them. It helps to form a pact with a partner, and what better partner than your pet? Here is a list of some pet-friendly resolutions that will make you both happy!

- 1) Pet proof your home: Too many people assume that their cat or dog won't get into something, and then get upset when Fuzzy or Fido do what comes naturally. Also, some of those things (such as cleaning agents, your medication, or certain foods like chocolate) are potentially harmful.
- 2) ID your pet: It is not unusual for pets to get away from their home on accident, and fortunately most pets are found, but there are also far too many that aren't found. Collars with tags can come off, so having a permanent marker like a tattoo or microchip can literally be a life-saver.
- Socialize your pet: Is your dog skittish? Or your cat antisocial? Try playing with them more, or taking them to public places as much as you can. Over time, they should become more at ease (unless there are deeper behavioral issues present!). Be especially patient with adopted pets.
- 4) Spay/neuter your pet: It seems a given that one will spay or neuter their pet, but we see occasional people who don't think this is needed. We then remind them of all the benefits, including better behaved pets, as well as eliminating or greatly reducing the risks of testicular, prostatic, and mammary cancer.
- 5) Exercise your pet: Dogs need exercise, and if you get out to provide it, then you both benefit! Cats are a bit trickier, but try to find that irresistible toy to get her moving (laser pointers are good – just not in the eyes, please!)
- 6) Use preventives: Why worry about heartworms, roundworms, ticks and other nasty parasites when there are great, safe, effective preventives out there to protect Max or Midnight. Consult with your veterinarian before using anything.
- 7) Create a file: Whether it's on your PC or your file cabinet, it's great to have a place where you can remember what you've done, what you've treated, or what's happened to your four-legged friend.
- 8) Diet: The food you feed plays a big role in your pet's health. Make sure it is as healthy (check the label to see that it is AAFCO-trial tested), properly-portioned, and as age-appropriate as you can make it. Fit animals live on average about 1.5 years longer than overweight pets.
- 9) Remember annual checkups: Pets age quicker than people do (remember the rule that "one human year is equal to 7 dog years"?), so an annual checkup for your cat or dog is like you seeing your physician every 5-7 years. This at least gives your veterinarian a chance to hopefully catch any conditions early enough before they get too bad.
- 10) Groom your pet: This applies to all pet owners even those with small pets like hamsters or birds. Pets need maintenance, so trim those toe nails or beaks, brush that hair and those teeth, and clean out those ears. Your well-groomed pet will thank you for it!

Year, but better late than never! Till next time.

Dr. Steve, www.ashburnanimals.com

I hope this list was helpful. It may be a little late after the New



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- Dr. Angela Clarke Dr. Estella Jones

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From the Naturalist.....

By: Broadlands Naturalist, Lisa Matthews

It's that time of year again, grab your family and get out your binoculars and help with the Great Backyard Bird Count(GBBC)!

This annual event runs from Friday, February 17th through Monday, February 20th for birders of all ages to count the birds and create a real-time snapshot of where the birds are in the USA!

Anyone can do this by spending as little time as 15 minutes a day or as much time counting as you would like. This activity can be done in the comfort of your warm and cozy home by setting out bird feeders near your viewing window (no closer to your window than 5 feet) or during your ski holiday by bringing a pad of paper, pencil and a Pocket Naturalist Guide or Bird Book with you.

This is a fun and easy activity to do as a family. It

helps the scientists that study the birds by identifying where they are in the winter and their populations. Also, this counting program aids in establishing preserves and to identify the birds that are threatened or endangered.

Come to the ANS shop at the Nature Center to purchase a quick pocket bird identifier or bird book to help you with the project. For



more information visit the GBBC website: http://www.birdsource.org/gbbc/howto.html.

Kritters for Kids By: Broadlands Naturalist, Lisa Matthews

Just when you thought that there was nothing more to discover on our planet Earth, we hear again of newly discovered plants and animals.

This week the newspaper had a story in it about new life found in deep water (about 8000 feet.!) near Antarctica at newly discovered hot spring vents. The scientists were surprised to find thousands of animals living near the vents that had never been seen before.

Hot springs in the deep places of the ocean are called hydrothermal vents (hydro=water, thermal=heat). The sea water is heated in tunnels that bring it near the underwater volcanoes which heats up the water up to 800 degrees Fahrenheit! This water shoots up and brings with it lots of minerals and chemicals that come out of the vents.

The bacteria feed on the minerals and chemicals, from the heated rocks, which are carried upwards with the hot water. The animals eat the bacteria and then bigger animals eat those animals forming a food chain. These special animals live close to the very hot vents and are special because they are the only animals on Earth that can live next to such hot water.

This new discovery was special because only new animals were found near vents (no tube worms or shrimp). Instead they found barnacles that were shaped like pencils and swarms of large sized crab not seen before...the size of a grownups fist!

In 2011, scientists also found a new species of shark that is a cross between a Black Tip and an Australian Black Tip, a carnivorous (meat eating) plant that is big enough to eat small birds and animals like mice, a new type *Callicebus* Monkey in Brazil, a giant pink jellyfish, a new kind of dolphin living near Australia, a giant land crab that grows up to 16 inches on the Cocos Island, a teeny tiny frog that lives in Papua New Guinea that is tinier than the nail on your pinky finger, and a shark that they are calling a "swell shark" because when it is threatened it swells up it's belly!

These discoveries show that there are new discoveries yet to be made...are you ready Junior Explorers?

Page 16 February 2012

Audubon Naturalist at Broadlands Summer Nature Camp Kids Grow Better Outside!

All camps take place at the Broadlands Nature Center. For more information about camps and registration, visit www.auduboncamp.org or www.broadlandshoa.org

Elementary School Camps:

Pre-k/K: Children must be 4 years old by the start of camp.

Animal Art: 6/18 - 6/22, 9:00am. - Noon

Discover the animals at Broadlands through drawing, painting,

constructing, and acting in this imaginative camp.

Dirt Worms and Other Ickys: 6/25 - 6/29, 9:00a.m. - Noon

Exploration of worms, slugs and snakes are just the beginning as we discover what's really lurking in the soil beneath our feet.

1st - 2nd Grade Camps

Talons and Teeth: 6/18 - 6/22, 1:00p.m. - 4:00p.m.

In this camp we will look for large and small predators and learn

about how they find their prey

Caring for Critters: 6/25 - 6/29, 1:00p.m. - 4:00p.m.

Meet and care for a different animal every day in this hands-on

camp.

3rd - 4th Grade Camps

Super Sleuths: 8/20-8/24, 9:00a.m. - 3:00p.m.

Join the ranks of forensic investigators in this exciting camp. We will learn about the science of evidence collecting and interpretation as we follow clues to solve natural and human mysteries.

Middle and High School Traveling Camps:

BayQuest: 5th - 6th grade 7/23 - 7/27, 9:00a.m. - 4:00p.m. Our adventure begins at the Broadlands Nature Center, then we'll travel by bus to Echo Hill Outdoor School for a three-day, two-night excursion on the Chester River. This camp is a great introduction to the overnight camp experience.

Advanced Bay Quest 7th-9th grade 8/6-8/10 9am-4pm M-F are overnight stays at Echo Hill Outdoor School on the Chester River. We return to Broadlands Friday afternoon.







2nd Saturday Family Programs at Noon



Date: February 11th

Time: Noon - 1:00p.m.

Once again we will build bird houses or make bird feeders to welcome our feathered friends home for the Spring. Depending on which project you choose, there may be an additional supply fee for this program.



Date: March 10th

Time: Noon - 1:00p.m.

It's that time of year again! For some people, the true end of winter is heralded not by buds on the tree but by the song of the elusive spring peeper. Learn about them and how to find these nighttime serenaders.

Meet our Nature Center Family!

Date: April 14th

Time: Noon - 1:00p.m.

Pet a snake? Pat a bunny? Trail a turtle! Do you have a favorite animal at the Nature Center? This Saturday we will visit each of our animal friends in the Nature Center, learn a little about them and pet and feed some of them!

Come and get to know your favorite resident a little bit better!

Cost of Saturday Family Programs

1 adult and one child: \$5.00

Family up to 5 members: \$10.00

Additional family members: \$2.50

Programs are one hour, residents and non-residents are welcome! Sunny, our Corn Snake is fed at the end of each program!

For more information or to register, please call 703-729-9704 or email naturalist@broadlandshoa.com.







The Audubon Naturalist Society and the Broadlands HOA have partnered to provide nature programs for the community.

All programs meet at the Nature Center. We will go outside for most programs so please dress appropriately for the weather and wear sturdy shoes.

The Audubon Naturalist offers programs for scouts, families, birthday parties, after school, Pre-K and Kindergarten, and parent and toddler programs.

Upcoming Programs

Under a Log

Ages: 4 and 5 year olds (PreK and K)

Days and Times: Fridays 9:30a.m. - 10:30a.m., February 17th - March 9th

Cost: \$20.00 for a 4 week session

Lets dig deep and get dirty to explore the wonders of life underneath a log! What critter friends can we find? Are plants there too? What other fun and funky creatures live there? We will explore logs and rocks to find our answers.

Week 1: Fantastic Fungus Week 3: Slugs and Snails

Week 2: Millipedes and Centipedes Week 4: Salamanders and Worms

Lil Trekkers

Ages: 18 mos-3 years

Days and Times: Fridays 10:45a.m. - 11:30a.m., February 17th - March 9th

Cost: \$20.00 for a 4 week session

Come with your little one and introduce them to the emergence of spring. Every week we will visit a different trail or park in Broadlands and share songs, stories and nature. During inclement weather, we will visit the Nature Center and enjoy crafts, stories, songs and visiting the animals.

Wilderness Skills

Ages/Grades: Grades 1st - 4th

Days and Times: Wednesdays 3:00p.m. - 4:00p.m. February 15th - March 7th

Cost: \$20.00 for a 4 week session

Learn how to find shelter, build a fire, find water and how to survive if you are lost in the woods! We will learn skills hands on and through game play.

Week 1: How to survive introduction Week 3: Making shelters

Week 2: Water! Need Water! Week 4: Building fires, rain or shine

For students at Mill Run Elementary, pick up will be available afterschool with prior arrangement (Bring a snack).

For more information or to register, please call 703-729-9704 or email naturalist@broadlandshoa.com.



Come Out and Experience A Space Odyssey Family Concert Performed By the Loudoun Symphony

The Loudoun Symphony 60 members strong from around the Metropolitan Area, presents a special family concert on Saturday, February 18 at 4:00p.m. in the Concert Hall of the Virginia Academy/ Community Church off of Route 7 east of Leesburg. The theme of the concert is A Space Odyssey.

Tickets are reasonably priced and children under 12 are admitted free. Come and hear music from E.T., Star Wars, and more.

For more information please visit our website, www. loudoumsympony.org.



MASTER SINGERS OF VIRGINIA

Announces Winter Performances Winter 2012 *Shakespeare of Today*

The Master Singers of Virginia, a 19-member a cappella ensemble under the direction of Dr. Erik Jones, breathes new life into the work of Shakespeare by performing modern arrangements of the Bard's sonnets, as well as works by Estonian composer Rene Eespere, Jaakko Mantyjarvi, and Benjamin Britten.

Concerts will be held on the following dates and locations:

Saturday, February 25th, 8:00p.m. (lecture 7:15p.m.) Our Savior's Way Lutheran Church, 43115 Waxpool Road, Ashburn, VA

Sunday, February 26th, 7:00 pm (lecture 6:15) Loudoun Country Day School, 20600 Red Cedar Drive Leesburg, VA 20175

Tickets are \$15.00 for Adults and \$12.00 for Students/Seniors (62+) in advance, plus \$2.00 more at the door. There is an optional pre-concert lecture 45 minutes before performance. For a complete concert schedule and/or to order tickets, visit www.msva.org or call 703-829-MSVA (829-6782).

In February of 2012, the Master Singers present **Shakespeare of Today**. This marvelous and diverse concert features new music by Estonian composer Rene Eespere and the greatest choral masterpiece by two wonderful composers, Jaakko Mantyjarvi's *Canticum Calamitatis Maritimae* and Benjamin Britten's *Hymn to St. Cecilia*. The ensemble will also sing a number of jazz-influenced settings of texts by William Shakespeare.

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Win Over Your Valentine With These Romantic Recipes



Filet Mignon with Shallot-Red Wine Sauce and Garlic Frites

Garlic Frites-

1/4 bag (28-ounce) frozen shoestring potatoes, (about 2 cups)

I clove garlic, crushed with garlic press

3/4 teaspoon grated fresh lemon peel

Filet Mignon-

2 teaspoon margarine or butter

2 (1 inch thick, about 4 ounces each) beef tenderloin steaks, (filet mignon)

1/4 teaspoon salt

1/8 teaspoon ground black pepper

1 large shallot, finely chopped

1/2 cup dry red wine

2 tablespoon chopped fresh parsley

Preparation:

Prepare Garlic Frites: On large cookie sheet, toss potatoes with garlic and lemon peel and cook as label directs, stirring occasionally. Meanwhile, prepare Filet Mignon in nonstick 10-inch skillet, heat 1 teaspoon margarine over medium-high heat until melted and hot but not smoking. Add steaks; sprinkle with salt and pepper and cook 10 minutes for medium-rare or until of desired doneness, turning over once. Transfer steaks to 2 dinner plates. To same skillet, add shallot and cook over medium-high heat 5 minutes or until tender and golden, stirring occasionally. Add wine and heat to boiling. Cook 1 minute, stirring. Remove from heat and stir in remaining margarine. Spoon sauce over steaks. Transfer potatoes to plates with steaks; sprinkle with parsley. Tips & Techniques: Broiling potatoes as the label directs, instead of baking them, will speed up the cooking process, and your frites will be crispier -- more like french fries. Goodhousekeeping.com



Tarragon and Merlot Truffles

1/3 cup heavy cream

1 (12-ounce) bag semi-sweet chocolate chips, such as Ghirardelli

1/3 cup chopped fresh tarragon leaves

3 tablespoons Merlot wine

1/8 teaspoon fine sea salt

1/2 cup unsweetened cocoa powder



Preparation:

Line a baking sheet with parchment paper. Set aside. Place the cream and chocolate in a medium bowl and place over a pan of barely simmering water. Stir until the chocolate has melted and the mixture is smooth, about 6 minutes. Stir in the tarragon, wine and salt until smooth. Refrigerate for 2 hours until firm. Let the mixture stand at room temperature until moldable, about 45 minutes. Using a melon scoop, scoop level amounts of the truffle mixture onto the prepared baking sheet. Roll into 1/2-inch balls. Place the cocoa powder in a small bowl. Roll the truffles in the cocoa powder until coated. Arrange on a platter and serve or refrigerate in an airtight container. Giada De Laurentiis

wi	n! Winner will be cho ast be received at the N , 2012. Be sure to incl	e's Day questions correctly and you could osen at random from all correct entries. Entries lature Center HOA office no later than February ude your name and telephone number. Good
1.	Approximately what purchased by women 85	percentage of Valentine's Day cards is 15 35
2.	Approximately how year? 1 billion 2.6 billion	many Valentine's Day cards are sent each 850 million 750 million
3.	Cupid is the son of: Athena Paris	□Venus □Jupiter
4.	In what Shakespeare □ The Tempest □ Hamler	play is St. Valentine's Day mentioned? Macbeth The Taming of the Shrew
5.		that roses grew when Cupid was carrying a gods on Mt. Olympus. What was the liquid? □olive oil □ambrosia
		CONTACT INFO:



Get the Most Out of Your Gym Time By, Katie Herbert CPT, Fitness.innovations@gmail.com

It is no easy task to find time to devote to exercise. When we find that time it is usually limited to a small fraction of the day. Some of us can carve out a solid 60 minutes while others may find themselves with much less time. The good news is that even if you only have 30 minutes to devote to your workout you can still get your sweat on and reap the rewards of physical activity. The key is figuring out what to do to make the most of your time.

Here are a few ideas: Get into a routine

Routine is great for many reasons. If you get into a routine of going to the gym at the same time everyday you are much less likely to get there and realize that you forgot something. Ever go on lunch break only to discover that you left your shoes at home? A routine also helps to ensure that daily issues don't get in the way. Have you ever fallen into the trap of putting your workout off during the day and then all of the sudden it is dinnertime and you have run out of opportunities to go? If you have that set time, it will become second nature to work the rest of your day around that time.

Have a plan

Being prepared can make all of the difference. Have a workout in mind or even written down. This will help keep you on task and help you to avoid aimlessly walking around the gym as you try to figure out what to do.

Be flexible

While I believe that a plan is a building block to success, you also have to be willing to flex that plan. If someone is using a piece of equipment that you need, don't just stand around waiting for it to open up, move on with the rest of your workout and come back to it. Better yet, get more familiar with your gym and equipment available so you have a second option to go to.

Do Some Homework

Maybe you are not sure what to do at the gym, or you feel like your workouts are stale. If hiring a trainer isn't right for you, there are plenty of other resources. Check out some one of the great fitness magazines out there. These days you can look up workouts online for free so there really is no excuse not to check it out. A few of my favorite magazines are Men's Health (great workouts and not just for men), Self, and Shape just to name a few.

Move it

Don't stop to take long rests between sets. Try to keep moving to keep the calorie burn going. For example, if you are doing lat pulldowns, alternate that with some leg work like lunges, you'll get your rest in the lats but now the legs get to do their share and your caloric burn is increased.

Keep the focus

Remember that your time at the gym should remain 'your' time. It is great to see friends and neighbors at the gym, but remember what you are there for. If you only have 45 minutes you have to avoid spending 10 minutes chatting. Wearing headphones helps, it sounds a little rude but headphones do a nice job of telling people that you mean business. If you absolutely have to get in a quick conversation, jump on cardio together but make sure your heart rate is high enough that you are restricted to short answers. If you have major catching up to do, plan a coffee date.

Take a moment to stop and think about how you spend your time at the gym. If you have even 10 minutes wasted, that is time that you could have used getting closer to your goals and improving your health. Little changes can make a big difference. Imagine, if you workout 4 days per week, each workout you have 10 wasted minutes, over the course of a month that could account for about 3200 calories that could have been expended. In other words, almost 1lb of bodyfat that could have been shed! Over a year that could mean...well, you get the point. Get focused and get moving!



Page 22 February 2012

Piranhas Swim Team Registration

Come join the Broadlands Piranhas for another fun-filled summer of swimming! The swim

team is open to Broadlands residents ages 5-18. Our goal is to develop a love of swimming while teaching proper technique and good sportsmanship, as well as team and neighborhood spirit. We offer excellent coaching, daily practices, and fun family activities during the season. The Broadlands swim team program has enjoyed a very high level of participation over the years. Because of this success, the Piranhas compete in two summer swim leagues, the Old Dominion Swim League (ODSL) and the Colonial Swim League (CSL). Registration for returning families begins on Tuesday, March 6. Registration for new families will open on Tuesday, March 20. The Piranhas swim teams fill up quickly, so please sign up early.

For registration information and details on each team, please visit our website at

www.Broadlandsswimteam.org.

Swimmers aged 15 or older who would like to be a junior coach for the ODSL Piranhas should email Coach Shannon to inquire. Coach Shannon can be reached at CoachShannonODSL@gmail.com. Junior Coaches must be life guard certified. Swimmers aged 15 or older who would like to be a junior coach for the CSL Piranhas should email the CSL coach at the link on our website.



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Luis and his staff bring over 20 years of experience to the Broadlands Community. Visit **www.LuisTennis.org** for details and registration forms for all programs.

ALL PROGRAMS START FEBRUARY 27, 2012 ENROLLMENT STARTS FEBRUARY 1, 2012

8 WEEK SESSIONS

Session I - (Feb 27 – Apr 22) Session II - (Apr 23 – Jun 17) Session III - (Jun 18 – Aug 12) Session IV - (Aug 13 – Oct 7)

45 MIN JUNIOR CLINIC (ages 4-5) All levels

Mon – Fri, 4:15pm

1 HR JUNIOR CLINIC (ages 6-16) Beginner / Intermediate

Mon – Fri, 5:00pm & 6:00pm Sat & Sun, 10:00am & 11:00am

1.5 HR JUNIOR CLINIC (ages 10-16) Advanced / Intermediate

Mon - Fri, 6:00pm Sat & Sun, 10:00am, 11:00am

1.5 HR ADULT CLINIC - All levels

Mon – Fri, 7:30am, 9:00am, 10:30am Mon – Fri, 7:00pm & 8:30pm Sat & Sun, 8:30am

BROADLANDS RESIDENT / NON RESIDENT PRICING:

45 MIN CLASS (As low as \$14.00 per class)

\$96 / \$112 per session (8 weeks) - 1 class a week \$176 / \$208 per session (8 weeks) - 2 classes a week \$240 / \$288 per session (8 weeks) - 3 classes a week Clinic Drop-In Fee: \$16 members; \$18 non-members

1 HR CLASS (As low as \$14.00 per class)

\$128 / \$144 per session (8 weeks) 1 class a week \$240 / \$272 per session (8 weeks) 2 classes a week \$336 / \$384 per session (8 weeks) 3 classes a week Clinic Drop-In Fee: \$20 members; \$22 non-members

1.5 HR CLASS (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week \$336 / \$384 per session (8 weeks) 2 classes a week \$468 / \$540 per session (8 weeks) 3 classes a week Clinic Drop-In Fee: \$28 members; \$30 non-members

Weekly Junior Round Robin Tournaments (\$20.00 per Tournament)

11 years and over – Sat & Sun, 12:00pm – 2:00pm 10 years and under – Sat & Sun, 12:00pm – 2:00pm

Private / Group Lessons (1 player \$60, 2P \$35 each, 3P \$25 each)

- Stroke analysis and evaluation; an objective assessment
- Weakness identification and improvement of fundamentals
- Stroke development; technique, theory, and practice
 Strategic development; the psychological side of tennis
- Competitive conditioning; physical development and exercise drills
- Advanced hitting practice
- Early development programs for children and juniors

Please email Luis Rosado if you have any questions... Email: LuisTennisAcademy@gmail.com.



SAVE THE DATE!

Saturday, March 10, 2012

BROADLANDS

Ashburn, VA - 8:30 am

Help Us Help the Children by Meeting Our Goal of \$100,000



KIDS RUN FOR FUN
 ONE-MILE FUN RUN/WALK
 5 MILE RUN

Registration: \$25 • after March 5: \$30 • Children 12 & under: \$5 Corporate Team: \$50 (plus \$15 per member)

Phone (703) 425-2600 ext 2288
Register online at www.runwashington.com



DIRECTIONS TO BROADLANDS

From the Beltway, follow Dulles Toll Road West.
Take the Dulles Greenway to
Exit 6 (RT 772) Ashburn/Broadlands Exit.
Left at exit ramp, then left onto
Wynridge Drive to the Broadlands Marketplace.



BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

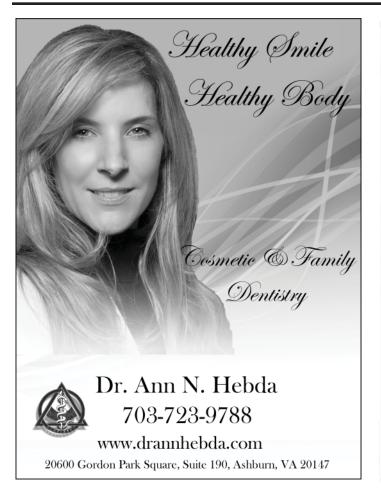
Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid

(EMGS) Education Major Graduate Student

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa. com.





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- Vision Training

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	USEFUL N	NUMBERS				
Can al	Can also be found at http://broadlandshoa.org/node/117					
NON-EMERGENCY		Social Services	(703) 777-0353			
Ashburn Fire	(703) 729-0006	School Board	(571) 252-1000			
Fire Marshall	(703) 777-0333	Street Signs/Storm Drains	(703) 771-5666			
Loudoun County Sheriff	(703) 777-1021	VDOT	(703) 383-8368			
Washington Gas	(703) 750-1000	Van Metre Homes	(703) 723-2800			
Poison	(703) 625-3333	Verizon	(703) 954-6222			
Loudoun Water - Customer Service	(571) 291-7880	Verizon Fios	(888) 553-1555			
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878	Voter Registration	(703) 777-0380			
State Police	(703) 771-2533	Weather	(703) 936-1212			
Dominion Virginia Power	(888) 667-3000	LOUDOUN COUNTY PUBLIC SCHOOL				
PUBLIC INFORMATION		Briarwoods HS	(703) 957-4400			
Abused Women's Shelter	(703) 777-6552	Eagle Ridge MS	(571) 252-2140			
Animal Control/Shelter	(703) 777-0406	Hillside ES	(571) 252-2170			
Building Permits & Dev.	(703) 777-0397	Mill Run ES	(571) 252-2160			
Comcast	(703) 430-8200	PUBLIC OFFICIALS COUNTY SUPER.				
Child Protective Services	(703) 777-0353	Stevens Miller	(703) 777-0204			
County Landfill	(703) 771-5500	SCHOOL BOARD REPRESENTATIVE				
CPR Class Info	(703) 444-1155	Robert Dupree	(571) 233-4610			
DMV (VA)	(800) 435-5137	VIRGINIA HOUSE OF DELEGATES				
Drug Abuse	(703) 771-5100	Robert G. Marshall (13th)	(703) 361-5416			
Dulles Airport Hotline	(703) 572-2700	Richmond Office	(804) 698-1013			
Health Department	(703) 777-0236	Thomas A. Griesen (district 32)	(703) 421-6899			
Library (Ashburn)	(703) 737-8100	Richmond Office	(804) 698-1032			
Loudoun Ride On	(703) 777-2708	VIRGINIA SENATE				
Loudoun Hospital	(703) 858-6000	Mark Herring (district 33)	(804) 698-7533			
Main Street Mailboxes	1(703) 753-5521	District Office	(703) 729-3300			
Miss Utility	(800) 552-7001	Constituent Hotline	(800) 889-0229			
Metro	(202) 637-7000	U.S. HOUSE OF REP. 10 th DISTRICT				
OpenBand 24x7 Customer Service	(866) 673-6226	Frank Wolf	(703) 709-5800			
OpenBand Trouble Tickets	(703) 961-1110	U.S. SENATE				
Parks and Recreation	(703) 777-0343	Jim Webb	(202) 224-4024			
Patriot Disposal	1(703) 257-7100	Mark Warner	(202) 224-2023			
Ridesharing	(703) 771-5665	VIRGINIA STATE GOVERNOR				
Road Conditions	(800) 367-7623	Bob McDonnell	(804) 786-2211			

It's Not Too Late!

A Few Spaces are Left for the 2012 Master Gardener Volunteer Training

We have a few spaces left for the 2012 Master Gardener Volunteer Training that begins February 7, 2012. If you may be interested, contact the Loudoun Extension Office immediately (703-777-0373), as the spaces will be filled on a first come first serve basis by the return of a completed application.

The Master Gardener Volunteer training program is offered through the Extension Office to train Volunteers to assist the Urban Horticulturist in providing service and educational programs for Loudoun residents. Persons who are interested in becoming a Master Gardener Volunteer do not have to be experienced gardeners. The one characteristic all Master Gardener Volunteers (MGV) have in common is a desire to give back to or contribute to their community.

MGVs are involved in various educational activities throughout the year. They include: Help Desk Office, Demonstration Garden, Leesburg Flower & Garden Festival, Gardening Clinics at local Farmer's Markets, Children's Gardening programs, speakers to club and group meetings, and many others.

The training program in basic horticulture is held Tuesday and Thursday mornings. Topics covered include botany, soils, entomology, propagation, water quality, fruits & vegetables, ornamental plants, pathology, diagnosis skills, and landscape design. Once the classroom portion of the training is complete, Master Gardener Trainees become Interns and continue learning by contributing 75 hours of hands-on volunteer internship by the end of the calendar year in order to become a certified Master Gardener.

Loudoun Wildlife Conservancy February 2012 Program and Field Trips

We offer a wide range of field trips and nature programs throughout the year, and, all events are free unless noted in the description. Registration is sometimes required due to space limitations.

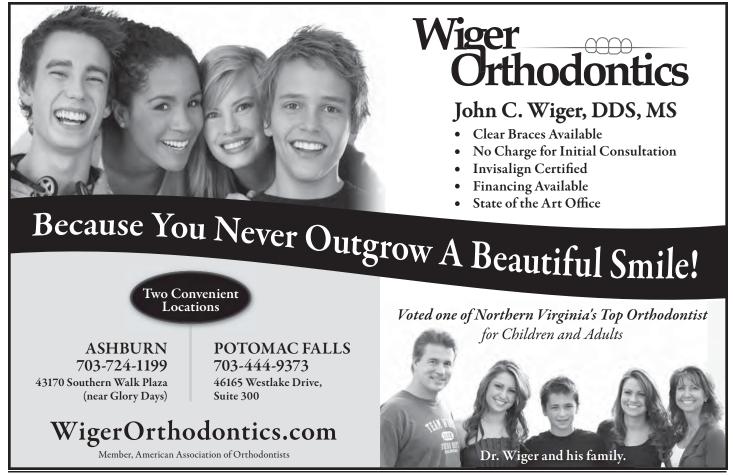
Discovering the Wild in Winter — Saturday, February 4, 10:00 a.m. – 1:00 p.m. Join Phil Daley, Paul Miller, and Jim McWalters as they explore the Blue Ridge Center for Environmental Stewardship (BRCES) during winter. While many people stay indoors during the cold months, others enjoy the beauty of a season when the sky can be so clear you can see forever and the sun casts the longest shadows. During this free winter hike, watch for the many birds, insects, and mammals that overwinter here and examine some of the plants to see how they adapt to temperatures that dip below freezing. The BRCES comprises 900 acres in northwestern Loudoun County, just north of Neersville, at 11611 Harpers Ferry Road, Rte 671. Meet at the Education Center. Detailed directions can be found at www.brces.org. *Registration Required.* To register, sign up online at http://www.loudounwildlife.org/SignUp.htm or contact Phil Daley at pdaley @ loudounwildlife.org or 540-338-6528.

A Field Trip to Explore Loudoun County's Geology — Saturday, February 11, 9:00 a.m. – 3:00 p.m. Join Dr. Randy Orndorff of the U.S. Geological Survey for a field trip exploring various aspects of the county's geology. We'll meet in the Leesburg area and visit various outcroppings and other geological features that demonstrate Loudoun County's unusual geological features. *Registration Required as space is limited.* To register, sign up online at http://www.loudounwildlife.org/SignUp.htm or contact Joe Coleman at jcoleman @loudounwildlife.org or 540-554-2542.

Bluebird Monitoring Program Orientation — Saturday, February 25, 2:00 p.m. Janet Locklear will discuss bluebirds, nestbox monitoring, and the protocol used in Loudoun for collecting and reporting data. She will present information on the current trails being monitored, give tips on gardening for bluebirds, and demonstrate a typical nestbox system with predator guards. Those interested in joining a monitoring team for the 2012 season can sign up during the meeting. Those interested in monitoring a home nestbox or trail and providing data to Loudoun Wildlife Conservancy can register their trails/boxes as well. Location for the kickoff is the Purcellville Library, Robey Room. *Registration Required.* To register, sign up online at http://www.loudounwildlife.org/SignUp.htm or contact Janet Locklear at jlocklear@loudounwildlife.org.

Questions about the above programs? Contact Joe Coleman at 540-554-2542 or jcolemen@loudounwildlife.org

For up-to-date information on our programs, check our web site at www.loudounwildlife.org



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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

ASHBURN CLASSICS

We will hold our next meeting on February 11th, at 10:30a.m., at the Mills Recreation Center. There will be a short business meeting followed by a discussion of plans for the coming year and a social hour. Please arrive by 10:15a.m. so the meeting can start at 10:30a.m. For more information please call 703-723-3724 or 703-727-7044.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoasthost.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are currently Bichon owners please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us for a study on James by Beth Moore. We meet Tuesday mornings in neighborhood homes. Contact Janet at 703-726-6904 or Chris at 703-729-2095 for more info.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

Interessieren Sie sich Fur eine deutschsprachige Spielgruppe in Loudoun County? If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup forming now.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more information, please call Beth Anton at 703-470-8821 with any questions or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnext@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



Beloved Evergreen Facing New Disease Threat - Boxwood Blight

Working in the Extension Office I receive many questions related to growing and caring for boxwood during the year. Because these plants often are a part of older, established, and even historical landscapes and are relatively slow growing and long-lived, people become emotionally attached to those that they plant, or inherit, or care for.

Boxwoods are fairly easy to grow and propagate. To learn how to properly care for boxwood in the landscape and to propagate the plants (if you are so inclined!) view this Virginia Cooperative Extension (VCE) publication: http://pubs.ext.vt.edu/426/426-603/426-603_pdf.pdf.

There are several common insect and disease problems that can affect boxwood plants. Among them are leaf miner, boxwood mite, stem and root rots, nematodes, and they can also suffer winter damage. To learn more about common disease problems view this publication from VCE: http://pubs.ext.vt.edu/450/450-614/450-614_pdf.pdf.

A disease new to the United States that is quickly spreading was discovered for the first time in the United States in Virginia, North Carolina, and Connecticut in 2011. This disease is commonly called "Boxwood blight" or "Box Blight" in Europe. This disease is caused by the fungal pathogen Cylindrocladium pseudonaviculatum. Though the origin of this disease is unknown, it was first reported in the United Kingdom in the early to mid 1990's. By the end of the decade the disease had spread throughout Europe and New Zealand. As of January 2012 this disease has now also been found in Rhode Island, Maryland, Massachusetts, New York, and Oregon.

Conditions that favor this disease are warm temperatures, high humidity, and little air movement. Symptoms of this fungal disease include light or dark brown leaf spots with a dark border, defoliation, and dieback. The disease does not affect the roots, but plants that suffer repeated defoliation become stressed and predisposed to other diseases that could result in decline and death. To view color photos of symptoms go to this VCE factsheet: http://ppwsipm.contentsrvr.net/content/general/fm/boxwood_blight_factsheet_12-16-2011.pdf. North Carolina State University also has a publication with good color photos at: http://www.cals.ncsu.edu/plantpath/extension/clinic/fact_sheets/index.php?do=disease&id=12.

All known species and varieties of boxwoods are susceptible to this disease. It is spread by wind-driven rain or splashing water in short distances and by wind dispersal for short distances between plants, within greenhouses, or in fields. Longer distance dispersal occurs from the movement of infested plants, soil, equipment, or plant debris. Spores may also be spread by insects or animals.

Be aware of this new disease if you plan to purchase boxwood plants for your landscape. Examine plants carefully before purchasing, then monitor for symptom development. If you believe you have a plant infested with boxwood blight please report to Virginia Department of Agriculture and Consumer Services (http://www.vdacs.virginia.gov/about/directory-cp.shtml#plant) or to your local VCE Extension Agent (http://www.ext.vt.edu;offices/).

To end on a lighter note, Virginia is home to the American Boxwood Society (http://www.boxwoodsociety. org/) at the State Arboretum of Virginia in Boyce, Virginia (http://blandy.virginia.edu/arboretum/). The Boxwood Society has a Memorial Garden with over 150 species and varieties of boxwood planted and labeled for the public to enjoy and learn about.

If you have questions about boxwood or other gardening topics contact the Master Gardener Volunteer Help Desk at 703-771-5150, loudounmg@vt.edu, or visit the office at 30 Catoctin Circle, SE, Suite B (Wells Fargo Bank Building), Leesburg.

Debbie D. Dillion
Urban Horticulturist, Loudoun County Extension

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ADVERTISING DIRECTORY

DENTAL / ORTHODONTIADaczkowski, T. Wesley, DDS38Dr. Ann N. Hebda28Ronald Ray DDS & Associates28White Tree Dental2Wiger Orthodontics30
EDUCATION / INSTRUCTION Golden Pond
FINANCIAL/PROFESSIONAL SERVICES Apple Federal Credit Union
FOOD Asia Café
HEALTH Ashburn Eye Care Associates
HOME SERVICES Ackerman Security
PETS Ashburn Village Animal Hospital
REAL ESTATE Bonnie Selker, Keller Williams
RECREATION Ashburn Ice House
RETAIL Broadlands Marketplace

ADVERTISING and EDITORIAL **INFORMATION**

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the initial deadline.

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72* 1/4 pg (3.625" W X 4.875" H) \$160 /\$135* 1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209* 1/2 pg (7.5" W X 4.875" H) \$425 /\$404* Full pg (8.5" W X 11" H) \$1050 /N/A

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239* 1/2 pg (8" W X 4.875" H) \$475/ \$453* Full pg (8" W X 8"H) \$1050/ N/A Add 10% to base price above for preferred placement

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com. Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of **Directors or HOA Management**

EDITORIAL INFORMATION

The deadline for editorial submissions is **noon** on the 15th of the month, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

FEBRUARY CLASSIFIED ADS

BEAUTY SERVICES

MASTER HAIRSTYLIST/COLORIST: Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email inurhairbyluz@yahoo.com.

EARLY EDUCATION/DAY CARE

GROWING MINDS PRESCHOOL: A home based preschool in Broadlands, will be holding an open house for its 2 ½, 3 and 4 year old classes on Thursday, February 16th at 7:00pm for the 2012-2013 School Year. Applications will be collected that evening. Open registration will begin on Friday, February 17th. For more information or to RSVP for the open house, please email Judi Ratcliffe at gminds@ verizon.net or call at 703-858-7966.

LITTLE SPROUTS PRESCHOOL: Offering preschool classes for 2, 3 and 4 yr olds as well as Mom's Morning Out, morning and afternoons. Don't miss our Open House - Tuesday, Feb 7th at 7pm. Experienced Teachers, Small Classes, Hands on interactive learning through fun. Karlene 408-750-7349 website: http://LittleSproutsPreschool.clubspaces.com.

FUNDRAISING/VOLUNTEER

BRIAR WOODS MULCH SALE: The Briar Woods football team will be delivering bags of shredded black and brown hardwood mulch at the end of March 2012. Please support our team and school by placing an order. Order forms will be on the school homepage and in the Broadlands newsletter.

KEEP LOUDOUN BEAUTIFUL
(KLB) BRIAR WOODS HIGH SCHOOL
CHAPTER: If you are interested in joining
our school. group, please send me an
e-mail. Great way to get volunteer hours and
keep our community clean. Scouting groups
welcome! Spring clean-up is around the
corner. emily0917@verizon.net (Emily Ciullo)

INSTRUCTION - ARTS/MUSIC/ RECREATION

HINDI CLASSES: Experienced Teacher. \$20 per 45 minute class. Call 571-333-0199 or email neeru803@gmail.com.

DRAWING AND PAINTING: \$150 for 8 classes. Classes are 1 ½ hours. \$25 material fee. Call 571-333-0199 or email neeru803@ gmail.com.

MUSIC LESSONS FOR ALL: Complete music education, 16 highly qualified teachers of; Piano, Guitar, Drums, Violin, Voice, Saxophone, Flute, French horn.

Preschool Music Program, Art Class's, Rock Band Program, Loudoun County music competition preparations. Minton's Academy of Music 703 723 1154 www. mintonsmusic.com.

PIANO & VIOLIN

LESSONS: Degreed instructor with over 28 years experience (nationally-recognized composer and active performer)! Offering a comprehensive lesson program for students of all ages and abilities, beginner to advanced. Please call (240) 912-7604 for more information!

VIOLA & VIOLIN LESSONS: Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

GUITAR LESSONS IN BROADLANDS!

Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Instructor is friendly and professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email blueridgestudio@verizon.net.

ST. MICHAEL SHOTOKAN KARATE—Ashburn's leading and acclaimed Japanese Style Martial Arts School for <u>CHILDREN and ADULTS</u>. Home of local, regional, national CHAMPIONS! Training days: Mondays, Tuesday, Thursdays. Venue: 43895 Grottoes Drive, 20147. CONTACT: Majal Florence Cammack-703/606-1974. E-mail: colonmc@

SWIM LESSONS: Olympic Gold Medalist Tom Dolan has opened Tom Dolan Swim School, a state-of-the-art swim school at the Dulles 28 Centre in Loudoun County. Learn-to-swim and stroke technique classes available for all ages, from 3-month old babies to teenagers. Book Now! 703-433-2020.

INSTRUCTION - TUTORING

MATH TUTORING: Two experienced HS teachers help with temporary struggles or long term support for all learning levels in MS and HS. Algebra I, II. Geometry. Support with subject curriculum, homework and SOL review. Contact Rick Romito, 703-728-8881 or romitofigs@aol.com.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

LOUDOUN COUNTY MATH TEACHER:

Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email VChu_911@yahoo.com.

HEALTH/FITNESS/WELLNESS

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME:

Get fit now with my 20+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@verizon.net; fitnesstogova.com

KEEP YOUR NEW YEAR'S RESOLUTION!Exercise at home with an ACE certified personal trainer and make that resolution a reality. Call Susan at Custom Fitness, 571-228-

eality. Call Susan at Custom Fitness 545.

NOT YOUR AVERAGE BOOT CAMP! Go from ordinary to extraordinary! You be the judge. Try a week for <u>free</u> with Fitness Image Results' Boot Camp instructed by Jeff Strahan. Register online or just show up for any of our three 1-hour classes @ 5:45AM (M,W,F); 9:30AM (starting 8/29) (M,W,F); or 7:30PM (M,T,TH). Classes held outdoors at Brambleton Community Pool parking lot. For directions or more details, go to www.firesults.com or email Jeff@firesults.com.

RUN COACH: We assist people in meeting their individual fitness goals, wants and needs. Whether you want to learn how to set and achieve a goal, reduce the chance of injury, increase your flexibility, get stronger, enhance your endurance while improving your overall health and performance. Contact Tim Sullivan office: 571-333-2181 or visit our website www.athleticlibrary.com.

HOME SERVICES

COMPLETE HOME REMODELERS: Call Ryan for a free estimate, 703-505-8140. Plumbing, Electrical, Tile, Carpentry, Flooring & bathroom specialist. Email: Balderstonr@ gmail.com.

HANDYMAN SERVICES: Helping you take care of your home. Painting. Drywall, and Repairs, Electrical, Plumbing, Carpentry, and those little things that always seem to come up. No job is too small. Free Estimates. Flexible schedule. Over 25 years experience in the construction industry. Please call Dan Goldstein at 703-403-2243. Email: handyman. dan@hotmail.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

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LOONEY'S TILE AND GROUT

RESTORATION: Spring Special!!! Ashburn residents receive \$35 off tile and grout services. Locally owned specializing in tile and grout cleaning and restoration, Grout Repair, Caulking, Re-grouting. Let us beautify your Bathroom and save in remodel cost!!! 703-999-1933 licensed, bonded, insured.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL. Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016. HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MikeRosario@comcast.net.

HOME IMPROVEMENT CONTRACTOR:

Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

WISE GUYS ROOFING & SIDING IMPROVEMENT LLC: FREE ESTIMATES

Roofing & Siding Installation & Repair –
 Gutters Installation & Cleaning – Windows –
 Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Satisfaction Guarantee! www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or info@ WiseGuysRoofingSiding.com.

HOUSE CLEANING

MAID IN VIRGINIA- RESIDENTIAL

CLEANING: We clean the best so you have time to rest! We are known for having Great People! Friendly- Hard Working- Honest-Consistent. Great Communication Skills, offering an opportunity to customize your cleaning. You can expect the same team

cleaning your home routinely. Locally owned and operated- Ashburn Resident. Licensed, bonded and insured including Workers Comp. www.maidinvirginia.com, 703-338-4606. MARIA'S STAR CLEANING LLC: Residential

MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

MARKETPLACE

MARY KAY: Get wise to age-fighting. Think fine lines should be quoted – not appear on your face? A simple and effective daily program with TimeWise® skin care can help reduce the appearance of fine lines and wrinkles. So skin looks firmer. And feels soft. Start looking younger now! Contact me to experience TimeWise® for yourself. Contact me today! Deborah Leben, 703-217-4583, www.marykay.com/dleben.

TASTEFULLY SIMPLE: Has the comfort food you want when the weather outside is dreary. Special Crock pot recipes this month . Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

PFTS

AROUND MIDNIGHT PET SERVICES,

LLC: Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218, www.aroundmidnight.net, Pet Lovers Providing Care.

PROFESSIONAL SERVICES AROUND THE CLOCK NOTARY, LLC: is

a mobile notary service. We travel to your home, office or a public location to notarize your documents. Why should you miss work or be confined to your bank's hours in order to have your important documents notarized? We can perform notarizations seven days a week at a time that is convenient for you. Call today 703-909-9432, www.aroundtheclocknotary.com.

GGGGGRRRR!!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

HINTERIORS, LLC: Bored with your surroundings? Looking to add some style to your home? Home Interior Stylist, specializing in accessorizing, shopping, color consulting and room layout. For a free consultation, call Heather at 703-728-5665.

JORDAN DAVID PHOTOGRAPHY:

JordanDavidPhoto@gmail.com. (703) 473-9260. Recent college graduate with a Bachelor of Fine Arts degree in Photography offering competitive prices for Senior Portraits, Pet Portraits, Family Photos, Headshots, Engagement Photos, and more. Private instruction also available.

TIFFIN AND FOOD CATERING SERVICES:

for home and small parties. Vegetarian Indian Food, offer international variety of food too. Reasonable rates. Call 571-333-0199 or email neeru803@gmail.com.



HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the $10^{\rm th}$ of each month for the next month's issue.

MONTHLY RATES:

RESIDENT

Month to Month \$9 6 months prepaid discount \$8 12+ months prepaid discount \$7 Personal (For Sale) Ads \$0

NON-RESIDENT

Month to Month \$18 6 months prepaid discount \$17 12+ months prepaid discount \$16

PAYMENTS and ADS:

Please email ads to: scollins@ broadlandshoa.com. Checks only please, made payable to "Broadlands Association". No cancellations after the initial deadline. Payments can be mailed or dropped off at:

> Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

CONTACT:

Advertising Manager Stassa Collins 703-729-9704

Broadlands Committees and Events

February Activities

Date Activity

18th

20th

4th Nature Center Open 10:00a.m. - 2:00p.m. 7:30p.m. Tech Committee 8th Meeting(NC) 9th 6:00p.m. Southern Walk Hearing Committee Meeting(NC) Broadlands Mom's Club(CC) 10th 11th Nature Center Open 10:00a.m. - 2:00p.m. 12:00p.m. Family Program - Preparing for Spring 6:00p.m. Board of Directors 14th Meeting(NC) 15th 7:00p.m. Modifications Subcommittee Meeting(NC) 8:00p.m. Investment Club(CC) 16th

8:00p.m. Annual Mardi Gras Party(CC)

will be picked up on a normal schedule

The HOA Office closed in observation

of President's Day - trash

22nd 7:30p.m. Book Club(NC) 23rd 7:30p.m. Mom's Club(CC)

10:00a.m. - 2:00p.m.

25th Nature Center Open

Committees

Broadlands Live! Summer Concert Committee

Chair: Open.

Community Events Committee

Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. Chair: Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.

Neighborhood Watch Committee

Chair: Open

Recreation Committee

Chair: Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

Swim Team

Website: www.broadlandsswimteam.org

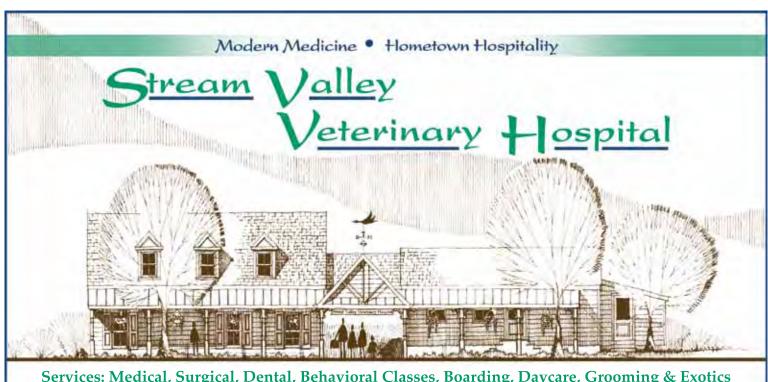
Technology Committee (broadlandshoa.org)

Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents.

Chair: Dawne Holz, dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org

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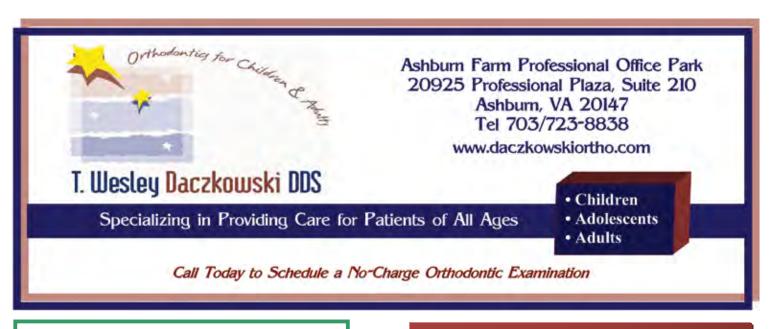
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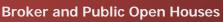
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