



# BROADLANDS



Community News

March 2011



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# BROADLANDS



## Contact Information

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### **Board of Directors**

David Baroody - President  
& Resident Member,  
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Brian Beahm  
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Staci Kapinos - Secretary & Treasurer,  
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(703) 349-1095, dawne@holzfamily.net

Jason Chautin - Resident Member,  
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Roy Barnett - Member at Large,  
Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

Denise Harrover - Member  
at Large, Van Metre,  
(703) 425-2600,  
dharrover@vanmetrecompanies.com

### **HOA Office and Website**

21907 Claiborne Parkway  
Broadlands, VA. 20148  
(703) 729-9704 Fax: (703) 729-9733  
Open Monday - Friday 9:00am - 5:00pm  
www.broadlandshoa.org

### **Armstrong Management Services**

Assessment Information Office:  
Direct Phone: (703) 679-1541  
FAX: (703) 591-5785  
Email: broadlands@armstrong.net

Mail Payments to:  
Armstrong Management Services  
P.O. Box 7778  
Philadelphia, PA 19101-7778



### **Southern Walk Board of Directors**

(Open Band Contract Administration Only)

Erika Cotti - President  
(703) 554-9269, erika\_cotti\_sw@yahoo.com

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Douglas Granzow - Treasurer  
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### **HOA Management**

Maureen Burns - General Manager,  
(703) 729-9714, mburns@broadlandshoa.com

Lisa Matthews - Audubon Naturalist, (703)  
729-9726, naturalist@broadlandshoa.com.  
Regular hours: Tuesday 10:00a.m. -  
1:00p.m., Wednesday 10:00a.m. - 5:00p.m.,  
Friday 9:00a.m. - 1:00p.m.

*During the week of March 14-18 the Naturalist's  
hours will be 10:00a.m. - 2:00p.m.*

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Modifications Subcommittee,  
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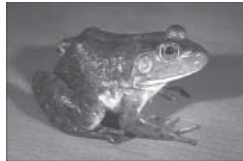


## Come to the Nature Center and Meet Our New Snake!

Our new snake is a male Snow Corn Snake who loves to meet new people. He was adopted from the Virginia Reptile Rescue who generously donated him to the Nature Center. Our new friend needs a name so please send your suggestions to [naturalist@BroadlandsHOA.com](mailto:naturalist@BroadlandsHOA.com). Suggestions for our new snake's name will be published in the April newsletter followed by a community vote for the best name.



We should also name our Bullfrog! Please send your suggestions for the frog's name too!



Sahara, our King Snake is going to go to a new home. Sahara has gotten older and would prefer to live somewhere a little quieter. We have found him a good home with someone who is very good with older snakes.

## Be a Part Of the Action This Year!

Join the Broadlands Live! Committee at 8:00p.m. on Tuesday, March 1<sup>st</sup> at the Broadlands Community Center. This will be the first meeting of the season. Bring us your ideas, input, and band recommendations. We love putting the concerts together for you, but we need your help.



Join us to make a difference, we hope to see you there!

## Broadlands Bombers Seeking Spring Season Players

Your Hometown Broadlands Bombers (Adult Men's Softball team - "D" division) is Ramping Up for Our Spring Season (starts in April).

We are currently recruiting for infielders and outfielders. If you're interested, we want to hear from you. We are competitive and are seeking players with recent baseball or softball experience.



Email us at [jesse\\_aaron\\_99@yahoo.com](mailto:jesse_aaron_99@yahoo.com)  
Include your position, years played and level of play.

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## Piranhas Swim Team Registration Begins

Come out and join the Broadlands Piranhas for another fun-filled summer of swimming! The swim team is open to Broadlands residents ages 5 to 18.

Our goal is to develop a love of swimming while teaching proper technique, principles, and good sportsmanship as well as team and neighborhood spirit. We offer excellent coaching, daily practices, and fun family activities during the season.

The Piranhas compete in two summer swim leagues, the ODSL (Old Dominion Swim League) and CSL (Colonial Swim League). The Piranhas swim teams fill up quickly, so please sign up early.

Registration begins Monday, March 7th for returning families residing in Broadlands. Any family residing in Broadlands wishing to join the team for the first time can do so starting on Monday, March 21st. Starting on Monday, April 18th, non-resident families who have purchased a pool membership will be able to register for the CSL team, provided there is space available.

For complete details on registration or questions, please visit our website at [www.broadlandsswimteam.org](http://www.broadlandsswimteam.org). GO PIRANHAS! SWIM FAST!

Swimmers aged 14 or older who would like to be a junior coach for the CSL Piranhas should email [CSLHeadCoach@broadlandsswimteam.org](mailto:CSLHeadCoach@broadlandsswimteam.org) to inquire.

## Can't Afford to Fly to New Orleans For Mardi Gras?

### Broadlands Will Bring It to YOU!

**Broadlands Annual Mardi Gras Party**  
**Saturday, March 5<sup>th</sup>**  
**Broadlands Community Center**  
**8:00p.m. – 11:00p.m.**

Traditional hurricane punch, beer, wine & King's cake!

Appetizers provided by Cajun Experience

DJ services by Neal Keller

Door prizes & giveaways!

*Pro Bono Publico! Revelers are asked to bring a canned good/non-perishable to the Fas do do (cajun party!) to be donated to Loudoun Interfaith Relief. A box will be at the entrance for collection. Merci!*



## STAY SAFE-

### Don't Skate on the Community Ponds!

Please remember skating is prohibited on all community ponds. Even walking on any ice covered pond can be very dangerous.

The surface of the pond may appear to be frozen, but our winters are normally not cold enough to guarantee that the ice is thick enough to support anyone's weight, even a child's.

Parents, please tell your children that it is extremely dangerous, even deadly, to walk or skate on the ponds in the community.

Let's keep our neighborhood safe!

### Help Make Snow Plowing Easier and Faster

When a snow storm has been predicted, especially overnight, the snow plows will be working during the early morning hours. The best way to ensure that the plowing crews can clear the streets better and faster is to park in driveways and parking spaces. In many of the townhouse and private streets sections, a vehicle parked in the street can severely restrict the ability of the plows to do their work.

Help your community by parking in garages, driveways and marked parking spaces.

Thank you for your assistance.

### Winter is Here - Please be Prepared!

Both Virginia and Loudoun County Codes require that the occupant - whether an owner or a tenant - remove all snow and ice from any walkway adjoining any part of their property within 6 hours after the snowfall has ceased.

If the snow or ice fell during the night, it must be removed by Noon the following day. Should the storm occur on Sunday, the accumulation must be removed by Noon on Monday.

Failure to comply with the Code can result in a fine of \$250.00 imposed by the county. Complaints should be reported to the County Department of Building and Development, (703) 777-0635.

Please be a good neighbor and a good citizen. Clear your walkways and keep Broadlands a safe environment for all our residents. If you know someone physically unable to keep their walkway clear, please consider giving them a helping hand.

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## Patriot Disposal Collection Schedule

### **Mondays:**

Trash and Yard Waste

### **Thursdays:**

Trash and Recycling



Please have trash and recycling at the curb no later than 7:00a.m.

### **Board Actions - Board of Directors Meeting January 11, 2011**

- Motion was made to approve a certain style of under deck screening. The motion was seconded and passed 5/0/2 with Denise Harrover and Eric Bazerghi abstaining.
- Motion was made to approve Policy Resolution 2011-1 Assessment Collection Policy as amended at the meeting. The motion was seconded and passed 6/0/0.
- Motion was made to begin foreclosure proceedings as discussed in Executive Session. The motion was seconded and passed 6/0/0.

### **Pools Open May 28, 2011 - Be Ready!**

Be sure that you know where to find your family's Photo ID Pool Passes. They are all you need to get into the pool for the 2011 season. They will be electronically updated; you don't need to do a thing! Replacement passes can be obtained free of charge at the Nature Center up until opening day! After that, replacement passes will cost \$5.00 each.

If you are a new resident, look for complete pool information in the April issue of the Broadlands Community News or after April 1st on the community website.

See you at the pool!

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### Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

### MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
March 2, 2011	February 25, 2011
March 16, 2011	March 11, 2011
April 06, 2011	April 01, 2011
May 04, 2011	April 29, 2011

*\*Please Note: There be no Modifications Subcommittee meeting on Wednesday, April 20th.*

*Updated Design Guidelines are on the Broadlands HOA website at [www.broadlandshoa.org/node/49](http://www.broadlandshoa.org/node/49).*

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com), to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

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To register, send an email requesting your registration code to [mburns@broadlandshoa.com](mailto:mburns@broadlandshoa.com). Please include your name and address. Your code will be sent to you via return email. Then visit [www.armstrongconnect.net/register](http://www.armstrongconnect.net/register) and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at [www.armstrongconnect.net/broadlandsassociationinc](http://www.armstrongconnect.net/broadlandsassociationinc). Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email [broadlands@armstrong.net](mailto:broadlands@armstrong.net).

## Homeowners Association Board of Directors Meeting

**Tuesday, March 08, 2011  
at 6:00 p.m.**

*in the  
Nature Center conference room*

### Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

### NO MORE LATE FEES!

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To initiate participation, please complete this *Authorization Form*, attach a voided check from your designated bank account, and mail them to the letterhead address. The assessment amount will be taken out of your account during the ***FIRST WEEK*** of each billing cycle. ***You are responsible for all assessments on your account up until such time as you are notified in writing that your first assessment payment will be taken out of your account.***

If you have any questions, please call the Accounting Department at 703-385-1133 or 540-288-4634. Thank you.

\*\*\*\*\*  
I (we) hereby authorize Armstrong Management Services, Inc., hereinafter called "Company," to initiate debit entries to my (our) account indicated below and the financial institution named below, hereinafter called "Financial Institution," to debit the same to such account for association dues. I (we) acknowledge that the origination of ACH transactions to my (our) account must comply with the provisions of U.S. Law.

***APPLICATION TYPE (Please Circle One)      NEW APPLICATION      BANK CHANGE ONLY***

NAME (S) \_\_\_\_\_

ASSOCIATION NAME \_\_\_\_\_

ADDRESS OF UNIT \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ / \_\_\_\_\_ (HOME) \_\_\_\_\_ / \_\_\_\_\_ (OFFICE)

EMAIL ADDRESS \_\_\_\_\_

This authority is to remain in full force and effect until "Company" has received written notification from me (or either of us) of its termination in such time and manner as to afford "Company" and "Financial Institution" a reasonable opportunity to act on it.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

**\*\*THIS BOX MUST BE COMPLETED IN ITS ENTIRETY & A VOIDED CHECK MUST BE ATTACHED!\*\***

FINANCIAL INSTITUTION \_\_\_\_\_

TRANSIT ROUTING NUMBER (on bottom left of check) \_\_\_\_\_

BANK ACCOUNT NUMBER \_\_\_\_\_

ACCOUNT TYPE (Please Circle One)

SAVINGS

CHECKING

Please note there is a service charge per payment returned for insufficient funds or closed accounts. If two payments are returned within one year, the service will be stopped and you will be responsible for making all future payments. All written debit authorizations must provide that the Receiver may revoke the authorization only by notifying the Originator in the manner specified in the authorization. Single entry reversals do not require authorization by the Receiver. The underlined language in the authorization above represents the disclosure requirement associated with the clarification of OFAC economic sanction policies upon ACH Network Participants. Armstrong Management Services, Inc. reserves the right to reject and/or revoke participation in the Direct Debit Program at any time.

**\*\*NOTE: FEDERAL CREDIT UNION MEMBERS SHOULD VERIFY THE ACH  
ROUTING NUMBER WITH THEIR BANKING INSTITUTION\*\***



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February 1, 2011

Dear Broadlands Homeowner:

In May, the Broadlands Association will elect its Board of Directors to serve for the coming years. Members of the Board are volunteers who oversee the business of Broadlands both in the collection and spending of monies, the selection of contractors, and all day-to-day operations. Members are vital to the Association through their supervision that directly affects the budget and therefore, the fees that all owners pay.

The Association is now asking for volunteers to run for the Board of Directors. This year at the Annual Meeting, to be held on Tuesday, May 10, 2011, two (2) persons will be elected to the Board of Directors, one for a three year term and one for a two year term. To become a director, you must be a Unit Owner in good standing. The Board currently meets monthly on the second Tuesday of the month at 6:00 pm. In accordance with the By-Laws, Article III, Section 3.5(b), should an adequate slate of candidates be available the night of the Annual Meeting, nominations from the floor *may* not be accepted.

For those of you who would be willing to serve, a completed Nominating Petition/Candidate Profile Sheet must be received at the Broadlands Association, Inc. office by **April 22, 2011**. Nominating Petition/Candidate Profile Sheets may be mailed to Broadlands Association, Inc., 21907 Claiborne Parkway, Broadlands, VA 20148, dropped off at the Nature Center or faxed to 703 729-9733. They will be included in the package of materials sent to all owners with the Annual Meeting announcement. This is necessary so everyone may become familiar with your qualifications prior to the elections and allows you to receive proxy votes that are sent in prior to the Annual Meeting. Pertinent information you may want to include could be; the length of time you have owned a home in Broadlands, committee work in which you have participated, educational background, and any work-related or other skills that you feel might be helpful to the operation of Broadlands as a business and social enterprise. Although the deadline for Nominating Petition/Candidate Profile Sheets is April 22nd you may take advantage of having your profile sheet included in the May newsletter by submitting it **by 5:00 PM Wednesday, April 13, 2011**.

For those of you that submit your name for election, we thank you for your willingness to assist in the success of your community. Remember to mark your calendars for May 10, 2011, the Annual Meeting of Broadlands!

Sincerely,

*Maureen Burns*

Maureen Burns AMS®, CMCA®  
General Manager  
Broadlands Association, Inc.

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**BROADLANDS ASSOCIATION**

**NOMINATING PETITION/CANDIDATE PROFILE SHEET**

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

**NOMINEE**

**PLEASE PRINT OR TYPE ALL INFORMATION**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **HOME:** \_\_\_\_\_ **WORK:** \_\_\_\_\_

**QUALIFICATIONS: (Pertinent Biographical Information)**

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**AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)**

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**SIGNATURES: (Three other homeowners needed with their Broadlands address.)**

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***Return by April 13, 2011 for inclusion in May's Newsletter***  
***Return by April 22, 2011 to be included in Annual Meeting Mailing***



## 2010-2011 Snow Removal Guidelines

Within this section, you will find a list of streets indicating which entity is responsible for snow removal. **Please reference this list to determine who to call with snow removal concerns.** Broadlands Association provides snow removal for the private streets that have been completed by the builder and are owned by the Association. As the public streets in the single family home sections are accepted into the state road system, they will be maintained by the Virginia Dept. of Transportation (VDOT). Any new construction areas in Broadlands would contact their builder, Van Metre, unless their section/street is included in the HOA or VDOT areas to plow. Major roadways such as Claiborne Parkway, Demott Drive, Vestals Gap Drive, Ellzey Drive, Chickacoan Trail Drive, Glebe View Drive, Truro Parish Drive and Route 625 (Waxpool Road) are considered priority snow removal routes. After these roadways are cleared, work will begin on the secondary residential streets.

Snow plowing is to begin after there has been an accumulation of 2 inches of snow. Sand and/or chemicals will be used at critical intersections and as needed on streets.

In addition, there is a Loudoun County ordinance (Chapter 1022) that requires the owner/occupant of a property which has a public sidewalk adjoining or touching the property in front, rear or either side, to clear or treat that sidewalk for snow and ice within 6 hours of a snowfall (by 12:00 noon for overnight snowfall). Property owners abutting common areas (i.e. along Ellzey Drive) are also responsible for clearing those sidewalks. This will provide a safe walkway for children going to school. The County Department of Building and Development, (703) 777-0220, is responsible for enforcement of this ordinance.

### Numbers to Call with Snow Removal Questions or Problems

VDOT (Northern Virginia District Office)	703-383-8368
HOA (Broadlands Association)	Maureen Burns 703-729-9714 Main office: 703-729-9704
Van Metre Homes (New Construction)	Tom Marable 703-723-2800
Developer (Broadlands Associates, LLP)	Tom Marable 703-723-2800

STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Ainsley Court	70	VDOT	Buckley Terrace	30	HOA
Arbor Glen Court	24	VDOT	Burnt Hickory Court	21	Van Metre
Arbor Greene Way	54	HOA	Cattail Meadows Place	38	VDOT
Ardmore Street	26, 28, 30	HOA	Cedar Springs Court	36	VDOT
Arundell Court	6	VDOT	Center Point Circle	28	HOA
Atherton Street	28, 30	HOA	Center Post Terrace	7	HOA
Aurora Heights Drive	21	Van Metre	Champney Court	42	VDOT
Autumn Harvest Court	24	VDOT	Chickacoan Trail Drive	1, 14, 15, 24, 38, 40, 44	VDOT
Autumnwood Square	10	HOA	Claybrooke Circle	28	HOA
Avens Court	5	VDOT	Clover Meadow Court	40	VDOT
Avonworth Square	60	HOA	Cloverleaf Court	78	VDOT
Awbrey Place	15, 16	VDOT	Columbus Street	28	HOA
Ayr Hill Court	80	VDOT	Coulwood Terrace	60	HOA
Bankbarn Terrace	3	HOA	Crossbeam Square	7	HOA
Basil Court	20	VDOT	Crosswinds Terrace	58	HOA
Bayard Terrace	56	HOA	Darby Terrace	26	HOA
Becontree Terrace	56	HOA	Demott Drive	6 (Residential areas)	VDOT
Bexley Way	42	HOA	Dilworth Terrace	60	HOA
Bluestone Court	24	VDOT	Dobson Court	Private Drive	Owners
Bramblebush Terrace	56	HOA	Edgemere Terrace	56	HOA
Broadwell Court	82	VDOT	Ellzey Drive	1, 4, 5, 24	VDOT
Broxton Terrace	56	HOA	Engleside Place	72	VDOT
			Evening Breeze Court	13	VDOT

## 2010-2011 Snow Removal Guidelines – cont.

STREET NAME	SECTION	OWNER	STREET NAME	SECTION	OWNER
Fairweather Court	20	VDOT	Reynwood Place	44	VDOT
Falling Rock Terrace	34	HOA	Riders Square	11	HOA
Fernbrook Court	38	VDOT	Ridgeway Drive	70,72,74,80,82,90	VDOT
Field Station Terrace	8	HOA	Riverstone Court	38	VDOT
Fieldthorn Terrace	56	HOA	Royal Fern Terrace	54	HOA
Fling Court	6	VDOT	Sandhurst Court	72	VDOT
Foche Terrace	11	HOA	Scara Place	17, 19	VDOT
Forest Edge Square	34	HOA	Schenley Terrace	54	HOA
Frame Square	7	HOA	Schoolhouse Court	4	VDOT
Fullerton Street	26	HOA	Shady Wood Terrace	34	HOA
Gatehouse Way	14	VDOT	Silverthorne Court	20	VDOT
Gentle Heights Court	44	VDOT	Small Branch Place	36	VDOT
Glebe View Drive	17, 20, 42, 43, 44	VDOT	Songbird Court	40	VDOT
Glyndebourne Court	74	VDOT	Spring Morning Court	24	VDOT
Golden Autumn Place	24	VDOT	Springwell Drive	36	VDOT
Goodwin Court	5	VDOT	Stillbrook Farm Drive	13	VDOT
Halburton Terrace	56	HOA	Stone Hollow Drive	78	VDOT
Harvest Green Terrace	10	HOA	Stonestile Place	78	HOA
Hawksbury Terrace	54	HOA	Stonewheel Way	42	VDOT
Hearthstone Court	16	VDOT	Sturman Place	18	VDOT
Heritage Oak Court	80	VDOT	Summer House Place	42	VDOT
Hidden Pond Place	36	VDOT	Sundance Square	39	HOA
Highgrove Terrace	56	HOA	Sunderleigh Square	56	HOA
Highview Trail Place	82, 90	VDOT	Sundial Court	42	HOA
Hollowind Court	13	VDOT	Sunstone Court	76	HOA
Humbolt Square	30	HOA	Sweet Bay Terrace	54	HOA
Hunters Green Square	34	HOA	Tealbriar Place	62	Van Metre
Huntsman Square	10	HOA	Thornblade Circle	62	HOA
Inglewood Court	72	VDOT	Thornhill Place	24	VDOT
Inman Park Place	26	HOA	Tithables Circle	14, 15, 16	VDOT
Iredell Terrace	11	HOA	Topsfield Drive	82	VDOT
Ivy Wood Terrace	8	HOA	Tumbletree Terrace	56	HOA
Kennerly Terrace	60	HOA	Vestals Gap Drive	24,36,38,40,44	VDOT
Kisko Way	26	HOA	Vestry Court	4	VDOT
Kitchen Prim Court	17	VDOT	Welby Terrace	8	HOA
Larchmont Way	54	HOA	Wells Way	70	VDOT
Laurier Drive	74	VDOT	Westdale Court	52	HOA
Lefevre Inn Drive	5	VDOT	Whisperhill Court	82	VDOT
Mapleton Court	70	VDOT	White Post Way	15	VDOT
Marburg Terrace	60	HOA	Wild Timber Court	21	Van Metre
Markham Place	26, 28, 30	HOA	Windover Drive	52, 54	HOA
Marsh Creek Drive	38	VDOT	Windy Oaks Square	58	HOA
Meadow Field Court	40	VDOT	Windy Pine Court	90	VDOT
Meander Crossing Ct	40	VDOT	Wingfoot Court	52	HOA
Merion Street	26, 30	HOA	Withers Grove Court	90	VDOT
Middle Ridge Place	42	VDOT	Woodspice Court	44	VDOT
Midsummer Way	24	VDOT	<b>Through Streets</b>		
Milford Drive	52	HOA	Belmont Ridge Road	Rt. 659	VDOT
Moss Landing Court	36	VDOT	Broadlands Boulevard		VDOT
Mount Auburn Place	43	VDOT	Claiborne Parkway	Ashburn Farm - Wynridge	VDOT
Newbridge Square	11	HOA	Claiborne Parkway	Wynridge - Croson	VDOT
Oak Post Court	74	VDOT	Croson Road	Rt. 645	VDOT
Oatyer Court	15	VDOT	Hillside Park		HOA
Old Wood Way	36	VDOT	Ryan Road	Rt. 772	Developer
Overland Park Drive	26, 28, 30	HOA	Shelhorn Drive	Rt. 643	VDOT
Pallan Terrace	60	HOA	Truro Parish Drive		VDOT
Park Brooke Court	78	HOA	Village Drive		VDOT
Park Creek Drive	62	Van Metre	Waxpool Road	Rt. 625	VDOT
Park Glenn Drive	62	Van Metre	Wynridge Drive		Developer
Reamy Way	19	VDOT	Mooreview Parkway	to Old Ryan Road	Developer



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**BROADLANDS ASSOCIATION, INC.**

**POLICY RESOLUTION 2011-01**

**ASSESSMENT COLLECTION POLICY**

**WHEREAS**, Article VI of the Declaration for Broadlands ("Declaration") and Article IV of the Bylaws (collectively "Association Documents") create an assessment obligation for homeowners, empower the Board of Directors ("Board") to make assessments against homeowners to defray the common expenses of the Association and to establish and enforce the methods of collecting assessments from homeowners by any lawful means;

**WHEREAS**, the Declaration and the Bylaws specify the types of relief the Association, through its Board, Association personnel or managing agent, may seek under the terms of the Association Documents or the Virginia Property Owners Association Act ("POAA") when a homeowner is in default, including suspension of voting or use rights or services for nonpayment of assessments and charges; and

**WHEREAS**, Article VI, Section 6.2, of the Declaration and Article 4, Section 4.1 of the Bylaws, empower the Board to establish the due dates of assessments; and

**WHEREAS**, Article VI, Section 6.5 of the Declaration empowers the Board with the authority to establish a late fee if any assessment is not paid within ten (10) days after the due date; and

**WHEREAS**, there is a need to establish orderly procedures for the billing and collection of assessments and charges;

**NOW, THEREFORE, IT IS HEREBY RESOLVED THAT** the Board adopts the following assessment collection procedures:

**I. ROUTINE COLLECTIONS**

A. All installments of the annual assessment shall be due and payable in advance on the first day of each month of the fiscal year ("Due Date").

B. All documents, correspondence, and notices relating to assessments or charges shall be mailed or delivered to the address which appears on the books of the Association or to such other address as is designated in writing by a homeowner.

C. Non-receipt of an invoice shall in no way relieve the homeowner of the obligation to pay the amount due by the Due Date.

D. Charges assessed pursuant to the Association Documents shall be collected in the same manner as an assessment or in such manner as shall be determined by the Board.



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## **II. REMEDIES FOR NONPAYMENT OF ASSESSMENT**

A. **Late Fee.** Except for Class E members, if payment of the total assessments or charges due, including special assessments, charges for violations of the Association Documents or Rules and Regulations, and returned check charges, are not received by the Association by the **tenth (10<sup>th</sup>)** day of the month, the account shall be deemed late, a **late fee of Twenty-five Dollars (\$25.00) or such other amount as the Board may determine from time to time by amendment of this Resolution** shall automatically be added to the amount due and shall be a part of the continuing lien and personal obligation for assessments, as provided for in the Association Documents until all sums due and owing shall have been paid in full. Class E members, shall be deemed late if payment is not received by the **tenth (10<sup>th</sup>)** day of the month, and shall be subject to a **late fee of fifteen percent (15%)**. This amount shall be automatically added to the amount due and shall be a part of the continuing lien and personal obligation for assessments, as provided for in the Association Documents until all sums due and owing shall have been paid in full.

B. **Returned Checks.** If a check is returned and an assessment or charge due and owing is not otherwise received in the applicable time period, as provided in Paragraph II. A. above, the account shall be deemed late, a late fee shall be added, in addition to a Twenty-five Dollars (\$25.00) returned check charge or the fee charged by the bank to the Association, whichever is higher. If the Association receives from any homeowner, in any accounting year, two or more checks returned for insufficient funds for payment of assessments or other charges, the Board may require all future payments to be made by certified check, cashier's check, or money order for the remainder of the fiscal year.

C. **Late Notice.** A "Late Notice" may be sent monthly by the Association to homeowners who have not paid assessments or charges by the tenth (10th) day after the Due Date. The Late Notice may warn the homeowner that the account will be accelerated and may be sent to legal counsel for legal proceedings. All costs associated with providing a Late Notice shall be added to the account. Non-receipt of such Late Notice does not relieve the homeowner of his financial obligation to pay the costs of collection accrued by the Association for the collection of the delinquent debt, including, but not limited to, interest, all costs of collection and attorneys' fees.

D. **Demand Notice.** A "Demand Notice" may be sent by the Association to homeowners who have not paid assessments or charges by the fortieth (40th) day after the due date. The Demand Notice shall warn the homeowner that the account will be referred to legal counsel for legal proceedings if the amount due is not paid within the period specified in the Notice. All costs associated with providing a Demand Notice shall be added to the account. Non-receipt of such Notice does not relieve the homeowner of his financial obligation to pay the costs of collection accrued by the Association for the collection of the delinquent debt, including, but not limited to, interest, all costs of collection and attorneys' fees.

E. **Legal Referral.** If payment in full, of any assessment, charge or returned check charges, is not received by the Association by the sixtieth (60<sup>th</sup>) day after the due date, the account shall be referred to counsel for the Association and counsel shall send a demand letter stating that if payment in full is not received within thirty (30) days, the remaining unpaid balance of the annual or special assessment will be accelerated through the end of the fiscal year and a lien filed against the homeowner's lot.

F. **Lien.** If payment in full of the amounts due is not received by counsel or the managing agent



within thirty (30) days after counsel's demand letter has been sent, an accelerated memorandum of lien may be filed. Non-receipt of a notice or demand letter shall not prevent the Association from filing a lien. Reasonable attorneys' fees, and all costs of collection, including the costs of postage and filing and releasing the memorandum of lien, or other legal action, shall be added to the account and the delinquent homeowner shall be personally liable for all costs, and attorneys' fees.

G. **Civil Suit.** If payment in full, of all amounts due, is not received by counsel or the Association by the ninetieth (90<sup>th</sup>) day after a due date, a civil suit for the accelerated annual or special assessment may be filed personally against the delinquent homeowners. Interest calculated in accordance with the provisions of Article 11, Section 11.1 (c) may be added to the account.

H. **Further Legal Action.** If an account remains delinquent after the filing of a lien or civil suit, counsel for the Association shall take other appropriate legal action to collect the amounts due, unless directed otherwise by the Board.

I. **Foreclosure.** If a lien remains unpaid, the Board may authorize counsel for the Association to proceed with enforcing the lien by filing a suit to foreclose on the lot when the lien is recorded or to sell the lot at public sale at any time after perfecting the lien.

J. **Costs and Fees.** All costs of collection and attorney's fees incurred by the Association as a result of any violation of the Declaration, Bylaws, Rules and Regulations or Resolutions of the Association as to use of the Common Area or violation of other rules by a homeowner, his family, employees, agents, lessees or licensees, shall be assessed or charged against the homeowner.

K. **Board Waiver.** The Board may grant a waiver of any provision herein, except filing of memoranda of liens beyond the statutory deadline, upon petition, in writing, by a homeowner alleging a personal hardship. Such relief granted a homeowner shall be appropriately documented in the files with the name of the person or persons representing the Board granting the relief and the conditions of the relief.

L. **Association Staff/Counsel Waiver.** The Board hereby authorizes the Association's General Manager to waive the imposition of the late fee on payments received after the tenth (10th) day of the month, if, in the judgment of the General Manager the delinquent homeowner has owned the lot for less than three (3) months at the time of the delinquency and the General Manager determines the delinquency was the result of a misunderstanding of the correct procedures relative to payment of the assessment. Further, such a waiver will be documented in writing in the homeowner's file. Additionally, the General Manager may waive a single late fee if the late payment was received by the last day of the month and the homeowner has a history of on time payments for the previous (12) twelve months. Such a waiver will be documented in writing in the homeowner's file. Any other request for late fee waivers must be reviewed by the Board.

M. **Application of Payments.** Payments received from a homeowner shall be credited to currently outstanding amounts and the amount owed for each category below shall be paid in full before payment is applied to the next category in the following order:

1. The annual and special Association assessments
2. Late fees.
3. Charges for attorneys' fees, costs and court costs.
4. All returned check charges, postage, and costs of collection.
- 5 Other charges (rule violations, damages, etc.)

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6. Interest

N. **Suspension of Voting Rights.** In accordance with Article 11, Section 11.1 (f) of the Declaration and Article 3, Section 3.2 (d) of the Bylaws, a homeowner's voting rights and the right to be elected to serve on the Board of Directors shall be automatically suspended for any period during which any assessment remains unpaid for more than sixty (60) days and the amount necessary to bring the account current has not been paid at the time of such meeting or election.

O. **Acceleration.** In accordance with Article 11, Section 11.2 (b) of the Declaration, any assessment due that remains unpaid for more than sixty (60) days may result in the Board authorizing the acceleration of all assessments for the remaining term of the fiscal year.



**BROADLANDS ASSOCIATION, INC.**

**POLICY RESOLUTION 2011-01**

**ASSESSMENT COLLECTION POLICY  
RESOLUTION ACTION RECORD**

Resolution Type: Policy Resolution Pertaining to: Assessment Collection Procedures

Duly adopted at a meeting of the Board of Directors held on January 11, 2011.

Motion By: STACI KAPINOS

Seconded By: ERIC BAZERGH

VOTE:	YES	NO	ABSTAIN	ABSENT
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**David Baroody**  
*President*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Brian Beahm**  
*Vice President*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Staci Kapinos**  
*Secretary/Treasurer*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Denise Harrover**  
*Director*

<u>      </u>	<u>      </u>	<u>X</u>	<u>      </u>
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**Cliff Keirce**  
*Director*

<u>      </u>	<u>      </u>	<u>      </u>	<u>X</u>
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**Eric Bazerghi**  
*Director*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Jason Chautin**  
*Director*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Dawne Holz**  
*Director*

<u>X</u>	<u>      </u>	<u>      </u>	<u>      </u>
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**Roy Barnett**  
*Director*

<u>      </u>	<u>      </u>	<u>      </u>	<u>X</u>
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ATTEST

Staci Kapinos  
Secretary

1.11.11  
Date

Resolution Effective: MARCH 1, 2011

## Reduce your Home Heating and Cooling Costs

By: Sonny Swann, Vice President, Climatic Heating and Cooling, Inc.

During the winter months, over 60% of your home's energy usage can be contributed to heating your home. While replacing your HVAC system with a more efficient one can lead to great energy savings, there are a number of less expensive steps you can take to lower your bills. Below are the first steps every homeowner should take to improve the efficiency of their home's heating system.

- Annual heating and cooling system tune ups: Just like your vehicle, routine maintenance is required for your heating and cooling system. Small system issues like dirty coils, incorrect gas pressures, and incorrect refrigerant charge can reduce your systems efficiency by 25%. These maintenance visits may prevent later emergency visits and costly repairs.
- Install a programmable thermostat: By replacing your thermostat with a programmable version, you can save up to \$180 a year on your energy bills. You can set back your thermostat when you're not there or when part of your house is unoccupied. Many thermostats also include extra features like humidity control and vacation mode. Programmable thermostats can be installed by a technical minded homeowner, but if you feel uncomfortable with low voltage wiring or reading wiring diagrams, we suggest calling in a professional.
- Seal air leaks: Walk around your home and look for penetrations for electrical and plumbing that are not well sealed and seal with caulk or spray foam. Check the weather stripping around doors and windows to ensure a snug fit. Also make sure the entrance to your attic is tight and insulated. Having a home energy auditor do a complete inspection and blower door test of your home would ensure all problem spots and leaky areas are uncovered and sealed.
- Insulate, Insulate, Insulate: Every type of insulation adds to your comfort inside the home and increases efficiency. The most common place to add insulation for the maximum effect is in the attic. Insulation can be blown in by an insulation specialist, or rolls of insulation can be purchased at a local hardware store and installed by a homeowner.
- Keep your air filters clean: Your filters should be checked every month and replaced as they get dirty. A dirty filter increases the static pressure of your duct system, making the system work harder to heat or cool your home. At the very least, filters should be changed every 3 months. A number of more advanced air cleaning devices are available from your HVAC contractor that allow the system to remove more dust and particles without sacrificing airflow.

These are just a few ways to improve the energy efficiency of your home. For a closer look at the energy usage in your home, we recommend having an home energy audit completed and consulting with a licensed HVAC contractor to see if you can take advantage of the higher efficiency equipment now available.

Sonny Swann holds a degree in mechanical engineering and numerous certifications in the HVAC industry. His family owns and operates Climatic Heating and Cooling, where he serves as Vice President.

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# Audubon Naturalist at Broadlands

## Summer Nature Camp

### Kids Grow Better Outside!

#### *CAMPS FOR 4-5 YEAR OLDS*

##### **Creature Feature: June 20-24 9am-noon**

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe handling and how to respect our new acquaintances. We'll finish every day seeing and touching the animal we have learned so much about!

##### **Nature's Storybooks: June 27-July 1 1pm-4pm**

See the forest through storybook eyes. We will visit the forest, pond and meadow to experience the "real life" world introduced in such stories as "The Mitten" and "The Lorax". Let your imagination soar as we read stories, then create our own versions in the natural world around us.

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**



#### *CAMPS FOR 6-7 YEAR OLDS*

##### **Animal Safari: June 20-24 1pm-4pm**

Put on your explorer hat, grab a pair of binoculars (or a magnifying glass) and prepare for adventure! We will go on the hunt...exploring the habitats in Broadlands. We will seek our treasures and trophies at the pond, the forest and the meadow and have fun tracking big, and little animals.

##### **Nature By Design: June 27-July 1 9am-noon**

Have you ever been inspired by a rainbow, snail shell, or leaf? Experience the beauty of the natural world in this camp. We will discover how nature uses symmetry, texture, and color. Using observation and tools such as magnifying glasses and binoculars, we'll uncover art in nature. We will also study artwork by natural and earth artists to help inspire our own creations!

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**

#### **To register:**

- Go to [www.anshome.org/camp](http://www.anshome.org/camp)
- Click on Register Online and follow the prompts
- Broadlands residents enter 55555 as your membership number

**For questions about the registration process please call 301-652-9188 x16**

We encourage people to use the online registration system, however if you prefer, we will mail or email you a registration form, or you may pick one up at the Nature Center.

For questions about our camps please contact Julie at [julieg@audubonnaturalist.org](mailto:julieg@audubonnaturalist.org) or call 703-669-0000 x 1



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## The Plight of the Bumblebee

By: Lisa Mathews, Broadlands Naturalist

Since 2006, the honey bee has been in notable decline due to Colony Collapse Disorder (CCD). The cause has yet to be determined, but scientists now think that it may be a combination of factors. Thoughts have been that CCD mainly affects managed bee hives, but recent alarming studies by entomologists have also discovered a 96% decline in all other bees as well. For the native Bumblebees and solitary bees, habitat loss is believed to be the largest contributor.

While Honey bees are the best known pollinators and are used as such since they are an easily managed pollinator species; the wild Bumblebees and Carpenter bees are also important pollinators. These species are exceptionally good pollinators in that they have many branched hairs (they are exceptionally fuzzy) which allow them to carry a lot of pollen. Also, they will pollinate flowers that the Honey bees will ignore.

Did you know that most crops, up to 90% worldwide, depends on bees?

Did you know that crops that feed our livestock, meaning our meat, are dependent on bees? British author and chef Valentine Warner points out that if you can't feed the cattle then you need to say goodbye to dairy products. Did you know that the cotton you wear, sleep on and dry off with also is bee dependent?

What can we do?

Offer them a varied diet of native plant species as well as flowers that we particularly enjoy. In the Spring, big attractors are fruit trees, crocuses, poppies, comfrey and pea crops. Summer brings them to the sunflowers, echinacea, any of the daisy family, zinnias, valerian, asters and dahlias. In the Autumn, entice them with thyme, geranium, lavender, rosemary and salvia. Choose in particular, flowers that are blue, yellow and purple which are their favorites. And finally, allow a small portion of your garden to grow weeds in the Fall to provide a good source of nourishment for native bees.

Do not use pesticides. We know that the pesticides are contributing to Colony Collapse Disorder and it is probably affecting the native bee population as well.

Provide habitat for them in secluded parts of your garden. On March 12<sup>th</sup>, for the Family Day Program, we will be making bee houses to help our native bees. Come join us and learn how you can help!

## "The March Wind Roars Like a Lion In the Sky, and Makes Us Shiver As He Passes By"

Besides making us shiver and wish for spring, March winds also will quickly spread unsecured trash throughout our neighborhood.

Please be sure to bind newspapers with twine or set out in paper bags. Weigh down your bottles, plastics and cans by placing heavier recyclables on top. Ensure that the lid of your trash can is tightly secured. Put smaller lightweight bags of trash together in a larger heavyweight bag. Don't put trash out early and PLEASE no loose "peanuts" or other packing materials.

Lastly, if the trash does blow over, please pick it up even if it isn't yours. Your HOA assessment provides for curbside trash removal. There is no budgeted amount for litter removal. The Association relies on homeowners to keep their neighborhoods free of litter and their assessments reasonable.

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## Loudoun Wildlife Conservancy March 2011 Events

**Stream Monitoring Program Kickoff - Sunday, March 6, 4:00 p.m. - 6:00 p.m.** If you are new to stream monitoring, this will be a great opportunity to learn about stream monitoring and provide you with an overview of all our active monitoring locations. If you have some stream monitoring experience, this will be a great opportunity to refresh your skills and chat with our stream monitoring teams. We will also provide an overview of all our monitoring locations, a summary of the data from previous years, and an update regarding the Virginia Save Our Streams program. The location for this event is the Banshee Reeks Education Annex in Leesburg. Refreshments will be served. *Please Sign Up Online at <http://www.loudounwildlife.org/SignUp.htm>.*

**Birding Banshee - Saturday, March 12, 8:00 a.m.** Join Loudoun Wildlife Conservancy and the Friends of Banshee Reeks at the Banshee Reeks Nature Preserve for the monthly bird walk. Because of its rich and varied habitat, this part of the county is a birding hot spot. Please bring binoculars. *Questions: contact Joe Coleman at 540-554-2542 or [jcoleman@loudounwildlife.org](mailto:jcoleman@loudounwildlife.org). Continued on page 26*



3rd Annual  
**earthday@**  
**LOUDOUN**  
Family Festival

**Sunday, April 10th**

**11:00am – 4:00pm**

**Clyde's Willow Creek Farm, Broadlands, VA**

**EVENT SCHEDULE**

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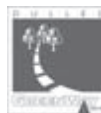
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For more info: Oya Simpson 703.725.8040 or Lori Seidmeyer 703.615.6113  
info@EarthDayAtLoudoun.org    www.EarthDayAtLoudoun.org



## BATTLEFIELD GUIDES WANTED

### Ball's Bluff Battlefield Regional Park Is Looking for a Few Good Men (and Women)

Beginning in April 2011, the Ball's Bluff Battlefield Guide Group will open its 11th season of public battlefield tours. If you have an interest in the American Civil War and would like to become a Ball's Bluff Guide, read on about this great opportunity.

No experience is necessary. The Northern Virginia Regional Park Authority will train and prepare you to lead groups of visitors around Loudoun County's best preserved battlefield. The training will be held on March 12, 2011, at the Ida Lee Park Recreation Center in Leesburg.

To reach Ball's Bluff Battlefield Regional Park, take the Route 15 Bypass north around Leesburg. Turn right on Battlefield Parkway and left on Ball's Bluff Road. The park is located at the end of the street.

Call 703-779-9372 or email [templehalfarm@nvrpa.org](mailto:templehalfarm@nvrpa.org) for further details.



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## Girl Scouts Make Name Plates for INOVA Loudoun Hospital NICU

Junior Girl Scout Troop 4879 of the Broadlands made over 40 name plates for babies in the NICU at INOVA Loudoun Hospital with the help of Erica Kordes and the March of Dimes. The troop has a special connection with early births and wanted to do something to make the babies' families feel like their little ones were in a cozy spot, not just a hospital. A friend of the troop, Erica Kordes - a parent of a preemie and also on the board at the hospital, had the perfect solution. Erica has been spending sleepless nights making preemie blankets and name plates for the new babies in the hospital. She knows how it feels to have to leave her precious newborn each night (in very capable hands- but not her own!) and wanted families experiencing this to feel like they weren't alone and to give them hope. At just 3lbs. 5oz. and 16.5 inches long, Erica's son was "big" for 30 weeks 1 day. "Saying goodbye every day was hard. At the beginning he could only be held for 20-30 minutes during feedings, two times a day if he was stable. There were a few visits where we were not able to hold him." Her little boy is just over a year old now and doing great. Erica is hoping to receive a grant from Pepsi to further her idea for expanding a NICU support project in Loudoun. Troop 4879 hopes to be a part of it.

For more information please visit <http://www.marchofdimes.com/>

Great job to Erica and Troop 4879!



*Back Row: Kaya, Madison, Taylor, Holly and Gianna  
Front Row: Nicole, Emily and Angela*

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## **Motherhood Stress & Guilt**

Let's face it: motherhood can be stressful! While the position brings some of the best perks imaginable--the fun, the growth, the love--it also brings more than its share of work, frustration, stress, and guilt. There is a lot of pressure placed on mothers from society, friends, and family which results in increased stress for the mother trying to measure up. From the stress of trying to create perfect children to the guilt over what is and is not happening in the home, these pressures can be detrimental to all involved.

### **Dueling Identities and Sacrifice**

- Research shows most mothers experience a pull between sacrificing for their children and honoring their own identities

Most women understand that sacrifice is an integral part to the definition of motherhood and they use it to construct their own good mother identities. They ask themselves how much am I sacrificing? If the answer is a lot then they and others conclude they are a good mother. Guilt emerges when they attempt to maintain their career or other identity outside of motherhood. Most careers and other identities demand focus and when the woman focuses on her other identity, she feels she is not focusing on motherhood, and perhaps not sacrificing enough, which subconsciously leads to guilt over not being a good mother. I often have clients make a list of their values to give them clarity over what is important to them. Seldom do people have a list with being a good mother as the only value, therefore it make sense for their focus to be spread among all of the identified important areas. Stress and guilt are reduced when you live a life that reflects your values.

### **Lack of Me Time**

- The lack of me time sets the stage for stress.

Motherhood is a demanding job and many hours of work are required to get the job done. The result is often no time for self and ultimately burn out. When I ask clients how many hours they worked in their previous jobs or how many hours their partner works, nobody answers 24 hours a day! So why then do mothers somehow conclude that they need to devote all of their waking hours to mothering obligations? There is a lot of value in giving yourself permission to engage in non-mothering activity; think of it as an effective way to avoid the formation of stress.

### **Resentment**

- Lack of discretionary free time can contribute to a feeling of anger and resentment

The story is common; the woman sits across from me recounting the details of watching her partner get ready for work and describing her resentment, jealousy, anger, and abandonment. Sometimes she responds by yelling, sarcasm, or silence, but in all cases the emotion is mentally attached negatively to her partner. Although she may not even want to have a job outside of the home and may thoroughly enjoy her mother role, her mind can't help but glamorize her partner's ability to walk out of the house into the adult world. For some, anger results in depression. Whatever its label, it is a negative emotion that ends in resentment and resentment, which in turn can cause damage in a relationship. Clients often find relief by acknowledging their resentment and seeing it as a normal byproduct of the situation, not their partner.

### **Self-care**

- The antidote to stress is self-care.

How can we nurture when we fail to recognize the need to nurture ourselves. When we do take the time, we can feel guilty. How is the cycle broken then? It has helped some of my clients to think of self-care as the prescription, "30 minutes of self-care at least once a week". The doctor's order approach helps many women jump over the guilt hurdle so to all you readers out there, "30 minutes of self-care at least once a week"! Think of self-care as a way to increase your ability to be the best mother you can be and relieve stress which benefits your whole family.

### **FREE MOTHERHOOD STRESS & GUILT SEMINAR IN THE BROADLANDS**

*Colleen Smith will be offering a free seminar at the Broadlands Community Center on Wednesday March 30<sup>th</sup> from 12:30p.m. - 2:00p.m. The seminar will also be offered in Leesburg on Tuesday April 12<sup>th</sup> from 10:30a.m. to 12:00p.m. Come join other women who can relate to what you are going through; there is bound to be laughter, tears, and insight. Call 571-207-0108 to register for the seminar.*

*Colleen Smith, M.S., & M.Ed., is a therapist and coach with offices in Leesburg and Vienna. She works with individuals, couples, and families to help them increase satisfaction in their lives.*

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## The Critter Corner

By Dr. Steve Velling

### “Can My Pet Make Me Sick?”

For pet owners, caring means sharing. We share our lives and homes with our pets, as well as our emotions, and that's the way it should be. But when it comes to diseases, sharing is definitely not caring. The good news is that with some due diligence and common sense, you, your family, and your pets can prevent contagious (or “zoonotic”) diseases from becoming a problem.



Some people may have a distorted view of what may be transmittable from a pet to people. Some think that they have nothing to worry about, while others feel that they are at risk of catching everything imaginable. For instance, while contracting Strep throat from a dog is possible (though exceedingly rare), there are no reports of any cat ever having or passing Strep throat to a human. Another example is toxoplasmosis. This disease is the reason that pregnant women are told to avoid cleaning litter boxes. And while I don't want to deter your significant other from doing the cleaning for you, you are actually more likely to be exposed to this disease from contaminated soil while gardening. In this case, wearing gloves and washing your hands is the best advice for prevention.

Some other diseases of note are:

**Rabies** - This deadly disease has been reduced to being mostly seen in foxes, skunks, and raccoons, but it is still a potential threat. In fact, a Virginia woman died years ago after being bitten by a rabid cat. The easy fix is to have your veterinarian vaccinate your pet, which is required by law.

**Bartonellosis** - Otherwise known as “cat scratch fever”, this disease is passed by a flea-infested cat scratching or biting someone and thereby passing along the bacteria found in flea feces. Solution – use topical flea preventives on your feline friend.

**Intestinal parasites (roundworms, hookworms)** - these are fairly common in pets, especially when young, so make sure you deworm your pet even if you don't see the worms themselves. They like to stay in the intestines, passing only their microscopic eggs.

**Salmonella** - This bacteria seems to make headlines now and then when there is an outbreak of contaminated meat (or peanut butter!), but this can be found in some raw meat or improperly made pet food, not to mention from the feces of reptiles. Answer - wash your hands after feeding your pets, or after handling your snake/iguana/turtle.

Preventing disease in your pet with regular veterinary care is the best way to avoid disease transmission from Fluffy, Fido, or Lizzy. Beyond that, good hygiene and diligent hand washing will allow you and your best friend to continue to share everything except diseases – just as it should be.

Till next time,  
Dr. Steve, [www.ashburnanimals.com](http://www.ashburnanimals.com), 703 729-0700

p.s. Even people with compromised immune systems can have pets. Studies show the benefits of increased endorphins and lower stress levels outweigh the risks, provided that person washes their hands and avoids handling any stool.





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## Come Out To Help Keep Broadlands Beautiful!

**4th Annual Southern Walk Village Clean Up**  
**Saturday, March 5th**  
**(Raindate: Sunday, March 6th)**

We will meet at the bottom of Bramblebush  
Terrace at 10:00a.m.

Please give some of your time and energy  
to keep our great neighborhood looking  
fantastic by helping clean up the area between  
the shopping center and the townhomes off  
of Village and Tumbletree.

Bring heavy gloves and dress in long sleeve shirts,  
pants, sunglasses, etc. to protect yourself from  
blackberry thorns. We will provide the trash bags.

For more information contact:  
[woodybang@hotmail.com](mailto:woodybang@hotmail.com)



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## Nature Center Programs For April Through June 2011

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide Nature programs for the community. To register, call the Broadlands HOA office or email to reserve your place in the program. We go outside for most programs so please, dress appropriately with sturdy shoes.

**Water Worlds**  
**PreK and K**  
**Fridays, 9:30a.m. - 10:30a.m.**  
**April 29<sup>th</sup> - June 17<sup>th</sup>**  
**\$40.00 for 8 sessions**

Let's explore the local marsh, bull frog pond and the Nature Center's own pond and stream and learn what life is like in above and under the water. We will meet at the different locations to find out who is living there.

Week 1: A Frog's Life (NC=Nature Center)

Week 5: Dragonflies and Damselflies (NC)

Week 2: Turtle Talk (NC)

Week 6: Salamanders and Newts (NC)

Week 3: Water Birds (NC)

Week 7: Pond Life at the Bullfrog Pond

Week 4: Marsh Life at Natural Area on Demott  
(Boardwalk across from Harris Teeter)

Week 8: Stream Life (NC)

**Nature Aquatic**  
**Grades K – 4<sup>th</sup>**  
**Wednesdays, 3:45-4:45p.m.**  
**April 27<sup>th</sup> - June 15<sup>th</sup>**  
**\$40 for 8 sessions**

While exploring our ponds, stream and marsh we will find out what it takes to keep them healthy and filled with life. We will use methods of observation, experimentation and investigation to learn about life underwater.

Week 1: Who's living in our pond?(NC)

Week 5: Marsh Life at Natural Area on Demott

Week 2: Frogs vs. Toads (NC)

(Boardwalk across from Harris Teeter)

Week 3: Water Plant Science (NC)

Week 6: Salamanders and Newts (NC)

Week 4: Is our stream, pond and marsh healthy? (NC)

Week 7: Life in a stream (NC)

Week 8: Pond Dipping at the Bullfrog Pond

**Wee Hikers**  
**18 months - 3 years of age**  
**Fridays, 10:30a.m. - 11:30a.m.**  
**April 29<sup>th</sup> - June 17<sup>th</sup>**  
**\$40.00/8 sessions**

Your little hiker and you will enjoy pond dipping, walking through the woods looking for critters while they experience the textures, sounds and smells of nature. Some activities will be held at the Bullfrog pond, the Boardwalk at the Marsh and on the Nature trails around Broadlands. Locations will be announced at first meeting.

### **Family Day Programs For All Ages on the 2<sup>nd</sup> Saturday of Each Month!**

**Time: Noon - 1ish**  
**\$10.00 for a Family with up to 5 members**  
**\$2.50 for each additional family member**  
**\$5.00 for 1 Adult + 1 Child**

**Helping the Bees**  
**March 12<sup>th</sup>, 2011**

Learn about the different kinds of bees and the challenges facing their survival. We will make bee homes for them for you to take home. Bring a hammer and screwdrivers. There may be an additional fee for supplies for this activity. Pre-registration is required by March 9th so that we can be sure to have enough supplies! (NC)

**Pond Exploration Day**  
**April 9<sup>th</sup>, 2011**

There is a hidden world right under the surface of our ponds! Come and explore with nets and see the strange creatures that lurk underwater and be amazed by what some of them will become. We will also enjoy the baby turtles and tadpoles living in our pond. (NC)

## What Goes in Just Might Come Back Up

By: Shannon M. Pecora, M.A.

Stream Valley Veterinary Hospital

Pets eat things. From plants to underpants, anything around the house might look appealing to a hungry (or even just bored) pet. Often, obedience training and access to appropriate food, treats, and toys can prevent improper snacking. But what happens if one day a sock goes missing...and Fido was the last one in the laundry room...uh-oh!



Well, whatever goes in needs to come out somehow! Litter boxes and back yards can attest to that. However, it is not likely that the missing sock will pass through quite as easily as kibble or dog biscuits. You may notice diarrhea if your pet eats something out of the ordinary. Sometimes what they eat may not pass through at all. Your pet may vomit until the culprit item comes up, whole or in pieces. Or, even worse, the item may become lodged at any point from the mouth to the trachea to the small intestine. This case can require surgical intervention.

So, best-case scenario, if a pet eats a toy or household object, it may pass in due time. However, if it causes diarrhea or vomiting, this can, in turn, lead to dehydration and other related complications. Furthermore, blockages requiring surgical removal then give rise to anesthetic and infection risks. And, worst-case scenario, eating something sharp or poisonous or getting an object stuck in the digestive or respiratory tract can be fatal. This means that a pet who eats a non-food object probably needs immediate medical attention, even if he or she seems to be "acting fine". The veterinary team will likely want to run blood work and take x-rays to see what ill-effects the object may be causing or if it is lodged anywhere in the body. Additionally, you may need to call a pet poison hotline, such as the ASPCA's Animal Poison Control Center at (888) 426-4435 or the Pet Poison Helpline at (800) 213-6680 (have ready a credit card for the consult fee; a description of the ingested item; a pen and paper for instructions and case number; and your pet's age, breed, and weight). Bottom line, err on the side of caution; don't wait for the sock to pass safely as it may actually be doing internal damage.

A pet treating the clothes hamper like a cookie jar might seem funny, but it really can be quite serious. If you even suspect that your pet has ingested a non-food item, seek veterinary attention right away. You'll want to make sure that whatever went in safely makes its way back out!

## Scout News

### Pinewood Derby 2011 is a BLAST!

Over a hundred Cub Scouts from Pack 1483 competed in the Pinewood Derby in January. The scouts had the chance to design, build, and paint racecars for the Derby. The boys did a great job. The cars looked fantastic, raced fast, and the boys showed excellent sportsmanship as everyone cheered each other on. Many thanks to David Mayer for coordinating this year's race and to the pit crew of dads who volunteered!

### Blue and Gold Banquet

Pack 1483 celebrated the anniversary of scouting and moved up a rank at the annual Blue and Gold Banquet on February 13, 2011. Scouts and their families enjoyed entertainment by Wildlife Ambassadors, followed by a potluck dinner.

After dinner, Cub Master Terry Bjornsen and Pack Chair Chris Wheedleton led the advancement ceremony and gave out awards from the recent Pinewood Derby Race. The ceremony also recognized the many leaders who volunteer their time and hard work to scouting.



*Tiger Cub Carter Phillips, winner of the Pinewood Derby 2011, celebrates with his brother Bear Cub Holden Phillips.*

*Loudoun Wildlife Conservancy March Events Continued from page 26*

**Mid-Week Bird Walk in the Purcellville/Hillsboro Area**  
**Wednesday, March 16, 8:30 - 11:00 a.m.** Join Loudoun Wildlife Conservancy on a mid-week bird walk near Hidden Springs Lane. The walk will visit a variety of different habitats including grassy open areas, riparian area on private properties, woods, and may include some stream crossings and wetlands. Wear warm clothing and shoes that are waterproof and bring binoculars. **Registration Required:** Sign Up Online at <http://www.loudounwildlife.org/SignUp.htm> or contact Joe Coleman at [jcoleman@loudounwildlife.org](mailto:jcoleman@loudounwildlife.org) or 540-554-2542.



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## SHOTOKAN Karate CHAMPIONS *Bagged 56 Medals In 2010!* (23 Gold; 21 Silver; 12 Bronze)

**ST. MICHAEL SHOTOKAN KARATE, LLC**, has molded Ashburn's talented youths into undisputed karate CHAMPIONS! **Joshua P. Miller** (age 11), **Dana B. Alcantara** (age 14) **and Coco Vigilar** (age 15) led their fellow karate-ka in a winning streak at three Shotokan Karate Championships held at three different U.S. States in 2010. These students and their karate colleagues staunchly faced the challenges at the **47<sup>th</sup> East Coast Championships held in Fairfax, Virginia** on *March 27-28, 2010*, at the **Drexel Youth Invitational Tournament held at Drexel University** on *October 9, 2010*, and at the **32nd Annual US/ISKF National Tournament held at Sioux Falls, South Dakota** on *November 6-7, 2010*.

St. Michael Dojo's **Youth Kata Team** is currently the **BEST** in the nation. **Joshua, Dana, Coco and Nica** formed the victorious Kata Team that won the coveted **GOLD** at the 2010 Regional and National Shotokan Karate Competitions.

Other **St. Michael fighting warriors** include: Lea **Alcantara**, Jed **Alcantara**, Adina **Allen**, Mia **Allen**, Aidan **Bashore**, Michael **DeThomas**, Olivia **DeThomas**, Paolo **Esguerra**, Ivana O. **Jarin**, Kathleen **McClafferty**, Gabriella **Miller** and Mai-Ly **Ryan**.

Two weeks after the National Tournament in South Dakota, **Joshua P. Miller** and **Kathleen McClafferty** (age 13) earned their **SHO Dan (First Degree Black Belt)**. Joshua and Kathleen are St. Michael's **first batch** of Black Belt students. The Black Belt exam took place at the ISKF Headquarters in Philadelphia, PA. ISKF's Chief Instructor, **Master Teruyuki Okazaki, 10<sup>th</sup>Dan, was the **Chief Examiner**. *Twenty-one (21)* other Shotokan Karate Instructors joined the Master in judging the exams.**

In addition, this past weekend, February 12th, three other students from St. Michael's earned their First Degree Black belts and a 9 yr. old was promoted to 2nd kyu/rank level in Newport News, Virginia. It's pretty exciting seeing these children mature in their chosen endeavor. They worked hard! The parents are actually throwing a party on their behalf. They deserve the recognition.

**St. Michael's Champions**  
**Drexel Invitational**  
**Drexel University, Pennsylvania**



**St. Michael's National Champions**  
**Sioux Falls, South Dakota**



**6th Annual Mulch Sale**  
**Support Briar Woods Football State Champs**

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**How?** 20-bag minimum order for free Home Delivery. (Mulch will be placed in the driveway next to your home.) 10 bags or less orders, pickup at school from 9:00am-12:00pm. Orders must be Pre-Paid to secure your amount. Please use order form below.

**When?** Pick Up and Delivery Date Saturday April 2<sup>nd</sup>. Pick up time 9:00am to 12:00pm at Briar Woods High School.

**Questions?** Please call Emily Ciullo 703-726-0280, 703-861-6524 or Charlie Pierce (S) 703-957-4400

-----  
*Order Form (10-bag minimum please)*

**1 - 50 Bags ~ \$ 4.75 per bag**  
**51 - and up ~ \$ 4.25 per bag**

Number of bags	Price per bag	TOTAL
# _____ X	\$ _____	= \$ _____
Name: _____		
Address: _____		
Subdivision: _____		
Phone: _____		

**Mail Form & Fee to:** Briar Woods Football, 22525 Belmont Ridge, Ashburn, VA 20148, 703-957-4400



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**Not valid with other offer. One coupon per table. Expires 4/30/2011.**

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**PRESSURE WASHING SAVINGS**

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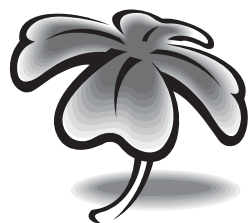
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*with associated work*





# Tasty Recipes

## From The Lucky Irish



### Beef With Guinness

2 Lbs Beef Chuck or brisket (cut in to 1 x 2 inch cubes)  
 1 ½ tsp sea salt and ½ tsp ground black pepper  
 4 Tbsp olive oil  
 2 onions (peeled and chopped)  
 3 Tbsp flour (blended in a little water)  
 1 pint (2 cups) Guinness stout  
 ¼ pint (½ cup) beef stock  
 Bouquet Garni (tied sprig of thyme, rosemary, bay leaf, sage)  
 2 cloves garlic (crushed)  
 2 tsp sugar

Preheat oven 350 degrees F. Cube meat and sprinkle with Salt and pepper. Begin to brown meat in oil in small batches. Transfer each batch to a Dutch style oven. Sauté onions in skillet until lightly colored. Transfer with meat. Deglaze sauté pan with a little Guinness and pour over meat and onions. Add rest of Guinness, blended flour mixture, beef stock, garlic, sugar, bouquet garni. Cover skillet and place in oven for 2 hours or until tender. Remove casserole from the oven. Discard bouquet garni. (Serves 4-6). *Judithcooks.com*



### Mint Chocolate Chip Pie

2 cups whipping cream  
 2 tablespoons confectioners' sugar  
 2 cups cold milk  
 1 1/2 teaspoons peppermint extract  
 5 drops green food coloring, optional  
 2 (3 1/2 ounce) packages vanilla instant pudding mix  
 1 cup miniature semisweet chocolate chips  
 1 -9" pie shell (Use crushed Oreos or crushed thin mints)

In a small mixing bowl, beat cream and sugar until soft peaks form. In a large mixing bowl, combine the milk, extract and food coloring if desired. Add pudding mixes; beat on low speed for 2 minutes or until thickened. Fold in cream mixture and chocolate chips. Pour into pastry shell. Refrigerate for 3 hours or until set. *Food.com*



### Boxty ~ Irish Potato Pancakes

1 lb. of potatoes, grated  
 3-3/4 cups all-purpose flour  
 1 cup milk, preferably 2% or Whole  
 2 Tablespoons warm water  
 1 teaspoon baking soda  
 2 Tablespoons butter or margarine  
 1 cup mashed potatoes  
 salt and pepper to taste

Use leftover mashed potatoes to cut down on prep time.

Soak grated potatoes overnight in cold water to remove the starch. Mix all ingredients together EXCEPT the flour. Mix All-purpose flour in a little at a time with a wooden spoon. Add extra milk if it seems too stiff. Lightly grease an iron skillet or griddle. Drop the mixture onto the skillet by rounded teaspoons. Brown the bottom slightly, then flatten the tops a little bit with a spatula. Depending on what you prefer they can be thick or thinner and crispy. Cook until golden brown. Serve with butter or sour cream. Note: Herbs such as parsley can be added. *Group recipes.com*



### Win a \$25 Gift Certificate to <img alt="Bonefish Grill logo" data-bbox="850 575 875 595"/> Bonefish Grill !

Solve the following **St. Patrick's Day Word Scramble**, and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than **March 10, 2011**. *Be sure to include your name and telephone number.* Good Luck!

1. yuclk \_\_\_\_\_
2. logd \_\_\_\_\_
3. eovrlc \_\_\_\_\_
4. arskochm \_\_\_\_\_
5. enrhaseclup \_\_\_\_\_

#### CONTACT INFO:

NAME: \_\_\_\_\_  
 PHONE: \_\_\_\_\_



## Broadlands Tennis Programs [www.broadlandstennis.org](http://www.broadlandstennis.org)

(Visit for details and registration forms  
for all programs)

**All programs start March 1, 2011  
Enrollment Open NOW!**

### 8 Week Sessions

#### JUNIOR CLINIC (ages 4-5)

Tue – Fri, 4:30p.m. - 5:00p.m.

(½ of the price stated below)

#### JUNIOR CLINIC (ages 6-16)

Tue – Fri, 5:00p.m. - 6:00p.m. & 6:00p.m. - 7:00p.m.

Sat & Sun, 10:00a.m. - 11:00a.m.

#### ADULT CLINIC – All levels

Sat & Sun 9:00a.m. - 10:00a.m.

Tue – Th, 7:00p.m. - 8:00p.m.

### Broadlands

#### Residents/Non-Residents

**(As low as \$13.00 per class)**

\$120/\$135 per session (8 weeks)

1 class a week

\$224 / \$254 per session (8 weeks)

2 classes a week

\$312 / \$357 per session (8 weeks)

3 classes a week

### Clinics Drop In Fee:

\$20 members; \$22 non-members

### Weekday Morning Clinics

Mon, Wed, Fri, 9:00a.m. - 10:30a.m.

\$20 residents; \$22 non-residents / per class

### Weekly Junior Tournaments

11 years and over – every Sunday 11a.m.-1p.m.

\$15.00 per tournament

### Private Lessons

Lessons/hr:

Resident/Non-Resident

**1 player:**

\$60/\$65

**2 players:**

\$35/\$38 each

**3 or 4 players:**

\$25/\$27 each

**5 or + players:**

\$20/\$22 each

Contact Luis Rosado if you have any questions:

Phone (301) 221-7917, email: [broadlandstennis@yahoo.com](mailto:broadlandstennis@yahoo.com).

44611 Guilford Dr. #160  
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### Broadlands Community Center

43004 Waxpool Road

**Monday Evenings 7:00-8:00 pm**

For More Information

Contact Stephanie Colburn

703-431-1767

[www.rehabtoracing.com](http://www.rehabtoracing.com)

[coachsteph@rehabtoracing.com](mailto:coachsteph@rehabtoracing.com)

## Boost Your Workout with Interval Training

By, Katie Herbert CPT

Fitness.innovations@gmail.com

While athletes have been using the idea of interval training for years, the term is now becoming popular in the fitness industry due to its effect on metabolism and calorie burning potential. So what exactly is interval training and how can you incorporate it into your workout today to reap the benefits?

### What is interval training?

Interval training utilizes high intensity bouts of activity alternated with periods of rest (active recovery). Thus, allowing you to do more work in a shorter amount of time. It also allows you to reach higher levels of intensity that could not be maintained at a steady state pace.

### Benefits of interval training

- **Increased calorie burn** - studies show that interval training burns more calories than steady state exercise for the same amount of time. High intensity interval training also increases caloric burn post-workout.
- **Fun** - variety keeps exercise fresh and interesting.
- **Efficient** - intervals are great on days that you have limited time to exercise. **Increased fuel efficiency** - increased cardiovascular efficiency, which leads to greater oxygen delivery to muscles.
- **Decreased risk of overuse injury** - intervals allow increased intensity without overtraining.
- **May positively affect certain diseases** - some research has shown interval training to help reverse the effects of metabolic disease as well as diabetes.

### Variables

One reason that interval training is so successful is that there are four variables that can be used to manipulate training. With so many variables, the possibilities are endless and you can be sure to challenge your body, workout after workout.

-Time or distance

-Intensity

-Rest

-Repetitions

### How to do an interval workout

As defined, intervals require two things: exertion and recovery. Interval training can be simple for the recreational exerciser or it can be made quite complex and specific for elite athletes. Intervals can be done on any piece of cardio equipment, so pick your poison.

As a beginner, you should start with no more than 30 second bursts and then recover for about 3-5 minutes. Make sure that during the 30 seconds you are pushing it, it should be uncomfortable because you should be maxing out your heart rate. During your rest period allow your heart rate to drop; breathing should get comfortable, the recovery is just as important as the work phase. Without proper recovery, the next work phase will suffer. Repeat the work/recovery cycle for 20-30 minutes. When you feel ready to challenge - use the variables: increase the work phase, or the amount of repetitions, the possibilities are endless.

As a side note, intervals are a great way to get in to running. If you are someone who has always wanted to run, but you don't see yourself as a runner, try this:

Week 1 - after a warm-up, walk for 5 minutes then jog for 1 minute, repeat 5 times.

Week 2 - walk 5 minutes then jog 2 minutes repeat 5 times.

\*Each week, increase the jog or decrease the walk, you'll be running 30 minutes straight in no time!

### Caution

Due to the taxing nature of interval training, if you have any questions about your health you should consult with your doctor before beginning a program. While interval training can provide many benefits, remember that as with any new exercise, you should allow your body time to adapt. If you are adding in interval training for the first time, start with one session a week and gradually use the above-mentioned variables to add variety and avoid plateau. It is also important to remember to warm-up before you begin your interval workout to prep the muscles for the hard work ahead.

\*if you would like the full 8-week training program email me.



## Summer Camps At The Ashburn Ice House



**Summer Fun Skate Camps**  
**Tiny Tots 1/2 Day Camps**  
**Freestyle Development Camps**  
**Power Ice Camps**  
**Power Play Hockey Camps**



To Register go online to  
[www.ashburnice.com](http://www.ashburnice.com) or Stop by our Front Desk

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[www.ashburnice.com](http://www.ashburnice.com)  
703-858-0300



**19th Annual**  
**Van Metre 5 Mile Run**

**SAVE THE DATE**

**Saturday, March 19, 2011**

**BROADLANDS**

**Ashburn, VA — 8:30 am**

Look for us on the web: [www.runwashington.com](http://www.runwashington.com)

Help Us Help the Children by  
Meeting Our Goal of \$100,000



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Registration: \$25 • after March 14: \$30 • Children 12 & under: \$5

Corporate Team: \$50 (plus \$15 per member)

**Phone (703) 425-2600 ext 2288**

**Register online at [www.runwashington.com](http://www.runwashington.com)**



**DIRECTIONS TO BROADLANDS**

From the Beltway, follow Dulles Toll Road West.

Take the Dulles Greenway to Exit 6 (RT 772) Ashburn/Broadlands Exit. Left at exit ramp, then left onto Wyndridge Drive to the Broadlands Marketplace.





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# BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com).

## Not Available on Website Edition

**Key:**

**(B) Babysitter's Course**  
**(C) CPR**  
**(R) Rescue Breathing**  
**(F) First Aid**

*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to **[scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)**.*



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## AppleFCU.org/Smart

\*To qualify for the Start Smart smart Car Giveaway you must apply for an Apple Loan and have your approved funds disbursed 1/1/11-3/31/11. Excludes Business participation loans. No purchase necessary. Membership eligibility rules apply. Visit AppleFCU.org/Smart for official sweepstakes rules and alternate method of entry.


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Dr. Richard S. Mendelsohn D.P.M. F.A.C.F.A.S.  
Dr. Deena L. Charney D.P.M. F.A.C.F.A.S.  
Dr. Gary J. Scheib D.P.M.  
Dr. Stanley Idiculla D.P.M.

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# USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

## NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

## PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212

## LOUDOUN COUNTY PUBLIC SCHOOL

Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

## PUBLIC OFFICIALS COUNTY SUPER.

Stevens Miller	(703) 777-0204
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## SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(703) 729-3430
---------------	----------------

## VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
David Poisson (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

## VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

## U.S. HOUSE OF REP. 10<sup>th</sup> DISTRICT

Frank Wolf	(703) 709-5800
------------	----------------

## U.S. SENATE

Jim Webb	(202) 224-4024
John Warner	(202) 224-2023

## VIRGINIA STATE GOVERNOR

Bob McDonnell	(804) 786-2211
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## Seventh Annual Ashburn Adoption Seminar

**Saturday, March 19, 2011**

**9:30 to 11:30 a.m.**

**at the**

**Broadlands Community Center**

**43004 Waxpool Road**

**Broadlands, VA 20148**

International & Domestic—Pros & Cons  
Foster Care  
Adoptive and Foster Care Parents Share  
Meet Non-Profit Adoption Agency Representatives  
Re-Adoption Information

To register for this free seminar or for more  
information, contact [KLaw@Lawadoption.com](mailto:KLaw@Lawadoption.com) or  
703.723.4385

## COME JOIN US!

Melodie Mandanis and Beth Thomas, two local Moms, are organizing a 5K in our local community to benefit the Adama Orphanage in Ethiopia, Africa. We will be hosting the 1st Annual "Run 4 Kids 5K!"

This race will benefit the children of Adama by raising money for school uniforms, school supplies and funds to enlarge the orphanage so that they can support more children. It's a great opportunity to get your whole family involved and support a worthy cause!

**What:** 1st Annual Run 4 Kids 5K Race

**When:** Saturday, 3/26/2011

**Time:** 8:30a.m.

**How to Register:**

<http://www.active.com/running/leesburg-va/run4kids-5k-2011>

**Where:**

Prison Fellowship Ministries  
44180 Riverside Pkwy #100  
Lansdowne, Virginia





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Dr. Wiger and his family are Ashburn Residents.

---

# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: [nihanainen@broadlands-hoa.com](mailto:nihanainen@broadlands-hoa.com).

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## **ADOPTION SEMINAR**

Saturday, March 19 from 9:30a.m. to 11:30a.m. at the Broadlands Community Center. International and Domestic pros and cons of adopting, foster care, adoptive and foster care parents share. Attendees will have the opportunity to meet non-profit adoption agency representatives. For more information about this free seminar contact [KLaw@Lawadoption.com](mailto:KLaw@Lawadoption.com) or call 703-723-4385.

---

## **ASHBURN AREA WOMEN'S CLUB**

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

---

## **AMERICAN HERITAGE GIRLS**

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

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## **ASHBURN CLASSICS**

Our next meeting will be at the Mills Recreation Center on March 12. A short business meeting will start at 10:30a.m. Following the meeting, there will be a Mardi Gras party with great food, fun, door prizes and music. The cost is \$10.00 per person. Reservations required. For more information please call 703-729-3531 or 703-729-6591.

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## **ASHBURN TOASTMASTERS**

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at [info@ashburn.freetoast-host.ws](mailto:info@ashburn.freetoast-host.ws) or visit [www.toastmasters.org](http://www.toastmasters.org) to learn more.

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## **BROADLANDS BICHON FRISE CLUB**

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at [jfc27@smartneighborhood.net](mailto:jfc27@smartneighborhood.net).

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## **BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT**

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org).

---

## **BROADLANDS NEIGHBORHOOD BIBLE STUDY**

Come join us for the new study by Max Lucado. We meet Tuesday mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

---

## **COMMUNITY BIBLE STUDY**

Does your study of the Bible leave you feeling confused and uninspired? Take heart! We'll introduce a practical, proven method for how to study Scripture that will help the reader glean life giving truths. Join us at the Comm Ctr at 5:30p.m. every Sun. For info, contact Pastor Anthony, 703-729-6443, [ant.hendricks@lcbc.org](mailto:ant.hendricks@lcbc.org).

---

## **CUB SCOUTS & BOY SCOUTS**

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran

Church on Thurs nights. Cub Scout Pack 1483, [www.pack1483.com](http://www.pack1483.com), meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

---

## **GIRL SCOUTS**

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at [trooporg@gmail.com](mailto:trooporg@gmail.com).

---

## **INVESTMENT CLUB**

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

---

## **LOUDOUN WOMEN'S NETWORKING GROUP**

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at [www.Loudoun WNG.com](http://www.Loudoun WNG.com).

---

## **MOM'S CLUB OF BROADLANDS**

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at [kp\\_wilberger@yahoo.com](mailto:kp_wilberger@yahoo.com).

---

## **MOMS IN TOUCH**

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

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## **PET LOSS SUPPORT GROUP**

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or [robin@sashaheart.com](mailto:robin@sashaheart.com) for more info.

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## **TECHNOLOGY COMMITTEE**

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.

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## **GRIEF SHARE SEMINAR/SUPPORT GROUP**

GriefShare is a special seminar/support group for people grieving the death of someone close. We meet on Monday evenings, 7:00-9:00pm at Our Savior's Way Lutheran Church. Call Beth Anton at 703-470-8821 with any questions or visit [www.griefshare.org](http://www.griefshare.org).



## Ashburn Pediatric Dental Center

Ajit A. Patel, DDS, MS

Fun & Relaxing Kid Friendly Atmosphere  
**State of the Art Dental Office for Kids**

[www.AshburnPediatricDentalCenter.com](http://www.AshburnPediatricDentalCenter.com)



Digital X-rays  
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Tooth colored fillings  
Cavity evaluations  
Early orthodontics  
Extractions

Sealants  
Emergency care  
School Exams  
Nitrous Oxide  
Sedation

**T. 703.726.4333** \*Saturday appointments\*

42882 Truro Parish Dr., Suite 205 Ashburn, VA 20148  
(Located off Waxpool Rd. Across from the Boyd School in Broadlands)

## Find Out About the County's Property Tax Relief Program For Elderly and Disabled Residents

Loudoun County offers a property tax break to eligible residents who file an application and meet certain qualifying criteria. Program participants are relieved from the payment of real estate taxes on their primary dwelling and lot up to 3 acres and may have their car taxes cut in half. Residents must be 65 years of age or older or totally and permanently disabled and have household income and net worth less than \$72,000 and \$440,000 for real estate relief, and \$52,000 and \$195,000 for personal property tax relief.

Robert S. Wertz, Jr., Loudoun County Commissioner of the Revenue, will be giving presentations about the tax relief program and answering residents' questions at the county's Senior Centers during the month of March. For more information, see <http://www.loudoun.gov/taxrelief> or contact the Tax Relief Division of the Commissioner of the Revenue's Office at 703-737-8557 or [trcor@loudoun.gov](mailto:trcor@loudoun.gov).

### Purcellville - The Carver Center

Wednesday, March 16th at 1:00p.m.

### Leesburg - Leesburg Senior Center

Monday, March 21st at 10:30a.m.

### Sterling - Cascades Senior Center

Wednesday, March 23rd at 10:30a.m.

*Providing caring, personal attention in a comfortable, professional environment, right in the heart of Ashburn.*



**Dr. Robert M. Allen**  
**Dr. Diana J. Slavin**  
**Dr. Tiffany D. Lione**  
**Dr. Paul Colbourne**

(Doctors of Optometry)

**Ashburn**  
(Ashburn Village Plaza, Next to Giant)  
44110 Ashburn Village Plaza, Suite 134  
**(703) 726-0005**

**Chantilly**  
Chantilly Professional Building  
3910 Centreville Road, Suite 100  
**(703) 830-6380**

**Ashburn's only FULL SERVICE eyecare facility! Just look at what we offer!**

- Comprehensive Eye Examinations
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- Contact Lenses – All Types (Even Bifocal and Keratoconus Contacts)
- Computerized Contact Lens Fitting
- Treatment of Eye Disease
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- Complete Fashion Optical – Over 1000 Fashion Frames in Stock
- Pediatric/Developmental Optometry
- Vision Training

**Most Insurance Plans Accepted — Convenient Evening and Weekend Hours**



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## ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

### ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at [broadlandshoa.org](http://broadlandshoa.org) on the newsletter page.

**DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.**

### MONTHLY PRICING

#### BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72*
1/4 pg (3.625" W X 4.875" H) \$160 /\$135*
1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

#### COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209*
1/2 pg (7.5" W X 4.875" H) \$425 /\$404*
Full pg (8.5" W X 11" H) \$1050 /N/A

#### COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239*
1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239*
1/2 pg (8" W X 4.875" H) \$475/ \$453*
Full pg (8" W X 8"H) \$1050/ N/A

Add 10% to base price above for preferred placement

\*Discounted price if 6 or more months are prepaid

#### **PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.**

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

#### MAIL ADS and PAYMENT TO:

Broadlands Association  
ATTN: Newsletter Ads  
21907 Claiborne Parkway  
Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or [ads4broadlands@yahoo.com](mailto:ads4broadlands@yahoo.com).

**Please Note:** Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

### EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com). A message may be left for the editor at 703-729-9704 ext.101.

## MARCH CLASSIFIED ADS

### BEAUTY SERVICES

**MASTER HAIRSTYLIST/COLORIST:** Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email [inurhairbyluz@yahoo.com](mailto:inurhairbyluz@yahoo.com).

### EARLY EDUCATION/DAY CARE

#### SUMMER READING ENRICHMENT:

Two certified teachers, one holds Masters in Education offering a 1-day a week literacy program held: Wed for ages 3-4 from 9-12pm & for ages, 5-6 from 12:30-3:30pm. Curriculum focuses letter & sight word recognition, reading comprehension & enhances critical thinking skills to establish a basic reading foundation. Lessons are specific to age level & individual student needs. (VA State license) Contact Jenny: 571-333-3395 or [jenny\\_vanhorn@yahoo.com](mailto:jenny_vanhorn@yahoo.com).

#### 2011-2012 MOMS MORNING OUT

**PROGRAM:** Two certified teachers; one holds Masters Degree in Education. Classes held Mon & Wed from 9:15-12:15. Ages 2 & 3. Offering a fun, safe & stimulating environment with theme related activities & crafts. Each child will create their own scrapbook including, ABC's counting & art work. (Holds VA State License to facilitate program) Please contact Jenny at 571-333-3395 or [jenny\\_vanhorn@yahoo.com](mailto:jenny_vanhorn@yahoo.com).

**LITTLE SPROUTS PRESCHOOL:** Open House Tuesday, Feb 8<sup>th</sup> at 7pm. Next year we will be offering 3yr old Preschool on Tues/Thurs and Mom's Morning Out on Mon/Wed/Fridays. Children 18 months – 5yrs, potty training NOT required! Check out our website or call for a tour. Karlene 408-750-7349. Website <http://LittleSproutsPreschool.clubspaces.com>.

**LITTLE BEARS PRESCHOOL:** Offers a Mom's Morning Out program for children ages 18 months and older. Tuesdays and Wednesdays 9 to 11:30 am. Applications for the 2011-2012 school year will be accepted starting in February. Please call 703-858-0117 for more information.

### FOR SALE/RENT &

### FUNDRAISERS

#### MULCH SALE - BOY SCOUT TROOP 2970:

Order online at <http://www.troop2970.org/mulch.html>. Prices start at \$4.75 for 10-25 bags (10 bag minimum), 26-50 bags, \$4.50/bag, and 51+, \$4.00. Order deadline is March 31. Delivery is April 9 and 10. For questions, contact [mulch2@troop2970.org](mailto:mulch2@troop2970.org).

#### CFC MOPS KIDS

**CONSIGNMENT SALE:** Furniture, clothes, toys, books, games, videos, etc! Sale Hours: 8:00 AM - 1:00 pm. Dollar Dash 3:15-4:00. Come volunteer and shop our exclusive pre-sale! Early Shopping Passes are for sale. Visit [www.cfcshops.com](http://www.cfcshops.com) for more info!

### INSTRUCTION

#### LOUDOUN COUNTY MATH TEACHER:

Pre-algebra, Algebra (I & II), Geometry and Trigonometry. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email [VChu\\_911@yahoo.com](mailto:VChu_911@yahoo.com).

#### ST. MICHAEL SHOTOKAN KARATE

**SCHOOL HOME OF CHAMPIONS:** Be one of Ashburn's youths who earned acclaim in local and national karate competitions. Join Ashburn's Shotokan Karate Club and develop strength of body, mind and spirit. Contact Florence Majal Colon-Cammack: 703-606-1974.

**MUSIC LESSONS:** 703-723-1154. HERE IS WHY WE HAVE BECOME THE AREA'S LARGEST MUSIC ACADEMY: 1. We offer the greatest selection of Convenient Times 2. We provide optional, fun, low pressure Recitals for Students 3. We have fun! Visit us at [www.mintonsmusic.com](http://www.mintonsmusic.com).

**VIOLA & VIOLIN LESSONS:** Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at [CatherinePalusci@aol.com](mailto:CatherinePalusci@aol.com). References available.

#### GUITAR LESSONS IN BROADLANDS!

Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Instructor is friendly and professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email [blueridgestudio@verizon.net](mailto:blueridgestudio@verizon.net).

### HEALTH & WELLNESS

#### AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME:

Get fit NOW with my 19+ years experience to make you your best! Sculpt, tone, strengthen, & promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe & effective. Equipment provided. Free phone consultation. Special introductory offer! **Stephanie Gotfried, 703-542-2595**, [stephaniegotfried@verizon.net](mailto:stephaniegotfried@verizon.net).

**ASHBURN PILATES:** Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit [www.ashburnpilates.com](http://www.ashburnpilates.com).

**BOOTCAMP CLASS:** A great way to lean out or get in shape fast. It involves a combination of plyometrics, core and agility. You will have the expertise of a personal trainer in a fun, supportive group setting. Contact [kaseyjo@thebootcamp.us](mailto:kaseyjo@thebootcamp.us), 703-829-5012.

#### PERSONAL TRAINER:

Looking to get fit? I am a certified personal trainer with both a bachelors and masters degree in the health field. I can come to your home or train you at any Fitness First gym. I specialize in functional training and hold certifications in nutrition and pre and post natal training. Whether you are 8 or 80, fit or unfit, I can help! Please call 703-307-9403 or email [ckdovel00@verizon.net](mailto:ckdovel00@verizon.net).

### HOME SERVICES

#### PROFESSIONAL WINDOW CLEANING:

Pre-Spring special ~ Interior and exterior window cleaning \$6.00 per (standard) window, includes sill cleaning. Uniformed courteous staff. 4plus excellent BBB rating. Business owner supervises each home! Ask about neighborhood referral discounts. [www.mrwindowillc.com](http://www.mrwindowillc.com), ask for Mike McLaughlin (703)447-8268.

**GRASS MOWING "CHEAP":** Excellent service for end unit town homes, single family, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal application available. A great gift idea! Retired Professionals Lawn Service. Contact [jackthedecker@aol.com](mailto:jackthedecker@aol.com), 703-470-3003.

**ACKERMAN SECURITY SYSTEMS:** We monitor all systems. No charge to switch or equipment to buy. Monthly rate \$18.95! Free \$500 insurance deductible program. Allowance for contractual obligation. One call...we do it all. You own the system, Wireless Monitoring, Virtual Keypad, Remote Video Access, Fire/Access/Video. Receive 3 month free basic monitoring with this ad. Joe Moinipanah, 571-437-6445. [Ackermansecurity.com](http://Ackermansecurity.com).

**O'NEILL TILE:** Ceramic, Porcelain, Mosaic, Stone. Water Proof Showers and Tubs. Floors, Back Splashes, Fireplace Profiles and more! Visit us at <http://www.oneilltile.com/>, email [terry@oneilltile.com](mailto:terry@oneilltile.com), or call 703-909-1802 Licensed (VA DPOR #2705072578) and Insured.

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**RESTORATION:** Patented Technology that surgically extracts dirt & odors from floors. Surfaces: Tile & Grout, Concrete, Brick, Travertine & many other natural, hard surfaces. Other services: Restore Patios & Walk-ways, Deck power-washing and clear sealing, Molded Caulk Removal/Re-caulking, Shower refurbishing & minor grout repair. Locally owned. Ashburn resident. Licensed, Bonded & Insured. [www.Lcleanileandgrout.com](http://www.Lcleanileandgrout.com) 703-999-1933.

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**BANE ELECTRICAL SERVICE LLC:** Residential & Commercial Electrical work.

**Specializing in Home Generator Systems- Certified (Briggs & Stratton Dealer).** We can handle any of your Residential or Small Commercial Electrical needs. Trouble Shooting Experts!!!! Licensed and Insured Electrical Contractor in VA/MD. Call 703-723-6501 (Ashburn Resident)

**PROFESSIONAL PAINTING:** Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

**LARRY MILLER INC. WINDOW CLEANING SERVICE:** Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

**ALL AROUND GLASS INC:** Herndon, VA Patio Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

**WISE GUYS ROOFING & SIDING IMPROVEMENT LLC:** FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Satisfaction Guarantee! [www.WiseGuysRoofingSiding.com](http://www.WiseGuysRoofingSiding.com). Contact us: 571-722-5543 or [info@WiseGuysRoofingSiding.com](mailto:info@WiseGuysRoofingSiding.com).

**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. [MikeRosario@comcast.net](mailto:MikeRosario@comcast.net).

**HOME IMPROVEMENT CONTRACTOR:** Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

**SHANTZ HOME SERVICES:** For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email [shantz@glassmile.net](mailto:shantz@glassmile.net). Licensed and Insured. Free estimates. Broadlands resident.

**THE CARE OF TREES:** Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 [www.thecareoftrees.com](http://www.thecareoftrees.com).

## **HOUSE CLEANING**

**MAID IN VIRGINIA- RESIDENTIAL CLEANING:** We clean the best so you have time to rest! We are known for having Great People! Friendly- Hard Working- Honest- Consistent. Great Communication Skills, offering an opportunity to customize your cleaning. You can expect the same team cleaning your home routinely. Locally owned and operated- Ashburn Resident. Licensed, bonded and insured including Workers Comp. [www.maidinvirginia.com](http://www.maidinvirginia.com), 703-338-4606

**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at [www.mariasstarcleaning.com](http://www.mariasstarcleaning.com).

**NILDA'S CLEANING SERVICE:** Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-272-3731.

## **MARKETPLACE**

**TASTEFULLY SIMPLE:** introduces our brand new spring/summer line! Host a taste-testing party by inviting some friends over to eat, and I'll reward you with FREE PRODUCTS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, [www.tastefullysimple.com/web/Lsvendsen](http://www.tastefullysimple.com/web/Lsvendsen), [FoodFromLisa@comcast.net](mailto:FoodFromLisa@comcast.net).

**MARY KAY: SHOW YOUR CLASSIC STYLE.** Want a great look that's easy and perfect for every day? Call me for a Color 101 Classic Look you'll love. It's everything you need – color coordinated and illustrated – to create a simply beautiful look. Try it free today! Contact: Deborah Leben, 703-217-4583 Shop Anytime [www.marykay.com/dleben](http://www.marykay.com/dleben).

**STELLA AND DOT:** Jewelry for the modern woman who wants to look great in a snap. Host a show, socialize with your friends, and get up to \$250 towards free jewelry. Visit [www.stelladot.com/kena](http://www.stelladot.com/kena) or call 703-789-7989. Looking for new stylists too!

**PINK PIGGY SWEETS:** Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit [www.pinkpiggysweets.com](http://www.pinkpiggysweets.com) or call 571-333-7477.

## **PETS**

**AROUND MIDNIGHT PET SERVICES, LLC:** Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218,

## **PROFESSIONAL SERVICES**

**GGGGGRRRRR!!!!** Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

## **HOW TO PLACE CLASSIFIED ADS**

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10<sup>th</sup> of each month for the next month's issue.

### **MONTHLY RATES:**

#### **RESIDENT**

Month to Month \$9  
6 months prepaid discount \$8  
12+ months prepaid discount \$7  
Personal (For Sale) Ads \$0

#### **NON-RESIDENT**

Month to Month \$18  
6 months prepaid discount \$17  
12+ months prepaid discount \$16

### **PAYMENTS and ADS:**

Please email ads to: [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com). Checks only please, made payable to "Broadlands Association". *No cancellations after the initial deadline.* Payments can be mailed or dropped off at:

Broadlands Association  
21907 Claiborne Parkway  
Broadlands, VA 20148

### **CONTACT:**

Ad Manager: Stassa Collins, 703-729-9704



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# Broadlands Committees and Events



## March Activities

### Date   Activity

1st	8:00p.m. Broadlands Live! meeting(CC)
2nd	3:45p.m. Sign of Spring Nature Program(NC) 7:00p.m. Modifications Subcommittee Meeting(NC) 7:00p.m. Free Health Workshop(CC)
4th	9:30a.m. Spring into Spring Nature Program(NC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
5th	8:00p.m. Mardi Gras Party(CC)
8th	6:00p.m. Board of Directors Meeting(NC)
9th	3:45p.m. Sign of Spring Nature Program(NC) 7:30p.m. Tech Committee Meeting(NC)
10th	6:00p.m. Southern Walk Hearing Committee(NC)
11th	9:30a.m. Spring into Spring Nature Program(NC) 10:00a.m. Broadlands Mom's Club(CC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
12th	Nature Center Open 10:00a.m. - 2:00p.m. Noon, Family Day - Helping the Bees
16th	3:45p.m. Sign of Spring Nature Program(NC) 7:00p.m. Modifications Subcommittee Meeting(NC)
17th	8:00p.m. Investment Club(CC)
18th	9:30a.m. Spring into Spring Nature Program(NC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
19th	9:30a.m. Adoption Seminar (CC) Nature Center Open 10:00a.m. - 2:00p.m.
23rd	3:45p.m. Sign of Spring Nature Program(NC) 7:30p.m. Book Club(NC)
25th	9:30a.m. Spring into Spring Nature Program(NC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
26th	Nature Center Open 10:00a.m. - 2:00p.m.
30th	12:30p.m. Mothers, Stress and Guilt(CC) 3:45p.m. Sign of Spring Nature Program(NC)

## Committees

**Broadlands Live! Summer Concert Committee**  
**Chair:** Open.

**Community Events Committee**  
**Chair:** Tammy Wells, tammy@jwells.us

**Community Wildlife Habitat Committee**  
*Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.*

**Neighborhood Watch Committee**  
**Chair:** Open

**Recreation Committee**  
**Chair:** Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

**Swim Team**  
Website: www.broadlandsswimteam.org

**Technology Committee (broadlandshoa.org)**  
*Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents.*  
**Chair:** Dawne Holz, dawne@holzfamily.net

**Webmaster:** webmaster@broadlandshoa.org



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**RATE**

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**DIRECT: 571-437-6445**

**JOE.MOINIPANAH@ACKERMANSECURITY.COM**

**WWW.ACKERMANSECURITY.COM**



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- Manners
- Music and Movement
- Science and Nature
- Special Visitors
- Sports and Games



**ASHBURN • 703-724-0601**

**BELMONT GREENE (Ashburn) • 703-723-8434**

**[www.goddardschool.com](http://www.goddardschool.com)**

Goddard Systems, Inc. program is AdvancED accredited.



The Goddard Schools are operated by independent franchisees under a license agreement with Goddard Systems, Inc. Programs and ages may vary. © Goddard Systems, Inc. 2009

Form

Department of the Treasury — Internal Revenue Service

## 1040 U.S. Individual Income Tax Return 2010

For the year January 1 - December 31, 2010 or other tax year beginning \_\_\_\_\_, 2010, ending , 20\_\_\_\_

**SAVE TIME & MONEY WITH PROFESSIONAL TAX SERVICES**

**CALL (703) 723-9651**

**SETH ENTERPRISES, CPA**

**Conveniently Located Next to Broadlands**

**Evening & Weekend Appointments Available**

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