



# BROADLANDS



Community News

April 2011

## CELEBRATE EARTH DAY!

- Enjoy the 3rd Annual Earth Day at the Loudoun Family Fest, see color insert
- Broadlands Annual Egg Hunt, page 5
- Need a summer job? High Sierra Pools is hiring lifeguards, page 5
- There's still time to run for the Broadlands BOD, pages 11 & 12
- Your input is needed – SW Open Band meeting, page 13
- Get ready for the 2011 Pool Season, pages 25-28
- Join pick-up games with the Broadlands Tennis League, page 29

National Wildlife Federation Certified Community Wildlife Habitat





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# BROADLANDS



## Contact Information

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### **Board of Directors**

David Baroody - President  
& Resident Member,  
(703) 729-6785, david.baroody@mobile-audit.net

Brian Beahm  
Vice President & Resident Member,  
(703) 726-6360, brian.beahm@gmail.com

Staci Kapinos - Secretary & Treasurer,  
Resident Member, (703) 728-5849,  
ssdkapinos@yahoo.com

Cliff Keirce - Resident Member,  
(703) 729-7320, shevcoo@yahoo.com

Eric Bazerghi - Resident Member  
(703) 723-1046, eric@thehouse.net

Dawne Holz - Resident Member,  
(703) 349-1095, dawne@holzfamily.net

Jason Chautin - Resident Member,  
(571) 333-4472, jason@chautin.com

Roy Barnett - Member at Large,  
Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

Denise Harrover - Member  
at Large, Van Metre,  
(703) 425-2600,  
dharrover@vanmetrecompanies.com

### **HOA Office and Website**

21907 Claiborne Parkway  
Broadlands, VA. 20148  
(703) 729-9704 Fax: (703) 729-9733  
Open Monday - Friday 9:00am - 5:00pm  
www.broadlandshoa.org

### **Armstrong Management Services**

Assessment Information Office:  
Direct Phone: (703) 679-1541  
FAX: (703) 591-5785  
Email: broadlands@armstrong.net

Mail Payments to:  
Armstrong Management Services  
P.O. Box 7778  
Philadelphia, PA 19101-7778



### **Southern Walk Board of Directors**

(Open Band Contract Administration Only)

Erika Cotti - President  
(703) 554-9269, erika\_cotti\_sw@yahoo.com

Vacant - Vice President

Douglas Granzow - Treasurer  
(240) 499-4323, gunzour@gmail.com

Shawn Williams - Secretary  
(703) 968-5295, smarcuswilliams@aol.com

Charles Salas - Resident Member  
(703) 967-8150, charlessalas@yahoo.com

Jason Chautin - Resident Member  
(571) 333-4472, jason@chautin.com

Jim Ward - Resident Member  
(703) 407-4196, jimward.b12@gmail.com

Sangram Deshmukh - Resident Member  
(571) 333-0670, sangramd@yahoo.com

### **HOA Management**

Maureen Burns - General Manager,  
(703) 729-9714, mburns@broadlandshoa.com

Lisa Matthews - Audubon Naturalist, (703)  
729-9726, naturalist@broadlandshoa.com.  
Regular hours: Tuesday 10:00a.m. -  
1:00p.m., Wednesday 10:00a.m. - 5:00p.m.,  
Friday 9:00a.m. - 1:00p.m.

Natalie Ihanainen - Newsletter Editor  
(703) 729-9704, nihanainen@broadlandshoa.com

Stassa Collins - Newsletter Classified &  
Display Ads Manager, (703) 729-9704,  
scollins@broadlandshoa.com

Robin Crews - Secretary to the  
Modifications Subcommittee,  
(703) 729-9704, rcrews@broadlandshoa.com



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## Local Mom Creates a Task Force to Raise Money For Assault Victim

It was Peter Walsh's show "Enough Already!" and her commitment to assisting Ryan Diviney's progress that inspired Broadlands resident, Jane Hofmann, to raise money for the Diviney family.

Ryan's shocking story began on November 7, 2009, when the Ashburn, college student was beaten over a minor argument and left in a coma. Although his condition is extremely critical, Ryan's family and friends are committed to maximizing his chances of recovery. Their blog "Rally for Ryan," has found new friends offering emotional support and prayers for this young man. One of those supporters, Jane Hofmann, read that Ryan was accepted into the International Brain Research Foundation program, which although extremely expensive, could make a marked difference in Ryan's care and improvement. It was clear that the Divineys faced a large financial obstacle.

Inspired by the idea of helping the Divineys, Jane sent an email to acclaimed organizational expert Peter Walsh, telling him that it was because of "Enough Already!" featured on the Oprah Winfrey Network that she came up with an idea to help the Diviney family. Jane decided that she would encourage people to declutter their homes, find items in good condition and encourage them to donate those items to a mega yard sale effort called "Declutter for the Divineys".

What Jane didn't realize was that Peter Walsh would call her. Moved by Ryan's story, Peter agreed to come to the event to encourage people to help Ryan.

Jane rallied her good friend Christine LeTourneau and together they kicked off "Declutter for the Divineys". Teams of local women were assembled throughout Ashburn and a fundraising event was born.

*Collections for "Declutter for the Divineys" are taking place now. Donate items that are in good to excellent condition at the Long & Foster Ashburn office, 43490 Yukon Drive, Suite 105, any day between 9:00a.m. and 6:00p.m.*

The event scheduled to take place on **April 9, 2011 at the Ashburn Village Lakes Community Center - 44078 Cheltenham Circle** - will include live music, food and family entertainment.

For more information contact:  
Lorraine Lundqvist  
(703) 981-5387  
Declutter4Ryan@gmail.com

<http://rallyforryan.wordpress.com/>  
<https://www.facebook.com/group.php?gid=173397094453>  
<http://www.facebook.com/pages/Declutter-for-the-Divineys/183434791695387>

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## Save the Date!

The Hillside Elementary  
PTO Presents a  
Silent Auction and  
Family Dance

Friday, May 13, 2011  
at 6:30 pm  
Tickets available at the  
door.

Come out for a fun night of dancing and try  
your hand at bidding for great prizes like a  
Fire Truck Ride, a week at DST Camp, a  
Pev's Paint ball gift certificate, a Kanani  
American Girl Doll and more!

See a full list of Auction Donations on our  
Facebook page: Hillside Elementary PTO

For more information please contact Karen  
Nixon at [kfnixon@yahoo.com](mailto:kfnixon@yahoo.com)

## Come Out to The Broadlands Annual Egg Hunt Sunday April 10, 2011!

A springtime egg hunt, led by  
Peter Cottontail, will begin at  
4:00p.m. at the path next to the  
Community Center parking lot.  
Follow Peter Cottontail under the  
tunnel to Hillside Park where there  
will be lots of eggs for boys and  
girls to find!



Children will be divided into three age groups - ages  
three and under and ages four to seven will hunt for  
eggs. Ages eight and up will be divided into teams  
to hunt for a list of items at Hillside Park. Teens are  
welcome and encouraged to come! The 8 and ups  
must be present at 4:00p.m. for sign-up, and every  
team that completes their mission will win a prize.

After the hunt, we will play croquet, do The Bunny  
Hop, and picnic on the Hill. Be  
sure to bring a blanket and/  
or chairs to enjoy an afternoon  
of neighborhood socializing at  
Hillside Park!



Handmade Orangina  
refreshments will be created for  
us by Joe Knows Real Estate.

After all of the eggs have been collected, Peter  
Cottontail will be available for your own spontaneous  
action photos, so don't forget to bring your camera!

In the event of bad weather, Mr. Cottontail will have  
a seat in the Community Center from 4:00p.m. –  
5:00p.m. to hand out eggs, have photos taken and  
visit with the children.

After the egg hunt,  
stay for a Girl Scout  
sing-a-long at Hillside  
Park at 5:00p.m. The  
Sing-a-long will be led  
by Junior Troop 4879  
and the cost is \$5/  
child. Parents must be  
present.

Please contact [sunny@smartneighborhood.net](mailto:sunny@smartneighborhood.net)  
to register for the  
sing-a-long.

There is no cost for the Egg Hunt and it requires no  
registration.



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**Board Actions -  
Board of Directors Meeting  
February 11, 2011**

- A motion was made to deny a resident's appeal and to uphold the Modifications Subcommittee's ruling. The motion passed 6/1/2.
- A motion was made to approve a recommendation by the Modifications Subcommittee to make a change to the Deck Design Guidelines. The motion was approved unanimously.
- A motion was made to expend no additional funds for landscape repairs and enhancements to Foche Terrace as the conditions that exist there are comparable to the turf and planting conditions in town house areas throughout Broadlands. The motion was approved unanimously.
- A motion was made to not proceed with foreclosure proceedings on a delinquent property; to deny late fee waivers to a particular account and to write off a pre-foreclosure balance as uncollectible as recommended by the attorney as discussed in Executive Session. The motion was approved unanimously.

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**Thursdays:**

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Please have trash and recycling at the curb no later than 7:00a.m.

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**YARD WASTE PICKUP SPECIFICATIONS**

Yard debris is defined as grass clippings, leaves and brush/hedge trimmings that result from the regular maintenance of your yard.

Yard debris does not include stumps, whole trees, or clean-up from storm damage. Collection of these items may be provided for an additional charge.

The specifics regarding yard waste collection are as follows:

1. Brush/hedge trimmings must be cut into four-foot lengths, with limbs no larger than four inches in diameter, tied in small bundles or bagged.
2. Bundles of brush/hedge trimmings can be no larger than two feet in diameter.
3. Leaves and grass clippings must be placed in a separate container clearly marked "yard waste" or in biodegradable paper bags, in accordance with County regulations.
4. Yard waste that is put out at the curb in plastic bags will not be picked up.
5. Patriot Disposal plans to compost the yard waste that it collects. Therefore, food waste can be mixed in with the yard waste that is placed out for collection.
6. The weight limit for yard waste is 35 pounds per bag or container.
7. Yard debris may be mixed with trash only during the months of January, February and March.

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## SAVE THE DATE

### ANNUAL MEETING TO BE HELD AT MILL RUN ELEMENTARY ON MAY 10, 2011 AT 6:30 PM

Please keep an eye on your mailbox for the official notification of the Annual Meeting of Broadlands Association, Inc.

This meeting will be held on Tuesday, May 10, 2011, in the Gymnasium at Mill Run Elementary School, located at 42940 Ridgeway Drive. The doors open at 6:30 PM for the purpose of registering a quorum. The agenda begins at 7:00 PM.

As part of the meeting, an election will be held to select two (2) members to three-year terms ending in May 2014. It is not too late to run for a position. Complete and return the Nominating Petition/Candidate Profile Sheet found on page 12 of this newsletter to the HOA office no later than April 22, 2011 to be included in the Annual Meeting mailing.

Whether or not you are able to attend, you are strongly encouraged to complete the Proxy Form which you will receive in the mail so that a quorum may be obtained. Proxy forms are also available at the HOA office. You can change your proxy at any time before the meeting, or you can rescind it and vote at the meeting. You should sign your Proxy as directed, naming another owner, or, in the case of a non-resident Owner, the Lessee of such Owner's home, or the General Manager (instructed proxies only). We will have a drawing for those who turn in their proxies and a drawing for those in attendance at the meeting, both for a \$25 gift certificate for Bonefish Grill. If you do not have a person in mind to designate as your proxy, you may assign it to the Secretary of the Broadlands Board of Directors. This will allow a quorum to be established so the meeting can run on time. A return envelope will be enclosed for your convenience, and it is essential that we receive your proxy vote no later than 5:00 PM on **May 10, 2011**.

We thank you for your assistance and cooperation. We look forward to seeing you at the Annual Meeting!

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### Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

#### MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
April 06, 2011	April 01, 2011
May 04, 2011	April 29, 2011
May 18, 2011	May 13, 2011
June 01, 2011	May 27, 2011

*\*Please Note: There will be no Modifications Subcommittee meeting on Wednesday, April 20th.*

*Updated Design Guidelines are on the Broadlands HOA website at [www.broadlandshoa.org/node/49](http://www.broadlandshoa.org/node/49).*

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com), to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

### Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to [mburns@broadlandshoa.com](mailto:mburns@broadlandshoa.com). Please include your name and address. Your code will be sent to you via return email. Then visit [www.armstrongconnect.net/register](http://www.armstrongconnect.net/register) and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at [www.armstrongconnect.net/broadlandsassociationinc](http://www.armstrongconnect.net/broadlandsassociationinc). Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email [broadlands@armstrong.net](mailto:broadlands@armstrong.net).

## Homeowners Association Board of Directors Meeting

**Tuesday, April 12, 2011  
at 6:00 p.m.**

*in the  
Nature Center conference room*

### Save the Dates!

**Board of Directors -  
Business Meeting  
on May 3rd at 6:00p.m.**

**Broadlands Annual Meeting  
on May 10, 2011 at 6:30p.m.  
at Mill Run Elementary School**

### Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

### NO MORE LATE FEES!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your personal account on the same day each month and automatically applied to your HOA account...no worrying if your check arrived on time and NO MORE LATE FEES!

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Dear Broadlands Homeowner:

In May, the Broadlands Association will elect its Board of Directors to serve for the coming years. Members of the Board are volunteers who oversee the business of Broadlands both in the collection and spending of monies, the selection of contractors, and all day-to-day operations. Members are vital to the Association through their supervision that directly affects the budget and therefore, the fees that all owners pay.

The Association is now asking for volunteers to run for the Board of Directors. This year at the Annual Meeting, to be held on Tuesday, May 10, 2011, two (2) persons will be elected to the Board of Directors, each for a three year term. To become a director, you must be a Unit Owner in good standing. The Board currently meets monthly on the second Tuesday of the month at 6:00 pm. In accordance with the By-Laws, Article III, Section 3.5(b), should an adequate slate of candidates be available the night of the Annual Meeting, nominations from the floor *may* not be accepted.

For those of you who would be willing to serve, a completed Nominating Petition/Candidate Profile Sheet must be received at the Broadlands Association, Inc. office by **April 22, 2011**. Nominating Petition/Candidate Profile Sheets may be mailed to Broadlands Association, Inc., 21907 Claiborne Parkway, Broadlands, VA 20148, dropped off at the Nature Center or faxed to 703 729-9733. They will be included in the package of materials sent to all owners with the Annual Meeting announcement. This is necessary so everyone may become familiar with your qualifications prior to the elections and allows you to receive proxy votes that are sent in prior to the Annual Meeting. Pertinent information you may want to include could be; the length of time you have owned a home in Broadlands, committee work in which you have participated, educational background, and any work-related or other skills that you feel might be helpful to the operation of Broadlands as a business and social enterprise. Although the deadline for Nominating Petition/Candidate Profile Sheets is April 22nd you may take advantage of having your profile sheet included in the May newsletter by submitting it **by 5:00 PM Wednesday, April 13, 2011**.

For those of you that submit your name for election, we thank you for your willingness to assist in the success of your community. Remember to mark your calendars for May 10, 2011, the Annual Meeting of Broadlands!

Sincerely,

*Maureen Burns*

Maureen Burns AMS®, CMCA®  
General Manager  
Broadlands Association, Inc.

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**BROADLANDS ASSOCIATION**

**NOMINATING PETITION/CANDIDATE PROFILE SHEET**

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

**NOMINEE**

**PLEASE PRINT OR TYPE ALL INFORMATION**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **HOME:** \_\_\_\_\_ **WORK:** \_\_\_\_\_

**QUALIFICATIONS: (Pertinent Biographical Information)**

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**AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)**

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**SIGNATURES: (Three other homeowners needed with their Broadlands address.)**

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***Return by April 13, 2011 for inclusion in May's Newsletter***  
***Return by April 22, 2011 to be included in Annual Meeting Mailing***



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## **Important: Public Input Needed on OpenBand Franchise**

**To all Southern Walk homeowners:**

The Southern Walk HOA is urging members to attend the Loudoun County Board of Supervisors meeting on April 4 to share your thoughts on OpenBand.

The Loudoun County Cable TV / OVS Commission has sent its recommendation to the County Board of Supervisors that OpenBand's expired franchise be renewed for a 12-year term. It is extremely important that the Board of Supervisors hear from as many OpenBand homeowners as possible.

This is your best opportunity to voice your opinion about OpenBand service. Even if you do not wish to speak, there is strength in numbers and your presence at the meeting will demonstrate how important this issue is.

Although OpenBand's county franchise has already expired, the Commission's recommendation backdates the new application to the expiration date of the previous franchise. There are many changes to the terms of the franchise that were negotiated directly between OpenBand and the County, in closed meetings with nobody present to represent OpenBand customers. The SWHOA Board of Directors feels this process does not fairly take into account the concerns of residents and homeowners who are locked in to paying for OpenBand service.

The Board of Supervisors meeting is **Monday April 4th at 6:30PM** in the Board Room of the Loudoun County Government Center at **1 Harrison Street, S.E. in Leesburg**. Please come to the meeting and share your opinion!

**Thank you,**

**Southern Walk HOA Board of Directors**

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## Nothin' But 'Net

Submitted by: Dawne Holz, Technology Committee and Consumer Education Specialist at the FTC

### Wise Up about Wi-Fi: Tips for Using Public Wireless Networks

Public wireless networks – those Wi-Fi hotspots in coffee shops, libraries, airports, hotels, universities, and other public places – allow people to access the internet through a shared network. While convenient, they're often not secure. You're sharing the network with strangers, and some of them may be interested in your personal information.

Technology experts at the Federal Trade Commission say encryption is the key to keeping your personal information secure online. Encryption scrambles the information you send over the internet into a code so that it's not accessed by others. When using wireless networks, it's best to send personal information only if it's encrypted – either by an encrypted website or a secure network. An encrypted website protects **only** the information you send to and from that site. A secure wireless network encrypts **all** of the information you send while online.

### How to Identify an Encrypted Website

If you send email, share digital photos and videos, use online tools to manage calendars and contact lists, use social networks, or bank online, you're sending personal information over the internet. The information you share is stored on a server – a powerful computer that collects and delivers content. Many websites, such as banking sites, use encryption to protect your information as it travels from your computer to their server.

To determine if a website is encrypted, look for **https** at the beginning of the web address (the "s" is for secure), and a **lock icon** at the top or bottom of your browser window. The exact position of the lock depends on which browser you use. Some websites use encryption only on the sign-in page, but if any part of your session isn't encrypted, the entire account could be vulnerable. Look for **https** and the **lock icon** the entire time you're on the site, not just when you sign in. You can also click on the lock icon to display information about the site and help you verify that it's not a fraudulent website.

### Public Wireless Networks

Most Wi-Fi hotspots **don't** encrypt the information you send over the internet and are **not** secure. If you use an unsecured network to log in to an unencrypted site – or a site that uses encryption only on the sign-in page – other users on the network can see what you see and what you send. They could hijack your session and log in as you. New hacking tools – available for free online – make this easy, even for users with limited technical know-how. Your personal information, private documents, contacts, family photos, and even your login credentials could be up for grabs.

An imposter could use your account to impersonate you and scam people you care about. In addition, an attacker could test your username and password to try to gain access to other websites – including sites that store your financial information.

### Protect Your Information

So what can you do to protect your information? Here are a few tips:

- When using a Wi-Fi hotspot, only log in or send personal information to websites that you know are fully encrypted. And keep in mind that your entire visit to each site should be encrypted – from the time you log in to the site until you log out. If you think you're logged in to an encrypted site but find yourself on an unencrypted page, log out right away.
- Don't stay permanently signed in to accounts. When you've finished using an account, log out and close the browser software.
- Do not use the same password on different websites. It could give someone who gains access to **one** of your accounts access to **many** of your accounts.
- Many web browsers alert users who try to visit fraudulent websites or download malicious programs. Pay attention to these warnings, and take the extra minute or so to keep your browser and security software up-to-date.
- If you regularly access online accounts through Wi-Fi hotspots, use a virtual private network (VPN). VPNs encrypt traffic between your computer and the internet, even on unsecured networks. You can obtain a personal VPN account from a VPN service provider. In addition, some organizations create VPNs to provide secure, remote access for their employees.
- Some Wi-Fi networks use encryption: WEP and WPA are the most common. WPA encryption protects your information against common hacking programs. WEP may not. If you aren't certain that you are on a WPA network, use the same precautions as on an unsecured network.
- Installing browser add-ons or plug-ins can help, too. For example, Force-TLS and HTTPS-Everywhere are free Firefox add-ons that force the browser to use encryption on popular websites that usually aren't encrypted. They don't protect you on all websites – look for https in the URL and the lock icon to know a site is secure.



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## The Critter Corner By Dr. Steve Velling "And Baby Makes Four"

So you're a young couple, and your first "child" was a pet (dog, cat, bird – take your pick), and now you find you are expecting a real child. Maybe you've heard horror stories ("The cat'll smother the baby – you gotta get rid of her!"), or maybe you don't have any concerns at all (you should). Well, having seen hundreds of couples just like this, I can tell you that there are some things to be aware of.

Life will change. Maybe not much for some, but usually quite a bit for most. And Fido or Fluffy will be part of that change. You should try to spend as much time with your pet as you did before your little bundle arrived, but that can be difficult when you're changing diapers and making formula, all while battling sleep deprivation! For most people, you simply won't be able to devote as much time to your pet as you did before becoming a parent. And your pet may become jealous.

Now don't get me wrong. Many cats and dogs become amazingly bonded to babies, following them around and protecting them, even alerting parents when a child may be in danger, but I've seen other cases where pets **do** become upset with the sudden lack of attention.

Try to prevent that from the beginning by putting a baby blanket in your bed (to get your scent on it), then use that blanket to bring home your baby. Once you've settled in, then let the animal have a good sniff of the blanket. This helps to tell him the baby is "one of the family".

If you've tried this, and you've also tried to give as much attention to your pet as you can, and yet Rover or Simba are still acting aggressive with your little one, then follow these tips:

-Neuter your male cat or dog – unneutered dogs are the most frequent causes of bites, and unneutered cats that are jealous tend to "mark" their territory (walls, rugs, clothes!)

-Supervise any interaction between an animal and an infant.

-Heed warnings! If your cat or dog has ever growled or snarled at a person, seek help from a veterinarian or a professional trainer. This could be a sign of things to come.

-Don't allow your child to harass, chase, yell at, or grab/crawl onto your pet. This could be trouble waiting to happen – like a bite wound or a claw to the face.

Well, I hope I didn't scare any of you expectant parents out there! This is just some important advice to prevent any future accidents. I hope you have a wonderful pregnancy, and a safe and joyous trip down the path of parenthood.

Till next time,  
Dr. Steve

p.s. please remember to have your pet cleared of all internal and external parasites before exposing them to you beautiful baby!

## Time to Vote!

The following suggestions were submitted by Broadlands' youngsters to name our resident bullfrog and albino corn snake. Please send in your vote or stop by the Nature Center to pick out your favorite name. You can send in your vote to me at [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com). Results will be posted in the May newsletter.

### Corn Snake Names

\_\_Alpine      \_\_Slinky  
\_\_Corny      \_\_Husker  
\_\_Buttercup    \_\_Snowflake  
\_\_Sunny      \_\_Lemondrop  
\_\_Hawkeye    \_\_Gizmo  
\_\_Slither      \_\_Mittens  
\_\_Honey      \_\_Lumpy (he has lumps)  
\_\_Sherbet

### Bullfrog Names

\_\_Fribit  
\_\_Webster  
\_\_Bob  
\_\_Kermit  
\_\_Puddles

***The snake is fed on the second Saturday of every month at 1:30pm.  
Come over to the Nature Center and watch him chow down!***



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# Audubon Naturalist at Broadlands

## Summer Nature Camp

### Kids Grow Better Outside!

#### *CAMPS FOR 4-5 YEAR OLDS*

##### **Creature Feature: June 20-24 9am-noon**

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe handling and how to respect our new acquaintances. We'll finish every day seeing and touching the animal we have learned so much about!

##### **Nature's Storybooks: June 27-July 1 1pm-4pm**

See the forest through storybook eyes. We will visit the forest, pond and meadow to experience the "real life" world introduced in such stories as "The Mitten" and "The Lorax". Let your imagination soar as we read stories, then create our own versions in the natural world around us.

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**



#### *CAMPS FOR 6-7 YEAR OLDS*

##### **Animal Safari: June 20-24 1pm-4pm**

Put on your explorer hat, grab a pair of binoculars (or a magnifying glass) and prepare for adventure! We will go on the hunt...exploring the habitats in Broadlands. We will seek our treasures and trophies at the pond, the forest and the meadow and have fun tracking big, and little animals.

##### **Nature By Design: June 27-July 1 9am-noon**

Have you ever been inspired by a rainbow, snail shell, or leaf? Experience the beauty of the natural world in this camp. We will discover how nature uses symmetry, texture, and color. Using observation and tools such as magnifying glasses and binoculars, we'll uncover art in nature. We will also study artwork by natural and earth artists to help inspire our own creations!

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**

#### **To register:**

- Go to [www.anshome.org/camp](http://www.anshome.org/camp)
- Click on Register Online and follow the prompts
- Broadlands residents enter 55555 as your membership number

**For questions about the registration process please call 301-652-9188 x16**

We encourage people to use the online registration system, however if you prefer, we will mail or email you a registration form, or you may pick one up at the Nature Center.

For questions about our camps please contact Julie at [julieg@audubonnaturalist.org](mailto:julieg@audubonnaturalist.org) or call 703-669-0000 x 1

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## Our Savior's Way Invites Loudoun County Communities to "Learn About Lyme Disease!" on May 5th

Our Savior's Way Lutheran Church welcomes the Loudoun community to a Lyme Disease Awareness program on Thursday, May 5, 2011 from 7:00 - 9:30pm. The program features local expert Samuel Shor, MD, FACP, plus a special screening of the award-winning documentary *Under Our Skin*. Dr. Shor is a member of Virginia Governor Bob McDonnell's Lyme Disease Task Force.

"We live in tick country and everyone should know about this disease and the symptoms which can be disguised as other illnesses," says Marie Pfancuff, RN, BSN, of the sponsoring Parish Nurse Program at Our Savior's Way. Rev. Ralph Wiechmann, a pastor at the church who has undergone treatment for Lyme, noted: "I was fortunate since I had the rash and found a specialist who understood Lyme disease and the treatment."

Kathy Meyer, another Virginia Lyme Task Force member said, "It's critical to learn what Lyme Disease can look like in later stages. Many people, too often children, never see the tick or notice a rash. Later on, when they become ill, doctors may not think of Lyme, or tests may be misleading. The CDC intends the tests be used for tracking of the disease, not for diagnosis. Further, many doctors don't realize that the tests alone can't be relied on to determine Lyme Disease." Meyer will join Dr. Shor, the Parish Nurse Ministry, and representatives of the National Capital Lyme Disease Association to answer questions and provide reference information.

Loudoun County has the highest rate of Lyme disease in Virginia and third highest in the United States. According to the Centers for Disease Control, more than 200,000 people may be infected with Lyme disease annually. Given the descriptive nature of the movie we ask that only adults attend. Details are available at: <http://oswlc.org/events/lyme>.

May is Lyme Awareness Month and Loudoun County residents are encouraged to attend this and other Lyme awareness events including the 5k/1M/Family Day Lyme event at the National Conference Center in Leesburg on Sunday, May 15th from 8:00a.m. – Noon.

Our Savior's Way, along with the Open Arms Christian Child Development Center, has provided a caring atmosphere for children and families in the Ashburn area for over 10 years. They are located at the intersection of Waxpool Road and Claiborne Parkway. For Church and Open Arms Information: <http://www.oswlc.org> Contact: Marie Pfancuff (Parishnursing@oswlc.org) Phone: 703-858-9254.

## Kritters for Kids

By: Lisa Matthews, Broadlands Naturalist  
Frogs, Toads and Salamanders

It's Spring and the Amphibians (Frogs, Toads, and Newts) all know it! They are busy climbing out of the deep mud or deep leaves that they were hiding in



to hibernate over the winter. It is time for them to meet and lay their eggs. They like to lay their eggs in ponds, streams and if they are a newt (a type of salamander), in vernal pools. Vernal pools, which mean "spring", are pools that form when it rains but dries out because no water comes to it like a stream unless there is rain. Vernal pools are especially important to amphibians because they don't contain fish that would prey on amphibian eggs.

Newts like to get to the pools first. Their eggs hatch pretty quickly and when the pool dries out, the babies



burrow into the soft moist ground underneath. While it is wet, they eat bug larvae and worms. They also eat other amphibians'

eggs. So if you are born first, then you have a better chance to grow up to an adult.

If you go out at night (around 7:30p.m.) to one of the ponds, streams or vernal pools with a flashlight early this month, you might see dozens or even hundreds of salamanders, frogs and toads at the edges of the water. Be careful where you step, they might just be under your foot! It is a good idea to keep the flashlight shining down so that you don't step on them or frighten them away.

Happy Hunting!

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## From the Naturalist, Lisa Matthews

The news has been filled with the new restrictions on what you can use on your lawn. It has truly been dizzying! What does it mean for the homeowner? Well, fertilizers and weed killers that we were familiar with might be taken off the shelves at our garden centers and DIY stores. Fortunately, by doing so, we shouldn't have to worry too much that what we are buying isn't up to the new codes, but how to choose from the unfamiliar?

Hopefully, your garden store and DIY staff have been brought up to date on the new or maybe not so new products. But if you are the type of person who likes to research on your own, then might I suggest a couple of websites? WTOP Garden Plot Editor, Mike McGrath ( <http://www.wtop.com/?nid=35> ), is ready and willing to answer your questions. His blog/website is filled with product choices and suggestions. Chesapeake Bay Foundation, <http://www.cbf.org/Page.aspx?pid=526>, is a great resource for your gardening concerns. And finally, if you are thinking about all-natural gardening, you might want to visit [www.gardenguy.com](http://www.gardenguy.com) for advice from Master Gardener Paul James.

One way to help the Bay is to add more native plants to your garden. They are hardier, need less care and feeding and many can withstand our periodic droughts which equal fewer dollars into your garden care. Also, native plants provide food for the native animal species which is an added bonus if you enjoy watching wildlife.

To learn more about native plant species, why not participate in the Native Plant Lecture series offered at Rust Sanctuary? They are offered now through October once a month. To learn more, visit <http://www.audubonnaturalist.org/default.asp?page=515#programs> or stop at the Nature Center and pick up a flyer.

Enjoy Spring, let no one be left inside!

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### Naturalist and Nature Center Hours

Tuesday 10:00a.m. - 1:00p.m.  
Wednesdays 10:00a.m. - 5:00p.m.  
Fridays 9:00a.m. - 1:00p.m.

The Naturalist's hours for Easter Break:  
April 18th - 22nd  
Monday 9:00a.m. - 5:00p.m.  
Tuesday 10:00a.m. - 5:00p.m.

Saturday Nature Center Hours for April are:  
the 9th, 16th and 23rd  
from 10:00a.m. to 2:00p.m.

## Bartonellosis: Are You at Risk? By Shannon M. Pecora, M.A. Stream Valley Veterinary Hospital



As if veterinary and other healthcare professionals don't throw enough medical jargon out there, we're asking you to be aware of yet another term: *bartonellosis*. This bacterial infection, which you may know as "Cat Scratch Disease," can be transmitted to people via cat bites or scratches that are contaminated with flea feces. It's true that it takes very specific circumstances for someone to contract bartonellosis, but it is important, particularly for cat owners, to know your risk.

We don't want to create fear or panic as this is not necessarily a rampant illness. However, its effects can be serious, much like the effects of Lyme disease, including chronic fatigue, aches and pains, reduced appetite, and fever. These complications can be serious and long-lasting enough to negatively impact everyday life. Unfortunately, the symptoms of bartonellosis closely mirror the symptoms of so many other illnesses, such as the aforementioned Lyme disease or food poisoning, depression, thyroid disorders, and so much more.

Therefore, be sure to take precautions in your contact with cats. You should try to avoid scratches and bites, whether this is during playtime, nail trims, or other handling. Don't "roughhouse" too much with your cat, and become familiar with any warning signs she may give before she swats or nips. Should you receive a bite or scratch, wash the area immediately. If the site becomes infected, see your doctor as soon as possible. Let your physician know how you received your injury, and bring up your concerns about bartonellosis. Additionally, as flea excrement is a major component in disease transmission, this is yet another reason to keep your cat on year-round flea and tick prevention.

Should you develop any of the above symptoms after being bitten or scratched by a cat, contact your doctor right away. Any number of illnesses may be suspect, but you want to maintain control of your own health by giving your physician all pertinent information. The Centers for Disease Control and Prevention can offer you more information about the bacteria *bartonella* and about bartonellosis at <http://www.cdc.gov/healthypets/diseases/catscratch.htm>.



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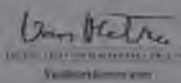
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## Nature Center Programs For April Through June 2011

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide Nature programs for the community. To register, call the Broadlands HOA office at 703 729-9704 or email [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com) to reserve your place in the program. We go outside for most programs so please dress appropriately and wear sturdy shoes.

**Water Worlds**  
**PreK and K**  
**Fridays, 9:30a.m. - 10:30a.m.**  
**April 29<sup>th</sup> - June 17<sup>th</sup>**  
**\$40.00 for 8 sessions**

Let's explore the local marsh, bull frog pond and the Nature Center's own pond and stream and learn what life is like above and under the water. We will meet at the different locations to find out who is living there.

Week 1: A Frog's Life (NC=Nature Center)

Week 5: Dragonflies and Damselflies (NC)

Week 2: Turtle Talk (NC)

Week 6: Salamanders and Newts (NC)

Week 3: Water Birds (NC)

Week 7: Pond Life at the Bullfrog Pond

Week 4: Marsh Life at Natural Area on Demott  
(Boardwalk across from Harris Teeter)

Week 8: Stream Life (NC)

**Nature Aquatic**  
**Grades K – 4<sup>th</sup>**  
**Wednesdays, 3:45-4:45p.m.**  
**April 27<sup>th</sup> - June 15<sup>th</sup>**  
**\$40.00 for 8 sessions**

While exploring our ponds, stream and marsh we will find out what it takes to keep them healthy and filled with life. We will use methods of observation, experimentation and investigation to learn about life underwater.

Please note: We will need an adult(Parent/Guardian) volunteer for field trips.

Week 1: Who's living in our pond?(NC)

Week 5: Marsh Life at Natural Area on Demott

Week 2: Frogs vs. Toads (NC)

(Boardwalk across from Harris Teeter)

Week 3: Water Plant Science (NC)

Week 6: Salamanders and Newts (NC)

Week 4: Is our stream, pond and marsh healthy? (NC)

Week 7: Life in a stream (NC)

Week 8: Pond Dipping at the Bullfrog Pond

**Time With Your Toddler**  
**Wee Hikers**  
**18 months - 3 years of age**  
**Fridays, 10:30a.m. - 11:30a.m.**  
**April 29<sup>th</sup> - June 17<sup>th</sup>**  
**Session 3 - 8 weeks/\$40.00**

Come enjoy stories, and activities including nature hikes, songs, textures and shapes to introduce your little one to the wonders of nature.

Wee Hikers will enjoy pond dipping, looking at the critters caught in the tubs, playing games, walking through the woods looking for critters at Bullfrog Pond, the Boardwalk at the Marsh and on the Nature Trails around Broadlands. Locations will be announced at first meeting.

### Family Day Programs For All Ages on the 2<sup>nd</sup> Saturday of Each Month!

**Time: Noon - 1:00p.m.**

**\$10.00 for a Family with up to 5 members, \$2.50 for each additional family member**

**\$5.00 for 1 Adult + 1 Child**

**Pond Exploration Day**  
**April 9<sup>th</sup>, 2011**

There is a hidden world right under the surface of our ponds! Come and explore with nets and see the strange creatures that lurk underwater and be amazed by what some of them will become. We will also enjoy the baby turtles and tadpoles living in our pond. Wear rain boots. (NC)

**Go Buggy!**  
**May 14<sup>th</sup>, 2011**

Off to the meadow we go! Spring has sprung and the bugs, butterflies and beetles are out. Let's see the who's who of the insect world! We might even find some insect babies and evidence of mammal and bird babies! Please bring bug spray and sunscreen! In case of a rainy day, we will learn about insects with specimens, games and crafts....indoors.



## Help Your Friends with Lyme's Disease at the Loudoun Lyme 5K

It's hard to find a block in Broadlands where residents haven't been touched by Lyme disease. Home to the third largest number of Lyme's cases in the nation, Loudoun County is facing a Lyme disease epidemic, with 22 percent of the Virginia's reported cases occurring in the county. Now a new race promises to take on this disease in hopes of finding a cure.

After watching his wife and many friends battle the disease, Steve Gotschi, the owner of Sterling-based DryHome Roofing and Siding and Loudoun County resident, decided to do something. He started the **Loudoun Lyme 5K**, which will take place Sunday, May 15<sup>th</sup> from 8:00a.m. - Noon at the National Conference Center in Leesburg.

The first annual event expects to draw more than 500 runners and walkers of all ages and will raise awareness and money to help find a cure for Lyme disease, the number one tick-borne illness in the U.S. The Loudoun Lyme 5K will also feature a 1K family walk and informational fair to educate the public about the disease, its causes, and treatments. On hand for the fair will be community leaders, health department officials, Lyme's disease experts, medical and veterinary doctors and specialists, vendors, and sponsors. The fair will also have children's activities.

According to the CDC, the US has 24,000 new cases of Lyme disease. However, the disease is difficult to diagnose and that figure may be 10 times as great. Unfortunately, fewer than half of patients with Lyme disease recall a tick bite or a rash, making it harder to diagnose. Lyme disease is a spirochetal infection of multiple organ systems, causing a wide range of symptoms that mimic other diseases. An uncomplicated case of chronic Lyme disease requires an average of 6-12 months of high-dose antibiotic therapy, while other patients may require treatment for 1-4 years.

The race costs \$30 for an individual and \$70 for a family to enter. The fair is free. Proceeds benefit **National Capitol Lyme Disease Association**, a nonprofit offering education and support. The top three male and female finishers and the top finisher under age 15 will be recognized. To learn more about the race or to register, visit [www.LoudounLyme.org](http://www.LoudounLyme.org).





3rd Annual  
**earthday@**  
**LOUDOUN**  
Family Festival

**Sunday, April 10<sup>th</sup>**  
**11:00am – 4:00pm**

**Clyde's Willow Creek Farm**  
**42920 Broadlands Blvd. Broadlands, VA**

**Music**  
**Kids Activities & Parade**  
**MarketPlace**

**Wildlife Exhibits**  
**Green Living Presentations**  
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**For More Info: Oya Simpson 703-725-8040 or Lori Seidmeyer 703-615-6113**  
**[www.EarthDayatLoudoun.org](http://www.EarthDayatLoudoun.org)**





## April Tips for the Garden

The best time to plant shrubs and trees is on a windless, cloudy day.

Once new growth begins on trees and shrubs, cut back to green wood any twigs affected by winter kill.

Don't coat pruning cuts with tree paint or wound dressing. These materials won't prevent decay or promote wound closure.

Prune roses to buds that point outward to encourage good air and sunlight penetration. Dark-colored canes indicate dead wood. Cut back an inch below these darkened areas. If no live buds are left, remove the entire cane or branch.

Prune spring-blooming shrubs, such as forsythia, weigela and early spirea, after they have completed flowering.

Hydrangea is one gift plant that transplants well into the garden after its flowers fade. When the weather warms, plant in well-drained soil in full sun to partial shade. Don't be surprised if the next year's flowers are a different color than the first year. Blue or pink hydrangea color is dependent on the pH of the soil. Alkaline soil produces pink flowers; acidic soil produces blue flowers. White hydrangeas are not affected by soil pH.

If dogwood leaves have been small, sparse and pale, the trees may need fertilizer. Request a soil sample kit from your Extension office and collect a soil sample from the area beneath the trees using instructions provided by your Extension agent. Mail your sample, form, and payment to Virginia Tech and correct fertilizer recommendations will be returned with the test results.



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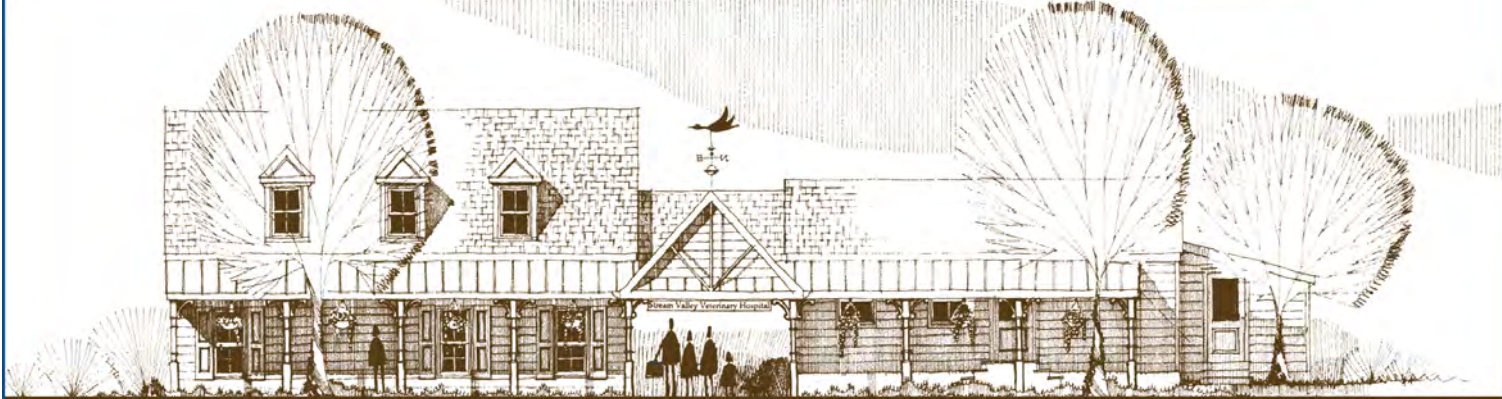


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*April Library Corner Continued from previous page*

**Introduction to the Piano with Greg Genter of Piano Xpress**

**- Registration**

Wednesday, April 20, 10:30 AM

Wednesday, April 20, 12:30 PM

For ages 5-11.

**2011 Children's Choice Book Awards**

Thursday, April 21, 1:30 PM

Cast your vote for the best book for kids from amongst the finalists!

For ages 5-8.

**Pet Emergencies 101 presented by Loudoun County Animal Care and Control**

Thursday, April 21, 7:00 PM

Please leave your pet safe at home.

For all ages.

**Spring Break Movie Matinee**

Friday, April 22, 2:00 PM

*How to Train Your Dragon*, Rated PG, 98 minutes.

**TEENS, AGES 12-18**

**Anime Club**

Tuesdays, April 12 and May 10, 6:00 pm

Watch, talk, draw at the newly formed Anime Club!

**Teen Talent Show 2011** - Ashburn teens, come show your talent at the library!

Sundays, April 3 & 17, 2:00 PM

Registration at the library begins: March 20

Rehearsal: Sunday, April 3, 2:00 PM

Show: Sunday, April 17, 2:00 PM

**It's All Write Award Party with special guest, Award-winning Author, Chris Crutcher !**

Presentation of the awards for the short story writing contest.

Sunday, April 10, 6:00 PM

**TEEN VOLUNTEERS** (Earn community service hours!)

**Teen Reading Buddy Volunteers Orientation** - Registration

Thursday, April 28, 4:30 PM (Program dates: Mondays, 4:30 pm, May 2- June 27)

Share your love of books by reading stories to children, ages 3-6.

**ADULT PROGRAMMING:**

**ESOL - English Conversation Group**

Tuesdays, 7:00 PM & Thursdays, 10:00 AM

An informal conversation group for non-native speakers to practice speaking English.

**One-on-One ESOL Tutoring**

April - May, by appointment. Register from March 21

Register at the Information Desk. ESOL learners

will be partnered with a volunteer for a

1-hour session each week for 2 months.

**Graphic Novels Book Club**

Wednesday, April 6, 7:00 PM

*Ghost World* by Daniel Clowes



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- Whole child-oriented
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**Library Corner  
Ashburn Library  
April 2011**

April is finally here! Happy April Fool's Day! (That's for the kid in me.) Maybe it also means an end to all the nasty weather and a beginning of another welcome Spring! April also includes National Library Week from April 10-16. Looking for a place that's full of adventure and excitement, that is educational too? Why not visit the Ashburn Branch of the Loudoun County Public Library? It's the perfect place to discover new worlds and begin the next chapter in your life's story. Create your own story at the Library! In addition to a writing contest, we observe Arbor Day, have a Teen Talent Show, a photo contest, learn fascinating facts in a live presentation about butterflies, get an introduction to the piano, get to know your family tree with a genealogist to answer all your questions and get you started on the right path, attend financial intelligence seminars with a focus on retirement as well as our regular story times and book clubs, family movie nights, and more! Check out ALL the details, below:

**Just a Dream: The Green Play** presented by Adventure Theatre  
Caldecott-winning artist Chris Van Allsburg's story, *Just a Dream* tells us what the future may hold. For all ages. April 9, 2:00

**Children's Mad Lib(rary) Stories**

April 10 through 16, Pick up a Mad Lib story form, turn in your story at the Children's Desk and receive a small prize. For ages 5-11.

**Get Caught Reading- Photo Fun!**

Sunday, April 10 through 16 at all branches  
Kids and adults are invited to share their digital photos of readers, books or the library. Email submissions to [get-caughtreading@library.loudoun.gov](mailto:get-caughtreading@library.loudoun.gov) and \*remember to include the name of your branch! Your photo will be displayed on your branch Facebook page. For more information go to [library.loudoun.gov](http://library.loudoun.gov) and click on 'Get Caught Reading'. For all ages – adults too!

**Award-winning Author, Chris Crutcher - for Teens**

Monday, April 11, 7:00 pm  
Critically acclaimed author, Chris Crutcher was named the 2000 recipient of the ALA's Margaret A. Edwards Award for his ongoing devotion to young adults. He received the National Intellectual Freedom Award given by the National Council of Teachers and has been honored twice by the Assembly on Literature for Adolescents. He is the author of *Stotan!*, *Athletic Shorts*, *Stay Fat for Sarah Byrnes and Deadline*.

**Free to Read - Registration**

Thursday, April 14, 4:00 PM  
Learn about the freedom to read through stories, songs, and activities.  
For ages 5-8.

**Library Corner Continued**

**STORYTIMES**

**Babygarten Storytime\* (0-18 months)**

Mondays & Wednesdays, 10:00 am  
Saturdays, 11:00 am

\*based on Babygarten curriculum

**Toddler Storytime (18-24 months)**

Tuesdays & Thursdays, 10:00 am

**Terrific 2s**

Tuesdays & Thursdays, 10:45 am

**Preschool Storytime (3s-5s)**

Tuesdays & Thursdays, 11:30 am

**Family Rhythm, Rhyme & Storytime (2 & up with a caregiver)**

Wednesdays, 1:30 pm & 7:00 pm

Saturdays, 10:00 am

Sundays, 1:00 pm

**BOOK CLUBS FOR KIDS**

**Ashburn Kids Book Club** – Registration

For ages 8-11.

Monday, April 4, 7:00 PM

*Blown Away!* by Joan Hiatt Harlow

**Capital Mysteries Book Club** – Registration

For ages 6-8. Books by Ron Roy.

Wednesday, April 20, 4:00 PM

*Mystery at the Washington Monument*

**Junie B. Jones Book Club** – Registration

For ages 6-9. Books by Barbara Park.

Thursday, April 21, 4:00 PM

*Junie B. Jones is (Almost) a Flower Girl*

**Guys Read** – Registration

For ages 8-11.

Thursday, April 28, 7:00 PM

*Time for Kids Almanac*

**MATH & SCIENCE**

**123 Math & Science** – Registration

Monday, April 25, 7:00 PM - Pollution Solutions

For ages 8-11.

**Celebrate Arbor Day! presented by the Loudoun County Soil and Water Conservation District** - Registration

Friday, April 29, 4:00 PM

For ages 5-9.

**Teen Reading Buddies Storytime**

Mondays, 4:30 pm

Encourage your child's love of books by pairing them with a teen reading buddy for one-on-one reading time.

For ages 3-6.

**Family Movie Matinee**

Saturday, April 16, 3:00 pm: *Despicable Me*, Rated PG, 95 minutes

*April Library Corner Continued on next page*





# Eating Green For Spring



## Sugar Snap Pea Salad with Quinoa and Citrus Vinaigrette

*Sugar snap peas are packed with calcium, iron and vitamin C. Paired with quinoa, a whole-grain powerhouse, and fresh citrus, this salad is both healthy and delicious.*

1 cup cooked quinoa (about 1/2 cup before cooking)  
 3 tablespoons extra-virgin olive oil  
 3 tablespoons white wine vinegar  
 3 tablespoons organic or raw honey  
 Juice from 1/2 medium-size lemon  
 Juice from 1/2 medium-size orange  
 1/4 teaspoon salt  
 Pinch of fresh ground pepper  
 1/4 teaspoon sesame seeds  
 8 ounces sugar snap peas, rinsed and de-stringed  
 Segments from 1 medium-size orange, skin and pith removed

Prepare quinoa according to package directions. Fluff with a fork and let cool completely. While quinoa cooks, make citrus vinaigrette: Whisk together olive oil, vinegar, honey, lemon juice, orange juice, salt, pepper and sesame seeds in a small bowl; set aside. Toss snap peas with quinoa and orange segments. Drizzle citrus vinaigrette over salad and serve. Servings: 6

## Mushroom Kabobs

*The earthy flavors of mushrooms combine with grilled peppers, lemon juice, thyme and rosemary for a taste of summer in every bite. Serve these kabobs hot off the grill with wedges of lemon or lime and fresh herbs.*

3/4 cup sliced fresh mushrooms  
 2 red bell peppers, chopped  
 1 green bell pepper, cut into 1 inch pieces  
 1/4 cup olive oil  
 2 tablespoons lemon juice  
 1 clove garlic, minced  
 2 teaspoons chopped fresh thyme  
 1 teaspoon chopped fresh rosemary  
 1/4 teaspoon salt  
 1/4 teaspoon ground black pepper

Preheat grill for medium heat. Thread mushrooms and peppers alternately on skewers. In a small bowl, mix together olive oil, lemon juice, garlic, thyme, rosemary, and salt and pepper. Brush mushrooms and peppers with this flavored oil. Brush grate with oil, and place kabobs on the grill. Baste frequently with oil mixture. Cook for about 4 to 6 minutes, or until mushrooms are tender and thoroughly cooked. Servings: 4

## Vegan Banana Blueberry Muffins

*Quick and easy to make. Full of fiber, these morning muffins are a great way to start a nutritious day.*

2 very ripe bananas, mashed  
 3/4 cup all-purpose flour  
 1/2 cup whole wheat pastry flour  
 1/2 cup sugar  
 1/2 teaspoon baking powder  
 1/2 teaspoon salt  
 2 tablespoons water  
 1-1/2 teaspoons egg replacer (dry)  
 1/2 cup blueberries



Preheat oven to 350 degrees F (175 degrees C). Grease muffin cups or line with paper muffin liners. In a large bowl combine mashed bananas, all-purpose flour, whole wheat pastry flour, sugar, baking powder and salt; mix until smooth. In a small bowl or cup combine water and egg replacer; stir into banana mixture. Fold in blueberries. Spoon batter evenly, about 1/4 cup each, into muffin cups. Bake in preheated oven for 20 to 25 minutes, or until golden brown. Servings: 6



## Win a \$25 Gift Certificate to < Bonefish Grill !

Solve the following **Earth Day** trivia contest questions, and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than **April 10, 2011**. *Be sure to include your name and telephone number.* Good Luck!

- When was the first Earth Day celebrated?  
 A. March 21, 1970 B. April 22, 1970  
 C. May 21, 1970 D. June 22, 1970
- Glass decomposes in landfills after how many years?  
 A. 5 years B. 20,000 years  
 C. 10,000 years D. 1 million years
- Every ton of paper we save  
 A. 1 tree B. 17 trees  
 C. 25 trees D. 32 trees
- Every hour Americans throw out this many plastic bottles.  
 A. 2.5 million B. 50,000  
 C. 4 million D. 20,000
- How much less energy do CFL light bulbs use?  
 A. 5% B. 60%  
 C. 30% D. 10%

### CONTACT INFO:

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

## March's Contest Winner

**Gail Reigel**

---

## **BROADLANDS RESIDENT , Mike Aldrich Named Assistant PGA Professional Of The Year**

Mike Aldrich, PGA of River Bend G&CC has been named the 2011 MAPGA Assistant Professional of the Year and was honored on March 19, 2011 at Lansdowne Resort at the MAPGA Hall of Fame & Awards Banquet. This award bestows special recognition on an assistant PGA Professional who, through a commitment to improving opportunities for assistants, has distinguished himself/herself in service to the Section, his/her peers, and facility.

Since turning professional in 1994 and being elected to PGA membership in 1997, Mike has been an Assistant Professional at various facilities in the New England Section including Glen Ellen Country Club, Millis, Mass.; Breakfast Hill Golf Course, Greenland, NH and Cochecho Country Club, Dover, NH. He spent three years at Forest Hills Country Club in Chesterfield, MO and made his way to the Middle Atlantic Section in 2002 with an Assistant position at Bull Run Golf Club in Haymarket, VA. Mike served as an Assistant at Westwood Country Club in Vienna, VA before becoming an Assistant at River Bend Golf & Country Club in Great Falls, VA where he has worked since 2008. He has also served as The PGA General Manager and Head Professional at Poolesville Golf Course in Poolesville, MD.



Mike has served on the MAPGA Board of Directors as the Vice President of the Central Chapter (2008-2009) and as the President of the Central Chapter (2010-2011). He participated in The PGA/Disabled Sports Military Golf Program and helped raise over \$1,000 for the Salute Military Golf Association by running in the Shamrock Marathon in 2008. He also won the Blockbusta Classic, a Pro-Invite at The Members Club at Four Streams in 2007, 2008 and 2009. Mike is an avid runner and has competed in two marathons, a 70.3 mile Ironman competition and numerous other endurance races where twice he finished 3rd place in his age group. Currently, Mike is training for the 2011 140.6 Ironman Coeur d'Alene.

Mike's golf philosophy is to focus on instruction, customer service, valuing employees, playing the game of golf and being a PGA Professional. He says that a PGA Professional's ability to play and teach the game of golf is what makes the title PGA Professional mean something to amateur golfers.

Mike was born on March 10, 1969 to Susan and Gerald Aldrich. He started hitting whiffle golf balls in his grandparent's yard when he was seven years old. Mike's first round of golf was when he was nine; playing with his father and grandfather, Saul Horowitz at Buena Vista Golf Course in West Hartford, CT. His most memorable experiences of that day is when he birdied the 60 yard sixth hole by chipping in.

Mike's father and grandfather both agreed that being able to play golf would be important for his success in the business world. It was not Mike's goal to become a PGA club professional, however, as he showed some ability at an early age, it was a common occurrence to hint at this potential. His father was very involved in the Sammy Davis Jr. - Greater Hartford Open and served on the Executive Committee for several years in the 70's in positions including Press Relations and Players Relations. During those years, Mike's father got him involved in tasks and he was fortunate to interact with many of the PGA Tour Professionals, including Phil Blackmar, Lee Trevino, Howard Twitty and Fuzzy Zoeller. Mike was a standard bearer for Lee Elder for several years and said that Lee's positive attitude and graceful demeanor on the golf course has stayed with him all this time.

Mike's first golf-related job was caddying in the Greater Hartford Open for the Chairman of Cannon. When he turned 17, he started working at Rockledge Country Club, and municipal golf course in his hometown of West Hartford, CT. The PGA Head Professional was (and still is) Richard Crow. Mike always looked up to Richard as the epitome of patience and grace under pressure. It was that same grace under pressure that allowed Mike to keep his job after crashing a golf car into a white pine on his second day of work, causing considerable damage to the car.

Mike attended Hall High School in West Hartford, CT where he went to the Connecticut State High School Championship twice, and won the Jack Stigberg Memorial Tournament as a senior in 1987. From Hall High School he went on to Bentley University where, during his freshman year, he played NCAA golf. Mike graduated from Bentley with a degree in marketing.

Mike and his wife, Laura Kathleen, were married in May of 1992 and have two children, Emily Margaret (16) a sophomore at Thomas Jefferson High School and Molly Kathleen (12) who is in the 6th grade.



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## Pool Season is Coming Up... Do You Know Where Your Pool Passes Are?

It's time to start looking in the bottom of your pool bag or maybe in the drawer with the swimsuits for your Broadlands Photo ID pool passes. Everyone aged 5 and up who wishes to gain admission to the pools will need one. If you are an owner and have the pool passes you used last year, you do not need to reapply. We will electronically reactivate them. If you cannot find your passes, new ones can be issued free of charge prior to the opening of the pool on May 28, 2011. After the pool opens, replacement cards are \$5.00 each. If you want a new picture for your replacement pass there is a charge of \$7.00 regardless of when the pass is issued.

**New Residents**, you must fill out an application, return it to the Nature Center and have your photos taken. Applications are available at the Nature Center, in this newsletter, on page 27 or online at [www.broadlandshoa.org](http://www.broadlandshoa.org). Click on Pool Information in the Directory on the left hand side of the home page. Pool passes are issued to each individual age 5 and up living in the household. A household consists of all persons permanently living in the dwelling, including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

**Tenants** must also apply for pool membership. **The owner and tenant must complete a Tenant Membership application for the 2011 season even if the tenants were members in 2010.** Tenants may use the passes they have, but they will not be activated until an application is received at the HOA office. Applications are available at the Nature Center, in this newsletter on page 28, and online at [www.broadlandshoa.org](http://www.broadlandshoa.org).

**Residents** If any of your children have turned five since last summer or will be five by June 1, 2011, they must have a picture taken and a pass made. Please use the resident application form on page 27 and return it to the Nature Center to add them to your family data base. Any individual who has turned 18 will need a new adult card made as well.

Beginning April 4th, pictures will be taken at the Nature Center from 9 am to 5 pm Monday through Friday on a first come first served basis. Additionally, the Nature Center will be open for photographs on April 9<sup>th</sup> and 16<sup>th</sup> and on May 1st, 14<sup>th</sup> and 22<sup>nd</sup> from 10 am to 2 pm and on April 13<sup>th</sup> and May 19<sup>th</sup> from 6pm to 9 pm.

Prior to having the photo taken, all adults 18 and up must show a photo ID and proof of address.

**Photos will not be taken if acceptable proof of identity and address are not available.**

Acceptable photo IDs include:

- Driver's License
- School, Military or Work Photo ID
- State Issued Non-Driver Photo ID
- Current Passport
- Current Resident Alien Photo ID

Acceptable Proof of Address include:

- Payroll Stub issued within the last 60 days
- 2010 W-2 or 1099
- Original Bank Statement issued within the last 60 days
- Utility bill issued within the last 60 days
- Current Virginia Voter Registration Card
- Settlement Papers or Deed
- Current Homeowners Insurance Policy

Non-resident caregivers are able to obtain a pass for \$40 for the season. They should be noted as non-resident caregivers on the resident's application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the caregiver to the photo session and show proof of identity and address.

Up to 5 long term house guests may obtain pool passes for \$40 per person for the season or \$15 per person for a month (30 consecutive days) or \$5 per person for seven consecutive days. They must be noted as non-resident house guests on the resident's application. The fees must be paid at the time their photo is taken and the pass issued. The resident must accompany the guests to the photo session and show proof of identity and address.

Ten guest passes are allocated to each **residence**. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility.

Please direct questions to the Nature Center at 703-729-9704.

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# **BROADLANDS POOL RULES**

MEMBERS **MUST COMPLY** WITH ALL LIFEGUARD INSTRUCTIONS

## **GENERAL RULES**

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit.
- Children 10 years or younger **MUST BE** accompanied and supervised by an adult or care provider at least 14 years old
- Pool members **are responsible** for the conduct of their guests
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Parents **are responsible** for the safety and conduct of all children in their care
- **Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules**



For your information:

- *Members using the pools do so at their own risk.*
- *No Lifeguards are on duty at the wading pools.*

The complete text of the Broadlands Pool Rules is available at the Association Office or on the website [www.broadlandshoa.org](http://www.broadlandshoa.org)

Revised February 7, 2008



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## **BROADLANDS 2011 POOL MEMBERSHIP APPLICATION**

This application form **MUST BE SIGNED BY THE OWNER** who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMERGENCY CONTACT NUMBER: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons over the age of 5 under the age of 18** (as of June 1, 2011). Children under 5 do not require passes. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Name	Relationship to Owner	D.O.B. if under 18
	Owner	

*(Use back if necessary)*

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

---

Signature of Owner \_\_\_\_\_ Date \_\_\_\_\_

Office Use Only

Rec'd: \_\_\_\_\_ Entered: \_\_\_\_\_ Pictures Taken: \_\_\_\_\_ Contacted: \_\_\_\_\_ Complete: \_\_\_\_\_

## BROADLANDS 2011 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form **MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT**, if pool privileges will be transferred to a tenant. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER'S NAME: \_\_\_\_\_

OWNER'S ADDRESS: \_\_\_\_\_

### TENANT INFORMATION (If privileges are transferred to tenant)

TENANT NAME: \_\_\_\_\_

BROADLANDS ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMERGENCY CONTACT #: \_\_\_\_\_ Email Address \_\_\_\_\_

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons over the age of 5 under the age of 18** (as of June 1, 2011). Children under 5 do not require passes. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Name	Relationship to Renter	D.O.B. if under 18
	Tenant	

*(Use back if necessary)*

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature Tenants(s) \_\_\_\_\_ Date \_\_\_\_\_

*As the owner(s) of the referenced unit, I hereby transfer my right to use the pool facilities to my tenant(s).*

Signature of Owner(s) \_\_\_\_\_ Date \_\_\_\_\_

### Office Use Only

Rec'd: \_\_\_\_\_ Entered: \_\_\_\_\_ Pictures Taken: \_\_\_\_\_ Contacted: \_\_\_\_\_ Complete: \_\_\_\_\_

## Broadlands Tennis Ladies Night Out

Ladies with NTRP ranking of 3.0 and above only.

Come out and play doubles tennis at the Nature Center tennis courts.

7:00p.m. until 9:00p.m. every Monday night until the weather is too cold

**Fee:** Free for residents  
\$5.00 for non-residents

*Please bring a can of balls*

Email: [uncrdh95@gmail.com](mailto:uncrdh95@gmail.com)  
to reserve your space or to be a substitute player.



## Broadlands "Boys Night Out" Doubles Tennis Ladder

**Description:** We have reserved the Nature Center courts on Sunday Nights for a Men's Doubles Ladder.

**Participants:** Men with NTRP ranking of 3.0 or higher.

**Fee:** \$20.00 covers the season - balls will be provided.

**Format:** Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

**Ranking:** A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 then next 4 highest, and so on.

**When:** Every Sunday night (7:00p.m.) rounds ongoing through September 2011.

**Where:** Broadlands Nature Center Courts

**Contact:** To join the ladder or to get further information, contact [broadlandstennis@gmail.com](mailto:broadlandstennis@gmail.com)

**Broadlands Tennis Website:** [www.BroadlandsTennis.org](http://www.BroadlandsTennis.org)



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## Broadlands Tennis Programs

[www.broadlandstennis.org](http://www.broadlandstennis.org)

(Visit for details and registration forms for all programs)

### Open for enrollment

#### 8 Week Sessions

##### JUNIOR CLINIC (ages 4-5)

Tue – Fri, 4:30p.m. - 5:00p.m.

(½ of the price stated below)

##### JUNIOR CLINIC (ages 6-16)

Tue – Fri, 5:00p.m. - 6:00p.m. & 6:00p.m. - 7:00p.m.

Sat & Sun, 10:00a.m. - 11:00a.m.

##### ADULT CLINIC – All levels

Sat & Sun 9:00a.m. - 10:00a.m.

Tue – Th, 7:00p.m. - 8:00p.m.

### Broadlands

#### Residents/Non-Residents

(As low as \$13.00 per class)

\$120/\$135 per session (8 weeks)

1 class a week

\$224 / \$254 per session (8 weeks)

2 classes a week

\$312 / \$357 per session (8 weeks)

3 classes a week

#### Clinics Drop In Fee:

\$20 members; \$22 non-members

#### Weekday Morning Clinics

Mon, Wed, Fri, 9:00a.m. - 10:30a.m.

\$20 residents; \$22 non-residents / per class

#### Weekly Junior Tournaments

11 years and over – every Sunday 11a.m.-1p.m.

\$15.00 per tournament

#### Private Lessons

Lessons/hr:

Resident/Non-Resident

1 player:

\$60/\$65

2 players:

\$35/\$38 each

3 or 4 players:

\$25/\$27 each

5 or + players:

\$20/\$22 each

Contact Luis Rosado if you have any questions:  
Phone (301) 221-7917, email: [broadlandstennis@yahoo.com](mailto:broadlandstennis@yahoo.com).

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Cheapskates: \$6.00

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## How to Choose the Right Personal Trainer for You

### By: Josh Champney, Owner of Fitness Together In Ashburn

This is a big decision! Choosing the best personal trainer for you is ... well, personal. To get the most from your personal training sessions and the program your trainer creates for you, it's essential to know what to ask and how to decipher whether your trainer is a good fit for you before you commit to a program with him or her. Start with this guide to the three most important things to ask before embarking on a fitness path with a new personal trainer.

#### 1. Certification

This is not so much about which certifications the trainer holds as it is about making sure they're certified by a nationally recognized organization. You should ask to see their certificate and look for acronyms including any of the following:

- NSCA – National Strength & Conditioning Association
- ACSM – American College of Sports Medicine
- NASM – National Academy of Sports Medicine
- ACE – American Council on Exercise
- ISSA – International Sports Sciences Association



#### 2. Why you want a personal trainer

If your biggest reason for seeking out a trainer is to get the results you haven't been able to achieve on your own, ask the trainer questions about how he or she will push you safely to improve your health and fitness condition.

Do you mainly need someone to hold you accountable? Ask the trainer about the most challenging experiences he or she has had with "slackers" or clients who lose their motivation, and listen for insight into how they handle difficult, emotionally charged situations.

Be brutally honest with yourself here. Picture how you'll feel and act when challenged or outside your comfort zone, and think about the communication styles you respond best to in that sort of situation.

Some people like the in-your-face yelling and screaming style and find it motivating, while others thrive more on positive reinforcement or a trainer who's just super energetic and excited that they're there.

There are many perspectives of what exercise is all about. A personal trainer needs to know when to be nurturing, when to be tough, when to listen — and mold his or her approach to the personality of each individual client.

#### 3. Whether they have practical experience with your situation

Ask the trainer how they've helped other people with the same type of injury, health condition or other special situation you're in. While training and certifications are important, experience with your situation will help your trainer better tailor your workout to your unique needs. For example, they may need to modify certain types of exercises to protect and strengthen a traumatized or vulnerable area of your body, or take a heart condition into account when structuring your cardio regimen.

It's about the trainer's practical knowledge. If you have a knee issue, make sure the trainer has the knowledge to help you protect that knee.

#### 4. What kind of nutrition training does the trainer have?

Look for a trainer who's received instruction from a credentialed nutritionist in strategies to help clients improve their eating habits.

Multiple studies show that including dietary change into a weight loss program can produce two to three times greater weight loss than programs focused on exercise alone. Bonus: the same studies also show that changes in one's (diet or exercise habits) can help promote changes in the other, especially among women.

Look for a package deal that includes both fitness coaching and nutritional guidelines tailored specifically for you, and you're far more likely to achieve your goals.





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# BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com).

## Not Available on Website Edition

**Key:**

- (B) Babysitter's Course**
- (C) CPR**
- (R) Rescue Breathing**
- (F) First Aid**

*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com).*



## Journey 4 A Cure

Journey 4 A Cure, a Broadlands based non-profit formed by the Carmical Family to raise awareness and funding for Pediatric Cancer research and to honor the life of their infant son Declan, is holding a 10k/5k run & 1k walk/run on April 30th. For details, please visit <http://tinyurl.com/J4AC10k5k>.



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# USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

## NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

## PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212

## LOUDOUN COUNTY PUBLIC SCHOOL

Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

## PUBLIC OFFICIALS COUNTY SUPER.

Stevens Miller	(703) 777-0204
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## SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(571) 233-4610
---------------	----------------

## VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
Thomas A. Griesen (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

## VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

## U.S. HOUSE OF REP. 10<sup>th</sup> DISTRICT

Frank Wolf	(703) 709-5800
------------	----------------

## U.S. SENATE

Jim Webb	(202) 224-4024
Mark Warner	(202) 224-2023

## VIRGINIA STATE GOVERNOR

Bob McDonnell	(804) 786-2211
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# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: [nihanainen@broadlands-hoa.com](mailto:nihanainen@broadlands-hoa.com).

---

## ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

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## AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

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## ASHBURN CLASSICS

The next meeting will be at the Mills Recreation Center on April 9. A short business meeting will start at 10:30a.m. Following the meeting, there will be a presentation by a master gardener. Please arrive by 10:15a.m. so the meeting can start promptly at 10:30a.m. Plan now to attend the May meeting featuring a high tea to celebrate Mother's Day. We are a group for people over 50 and meet the second Saturday of every month. For more information please call 703-729-3531 or 703-729-6591.

---

## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at [info@ashburn.freetoast-host.ws](mailto:info@ashburn.freetoast-host.ws) or visit [www.toastmasters.org](http://www.toastmasters.org) to learn more.

---

## BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at [jfc27@smartneighborhood.net](mailto:jfc27@smartneighborhood.net).

---

## BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org).

---

## BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us for the new study by Randy Alcorn, Heaven. We meet Tuesday mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

---

## CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, [www.pack1483.com](http://www.pack1483.com), meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

---

## FEDERAL GOVERNMENT EMPLOYEES - ACTIVE/WORKING AND RETIRED

National Active & Retired Federal Employees Association(NARFE) will host day & evening seminars at Loudoun libraries in the months ahead for active/working government employees and retirees. Did you know changes are in the wind which could affect your benefits? Email: [vicky.narfemembership@verizon.net](mailto:vicky.narfemembership@verizon.net) for dates and to learn more.

---

## GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at [trooporg@gmail.com](mailto:trooporg@gmail.com).

---

## INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

---

## LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at [www.Loudoun WNG.com](http://www.Loudoun WNG.com).

---

## MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at [kp\\_wilberger@yahoo.com](mailto:kp_wilberger@yahoo.com).

---

## MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

---

## PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or [robin@sashaheart.com](mailto:robin@sashaheart.com) for more info.

---

## TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.

---

## GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare is a special seminar/support group for people grieving the death of someone close. We meet on Monday evenings, 7:00-9:00pm at Our Savior's Way Lutheran Church. Call Beth Anton at 703-470-8821 with any questions or visit [www.griefshare.org](http://www.griefshare.org).



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- Pediatric/Developmental Optometry
- Vision Training

**Most Insurance Plans Accepted — Convenient Evening and Weekend Hours**



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## ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

### ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

**DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.**

### MONTHLY PRICING

#### BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72\*  
 1/4 pg (3.625" W X 4.875" H) \$160 /\$135\*  
 1/2 pg (7.5" W X 4.875" H) \$295 /\$266\*

#### COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209\*  
 1/2 pg (7.5" W X 4.875" H) \$425 /\$404\*  
 Full pg (8.5" W X 11" H) \$1050 /N/A

#### COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239\*  
 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239\*  
 1/2 pg (8" W X 4.875" H) \$475/ \$453\*  
 Full pg (8" W X 8"H) \$1050/ N/A

Add 10% to base price above for preferred placement

\*Discounted price if 6 or more months are prepaid

#### **PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.**

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

#### MAIL ADS and PAYMENT TO:

Broadlands Association  
 ATTN: Newsletter Ads  
 21907 Claiborne Parkway  
 Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com.

**Please Note:** Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

### EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

## APRIL CLASSIFIED ADS

### BEAUTY SERVICES

**MASTER HAIRSTYLIST/COLORIST:** Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email inurhairbyluz@yahoo.com.

**ROYAL BARBER SHOP:** Come in for our Customer Appreciation Promotion. Monday – Friday between 9:30am and 3:00pm and receive a \$12 Men's haircut. Includes hot towel service. 42882 Truro Parish Dr, Broadlands (703) 858-9008. Monday – Friday 9:30am–7:00pm, Sat. 9:00am–6:00pm, Sun. 10:00am–5:00pm.

### EARLY EDUCATION/DAY CARE/ SUMMER PROGRAMS

**LITTLE BEAR PRESCHOOL:** is now accepting applications for Fall 2011. We offer a program for children 18 mo to 4 years old. Tuesdays and Wednesdays 9 am to 11:30 am. Children will be introduced to the alphabet, numbers, colors and shapes, Circle time, music time and a daily lesson. Outdoor play. For more information, please email: Nancy Shepley at nancyshep@hotmail.com.

**FUN, ALL-DAY SUMMER CAMP:** Broadlands mom, former teacher and current substitute, announces Open House for full day, Summer Camp, June 13<sup>th</sup> – August 19<sup>th</sup>. Activities include crafts, swimming, local field trips, science experiments, and outdoor play. Open House is Sunday, May 7th at 2:00p.m. Please call 571-223-0007 or email thefreemans@hotmail.com with questions.

**SUMMER READING ENRICHMENT:** Two certified teachers, one holds Masters in Education offering a 1-day a week literacy program held: Wed for ages 3-4 from 9-12pm & for ages, 5-6 from 12:30-3:30pm. Curriculum focuses letter & sight word recognition, reading comprehension & enhances critical thinking skills to establish a basic reading foundation. Lessons are specific to age level & individual student needs. (VA State license) Contact Jenny: 571-333-3395 or jenny\_vanhorn@yahoo.com.

**2011-2012 MOMS MORNING OUT PROGRAM:** Two certified teachers; one holds Masters Degree in Education. Classes held Mon & Wed from 9:15-12:15. Ages 2 & 3. Offering a fun, safe & stimulating environment with theme related activities & crafts. Each child will create their own scrapbook including, ABC's counting & art work. (Holds VA State License to facilitate program) Please contact Jenny at 571-333-3395 or jenny\_vanhorn@yahoo.com.

**LITTLE SPROUTS PRESCHOOL:** Sign up now for Summer Fun! Next year we will be offering 3 year old preschool on Tues/Thurs and Mom's Morning Out on Mon/Wed/Fridays. Children 18 months – 5 years, potty training NOT required! Check out our website or call for a tour, Karlene 408-750-7349.

**LITTLE BEARS PRESCHOOL:** Offers a Mom's Morning Out program for children ages 18 months and older. Tuesdays and Wednesdays 9 to 11:30 am. Applications for the 2011-2012 school year will be accepted starting in February. Please call 703-858-0117 for more information.

### FOR SALE/RENT & FUNDASIERS

**JOHN DEERE X300 RIDING MOWER:** Features 18HP Kawasaki twin engine, 42" mower deck, hydrostatic drive. Bagger attachment included. 140 hours, \$3,300 new. Good Condition. **Will sell for \$1,850.** Call 703-789-6733.

### INSTRUCTION

**LOUDOUN COUNTY MATH TEACHER:** Pre-algebra, Algebra (I & II), Geometry and Trigonometry. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email VChu\_911@yahoo.com.

**ST. MICHAEL SHOTOKAN KARATE SCHOOL HOME OF CHAMPIONS:** Be one of Ashburn's youths who earned acclaim in local and national karate competitions. Join Ashburn's Shotokan Karate Club and develop strength of body, mind and spirit. Contact Florence Majal Colon-Cammack: 703-606-1974.

**MUSIC LESSONS:** 703-723-1154. HERE IS WHY WE HAVE BECOME THE AREA'S LARGEST MUSIC ACADEMY: 1. We offer the greatest selection of Convenient Times 2. We provide optional, fun, low pressure Recitals for Students 3. We have fun! Visit us at www.mintonsmusic.com.

**VIOLA & VIOLIN LESSONS:** Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

**GUITAR LESSONS IN BROADLANDS!** Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Instructor is friendly and professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email blueridgestudio@verizon.net.

### HEALTH/FITNESS/WELLNESS

#### AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME:

Get fit NOW with my 19+ years experience to make you your best! Sculpt, tone, strengthen, & promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe & effective. Equipment provided. Free phone consultation. Special introductory offer! **Stephanie Gotfried, 703-542-2595,** stephaniegotfried@verizon.net.

**ASHBURN PILATES:** Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www.ashburnpilates.com.

**MADD SWEDE BOOTCAMP FITNESS CLASSES:** Bootcamp is the best way to lean out and get in shape fast!

Classes are designed to fit all fitness levels. Results are guaranteed. For class times and locations visit our website or email us. www.maddswedefitness.com and kaseyjo@maddswedefitness.com.

### HOME SERVICES

**MAINSTREET MAILBOXES.** Your mailbox is the hood ornament of your home. You wouldn't drive a rusty car, why have a rusty mailbox. Improve the curb appeal of your home and community with a new mailbox post. www.mainstreet-mailboxes.com 703-753-5521.

**PROFESSIONAL POWERWASH:** Does your outside look old and grey? Make it look new again with Dominion Powerwash. We provide expert cleaning services for a wide variety of outdoor surfaces: Decks, Fences, Sidewalks, House Siding/Brick, Residential and Commercial Cleaning. Please visit www.dominionpowerwash.com for service specials. Dominion Powerwash is licensed and insured. For an estimate, contact 703-994-4445 or info@dominionpowerwash.com.

**LARRY MILLER INC. WINDOW CLEANING SERVICE:** Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

**PROFESSIONAL WINDOW CLEANING:** Pre-Spring special ~ Interior and exterior window cleaning \$6.00 per (standard) window, includes sill cleaning. Uniformed courteous staff. 4plus excellent BBB rating. Business owner supervises each home! Ask about neighborhood referral discounts. www.mrwindowillc.com, ask for Mike McLaughlin (703)447-8268.

**ALL AROUND GLASS INC:** Herndon, VA Patio Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

**ACKERMAN SECURITY SYSTEMS:** We monitor all systems. No charge to switch or equipment to buy. Monthly rate \$18.95! Free \$500 insurance deductible program. Allowance for contractual obligation. One call...we do it all. You own the system, Wireless Monitoring, Virtual Keypad, Remote Video Access, Fire/Access/Video. Receive 3 month free basic monitoring with this ad. Joe Moinipanah, 571-437-6445. Ackermansecurity.com.

**O'NEILL TILE:** Ceramic, Porcelain, Mosaic, Stone. Water Proof Showers and Tubs. Floors, Back Splashes, Fireplace Profiles and more! Visit us at <http://www.oneilltile.com/>, email [terry@oneilltile.com](mailto:terry@oneilltile.com), or call 703-909-1802 Licensed (VA DPOR #2705072578) and Insured.

**LOONEY'S TILE AND GROUT RESTORATION:** Patented Technology that surgically extracts dirt & odors from floors. Surfaces: Tile & Grout, Concrete, Brick, Travertine & many other natural, hard surfaces. Other services: Restore Patios & Walk-ways, Deck power-washing and clear sealing, Molded Caulk Removal/Re-caulking, Shower refurbishing & minor grout repair. Locally owned. Ashburn resident. Licensed, Bonded & Insured. [www.Lcleantileandgrout.com](http://www.Lcleantileandgrout.com) 703-999-1933.

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**BANE ELECTRICAL SERVICE LLC:** Residential & Commercial Electrical work. **Specializing in Home Generator Systems- Certified (Briggs & Stratton Dealer).** We can handle any of your Residential or Small Commercial Electrical needs. Trouble Shooting Experts!!!! Licensed and Insured Electrical Contractor in VA/MD. Call 703-723-6501 (Ashburn Resident)

**PROFESSIONAL PAINTING:** Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. [MikeRosario@comcast.net](mailto:MikeRosario@comcast.net).

**HOME IMPROVEMENT CONTRACTOR:** Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

**SHANTZ HOME SERVICES:** For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email [shantz@glassmile.net](mailto:shantz@glassmile.net). Licensed and Insured. Free estimates. Broadlands resident.

**WISE GUYS ROOFING & SIDING IMPROVEMENT LLC:** FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Satisfaction Guarantee! [www.WiseGuysRoofingSiding.com](http://www.WiseGuysRoofingSiding.com). Contact us: 571-722-5543 or [info@WiseGuysRoofingSiding.com](mailto:info@WiseGuysRoofingSiding.com).

## HOUSE CLEANING

**MAID IN VIRGINIA- RESIDENTIAL CLEANING:** We clean the best so you have time to rest! We are known for having Great People! Friendly- Hard Working- Honest- Consistent. Great Communication Skills, offering an opportunity to customize your cleaning. You can expect the same team cleaning your home routinely. Locally owned and operated- Ashburn Resident. Licensed, bonded and insured including Workers Comp. [www.maidinvirginia.com](http://www.maidinvirginia.com), 703-338-4606

**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at [www.mariasstarcleaning.com](http://www.mariasstarcleaning.com).

**NILDA'S CLEANING SERVICE:** Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-272-3731.

## LANDSCAPING

**GRASS MOWING "CHEAP":** Excellent service for end unit town homes, single family, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal application available. A great gift idea! Retired Professionals Lawn Service. Contact [jackthedecker@aol.com](mailto:jackthedecker@aol.com), 703-470-3003.

**THE CARE OF TREES:** Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 [www.thecareoftrees.com](http://www.thecareoftrees.com).

## MARKETPLACE

**TASTEFULLY SIMPLE:** can help you earn some extra cash for your vacation! I've been building a team for 8 years, and LOVE my job, including the FREE TRIPS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, [www.tastefullysimple.com/web/Lsvendsen](http://www.tastefullysimple.com/web/Lsvendsen), [FoodFromLisa@comcast.net](mailto:FoodFromLisa@comcast.net)

**INDEPENDENT WINE CONSULTANT:** **WineShop At Home** offers an exquisite selection of Artisan wines from California. Friends and family can share these unique wines in the privacy of your home, exquisitely paired with a food complement to accentuate the flavors and aroma of the wine. Host/Hostess specials apply. The WineShop at Home wine club and gift ideas can be found at: <http://www.wineshopathome.com/DeborahLeben>- **703-217-4583.**

**PINK PIGGY SWEETS:** Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit [www.pinkpiggyweets.com](http://www.pinkpiggyweets.com) or call 571-333-7477.

## PETS

**FREE DOG:** Very loving and friendly Shih Tzu needs to find a good home due to relocation of current owner. Please call Pam at 703-283-1509 for more information.

**AROUND MIDNIGHT PET SERVICES, LLC:** Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218, [www.aroundmidnight.net](http://www.aroundmidnight.net), Pet Lovers Providing Care.

## PROFESSIONAL SERVICES

**SME ONLINE BACKUP:** Hard drive crashed? Lost pictures or critical documents? Accidentally erased something? Get backed up now with SME Online Backup. \$1 per gig, per month – that's IT! Call SME at 703-378-4110 for a free consultation or visit us at <http://backup.smeinc.net>. Simply Making IT Easier!

**PR AND MARKETING:** PR and marketing professional with over 14 years experience can help promote your business, book, product or idea at very reasonable rates. Contact Jim at 571.241.6621 to discuss how I can help you spread the word.

**GGGGRRRRRR!!!!** Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

## HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10<sup>th</sup> of each month for the next month's issue.

### MONTHLY RATES:

#### RESIDENT

Month to Month \$9  
6 months prepaid discount \$8  
12+ months prepaid discount \$7  
Personal (For Sale) Ads \$0

#### NON-RESIDENT

Month to Month \$18  
6 months prepaid discount \$17  
12+ months prepaid discount \$16

### PAYMENTS and ADS:

Please email ads to: [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com). Checks only please, made payable to "Broadlands Association". **No cancellations after the initial deadline.** Payments can be mailed or dropped off at:

Broadlands Association  
21907 Claiborne Parkway  
Broadlands, VA 20148

### CONTACT:

Ad Manager: Stassa Collins, 703-729-9704



# Broadlands Committees and Events



## April Activities

### Date   Activity

1st	9:30a.m. Spring into Spring Nature Program(NC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
4th	12:00p.m. School's Out Day Camp(NC)
6th	3:45p.m. Signs of Spring Nature Program(NC) 7:00p.m. Modifications Subcommittee Meeting(NC) 7:00p.m. Free Health Workshop(CC)
8th	9:30a.m. Spring into Spring Nature Program(NC) 10:00a.m. Broadlands Mom's Club(CC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
9th	Nature Center Open 10:00a.m. - 2:00p.m. 10:00a.m. - 2:00p.m. Pool Passes Photos Taken(NC) 12:00p.m. Family Day Program - Pond Exploration Day(NC)
10th	4:00p.m. Broadlands Annual Egg Hunt(Starts at the CC and ends at Hillside Park)
12th	6:00p.m. Board of Directors Meeting(NC) 7:30p.m. Broadlands Mom's Club(CC)
13th	3:45p.m. Signs of Spring Nature Program(NC) 6:00p.m. - 9:00p.m. Pool Pass Photos Taken(NC) 7:30p.m. Tech Committee Meeting(NC)
14th	6:00p.m. Southern Walk Hearing Committee(NC)
15th	9:30a.m. Spring into Spring Nature Program(NC) 10:30a.m. Wee Naturalists - Exploring Nature Program(NC)
16th	10:00a.m. - 2:00p.m. Pool Pass Photos Taken (NC) Nature Center Open 10:00a.m. - 2:00p.m.
21st	8:00p.m. Investment Club(CC)
23rd	Nature Center Open 10:00a.m. - 2:00p.m.
27th	3:45p.m. Nature Aquatic Program(NC) 7:30p.m. Book Club(NC)
29th	9:30a.m. Water Worlds(NC) 10:30a.m. Wee Hikers(NC)

## Committees

### **Broadlands Live! Summer Concert Committee**

**Chair:** Open.

### **Community Events Committee**

**Chair:** Tammy Wells, tammy@jwells.us

### **Community Wildlife Habitat Committee**

*Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.*

### **Neighborhood Watch Committee**

**Chair:** Open

### **Recreation Committee**

**Chair:** Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

### **Swim Team**

Website: [www.broadlandsswimteam.org](http://www.broadlandsswimteam.org)

### **Technology Committee ([broadlandshoa.org](http://broadlandshoa.org))**

*Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents. **Chair:** Dawne Holz, dawne@holzfamily.net*

**Webmaster:** [webmaster@broadlandshoa.org](mailto:webmaster@broadlandshoa.org)





## Introducing Carrington Homes *Colonial Revival Collection*

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Snickersville and continue another 4 miles. Turn R on  
Telegraph Springs Rd. Turn R on East A St. Turn L  
on Yaxley Dr. Sales Center is on the left.

Real estate sales by The Altery Group. Prices subject to change without notice.



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**Dr. Haress Rahim**  
Brambleton Town Center  
22855 Brambleton Plaza  
Suite 208  
Ashburn, VA 20148



## **TRANSFORM YOUR COMMUNITY!** **MAILBOX IMPROVEMENT WEEK** ARRIVES IN TIME FOR SPRING CLEANING

Each year, the US Postal Service designates the  
third full week of May, as Mailbox Improvement  
Week to encourage everyone to examine and  
where necessary, improve the appearance of  
their mailbox.



*Delivering Quality Products  
& Service to Broadlands!*

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[sales@mainstreet-mailboxes.com](mailto:sales@mainstreet-mailboxes.com)



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Broadlands, VA 20148

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## You're Invited to a Special Short Sale **Webinar**

**April 19th  
2PM**



### Mortgage Troubles?

#### **DON'T LET FORECLOSURE RUIN YOU!**

This **FREE** and **CONFIDENTIAL** webinar will explain the options that may be available to you. Mark your calendar today and join us on April 19 at 2PM.

**REGISTER @ [www.helpingloudounhomeowners.com](http://www.helpingloudounhomeowners.com)**

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Joe Kurnos, CDPE  
RE/MAX Hall of Fame



Adrian Blakeney Welch  
Broadlands Specialist



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*Did you know...* There were 25 successful short sales in Broadlands in 2010



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**571.437.6445**

**[joe.moinipanah@ackermansecurity.com](mailto:joe.moinipanah@ackermansecurity.com)**