

April 2012



# BROADLANDS




## Community News



### Enjoy Broadlands' Many Springtime Events

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- Lifeguards Wanted! page 5
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- Get Your "Green" On - The Annual Earth Day Loudoun Family Festival is on April 22, page 18
- Broadlands Nature & Tennis Registration is Open! pages 22 & 34
- Pool Opening Soon! Make Sure Your Pool Pass is Up to Date. See Application & Information on page 30
- Save the Date, Broadlands Annual Meeting on May 8, 2012





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# BROADLANDS



## Contact Information

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### **Board of Directors**

David Baroody - President  
& Resident Member,  
(703) 729-6785, david.baroody@mobile-audit.net

Brian Beahm  
Vice President & Resident Member,  
(703) 726-6360, brian.beahm@gmail.com

Eric Bazerghi - Secretary &  
Treasurer, Resident Member  
(703) 723-1046, eric@thehouse.net

Cliff Keirce - Resident Member,  
(703) 729-7320, shevcoo@yahoo.com

Dawne Holz - Resident Member,  
(703) 349-1095, dawne@holzfamily.net

Michael D. Simpson - Resident Member,  
(571) 333-3365, michael.d.simpson@gmail.com

Joseph T. Wagner - Resident Member,  
(571) 333-0831, JTWagner@smartneighborhood.net

Roy Barnett - Member at Large,  
Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

Denise Harrover - Member  
at Large, Van Metre,  
(703) 425-2600,  
dharrover@vanmetrecompanies.com

### **HOA Office and Website**

21907 Claiborne Parkway  
Broadlands, VA. 20148  
(703) 729-9704 Fax: (703) 729-9733  
Open Monday - Friday 9:00am - 5:00pm  
www.broadlandshoa.org

### **Armstrong Management Services**

Assessment Information Office:  
Direct Phone: (703) 679-1541  
FAX: (703) 591-5785  
Email: broadlands@armstrong.net

Mail Payments to:  
Armstrong Management Services  
P.O. Box 11983  
Newark, NJ 07101-4983

### **Southern Walk Board of Directors**

(Open Band Contract Administration Only)

Erika Cotti - President  
(703) 554-9269, erika\_cotti\_sw@yahoo.com

Douglas Granzow - Treasurer  
(240) 499-4323, gunzour@gmail.com

Vacant - Secretary

Charles Salas - Resident Member  
(703) 967-8150, charlessalas@yahoo.com

Jim Ward - Resident Member  
(703) 407-4196, jimward.b12@gmail.com

Sangram Deshmukh - Resident Member  
(571) 333-0670, sangramd@yahoo.com

### **HOA Management**

Maureen Burns - General Manager,  
(703) 729-9714, mburns@broadlandshoa.com

Lisa Matthews - Audubon Naturalist, (703)  
729-9726, naturalist@broadlandshoa.com.

#### **Hours:**

Wednesdays: 10:00a.m. - 5:00p.m.

Thursdays: 12:00p.m. - 3:00p.m.

Fridays: 9:00a.m. - 1:00p.m.

Saturday, April 14th, 10:00a.m. - 2:00p.m.

Natalie Ihanainen - Newsletter Editor  
(703) 729-9704, nihanainen@broadlandshoa.com

Stassa Collins - Newsletter Classified &  
Display Ads Manager, (703) 729-9704,  
scollins@broadlandshoa.com

Robin Crews - Secretary to the  
Modifications Subcommittee,  
(703) 729-9704, rcrews@broadlandshoa.com







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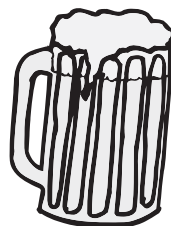
The Spring Community Yard Sale will be held on **Saturday, May 5th, 2012** around the Broadlands neighborhood from **8:00a.m. to 2:00p.m.**



Please think about going "green" and bring along a reusable shopping bag. Check out the list of participants to see what's for sale and see the community map to find each street at [www.broadlandshoa.org/yardsale](http://www.broadlandshoa.org/yardsale).

Residents do not have to be on the list of participants to be part of the community yard sale. If you are a Broadlands resident, and would like to be included in the list of participants, please visit the Yard Sale Submission Form on the website.

It is the resident's responsibility to check the list of participants for inclusion and accuracy.



**Save the Date:**

**Northern Virginia Summer Brew Fest**

**Saturday, June 23, 2012  
at Morven Park in Leesburg**

The Bus Shuttle to and from the venue is provided by your Events Committee.

**Come Join the Fun!**

See next month's newsletter for more details.





### Now Hiring Lifeguards for Broadlands Pools!

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Join us for the  
High Sierra Pools Broadlands Interview Day  
Saturday April 28<sup>th</sup>, 10 am – 1 pm  
Held at Broadlands Nature Center  
(21907 Claiborne Parkway, Ashburn VA 20148)

New lifeguards should apply online then call the High Sierra Pools office at (703) 920-1750 x113 to schedule an appointment for an interview. Lifeguards with previous HSP experience do not need to attend the interview session. Simply apply online and we'll contact you by email regarding your application.

*In order to be eligible for a lifeguarding position with High Sierra Pools, applicants must be at least 16 years of age by the date that they would begin work. Limited positions are available for lifeguards who will start work after season opening (May 26). EOE*



## Please Help Coach James

Many of you know "Coach James" from the various sports teams he has coached over the years in the Ashburn area. On February 21st, James suffered a traumatic brain injury. James is in rehabilitation and is making progress everyday, however, his family is in need of much support during this difficult time.

Please help support James and the Duncan family.

If you would like to make a donation visit:

[http://web.me.com/danismith/Donate\\_to\\_The\\_Duncans/Help\\_a\\_struggling\\_family.html](http://web.me.com/danismith/Donate_to_The_Duncans/Help_a_struggling_family.html)

To keep updated about Coach James' progress, please visit the Caring Bridge Website at: <http://www.caringbridge.org/visit/JamesDuncan1>

*Your support is greatly appreciated, thank you.*





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## BROADLANDS Marketplace

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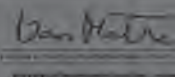


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## **Nothin' But 'Net**

*Submitted by: Dawne Holz, Technology Committee and Consumer Education Specialist at the FTC*

### **Tax-Related Identity Theft**

An unexpected message from the IRS could be a tip off that an identity thief is misusing your Social Security number. Contact the IRS if you receive a notice that more than one tax return was filed in your name or IRS records show you were paid by an employer you don't know.

#### **Uncovering Tax-Related Identity Theft**

Identity theft can affect the processing of your tax return in several ways. Most involve someone misusing your Social Security number (SSN), which the IRS uses to make sure your filing is accurate and complete and that you get any refund you are due. An unexpected notice from the IRS could alert you that someone else is using your SSN:

If someone uses your SSN to file for a tax refund before you do, the IRS might think you already filed and got your refund. You'll get a letter from the IRS telling you that more than one return was filed for you.

If someone used your SSN to get a job, the employer may report that person's income to the IRS using your SSN, and the IRS might think that you didn't report all your income on your tax return. If so, the agency will send you a notice that says you seem to have received wages you didn't report – from an employer you don't know.

#### **Dealing with Tax-Related Identity Theft**

If you get a notice from the IRS, respond immediately to the name and number printed on the notice.

If you think you have tax issues related to identity theft, let the IRS know as soon as possible, even if you don't have any evidence that it's affected your tax return. Visit the IRS Identity Protection Specialized Unit website ([www.irs.gov/privacy/article/0,,id=186436,00.html](http://www.irs.gov/privacy/article/0,,id=186436,00.html)) or call 1-800-908-4490.

Specialists will work with you to get your tax return filed, get you any refund you are due, and protect your IRS account from identity thieves in the future. You can document the identity theft by submitting a police report or the IRS ID Theft Affidavit (Form 14039). When you file the affidavit, you'll have to prove your identity with a copy of a valid government-issued identification, like your Social Security card, driver's license, or passport.

#### **Avoid Phishing Scams**

Some identity thieves send emails that appear to be from the IRS to try to get you to divulge your personal information. In fact, the IRS generally does not contact taxpayers by email. If you get an email that claims to be from the IRS, do not reply or click on any links. Instead, forward it to [phishing@irs.gov](mailto:phishing@irs.gov).

#### **Additional IRS Offices and Contacts**

Call the IRS Tax Fraud Referral Hot Line (800-829-0433) if you suspect someone is misusing your information to commit tax fraud. You also may submit Form 3949A (Information Referral) to report potential tax law violations to the IRS.

The Taxpayer Advocate Service (TAS), an independent organization within the IRS, helps taxpayers solve problems with the agency. TAS has at least one local taxpayer advocate in every state, the District of Columbia, and Puerto Rico. You also can call the IRS's toll-free case intake line at 1-877-777-4778.

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**Don't Get Ticketed!**

The Loudoun County Sheriff's Department is authorized to ticket all parking violations on all streets in the Broadlands. This includes, but is not limited to, blocking fire lanes, blocking the sidewalk, parking too close to intersections and fire hydrants and parking illegally at the end of cul-de-sacs (headed in or backed up to the curb.)

If you have any questions regarding parking regulations in Loudoun County, please call the LCSO non-emergency number at 703-777-1021.

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**Save the Dates!**

**Board of Directors -  
Business Meeting  
on May 1st at 6:00p.m.  
in the  
Nature Center Conference Room**

**Broadlands Annual Meeting  
on May 8th, 2012 at 6:30p.m.  
at Mill Run Elementary School**



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## Broadlands Association

### Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

### MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
April 04, 2012	March 30, 2012
April 18, 2012	April 13, 2012
May 02, 2012	April 27, 2012
May 16, 2012	May 11, 2012

*Updated Design Guidelines are on the Broadlands HOA website at [www.broadlandshoa.org/node/49](http://www.broadlandshoa.org/node/49).*

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com), to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

### Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to [mburns@broadlandshoa.com](mailto:mburns@broadlandshoa.com). Please include your name and address. Your code will be sent to you via return email. Then visit [www.armstrongconnect.net/register](http://www.armstrongconnect.net/register) and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at [www.armstrongconnect.net/broadlandsassociationinc](http://www.armstrongconnect.net/broadlandsassociationinc). Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email [broadlands@armstrong.net](mailto:broadlands@armstrong.net).

## Homeowners Association Board of Directors Meeting

**Tuesday, April 10, 2012  
at 6:00 p.m.**



*in the  
Nature Center  
conference room*



### Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

**The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com).**

### NO MORE LATE FEES!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your personal account on the same day each month and automatically applied to your HOA account...no worrying if your check arrived on time and NO MORE LATE FEES!

You can pick up an application at the HOA office at the Nature Center or online at <http://www.broadlandshoa.org>.

Click on 'HOA Forms' in the directory and then on 'Auto Pay Application'.

**Southern Walk HOA  
Board of Directors Meeting  
Thursday, April 12, 2012  
at 6:00 p.m.**

*in the  
Nature Center Conference Room*

## Covenants Corner - April

Are you familiar with the Maintenance Standards for Lawns and Yards that are in effect in the Broadlands? Here's a quick overview.

- Owners and residents must regularly mow all grass lawns on their lots - front, back and sides if applicable - so as to keep a neat appearance. Grass height cannot exceed six inches. Lot owners and residents are responsible for maintaining the health and good appearance of lawns on their lots, which may include seeding, watering (subject to government restrictions) weed removal and edging.
- Owners and residents shall keep their properties free of excessive weeds, overgrown or unsightly shrubbery or other plant growth. Weeding and mulching of planted beds, and pruning of shrubbery and trees shall be done as necessary so to keep a proper, neat and clean appearance of the Lot. Any lot which borders a sidewalk shall ensure that any trees which overhang the sidewalk are trimmed to provide a minimum height of eight feet, measured above the sidewalk level, free of obstruction. No trees with a diameter of more than four inches and measuring two feet above ground level shall be removed without the express written authorization of the Covenants Committee or Board of Directors. Lot Owners and residents shall remove any and all dead plants and shrubs from their Lots.
- Lot Owners and residents shall maintain their Lots to be free from all litter, trash, debris or other objects. It is the responsibility of the Lot Owner or Resident to ascertain the trash collection requirements for any item they wish to discard, including used appliances and other items which require special pick-up or removal, and to ensure that such item is promptly collected by the appropriate trash collection service.
- No unsightly conditions shall be permitted to be maintained upon the Lot. The Covenants Committee and/or Board of Directors shall use its sole discretion in determining said conditions.

If you have any questions regarding yard and lawn maintenance in the Broadlands, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m.

## Covenants Inspections

With the arrival of warmer temperatures, the association will be stepping up inspections of exterior maintenance violations. These inspections ensure that the appearance of our beautiful neighborhoods is maintained. Covenant Inspectors can be identified by their bright orange safety vests with a Broadlands label on the back.

Please be aware the Association has the right of access over and through any portion of the Property (excluding any occupied dwelling) for inspections, maintenance and to correct any violations. This right is granted to the Association, its managing agent, and any other person authorized by the Board of Directors in the exercise and discharge of their respective powers and responsibilities. If you are interested in the exact language and wording, it is located on Section 5.3(a) of the Declaration for Broadlands.



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## SAVE THE DATE

### ANNUAL MEETING TO BE HELD AT MILL RUN ELEMENTARY ON MAY 8<sup>ST</sup>

Please keep an eye on your mailbox for the official notification of the Annual Meeting of Broadlands Association, Inc.

This meeting will be held on **Tuesday, May 8, 2012**, in the Gymnasium at Mill Run Elementary School, located at 42940 Ridgeway Drive. The doors open at 6:30 PM for the purpose of registering a quorum. The agenda begins at 7:00 PM.

As part of the meeting, an election will be held to select three (3) members to three-year terms ending in May 2015. It is not too late to run for a position. Complete and return the Nominating Petition/Candidate Profile Sheet found on page 13 of this newsletter to the HOA office no later than **April 20, 2012** to be included in the Annual Meeting mailing. To take advantage of having your profile sheet included in the May newsletter please submit it by 5:00 PM on **Wednesday, April 11, 2012**.

Whether or not you are able to attend, you are strongly encouraged to complete the Proxy Form which you will receive in the mail so that a quorum may be obtained. Proxy forms are also available at the HOA office. You can change your proxy at any time before the meeting, or you can rescind it and vote at the meeting. You should sign your Proxy as directed, naming another owner, or, in the case of a non-resident Owner, the Lessee of such Owner's home, or the General Manager (instructed proxies only). If you do not have a person in mind to designate as your proxy, you may assign it to the Secretary of the Broadlands Board of Directors. This will allow a quorum to be established so the meeting can run on time. A return envelope will be enclosed for your convenience, and it is essential that we receive your proxy vote no later than 5:00 PM on **May 8, 2012**.

We thank you for your assistance and cooperation. We look forward to seeing you at the Annual Meeting!

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## Broadlands Just Keeps Getting Greener!

Patriot Disposal and the Broadlands Association are working together to keep the Broadlands beautiful and litter free while promoting recycling. ***Patriot is offering our residents a 64-gal lidded recycling toter at no cost!*** The toter takes up the same amount of floor space as the current recycling bin, but holds THREE times as much! Plus the lidded toter prevents recycling from being blow about the neighborhood on those windy Thursdays. The bright blue lids alert the driver and the collection staff that recyclables are ready for pickup; no more accidental mixing of trash and recyclable waste!

On Thursdays in May, Patriot will pick up the current recyclables collection bins and replace them with a lidded toter. If for any reason you do not wish to have a toter delivered, please contact Patriot at 1-703-257-7100, **prior to April 26th** and let them know you want to "opt-out" of the 64-gallon recycle toter program.

If you wish to be included, just put out your recycling bin and it will automatically be replaced with a toter sometime during the month of May. Please remember these toters are for recycles only, they cannot be used for trash.

Contact the HOA office at 703-729-9704 or Patriot Disposal with any questions.

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# BROADLANDS

March 1, 2012

Dear Broadlands Homeowner:

In May, the Broadlands Association will elect its Board of Directors to serve for the coming years. Members of the Board are volunteers who oversee the business of Broadlands both in the collection and spending of monies, the selection of contractors, and all day-to-day operations. Members are vital to the Association through their supervision that directly affects the budget and therefore, the fees that all owners pay.

The Association is now asking for volunteers to run for the Board of Directors. This year at the Annual Meeting, to be held on Tuesday, May 8, 2012, three (3) individuals will be elected to the Board of Directors, each for a three year term. To become a director, you must be a Unit Owner in good standing. The Board currently meets monthly on the second Tuesday of the month at 6:00 pm. In accordance with the By-Laws, Article III, Section 3.5(b), should an adequate slate of candidates be available the night of the Annual Meeting, nominations from the floor *may* not be accepted.

For those of you who would be willing to serve, a completed Nominating Petition/Candidate Profile Sheet must be received at the Broadlands Association, Inc. office by **April 20, 2012**. Nominating Petition/Candidate Profile Sheets may be mailed to Broadlands Association, Inc., 21907 Claiborne Parkway, Broadlands, VA 20148, dropped off at the Nature Center, faxed to 703 729-9733 or emailed to [mburns@broadlandshoa.com](mailto:mburns@broadlandshoa.com). They will be included in the package of materials sent to all owners with the Annual Meeting announcement. This is necessary so everyone may become familiar with your qualifications prior to the elections and allows you to receive proxy votes that are sent in prior to the Annual Meeting. Pertinent information you may want to include could be; the length of time you have owned a home in Broadlands, committee work in which you have participated, educational background, and any work-related or other skills that you feel might be helpful to the operation of Broadlands as a business and social enterprise. Although the deadline for Nominating Petition/Candidate Profile Sheets is April 22nd you may take advantage of having your profile sheet included in the May newsletter by submitting it **by 5:00 PM Wednesday, April 11, 2012**.

For those of you that submit your name for election, we thank you for your willingness to assist in the success of your community. Remember to mark your calendars for May 8, 2012, the Annual Meeting of Broadlands!

Sincerely,

*Maureen Burns*

Maureen Burns AMS®, CMCA®  
General Manager  
Broadlands Association, Inc.



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**BROADLANDS ASSOCIATION**

**NOMINATING PETITION/CANDIDATE PROFILE SHEET**

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

**NOMINEE**

**PLEASE PRINT OR TYPE ALL INFORMATION**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **HOME:** \_\_\_\_\_ **WORK:** \_\_\_\_\_

**QUALIFICATIONS: (Pertinent Biographical Information)**

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**AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)**

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**SIGNATURES: (Three other homeowners needed with their Broadlands address.)**

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***Return by April 11, 2012 for inclusion in May's Newsletter***  
***Return by April 20, 2012 to be included in Annual Meeting Mailing***

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MOLD ON YOUR SIDING, DECK OR FENCE?**

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**571.437.6445**  
[joe.moinipana@ackermansecurity.com](mailto:joe.moinipana@ackermansecurity.com)







April 5th, 2012

TO: All Southern Walk Homeowners

RE: Invitation to April 5 Town Hall with SWHOA lead attorney

Dear Homeowner,

**We cordially invite Southern Walk homeowners to attend a  
Town Hall meeting:**

**April 5<sup>th</sup>, 2012  
7:00 PM**

**Broadlands Nature Center  
21907 Claiborne Parkway  
Broadlands, VA 20148-4535**

We will be discussing the current status of our legal actions with our attorneys.

Should you have any questions, please contact Erika Cotti, SWHOA President at 571-222-4205. Thank you in advance for your time and consideration. We look forward to your participation at the Town Hall.

Sincerely,

Erika Cotti, President  
Southern Walk Homeowners Association Board of  
Directors

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*It's Your Turn To Have A Beautiful Yard!*

## **Make Your Garden an Investment & a Sanctuary**

**Save Money, Time & Energy  
Bring Butterflies and Birds Too!**

**Date:** Sunday, May 20<sup>th</sup>

**Time:** 2:00p.m. – 4:00p.m.

**Where:** Broadlands Community Center

### **What?**

- An expert presentation about sustainable landscaping for saving money and improving property value, gardening, lawn care and backyard habitat creation.
- An outdoor tour and discussion about additional community benefits.

This is a **free** program brought to you by the **Piedmont Environmental Council** with a grant from **Fairfax Water**.

For more information please contact  
Gem Bingol at (703) 431-6941 or Julie Bolthouse at 540-347-2334.

**Refreshments & Door Prizes!**



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## ***Scouting at Broadlands***

Audubon Naturalist Society at Broadlands provides an easy, fun-filled way to earn your nature and wildlife badges. We offer a variety of programs led by our Naturalist. Come and explore our nature center, pond, creek and experience nature up-close!

Programs are on Thursdays and run from 3:30p.m. - 4:30p.m. Participation is \$5.00 per scout and there is a 10 scout minimum requirement for the program to be held.

### **Upcoming Scout Programs:**

#### **Brownies:**

March 22 Flowers  
April 12 Water  
May 10 Earth and Sky

#### **Webelos:**

March 29 Naturalist  
April 26 Forester  
May 24 Geologist

Schedule your own program date. We offer these programs for Wolf and Bear Cubs and Junior Girl Scouts:

#### **Daisy Petal Program:**

Using Resources Wisely

#### **Brownies:**

Water!  
Household Elf  
Bugs  
Home Scientist  
Senses  
Hiker  
Letterboxer

#### **Juniors:**

Camper  
Flowers  
Geo Caching  
Animal Habitats  
Detective  
Gardener

#### **Cadettes:**

Trees  
Trailblazing

#### **Tiger Program:**

Let's Go Outdoors Achievement

#### **Wolf Cubs:**

Your Living World  
Birds Elective

#### **Bear Cubs:**

Take Care of Your Planet  
Sharing Your World with Wildlife

#### **Webelos Programs:**

Forester  
Naturalist  
Geologist

#### **Boy Scouts:**

Looking for ideas for Eagle or volunteer projects? I have many to share!

Contact Lisa Matthews at [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com) for more information or to schedule a program.



BYOB



4th Annual  
**earthday@**  
**LOUDOUN**  
**Family Festival**

**Sunday, April 22<sup>nd</sup>**

**11:00am – 4:00pm**

**42920 Broadlands Blvd. Broadlands, VA**

*Games*

*Activities*

**Live on Stage**

**The Vespers  
The Local Flavor  
The Acoustic Burgoo**

**Under the Sea  
Wildlife Ambassadors  
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Organized by Broadlands Wildlife Habitats Committee in Partnership with



**[www.EarthDayatLoudoun.org](http://www.EarthDayatLoudoun.org)**

**Info: 703-725-8040**

## TART LUMBER COMPANY, INC.

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*This kitchen was designed by Laura Gilbride, a Tart Lumber Design Consultant and Broadlands resident. To make an appointment to design your kitchen or bathroom, call (703) 450-5040 or e-mail [Lgilbride@tartlumber.com](mailto:Lgilbride@tartlumber.com).*



22183 Shaw Road  
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[www.tartlumber.com](http://www.tartlumber.com)



## Patriot Disposal Collection Schedule

### Mondays:

Trash and Yard Waste

### Thursdays:

Trash and Recycling

See page 11 to learn more about our new 64 gallon toters!



*Please have trash and recycling at the curb no later than 7:00a.m.*



**Notes from Your Neighbors....**  
**Ashburn Volunteer Fire & Rescue Department**  
[www.ashburnfirerescue.org](http://www.ashburnfirerescue.org)



### Pancake Breakfast at the Ashburn

**Firehouse 20688 Ashburn Road**

**8:00a.m. until Noon on the following dates:**

**April 1<sup>st</sup>, May 6<sup>th</sup>, and June 3<sup>rd</sup> 2012**



**Adults: \$6.00, Seniors: \$5.00, Children ages 3 - 8: \$4.00, Children 3 and under: Free**

Don't be fooled, this is the best breakfast in town! Bring the family out for a hearty breakfast of pancakes, eggs, bacon, sausage, biscuits and gravy, hash browns, coffee and juices. Here is the Chief getting breakfast ready!



**May 20<sup>th</sup>: Spring Open House at Station 6**

More information to follow!

Our Spring Open House is one way we show our thanks to you, our neighbors, for all your support. This is also the week we celebrate our Emergency Medical (EMS) personnel. We've packed the afternoon full of fun for the entire family.



**The Critter Corner**  
**By Dr. Steve Velling**  
**Ashburn Village Animal Hospital**  
**"Man's Best Friend"?**

Sometimes, contrary to the old saying, a dog can be man's worst enemy. With the recent publicity surrounding a Denver television news anchor who was reporting on a rescued dog and then was bitten by the same dog as she leaned to pet him, I thought it prudent to write about dog bites.

In a typical year, 12 people in the U.S. are killed and more than 1 million require medical attention for dog-bite injuries. Well over half of all dog-bite victims are children, and more than half of children over age 12 report being bitten by a dog at least once.

The Humane Society of the United States has several tips to reduce the chance that your pet will attack:

- 1) Spay or neuter your dog. Dogs that are not spayed or neutered are three times more likely to attack or bite.
- 2) Train and socialize your dog so that it is comfortable being around people.
- 3) Never play "attack" games. A dog won't understand the difference between play and real life.
- 4) Never approach a dog you don't know or a dog that is alone without its owner.
- 5) Don't disturb a dog that is sleeping or eating.
- 6) Don't pet a dog without letting it see and sniff you first.
- 7) When approached by a dog you don't know, don't run or scream. Instead, stand still with your hands at your sides and do not make direct eye contact. Teach children to "be a tree" until the dog goes away.
- 8) If knocked down, curl into a ball, cover your ears, and lie still until the dog goes away.

With so many dogs and children in Ashburn, there are many chances for dog bites to occur. I hope these tips help lessen those chances, so that we can all enjoy our terrific community.

Until next time,  
Dr. Steve, [www.ashburnanimals.com](http://www.ashburnanimals.com)



**WE NEED YOU!**

***Do you need volunteer hours?***  
***Or would you like some busy work?***

Calling all volunteers! We need some help around the Nature Center. Our poor stuffed animals need repair, the creek and meadow have too much trash and we would love to have a sunning ramp for the wild turtles in the pond and a dock to take a dip from. Can you help? The dock and sunning ramp would make a great scout project for Eagle Scouts or Senior Girl Scouts or an Environmental club at the high school level or above.

Please contact Lisa at [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com) if you are able to help us out!



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## Broadlands Wildlife Habitats Committee

*Creating Naturally Healthier Surroundings*

### We Are Seeking Coordinators and Organizers

#### Annual Projects

##### EarthDay@Loudoun

*4<sup>th</sup> Year Anniversary Celebration of becoming a Community Certified Wildlife Habitats by National Wildlife Federation.*

#### Family Nature Programs

*Talks, Walks, Presentations and More. Working together with local environmental organizations like the Loudoun Wildlife Conservancy we bring programs to you!*

#### Sustainable Living

*Rain barrels, composting, gardening, recycling and saving energy! Our committee website provides information with local resources. We plan workshops to learn and find practical, "greener" ways to implement in your family life.*

#### Fall Virginia Native Plant Sale

*Nurseries and tree growers who bring hard to find native plants for your garden at the best time to plant. This fall plant sale happens annually at the Broadlands Nature Center.*

**Our Committee** with recognized and awarded accomplishments needs your help. Can you do organizing, purchasing, writing, editing, coordinating and project development?

**We are at a critical shortage of volunteers.**

We welcome as much available time as you have to offer. **Please Call: Oya Simpson, Chair @ 703-725-8040 to find out more.**



## Kritters For Kids

*By Broadlands Naturalist, Lisa Matthews*

Spring is coming so we can expect to see many birds, frogs, salamanders and turtles out and about. It is important to be careful with all of our wild friends and to help them out without harming them.

Turtles have huge homes (or territories) and, from spring to fall some of them travel up to fifty miles. If you see one crossing the road, or trying to, it is important to help it go in the direction that it is already headed. They are very stubborn creatures and know their route. Please do not take them somewhere else because they won't know where the food is and could possibly die. Also, do not put them in the water because they may not be water turtles.

Feeding animals that live in the ponds is really fun, however, most people feed them bread and often times the plastic bags fall into the ponds. Both the bread and the trash are very bad for our pond dwellers. They might inadvertently eat the plastic and get sick and/or die. Bread is like candy for animals (do you eat candy all the time?). When they eat lots of bread, they do not eat the foods that they need to make strong eggs and strong healthy babies. They can also suffer from bone diseases and get sick from bacteria and viruses more easily.

The best foods for our pond friends are those that provide the nutrients, minerals and vitamins they need for healthy growth and development. Many of these foods are similar to the natural seeds, grains and plants the birds will forage for on their own.

#### The best foods to offer include:

- Cracked corn
- Wheat
- Barley
- Oats
- Milo
- Birdseed
- Grapes (cut in half)
- Frozen peas or corn (defrosted)
- Earthworms
- Chopped lettuce
- Vegetable trimmings or peels (chopped)

***For your convenience, we are selling packaged food for pond animals at \$1.00 per pound at the Nature Center that is better for them. Stop by and pick up a bag or two. It will take a little time for the animals to go for it, but once they do, they will be happy to gobble up the nutritious food!***

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# Audubon Naturalist at Broadlands

## Summer Nature Camp

### Kids Grow Better Outside!

All camps take place at the Broadlands Nature Center.  
For more information about camps and registration, visit  
[www.auduboncamp.org](http://www.auduboncamp.org) or [www.broadlandshoa.org](http://www.broadlandshoa.org)

#### Elementary School Camps:

**Cost:** ½ day camp: Residents \$120/Non-Residents \$160  
Full day camp: Residents \$200/Non-Residents \$240

**Pre-k/K:** Children must be 4 years old by the start of camp.

**Animal Art: 6/18 - 6/22, 9:00am. - Noon**

Discover the animals at Broadlands through drawing, painting, constructing, and acting in this imaginative camp.

**Dirt Worms and Other Ickys: 6/25 - 6/29, 9:00a.m. - Noon**

Exploration of worms, slugs and snakes are just the beginning as we discover what's really lurking in the soil beneath our feet.

#### 1<sup>st</sup> - 2<sup>nd</sup> Grade Camps

**Talons and Teeth: 6/18 - 6/22, 1:00p.m. - 4:00p.m.**

In this camp we will look for large and small predators and learn about how they find their prey

**Caring for Critters: 6/25 - 6/29, 1:00p.m. - 4:00p.m.**

Meet and care for a different animal every day in this hands-on camp.

#### 3<sup>rd</sup> - 4<sup>th</sup> Grade Camps

**Super Sleuths: 8/20-8/24, 9:00a.m. - 3:00p.m.**

Join the ranks of forensic investigators in this exciting camp. We will learn about the science of evidence collecting and interpretation as we follow clues to solve natural and human mysteries.

#### Middle and High School Traveling Camps:

**Cost:** Residents \$500/Non-Residents \$570

**BayQuest: 5<sup>th</sup> - 6<sup>th</sup> grade 7/23 - 7/27, 9:00a.m. - 4:00p.m.** Our adventure begins at the Broadlands Nature Center, then we'll travel by bus to Echo Hill Outdoor School for a three-day, two-night excursion on the Chester River. This camp is a great introduction to the overnight camp experience.

**Advanced Bay Quest 7<sup>th</sup>-9<sup>th</sup> grade 8/6-8/10 9am-4pm** M-F are overnight stays at Echo Hill Outdoor School on the Chester River. We return to Broadlands Friday afternoon.

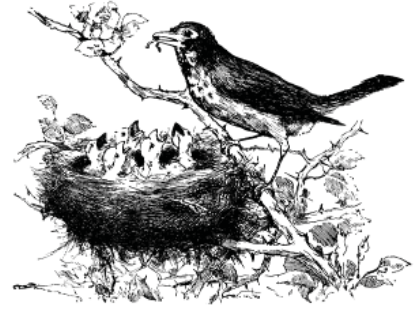


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## From the Naturalist...

By Broadlands Naturalist, Lisa Matthews

It's **APRIL**...*Already?* Bring on the Spring-time Fun! I am so glad it is April because there is so much to do this month. Festivals and spring nature programs are "springing" up all around starting with the Cherry Blossom Festival downtown until April 27<sup>th</sup>.



**Saturday April 14<sup>th</sup>** come and visit the Nature Center and celebrate the bunnies' birthdays. We will have exotic pet veterinarian Meredith Davis visiting to talk to you about the care of these amazing animals. Remember, please always adopt before considering a store bought animal.

Merrimac Farms Bluebell Festival is on **Sunday, April 15<sup>th</sup> 10:00a.m. – 4:00p.m.** Have you ever seen a field full of Virginia bluebells? Bring your family and view the spectacular display that carpets the floodplain of Cedar Run at Merrimac Farm WMA for over a mile. Naturalists are on hand to talk about the butterflies, various habitats, birds and frogs that live at the wildlife preserve. Food and beverages will be offered for sale. Please visit the website for advice on how to dress for your adventure, <http://www.pwconserve.org/merrimacfarm/bluebellfestival/index.html>.

Interested in a quieter activity? Also on **Sunday, April 15<sup>th</sup>, 3:00p.m. - 4:30p.m.** Rust Sanctuary is offering the Adult Lecture Series: **In Search of Native Orchids: A personal travelogue with Hayden Matthews.** A knowledgeable, amusing, and passionate interpreter of the natural and cultural history of the Chesapeake Bay region, Hayden Mathews has been hiking, paddling and photographing in the tri-state area for over 40 years and has been offering tours, talks and workshops in the Washington, D.C. metropolitan area since 1997 through his 'River Stories' business. For more information on this program, please visit the website, <http://www.anshome.org/default.asp?page=515#nature>.

**Earth Day Loudoun County, April 22<sup>nd</sup> 11:00a.m. – 4:00p.m.**

It's right in your backyard...or rather, in "Clyde's" backyard. This is a wonderful tribute to Earth Day. You and your family will enjoy interesting entertainment, activities, food and games and there will be experts on hand to answer your questions on ways you can be more green! <http://www.earthdayatloudoun.org/>.

**April 28<sup>th</sup> and 29<sup>th</sup> will be the festivals of all festivals...The National Science and Engineering Festival.**

This is an interesting and exciting event. This one is not to be missed! Events are Saturday 10:00a.m. – 6:00p.m. and Sunday 10:00a.m. – 4:00p.m.

There will 3,000 interactive exhibits, 100 stage shows, 33 author presentations and major science celebrities like Bill Nye, Mayim Bialik (from The Big Bang Theory), and the Mythbusters will be there. In addition, there are flight simulators, virtual reality environments and surgical robots. The Expo is not a Science Fair static poster session but rather a dynamic, hands-on, interactive, fun and entertaining set of activities, displays and demonstrations. There is more stuff than you can do in one day so plan to come for both days as there will be different stage shows on each day.

This event is tailored to **everyone!** They have planned Thematic Tracks for every visitor's age to better plan their day. Visit: <http://www.usasciencefestival.org/thematic-tracks>. A real benefit to your **High School student** is that Universities bring demos and displays of their latest technology. They can speak with students and professors for whatever sparks their interest. There will be a Career Pavilion, a Job Fair, and a Meet the Scientist/Engineer Networking area.

This event is **FREE** of charge and is worth the travel to DC...even on a weekend. Really!





The Audubon Naturalist Society and the Broadlands HOA have partnered to provide nature programs for the community. All programs meet at the Nature Center. We will go outside for most programs so please dress appropriately for the weather and wear sturdy shoes.

## Upcoming Nature Programs

### Creepy Crawlies

**Ages:** 4 and 5 year olds (PreK and K)

**Days and Times:** Fridays 9:30a.m. - 10:30a.m., April 20<sup>th</sup>-May 25<sup>th</sup>

**Cost:** \$30.00 for a 6 week session

Creepy Crawlies, friend or foe, predator or prey? Through exploration, we will find out where they live, what they eat and who eats them. We will enjoy sharing outdoor adventures, songs, stories and crafts during this program.

Week 1: Intro to Invertebrates

Week 2: Moths and Butterflies

Week 3: Slugs, Snails and Roly Polys

Week 4: Spiders

Week 5: Turtles and Frogs

Week 6: Praying Mantises and Lady Bugs

### Lil Diggers

**Ages:** 18 mos-3 years

**Days and Times:** Fridays 10:45a.m. - 11:30a.m., April 20<sup>th</sup> - May 25<sup>th</sup>

**Cost:** \$30.00 for a 6 week session

What is under the ground? Let's find out! We will arm our little friends with tools to dig and let them examine their treasures. Our digging adventures will be on various trails in Broadlands. In inclement weather, we will visit the Nature Center and enjoy crafts, stories, songs and visiting the animals.

### In Danger!

**Grades:** 1<sup>st</sup> - 4<sup>th</sup>

**Days and Times:** Wednesdays 3:00p.m. - 4:00p.m., April 18<sup>th</sup>-May 23<sup>rd</sup>

**Cost:** \$30.00 for a 6 week session

Each week we will explore how plants and animals become endangered and the different steps we can take to help. We will learn about their plight through games, investigations and experimentation.

Week 1: Intro to Endangered Animals

Week 2: Habitat Loss

Week 3: Pollution

Week 4: Invasive Species

Week 5: Food Web Disruption

Week 6: Climate Change

**For students at Mill Run Elementary, pick up will be available afterschool with prior arrangement (Please bring a snack).**

For more information or to register, please call 703-729-9704 or email [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com).





## **2<sup>nd</sup> Saturday Family Programs at Noon!**

### **Meet our Nature Center Family and Celebrate the Rabbits' Birthday!**

**April 14<sup>th</sup> Noon-1:00p.m.**

Come help us celebrate the rabbits' birthday and have the opportunity to touch a toad, pat the bunny, and even stroke a snake! Do you have a favorite animal at the Nature Center? This Saturday we will visit each of our animal friends in the Nature Center, learn a little about them from our Naturalist and meet Dr. Meredith Davis, Exotic Pet Veterinarian, and find out how to care for exotic pets at your home. Come and get to know your favorite residents a little bit better!

### **Pond Day at Broadlands Nature Center**

**May 12<sup>th</sup>, Noon-1:00p.m.**

Fish? Tadpoles? Eeew! What's that? Is that really a dragonfly baby? What will we find in the depths below? Bring your boots (and perhaps a change of clothes) to explore the creatures that we can find in our pond at Broadlands Nature Center!

### **Butterflies and Bees: Make a Drinking Dish**

**June 9<sup>th</sup>, Noon-1:00p.m.**

We might be in for a long, hot and dry summer! The native bees and butterflies will need a good watering hole to visit. Come this Saturday and make a special watering place for our winged friends and learn about our native bees and butterflies. There may be an additional fee for supplies and/or for additional dish kits (one dish per family). Be dressed for a mess!

### **Cost of Saturday Family Programs**

1 adult and one child: \$5.00

Family up to 5 members: \$10.00

Additional family members: \$2.50

Programs are one hour, residents and non-residents are welcome!

Sunny, our Corn Snake is fed at the end of each program!

For more information or to register, please call 703-729-9704 or email [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com).



## Loudoun Ballet Presents *The Sleeping Beauty*

Enjoy lovely dancing and the glorious music of Tchaikovsky at a performance of the classic ballet, *The Sleeping Beauty* on Saturday, April 28th and Sunday, April 29th at Potomac Falls High School in Potomac Falls. Matinee performances will be held at 4:00p.m. each day.



Loudoun Ballet is proud to present this opulent new production to the community. Partake in the fairytale majesty of a different era. Sumptuous costuming, intriguing set design, and a cast of over 80 tell the classic tale of good versus evil, and the ultimate triumph of true love. Featuring guest artist Norbert Nirewicz.

Additional information and on-line tickets are available at [www.loudounballet.org](http://www.loudounballet.org). Advance purchase tickets: adult tickets are \$20.00 and \$25.00 (premium reserved), with \$15.00 discounted tickets available for children (12 & under) and seniors (60 & over). On performance days, all tickets at the door are \$25.00.

## OATLANDS 200 YEARS OF HISTORY—MINUTES AWAY

Come for a tour or for afternoon tea.

Visit our gift shop for that perfect item.

Find serenity in our 4 acre garden.



Offering week long summer camps with fun of historic proportions!

See our calendar of events at [www.oatlands.org](http://www.oatlands.org) for fun, family friendly things to do.

**Property Rentals:** Business Meetings, Company Picnics, Corporate Retreats, Holiday Parties, Weddings, Rehearsal Dinners

703.777.3174 • [www.oatlands.org](http://www.oatlands.org)

Located 14 miles west of Ashburn on Rt. 15.



# Broadlands Subway is UNDER NEW OWNERSHIP!

**Help us Celebrate with this great offer!**

**Come in April 14th from 11am-6pm  
and Get any Regular 6-inch Sub for just \$1!**

Valid only on 4/14/12. Offer valid only at Broadlands Subway 43150 Broadlands Center Ashburn, VA  
Excludes Premium Subs. One coupon per customer per visit. Not valid with any other offers or discounts.  
©2012 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.

## 43150 Broadlands Center    Ashburn, VA 20148





# Easter Dinner At It's Best

## EASY ROASTED RACK OF LAMB

### Ingredients

- 1/2 cup fresh bread crumbs
- 2 tablespoons minced garlic
- 2 tablespoons chopped fresh rosemary
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 2 tablespoons olive oil
- 1 (7 bone) rack of lamb, trimmed and frenched
- 1 teaspoon salt
- 1 teaspoon black pepper
- 2 tablespoons olive oil
- 1 tablespoon Dijon mustard



Preheat oven to 450 degrees F). Move oven rack to the center position. In a large bowl, combine bread crumbs, garlic, rosemary, 1 teaspoon salt and 1/4 teaspoon pepper. Toss in 2 tablespoons olive oil to moisten mixture. Set aside. Season the rack all over with salt and pepper. Heat 2 tablespoons olive oil in a large heavy oven proof skillet over high heat. Sear rack of lamb for 1 to 2 minutes on all sides. Set aside for a few minutes. Brush rack of lamb with the mustard. Roll in the bread crumb mixture until evenly coated. Cover the ends of the bones with foil to prevent charring. Arrange the rack bone side down in the skillet. Roast the lamb in preheated oven for 12 to 18 minutes, depending on the degree of doneness you want. With a meat thermometer, take a reading in the center of the meat after 10 to 12 minutes and remove the meat, or let it cook longer, to your taste. Let it rest for 5 to 7 minutes, loosely covered, before carving between the ribs. Serves 4. *Allrecipes.com*

## POTATO GRATINS WITH GRUYERE CHEESE

### Ingredients

- 1 cup freshly grated Gruyere cheese
- 1 clove of garlic, peeled and cut in half
- 2 lbs of russet baking potatoes, peeled and sliced very thinly
- 1 cup heavy cream
- Salt
- Freshly-ground Pepper
- Nutmeg



Preheat oven to 350 degrees F. Rub the inside of a baking dish all over with the garlic. Layer half the potatoes in the dish. Sprinkle with salt, pepper, and a very little bit of nutmeg. Sprinkle on half the cheese. Pour half the cream over the potato/cheese layer. Repeat with a second layer. Bake, uncovered, until the top is crisp and golden brown. It should take about 50-60 minutes, but keep checking it. Serves 4-6. *Chowhound.com*

**Congratulations to March's contest winner: Sianny Schira**

## Win a \$25 Gift Certificate to &< Bonefish Grill !

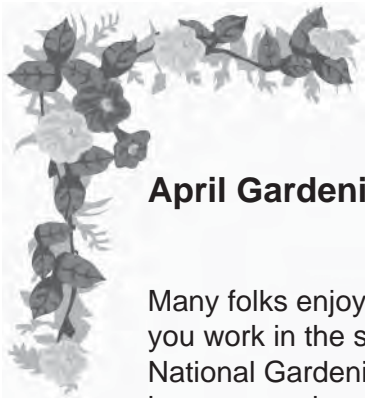
Unscramble the following **Easter words**, and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than **April 9, 2012**. *Be sure to include your name and telephone number.* Good Luck!

1. teskab \_\_\_\_\_
2. ybnnu \_\_\_\_\_
3. geg tnhu \_\_\_\_\_
4. yljle seabn \_\_\_\_\_
5. ccteaoloh \_\_\_\_\_

### CONTACT INFO:

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_



## April Gardening Events

Many folks enjoy getting their hands in the soil (you know dirt is what you get on you when you work in the soil!). April is National Garden Month. The National Garden Bureau & the National Gardening Association have joined voices to sing the praises of gardening. To learn more about these two organizations visit their websites: [www.ngb.org](http://www.ngb.org) and [www.garden.org](http://www.garden.org).

To gather information, ideas and inspiration for your own garden, consider attending local gardening events scheduled for April:

**Loudoun Master Garden Monthly Lecture**, April 5, 7 pm, Loudoun Extension Office, 30 Catoctin Circle SE, Suite B (Wells Fargo Bank Building), Leesburg, VA 20175. Free admission. Denise Palmer will discuss vertical gardening. For more information go to: [www.loudouncountymastergardeners.org](http://www.loudouncountymastergardeners.org).

**The Leesburg Flower and Garden Festival** is April 21 - 22. This festival features everything related to gardening. You will find gardening tools, containers, landscape design companies touting their design work, and plants galore. The Master Gardener Volunteers grow tomatoes, peppers, and herbs and have them for sale at the Festival. Stop by and check them out if you need great transplants for your garden. Proceeds support their community educational outreach activities throughout the year. For more information on the Festival visit their website: [www.idalee.org/parks/events/FlowerGarden/](http://www.idalee.org/parks/events/FlowerGarden/).

**Historic Garden Week in Virginia** is April 21-28. This year the Fauquier-Loudoun Garden Clubs will feature gardens and farms on their tour in the Middleburg/Upperville area on Sunday, April 22 (1-5 pm) and Monday, April 23 (10 am-5 pm). To learn more, check out The Garden Club of Virginia website: [www.vagardenweek.org/](http://www.vagardenweek.org/). You can purchase tickets for the tour and pick up an informational booklet at the Loudoun Convention & Visitors Center at 112 South Street, SE, Suite G, Leesburg.

**Loudoun County's Arbor Day Celebration** will be Saturday, April 28 (10 am – 3 pm), at Morven Park's Mansion & Grounds, 17263 Southern Planter Lane, Leesburg, VA 20176. Enjoy demonstrations, crafts, kids' activities, food, and much more as we celebrate together the many wonders and benefits of trees. Free admission. To learn more about Morven Park visit their website: [www.morvenpark.com](http://www.morvenpark.com).

If you have questions on gardening or the environment, contact the Loudoun County Master Gardener Volunteers at their Help Desk Office at 703-771-5150 or [ex107mg@vt.edu](mailto:ex107mg@vt.edu) or stop by the Help Desk located in the Loudoun County Extension Office at 30 Catoctin Circle SE, Suite B (Wells Fargo Bank Building), Leesburg.

Debbie D. Dillion  
Urban Horticulturist  
Loudoun County Extension



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## A Kitchen Makeover to Makeover Your Waistline - Part 1

By Katie Herbert CPT, [Fitness.innovations@gmail.com](mailto:Fitness.innovations@gmail.com)



As a Personal Trainer I generally see my clients from 1-3 hours per week. That means that my time to control my client's environment is miniscule compared to the other 165 hours that are in a week. Even the most dedicated individuals that put in 5 or more hours of exercise can face some tough challenges outside of the gym that can negatively affect their willpower. While I would love to believe that exercise alone can cure all, I am realistic enough to know that nutrition plays a pivotal role in weight loss and maintenance as well as overall health.

So how can we make ourselves more accountable for the hours outside of the gym and improve our nutrition? It starts with controlling the one place that you have complete control over, your own home. We all know that dining out can be a real challenge and can wreak havoc on a healthy diet, unlike your own kitchen, which is your domain and can be a controlled environment.

Before you can change anything, you need to do a real assessment of the situation. As you evaluate, be honest with yourself and drop the excuses. If you truly want to make a change you have to accept that something is broken. Remind yourself that it is ok that things aren't perfect today because you are ready to make them better tomorrow and everyday after. However, if you go through this and have an excuse at each section why the changes won't work for you, then you are right, you can't change what you won't acknowledge.

First, imagine yourself coming home from a long day of work and what may "greet" you as you open the door. If there is a candy or snack jar sitting out, that will be the first item to go. I know that it seems nice and welcoming to have a bowl of M&M's out for guests, but be honest with yourself, do you ever walk by without grabbing a handful? These little bowls, while a nice gesture can do so much unintended harm, why tempt yourself every time you pass by?

Now as you move on into the kitchen, look around your countertops. Do you have anything sitting out? I am all for a bowl of fruit, but anything beyond that should be put away. Think about yourself making dinner, you are tired, hungry and trying to divide your attention between preparing a meal and listening to your kids stories about school. You may have a jar of nuts sitting out and as you cook you have a few small handfuls... after all, nuts are good for you. The problem is that without paying attention, you have no idea how much you just ate. In this case, even though this was a healthy choice to have out, the mindless eating will sabotage your diet just as quickly as the candy dish. Clear off the countertops.

Next, think about where you eat your meals. Do you eat them in front of the TV? Are you a stand-up eater? Do you sit down at the table and eat? If you find that you are having a hard time with weight loss, really give this question some thought. Eating while on the go or while zoning out to the television can lead to consuming many more calories than intended. Identifying an eating space in the house can help lead to more mindful eating and will lead to better portion control, not to mention the family bonding that can take place when a meal is eaten together sans distraction.

This can be said for snacking as well. Many people find nighttime snacking to be a pitfall. If you are in that category allow yourself to snack only at the kitchen table. If you need a snack before bed, stick to the no bag rule: any and all snacks must be consumed from a bowl, not the original package. It is impossible to keep track of portion while grabbing handfuls of chips out of a full bag. Even healthier options can turn on you if you over-eat the serving size.

This leads to looking into your cabinets, I'm not even talking about looking at the food yet, just look at your plates, bowls and cups. Most of us these days have gigantic dinner plates, mammoth cereal bowls and juice glasses large enough to hold juice for an army. Switch your serving dishes one size down, instantly your portions are reduced and your caloric intake shrinks.

For some of you this mental exercise may have been exhausting and you feel like you have to change everything. Don't feel too overwhelmed and don't change everything at once if it seems too big a task. Pick one or two ideas and implement them for two weeks. When you feel comfortable with those changes add in another one or two and so on. Keep in mind that while small, all of these changes add up to big results.

Next month we will look deeper into the pantry and see what is lurking in there. Good luck with the first steps in your kitchen makeover!



## Pool Season is Coming Up... Do You Know Where Your Pool Passes Are?

It's time to start looking in the bottom of your pool bag or maybe in the drawer with the swimsuits for your Broadlands Photo ID pool passes. Everyone aged 5 and up who wishes to gain admission to the pools will need one. If you are an owner and have the pool passes you used last year, you do not need to reapply. We will electronically reactivate them. If you cannot find your passes, new ones can be issued free of charge prior to the opening of the pool on May 26, 2012. After the pool opens, replacement cards are \$5.00 each. If you want a new picture for your replacement pass there is a charge of \$7.00 regardless of when the pass is issued.

**New Residents**, you must fill out an application, return it to the Nature Center and have your photos taken. Applications are available at the Nature Center, in this newsletter, on page 27, or online at [www.broadlandshoa.org](http://www.broadlandshoa.org). Click on Pool Information in the Directory on the left hand side of the home page. Pool passes are issued to each individual age 5 and up living in the household. A household consists of all persons **permanently** living in the dwelling, including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

**Tenants** must also apply for pool membership. **The owner and tenant must complete a Tenant Membership application for the 2012 season even if the tenants were members in 2011.** Tenants may use the passes they have, but they will not be activated until an application is received at the HOA office. Applications are available at the Nature Center, in this newsletter on page 28, and online at [www.broadlandshoa.org](http://www.broadlandshoa.org).

**Residents** If any of your children have turned five since last summer or will be five by June 1, 2012, they must have a picture taken and a pass made. Please use the resident application form on page 27 and return it to the Nature Center to add them to your family data base. Any individual who has turned 18 since last pool season will need a new adult card made as well.

Beginning April 2nd, pictures will be taken at the Nature Center from 9 am to 5 pm Monday through Friday on a first come first served basis. Additionally, the Nature Center will be open for photographs on **April 7<sup>th</sup>, April 14<sup>th</sup>, April 29<sup>th</sup>, May 6<sup>th</sup> and May 12<sup>th</sup> from 10:00a.m. to 2:00p.m. and on April 19<sup>th</sup> and May 17<sup>th</sup> from 6:00p.m. to 9:00p.m.**

Prior to having the photo taken, all adults 18 and up must show a photo ID and proof of address.

**Photos will not be taken if acceptable proof of identity and address are not available.**

Acceptable photo IDs include:

- Driver's License
- School, Military or Work Photo ID
- State Issued Non-Driver Photo ID
- Current Passport
- Current Resident Alien Photo ID

Acceptable Proof of Address include:

- Payroll Stub issued within the last 60 days
- 2011 W-2 or 1099
- Original Bank Statement issued within the last 60 days
- Utility bill issued within the last 60 days
- Current Virginia Voter Registration Card
- Settlement Papers or Deed
- Current Homeowners Insurance Policy

Non-resident caregivers are able to obtain a pass for \$40 for the season. They should be noted as non-resident caregivers on the resident's application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the caregiver to the photo session and show proof of identity and address.

Up to 5 long term house guests may obtain pool passes for \$40 per person for the season or \$15 per person for a month (30 consecutive days) or \$5 per person for seven consecutive days. They must be noted as non-resident house guests on the resident's application. The fees must be paid at the time their photo is taken and the pass issued. The resident must accompany the guests to the photo session and show proof of identity and address.

Ten guest passes are allocated to each **residence**. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility.

Please direct questions to the Nature Center at 703-729-9704.



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## BROADLANDS 2012 POOL MEMBERSHIP APPLICATION

This application form **MUST BE SIGNED BY THE OWNER** who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMERGENCY CONTACT NUMBER: \_\_\_\_\_ EMAIL \_\_\_\_\_

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons age 5 and up (as of June 1, 2012) and under the age of 18**. Children under 5 do not require passes. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Office use:

Pics Done

	Name	Relationship to Owner	D.O.B. if under 18
		Owner	

*(Use back if necessary)*

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

\_\_\_\_\_  
Signature of Owner

\_\_\_\_\_  
Date

Office Use Only:

Rec'd: \_\_\_/\_\_\_/\_\_\_ If purchasing additional guest passes: check # \_\_\_\_\_ check \$ \_\_\_\_\_

Entered ☐

Complete ☐

## BROADLANDS 2012 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form **MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT**, if pool privileges will be transferred to a tenant. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER'S NAME: \_\_\_\_\_

OWNER'S ADDRESS: \_\_\_\_\_

### TENANT INFORMATION (If privileges are transferred to tenant)

TENANT NAME: \_\_\_\_\_

BROADLANDS ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

EMERGENCY CONTACT #: \_\_\_\_\_ Email Address \_\_\_\_\_

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons age 5 and up (as of June 1, 2012) and under the age of 18**. Children under 5 do not require passes. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Office use:

Pics Done	Name	Relationship to Renter	D.O.B. if under 18
		Tenant	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature Tenants(s) \_\_\_\_\_ Date \_\_\_\_\_

**As the owner(s) of the referenced unit, I hereby transfer my right to use the pool facilities to my tenant(s).**

Signature of Owner(s) \_\_\_\_\_ Date \_\_\_\_\_

### Office Use Only

Rec'd: \_\_\_/\_\_\_/\_\_\_ If purchasing additional guest passes: check # \_\_\_\_\_ check \$ \_\_\_\_\_

Entered ☐

Complete ☐



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# **BROADLANDS POOL RULES**

MEMBERS **MUST COMPLY** WITH ALL LIFEGUARD INSTRUCTIONS

## **GENERAL RULES**

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or “Swimmies” (swim diaper) under their bathing suit.
- Children 10 years or younger **MUST BE** accompanied and supervised by an adult or care provider at least 14 years old
- Pool members **are responsible** for the conduct of their guests
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Parents **are responsible** for the safety and conduct of all children in their care
- **Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules**

For your information:

- *Members using the pools do so at their own risk.*
- *No Lifeguards are on duty at the wading pools.*

The complete text of the Broadlands Pool Rules is available at the Association Office or on the website  
[www.broadlandshoa.org](http://www.broadlandshoa.org)

Revised February 7, 2008

## BROADLANDS TENNIS PROGRAMS

### Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands Community. For details and registration forms visit [www.LuisTennis.org](http://www.LuisTennis.org).

#### ENROLLMENT IS OPEN!

We offer 20% off Family discount

**SPRING CAMP – April 2 - April 6**

**SUMMER CAMP – June 25 - August 17**

(Weekly Sessions, Mon-Fri)

**Full Day** (9am - 5pm) \$375 resident / \$395 non-resident per week

**Half Day** (9am - 1pm or 1pm - 5pm) \$220 resident / \$235 non-resident per week

#### CLINICS – 8 WEEK SESSIONS

Session II - (Apr 23 – Jun 17)

Session III - (Jun 18 – Aug 12)

Session IV - (Aug 13 – Oct 7)

#### 45 MIN JUNIOR CLINIC (ages 4-5) All levels

Mon – Fri, 4:15pm

#### 1 HR JUNIOR CLINIC (ages 6-16)

**Beginner / Intermediate**

Mon – Fri, 5:00pm & 6pm

Sat & Sun, 10:00am & 11am

#### 1.5 HR JUNIOR CLINIC (ages 10-16)

**Advanced / Intermediate**

Mon – Fri, 6pm

Sat & Sun, 10:00am, 11am

#### 1.5 HR ADULT CLINIC – All levels

Mon – Fri, 7:30am, 9am, 10:30am

Mon – Fri, 7pm & 8:30pm

Sat & Sun, 8:30am



#### BROADLANDS RESIDENT / NON RESIDENT PRICING:

##### 45 MIN CLASS (As low as \$14.00 per class)

\$96 / \$112 per session (8 weeks) 1 class a week

\$176 / \$208 per session (8 weeks) 2 classes a week

\$240 / \$288 per session (8 weeks) 3 classes a week

**Clinic Drop-In Fee:** \$16 resident; \$18 non-resident

##### 1 HR CLASS (As low as \$14.00 per class)

\$128 / \$144 per session (8 weeks) 1 class a week

\$240 / \$272 per session (8 weeks) 2 classes a week

\$336 / \$384 per session (8 weeks) 3 classes a week

**Clinic Drop-In Fee:** \$20 resident; \$22 non-resident

##### 1.5 HR CLASS (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week

\$336 / \$384 per session (8 weeks) 2 classes a week

\$468 / \$540 per session (8 weeks) 3 classes a week

**Clinic Drop-In Fee:** \$28 resident; \$30 non-resident

#### WEEKLY JUNIOR ROUND ROBIN TOURNAMENTS

**(\$20.00 per Tournament)**

11 years and over – Sat & Sun, 12pm - 2pm

10 years and under – Sat & Sun, 12pm - 2pm

#### PRIVATE/GROUP LESSONS

**(1 player \$60, 2P \$35 each, 3P \$25 each)**

- Stroke analysis and evaluation; an objective assessment
- Weakness identification and improvement of fundamentals
- Stroke development; technique, theory, and practice
- Advanced hitting practice

If you have any questions, please email Luis Rosado  
[LuisTennisAcademy@gmail.com](mailto:LuisTennisAcademy@gmail.com) [broadlandstennis@yahoo.com](mailto:broadlandstennis@yahoo.com)

## SPRING INTO THE Ashburn Ice House

We offer

### Learn To Skate Lessons Daily Public Skating Birthday Parties

For More Information call

**703-858-0300**

or visit our Web Site at  
[www.ashburnice.com](http://www.ashburnice.com)

#### Public Skate Admission Rates:

Adults (13 and up): \$8.00

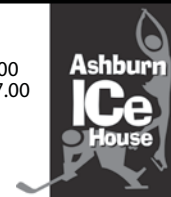
Children (Under 13): \$7.00

Seniors: \$5.00

Skate Rental: \$4.00

Group Skate: \$8.00

Cheapskates: \$7.00



**Registrations  
for Summer  
Camp now  
being accepted**

**A Great Place  
To Skate**

21595 Smith Switch Rd.  
Ashburn, VA 20147  
[www.ashburnice.com](http://www.ashburnice.com)



**SPECIAL OFFER!** Drama Kids Summer Camp

Looking for Dramatic fun?

Drama Kids Summer Camp has new and exciting drama activities each day for non-stop fun. Learn acting skills and star in a special end-of-camp performance. Join us for a dramatically fun summer!

**Grades 1 – 5:** July 9 – 13 & 16 – 20  
Half day and extended days

**Grades 6 – 9:** July 23 – 27  
9:00 a.m. – 3:00 p.m.

**Camp held weekly at Brambleton Community Center**

Visit [www.dramakids.com/va4](http://www.dramakids.com/va4)

- Prices; earlybird discount thru March 31st
- Session Information
- Registration

**For questions please call us 703.726.1226!**

44611 Guilford Dr. #160  
Ashburn, VA 20147  
www.phoenixtkd.net  
703.858.3998

## PHOENIX TAEKWONDO

After School  
Program  
Available!

Free  
Trials!

We feature the largest facility in  
Ashburn with 2 studios, a game  
room and a computer lab

- Taekwondo for All Ages
- Afterschool Taekwondo
- Summer Camps

CONFIDENCE RESPECT  
DISCIPLINE FITNESS

Join Our Family &  
Experience the  
Difference



Friendly & Respected Staff

## Join the 5th Annual Brambleton Ribbon Run/Walk on Saturday, April 14th

Looking for a way to get involved with your community while giving back to a great cause this spring? Sign up to participate in the 5<sup>th</sup> Annual Brambleton Ribbon Run/Walk. All of the proceeds from the race will be donated to The Step Sisters, a local, non-profit organization dedicated to raising funds to help fight breast cancer.



Rain or shine, this community event attracts runners and walkers of all age groups and fitness group, including children participating in the "Kids Fun Run" and brings together an estimated 2,000 runners and walkers from the Brambleton community and surrounding neighborhoods all united in an effort to fight breast cancer. The event will begin at 7:30 in the morning with the 10K and 5k race followed by a "Kids Fun Run" at 9:15a.m. The awards ceremony will immediately follow the "Kids Fun Run" at 9:30a.m.

There are also plenty of volunteer opportunities! For complete event details, including volunteer opportunities and registration visit [www.brambletonribbonrun.com](http://www.brambletonribbonrun.com).

The Step Sisters, a local, non-profit organization, is a team of women and men living in the Brambleton community and beyond that joined together five years ago. They are



made up of breast cancer survivors, as well as mothers, sisters, daughters, brothers, sons and fathers who have all been touched by the horrible disease in one way or another and is dedicated to raising funds to help fight breast cancer. For more information or to make a donation, please visit [www.stepsisters.org](http://www.stepsisters.org).



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## Battle Lyme Disease at the Loudoun Lyme 5K



For Steve Gotschi's wife, it started with unexplained aches, pains, and fevers. There were days when complete exhaustion prevented her from getting out of bed. She went from doctor's appointment to doctor's appointment trying to find the reason for her health decline...and still no answers—only more questions. After a long, frustrating year, the Gotschi family finally got a diagnosis for the disease that had ravaged her health: Lyme disease.

Unfortunately this is a familiar tale for too many county residents, including many living here in Broadlands. Home to the third largest number of Lyme's cases in the nation, Loudoun County is facing a Lyme disease epidemic, with 22 percent of Virginia's reported cases occurring in the county.

After watching his wife and many friends battle the disease, Steve Gotschi, the owner of Sterling-based DryHome Roofing and Siding and Loudoun County resident, decided to do something. He started the **Loudoun Lyme 5K** last year to raise money and awareness to combat the disease and plans to do so again. The second annual event will take place Sunday, May 6<sup>th</sup> from 8:00a.m. – 11:00a.m. at the National Conference Center in Leesburg.

"Too many Loudoun families are being impacted by Lyme disease and other tick-related ailments. The great support for last year's 5K and Fair helped get our community talking. That's why we are proud to continue organizing this important community event to connect more people with the facts about diagnosing, treating and preventing this disease," explained Steve Gotschi, event founder.

The second annual event expects to draw more than 500 runners and walkers of all ages and will drive awareness and raise money to help find a cure for Lyme disease, the number one tick-borne illness in the U.S. The Loudoun Lyme 5K will also feature a 1M family walk and informational fair to educate the public about the disease, its causes, and treatments. On hand for the fair will be community leaders, health department officials, Lyme disease experts, medical and veterinary doctors and specialists, vendors, and sponsors. The fair will also have children's activities and refreshments.

According to the CDC, in 2010 the U.S. reported 30,000 new cases of Lyme disease. However, the disease is difficult to diagnose and that figure may be 10 times as great. Unfortunately, fewer than half of patients with Lyme disease recall a tick bite or a rash, making it harder to diagnose. Lyme disease is a spirochetal infection of multiple organ systems, causing a wide range of symptoms that mimic other diseases. Antibiotic treatment can be effective if started early in the disease process. Delayed or inadequate treatment can lead to more serious symptoms, which can be disabling and difficult to treat.

### Tips for Avoiding Lyme Disease

- Try to avoid tall grass and dense vegetation.
- Walk in the middle of mowed trails, if possible.
- Keep your lawn cut and your underbrush thinned.
- Get rid of areas where rodents may like to live.
- Wear light-colored clothing so that ticks are easier to see.
- Tuck your pants into socks; tuck shirt into pants. Pull hair back.
- Wear long-sleeved shirts buttoned at the wrists.
- Check every 4 to 6 hours for ticks. Don't forget children and pets.
- Use a tick repellent that contains 30 percent DEET to exposed skin.
- Pre-treat clothes with .5 percent permethrin, an insecticide that both kills and repels ticks.
- Investigate tick control methods for your pets.

The race costs \$30.00 to enter (prior to event) and \$35.00 (day of event). Children ages 12 and under are \$15.00 per person (\$20.00/person day of the event). The fair is free. Proceeds benefit the **National Capital Lyme Disease Association**, a nonprofit offering education and support.

To learn more about the race or to register, visit [www.LoudounLyme.org](http://www.LoudounLyme.org).

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# BROADLANDS HELPER LIST


The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com).

## Not Available on Website Edition

**Key:**

**(B) Babysitter's Course**  
**(C) CPR**  
**(R) Rescue Breathing**  
**(F) First Aid**  
**(EMGS) Education Major**  
**Graduate Student**


*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to **[scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)**.*



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# USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

## NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

## PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212

## LOUDOUN COUNTY PUBLIC SCHOOL

Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

## PUBLIC OFFICIALS COUNTY SUPER.

Stevens Miller	(703) 777-0204
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## SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(571) 233-4610
---------------	----------------

## VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
Thomas A. Griesen (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

## VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

## U.S. HOUSE OF REP. 10<sup>th</sup> DISTRICT

Frank Wolf	(703) 709-5800
------------	----------------

## U.S. SENATE

Jim Webb	(202) 224-4024
Mark Warner	(202) 224-2023

## VIRGINIA STATE GOVERNOR

Bob McDonnell	(804) 786-2211
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Cadette Troop 5958 of Ashburn, Virginia arranged a trip to the Embassy of United Arab Emirates in order for the troop to learn more about the country. The troop had a fascinating tour of the Embassy, met with a professor of Political Science to learn about the history and politics of the country, and watched a movie on its astounding 40 year growth.

The girls also had the opportunity to ask questions about the UAE. The trip was all the more meaningful because one of our scouts and her mother, the troop advisor, moved to Dubai in January.



*Donations may be left at  
Any Loudoun  
County Library  
Until April 7<sup>th</sup>*

Need more room in your closet?  
Donate your new or gently worn formal  
dresses and accessories to  
***JWCL Prom Wishes.***

Dresses will be given to LOCAL area young  
ladies that otherwise might not have Prom  
attire.

We will collect dresses, shoes, purses,  
jewelry, accessories, & un-opened  
cosmetics.

*\*Dresses donated after April 7<sup>th</sup>  
will be held for next year's event.*

Collected items will be distributed, free of charge, during our Prom  
Wishes event. All teen girls are welcome to attend!

*April 21<sup>st</sup> from 10:00am-2:00pm  
Courtyard Marriott Dulles Town Center  
45500 Majestic Dr. Dulles, VA  
Across from Sears @ Dulles Town Center Mall*

The Junior Woman's Club of Loudoun (JWCL) is a community service organization that has been  
active in assisting local charities and causes for over 60 years. It is a member of the General  
Federation of Women's Clubs, the world's largest non-political, non-denominational volunteer  
organization for women. For more information, please contact Junior Woman's Club of Loudoun at  
[www.jwcl.org](http://www.jwcl.org) or email us at [promwishes@jwcl.org](mailto:promwishes@jwcl.org)

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# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: [nihanainen@broadlands-hoa.com](mailto:nihanainen@broadlands-hoa.com).

---

## ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

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## ASHBURN CLASSICS

The next meeting will be held on April 14th, at 10:30a.m., at the Mills Recreation Center. Please arrive by 10:15a.m. so the meeting can start promptly at 10:30a.m. April is health month at Ashburn Classics and we will have a presentation by Dr. Dirento on general health issues. Plans are being made for a tea party in May with a speaker to be announced. For more information please call 703-723-3724 or 703-727-7044.

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## AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

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## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at [info@ashburn.freetoast-host.ws](mailto:info@ashburn.freetoast-host.ws) or visit [www.toastmasters.org](http://www.toastmasters.org) to learn more.

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## BROADLANDS BICHON FRISE CLUB

Anyone interested that are currently Bichon owners please contact JoAnn Conroy at [jfc27@smartneighborhood.net](mailto:jfc27@smartneighborhood.net).

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## BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org).

---

## BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us for a study on James by Beth Moore. We meet Tuesday mornings in neighborhood homes. Contact Janet at 703-726-6904 or Chris at 703-729-2095 for more info.

---

## BROADLANDS RUNNING/FIT CLUB

We meet every Saturday morning behind the Broadlands Nature Center at 9:00a.m. for 90 minutes. We will focus on physical activity for all levels of fitness including stretching, strength training and cardio exercises. We will include light runs and nutrition advice.

---

## CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, [www.pack1483.com](http://www.pack1483.com), meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

---

## GERMAN LANGUAGE PLAYGROUP

Interessieren Sie sich Fur eine deutschsprachige Spielgruppe in Loudoun County? If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, [jemouw@gmail.com](mailto:jemouw@gmail.com), to join a German-Language playgroup.

---

## GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more information, please call Beth Anton at 703-470-8821 with any questions or visit our website at [www.griefshare.org](http://www.griefshare.org).

---

## GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at [trooporg@gmail.com](mailto:trooporg@gmail.com).

---

## INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

---

## LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at [www.Loudoun WNG.com](http://www.Loudoun WNG.com).

---

## MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at [kp\\_wilberger@yahoo.com](mailto:kp_wilberger@yahoo.com).

---

## MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at [www.cfellowship.com/momsnext](http://www.cfellowship.com/momsnext). Questions can be sent to [CFCMOMSnex@gmail.com](mailto:CFCMOMSnex@gmail.com).

---

## MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

---

## PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or [robin@sashaheart.com](mailto:robin@sashaheart.com) for more info.

---

## THE VICIOUS WRITING CIRCLE ASHBURN WRITING GROUP

We are made up of a group of local writers who meet once a week to review our work, offer constructive criticism, and improve our craft. We welcome writers of all genres who seek to get published. We meet from 10:30a.m. to 1:00p.m. every Monday at the Community Center. For more info, please visit [www.meetup.com/Vicious-Circle-Ashburn](http://www.meetup.com/Vicious-Circle-Ashburn) or contact [brynbenning@gmail.com](mailto:brynbenning@gmail.com).

---

## TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.





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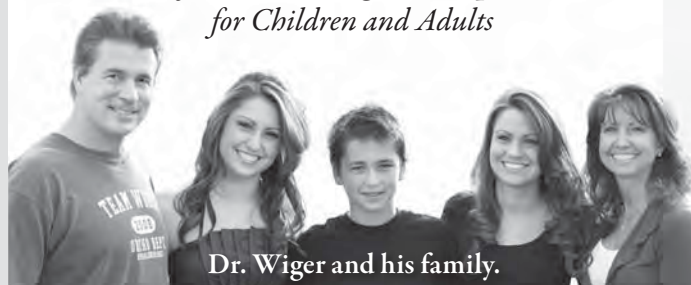
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## ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

### ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at [broadlandshoa.org](http://broadlandshoa.org) on the newsletter page.

**DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.**

### MONTHLY PRICING

#### BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72\*  
1/4 pg (3.625" W X 4.875" H) \$160 /\$135\*  
1/2 pg (7.5" W X 4.875" H) \$295 /\$266\*

#### COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209\*  
1/2 pg (7.5" W X 4.875" H) \$425 /\$404\*  
Full pg (8.5" W X 11" H) \$1050 /N/A

#### COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239\*  
1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239\*  
1/2 pg (8" W X 4.875" H) \$475/ \$453\*  
Full pg (8" W X 8"H) \$1050/ N/A

Add 10% to base price above for preferred placement

\*Discounted price if 6 or more months are prepaid

#### **PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.**

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

#### MAIL ADS and PAYMENT TO:

Broadlands Association  
ATTN: Newsletter Ads  
21907 Claiborne Parkway  
Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or [ads4broadlands@yahoo.com](mailto:ads4broadlands@yahoo.com).

**Please Note:** Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

### EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com). A message may be left for the editor at 703-729-9704 ext.101.

## APRIL CLASSIFIED ADS

### **EARLY EDUCATION/DAY CARE**

**2012-2013 MOMS MORNING OUT PROGRAM!** 2 certified teachers; one holds Masters Degree in Education. Classes will be held Monday & Wednesday from 9:15-12:15. Ages 2 & 3. Offering a fun, safe, and stimulating environment with theme related activities & crafts. Each child will work on creating their own scrapbook including, ABC's counting and art work. (Holds VA State license to facilitate program). Please contact Jenny 571-333-3395 or email [jenny\\_vanhorn@yahoo.com](mailto:jenny_vanhorn@yahoo.com).

**SUMMER READING ENRICHMENT OPPORTUNITY!** 2 certified teachers, Masters in Education, offers 1-day a week literacy program. Classes: Wed, ages 4,5,6 from 9-12. Curriculum: letter & sight word recognition, reading comprehension & enhancing critical thinking skills. Build towards establishing basic reading foundation. Lessons are age level specific & differentiated for individual needs. VA state license. Contact Jenny, 571.333.3395 or email [jenny\\_vanhorn@yahoo.com](mailto:jenny_vanhorn@yahoo.com).

**GROWING MINDS PRESCHOOL:** A home based preschool located in Broadlands is now registering for its 2 1/2, 3 & 4 year old classes for the 2012-2013 school year. For more information or to schedule a tour, please email Judi Ratcliffe at [gmins@verizon.net](mailto:gmins@verizon.net) or call at 703-858-7966.

**LITTLE SPROUTS PRESCHOOL:** is now registering for Fall classes. We offer preschool classes for 2, 3, and 4 yr olds as well as Mom's Morning Out, mornings or afternoons, small classes (8 kids/2 teachers) and monthly field trips. We believe in learning through hands on active fun! Check out our website <http://littlesproutspreschool.clubspaces.com> for more information or call Karlene 408 750-7349 for a tour.

### **FOR RENT**

**VACATION HOME OUTERBANKS, COROLLA N.C.:** 5% discount for Broadlands residents. 6 bedrooms, Den, 5.5 baths. Sleeps 16-19 people. Third house off beach. Pool, Hot tub. NO SMOKING. NO PETS. Great spring and fall weeks available. Visit [www.twiddy.com](http://www.twiddy.com), Beach Topia #P141.

### **HELP WANTED**

**HELP WANTED:** Qualified Preschool Teachers. **Primrose School at Moorefield Station** continues to grow.

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### **INSTRUCTION - ARTS/MUSIC/ RECREATION**

**MUSIC LESSONS FOR ALL:** Complete music education, 16 highly qualified teachers of: Piano, Guitar, Drums, Violin, Voice, Saxophone, Flute,

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**MUSIC LESSONS, SUMMER CAMPS, PROGRAMS FOR YOUNG CHILDREN** at the world-famous School of Rock. We take your child from fooling around with music to becoming a real musician. Check out all our programs at [www.schoolofrock.com/sordc](http://www.schoolofrock.com/sordc) and start rocking today! 703-858-0820.

#### **PIANO & VIOLIN**

**LESSONS:** Degreed instructor with over 28 years experience (nationally-recognized composer and active performer)! Offering a comprehensive lesson program for students of all ages and abilities, beginner to advanced. Please call (240) 912-7604 for more information!

**VIOLA & VIOLIN LESSONS:** Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call (703)598-4708 or email me at [CatherinePalusci@aol.com](mailto:CatherinePalusci@aol.com). References available.

**SAXOPHONE, CLARINET & FLUTE LESSONS!** Private lessons for kids and adults available in your home. References from Broadlands residents. Instructor is friendly and professional with 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email [WoodwindStudio@verizon.net](mailto:WoodwindStudio@verizon.net).

**ST. MICHAEL SHOTOKAN KARATE**—Ashburn's leading and acclaimed Japanese Style Martial Arts School for **CHILDREN and ADULTS**. Home of local, regional, national CHAMPIONS! Training days: Mondays, Tuesday, Thursdays. Venue: 43895 Grottoes Drive, 20147. CONTACT: Majal Florence Cammack-703/606-1974. E-mail: [colonmc@yahoo.com](mailto:colonmc@yahoo.com).

**SWIM LESSONS: Olympic Gold Medalist Tom Dolan has opened Tom Dolan Swim School**, a state-of-the-art swim school at the Dulles 28 Centre in Loudoun County. Learn-to-swim and stroke technique classes available for all ages, from 3-month old babies to teenagers. Book Now! 703-433-2020.

### **INSTRUCTION - TUTORING**

**A-1 LOUDOUN COUNTY MATH TEACHER:** Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email [VCu\\_911@yahoo.com](mailto:VCu_911@yahoo.com).

**MATH TUTORING:** Two experienced HS teachers help with temporary struggles or long term support for all learning levels in MS and HS. Algebra I, II. Geometry. Support with subject curriculum, homework and SOL review. Contact Rick Romito, 703-728-8881 or [romitofigs@aol.com](mailto:romitofigs@aol.com).

**MATH TUTOR IN BROADLANDS!** I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or

email me: [aplustestprep@verizon.net](mailto:aplustestprep@verizon.net).

**SPANISH:** Spanish 1, 2, 3 & AP. I am a Spanish native speaker from Madrid, Spain with 18 years of teaching experience to children, teens, adults and businesses. I teach at your home, library, local cafes or at my office. Contact Magnolia Inmon, 703-547-8115 or [magnolia@theschoolofspanish.com](mailto:magnolia@theschoolofspanish.com), [www.theschoolofspanish.com](http://www.theschoolofspanish.com).

### **HEALTH/FITNESS/WELLNESS**

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**KEEP YOUR NEW YEAR'S RESOLUTION!** Exercise at home with an ACE certified personal trainer and make that resolution a reality. Call Susan at Custom Fitness, 571-228-3545.

**FIT COACH:** We assist people in meeting their individual fitness goals, wants and needs. Whether you want to reduce your chance of injury, increase your flexibility, get stronger or enhance your appearance while improving your overall health and performance. Our gym is fully insured and we hold the top national fitness and sports performance certifications. Contact Tim Sullivan 310-925-1453.

### **HOME SERVICES**

**COMPLETE HOME REMODELERS:** Call Ryan for a free estimate, 703-505-8140. Plumbing, Electrical, Tile, Carpentry, Flooring & bathroom specialist. Email: [Balderstonr@gmail.com](mailto:Balderstonr@gmail.com).

**HANDYMAN SERVICES:** Helping you take care of your home. Painting, Drywall, and Repairs, Electrical, Plumbing, Carpentry, and those little things that always seem to come up. No job is too small. Free Estimates. Flexible schedule. Over 25 years experience in the construction industry. Please call Dan Goldstein at 703-403-2243. Email: [handyman.dan@hotmail.com](mailto:handyman.dan@hotmail.com).

**GRASS MOWING "CHEAP":** Excellent service for end unit town homes, single family, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal applications available. A great gift idea! Retired Professionals Lawn Service. [Jackthedecker@aol.com](mailto:Jackthedecker@aol.com). 703-470-3003.

**THE CARE OF TREES:** Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 [www.thecareoftrees.com](http://www.thecareoftrees.com).

**LARRY MILLER INC. WINDOW CLEANING SERVICE:** Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of



Broadlands. Call Larry at 703-723-7770.

**HAMPTON TILING AND FLOORING:** 20 years experience. We serve the MD, DC and VA area and specialize in carpet installation, hard wood floors and tiling. For a FREE Estimate, call Rodney at (571) 437-4113.

**LOONEY'S TILE AND GROUT RESTORATION:** Spring Special!!! Ashburn residents receive \$35 off tile and grout services. Locally owned specializing in tile and grout cleaning and restoration, Grout Repair, Caulking, Regrouting. Let us beautify your Bathroom and save in remodel cost!!! 703-999-1933 licensed, bonded, insured.

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL.** Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

**PROFESSIONAL PAINTING:** Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MikeRosario@comcast.net.

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**SHANTZ'S HOME SERVICES:** Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

**WISE GUYS ROOFING & SIDING IMPROVEMENT LLC:** FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more... Lowest Price & Satisfaction Guarantee! Excellent References. LICENSED AND INSURED. www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or wgrs@me.com.

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**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at [www.mariasstarcleaning.com](http://www.mariasstarcleaning.com).

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**PINK PIGGY SWEETS:** Online bakery offering made-to-order sweets baked from scratch using organic and local ingredients! We customize cakes, cake pops, cupcakes, cookies, pies, and cake push-pops for all your celebration events! We offer Party Classes too! NF/GF, [www.pinkpiggysweets.com](http://www.pinkpiggysweets.com). 571-333-7477.

**TASTEFULLY SIMPLE:** Introduces our brand new spring/summer line! Host a taste-testing party by inviting some friends over to eat, and I'll reward you with FREE PRODUCTS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, [www.tastefullysimple.com/web/Lsvendsen](http://www.tastefullysimple.com/web/Lsvendsen), FoodFromLisa@comcast.net.

**THIRTY-ONE GIFTS:** is the #1 direct-selling brand of on-trend, stylish handbags, totes, and organizing solutions. Most of our products can be personalized to make your own unique statement. Contact Independent Consultant - Erin Troia, 571.205.0168/ [www.mythirtyone.com/erintroia](http://www.mythirtyone.com/erintroia) to learn more.

## PETS

**AROUND MIDNIGHT PET SERVICES, LLC:** Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting services and plant care. Call us today at 703-726-9218, [www.aroundmidnight.net](http://www.aroundmidnight.net), Pet Lovers Providing Care.

## PROFESSIONAL SERVICES

**AROUND THE CLOCK NOTARY, LLC:** is a mobile notary service. We travel to your home, office or a public location to notarize your documents. Why should you miss work or be confined to your bank's hours in order to have your important documents notarized? We can perform notarizations seven days a week at a time that is convenient for you. Call today

703-909-9432, [www.aroundtheclocknotary.com](http://www.aroundtheclocknotary.com). **GGGGGRRRRR!!!!** Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

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**JORDAN DAVID PHOTOGRAPHY:** JordanDavidPhoto@gmail.com. (703) 473-9260. Recent college graduate with a Bachelor of Fine Arts degree in Photography offering competitive prices for Senior Portraits, Pet Portraits, Family Photos, Headshots, Engagement Photos, and more. Private instruction also available.

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#### PAYMENTS and ADS:

Please email ads to: [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com). Checks only please, made payable to "Broadlands Association". *No cancellations after the initial deadline.* Payments can be mailed or dropped off at:

Broadlands Association  
21907 Claiborne Parkway  
Broadlands, VA 20148

#### CONTACT:

Advertising Manager  
Stassa Collins  
703-729-9704



## Events and Committees

### April Events

<u>Date</u>	<u>Activity</u>
4th	7:00p.m. Modifications Subcommittee Meeting(NC)
7th	10:00a.m. Pool pass photos taken(NC)
10th	6:00p.m. Board of Directors Meeting(NC)
11th	7:30p.m. Tech Committee Meeting(NC)
12th	6:00p.m. Southern Walk Hearing Committee Meeting(NC)
13th	Broadlands Mom's Club(CC)
14th	10:00a.m. Pool pass photos taken(NC) Nature Center Open 10:00a.m. - 2:00p.m. 12:00p.m. Family Program - Celebrate the rabbits' birthday(NC)
18th	7:00p.m. Modifications Subcommittee Meeting(NC)
19th	6:00p.m. Pool pass photos taken(NC) 8:00p.m. Investment Club(CC)
21st	Nature Center Open 10:00a.m. - 2:00p.m.
22nd	11:00a.m. Earth Day Celebration(area behind Clydes )
25th	7:30p.m. Book Club(NC)
28th	Nature Center Open 10:00a.m. - 2:00p.m.
29th	10:00a.m. Pool pass photos taken(NC)

### Committees

**Broadlands Live! Summer Concert Committee**  
**Chair:** Open.

**Community Events Committee**  
**Chair:** Tammy Wells, tammy@jwells.us

**Community Wildlife Habitat Committee**  
*Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.*

**Neighborhood Watch Committee**  
**Chair:** Open

**Recreation Committee**  
**Chair:** Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

**Swim Team**  
Website: www.broadlandsswimteam.org

**Technology Committee (broadlandshoa.org)**  
*Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents.*  
**Chair:** Dawne Holz, dawne@holzfamily.net

**Webmaster:** webmaster@broadlandshoa.org



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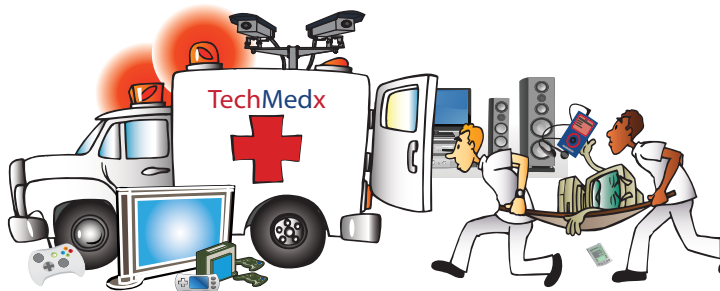
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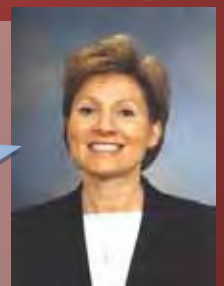


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