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# APRIL 2015



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			l Wednesday Walks, 9:00am - Clydes Mod Subcomm Meeting 7:00pm - NC	2	3	4 Nature Center Open 10:00am - 2:00pm
5	6 Pool Pass Photos start 9:00am - NC	7 Wee Naturalist 9:30 & 1:00pm -NC	8 Mid-Week Nature Club 9:00am - NC	9 Modification Subcommittee Submissions Due 12:00pm - NC	10 Newsletter Submissions Due by Noon	11 Nature Center Open 10:00am - 2:00pm Family Pond Plunking 10:30am - 12:30pm at the NC
12 Loudoun Half Marathon and 8K 7:00am & 7:30am throughout the Community	13	14 Wee Naturalist 9:30 & 1:00pm - NC BOD Meeting 6:00pm - NC	15 Wednesday Walks, 9:00am - Nature Preserve Mod Subcomm Meeting 7:00pm - NC Tech Comm. Meeting 7:30pm - NC	16 Events Committee Meeting 7:00pm - CH	17	18 Nature Center Open 10:00am - 2:00pm
19	20	21 Wee Naturalist 9:30 & 1:00pm - NC	22 Mid-Week Nature Club 9:00am - NC	23	24	25 Spring Yard Sale 8:00am-2:00pm throughout the Community Spring Fling 5k and Family Fun Run 8:00am throughout the Community
26 Earth Day & Family Festival 11:00am-4:00pm - next to Clyde's	27	28 Wee Naturalist 9:30 & 1:00pm - NC	29	30 Modification Subcommittee Submissions Due 12:00pm - NC		

# **BROADLANDS COMMUNITY INFORMATION**

#### Broadlands Association Board of Directors Meeting Tuesday, April 14th - 6:00p.m. Nature Center Conference Room

#### Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

#### Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review the Design Guidelines online at www.broadlandshoa.org/for-homeowners/designguidelines/ for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application.

A response to your application is generally mailed within one week of the meeting.

### Modifications Subcommittee Submission and Meeting Dates

Submission Date March 26, 2015 April 9, 2015 April 30, 2015 May 14, 2015 Meeting Date April 1, 2015 April 15, 2015 May 6, 2015 May 20, 2015

#### Looking Forward

At long last, we have suffered through enough of winter and made it to the other side to reach spring. With the arrival of spring come the spring cleaning and yard sales (be sure to get all the details on page 15), the rain showers and gardening projects. For the association staff, spring brings the hectic season of spring projects, pool



opening preparation and pool pass processing, reminder letters for lawn maintenance and trash cans in view and other violations, and a significant increase in modification applications.

With the melting of the snow and the arrival of warmer temperatures, the association will be stepping up inspections of exterior maintenance violations. These inspections ensure that the appearance of our beautiful neighborhoods is maintained, and in 2014 we generated 3,051 first notices. Covenant Inspectors can be identified by their bright orange safety vests with a Broadlands label on the back and their new vehicle, the robin's egg blue Nissan Versa Note. Please be aware the Association has the right of access over and through any portion of the Property (excluding the interior of the dwelling) for inspections, maintenance and to correct violations. This right is granted to the Association, its managing agent, and any other person authorized by the Board of Directors in the exercise and discharge of their respective powers and responsibilities in Section 5.3(a) of the Declaration for Broadlands.

If your unit is in need of maintenance, you have been or will be notified via letter and given time to correct. If you are unable to correct in the time allotted, please be sure to contact the inspectors to establish a reasonable extension to correct. If you do not correct the violation in the allotted time and fail to request an extension, you will be sent follow up correspondence in accordance with state statute and our Policies and Procedures Regarding Violations of Governing Documents, which could include additional violation letters, a Hearing before the Board of Directors, and the potential for violation charges as high as \$900 being assessed against your account. Though it is not the preferred method, the association also has the ability to file a suit in General District Court to request a favorable ruling from a judge. See inspections page 6

# **BROADLANDS COMMUNITY INFORMATION**

#### Inspections from page 5

The inspectors will also be focusing on units with exterior modifications that have not been submitted for and approved by the Modifications Subcommittee. Lot owners must obtain written approval from the Modifications Subcommittee prior to the commencement of all changes or improvements on or visible from the exterior of your unit. The Modifications Subcommittee meets the first and third Wednesday of the month from March through November and meets only the third Wednesday of the month during their slower season. In 2014, the subcommittee reviewed 502 applications for improvements. Please note the deadline for application submissions is noon on the Thursday before the meeting in order to ensure time for processing applications. All applications must be complete before they will be forwarded to the committee. The Design Guidelines and applications regarding this process, please contact Robin Crews, Secretary to the Modifications Subcommittee at *rcrews@broadlandshoa.com* or 703-729-9704.

If you are planning to sell your home this year, you will need to provide the contract purchaser with a resale disclosure package within 14 days of contract execution. Resale packages can be ordered online through FirstService Residential at *https://fsresidential.com/washington-dc/home*. Click on "Order Documents and Certificates" on the right hand side of the page and follow directions. If you are purchasing or refinancing your unit and your lender requires a PUD questionnaire, you do not need to order these through FSR. Forms are completed by Broadlands staff for a \$50 fee. Please contact 703-729-9704 or *joannehang@broadlandshoa.com* to submit your form and arrange for payment. Please ensure that you have obtained written approval from the Modifications Subcommittee for all exterior modifications prior to requesting resale disclosure packages.

I hope to see you all out taking advantage of the extensive trail systems, utilizing one of the many play courts throughout the community, or attending one of our many nature programs as the weather continues to improve.

Happy Spring!

Sarah Gerstein, CMCA, AMS, PCAM General Manager



### Board Meeting Highlights

The following actions were taken by the Board of Directors at their meeting held on March 10, 2015:

- Approved minutes of February 10, 2015 meeting.
- Approved renewal of ProSource registration.
- Approved Memorandum of Understanding with Audubon Naturalist Society.
- Tabled action regarding an in home daycare business pending the applicant be an owner or resident at the requested residence and securing appropriate county licensing.
- Approved an upgrade to pool pass software from Identisys.
- Tabled proposals from HLS for planting bed renovations pending additional information and review of pricing.
- Approved Loudoun half and 8K race submission.
- Approved Open Arms Spring Fling 5K race submission.
- Reviewed the January financial statements.
- Approved a payment plan for one delinquent owner account.
- Assessed violation charges to one owner account for failure to submit application for an exterior modification.



# **BROADLANDS COMMUNITY INFORMATION**

#### Quarterly Events Committee Meeting -Will Be Held On Thursday, April 16, 2015,

#### 7:00pm at the Clubhouse, 43360 Rickenbacker Square

Come join us at the quarterly Events Committee Meeting! The purpose of this meeting is to review upcoming events and their respective budgets as well as go over events that have taken place this year.

We have a really fun group of volunteers who generously donate their time and enthusiasm to make our events happen. We would love to have you join us.

The goal of the Events Community is to host an array of community wide events for adults, families, teens, and children alike.

So come one, come all, come on out and help plan the best events in the county! Snacks and drinks will be served.

#### Yes, We Did Put On Our Dancing Shoes!

Thank You to our Events Committee for providing a fantastic Ladies Nite Out for our residents. Wow, what a whirlwind night! From start to finish, this incredible group of volunteers provided a wonderful and warm welcome to our residents.

We perfected our Electric Slide, Fusions Cuisine provided great appetizers, and the beverages were enjoyed by all. Thank you so much for your commitment of time and energy to the Events Committee. It is volunteers like you that make Broadlands a great community to live in.

The volunteers for this event were:

**Chair - Linda McGrath,** Maria Carlsson, Chris Cuellar, Melissa Ellis, Sabrina Ellis, Samantha Ellis, Alice Keosann, Leo Lee, Ginger Rogers, Judy Rutledge, Judie Spain

#### Please Secure Your Trash on Windy Days

Please be sure to bind newspapers with twine or place loose papers in paper

bags before setting out at your curb. Weigh down your bottles, plastics and cans by placing heavier recyclables on top. Ensure that the lid of your trash can is tightly secured. Put smaller lightweight bags of trash together in a larger heavyweight bag. Don't put trash out early and PLEASE no loose "peanuts" or other packing materials. Lastly, if the trash does blow over, or you see a bin out of place, please pick it up even if it isn't yours. Your



HOA assessment provides for curbside trash removal. There is no budgeted amount for litter removal. The Association relies on homeowners to keep their neighborhoods free of litter and their assessments reasonable.

#### Modifications Subcommittee Using New Software

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email address is not provided, the results letter will be mailed.

There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704. Emails will be sent from *noreply@smartwebs365.com* should you wish to add this email address to your contact list to ensure prompt delivery.

#### Share Your Broadlands Memories!

Believe it or not, 2015 marks the 20th anniversary of Broadlands! We know that a lot has changed in that time with old and new friends coming and going, families growing bigger and kids growing up, and the county has grown exponentially. We know many of you have been here the whole 20 years or very close to it. We want to hear from you! Have old pictures or stories to share of what the community was like back in the day? Send them our way to events@broadlandshoa. com. Selections will be featured in upcoming issues of Our Neck of the Woods monthly newsletter and on the website.

# Saving for Broadlands Residents from ProSource Wholesale Flooring

#### Convenient One-Stop Shopping

ProSource Kitchen & Bath Showroom offers everything you need to create a stunning and functional living or work space that your clients will love.

The starting point is a full range of cabinets to fit any budget – from base builder grade to elaborate custom qualities. Designer

upgrades and unique features include antique looks and heirloom

finishes, innovative storage and organizational solutions, and custom touches like glass inserts, crown moldings, ornamental legs and so much more.

Similarly, countertops range from laminate and solid surface to granite and quartz. Complete your design plans with stunning backsplashes, custom hardware, floorcoverings and more.

What's best ... you'll reduce your total project cost when you eliminate retail mark ups and buy wholesale at ProSource.

#### Design Services Available

Our full-time, professional Kitchen & Bath Designers will help you and your clients choose the right materials to create that one-of-a-kind kitchen or bath with maximum style and functionality.

All of our designers are trained to provide you with the best solutions and use the latest software to quickly lay out your project.

ProSource designers can assist you with any budget range and provide recommendations for cabinets, counters, hardware, flooring and backsplashes.

#### Trade Professionals Save Up To 30% Off Home Center Prices

The ProSource members-only concept for Trade Professionals now includes a Kitchen & Bath Showroom with cabinets, countertops, backsplashes, hardware, custom detailing and storage solutions – all at low wholesale prices. The reason is simple: custom designed kitchens & baths represent a tremendous business opportunity for ProSource Members.

It's no secret that Kitchen & Bath projects are bigger jobs. With a project average for materials at \$20,000, Kitchen & Bath projects will help grow your business while you earn generous referral fees at the same time.

#### Top National Brands

**ProSource** offers leading national brands that you know and trust such as: Aristokraft, Decorá, Diamond, Homecrest, Kemper, Kitchen Craft, Dynasty Omega, Bellmont, Schrock

The ProSource Kitchen & Bath Showroom offers the broadest product selection in the market at low prices that you won't find elsewhere.

#### Save Time & Money

Bring your next project to your ProSource Wholesale Kitchen & Bath Showroom. Low wholesale prices and expert assistance result in one-of-a-kind: Kitchens, Bathrooms, Basements, Home Offices, Wet Bars, Entertainment Centers, Media Rooms, Closet Organization, Mud/Utility Rooms

Visit ProSource at prosourcefloors.com or at their Sterling location: PROSOURCE 180, 21586 ATLANTIC BLVD, SUITE 100 DULLES, VA 20166 Telephone: 703-673-4100 , Fax: 703-421-5393



# Save Yourself Time, Money and Aggravation

Before you make any modification, change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review. Don't be misled by well meaning friends, neighbors or contractors. It is the owner's responsibility to file an application for all exterior work. A county permit does not circumvent this requirement. The process is easy if you apply before work commences.

What can happen if you don't submit an application? You may be ordered to cease and desist, which might cause your contractor to charge additional money for delays in completion. You may have to appear before the Board of Directors at a violation hearing. You may be assessed a fee of up to \$900, which will be added to your account and to which late fees, attorney fees, and court costs can be charged if payment is not made. You may be taken to General District Court for a judge to hear the case and determine the penalty. You may lose your recreational and voting privileges. You might have difficulty selling your home if violations are noted in the resale package which you provide to your buyer.

Please consult the Design Guidelines on the website for detailed information. Submit a complete application package in order to obtain approval prior to beginning any work. The Design Guidelines provide a framework to maintain design quality throughout the community, to promote sensitivity for the natural environment and to encourage consistency of design while allowing flexibility for achieving design solutions. If you have any questions about architectural modifications, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 rcrews@ o r broadlandshoa.com.

# April Covenants Corner

Throughout the year, the Covenants Inspectors inspect the homes in the community for a variety of issues ranging from trash containers in view to parking issues and unapproved modifications to leftover holiday decor. In addition, certain seasons dictate the need to focus on particular violations that occur with high frequency.

Spring brings a very busy time for covenants. During the month of April, the Inspectors will be focusing on several issues: homes with mildew on the siding, stoops, etc., rotten wood trim, and faded shutters and doors. Mildew detracts from the aesthetics of the community and is often found on areas that receive little or no sunlight. Rotten wood can often be identified by paint that is cracked, peeling, or blistering, or wood that's darker than the surrounding area or green with algae. Shutters and doors that have faded from their original color should be freshened up.

The Inspectors will also continue performing house to house inspections, checking the front, back, and sides of each unit for improvements that have been made without prior approval from the Modification Subcommittee.

If any violation of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this process, or if you receive one of these

letters and are unable to correct in the time allotted, you may contact the covenants inspectors at *covenants*@ *broadlandshoa.com* to request a reasonable extension to rectify the issue.



#### Need a More Secure Recycling Bin?

Residents who currently have the smaller, open recycling bin through Patriot may swap out for the larger, lidded recycling toter at no additional cost. Please contact Patriot Disposal at 703-257-7100 to make this request. You are encouraged to keep a record of the serial number of your Toter(s) should you need to identify it in the future.

# IN CASE YOU NEED A HAND...

#### BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148 Main: 703-729-9704 Fax: 703-729-9733 www.broadlandshoa.org • info@broadlandshoa.com HOA Office Hours: Monday – Friday, 9:00am to 5:00pm Nature Center Hours: First three Saturdays, 10:00am to 2:00pm

#### **BROADLANDS ASSOCIATION STAFF**

General Manager Sarah Gerstein•sarah@broadlandshoa.com Covenants

Susan Kuklick and Robin Crew-covenants@broadlandshoa.com

Events Committee Liaison Natalie Ihanainen•events@broadlandshoa.com

#### Newsletter Editor

Natalie Ihanainen•nihanainen@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator Stassa Collins-scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee, Covenants Robin Crews-rcrews@broadlandshoa.com

#### Reception

Joanne Hang-joannehang@broadlandshoa.com Julie Holstein-julie@broadlandshoa.com

Naturalist Jessica Bukowinski•naturalist@broadlandshoa.com

#### BOARD OF DIRECTORS

#### President

Brian Beahm.brian.beahm@gmail.com 703-726-6360

Vice President Eric Bazerghi.eric@thehouse.net 703-723-1046

Secretary/Treasurer DawneHolz-deholz@icloud.com 703-349-1095

Directors Heidi Eaton.571-232-1830 Cliff Keirce.703-729-7320 Gerry Alcantara.703-858-1320 Joseph T. Wagner.571-333-0821

Members at Large, Van Metre Representatives Roy Barnett-rbarnett@vanmetrecompanies.com 703-425-2600 Denise Harrover-dharrover@vanmetrecompanies.com 703-425-2600

#### COMMITTEES

Broadlands Live Concerts: Renee Ventrice.tttrenee@yahoo.com

**Community Wildlife Habitat:** Oya Simpson •osimpson@broadlandsnaturally.org 703-725-8040\*

Events: Chair Open

Neighborhood Watch: Chair Open-events@broadlandshoa.com

Recreation: Chair Open

Swim Team: broadlandsswimteam.org

Technology: DawneHolz.deholz@icloud.com\*

Tennis: Brad Marcus-bradmarcus@gmail.com

**Webmaster:** webmaster@broadlandshoa.org \*Please look under Clubs and Groups for more information

#### ASSESSMENT INFORMATION OFFICE

Firstservice Residential: Payments and Resale Docs Main: 703-679-1541 Fax: 703-591-5785 fsresidential.com customerservice.dcmetro@fsresidential.com

Mail Payments To: FirstService Residential

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

#### NON-EMERGENCY

Ashburn Fire	703-729-0006
Dominion Virginia Power	888-667-3000
Fire Marshall	703-777-0333
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-3333
State Police	703-771-2533
Washington Gas	703-750-1000

#### **BROADLANDS COMMUNITY**

Mailbox (Main Street Mailboxes)	1-703-753-5521
Trash Pickup (Patriot Disposal)	1-703-257-7100
Southern Walk Internet/Cable:	
OpenBand 24x7 (customer service)	866-673-6226
OpenBand (trouble tickets)	703-961-1110

#### PUBLIC INFORMATION

Animal Control/Shelter	703-777-0406
Building Permits & Dev	
County Landfill	
DMV (VA)	800-435-5137
Health Department	
Library (Ashburn)	
Loudoun Ride On	
Loudoun Hospital	
Miss Utility	
Metro	
Parks and Recreation	703-777-0343
Ridesharing	703-771-5665
Road Conditions	
School Board	
Street Signs/Storm Drains	
VDOT	
Van Metre Homes	
Verizon	
Verizon Fios	
Wildlife Hotline (local)	

#### SCHOOLS - BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	
Hillside Elementary School	
Mill Run Elementary School	



### Convenience redefined. Community rediscovered.

Within an easy drive or even walking distance from your home, Broadlands Marketplace features a variety of shopping amenities including a full-service grocery store and a great selection of retailers and services. Convenience is redefined with all you need at the heart of your community.

Visit us online and learn more about Broadlands Marketplace!

www.broadlands-marketplace.com

Crystal Bright Cleaners Domino's Pizza Rubino's Pizzeria Saffron Indian Cuisine Joy Salon & Spa Bank of America Hunan Cafe McDonald's

Taco Bell UPS Store Great Clips Harris Teeter Wiger Orthodontics Top Kick Martial Arts Walgreens Virginia Tire & Auto Caring Hands Animal Hospital Leesburg Sterling Family Practice Broadlands Complete Dental Commonwealth Vault & Safe Deposit

DEVELOPED AND MANAGED BY VAN METRE COMMERCIAL LOCATED OFF THE DULLES GREENWAY, EXIT 6/BROADLANDS, AT THE INTERSECTION OF MOOREVIEW PARKWAY & WYNRIDGE DRIVE.

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\*APR = Annual Percentage Rate. Offer ONLY available for NEW HELOCs applied for online and approved 01/01/2015 – 12/31/2015. You may not pay off or make payment to other Apple FCU loars, credit cards or accounts with these proceeds. Advances made between 01/01/2015 and 12/31/2015; will be locked at your current APR until 12/31/2015. If rates go down before 12/31/2015 your APR will not be adjusted downward and will not increase past your current APR until 01/01/2016. On 01/01/2016. (floor rate of 3.99%) for 85% ETV and less) the APR will be adjusted to the prime rate as published in the Wall Street Journal on 12/21/2015 plus or minus your current margin on the remaining balance and will be subject to change each quarter thereafter as stipulated by your original terms and conditions. Maximum interest rate 18.00% APR. Minimum advance of 5250 required. Advance amounts must be within your existing credit limit. Advances in excess of your current credit limit will not be honored and may be subject to additional fees. If your account becomes delinquent at any time during the promotional period, you will forfeit these promotional terms and the APR on the unpaid balance will be increased to the appropriate quarterly rate offered at that time as disclosed in your original note. Membership eligibility required. Equal Opportunity Lender.

# home equity line of credit

RATE LOCKED UNTIL 2016

rates as low as 2.74%

Rate adjusts to the Prime Rate as published in the Wall Street Journal, currently 3,25% APR\*

EDIT UNION







# Celebrating a Dozen Years of Rockin' in the Broadlands!

#### 2<sup>nd</sup>FRIDAYS MAY THRU AUG, 5:00 - 9:30pm Hillside Park at 42935 Waxpool Rd. (next to the old Stone House)

Bring your blankets & folding chairs to enjoy a fantastic evening of music, food and fun brought to you by the Broadlands Live Committee, HOA and phenomenal sponsors who keep this show rocking for FREE year after year! **VISIT Facebook/broadlandslive and www.broadlandslive.com for details &updates.** 



#### Children's Entertainment starting at 5pm- non-musicalacts for toddlers to tweens!

FRIDAYS	OPENING ACT	HEADLINER
May 8 <sup>th</sup>	Virginia Blend (country and rock)	Melodime (current and original rock)
June 12 <sup>th</sup>	TBD	Archives (reggae)
July 11 <sup>th</sup>	One Fine Mess (party and dance music)	The Reflex (80's cover band)
August 8th	The Project (alternative and pop)	Just South of 7 (classic rock, pop, country)

THANK YOU to: The Broadlands HOA and our esteemed Sponsors:



~ Silver Sponsors ~









Entertainment Sponsors ~
Stream Valley Veterinary Hospital ~ Van Metre ~ Saul Center ~
Nova Homeworks ~ Fidelity Investments ~Morgan Orthodontics ~
Wiger Orthodontics ~ Heritage Landscape Services

In-Kind Sponsors: Sunband Inc ~ Bonefish Grill ~ The Zone

Food, Drinks & Novelty items available for purchase- bring cash and enjoy dinner and a show! Dominos ~ Jr's Italian Ices ~ Gordons Grill Catering ~ Briar Woods Crew Club

THEY'RE BAAAACK- FRIENDS OF BROADLANDS LIVESWAG BAGS!Win over \$100 in in gifts!

*The Fine print:***No Pets Allowed Please**.No Soliciting for businesses, organizations or charities. BYOB- whether you are 21 or 81, **YOU MUST SHOW ID FOR A WRISTBAND**, **NO EXCEPTIONS**.

# SUNDAY, aPRil 26;+2015

11:00am - 4:00pm

Sponsored by



egmans

Dominion Modern Mechanical

DryHome Sun Solutions Dynalectric Dulles Greenway INOVA Health One Loudoun

LSWCD

Ashburn Rental Doody Calls Home Depot NuLook Home Design

Organized by Broadlands HOA Wildlife Habitats Committee in Partnership with:

Piedmont Environmental Council

Clyde's Willow Creek Farm

Loudoun Chamber of Commerce Green Business Challenge

Van Metre Homes



Live Music Hands On Activities Market Place

And much more!

For more information:

### EarthdayAtLoudoun.org

42920 Broadlands Blvd., Broadlands, VA 20148 (by Clyde's)

# FROM YOUR SUPERVISOR SHAWN WILLIAMS

#### Results of the Loudoun Community Survey

Every two years the Board of Supervisors undertakes a community survey to better understand the needs of County residents. In February, the Board got back the results from our most recent survey that was conducted last fall. Over 1,000 residents participated in this scientific survey conducted by the University of Virginia, providing a reliable look at residents' evaluation of local government services and insight into the largest perceived issues facing Loudoun.

As has been found in past surveys, residents of Loudoun County continue to give very high marks to the County for its public safety, overall quality of life, value provided for the tax dollar, quality of County services, rural character, and proximity to amenities and jobs. Over 50% of respondents rated Loudoun's quality of life as 'excellent,' with approximately 40% rating it as 'good.'Less than 7% of respondents were dissatisfied with Loudoun's quality of life. It's great to see that Loudoun residents give such high marks, we are certainly fortunate to live in such a great community.

Loudoun residents gave many different answers about the single thing they like best about the County, with location being to top with 16.1% and quality schools second at 15%. Responses in the top ten included neighborhood/ community design, safety, rural space, local government services, friendly people, rural/suburban balance, natural beauty and environmental cleanliness.

The survey also asked what were the residents' most important reasons for moving to Loudoun County. Not surprisingly, the top answer was



proximity to a job (33.4%) followed by housing affordability/housing size (22.8%) and family considerations (22.7%). Other significant responses included schools, quality of the community and Loudoun's rural character. It's clear that unique aspects of our County, like the suburbanrural balance, continue to make our community a desirable place to live.

The concerns most frequently expressed by residents relate to traffic and growth. Traffic was the top concern of survey respondents (33.2%), with growth and development second (27.6%), schools third (13%) and taxes forth (8%). 91.5% of residents agree that it is either somewhat or very important to fund roadway improvements, 75% agree pedestrian and bike improvements are needed and 65% encourage more funding for transit. More County residents are using transit (35.6%), which is almost an increase of ten percentage points over our last survey in 2012. This feedback on transportation priorities verifies what I heard from the community when I ran for Supervisor in 2011 and transportation improvements will continue to be my largest focus over the rest of my term.

The results of the survey confirm that the Board of Supervisors' strategic direction to focus on 'catching up' on important infrastructure like roads and schools is on the right track. I think the survey results also reinforce the importance of carefully managing future growth and fully utilizing new transportation options such as Metrorail. Additionally, continuing to focus on economic development and bringing jobs closer to home will help both in terms of increased tax revenue (lowering the burden on homeowners) and shorter commutes. Increasing tax revenue will allow the Board to continue to sustain and build upon our excellence in Loudoun's public schools.

The complete 2014 Loudoun County Survey of Residents and past surveys are online at www.loudoun.gov/survey. March is a busy month for the Board of Supervisors, we will be holding work sessions to deliberate on the Fiscal Year 2016 budget, with budget adoption planned for April 1st. I plan to have a full update on the budget in next month's column.

As always, please email me at shawn. williams@loudoun.gov or call my office at 703-771-5088 with any questions about this article or other County issues. For more frequent updates, sign up for my email newsletter at www. loudoun.gov/broadrun.

# Broadlands Community Wide Spring Yard Sale Saturday, April 25th, 8:00am – 2:00pm, Rain or Shine

Buy or sell at private residences throughout the Broadlands neighborhood.

To be included in the online listing of addresses, visit broadlandshoa.org/ yardsale-form/ and fill out the yard sale submission form. Residents do not have to be on the list of participants to be part of the yard sale.

To see a listing of sellers, what's for sale and view the community map visit broadlandshoa.org/yardsale.

The HOA will be publicizing the yard sale in Ashburn Today, Leesburg Today, Loudoun Times-Mirror and The Washington Post.



# A New Broadlands Partnership...

#### Broadlands Partners on Projects for the Health of the Community & Environment

In 2014, the Piedmont Environmental Council (PEC) reached out to the Broadlands General Manager, Sarah Gerstein and Wildlife Habitats Committee Chair, Oya Simpson with a proposal to partner on a farreaching community improvement and engagement project. It was designed to follow-up the Sustainable Landscaping workshop that PEC conducted here in Broadlands in 2012.

# PEC worked with Broadlands representatives and Loudoun County

over several months to come up with an innovative approach to reduce pollution that would also beautify and benefit the community based on your needs and interests. The partnership with Broadlands is part of a larger pollution reduction effort that includes Loudoun County, the Town of Lovettsville. Sugarland Run HOA, New Town Meadows HOA and Loudoun County Master Gardeners.With agreement on the elements of the plan and a generous grant from the Chesapeake Bay Stewardship

Fund and the National Fish and Wildlife Foundation (NFWF), the partnership is now set to go for 2015.

The net result will be improvements to the stormwater pond in section 23 off Burnt Hickory Court. Broadlands is contributing to the partnership through matching funds and in-kind contributions of time. The funds had been previously set aside for the Wildlife Habitats Committee and pond maintenance. The Chesapeake Bay stewardship grant also provides substantial funding for each of the initiatives in the project. Together, the funds and the community investments of time and energy add up to a significant donation to the beautification and health of the local environment.

The benefits to the community will be less polluted runoff in our streams, improved local air quality and an increase in habitat for birds, pollinators and other creatures. It will also help the County to meet its pollution reduction targets in cleaning up the Chesapeake Bay, known as the Phase II Watershed Improvement Plan (WIP).

The Broadlands part of the plan involves 4 separate elements: installation of



Excessive nutrients in our streams, rivers and Chesapeake Bay have had a negative domino effect for all aquatic

> life. Removing these excesses will help to restore health to our local streams as well as the Bay.

> If you're interested in finding out more about this innovative approach to cleaning up stormwater, check out *floatingislandsolutions.com.*

> Planting and installation of the islands will be on Monday, April 13 from 9 AM to Noon (rain date, Friday, April 17, same time). Volunteers are invited to participate in planting the islands which

will immediately be launched into the pond and anchored. If you are interested, contact Gem Bingol at gbingol@pecva.org.

Stay tuned to the newsletter for announcements about the lawn care workshop in the summer, the tree and shrub planting in the fall, and how you can help improve the health of our community and local environment.

Are you interested in making your property healthier? Contact Gem Bingol with PEC at gbingol@pecva.org to discuss your interests.



floating island wetlands with Biofil Colloidal Filters in the pond, a native tree and shrub planting at the pond, development of a nutrient management plan for the common areas, and a Master Gardener workshop on lawn care for residents.

Up first is the installation of floating islands and another unique filtering product that will clean the stormwater runoff in the pond before it enters the local stream.Native plants selected for the floating island are herbaceous plants, grasses and forbs chosen for the watery environment, their low maintenance demand and habitat qualities.

The plants will "bio-mimic" natural

### Earth Day Made Easy: How You Can Take Action, Educate Yourself and Others, Conserve Resources and Celebrate Earth Day from Your Couch, Your Community & Beyond! By: Jessica Bukowinski, Broadlands Naturalist

This April 22nd is the 45<sup>th</sup> anniversary of the first Earth Day in 1970 which is said to have launched the modern day environmental movement. Earth Day has become a secular holiday celebrated throughout the world, often not just on a single day, but throughout the month of April. It serves as an annual reminder to think about the impact our personal choices might make on the planet that sustains us, and motivate us to reduce our impact, change our habits, and work for positive change in our community.

However, sometimes doing the right thing for the environment can feel difficult, expensive, or out of reach. For example, most of us cannot fit our families in tiny houses, many of us cannot afford solar panels, and some of us have health issues that prevent commuting by bike. Speaking to local elected officials at evening meetings often conflicts with limited family time. Attending rallies and protests can seem daunting when you have young kids. If you set the bar too high it is easy to feel like a failure. However, a few folks taking drastic action may not amount to as much good as many folks pushing themselves to make small changes. With that in mind here are a few easy ways to nudge yourself towards a slightly greener life this April whatever shade of green you may be starting at whether from your couch, in your neighborhood, or beyond.

# Take Action Without Leaving Your Home.

The Earth Day network has highlighted a few campaigns which you can support by simply signing a petition or sending an email, earthday.org/takeaction/.

In our community - if you have a little more time and energy you could participate in a community clean up or an environmental awareness poster contest. Here in Loudoun County the organization Keep Loudoun Beautiful organizes annual watershed clean ups along both Goose Creek and the Potomac River. Find out more at keeploudounbeautiful.org/index.html. **Beyond our community** - join with others to tackle daunting global issues on a local level. The group 350.org is connecting people all over the world to confront the issue of climate change together, and here in Loudoun we have an active chapter full of passionate activists who would welcome your help http://350loudoun.wikidot.com/.

#### Educate Yourself and Others

Without leaving your home - you can visit http://storyofstuff.org/ and watch one of Annie Leonard's educational videos about our culture of consumerism or request Rachel Carson's Silent Spring from the library and marvel at how things have changed since its publication in 1962 or even just google the words "Earth Day".

In our community - attend the 7<sup>th</sup> annual Earth Day @ Loudoun Family Festival on Sunday, April 26<sup>th</sup> from 11:00am to 4:00pm. For details visit earthdayatloudoun.org/ Or better yet, volunteer to help with the event!

Beyond our community: the Audubon Naturalist Society's nature travel program offers exciting opportunities to search for wildlife and explore the wonders of nature in places outside the mid-Atlantic region. There is a trip to Panama this month and another to Yellowstone in July, http://anshome. org/index.php/nature-travel.

#### **Conserve Resources**

Without leaving your home - simply don't buy something or drive somewhere or just use less. For example, you could skip a trip to Target, and call it intentional rather than lazy. Or you could replace something you usually buy with something that has less of an impact on the environment. Maybe try recycled toilet paper or use cloth napkins instead of paper for the month. In our Community - there is nothing like seeing where your waste goes to inspire one to reduce it. A great way to inspire yourself and others to conserve resources is to organize a tour of the Loudoun County landfill in Leesburg. Visit loudoun.gov/index.aspx?NID=2611 or call 703-771-5514 to arrange a tour. Beyond our community - often what you do to conserve resources at home will have an effect on resources used far away from your home. For example, that hypothetical trip to Target you did not take in which you did not buy your child a new Frozen toy or a Nerf gun reduced the demand for those items, which means one less toy transported on a fossil fuel burning truck from wherever it was made.

#### Celebrate

Without leaving your home - spend some time looking out the window and appreciating whatever birds, trees, sky or other elements of nature it frames for you.

In our community - attend the 7<sup>th</sup> annual Earth Day @ Loudoun Family Festival on Sunday, April 26<sup>th</sup> from 11:00am to 4:00pm. Details at earthdayatloudoun. org/.

Beyond our community - if you don't mind crowds you might consider venturing into Washington DC on April 18<sup>th</sup> for a free event on the National Mall, globalcitizen.org/2015earthday If you prefer solitude you could head to the woods and enjoy a hike.

Broadlands' ANS Naturalist, Jessica Bukowinski, believes that connecting with naturebringsout the best in all of us. By the time of publication Jessica will have left her position at the Nature Center, but her replacement can be reached at naturalist@broadlandshoa. com . You can learn more about the Audubon Naturalist Society (ANS) at anshome.org





# SATURDAY, April 11<sup>TH</sup> FAMILY POND PLUNKING!

Who lives in the pond in front of the Broadlands Nature Center? Is the water healthy for living things? Bring your family outside to study the Nature Center Pond with ANS naturalists! Together we will see what we can catch in our nets, complete a habitat survey and even take a look at the chemical composition of the water. A program introduction will run at 10:30am, 11:15am, and noon. Start at one of these times and stay as long as you like (until the program ends at 12:30pm).

Rain boots are recommended, and remember to dress for the weather and for the possibility of getting muddy. This outdoor event will run rain or shine. Only freezing temperatures or thunder & lightning will send us inside.

Program Time: 10:30am-12:30pm

Doors open at 10:15am

### Cost:

Pre-paid price is \$4.00/child. Payment must be received by noon on Friday, April 10, 2015

Payment on day of event: \$5.00/child

**Pre-pay online at** broadlandsnaturally.org.

### Broadlands Nature Center

21907 Claiborne Parkway Broadlands, VA 20148 703-729-9726

www.broadlandshoa.org

### Broadlands Nature Center 2015 Programs

Wee Naturalist

Ages: 2-4 years old with caregivers Date: Four Tuesdays of each month April - 7, 14, 21, 28

Time: 9:30-10:15am or 1:00-1:45pm (We will run the same program in the morning and again in the afternoon – sign up for the one that better suits your family's schedule.)
Cost: \$20.00/month for residents, \$32.00/month for non-residents or \$10.00 per single session
Our youngest naturalists (ages 2-4) and their caregivers & siblings meet on Tuesdays. The program will include as much outside time as the weather allows (so dress to play outside!), finger plays, stories, crafts and hands on exploration.

#### Mid-Week Nature Club

Ages: 5-7 years old Date: 2nd and 4th Wednesdays, currently through May 2015 April - 8 & 22 May - 13 & 27 Time: 9:00am - 10:30am

Cost:\$24.00/month for residents, \$32.00/month for non-residents

This drop off (although caregivers are welcome to stay if you prefer!) program for eager young naturalists is geared towards half day kindergartens and early elementary aged homeschoolers. We will spend as much time as possible learning and playing OUTSIDE in the areas surrounding the nature center so please send your children dressed for the weather!

#### Wednesday Walks for Broadlands Residents

Age: All ages welcome Date: 1st & 3rd Wednesdays of the month

Time: 9:00am

Cost: FREE for Broadlands residents & their guests. Non-residents are welcome to join us, but will need to pay a drop in fee of \$5.00/family (cash or check only).

Walking outside with others is good for us all, but as the weather gets colder it can be hard to find a walking partner. Broadlands residents of all ages are invited to join Broadlands ANS Naturalist, Jessica Bukowinski, for a leisurely walk on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month. The 1<sup>st</sup> Wednesday we will meet in the parking lot by Clyde's and the 3<sup>rd</sup> Wednesday we will meet at the Van Metre Nature Preserve across from Harris Teeter.

#### Custom Environmental Education Programs to Meet Your Needs.

The Audubon Naturalist Society facilitates Nature Birthday Parties, badge focused Scout Programs and Homeschool Programs at both the Broadlands Nature Center and the Rust Nature Sanctuary. Contact naturalist@broadlandshoa.com or 703-729-9726 for more information on scheduling a program here at the nature center. To schedule a program at the Rust Nature Sanctuary in Leesburg, contact 703-669-0000 or susanne.ortmann@anshome.org.

> The Nature Center is located at: 21907 Claiborne Parkway Broadlands, VA 20148 Phone: 703-729-9704, email: naturalist@broadlandshoa.com



# NATURE SUMMER CAMPS AT BROADLANDS NATURE CENTER

# Pre-K/K in Fall 2015

### Backyard Bugs

#### July 27-July 31, 9 am-12 pm ANS Members/Broadlands Residents \$128; Nonmembers \$213

Let's dig deep, get dirty, and see what kinds of cool and creepy critters are living in our backyards. Exploration of worms, butterflies, and spiders are just the beginning as we discover what makes its home in our backyard.





# Registration Info

Online registration for Virginia camps opens Saturday, January 24, 2015 at 9 a.m. To register:

• Go to www.anshome.org

• Click on Register Online and follow the prompts

Broadlands residents: To get the ANS/ Broadlands member rate, you must check the box that says you are an ANS member when registering online. When the system asks for your member ID number, type in "Broadlands".

Questions? Call 703-729-9726.

# 1st/2nd/3rd/4th Grades in Fall 2015

### Cold Blooded Creatures

#### July 6-July 10, 9 am-3 pm ANS Members/Broadlands Residents \$254; Nonmembers \$339

Did you know one local amphibian can freeze solid each winter? Learn more about some of our cold blooded friends in this camp about reptiles, amphibians, and fish. We will focus on how these animals are alike and different, learn about their special needs, and compare them to their prehistoric ancestors.

### Junior Entomologist

#### July 13-July 17, 9 am-3 pm ANS Members/Broadlands Residents \$254; Nonmembers \$339

Are all insects bugs? We'll answer this question and more while looking high, low, and lower for our six-legged friends and their habitats. Come investigate insects and how important they are to ecosystems. Get ready for some crazy crawlers, happy hoppers, and fantastic fliers.

### Creature Feature: Animals and their Habitats

#### July 20-July 24, 9 am-3 pm ANS Members/Broadlands Residents \$254; Nonmembers \$339

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe and respectful handling. We'll finish every day seeing and touching the animal we have learned so much about!





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WHEN:	Monday, May 18th, 2015
WHERE:	<b>Broadlands Community Center</b> 43008 Waxpool Rd., Broadlands
TIME:	<b>7:00pm – 9:00pm</b> (Arrival 6:45p–7:00pm)

# SOLARIZENOVA.org/get-started

### 30% RESIDENTIAL RENEWABLE ENERGY FEDERAL TAX CREDIT

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#### April is Child Abuse Awareness Month

April is Child Abuse Awareness Month and as a NEIGHBOR and COMMUNITY MEMBER, everyone has a role. It starts by taking notice when a child or family is struggling.

Stop Child Abuse Now (SCAN) of Northern Virginia also offers these tips to help make a difference:

- Smile and praise the child or parent— acknowledge that parenting is a tough but rewarding job.
- Offer to listen to a parent or spend time with a child.
- Connect with kids by volunteering.
- Create opportunities in your community for families to build new connections in safe, supportive environments.
- Invite the SCAN Speakers Bureau to talk to your community group about child abuse prevention
- Plant a pinwheel garden

All adults have a responsibility to connect with the children in our communities. How will you connect with a child today? For more information about preventing child abuse and neglect and strengthening families, visit www.scanva.org/kidsneedconnections.



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Laura Gilbride, Owne

# About Your Pet...

#### Is Pollen Pestering Your Pet? By: Shannon M. Pecora, MA of Stream Valley Veterinary Hospital



Are you one of those lucky folks who isn't plagued by seasonal allergies? If so, we envy you, especially this time of year! But even if you aren't persecuted by pollen or hassled by hay fever, you likely know the signs of allergies: sneezing, itchy eyes, scratchy throats, etc. And what should you look for in your pets to detect the signs of allergies?

Yep, we said "pets"! Did you know that pets can be allergic to the same pollens, plants, and foods that bother us? They might sneeze, and their eyes may become red, but often their symptoms really differ from ours. Pet allergic reactions, or excess immune responses, may be revealed in:

- red, inflamed skin
- itching (skin rather than eyes), leading to scratching, licking, swelling, and/ or irritation
- discharge, odor, itching, and infection in ears
- digestive distress, including vomiting and diarrhea

Keep in mind, these symptoms can signal many different conditions, so as you may have guessed, we recommended a veterinary visit if you notice any of them! But what can the vet do to help? Why can't you just share your antihistamines with your best furry buddy? Well, first let's caution you to never share your human medications with your pets. When a veterinarian prescribes a medicine, even if that drug doubles as a pet and human drug, the dosage depends on the weight and metabolic systems of animals, which can differ greatly from our own. So, for safety and efficacy's sake, consult a veterinarian rather than begin an unguided pet drug regimen.

To figure out if a medication will actually help your pet, your vet will help you track down the offending allergen. Is it environmental, seasonal, or food? The staff will speak with you about symptoms and trends and then design a diagnostic route, which may include blood testing, to determine the source. Then, depending on the results there are several next steps that may be recommended. For example, food trials can help identify the most nutritious, allergen-free diet. Or, just like for people, allergy shots can be formulated for scheduled administration. And yes, appropriately dosed and monitored oral antihistamines may be the answer. The treatment is dependent on the diagnostics, and unfortunately there's no one-size-fits-all solution to pets' allergies.

If you are a sufferer, then you know that the dreaded allergy is nothing to sneeze at! But there is hope for your pet to enjoy a less itchy, inflamed, or gassy life. If you suspect allergies (or any problems, really) in your pet, contact your vet and ask them to help him or her find relief!





# "Mom, I need a physical today"



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# Kindergarten 2015-2016 open house

Sunday, April 12 • 1 - 4 pm Tuesday, April 21 • 4 - 6 pm

### Full and Half Day Programs





#### **Full Day Private**

Focus on Literacy, Math, Social Studies and Science

Small Class Sizes with Individualized Instruction

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#### Half Day Enrichment

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#### WEEKLY SUMMER CAMPS

Enrolling We make Summer COOL! Our themedcamps are designed to make it fun for kids to stay fit, participate in new experiences and provide opportunities for new friendships. Fitwize not only inspires a healthy lifestyle, but fosters self-esteem, promotes mutual respect for one another, and provides a safe and fun-filled environment for all campers. Weekly camps include activities, field trips and crafts.

Now

Field trips: weekly Water Parks, National Zoo, Baltimore Aquarium, Luray Caverns, Adventure Park, Roller Skating and more!

We bring all the ingredients together to provide enrichment to each campers experience. Enroll soon, our camps fill up quickly.

#### **CHEER & TUMBLING SUMMER CAMPS**

We offer state-of-the art equipment, 9-panel spring floor and the following summer programs:

- Full-Day Cheer Camps includes tumbling stunting, cheering and fitness for ages 6-13.
- Half-Day Cheer Camps focuses on cheering, stunting and tumbling.
- Half-Day Tumble Camps provides tumbling for all levels.
- Stunt Clinic & Camps teach essentials of stunting through drills, stunts, stretching, conditioning, and especially technique for bases and flyers.
- Superstar Tumble Camp provides opportunity to practice unique & different skills not normally focused on in a standard tumble class. Each day will finish with a tumblingoriented group activity, game or fun competition.
- High School Boot Camp is for veteran high school cheerleaders. and includes tumbling, stunting, jumps and conditioning.

# AFTER SCHOOL & KINDERGART

After School Program: our unique program includes a daily, healthy snack and is comprised of our five pillars of healthy living; Fitness Program, Nutrition Seminars, Academic Support & Technology Center, Character Education and Community Service, which includes indoor & outdoor activities and open gym up until 6:30pm.

Kindergarten Enrichment: includes the above with a low 8:1 student/teacher ratio and provides enrichment of skills and concepts learned in LCPS, plus an art program and monthly field

trips. Program is run by a licensed Kindergarten teacher. Choose 🚒 half-day program until 2:30pm or full-day until 6:30pm.



AdvancED

#### ENJOY ALL OF OUR PROGRAMS!

We offer additional programs designed for kids' 5-18 years old AND adults: Tumbling Classes & Open Gym 
Cheer Team Youth, Teen & Adult Fitness Nutrition Seminars Birthday Parties Community Outreach CPR & 1st Aid Certification and more!



#### An Eggspectacular Time Was Had By All At the Broadlands' Spring Eggstravaganza!

**The Spring Egg Hunt and Festival** was a smashing success! Our younger residents were able to enjoy a fun filled Egg Roll and Spring Festival throughout the entire Hillside Park. Every single one of our young residents was having a great time and smiling ear to ear.

The youngsters were able to participate in the egg roll, meet Peter Cottontail, jump around in a moon bounce, ride a carousel, play in the Crayola Playland, listen to the customized kid tunes, meet Po the Panda from Super Kicks, munch on popcorn, enjoy Dippin' Dots, have balloon creations made just for them and even enjoy a hay ride through the neighborhood!

Great job to our organizers: Natalie Ihanainen and Yasmeen Shields and, their team of Amy and Sara Bazerghi, Nicole Beaulieu, Maddy Croson, Zach Dovel, Julie, Cassie and Regan Holstein, Joshua Lockard, Cub Scout Pack #1483, and the Briar Woods Key Club members.

Thank you to the companies and groups listed below that generously donated to this event: Briar Woods High School Cheer Team, Broadlands Technology Committee, Graphics and Marketing (GAM), Harris Teeter, HLS, Signature Snow and Ice Removal, Super Kicks.

If you would like to help plan community events email events@broadlandshoa.com.





# Did you know the average lifespan of a water heater is 10 years?



### New water heater standards from the Department of Energy take effect on April 16, 2015.

The new models are larger and more expensive. Consider replacing yours today for less with the plumbing experts at Modern Mechanical.



Visit www.modernmec.com to learn more and find out if your system is affected.

As a fellow resident of the Broadlands, I would like to extend you a special "Resident Offer." Mention this ad and receive \$105.00 off\* a new water heater purchase.

Certain conditions apply.



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2014 Small Business OF THE YEAR

LOUDOUN COUNTY CHAMBER OF COMMERCE

# We Were In On the Fun, Were You?

The ladies braved the icy roads and freezing temperatures to come out, visit with their neighbors, enjoy the food and drink, and kick up their heels for our first ever Ladies Nite Out. They enjoyed hors d' oeuvres and sides prepared by Fusions Cuisine - "The best crab cakes I have ever tasted," "I can't get away from the food. Everything is so good." From the bacon wrapped scallops and meatballs, to the rice wraps and potato rossi, there were dishes to please everyone's palate.

With the music playing, the ladies of Broadlands hit the dance floor. Step, shuffle, slide, turn and kick, beginning with the Electric Slide and ending with the Macarena, they danced and danced.. What a way to shake off those winter blues on a cold and icy night! - Linda McGrath, Events Committee



















Let's Celebrate Spring Broadlands Spring Tea and Fashion Show

Satrarday, May 2, 2015 1:00jpm - 4:00jpm Broadlands Community Center 43004 Waxpool Road

Featuring a Traditional Afternoon Tea Catered by Treats by Gale

> Latest Spring 2015 Fashions Provided by Misguided Angels

Enjoy An Afternoon With The Special People in Your Life (appropriate for ages six and older)

> Seating is limited to the first 60 that sign up. Cost: \$15.00 per person

Sign-up begins April 1st. Go online to broadlandshoa.org or stop by the Nature Center. Payment may be made online by credit card at broadlandshoa.org or by check at the Nature Center. Reservations and payment are being accepted until COB April 28th. Seating 6 per table. Sign up for full table to ensure your preferred seating.

No cash transactions will be accepted. No refunds. Checks should be made out to The Broadlands Association and submitted to: The Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

Volunteers are needed to help with setup and clean up after the event.

Eggs in a Basket

3 large russet potatoes, peeled ½ stick unsalted butter, melted Freshly cracked black pepper and salt Nonstick cooking spray 6 slices prosciutto, about 2 ½ ounces, chopped 2 tablespoons maple syrup 6 eggs 3/4 cup shredded provolone

Heat the oven to 350 degrees F. In a food processor fitted with the grater attachment, push chunks of the potato through the chute to grate. Once all the potatoes are grated, put them into a piece of cheesecloth or a clean kitchen towel and squeeze to remove the moisture. Add the potatoes to a large bowl, stir in the melted butter and season well with salt and pepper, to taste. Spray a 6-cup muffin tin lightly with nonstick cooking spray. Press the grated potatoes evenly into the muffin cups being sure the potatoes go up the sides in a thin layer and covers the bottom. Bake until the top edges turn light golden brown and the potatoes are cooked through, about 35 to 40 minutes. Meanwhile, in a small bowl toss together the prosciutto with maple syrup and a few grinds of freshly ground black pepper. Set aside. Remove the potatoes from the oven and gently crack an egg into each cup. Bake until the egg whites set but the yolk remains runny, about 6 to 8 minutes. Remove from the oven and set the oven to broil. Top the eggs with grated cheese and put the maple prosciutto on another sheet tray. Broil both until cheese melts, and prosciutto crisps slightly, about 1 minute. Top the eggs with crispy prosciutto and serve immediately. Serves 6 Sunny Anderson



# Emeril's Mini Ham and

Crustless Zuiche

3 large eggs 2 cups half and half ¼ teaspoon salt ½ teaspoon freshly ground black pepper 3 tablespoons unsalted butter 1 cup finely chopped red bell pepper 1 cup finely chopped ham, about 6 ounces ½ cup finely chopped green onion tops 6 tablespoons Panko breadcrumbs 1- 5.2 ounce container of Boursin Cheese with Garlic and Herbs

Preheat the oven to 375 degrees F. Whisk the eggs, half and half, salt, and pepper in a small container until combined. Melt the butter over medium heat in a 10-inch sauté pan. Remove from the heat. Liberally brush the wells of a standard muffin pan with half of the butter. Set the muffin pan aside. Return the sauté pan to the stove over medium heat and add the red bell pepper. Cook the red pepper until soft, about 3 minutes. Add the ham and cook, stirring as needed until beginning to brown, about 3 minutes longer. Add the green onion tops and cook for 1 minute longer. Remove from the heat. Add 1 teaspoon of the breadcrumbs to each well of the muffin pan. Divide the following among the wells: pepper and ham mixture; cheese; and the milk mixture, filling them to the top. Bake the quiche in the oven until puffed and set, about 25 minutes. Remove from the oven and allow them to cool in the pan for 10 minutes before serving. Yield: 12 mini quiches, about 6 servings.



#### Go Green and Opt Out

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com.



You will no longer be mailed a hard copy, but will be emailed a link to the online version.

Joanna G. Shuman D.P.M. Podiatric Physician & Surgeon

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**Referrals Are Your Best Recommendation!** 

### Pool Season Begins May 23<sup>rd</sup>... Do You Know Where Your Pool Passes Are?

It's time to start digging around in the bottom of your pool bag or in the drawer with the swimsuits for your **Broadlands Photo ID Pool Passes**. Everyone aged 5 and older will need one to gain admission to the pools. If you are 18 or older, you must provide proof of residency in order to obtain a pool pass.

*IF YOU ARE AN OWNER AND HAVE THE POOL PASSES YOU USED LAST YEAR, YOU DO NOT NEED TO SUBMIT AN APPLICATION.* Passes will be electronically reactivated. If you cannot locate your passes, reprints can be issued free of charge prior to the opening of the pool on May 23<sup>rd</sup>, 2015. After May 23<sup>rd</sup>, replacement cards will cost \$5.00 each. If you want a new picture for your replacement pass, the cost is \$7.00, regardless of when the pass is issued.

**Updating Passes:** If you have a child whose pool pass has not been updated in the last five (5) years or so, please bring him/her by the Nature Center to get an updated pass and a new picture taken. Any individual who has turned 18 since the last pool season will need a new adult card. Please remember to bring proof of residency if you are updating your pass to an adult card.

**New Owners:** You must fill out an owner application, return it to the HOA office at the Nature Center and have your photos taken. Owner applications can be found online at *broadlandshoa.org* under pool information, and are available at the Nature Center or in our Newsletter. Pool passes are issued to each individual aged 5 and older living in the household. A household consists of all persons living in the dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers or others showing proof of residency in the form of a valid driver's license or other government issued ID or utility bill.

**Children 5 yrs or older:** Children who have turned 5 yrs old since last summer, or will be 5 yrs old by June 1, 2015, must have a pool pass for the upcoming pool season. An owner application must be filled out and a picture taken so a pass can be issued. Owner applications can be found online at *broadlandshoa.org* under pool information, and are available at the Nature Center or in the Newsletter. Please return completed owner applications to the HOA office at the Nature Center to add your child (ren) to your family data base. **NEW THIS YEAR:** Children under 5 yrs old may obtain a pool pass in order to bring in guests to the pool. This change will allow our 5 and under members the opportunities to have an older guest accompany them when other family members are not available.

**Long Term Guest Passes:** Long Term Guess Passes are offered for \$100 for the 2015 season. They should be noted as a long term guests on the owner's application. The fee must be paid at the time their photo is taken and the pass is issued. The owner must accompany the long term guest to the photo session and show proof of identity and address.

**Guest passes:** 10 resident guest passes are allocated to each *residence*. Additional guest passes, good for 10 visits may be purchased for \$20. Members are limited to bringing 3 guests per member per visit to the pool. Guest passes are added to the electronic account of each residence and no physical passes will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility. Rules regarding the use of guest passes can be found online at *broadlandshoa.org.* 

#### BEGINNING APRIL 6, 2015, PICTURES WILL BE TAKEN AT THE NATURE CENTER FROM 9:00 A.M. TO 5:00 P.M. MONDAY THROUGH FRIDAY ON A FIRST COME FIRST SERVED BASIS.

Prior to having a photo taken, all adults 18 and older must show a photo ID with proof residency at a Broadlands Association residential address. *Photos will not be taken if acceptable proof of identity and address are not available.* 

Acceptable photo IDs include:

- Driver's License
- School, Military ID
- Current Passport

If your ID does not show a Broadlands Association address, the following additional documents will be accepted as proof of residency:

- Utility bill issued within the last 60 days
- Settlement Papers or Deed
- Current Virginia Voter Registration Card

#### PLEASE CONTACT THE HOA OFFICE AT THE NATURE CENTER WITH QUESTIONS, 703-729-9704.

#### **\*\*NEW\*\*OWNER ABSENTEE STATEMENT FORM and TENANT POOL APPLICATION**

**Owners:** If an owner wishes to transfer their pool rights to their tenant, the owner must fill out the *"Absentee Owner*  **Statement – Facilities Use Agreement for Tenants"** form. This is a **new form** for owners to transfer rights to their tenants for all of the Broadlands facilities including the three Broadlands pools, the Fitness Center and the privilege to rent the Community Center. Owners are **required** to complete this form prior to tenants acquiring privileges to Broadlands facilities. The completed *"Absentee Owner Statement – Facilities Use Agreement for Tenants" will be valid for the duration of the Tenants lease unless the owner suspends* privileges to the tenant, or the tenant fails to abide by the rules of each or any facility. Use of Broadlands facilities is subject to owners and tenants remaining in good standing with Broadlands Association. Use of Broadlands facilities and issuance of pool passes, key fobs or Community Center rental privileges will only be issued to either an owner or a tenant. In **NO** instance will privileges be granted to both. Upon lease expiration and/or renewal, it is the owners and/or tenants responsibility to notify Broadlands Association of termination or continuance of the rental of the Broadlands property.

**Tenants**: If an owner wishes to transfer their pool rights over to their tenant, then the owner must complete the "Absentee Owner Statement – Facilities Use Agreement for Tenants" form. Tenants must then complete **and sign** the "2015 Pool Membership – Tenant Application" form for membership. In this instance, passes will only be issued to the tenants, not the owners. Tenants may use previously issued passes, but these will not be activated until the owner provides a completed "Absentee Owner Statement – Facilities Use Agreement for Tenants" form authorizing the tenants to use the pools for the 2015 pool season. The forms can be found on page 32 & 33 in this newsletter, online at *broadlandshoa.org* under pool information, and are available at the Nature Center.



#### BROADLANDS 2015 POOL MEMBERSHIP OWNER APPLICATION

This application form must be signed by the *OWNER* who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes, this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or placed in the drop box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER ADDRESS:	
OWNER NAME:	
TELEPHONE:	
EMERGENCY CONTACT NUMBER:	EMAIL:

Please LEGIBLY PRINT the names of ALL members who will receive a pass and the date of birth of all children between the ages 5-17 (as of June 1, 2015). Children under 5 do not require passes. Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. Passes will not be issued if acceptable proof of identity and address are not available.

Resident Name (s)	Relationship to Owner	D.O.B. if under 18	Office Use: Proof of Res	Office Use: Pics
	Owner			

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association, Inc. and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature of Owner		Today's Date	Today's Date	
	Office Use Or		~	
Date Received:	If purchasing add'I gues	st passes: cash / credit /check #	\$	
Entered in system 🗖 Pics Con	plete 🗖 Family ID:			
Open Track Updated 🗖 App Co	mpleted 🗖 Notes:			

### BROADLANDS 2015 POOL MEMBERSHIP TENANT APPLICATION

This application form *MUST BE accompanied by the "Absentee Owner Statement – Facilities Use Agreement for Tenants" form when pool privileges are transferred from the OWNER to a TENANT. OWNER(S) MUST SIGN the Absentee Owner Statement and transfer their pool privileges before Tenants will be granted a pool membership.* This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or placed in the drop box outside of the office. Applications may also be faxed to 703-729-9733.

#### **TENANT INFORMATION (If privileges are transferred to tenant)**

BROADLANDS ADDRESS:	
TENANT NAME:	
TELEPHONE:	
EMERGENCY CONTACT NUMBER:	EMAIL:

Please LEGIBLY PRINT the names of ALL members who will receive a pass and the date of birth of all children between the ages 5-17 (as of June 1, 2015). Children under 5 do not require passes. Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. Passes will not be issued if acceptable proof of identity and address are not available.

Tenant Name(s)	Relationship to Tenant	D.O.B. if under 18	Office Use: Proof of Res	Office Use: pics
	Tenant			

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association, Inc. and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

	/ /	/ /
Signature of Tenant	Date of Lease Expiration	Today's Date
PRINTED OWNER'S NAME:		
ABSEN	TEE OWNER'S STATEMEN	T ON FILE:
TENANT LEASE EXPIRATION DATE:	//	VERIFIED:
	Office Use Only:	
Date Received: I	f purchasing additional guest passes: cre	edit / cash / check # \$
New 🗖 Renewal 🗖 Lease 🗖 Pics 🗖	Notes:	
Open Track Updated 🗖 Completed 🗖		

32 April 2015 | Our Neck of the Woods


Association, Inc.

**Absentee Owner Statement - Facilities Use Agreement for Tenants** 

Broadlands Property Address:			
Absentee Owner Name:			
		Cell:	
Absentee Owner Email:			
As the Owner of the Broadlands Association property listed above, I agree to relinquish my Broadlands facility privileges to my tenants,as well as those members of their household who are allowed under the terms of my lease to reside in the household. My tenants shall provide a copy of the lease to Broadlands Association as validation of their occupancy during the term of the lease. The current lease agreement is for the following term:			
S	Start Date of Lease://		
E	Expirati	ion Date of Lease://	
Tenant Home Phone:		Tenant Cell Phone:	
Tenant Email Address:			
I give permission for my tenant to use the following Broadlands facilities (check all that apply):			
ſ		Pools (Southern Walk, Community Center, Summerbrooke)	
ſ		Fitness Center (Clubhouse lower level)	
ſ		Community Center (Paid rentals only)	
I agree to take full responsibility for the actions of my tenants, the members of their household and their guests at all times, and will assume full responsibility to Broadlands Association of any costs incurred and/or unpaid by my tenant. I certify that my tenants have read and understood the pool, fitness center and Community Center rules, that all persons using these facilities agree to abide by such rules, and that any infractions of the rules may result in suspension of privileges to use Broadlands Association facilities for both my tenants and myself.			
Absentee Owner Signature:			
Homeowner's Current Address: Date:/			
Office Use: Date Rec'd:/	/		

#### **BROADLANDS 2015 POOL LOCATIONS AND HOURS**

Please do not forget to bring your Pool Pass ID. No one will be admitted to the pools without their pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check the postings at each pool for any changes to hours of operation.

#### Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

10:00 a.m. - 8:00 p.m. daily, including weekdays while school is in session.

#### Southern Walk Pool – 43081 Village Drive – 571-223-1331

*During school:* Weekday hours are 4:00 p.m. – 8:00 p.m. Weekend and holiday hours are 11:00 a.m. – 8:00 p.m. *After school:* Standard pool hours will be 11:00 a.m. – 9:00 p.m. daily; August 1<sup>st</sup> to Labor Day: 11:00a.m. – 8:00p.m. daily.

#### Community Pool – 43008 Waxpool Road – 703-724-7830

*During school:* Weekend and holiday hours are 12:00 p.m. – 9:00 p.m. Closed on weekdays. *After school:* Standard pool hours will be 12:00 p.m. – 9:00 p.m. daily.

Adult Lap Swim only at Community Center Pool: Starting the week of June 22nd, Tuesday, Wednesday & Thursday, 5:30 a.m. to 7:50 a.m.

## Special Pool Hours/Closings

\*Special Pool Hours & Closing To Be Determined\*

(Please check next month's newletter or our website at broadlandshoa.org for the latest information as it becomes available)

#### **BROADLANDS POOL RULES**

#### GENERAL RULES

- NO glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- NO pets
- NO alcohol or drugs
- NO smoking
- NO chewing gum
- NO running, pushing, dunking, wrestling or rough play
- NO general swimming in diving area
- NO water toys or other equipment unless authorized by pool manager
- NO play equipment or wheeled vehicles, except wheel chairs and strollers
- NO diving in shallow area
- NO tape players, CD players or radios unless waterproof and used with personal headphones
- NO flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- NO DISPOSABLE DIAPERS. Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over
- Children under 16 years must pass the Swim test to use the diving board and slide
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit. Members must use guest passes for each guest aged 5 and older.
- Pool members are responsible for the conduct of their guests
- Adults are responsible for the safety and conduct of all children in their care
- · Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules
- Members and their guests using the pools do so at their own risk
- No lifeguards are on duty at the wading pools

Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website www.broadlandshoa.org

#### MEMBERS **MUST COMPLY** WITH ALL LIFEGUARD INSTRUCTIONS



# Sports Information

# Summer Cheer Camp at BWHS

Join us for 5 fun filled days of cheer. July 13-17, 10:00am - 4:00pm. \$200. Briar Woods High School cheerleaders and the varsity head coach will be teaching cheers, jumps, stunts, dances and tumbling. No experience necessary. This camp is for both boys and girls ages: 7-14.

A performance by the campers will be held for friends and family on the last day of camp. To register go to loudoun. gov/prcs using Web Trac Registration. The camp code is 521269-01.

#### Loudoun Half Marathon and 8k Sunday, April 12

Times: Half Marathon Start Time: 7:00am/

SOLD OUT 8k Start Time: 7:30am Race Day Registration will be available, if caps are not met

Location For Start and Finish Stone Bridge High School 43100 Hay Road, Ashburn, VA 20148 See map on page 36

#### Proceeds

As running becomes a faster-growing sport across the country, many of the high schools in Loudoun do not have sufficient funding for their track & field and cross country programs to allow student athletes to more fully explore the sport. The Loudoun Half Marathon & 8k raises money to supplement the schools budgets so that schools may enhance these and other athletic programs.

#### Results

2015 Results will be posted on website by 8:00pm on race day.

For more information visit http://loudounhalf.org/race-info/.

#### Fun Tennis Camps at Broadlands!

Whether children are beginners, intermediate or advanced players, this program will improve their game and help them get more enjoyment from tennis.

### Spring Camp Starting March 30th

through - April 2, Ages 5 – 14 Mon - Thurs, 9:00am - 1:00pm (Friday will be make up day in case of rain) Week 1: March 30-April 3 Week 2: April 6-10 Residents: \$176 .00 per week Non Residents: \$185 per week Weekly Summer Camps start the week of June 17 and will run until August 27. For more information or to register visit luistennis.net.

Old School Basketball Camp Moves to New Facility Old School Basketball Camp is pleased to announce that their summer camp has moved campus of Randolph Macon College in Ashland, Virginia. The new location facilities will include: Three Air Conditioned Gyms with a total of SIx Full Courts - twenty side baskets for stations - Air Conditioned Dorms - Award winning Dining service with a tremendous variety of choices every meal.

They are thrilled to be at Randolph Macon and know that this will be the best Old School camp yet! The summer camp will also now be available to rising **5th-12th** grade boys.

Camp will be Sunday, July 12th -Wednesday, July 15th. For more information or to sign up visit: jeffhawesbasketballcamp.com/index. aspx.

#### Broadlands Tennis Programs - Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands Community.

For more information, pricing and to register visit LuisTennis.net.

8 week group sessions starting in March - enrolling now! Session I - March 2 – April 26 Session II - April 27 – June 21 Session III - June 22 – Aug 16 Session IV - Aug 17 – Oct 11

1 Hour Junior Clinic All levels - ages 4-10 Mon - Fri, 4:00pm & 5:00pm Sat & Sun, 10:00am & 11:00am

Beginners - ages 11-16 Mon - Fri, 6:00pm Sat & Sun, 10:00am & 11:00am

1.5 HR Junior Clinic Advanced/Intermediate ages 10-16 Mon - Fri, 6:00pm

1.5 HR Adult Clinic All levels Mon through Fri, 9:00am & 10:30am Mon - Fri, 7:00pm Sat & Sun, 8:30am

Weekly tournaments and private lessons available - please check the website for pricing

Please email Luis Rosado at LuisTennisAcademy@gmail.com or broadlandstennis@yahoo.com if you have any questions.



# Loudoun 8k Course Narrative

- Start in the back parking lot of Stone Bridge High School
- Right onto Claiborne (Mile 1& 2 on Claiborne | water stop 1 on Claiborne)
- Right onto Marshfield Dr.
- Cross over Ashburn Farm Pkwy to Deer Run Way
- Left onto Belgreen Dr.
- Right onto Claiborne
- Right onto Hidden Pond Place
- Left on Springwell Dr.
- Left on Vestals Gap Dr.
- Left on Claiborne
- Left into the back entrance of Stone Bridge High School towards the track.
- Left then right onto track for finish line in front of visitors bleachers.



Spring into health at the 1<sup>st</sup> annual Open Arms and Our Savior's Way Spring Fling 5K on Saturday, April 25<sup>th</sup>! The Spring Fling 5K Race and 1 Mile Fun Run will feature a professionally chipped time 5K race followed by a 1 mile fun run/walk. Race course will include the path along Claiborne Parkway as well as local streets. The 5K race will start in the church parking lot promptly at 8:30 am, and the 1 mile walk/run will follow at 9:15am. Cost for the 5K is \$25, which includes a Spring Fling 5K t-shirt if you register by April 1<sup>st</sup>. Cost for the 1 Mile Fun Run is \$20 per family (free if you register for the 5K) and includes a finisher's medal for the children. Proceeds from the 5K will go towards improving technology in the Open Arms classrooms. For more information including how to register, visit www.openarms-ccdc.org.If you would like to find out how you can volunteer or sponsor the even please e-mail Lindsey.kilgannon@openarms-ccdc.org. Lace up your running shoes, and we'll see you on April 25<sup>th</sup>!



# Take Time Out For You

#### Baby Steps to Big Success By, Katie Herbert, CPT, Tabata Bootcamp Master Trainer locotabatabootcamp@gmail.com

I've had many a client set goals and fall short of the target. Why does this happen? There are many factors at play here but one of the biggest issues that I find is fear, or a feeling of being overwhelmed by the goal. The 'New Years Resolution' is a perfect example; many of us set lofty goals every January I<sup>st</sup> only to abandon said goals within days. The problem is that most of us try to overhaul our lives instead of make gradual changes that we can stick with.

As in all areas of life, change in diet and activity level is much more sustainable when done gradually. The goal is after all to be able to sustain and maintain weight loss and health. Anyone that has ever tried a crazy crash diet (cabbage soup anyone?) will understand this. So often the new fad diet or fad exercise will promise amazing results, it may even deliver on initial promises, then the minute you end the program you regain all the weight and more. Are we getting it now? Baby steps=success. By no means am I trying to discourage anyone from going all out on their fitness goals this year and hitting full throttle. I'm just trying to let everyone know that it's alright to be overwhelmed but let's get a hold of it and not let those feelings hold you back from something great.

Diet and nutrition is a place where many people falter. As I tell my clients, you can ruin a killer 1-hour workout in 10 minutes if you are reckless. To avoid this pitfall you need to be mindful of what you are putting into your body and consider the work that it will take to get rid of it. Are those M&M's worth another 30 minute run?

Here's a little basic math to help out: Ilb of fat=3500kcal This may seem like a large number. Break it down over a week, if you can reduce 500kcal per day you are down Ilb per week. Easy right? Not sure where to cut calories from? Keep a food journal for 3 days. After the three days look at what you've eaten and determine what empty calories you can get rid of.

The American Academy of Sports Medicine recommends 30 minutes of cardiovascular exercise 5 days per week. I can hear some of your groaning already but this is just what I mean. 5 days a week may seem like too much to handle to start. Start with something you can do, once you can comfortably fit 2 days in, add a third day, then a fourth, then a fifth. Other people may think that there is no way to fit 30 minutes in. No one said it has to be in a row. In fact, studies have shown that people that break up workouts burn more calories than people that do one bout of exercise per day due to the extra calories burned in each mini workout.

Other quick tips:

Take the stairs vs. elevator.

Park further away from store entrances. Find opportunities to be active...calf raises and brushing teeth go well together.

Do mini workouts on commercial breaks.

Play with kids when at the playground



(instead of just talking/sitting). Order one size smaller than normal, in all food and drinks purchased outside of the home.

Even if you aren't ready to commit to a hardcore exercise program you can benefit from some of these simple changes and chances are, if you can make some little changes, that mountain may not look so big anymore. Good luck!

#### Piranhas Planning Triathlon -Save the Date!

Planning is underway for the 2015 Broadlands Kids Triathlon sponsored by the Broadlands ODSL Piranhas Swim Team. This year's event will take palce on Friday, June 26th and will benefit The LCPS Backpack Coalition. Look for online registration to start in May!



# Tid Bits of This and That

#### Loudoun Symphony's Last Concert

The last concert of the 2014 – 2015 season will be performed Saturday, April 18th, 7:30pm at the Virginia Academy, 19790 Ashburn Road, Ashburn VA. The orchestra will be playing a very listenable classical program consisting of works by Liszt, Dvorak and Castelnuovo-Tedesco. Featured in the Concertino for Harp by Castelnuovo-Tedesco will be harpist Julia Martin.

Our popular Buy 2/Get 2 Free promotion will be in effect. Details of the program and for the purchase of tickets are online at loudounsymphony.org

#### Ashburn Village Animal Hospital Offers Savings for Seniors!

Every Thursday senior citizens (65 and older) can bring their pets in for 10% off all services. For more information call 703-729-0700.

# The Ashburn Toastmaster is Celebrating a Milestone in Broadlands!

Ashburn Toastmasters, open to Broadlands residents interesting in improving their speaking and leadership skills, will soon be celebrating a major milestone...our 10th Anniversary!

The club was founded on March 30, 2005. And, will celebrate its ten year anniversary on Wednesday, April 29th from 7:00pm to 9:00pm at The Bungalow Lakehouse, 46116 Lake Center Plaza, Cascades, VA, 20165. Like all of our regularly scheduled meetings at the Broadlands Community Center, this event, called a Speech-a-thon, is open to the public.

When and Where We Meet: Our club meets the second and fourth Wednesday of each month (except national holidays and inclement weather days) from 7:15 pm - 8:45pm at the Broadlands Community Center, 43004 Waxpool Road, Ashburn, VA 20148.



Interested in getting up to date community news in between monthly newsletters? Sign up for our e-bulletin, the Broadlands Blast, online at www.broadlandshoa.org.







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**POTOMAC FALLS** 703-444-9373 46165 Westlake Drive, Suite 300

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# BROADLANDS HELPERS LIST

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1997 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

# Not Available on Website Edition

Key:

(B) Babysitter's Course
(C) CPR
(R) Rescue Breathing
(F) First Aid
(D) Dog & Cat First Aid

\*All area codes are 703 unless noted.





# DISCOUNT DAYS!

# Big Savings Just for Broadlands Residents!

#### **BROADLANDS VILLAGE CENTER**

• OptimEYES (Optometry): Member fees—Exam \$35, Frames, Lenses, Options, contact Lens Evaluation are all 20% off Retail Price and U&C fees, contact Lens Materials are 25% off retail price

• Painting with a Twist (Painting Classes/Entertainment): Wednesday nights, bring in 2 people to paint and you will get a \$35 gift certificate to a future class. (Cannot be used on the same night). Limited to 1 gift certificate per group of 3 people.

#### **BROADLANDS MARKETPLACE AT SOUTHERN WALK**

• **Broadlands Complete Dental:** \$59.00 new patient special, includes exam and x-rays. \$1 emergency exam, includes emergency exam and necessary x-rays. May be used once per patient.

• TopKick Martial Arts Center (Traditional Taekwondo): Free! One month Easy Trial Program, uniform included—\$120 value! (Valid for new members only). \$20 OFF per week on A+ AfterSchool Program! (Valid for new members only) \$80 OFF per week on SummerCamp Program! (Valid for new members only)

# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@broadlandshoa.com.

#### ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Community Center.

#### ASHBURN CLASSICS

If you're a senior citizen please join us on Saturday, April 11th at 10:30am at the Mills Recreation Center on Gloucester Parkway in Ashburn Village. We will be having a special preformance by the AAPAA Dance Studio and also celebrating spring. We meet the second Saturday of each month and have several satellite clubs such as bridge, Bunco, book clubs, Mexican Train, card games and lunch/dinner groups. For more information, please call Grace at 703-729-7044 or Carmen at 703-723-3724.

#### ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

#### **BRAMBLETON LADIES GOLF LEAGUE**

Brambleton Ladies Gold League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

#### **BRIDGE GROUP**

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm to 8:00pm at 42809 Vestals Gap Drive.

#### **BAC - BROADLANDS ADAPTED CLUBS**

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail. com for more information.

#### BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

# ASHBURN/BROADLANDS COMMUNITY WOMEN'S BIBLE STUDY

We are currently working on a study, **Ruth** by Kelly Minter. This is an interdenominational group that meets weekly on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Chris at 703-729-2095 for information.

#### **CUB SCOUTS & BOY SCOUTS**

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

#### GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-language playgroup.

#### **GRIEFSHARE SEMINAR/SUPPORT GROUP**

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

#### GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more information email 7010@gmail.com.

#### INDIAN CARDS CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

#### LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Lou32dounWNG.com.

#### MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2<sup>nd</sup> Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub. broadlands@gmail.com.

#### MOMS IN PRAYER

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Monday mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

#### PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

#### **ROTARY CLUB OF ASHBURN**

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

#### **TECHNOLOGY COMMITTEE**

We meet the third Wednesday of each month at 7:30p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.





#### EARLY EDUCATION/DAY CARE

**CHILD CARE / AU PAIR:** I am a soon-to-be college grad, experienced in caring for children and looking forward to helping you and your family. Available between May 20 and June 20. Please call me at 703-380-9593.

**SUMMER NANNY SERVICES:** Penn State University rising sophomore looking for part-time summer work. Objective is to help parents with child-care coverage while also doing some fun things with the kids and helping with reading/learning as desired. Broadlands resident, BWHS honors graduate (and Teacher Cadet Graduate), Penn State Education Major. Have own transportation. Please email nmm5408@psu.edu.

**GROWING MINDS PRESCHOOL:** A home based, state licensed preschool located in Broadlands is now registering for its fall classes. Classes are offeredfor 2 ½, 3 and 4 year olds. For more information, please contact Judi Ratcliffe at gminds@verizon.net or (571)216-4663.

#### **ENTERTAINMENT**

JAZZ FOR YOUR EVENT! Casual to Black Tie, Weddings, Birthdays, Graduations, Anniversaries, Picnics/Festivals, Corporate Events, Your House Party...[Think: Sinatra, Ella, D. Krall, Michael Buble, Norah Jones...] Professional Duo to Quintet features female vocalist performing "The Great American Songbook" (Jazz Standards, Swing, Blues)... & more! Promo. Pkg./ CD/Refs. Avail. Contact Bobbe Shore at 703-858-1629.

#### INSTRUCTION-ARTS/MUSIC/RECREATION CHILDRENS YOGA, CHEER OR HIP HOP CLASSES: Certified

ChildLight Yoga Instructor and Former Redskins Cheerleader. Ages 3-7. Choose 1 hour of Yoga or Cheer or Hip Hop. \$14 per class - 6 week session. Choose 2 hour class and combine two. 10% off for Broadlands residents. **Classes begin - Tuesday, April 21st** or **Friday, April 24th**. 10am - 12noon @ Broadlands Community Center 43004 Waxpool Road. Contact: **AshburnMoms@aol.com** for registration.

**MUSIC LESSONS NOW:** At a professional music school just minutes from your home. Private lessons at our state of art facility in piano, guitar, drums, voice, violin, flute, clarinet, sax or trombone. Our University trained teachers have produced more LCPS award & competition winners in the past 12 years than any other area school. Group lessons & performance classes also available. Call now to schedule a tour or sign up online **703.723.1154**, **MINTONS ACADEMY OF MUSIC**, mintonsmusic.com.

**SAXOPHONE, CLARINET AND FLUTE LESSONS:** Available in Broadlands. Instructor has a Music Degree and 20 years' teaching experience. In-home or studio lessons; endorsed by LCPS; references available. Please call 703-777-4352 or email WoodwindStudio@verizon. net.

**PIANO LESSONS:**Offered in my Broadland's home studio to students of all ages. I incorporate teaching methods specific to individual needs in a relaxed environment. Over 15 years teaching experience. Virtus certified.

For space availability call Carolyn Brady at 703-297-5718.

#### **INSTRUCTION - TUTORING**

**A-1 FORMER LOUDOUN COUNTY MATH TEACHER:** Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Pre-Calculus and Calculus.SAT prep and test taking strategies.Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu\_911@yahoo.com. Please visit: A1mathtutor.weebly.com.

Visa, Master Card, Discover and Amex accepted.

**SAT/ACT Test Prep**: Professionally trained with over 9 years of experience, BRHS teacher offers private or small group tutoring to prepare all sections of the tests. Call 703.835.4679 or email cbrunet2@ yahoo.com.

**MATH TUTOR IN BROADLANDS!** I am a Broadlands resident, and have 22 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

#### HEALTH/FITNESS/WELLNESS

JOYOGA IN BROADLANDS: Come try new classes at great rates at joyoga. The first class is FREE! Look at our unlimited monthly passes for \$50.00 for first time students! We have a new Seniors Class starting on Tuesday mornings at 10:00 a.m. A Couples Yoga Class will be offered on Friday, April 17, taught by Pat Pao. See details on www.joyoga.us. AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Get fit now with my 24+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/ post-partum; yoga/Pilates; all ages/fitness levels.Safe/effective.Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595;stephaniegotfried@verizon.net; fitnesstogova.com.

#### **ELECTRICAL-PROFESSIONAL CONTRACTORS**

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**BANE ELECTRICAL SERVICE LLC/ SMALL COMMERCIAL& RESIDENTIAL:** Trouble shooting experts! Specializing in High Chandelier installs, Recessed light installations and Home Inspection items. In Ashburn since 1999! Call 703-723-6501 or email baneelectric@ comcast.net.

#### HOME SERVICES

**HOME IMPROVEMENT CONTRACTOR:** Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years' experience.Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more.Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike. Rosario@verizon.net.

**LOONEY'S TILE AND GROUT RESTORATION:** When all you do is Tile & Grout, you know it will be done right! We employ 4 full-time Tile and Grout Specialists and do not sub-contract our work.Re-Grouting, Grout repair, Cleaning, Sealing, Professional Caulking and Water Damage Repair. Locally owned and operated in Ashburn, 21720 Red Rum Dr #177 Ashburn, VA 20147, contact us at 703-687-4493, www. Lcleantileandgrout.com, or email service@Looneystileandgrout.com.

SHANTZ'S HOME SERVICES:Has new email:Shantz1966@gmail. com. For all your home improvement needs, Honey Do's; specializing in





Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates.Broadlands resident.

#### HOUSE CLEANING

**ECOGREEN CLEANING SERVICE:**100% Non-Toxic Products ensures a safe, healthy,clean environment for your family and home. 5 star reviews on Google, Yelp, and Angie's list. Visit website for savings coupon. Save \$\$ Book NOW -www.ecogreencleaningservice.com - (703)203-4969.

**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

**MAID IN VIRGINIA- RESIDENTIAL CLEANING:** We have earned a reputation for having the highest integrity. We enter your home excited to clean. We can provide numerous references. Locally owned and operated in AshburnLicensed, Bonded, Insured with Workers Comp Insurance. www.maidinvirginia.com;Libby@maidinvirginia.com;703-723-5199.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates.50% off second cleaning.(Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

#### LAWN/LANDSCAPE SERVICES

GARDEN COACH AND DESIGNER: Spring is here! Experienced gardener, teacher and coach ready to partner with you in your gardening ventures, big or small! Ashburn resident; certified in landscape design and education; trained Master Gardener. Call Jeanette at 703.727.9398 or email Jeanette@bellavitagardens.com. Website: bellavitagardens.com. GREEN CARE CONCEPTS, LLC: Landscape design, installation, & maintenance. Personal plant adviser; diagnosis plant diseases & provide recommendations. Customize pruning of shrubs and perennials. Provide one-on-one or group hands-on plant training. Contact: Siu Wong, 703-282-3529, info@greencareconcepts.com for further details.

**GREEN LEAF LANDSCAPING:**Grass cutting, planting, mulching, spring clean-up. This year offering tree services - edging/trimming. Power washing, gutter cleaning, trash hauling, aeration & seeding. FREE ESTIMATES. Contact: Vidal Melendez 571-484-1193, melendezvidal@ yahoo.com.

#### MARKETPLACE

**ORIGAMI OWL:** Living Locket + Charms = Your Story! Are you a teacher, runner, Mom, Grandma, Bride-to-be? We have hundreds of charms so that you can share your story in a living locket. Unique and sentimental gift idea! Contact Jen Curran, 908-294-8938, www.jencurran. origamiowl.com, TheCharmedLockets@gmail.com.

**MARY KAY:**A wise women once had a dream to change the lives of women for the better. Her hope was so contagious that, one person at a time, her dream spread around the world. Nearly 50 years later, millions have been touched by the legacy that Mary Kay Ash left. I'm proud to share in her commitment of caring and connecting in communities, just like ours, to help make a difference. Contact Deborah Leben703-217-4583, dleben@marykay.com, marykay.com/DLeben.

#### PET SERVICES

**AROUND MIDNIGHT PET SERVICES, LLC:** Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, www.aroundmidnight.net. Now hiring – join our team!

#### **PROFESSIONAL SERVICES**

**TAX SEASON'S HERE!** Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy with Assurance Tax & Accounting providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or suoy@ assurancetaxandaccounting.com

**ASHBURN LAW OFFICE, PLC:** We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/ DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, Attorney@Ashburn-Law-Office.com.

#### How to Place Classified Ads

Classified ads (limited to 40 words maximum) must be received with payment by the  $5^{th}$  of each month for the following month's issue.

**Please Note:** Advertisers in the Broadlands Newsletter <u>are not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

#### **Monthly Rates:**

**Resident Rates** Monthly - \$10.00 Personal (For Sale) Ads \$0 Non- Resident Rates Monthly - \$20.00

Payment and Ads: Please email ads to: scollins@broadlandshoa.com. Checks, credit cards or cash accepted. Buy now online! Make checks payable to "Broadlands Association". No cancellations after the deadline.

> Mail to or drop off payments at: Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

**For more information contact: Advertising Manager:** Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

#### ADVERTISING DIRECTORY

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Virginia Tire and Auto	.Mid
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CommuniKids	.Mid
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Lori Christ, CPA LLC	
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Medics USA	.Mid
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,	. wha
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Ashburn Youth Football League	.30
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Broadlands Marketplace	.11
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# ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. <u>Advertising orders cannot be cancelled after the initial deadline.</u>

#### **ADVERTISING**

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at broadlandshoa.org on the newsletter page. DEADLINE: <u>Ad, payment and Insertion Order Form submissions are due the 1st day of the</u> <u>month prior to the issue. (Ex: Jan 1 for Feb's</u> *issue.)* 

#### MONTHLY PRICING

BLACK AND WHITE: 1/8 pg (3.625" W X 2.25" H) \$90 /\$75\* 1/4 pg (3.625" W X 4.875" H) \$165 /\$140\* 1/2 pg (7.5" W X 4.875" H) \$295 /\$270\* Full pg (8.5" W x 4.875" H) \$550/\$525\* COLOR (INSIDE COVERS) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$225 /\$210\* 1/2 pg (7.5" W X 4.875" H) \$425 /\$405\* Full pg (8.5" W X 11" H) \$1050 /\$900\* COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$250/ \$240\* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240\* 1/2 pg (8" W X 4.875" H) \$475/ \$455\* Full pg (8" W X 8"H) \$1050/ \$950\* \*Notes discounted price if 6 or more months are prepaid Add 10% to base price above for preferred placement Color space is limited, please inquire.

#### PAYMENTS (Due when Ad is submitted)

**Check Payments:** Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

**Credit Card Payments:** Please stop by our office to pay in person or visit our website at http://www.broadlandshoa.org/forresidents/newsle tter/ and click on the "Buy Now" PayPal button. Be sure to include your contact information when checking out.

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704. Please Note: Advertisers in the Broadlands Newsletter *are not* endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

#### **EDITORIAL**

The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.







#### Best teachers, Best practices, Best results



Our parents call it **MAGIC**, we call it *brain-based learning*.



- PreschoolKindergarten
- Kindergarten Enrichment
- ☑ 1<sup>st</sup> 3<sup>rd</sup> Grade Extended School





Call Bonnie to Sell Your Home Too! 703.728.2292 or bselker@KW.com