REPART News

May 2010

SPLASH INTO MAY, GET READY FOR OPENING DAY!

0

 Spring Community Yard Sale, page 5
 Save the Date for the Annual Board Meeting, page 5
 Your veto counted Condidate Prefile

- Your vote counts! Candidate Profile Sheets, page 12-16
- The Broadlands pools are opening May 29, are you ready? Pages 27-30
- As a reminder, the HOA offices will be closed on Monday, May 31st in observation of Memorial Day. Yard waste and trash will be collected on a normal schedule.

National Wildlife Federation Certified Community Wildlife Habitat Photo Courtesy of Craig Ross









Board of Directors

Cliff Keirce - President & Resident Member (703) 729-7320, shevcoo@yahoo.com

Brian Beahm - Vice President and Resident Member

(703) 726-6360, beahmer@glassmile.net

Staci Kapinos - Secretary & Resident Member (703) 728-5849, ssdkapinos@yahoo.com

Denise Harrover - Treasurer - Van Metre, (703) 425-2600, dharrover@vanmetrecompanies.com

Eric Bazerghi - Resident Member (703) 723-1046, eric@thehouse.net

Roy Barnett - Member at Large Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

David Baroody - Member at Large -(703) 729-6785, david.baroody@mobileaudit.net, dm.cmb@verizon.net

Jason Chautin - Member at Large - (571) 333-4472, jason@chautin.com

Dawne Holz - Member at Large -(703) 349-1095, dawne@holzfamily.net

HOA Office and Website

21907 Claiborne Parkway Broadlands, VA. 20148 (703) 729-9704 Fax: (703) 729-9733 Open Monday - Friday 9:00am - 5:00pm www.broadlandshoa.org

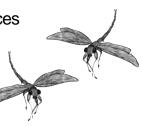


Armstrong Management Services

Assessment Information Office:

Direct Phone: (703) 679-1541 FAX: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to: Armstrong Management Services P.O. Box 7778 Philadelphia, PA 19101-7778



Southern Walk Board of Directors (Open Band Contract Administration Only)

Ken Corson - President (703) 842-4872, knkcorson@smartneighborhood.net

Erika Cotti - Vice President (703) 554-9269, erika_cotti_sw@yahoo.com

Douglas Granzow - Treasurer (240) 499-4323, gunzour@gmail.com

Shawn Williams - Secretary (703) 968-5295, smarcuswilliams@aol.com

Charles Salas - Resident Member (703) 967-8150, charlessalas@yahoo.com

Resident Member - Vacant

Resident Member - Vacant

HOA Management

Wes Schroeder - General Manager (703) 729-9711, wschroeder@broadlandshoa.com

Maureen Burns - Assistant General Manager & Secretary to the Modifications Subcommittee, (703) 729-9714, mburns@broadlandshoa.com

Nan McCarry - Audubon Naturalist, (703) 729-9726, naturalist@broadlandshoa.com. Hours: Monday 12:00p.m. - 3:00p.m., Wednesday 10:00a.m. - 5:00p.m., Friday 10:00a.m. - 2:00p.m.

Natalie Ihanainen - Newsletter Editor (703) 729-9704,

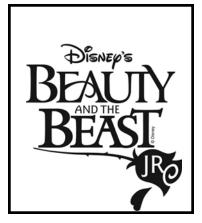
nihanainen@broadlandshoa.com

Staci Kapinos - Newsletter Advertising Manager, (703) 729-9704,

skapinos@broadlandshoa.com

Stassa Collins - Newsletter Classified Ads (703) 729-9704, scollins@broadlandshoa.com

Eagle Ridge Middle School Presents Disney's *Beauty and the Beast, Jr.* in May!



Eagle Ridge students, staff and parents have been working hard to bring Disney's beloved tale to life this Mother's Day weekend. Performances will take place on **May 6th and 7th at 7:00p.m., and May 8th at 2:00p.m. and 7:00p.m.** Tickets will be available for advance purchase from April 26th - 30th. Order forms will be available at Eagle Ridge, and on the Eagle Ridge website at www.loudoun.k12.va.us/ erms. Ticket prices are \$7.00 for adults and \$5.00 for students.

We hope to see you at the show!

MATTRESS SALE & CAR WASH FUNDRAISER

If you are in need of a new quality mattress, come by **Briar Woods High School** on **Saturday, May 15th** to get **40% off retail pricing** AND support the **Briar Woods Marching Band**. The band is working hard to raise the money they need to pay their way to London, England in December to march in the Queen's New Year's Day Parade. Each mattress or frame that is sold gives the band member you mention a helping hand in reaching their goal. If you do not know anyone in the band, the proceeds will help cover the cost of the staff and equipment.

These mattresses are from top quality manufacturers including Simmons Beautyrest, Corsicana and Southerland! All sizes are available: Twin, Full, Queen, King, as well as bed frames. You don't have to worry about taking the mattress with you as delivery is available. Please come by and check out the mattresses or at least get your car washed – it's FREE with the purchase of a mattress. Visa, MasterCard, and American Express accepted.

The Broadlands Annual Egg Hunt Was a Big Hit For All Ages!

There were hundreds of kids and their families in attendance and everyone had a great time! Thanks to the volunteers who put this all together and a



special thank you to Joe Knows Real Estate for coming out and cooling us down on a hot day with his crazy colorchanging cups! Thanks also to Van Metre, Domino's & Ron's team at the UPS Store.

Gotta love the Broadlands!



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6-hour "Power Review" Before Each Test, \$65



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*SAT is a trademark of the College Board

One Person's Junk is Another One's Treasures

The Spring Community Yard Sale will be held on **Saturday**, **May 8th**, **2010** around the Broadlands from **8:00a.m. to 2:00p.m.**

Please think about going "green" and bring along a reusable shopping bag. Check out the list of participants to see what's for sale and see the community map to find each street at www.broadlandshoa.org/node/161. Residents do not have to be on the list of participants to be part of the community yard sale. If you are a Broadlands resident, and would like to be included in the list of participants, please visit the Yard Sale Submission Form on the website.

It is the resident's responsibility to check the list of participants for inclusion and accuracy.

After our planned community yard sale, Door of Hope will have a truck stationed outside of the Nature Center from 8:00a.m. to 4:00p.m. You can donate your leftover items or if you prefer you can schedule a pickup at your location by emailing donate@dohusa.org.

Donations accepted include gently worn clothing and shoes, household items, electronics, computers, cameras, yard equipment, furniture, bicycles, etc. Items should be in good condition. Some items not accepted include large kitchen appliances, sleep sofas, and exercise equipment.

Door of Hope is a not for profit 501c3 organizations. Donations are tax deductible and tax receipts are available upon request. Door of Hope has been servicing the local community since 1994. All proceeds are used to aid the poor locally and abroad. Many of the items donated are available locally through their SACS thrift stores in Ashburn and Leesburg. Some items are shipped overseas to Sierra Leone and Nicaragua, some of the poorest areas in the world. For more information, visit their web site at www.dohusa.org.

Broadlands Community Blog Debuts on LoudounTimes.com

The Loudoun Times Mirror has launched a brand new, online edition at www.LoudounTimes.com. As part of the new format, there is a section highlighting news from communities around Loudoun County. Maureen Burns, Broadlands Association Assistant General Manager, has been invited to be the "Citizen Journalist" for the Broadlands!

This will be the ideal place to get news, announcements, events, photos, fundraisers and much more publicized in a high traffic media forum.

Please send all your news and photos to mamatothree@aol.com and as space permits they will be published on the new Loudoun Times.com Broadlands blog. Keep the Broadlands Good News coming!





EAGLE RIDGE MIDDLE SCHOOL PTO'S FAMILY BINGO/PIZZA NIGHT



FRIDAY, MAY 21ST, 2010

FEATURING 15 GAMES OF BINGO AND (2) SPECIALS/ (1) JACKPOT

All regular game winners will receive a \$25 value item such as a restaurant gift certificate, entertainment event, grocery card, etc. Additional Bingo cards will be sold at bingo.

Pizza by the slice \$2 - \$1 beverages sold at the event.

Two Special Bingo \$50 - Jackpot \$100 (Multiple winners will split) All **prepaid** Bingo & pizza orders will receive **1 free bingo packet**!

Detach and mail with check payable to ERMS PTO

Name		Phone #	ŧ	
Bingo Packet (3 cards per game)	\$8.00	х	=	
Extra Special Special	\$1.00	x	=	
Extra Jackpot Game Card	\$1.00	х	=	
Bingo Dauber	\$1.00	x	=	
*Large Pizza (cheese or pepperoni) Quantity Type	\$15.00 ea		_ =	
*each pizza order includes 4 beverages	& dessert			

Total Due

No drop offs, please. Students must be accompanied by at least one adult if a group. Spaces will be limited in the cafeteria, so order early!

Return Prepaid forms, along with payment to ERMS PTO, to the Bingo Box in your house office Packets/pizza will be at the "Pre-paid order table" when you arrive. No line!



Questions or if you would like to volunteer for this fun/ family event: Emily Ciullo 703-726-0280 enciullo@comcast.net



\$



Northern Virginia Summer BrewFest Saturday, June 26, 2010 Morven Park in Leesburg



Enjoy a "A Celebration of American Beer" and leave the driving to us. Your Events Committee is sponsoring a Commercial 57 Passenger Luxury Bus (bathroom included) to shuttle between the Nature Center and the Festival.

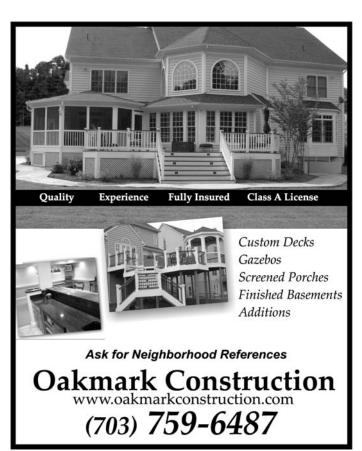
The Bus will depart the Nature Center for the Festival at: 10:00a.m., 12:00p.m., 2:00p.m., 4:00p.m., and 6:00p.m. (even hours).

The Bus will depart the Festival for the Nature Center at: 1:00p.m., 3:00p.m., 5:00p.m., 7:00p.m., and 9:00p.m. (odd hours).

The cost for the bus ride is a recession proof \$0.

Check out the Festival on line at: http://novabrewfest.com/summer/ and purchase your tickets early or at the gate.

First come, first served for seating on the bus.



Free Gardening Events offered by Loudoun County Extension & Master Gardener Volunteers

Free Children's Gardening Programs at their Demonstration Garden

Free Lunch & Learn Workshops will be held on the first Tuesday of the month (June-September) at Noon at their Demonstration Garden.

Free Garden Lecture will be held on the first Thursday evening of the month at the Loudoun Extension Office.

The Loudoun County Master Gardener Volunteers hold **Free Gardening Clinics** each Saturday, from 8:00a.m. - Noon at 3 locations in the County: Lowes (Now – Sept) - 45430 Dulles Crossing Plaza, Sterling; Leesburg Farmers Market (May – Sept) - Virginia Village Shopping Center; and Purcellville Farmers Market (May – Sept) - Loudoun Valley Shopping Center in front of Habitat for Humanity Re-Store.

Look for the Master Gardener Volunteers at local community events such as Leesburg Flower & Garden Festival, Arbor Day, Earth Day, Spring & Fall Farm Tours, Loudoun County Fair, Lucketts Fair, Bluemont Fair, and others.

For more information about the Master Gardener Volunteer activities and educational programs, visit their website www.loudouncountymastergardeners.org.



VISA'

IC NU

Update Board Actions March 9, 2010 Meeting

- Approved Minutes of February 9, 2010 meeting.
- Approved Motion to uphold Modifications Subcommittee's decision regarding fence top cap board and width of picket gaps (rear of fence excepted).
- Approved Allow owner sixty days to complete work.
- Approved Parking Regulations and Enforcement Procedures Resolution as amended.
- Approved Four write offs suggested by the attorney.
- Denied Waiver request presented in package.

General Manager Comments

- There has been a new replacement tot lot completed between Harvest Green Terrace and Welby Terrace. Check it out with your kids. New mulch and various repairs should be completed soon at all other tot lots.
- The pools are being readied for **opening day on May 29, 2010**. The Community Center Pool will have a new white coat on the main and wading pools and various other repairs will be completed at all other pools prior to opening. I hope you enjoy your pool season!
- Please don't forget the **Annual Meeting on May 11**th this year. We will have the meeting at Mill Run Elementary School again this year. At the time of this writing, I am pleased to say we have five nominating petitions for the two open Board seats. There is still a potential for more. **Please exercise your right to vote.**

Neighborhood Watch Corner

Warmer weather along with a difficult economy has historically caused crime rates to increase. Loudoun County Crime Prevention wants all citizens to be aware and extra vigilant in the coming months.

Tips to Keep Your Landscaping Crime Resistant

- Bushes and shrubs should not be allowed to grow higher than 24 inches or higher than the lower ledge of a first floor window.
- A well kept yard is a deterrent for burglars. Keep grass mowed and bushes trimmed.
- Check outside lights to make sure they are working properly.
- Keep larger tree's limbs from hanging below six feet from the ground. Your house should be visible by your neighbors so they can report suspicious activity.
- Lastly and most important, get out and get to know your neighbors. A trusted relationship with a few neighbors goes a long way in keeping your community safe.

Tips to Remember Before Leaving on Vacation

- Tell a trusted neighbor when you will be away. Have them pick up your mail, newspapers, and keep an extra eye out on your property.
- Make your home look as if it is occupied. Have your lights on timers that have random on-off switches.
- If you have an automatic garage door opener make sure you lock, unplug, or turn the power off to it. Consider using the manual lock.
- Call the Sheriff's Office nonemergency number and ask for a patrol unit to check on your house while you are away.
- Secure all vehicles that will be left at home and remove all small electronics, garage door openers, and money from those vehicles.
- Make sure the yard is maintained as this is a good indicator of whether or not the owner is away.

Neighborhood Watch Continued on page 18

Wine, Women, and Song A Benefit Tasting for the Loudoun Museum Sunday, May 2nd 2:00p.m. to 5:00p.m. at Dry Mill Vinevards Winerv

18195 Dry Mill Road, Leesburg, www.drymillwine.com

Ticket Information: \$30/Individuals, 50\$/Couples. Seating Limited to 60. Call 703 777 7427 for Reservations. Program:

Dean Vanhuss, Owner, Dry Mill Vineyards Winery

- From grape to glass •
- History of Dry Mill •
- Wine Tasting
- Light refreshments & complimentary glass of wine •

Noel Grove, Author, Lure of Loudoun

- History of early agriculture in Loudoun
- **Book signing** •

Laura Davines, Owner, LoudounFlavor

- Locally grown online farmers market
- Organic vendors' stories

Enjoy wonderful wine, the picturesque porch, good company and a good cause.



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Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the **2nd** Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to management no later than 7 days prior to the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect[™] is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.



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Homeowners Association Board of Directors Business Meeting

Thursday, May 6, 2010 at 6:00 p.m.

at the Nature Center Please see page 5 for Annual Meeting Information

Modifications Subcommittee

The Subcommittee meets at 7PM in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEE	TING	DATE

May 5, 2010 May 19, 2010 June 9, 2010 June 23, 2010 **SUBMISSION DATE** April 30, 2010 May 14, 2010 June 4, 2010 June 18, 2010

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by **Noon** on the submission date to the Secretary to the Modifications Subcommittee, at the Association office in the Nature Center 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

HOME:

NOMINEE PLEASE PRINT OR TYPE ALL INFORMATION NAME: Eric Bazerghi ADDRESS: 43087 Autumnwood Square

703-723-1046

QUALIFICATIONS:

TELEPHONE:

I have been a Broadlands resident since 1999 and have served on the Broadlands Board of Directors since May 2007. I have also actively served on the Broadlands Technology Committee for the last 10 years. I am married with two children, and I am a Senior Technical Architectural Expert with a large Fortune 150 company, managing and architecting medium to large web-based systems for both government and commercial sectors.

WORK:

703-623-1509

Accomplishments during my service as a member of the Board and Technology Committee include:

- I have made a point to attend all HOA Board meetings, even calling into the meetings on a few occasions while I was traveling on business.
- I believe I have been an active and vocal participant on the Board, striving to keep costs down, while maintaining a level of quality services our residents expect.
- Managing the Broadlands website, as well as the Forums on a daily basis since their inception.
- Actively volunteered for a variety of Broadlands community events, such as the Visit with Santa and Halloween Parade events.
- Part of the core team that has been offering the Broadlands Flicks in the Sticks events for the past 5 years.

AREAS OF INTEREST:

I truly enjoy living here in Broadlands, and our family plans to make this our home for many years to come. As such, I find it a natural extension to try and further my involvement with the community I live in. As a technologist, I have tried to bring more 'tech' into our Board meetings. For example, I always bring a laptop with me in order to instantly bring up detailed aerial maps of any location we happen to be discussing. I also monitor the Forums and try to bring forth issues discussed there. Also, I am a firm believer that what differentiates Broadlands from our surrounding areas is the 'sense of community' we share here. It's important that we continue to drive this through a variety of events and offerings that bring our residents together, while trying to keep our costs down. As a member of the Board of Directors, I try to incorporate this 'sense of community' in my decision-making process, as well as the needs, concerns and expectations of the residents who elect the members of the Board.

SIGNATURES: (Three other homeowners needed with their Broadlands address.)

NISOLO Tithables Circle Broadlands 1220148 nin 43093 Automund Sy TITHABLES CIRCLE 21514

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

NOMINEE	PLEASE PRINT OR TYPE ALL INFORMATION				
NAME:	Bria	n Beahm		(1. <u>1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1</u>	
ADDRESS:	219	68 Stonestile Place	Broadlands,	VA 20148	
TELEPHONE:	HOME:	703-726-6360	WORK: _	703-846-3368	

QUALIFICATIONS: (Pertinent Biographical Information)

I have lived in Broadlands since 2004 and have been on the Board of Directors for the last 3 $\frac{1}{2}$ years . I was appointed to serve out a vacant seat on the Board in 2006 and elected to the Board in 2007. In addition to my time on the BOD I have served on the Modifications Subcommittee and as part of the Southern Walk Tech Committee.

Prior to my time here in Broadlands, I served on several other Boards; President of Ashburn Farm Homeowners Association ('98-'00) and President Carisbrooke Homeowners Association ('02-'04) as well as service on the Architectural Review Boards in those communities also. During my time on these Boards I helped with the important step of taking the communities from Developer controlled to homeowner controlled.

Professionally, I work for a large energy company where I spend most days making sure that there is ample supply of our products along the US Gulf and East Coasts. This involves negotiating deals valued in the millions of dollars. I have also been involved in several analytical roles where I developed/tracked and reviewed budgets in excess of ~\$35million/annually.

AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?)

I have always believed that being involved in the community I lived in was good idea. After all we pay good money to live here and being involved gives me the opportunity to have a say in where the money goes and to make sure it's being used wisely. My experience in the corporate world and on HOAs gives me the experience to continue to make Broadlands a great place to live.

Over the last several years my goal has been to maintain the services that we enjoy in Broadlands while at the same time minimizing the costs to residents. If elected I will continue to work to keep dues increases to a minimum by finding other ways to get things done, or asking the tough question "Does it really need to be done?".

SIGNATURES: (Three other ho	omeowners needed with their Broadlands address.)	
an Bergenhi	43087 AUTUMNWOOD SQ	
Abrid	21514 TITHABLES CIR	
Staci Kapinos	21526 Tithables Circle	

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

NOMINEE PLEASE PRINT OR TYPE ALL INFORMATION ROWN NAME: lenn ADDRESS: 333-9892 WORK:_ 703-424-0489 571-**TELEPHONE:** HOME: **QUALIFICATIONS: (Pertinent Biographical Information)** am a one ers chis m Q ina Manas AREAS OF INTEREST: (Why would you like to contribute your time to the Community as a member of the Board?) DEPE matin Naix hina MASA and

year I will have a child in elementary middle and high school, so I understand The gambrit of chellenges that parents force. Finally, as is man who has served in the Navy for meanly 21 years, I the to get things done. Note - I intend to remain in the Baradlands until my youngest graduates high school.

SIGNATURES: (Three other homeowners needed with their Broadlands address.) 22125 Park Glenn Dr. inberleigh T priani Park Glenn DR 21396 Sturma

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

NOMINE	E PLEASE PRINT OR TYPE ALL INFORMATION
NAME:	Aaron P. Lawlor
ADDRESS	5: 21957 Windover Dr.
TELEPHO	ONE: HOME: 703-728-8970 WORK: 703-728-8970
QUALIFI	CATIONS: (Pertinent Biographical Information)
"_JAME	······································
· Universit	ING OF A CALL (MANA CALL)
· Ante	-lion Leval Solutions - Vice President (www. aphelion legal. com)
	Manage 25+ attorneys + staff locited in the U.S. And Chemini, India
	esponsible for multi-million dollar project scoping + budgeting
	Founding member of company launched in 2007
	IN Broad land since OT; life-time. Ashburn resident OF INTEREST: (Why would you like to contribute your time to the Community as a
	f the Board?)
e I've	sincerely enjoyed living in Broudlands the part 6 years, and an grateful to
	I weighbors, a heartifolly kept reighborhood, and access to quality local
1	renities. My goal in joining the Board of Arcetors will de to help rupport
	additional community while enhancing the Board's capacity to: additional community outreach programs that address Loydows and the
	additional community outreach programs that address Loudows and the D.C. area's volunteer service needs?
(2) ensure	that quality services continue to be provided at the lowest cost possible.
SIGNATU	RES: (Three other homeowners needed with their Broadlands address.)
Will	he Wyche - 21965 Windover Drive, Broodlands, VA
Sacur	as Bogian - 21955 Windover dr. Broadlandes VA2014R
The	7-1 21961 WINDOVER DR, PROMONAUNS, VA 20148

NOMINATING PETITION/CANDIDATE PROFILE SHEET

I am willing to serve on the Broadlands Association Board of Directors.

Please include my name on the BALLOT for this election.

NOMINEE	PLEASE PRINT OR TYPE ALL INFORMATION
NAME:	GARY ROSE
ADDRESS:	43149 HUNTSMAN SQ
TELEPHONE:	HOME: 703 858 0190 WORK: 703 206 2474
QUALIFICATIONS: ((Pertinent Biographical Information)
SERVED AS	AMBASSADUR FOR THE LOUDOUN COUNTY
CHAMBER OF	
A RESTREN	ST: (Why would you like to contribute your time to the Community as a
	INFAIN THE EXCELLENT STANDARD OF
	UMMUNITY SPIRIT, BY PROMOTING
	HOOD ACTIVITIES.
TENJOY COOK	DONATING EFFORTS TO IMPROVE PROPERTY
VALUES	

SIGNATURES: (Three other homeowners needed with their Broadlands address.) 1 NARM J 0 3 151



ASHBURN RURITAN CLUB SPONSORS COMMUNITY BLOOD DRIVE

The Ashburn Ruritan Club in conjunction with the Inova Loudoun Hospital Blood Donor Services will sponsor a drive to help insure an adequate blood supply is available to meet local urgent requirements. The drive will be conducted on the 11th of May 2010 at the Ashburn Public Library from 3:00p.m. until 8:00p.m. Area residents over the age of 17 years including high school students are eligible to become donors. Students 16 years of age can donate but must have parental consent.

In order to create a friendly competition among local high schools (Briarwoods, Broad Run, and Stonebridge) the Ruritans will donate \$200 to the student activity fund of the high school that provides the most donors. In addition, all donors will receive a free entry into a raffle which will provide gift cards good for meals or for other prizes donated by community oriented restaurants and other businesses. Demonstrate your support of our community by participating in this event. While walk-ins are welcomed, donors may reserve a specific time to donate by calling 1-866-256-6372.

For more information on the Ashburn Ruritans and our activities, see our website at www.ashburnruritanclub.org.

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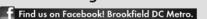
 Award-winning single family designs • Seventeen traditional & neo-traditional single family homestyles with 3 to 7 bedrooms & up to 6 1/2 baths • Much more!



Laundry • Garage • 3 Finished Levels • Owners Suite with Private Bath • Spacious, Open Floor Plan • Much more!

To Visit: Take Rte. 7 W. to I-81 N. Proceed to Exit #317 (Route 11). Make a right on Rte. 11 N. towards Stephenson. Follow about 1.5 mi. to right on Old Charles Town Rd, Turn right on Snowden Bridge Blvd. and continue to right on Sawtooth Dr. to sales center on left.

Phone: (866) 347-7755. Open 10 a.m. - 6 p.m. Daily. Brokers Welcome. SnowdenBridge.com







May 2010

How to Stay Safe While Exercising Outdoors

Loudoun County Sheriff's Office Crime Prevention Unit has offered the following tips about how to keep safe when outside running, jogging and walking.

- Pay attention to your surroundings and don't get complacent.
- Stay in groups.
- Tell people where you are going and when to expect you back.
- Carry a cell phone and ID with you.
- Try to only go out in the daylight hours.
- Walk, jog, or run on well lit and well traveled pathways.
- Vary your walking/running paths.
- Report any suspicious activity.

As always please call in any suspicious activity to the Sheriff's Office. Let's all plan on having a fun and safe summer.

Broadlands HOA Neighborhood Watch Has a New Email Address

Anyone can contact the Neighborhood Watch at broadlandsHOAwatch@gmail.com. With this new email, the HOA now has the ability to send out alerts, updates and important information to the community. If you would like to be added to the email update, please send your name, street address and email address to the new gmail account, even if you have previously asked to be included in updates.

Water You Thinking?

Thinking of installing a permanent underground sprinkler system this year? Make sure you use a contractor that's Loudoun Water Preferred. That way, you can be sure your system is well designed, it protects your water supply from backflow, it saves water, and saves you money.

View our growing list of Loudoun Water Preferred Irrigation Contractors www.loudounwater.org/Residential-Customers/Loudoun-Water-Preferred/

Already have a system, and you'd like to save water? Follow our recommended watering schedule. Visit www.loudounwater.org for details.



For a community service activity, troop 6369 picked up trash off of Iredell Court. Great job!



Two snaps to one of our younger residents for helping to keep Broadlands beautiful. Great job little buddy!



A resident found these adorable baby bunnies in his yard on Easter Sunday. What a beautiful sign that Spring is underway!

Girl Scouts Support Local Marine with Gifts of Caring



Broadlands Girl Scout Troop 5809 chose the Marine Corp Platoon of a Broadlands resident as their Gift of Caring recipient for this year's Girl Scout Cookie Drive. When selling their ever popular cookies to neighbors, friends and family they offered everyone the opportunity to purchase boxes of cookies that would be sent to the troops.

The girls received a great response and have shipped 70 boxes of cookies to the platoon. The girls offset the cost of shipping by foregoing the traditional incentives for an extra five cents per box cash back to the troop. Troop 5809 wants to thank everyone for your support in this cookie drive...Great job ladies!

Eagle Project Needs Old U.S. Flags

Worn, soiled, or frayed U.S. flags are being collected for a proper retirement ceremony as part of an Eagle Project. If you have any U.S. flags needing retirement, they can be deposited for retirement at:

- A collection box located in the lobby area of the Ashburn Fire Station 20688 Ashburn Road Ashburn, VA 20147
- A collection box located at the Ashburn Cavalry Baptist Church on Tuesday nights (7:00p.m. - 9:00p.m.)
 43825 Jenkins Lane Ashburn, VA 20147

The flags are scheduled to be retired by the Boy Scouts of Troop 1158 at the Ashburn Fire Station parking lot, from 1:00 pm to 5:00 pm on May 8th 2010.

The Critter Corner By Dr. Steve Velling Ashburn Village Animal Hospital "Spot On"

The EPA made an announcement on March 17, 2010 concerning their investigation of topical flea and tick products. They announced that new labeling requirements, public education, and monitoring for adverse events will become part of increased regulatory efforts to combat the rise in reactions seen with these "spot on" products.

This comes after a year of investigations following an increase in the number of reactions (nearly double) from 2007 to 2008. Though the majority of reactions reported were minor, a small percentage of them included seizures and rarely death. The more severe reactions were mostly from inadvertently placing canine spot-ons to cats, or from small dogs receiving too much product (say from a vial meant for a larger dog).

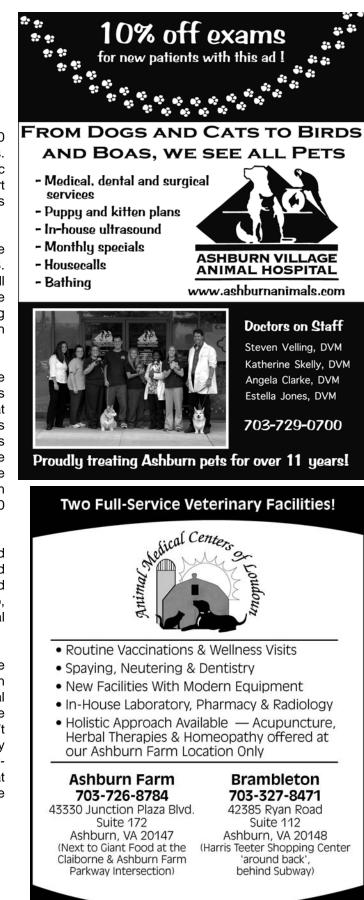
EPA spokesman Steve Owens said, "These products are safe and effective, but the labeling is inadequate". Of note, products sold through veterinarians had a much lower percentage of cat incidences compared to dog incidences. The reason for this relatively low occurrence may be that since this product is sold through veterinarians that there is a higher compliance rate for proper use and/or the product has a lower percentage of the active ingredient. It is good to know that the overall reaction percentage in these cases was about 1.6 incidences per 10,000 doses.

These products are meant to repel and kill fleas and ticks, and they do a good job. Still, they have to be used with caution and understanding. If a cat accidentally receives a permethrin-based topical preventive, it can have seizures and possibly die. Also, if a small dog receives too much products, it can cause a local irritation or possibly burn.

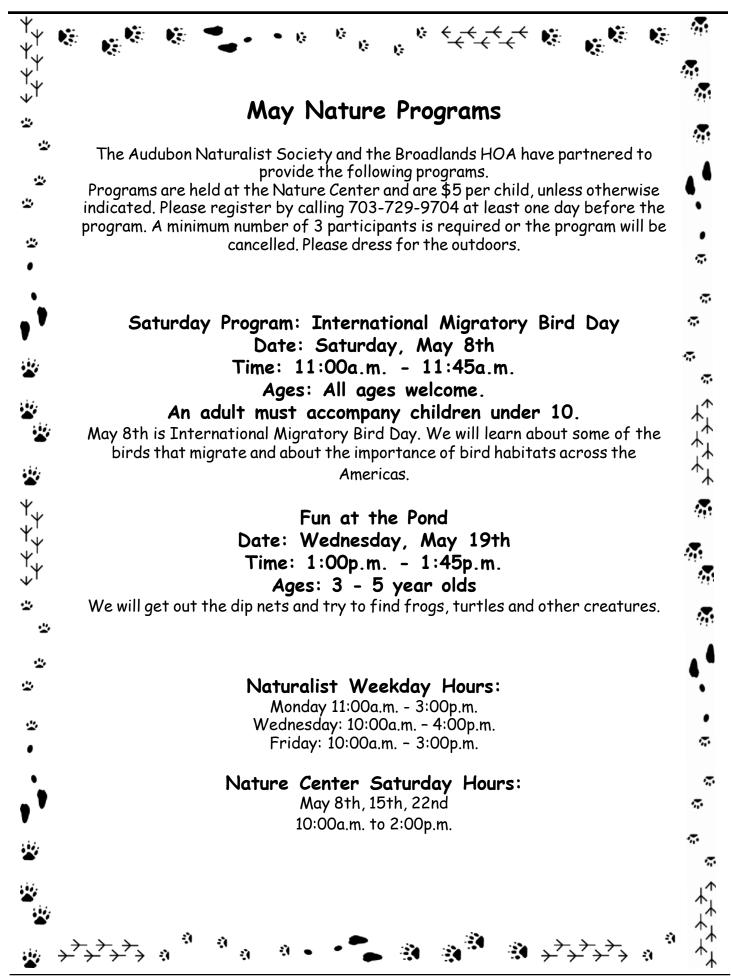
The alternatives are few. You can try mild, safe products like Avon Skin-So-Soft, but these are only somewhat effective in protecting against fleas, and especially ticks. You can try oral products that protect against fleas, and vaccinate against Lyme Disease. Or you can do nothing and hope that your dog doesn't get bitten by a tick and contract Lyme Disease (which is currently an epidemic in Loudoun County). Personally, I use the spotons that we sell on my dogs and I am totally confident that they are doing their job in a safe and effective way with no side effects.

I hope this helped answer some of your questions, but if you have any more, please feel free to contact us!

Till next time, Dr. Steve, www.ashburnanimals.com, 703-729-0700



www.LoudounVet.com "We're Your Other Family Doctor"



Audubon Naturalist at Broadlands

Summer Nature Camp Kids Grow Better Outside!

Give your child the gift of the outdoors this summer. Our nature camps take place at the Broadlands Nature Center and are the best way to get kids outside and learning. Our camps feature eco-crafts, games and nature exploration. The Nature Center and all of its animals and activities will be our home as we explore the natural world around us.



To register online:

- Go to <u>www.audubonnaturalist.org</u>.
- Click on Register Online and follow the prompts

For questions about the registration process please call 301-652-9188 x16 We encourage people to use the online registration system; however, if you prefer, we will mail or email you a registration form.

CAMPS FOR 4-5 YEAR OLDS

Cold-Blooded Critters: June 21st-25th 9am-noon

Scaly, slimy and surprising; cold-blooded critters are fascinating creatures with some wild adaptations. Non-poisonous snakes eat poisonous snakes, some frogs can freeze solid in the winter and a turtle's favorite food may surprise you! Join us as we meet the cold-blooded critters that live in Broadlands then look outside for some of their wild relatives.

Super Duper Science: June 28th-July 2nd 1pm-4pm

Slime and bubbles to wheels and balls - we cover it all in this fun, hands-on science exploration. Hands-on science experiments will help us learn all about mixtures and movement in this camp perfect for budding scientists. We will then go outside to find similar science in the outdoors.



CAMPS FOR 6-7 YEAR OLDS

Wet N Wild: June 21st - 25th 1pm-4pm

Water is essential to life on this planet! Learn more about life in ponds, rivers, and watersheds in this cool camp. And of course, we will be playing some extreme water games.

Creature Feature: June 28th-July 2nd 9am-noon

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe handling and how to respect our new acquaintances. We'll finish every day seeing and touching the animal we have learned so much about!

Cost: Broadlands Residents: \$120 Non-Resident: \$150

For questions about our camps please contact Julie at $\underline{julieg@audubonnaturalist.org}$ or call 703-669-0000 x 1



Broadlands Wildlife Habitat Committee In Partnership with Piedmont Environmental Council



for Making The Second Aurual EarthDay@Loudoun Family Festival Possible

ank

HONORARY CO-CHAIRS

Scott York Chairman Loudoun County Board of Supervisors John Stevens Chairman Loudoun County Public School Board

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GreenWorks Landscaping Moss Building & Design Van Metre Investment Properties

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and finally, thanks to all of our amazing volunteers!

When Your Pet is No Spring Chicken Anymore by Shannon M. Pecora, M.A. Stream Valley Veterinary Hospital

Hampton the hamster used to run in his wheel all night, and now he likes to spend his evenings sleeping in his fluffy bedding. Callie the cat used to pounce on your feet whenever you walked down the hallway, but now she prefers napping in your favorite easy chair. Dexter the dog used to wear you out with hours of fetch in the backyard, but now his hobby of choice is snoozing next to you on the couch.



As our pets age, it is natural that they'll slow down a bit. But you can help restore some of that old energy level with a little encouragement. Try giving Hampton a different type of gnaw/chew toy, or try giving him an extra ten minutes or so a day in his exercise ball. Has Callie ever seen a laser light toy before? This mysterious red dot could offer her endless chasing entertainment. Instead of asking Dexter to "shake" or "speak" for his treats, put them inside of a Kong-type toy. His mind and his body will have to be active to retrieve his cookies.

While some laziness is okay for our older pets, pronounced inactivity or lethargy could signal issues other than age. For dogs and cats at least, we can use exams and blood and urine testing to seek out treatable problems. One common ailment is arthritis, which can be alleviated with supplements, massage, or exercises as directed by your veterinarian. Blood and urine screening may reveal thyroid problems, which can affect appetite and energy level among other things, but medication and routine lab work can help regulate the condition. From cataracts to cancer, there are so many "old age complaints" that can affect our dogs and cats. That's why semi-annual (or even more frequent) senior pet health exams are important; with conditions that are treatable or manageable, your pet's quality of life does not necessarily need to deteriorate as he or she ages.

I often lament that I'll never be able to bring my two Shepard mixes on a five-mile run again. In their twelfth year, sometimes a brisk walk around the neighborhood leaves them tuckered out for a couple of hours. But I do ask them to follow me as I haul laundry up and down the stairs, and I still toss their tennis ball so they'll chase it a few times a day. I like to keep them as active as possible, while being careful not to cause injury. I miss the tug-and-wrestle days of their youth, but at least I know that I now have a couple of reliable snuggle companions who will gladly share the couch with me for the entire duration of the evening news.

Magic of Monarchs

Free Family Program



Date: Sunday, June 13th

Time: 7:00p.m. to 9:00p.m.

Location: Broadlands Community Center

Join us for a wonderful discussion of Monarch butterflies, their lifecycle and their amazing migration! In February 2009, Nicole Hamilton traveled to the mountains of Mexico to visit the Monarch butterfly overwintering sites. What she saw in these mountain respites was phenomenal. Through video, sound and photos, she will share this experience with you, talk about the great Monarch migration, their lifecycles and their habitats, both here and in Mexico, and provide information on how you can create a Monarch Waystation in your backyard and be part of this amazing phenomenon. Handouts will be available and there will be door prizes. For more information contact Oya Simpson at (703) 725-8040

Space is limited and registration is required at: <u>http://www.loudounwildlife.org/SignUp.htm</u>



MAY IS NATIONAL BARBECUE MONTH... CELEBRATE ALL THINGS BARBECUE!

Grilled Salmon with Thai Lemongrass-Coconut Sauce

LEMONGRASS-COCONUT SAUCE:

4 tbs finely minced lemongrass (fresh or frozen) 5 cloves garlic 1/2 tsp chili powder 1/2 fresh red chili, minced, OR 1/4 to 1/2 tsp cayenne pepper or dried

crushed chili 1/4 cup coconut milk 1/3 cup liquid honey 6 tbs fish sauce juice of 1 lemon

OTHER:

2 to 4 salmon steaks or fillets, a little fresh coriander for serving and 1 tsp. cornstarch dissolved in 3 tbs water.

Combine sauce ingredients in a food processor to create a lemony sauce. Pour 1/3 of sauce over salmon, reserve rest for later. Cover coated salmon and set in refrigerator to marinate for up to several hours. Grill salmon over a hot oiled grill until inner flesh is no longer translucent when gently pulled apart. While salmon is grilling, place remaining sauce in a small sauce pan over medium-high heat. Bring to a boil, then reduce to a simmer. Add cornstarch dissolved in water and stir until sauce thickens. Remove from heat. To serve, spoon sauce over each portion. Add sprigs of fresh coriander and serve remaining sauce on side together with Thai jasmine. Grilling Tips: Use an oiled fish cage or place a piece of banana leaf over your grill instead of tin foil for delicate fish. The leaf will turn fragrant and will brown as you cook. SERVES 2-4. About.com

Peruvian Roasted Chicken

This rotisserie chicken became hugely popular along the East Coast of the United States a few years back and is a tasty way to make a bird with enough flavor to satisfy anyone, but mild enough for everyone.

1 whole chicken (about 4 lbs)	1 ½ tbs cumin
4 tbs white vinegar	2 tsp black pepper
3 tbs white wine	1 tsp salt
3 tbs canola oil	juice of 1 lemon
2 ½ tbs garlic powder	1 quart cold water
2 tbs paprika	5

Combine vinegar, wine, oil, garlic powder, cumin, paprika, black pepper, and salt. Mix to form a paste. Add lemon juice to cold water. Trim chicken of any excess/loose fat. Wash chicken with lemon water. Place chicken in zip-top bag. Pour spice paste over chicken. Coat chicken completely with mixture rubbing into every surface including under the skin as much as possible. Seal bag and place chicken in refrigerator for at least 2 hours, no longer than 24 hours. Preheat grill and prepare rotisserie. Place chicken on rotisserie and on the grill for approximately 1 1/2 hours at 300 degrees. Chicken is done when thigh reaches 165 degrees. This chicken is frequently served with dipping sauce. A simple version of this sauce is made from combining 1/2 cup of mayonnaise with 2 tablespoons mustard and 2 tablespoons lime juice. About.com

Baby Back Ribs (Slow Cooker)

These baby back ribs might not be bathed in smoke, but they still a lot of flavor. This slow cooked recipe will give you a great set of ribs even if can't prepare it outdoors.

- 4 lbs. pork baby back ribs 1/4 cup of barbecue sauce 1/3 cup dark brown sugar 1 tbs paprika 1 ½ tsp chili powder 1 ½ tsp salt 1 tsp ground cumin
- 34 tsp black pepper 3/4 tsp on white pepper 3/4 tsp ground oregano 1/2 tsp cayenne pepper 1/4 tsp sugar 1/2 chopped onion

Trim excess fat from ribs. Combine dry ingredient and rub over the surface of the ribs. Place ribs in slow cooker or Crock-Pot standing on their edge with the meaty side out. Top with onions. Cook for about 8 hours. Remove ribs from slow cooker and brush with barbecue sauce. About.com

	ns to April's contest winner: Lisa Bayles
Win a \$45 G	Gift Certificate to 🔀
Bon	efish Grill !
Answer the following "All you could win. Winner will Entries must be received at	<i>Things May</i> " Trivia questions correctly and be chosen at random from all correct entries. the Nature Center HOA office no later than, ure to include your name and telephone
 Why are infants born in M More female infants are b More male infants are bor 	orn D More C-Sections are performed
 2. Which state was admitted □ North Dakota □ Minnesota 	l to the union in May 1858? South Dakota Idaho
Generation Fort Knox Opened	istorical events occurred on May 13th, 1913? First commercial airline was formed ented First soldier buried in Arlington National Cemetery
- 이 제가 이 가지 않았다. 영국 위험을 알았는데, 나는 것은 이 바람이 있는 것은 것을 가지 않는다. 것 같은 것 같	first adhesive postage stamp issued on May
6, 1840? □ England □ United States	□ Germany □ France
 5. Which Caribbean island of Barbados Cuba 	 did Columbus discover on May 5, 1494? Jamaica Puerto Rico
C	CONTACT INFO:
Name:	
Phone:	

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Needs



Visit your neighborhood location at:

703.729.2215

BROADLANDS MARKETPLACE

43300-116 Southern Walk Plaza

or our website at: www.theupsstorelocal.com/5742

Pool Season is Coming Up... Do You Know Where Your Pool Passes Are?

It's time to start looking in the bottom of your pool bag or maybe in the drawer with the swimsuits for your Broadlands Photo ID pool passes. Everyone aged 5 and up who wishes to gain admission to the pools will need one. **If you are an owner and have the pool passes you used last year, you do not need to reapply. We will electronically reactivate them**. If you cannot find your passes, new ones can be issued free of charge prior to the opening of the pool on May 29, 2010. After the pool opens, replacement cards are \$5.00 each. If you want a new picture for your replacement pass, there is a charge of \$7.00, regardless of when the pass is issued.

New residents must fill out an application, return it to the Nature Center and have your photos taken. Applications are available at the Nature Center, in this newsletter on page 29 or online at www.broadlandshoa.org under *Pool Information* in the Directory on the left hand side of the home page. Pool passes are issued to each individual aged 5 and up living in the household. A household consists of all persons permanently living in the dwelling, including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

Tenants must also apply for pool membership. **The owner and tenant must complete a Tenant Membership application for the 2010 season even if the tenants were members in 2009.** Tenants may use the passes they have, but they will not be activated until an application is received at the HOA office. Applications are available at the Nature Center, in this newsletter on page 30, and online at www.broadlandshoa.org.

If any of your children have turned five since last summer or will be five by June 1, 2010, they must have a picture taken and a pass made. Please use the resident application form on page 29 and return it to the Nature Center to add them to your family data base. Any individual who has turned 18 will need a new adult card made as well.

Pictures will be taken at the Nature Center from 9:00a.m. to 5:00p.m. Monday through Friday on a first come first served basis. Additionally, the Nature Center will be open for photographs on the following Saturdays: May 8^{th} , 15^{th} and 22^{nd} from 10 a.m. to 2 p.m.

Prior to having the photo taken, all adults aged 18 and up must show a photo ID and proof of address.

Photos will not be taken if acceptable proof of identity and address are not available.

Acceptable photo IDs include:

- Driver's License
- School, Military or Work Photo ID
- State Issued Non-Driver Photo ID
- Current Resident Alien Photo ID

Acceptable Proof of Address include:

- Payroll Stub issued within the last 60 days
- 2009 W-2 or 1099
- Original Bank Statement issued within the last 60 days
- Current Virginia Voter Registration Card
- Settlement Papers or Deed

Non-resident caregivers are able to obtain a pass for \$40 for the season. They should be noted as non-resident caregivers on the resident's application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the care giver to the photo session and show proof of identity and address.

Up to 5 long-term house guests may obtain pool passes for \$40 per person for the season or \$15 per person for a month (30 consecutive days) or \$5 per person for seven consecutive days. They must be noted as non-resident house guests on the resident's application. The fees must be paid at the time their photo is taken and the pass issued. The resident must accompany the guests to the photo session and show proof of identity and address.

Ten guest passes are allocated to each **residence**. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility.

Please direct questions to the Nature Center at 703-729-9704.

Broadlands 2010 Pool Season

Please check below for everything you need to know about the pools. Don't forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions!

Pool Locations and Hours

Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check posting at pool for any changes to hours of operation.

Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

10:00 a.m. - 8:00 p.m. daily, including weekdays while school is in session.

Southern Walk Pool – 43081 Village Drive – 571-223-1331

<u>During school:</u> Weekday hours are 4:00 p.m. – 8:00 p.m. Weekend and holiday hours are 11:00 a.m. – 8:00 p.m. <u>After school, beginning June 19:</u> Standard pool hours will be 11:00 a.m. – 8:00 p.m. daily.

Community Pool – 43008 Waxpool Road – 703-724-7830

<u>During school:</u> Weekend and holiday hours are 12:00 p.m. – 9:00 p.m. Closed on weekdays. <u>After school, beginning June 19:</u> Standard pool hours will be 12:00 p.m. – 9:00 p.m. daily.

Broadlands Pool Rules

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS

GENERAL RULES:

- NO glass containers or breakable objects
- NO food or drink except in designated areas
- NO profane language
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- NO pets
- NO alcohol or drugs
- NO chewing gum
- NO running, pushing, dunking, wrestling or rough play
- NO general swimming in diving area
- NO diving in shallow area
- NO tape players, CD players or radios unless waterproof and used with personal headphones
- NO flotation devices except water wings, U.S.C.G approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS**, children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children 10 years or younger MUST BE accompanied and supervised by an adult or care provider at least 14 years old
- Parents are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules

Members using the pools do so at their own risk. No Lifeguards are on duty at the wading pools. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website at http://broadlandshoa.org/node/6



BROADLANDS 2010 POOL MEMBERSHIP APPLICATION

This application form **MUST BE SIGNED BY THE OWNER** who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME:	E:	
ADDRESS:		
TELEPHONE:		
EMERGENCY C	CONTACT NUMBER:	

Please **PRINT** the names of ALL members (including names noted above) who will receive a pass **and the date of birth of all persons under the age of 18** (as of June 1, 2010). Note: Children age four (4) or younger do not require passes but must be noted on the application. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Name	Relationship to Owner	D.O.B. if under 18
	Owner	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature of Owner				Date
Office Use Only				
Rec'd:	Entered:	Pictures Taken:	Contacted:	Complete:

BROADLANDS 2010 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT , if pool privileges will be
transferred to a tenant. This application should be used for all members of the household. A household consists of all
persons living in a dwelling, including college students, other non-resident children spending the swim season in
Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to
Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office.
Applications may also be faxed to 703-729-9733.

OWNER'S NAME:	
OWNER'S ADDRESS:	
TENANT INFORMATION	(If privileges are transferred to tenant)
TENANT NAME:	
BROADLANDS ADDRES	S:
TELEPHONE:	
EMERGENCY CONTACT	r #•

Please **PRINT** the names of ALL members who will receive a pass **and the date of birth of all persons under the age of 18** (as of June 1, 2009). Note: Children age four (4) or younger do not require passes but must be noted on the application. **Residents 18 years and older must present a valid photo ID showing their current address prior to having their picture taken.**

Name	Relationship to Renter	D.O.B. if under 18
	Tenant	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature Tenants(s)

As the owner(s) of the referenced unit, I hereby transfer my right to use the pool facilities to my tenant(s).

Signature of Owner(s)				Date
Office Use Only				
Rec'd:	Entered:	_ Pictures Taken:	Contacted:	Complete:

Date

WWW.BROADLANDSTENNIS.ORG

(Details and registration forms for all our programs)

4-Week Second Session May 24 - June 20 (Morning Clinics Available)

JUNIOR CLINIC (ages 3-5) Mon – Fri, 4:30-5p.m. (½ of the price stated below)

JUNIOR CLINIC (ages 6-16) Mon – Fri, 5-6p.m. & 6-7p.m. Sat & Sun, 10-11p.m. & 11-12p.m.

ADULT CLINIC – All levels Mon – Fri, 9-10a.m. & 10-11a.m. Mon – Fri, 7-8p.m. Sat & Sun, 9-10a.m.

Broadlands Members/Non Members (As low as \$13.00 per class) \$60 / \$70 per session (4 weeks) 1 class a week

\$112 / \$122 per session (4 weeks)
2 classes a week

\$156 / \$166 per session (4 weeks) 3 classes a week

Clinics Drop In Fee: \$20 members; \$22 non-members

Current Tennis Events

Monthly Tennis Socials Weekly Boys Night Out Ladder

Upcoming Tennis Events

Weekly Ladies Bunco Tennis Night

Contact Luis Rosado if you have any questions: Phone (301) 221-7917 Email: <u>broadlandstennis@yahoo.com</u>

Private Lessons Lessons/hr: Luis Luis' Assistant Pro R/NR R/NR

R/NR	R/NR	
\$60/65	\$50/55	
\$35/38 each	\$30/33 each	
\$25/27 each	\$20/22 each	
\$20/22 each	\$15/17 each	
	\$35/38 each \$25/27 each	\$60/65 \$50/55 \$35/38 each \$30/33 each \$25/27 each \$20/22 each

Broadlands Junior Tennis Summer Camp 2010 June 21 – August 26



JUNIOR CAMP (ages 3-4) Mon – Thu, 8:30-9a.m. (4 days) Members/Non Members \$30 / \$40 per week

JUNIOR CAMP (ages 5-6) Mon – Thu, 10:00-1:00p.m. (4 days) Members/Non Members \$120 / \$140 per week

JUNIOR CAMP (ages 7-16) Mon – Thu, 9a.m.-1p.m. (4 days) Members/Non Members \$160 / \$185 per week

Included: T-shirt and merit award.

Location: Nature Center Courts, 21907 Claiborne Parkway

Registration: Ongoing, beginning April 1.

Space is limited to 30 campers per week Minimum enrollment is 10 campers per week

If oversubscribed, preference will be given to Broadlands Residents

WEEK 1:	June 21-24	WEEK 6:	July 26-29
WEEK 2:	June 28-July 1	WEEK 7:	August 2-5
WEEK 3:	July 5-8	WEEK 8:	August 9-12
WEEK 4:	July 12-15	WEEK 9:	August 16-19
WEEK 5:	July 19-22	WEEK 10:	August 23-26

Please note: Fridays will be used as make-ups for inclement weather cancellations This past February I went to the IDEA conference. It is a conference for fitness professionals to hear and see the latest in our industry. My clients would tell you that I say this after every conference, but seriously, this was the best conference I have ever attended. I could give you many reasons but primarily because the presenters and speakers that attended are at the top of the industry. I came home more inspired than ever and ready to spew all of my new knowledge onto my clients and my community, via the newsletter...lucky you.

One of the many classes that I attended was about functional anatomy, which was taught by Michol Dalcort. I've heard him speak before and I am always amazed at the knowledge he has, but more importantly, I am impressed with how much I can take away from his workshops to use immediately. He started out his session with a little story that has really stuck with me, I'll do my best to share it with you.

Scenario #1

Imagine that you are out driving around, listening to music, squashing sibling squabbles in the back. All of the sudden you are struck by an interesting sight. A man up ahead on the sidewalk was walking and all of the sudden he stops walking and starts squatting, he does what seems to be at least 20 squats and then continues on his merry way walking down Claiborne. You think to yourself, what was that about? Take that same guy and put him in a gym doing squats...perfectly normal now right?

Scenario #2

You are at the gym, getting your normal workout in checking out the latest tabloid headlines when you notice something a little different. Another gym member is walking around and putting down weights. Your first thought may be that he is being nice and cleaning up left out weights. But then you see him picking them up and moving them again. It seems like maybe there is a purpose to it but you can't figure out what it may be. Again you are thinking, what? What if we saw that same guy out in his yard? He's picking up bags of mulch and moving them around the yard, bending down scooping out mulch, standing up to spread it. We would all drive past and think nothing of it.

The idea here is that there is a disconnect between what we do to 'workout' and what we do in real life. Think back to scenario #1, why is it that we think it's entirely normal to walk or run down the street but doing squats or another exercise seems weird? Amazing that you can simply change the setting and your perception of the situation changes. When you think about it, it

makes perfect sense to get in some extra work during a walk. The number one complaint I hear from clients about working out is that there is no time. The second complaint is that exercise is hard. Many of us do find time to walk the dog, or walk the kids to school, maybe take a walk after dinner. What if you added in a few elements to the walk to get the heart pumping a little harder. It would take a little more effort than just walking but would not have to increase the time and you could blast a bunch of extra calories. Cool, right? The next time you take a walk, add in 5 sets of squats. Every couple minutes do 10-20 squats. If that's too easy, make them squat jumps or add in lunges and push-ups, the sky is the limit.

Scenario #2 is great. Let me preface this with saying that there is nothing wrong with weight training. There are definitely some benefits that can be derived from it and many people love it, not to mention that it is good to expose your body to a variety of exercises. I just want to challenge people to look at exercise from a more functional standpoint. To me, the workouts that you do should have some correlation to daily activity needs. I can't tell you the last time I needed to bench press one of my kids. On the other hand, I can absolutely sympathize with the guy moving bags of mulch around the yard. As a parent, how many times a day do you move a child up and into a carseat? There are so many repetitive daily activities that we all do that require balance and strength. Ask yourself, are you training those muscle? Are you able to do you daily tasks as efficiently as possible? I would challenge you all, next time you workout, think of one of those daily movement, how could you mimic that during a workout?

If you need any quick tips to get you started, feel free to send an email and I can help get the gears turning. I hope to see a variety of new exercises at the gym and all of my neighbors out squating and lunging down Claiborne. Good luck!





Broadlands Swim Team Update



Registration is now complete and we are all looking forward to a great season for our teams.

The parent meeting for the team will be held in May, please check the website,

www.broadlandsswimteam.org, for more details.

Go Piranhas!

Brambleton Ladies Golf League is Seeking Enthusiastic Women **Golfers to Join**

The Brambleton Ladies Golf League would like to encourage ALL women golfers to come out to the Brambleton Golf and play. Our mission is to promote golf and fellowship among lady golfers at Brambleton Golf Course.

The Ladies League is an 18 hole course played every Monday starting at 8:00a.m. through October. Handicap is required. We hope you will consider joining our League to help us promote ladies golf in our area, develop our community, and have fun.

who comes first $\mathcal{VOU}.$

Knowledge is power, especially when it comes to your health. For just that reason Reston Hospital Center is bringing our most popular health education classes to our Ashburn Education Center, conveniently located at 20925 Ashburn Professional Plaza, in Suite 110.

Please join us for the following classes in March and April:

- April 24-25, all day, SafeSitter
- April 27, 10:00 a.m., New Mom Support Group (This class occurs the fourth Thursday of every month).
- May 10, 6:00 p.m., Baby Care Basics
- May 25, 10:00 a.m., New Mom Support Group

Summer_Camps At The

Ashburn Ice House

Summer Fun Skate Camps

Tiny Tots 1/2 Day Camps

Freestyle Development Camps Power Ice Camps

Power Play Hockey Camps

To Register go online to

www.ashburnice.com or Stop by our Front Desk

Stay Cool All Year Round at The Ashburn Ice House

> 21595 Smiths Switch Rd. Ashburn, VA 20147

www.ashburnice.com

703-858-0300

To register for these, or any of Reston Hospital Center's classes, call 1-877-689-DOCS. Learn more at restonhospital.com

> Ashburn Education Center **Reston Hospital Center** HCA Virginia Health System



Daisy Troop #2166 spent their day on April 7th by beautifying Overland Park. Great job girls!



SUMMER CAMP EXTRAVAGANZA 2010! 6 Extraordinary <u>Performing Arts Camps</u> For Ages 5-17

Teen Intensive Theater Camp June 28-July 2 Ages 13-17 I Week Camp (5 days)

> Drama Camp Session 1: July 5-23 Session 2: July 26-Aug. 13 Ages 6-12 3 Week Camp

Music Camp (Performance Option) Session 1: July 5-16 Session 2: July 26-Aug. 6 Ages 5-9 2 Week Camp Music Camp (Exploratory Option) Session 1: June 28-July 2 Session 2: July 19-23 Session 3: Aug. 9-13 Session 4: Aug. 16-20 Ages 5-9 1 Week Camp (5 days)

> Camp Cabaret Intensive August 16-21 Ages 12-17 I Week Camp (6 days)

8 Week Private Program July 6–Aug. 26 Private 1:1 Sessions in Piano * Voice * Acting

Performing Arts Preparatory School 11425 Isaac Newton Sq. Reston, Va. 20190 www.lopezstudios.org 703-787-0071



703.505.9367

info@echeandia.com

Design Patios Ponds Mowing Mulching Fertilization Stone Walls Cleanups Plantings



Cub Scout Den 7 of Pack 1484 helped out our community by cleaning up trash Saturday April 10th. They collected 11 bags of trash. Great job scouts!

The Loudoun Museum presents Tea Past and Present

- Who: Lisa Scruggs Tea Artisan & Consultant, Infuse Me
- When: Friday, May 7th at 7:00 p.m.
- Where: Generously hosted by Morningside House 316 Harrison St. SE, Leesburg (lower level entry from Harrison St./ one half block south of Market Station). Small parking lot next to the building. Street parking on Harrison St, SE.
- What: Ever wonder how America grew from a tea drinking colony into a nation of coffee drinkers? Why has the younger generation begun to rediscover the joy of tea? What is the difference between black and green tea?

Join tea artisan Lisa Scruggs to learn these answers and many more as she shares her wealth of knowledge at our First Friday Lecture! Ms. Scruggs will relate the history of tea using items from the Loudoun Museum's and private collections. In addition to this rich history, she'll explain the differences between teas, how tea blends are made and teach us how to decaffeinate at home.

Tea and scones will be served. Please come and enjoy a delightful evening for both your palate and your mind.

"There is a real thirst for tea knowledge out there." says Lisa, "My goal is to shatter the American perception of tea; it's not just for old ladies anymore!"

Cost: \$5 Lecture General Admission; Museum Members FREE

Reservations: Call 703-777-7427, Seating Limited

Swim Lessons Offered This Summer

Broadlands in conjunction with High Sierra Pools will again be offering swimming lessons this summer. There will be three different sessions available beginning Monday, June 21st. Each session is comprised of eight lessons over 2 weeks taught between Monday - Friday depending on the pool. Nemo and Sea Turtle lessons will be held Monday, Tuesday, Wednesday and Thursday mornings at the Summerbrooke pool. Dolphin and Shark lessons will be held Monday, Tuesday, Thursday and Friday at the Southern Walk pool.

Make-up days will be scheduled as needed for classes that were canceled due to bad weather, instructor absence or mechanical failure of equipment. There is a minimum of four children required to run a lesson with a maximum of seven children in each group. The duration of each lesson is 30 minutes. The cost of a regular group lesson session (8 classes) is **\$70**. The cost of a regular individual lesson session (8 classes) is **\$280**.

If you are interested in having your child or children participate, please visit our website to register: http:// www.highsierrapools.com/services/swimming-lessons/ or e-mail veronika@highsierrapools.com for more information. Evening and adult lessons will also be available. A full description of each session and each level is available online.

Summer 2010 Children's Swim Lesson Schedule

Morning Swim Lesson Schedule at Summerbrook pool (Mon, Tues, Wed, Thurs)

Session 1 – June 21 st – July 1st:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am
Session 2 – July 5th – July 15th:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am
Session 3 – July 19th – July 29th:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am

Morning Swim lesson Schedule at Southern Walk pool (Mon, Tues, Thurs, Fri)

Session 1 – June 21 st – July 1st:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am
Session 2 – July 5th – July 15th:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am
Session 3 – July 19th – July 29th:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am

Evening Swim lesson Schedule at Summerbrooke pool (Mon, Tues, Wed, Thurs)

Individual and Adult lessons will be scheduled in the evenings as needed.





BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to <u>scollins@broadlandshoa.com</u>.

Not Available on Website Edition

Key:

(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa.com.

Thank You From the Moms Club of Ashburn-Broadlands

The Moms Club of Ashburn-Broadlands and Friends Relay for Life Team would like to thank all of its supporters. Please support all of these wonderful businesses. If anyone is interested in becoming involved in the event or donating to the team, please call Michelle McCloskey at (818)554-4757. The Relay for Life of Eastern Loudoun County is at Briar Woods High School on June 5th. The proceeds go directly to helping local efforts to find a cure for cancer and to aid local families dealing with cancer.

Supporters:

Diva Fit Premier Designs Jewlery (Kristina Von Tronchin) Jacie Lee Photography Sport Bounce Fuddruckers Heritage Makers (Val Tunks) Avon (Sydney Packard) Simply Create Photography Slender Now Body Wraps Tranquilmoment Massage UPS Bonefish Action Martial Arts TuTu's and Tiaras Image Sun Joy Salon and Spa All American Steakhouse Eclips Kids Wegmans **Caring Hands Animal Hospital Oasis Nail Salon** Fitness First Photoemagery (Mike Kelly) Metro Living Realty (Johnathan Orgega Brenna) Walgreens Blue Ridge Grill Creative Dance Center **Great Country Farms** Great Clips

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Dr. Umesh V. Kodu M.D., F.A.A.P

Monday-Thursday 9:00am-5:00pm Friday 9:00am-3:00pm Saturday (by appointment only) 10:00am-12:00pm Free Prenatal Consultation Website: www.PenguinPediatrics.com Tel: 571-223-2229

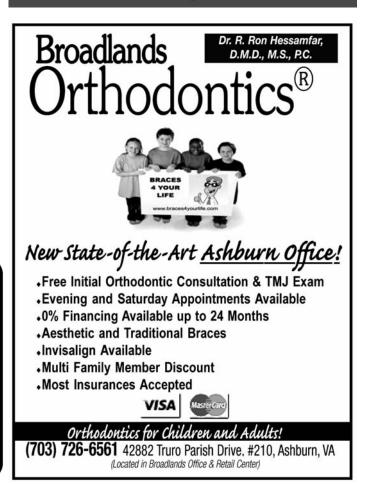
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USEFUL NUMBERS

Can also be found at http://broadlandshoa.org/node/117

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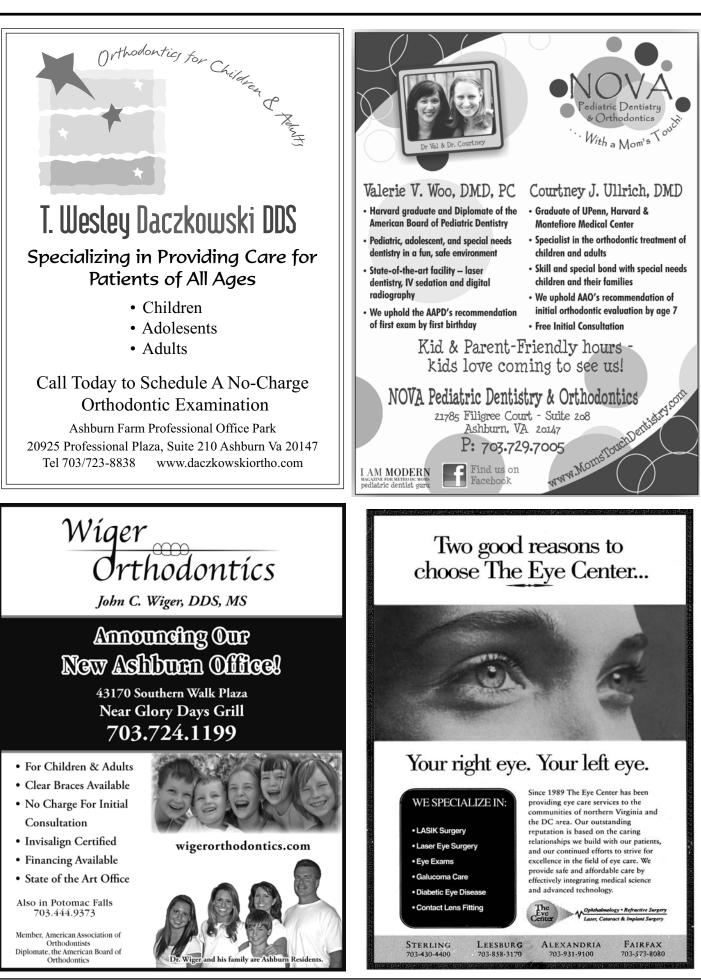


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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMAN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Woman's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands' Comm. Ctr.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN CLASSICS

The next meeting will be held on May 8th, 10:30a.m. at the Mills Rec. Center. The program will be a short business meeting, followed by BINGO. Refreshments will be available. Invite your friends and come have an enjoyable Saturday morning. For more info, please call 703-407-0149.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoasthost.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Ensures community completes annual goals to maintain it's certification. The Committee works with The NWF, The Broadlands HOA and our residents to achieve these goals. For info contact BroadlandsWildlife@gmail.com.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

We are starting Just Walk Across the Room. We meet Tues mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

COMMUNITY BIBLE STUDY

Does your study of the Bible leave you feeling confused and uninspired? Take heart! On Sun, April 11th, we'll introduce a practical, proven method for how to study Scripture that will help the reader glean life giving truths. Join us at the Comm Ctr at 5:30p.m. every Sun. For info, contact Pastor Anthony 703-729-6443, ant.hendricks@lcbc.org.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, <u>www.pack1483.com</u>, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GIRL SCOUTS

A girl can have a great time as she follows the fun and adventure, contributes to her community, learns new skills and makes new friends. Troops for all age levels - K -12th grade. For more info, contact Anne Moriak at anne@moriak.net or 703-729-6594.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LA LECHE LEAGUE OF ASHBURN PM

Have questions about breastfeeding? Want to meet other nursing mothers? We meet the 2nd Wed of the month from 7:00p.m. - 8:45p.m. at the Broadlands Community Center. To contact a Leader please call 703-729-1205.

LOUDOUN COUNTY AUTISM NETWORK

We focus on autism awareness in our community and committed to the prevention and recovery of autistic children. Meetings are at 7:00p.m. on the 2nd Thurs of the month at the KiDazzles facility on Red Rum Drive in Ashburn. For more info, go to www.locoautismnetwork.com.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 3rd Friday at 10:00am. For info, contact Julie Peckman at 703-858-5679 or julesgkp468@gmail.com.

MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

MOMS IN TOUCH FOR EAGLE RIDGE

Eagle Ridge Middle School moms have a Moms in Touch group meeting in the Broadlands. Join us as we pray for ERMS and our ERMS children on Fridays at 10:00a.m. Contact Carla for more info at 703-729-6443 or ackhend@aol.com.

PET LOSS SUPPORT GROUP

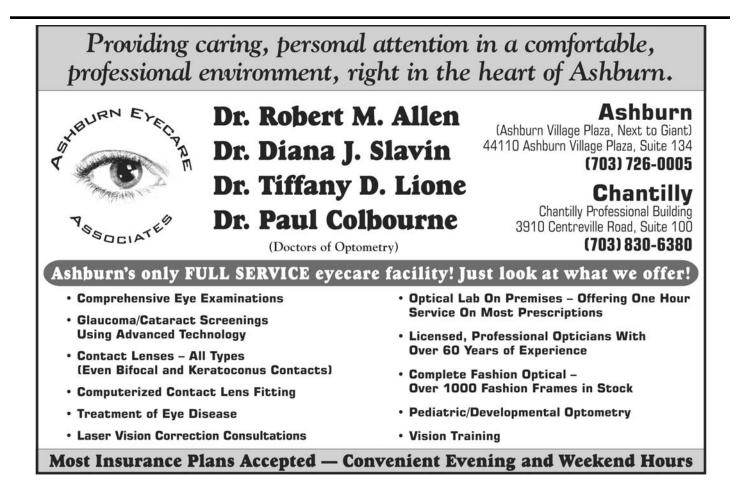
We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

TECHNOLOGY COMMITTEE

We meet at 7:30 p.m. on the 2nd Weds month in the Broadlands Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

YOUNG MUSICIANS NETWORK

Minton Academy of Music hosts Friday Night Jam Sessions for young musicians every 2nd Fri at 8:00p.m. For musicians, ages 11 to 16. Participants must have hasd at least 1 year of private lessons to attend. For more info call 703-723-1154.

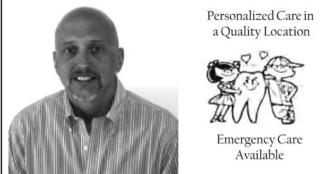


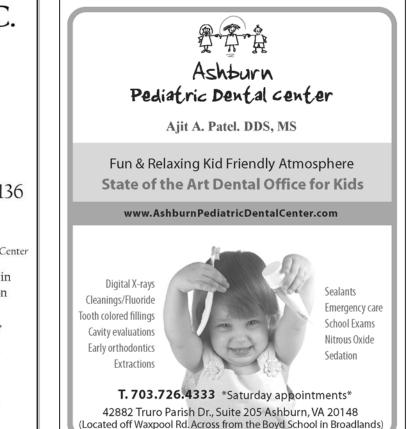


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ADVERTISING and EDITORIAL **INFORMATION**

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the posted deadline.

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. <u>Advertising deadlines</u> are the first day of the month prior to the issue. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

Limited Availability: 1/2 Page B/W 7.25" W x 4.875" H \$295/issue (6 months prepaid \$265.50/issue). Color ads also available.

1/4 Page 3.625"w x 4.875"h \$160.00/issue (6 months prepaid \$135.00/issue)

1/8 Page 3.625"w x 2.25"h \$90.00/issue (6 months prepaid \$72.00/ issue)

Payment is due in full when ad is submitted. Make checks payable to Broadlands Association. No cash payments, please. Copy changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO: Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Ashburn, VA 20148

For more information or questions regarding advertising, contact Staci Kapinos at 703-729-9704 ext.101 or ads4broadlands@yahoo.com. Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL INFORMATION The deadline for editorial submissions is noon on the 15th of the month, or noon on the last business day before the 15th should it fall on a weekend or holiday. Submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

MAY CLASSIFIED ADS

EARLY EDUCATION/DAY CARE LITTLE SPROUTS PRESCHOOL: Now registering

for Junior Kindergarten (5 yr old preschool). Does your child miss the cut off for kindergarten, but need more than just another year of preschool? Junior Kindergarten is offered Mon-Thur from 9am-12 noon. Hands on interactive learning through Karlene 408-750-7349, fun. http:// LittleSproutsPreschool.clubspaces.com.

2010-2011 MOMS MORNING OUT **PROGRAM:** Now registering ages 2 & 3 year olds for two-day a week program beginning Fall of 2010, Mon/Wed, from 9:15am-12:15pm. We offer fun, stimulating & safe learning environment while mom can have a few hours to herself! VA state licensed teacher with Masters in Education. Holds VA state licensed to operate program. CPR/First Aid certified and 5+ years experience running MMO program. Contact Jenny at 571-333-3395 for info.

SUMMER 2010 MOMS MORNING OUT PROGRAM: Need something for your little one this summer? Now registering ages 2-5 year olds for two-day a week summer program, Tues/Thurs, from 9am-12pm. We offer fun, stimulating & safe learning environment while mom can have a few hours to herself. Two VA state licensed teachers with Masters in Education. Holds VA state licensed to operate program. CPR/First Aid certified. Contact Jenny at 571-333-3395 for info.

FOR SALE

MATTRESS SALE & CAR WASH FUNDRAISER: If you are in need of a new quality mattress, come by Briar Woods High School on Saturday, May 15th to get 40% off retail pricing AND support the Briar Woods Marching Band. Visa/Mastercard/American performance. Students to have opportunities to Express will be accepted.

BRIAR WOODS FALCONS GARDEN FLAGS: Add some spirit to your garden with a Briar Woods Falcons Garden Flag. The 13"x18" white nylon is printed in virbrant orange with navy outline. \$15.00. Get yours by calling 703-655-8614.

YARD/BAKE SALE: Help the Cassada's raise money for their adoption of 2 little boys from Rwanda. Yard Sale/Bake SaleSaturday, May 8, 8 am - 12 noon. At their home 21524 Chickacoan Back Guarantee. Call Peggy 703-554-2030. Trail Drive Ashburn, VA 20148.

1999 COLEMAN CHEYENNE POP-UP CAMPER (\$3,999), 22', sleeps 8. 3-way refrigerator, heater, indoor and outdoor stoves, awning, plenty of storage, sink, rooftop bike racks. Always garaged and in good condition. Great family camper. Camping membership also available. Contact Rick @ 703-906-8074 or rjb0259@gmail.com.

POOL TABLE: Cherry wood. Mesh pockets \$250. Contact 703-724-4879.

FOOSBALL TABLE: Great condition, \$50. Contact 703-724-4879

ENTERTAINMENT CENTER: Beautiful piece, walnut. Side display shelves. Center T.V. console with storage, \$800. Contact 703-724-4879.

INSTRUCTION

SUMMER IS HOT WITH KINDERDANCE ®! 8week summer session, 7/7/10-8/25/10 at the Broadlands Community Center. Kinder TOTS (24-36 mos.), Kinder DANCE (3-5 yrs.) and KinderMOTION (3-5 yrs.) classes. Registration

begins May 15th (current students) and May 30th (new students). Forms are available in the Nature Center. Call 703-728-7862 or email KDofLoudoun@aol.com ...class sizes are limited. PRINCESS BALLET CAMP AND KINDERMUSIK **CAMPS:** will be offered at the Broadlands Community Center this summer! Wright Foot Forward camps and classes nurture the creative spirit in every child. For more information, visit www.WrightFootForward.com or contact Brenda Wright at WrightFF@gmail.com or 703/344-4135. GOLF LESSONS: Brambleton Golf Course, Ashburn, VA. Group Lessons, Private Lessons, Girls' School of Golf, July 5-9 and 12-16, 2010. Cathy Jones Assistant Golf Teaching Professional, USGTF Level III Instructor, 703-501-8739, cathy@golfurheadoff.com.

NEED A TUTOR? A former Fairfax and Loudoun County Public School teacher is available to tutor your child or children in any subject, grades 2-8. For more information contact Nicole: (703) 858-5414 or nicoleoharrison@gmail.com.

READING SPECIALIST: Is your child having difficulty in reading? Certified teacher with Masters Degree in Reading Specialization. Focusing on beginning readers, K-2nd grade. Call for references. Suzie 703-726-9836.

HINDI & ART CLASSES: 5 years of experience. Oral: \$15 and Written: \$20. Art classes with experienced art teacher: drawing and water painting, \$100 plus \$25 material fee. Acrylic painting \$100 plus \$30 material fee. Call 571-333-0199, Neeru803@gmail.com.

PIANO LESSONS: For kids (age 5+) and all levels. Lessons given by professional pianist with 10-year teaching experience and doctoral degree in piano recitals and competitions. Studio convenient in Broadlands. For serious inquiry, call 703-463-8215 or email pianoplo@gmail.com.

SAT TEST PREP: Help your child achieve their top SAT score ! Small group instruction program here in Ashburn using official SAT Study Guide. Offering an 8-week, 32 hour course for \$595 per student, Saturday and Sunday afternoons. Also available, 6-hour "Power Review" for \$65. Money Leadingedgetesting@gmail.com.

GUITAR LESSONS: Instructor has Music Degree, Master's Degree and 20 years' experience teaching kids (age 8+) and adults. Instruction in your home or at our Leesburg studio; references from Broadlands residents. Please call 703-777-4352 or email: BlueRidgeStudio@verizon.net.

MINTONS ACADEMY OF MUSIC IN ASHBURN: We are Broadlands residents that have been teaching music in the area since 2002! Our teachers are Emmy Award winners, Bachelors and Masters of Music, and some of the most award winning band directors in Loudoun County. With over 16 teachers at our school we teach all instruments to all ages. Wanna' Play? Visit us at www.mintonsmusic.com. Call us at 703-723-1154 or stop by 21690 Red Rum Dr Suite 137 Ashburn, VA 20147.

HEALTH & WELLNESS

CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Workouts designed to sculpt, tone, increase strength, promote flexibility. Individualized programs, nutritional guidance, weight loss, pre-natal/post-partum, yoga, pilates and more. All ages/fitness levels. Rely on my experience of more than 17 years to guide you, safely and successfully! Affordable! Stephanie Gotfried, 703-542-2595.

ADULT & YOUTH FITNESS BOOT CAMPS (HILLSIDE PARK, BROADLANDS): Visit www.LiveFit365.com or call 703-400-7937. Camps will be conducted by a CPR/AED Certified Personal Trainer. No gym memberships necessary. All you need is a towel, a drink, dedication and a desire to take your fitness to the next level.

PERSONAL TRAINER: Looking to get fit? I am a certified personal trainer with both a bachelors and masters degree in the health field. I can come to your home or train you at any Fitness First gym. I specialize in functional training and hold certifications in nutrition and pre and post natal training. Whether you are 8 or 80, fit or unfit, I can help! Please call 703-307-9403 or email ckdovel00@verizon.net.

THERAPEUTIC MASSAGE: Nationally certified and trained. Experienced in deep tissue, sports, medical and pain management. Therapeutic spa and Hot Stone treatments available. Certified in Pregnancy Massage with L & D and Doula experience. Claudette Plater, RN, CMT 703-724-4210 Ashburn location. www.tranquilmoment.com. ART OF LIVING: Yoga and Meditation course with "Sudarshana Kriya" Tools to minimize stress practiced by 4 million worldwide; practices that heal and harmonize the body, mind and spirit. For information, please call Ms. Chitra Kumble: 703-723-8181 OR Email: ashburn@us.artofliving.org/ For Courses: http://secure.artofliving.org/ courses.aspx?state=VA&city=ALL&type=-1. For Free Intro sessions: http://secure.artofliving.org/ events.aspx?state=ALL&city=ALL&type=-1

ASHBURN PILATES: Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www.ashburnpilates.com.

HOME SERVICES

GRASS MOWING "CHEAP": Broadlands residents only. For town home and single family, now accepting new residential clients for 2010; mow, edge, blow and seasonal applications. FENCE POWER WASH and re-stain, Retired Professionals: email: jackthedecker@aol.com 703-858-0103.

BELMONT DECK & PATIO, CONSTRUCTION: Building all types of decks and patios. Pressure treated and composite maintenance free products. Maintaining old decks/patios by power washing and painting. Also, all types of Handyman Projects, Landscaping, Painting, Interior Repairs, Exterior Repairs. Call 571-209-0332.

BANE ELECTRICAL SERVICE LLC: Residential & PROFESSIONAL PAINTING: Residential interior IT EFFICIENCY CONSULTANT: Do you have a Commercial service work specializing in trouble & exterior. Licensed & insured. Quality shooting and any other service related to upgrades workmanship. Reasonable. Free estimates. 25 yrs or repairs. Licensed and Insured Electrical experience. "You can't afford not to call." Please Contractor VA/MD. Ask about our monthly call Gary's Painting, 703-971-4016. specials!!! Contact Chris 703-723-6501 (Broadlands Resident)

WISE GUYS ROOFING & SIDING **IMPROVEMENT LLC:** FREE ESTIMATES - Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting - Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Guarantee! Satisfaction www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or

info@WiseGuysRoofingSiding.com.

KETTY'S MAID SERVICES (K.M.S.): Cleaning services for single family homes, townhomes and apartments. Weekly, Bi-weekly and one-time only. Free estimates. Call Ketty: (703)771-4035, (703)554-2487, (703)297-1934.

MARIA'S START CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday - Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident)

FULL CIRCLE HOME IMPROVEMENT: Kitchen and Bath Remodeling. Finished Basements-Flooring-Tile-Hardwood-Laminate-Lighting-Finished Trim-Moldings-Painting-Decks and more. Licensed and insured. Call Rich at 703-723-4268 email full_circlehome@yahoo.com

HANDYMAN SPECIALIST: Lives in the Broadlands with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MichaelARosario@aol.com.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772

SHANTZ HOME SERVICES: For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email shantz@glassmile.net. Licensed and Insured. Free estimates. Broadlands resident.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

MARKETPLACE

MOONBOUNCE RENTAL IN BROADLANDS! Fully insured. Stress free entertainment for your child's birthday party, etc. \$125 for the day (10am-7pm). We do not deliver. Payment required at time of pick up. Call early, we book quickly! Linda, ALL ABOUT PARTIES, 703-298-1370.

STELLA & DOT: Today's hottest fashion trends in jewelry and the classics too. Host a trunk show and receive hundreds in free jewels. Great for gifts as well. Call me: Angi Rogers, Independent stylist, 703-969-2305, stella.angi@gmail.com and www.stelladot.com/sites/angi.

ARBONNE: FEEL & LOOK GREAT YEAR LONG. Arbonne is pure, safe and beneficial skin care for everyone. Products are botanically based and vegan certified. Please visit my website, or host a party and enjoy the benefits of these AMAZING products. Call me, Joan Maunez, Independent Consultant, 703-729-4619, or visit www.joanmaunez.myarbonne.com.

MARY KAY: KEEP ALL EYES ON THE BRIDE. Look simply radiant for your wedding day. Schedule a free makeover. Invite your bridesmaids. Your mom. I can even help with great gifts for your wedding party. Call me today. Deborah Leben Independent Beauty Consultant 703-217-4583

Shop Anytime. www.marykay.com/dleben.

TASTEFULLY SIMPLE: offers the perfect gift for Mom! Quick and delicious gourmet foods to save her time in the kitchen. I ship nationwide! Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net

PETS

KIT & KABOODLE PET CARE SERVICE, LLC: Is your pet part of the family? Kit & Kaboodle Pet Care – because your family member deserves the best! Providing Loudoun County with quality pet care since 2000. For more information call 571-223-2977 or visit our website at: www.kitandkaboodlepets.com.

PROFESSIONAL SERVICES SENIOR PORTRAITS BY LISA SINCLAIR

PHOTOGRAPHY: Looking for a unique alternative to senior portraits !? Relax, have fun, and showcase your talents and interests! Senior Portrait Packages available – photo announcements, digital images, braces removal! Visit www.lisasinclairphotography.com or contact lisasinclair@gmail.com for information.

GGGGGRRRRR!!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

need to optimize & efficiently use a home-small business computer or network? Free Consultation. 703-728-1162. Blackberry: Email: consultant@jamessaville.net.

COMPUTER REPAIRS: Need computer repairs. backups, wireless networking, virus or spyware removal? Call Brian at Circle Blue for fast and friendly service. We have the lowest prices in the neighborhood! Check out the one rate pricing at http://www.circleblue.com! (703)648-0810.

SALON SERVICES

ROYAL BARBER SHOP: Now open. The best haircut in Town. 42882 Truro Parish Dr, Broadlands, VA 20148. Men's haircut: \$14; Boy's haircut: \$12. Weekdays \$1 off. Includes hot towel service. Phone: 703-858-9008. Please come and see us!

HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

Broadlands Resident Rates:

\$ 7.00/Business Ad*;

\$ 0/Personal Ad or Lost & Found Ad

Non-Resident Rates:

\$14.00/Business Ad*;

\$ 7.00/Personal Ad

*10% off for 6 months prepaid

Payment: Check to "Broadlands Association"

Send To: Broadlands Association

ATTN: Stassa Collins 21907 Claiborne Parkway Ashburn, VA 20148, 703-729-9704,

Broadlands Committees and Events



May Activities

Date Activity

5th	7:00p.m. Modifications
	Subcommittee Meeting(NC)
6th	6:00p.m. Board of Directors
	Meeting(NC)
8th	8:00a.m. Community Wide Yard Sale
	11:00a.m. International Migratory Bird
	Day(NC)
	Nature Center Open: 10:00a.m
	2:00p.m.
	Pool Pass Photos: 10:00a.m
	2:00p.m.(NC)
11th	7:00p.m. Broadlands Home Owners
	Association Annual Meeting at Mill Run
	Elementary School
12th	7:30p.m. Tech Committee
	Meeting(NC)
13th	6:00p.m. Sourthern Walk Hearing
	Meeting(NC)
15th	Nature Center Open: 10:00a.m
	2:00p.m.
	Pool Pass Photos: 10:00a.m
	2:00p.m.(NC)
19th	1:00p.m. Fun at the Pond(NC)
	6:00p.m.Rain Barrel Workshop(NC
	Patio)
	7:00p.m. Modifications
	Subcommittee Meeting(NC)
20th	8:00p.m. Investment Club(CC)
21st	10:00a.m. Broadlands Mom's
	Club(CC)
22nd	Nature Center Open: 10:00a.m
	2:00p.m.
	Pool Pass Photos: 10:00a.m
	2:00p.m.(NC)
26th	7:30p.m. Book Club(NC)
27th	7:00p.m. Health Seminar to be Given by

27th 7:00p.m. Health Seminar to be Given by Dr. Habib(CC)

Committees

Broadlands Live! Summer Concert Committee Chair: Open.

Community Events Committee Committee Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, broadlandswildlife@gmail.com

Neighborhood Watch Committee Chair: Staci Kapinos, broadlandsHOAwatch@gmail.com

Recreation Committee

Chair: Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

Swim Team Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)

Meets second Wednesday 7:30 pm in the Nature Center. Open to all residents. Chair: Dawne Holz, dawne@holzfamily.net Webmaster: webmaster@broadlandshoa.org



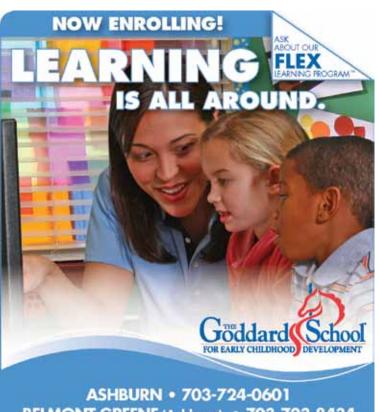
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