

BROADLANDS

Our Neck of the Woods

Yay It's May, Go Outside in the Warmer Weather and Play

- Earth Day Family Festival on May 4th, see page 19
- Get Out and Vote - Annual Meeting on May 6th, page 5
- Candidate Profiles, pages 13-16
- Broadlands Live starts May 9th, page 11
- Worm Program on May 10th, see color insert
- Pools opening May 24th, will you be ready? page 23
- Special hours for pool pass photos, see calendar on page 8
- The Nature Center and HOA office will be closed Monday, May 26 in observance of Memorial Day.



Olde Towne PET RESORT



HAPPINESS. UNLEASHED.

BOARDING | GROOMING | DAY CAMP
TRAINING | SWIMMING

SPRINGFIELD
8101 ALBAN ROAD
SPRINGFIELD, VA 22150
703.455.9000

DULLES
21460 SQUIRE COURT
STERLING, VA 20166
571.434.3300

OldeTownePetResort.com



**Shedding a lot?
Not hungry?
Dry skin?**

Maybe it's the food.

**Whole Pet Central has just
what the doctor ordered!**

We offer the area's finest selection
of healthy foods for dogs and cats.

Ashburn Farm Market Center
43330 Junction Plaza
Ashburn, VA 20147
703.724.4319
www.wholepetcentral.com
Other locations in Herndon & Rockville

WHOLE PET
CENTRAL
*where healthy food
comes naturally*



Discover the Difference - The Golden Pond Way



GOLDEN POND
SCHOOL
ASHBURN, VIRGINIA

*A pure preschool and kindergarten
where our exclusive focus is on the
early childhood years.*

NOW ENROLLING

- Preschool
- Kindergarten
- Kindergarten enrichment
- Extended school first through third grade

www.goldenpondschool.com 703-723-7663

24 HOUR SAME DAY SERVICE • (703)779-7455

CLIMATIC

HEATING & COOLING, INC.

"Caring For Your Comfort"



- We Service All Makes & Models
- Furnaces
- Heat Pumps
- Air Conditioning
- Humidification & Filtration
- Duct Work for Additions and Basements
- Free Estimates on Replacements & Upgrades
- Maintenance Agreements
- Mechanical Engineer on Staff
- Family Owned & Operated

100% Satisfaction Guaranteed!



**\$20 OFF
NEW
BROADLANDS
RESIDENT
SERVICE CALL**

**BROADLANDS
EXCLUSIVE
\$1200 REBATE
FOR NEW SYSTEM
INSTALLATIONS**



Request an appointment at www.climaticva.com

**Broadlands Homeowners Association
Board of Directors Meeting
Tuesday, May 13th - 6:00p.m.
Nature Center Conference Room**

Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Homeowner Forum' section of the meeting.

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review the Design Guidelines online at www.broadlandshoa.org/for-homeowners/design-guidelines/ for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application.

A response to your application is generally mailed within one week of the meeting.

**Modifications Subcommittee
Meeting and Submission Dates**

Meeting Date	Submission Date
May 7, 2014	May 1, 2014
May 21, 2014	May 15, 2014
June 4, 2014	May 29, 2014
June 18, 2014	June 12, 2014

*Please Note: The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.

Looking Forward

This May will mark the 23rd anniversary of American Wetlands Month, a time when EPA and its partners in federal, state, tribal, local, non-profit, and private sector organizations celebrate the vital importance of wetlands to the Nation's ecological, economic, and social health. It is also a great opportunity to discover and teach others about the important role that wetlands play in our environment and the significant benefits they provide - improved water quality, increased water storage and supply, reduced flood and storm surge risk, and critical habitat for plants, fish, and wildlife.



Beginning in the early planning stages of Broadlands, efforts were made to preserve the natural wetlands by working around them to create areas for homes, schools, recreation, offices, and shopping. The result was a land plan with green spaces throughout the community. A commitment to preserving and enhancing the natural environment is at the heart of Broadlands philosophy. Unfortunately, it seems that our wetlands are sometimes misunderstood.

What is a wetland?

A wetland is an area that is covered by shallow water or has waterlogged soils for long periods during the growing season in most years. Prolonged saturation with water leads to chemical changes in wetland soils, which in turn affect the kinds of plants that can grow. Therefore, wetland vegetation often looks quite different from that of surrounding non-wetland areas. Although wetlands are often wet, a wetland might not be wet year-round. Some of the most important wetlands are only seasonally wet. Wetlands are the link between the land and the water. They are transition zones where the flow of water, the cycling of nutrients, and the energy of the sun meet to produce a unique ecosystem characterized by hydrology, soils, and vegetation, making these areas very important features of a watershed. Using a watershed-based approach to wetland protection ensures that the whole system, including land, air, and water resources, is protected. The United States loses about 60,000 acres of wetlands each year. The very runoff that wetlands help to clean can overload and contaminate these fragile ecosystems. In addition, nonnative species of plants and animals and global climate change contribute to wetland loss and degradation.

How do wetlands benefit nature?

Often called "nurseries of life," wetlands provide habitat for thousands of species of aquatic and terrestrial plants and animals. Although wetlands are best known for being home to water lilies, turtles, frogs, muskrats, salamanders, and snakes, they also provide important habitat for waterfowl, fish, and mammals. Migrating birds use wetlands to rest and feed during their cross-continental journeys and as nesting sites when they are at home. As a result, wetland loss has a serious impact on these species. Habitat degradation since the 1970s has been a leading cause of species extinction. Wetlands do more than provide habitat for plants and animals in the watershed. When rivers overflow, wetlands help to absorb and slow floodwaters. This ability to control floods can alleviate property damage and loss and can even save lives. Wetlands also absorb excess nutrients, sediment, and other pollutants before they reach rivers, lakes, and other waterbodies.

How do wetlands benefit people?

Wetlands benefit people in many ways that may not be obvious.

Continued on page 12

Who's Who

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway
Broadlands, Virginia 20148
Main: (703) 729-9704 Fax: (703) 729-9733
www.broadlandshoa.org

HOA Office & Nature Center Hours: Monday thru Friday from 9:00am to 5:00pm. Additional Nature Center Hours: First three Saturdays from 10:00am to 2:00pm.

BROADLANDS ASSOCIATION MANAGEMENT & STAFF

General Manager

Sarah Gerstein sarah@broadlandshoa.com

Covenants covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison

Natalie Ihanainen nihanainen@broadlandshoa.com,

..... events@broadlandshoa.com

Newsletter Advertising Manager

Stassa Collins scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee, Covenants

Robin Crews rcrews@broadlandshoa.com

Covenants

Susan Kuklick skuklick@broadlandshoa.com

Receptionist

Joanne Hang joannehang@broadlandshoa.com

Julie Holstein julie@broadlandshoa.com

Naturalist

Vacant naturalist@broadlandshoa.com

BOARD OF DIRECTORS

President Brian Beahm - brian.beahm@gmail.com (703) 726-6360

Vice President Eric Bazerghi - eric@thehouse.net (703) 723-1046

Secretary/Treasurer Dawne Holz - deholz@icloud.com (703) 349-1095

Directors

Gerry Alcantara (703) 858-1320

Michael D. Simpson (571) 333-3365

Joseph T. Wagner (571) 333-0831

Open.....

Members at Large, Van Metre Representatives

Roy Barnett rbarnett@vanmetrecompanies.com (703) 425-2600

Denise Harrover dharrover@vanmetrecompanies.com (703) 425-2600

COMMITTEES

Broadlands Live! Summer Concert ...Renee Ventrice, tttrenee@yahoo.com

Community Wildlife Habitat* Oya Simpson,
osimpson@broadlandsnaturally.org or (703) 725-8040

Events..... Chair: Open, events@broadlandshoa.com

Neighborhood Watch Chair: Open

Recreation Chair: Open

Swim Team www.broadlandsswimteam.org

Technology* Dawne Holz - deholz@icloud.com, broadlandshoa.org

Tennis Brad Marcus - bradmarcus@gmail.com

Webmaster webmaster@broadlandshoa.org

*Please look under Clubs and Groups for more information

FIRSTSERVICE RESIDENTIAL (Payments and Resale Docs only)

Assessment Information Office:

Main: (703) 679-1541 Fax: (703) 591-5785

Website: www.fsresidential.com

Email: customerservice.dcmetro@fsresidential.com

Mail Payments to:

FirstService Residential

P.O. Box 11983

Newark, NJ 07101-4983

Useful Numbers

NON-EMERGENCY

Ashburn Fire..... (703) 729-0006

Dominion Virginia Power (888) 667-3000

Fire Marshall..... (703) 777-0333

Loudoun County Sheriff (703) 777-1021

Loudoun Water (customer service) . (571) 291-7880

Loudoun Water (after hours) (571) 291-7878

Poison Control (800) 222-3333

State Police (703) 771-2533

Washington Gas (703) 750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)....1(703) 753-5521

Trash Pickup (Patriot Disposal)1(703) 257-7100

Southern Walk Internet/Cable:

OpenBand 24x7 (customer service) (866) 673-6226

OpenBand (trouble tickets)..... (703) 961-1110

PUBLIC INFORMATION

Animal Control/Shelter (703) 777-0406

Building Permits & Dev. (703) 777-0397

County Landfill (703) 771-5500

DMV (VA) (800) 435-5137

Health Department..... (703) 777-0236

Library (Ashburn)..... (703) 737-8100

Loudoun Ride On..... (703) 777-2708

Loudoun Hospital..... (703) 858-6000

Miss Utility (800) 552-7001

Metro..... (202) 637-7000

Parks and Recreation (703) 777-0343

Ridesharing (703) 771-5665

Road Conditions (800) 367-7623

School Board..... (571) 252-1000

Street Signs/Storm Drains..... (703) 771-5666

VDOT..... (703) 383-8368

Van Metre Homes..... (703) 348-5800

Verizon..... (703) 954-6222

Verizon Fios (888) 553-1555

Wildlife Hotline (local)..... (703) 440-0800

SCHOOLS - BROADLANDS

Briar Woods High School (703) 957-4400

Eagle Ridge Middle School (571) 252-2140

Hillside Elementary School..... (571) 252-2170

Mill Run Elementary School (571) 252-2160



Go Green and Opt Out

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.



It Takes a Community

And, wow what a great one we have! Our younger residents were able to enjoy a fun filled Egg Roll and Spring Fest at the Nature Center back patio. Under the leadership of the event chair the youngsters were able to participate in the egg roll, meet Peter Cottontail, jump around in the moon bounce, listen to the great tunes of a one man band, meet Po the Panda from Super Kicks, have balloon creations made just for them and even enjoy a hay ride through the neighborhood, courtesy of our snow plowing company!

A special Thank You goes to Girl Scout Troops 4480, 4483, 6368 and 6369. Twelve girl scouts from these troops came out and helped with set up, as well as were wonderful in helping to run the event assisted by their mothers. What great ambassadors of our community!

Thanks again volunteers, you really hit this one out of the park!

The volunteers for this event were:

Chair - Arlee Harris

Melissa Ellis
Sabrina Ellis
Dermot Harris
HLS

Ted Sjurseth of Signature Decks and his snow removal crew
Super Kicks

The Technology Committee
Aimee Marceau from **Troop 4480**
Troop 4483 - Scouts & Parents

Olivia Armstrong
Amy Bazerghi
Sara Bazerghi
Nicole Beaulieu

Rosanna Beaulieu
Camille Clark
Nicole Kelly

Anna Myers from **Troop 6368**
Troop 6369 - Scouts & Parents

Nora Bish
Paige Bish
Abi Cobean
Julie Holstein
Sarah Holstein
Ashley Wintermute
Deborah Wintermute

If you would like to help plan community events please email events@broadlandshoa.com.

Broadlands Annual Meeting - May 6th, 2014

This meeting will be held on Tuesday, May 6, 2014 at the **new Broadlands Clubhouse**, located at 43360 Rickenbacker Square. The doors open at 6:30pm for the purpose of registering a quorum. The agenda begins at 7:00pm. As part of the meeting, an election will be held to select two (2) members to three-year terms ending in May 2017 and one (1) member to serve a one-year term ending in May 2015.

Even if you plan to attend, you are strongly encouraged to complete and return the Proxy Form which you will receive in the mail so that a quorum may be obtained. Proxy forms are also available at the HOA office. You can change your proxy at any time before the meeting, or you can rescind it and vote at the meeting. We suggest that you sign your Proxy as directed, naming another owner or, in the case of a non-resident Owner, the Lessee of such Owner's Home, or the management agent as your designated proxy (instructed proxies only). If you do not have a person in mind to designate as your proxy, you may assign it to the Secretary of the Broadlands Board of Directors. This will allow us to establish a quorum and to run the meeting on time.

We thank you for your assistance and cooperation. We look forward to seeing you at the Annual Meeting!

April Board Meeting Highlights

The following actions were taken by the Board of Directors at their meeting held on April 8, 2014.

- Approved minutes of March 11, 2014 meeting.
- Consented to allow the Loudoun Half & 8K Race on Sunday, April 13, 2014.
- Assessed violation charges of \$10 per day for a maximum of 90 days or until violation is resolved for the exterior light fixture not being in working order for three accounts.
- Assess violation charges of \$50 per occurrence for a trash can being in view for two accounts.
- Assess violation charges of \$10 per day up to 90 days or until the violation is resolved for a broken garage door window for an account.



ODSL Piranhas

Thanks to the many families who have swimmers registered for the 2014 ODSL Piranhas. We're looking forward to another fantastic season!

Please visit our website at www.broadlandsswimteam.org as it is updated with swim meetings, special events, etc.

Go Piranhas...
Swim Fast!



Interested in getting up to date community news in between monthly newsletters? Sign up for our new e-bulletin, the **Broadlands Blast**, online at www.broadlandshoa.org or email Blast@broadlandshoa.com.



AT YOUR SERVICE COMPANY

Home Improvement and Construction Contractors

\$775 Off Additions & Basements
10% Off All Projects (Max. \$4000)

703-437-9265 or 703-898-4990
www.ayscompany.weebly.com

Additions - Basements - Decks -
Bathrooms - Garages - Kitchens -
Siding & Roofing - Drywall &
Carpentry - Window & Door
Replacement - Screen Enclosures

OVER 34 YEARS IN BUSINESS



Lori Christ, CPA LLC

Lori@LoriChristCPA.com -Certified Public Accountant
703-304-5173 -Enrolled to Practice before the IRS

- *Individual Tax Planning & Preparation
- *Bookkeeping for Small Businesses
- *Monthly Financial Statements
- *Business Tax Consulting & Preparation
- *Small Business Set up
- *Sales Tax Returns, Payroll Tax Reports

EDWIN

Since 1991



PAINTING CO.

Edwin Oliva Owner

Residential /Commercial
Interior & Exterior Painting
Basement Finishing
Drywall • Carpentry • Power Washing
Free Estimates • Excellent References
Licensed & Insured

25803 Mandeville Dr.
South Riding, VA 20152

(703) 969-8296

www.EdwinPainting.com

Family Hair Salon

Quality Hair Care for All Ages

Meet Your
Master Barber

30% off Salon Service
(mention Broadlands Magazine)

21735 Shellhorn Road
Ashburn, VA 20147
(703) 726-8712



Larry Miller, Inc.

Specializing In Window Cleaning,
Power Washing & Gutter Services

20 Plus Years' Experience
Residential in Northern Virginia
Licensed & Insured

Get Free Estimates Online at
www.windowcleaningservice.net

Office: 703-723-7770

10% off when you like us on Facebook!
www.facebook.com/larrymillerinc

On the Board of
Directors for the Int'l
Window Cleaners Assn.

P & D PLUMBING

Licensed • Insured

WE GUARANTEE ALL OUR JOBS

No job too small or too big. We do it all!

703-939-4473

www.panddplumbing.com • pndplumbing@hotmail.com

Wanna do it right? Gotta get a pro!



Your Local Handyman Specialist

P & M

General Contracting

Broadlands Resident since 1999

Class A License and Insurance

Honey-Do-Lists * Projects * and much, much more

Free Estimates

Contact Mike 703-882-0415 Mike.Rosario@verizon.net



703-450-4758

MULCH & TOPSOIL
Double Shredded Hardwood •
Compost • Wood Chips • Firewood
Decorative Gravel • Stalite

www.vagroundcovers.com
21585 Cascades Parkway • Sterling, VA 20166
Pickup or Delivery



Flicks in the Sticks

10
years!

Join us as we celebrate our 10th year of Flicks in the Sticks! We're presenting another fantastic season of family entertainment to Broadlands residents. Enjoy a great series of family films, with our feature presentation in August, *The Lego Movie*. Tear out this page and put it on the fridge to remind you of the dates, times and titles.

Space on the Nature Center lawn is first come, first served, but with our large screen and sound system, every seat is great. Coolers, lawn chairs, and picnic blankets are welcome. **We kindly request that lawn chairs use the space at the sides of the lawn to not block the view down the center.** Free popcorn and drinks are available. Parking is limited; please consider biking or walking to the Nature Center.

Movies begin around sundown – time listed is approximate. In the event of rain, check the website to see if the event is cancelled or rescheduled.

June 14, 8:45 pm – Monsters University

July 5, 8:40 pm – Frozen

July 26, 8:35 pm – Despicable Me 2

August 16, 8:30 pm – The Lego Movie

September 6, 8:30 pm – The Nut Job

Parents: You'll find ratings and links to the Parental Guidance from IMDB on the HOA website.

One lucky person will take home a DVD of that night's movie in a random drawing from all attendees present before the movie starts. Other prizes may be awarded. Must be present at time of drawing to win. Drawing is held immediately after the movie.

Flicks in the Sticks is a FREE event for Broadlands residents and their guests, brought to you by the HOA Technology Committee.


Tear this out and put it on the fridge!





May



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Special hours to have pool pass photos taken				1 Pool Pass photos taken 9:00am - 5:00pm - NC	2 Pool Pass photos taken 9:00am - 5:00pm - NC	3 Nature Center Open 10:00am - 2:00pm
4 Earth Day at Loudoun Family Festival 11:00am 42920 Broadlands Boulevard, Broadlands, VA	5 Pool Pass photos taken 9:00am - 5:00pm - NC	6 Pool Pass photos taken 9:00am - 5:00pm - NC Annual Meeting 7:00pm - CH (doors open at 6:30pm)	7 Pool Pass photos taken 9:00am - 5:00pm - NC Modifications Subcommittee Meeting 7:00pm - NC	8 Pool Pass photos taken 9:00am - 5:00pm - NC	9 Pool Pass photos taken 9:00am - 5:00pm - NC Newsletter Submissions due by Noon Broadlands Live 5:30pm - HP	10 Nature Center Open 10:00am - 2:00pm Worm Program 10:00am - NC
11 Happy Mother's Day! 	12 Pool Pass photos taken 9:00am - 5:00pm - NC	13 Pool Pass photos taken 9:00am - 5:00pm - NC Board of Directors Meeting 6:00pm - NC	14 Pool Pass photos taken 9:00am - 5:00pm - NC	15 Pool Pass photos taken 9:00am - 5:00pm - NC	16 Pool Pass photos taken 9:00am - 5:00pm - NC	17 Nature Center Open 10:00am - 2:00pm * Pool Pass photos taken 10:00am - 2:00pm - NC
18	19 Pool Pass photos taken 9:00am - 5:00pm - NC	20 *Pool Pass photos taken 9:00am - 7:00pm - NC	21 Pool Pass photos taken 9:00am - 5:00pm - NC Mod Subcomm Meeting 7:00pm - NC Tech Comm. Meeting 7:30pm - NC	22 Pool Pass photos taken 9:00am - 5:00pm - NC	23 *Pool Pass photos taken 9:00am - 7:00pm - NC	24 Pool Opening Day! * Pool Pass photos taken 10:00am - 2:00pm - NC
25	26 Happy Memorial Day! Nature Center and HOA Offices closed	27	28	29	30	31 * Pool Pass photos taken 10:00am - 2:00pm - NC

Key: CH= Club House; CC=Community Center; NC=Nature Center; HP=Hillside Park

LCPS students and families can open accounts at Apple Federal Credit Union.



Home Equity Line Of Credit

Lock Your Low Rate Until 2016*

Rates as low as
2.74% APR*

Rate adjusts to the Prime Rate as published in the Wall Street Journal, currently 3.25% APR*.

- Limits up to \$250,000
- No pre-payment penalties
- No annual fees
- Local underwriting for fast approval
- Borrow up to 100% Loan-To-Value™ with other Home Equity products!

AppleFCU.org/HomeEquity



Ashburn Branch
43330 Junction Plaza, #105

AppleFCU.org | 703-788-4800



*APR=Annual Percentage Rate Offer ONLY available for NEW HELOCs applied for online and approved 01/01/2014 - 12/31/2014. You may not pay off or make payment to other Apple FCU loans, credit cards or accounts with these proceeds. Advances made between 01/01/2014 and 12/31/2014 will be locked at your current APR until 12/31/2015. If rates go down before 12/31/2015 your APR will not be adjusted downward (floor rate of 3.99% for 85% LTV and less; 4.99% for 85.1% LTV or higher), and will increase when rates go up, but will not increase past your current APR until 01/01/2016. On 01/01/2016, the APR will be adjusted to the prime rate as published in the Wall Street Journal on 12/31/2015 plus or minus your current margin on the remaining balance and will be subject to change each quarter thereafter as stipulated by your original terms and conditions. Maximum interest rate 18.00% APR. Minimum advance of \$350 required. Advance amounts must be within your existing credit limit. Advances in excess of your current credit limit will not be honored and may be subject to additional fees. If your account becomes delinquent at any time during the promotional period, you will forfeit these promotional terms and the APR on the unpaid balance will be increased to the appropriate quarterly rate offered at that time as disclosed in your original note. **Up to 100% LTV available. Promotional rate based on 85% LTV and less. Membership eligibility requirements apply. Equal Opportunity Lender.

REAL ESTATE

The Greg Wells Team

of RE/MAX Select Properties

No Gimmicks, Just Results!
Proudly Serving Broadlands!



BROADLAND HOME SALES

12/26 - 1/26

	List Price	Sold Price	Subsidy	DOM
Townhomes				
21551 Welby Ter	\$373,500	\$373,500	\$3,500	20
43109 Royal Fern Ter	\$475,000	\$475,000	\$10,500	21
Single Family				
21503 Arbor Glen Ct	\$535,000	\$525,000	\$10,000	20
21581 Burnt Hickory Ct	\$1,100,000	\$1,100,000	\$0	8

FREE Market Analysis of Your Home!
BroadlandsHomeSellers.com



TheGregWellsTeam.com | 571-223-2947



20937 Ashburn Rd Ste #200, Ashburn, VA 20147

Each office individually owned and operated.

Spring Comes to Oatlands



May 4: Yoga in Nature

May 17: Photography Workshop

May 17: Spring Dog Walk

May 18: Vintage Base Ball Day

May 24, June 8 & 29: Afternoon Tea

May 31 & June 1, 7 & 8: Outdoor Children's Theatre

Summer Camp registration open now!
See website for a wide variety of camp choices.

Visit oatlands.org for information on these and other fun, interesting events.

Property Rentals: Business Meetings, Company Picnics, Corporate Retreats, Holiday Parties, Weddings, Rehearsal Dinners

20850 Oatlands Plantation Lane • Leesburg, VA 20175
703.777.3174 • www.oatlands.org



GilbrideDesigns@gmail.com

GilbrideDesigns.com

703-727-5413



Contact me, Laura Gilbride, your Broadlands neighbor for the past 15 years. I specialize in kitchen, bathroom, home office, bar, outdoor kitchen design, cabinetry and countertops.



Wiger Orthodontics

John C. Wiger, DDS, MS

- Clear Braces Available
- No Charge for Initial Consultation
- Invisalign Certified
- Financing Available
- State of the Art Office

Because You Never Outgrow A Beautiful Smile!

Two Convenient Locations

ASHBURN
703-724-1199

43170 Southern Walk Plaza
(near Glory Days)

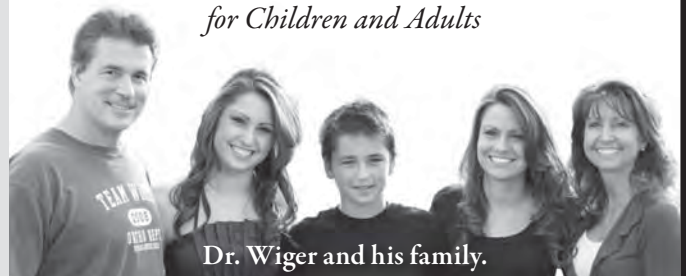
POTOMAC FALLS
703-444-9373

46165 Westlake Drive,
Suite 300

WigerOrthodontics.com

Member, American Association of Orthodontists

*Voted one of Northern Virginia's Top Orthodontist
for Children and Adults*



Dr. Wiger and his family.



Celebrating Over a Decade of Success with Our 11th Season!

2nd FRIDAYS MAY- AUG, 5:30 - 9:30pm

Hillside Park at 42935 Waxpool Rd.
(next to the old Stone House)

Bring your blankets and folding chairs, and enjoy a fantastic evening of music, food and fun brought to you by the Broadlands Live Committee, HOA and phenomenal sponsors who keep this show rocking for FREE year after year! **VISIT Facebook/broadlandslive and www.broadlandslive.com for more details and up to the minute updates!**

FRIDAYS	OPENING ACT	HEADLINER
May 9 th	Ashburn School of Rock (sounds of summer!)	Mama Jama (reggae and more!)
June 13 th	Diggity Dudes (Kids' Entertainers!)	Melodime (current and original rock)
July 11 th	Wapatuli (current hits)	The Monster Band (pop, funk, dance)
August 8 th	In Decision (classic rock and more)	Swiftkick (decades of great hits!)



NEW THIS YEAR: Road Yachts complimentary shuttle service throughout the Broadlands neighborhoods for clean, convenient transportation to and from each show. Shuttle arrives **approximately** every 20 minutes at each pick up point- please be patient! **Please check the website for shuttle locations, as they are subject to change.**
PICK UP TIMES: 5pm-7pm DROP OFF TIMES: 8:30pm-10:30pm

ALSO NEW THIS YEAR: SWAG BAG RAFFLE!

At each show one lucky attendee wins a Swag Bag full of \$100 or more in gifts from our Friends of Broadlands Live Sponsors! Click on this QR code → or visit our Facebook page ON SHOW DAY for the daily raffle post- LIKE the post and comment with your name to enter. That's it!! **Must be present to win!**



The Fine print: No Pets Allowed Please. No Soliciting for businesses, organizations or charities. BYOB but please leave the glass (bottles, drinkware) at home. All alcohol must be consumed in the Beer Garden. Whether you are 21 or 81, **YOU MUST SHOW ID FOR A WRISTBAND, NO EXCEPTIONS.**

Food, Drinks & Novelty items available- bring cash and enjoy dinner and a show!

Buffalo Wing Factory, Dominos Pizza, GG's Frozen Treats, Briar Woods Crew Club
Face painter "Sonia Flores" at every show plus special appearances by Balloon twister "Balloons by Mike!"

PLATINUM	GOLD	SILVER	
 www.BonnieSelker.com	 Heritage Landscape Services <small>An Affiliate of KT Enterprises, Inc.</small>	 	 <small>All your car needs.</small>

SPECIAL THANKS TO: Sunband Inc., First Impressions Dental, Cedar Run Landscaping, Bonfish Grill and the Broadlands HOA

Continued from page 3

They improve the quality of our water by filtering sediments and removing contaminants. They serve as spawning sites and nursery areas for fish and other aquatic life. They also support downstream aquatic systems, including commercial and sport fisheries, by producing food and organic material that is flushed out of the wetlands and into streams during high flows. They reduce flood damage to crops and human settlements downstream by storing flood water and releasing it slowly, like a giant sponge. They protect shorelines from erosion due to waves and currents. Additionally, they provide recreational opportunities, such as hunting, fishing, boating, and wildlife watching.

How can you recognize a wetland?

The term "wetland" encompasses a variety of conditions and degrees of wetness. Some wetlands are very easy to recognize because the water sits on the land's surface for much of the year. Other wetlands exist due to saturation of the soil by groundwater and can be difficult to identify. One clue that a tract of land may contain wetlands is its topography or position in the landscape. Wetlands occur in areas where water naturally flows or accumulates, such as in the floodplains of streams and rivers, along smaller creeks and washes, in low spots or depressions in flat or rolling landscapes, around seeps and springs, along the fringes of ponds and lakes, and in coastal areas affected by tides. Even in fairly obvious wetland situations, it may be difficult to determine where the wetland ends and the upland begins. Wetlands are delineated by carefully examining a site for the presence of wetland indicators. Three categories of wetland indicators exist: vegetation, soil, and hydrology.

What does this all mean to me?

Broadlands Association and our contractors work very hard to protect our existing wetlands. What may appear to be a nuisance or unattractive to you may in fact be a wetlands preserve or wetlands impact area. You may want (or want the HOA) to alter the wetlands on some ways, but these areas are heavily regulated by the Army Corps of Engineers and limits are placed on what can and cannot be done to alter these areas. The following outlines what can and cannot be done in a preserved wetlands area at Broadlands.

Permitted Activities:

- Trimming (by hand only) of dead or diseased vegetation
- Planting of native species typically adapted to living in wetland areas

Typical trees include:

Red Maple	Pin Oak
Willow Oak	Green Ash
Sycamore	Sweet Gum

Typical shrubs include:

Black Willow	Arrowwood
Silky Dogwood	Brookside Alder
Winterberry	Highbush Blueberry

Prohibited Activities:

- Removing vegetation by the roots
- Ditching, filling, grading or other land disturbing activities
- Installation of permanent structures such as dog runs, dog kennels, picnic tables, swing sets, mulch piles, or asphalt or concrete paths

Wetlands in Broadlands occur along streams and ponds, as well as in low lying wooded areas. Many of our trails, homes, and tot lots are adjacent to wetlands or wetlands impact areas. Many of these areas either hold water year round or fill with water after heavy rains, doing what they are supposed to do by preventing flooding, hosting wildlife, and filtering sediment. Hopefully you now have a greater appreciation of wetlands and how we have incorporated Broadlands into the natural environment and the next time you see stagnant water or a swampy area you think may need better drainage, you may be looking at a wetlands area.

So get out there and enjoy the surrounding nature!

Sarah

Sarah Gerstein, CMCA, AMS, PCAM
General Manager
Broadlands Association, Inc.

Save Yourself Time, Money and Aggravation

Before you make any modification, change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review. Don't be misled by well meaning friends, neighbors or contractors. It is the homeowner's responsibility to file an application with the Modifications Subcommittee for all exterior work. A county permit does not circumvent this requirement.

What can happen if you don't submit an application? You may be ordered to cease and desist, which might cause your contractor to charge additional money for delays in completion. You may have to appear before the Board of Directors at a Covenants violation hearing. You may be assessed a fee by the Homeowners Association of up to \$900, which will be added to your account and to which late fees, attorney fees, and court costs can be charged if payment is not made in a timely manner. You may be taken to General District Court in order for a judge to hear the case and determine the penalty. You may lose your recreational and voting privileges. You might have difficulty selling your home if violations are noted in the resale package which the Commonwealth of Virginia requires you to provide to your buyer.


Please consult the Design Guidelines at <http://www.broadlandshoa.org/for-homeowners/design-guidelines/> for detailed information. Submit a complete application package in a timely manner to the Modifications Subcommittee in order to obtain approval prior to beginning any work. The Design Guidelines provide a framework to maintain design quality throughout the community, to promote sensitivity for the natural environment and to encourage consistency of design while allowing flexibility for achieving design solutions. If you have any questions about architectural modifications, please contact Robin Crews, Secretary to the Modifications Subcommittee at 703-729-9704 or rcrews@broadlandshoa.com.



BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2014 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME: Heidi Eaton
ADDRESS: 43118 Autumnwood Square
PHONE(S): 703-802-4847
EMAIL: heh.eaton@gmail.com
SIGNATURE: 
DATE: 05 April 2014

QUALIFICATIONS: (Pertinent Biographical Information)

I have been a Broadlands resident since 1999 and a homeowner since 2007. I also have served as a landlord in Broadlands --
with and without a property manager -- and have experienced first hand the issues that can arise with rental properties in
Broadlands ((e.g., enabling tenants' use of community amenities, ensuring tenants follow covenants, timely receipt of HOA materials).
I own a townhouse with my husband.

AREAS OF INTEREST: (Why would you like to contribute your time to the community as a member of the Board?)

I would like to focus on increasing the transparency of HOA spending to ensure residents' dues are used responsibly and to
keep costs down for homeowners. I'd also like to improve the HOA's communications with residents, not only for advertising events, but also
regarding general administration and budget issues. I would like to represent younger residents in the community, who may have different
interests/expectations of the HOA from larger, more established families. I also would like to serve on the Board to advocate for
townhome owners in Broadlands, which I believe are underrepresented on the HOA board.


Return to: **Broadlands Association, Inc.**
21907 Claiborne Parkway Fax 703-729-9733
Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

Applications must be returned by 5:00pm on April 7, 2014 for inclusion in May's Newsletter and official Annual Meeting notice.

BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2014 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME: Cliff Keirce
ADDRESS: 21454 Basil Court
PHONE(S): 703-729-7320
EMAIL: shevcoo@yahoo.com
SIGNATURE: 
DATE: 04/03/14

QUALIFICATIONS: (Pertinent Biographical Information)

Broadlands resident for 17 years. Served 13 years previously on the Board of Directors, 5 yrs as Vice President, 4 yrs as President. Member of the Modification Subcommittee.
I provided strong, capable leadership to the Board and oversaw the smooth transition from a developer-controlled to resident-controlled Board.
Represented Broadlands at numerous Board of Supervisors and School Board meetings.
Served on Loudoun County Planning Commission and Government Reform Committee.

AREAS OF INTEREST: (Why would you like to contribute your time to the community as a member of the Board?)

HOA fees are an interest. I want to ensure quality services are delivered to the community at a reasonable cost. I am concerned that when I left the Board two years ago, we had a large surplus of funds and the next year we had the highest HOA fee increase ever.
Road issues (speeding, signage, enforcement) are also an area I will work on.
I will also network with other HOAs and continue to advocate for Broadlands to the Board of Supervisors and School Board on issues related to Broadlands.

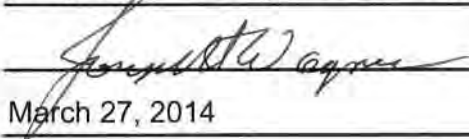
Return to: **Broadlands Association, Inc.**
21907 Claiborne Parkway Fax 703-729-9733
Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

Applications must be returned by 5:00pm on April 7, 2014 for inclusion in May's Newsletter and official Annual Meeting notice.

BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2014 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME: Joseph T. Wagner
ADDRESS: 22067 Stone Hollow Drive, Broadlands, VA 20148
PHONE(S): 571 333-0821
EMAIL: jtwagner@smartneighborhood.net
SIGNATURE: 
DATE: March 27, 2014

QUALIFICATIONS: (Pertinent Biographical Information)

I have served two years on the current Broadlands HOA , learning much about the operations and issues of our community.
I have also served on several other organizational boards and governing bodies, in various offices, which have given me insights
into best practices for serving my community and fellow residents. A career in financial management and cost analysis and my
current semi-retired status provides me with an analytical background, as well as the time to devote to the job of HOA
Board member.

AREAS OF INTEREST: (Why would you like to contribute your time to the community as a member of the Board?)

I would like to facilitate the interfaces between our residents and the HOA organization. There is a need to bring common
sense and consideration, as well as responsibility, to the task of managing the resources and activities of the community.
The dynamics between the residents and the management of the HOA must be overseen and assisted by the members of the HOA.

Return to: **Broadlands Association, Inc.**
21907 Claiborne Parkway Fax 703-729-9733
Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

Applications must be returned by 5:00pm on April 7, 2014 for inclusion in May's Newsletter and official Annual Meeting notice.

BROADLANDS ASSOCIATION, INC.

NOMINATING FORM 2014 BOARD OF DIRECTORS ELECTION

I wish to become a candidate for election to the Broadlands Association, Inc. Board of Directors. Please include my name on the BALLOT for this election.

PRINTED NAME: JOSEPH WILLIAMS

ADDRESS: 43311 FOYT TERRACE

PHONE(S): 801.661.5766

EMAIL: WILLIAMS@GMAIL.COM

SIGNATURE: 

DATE: 2 APR 14

QUALIFICATIONS: (Pertinent Biographical Information)

OPERATIONS MANAGER FOR MULTI-MILLION DOLLAR COMPANY
AND SMALL-BUSINESS OWNER.

AREAS OF INTEREST: (Why would you like to contribute your time to the community as a member of the Board?)

MY INTEREST LIES IN FINDING EFFICIENCIES TO MAKE
OUR COMMUNITY A GREAT PLACE TO LIVE AND RAISING
HOME VALUES.

Return to: **Broadlands Association, Inc.**
21907 Claiborne Parkway Fax 703-729-9733
Broadlands, VA 20148 Email Sarah@Broadlandshoa.com

Applications must be returned by 5:00pm on April 7, 2014 for inclusion in May's Newsletter and official Annual Meeting notice.

Good vs. Bad Soil: How to Grow Soil For Your Garden

By: Oya Simpson, osimpson@broadlandsnaturally.org, Wildlife Habitats Committee

We always struggled with poor results in our efforts to have healthy and lush results with our garden at home. I was amazed with the information given at one of the workshops called “*Urban Soil Husbandry and Sustainable Hydrologic Landscapes*” at The Chesapeake Conservation Landscaping Council Conference.

The keys to good soil are nutrients, aeration, and volume.

Nutrients come in many forms. Fertilizers for example, are a synthetic nutrient additive. You can also add nutrients by composting.

The more organic material you have in your soil the more nutrients you'll have. Nutrients give good soil its rich dark color, so if your soil is very sandy, very red or black from clay you will want to add organic compounds to your soil.



For many this is as easy as dumping your grass clippings into your garden plot and tilling them in. These organic compounds will break down and add nutrients. You can also add fireplace ash and all the leftover veggies from the kitchen, like onion peels, and apple cores. Even your egg shells work great.

Aeration can only be described as the looseness or texture of the soil. How easily does it break apart or how easily can you dig in it? Plants have to work their roots into the ground in order to access the nutrients you've placed there for them. The easier you can make it for your plants to put down roots, the quicker and easier they'll grow. You can help your soil out by adding peat moss, pecan shells, peanut husks, or even a little sand. For those really clay based soils which will often be red or black in color and have a very dense consistency, break up the soil, then add one of the above mentioned items, till it in, and then repeat every couple of months until you start seeing a nice texture in your soils.

Volume is how much soil you need. So many times we are just treating the top 6-8 inches of our gardens. This isn't enough because our plants need room to grow. If we don't allow enough space they won't really reach down into the soil and make the most of what's there. My recommendation is to provide 2 cubic feet per plant.



Some plants can be grown closer together than a foot, but that just means that their root structure grows down not out. So provide a good 12-18 inches of soil depth for your plants.

Give it a try and share your experience with us.

Happy Gardening!

Source: Curbly.com

Vacation Bible School

HERITAGE BAPTIST CHURCH
21700 SHELLHORN RD, ASHBURN

7TH GRADE + JUNE 16 - 20 6:00 PM - 9:00 PM

 4YR OLD - 6TH GRADE JUNE 23 - 27 8:30 AM - 12:00PM

REGISTRATION OPENS APRIL 21ST
www.myHBC.us or 571-333-3003

Mali Thai Cuisine

43150 Broadlands Center Plaza, #180 Ashburn, VA 20148 | Tel. 703-726-8833

Family owned and operated in Broadlands (Safeway) serving Thai classic Dish.

Now we also offer:

- Customized large party platter - build to your budget
- Kid's Menu - start from 5\$
- Happy Hour 5-7:30 PM - Appetizer 3\$, special price on wine, beer
- Gluten Free Menu - per your request.
- Private Party - please call 703-726-8833
- Order online for carry-out or delivery at www.mali-thai.com

Keeping You a Part Of Your Pet's Care Open 7 Days a Week

What sets us apart?



We believe in the bond between you and your pet. Through our veterinary services, we are able to help strengthen that bond. Our hospitals are staffed with compassionate team members who treat each patient we see as if he/she was one of our own. We believe in an open and transparent environment where you are a part of your pet's care each step of the way. Please stop by any of our 5 locations for a tour of the hospital.

Caring Hands Animal Hospital



\$25 off coupon available online for new clients!

www.caringhandsvet.com

Alexandria * Arlington * Ashburn * Bristow * Centreville

Do you have **ROTTEN WOOD? PEELING PAINT? NAIL POPS & DRYWALL CRACKS? HOA VIOLATION? GREEN MOLD ON YOUR SIDING, DECK OR FENCE?**

We understand & can help make it look new again!

As a family owned business celebrating 20 years of service, we would love to give you a **FREE** estimate with **ZERO** obligation. Call today or visit our website to request your **FREE ESTIMATE** online at www.zampiellopaint.com.

Zampiello Paint

Services We Provide:

- Interior & Exterior Painting
- Deck, Fence & Siding Cleaning
- Trim Moulding Install
- Rotten Wood Repair
- Wallpaper Removal
- Drywall Repair



The Zampiello Family



703-263-1000



LICENSED & INSURED
VA 2705 033961A



After a long **WINTER...**
SPRING is **FINALLY HERE!**

This Month ONLY
\$37 OFF

Deck Cleaning
(Can be combined with
Deck Brightener, if applicable)
Ends June 1st, 2014

Snow...Sun...Snow...Sun. This Winter Your Deck Was Beaten Up For An Extended Period Of Time...

...and now it's time to **renew, restore and revitalize** it to get it back to tip-top shape. And we are just the team to make you **FALL IN LOVE WITH YOUR DECK, ALL OVER AGAIN!**

With over **20 years of experience**, we understand **your deck** and have come up with some cost effective measures and techniques to help you extend the life of your deck, as well as keeping it looking as beautiful as the day it was built.

Be **ONE** of the **FIRST 100** callers and receive **Deck Brightener FREE!**

571.297.3215



washmydeck.com
ELITE PRESSURE WASHING



Mark Your Calendars
6th Annual

Earth Day @ Loudoun



Sunday
May 4th
11am - 4pm

Family Festival

LIVE MUSIC

ACTIVITIES

WILD ANIMAL SHOWS

OVER 100 EXHIBITS

www.earthdayatloudoun.org

42920 Broadlands Blvd. Broadlands, VA | 703.725.8040



Nature Camp Information

AUDUBON NATURALIST SOCIETY

Connecting People with Nature in the DC Region | ANShome.org

Pre-K/K in Fall 2014

1st/2nd in Fall 2014

Creature Feature AM

June 16-June 20, 9:00am-12:00pm
ANS/Broadlands Members \$132;
Non-members \$157

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe and respectful handling. We'll finish every day seeing and touching the animal we have learned so much about.

Science Wizards

July 21-July 25, 9:00am-3:00pm
ANS/Broadlands Members \$231;
Non-members \$256

Erupting volcanoes, oozing slime, and dancing bubbles - we'll learn the science behind these magical reactions in this camp full of experiments and explosions. We'll test our concoctions in our own "lab" and then head outside to discover the powerful forces of nature all around us.

Where the Wild Things Roam AM

June 23-June 27, 9:00am-12:00pm
ANS/Broadlands Members \$132;
Non-members \$157

Bring your curiosity and sense of wonder as we explore the lives of our favorite wild animals! Through hikes, crafts, games, songs, and stories, we will learn about where the wild things live and discover what makes them special!

Nature Tales

July 28-August 1, 9:00am-3:00pm
ANS/Broadlands Members \$231;
Non-members \$256

Some of the best children's literature is based on nature's many wonders. Delve into the life of a baby bat, a boy who builds his own river raft, a fierce bear, and the tale of the truffula trees! Join us as we explore both the imaginary and real world of nature as each day's theme is inspired by a different nature story.

General Information

The Audubon Naturalist Society is pleased to offer camps this summer in partnership with the Broadlands Nature Center, located at 21907 Claiborne Parkway, Broadlands, VA 20148. Summer nature day camps are designed to give campers fun, exciting, and educational experiences with nature while making new friends. For more information call 703-729-9726 or email naturalist@broadlandshoa.com.

Registration Information

- Go to www.anshome.org/camp.
- Click on Register Online and follow the prompts.
- You will have the option to join or renew your membership. **Membership fees are nonrefundable.**

Broadlands residents: to get the ANS/Broadlands member rate, you must check the box that says you are an ANS member when registering online. When the system asks for your member ID number, type in "Broadlands".



Summer Camp



**Junior and Senior Adventures
for Campers Ages 5-14**



Now Enrolling
for Weekly Summer Adventure and Specialty Camps

Specialty Camps

M-F 9:00am-3:30pm

with Extended Day Option

- Basketball
- Sports and Games
- Odd, Amazing Art
- Cuisine Extreme
- Camp Grossology
- Music & Drama

Adventure Camps

M-F 6:30am - 7:00pm

- Four Field Trips each Week
- Water Parks
- Museums
- Sporting Events
- Cooking Projects
- Local Performances

Lunch and snacks included.

The Pavilion at BeanTree

43629 Greenway Corporate Drive | Ashburn, Virginia 20147 | 571.223.3113



beantreelearning.com

Northern Virginia Summer BrewFest

Saturday, June 21, 2014
Morven Park in Leesburg

Enjoy a "A Celebration of American Beer" and leave the driving to us. Your Events Committee is sponsoring a Commercial 57 Passenger Luxury Bus (bathroom included) to shuttle between the Nature Center and the Festival.

The Bus will depart the Nature Center for the Festival at:
10:00am, 12:00pm, 2:00pm, 4:00pm, and 6:00pm (even hours).

The Bus will depart the Festival for the Nature Center at:
1:00 pm, 3:00pm, 5:00pm, 7:00pm, and 9:00pm (odd hours).

The cost for the bus ride is a healthy \$0.

Check out the Festival on line at: <http://novabrewfest.com/summer/>
and purchase your tickets early or at the gate.
First come, first served for seating on the bus.

Scenes from April's Egg Roll and Spring Fest



TRUST, RESULTS, & REPUTATION are...



For Sale



Kyle Davis
703.801.8460

Signature Series Home



Mention this ad when contacting Kyle for your free gift. Limited number available.

...a few reasons Kyle has SOLD over
\$30,000,000* in BROADLANDS homes!
Sell? Buy? Downsize? Move up? Stay put? What makes sense?



Contact Kyle today for free professional direction.
703-801-8460 www.KyleDavisSells.com Kyle@KyleDavisSells.com



20937 Ashburn Road, Suite 200 Ashburn, Virginia 20147

Kyle Davis is Licensed in Virginia. If your property is currently listed, this is not a solicitation of that listing. *(MRIS Stats from 2000-present)

Because Painting Is
personal



CertaPro Painters®
★★★★★

INTERIOR & EXTERIOR RESIDENTIAL PAINTING

Call CertaPro Painters® of Loudoun to schedule your FREE estimate!

703-777-1874

www.certaproloudoun.com



10% OFF YOUR PAINTING PROJECT*

*Offer applied to any painting project of \$1,000 or more. Cannot be combined with any other offers. Must prebooked by deposit.



*We Monitor All Systems
No Equipment to Buy
No Charge to Switch*

3 Free Months
basic monitoring with ad

No long-term contract required

*You Own the System
Voice Verification*

\$18.95
monthly rate

Joe Moini
571.437.6445

Joe.moinipanah@ackermansecurity.com





**SATURDAY,
MAY 10TH
BIG WORMZ!**

Ready for a hands-on, fun learning experience? Kids will have a chance to meet the Wiggly Family and learn how they can eat almost everything and make something we feed to our plants. Wow!

Let's set up our own worm composter and get a seed starter to take home!

**Program Time:
10:00am-11:00am
Doors open at 9:45am**

**Cost:
\$4.00/child for
Broadlands residents
\$5.00/child for
non-residents**

**Pre-register online at
www.broadlandsnaturally.org.
Pre-registering is encouraged
but not required.**

Don't Miss Out!

**Broadlands
Nature Center**

**21907 Claiborne Parkway
Broadlands, VA 20148
703-729-9726**

www.broadlandshoa.org

Bugged Much?



Free Inspections & Written Estimates • Residential & Commercial Service

Call Us Today!
703-652-2088

Services Include:

- Ants
- Bed Bugs
- Bees
- Birds
- Crickets
- Fleas
- Mice
- Rats
- Roaches
- Spiders
- Stink Bugs
- Termites
- Wasps
- & Much More!!



\$25 Off!

New Customers Only.
Not Valid for WDI Inspections.
Not Valid With Other Offers.

Lawn Fertilization and Weed Control Programs!

Licensed & Insured • Locally Owned & Operated



*Se Habla Español



Find Us On:



Ashburn Service & Tire Center

Where YOU are Treated Like Family

44071 Ashburn Shopping Plz
703-723-9499
www.elitecarcarecenter.com



Located in the Giant Shopping Center between Popeyes and Burger King

- ◆ Complete Foreign and Domestic Repairs and Service
- ◆ State and Emissions Inspections
- ◆ 24 months or 24,000 mile Nationwide Warranty

Elite Tire Package

\$400 plus savings!

Buy any set of Michelin, BFG, Uniroyal and receive **FREE:**

- ◆ Mount and Balance
- ◆ Alignment
- ◆ Life Time Rotations & Repairs
- ◆ Nationwide Road Hazard Warranty
- ◆ Tow — up to \$75
- ◆ Tire Replacement (if necessary)

*You pay for the Tires **ONLY!***

- ◆ Hybrid Certified
- ◆ AAA/Senior Citizen/Teacher/Military/First Responder Discounts
- ◆ FREE shuttle to and from your work or home

WMCCAI Accepting Submissions For Student Award

Submissions for the Washington Metropolitan Chapter Community Associations Institute's essay/media student award program for high-school seniors are due May 30, 2014. The winning student will receive a \$500 award.

The contest is open to all high-school seniors in the immediate Washington metro area living within a community association (i.e., homeowners association, condominium association or cooperative association). Submissions can be in the form of a 500 to 700 word essay or three to five minute digital presentation on "How My Community Association Helps My Community and Its Residents."

The complete rules and application are available under the News & Services section of the chapter website, www.caidc.org.

All submissions become property of WMCCAI and may be printed in the chapter's magazine, Quorum™ and/or posted to WMCCAI's website and social media sites, as appropriate.

For more information on the student award program, WMCCAI or community associations in general, contact the chapter at (703) 750-3644, e-mail publications@caidc.org or visit www.caidc.org.

*Briar Woods High School Drama
Black Forest Productions
Presents...*

Cabaret Night

Friday, May 9th @ 7:00pm. in the cafeteria. \$15.00 for adults and \$10.00 for students (includes a pasta dinner)



Improv Troup

Friday, May 30th
@ 7:00pm.
\$5.00 for everyone



Princess Academy

Saturday, May 31st @
2:00pm
\$5.00 for everyone
(cash only), limited
capacity, **PRESALE**
ONLY through Bella
Ballerina



ARCHITECTURAL CERAMICS

Providing tile and stone for over 30 years.



14801 Willard Rd Suite 400 Chantilly, VA 20151
1.800.287.1742 www.architecturalceramics.com

A SALUTE TO OUR TROOPS



THE **ONE** ONE LOUDOUN
Racing Event
you've been waiting for!

5K & 10K RACE, 1K FUN RUN/WALK

MEMORIAL DAY, MAY 26, 2014

ONE LOUDOUN, ASHBURN, VA

Nearly \$5,000 in Prizes and Giveaways

5K Race8:00 am

10K Race8:10 am

1K Fun Run/Walk...9:30 am

- Performance Shirts for Timed Events
- USATF Certified Course
- Food Served at Finish Line
- Family Fun for Everyone
- Team Challenges



PROUDLY
BENEFITING:



**WOUNDED WARRIOR
PROJECT**

RINGING IN
HOPE

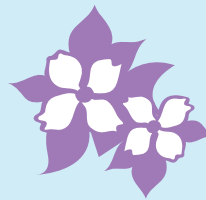
REGISTER TODAY!
www.ringinginhope.com



Mali Thai's Drunken Noodle Recipe

Ingredients:

- * 1 Tbsp. mushroom soy sauce
- * 1 Tbsp. oyster sauce
- * 1 Tbsp. sugar
- * 2 tsp. garlic, minced
- * 6-8 Thai basil leaves
- * 3 Tbsp. Oil (your choice)
- * 1-2 chilies chopped (Thai Chilies)
- * 1/3 lb of meat (your choice), thinly sliced against the grain (or seafood)
- * 1/2 medium white onion, sliced
- * 3-4 cups fresh rice noodles, separated
- * 1/2 cup cherry tomatoes, halved



Directions:

1. Combine sauce ingredients and sugar in a small bowl and set aside.
2. Heat oil to medium high in a medium sauté pan and sauté garlic until light brown.
3. Add chilies and onion in the pan until onion softens.
4. Add meat or seafood and stir until almost cooked.
5. Add fresh rice noodles, tomatoes, and basil. Toss to combine for about 3 to 5 minutes. Make sure the noodles are cooked until the edges are slightly crisp.
6. Taste and add additional sauce as desired.

Serve hot and enjoy!

This recipe has been modified for 1-2 servings.



The
Rewards
You Can Get
with Van Metre Homes.



www.VanMetreHomes.com

VAN METRE HOMES LOYALTY PROGRAM

Maybe a new job has you moving across town, or your kids have moved out and it's time to downsize. Now is a great time to buy and there are some wonderful new Van Metre communities being built. Start building your next dream home with Van Metre.

- As a current Van Metre community resident or a Van Metre homeowner, one of the perks that you can get is a credit equal to 1% of the total sales price of a new Van Metre home.*
- With the Van Metre Loyalty Program, your credit will be issued toward any option or upgrade available in our Design Studio.*

VAN METRE HOMES REFERRAL PROGRAM

It's as easy as recommending Van Metre Homes to your friends and family! Just imagine what you could do with the extra money!

No matter where you live or where you work – we will reward both of you when you refer Van Metre Homes.

- When you refer, we will pay you \$1,000 when the person you refer settles on their new Van Metre home!*
- Also, the buyer you refer will receive a \$2,500 credit in Design Studio options for their new Van Metre home!*

- **50+ Active Adult Living** from the Low \$300's.
- **Villas and Townhomes** from the Upper \$300's.

Or choose from a variety of Single Family Homes located throughout Loudoun County!



*The 1% credit available as options will not be in the form of "cash back" or any other means of reimbursement for the buyer. All prior sales are excluded. This offer is valid on new contracts written starting February 1, 2014. Van Metre Homes reserves the right to discontinue or change the Van Metre Loyalty Program at any time, without prior notice, and may not be used in conjunction with any other discount, co-op brokerage fee or real estate agent. Certain restrictions apply. See VanMetreHomes.com for more details. 3/14.

**Referral payment will be issued after referee purchaser(s) settle. This offer may not be used in conjunction with any other discount or referral program. This is a limited time offer and may be withdrawn at the discretion of Van Metre Homes without prior notice, and may not be used in conjunction with any other discount. Only available with the use of seller's designated lender and title company. Referral forms are available online at www.VanMetreHomes.com and must be presented at first visit and prior to time of contract. W-9 form must be presented prior to settlement to receive referral payment. Certain terms & conditions apply. See Sales Manager for details. 3/14



got PUPS?

Broadlands is good for you.

www.VanMetreHomes.com

**VILLAGES AT BROADLANDS
FROM THE LOW \$300'S.**

- 50 + Active Adult Living
- 2BR + Den or 3BR + Den
- Elevator & Private Garages

703.764.5482

New Model & Sales Gallery Grand Opening:
43138 Stillwater Terrace,
Broadlands, VA 20148

**PARK GLEN VILLAS
FROM THE UPPER \$400'S.**

- Grand Close-out!
- Available First Floor Master Suites
- Low Maintenance Living

703.764.5473

Model & Sales Gallery:
22016 Millwick Terrace,
Broadlands, VA 20148

**BROADLANDS STATION
FROM THE UPPER \$300'S.**

- 1 and 2-Car Garage Townhomes
- 3 Finished Levels
- Spacious Chef's Kitchens

703.764.5451

New Model:
21754 Harroun Terrace,
Broadlands, VA 20148



Check out our new VM Digital Short!

*Prices subject to change without notice. See Sales Manager for details. 2/14.



Fight the Bite - Loudoun Lyme 5K/1K

Fighting the bite of those all too prevalent ticks is the goal of the 4th annual Loudoun Lyme 5K/1K Fun Run/Walk - presented by **DryHome Roofing**. This year the popular event will take place at the Brambleton Town Center on Sunday, May 18th starting at 7:00am.



More than 1,000 runners/walkers of all ages are expected to attend the event in an effort to generate awareness and money to help find a cure for Lyme disease, the number one tick-borne illness in the U.S. The Loudoun Lyme 5K will also feature a 1K Fun Run/Walk and informational fair to educate the public about the disease, its causes, and treatments. On hand will be community leaders, health department officials, Lyme experts, medical and veterinary doctors and specialists, vendors, and sponsors. The fair will also have children's activities and refreshments.

"We are creating a movement to bring more attention and resources to this devastating disease. That's why we are continuing to host the Loudoun Lyme 5K and connecting more people with information about diagnosing, treating and preventing this disease," explained Loudoun resident Steve Gotschi, event founder and owner of Sterling-based DryHome Roofing and Siding.

Steve's interest in organizing the event started after watching his wife battle the disease. For her, it started with unexplained aches, pains, and fevers. She went from doctor to doctor trying to find the reason for her health decline. After a long, frustrating year, the Gotschi family finally got a diagnosis: Lyme disease.

This story is all too familiar to county residents, including many living here in Broadlands. Home to the third largest number of Lyme's cases in the nation, Loudoun County is facing a Lyme disease epidemic.

According to the CDC, in 2012 the U.S. reported more than 30,000 new cases of Lyme disease. However, the disease is difficult to diagnose and that figure may be significantly greater. Unfortunately, fewer than half of patients with Lyme disease recall a tick bite or a rash, making it harder to diagnose.

The race costs \$30 for adults/\$15 for children 12 and under through May 12. Starting May 13, adults cost \$35 and children \$20. The fair is free. Proceeds benefit the National Capital Lyme Disease Association, a nonprofit offering education and support.

To learn more about the race or to register, visit www.LoudounLyme.org.





Our Broadlands location now has the new look we rolled out to all our stores. It also means if you live in Ashburn, you've got 3 great choices for all your car needs.

Any car. Any year. Any job. We can do it all.

- Oil Changes
- Batteries
- Steering & Suspension
- Belts & Hoses
- Engines
- Brakes
- Heating & A/C
- Alignments
- Tire Rotation
- Scheduled Maintenance
- Transmissions
- Fuel Systems
- Tires
- Emission Systems
- Drive Line
- Computer Programming
- Ignition
- Pre-Purchase Inspections
- Body/Chassis
- And much more



Auto Repair
Professionals



ASE Certified
Technicians



Free
Wi-Fi



Loaner Cars
Available

\$39⁹⁹ OFF CAR CARE SPECIAL

This Service Includes a 25-Point Oil Change (up to 5 Quart Conventional oil), Complete Tire Rotation & Brake Inspection, including:

Oil Filter Replacement, Chassis Lube, Service Reminder Reset, Windshield Cleaning (Exterior)*, Front Mat Vacuum*, Checking & Filling: Engine and Cabin Air Filters, Visible Belts & Hoses, Tire Pressure, Tire Tread Depth, Battery & Terminals, Ext Lights, Wiper Blades, Brake Fluid, Automatic Transmission Fluid Axle Boots, Shocks & Struts, Inspection & Tag Exp dates, Washer Fluid, Coolant/Antifreeze, & Power Steering Fluid.

*Fast Lube Locations only. Most cars (if equipped & accessible) \$250 Environmental fee applies. Some filters extra. Cannot be combined with other coupons or offers.

Expires 5/31/14 COUP041

Let us impress you. Visit us today!

ASHBURN LOCATIONS:

<p>BROADLANDS (571) 732.4508 43160 SOUTHERN WALK PLAZA</p>	<p>ASHBURN (571) 732.4507 43781 PARKHURST PLAZA</p>	<p>ASHBURN/DULLES (703) 858.5100 44285 ICE RINK PLAZA</p>
---	--	--

For our other locations visit VATire.com

Pool Season Begins May 24th... *Do You Know Where Your Pool Passes Are?*

It's time to start digging around in the bottom of your pool bag or in the drawer with the swimsuits for your Broadlands photo pool passes. Everyone aged 5 and older will need one to gain admission to the pools. All residents 18 and older must provide proof of residency in order to obtain a pool pass.

IF YOU ARE AN OWNER AND HAVE THE POOL PASSES YOU USED LAST YEAR, YOU DO NOT NEED TO SUBMIT AN APPLICATION. Passes will be electronically reactivated. If you cannot locate your passes, reprints can be issued free of charge prior to the opening of the pool on May 24, 2014. After May 24, replacement cards cost \$5.00 each. If you want a new picture for your replacement pass, the cost is \$7.00, regardless of when the pass is issued.

New Residents: You must fill out an application and return it to the HOA office at the Nature Center and each pass holder must have their photo taken. Applications are available at the Nature Center, in this newsletter on page 28, or online at www.broadlandshoa.org. Go to the "For Homeowners" tab at the top of the page and click on the "Pool Information" link to access. Pool passes are issued to each individual aged 5 and older living in the household. A household consists of all persons living in the dwelling, including live-in caretakers and any unmarried children who are students and/or from a previous marriage and who will be residing with the owner for the summer.

Tenants: If the owner wishes to transfer their pool rights over to the tenant, the owner AND tenant must complete a Tenant Membership Application for the 2014 season. In this instance, passes will only be issued to the Tenants, not the owners. Tenants may use previously issued passes, but these will not be activated until a completed application is received at the HOA office. Applications are available at the HOA office in the Nature Center, in this newsletter on page 29, and online at www.broadlandshoa.org. Go to the "For Homeowners" tab at the top of the page and click on the "Pool Information" link to access.

Becoming of age: Children who have turned 5 since last summer or will be 5 by June 1, 2014 must have a picture taken and pass issued. Please use the resident application form on page 28 and return it to the HOA office at the Nature Center to add them to your family data base. Any individual who has turned 18 since last pool season will need a new adult card.

Non-resident caregivers: Passes are offered for \$100 per caregiver for the season. They should be noted as non-resident caregivers on the residents' application. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the caregiver to the photo session and show proof of identity and address.

Guest passes: 10 resident guest passes are allocated to each *residence*. Additional guest passes, good for 10 visits may be purchased for \$20. Guest passes are added to the electronic account. No physical pass will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility.

Long term visitor: Passes are offered for \$100 per person for long term visitors for the season. The fee must be paid at the time their photo is taken and the pass issued. The resident must accompany the visitor to the photo session and show proof of identity and address.

BEGINNING APRIL 1, 2014, PICTURES WILL BE TAKEN AT THE NATURE CENTER FROM 9:00 A.M. TO 5:00 P.M. MONDAY THROUGH FRIDAY ON A FIRST COME FIRST SERVED BASIS.

Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. Passes will not be issued if acceptable proof of identity and address are not available.

Acceptable photo IDs include:

- Driver's License
- School, Military ID
- Current Passport

If your ID does not show a Broadlands Association address, the following additional documents will be accepted as proof of residency:

- Utility bill issued within the last 60 days
- Settlement Papers or Deed
- Current Virginia Voter Registration Card

PLEASE CONTACT THE HOA OFFICE AT THE NATURE CENTER WITH QUESTIONS, 703-729-9704.

BROADLANDS 2014 POOL MEMBERSHIP APPLICATION

This application form must be signed by the owner who is being granted a pool membership. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes, this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER NAME: _____

ADDRESS: _____

TELEPHONE: _____

EMERGENCY CONTACT NUMBER: _____ **EMAIL:** _____

Please LEGIBLY PRINT the names of ALL members who will receive a pass and the date of birth of all children between the ages 5-17 (as of June 1, 2014). Children under 5 do not require passes. **Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. Passes will not be issued if acceptable proof of identity and address are not available.**

Office Use: pics ✓	Name	Relationship to Owner	D.O.B. if under 18
		<i>Owner</i>	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association, Inc. and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature of Owner

Date

.....
Office Use Only:

Date Received: _____ If purchasing additional guest passes: cash / check # _____ \$ _____

Entered in system Completed Notes: _____

BROADLANDS 2014 POOL MEMBERSHIP APPLICATION FOR TENANTS

This application form **MUST BE SIGNED BY THE OWNER(S) AS WELL AS THEIR TENANT** when pool privileges are transferred from the owner to a tenant. This application should be used for all members of the household. A household consists of all persons living in a dwelling, including college students, other non-resident children spending the swim season in Broadlands and live-in care providers. In order to obtain membership passes this form must be completed and returned to Broadlands Association, 21907 Claiborne Parkway, Broadlands, VA 20148 or dropped in the box outside of the office. Applications may also be faxed to 703-729-9733.

OWNER'S NAME: _____

OWNER'S ADDRESS: _____

TENANT INFORMATION (If privileges are transferred to tenant)

TENANT NAME: _____

BROADLANDS ADDRESS: _____

TELEPHONE: _____

EMERGENCY CONTACT NUMBER: _____ **EMAIL:** _____

Please LEGIBLY PRINT the names of ALL members who will receive a pass and the date of birth of all children between the ages 5-17 (as of June 1, 2014). Children under 5 do not require passes. **Prior to having the photo taken, all adults 18 and older must show a photo ID with proof of Broadlands Association residency. Passes will not be issued if acceptable proof of identity and address are not available.**

Office Use: pics <input checked="" type="checkbox"/>	Name	Relationship to Tenant	D.O.B. if under 18
		<i>Tenant</i>	

(Use back if necessary)

In consideration of the provided swimming pool facility privileges, the undersigned expressly agrees to assume the risk of any accident or personal injury which he/she or any member of his/her family or any guest of the undersigned may sustain while using the said facilities and agrees that the Broadlands Association, Inc. and/or Management Agent will in no way be liable for any such injury unless due to gross negligence on the part of the Association and/or Agent.

Signature of Tenant

Date

As the owner of the referenced unit, I hereby transfer my right to use the pool facilities to my tenant(s).

Signature of Owner

Date

.....
Office Use Only:

Date Received: _____ If purchasing additional guest passes: cash / check # _____ \$ _____

New Renewal Completed Notes: _____

Broadlands Tennis Programs - Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands community



SPRING TENNIS – ENROLLMENT IS OPEN!

AFTER SCHOOL SESSIONS

All session are 6 week sessions unless otherwise noted.

Session II: ongoing - May 23

**note: class during spring break*

Session III: May 26 - June 13,
3 week session

Session IV: Sept 1 - Oct10

Session V: Oct 13 - Nov 21

**Extended hours of Tennis available with pick up at 5:00pm or 6:00pm.*

8 WEEK SESSIONS

Group Classes

Session II: ongoing – June 22

Session III: June 23 – Aug 17

Session IV: Aug 18 – Oct 12

1 Hour Junior Clinic

Ages 4-10: All levels

Mon through Fri, 4:00pm & 5:00pm

Sat & Sun, 10:00am & 11:00am

Ages 11-16: Beginners

Mon through Fri, 6pm

Sat & Sun, 10:00am & 11:00am

1.5 HR Junior Clinic

Ages 10-16: Advanced/ Intermediate players

Mon through Fri, 6:00pm

1.5 HR ADULT CLINIC – All levels

Mon through Fri, 9am & 10:30am

Mon through Fri, 7pm

Sat & Sun, 8:30am

1.5 HR CLASS

\$180 / \$204 per session

(8 weeks) 1 class a week

\$336 / \$384 per session

(8 weeks) 2 classes a week

\$468 / \$540 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$28 residents; \$30 non-residents

Junior Round Robin Tournaments are held on weekends.

Private / Group Lessons

1 player \$60.00

2 players \$35.00 each

3 players \$25.00 each

Email: LuisTennisAcademy@gmail.com,

broadlandstennis@yahoo.com with questions or visit www.

LuisTennis.net for details and registration for all programs.

Resident / Non Resident Pricing

1 hour class

\$128 / \$144 per session

(8 weeks) 1 class a week

\$240 / \$272 per session

(8 weeks) 2 classes a week

\$336 / \$384 per session

(8 weeks) 3 classes a week

Clinic Drop In Fee:

\$20 residents; \$22 non-residents

2014 REGISTRATION



P.O. Box 634

Ashburn, VA 20146-0634

Phone: 703-999-9705

Website: www.ayfl.org

E-mail: communication@ayfl.org

FOOTBALL

A, B, C Leagues: \$290.00

D League: \$175.00

Flag Football: \$175.00

CHEER

\$150.00

Payment options are available during registration.

SHAWN SPRINGS

CONTACT FOOTBALL CAMP

June 24-28, 2014

Stone Bridge High School

Complete your application online at www.ayfl.org

- Thru March 14th \$299/camper
- March 15th thru May 15th \$329/camper
- May 16th thru June 18th \$399/camper

For more information call: 703-999-9705

Summer Camps At The Ashburn Ice House



Summer Fun
Skating Camps

Tiny Tots 1/2
Day Camp

Figure Skating
Development Camps

Hockey Skating
Fun Camps

Power Play
Hockey Camps

To Register go online to...
www.ashburnice.com
or stop by our Front Desk

Stay Cool All Year Round At The Ashburn Ice House

21595 Smith Switch Rd. Ashburn, VA 20147

www.ashburnice.com - 703-858-0300



How Much Do I Need?

By, Katie Herbert CPT, Tabata Bootcamp Master Trainer
locotabatabootcamp@gmail.com

This month's article wraps up our 4-month series on the Tabata Bootcamp **Take 3 Method** of eating. Over the last few months it has been really exciting to me that people are reading this and trying to put these principles into practice. I have bumped into so many neighbors recently that have told me about their own experiences with this method. If you missed the other articles I will give a quick refresher and then we will cap it all off with what may be the most important question of the three: How much do I need?

One of the foundations of Tabata Bootcamp is our approach to nutrition. We switch things up a bit and try to take the focus away from deprivation and "dieting" and turn our attention to mindful eating to fuel the body. Often times when we deprive ourselves we cannot sustain a program, there is a reason that most diets fail. Mindful eating teaches us to take just a few seconds to think about what we are about to consume and lead us to better choices. We make these better choices using the **Take 3 Method**.

The idea is that we stop and ask these 3 questions before anything passes through our lips:

1. Am I hungry?
2. Is it smart?
3. How much do I need?

In our modern day of over consumption and super sized everything, how much do I need is a huge game changer. Think about your last meal, how did you feel after you ate? Were you satisfied or did you hit that level of uncomfortable fullness? All too often we find ourselves rushed to eat or mindlessly eating and before we know it we have consumed an entire bag of chips or a whole restaurant sized entrée. Even healthful food loses its power if we choose to eat to the point of discomfort.

Additionally, this question holds great power. Instead of depriving yourself food you are giving yourself permission to eat it. You remove feelings of guilt for eating something because you have gone through the process and have allowed yourself to enjoy the food.

Put it to practice:

- Never take an entire bag of anything to a couch or a table or anyplace that you plan to eat. Always, always take out the portion that you need, perhaps use the portion suggested on the label, put it into a bowl, close the bag, put it away and walk away. The calories that are saved here are major. This may seem like a small step, but this one can add up big time.
- Share an entrée when out to dinner.
- If you are dining alone or order separate entrees, ask that half of your meal be boxed up *before* it comes out. As I mentioned before, and as you all know, portion sizes now are crazy. Most of the time the portion is at least twice what it should be. This is a win-win because you save the calories and you have lunch for the next day. Bonus!
- If you are snacking think about when your next meal is, and how long do you need to last before then? If you are headed home from work and the tummy starts rumbling, reach for a small bag of almonds that you have cleverly stowed away in your console (hint, hint), about a handful is a serving size and that will get you



over the hump and get you home without blowing your day.

In the end, the **Take 3 Method** is about listening to *your* body to make more thoughtful decisions about what goes into it. Give yourself that chance to take a few seconds to make those decisions and good things will come. No one is perfect. You may try it and then fall off the wagon, but hop back up and keep going!

On another note, please feel free to email me if you have a fitness or nutrition question that you would like me to address in the newsletter. I am happy to field questions and answer them as best I can.

Move over Dear Abby!

**Tri 4 Love Sprint Triathlon
in Broadlands**

Sun, June 22, 2014, 7a.m.

Register at
www.Active.com
(Tri 4 Love)

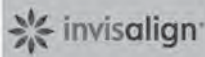
Proceeds to benefit Taylor Love
medical expenses and
Children's National Medical Center
Childhood Cancer Research.



White Tree Dental

Implant Dentistry . Family Dentistry . Oral Surgery (extraction)
Whitening / Bleaching . Advanced Cosmetic Dentistry

Now Accepting "SMILES FOR CHILDREN"



\$500 off
Free Consultation

New Patients
Exam, X-Rays &
Cleaning

\$89

Any One Procedure
of Your Choice

15% off

Special offers cannot be combined/Not valid on prior services

***0% FINANCE/MONTHLY PAYMENT PLAN AVAILABLE**



Tel. 703 . 726 . 8804

www.whitetreedental.com

44031 Pipeline Plaza suite 215
Ashburn VA 20147

iScreen Service

We come to you!
On-site iPhone and iPad
repairs.



Contact us now to schedule
an appointment.

571-423-9400

www.iscreenservice.com

Kickin' or Rockin'...Kids Love Our Programs!

Ashburn Summer Camp Fair Sat May 3rd

Thinking about summer camps?

Stop by 1 to 4PM at Old Ashburn Square Ctr & meet
tons of Ashburn based summer camp vendors!

Special Discounts too!

Conveniently located here in Ashburn!

- Year Around Programs
- Lessons - Call for FREE Trial Class
- Summer Camps
- FUN for Ages 4 and Up!



**SCHOOL
OF ROCK**

703-858-0820

www.SORDC.com 703-723-0340

www.STERNERSTKD.com

Located in the Old Ashburn Square Shopping Center (with 7-11) on Ashburn Road



**STERNERS
TAE KWON DO
ACADEMY**



Broadlands Helpers List

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1996 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid
- (D) Dog & Cat First Aid

**All area codes are 703 unless noted.*



Cabinet ReFinishing, ReFacing & ReDesign

Interested in a new &
updated door style?

Have you put off
upgrading due to the
high cost of cabinet
replacement?

RE JUVENATED



Adding Value to your Home

RE MODELED



The Centerpiece of your Home

Allusions 703.999.3231

www.allusionsandmore.com

bonnie@allusionsandmore.com

RE FRESHED



Your Kitchen for Life

I will be happy to come to you—no obligation—for an in-home consultation and estimate
Contact Me - I'm working in your neighborhood



BROADLANDS Marketplace



Convenience redefined.
Community rediscovered.

Within an easy drive or even walking distance from your home, Broadlands Marketplace features a variety of shopping amenities including a full-service grocery store and a great selection of retailers and services. Convenience is redefined with all you need at the heart of your community.

Visit us online and learn more
about Broadlands Marketplace!

www.broadlands-marketplace.com

Crystal Bright Cleaners
Domino's Pizza
Rubino's Pizzeria
Saffron Indian Cuisine

Joy Salon & Spa
Bank of America
Hunan Cafe
McDonald's

Taco Bell
UPS Store
Great Clips
Harris Teeter

Wiger Orthodontics
Top Kick Martial Arts
Walgreens
Virginia Tire & Auto

Caring Hands Animal Hospital
Leesburg Sterling Family Practice
Broadlands Complete Dental
Paws N Tails Pet Salon & Spa



DEVELOPED AND MANAGED
BY VAN METRE COMMERCIAL

LOCATED OFF THE DULLES GREENWAY, EXIT 6/BROADLANDS, AT THE
INTERSECTION OF MOOREVIEW PARKWAY & WYNRIDGE DRIVE.

SCAN HERE FOR
MOBILE COUPONS



CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.



ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Community Center.

ASHBURN CLASSICS

Are you over 50 and want to meet other senior citizens? Please join us on Saturday, May 10, at 10:30am at the Mills Recreation Center in Ashburn Village. We will be celebrating Mother's Day with coffee and goodies. Also, we will be having a book exchange and small auction. The Classics meet the 2nd Saturday of each month and have several satellite clubs such as Bridge, Book Clubs, Bunco, Mexican Train, card games and lunch groups. For more information please call Carmen at 703-723-3724 or Bonnie at 703-726-8191.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit www.toastmastersclubs.org.

BRIDGE GROUP

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm to 8:00pm at 42809 Vestals Gap Drive.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS/ASHBURN NEIGHBORHOOD BIBLE STUDY

Come join us for a new study - *Discerning the Voice of God* by Priscilla Shirer. We are an interdenominational women's bible study group that meets Tuesday mornings in neighborhood homes. Please contact Chris 703-729-2095 for information or questions.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Pigg, (703) 729-6086 or troophillside.org@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF ASHBURN

Broadlands & Brambleton resident Moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Mom's Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact Crystal Wasilausky for membership info: crystalwasilausky@yahoo.com.

MOMS IN PRAYER

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Monday mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees.

Meetings are open to all residents.



MAY CLASSIFIED ADS

EARLY EDUCATION/DAY CARE/PLAYGROUPS

INTEGRATED SOCIAL SKILLS PLAYGROUPS: Autism Educational Solutions offers social skills play groups for children w/ social skill needs, to play & socialize with typical peers in highly structured, enriching & fun environment at Broadlands Community Center, Thurs from Jun 19-Aug 14: **3-5 yr olds, 9:30-11 & 6-8 yr olds, 12-1:30.** Price: \$300 for child w/ special needs & \$75 for typical developing child. Contact: Tracey Greenwood at Tracey@autismedsolutions.com for info. Autismedsolutions.com.

SUMMER MOMS MORNING OUT! Teacher with Master's Degree in Education running an MMO/summer camp. Tues, Thur, Fri, from 9am-1pm, ages 2-5 years old (potty training not required). You can do all 3 days or pick your day. I will incorporate daily activities, crafts and water fun based on weekly themes, snack provided. Program includes age appropriate enrichment lessons. Please contact Jenny, 703-618-2007 or via email at jenny_vanhorn@yahoo.com.

ENTERTAINMENT

JAZZ FOR YOUR EVENT! Casual to Black Tie, Weddings, Birthdays, Graduations, Anniversaries, Picnics/Festivals, Corporate Events, Your House Party...[Think: Sinatra, Ella, D. Krall, Michael Buble, Norah Jones...] Professional Duo to Quintet features female vocalist performing "The Great American Songbook" (Jazz Standards, Swing, Blues)... & more! Promo. Pkg./ CD/Refs. Avail. Contact Bobbe Shore at 703-858-1629.

FOR RENT

VACATION HOME – OUTER BANKS, CORROLA, NC: 5% off for Broadlands Association residents only. Family oriented, six bedrooms, den, 5.5 baths. Sleeps up to 19. Private pool and hot tub. Beautiful Ocean Views. Less than 500 feet to beach. For more information, contact: www.twiddy.com, house #P141, Beachtopia.

INSTRUCTION - ARTS/MUSIC/RECREATION

KIDZART SUMMER CAMPS! Full Day and Half Day! The perfect cure for summer boredom! Three themes: "Art Magic", "Mystical Magical Fantasy", "Teez Camp". M-F camps available at several Loudoun County locations. See our website nova.kidzart.com or call 703-724-7411 (Broadlands residents).

PIANO LESSONS IN YOUR HOME for kids and adults. I have a Music Degree and 20 years' teaching experience in Loudoun County and Washington, DC. I'm a friendly instructor who can motivate by demonstrations and sharing the joy of music. Lessons are personalized to ensure progress on the piano. Broadlands references available. Please call 703-777-4352 or email BlueRidgeStudio@verizon.net.

INSTRUCTION - TUTORING

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 22 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

A-1 LOUDOUN COUNTY MATH TEACHER: Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Pre-Calculus and Calculus. SAT prep and test taking strategies. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu_911@yahoo.com. Please visit: A1mathtutor.weebly.com. Visa, Master Card, Discover and Amex accepted.

SAT/ACT/PSAT/TJ Test Prep: Professionally trained with over 7 years experience, LCPS teacher offers 5 week courses. Limit 8 students/class – register early! Saturday classes. Private tutoring available. Call 571.335.8378 or visit www.collegeboundloudoun.com.

HEALTH/FITNESS/WELLNESS

HIGHER INTENSITY—SHORTER DURATION—POWERFUL RESULTS! Tabata Bootcamp™ offers a new and unique approach to fitness with incredible results! Classes offered by LoCo Tabata Bootcamp at Athletic Revolution in Ashburn. Bootcamps run in 8 week sessions, call today to get in on the action! Katie Herbert 937-477-0044 or email: locotabatabootcamp@gmail.com.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/ SMALL COMMERCIAL & RESIDENTIAL: Trouble shooting experts! Specializing in High Chandelier installs, Recessed light installations and Home Inspection items. In Ashburn since 1999! Call (703-723-6501) or email baneelectric@comcast.net

HOME SERVICES

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike.Rosario@verizon.net.

BELMONT FLOORING & PAINTING: Carpet, Hardwood, Vinyl, Tile. BUY TODAY, INSTALL TOMORROW! Painting Interior/Exterior. Please call 571-209-0332.

LARRY MILLER INC, Specializing In Window Cleaning, Power Washing & Gutter Services: Residential Specialist. Free screen cleaning. Christmas lighting services. Licensed & insured. Broadlands resident. On Board of Directors for IWCA & Residential Comm. Visit www.windowcleaningservice.net for a FREE online estimate. Realtor, Senior & Military Discounts. Contact us: 703-723-7770 or info@windowcleaningservice.net. 10% off if you like us on Facebook: www.facebook.com/larrymillerinc.

LOONEY'S TILE AND GROUT RESTORATION: Does your shower or floor need a "REFRESH"? We are the Tile & Grout Specialists! Why Re-model when you can "Restore"? Re-Grouting, Grout Repair, Cleaning, Sealing, Professional Caulking & Water Damage Repair. Surprisingly Affordable & we offer FREE Estimates. Visit www.Lcleantileandgrout.com & read what our customers are saying on Angie's List. Locally owned in Ashburn. 703-999-1933. Email: Mike@Looneystileandgrout.com.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

HOUSE CLEANING

CLEANING BY CHRISTA: Sole operated home cleaning by returning college student. Valuable service with low prices that will make your home and soul shine. Free estimates; references available. Contact me via email at christa.holland@gmail.com or phone at 662-226-1108.

MAID IN VIRGINIA- RESIDENTIAL CLEANING: We have earned a reputation for having the highest integrity. We enter your home excited to clean. We can provide numerous references. Locally owned and operated in Ashburn Licensed, Bonded, Insured with Workers Comp Insurance. www.maidinvirginia.com; 703-723-5199.

MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

LAWN SERVICES

GRASS MOWING: Reasonably priced lawn service for home owners, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal applications available. A great gift idea! **Retired Professionals Lawn Service.** No contracts to sign, just a hand shake! jackthedecker@aol.com or 1jackthemower@gmail.com.

GREEN LEAF LANDSCAPING: Special mowing \$15.99 per week, spring clean-up, grass cutting, planting, mulching, leaf removal, tree removal, edging/trimming, power washing, gutter cleaning, trash hauling, aeration & seeding. FREE ESTIMATES. Contact: Vidal Melendez 571-484-1193, melendezvidal@yahoo.com.

MARKETPLACE

AVON: Shop Avon at home or in your office and discover: Advanced Skin Care Products, Makeup, Gifts, Fragrances and Personal Service. Contact Christine Himmel, Avon Independent Sales Representative: (Mobile 571-239-5913, Email himmeljc@verizon.net, Website www.youravon.com/CHIMMEL).

MARY KAY: Get your color. Imagine your world awash with color – rich, gorgeous shades that'll make you look twice. I'm talking sheer mineral makeup that glides on and stays on. And fearless looks that are ready to wear anywhere. Ask me about ideas that'll awaken your inner makeup artist! Deborah Leben 703-217-4583 dleben@marykay.com.

PET SERVICES

AROUND MIDNIGHT PET SERVICES, LLC: Provides excellent care to the furry, feathered and finned members of your family. Middy walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, www.aroundmidnight.net. Now hiring – join our team!

PROFESSIONAL SERVICES

TAX SEASON'S HERE! Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy with Assurance Tax & Accounting providing experience, personal, tailored service. Schedule a free initial meeting today, 703-869-7796 or suoy@assurancetaxandaccounting.com.

ASHBURN LAW OFFICE, PLC: We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, Attorney@Ashburn-Law-Office.com.

STATE FARM INSURANCE: Are you paying too much for insurance? Not getting the service you expect? State Farm is the #1 insurer of cars, homes, & small businesses in Loudoun County. The **Joe Mullee Agency** in Ashburn has represented State Farm for 33 yrs. and is the largest of all the Loudoun County agencies & one of the biggest in the state. Servicing our existing clients is our #1 priority. Call or email us for your free comparison. 703-724-4800 or joe@joemullee.com.

GGGGRRRRR!!!! Computer crashed? Network down? Computers confuse you? Call Less Silberberg, Ashburn computer consultant. Over 30 years experience. Certified, licensed, Loudoun COC member. PC's, Mac's, iPads/Tablets, Smart Phones – Android, iPhone, Networks, maintenance, installation, problem solving. Daytime, weekend, evening appointments. 703-304-1130 silberberg@aurifex.net.

How to Place Classified Ads

Classified Ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

Monthly Rates:

Resident Rates	Non- Resident Rates
Monthly - \$10.00	Monthly - \$20.00
Personal (For Sale) Ads \$0	

Payment and Ads:

Please email ads to: scollins@broadlandshoa.com.

Checks only please, made payable to "Broadlands Association".

No cancellations after the deadline.

Mail to or drop off payments at:

Broadlands Association
21907 Claiborne Parkway
Broadlands, VA 20148

For more information contact:

Advertising Manager: Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

ADVERTISING DIRECTORY

AUTOMOTIVE

Ashburn Service Tire Center	21
Virginia Tire & Auto	26

DENTAL / ORTHODONTIA

Daczkowski, T. Wesley, DDS	40
White Tree Dental	32
Wiger Orthodontics	10

EDUCATION

BeanTree Learning at the Pavilion	mid
Golden Pond	2

FINANCIAL/PROFESSIONAL SERVICES

Apple Federal Credit Union	9
Lori Christ, CPA LLC	6

HOME SERVICES

Ackerman Security	mid
AYS Company, Home Improvement	6
Allusions	34
Architectural Ceramics	22
Certa Pro Painters	mid
Climatic Heating and Cooling, Inc	2
Edwin Painting Co	6
Gilbride Designs, LLC	10
Larry Miller, Inc. Window Cleaning Service	6
P&D Plumbing	6
P&M General Contracting	6
PestNow	21
Virginia Ground Covers	6
WashMyDeck.com (Elite Pressure Washing)	18
Zampiello Paint Contractors, Inc.	18

PETS

Caring Hands Animal Hospital	18
Olde Towne Pet Resort	2
Stream Valley Veterinary Hospital	39
Whole Pet	2

PROFESSIONAL SERVICES

Family Hair Salon	6
iScreen Service	32

REAL ESTATE

Bonnie Selker, Keller Williams	40
The Greg Wells Team, Re/Max	9
Kyle Davis Re/Max (KGD, Inc.)	mid
Sampson Properties	39
Van Metre	24-25

RECREATION / INSTRUCTION

Ashburn Ice House	30
Ashburn Youth Football League (AYFL)	30
Creative Dance Center	40
Dragon Yong-In Martial Arts	39
Oatlands	10
Ringin in Hope Race	22
School of Rock	32
Tri 4 Love Sprint Triathlon	31
Vacation Bible School	18

RESTAURANT

Mali Thai	18
-----------------	----

RETAIL

Broadlands Marketplace	34
------------------------------	----

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 4,000 homes and businesses in the Broadlands community. The Newsletter Editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF or TIFF. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. **DEADLINE: Ad and payment submissions are due the 1st day of the month prior to the issue. (Ex: January 1st for February's issue.)**

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H)	\$90 /\$75*
1/4 pg (3.625" W X 4.875" H)	\$165 /\$140*
1/2 pg (7.5" W X 4.875" H)	\$295 /\$270*
Full pg (8.5" W x 4.875" H)	\$550/\$525*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H)	\$225 /\$210*
1/2 pg (7.5" W X 4.875" H)	\$425 /\$405*
Full pg (8.5" W X 11" H)	\$1050 /\$900*

Add 10% to base price above for preferred placement

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H)	\$250 /\$240*
1/4 pg horizontal banner (8" W X 3" H)	\$250 /\$240*
1/2 pg (8" W X 4.875" H)	\$475 /\$455*
Full pg (8" W X 8"H)	\$1050 /\$950*

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED. Make checks payable to *Broadlands Association*. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association
ATTN: Newsletter Ads
21907 Claiborne Parkway
Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL INFORMATION

The deadline for editorial submissions is **Noon on the 10th of the month**, or Noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.

Modern Medicine • Hometown Hospitality

Stream Valley Veterinary Hospital



Services: Medical, Surgical, Dental, Behavioral Classes, Boarding, Daycare, Grooming & Exotics

Dr. Mary Corey • Dr. Susan Kirk • Dr. Ashley E. Signorino • Dr. Andrea Vanderson



We're just a few feet away

42902 Waxpool Rd. • Ashburn, VA 20148 • 703 723 1017

www.streamvalleyvet.com



Nick Khawaja

Realtor

Cell: (703) 869-0276

Fax: (703) 738-7537

nickkhawaja@gmail.com

- Complimentary
 - Consultation & Home Evaluation
 - Market Analysis
 - Help With Mortgage Loan Process
- Call For A No Obligation Appointment Today
- Broadlands Community Resident
- Multilingual. English, Urdu, Hindi And Punjabi

**Samson
Properties**

Neighborhood Realtor

19440 Golf Vista Plaza, Suite 310

Lansdowne, Virginia 20176



AFTER SCHOOL CAMP TAEKWONDO HAPKIDO GUMDO
Dragon Yong-In
MARTIAL ARTS

★ **Summer Camp**
Daily Various Field Trips

Taekwondo Class Construction Game
Experience Teamwork Establish Friendships

Convenient Pick up time
No Extra Charge

Register Now
You can get Early-bird Special!



After-School

Taekwondo / Homework / Friendship

Taekwondo & Hapkido

Focus / Confidence / Self-Defense

(Children Class) (Daily Adult Class) (Family Class)

★ **Call Now - (703) 858-0016**
43150 Broadlands Ctr. Plaza #188
(Next to Safeway)

Broadlands Association, Inc.
 21907 Claiborne Parkway
 Broadlands, VA 20148

PRST STD
 U.S. POSTAGE
 PAID
 GAM PRINTERS
 PERMIT #8
 STERLING, VA



T. Wesley Daczkowski DDS

Specializing in Providing Care for Patients of All Ages

Ashburn Farm Professional Office Park
 20925 Professional Plaza, Suite 210
 Ashburn, VA 20147
 Tel 703/723-8838
 www.daczkowskiortho.com

- Children
- Adolescents
- Adults

Call Today to Schedule a No-Charge Orthodontic Examination

Creative Dance Center

Discover the Magic of Dance this Summer ...

Register Now for Half & Full Day Camps
www.CDCdance.com

Princess Ballet • All Boys Hip Hop
 Ballet Technique • Jazz & Hip Hop
 Dance Basics • Camp Rockers
 and so much more!

Full Day Camps
 Ages 6-12
Half Day Camps
 Ages 2.5 - 16



June AUDITIONS
 CDC Stars
 Competition Team
 Performing Troupe
 Nutcracker

After School Dance Program
 Transportation and Daily Dance Class!
\$50 off Registration
 Code BLHOAS2014



Ashburn
 703-724-4900

Old Towne Ashburn
 703-729-1033

Bonnie Selker

Call Bonnie to Sell Your Home Too!
 703.728.2292 or bselker@KW.com