



BROADLANDS



Community News

June 2011

There's No Time Like Summertime!

Summer Events:

- Broadlands Live! Summer Concert series begins-June 10, pg 7
- Flicks in the Sticks kick off-June 18, pg 5
- Annual Northern Virginia Summer Brewfest-June 25, pg 5

Summer Activities:

- Summer Nature Camps and Volunteer opportunities, pg 17 & 20
- Swim Lessons in the Broadlands, sign up now! pg 26-27
- Tennis anyone? Check out the programs, page 29

National Wildlife Federation Certified Community Wildlife Habitat

Photo Courtesy of Natalie Ihanainen



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BROADLANDS



Contact Information

Board of Directors

David Baroody - President
& Resident Member,
(703) 729-6785, david.baroody@mobile-audit.net

Brian Beahm
Vice President & Resident Member,
(703) 726-6360, brian.beahm@gmail.com

Cliff Keirce - Resident Member,
(703) 729-7320, shevcoo@yahoo.com

Eric Bazerghi - Resident Member
(703) 723-1046, eric@thehouse.net

Dawne Holz - Resident Member,
(703) 349-1095, dawne@holzfamily.net

Michael D. Simpson - Resident Member,
(571) 333-3365, michael.d.simpson@gmail.com

Joseph T. Wagner - Resident Member,
(571) 333-0831, JTWagner@smartneighborhood.net

Roy Barnett - Member at Large,
Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

Denise Harrover - Member
at Large, Van Metre,
(703) 425-2600,
dharrover@vanmetrecompanies.com

HOA Office and Website

21907 Claiborne Parkway
Broadlands, VA. 20148
(703) 729-9704 Fax: (703) 729-9733
Open Monday - Friday 9:00am - 5:00pm
www.broadlandshoa.org

Armstrong Management Services

Assessment Information Office:
Direct Phone: (703) 679-1541
FAX: (703) 591-5785
Email: broadlands@armstrong.net

Mail Payments to:
Armstrong Management Services
P.O. Box 7778
Philadelphia, PA 19101-7778



Southern Walk Board of Directors

(Open Band Contract Administration Only)

Erika Cotti - President
(703) 554-9269, erika_cotti_sw@yahoo.com

Vacant - Vice President

Douglas Granzow - Treasurer
(240) 499-4323, gunzour@gmail.com

Shawn Williams - Secretary
(703) 968-5295, smarcuswilliams@aol.com

Charles Salas - Resident Member
(703) 967-8150, charlessalas@yahoo.com

Jason Chautin - Resident Member
(571) 333-4472, jason@chautin.com

Jim Ward - Resident Member
(703) 407-4196, jimward.b12@gmail.com

Sangram Deshmukh - Resident Member
(571) 333-0670, sangramd@yahoo.com

HOA Management

Maureen Burns - General Manager,
(703) 729-9714, mburns@broadlandshoa.com

Lisa Matthews - Audubon Naturalist, (703)
729-9726, naturalist@broadlandshoa.com.
Regular hours: Tuesday 10:00a.m. -
1:00p.m., Wednesday 10:00a.m. - 5:00p.m.,
Friday 9:00a.m. - 1:00p.m.

Natalie Ihanainen - Newsletter Editor
(703) 729-9704, nihanainen@broadlandshoa.com

Stassa Collins - Newsletter Classified &
Display Ads Manager, (703) 729-9704,
scollins@broadlandshoa.com

Robin Crews - Secretary to the
Modifications Subcommittee,
(703) 729-9704, rcrews@broadlandshoa.com

PURCELLVILLE ROLLER SKATING RINK HAS REOPENED!

In 2010, the The Bush Tabernacle Roller Skating Rink was completely renovated by the Town of Purcellville and restored it to its former grandeur. The rink operates as a non-profit 501(c)3 corporation for the benefit of the community offering a family-oriented environment, perfect for parties, group events, and great family fun.

General skate admission is only \$5, which includes skates (quad or inline). The rink offers birthday parties and supplies the birthday cake, pizza, soda, balloons, skates and a reserved table. Friday night is Teen Night for 6th-8th graders from 7:00p.m. - 9:00p.m. and admission is FREE! The rink is also available for private event rentals.

For more information, please call Philip at 703-431-7784 or visit www.BushTabernacle.com.

YouthFest 2011

Free Space at YouthFest for Student Groups

Middle and High School students, community groups and school groups, including sports teams and clubs are invited to participate in this year's YouthFest, June 25th at the Brambleton Town Center. PTA's, PTSO's, and booster groups are also invited.

Free exhibit space is being made available to these groups so they can provide information about their activities and accomplishments to other teens. Groups are encouraged to feature some type of attraction or game with their exhibit. "We want these groups to be creative," said YouthFest Coordinator Kristin Garrett. "They can set up carnival style games, a craft, a competition, even inflatables."

New this year, student groups have the opportunity to do some fundraising at YouthFest. They can sell snacks, t-shirts, spirit wear or whatever represents their group.

Student crafters and businesses may also have free exhibit space at YouthFest. "There are so many talented teens in the community that make items such as jewelry and cards. With a YouthFest exhibit space, they can display and sell these items," said Garrett.

YouthFest features live music, attractions, exhibits, food and more. It is June 25th, 3:00p.m. – 8:00p.m. at the Brambleton Town Center, 42385 Ryan Road, Brambleton, VA 20148. Tickets are \$5, available at the gate. YouthFest is sponsored by Brambleton, Miller and Smith, WINC-FM 92.5, Loudoun Department of Parks, Recreation and Community Services, Loudoun County Public Schools and Loudoun Youth Inc., Additional exhibit space and sponsorship packages are available by contacting Kristin Garrett at Kristin.garnett@loudoun.gov or calling (571) 439-4725.

For more information, please visit www.loudounteens.org and facebook.

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**Northern Virginia Summer BrewFest
Saturday, June 25, 2011
Morven Park in Leesburg**



Enjoy a "A Celebration of American Beer" and leave the driving to us. Your Events Committee is sponsoring a Commercial 57 Passenger Luxury Bus (bathroom included) to shuttle between the Nature Center and the Festival.

**The Bus will depart the Nature Center for the Festival at:
10:00am, 12:00pm, 2:00pm, 4:00pm and 6:00pm (even hours).**

**The Bus will depart the Festival for the Nature Center at:
1:00pm, 3:00pm, 5:00pm, 7:00pm and 9:00pm (odd hours).**

The cost for the bus ride is a recession proof \$0.

Check out the Festival on line at: <http://novabrewfest.com/summer/>
and purchase your tickets early or at the gate.

First come, first served for seating on the bus.



Flicks in the Sticks

Despicable Me

Saturday, June 18 - 8:30pm

Kick off the summer movie season with a hot new release for the whole family! This year, movies are presented in High Definition! Grab the kids, your picnic blanket and stake out your spot on the **Nature Center lawn**. Lawn chairs and coolers are welcome. Come early to get a good spot. Free popcorn (from a new, bigger machine) and drinks are provided. (Rated: PG; 95 Minutes)

Movies begin around sundown - time listed is approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled.

Flicks in the Sticks is a FREE event, brought to you by the HOA Technology Committee.
Volunteers are always welcome and needed.

Patriot Disposal Information

Patriot Disposal provides trash and recycling services for the Broadlands community. An environmentally-conscious company, Patriot Disposal offers a curbside recycling program that extends well beyond those offered by other haulers.

Schedule

Trash removal: Monday and Thursday
Recycling collection: Thursday
Yard waste pick up: Monday
Large item pick-up: Thursday
(small furniture, mattresses, bed frames)

Containers

Patriot Disposal provides one wheeled, covered Toter for each residence for the collection of trash. Each town home will be provided with a 64-gallon, and each single-family home will be provided with a 96-gallon. Each town home and single-family home will also be provided with one recycling bin.

Additional recycling bins are available for no additional charge and may be picked up at the Nature Center. Additional Toters are available for purchase at the following rates:

Trash Toters (Green with Black Lid):

96-gallon Toter -- \$100.00

64-gallon Toter -- \$ 50.00

Recycling Toters (Green with Blue Lid)

64-gallon Toter -- \$ 25.00

You are encouraged to keep a record of the serial number of your Toter(s) should you need to identify it in the future. Requests for toters are accepted by phone at 1-703-257-7100.

Trash Removal

Please note the following requirements concerning trash removal services:

1. Trash must be properly secured in plastic bags, standard trash cans, or wheeled carts.
2. Trash bags and containers shall not exceed 50 pounds in weight per bag or container.
3. Trash must be placed at the curbside and/or designated area by 7 a.m. for collection.

Recycling

Patriot Disposal's weekly curbside recycling program includes the collection of **scrap metal** (foil, pie tins, trays, pots and pans, small car parts, grills, bicycles, swings, etc.), **newspapers, mixed paper, cardboard, paperboard, glass bottles and jars, metal and aluminum cans and plastic bottles**. Each Thursday, Patriot Disposal will remove recyclable materials that have been placed at the curb for collection.

Please note the following requirements concerning recycling collection services:

1. Newspapers and magazines should be bundled and placed in paper grocery bags or tied with heavy twine.
2. Glass, plastic, aluminum and metal, food/beverage containers should be rinsed and placed in bags, cardboard boxes, or recycling bins.
3. Recyclables must be placed at the curbside and/or designated area by 7 a.m. for collection.
4. Recyclable materials can be co-mingled.
5. Patriot Disposal will remove and recycle packing boxes and cartons placed at the curb by residents.

Patriot Disposal Collection Schedule

Mondays:

Trash and Yard
Waste

Thursdays:

Trash and Recycling



Please have trash and recycling
at the curb no later than 7:00a.m.

Patriot Disposal Information continued on page 8

BROADLANDS LIVE! Kicks Off Season Eight!

Broadlands Live! will kick off their eighth season this summer on **Friday, June 10th** with a **children's opener, Yosi**, cranking up a family good time at 5:30p.m., **followed by a crowd favorite, Full Mesh at 7:00p.m.** Come ready to rock out and eat great food from local neighborhood sponsors.




The Broadlands Live! music series will continue on Friday evenings; July 8th, August 12th, and September 2nd from 5:30p.m. to 9:30p.m. The concerts are scheduled so that residents and their families can come right after work, grab a bite to eat and enjoy music with neighbors and friends outdoors. The local bands selected to perform will appeal to residents of all ages. Come ready to have a good time! There will also be face painting and balloon artistry on site for the kids. Support local vendors: Domino's Pizza, Foster's Grill and Hawaii's Best Shaved Ice Company and pick-up your dinner at the show.

All Broadlands Live! concerts are BYOB. If you choose to consume alcohol **you must present your ID - NO EXCEPTIONS** - and stay in the designated alcohol area due to ABC regulations.

The 2011 Broadlands Live! concert series is proudly presented by Van Metre. Photography by Ofelia Photography.

Watch for information in our future newsletters, visit the Broadlands Live! website at **Broadlandslive.com** or call the Broadlands Live! hotline 571-333-4FUN for more information or to volunteer. Broadlands rocks and so do you!



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Second Fridays
5:30 PM to 9:30 PM
at Hillside Park on Waxpool Road
See website for map.

For more information call
571-333-4FUN or visit
BroadlandsLive.com

2011 FREE Summer Concerts

June 10 >>>>>	Full Mesh • with Yosi
July 8 >>>>>	Tom Principato • with Duffy Kane
August 12 >>>>	Pebble to Pearl • with A+ Dropouts
Sept. 9 >>>>>	Jah Works • with Johnstone


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BYOB – bring ID • No glass bottles • Food & non-alcoholic beverages sold at event

Food Vendors: Foster's Grille, Domino's Pizza, & Hawaii's Best Shave Ice Co.

Special thanks to the Broadlands HOA, Wegmans, Costco, and Armstrong Management.

Patriot Disposal Information continued from page 6

Yard Waste

Each Monday, Patriot Disposal will remove yard waste that has been placed at the curb for collection. Please note the following requirements concerning the collection of yard waste:

1. Yard debris (leaves, grass clippings, brush) may be mixed with trash only during the months of January, February and March.
2. Brush must be cut into four-foot lengths, with limbs no larger than six inches in diameter.
3. Brush must be tied in bundles no larger than two feet in diameter.
4. Yard debris must be placed in separate containers, marked "yard waste" or in biodegradable bags. **Yard waste that is put out at the curb in plastic bags will not be picked up.**
5. Yard waste must be placed at the curbside and/or designated area by 7 a.m. for collection.
6. Food waste mixed in with yard waste will be accepted, as it can be composted.
7. The weight limit for yard waste is 35 pounds per bag or container.

Special Item Pick-ups

Electronics, used motor oil, auto batteries and appliances, will be picked up on Wednesday by a separate truck. Please call the office at 1-703-257-7100 to arrange for pickup. Very large items may incur a charge. Please ask the customer service representative when you call. Please note the following requirements concerning the collection of special items:

1. Items for collection must be placed at the curbside and/or designated area by 7 a.m.
2. Appliances containing Freon must be certified as "Freon-Free" prior to removal.

Schedule

Patriot Disposal will provide services on all holidays that fall on regularly-scheduled pickup days with the exception of Thanksgiving Day, Christmas Day, and New Year's Day. If a regularly-scheduled pickup day falls on one of these holidays, service will resume on the next regularly scheduled pickup day.

Patriot Disposal Information continued on page 10

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Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
June 01, 2011	May 27, 2011
June 15, 2011	June 10, 2011
July 06, 2011	July 01, 2011
July 20, 2011	July 15, 2011

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary Robin Crews, rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.

Homeowners Association Board of Directors Meeting

**Tuesday, June 14, 2011
at 6:00 p.m.**

*in the
Nature Center conference room*

Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

NO MORE LATE FEES!

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You can pick up an application at the HOA office at the Nature Center, **page 13 in this newsletter** or online at <http://www.broadlandshoa.org>. Click on 'HOA Forms' in the directory and then on 'Auto Pay Application'.



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Household Hazardous Waste Event June 25th

The Department of Construction & Waste Management will be hosting a Household Hazardous Waste Event on June 25, 2011 from 8:30a.m. to 2:30p.m. at Stone Bridge High School, 43100 Hay Road, Ashburn.

To view a complete list of acceptable or unacceptable items, please visit www.loudoun.gov/hhw.

Patriot Disposal Information continued from page 8

Unacceptable Waste

The following items will not be collected, and should not be placed in the trash or set out for pick up: highly-flammable substances, hazardous waste, construction debris, liquid waste, toxic materials, radioactive materials, asbestos, infectious or medical waste, petroleum contaminated soil, dead animals, paint, manure, or other dangerous materials as determined by state, federal or local law, or in the reasonable judgment of Patriot Disposal.

Questions

Patriot Disposal considers it a privilege to serve you. Please direct any questions, comments or concerns to us at our office, 1-703-257-7100.

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Community service has always been an integral part of my life. I have spent the last 12 years as a member of the Broadlands Homeowner Association Board of Directors and currently serve as Vice-Chair of the Loudoun County Planning Commission. As every resident knows, taxes, transportation, and the school budget are some of the largest obstacles this county has to face. Because of my experience, I have tangible ideas on how to diversify the tax base, use money the county already has to complete the missing links in our transportation infrastructure, and put money back into the classroom. I look forward to talking with each of you about my ideas on how to improve this county and to get your ideas of what you want to see accomplished.

UPCOMING EVENT:

Campaign Meet and Greet: June 10, 2011 • 7:00pm to 9:00pm • Home of Rich and Heather Bates • 42973 Ridgeway Drive Broadlands, VA 20148. Please RSVP to my campaign manager Staci Kapinos at 571-308-6784 or staci@keirceforsupervisor.com. I look forward to meeting you and hearing what is on your mind.

Please follow my campaign on Facebook at Cliff Keirce for Broad Run Supervisor or my website www.keirceforsupervisor.com.

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AUTOMATED PAYMENT SERVICE AUTHORIZATION FORM

Armstrong Management Services, Inc. is pleased to offer you the option of using the electronic transfer of funds method to make your assessment payments. This allows automatic payment of your assessments from virtually any banking institution that you choose to be credited directly to the Association's account. This way you will not have to remember when to make a payment, you will not have to take the time to write and mail a check, you can save money on postage, and all your payments will be made in a timely fashion, thus avoiding any late charges to your account.

To initiate participation, please complete this *Authorization Form*, attach a voided check from your designated bank account, and mail them to the letterhead address. The assessment amount will be taken out of your account during the ***FIRST WEEK*** of each billing cycle. ***You are responsible for all assessments on your account up until such time as you are notified in writing that your first assessment payment will be taken out of your account.***

If you have any questions, please call the Accounting Department at 703-385-1133 or 540-288-4634. Thank you.

I (we) hereby authorize Armstrong Management Services, Inc., hereinafter called "Company," to initiate debit entries to my (our) account indicated below and the financial institution named below, hereinafter called "Financial Institution," to debit the same to such account for association dues. I (we) acknowledge that the origination of ACH transactions to my (our) account must comply with the provisions of U.S. Law.

APPLICATION TYPE (Please Circle One) NEW APPLICATION BANK CHANGE ONLY

NAME (S) _____

ASSOCIATION NAME _____

ADDRESS OF UNIT _____

PHONE NUMBER _____ / _____ (HOME) _____ / _____ (OFFICE)

EMAIL ADDRESS _____

This authority is to remain in full force and effect until "Company" has received written notification from me (or either of us) of its termination in such time and manner as to afford "Company" and "Financial Institution" a reasonable opportunity to act on it.

SIGNATURE

DATE

SIGNATURE

DATE

<u>**THIS BOX MUST BE COMPLETED IN ITS ENTIRETY & A VOIDED CHECK MUST BE ATTACHED!**</u>		
FINANCIAL INSTITUTION _____		
TRANSIT ROUTING NUMBER (on bottom left of check) _____		
BANK ACCOUNT NUMBER _____		
ACCOUNT TYPE (Please Circle One)	SAVINGS	CHECKING

Please note there is a service charge per payment returned for insufficient funds or closed accounts. If two payments are returned within one year, the service will be stopped and you will be responsible for making all future payments. All written debit authorizations must provide that the Receiver may revoke the authorization only by notifying the Originator in the manner specified in the authorization. Single entry reversals do not require authorization by the Receiver. The underlined language in the authorization above represents the disclosure requirement associated with the clarification of OFAC economic sanction policies upon ACH Network Participants. Armstrong Management Services, Inc. reserves the right to reject and/or revoke participation in the Direct Debit Program at any time.

****NOTE: FEDERAL CREDIT UNION MEMBERS SHOULD VERIFY THE ACH ROUTING NUMBER WITH THEIR BANKING INSTITUTION****



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Local Kids' Robot Wins Big in Saint Louis

Team NX-Treme earned the 1st place Mechanical Design award for their robot in the First Lego League World Festival held at the Edward Jones Dome and America's Center (home of the St. Louis Rams). This international competition featuring 82 of world's best teams was held in St. Louis, MO between April 27- May 1. The World Festival is like the "Olympics" of Lego Robotics. This year more than 170,000 children participated in FLL worldwide. The teams have 8 weeks to build and program an autonomous robot to perform specific challenges on a standardized playing field, while also developing a research project and producing a "creative" presentation of their research results. Teams are judged on robot performance, technical design, research, and teamwork. This year over 500 teams participated in Virginia and D.C.'s regional tournaments alone. Worldwide there were 540 regional tournaments, which qualified teams to go on to one of the 111 Championship tournaments.

NX-Treme was honored to represent our region at the World Festival. The theatrical lighting and rock music made for an exciting and colorful experience. One team that competed was wearing pig hats and the team from Israel, the Pink Eagles, sported black capes with pink-feathered wings. NX-Treme's white lab coats and crazy hats fit right in. Our robot did fairly well on the two practice runs, only missing one challenge, but it proved less reliable on the competition day, scoring 370 out of a possible 400 points.

The most exciting thing was being able to meet other robotic enthusiasts from around the world and finding out about their teams and their hometowns. We met teams from Jordan, Utah, Malaysia, Peru and Holland. When not on the competition floor, we spent time at our booth sharing information about Virginia and Washington D.C. with visitors from around the world and across the USA. Each team brought small items to trade or swap with other teams. There were buttons, pens, pins, bracelets, stickers and cards being traded and collected. The Swiss team was passing out Swiss chocolate (yum!) and the team from Peru was passing out handmade pins in the shape of llamas.

One of this year's highlights was an exclusive concert by will.i.am and the Black-eyed Peas. will.i.am also participated in the opening ceremonies by driving an FTC robot in competition against Dean Kamen, the founder of FIRST and an inventor in his own right. This year the X prize foundation was represented. They are sponsoring an innovative solution prize that will financially help the winning FLL team to patent their innovative solution.

To learn more about Ashburn Robotics, please see our website at www.ashburnrobotics.org or contact the coach, Mark Vanderlyn, at 703-963-2623. To learn more about the FIRST organization, see the website at www.usfirst.org.

The Loudoun Arts Council Holds First Dance Party Fundraiser

The Loudoun Arts Council announces its first Annual Dance Party fundraiser at Lightfoot Restaurant on Thursday, June 2, 2011 from 7:30p.m. - 11:00p.m. Join the fun upstairs where we'll be featuring DJ Rhythmix (complete with conga drums and disco lights), a silent auction with an arts experience theme, light-fare provided by Lightfoot Restaurant, and mingling with other Loudoun County arts supporters!

Fundraising proceeds will help ensure the Arts Council can continue their support of all the arts groups in Loudoun through *Happenings!*, the Loudoun Arts Directory and ArtShare – a granting program supporting other Loudoun County arts non-profits.

Tickets are \$50 for one or \$90 for two and can be reserved online at www.loudounarts.org or by calling 703-777-7838.

The Loudoun Arts Council, founded in 1988, is a 501(c)(3) organization that supports and nurtures artists and arts and cultural organizations throughout Loudoun County by increasing recognition and support for their work; and promotes the value of the arts and culture to a thriving and dynamic community. For additional information about the Loudoun Arts Council, visit www.loudounarts.org or contact 703-777-7838 or info@loudounarts.org.

6th Annual Western Loudoun Artists Studio Tour June 11th and 12th

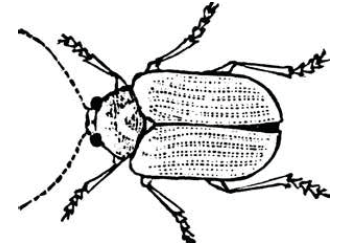
Tour the studios of over 50 talented Loudoun artists from 10am to 5pm on Saturday June 11 and Sunday June 12. FREE to the public! Over 50 artists will open their studios with artwork for sale, demonstrations and more. For Tour maps, list of artists and more information, please visit www.WLAST.org or call 540-338-7973.

In addition to the artists' studios, three centers will host groups of artists. Broadlands resident Debra Keirce will be at The Round Hill Arts Center (www.RoundHillArtsCenter.org) at the Hill High Complex across from the entrance to Stoneleigh neighborhood off Route 7. Art Square at Cardinal Park in Leesburg, and The Franklin Park Visual and Performing Arts Center in Purcellville will also host several artists.

For artists, participation in the tour is limited, and artists are honored to be juried into the event. You may visit as many studios as you like, and at your own pace. Many of the wineries and restaurants along the tour have special events for the weekend. Be sure to pick up a "passport" and fill it with stamps to be eligible for one of the 50 door prizes! You won't want to miss this opportunity to be amazed at the talent right here in Loudoun County, and to support our local arts.

Kritters for Kids
By Lisa Matthews

Hey kids! Did you know that we have a special week that celebrates butterflies, bees, beetles and even flies for being the best friends of flowers? Yes, indeedy, it is time again for National Pollinators Week June 20th - 26th, 2011.



Celebrate by planting flowers to attract the pollinators, leaving out a water dish with rocks on them to give them a place to sit. Cut a pear, an apple or leave a banana cut lengthwise on a dish for them to feed on. Look for the native bees, which often look like little flies and are very appreciative of a watering dish and a piece of fruit. Remember, our native bees are all on the threatened list and need our help. They are the best pollinators....they are the hairiest insects and can carry a lot of pollen.



Stop by the Nature Center Shop and purchase a butterfly and insect identifier pocket guide and see how many butterflies, moths, beetles and bees that you have attracted to your treat dish. Check out www.pollinator.org/pollinator_wee_2011 for fun activities and information on plants for your garden and other ways to help the pollinators.

Happy Pollinator Week!



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Audubon Naturalist at Broadlands

Summer Nature Camp

Kids Grow Better Outside!

CAMPS FOR 4-5 YEAR OLDS

Creature Feature: June 20-24 9am-noon

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe handling and how to respect our new acquaintances. We'll finish every day seeing and touching the animal we have learned so much about!

Nature's Storybooks: June 27-July 1 1pm-4pm

See the forest through storybook eyes. We will visit the forest, pond and meadow to experience the "real life" world introduced in such stories as "The Mitten" and "The Lorax". Let your imagination soar as we read stories, then create our own versions in the natural world around us.

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**



CAMPS FOR 6-7 YEAR OLDS

Animal Safari: June 20-24 1pm-4pm

Put on your explorer hat, grab a pair of binoculars (or a magnifying glass) and prepare for adventure! We will go on the hunt...exploring the habitats in Broadlands. We will seek our treasures and trophies at the pond, the forest and the meadow and have fun tracking big, and little animals.

Nature By Design: June 27-July 1 9am-noon

Have you ever been inspired by a rainbow, snail shell, or leaf? Experience the beauty of the natural world in this camp. We will discover how nature uses symmetry, texture, and color. Using observation and tools such as magnifying glasses and binoculars, we'll uncover art in nature. We will also study artwork by natural and earth artists to help inspire our own creations!

Cost: Broadlands Residents: **\$120** Non-Resident: **\$150**

To register:

- Go to www.anshome.org/camp
- Click on Register Online and follow the prompts
- Broadlands residents enter 55555 as your membership number

For questions about the registration process please call 301-652-9188 x16

We encourage people to use the online registration system, however if you prefer, we will mail or email you a registration form, or you may pick one up at the Nature Center.

For questions about our camps please contact Julie at julieg@audubonnaturalist.org or call 703-669-0000 x 1

The Critter Corner

By Dr. Steve Velling
Ashburn Village Animal Hospital
"The Tick-ing Lyme Bomb"

One of our patients came in several weeks ago, a beautiful Golden Retriever who was normally full of life, but that day he was extremely limp and weak. His vital signs were all good, but he was very stiff and sore in his knees, hips and elbows. I asked the owner about any previous episodes like this, and he said he didn't know of any, and with further examination, we found a few small ticks on the dog. The owner did mention that they hadn't been putting any tick preventives on "Buddy" as it was still cold outside, so I ordered a test, which confirmed Lyme disease.



There is, in my opinion, an epidemic of Lyme going on in this area. Loudoun County has the highest incidence of Lyme in all of Virginia, and in fact, we estimated that about one in 4 dogs that we test are positive for Lyme. If you are unfamiliar with Lyme, as I was when I first moved to this area 14 years ago, then I'll go over the basics. Lyme disease is a microscopic organism passed by deer ticks. Deer ticks are much smaller than common dog ticks. They are the size of a pinhead, which can make them difficult to detect. They are found, of course, where there are large populations of deer. So when you see those deer on the side of Route 7, you can understand why Lyme is such a problem in this area.

The symptoms are variable, which can make it a challenging disease to diagnose, but the most common signs to look for are fatigue, fever, lameness and loss of appetite. Some dogs don't show any of these signs, which catch people off guard when they test positive. Sometimes even indoor lapdogs test positive, apparently picking up a tick on their rare outings outside. Interestingly, cats seem immune to Lyme.

The best defense against Lyme is to prevent the bite in the first place. Topical agents such as Vectra, Frontline Plus and Advantix are great and only need to be applied monthly, and there is a terrific "Preventick" collar available as well that lasts up to 3 months (and a soon-to-be-released Scalibor collar which last 6 months!). There is also an effective vaccine against Lyme as well. If by chance you see a tick on your dog, use fine-point tweezers to get as close to the skin as possible in order to remove as much of the tick as you can. DON'T crush or squeeze the tick, or cover it with Vaseline, or burn it off with a match or cigarette.

If caught early enough, Lyme may be cleared from a dog. But since it can lay dormant for a while, a dog may have had Lyme for months prior to diagnosis, making it difficult to eradicate. Fortunately, most dogs respond well enough to antibiotics (typically doxycycline) to at least control the symptoms. So be on tick alert, and have a safe, fun summer!

Till next time,
Dr. Steve, ashburnanimals.com
Ashburn Village Animal Hospital

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June Naturalist Hours

June 1st through 10th

Tuesdays 10:00a.m. – 1:00p.m.,
Wednesdays 10:a.m. – 5:00p.m.,
Fridays 9:00a.m. – 1:00p.m.

June 13th through 17th

Tuesday, June 14th 9:00a.m. – 5:00p.m.
Wednesday, June 15th 9:00a.m. – 5:00p.m.
Thursday, June 16th 10:00a.m. – 2:00p.m.
Friday June 17th 9:00a.m. – 2:00p.m.

June 20th - July 1st

Nature Center 4:00p.m. – 5:00p.m.

Girl Scouts and Brownies Help to Keep Broadlands Beautiful



Girl Scout troop 6480 collected 5 large trash bags during their clean up on the trails along Chickacoan Drive. Great job ladies!



Brownie troop 3454 collected 8 bags of trash from the Southern Walk area around Park Creek Drive. Well done Brownies!

From the Naturalist....

By Lisa Matthews

Several times a year, I am asked if we are interested in turtles that people have raised from wee little things into animals that are too big for them to care for any longer. Unfortunately, I have to refuse them as we have two turtles at the Nature Center and numerous native ones in the ponds. Alarmingly, many people ask if they can just release their turtles into one of our ponds. There are few options open to the many persons who now have the too-large-to-keep turtle.

This has become such a large issue that many of the reptile rescues and societies have become activists in curbing the red-eared slider trade....it is currently illegal for a business to sell red-eared slider hatchlings because they are the most commonly surrendered/unwanted turtle. Starting out as tiny, green and cute little creatures, they grow 6" to 11" in a short period of time requiring up to a 75 gallon tank, and they can live for decades.

Can I suggest *not* getting a turtle in the first place? Or, if you really want one, adopt from the animal rescues? You would not acquire a cute little one, but take it from me, the big ones are cute too. And you know what you are in for with a bigger turtle. Their growth slows down and you won't see as much change in them. You can make a habitat for them in your garden using a decorative pond. This can add value to your home. This is also a good option for those who now have turtles too large.

Releasing them into the wild is equal to euthanizing them. They have no skills to survive in the wild and are particularly susceptible to diseases there. If they do survive, they can upset the natural balance of the pond that they are released into and can damage the eco-system of that pond (for example, some well-meaning person put a box turtle into the pond where the turtle drowned. It is better to place them on the bank of the pond and let the turtle choose where they wish to go). Some herpetologists believe that you do euthanize them if you release them into the wild. It is the far more humane treatment than releasing them to slow starvation.

Options (other than building a pond)? Well, the Virginia Reptile Rescue has a few. For more information, visit <http://www.vareptilerescue.org/res.html>. They go more into depth on the issues of red-eared slider and have some very good ideas on how to re-home your pet.;

Please use careful consideration and research any potential pet and try not to bring home unfamiliar animals by impulse. Reptiles can be a joyful addition to your family when you know what you are getting into.

How Fit is your Pet?

By Shannon M. Pecora, MA
Stream Valley Veterinary Hospital

Are you ready to show off that flat stomach and those toned arms at the pool or beach this summer? If so, you've probably been working hard over the past few months—watching what you eat and getting appropriate exercise. You are in control of your diet and exercise, and you're seeing your efforts pay off!



Now, imagine that you have no access to your food supply. You have to wait for someone else to offer you meals, in a single dish or via a free-flowing food dispenser. It's not as though anyone has missed filling that dish or dispenser before, but you can't be quite sure what the future holds. Hadn't you better try to eat everything right now, just in case your body needs to prepare for leaner times? If you stockpile fat reserves now—even if that happens to be every single day—you'll be ready if those meals ever do stop coming for a while.

And about that exercise—what if you were given a bed and told that you could just lay around all day? No one else will be around for much of the day anyway, and why bother playing with that tennis ball or stuffed animal all by yourself? Eventually, someone should open a door or offer you a clean box for when you have to potty, so there's no real reason to strain yourself by moving around too much. Plus, in the evening you'll get to sit on the couch—maybe even in someone's lap—in front of the TV for a while, and at least that's some fun attention.

If you haven't guessed by now, the above describes the point of view of a typical couch potato **PET**. Hopefully, this helps illustrate why pet owners need to be diligent when it comes to their pets' physical fitness. A quick test for dog and cat owners can be done the next time you go to scratch their ears or rub their tummies. From the side, you should see a definite upward tuck behind the rib cage as the stomach leads into the groin area. From above, you should see the shoulders, waist, and hips line up in an hourglass shape. You should also not have much trouble feeling the ribs and spine under the fur and skin; these bones should not protrude, but they should also not be hidden under a thick layer of fat.

Your vet can offer specific advice for your pet's nutrition and activity routines. Sometimes prescription food or specialized physical therapy is in order, but sometimes small adjustments in meal sizes or walks and play times can be beneficial. You don't need to put your dog in a Speedo or your cat in a bikini, but overall physical fitness is vital for every member of your family!

High School Volunteers Needed For Summer Nature Camp

Do you need community service hours? Do you want to have FUN? Spend your day outside helping children learn about nature at the Audubon Naturalist Society's Rust Nature Sanctuary and the Broadlands Nature Center! Our summer camp volunteers are a vital part of the success of our camps. Volunteers help prepare activities, work one-on-one with the children, and share each child's discoveries. Qualifications: Must be 14 years old and be enthusiastic about working with children and enjoy the outdoors. Volunteers may schedule to work mornings, afternoons, or full day for a camp session. Morning classes run from 9:00a.m. - Noon. Afternoon classes run from 1:00p.m. - 4:00p.m. Full day classes run from 9:00a.m. - 3:00p.m. Sessions begin June 20th and run until August 19th.

If interested, please call Julie at 703-669-0000 x1 or email julieg@audubonnaturalist.org.

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Nature Center Programs

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide Nature programs for the community. To register, call the Broadlands HOA office at 703-729-9704 or email naturalist@broadlandshoa.com to reserve your place in the program. We go outside for most programs so please dress appropriately and wear sturdy shoes.

Our Audubon Naturalist offers programs for Scouts, Families, Birthday Parties, After School, PreK and K, and Parent and Toddler Programs. Check our website for upcoming programs.



Saturday Family Days at the Nature Center

June 11th at 10:30a.m.

Reptiles

How closely related are the reptiles of today to the dinosaurs? We will explore this question and many others in this program.

July 9th at 10:30a.m.

Summer Pond Life

There is a hidden world right under the surface of our ponds! Come explore with nets and see the strange creatures that lurk underwater and be amazed by what some of them will become. We will also enjoy the baby turtles and tadpoles living in our pond.

August 13th at 10:30a.m.

Butterflies

Our meadow is home to many native butterflies of Virginia. Come with us and learn about their favorite plants and what you can do to bring them to your home.

Family Programs at the Nature Center

2nd Saturday of every Month

10:30a.m. - 11:30ish

June thru September

Welcome to All Ages

\$10/Family up to 5 members

\$2.50/ additional family members

\$5/1 Adult + 1 Child



Look for upcoming programs for next fall advertised in July's newsletter.



Spring Band Concert

June 7th, 2011

7:00pm

Briar Woods HS Auditorium



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YOUTHFEST June 25th.



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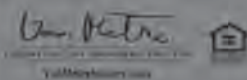
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THROWING A LAST MINUTE GRADUATION PARTY?

Menu Ideas That Won't Stress You Out

Brunch Ideas

- **Personalized hard boiled eggs:** Place graduate's name and the year on them and arrange them in a beautiful basket.
- **Fresh fruit watermelon boat:** Cut your school logo out of the watermelon.
- **Doughnuts are always a hit:** Request frosting in your school colors.
- **Fresh baked bagels:** Serve with selection of spreads. Simple, but yummy.
- **Coffee bar kiosk.** Check with local coffee shop for service or supplies. Or create your own with rental equipment and supplies.



Afternoon and Evening Menu Ideas

- **BBQ sandwiches:** served with coleslaw and chips, baked beans and a fruit salad.
- **Mexican taco bar:** Serve spicy ground beef in a crock pot, and put the cold items (lettuce, tomatoes, cheese, salsa, olives, onions) in bowls floating on ice to keep them cool. Arrange the hard and/or soft taco shells in a Mexican serving bowl or basket. Or serve taco chips.
- **Hoagie or Sandwich Bar:** let your guests assemble their own sandwiches.
- **For Vegetarians:** Baked Potato Bar and Salad Station.
- **Pasta Bar:** serve several different pastas (eg: rotini, penne, shells) and different sauces (marinara, a white or alfredo sauce, and a meat sauce). Let your guests create their own.

Tasty Desserts

- **Custom cakes:** Photo cakes or a theme in honor of their degree or interest.
- **Graduation Cupcakes:** Ice with school colors. Use a cupcake tree for display.
- **Personalized Candy:** Chocolate bars with personalized wrappers and bowls of Jelly Beans of the school colors.
- **Fortune cookies**
- **Chocolate mortarboards recipe:** Place miniature peanut butter cups, bottom up, on a plate. Top with a small dollop of peanut butter, then press on chocolate covered graham crackers. For a tassel, cut up a long rectangle of fruit roll-ups, keeping part of a little square intact, cut little tassels. Stick on top of cookie.



Chocolate Mortarboards



Win a \$25 Gift Certificate to ☞ *Bonefish Grill!*

Find the following **Graduation Pictures**, any size, in the newsletter and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than **June 10, 2011**.
Be sure to include your name and telephone number. Good Luck!

Flying Caps

Page # _____



Diploma

Page # _____



CONTACT INFO:

NAME: _____

PHONE: _____



**Library Corner
Ashburn Library
June 2011**



It is June! School is finally over this month, summer vacation (for some!) begins and thoughts turn to the beach or the pool, hot days and warm breezes, stary summer nights and everything summers bring. That includes a lot of GREAT offerings at the Ashburn Library not only in June, but all summer long.

If you want to lay in a stock of used books for the summer, there is no better opportunity than the **Loudoun Library Foundation Inc., 22nd Annual Giant Used Book Sale!!**

Smart's Mill Middle School, 850 North King St. in Leesburg.

June 24, 9:00a.m. – 7:00p.m., June 25, 9am – 5:00p.m., June 26 1:00p.m. – 4:00p.m. This is the Ashburn Used Book sale on steroids! It takes over most of the indoor spaces in the school with tens of thousands of volumes. Don't miss it! The Foundation donates its proceeds to support all the activities of Loudoun County's Library Branches, to include the Summer Reading Program.

ASHBURN LIBRARY PROGRAMS FOR SUMMER 2011

*Tickets are required and will be available one half hour before the program

Ashburn Library Advisory Board Children's and Teens' Book Sale

Saturday, June 18, 10:00a.m. - 4:30p.m.

Children's and Teen books, movies, music and more. All at great prices!

Donations of children's and teen's paperback and hardback books, CDs, DVDs and software will be accepted Monday, June 13 through Friday, June 17 during regular library hours.

Ashburn Library Advisory Board Silent Auction

Saturday, June 18 - Sunday, June 26, 3:00 PM

The auction will feature a wide range of items, activity packages, and gift certificates for local businesses. Proceeds from these events will directly benefit the Ashburn Library.

The **Annual Summer Reading Program** begins **Monday, June 20** and ends **Monday, August 15**. The theme this year is:

For ages 0-11 : **Tales From the Web**

For ages 12-18 : **Spin it at Your Library**

For ages 19 + : **Untangle the Technology Web**

New to the Summer Reading Program this year:

- **Read to Give** – Read to earn tokens for a local charity. Sponsored by the Ashburn Library Advisory Board. Check with the Ashburn Library for details.
- **Read to Win** – For ages 6-11. The elementary school with the highest percentage participation in the Loudoun County Public Library Summer Reading Program will win a trophy! So register for the Summer Reading Program!
- **Adult Challenge** – Untangle the technology web and learn about our e-book and e-audiobook resources. We'll show you how!

Below are the system-wide programs for children that are sponsored by the Loudoun Library Foundation, Inc there are many more programs listed chronologically in the branch listing.

Summer Programs for children of all ages sponsored by the Loudoun Library Foundation, Inc. and the Ashburn Library Advisory Board, Inc.

*Tickets are required and will be available one half hour before the program

***Insect Soup: Bug Poems with Barry Louis Polisar**

Monday, June 20, 7:00 pm

Songs, stories and poetry that will make you laugh!

***Wild Tails with Wildlife Ambassadors**

Monday, June 27, 7:00 pm

A tale about some very wild tails. Explore the many different types and uses of animal tails.

***STORYTIMES**

*Tickets **may be** required due to increased summer attendance. For more information call Ashburn Youth Services, 703-737-8100 option 5.

Library Corner Continued on page 31

Broadlands 2011 Pool Season

Please check below for everything you need to know about the pools. Don't forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions!

Pool Locations and Hours

Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check posting at pool for any changes to hours of operation.

SUMMERBROOKE POOL – 21580 Demott Drive – 703-724-9818

10:00 a.m. – 8:00 p.m. daily, including weekdays while school is in session.

SOUTHERN WALK POOL – 43081 Village Drive – 571-223-1331

During school: Weekday hours are 4:00 p.m. – 8:00 p.m. Weekend and holiday hours are 11:00 a.m. – 8:00 p.m.

Beginning June 17: Standard pool hours will be 11:00 a.m. – 8:00 p.m. daily.

COMMUNITY POOL – 43008 Waxpool Road – 703-724-7830

During school: Weekend and holiday hours are 12:00 p.m. – 9:00 p.m. Closed on weekdays.

Beginning June 17: Standard pool hours will be 12:00 p.m. – 9:00 p.m. daily.

Broadlands Pool Rules

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS

GENERAL RULES:

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** pets
- **NO** alcohol or drugs
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS**, children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- **Children 10 years or younger MUST BE** accompanied and supervised by an adult or care provider at least 14 years old
- **Parents are responsible** for the safety and conduct of all children in their care
- **Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules**



Members using the pools do so at their own risk. No Lifeguards are on duty at the wading pools. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website at <http://broadlandshoa.org/node/6>

SWIM LESSONS

Broadlands in conjunction with High Sierra Pools is offering swimming lessons this summer. If you are interested in having your child participate, please visit our website <http://swim.highsierrapools.com/> for more information about swimming lessons and online registration or email lessons@highsierrapools.com or call our office at 703-920-1750 ext. 124.

General Information

The cost of a regular group session (composed of 8 classes) is **\$70 per child**. The cost of a regular private session (composed of 8 classes, one child) is **\$280 per child**. Semi-private sessions (2 children per session are required) are also available, for a cost of \$140 per child. The group must be pre-arranged by the parent(s). HSP unfortunately cannot arrange these groups. Each session is composed of eight lessons over **2 weeks**, taught **Monday through Thursday**, with Friday as a make-up day (make-up day is reserved only for classes that were canceled due to bad weather, instructor absence or mechanical failure of equipment). ***Exception:** During week Fourth of July week, classes will run Tuesday through Friday.

Please register your child **at least one week** prior to the start of each session. Payment is due upon registration. **Minimum age for children is 3.** We offer four swimming levels: Nemos, Sea Turtles, Dolphins, and Sharks (see Swim Level Descriptions below). Each level has **completion requirements**. At the end of each session, skills are **demonstrated and if successfully completed, children can progress to the next level**. Participants usually need to stay in one level for 2 to 3 sessions. Upon request, our swimming instructors will be available to evaluate your child and recommend appropriate level before the session starts. Swim instructors will also reevaluate participants and divide them into corresponding levels during the first class (only if needed).

Level Description

Nemos: This beginning level for children teaches them to be comfortable and safe in the water. Instructors will focus on introducing children to the water and improving their safety and comfort in the swimming pool. The class will feature activities such as: face in the water, wet the hair, submerging, opening eyes, front glide, back glide, breath control, moving around comfortably, blowing bubbles and having fun in the class with aquatic recreation, gaining confidence and interest in swimming. We highly recommend this level for children who have never taken lessons, preferably children between 3 and 5 years old.

Sea Turtles: This level marks the beginning of independent aquatic locomotion skills. Children continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for strokes. This class will introduce exercises in the water such as: arm movement, body position, leg movement, floating and blowing bubbles; all connected with free style and backstroke. This level is recommended for children that are confident in the water but never had lessons, or children that have taken and passed Nemos level.

Dolphins: Students who successfully complete this level will be comfortable swimming in deep water, be proficient in front crawl, back crawl, breast stroke. They will be able to swim 50 yards with each of the strokes. This group is for children that are confident in the water and know the basic swimming skills of free style and backstroke. At this level, the arm position, leg exercises, breathing, turns, treading water and diving will be practiced. Butterfly will be introduced in this class. The focus of this group is for children that already know basic skills of freestyle and backstroke or for children that passed the Sea Turtles level.

Sharks: The goal for sharks is to make the students comfortable swimming and practicing in deep water, make major improvements to rotary breathing with front crawl, demonstrate some proficiency in the other strokes being introduced and begin to develop endurance by increasing distances they can swim. At this class the swimmers will improve the quality of their movement in the backstroke, freestyle, breaststroke and butterfly. The correct diving position will also be an important skill learned in the class. This class is recommended for children that successfully finished Dolphins level or children with previous swimming experience.

Swim Lesson Schedule

Each session runs Monday – Thursday, offering 8 lessons over 2 weeks.

***Exception:** Session 2 will run Tuesday – Friday the week of Fourth of July.

Summerbrooke Pool - Morning Swim Lessons for Children (Private / Semi-private)

Session	Date	Groups: Nemos/Sea Turtles	Groups: Nemos/Sea Turtles
1	June 20 th – June 30 th	8:30am – 9:00am	9:00am – 9:30am
2	*July 5 th – July 14 th	8:30am – 9:00am	9:00am – 9:30am
3	July 18 th – July 28 th	8:30am – 9:00am	9:00am – 9:30am
4	August 1 st – August 11 th	8:30am – 9:00am	9:00am – 9:30am

Southern Walk Pool - Morning Swim Lessons for Children (Private / Semi-private)

Session	Date	Groups: Dolphins/Sharks	Groups: Dolphin/Sharks
1	June 20 th – June 30 th	9:40am – 10:10am	10:10am – 10:40am
2	*July 5 th – July 14 th	9:40am – 10:10am	10:10am – 10:40am
3	July 18 th – July 28 th	9:40am – 10:10am	10:10am – 10:40am
4	August 1 st – August 11 th	9:40am – 10:10am	10:10am – 10:40am

Summerbrooke Pool - Evening Swim Lessons for Children (Private / Semi-private)

Session	Date	Groups: Nemos/Sea Turtles/Dolphins	Groups: Sea turtles/Dolphins/Sharks
1	June 20 th – June 30 th	8:00pm – 8:30pm	8:30pm – 9:00pm
2	*July 5 th – July 14 th	8:00pm – 8:30pm	8:30pm – 9:00pm
3	July 18 th – July 28 th	8:00pm – 8:30pm	8:30pm – 9:00pm
4	August 1 st – August 11 th	8:00pm – 8:30pm	8:30pm – 9:00pm

Southern Walk Pool - Evening Swim Lessons for Adults (Group / Individual)

Session	Date	Group: Adults
1	June 20 th – June 30 th	9:00pm – 9:30pm
2	*July 5 ^h – July 14 th	9:00pm – 9:30pm
3	July 18 th – July 28 th	9:00pm – 9:30pm
4	August 1 st – August 11 th	9:00pm – 9:30pm



Fourteen Year Old Dominating Shotokan Karate Champion

Consuelo Divina "Coco" Gonzales Vigilar, a first kyu/rank brown belt, is a vital member of the five times champion, youth Kata Team that won the coveted gold for East Coast Region at the National Championships in Sioux Falls, South Dakota last November. She also secured gold, silver and bronze medals at Individual Kumite /Sparring and Kata/Form events for ages 14-15.



Coco Gonzales Vigilar

Vigilar competed at eight statewide Shotokan Karate Tournaments sanctioned by the US/International Shotokan Karate Federation. Her karate endeavor from 2008-2010 reaped a total of 22 medals (9-gold; 11-silver; 2-bronze.)

In February, Vigilar proved her karate proficiency when she earned her Sho Dan (First Degree Black Belt) at the examination in Newport News. Vigilar tenaciously trains under Majal Florence Colon-Cammack, Chief Instructor of St. Michael Shotokan Karate in Ashburn.

Vigilar, a freshman at Briar Woods High School is the youngest daughter of Greg Vigilar, Jr. and Maria Carmen Gonzales-Vigilar.

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Falls Church, VA 22046
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Herndon, VA 20170
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Broadlands "Boys Night Out" Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on **Sunday Nights** for a Men's Doubles Ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 with the next 4 highest, and so on.

When: Every Sunday night at 7:00p.m. rounds ongoing through September 2011.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com

Broadlands Tennis Website: www.BroadlandsTennis.org



Broadlands Tennis Ladies Night Out

Ladies with NTRP ranking of 3.0 and above only.



Come out and play doubles tennis at the Nature Center tennis courts every **Monday night** from 7:00p.m. until 9:00p.m. until the weather is too cold.

Fee: Free for residents
\$5.00 for non-residents
Please bring a can of balls

Email: uncrdh95@gmail.com to reserve your space or to be a substitute player.

Broadlands Tennis Programs

Enrollment Now Open!

Visit www.broadlandstennis.org for details and registration forms for all programs. Contact **Luis Rosado** if you have any questions at (301) 221-7917 or email broadlandstennis@yahoo.com.

Junior Tennis & Sports Camp Registration is OPEN

JUNIOR CAMP (ages 5-16)
Mon - Thu, 9am-1pm (4 days)
Broadlands Residents/Non Residents
\$170 / \$185 per week
10 WEEKS: June 20-August 25

Clinics - 8 Week Sessions

JUNIOR CLINIC (ages 4-5)

Tue - Fri, 4:30p.m. - 5:00p.m.
(½ of the price stated below)

JUNIOR CLINIC (ages 6-16)

Tue - Fri, 5:00p.m. - 6:00p.m. & 6:00p.m. - 7:00p.m.
Sat & Sun, 10:00a.m. - 11:00a.m.

ADULT CLINIC - All levels

Sat & Sun 9:00a.m. - 10:00a.m.
Tue - Th, 7:00p.m. - 8:00p.m.

Broadlands Residents/Non-Residents

(As low as \$13.00 per class)
\$120/\$135 per session (8 weeks)
1 class a week
\$224 / \$254 per session (8 weeks)
2 classes a week
\$312 / \$357 per session (8 weeks)
3 classes a week

Clinics Drop In Fee:

\$20 members; \$22 non-members

Weekday Morning Clinics

Mon, Wed, Fri, 9:00a.m. - 10:30a.m.
\$20 residents; \$22 non-residents / per class

Weekly Junior Tournaments

11 years and over - every Sunday 11a.m.-1p.m.
\$15.00 per tournament

Private Lesson Prices Per Hour Lesson: Resident/Non-Resident

1 player:
\$60/\$65
2 players:
\$35/\$38 each
3 or 4 players:
\$25/\$27 each
5 or + players:
\$20/\$22 each



Why Do Some of Us Gain Weight Around the Middle and Others Not?

By: Josh Champney, Owner of Fitness Together in Ashburn

Where you tend to store body fat is related primarily to your genetic disposition. If you have an excessive amount of body fat, and heredity dictates storage around the middle, then unfortunately you will gain fat in the abdominal area. That said, many women notice abdominal weight gain when they go through menopause. This is because hormonal shifts can change the way the body breaks down and stores fat—hence a redistribution of body fat and the tendency for it to accumulate in the belly as women grow older. This tendency is particularly unhealthy, as excessive abdominal fat, especially the deep abdominal fat—called visceral fat—increases the risk for cardiovascular disease, diabetes, and certain cancers.

What really works to get rid of stubborn belly fat?

The good news in the battle of belly bulge is that there are three scientifically proven lifestyle changes you CAN make that when combined together are the best way to attack that fat around the middle and flatten your belly.



Three Tips for a Flat Stomach:

- 1. Eat a nutritious, calorie-controlled diet.** Excess body fat, whether it's in the stomach or the thighs, is the result of routinely consuming more calories than you expend. Now is the time to change those unhealthy eating habits. Eat lots of fruits and vegetables, whole grains, lean protein, and good fats. Eat breakfast, don't skip meals, drink lots of calorie-free liquid, and eat small, frequent, lighter meals at home. Watch your portion sizes and calculate your daily calorie intake to ensure you're eating the right amount to lose body fat at a safe rate.
- 2. Daily cardio exercise.** Calorie-burning cardio exercise is one of the best ways to target stubborn belly fat. This is because stomach fat is more metabolically active and when you exercise, you target that area for fuel. What's more, when you burn those calories up, you reduce your percentage of body fat, thereby shrinking those belly fat cells. This will allow you to see those abdominal muscles you've worked so hard in the gym to define.
- 3. Strength training.** While you can't "spot reduce" belly fat, you CAN strengthen and tone the abdominal muscles. That way, once you lose that extra fat around the tummy, you'll be able to clearly see that toned flat stomach. Keep in mind that a single abdominal exercise won't make a flabby stomach into washboard abs! Plus, there are certain abdominal exercises that are much more effective in strengthening and tightening the middle than others. Your flat tummy workout should incorporate exercises that target both the deeper and the lower abdominal muscles. For example, the rectus abdominus muscle is the most common target of abdominal exercises such as crunches. This is a postural muscle; it's also a paired muscle that runs vertically and has distinct segments on each side. The rectus is responsible for the "six-pack" visible in toned athletes. Another important "core" muscle is the transverse abdominus, buried deep beneath the rectus. This muscle, though often neglected, also helps flatten the stomach. It runs horizontally and acts like a girdle, strengthening the core and decreasing risk of back injury.



**SPARTAN RACE MID-ATLANTIC
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June 18th Pev's Paintball Aldie, VA**

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Join the Spartan team! Many exciting
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Want free entry to the race? Hurry, because
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ambassador Tammy Wells at tammy@jwells.us or fill out the volunteer survey www.spartanrace.com

Register online using coupon code TAM and
receive \$10.00 off fee.

Library Corner Continued from page 24

Babygarten Storytime (0-18 months)

Mondays, 10:00 AM
Wednesdays, 10:00 AM
Saturdays, 11:00 AM

Toddler Storytimes (18-24 months)

Tuesdays & Thursdays, 10:00 AM

Terrific 2s

Tuesdays & Thursdays, 10:45 AM

Preschool Storytime (3s-5s)

Tuesdays & Thursdays, 11:30 AM

Family Rhythm, Rhyme & Storytime (2 & up with a caregiver)

Wednesdays, 1:30 PM & 7:00 PM
Saturdays, 10:00 AM

CHILDRENS PROGRAMS

Teen Reading Buddies Storytime

Mondays, 4:30 PM (June 6 - Aug. 29)

Encourage your child's love of books by pairing them with a
teen reading buddy for one-on-one reading time.
For ages 3-6.

Musical Storytime (Registration Required)

Friday, June 17, 10:00 AM

Friday, July 15, 10:00 AM

Friday, August 19, 10:00 AM

Sing, chant, play instruments and move creatively as we
explore the sounds, rhythms and patterns that make up our
language.

For ages 0-4 with a parent or caregiver.

Library Corner Continued on page 38

**Be a Part of the North Face Endurance
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year! Endurance comes
in all distances, find
yours: GORE-TEX 50
mile, 50K, marathon, half
marathon, marathon relay
(2-4 participants), 10K, 5K
and children's run.



This race will take place in Algonkian Park, Great Falls
Park and The Potomac Heritage Trail on June 4th and
5th. Learn more by going to www2.thenorthface.com/endurancechallenge/.

Volunteers are needed to make this exciting event a
success. Positions include registration, packet pick
up, race course marshals, parking lot volunteers,
shuttle drivers, festival operations crew and many
more. Have a teen in need of community service
time? This would be a perfect opportunity. Volunteer
benefits include a The North Face crew shirt, a
GORE-TEX water bottle, lunch on race day, the huge
satisfaction of helping athletes achieve their goals and
a really fun time! For more information, please contact
Angela Rabena, Volunteer Coordinator at arabena@comcast.net or call (703) 861-2559.

Discounts on race entry are available until May 8th.

**Broadlands Kids Triathlon
Friday, July 8th at 9:00a.m.**

This is the 3rd year for the Broadlands Kids Triathlon.
It is an untimed triathlon for children of all ages
sponsored by the Broadlands Piranhas ODSL Swim
Team. Proceeds from the event are donated to the
Multiple Sclerosis Society National Capital Chapter.
Last year this event raised \$3,000!

Kids will swim in the Southern Walk pool, bike
along the paths & streets in Southern Walk and
then run on the Mill Run track. More information
will be available on the swim team website www.broadlandsswimteam.org.

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BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course**
- (C) CPR**
- (R) Rescue Breathing**
- (F) First Aid**

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa.com.

Junior Girl Scouts Help Keep Broadlands Beautiful!



Junior Girl Scout Troop 3654 collected trash from the common area on Vestals Gap between Chickacoan Trail Drive and Midsummer Way. They also walked down the Stream Valley trail and picked up trash. Thanks for all of your hard work ladies!

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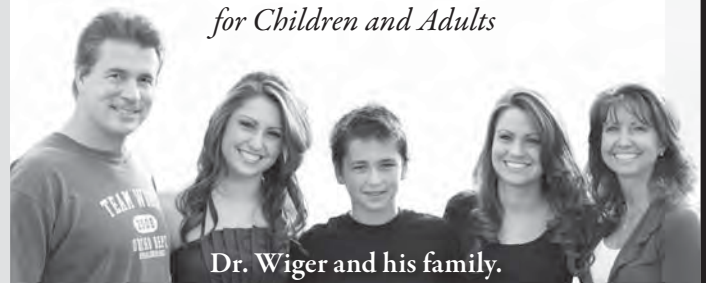
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USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

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Ashburn Fire	(703) 729-0006
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212

LOUDOUN COUNTY PUBLIC SCHOOL

Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

PUBLIC OFFICIALS COUNTY SUPER.

Stevens Miller	(703) 777-0204
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SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(571) 233-4610
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VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
Thomas A. Griesen (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

U.S. HOUSE OF REP. 10th DISTRICT

Frank Wolf	(703) 709-5800
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U.S. SENATE

Jim Webb	(202) 224-4024
Mark Warner	(202) 224-2023

VIRGINIA STATE GOVERNOR

Bob McDonnell	(804) 786-2211
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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlands-hoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN CLASSICS

The next meeting will be at the Mills Recreation Center on June 11. A short business meeting will start at 10:30a.m. Following the meeting, there will be a Father's Day program. Please arrive by 10:15a.m. so the meeting can start promptly at 10:30a.m. For more information please call 703-729-3531 or 703-729-6591.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoast-host.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

Come join us for the new study by Randy Alcorn, Heaven. We meet Tuesday mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

FEDERAL GOVERNMENT EMPLOYEES - ACTIVE/WORKING AND RETIRED

National Active & Retired Federal Employees Association(NARFE) will host day & evening seminars at Loudoun libraries in the months ahead for active/working government employees and retirees. Did you know changes are in the wind which could affect your benefits? Email: vicky.narfemembership@verizon.net for dates and to learn more.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K-12th grade. For more info, contact Tania Marceau at trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

TECHNOLOGY COMMITTEE

We meet the second Wednesday each month at 7:30 p.m. in the Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare is a special seminar/support group for people grieving the death of someone close. We meet on Monday evenings, 7:00-9:00pm at Our Savior's Way Lutheran Church. Call Beth Anton at 703-470-8821 with any questions or visit www.griefshare.org.

Open Doors Special Needs Storytime (Registration Required)

Saturday, June 18, 1:00 PM

Saturday, July 16, 1:00 PM

Saturday, August 20, 1:00 PM

This sensory storytime is for children on the autism spectrum. Families will explore stories through a variety of sensory experiences while sharing a warm, supportive environment. For ages 3-5 with a parent or caregiver.

Summer Reading Kick-Off: Tales from the Web

Monday, June 20 - Register for the Summer Reading Program and stay for one of the following activities.

10:00 am - 12:00 pm: Make-It-Take-It Spider Craft

For ages 3 & up with a parent or caregiver.

1:30 pm, 2:15 pm & 3:00 pm: Spider Storytimes

For ages 3 -6.

The Many Voices and Many Stories of Peace Corps Volunteers - Celebrating the 50th. Anniversary of the Peace Corps

Thursday, June 23, 7:00 PM - Learn about life in Ukraine with Kate Rohrbaugh. Kate will share her experiences as a Peace Corps Volunteer through a slide presentation. Then she will teach a few Ukrainian words, a folk song, and lead us in some hands-on Ukrainian experiences. Families are encouraged to ask questions!

For ages 6 & up.

Shark Tales (Registration Required)

Friday, June 24, 1:00 PM - Listen to a Hawaiian folk tale and make a shark tooth necklace.

For ages 5-7.

Meet and Greet with Smartie and Birdie

Friday, June 24, 2:30 PM - Meet the library mascots Smartie and Birdie, then stay for a movie.

For all ages.

Summer Movie Matinee

Fridays, June 24 - August 12, 3:00 pm

June 24: *The Legend of the Guardians: Owls of Ga'Hoole*, Rated PG, 97 minutes

July 1: *Charlotte's Web* (2006), Rated G, 113 minutes

July 8: *Megamind*, Rated PG, 96 minutes

July 15: *Toy Story-3*, Rated G, 86 minutes

July 22: *Nanny McPhee Returns*, Rated PG, 109 minutes

July 29: *Tangled*, Rated PG, 100 minutes

August 5: *Beverly Hills Chihuahua-2*, Rated G, 84 minutes

August 12: *Finding Nemo*, Rated G, 100 minutes

Tall Tales (Registration Required)

Thursday, June 30, 7:00 PM - Learn what makes a tale a "tall" tale and create a new tall tale character.

For ages 8-11.

TEENS ages 12-18

This list of events is for **all teens of Loudoun County** that will be taking place at the **Rust Library**.

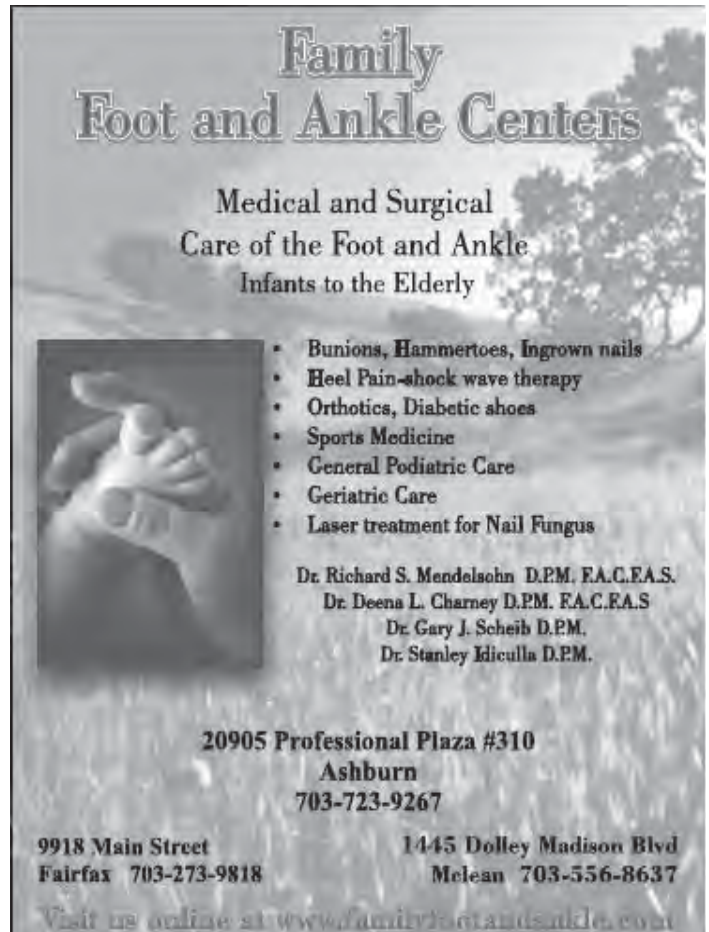
Teen Summer Reading Kick-Off

Live Music: Disengage, Hard Rock, Metal Band

Monday, June 20, 7:00 pm – A. V. Symington Teen Center at Rust Library - Disengage, formerly Excess, the hard rock, metal band took first place in the 2010 Loudoun Youth Battle of the Bands!

Manga Poster Contest

Monday, June 20 – Saturday, July 16 - Create a poster with the theme: "Libraries Change Lives." Your poster must be created on 8 1/2" x 11" paper. **Submit your design by 2:00 PM during the AnimeCon at Rust Library on July 16**



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ADVERTISING DIRECTORY

AUTO REPAIR

Ashburn Service and Tire Center..... 12

DENTAL / ORTHODONTIA

Apt Orthodontics 43
 Ashburn Pediatric Dental Center 38
 bloo dental 2
 Dackowski, T. Wesley, DDS 36
 Dr. Ann N. Hebda 34
 Ronald Ray DDS & Associates..... 36
 Wiger Orthodontics 34

EDUCATION / INSTRUCTION

Golden Pond..... 43
 Heritage Baptist Church..... 4
 Leading Edge Testing..... 32
 School of Rock 32

FINANCIAL

Apple Federal Credit Union 16

FOOD

Clyde's..... 22

HEALTH

Ashburn Eye Care Associates 36
 Family Foot & Ankle Center 38
 Homewell Senior Care 32

HOME SERVICES

Cascade Services..... 12
 Climatic Heating and Cooling, Inc..... 12
 Dominion Powerwash 14
 Elite Pressure Cleaning 10
 Irrigation & Lighting Services 4
 John Nugent and Sons 8
 Kris's Painting Service, Inc. 8
 Lawn Doctor 44
 Mr. Windows 4
 New Five Star Concrete..... 14
 Oakmark Construction 11
 P&M General Contracting..... 12
 Sunrise Landscape & Design 20
 Tart Lumber 14
 Zampiello Paint Contractors, Inc..... 14

PETS

Ashburn Farm Animal Hospital 2
 Ashburn Village Animal Hospital..... 18
 Stream Valley Veterinary Hospital 43
 Whole Pet 2

PROFESSIONAL SERVICES

Lori Christ, CPA..... 9

REAL ESTATE

Bonnie Selker, Keller Williams 44
 Joe Kurnos, RE/MAX..... 44

RECREATION

Ashburn Academy of Ballet 32
 Ashburn Ice House 28
 DivaFit 28
 Phoenix Taekwondo 28

RETAIL

Broadlands Marketplace 22

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72*
 1/4 pg (3.625" W X 4.875" H) \$160 /\$135*
 1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209*
 1/2 pg (7.5" W X 4.875" H) \$425 /\$404*
 Full pg (8.5" W X 11" H) \$1050 /N/A

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$239*
 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239*
 1/2 pg (8" W X 4.875" H) \$475/ \$453*
 Full pg (8" W X 8"H) \$1050/ N/A

Add 10% to base price above for preferred placement

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

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 21907 Claiborne Parkway
 Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

JUNE CLASSIFIED ADS

BEAUTY SERVICES

MASTER HAIRSTYLIST/COLORIST: Love going to high-end salons, but hate the hassle and prices? Will come to you. Experienced/licensed. Great for stay at home moms, families or groups of friends. Contact Luz at 703-431-4437 or email inurhairbyluz@yahoo.com.

ROYAL BARBER SHOP: Come in for our Customer Appreciation Promotion. Monday – Friday between 9:30am and 3:00pm and receive a \$12 Men's haircut. Includes hot towel service. 42882 Truro Parish Dr, Broadlands (703) 858-9008. Monday – Friday 9:30am–7:00pm, Sat. 9:00am–6:00pm, Sun. 10:00am–5:00pm.

EARLY EDUCATION/DAY CARE/ SUMMER PROGRAMS

LITTLE BEAR PRESCHOOL: is now accepting applications for Fall 2011.

We offer a program for children 18 mo to 4 years old. Tuesdays and Wednesdays 9 am to 11:30 am. Children will be introduced to the alphabet, numbers, colors and shapes, Circle time, music time and a daily lesson. Outdoor play. For more information, please email: Nancy Shepley at nancyshep@hotmail.com.

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands has limited openings in its 2 ½ year old class. The class meets on Tuesdays and Thursdays from 8:30 – 11:00a.m. For more information or to schedule a tour, please contact Judi Ratcliffe at (703)858-7966 or gminds@verizon.net.

SUMMER READING ENRICHMENT:

Two certified teachers, one holds Masters in Education offering a 1-day a week literacy program held: Wed for ages 3-4 from 9-12pm & for ages, 5-6 from 12:30-3:30pm. Curriculum focuses letter & sight word recognition, reading comprehension & enhances critical thinking skills to establish a basic reading foundation. Lessons are specific to age level & individual student needs. (VA State license) Contact Jenny: 571-333-3395 or jenny_vanhorn@yahoo.com.

2011-2012 MOMS MORNING OUT

PROGRAM: Two certified teachers; one holds Masters Degree in Education. Classes held Mon & Wed from 9:15-12:15. Ages 2 & 3. Offering a fun, safe & stimulating environment with theme related activities & crafts. Each child will create their own scrapbook including, ABC's counting & art work. (Holds VA State License to facilitate program) Please contact Jenny at 571-333-3395 or jenny_vanhorn@yahoo.com.

LITTLE SPROUTS PRESCHOOL: Sign up now for Summer Fun! Next year we will be offering 3 year old preschool on Tues/Thurs and Mom's Morning Out on Mon/Wed/Fridays. Children 18 months – 5 years, potty training NOT required! Check out our website or call for a tour, Karlene 408-750-7349. Website <http://LittleSproutsPreschool.clubspaces.com>.

ENTERTAINMENT/PARTY

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HIGH SCHOOL MATH TEACHER: Specializing in Geometry, able to do K-Algebra II, SAT, and ACT. Tutor at Ashburn Library. Flexible Hours. Call Tally at 703-727-6270 or email dimplenwink@hotmail.com.

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MARKETPLACE

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Broadlands Committees and Events

June Activities

<u>Date</u>	<u>Activity</u>
1st	3:45p.m. Nature Aquatic Program(NC) 7:00p.m. Modifications Subcommittee Meeting(NC)
8th	3:45p.m. Nature Aquatic Program(NC) 7:30p.m. Tech Committee Meeting(NC)
9th	6:00p.m. Southern Walk Hearing Committee(NC)
10th	10:00a.m. Broadlands Mom's Club(CC) 5:30p.m. Broadlands Live! at Hillside Park
11th	Nature Center Open 10:00a.m. - 2:00p.m. 10:30a.m. Reptiles Family Program(NC)
14th	6:00p.m. Board of Directors Meeting(NC)
15th	3:45p.m. Nature Aquatic Program(NC) 7:00p.m. Modifications Subcommittee Meeting(NC) 7:30p.m. Broadlands Mom's Club(CC)
16th	8:00p.m. Investment Club(CC)
18th	Nature Center Open 10:00a.m. - 2:00p.m. 8:30p.m. Flicks in the Sticks(NC)
20th	9:00a.m. Creature Feature Summer Camp(NC) 1:00p.m. Animal Safari Summer Camp(NC)
21st	9:00a.m. Creature Feature Summer Camp(NC) 1:00p.m. Animal Safari Summer Camp(NC)
22nd	9:00a.m. Creature Feature Summer Camp(NC) 1:00p.m. Animal Safari Summer Camp(NC) 7:30p.m. Book Club(NC)
23rd	9:00a.m. Creature Feature Summer Camp(NC) 1:00p.m. Animal Safari Summer Camp(NC)
24th	9:00a.m. Creature Feature Summer Camp(NC) 1:00p.m. Animal Safari Summer Camp(NC)
25th	Nature Center Open 10:00a.m. - 2:00p.m.
27th	9:00a.m. Nature By Design Summer Camp(NC) 1:00p.m. Nature's Storybooks Summer Camp(NC)
28th	9:00a.m. Nature By Design Summer Camp(NC) 1:00p.m. Nature's Storybooks Summer Camp(NC)
29th	9:00a.m. Nature By Design Summer Camp(NC) 1:00p.m. Nature's Storybooks Summer Camp(NC)
30th	9:00a.m. Nature By Design Summer Camp(NC) 1:00p.m. Nature's Storybooks Summer Camp(NC)



Committees

Broadlands Live! Summer Concert Committee

Chair: Open.

Community Events Committee

Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.

Neighborhood Watch Committee

Chair: Open

Recreation Committee

Chair: Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

Swim Team

Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)

Will meet the 2nd Wednesday of each month at 7:30 pm in the Nature Center. Open to all residents.

Chair: Dawne Holz, dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org





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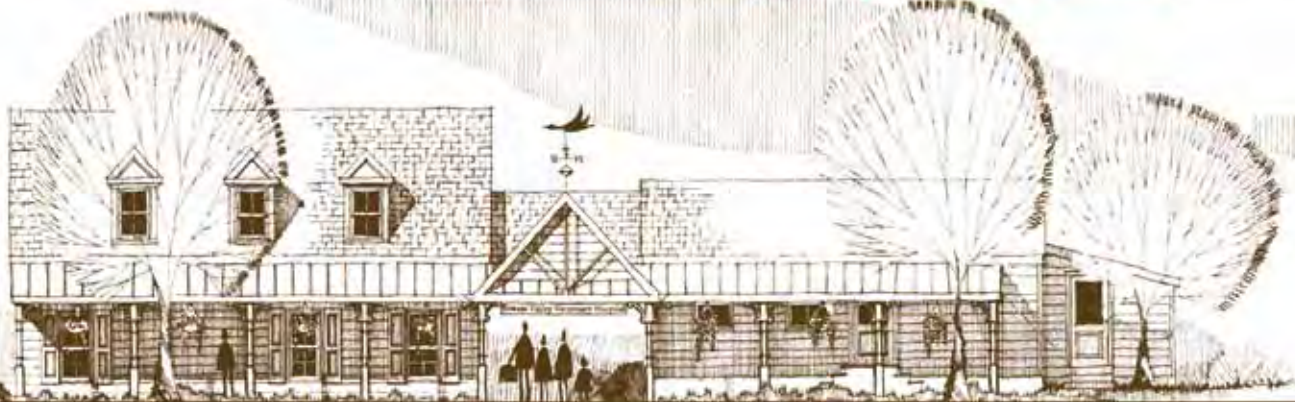


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