# **BROADLANDS** Community News

**July 2009** 

# Broadlands the Beautiful... Wishing Everyone a Safe and Fun Independence Day

- The HOA offices will be closed on Friday, July 3rd in observance of Independence Day
- Join the festivities at the Broadlands Children's Carnival...page 5
- Patriot Disposal, important reminders...page 7
- Local Fourth of July celebrations...page 20
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National Wildlife Federation Certified Community Wildlife Habitat PhotoCourtesy of Maureen Burns

# Water You Thinking?

Thinking of installing a permanent underground sprinkler system this year? Make sure you use a contractor that's Loudoun Water Preferred. That way, you can be sure your system is well designed, it protects your water supply from backflow, it saves water, and saves you money.





# Two Emergency Locations

WE ARE HERE ... AND HERE.

Inova Loudoun Hospital offers two Emergency Room locations with expertise to handle any medical emergency — minor to lifethreatening. When minutes make a difference, you can find comfort in knowing that our highly skilled, certified and specially trained emergency team is here standing by 24 hours a day, 7 days a week.

With our unwavering commitment to safety and excellent patient care, shorter wait times" and one of only two dedicated pediatric emergency departments in Northern Virginia — Inova Loudoun's ER is here when it matters most.

For more information about our adult and pediatric emergency services, visit inova.org/ilhemergency.



\*According to data for national average of expected emergency more wait times, lasers Health System is a non-for-profit healthcare system.







# **Board of Directors**

**Cliff Keirce** - President & Resident Member (703) 729-7320, shevcoo@yahoo.com

Brian Beahm - Vice President and Resident Member

(703) 726-6360, beahmer@glassmile.net

**Staci Kapinos -** Secretary & Resident Member (703) 728-5849, ssdkapinos@yahoo.com

**Denise Harrover -** Treasurer - Van Metre, (703) 425-2600, dharrover@vanmetrecompanies.com

**Eric Bazerghi -** Resident Member (703) 723-1046, eric@thehouse.net

**Roy Barnett -** Member at Large Van Metre, (703) 425-2600, rbarnett@vanmetrecompanies.com

**Tom Marable -** Member at Large - Van Metre, (703) 723-2800, tmarable@vanmetrecompanies.com

Mark McIntosh - Member at Large - Van Metre, (703) 425-2600, mmcintosh@vanmetrecompanies.com

# HOA Office and Website

21907 Claiborne Parkway Broadlands, VA. 20148 (703) 729-9704 Fax: (703) 729-9733 Open Monday - Friday 9:00am - 5:00pm www.broadlandshoa.org



Assessment Information Office: Direct Phone: (703) 679-1541 FAX: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to: Armstrong Management Services P.O. Box 7778 Philadelphia, PA 19101-7778



# <u>Southern Walk Board of Directors</u> (Open Band Contract Administration Only)

**Denise Harrover -** President - Van Metre, (703) 425-2600, dharrover@vanmetrecompanies.com

**Ken Corson -** Vice President (703) 842-4872, knkcorson@smartneighborhood.net

Vacant - Secretary

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**Tom Wade -** Financial Agent Armstrong Mgmt Svcs, (703) 385-1133, twade@armstrong.net

**Jim Brabham -** OpenBand President (866) 673-6226 or (703) 961-1110 OpenBand Customer Service

# HOA Management

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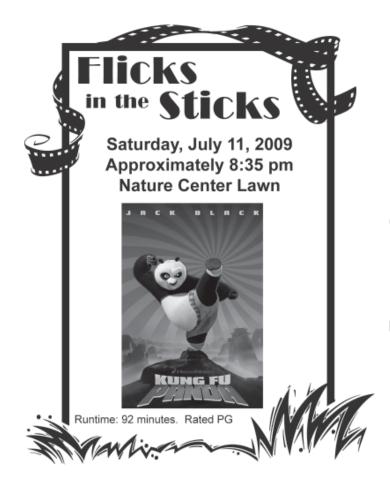
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# Bring your cooler, lawn chairs, picnic blankets — and the kids for an evening of family entertainment under the stars!

And a chance to take home a DVD of the movie!\*

Come see this great family film on our new outdoor movie screen. Grab a bag of popcorn and a drink (provided) and stake out your spot on the grass. Movies will begin shortly after sundown as soon as it's dark. Time listed is approximate. Come early to get a good spot.

Reservations not required. In the event of inclement weather, this event is canceled. Check website for updates.



\*One lucky person will take home the DVD of the movie in a random drawing from all attendees. Must be present at time of drawing to win. Drawing will be held after the movie.

You Are Invited to Attend the Broadlands Children's Carnival at the Broadlands Nature Center on Sunday July, 26th 11:00a.m. - 1:00p.m.

> Featuring: The Great Zucchini (www.thegreatzucchini.com)

& Twisted Air Balloons Moon Bounce *(provided by Ashburn Rentals)* Games, Prizes, Ice Cream and Fun Volunteers, needed please contact Arlee Harris at *arlee\_harris@hotmail.com* 

# FIRST ANNUAL "DC'S WINE COUNTRY FOOD AND WINE FESTIVAL" AT HISTORIC WHITEHALL MANOR

The Virginia Food and Wine Foundation announces the first annual "DC's Wine Country Food and Wine Festival" at historic Whitehall Manor in Bluemont, VA on the evenings of July 10<sup>th</sup> through July 12<sup>th</sup> 2009.

Historic Whitehall Manor is the setting for this summer weekend-long event and provides an elegant and picturesque location to showcase some of Virginia's finest wines. Whitehall Farm is located in Virginia on the foothills of the majestic Blue Ridge Mountains in the small town of Bluemont, originally known as Snickersville, located 20 minutes from Middleburg, Leesburg and Winchester and less than an hour from Washington DC and suburban Maryland.

The first annual "DC's Wine Country Food and Wine Festival" will showcase 20 different Virginia wineries and will feature locally grown varietals hand selected by the wine makers. In addition to great wines, food options created by native Virginian chefs will include a buffet dinner in the Manor house as well as several picnic box cuisine options. The cuisine will feature traditional and regional summer favorites such as Virginia chopped beef barbeque, tomato and cucumber salad, marinated grilled chicken, Napa cabbage slaw, chilled sliced steak and key lime pie. David Weinschel, one of the founders of the foundation, states that "People are coming from the entire mid-Atlantic to experience the flavors, tastes and ambiance of this emerging Food & Wine region. The Virginia Food & Wine Foundation is very proud to be able to showcase the outstanding culinary and winemaking talents that deserve incredible notoriety."

A variety of unique demonstrations will be presented throughout the weekend to guests perusing the festival grounds. Mini wine seminars from well known, local Sommelier and wine expert, Mary Watson will occur every 30 minutes and will enhance the tasting experience for wine enthusiasts of all levels. The fine art of chocolate making will showcase an educational way to enjoy and learn about the process of creating this timeless delicacy. Local artisan glass blowers will be on site producing incredible glassware and other works of art including custom designed wine glasses and decanters. Live music will embellish the evening for those who wish to just sit back and relax with a glass of wine and discover the ambiance found at this grand property under the summer stars.

Attendance is limited each evening so that guests can enjoy a unique wine tasting experience and tickets are only available for purchase in advance online. To find out all of the pertinent details and to purchase your admission tickets and preferred dining options, please visit our website at <u>http://</u><u>www.vafoodandwine.org</u>. Roundtrip transportation is available from three different locations close to DC, which are posted on the website along with pricing and pick up/drop off information. Public parking is also available on the festival grounds. **Continued on page 8** 

# **BROADLANDS LIVE! KICKS OFF SEASON SIX**

High Octane and the Texas Chainsaw Horns entertained, while the kids played and residents enjoyed good times with friends and neighbors.

Coming July 10th, Jah Works and Island Gerry will be celebrating summer with an island beat. Wear your most outrageous Parrothead get-up...you might just win a prize! We'll have intermission entertainment to get you off your seat and movin'.

Broadlands Live! continues August 14th, and September 11th from 5:30 p.m. to 9:30 p.m. Food, dessert and beverages from Domino's Pizza, Bluz Brothers BBQ, and Aloha Tropical will be offered for your convenience. The Ice Angels will offer kid's novelty items for purchase at the shows.

This event is BYOB, and if you choose to consume alcohol, be sure to stay in the designated area and please bring your ID for ABC purposes.

Broadlands Live! is very proud to be a part of the effort to recycle at each event. Please seek out the Habitat Committee's recycling receptacles when disposing of your recyclable trash.

Watch for information in the newsletter, visit the Broadlands Live! website at Broadlandslive.com or call the Broadlands Live! hotline 571-333-4FUN for more info or to volunteer and be a part of this incredible series.

Broadlands Live! is proudly sponsored by Inova Loudoun Hospital, Open Band, Heritage Landscape, Wegmans, Stream Valley Veterinary Hospital, Harris Teeter, Ashburn Rentals and Broadlands Marketplace.



# Patriot Disposal Information Update

Patriot Disposal wishes to thank all the homeowners in the Broadlands Association for your assistance with the trash contractor transition in April. Most of all, we appreciate the courteousness of the requests and comments that we have received from homeowners, even when problems or concerns were being reported!

In response to the large number of requests we received for extra recycling bins, we have supplied the HOA office with a limited number of bins. Please contact the HOA office and arrange to pick one up. An additional option is to purchase a plastic bin of your choosing, mark it "recycling" and use it, along with our bin, for the collection of recyclable materials.

Patriot Disposal will collect the following items for recycling:

- Newspapers
- Mixed paper (catalogs, junk mail, window envelopes, phone books, cardboard and paperboard.)
- Glass food and beverage containers
- Aluminum/metal food and beverage containers
- Plastic (#1 through #7) food and beverage containers
- Scrap metal (foil, pie tins, pots and pans, small car parts, grills, bicycles, swings, chairs, etc.)
- Small electronics (computers, monitors, TVs, small printers, VCRs, DVD/CD players, phones)
- Used motor oil (place at the curb in a sealed, plastic container, clearly labeled)
- Car batteries

A few homeowners continue to put yard waste out for collection on Mondays in plastic bags. Loudoun County Waste Management requires that yard waste must be in paper bags or in a trash container that is marked "yard waste." <u>Yard waste in plastic bags will not be picked up</u>.

Broadlands residents are also encouraged, but not required, to include newspapers and mixed paper with the yard waste that is put out for collection. These items may be combined in the paper bags or containers of yard waste, or by setting out a separate recycling bin on Mondays that contains only newspapers and mixed paper. Pizza boxes, paperboard and cardboard are also acceptable.

Also, please note the following additional policies concerning yard waste pick up:

- Yard waste will be collected only on Mondays.
- Yard waste collection is for the purposes of picking up grass and yard debris generated as a result of usual, recurring yard and shrub maintenance.
- Trees that have fallen or have been taken down can be put out for collection, but will be considered a special pickup. Advance notice is required, and there may be an additional charge, depending on the amount of brush to be picked up.
- Brush must be cut into four-foot lengths, with limbs no larger than six inches in diameter.
- Brush must be tied in bundles no larger than two feet in diameter.
- Yard debris must be placed in separate containers, marked "yard waste" or in paper bags. Yard waste that is put out at the curb in plastic bags will not be picked up.
- Yard waste must be placed at the curbside and/or designated area by 7 a.m. for collection.
- The weight limit for yard waste is 35 pounds per bag or container.
- Please do not put out rocks or stones for collection. They can not and will not be collected.

As always, if you have any questions, please do not hesitate to call our office at 1 (703) 257-7100. Thank you!

# NO MORE LATE FEES AND DINNER ON THE HOA!

Did you forget to mail your HOA assessment? Couldn't find a stamp? Ran out of checks? With so much to do it's easy to forget to get that check in the mail in time, and you never know how long it will take the post office to get it delivered. Who needs the worries and no one needs late fees. Armstrong Management offers automatic electronic funds transfer to pay your monthly assessment. Your payment is taken out of your bank account on the same day each month and automatically applied to your Homeowners account...no worrying if your check arrived on time and NO MORE LATE FEES!

To encourage more residents to sign up for this service, we are having a drawing for a \$45 Bonefish Grill gift certificate. Sign up between June1st and August 1st and your name will be entered in the drawing. The winner will be announced in the September issue of the Broadlands Community News.

You can pick up an application at the HOA office at the Nature Center or online at <u>http://www.broadlandshoa.org</u>. Click on 'HOA Forms' in the directory and then on 'Auto Pay Application.' Good Luck!

Continued from page 6. The Virginia Food and Wine Foundation was established to elevate Virginia as a respected and recognized food and wine region by offering professional advancement through internships and scholarships to those pursuing a career in the culinary arts or winemaking in Virginia. Weinschel predicts that "as the state of Virginia continues to gain an increasingly finer reputation for food and wine, both nationally and internationally, the results will benefit everyone statewide and will further solidify Virginia as a true destination for discerning cuisine and winemaking. Over time we plan on engaging all of the food and wine regions in the state and work with them on quality programming so that the mission of this organization can be shared." Proceeds from the festival will go directly to the developmental efforts of Virginia's culinary and wine professionals as well as the education and recruitment of students and new talent in hospitality and culinary education.

# Get Connected @ ArmstrongConnect

ArmstrongConnect<sup>™</sup> is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to <u>mburns@broadlandshoa.com</u>. Please include your name and address. Your code will be sent to you via return email.

Then visit <u>www.armstrongconnect.net/register</u> and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at <u>www.armstrongconnect.net/</u><u>broadlandsassociationinc</u>

Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email <u>broadlands@armstrong.net</u>.

# Notes from Your Neighbors...... Ashburn Volunteer Fire Rescue Department

Summer's Here!! Summer time means outdoor fun, barbeques, and cooling off in the water-at the pool or the beach. Help protect your children from drowning by doing the following:

- Never leave your children alone in or near the pool, even for a moment.
- An adult who knows CPR should actively supervise children at all times.
- Practice touch supervision with children younger than 5 years. This means that the adult is within an arm's length of the child at all times.
- Teach your child to swim, but remember, it does not necessarily make them "Drown proof".
- Supervise bath time. Never leave a child alone in the bathtub or in the care of another child.
- Stay in designated areas. At public beaches, swim only in areas set aside for swimming.
- Learn CPR, even if you're diligent about child safety, accidents are still possible. Prepare for an emergency by learning cardiopulmonary resuscitation (CPR). Quick action can save a life.

Take a community CPR class @ AVFRD – check out our website for community CPR dates & sign up at <u>www.ashburnfirerescue.org.</u>

Pancake Breakfast at the Ashburn Firehouse, 20688 Ashburn Rd. First Sunday of every month, next date August 2, 8:00 a.m. until noon, Adults \$6, Ages 3-8 \$4, & seniors \$5, under 3 is free. Bring your camera; Terry the Traumasaurus will be making an appearance. Please note, there is no Pancake Breakfast in JULY – the kitchen crew will be on vacation! Join us for "Kid's Corner", every month will feature a new surprise, a visit by a special guest, a craft project, etc. As always, there is an opportunity for child and adult to tour the fire engines and ambulances that protect you every day. If you have a youth group that requires community service hours, please contact dldevito@yahoo.com.



# **Broadlands 2009 Pool Season is Underway!**

Please check below for everything you need to know about the pools. Don't forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions!

# **Pool Locations and Hours**

Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check posting at pool for any changes to hours of operation.

# Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

10:00AM - 8:00PM daily, including weekdays.

# Southern Walk Pool - 43081 Village Drive - 571-223-1331

Standard pool hours: 11:00AM – 8:00PM daily. Adult Lap Swim - Weds 5:30AM to 7:45AM

# Community Pool - 43008 Waxpool Road - 703-724-7830

Standard pool hours:12:00PM – 9:00PM daily. Adult Lap Swim – Tues & Thurs 5:30AM to 7:45AM

# Special Pool Hours

# Southern Walk Pool:

July 11, Sat – Opens 11:30AM July 18, Sat – Opens 12:00PM July 22, Wed – Closes 4:30PM July 25, Sat – Closes 5:30PM July 26, Sun – Closes 5:30PM

# **Community Pool:**

July 1, Wed – Closes 4:30PM July 8, Wed – Closes 4:30PM

# **Broadlands Pool Rules**

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS

## GENERAL RULES:

- NO glass containers or breakable objects
- NO food or drink except in designated areas
- NO profane language
- NO play equipment or wheeled vehicles, except wheel chairs and strollers
- NO pets
- NO alcohol or drugs
- NO chewing gum
- NO running, pushing, dunking, wrestling or rough play
- NO general swimming in diving area
- NO diving in shallow area
- NO tape players, CD players or radios unless waterproof and used with personal headphones
- NO flotation devices except water wings, U.S.C.G approved life vests and U.S.C.G. approved swimwear flotation devices
- NO DISPOSABLE DIAPERS, children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children 10 years or younger MUST BE accompanied and supervised by an adult or care provider at least 14 years old
- Parents are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules

Members using the pools do so at their own risk. No Lifeguards are on duty at the wading pools. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website at http://broadlandshoa.org/node/6



# NEIGHBORHOOD WATCH CORNER: FROM THE LOUDOUN COUNTY SHERIFF'S OFFICE

With summer weather and warm temperatures outside, you may have noticed some charming, friendly persons knocking on doors in your neighborhood trying to sell home security systems. While some door-to-door salespersons are honest, the chance does exist that you may be taken advantage of if you are not cautious and informed. Sure these door-to-door salespersons appear clean-cut and honest, but are they friend or fraud?

The Loudoun County Sheriff's Office asks residents to be on the lookout for door-to-door solicitors who:

- Use tricks to get into your home – they may imply they are from your alarm company and need to test or upgrade your alarm system; however, reputable alarm companies generally do not send technicians to your home unannounced.

- Say they want to upgrade your old, outdated security system.

- Say that you need to take advantage of the offer TODAY, when a reputable alarm company will give you the time you need to carefully consider your purchase.

- Say that it is not necessary to contact your current alarm company prior to having another alarm company add to, change, or do any kind of work on your security system.

The agency is also reminding residents to check registrations and permits. You can protect yourself by checking for proper licenses, registrations, and permits. Virginia strictly regulates the private security industry. Every company selling alarm products or services is required to be licensed by the Virginia Department of Criminal Justice Services (VADCJS).

Furthermore, the license number issued is required to be prominently displayed on all materials and advertisements where the company name is shown. Additionally, those persons working for a licensed private security company are required to meet minimal training standards and be registered by VADCJS. They must also have a pictured registration card on their person whenever working. Finally, Loudoun County requires a solicitation license for those engaged in door-todoor sales, and a pictured registration card issued by the Sheriff's Office must be presented when requested. Be sure to protect yourself from fraud by asking to see proper documentation from solicitors at your door and especially from all who enter your home.









# Broadlands Association Board of Directors Meeting May 05, 2009 Board Actions

The meeting was called to order at 5:35p.m. with the following Board members in attendance:

Cliff Keirce	Roy Barnett
Denise Harrover	Mark McIntosh
Staci Kapinos	Tom Marable
Eric Bazerghi	Wes Schroeder, General Manager

Maureen Burns, Assistant Manager Four Homeowners

Eric Bazerghi moved to approve the minutes from the April 14, 2009 Board Meeting as amended and was seconded by Staci Kapinos. The motion was approved 7/0/0.

A homeowner reported an issue with Van Metre regarding charging of air conditioning units.

Staci Kapinos reported she had met with Isabel Faizi of Top Notch K-9 regarding security and the upcoming summer months. Staci also met with Doug Hadsell to consult on pool issues and discuss a consulting role. Cliff Keirce reported Broadlands residents would be continuing in their current elementary and middle schools but there had been no decision made regarding the high schools. Denise Harrover reported the Loudoun Earth Day Celebration in Broadlands had been a success with vendors and attendance was over 2,000 people. Eric Bazerghi brought up the possibility of televising the Annual Meeting and airing it after the fact on either the website or Channel 16 on OpenBand. The Board decided to consider the issue for the future after consultation with the attorney.

The final audit was presented to the Board.

Mr. Keirce reported there would be an HOA Stakeholder's Meeting regarding the proposed Loudoun County Transportation Plan at Ida Lee on May 19<sup>th</sup> at 6:00p.m. He will attend if reelected.

Roy Barnett and Mark McIntosh left the meeting at this time.

The Board reviewed the revised turnover agreement with the developer. Staci Kapinos moved to approve the revised agreement provided legal review finds no issues with the agreement. Eric Bazerghi seconded the motion. The motion passed 3/0/2 with Denise Harrover and Tom Marable abstaining.

Roy Barnett and Mark McIntosh returned to the meeting.

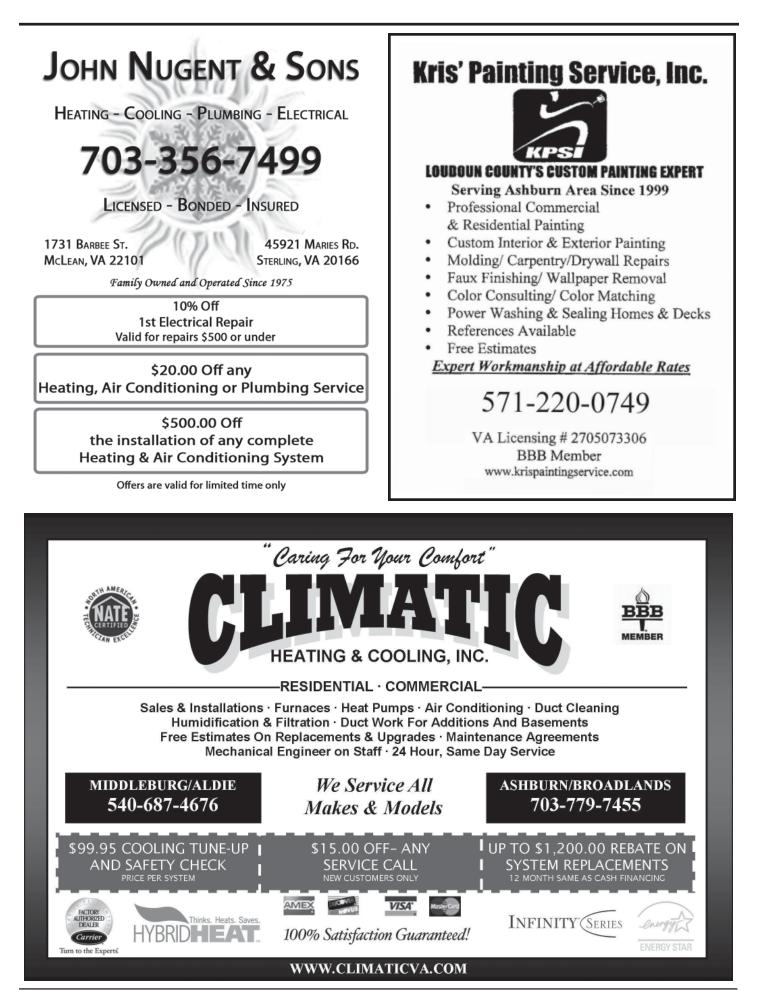
Staci Kapinos moved to go into Executive Session at 6:40p.m. to discuss collections. The motion was seconded by Eric Bazerghi. The motion passed 7/0/0.

Eric Bazerghi moved to exit Executive Session at 7:35p.m. and assert that no action was taken in Executive Session. Staci Kapinos seconded the motion. The motion passed 7/0/0.

Denise Harrover moved to have Cliff Keirce respond to the owner regarding the letter on collections. Eric Bazerghi seconded the motion. The motion passed 7/0/0.

Cliff Keirce reported that B.F. Saul is again ready to pursue installing a light at Broadlands Boulevard and Demott Drive. They will need an easement from the Association to have the light installed at the corner.

Staci Kapinos moved to adjourn the meeting and was seconded by Cliff Keirce. The motion was approved 7/0/0. The meeting adjourned at 7:00p.m. The next Board meeting is scheduled for June 9, 2009 at 5:30p.m. The Annual Meeting is scheduled for May 12, 2009 at 7:00p.m. at Mill Run Elementary School.



# **Broadlands Association Board of Directors Meetings**

Meetings are held in the conference room of the Nature Center usually on the **2nd** Tuesday of the month at 5:30pm. Residents are welcome to observe the public portion of meetings, and to address the board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to management no later than 7 days prior to the meeting.

# Help Your New Patriot Trash Can Stay at Home!

When you receive your new trash can from Patriot Disposal, you will notice a number imprinted on the side of the receptacle. This is a unique serial number. Please make note of it. In case your trash can is swept away by high winds, you will be able to identify it as yours. Additionally, residents may contact the association office with their name, address, telephone number and the serial number of their receptacle. The association office will keep a log, so if a trash can is found the owner can be identified and contacted. This is a voluntary program. Please send an email to <u>mburns@broadlandshoa.com</u> or call (703) 729-9704 to be included in this program.

Please encourage your neighbors who may not be newsletter readers to do the same.

Trash Collection Schedule
Mondays: Trash, Paper Recycling, Yard and Kitchen Waste
Thursday: Trash and Recycling (including paper recycling)

Home Owners Association Board of Directors Business Meeting Tuesday, July 14, 2009 5:30 p.m.

Modifications Subcommittee

In the Nature Center Conference Room

The Subcommittee meets at 7PM in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

# MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE

SUBMISSION DATE

July 01, 2009 July 15, 2009 August 05, 2009 August 19, 2009 June 26, 2009 July 10, 2009 July 31, 2009 August 14, 2009

Updated Design Guidelines are on the Broadlands HOA website at <u>http://www.broadlandshoa.org/info/designguides/</u> <u>designguides.htm</u>.

Submit complete applications by **Noon** on the submission date to the Secretary to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.



Your Events Committee is hosting a Casino Night for residents and guests ages 21 and over. Details to follow in upcoming newsletters and online at www.broadlandshoa.org.

# Casino Night!

Save the Date: Saturday, October 3, 2009 7:00 pm—11:00 pm









# We go the extra mile.



Whether you're moving across the country or down the street, The UPS Store can help. We have all the boxes and packaging supplies you need, plus expert advice.

We even offer custom packing, delivery and set up. Stop by The UPS Store today.

The UPS Store

Broadlands Marketplace 43300-116 Southern Walk Plaza Broadlands, VA 20148 tel. 703.729.2215 www.theUPSstorelocal.com/5742





# Nothin' But 'Net

From the Federal Trade Commission. Submitted by: Dawne Holz, HOA Technology Committee member and Consumer Education Specialist at the FTC.

While the following article is not specifically Internet or computer related, the FTC has received a large number of consumer complaints about this scam.

# How to Steer Clear of Auto Warranty Scams

The Federal Trade Commission (FTC), urges you to be skeptical of mail and phone calls warning that the warranty on your car is about to expire. The companies behind the mail and calls may give the impression they represent your car dealer or manufacturer. With phrases like "Motor Vehicle Notification," "Final Warranty Notice," or "Notice of Interruption," they are trying to make the offer seem urgent – and to get you to call a toll-free number for more information.

More than likely, these pitches are from unrelated businesses that want to sell you extended warranties – more accurately known as service contracts – that often sell for hundreds or thousands of dollars. If you respond to a call from a business pitching so-called extended warranties, you're likely to hear high-pressure sales tactics, as well as demands for personal financial information and a down payment, before you get any details about the service contract. And, if you buy a service contract, you may find that the company behind it won't be in business long enough to fulfill its commitments.

# **Protect Yourself**

So how can you steer clear of scam auto warranty offers? The FTC says:

- If you get mail or phone calls about renewing your vehicle warranty, don't take the information at face value. Your vehicle's warranty may be far from expiring or it may have expired already. If you have a question about your warranty, check your owner's manual, call the dealer who sold you the car, or contact the vehicle manufacturer.
- Be alert to fast talkers. Telemarketers pitching auto warranties often use high-pressure tactics to hide their true motive. Take your time. Most legitimate businesses will give you time and written information about an offer before asking you to commit to a purchase.
- Never give out personal financial or other sensitive information like your bank account, credit card, or Social Security numbers – even your driver's license number or Vehicle Identification Number (VIN) – unless you know who you're dealing with. Scam artists often ask for this information during an unsolicited sales pitch, and then use it to commit other frauds against you.
- Be skeptical of any unsolicited sales calls if the call is a recorded message or if your phone number is on the National Do Not Call Registry. You shouldn't get recorded sales pitches unless you have recently done business with the company or you have specifically agreed to accept such calls. And if your number is on the National Do Not Call Registry, a salesperson may call you only if you have agreed to accept calls from the company the salesperson works for, if you have

bought something from the company within the last 18 months, or if you have asked the company for information within the last three months. To report violations of the National Do Not Call Registry or to register a phone number, visit DoNotCall.gov or call 1-888-382-1222.

# Service Contracts

A service contract is a promise to perform (or pay for) certain repairs or services. Although a service contract is sometimes called an extended warranty, it is not a warranty as defined by federal law. A service contract may be arranged any time and always costs extra; a warranty comes with a new car and is included in the original price. Used cars also may come with some type of coverage. The separate and additional cost distinguishes a service contract from a warranty.

Auto service contracts may be sold by vehicle manufacturers, auto dealerships, or independent providers. If you want to buy a service contract, shop around so you understand just what you're buying. Coverage varies widely. Other tips:

- Research the company responsible for paying your claims (usually called the contract administrator or the service contract provider). Service contract sellers (also called brokers) do not decide what repairs are covered under the service contracts they sell, and they may assert that they have no further responsibility to you once you buy the service contract.
- Check on licensing and registration within your state. While many states do not regulate contract administrators, some states (including California, Florida, and New York) have strict regulations.
- Before you do business, check out the seller and the contract administrator with your state Attorney General (www.naag.org), local consumer protection agency (www.consumeraction.gov), and the Better Business Bureau (www.bbb.org) to make sure no unresolved complaints are on file. The phone numbers for these organizations are in your phone book or available through directory assistance or Internet directories.

To learn more about service contracts and questions to ask a contract administrator, see "Auto Service Contracts" at www.ftc.gov.

# File a Complaint

If you think you've been victimized by an auto warranty scam, file a complaint with the Federal Trade Commission. Although the FTC does not intervene in individual disputes, the information you provide may indicate a pattern of possible law violations requiring action by the Commission. The FTC works for the consumer to prevent fraudulent, deceptive, and unfair business practices in the marketplace and to provide information to help consumers spot, stop, and avoid them. To file a complaint or to get free information on consumer issues, visit ftc.gov or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261. The FTC enters consumer complaints into the Consumer Sentinel Network, a secure online database and investigative tool used by hundreds of civil and criminal law enforcement agencies in the U.S. and abroad.





# Audubon Naturalist at Broadlands

# Summer Nature Camp Kids Grow Better Outside!

Outdoor activities are one of the best ways to promote your child's social skills and physical health as well as



nurture their interest in science. Give your child the gift of outdoor education this summer with ANS camps. Your kids won't stop talking about their camp experience, and you will be excited about everything they learn.

Broadlands Summer Camp registration is now online!

# Broadlands Summer Camp registration is now open **To register online:**

- Go to www.audubonnaturalist.org.
- Click on Register Online and follow the prompts
- You will have the option to join ANS or renew your membership when you register online For questions about the registration process please call 301-652-9188 x16

We encourage people to use the online registration system, however, if you do not have access to the internet, we will mail or email you a registration form, or you may pick one up at the Nature Center.

# *Connections in Nature* (For children entering 1<sup>st</sup> and 2<sup>nd</sup> grade)

July 6-10, 2009: 9:00a.m. - Noon

Hawks need slugs, worms need foxes, and one action can affect the whole ecosystem. Engage all of your senses as we search out animals and plants and learn how all things in nature are connected. ANS Members: \$120, Non-Members: \$150

# *Nature in Disguise* (For children entering 3<sup>rd</sup> and 4<sup>th</sup> grade)

June 29 - July 2, 2009: 9:00a.m. to 3:00p.m. (no camp Friday, July 3rd)

Come to the Nature Center and become an eco-artist! See how creative you can be while learning about nature. Create usable art and reduce waste at the same time while incorporating concepts like camouflage, adaptation and habitats.

ANS Members: \$190, Non-Members: \$240



ochure trom the Nature Cent or download one from www.broadlandshoa.org

# The Critter Corner By Dr. Steve Velling Ashburn Village Animal Hospital

# "Vaccination Situation"

Although I devote this article specifically to pet health, I thought I would touch on the recent outbreak of the new flu virus and what lessons it can teach us. By now, nearly everyone has heard of the H1N1 influenza, or "swine flu". It was originally called that because laboratory testing showed that many of the genes in this new virus were very similar to the influenza virus that normally occurs in pigs in North America. Further studies have shown this new virus is in fact very different from what normally circulates in North American pigs.

This leads me to mention the importance of vaccinating in preventing outbreaks, including outbreaks of zoonotic diseases, or those that are transmittable from animals to people, as well as animal-specific diseases. Polio and small pox are virtually things of the past, at least in the United States, primarily due to the effective vaccinating of the human population. In a similar manner, rabies, distemper, and parvo viruses have been successfully controlled in pets because of the vaccines developed against them.

We've also seen the results in areas where vaccinating is insufficient. I spent time overseas, in Morocco, and saw firsthand what could happen. There were rabid dogs present, especially stray ones in the countryside, and the country was also dealing with a massive outbreak of African Equine Sickness. This virus has a 90% mortality to those horses exposed, with ticks and mosquitoes acting as vectors, and dogs and camels acting as intermediate and nonsymptomatic hosts. I was working with the Moroccan government to help educate the public at the time, as well as organize vaccination clinics to help immunize as many horses as we could.

A bit closer to home, I've seen many dogs and cats come to us from places where there was not enough care and little vaccinating occurring. They had anything from severe upper respiratory illnesses, to ocular ulcers, to profuse bloody diarrhea, sometimes leading to death. We're lucky here in Ashburn where so many people take such good care of their pets that the incidence of these diseases is limited.

Hopefully researchers will develop a vaccine against the H1N1 soon, but at least we are educated and aware of what to look for, and may we use this situation to remind ourselves of how to be safe and healthy, both for ourselves and our beloved pets.

Till next time,

Dr. Steve, www.ashburnanimals.com, 703-729-0700

# What Are Those Unique Long Legged, Short Tailed Birds That Hang Out Near the Walkway By Harris Teeter ?

They are part of the Ardeidae bird family and are commonly known as Great Blue Herons. These birds stand about three and a half feet, have a wingspan of almost 6 feet and have long pointed bills. Most of a heron's time is spent in a wetland habitat like our walkway area. One quarter of all birds rely on these wetland ecosystems.

Herons enjoy eating fish, salamanders, lizards, frogs, snakes, small mammals and aquatic insects. When they hunt for prey they either *stir* the water with their foot, *startle* their prey or *walk quickly* near their prey. They also use what is called a *walk-stop-walk-stop* hunting method.

Herons are unique for a few other reasons. When herons fly they hold their necks in an "S " shape with their heads held back between their shoulders. They have very strong muscles in their necks which allow them to shoot their heads forward when catching their prey.

Herons have some other unique physical adaptations. They have an unusual comb on their middle toe. This appendage is used to keep their feathers neat and clean. Herons are also one of the few birds that have powder down feathers. These feathers disintegrate easily and the powder formed is used to help keep their feathers clean.

On the domestic front, herons will roost together in groups of trees that are sometimes quite a distance away from their feeding areas. Sometimes these nest colonies are mixed in with other birds' nests such as storks and ibises. In general, herons lay 2-6 eggs and incubate the eggs for 26 days. Both parents build the nest and feed the young.

The biggest threat to these awesome birds in the early 20<sup>th</sup> century was plumage demand. Feathers were used as ornamental decorations. The plumage trade almost devastated the Ardeidae bird family. Today's threats are excessive chemicals from agriculture, floods, human stream channelization and energy and climate change. Bird populations have decreased in this type of ecosystem because of these factors, but fortunately management and conservation measures have had a positive effect.



# The Baby Formula: Pets + New Baby = a Happy Home by Shannon M. Pecora, M.A. Stream Valley Veterinary Hospital

Having your first child can be fun and scary for so many different reasons. One of those reasons, that could go either way, is introducing your new baby to pets who may have been in your household for many years already. Stereotypically, the cat may become resentful and aloof. The dog may become jealous and needy. You want your *whole* family to grow together peacefully and harmoniously, but maybe you can't be sure if your furry "child" will connect with your new baby.

The good news is that you don't have to go it alone in this situation. Taking the "wait-and-see" approach, without asking for help, may lead to too much uncertainty. You don't have to be Cesar Milan to know that our own anxiety can create anxiety in our pets. You want your baby to come home to a calm environment, so you should prepare your pets for the transition.

There are a few standard techniques, such as bringing home a blanket for your pets to sniff after the birth, but before the homecoming. Also, when Mom walks back into the house from the hospital for the first time, it's a good idea for someone else to carry in the new baby. This way, dogs and cats can greet Mom with unimpeded excitement without putting the baby in danger of licking tongues or scratching paws.

Continued on page 30



# Fourth of July Events to Celebrate America



## Fri, Jul 03, 2009 – Hillsboro Concert and Fireworks

Bring your friends and family to Hillsboro's Old Stone School to celebrate Independence Day! During our celebration, you'll hear live music from Hewn from the Mountain and see the Blue Ridge Thunder Cloggers perform on stage. You may bring your own picnic dinner or buy a BBQ chicken dinner from the Ruritans. Sweets and treats will be available at our bake sale along with free ice cream. Games and raffles give kids and adults a chance to win great prizes! And of course the event culminates in a brilliant fireworks display! Proceeds from ticket and bake sales go to the Hillsboro Community Association, the non-profit organization dedicated to preserving the Old Stone School. **Event Time:** 6pm **Admission Fee:** Free Hillsboro's Old Stone School, 37098 Charles Town Pk ,Hillsboro, VA 20132, 540-668-7738 , http://www.hillsborova.org

#### Fri, Jul 03, 2009 - Lovettsville Parade and Fireworks

Celebrate Independence Day, one day early! Lovettsville's celebration kicks off with a hometown parade followed by family activities including pony rides, games, face painting, and more! There will be music and concessions all evening, concluding with an awesome display of fireworks. **Event Time:** 5:30-10pm **Admission Fee:** Call for details. Lovettsville Community Center, 57 E Broad Way, Lovettsville, VA 20180 540-822-5284

## Sat, Jul 04, 2009 - Leesburg Celebration and Fireworks

Leesburg's 4th of July celebration begins with a hometown parade, beginning at Ida Lee Park and traveling down King Street through the historic district to Catoctin Circle. The event continues with a "Celebration in the Park" at Ida Lee with food vendors and live music. The grand finale will be a wonderful fireworks display over the park. **Event Time:** 10am parade, 6pm park celebration begins, 7pm live music, 9:30pm fireworks. **Admission Fee:** Free. Ida Lee Park Recreation Center, 60 Ida Lee Dr, Leesburg, VA 20176, 703-777-1368, <u>http://www.idalee.org</u>

Sat, Jul 04, 2009 – Middleburg Celebration and Fireworks Celebrate Independence Day all day in Middleburg. Swim in the pool during the day, then enjoy music, games, contests, and food. Fireworks will commence at dusk. Event Time: Pool open 11am-6pm, July 4th festivities 6-9pm. Admission Fee: Free. Middleburg Community Center, 300 W Washington St Middleburg, VA 20117, 540-687-6375, http://www.loudoun.gov/middleburgcc

#### Sat, Jul 04, 2009 - Franklin Park Concert and Fireworks

Celebrate America's Independence Day and enjoy the talents of our areas young musicians. We are proud to present local folk group, The Polka Dots, as our opening act and bluegrass sensation, Acoustic Burgoo, as the headliner. Food will be available throughout the evening and a fireworks show will begin at dark. **Event Time:** 6pm, **Admission Fee:** \$5/carload, Franklin Park Performing & Visual Arts Center 36441 Blueridge View Lane, Purcellville, VA 20132 540-339-7973...Then, celebrate the July 4th holiday with Franklin Park's incredible fireworks display. **Admission Fee:** Optional \$5/person donation Franklin Park.

http://www.loudoun.gov/franklinpark.

#### Sat, Jul 04, 2009 - Purcellville Celebration and Parade

This town celebration promises to be a fun-filled family event. There will be children's rides, entertainment, food, craft vendors, and of course, a parade! The Fireman's Parade will start at noon, proceeding from Emerick Elementary to Loudoun Valley High School. **Event Time:** 12pm, **Admission Fee:** Nominal fee for the rides. Town of Purcellville, 871 E. Main Street, Purcellville, VA 20132, 703-727-7191, <u>http://www.purcellvilleva.gov</u>

Wed, Jul 01, 2009 - Tues, Jul 07, 2009 – Virginia Wine Tours Celebrate your 4th of July weekend in Virginia Wine Country, the Foundation of Americas Wine Making. We Specialize in Wine Country Tours to Virginia wineries, bed and breakfasts, restaurants, and cultural, historic and tourist destinations. We offer a diverse selection of vehicles ranging from VIP sedans, stretch limousines and motor coaches to transport you in safety, and comfort. Leave the driving, directions, stress, and traffic to us while our drivers/hosts whisk you away to your perfect day! Let us assist you in the coordination of a memorable outing. Bring us your own itinerary or have our experienced staff assist you in the creation of one! Virginia Wineries will be hosting numerous events including live music at each of their wineries or other similar activities. Cheers!

#### Hours: (11:00 AM-7:00 PM) Admission Fee: \$50.00 Children Welcome Phone: (540) 622-2505 Fax: (540) 622-2575 Email: <u>info@virginiawinetour.com</u> Website: <u>www.VirginiaWineTour.com</u>





# Summery Seafood Made in 30 Minutes

# Grilled Scallops with Honeydew-Avocado Salsa

Recipe by Marcia Kiesel Food and Wine

# Ingredients

- 1. Finely grated lime zest, plus 2 tablespoons fresh lime juice
- 2. 1 tablespoon extra-virgin olive oil, plus more for drizzling
- 3. 1 1/2 pounds honeydew melon, remove rind and cut melon into 1/4-inch dice (2 1/2 cups)
- 4. 1 Hass avocado, cut into 1/4-inch dice
- 5. Salt and freshly ground black pepper
- 6. 2 pounds large sea scallops

#### Directions

- 1. Light a grill. In a large bowl, combine lime zest and juice with 1 tablespoon of olive oil. Using a rubber spatula, gently fold in diced honeydew melon and avocado. Season salsa with salt and black pepper.
- 2. Drizzle scallops with olive oil, salt and black pepper. Grill over moderately high heat, turning once, until nicely charred and just cooked through, 3 to 4 minutes per side. Transfer scallops to plates, spoon salsa alongside and serve.



# Rosemary-Skewered Shrimp

Recipe by Francis Mallmann Food and Wine

# Ingredients

- 1. 20 large shrimp (about 1 1/2 pounds), shelled and deveined
- 2. 1 large red bell pepper, cut into twenty 1-inch squares
- 10 thick rosemary branches (about 8 inches long), all but the top 2 inches of needles stripped off
- 4. 1/3 cup extra-virgin olive oil
- 5. 3 tablespoons fresh lemon juice
- 6. 1/4 cup chopped flat-leaf parsley
- 7. Salt and freshly ground pepper

#### Directions

- Light a grill or heat a grill pan. Alternately thread 2 shrimp and 2 red pepper squares onto each rosemary branch.
- In a small bowl, combine the olive oil, lemon juice and parsley. Lightly brush the skewers with some of the olive oil mixture and season with salt and pepper.
- 3. Grill the skewers over high heat, brushing with the oil mixture, until the shrimp are just cooked through, about 1 1/2 minutes per side. Serve right away.

# Win a \$45 Gift Certificate to \$< Bonefish Grill !

Answer the following *Broadlands* Trivia questions correctly and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than July 14, 2009. Be sure to include your name and telephone number. Good Luck!

1. Patriot Disposal has requested that all trash be set out by which time on trash days:

🖵 6:00 am	🖵 7:00 am
□ 8:00 am	🗖 9:00 am

- 2. The minimum age required for admittance to the Broadlands Pools without an adult is *(must pass swim test)*:
  - 10 years old
    11 years old
- 12 years old
   13 years old
- Which change does NOT require a submission of a Modifications Application for approval:

   planting shrubs
   basketball hoop
   storm door
   rain barrels
- 4. How many turtles are at the Nature Center:
- 5. Currently, who owns the Stone House at Hill Side Park:

  Broadlands Association
  Uan Metre
  Loudoun County
  State

NAME:

PHONE:



# **TENNIS ANYONE?**

The Broadlands Tennis committee will be hosting **Adult Mixed Doubles Tennis Socials** from 7:30p.m. to 10:00p.m. at the Nature Center Courts on the third Saturday of the summer months:



July 18th August 22nd September 12th

All skill levels are welcome - these tennis socials are designed for the Broadlands residents to get out on the courts, meet other players, and have a good time!

Participations will be limited to the first 24 who sign up. If you would like to attend, please contact us the week prior via e-mail at <u>lindasearch@comcast.net</u> so that we can organize a fun event for everyone, and keep each

player posted on inclement weather updates.

> See you on the courts! The Broadlands Tennis Committee

# DOUGLASS GYM NOW OPEN WEEKDAY MORNINGS

The Douglass Community Center in Leesburg has announced that their full sized gymnasium will be open every weekday morning, beginning immediately. Gather your friends, family or co-workers and come in for a fun game of pick-up basketball or volleyball. The gym will be open from 7:00 a.m. to 8:45 a.m. Monday through Friday.

Full court basketball will be available on Monday, Tuesday, Thursday and Friday. Two regulation volleyball courts will be available on Wednesday mornings. Cost is only \$2. For further information, contact the Douglass Community Center at 703-771-5913. CAPITAL GYMNASTICS WEST Strong Body, Strong Mind, Strong Self

> 44642 GUILFORD DR. ASHBURN, VA 20147 703 724-4072

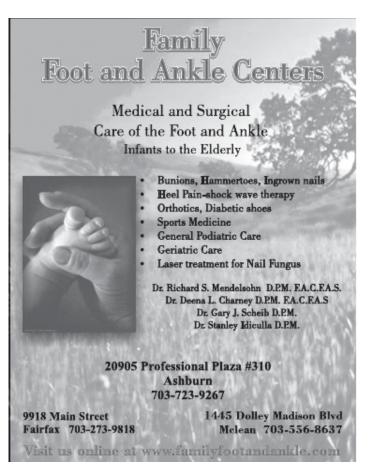
www.capitalwestgymnastics.com

Register now for Summer Classes

# **Summer Gymnastics Camp**

Monday, Wednesday and Friday 9AM to 12PM Ages 3 and up Cost \$135 June 29, July 1 & 3 \* July 6-10 \* July 13-17 July 20-24 \* July 27-31 \* Aug 3-7 \* Aug 10-14

For more Information about Gymnastics Classes, Cheerleading Classes and Birthday Parties CALL 703 724-4072



# **Swim Lessons**

**Broadlands,** in conjunction with High Sierra Pools, is offering swimming lessons this summer. If you are interested in having your child participate, forms can be downloaded from <u>www.broadlandshoa.org</u> or picked up at the Nature Center. Forms will also be available for pick up at all the pools.

# **Children Group Swim Lessons**

There is a minimum of four children needed to run a lesson with a maximum of seven children in a group. The lessons are 30 minutes long. Each swimming lesson session is composed of eight lessons that are taught Monday through Thursday, with Friday as a make-up day. If none of the following sessions or times will work for you and your family, please email Andre Schlegel at aschlegel@highsierrapools.com to set up other arrangements. Please see complete information packet on the web site for class levels and descriptions.

	Session 1 June 22 <sup>nd</sup> – July 2 <sup>nd</sup>	Session 2 July 6 <sup>th</sup> – July 16 <sup>th</sup>	Session 3 July 20 <sup>th</sup> – July 30 <sup>th</sup>
Morning	8:00 – 8:30 AM	8:30 – 9:00 AM	9:00 – 9:30 AM
Evening	8:00 – 8:30 PM	8:30 – 9:00 PM	

# Morning and Evening Swim Lessons Schedule for kids:

## Adult Group and Private Swim Lessons are also available

Please download or pick up a form. Choose the date and time you prefer and return the registration form along with your check to aquatic director or pool manager at the pool. Applications <u>will not</u> be accepted at the Nature Center. Every attempt will be made to give you the session and time that you prefer, however, registration will occur on a first come first served basis. The cost of group sessions (composed of 8 classes) is **\$70**. The cost of individual sessions is **\$280**. If a session has to be cancelled due to lack of the required minimum, you can schedule your child for another session or have your money refunded. Swim instructors will evaluate each child and divide them into corresponding levels before swim classes start. The deadline for signing up will be one week before the start date; checks will be collected by the pool manager until the last Wednesday before beginning of the swim session. For questions please e-mail Andre Schlegel at <u>aschlegel@highsierrapools.com</u>. Please, make your check payable to: **High Sierra Pools, Inc** 

# TD SPORTS ALL-DAY SPORTS CAMP

We are offering an all-day sports camps for kids ages 6-12. The camps run from 9:00a.m. - 4:00p.m. with before and after child care. The camp includes instruction for sports ranging from basketball, baseball/softball, tennis, soccer and more. The camp will be held on the Nature Center grounds and surrounding area using the tennis courts, grass areas, basketball courts and Southern Walk Pool.

TD Sports is excited for the upcoming 2009 tennis season! We have a great line-up of events. The spring and summer schedules are ready and available for sign-ups online at <u>www.tdsports.org</u> <<u>http://www.tdsports.org</u>>.

# CHARITY TOURNAMENT

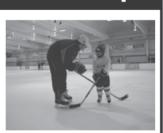
We will host the 4th Annual Yellow Ribbon of Northern Virginia Tournament July 18th-19th. Information and registration forms are available on the TDSports.org website. All the monies raised will go to charity.

# Hockey Camps Summer Fun Skate Camps

HOCKEEY CAMPS Our 2009 Summer Power Play Hockey Camps are designed to improve your fundamental skills of skating, passing, shooting, and stick handling.

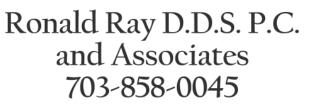
> To register visit our web site at... www.ashburnice.com

AT THE ASHBURN ICE HOUSE





21595 Smiths Switch Re Ashburn, VA 20147 www.ashburnice.com



Visit us at www.RonaldRayDDS.com

Ashburn Town Square 43930 Farmwell Hunt Plaza, Suite 136 Ashburn, VA 20147

Between the Bloom and CVS in the Ashburn Town Square Shopping Center



Personalized Care in a Quality Location



Emergency Care Available

# Broadlands Piranhas Swim Teams are Giving Back!

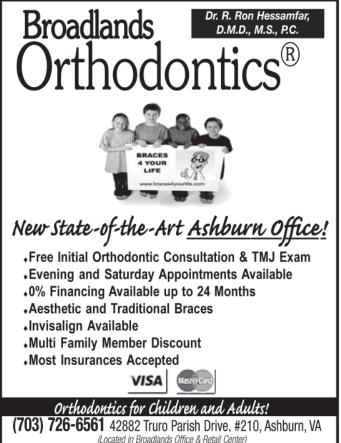
This summer the swim teams have adopted a community outreach mission they call "Kids Helping Kids". The committee wanted to give families the opportunity to talk with their children about other children and families in our community that are in need. The Piranhas' are conducting five charity drives, one at each of the home swim meets they host this season.

The first was a food drive to benefit Loudoun Interfaith Relief on June 13th at their time trials. They collected 282 lbs of food for Loudoun residents needing emergency food assistance. The other collections which will be held throughout June and July, include Good Shepherd Alliance, Tracey's Kids, a pediatric art therapy program of the Prevent Cancer Foundation. a School Supply drive for the Loudoun County Dept of Family Services, and a book drive for the Loudoun Literacy Council.



Pictured from left are Emma Nathan, Chad Prosper, Grace Nathan and Anna D'Amato

# Welcoming New Patients Meet Dr. Val, Harvard graduate and Diplomate of the American Board of Pediatric Dentistry Pediatric, adolescent, and special needs dentistry in a fun, safe environment State-of-the-art facility – laser dentistry, IV sedation, and digital radiography Kid and Mom-friendly hours Kids love coming to see us! Check out Dr. Woo as our Pediatric Dental Guru on www.iammodern.com Dr. Val and her family Invisalign Available 21785 Filigree Court, Suite 208 Ashburn, VA 20147 703-729-7005 www.NOVAPediatricDentist.com We uphold the AAPD's recommendations of first exam by first birthday Dediatric Dentistry with a Mom's Touch!



# **BROADLANDS HELPER LIST**

*The Broadlands Helper List is being Updated* - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to <u>scollins@broadlandshoa.com</u>.

# Not Available on Website Edition

Key:

(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa.com.

# Breaux Vineyards 4th Annual Key West Festival – July 18, 2009

Come join Breaux for our 4th annual Key West Fest and enjoy a cheeseburger in paradise! We will quickly ease you into a Caribbean state of mind! Enjoy several popular bands; a live Jimmy Buffet cover band and a steel drum band. They'll take you to a different latitude. Caribbean cuisine for sale! Parrot Heads welcome! Costume Contest and raffle drawings all day! Also, cool down with a one of its kind Breaux wine-a-rita!

\$15 adult admission includes wine tasting, souvenir glass, entertainment & hayrides. \$10 Children over 4 and Designated Drivers; Under 4 free. To reserve your tickets, go to www.breauxvineyards.com.

# Loudoun County, VA Fire, Rescue and **Emergency Management is now on** Twitter.com @ LoudounFire.

This social network allows communities and citizens to get the latest fire-rescue news including dispatched emergency calls, service info, public outreach events and an inside view of the fire service within Loudoun.



Orthodontics for Children & King 703\_723\_8838 Specializing in Providing Care for Patients of All Ages Children Adolescents Adults www.daczkowskiortho.com Call Today To Schedule A No-Charge **Orthodontic Examination** T Wesley Daczkowski DDS ASHBURN FARM PROFESSIONAL OFFICE PARK 20925 Professional Plaza, Suite #210 🕇 Ashburn, VA 20147

tel. 703/723-8838



FAIRFAX

703-573-8080

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# **USEFUL NUMBERS**

# Can also be found at http://broadlandshoa.org/node/117

# NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000
PUBLIC INFORMATION	
Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits Dept.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(703) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623
School Board	(571) 252-1000

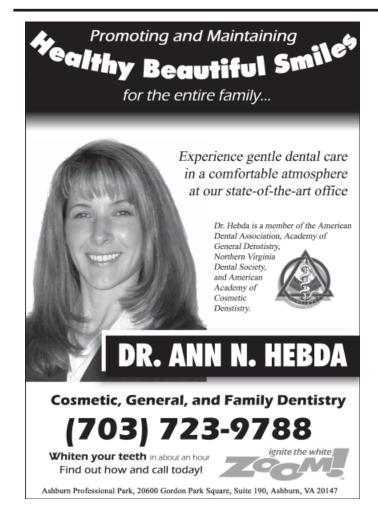
Social Services	(703) 777-0353
Patriot Disposal	1(703) 257-7100
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212
LOUDOUN COUNTY PUBLIC SCHOOL	
Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160
PUBLIC OFFICIALS COUNTY SUPER.	
Stevens Miller	(703) 777-0204
SCHOOL BOARD REPRESENTATIVE	
Robert Dupree	(703) 729-3430
VIRGINIA HOUSE OF DELEGATES	
Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
David Poisson (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032
VIRGINIA SENATE	
Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229
U.S. HOUSE OF REP. 10 <sup>th</sup> DISTRICT	(
Frank Wolf	(703) 709-5800
U.S. SENATE	
Jim Webb	(202) 224-4024
John Warner	(202) 224-2023
VIRGINIA STATE GOVERNOR	
Tim Kaine	(804) 786-2211

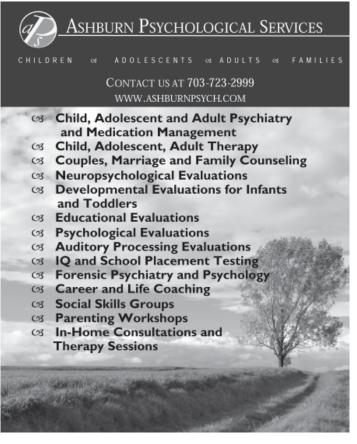






Brownie Troop 4480 picked up trash along the path off of Glyndebourne Court in Southern Walk collecting a total of five big bags of trash. Thanks, you girls are a great help in keeping Broadlands beautiful!





# How to Talk to our Children about Sexting

Sexting, the practice of sending sexually explicit photos and messages between cell phones, has quickly become all the rage for many pre-teens and teens across the Nation. The phenomenon was first reported in 2005, and since then, parents, lawmakers and school systems have been grappling with how to deal with it. And Loudoun County is not immune to this phenomenon. In March of last year, Ting-Yi Oei, a 60year-old assistant principal at Freedom High School in South Riding, Virginia was charged with child pornography in investigating sexting within his school. The charges were later dismissed by a Loudoun County Judge, but not after Ting-Yi Oei spent \$150,000 defending himself and his three decade career as a well respected educator.

Sexting has been brought on by the advances in technology, and how we deal with it continues to be debated. Recent concerning research has found that 22% of teen girls and 20% of teen boys have sent nude or semi-nude photos of themselves. Moreover, 29% of teens believe that exchanging nude photos are "expected" to date or be popular.

As a nation, we are still trying to understand how to punish sexting as a crime and fix it as a problem, as several judges across the Nation are dismissing these sorts of cases. For example, while most parents would agree that it's wrong for a 13 year old to send an indecent photo of him or herself to a girlfriend or boyfriend, most of us would also feel uneasy charging and prosecuting that 13 year old for the act. As parents, we'd prefer to handle the matter within our own home and not the court room inasmuch as sexting is considered to be a felony crime.

Here are some basic parent guidelines in protecting your pre-teen or teen from the problem.

- Talk to your preteen or teen about sex. It's better for you to deal with any discomfort that may arise in this conversation as parents than to have your son or daughter out in this very fast paced world of ours illprepared to handle him or herself.
- Discuss the dangers of sexting with your son or daughter – that it's illegal and that the message, once sent, can be resent to others. Ask your teen if he or she would be comfortable having the entire school see their sent photo or message.
- Get your son or daughter's word that he or she will delete any received nude photo or inappropriate message. Your teen needs to know that having possession of such material on their cell phone is a crime, and sending it on, is redistributing child pornography – also a crime.
- You can also direct your son or daughter to ThatsNotCool.com, an informative Website that deals well with the topic of sexting.

Lastly, be willing to get professional help for your teenager if needed. Teens may simply sext to be part of things or this behavior may represent deeper, underlying issues (e.g., low self-esteem, self-worth or confidence). As parents, we are often too close to help our teenagers to deal with or resolve their problems.

Dr. Michael Oberschneider Director, Ashburn Psychological Services www.ashburnpsych.com

# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

## AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For information, contact Deena Lanier at 703-723-0113.

#### ASHBURN CLASSICS

Next meeting is on July 11, 11:30a.m. at the Ashburn Firehouse. This meeting will consist of a pasta lunch catered by Andy's. Special entertainment will be provided by the Jackson Singers. Reservations can be made by calling 703 858 1313 or 703 858 2941. No meeting will be held in August.

## ASHBURN TOASTMASTERS

Ashburn Toastmasters welcomes those interested in developing communication, leadership and presentation skills. For information, contact Catherine Stewart at castewar@cisco.com or visit www.toastmasters.org to learn more.

## **BROADLANDS BICHON FRISE CLUB**

Anyone interested in forming a Bichon club (who are Bichon owners currently) can contact JoAnn Conroy at jfc27@smartneighborhood.net

#### **BROADLANDS NEIGHBORHOOD BIBLE STUDY**

Please join us in September for an in-depth Bible Study by Beth Moore. We meet Tuesday mornings and evenings in neighborhood homes. For info, contact Karen at 703-723-4341.

# BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT COMMITTEE

Broadlands has to complete yearly goals to maintain certification. The Wildlife Habitat Committee works with The National Wildlife Federation, The Broadlands HOA and our residents to achieve these goals. For more information please contact BroadlandsWildlife@gmail.com.

## GIRL SCOUTS

Join Girl Scouts today! A girl can expect to have a great time as she follows the fun and adventure, contributes to her community, learns new skills and makes new friends. Troops for all age levels - K -12th grade. To find out more, please contact Anne Moriak at anne@moriak.net or 703-729-6594.

## MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

## CUB SCOUTS & BOY SCOUTS

A youth organization emphasizing fun with a purpose. The Cub Scout program is designed for boys in grades 1-5 and Boy Scouts for grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thursday nights. Cub Scout Pack 1483 meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For information, please call Ed Yarbrough at 703-724-1064.

#### LA LECHE LEAGUE OF ASHBURN PM

Have questions about breastfeeding? Want to meet other nursing mothers? La

Leche League International strives to help mothers worldwide to breastfeed through mother-to-mother support to promote breastfeeding as an important element in the healthy development of the baby and mother. Meets the 2nd Wed of the month from 7:00p.m. - 8:45p.m. at the Broadlands Community Center. To contact a Leader please call 703-729-1205.

#### LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the first and third Thursday of the month. We support each other and we support four non-profit organizations in Loudoun. To learn more about us, or to contact us for membership consideration, please visit our website at www.Loudoun WNG.com

#### MOM'S CLUB OF BROADLANDS

A national club whose members are Moms and kids from the Broadlands. Activities and outings happen weekly. We meet in the Community Center every third Friday at 10:00am. For information, contact Mimi Backhausen at 572-214-9086 or membership.momsclub\_broadlands@yahoo.com.

#### INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

#### LOUDOUN COUNTY AUTISM NETWORK

We are a network focused on autism awareness in our community and committed to the prevention and recovery of autistic children. Monthly meetings are held at 7:00p.m. on the second Thursday of the month in the Parent Resource Center in the KiDazzles facility on Red Rum Drive in Ashburn. For more info, go to www.locoautismnetwork.com.

## PET LOSS SUPPORT GROUP

For anyone who has lost or anticipates losing a pet. We are a free support group that meets every third Tues from 7:00p.m.-8:00p.m. at Ashburn Psychological Services. We welcome all and are handicap accessible. For more info contact Robin Norris 571-278-9162 or robin@sashaheart.com.

## **TECHNOLOGY COMMITTEE**

Meets at 7:30 p.m. on the 2nd Wednesday of each month at the Broadlands Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

#### YOUNG MUSICIANS NETWORK

Minton Academy of Music host a Friday Night Jam Session for young musicians every 2nd Friday of the month at 8:00p.m. The jam session is for young musicians between the ages of 11 and 16. Young musicians must have at least 1 year of private lessons to attend. For more info call 703-723-1154.

# (OPEN BAND CUSTOMER FORUM) SOUTHERN WALK TECHNOLOGY COMMITTEE

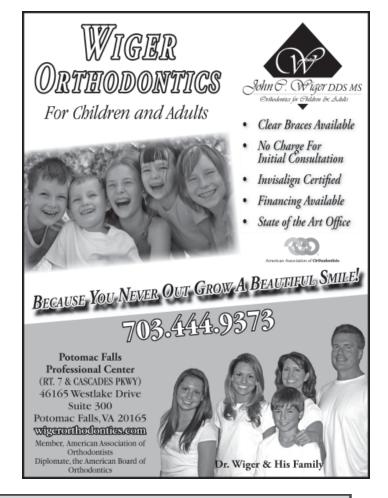
A forum for Southern Walk residents to discuss concerns and solutions regarding OpenBand. Meets the 1st Monday of each month at the Nature Center. For info, contact Erika Cotti at ecotti@smartneighborhood.net, 703 932-1385.

# Continued from page 19

Your veterinarian may be able to offer informational handouts, or even a few tips over the phone. You may also request a series of in-office behavioral consultations, particularly if you've ever observed fearful, questionable, or aggressive behavior when your pets are around your relatives' or friends' children. If your dog has had obedience training, try calling that trainer for advice or special instructional sessions. As you build a support network for your new role as a parent, you can create a team to help your pets cope and adjust.

Growing your family is certainly exciting, but it isn't always easy. One of my own dogs showed some "mothering instinct" when we brought our new baby home. Whenever our baby boy would cry, she wanted to be in charge of comforting him. She had the best of intentions as she wanted to nuzzle and snuggle with the baby, but my husband and I still needed to let her know that it's our job to care for him. With each passing day, she got a little better at letting us be the parents.

Ultimately, patience is the key to having our whole household adjust to one more loved and cherished family member.



Providing caring, personal attention in a comfortable, professional environment, right in the heart of Ashburn.



Most Insurance Plans Accepted — Convenient Evening and Weekend Hours

# **ADVERTISING DIRECTORY**

# DENTAL/ORTHODONTIA

Ashburn Pediatric Dental Center
Broadlands Orthodontics
Daczkowski, T Wesley, DDS
Dr. Ann N. Hebda
My Ashburn Dentist, Rusznak Zoltan, DDS
NOVA Pediatric Dentistry
Ronald Ray DDS & Associates
Wiger Orthodontics
EARLY EDUCATION/CHILD CARE
The Goddard School
FINANCE SERVICES
Apple Federal Credit Union16
FOOD
Asia Café4
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HEALTH
Ashburn Eye Care Associates
Ashburn Psychological Services
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The Eye Center
Family Foot and Ankle Center
INOVA Loudoun Hospital2
HOME SERVICES
HOME SERVICES Climatic Heating and Cooling, Inc
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# ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the posted deadline.

#### ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. <u>Advertising deadlines</u> <u>are the first day of the month prior to</u> <u>the issue</u>. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

*Limited Availability:* 1/2 Page B/W 7.25° W x 4.875° H \$295/issue (6 months prepaid \$265.50/issue). Color ads also available.

I/4 Page 3.625"w x 4.875"h \$160.00/issue (6 months prepaid \$130.00/issue)

1/8 Page 3.625"w x 2.25"h \$90.00/issue (6 months prepaid \$72.00/ issue)

Payment is due in full when ad is submitted. Make checks payable to *Broadlands Association*. No cash payments, please. Copy changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO: Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Ashburn, VA 20148

For more information or questions regarding advertising, contact Staci Kapinos at 703-729-9704 ext.101 or ads4broadlands@yahoo.com. *Please Note:* Advertisers in the Broadlands Newsletter <u>are not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL INFORMATION The deadline for editorial submissions is noon on the 15th of the month, or noon on the last business day before the 15th should it fall on a weekend or holiday. Submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

# JULY CLASSIFIED ADS

# CHILDCARE NEEDED

PART-TIME CHILD CARE WANTED: Beginning September when school starts, 7:00 a.m. to 8:00.a.m. M-F; 2:45 p.m. until 6:00 p.m. on Tuesdays and Thursdays. For 3 children, ages 9,9,6. Home in Mill Run boundary. May be good opportunity for Mill Run stay-at-home mom if willing to have our kids in your home. \$165 per week. Call Lisa 703-408-3295.

# EARLY EDUCATION/DAY CARE

LITTLE SPROUTS PRESCHOOL: Enroll now for classes beginning in September. Home-based preschool in Broadlands serving children 18 months to 5 years old. http://

LittleSproutspreschool.clubspaces.com. Call for a tour 408-750-7349, Karlene.

READING SPECIALIST: Is your child having difficulty in reading? Certified teacher with Masters Degree in Reading Specialization. Focusing on beginning readers K-2<sup>nd</sup> grade. Call for references. Suzie 703-726-9836.

PROGRESSIVE SPEECH THERAPY, LCC: A unique pediatric speech-language & feeding therapy practice that provides therapy/diagnostic services for children 0-18 years of age. In home/ school/daycare visits available to maximize your child's progress! Contact info@progressivespeech.com, call 571-246-6495, or visit www.progressive-speech.com.

HOME CHILD DAY CARE SERVICES: State Licensed. CPR & First Aid Certified. Insured. Breakfast, lunch & snacks provided. Attached single family home & fenced-in backyard. Smoke and pets free. Ages from 13 mths-12 yrs. Hours 7:30am - 6:00pm (M-F). Full/part time available. Please call Mrs. Tuladhar at 571-291-2311 for more information.

# EMPLOYMENT

**PREMIER FINANCIAL:** Bad economy equals opportunity for right persons. Financial company in the MD/VA/DC area is expanding in down market. Must like being part of a team and helping people. Extensive training provided. Resume required. Contact Tulika Singh on 703-864-5687 or tsingh@pfaonline.net.

# **INSTRUCTION**

SUMMER BEGINNER PIANO CAMPS: Immerse your beginner pianist in a week long piano camp! Pianists meet daily to learn note reading, technique, rhythm, and ear training. Ages 5 and up. Marissa Erekson, MM, BM 703-962-0682, www.Ereksonpiano.com.

SWIM LESSONS: Private and semi-private swim lessons for children or adults. I am a Broadlands resident and Mom of two who has taught swimming lessons for years. I also am a local Elementary School Counselor and former collegiate swimmer and United States Swimming Age Group coach. I am willing to come to the pool of your choice. Call or email Carli at 703-501-2344 or cblische@yahoo.com.

MINTONS ACADEMY OF MUSIC IN ASHBURN: We are Broadlands residents that have been teaching music in the area since 2002! Our teachers are Emmy Award winners, Bachelors and Masters of Music, and some of the most award winning Clubs, New Parents. Dynamic, highly gualified band directors in Loudoun County. With over 16 instructors! Competitive rates. Flexible scheduling (Broadlands Resident).

teachers at our school we teach all instruments to all ages. Wanna' Play? Visit us at www.mintonsmusic.com. Call us at 703-723-1154 or stop by 21690 Red Rum Dr Suite 137 Ashburn, VA 20147.

GOLF LESSONS: Individual or form your own group! Cathy Jones, Assistant Teaching Professional, USGTF Level III Instructor, Brambleton Golf Course in Ashburn, Website: www.Golfurheadoff.com. Girls School of Golf, Ages 10-15, July 13-17 and August 3-7. Call at 703-501-8739

PRIVATE TUTOR: Licensed teacher available to tutor K-8 students in any subject area for remediation, retention, or enrichment. Please call Karen at 571.333.2930 or email ketrny@gmail.com ALOHA MIND MATH: Discover the genius in your child! Abacus method, a fun way to learn math. Improves memory, visualization and focusing skills. Now enrolling for Junior/Senior program in Ashburn & SouthRiding. Visit www.aloha-usa.com or call 703-463-9680.

HANDWRITING WITHOUT TEARS: Finally help for your children. Now available for children needing handwriting assistance or those wanting to get a start on school. Certified instructor with 7 years experience. Classes are fun and nonthreatening, but extremely effective. Contact: Kely R. Davis at Kelyrdavis@yahoo.com.

MUSIC LESSONS: The Community Music School of the Piedmont offers piano, harp, cello, guitar & French horn lessons at Our Savior's Way Lutheran Church. Highly qualified, faculty for children & adult. SUMMER PROGRAMS AVAILABLE! Member of National Guild of Community Schools of the Arts, National Association of String Teachers, & the Suzuki Association of the Americas. Contact: 540-592-3040 or piedmontmusic@aol.com.

PRIVATE MUSIC LESSONS: GUITAR, **CLARINET AND SAXOPHONE.** Instructor has Music Degree , Master's Degree and 20 years' experience teaching kids (age 8+) and adults. Inhome or studio instruction. References from Broadlands residents. Please call 703-777-4352 or email WoodwindStudio@verizon.net.

# FOR RENT

NORTH OCEAN CITY, MARYLAND 2BR/2BA CONDO: Newly renovated. Sleeps up to 7. Located on 131st street, oceanside. Just steps to the beach. Pool, Tennis Courts, Gameroom on site. 10% off for Broadlands residents. Visit www.VRBO.com and search #247194

OBX RENTAL - Large house in beautiful Corolla, NC sleeps 13. 5 BR, 4 1/2 Ba. Private pool, walk to beach, shops, groceries, golf. Free use of kayak. 10% discount to Broadlands residents. For info go to: <u>http://www.resortrealty.com/book/</u> house.html?Num=1877 Contact russ@thebormans.net to reserve.

# FOR SALE

FUTON: Wooden oak-colored frame with built in dropleaf end tables, beige double bed size mattress, includes additional removable pillow-top mattress and 1 set of black sheets. Great condition, 3 years old. \$75 OBO. Call 703-858-0570.

# **HEALTH & WELLNESS**

CPR & FIRST AID TRAINING: Corporate & Community; Day Care, Church Groups, Social

at your convenience! We come to you! Minimal class size required. LifeTime Educators @703 729-2051

CUSTOM FITNESS: Get in shape with an ACE Certified Personal Fitness Trainer. I will design a fitness plan based on your goals and needs. Will train in your home or at Fitness First Gyms. Call Susan at Custom Fitness, 571-228-3545.

EXPERIENCED NURSE MASSAGE THERAPIST: Nationally certified and experienced in deep tissue, medical, therapeutic, sports, Thai and hot stone. Specialized training and certification in Pregnancy Massage. Also, therapeutic spa and wrap treatments. Claudette Plater, RN, CMT, Call 703-724-4210 for details or visit www.tranguilmoment.com.

ART OF LIVING: Yoga and Meditation course with "Sudarshana Kriya" A tool to minimize stress practiced by 4 million worldwide. Please call: 703-723-8181 or email: ashburn@us.artofliving.org. Free introductory session: 07/02/09 Broadlands Community Ctr, 7-8:30 p.m. Please RSVP: 703-568-5858.

PERSONAL TRAINER: Looking to get fit? I am a certified personal trainer with both a bachelors and masters degree in the health field. I can come to your home or train you at any Fitness First gym. I specialize in functional training and hold certifications in nutrition and pre and post natal training. Whether you are 8 or 80, fit or unfit, I can help! Please call 703-307-9403 or email ckdovel00@verizon.net.

ASHBURN PILATES: Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www.ashburnpilates.com.

# HOME SERVICES

HANDYMAN SPECIALIST: Lives in the Broadlands with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General 703-862-0415. Contracting, MichaelARosario@aol.com.

HONEST CONTRACTOR, FREE ESTIMATES: Sprinkler system- turn on (free with any other service), repair, installation, and backflow testing. Night-lighting- install and service (free demonstrations). Landscaping/Hardscaping mulching, edging, leaf/debris removal, planting, and stone/rock walls. Great local references and Competitive Prices!! Call 703-989-1422 or Email Siwolfe1369@yahoo.com.

BANE ELECTRICAL SERVICE LLC: Residential & Commercial service work specializing in trouble shooting and any other service related to upgrades or repairs. Licensed and Insured Electrical Contractor VA/MD. Ask about our monthly specials!!! Contact Chris 703-723-6501 (Broadlands Resident).

MARIA'S START CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday - Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services, Licensed & Insured, Contact: Craig Fladager at 703-858-7332

FULL CIRCLE HOME IMPROVEMENT: Kitchen and Bath Remodeling. Finished Basements-Flooring, Tile, Hardwood, Engineered-Lighting-Moldings-Finished Trim-Decks-Screened Porches and more. Quality work done right. Licensed and insured. Call Rich at 703-723-4268 email Rmadlin@aol.com.

**HOME IMPROVEMENT CONTRACTOR:** Specializing in finishing basements, remodeling bathrooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

**SHANTZ HOME SERVICES:** For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email <u>shantz@glassmile.net</u>. Licensed and Insured. Free estimates. Broadlands resident.

# WISE GUYS ROOFING & SIDING

IMPROVEMENT LLC: FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your *free* Solar Panel Vent or *free* Gutters! Lowest Price & Satisfaction Guarantee! www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or

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**POO BARE, LLC Dog and Goose Waste Removal Service:** Protecting your dog, family and community with the timely removal of infectious dog waste. Weekly service, no contracts, and \$10.00 off first month for new customers. Contact: <u>www.poobare.com</u>, 571-436-1444.

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**LARRY MILLER INC. WINDOW CLEANING SERVICE:** Residential Specialist. Free screen cleaning, free estimate. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

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JEWELRY EVENTS: The High Fashion Jewelry Business is booming! Come for our monthly area "Diamonds and Dinner" event and hang out with women already experiencing the rewards of our own part-time business. Complimentary accessory based gifts for all who attend! Call Margot Olenik at (703-475-0589) for dates.

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KYLIE MIKUTA DESIGNS: Offering custom scrapbook design services, pre-designed layouts/ albums, monthly crops, adult classes and kids craft classes/camps. Checkout more at www.kyliemikutadesigns.com and send emails to kylie@kyliemikutadesigns.com.

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PENFED REALTY LLC: Contact Barbara Brognano-Swavely for all of your real estate needs. 11864 Sunrise Valley Drive, Suite 101, Reston, VA 20191. 571-217-5911 or 703-716-2900. Barbara.Swavely@PenFedRealty.com, www.Letsmake-an-offer.com.

**COMPUTER REPAIRS:** Do you need computer repairs that are friendly and priced reasonably? I can provide wireless networks, virus removal and PC Tune-ups that are competitively priced. Contact Brian at (703)648-0810. Check out www.weekendpctech.com to see our prices!

**GGGGGGRRRRR!!!!!** Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

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# **SPORTS**

TRAVEL SOCCER TRY-OUTS: LFC Raiders, ODSL Div-1, U13 Girls Travel Soccer team, based in Leesburg, is holding try-outs to find dedicated players to add to an already great team for Fall 2009. For try-outs, contact DMWEITZ@aol.com or DRUCKER@sjcherndon.org or 703-868-0984.

# HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

Broadlands Resident Rates:

\$ 7.00/Business Ad\*;

\$ 0/Personal Ad or Lost & Found Ad

#### Non-Resident Rates:

\$14.00/Business Ad\*;

\$ 7.00/Personal Ad

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Send To: Broadlands Association

\*10% off for 6 months prepaid

Payment: Check to "Broadlands Association"

ATTN: Stassa Collins 21907 Claiborne Parkway Ashburn, VA 20148, 703-729-9704, scollins@broadlandshoa.com

# Broadlands Committees and Events



# <u>Date</u> <u>Activity</u>

- 1st 9:00a.m. Nature in Diguise(NC) 7:00p.m. Modifications Subcommittee Meeting(NC -Conference Room)
  2nd 9:00a.m. Nature in Diguise(NC)
  6th 9:00a m. Connections in Nature
- 6th 9:00a.m. Connections in Nature(NC)
- 7th 9:00a.m. Connections in Nature(NC)
- 8th 9:00a.m. Connections in Nature(NC) 7:30p.m. Tech Committee Meeting(NC)
- 9th 9:00a.m. Connections in Nature(NC)
- 10th 9:00a.m. Connections in Nature(NC) 5:30p.m. Broadlands Live(Hillside Park)
- 11th 8:00p.m. Flicks in the Sticks(NC)
- 14th 5:30p.m. Board of Directors Business Meeting(NC)
- 15th 7:00p.m. Modifications Subcommittee Meeting(NC) 7:00p.m. Toastmasters Meeting(CC)
- 16th 8:00p.m. Investment Club(CC)
- 17th 10:00a.m. Broadlands Mom's Club(CC)
- 26th 11:00a.m.Mr. Zucchini Magic Show Club(Nature Center Lawn)

# **Committees**

Community Events Committee Committee Chair: Tammy Wells, tammy@jwells.us

Neighborhood Watch Committee Chair: Staci Kapinos, ssdkapinos@yahoo.com

'Broadlands Live!' Summer Concert Committee Chair: Sunny Trippel 571-333-0695, sunny@smartneighborhood.net

# **Recreation Committee**

**Chair:** Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

Open Spaces Committee - Volunteers Needed

# **Community Wildlife Habitat Committee**

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals such as to protect and improve the environment, including improving the awareness of global warming. **Chair:** Oya Simpson, (703) 725-8040, broadlandswildlife@gmail.com

# Swim Team Website: www.broadlandsswimteam.org

# 5

Technology Committee (broadlandshoa.org) Meets second Wednesday 7:30 pm in the Nature Center. Open to all residents. Chair: Dawne Holz, dawne@holzfamily.net

Webmaster: webmaster@broadlandshoa.org



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