RECARDINES Community News

July 2010

HAVE A FUN AND SAFE FOURTH OF JULY!

- The HOA office will be closed on Monday, July 5th in observance of Independence Day
- Trash will be picked up on Monday, July 5th.
 Please have your trash at the curb no later than 7:00a.m.
- Broadlands Kids Triathlon participate for a good cause - page 5
- Check out our Nature Programs with our new Naturalist - page19
- Fourth of July fun around town, page 20
- Note new pool hours during summer, page 23

National Wildlife Federation Certified Community Wildlife Habitat Photo Courtesy of Craig Ross

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BroadlandS



Contact Information

Board of Directors

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Denise Harrover - Member at Large, Van Metre, (703) 425-2600, dharrover@vanmetrecompanies.com

HOA Office and Website

21907 Claiborne Parkway Broadlands, VA. 20148 (703) 729-9704 Fax: (703) 729-9733 Open Monday - Friday 9:00am - 5:00pm www.broadlandshoa.org

Armstrong Management Services

Assessment Information Office: Direct Phone: (703) 679-1541 FAX: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to: Armstrong Management Services P.O. Box 7778 Philadelphia, PA 19101-7778

Southern Walk Board of Directors

(Open Band Contract Administration Only)

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Resident Member - Vacant

Resident Member - Vacant

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SAVE THE DATE!

BROADLANDS TEEN FOAM PARTY

Saturday, August 21, 2010 6:00pm – 9:00pm Southern Walk Pool

Ready for some unique fun? Bring your friends and have the high powered foam cannon shower all with safe and fun foam while the D.J. keeps the party hopping with the latest hits! Tired of the foam? Take a cool dip in our Southern Walk Community pool reserved this evening just for teens! Hungry? Pizza, chips, cookies, and soda will be served.

All rising Middle School and High School Broadlands residents welcome!

Volunteer chaperones needed email Tammy@jwells.us

Flicks ^{in the} Sticks

Go a little "retro" this month as Flicks presents two great movies: a classic from back in the day and a new film based on a classic TV series.

"Goonies" - 8:30 pm - July 10 "Star Trek" - 8:20 pm - July 31

Take a break from the summer heat and bring the kids for some great family entertainment. It's too hot to cook, so why not pick up dinner on the way? You can spread the picnic blanket on the **Nature Center lawn**. Come early to get a good spot. Free popcorn and cold drinks are available.

Movies begin around sundown - time listed is approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled.

Flicks in the Sticks is a FREE event, brought to you by the HOA Technology Committee. Volunteers are always welcome and needed.

Donate Your Old Pool Towels to Help Friends of Homeless Animals of Northern Virginia!

Girl Scout Troop 4480 will be collecting towels on Labor Day weekend at the Southern Walk pool. Please bring us your old towels and make a homeless pet happy!



Broadlands Kids' Triathlon Friday, July 9th Start Time: 9:00a.m.

Come out and join us for the 2nd year of the Broadlands Kids' Triathlon. It is an untimed triathlon for children of all ages sponsored by the Broadlands ODSL Swim Team. Proceeds from the event are donated to the Multiple Sclerosis Society National Capital Chapter. Last year this event raised \$3,000!

Kids will swim in the Southern Walk pool, bike along the paths & streets in Southern Walk and then run on the Mill Run Elementary School track.

For more information, check the swim team website www.broadlandsswimteam.org.



Briar Woods High School Falcons garden flags available at briarwoodsfundraiser@yahoo.com

SAVE THE DATE!

Broadlands 2nd Annual Carnival

August 28, 2010 4:00p.m. - 7:00p.m. Broadlands Nature Center

Family fun, entertainment, food, games, rock climbing wall and much more!

Volunteers needed please contact, tammy@jwells.us

BROADLANDS LIVE! Season Seven Continues!

Broadlands Live! kicked off their 7th season with a children's opener, Rocknocerous, cranking up a family good time, followed by a crowd favorite, Junk Food. Mercury in Summer and Gonzo's nose will continue the fun at 5:30p.m. on July 9th. Come ready to party and enjoy dinner with your family and neighbors.



The Broadlands Live! music series continues on Friday evenings: August 13th and September 10th from 5:30pm to 9:30pm. The concerts are scheduled so residents and their families can come right after work, grab a bite to eat and enjoy music with neighbors and friends outdoors. The local bands selected to perform will appeal to all ages. Come ready to have a good time! Support local vendors Subway, Domino's Pizza and Hawaii's Best Shaved Ice Company and pick-up your dinner at the show.

All Broadlands Live! concerts are BYOB. If you choose to consume alcohol, you must present your ID - NO EXCEPTIONS and stay in the designated alcohol area due to ABC regulations.

The 2010 Broadlands Live! concert series is proudly presented by Inova Loudoun Hospital, Silver Sponsor, OpenBand and by Bronze Sponsors Stream Valley Veterinary Hospital, Broadlands Family Practice, Rain Salon, Wegmans, Ashburn Rental and Wiger Orthodontics.

Watch for information in our future newsletters, visit the Broadlands Live! website at Broadlandslive.com or call the Broadlands Live! hotline at 571-333-4FUN for more information or to volunteer. Broadlands rocks and so do you!



Broadlands Casino Night

Saturday, September 25, 2010 7:00-11:00pm Broadlands Community Center \$25.00 per person advance purchase (before Sept. 1st) \$30.00 after September 1st

Casual Evening Dress



Feeling Lucky? The Broadlands Events Committee is hosting our 2nd annual Casino night for residents 21 years and older. Blackjack, Poker, Roulette, and Craps...take your chance and play them all!

Admission includes: open wine, beer, & soda bar, fabulous appetizers and mouthwatering desserts, \$1,500.00 fun money and entry into the evening's raffle.

To purchase tickets, please fill out this form, attach a check payable to the Broadlands Association, Inc. and drop it off at the Association office at the Nature Center or in the drop box outside the office. All payments must be made by a Broadlands Resident.

Please write "Attn: Casino Night" on the envelope and "Casino Night" in the memo area. Payments must be received no later than September 20, 2010.

Name: _____

Address: _____

Phone number: _____

Email Address: _____

of tickets ______ x \$25.00 (before 9/1/10) x 30.00 (after 9/1/10)

Tickets are limited and will be sold on a first come, first serve basis.



Patriot Disposal Collection Schedule

Mondays:

Trash and Yard Waste

Thursday:

Trash and Recycling

Trash and recycling will be picked up on Monday, July 5th. Please have trash at the curb no later than 7:00a.m.



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VISA

Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to management no later than 7 days prior to the meeting.

Get Connected @ ArmstrongConnect

ArmstrongConnect[™] is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to mburns@broadlandshoa.com. Please include your name and address. Your code will be sent to you via return email. Then visit www.armstrongconnect.net/register and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at www.armstrongconnect.net/broadlandsassociationinc. Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email broadlands@armstrong.net.

Homeowners Association Board of Directors Meeting

Tuesday, July 13, 2010 at 6:00 p.m.

in the Nature Center conference room

Modifications Subcommittee

The Subcommittee meets at 7PM in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

Your manuals, handbooks and presentations are in good hands.



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MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE

July 7, 2010 July 21, 2010 August 4, 2010 August 18, 2010 **SUBMISSION DATE** July 2, 2010 July 16, 2010 July 30, 2010 August 13, 2010

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary to the Modifications Subcommittee, at the Association office in the Nature Center 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.



July Monthly Gardening Tips

• Flowering dogwood (Cornus florida) commonly is affected by a number of diseases, including the fatal dogwood anthracnose. Protecting your dogwoods from drought stress can go a long way toward keeping them healthy. Make sure they have been mulched in a wide ring with organic material, about 3 inches deep (do not use dogwood leaves or wood as mulch, and pull back from trunk). During prolonged dry periods, water dogwoods thoroughly.

• During dry spells, trees may shed up to 10 percent of their leaves. This leaf loss helps reduce water lost from the tree by transpiration and causes little or no harm to the tree..

• Tip die-back of redbud (Cercis canadensis) may be caused by saturated soil. Redbuds are very intolerant of "wet feet" caused by prolonged wet soil and high humidity.

• Some woody ornamentals attractive to hummingbirds are crabapple, hawthorn, albizia, Siberian pea shrub, tulip poplar, buckeye, and horse chestnut.

• Inner leaves and twigs of trees normally drop from lack of sunlight, but falling clusters of leaves attached to short twigs may result from insect or squirrel activity. Girdling insects make shallow, encircling depressions, while twigs broken by squirrels have diagonally severed ends.

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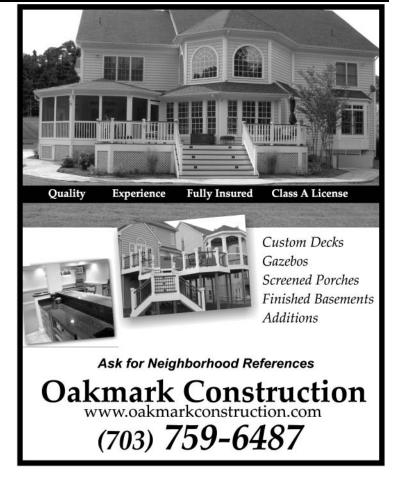
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Board Actions May 6, 2010 Meeting

- Approved Minutes of April 13, 2010 meeting, as amended.
- Approved Motion to approve Land scaping Guidelines proposed by the Modifications Subcommittee.
- Approved Motion to approve Fencing Guidelines with changes proposed by the Modifications Subcommittee.
- Approved Motion to approve, pursuant to approval of modified Fencing Guidelines on May 6, 2010, all exist ing, approved and already installed picket fences will be exempt from the picket spacing requirement outlined in the modified Fence Guidelines.
- Approved Two write-offs suggested by attorney.



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General Manager Comments

I hope everyone is enjoying the pools, tennis courts and trails. Please be aware that covenants inspections are continuing throughout the summer and now is the time to get outside maintenance done on your homes. Remember that lawn maintenance is important and if you will be away, have someone take care of your lawn, pick up newspapers and mail.

Have a wonderful July 4th holiday. Please be careful. As a reminder, many types of fireworks are illegal in the Commonwealth of Virginia. Be considerate of your neighbors.

LOST CAT

Small, all Gray, has a Mole on her upper lip, shakes her tail a lot. Missing since June 7th from Tumbletree Ter/ Village Dr. If found please call Shye 703.728.6548 / Maddy 650.533.3640 or email sg8@mac.com

ASHBURN RURITANS HONOR OUTSTANDING STUDENT CITIZENS



Recipients from the Broadlands and the surrounding area from left to right are: Pauline Schnelzer of Hillside Elementary - Mallory Garrison of Eagle Ridge Middle - Tyler Conway of Mill Run and Megan Ladany of Rosa Lee Carter Elementary.

Ashburn Ruritan Club President Barry Dwyer established the theme for the Club's 15th annual "Outstanding Student Citizen Awards" night. He encouraged the awardees to continue the effort that had resulted in their selection for an award by their respective schools at the next educational level they pursue. "Continue to display the enthusiasm for learning, the cooperativeness with your teachers, the compassion and assistance to your peers, and the community service activities that have earned you these awards. The future of our nation depends on your continued outstanding performance.".

The event, hosted by the Assistant Principal of Broad Run High School, Douglas Anderson, was held in the school cafeteria in Ashburn on May 18th, 2010 and attended by a crowd of some 140 persons including students to be honored, their families, teachers, school principals, Ruritan members, and honored guest, Ned D. Waterhouse, Deputy Superintendent of Loudoun County Schools.

Students from 21 Ashburn area schools who had been selected by their Principals and teachers as the "Outstanding Student Citizen" of their respective schools received awards.

The awards consist of United States Savings Bonds for Elementary and Middle School student winners, cash scholarships for High School winners, and plaques engraved with the winning student's name for display in each school. In addition, a Ruritan student member received a civic service award for her community service.

In his closing remarks, Ned Waterhouse thanked the students, their parents, school faculty, and Ruritan members for their effort collectively in keeping the Ashburn area and Loudoun County an exceptional place in which to live and work. He pointed out that a primary reason for the growth in Loudoun County was the excellence of the families who lived here and the educators who taught in our schools. (Loudoun County's current high school graduation rate is among the highest in the nation.)

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Butterfly Safari

Free Family Program Brought to you by Wildlife Habitat Committee

Date:Wednesday, July 28thTime:7:00p.m. – 9:00p.m.Location:Broadlands Community Center
43008 Waxpool Rd.

Families with children aged 5 and up are invited to join the fun as local naturalist, storyteller, and the co-founder of the Washington Area Butterfly Club, Alonso Abugattas, shares some wonderful facts about these winged wonders. Discover the many clever ways these delicate creatures survive.

For more information contact Laura Weidner at lweidner@loudounwildlife.org.

Summer is here - Time to Enjoy Your Deck! Call Elite Pressure Cleaning to get your deck prepared for summer fun!



When You Don't Want to Think Outside the Box By Shannon M. Pecora, M.A. Stream Valley Veterinary Hospital

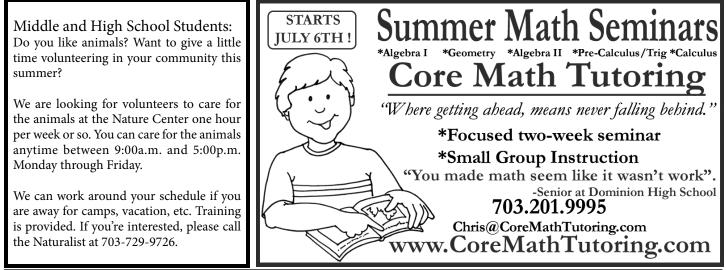
On a fairly regular basis, our staff books and sees appointments with clients whose cats have stopped using their litter boxes. Especially when these cats had previously well-established litter box routines, this issue can be mysterious and frustrating. It can take a little detective work to uncover the source of the problem, whether it is behavioral, medical, or a combination of both.

Of course, it helps to start off on the right foot and hopefully prevent such an issue from occurring in the first place, so consider your situation to create the ideal setup. Is yours a multiple-cat home? If that is the case, make sure that you have at least one litter box per cat plus one extra to avoid any territorial spats or lines at the "little kitty's room". It is also important to place boxes in different locations throughout the home. Cats prefer to go where it is convenient, without having to trek across the house or up and down stairs, and they aren't always fond of "doing their business" around everybody else. And think carefully about the different locations you choose. No one really wants to eat, drink, and potty all in the same place, so keep food and water separate from litter boxes. Doggie play areas, noisy household appliances, and high traffic zones can be frightening to felines. It's best to create as much privacy, peace, and quiet as possible around litter boxes, but balance that with accessibility; your kitty shouldn't have to search extensively or jump through hoops in order to relieve himself. And in general, a clean litter box is more inviting, so scoop at least once daily and change litter at least once weekly. Periodically cleaning boxes with soap and water can also be helpful.

Often, the issue is change in the home, whether dramatic or subtle. Maybe you have recently moved to a new home. If so, remember the techniques you used when your cat was a new kitten or adult adoptee. Bring her to the litter box; once you show her where it is, instinct should kick in and she'll know what to do. Did you add a new cat, dog, or even baby to your family? It can take time, patience, and gradual introductions to help your cat settle back into the normal routine. Or you may have made a change that seems simple on the surface, such as switching litter brands or placing a different rug in front of the little things have the potential to be vastly off-putting, and you may need to return to old ways to get your cat back on track.

As is hopefully clear, disruption of litter box habits can occur for a myriad of reasons. Therefore, perhaps the most important step to take if you notice a change is to make an appointment with your veterinarian. The root of the problem could, in fact, be a medical issue, such as a bacterial urinary tract infection, kidney stones, bladder inflammation, early renal disease, intestinal parasites, or inflammatory bowel disease. A professional veterinary assessment is vital to protect your pet's health and to resolve medical issues as early as possible. Untreated illnesses, even minor ones, have the tendency to progress to serious medical concerns, and unfortunately, an illness that disrupts litter box use can lead to or become behavioral habit, often making it even more difficult to "get back to normal."

The mystery of litter box habit changes isn't always the easiest to solve. However, if you work closely with your vet and are diligent with the techniques the doctor recommends, you should see the investigative and practical teamwork pay off, saving both your carpets and your kitty's health.





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A Few Words From Broadlands New Naturalist, Lisa Matthews

Hello Broadlands! I am your new naturalist at the Nature Center. My name is Lisa Matthews and I am from just about everywhere. I have lived in 4 states, visited all but four and have lived in five different countries and visited many more, which was all made possible because I am married to a Foreign Service Officer. I have studied biology, zoology and botany at Cal Poly, SDSU and UMCP and have enjoyed learning about the animals, plants and birds everywhere that I have lived. As a mother of three sons, I was heavily involved in Scouts and had the privilege to organize the nature and science programs for them and also for our local schools.

I will offer programs for our youngest residents, but would also like to offer programs for the Middle and High School students that live in the Broadlands, who are interested in aspects of biology, zoology and botany in a "field" setting. They can sign up at the Nature Center. One Saturday a month I will run a family oriented program and hope to offer a monthly adult program in the future.

Please stop by or send an email to me, naturalist@broadlandshoa.com, and let me know what kind of programs you might like to attend. I would like to

provide programs for residents of all ages. I am always open to ideas.

Please come by and visit or call me at 703 729-9726.





Items needed!!

- Xbox 360 and PS3
 - Video Games
 - Controllers
 - Gaming Consoles
- Movies

Your donations will be collected in a marked box in the HOA office lobby from July 6th to August 7th.

Walter Reed Army Medical Hospital Comfort Program

Bring the gift of fun and relaxation to the hospital bedside of a Wounded Warrior.

Your donated video games, movies, and systems are used to provide



comfort and social activity for our soldiers. Please donate any items listed to the left that are new or very good condition. This collection is part of a Troop 1154 Eagle Project.

We are working in conjunction with CAUSE (Comfort for America's Uniformed Services), a non-profit organization whose goal is to provide comfort for our wounded soldiers.

Not sure what to donate? Check out the wish list on CAUSE's website for items soldiers have requested:

www.cause-usa.org (Select Donate Tab, page halfway to "Donate Items" click on C-Del link .)

This is part of a Boy Scout Eagle Project from Troop 1154

Audubon Naturalist at Broadlands Summer Nature Camp Kids Grow Better Outside!

Give your child the gift of the outdoors this summer. Our nature camps take place at the Broadlands Nature Center and are the best way to get kids outside and learning. Our camps feature eco-crafts, games and nature exploration. The Nature Center and all of its animals and activities will be our home as we explore the natural world around us.



To Register Online:

Go to <u>www.audubonnaturalist.org</u>.

Click on Register Online and follow the prompts

For questions about the registration process please call 301-652-9188 x16 We encourage people to use the online registration system; however, if you prefer, we will mail or email you a registration form.

CAMPS FOR 4-5 YEAR OLDS

Super Duper Science: June 28th-July 2nd 1pm-4pm

Slime and bubbles to wheels and balls - we cover it all in this fun, hands-on science exploration. Hands-on science experiments will help us learn all about mixtures and movement in this camp perfect for budding scientists. We will then go outside to find similar science in the outdoors.



CAMPS FOR 6-7 YEAR OLDS

Creature Feature: June 28th-July 2nd 9am-noon

Meet a live animal every day in this exciting camp! We will investigate the differences between wild animals and pets, including their different adaptations. Before we meet our live guest, we will practice safe handling and how to respect our new acquaintances. We'll finish every day seeing and touching the animal we have learned so much about!

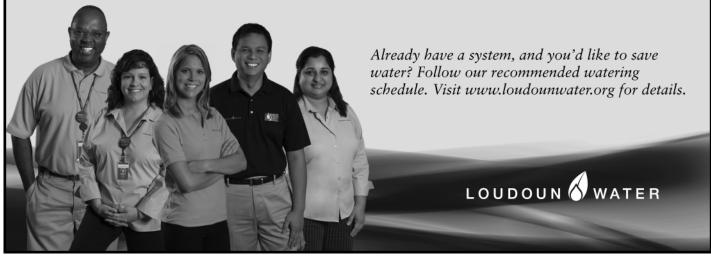
> Cost: Broadlands Residents: \$120 Non-Resident: \$150 For questions about our camps please contact Julie at julieg@audubonnaturalist.org or call 703-669-0000 x 1



Water You Thinking?

Thinking of installing a permanent underground sprinkler system this year? Make sure you use a contractor that's Loudoun Water Preferred. That way, you can be sure your system is well designed, it protects your water supply from backflow, it saves water, and saves you money.

View our growing list of Loudoun Water Preferred Irrigation Contractors www.loudounwater.org/Residential-Customers/Loudoun-Water-Preferred/





July Nature Programs

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide the following programs.

Programs are held at the Nature Center and are \$5 per child, unless otherwise indicated. Please register by calling 703-729-9704 at least one day before the program. A minimum number of 3 participants are required or the program will be cancelled. Please dress for the outdoors.

Dragons, Damsels and Ladies I

Date: Wednesday, July 7, 2010 Time: 10:30a.m. – 11:30a.m. Ages: 4-5 year olds with parent There will be a discussion about metamorphosis and a craft.

Dragons, Damsels and Ladies II

Date: Wednesday, July 14, 2010 Time: 1:30p.m. - 2:30p.m. Ages: 6-8 year olds with parent There will be a discussion about metamorphosis and a craft.

Storytime for 2's and 3's

Date: Friday July 23, 2010 **Time:** 10:30a.m. – 11:00a.m. **Ages:** 2 and 3 year olds with parent Listen to a nature-themed children's book, followed by a craft or other hands-on activity.

Dragons, Damsels and Ladies III

Date: Saturday July 24, 2010 Time: 11:00a.m. - 12:30p.m. Ages 5 and up. Limit 15 An adult must accompany children under 10 Bring a Philips head and flathead screwdrivers and a small hammer. We will be making wooden bug boxes.

Naturalist Weekday Hours:

Monday: 12:00 p.m. - 3 p.m. Wednesday: 10:00a.m. - 5:00p.m. Friday: 10:00a.m. - 2:00p.m.

Nature Center Saturday Hours: July 24th and 31st 10:00a.m. to 2:00p.m.

Turtle Time

Every Friday from 10:00a.m. - 11:00a.m. Come see Swimmy and Franklin enjoy the sunshine!

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Annual BackBarn BBQ at Willowcroft Farm Vineyards

38906 Mt. Gilead Rd. Leesburg, VA 20175 Join us Independence Day weekend for our annual BackBarn BBQ featuring wine tastings and barbecue catered by Red, Hot, & Blue! Reservations required Saturday, July 03, 2010 (12:00 PM-4:00 PM) Admission Fee: \$12/person willowine@aol.com

Lovettsville Independence Day Celebration at the Community Center

57 E. Broad Way Lovettsville, VA 20180

Celebrate Independence Day, one day early! Lovettsville's celebration kicks off with a hometown parade followed by family activities including pony rides, games, face painting, and more! There will be music and concessions all evening, concluding with an awesome display of fireworks. Saturday, July 03, 2010 (5:30 PM-10:00 PM)

Independence Day Celebration at Franklin Park

17501 Franklin Park Dr

Purcellville, VA 20132

Celebrate the July 4th holiday with Franklin Park's incredible fireworks display. Enjoy a family-friendly nightout with great music, delicious food, and entertainment. Sunday, July 04, 2010 (6:00 PM-10:00 PM) Admission Fee: \$5 pp donation. www.loudoun.gov/franklinpark.

Leesburg Independence Day Celebration at Ida Lee Park

60 Ida Lee Drive, N.W.

Leesburg, VA 20176

The Town of Leesburg's Independence Day Celebration will be a day full of festivities beginning with the patriotic July 4th parade. The parade begins at Ida Lee Park and travels down King Street to Catoctin Circle. Evening events and festivities will be the highlight of the day at Ida Lee Park. With gates opening at 6:00 pm, the public is invited to continue their day of celebration while listening to a live band play music under the evening sky. Food vendors will be on hand. End your day of celebration with the grand finale - fireworks over the park! Sunday, July 04, 2010 (10:00 AM-10:00 PM)

Middleburg's Independence Day Celebration at the Community Center

300 W Washington St Middleburg, VA 20117 Celebrate Independence Day all day in Middleburg. The pool will be open from 11am-6pm, followed by music, games, contests, and food. Fireworks will commence at dusk! Sunday, July 04, 2010 (6:00 PM-9:00 PM)

Old Time 4th of July Celebration

Claude Moore Park/Lanesville Heritage Area 21544 Old Vestal's Gap Rd Sterling, VA 20164

Celebrate an old fashioned 4th of July set in the park's historic area. Activities include pony and wagon rides, a pie eating contest, crafts, an amazing reptile show, and nature exhibits. Tour the historic Lanesville Ordinary and see displays at the Loudoun Heritage Farm Museum. Enjoy live music and food vendors. Sunday, July 04, 2010 (10:30 AM-3:00 PM)

Rock the Field! In Purcellville Outdoor Park

361 S 20th Street Purcellville, VA 20132

Rock The Field! is a wonderful event highlighting young musicians from the Western Loudoun area. Approximately ten bands will play classic rock-and-roll, blues, pop and motown hits. In addition to fantastic music, free fun activities for teens and younger kids and food and drink for purchase will be offered. Come join us under the historic oak and maple trees of Fireman's Field in downtown Purcellville for a wonderful afternoon of great family entertainment. Sunday, July 04, 2010 (1:00 PM-6:00 PM)

Town of Purcellville's 4th of July Parade 130 E. Main Street

Purcellville, VA 20132

The Town's 4th of July celebration promises to be a funfilled family event. The Fireman's Parade will start at 1:30 PM at Emerick Elementary and will proceed through Town and end at Loudoun Valley High School. Please join us for this wonderful Town celebration. This parade is sponsored by the Purcellville Volunteer Fire Department and the Town of Purcellville. Sunday, July 04, 2010 (1:30 PM-2:30 PM)





Pesto-Topped Grilled Summer Squash

 $\frac{1}{2} \exp(s)$ chopped fresh basil 1/4 cup(s) toasted pine nuts (see Tips & Techniques) 1 tablespoon(s) extra-virgin olive oil 1 tablespoon(s) grated Parmesan cheese 1 clove(s) garlic, minced 2 teaspoon(s) lemon juice 1/4 teaspoon(s) salt 2 (about 1 pound) medium summer squash, sliced diagonally 1/4-inch thick Canola or olive oil cooking spray

Preheat grill to medium-high. Combine basil, pine nuts, oil, Parmesan, garlic, lemon juice, and salt in a small bowl. Coat both sides of squash slices with cooking spray. Grill the squash until browned and tender, 2 to 3 minutes per side. Serve topped with the pesto.

Sweet and Tangy Melon Salad

4 tablespoon(s) finely chopped shallots 4 tablespoon(s) (about 12 sprigs) chopped fresh mint ¹/₄ cup(s) cider vinegar 2 tablespoon(s) honey 1 teaspoon(s) salt 1/4 teaspoon(s) ground black pepper 1 small Asian pear, cut into large matchsticks 1/2 seedless cucumber, cut into large matchsticks 1 cup(s) shredded jicama

1 ¹/₂ cup(s) watermelon, cut into small cubes

Whisk the shallots, mint, vinegar, honey, salt, and pepper together in a medium bowl. Add pear, cucumber, jicama, and watermelon. Toss well to coat and serve immediately.



Cherry Ice Cream Pie with Chocolate Cookie Crust

3 cups reduced-fat "light" vanilla ice cream, softened 1 ¹/₄ cup chopped pitted fresh or frozen cherries, divided 1 9-inch chocolate-cookie pie crust 2 tbs mini chocolate chips

Gently combine ice cream and 1 cup cherries in a large bowl. Transfer to the crust and garnish with the remaining 1/4 cup cherries and chocolate chips. Freeze until firm, at least 4 hours.

Ricotta Orzo

1/2 lb orzo 1 tsp olive oil 1¹/₄ cup chopped leeks 1/2 cup fresh frozen peas ¹/₂ tsp salt 1/8 tsp ground black pepper 1 cup fresh ricotta 4 strips cooked bacon crumbled ¹/₂ cup whole milk, warmed 1/3 cup grated Parmesan 1 tbs chopped fresh dill



Fill a large pot with water and bring to a boil. Add 2 tablespoons salt and the pasta. Cook for 4 minutes. Drain and rinse well. Set aside. Heat the oil in a large skillet over medium heat and add the leeks. Cook until leeks are tender and bright green, about 3 minutes. Add the peas, salt, and pepper and cook for 1 minute. Add the orzo, ricotta, and bacon and toss well over medium heat until warm, about 3 minutes. Add the milk, Parmesan, and dill and cook for 1 minute. Serve hot.



Win a \$25 Gift Certificate to 🔀 Bonefish Grill !

Solve the following Fourth of July Scramble problems correctly and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than, noon, July 9, 2010. Be sure to include your name and telephone number.

- 1. algf
- 3. rwosriekf

4. bcbeeura

6. tsras

2. uljv

5. maaiecr

CONTACT INFO:

Name: Phone:

Swim Lessons Offered This Summer

Broadlands in conjunction with High Sierra Pools will again be offering swimming lessons this summer. There will be three different sessions available beginning Monday, June 21st. Each session is comprised of eight lessons over 2 weeks taught between Monday - Friday depending on the pool. Nemo and Sea Turtle lessons will be held Monday, Tuesday, Wednesday and Thursday mornings at the Summerbrooke pool. Dolphin and Shark lessons will be held Monday, Tuesday, Thursday and Friday at the Southern Walk pool.

Make-up days will be scheduled as needed for classes that were canceled due to bad weather, instructor absence or mechanical failure of equipment. There is a minimum of four children required to run a lesson with a maximum of seven children in each group. The duration of each lesson is 30 minutes. The cost of a regular group lesson session (8 classes) is \$70. The cost of a regular individual lesson session (8 classes) is \$280.

If you are interested in having your child or children participate, please visit our website to register: http://www.highsierrapools.com/ services/swimming-lessons/ or e-mail veronika@highsierrapools.com for more information. Evening and adult lessons will also be available. A full description of each session and each level is available online.

Summer 2010 Children's Swim Lesson Schedule

Morning Swim Lesson Schedule at Summerbrook pool (Mon, Tues, Wed, Thurs)

Session 1 - June 21 st - July 1st:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am
Session 2 - July 5th - July 15th:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am
Session 3 - July 19th - July 29th:	Nemos/ Sea Turtles 8:30am – 9:00am	Nemos/ Sea Turtles 9:00am – 9:30am

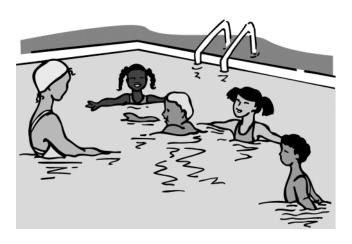
Morning Swim lesson Schedule at Southern Walk pool (Mon, Tues, Thurs, Fri)

Session 1 - June 21 st - July 1st:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am
Session 2 - July 5th - July 15th:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am
Session 3 - July 19th - July 29th:	Dolphins/ Sharks 9:40am – 10:10am	Dolphins/ Sharks 10:10am – 10:40am

Evening Swim lesson Schedule at Summerbrooke pool (Mon, Tues, Wed, Thurs)

Session 1 - June 21 st – July 1st:	Nemos/ Sea Turtles 8:00pm – 8:30pm	Dolphins/ Sharks 8:30pm – 9:00pm
Session 2 - July 5th – July 15th:	Nemos/ Sea Turtles 8:00pm – 8:30pm	Dolphins/ Sharks 8:30pm – 9:00pm
Session 3 - July 19th – July 29th:	Nemos/ Sea Turtles 8:00pm – 8:30pm	Dolphins/ Sharks 8:30pm – 9:00pm

Individual and Adult lessons will be scheduled in the evenings as requested.



Broadlands 2010 Pool Season

Please check below for everything you need to know about the pools. Don't forget to bring your pool pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions!

Pool Locations and Hours

Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check posting at pool for any changes to hours of operation.

Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

10:00 a.m. – 8:00 p.m. daily.

Southern Walk Pool – 43081 Village Drive – 571-223-1331

11:00 a.m. – 8:00 p.m. daily.

Community Pool - 43008 Waxpool Road - 703-724-7830

12:00 p.m. – 9:00 p.m. daily. Adult Lap Swim only at Community Center Pool: Tuesday, Wednesday & Thursday, 5:30 a.m. to 7:50 a.m.

SPECIAL POOL HOURS

Southern Walk Pool

oounic		
Jul 7,	Wed -	close at 4:30
Jul 14,	Wed -	close at 4:30
Jul 17,	Sat -	open at 11:30
Jul 24,	Sat -	close at 5:00
Jul 25,	Sat -	close at 5:00
Aug 28,	Sat -	close at 5:00

Community Center Pool

Jul 10,	Sat -	close at 7:00
Jul 18,	Sun -	close at 4:30
Jul 21,	Wed -	close at 4:30



Broadlands Pool Rules

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS

GENERAL RULES:

- NO glass containers or breakable objects
- NO food or drink except in designated areas
- NO profane language
- NO play equipment or wheeled vehicles, except wheel chairs and strollers
- NO pets
- NO alcohol or drugs
- NO chewing gum
- NO running, pushing, dunking, wrestling or rough play
- NO general swimming in diving area
- NO diving in shallow area
- NO tape players, CD players or radios unless waterproof and used with personal headphones
- NO flotation devices except water wings, U.S.C.G approved life vests and U.S.C.G. approved swimwear flotation devices
- NO DISPOSABLE DIAPERS, children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children 10 years or younger MUST BE accompanied and supervised by an adult or care provider at least 14 years old
- Parents are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules

Members using the pools do so at their own risk. No Lifeguards are on duty at the wading pools. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website at www.broadlandshoa.org/node/6



WWW.BROADLANDSTENNIS.ORG

(Details and registration forms for all our programs)

4-Week Session June 21 - July 18 (Morning Clinics Available)

JUNIOR CLINIC (ages 3-5) Mon – Fri, 4:30-5p.m. (½ of the price stated below)

JUNIOR CLINIC (ages 6-16) Mon – Fri, 5-6p.m. & 6-7p.m. Sat & Sun, 10-11p.m. & 11-12p.m.

ADULT CLINIC – All levels Mon – Fri, 9-10a.m. & 10-11a.m. Mon – Fri, 7-8p.m. Sat & Sun, 9-10a.m.

Broadlands Members/Non Members

(As low as \$13.00 per class) \$60 / \$70 per session (4 weeks) 1 class a week

\$112 / \$122 per session (4 weeks)
2 classes a week

\$156 / \$166 per session (4 weeks)
3 classes a week

Clinics Drop In Fee: \$20 members; \$22 non-members

Current Tennis Events

Weekly Junior Tournaments (Children must be 11+ years old to participate)

Upcoming Tennis Events

Weekly Ladies Bunco Tennis Night

Contact Luis Rosado if you have any questions: Phone (301) 221-7917 Email: <u>broadlandstennis@yahoo.com</u>

Private Lessons

Lessons/hr:	Luis	Luis' Assistant Pro
	R/NR	R/NR
1 player:	\$60/65	\$50/55
2 players:	\$35/38 each	\$30/33 each
3 or 4 players:	\$25/27 each	\$20/22 each
5 or + players:	\$20/22 each	\$15/17 each

Broadlands Junior Tennis Summer Camp 2010 June 21 – August 26



JUNIOR CAMP (ages 3-4) Mon – Thu, 8:30-9a.m. (4 days) Members/Non Members \$30 / \$40 per week

JUNIOR CAMP (ages 5-6) Mon – Thu, 10:00-1:00p.m. (4 days) Members/Non Members \$120 / \$140 per week

JUNIOR CAMP (ages 7-16) Mon – Thu, 9a.m.-1p.m. (4 days) Members/Non Members \$160 / \$185 per week

Included: T-shirt and merit award.

Location: Nature Center Courts, 21907 Claiborne Parkway

Registration: Ongoing, beginning April 1.

Space is limited to 30 campers per week Minimum enrollment is 10 campers per week If oversubscribed, preference will be given to Broadlands Residents

WEEK 1:	June 21-24	WEEK 6:	July 26-29
WEEK 2:	June 28-July 1	WEEK 7:	August 2-5
WEEK 3:	July 5-8	WEEK 8:	August 9-12
WEEK 4:	July 12-15	WEEK 9:	August 16-19
WEEK 5:	July 19-22	WEEK 10:	August 23-26

Please note: Fridays will be used as make-ups for inclement weather cancellations

Notes from Your Neighbors...... Ashburn Volunteer Fire Rescue Department 20688 Ashburn Rd http://www.ashburnfirerescue.org

July 4th: Any firework that explodes, rises into the air, moves across the ground or shoots projectiles into the air, is illegal to possess in Virginia. These devices include firecrackers, roman candles, pop bottle rockets as well as shell devices used at public displays. For a list of approved fireworks and additional information on the use of fireworks, please go to the Fire Marshall's website at: www.loudoun.gov.

If you do use any of the approved fireworks, please follow these safety tips:

- Never allow children to play with or ignite fireworks.
- Read and follow all warnings and instructions. •
- Be sure other people are out of range before lighting fireworks.
- Only light fireworks on a smooth, flat surface away from the house, dry leaves, and flammable materials.
- Never try to relight fireworks that have not fully • functioned.
- Keep a bucket of water in case of a malfunction or fire.

Pancake Breakfast: August 1, September 5, November 7, December 5, 8:00 a.m. - Noon. Join us for "Kid's Corner" which will feature a new surprise, a visit by a special guest, a craft project, and much more. All are welcome to tour the fire engines and ambulances that protect you every day. We continue our diesel fuel fundraising at the Pancake Breakfast. It takes 312 gallons of fuel to fill up 3 fire trucks and 3 ambulances. You can buy a gallon (or more) and if that gallon fills one of those tanks, you get to ring a fire bell! American Red Cross Blood Drive: August 10, 3:00-8:00p.m.

Schedule an appointment online at www.redcrossblood. org/gcp or by calling 1-800-GIVE-LIFE. Appointments are encouraged, but walk-ins are always welcome.

We are currently accepting sponsorship for all our events. Sponsorship opportunities are detailed on our website, or contact us at sponsor@ashburnfirerescue.org.

44081 Pipeline Plaza , Suite 125 Ashburn, Virginia 20147

Dr. Umesh V. Kodu M.D., F.A.A.P Monday-Thursday 9:00am-5:00pm Friday 9:00am-3:00pm Saturday (by appointment only) 9:00am-12:00pm Evening Wednesday and Thursday 5pm-7pm Walk-in Monday and Tuesday 8:30am - 9am Free Prenatal Consultation Tel: 571-223-2229

Website: www.PenguinPediatrics.com

Fax: 571-223-3299



WWW.CLIMATICVA.COM

Intro to BOSU Workout

By, Katie Herbert CPT Fitness.innovations@gmail.com

The following is meant to be an introductory workout on the BOSU. Because the BOSU requires the body to work as a whole you should feel a good burn in minimal time. If you are in good shape and feel like some of the exercises are not challenging enough feel free to email me for ideas to take it to the next level. As with all new exercise programs, if you have any questions about your current health, check with your doctor before beginning the program. Enjoy!

To start: March from the floor to the dome side of the BOSU for 1 minute then switch the leg that is leading. Next come to the top of the BOSU and march on top of the dome for 1 minute. Finally, walk in a circle on the top of the dome, switch sides and repeat a couple times. Now that the core muscles have been fired on let's really move!

1. 3 Point Row	2. Dome Squat
3. Push Up	4. Alternating Lunge
5. Straight-arm Plank Knee Pull-in	6 Kneeling 2 Hand Toss

Perform 12-15 repetitions of each exercise then move to the next exercise. When all 6 exercises have been completed repeat the circuit 2 more times. Remember to have fun and challenge yourself!

Nothin' But 'Net

Submitted by: Dawne Holz, Technology Committee and Consumer Education Specialist at the FTC

FTC Warns of Oil Spill Scams

(Edited for space, full text available at www.ftc.gov/bcp/edu/pubs/consumer/alerts/alt058.shtm)

It's no secret that scam artists follow the headlines, and the daily news of the oil spill in the Gulf of Mexico is no exception. The Federal Trade Commission (FTC) cautions consumers and businesses to be on the alert for fraudulent activity related to the explosion aboard the Deepwater Horizon drilling rig and the resulting spill – and to report their experiences to federal and state authorities. British Petroleum (BP) leased the rig, which was owned and operated by Transocean.

The FTC says it's likely that scammers will use emails, websites, door-to-door collections, flyers, mailings and phone calls to make contact and solicit money. Some may claim they're raising money for environmental causes or offer fraudulent services related to the oil spill.

The FTC says that at the very least, you will want to do some homework before making a donation.

Regarding Donations to Charities

- Some people may misrepresent an affiliation with an environmental organization when they ask for donations. Check out the charity at **www.bbb.org/us/charity** before you contribute.
- Beware of sham organizations that use copy-cat names to cash in on the reputations of older, more established charities.
- Rather than clicking on a link to a website, verify the legitimacy of a nonprofit organization by using search engines and other online resources to confirm the group's existence, history, mission and nonprofit status.
- To ensure your contributions are received and used for the purposes you intend, contribute directly to organizations you know rather than relying on other people to make a donation on your behalf.
- If you get pressure to make a contribution, look for another charity. Reputable charities don't use those tactics.
- Avoid donating cash if possible. Pay by debit or credit card, or write a check directly to the charity.
- If an organization suggests you wire your donation to them, cross them off your list. Legitimate charities usually do not solicit donations via money transfer services.
- For more information on the warning signs of a charity scam, visit **www.ftc.gov/charityfraud**.

Regarding Employment and Volunteer Opportunities

• Avoid any job or volunteer opportunity that requires you to pay a fee before the job begins.

For More Information

For updates on the oil spill, visit **usa.gov**. Enter "Gulf Oil Spill" in the search field.

Where to File a Complaint

If you suspect that someone is committing fraud related to the oil spill, contact the National Center for Disaster Fraud (NCDF). Call: 1-866-720-5721; email: **disaster@leo.gov**; or fax: 225-334-4707. The NCDF was originally established by the Department of Justice to investigate, prosecute, and deter fraud in the wake of Hurricane Katrina. Its mission has expanded to include suspected fraud from any natural or man-made disaster.

You also may file a complaint with the Federal Trade Commission. To file a complaint or get free information on consumer issues, visit **ftc.gov** or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261. Watch a new video, *How to File a Complaint*, at **ftc.gov/video** to learn more. The FTC enters consumer complaints into the Consumer Sentinel Network, a secure online database and investigative tool used by hundreds of civil and criminal law enforcement agencies in the U.S. and abroad.

BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to <u>scollins@broadlandshoa.com</u>.

Not Available on Website Edition

Key:

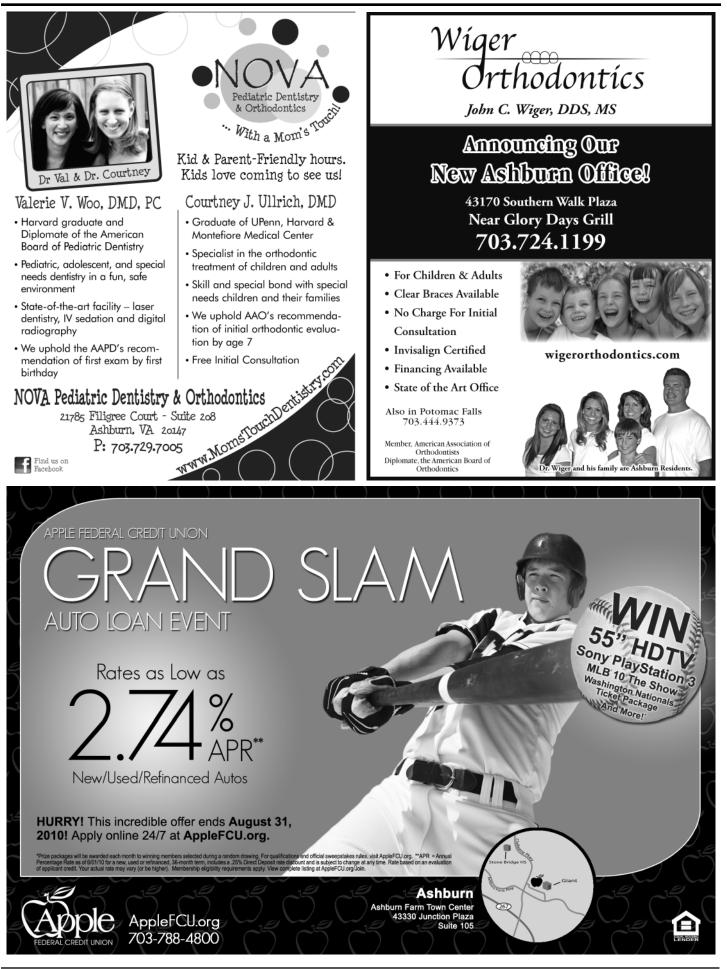
(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to scollins@broadlandshoa. com.



USEFUL NUMBERS

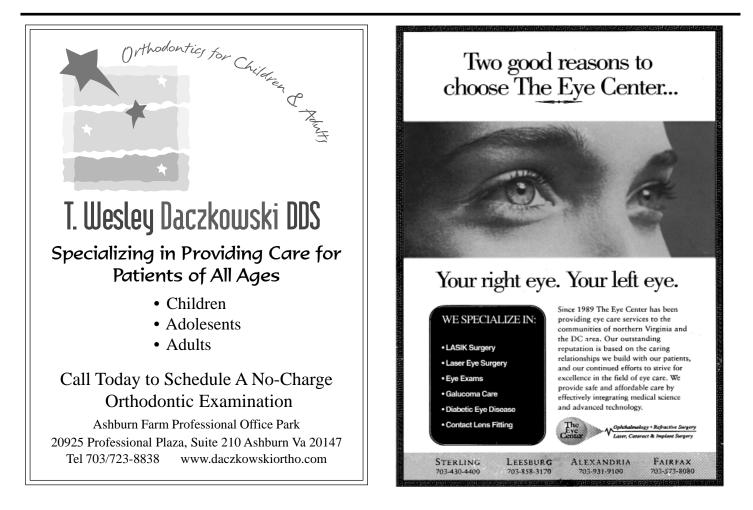
Can also be found at http://broadlandshoa.org/node/117

NON-EMERGENCY		Social Services	(703) 777-0353
Ashburn Fire	(703) 729-0006	School Board	(571) 252-1000
Fire Marshall	(703) 777-0333	Street Signs/Storm Drains	(703) 771-5666
Loudoun County Sheriff	(703) 777-1021	VDOT	(703) 383-8368
Washington Gas	(703) 750-1000	Van Metre Homes	(703) 723-2800
Poison	(703) 625-3333	Verizon	(703) 954-6222
Loudoun Water - Customer Service	(571) 291-7880	Verizon Fios	(888) 553-1555
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878	Voter Registration	(703) 777-0380
State Police	(703) 771-2533	Weather	(703) 936-1212
Dominion Virginia Power	(888) 667-3000	LOUDOUN COUNTY PUBLIC SCHOOL	
PUBLIC INFORMATION		Briarwoods HS	(703) 957-4400
Abused Women's Shelter	(703) 777-6552	Eagle Ridge MS	(571) 252-2140
Animal Control/Shelter	(703) 777-0406	Hillside ES	(571) 252-2170
Building Permits & Dev.	(703) 777-0397	Mill Run ES	(571) 252-2160
Comcast	(703) 430-8200	PUBLIC OFFICIALS COUNTY SUPER.	
Child Protective Services	(703) 777-0353	Stevens Miller	(703) 777-0204
County Landfill	(703) 771-5500	SCHOOL BOARD REPRESENTATIVE	
CPR Class Info	(703) 444-1155	Robert Dupree	(703) 729-3430
DMV (VA)	(800) 435-5137	VIRGINIA HOUSE OF DELEGATES	
Drug Abuse	(703) 771-5100	Robert G. Marshall (13th)	(703) 361-5416
Dulles Airport Hotline	(703) 572-2700	Richmond Office	(804) 698-1013
Health Department	(703) 777-0236	David Poisson (district 32)	(703) 421-6899
Library (Ashburn)	(703) 737-8100	Richmond Office	(804) 698-1032
Loudoun Ride On	(703) 777-2708	VIRGINIA SENATE	
Loudoun Hospital	(703) 858-6000	Mark Herring (district 33)	(804) 698-7533
Main Street Mailboxes	1(703) 753-5521	District Office	(703) 729-3300
Miss Utility	(800) 552-7001	Constituent Hotline	(800) 889-0229
Metro	(202) 637-7000	U.S. HOUSE OF REP. 10 th DISTRICT	
OpenBand 24x7 Customer Service	(866) 673-6226	Frank Wolf	(703) 709-5800
OpenBand Trouble Tickets	(703) 961-1110	U.S. SENATE	
Parks and Recreation	(703) 777-0343	Jim Webb	(202) 224-4024
Patriot Disposal	1(703) 257-7100	John Warner	(202) 224-2023
Ridesharing	(703) 771-5665	VIRGINIA STATE GOVERNOR	
Road Conditions	(800) 367-7623	Bob McDonald	(804) 786-2211

Daisy Troop 3454 Helps to Keep Broadlands Beautiful!



Daisy Troop 3454 cleaned up Broadlands' trails on May 15th and 16th finding almost three bags of trash. Great jobs ladies!



who comes first you.

Knowledge is power, especially when it comes to your health. For just that reason Reston Hospital Center is bringing our most popular health education classes to our Ashburn Education Center, conveniently located at 20925 Ashburn Professional Plaza, in Suite 110.

Please join us for the following classes in March and April:

- June 22, 10 a.m., New Mom Support Group
- July 12, 6 p.m., Baby Care Basics
- July 27, 10 a.m., New Mom Support Group
- August 10 and 12, 10 a.m.-noon, Avoiding the Freshman 15

To register for these, or any of Reston Hospital Center's classes, call 1-877-689-DOCS. Learn more at restonhospital.com



CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMAN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Woman's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands' Comm. Ctr.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN CLASSICS

The next meeting will be held on July 10th at the Mills Recreation Center in Ashburn Village at 10:30a.m. Following our regular meeting, there will be an ice cream and cookies social. IT'S FREE! Reservations can be made by calling our Treasurer at 703-729-6591. There will be no meeting in August.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoast-host.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. For info contact BroadlandsWildlife@gmail.com.

BROADLANDS NEIGHBORHOOD BIBLE STUDY

We are starting Just Walk Across the Room. We meet Tues mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

COMMUNITY BIBLE STUDY

Does your study of the Bible leave you feeling confused and uninspired? Take heart! We'll introduce a practical, proven method for how to study Scripture that will help the reader glean life giving truths. Join us at the Comm Ctr at 5:30p.m. every Sun. For info, contact Pastor Anthony, 703-729-6443, ant.hendricks@lcbc.org.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, <u>www.pack1483.com</u>, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LA LECHE LEAGUE OF ASHBURN PM

Have questions about breastfeeding? Want to meet other nursing mothers? We meet the 2nd Wed of the month from 7:00p.m. - 8:45p.m. at the Broadlands Community Center. To contact a Leader please call 703-729-1205.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 3rd Friday at 10:00am. For info, contact Julie Peckman at 703-858-5679 or julesgkp468@gmail.com.

MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

MOMS IN TOUCH FOR EAGLE RIDGE

Eagle Ridge Middle School moms have a Moms in Touch group meeting in the Broadlands. Join us as we pray for ERMS and our ERMS children on Fridays at 10:00a.m. Contact Carla for more info at 703-729-6443 or ackhend@aol.com.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@ sashaheart.com for more info.

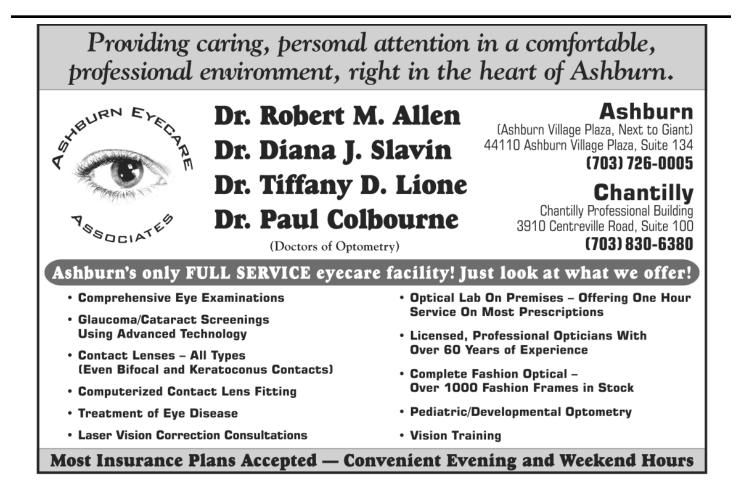
TECHNOLOGY COMMITTEE

We meet at 7:30 p.m. on the 2nd Weds month in the Broadlands Nature Center. For info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

YOUNG MUSICIANS NETWORK

Minton Academy of Music hosts Friday Night Jam Sessions for young musicians every 2nd Fri at 8:00p.m. For musicians, ages 11 to 16. Particpants must have hasd at least 1 year of private lessons to attend. For more info call 703-723-1154.



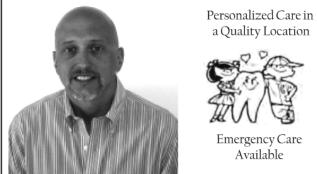


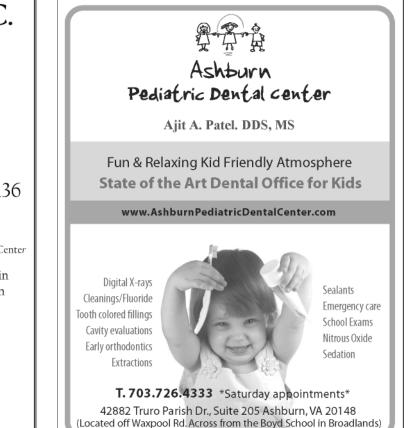


Visit us at www.RonaldRayDDS.com

Ashburn Town Square 43930 Farmwell Hunt Plaza, Suite 136 Ashburn, VA 20147

Between the Bloom and CVS in the Ashburn Town Square Shopping Center





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DENTAL / ORTHODONTIA

Ashburn Pediatric Dental Center	34
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Echeandia Lawns & Landscapes	
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ADVERTISING and EDITORIAL IN-FORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the posted deadline.

ADVERTISING INFORMA-TION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. <u>Advertising deadlines</u> <u>are the first day of the month prior</u> <u>to the issue</u>. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

Limited Availability: 1/2 Page B/W 7.25" W x 4.875" H \$295/issue (6 months prepaid \$265.50/issue). Color ads also available.

l/4 Page 3.625"w x 4.875"h \$160.00/issue (6 months prepaid \$135.00/issue)

1/8 Page 3.625"w x 2.25"h \$90.00/issue (6 months prepaid \$72.00/ issue)

Payment is due in full when ad is submitted. Make checks payable to Broadlands Association. No cash payments, please. Copy changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO: Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Ashburn, VA 20148

For more information or questions regarding advertising, contact Staci Kapinos at 703-729-9704 ext.101 or ads4broadlands@yahoo. com.

Please Note: Advertisers in the Broadlands Newsletter <u>are not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management .

EDITORIAL INFORMATION The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

JULY CLASSIFIED ADS

EARLY EDUCATION/DAY CARE

MOM'S MORNING OUT: We offer a MMO program for children between the ages of 2 and 4. Tuesday and Thursday 9:00am-11:30am. Loving and caring teachers with years of experience teaching Loudoun County. CPR/First Aid Certified. State Licensed facility. Circle time, music, Spanish, indoor and outdoor play, crafts. Please call 703-858-0117 or email nancyshep@hotmail.com.

LITTLE SPROUTS PRESCHOOL: Offering Junior Kindergarten (5 year old Preschool) and Mom's Morning Out next year. Will your child miss the September 30th cutoff for kindergarten? We have a special class just for those children next year. A fun, hands on approach to learning. 8 students/ 2 teachers. Contact Karlene 408-750-7349, http:// LittleSprouts Preschool.clubspaces.com.

BROADLANDS KID ZONE: Now registering F/T or P/T for ages 6 months and up. We offer preschool curriculum, learn knitting, Crochet and sewing. Snacks and meals provided. CPR/First Aid and Virtus Certified Contact Victoria at 703-405-3768. Email: info@broadlandskidzone.com Website: www. broadlandskidzone.com.

CREATIVE MINDS of ASHBURN: Infant – Preschool. 3 & 5 Day Morning Preschool (9am-1pm). Part-time/full-time Daycare (8am-5pm). Following 2010-2011 Loudoun County School Calendar. Food Provided. Licensed & Certified. Contact Creative_Minds1@verizon. net or 703-957-5619 or 703-346-1134.

IN-HOME CHILDCARE: I am a loving mother of three young wonderful children, with 10+yrs of childcare experience, First Aid certified with previous CPR certification, with room for 2 more children (ages 1 and up). Plenty of local references! Hours are 7-5pm M-F (Flexible). Please call 571-333-4711.

ENTERTAINMENT/PARTY RENTALS

MAGIC! Looking to add a little something special to your next party or gathering? Have a strolling magician entertain your guests. It's fun and exciting. Come see me in action at The All American Steakhouse. Lessons are also available. 703-402-2718 or slyhand@hotmail. com.

MOONBOUNCE RENTAL IN BROADLANDS! Fully insured. Stress free entertainment for your child's birthday party, etc. \$125 for the day (10am-7pm). We do not deliver. Payment required at time of pick up. Call early, we book quickly! Linda, ALL ABOUT PARTIES, 703-298-1370.

BOUNCE AROUND PARTY RENTAL: Call us for your party rental needs. We have moon bounces, popcorn, snow cone machines and more!! Free delivery and set up. Discount for Broadlands residents and for ordering multiple items!! Call Theresa (Broadlands Resident) at 703-858-4398.

FOR SALE

2 - NEW HEAD RADICAL TENNIS RACKET'S

FOR SALE: Head Radical Ti.S6 Oversize Titanium 4 1/8 (L5 Swing Style Rating) racket in its original carry case - \$50. Head Liquid Metal Radical Oversize 4 1/8 (L4 Swing Style Rating) in its original carry case - \$50. Interested parties please call John @ (703) 389-1726.

SCHWINN "CHOPPER BIKE": Cherry red in color, chrome accents, low rider style, never use, \$99.00 (call 703-729-3845)

DIRT DAWG "DIGGER" HAND BRAKE SCOOTER: Bright red in color, large cross country wheels, never used, \$75 (call 703-729-3845)

ANTIQUE PINE CRADLE: Purchased in Germany, a great accent piece, \$125 (call 703-729-3845)

ANTIQUE PINE BENCH: 7 feet 3 inches long, purchased in Germany, very unique, \$125 (call 703-729-3845)

INSTRUCTION

DRUM LESSONS: Quality instruction for the best rates in the area! Located conveniently here in Broadlands. Call Casey Hart at 703-554-0180 or email at cjhart92@fastmail.fm.

PHOENIX TAEKWONDO: It's not too late for summer camp! If you want your children to have fun, get in shape, and learn discipline, Phoenix is for you! Build character, respect, discipline, and the importance of family and community – taught by Masters who love sharing the gifts of martial arts. For info: www.phoenixtkd.net or (703)858-3998.

KINDERMUSIK CLASSES: Will be offered at the Broadlands Community Center this summer! Music and Movement classes for children age newborn through 3 years are designed to nurture the creative spirit in every child. For more information, visit www.WrightFootForward.com or contact Brenda Wright at WrightFF@gmail.com or 703/344-4135.

GOLF LESSONS: Brambleton Golf Course, Ashburn, VA. Group Lessons, Private Lessons, Girls' School of Golf, July 5-9 and 12-16, 2010. Cathy Jones Assistant Golf Teaching Professional, USGTF Level III Instructor, 703-501-8739, cathy@golfurheadoff.com.

SAT TEST PREP: Help your child achieve their top SAT score ! Small group instruction program here in Ashburn using official SAT Study Guide. Offering an 8-week, 32 hour course for \$595 per student, Saturday and Sunday afternoons. Also available, 6-hour "Power Review" for \$65. Money Back Guarantee. Call Peggy 703-554-2030. Leadingedgetesting@gmail. com.

GUITAR LESSONS: Instructor has Music Degree, Master's Degree and 20 years' experience teaching kids (age 8+) and adults. Instruction in your home or at our Leesburg studio; references from Broadlands residents. Please call 703-777-4352 or email: BlueRidgeStudio@verizon.net.

HOBBY CLASSES: Hindi Classes- once a week, one hour classes. Drawing and water painting – 8 week session, once a week, one

hour classes, \$100 plus \$25 material fee. Indian Cookery Classes offered. Before and After School Care also available. Call 571-333-0199, neeru803@gmail.com.

HEALTH & WELLNESS

LEARNING DISABILITY SUPPORT GROUP: Broadlands' mother of dyslexic middle schooler seeking to start this group. Interested in sharing ideas and information about coping skills, working with local schools and developing our kids to their full potential. Interested? Please email me at supportmomz@gmail.com!

SHAKEOLOGY, THE HEALTHIEST MEAL OF THE DAY! www.shakeloudoun.com Shakeology can help you lose weight, feel energized, improve digestion, and lower cholesterol. 100% Money Back Guarantee. Contact Michael for more information and samples at (571)233-7996 or mobriend@ gmail.com. Broadlands resident.

AS SEEN ON TV! Fitness programs P90X, Insanity, TurboJam, Slimin6, and others. We are looking for health minded individuals who want to help Coach and motivate our paying clients, 100% commissionable, full or part-time from home. Please contact Michael at 571-233-7996 or mobriend@gmail.com.

CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Workouts designed to sculpt, tone, increase strength, promote flexibility. Individualized programs, nutritional guidance, weight loss, pre-natal/post-partum, yoga, pilates and more. All ages/fitness levels. Rely on my experience of more than 17 years to guide you, safely and successfully! Affordable! Stephanie Gotfried, 703-542-2595.

THERAPEUTIC MASSAGE: Nationally certified and trained. Experienced in deep tissue, sports, medical and pain management. Therapeutic spa and Hot Stone treatments available. Certified in Pregnancy Massage with L & D and Doula experience. Claudette Plater, RN,CMT 703-724-4210 Ashburn location. www.tranguilmoment.com.

ART OF LIVING: Yoga and Meditation course with "Sudarshana Kriya" Tools to minimize stress practiced by 4 million worldwide; practices that heal and harmonize the body, mind and spirit. For Ashburn course details and for introductory course information, please call Ms. Chitra Kumble: 703-723-8181 OR Email: ashburn@us.artofliving.org/

OR Visit: http://us.artofliving.org/.

ASHBURN PILATES: Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www. ashburnpilates.com.

HOME SERVICES

WROUGHT IRON STAIR RAILINGS: Increase the WOW factor in your home by replacing wooden hand rails with wrought iron ones. Home builders charge \$7,000-10,000; you can have the model home look for 75% less! Free

design consultation. 703-919-3479.

BROADLANDS HOME IMPROVMENTS: All types of home repairs and improvements. Kitchen, bath, basement, windows, doors, roofing and more. Contact Craig Hart for a consultation and estimate at 571-220-7449.

BELMONT DECK & PATIO, CONSTRUCTION: Building all types of decks and patios. Pressure treated and composite maintenance free products. Maintaining old decks/patios by power washing and painting. Also, all types of Handyman Projects, Landscaping, Painting, Interior Repairs, Exterior Repairs. Call 571-209-0332.

Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

MOWING GRASS service for town homes, single family, absentee home improvement needs, Honey Do's; landlords and real estate agents handling specializing in Bath Room, Kitchen and vacant home sales. Mow, edge, trim and blow, plus Scott's seasonal applications available. A great gift idea! FENCE sales, power wash and net, Licensed and Insured, Free estimates, restain, Retired Professionals: jackthedecker@ aol.com and 703-858-0103.

ELECTRICAL SERVICE BANF LLC: specializing in trouble shooting and any other service related to upgrades or repairs. 661-1700 www.thecareoftrees.com. Licensed and Insured Electrical Contractor VA/ MD. Ask about our monthly specials!!! Contact SERVICE: Residential Specialist. Free screen Chris 703-723-6501 (Broadlands Resident).

WISE GUYS ROOFING SIDING & **IMPROVEMENT LLC:** FREE ESTIMATES - Roofing & Siding Installation & Repair -Gutters Installation & Cleaning - Windows -Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent yrs experience. "You can't afford not to call." or free Gutters! Lowest Price & Satisfaction Please call Gary's Painting, 703-971-4016. www.WiseGuysRoofingSiding. Guarantee! com. Contact us: 571-722-5543 or info@ WiseGuysRoofingSiding.com.

HOUSEKEEPER: Weekly - Bi-Weekly - Move In - Move Out. We are Reliable, Economic. References available. Free Estimates. Please Call Sonia at Home: 703-354-6102 or Cell: 571-275-3128.

KETTY'S MAID SERVICES (K.M.S.): Cleaning services for single family homes, townhomes and apartments. Weekly, Bi-weekly and onetime only. Free estimates. Call Ketty: (703)771-4035, (703)554-2487, (703)297-1934.

MARIA'S START CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday - Friday at 703-723-3850 or visit our website at www.mariasstarcleaning. com.

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

FULL CIRCLE HOME IMPROVEMENT: Kitchen and Bath Remodeling. Finished

Basements-Flooring-Tile-Hardwood-Laminate-Lighting-Finished Trim-Moldings-Painting-Decks and more. Licensed and insured. Call Rich at 703-723-4268 email full circlehome@ vahoo.com

HANDYMAN SPECIALIST: Lives in the Broadlands with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. MichaelARosario@aol.com.

HOME IMPROVEMENT CONTRACTOR: Specializing finishing basements, in ALL AROUND GLASS INC: Herndon, VA Patio remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

"CHEAP": Excellent SHANTZ HOME SERVICES: For all your Basement remodeling. Contact Shantz Darling at 571-221-4940 or email shantz@glassmile. Broadlands resident.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained Residential & Commercial service work trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-

> LARRY MILLER INC. WINDOW CLEANING cleaning, free estimate. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

> PAINTING: Residential PROFESSIONAL interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25

MARKETPLACE

SILPADA DESIGNS: Beautiful Sterling Silver iewelry. Host a home party and earn free jewelry while spending time with your friends. Great fundraiser opportunities. Gift certificates also available. Or are you interested in starting a business of your own? Contact Mary Hart at 703-729-6550. www.mysilpada.com/mary.hart. Get paid to party!

PINK PIGGY SWEETS: Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit www.pinkpiggysweets.com or call 571-333-7477.

MARY KAY: TURN BACK TIME WITH SKIN CARE Clear. Smooth. Radiant skin. The TimeWise® system delivers anti-aging benefits you can see and feel. Call me today to try TimeWise® products for free! Deborah Leben Independent Beauty Consultant 703-217-4583 Shop Anytime www.marykay.com/dleben.

TASTEFULLY SIMPLE: can help you earn some extra cash for your vacation! I've been building a team for 8 years, and LOVE my

job, including the FREE TRIPS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www. tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net

PETS

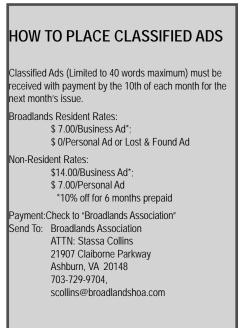
KIT & KABOODLE PET CARE SERVICE, LLC: Is your pet part of the family? Kit & Kaboodle Pet Care - because your family member deserves the best! Providing Loudoun County with quality pet care since 2000. For more information call 571-223-2977 or visit our website at: www.kitandkaboodlepets.com.

PROFESSIONAL SERVICES DERMATOLOGY ASSOCIATES OF

NORTHERN VIRGINIA: No time for a DANV offers Walk-In Dermatologist visit? Derm Clinic every Thursday 3-5pm in Sterling with Jennifer Rice PA-C & Dr. Mattay "2009 Top Doc". Broadlands residents receive 20% off cosmetic services through June. Mention this ad. 705-450-5959 www.dermdocs.com.

GGGGGRRRRR!!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks -Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

IT EFFICIENCY CONSULTANT: Do you have a need to optimize & efficiently use a home-small business computer or network? Free Consultation. Blackberry: 703-728-1162. Email: consultant@jamessaville.net.



Broadlands Committees and Events

July Activities

Date Activity

9:00a.m. Creature Feature(NC) 1st 1:00p.m. Super Duper Science(NC) 2nd 9:00a.m. Creature Feature(NC) 1:00p.m. Super Duper Science(NC) 5th Nature Center Closed in Observation of Independence Day Weekend 7th 10:30a.m. Dragons, Damsels and Ladies I(NC) 7:00p.m. Modifications Subcommittee Meeting(NC) 8th 6:00p.m. Southern Walk Hearing Meeting(NC) 5:30p.m. Broadlands Live!(Hillside Park) 9th 8:30p.m. Flicks in the Sticks(Nature 10th Center Meadow) 6:00p.m. Board of Directors 13th Meeting(NC) 14th 1:30p.m. Dragons, Damsels and Ladies I(NC) 7:30p.m. Tech Committee Meeting(NC) 15th 8:00p.m. Investment Club(CC) 10:00a.m. Broadlands Mom's 16th Club(CC) 7:00p.m. Modifications 21st Subcommittee Meeting(NC) 22nd 7:00p.m. Health Seminar to be Given by Dr. Habib(CC) 10:30a.m. Storytime for 2's and 3's(NC) 23rd 24th Nature Center Open: 10:00a.m. -2:00p.m. 11:00a.m. Dragons, Damsels and Ladies Family Activity(NC) 7:00p.m. Butterfly Safari(CC) 28th 7:30p.m. Book Club(NC) Nature Center Open: 10:00a.m. -31st 2:00p.m. 8:20p.m. Flicks in the Sticks(Nature Center Meadow)

Committees

Broadlands Live! Summer Concert Committee Chair: Open.

Community Events Committee Committee Chair: Tammy Wells, tammy@jwells.us

Community Wildlife Habitat Committee

Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. Chair: Oya Simpson, (703) 725-8040, broadlandswildlife@gmail.com

Neighborhood Watch Committee

Chair: Staci Kapinos, broadlandsHOAwatch@gmail. com

Recreation Committee

Chair: Open. Contact Staci Kapinos, ssdkapinos@ yahoo.com, (703) 728-5849 for more information.

Swim Team Website: www.broadlandsswimteam.org

Technology Committee (broadlandshoa.org)

Meets second Wednesday 7:30 pm in the Nature Center. Open to all residents. Chair: Dawne Holz, dawne@holzfamily.net Webmaster: webmaster@broadlandshoa.org





The Boddard Schools* are operated by independent franchisees under a loanse agreement with Goddard Systems, Inc. Programs and ages may vary. © Goddard Systems Inc. 2010.

