Community News

BROADHARDS

Have a Fun Filled Fourth of July!

- **The Broadlands HOA Office & Nature** Center will be closed Thursday, July 4th in observance of Independence Day
- No trash collection on Thursday, July 4th, makeup day will be Saturday, July 6th.
- Flicks in the Sticks July 6th & 27th, page 5
- 2013 Broadlands Kids Triathlon will be held on July 12th, page 5
- Nature Program July 13th "The Bug Man" is coming to Broadlands!, page 5
- Broadlands Live! July 19th, page 7
- Graffiti Issues, we need your help! pages 13 & 26

The Right Foundation for Learning and Life. Just Ask a Dad.

"I feel very lucky to have such a place to bring my child. It is not only a great way to create a feeling of comfort and security each and every day for my children; it is a perfect beginning to their growth and education. Thank you Primrose."

Scott, Primrose Dad

- Early literacy skills are critical cornerstones for future academic achievement.*
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 *Based on research from the National Institute for Literacy

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Homeowners Association Board of Directors Meeting Tuesday, July 9th - 6:00p.m.

Nature Center Conference Room

Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting.

A request to be placed on the agenda must be submitted to HOA Management no later than 7 days prior to the meeting.

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by Noon on the submission date to the Secretary to the Modifications Subcommittee, Robin Crews - rcrews@broadlandshoa.com, at the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience there is a drop box available for after-hours submissions.

Please review the Design Guidelines manual or look online, *www.broadlandshoa.org/node/49,* for updated guidelines and information to be submitted with your application, as failure to include all information will delay review of your project.

A response to your application is generally mailed within one week of the meeting.

Modifications Subcommittee Meeting and Submission Dates

Meeting Date July 03, 2013 July 17, 2013 August 07, 2013 August 21, 2013 **Submission Date** June 27, 2013 July 11, 2013 August 01, 2013 August 15, 2013

*Please Note: The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.

Looking Forward

I recently watched a scene from the A&E television show, Duck Dynasty titled "What's the HOA?" These folks, like some residents, think homeowners associations exist solely to tell them what to do or not do. In actuality, the association is more like a housing management or service-delivery organization that



provides many types of services to the community. These services include trash collection, newsletter publishing, facilities management, and scheduling recreational and social functions. Governance services include ensuring that residents are complying with the association's governing documents and that the association is adhering to local, state, and federal statutes, enforcing community rules and policies, administering design review policies, and recruiting new volunteer leaders. Business services include operating the common property efficiently, bidding maintenance work competitively, investing reserve funds wisely, developing long-range plans, and equitably and efficiently collecting assessments.

Providing these services requires good management, strong planning and organization, and careful monitoring of the association's affairs. It isn't easy, but by fairly and effectively delivering these services, community associations protect and enhance the value of individual homes and lenders' interests in those homes. Management and staff work closely with your Board of Directors to help our HOA run smoothly. The Board consists of volunteers who execute a wide variety of tasks you may not be aware of, however, their work affects every single resident.

One major responsibility of the Board is to oversee the collection of assessments from homeowners. Collecting this money is important for the stability of the association, because the assessments pay for the common elements enjoyed by all residents, such as the pools, Nature and Community Centers, funding of various community events, landscaping, snow removal, security, and more. Assessments also help to replenish the reserve funds, which pay for future repair and maintenance the association may need such as replacing tot lots, white coating the pools, roof replacement on the common facilities and sealcoating of the nature trails and private streets. A reserve fund helps to ensure that homeowners will not be hit unexpectedly with a special assessment or loan payback when the roof needs to be replaced or a roadway needs paving in a few years. The board is responsible for the association's finances, and collecting assessments is how it ensures that the association remains solvent.

continued on page 10

Who's Who

BROADLANDS ASSOCIATION, INC.

HOA Office & Nature Center Hours: Monday thru Friday from 9:00am to 5:00pm. Additional Nature Center Hours: First three Saturdays from 10:00am to 2:00pm

21907 Claiborne Parkway Broadlands, Virginia 20148 Main: (703) 729-9704 Fax: (703) 729-9733 www.broadlandshoa.org

BROADLANDS ASSOCIATION MANAGEMENT & STAFF

General Manager

Natalie Ihanainennihanainen @broadlandshoa.com Newsletter Advertising Manager

Stassa Collins scollins@broadlandshoa.com Secretary to the Modifications Subcommittee

Robin Crewsrcrews@broadlandshoa.com Administration

Susan Kuklick.....skuklick@broadlandshoa.com Receptionist

Joanne Hang......joannehang@broadlandshoa.com Naturalist

Alexandra Vlk.....naturalist@broadlandshoa.com Naturalist Hours: Monday Off, Tuesday 9:00am - 5:00pm, Wednesday 9:00am - 3:00pm, Thursday 11:00am - 5:00pm, Friday 9:00am - 2:00pm

BOARD OF DIRECTORS

President Brian Beahm - brian.beahm@gmail.com (703) 726-6360 Vice President Eric Bazerghi - eric@thehouse.net (703) 723-1046 Secretary/Treasurer... Dawne Holz - dawne@holzfamily.net (703) 349-1095 Directors

Gerry Alcantara	(703) 858-1320
Stevens Miller	
Michael D. Simpson	(571) 333-3365
Joseph T. Wagner	(571) 333-0831
Members at Large, Van Metre Representatives	
Roy Barnettrbarnett@vanmetrecompanies.com	(703) 425-2600
Denise Harroverdharrover @vanmetrecompanies.com	(703) 425-2600

COMMITTEES

Broadlands Live! Summer Conce	rt Chair: Renee Ventrice -
tttrenee@yahoo.com	
Events	Chair: Tammy Wells, tammy@jwells.us
Community Wildlife Habitat*	Chair: Oya Simpson -
osimpson@broadlandsnaturally.org	(703) 725-8040
Neighborhood Watch	Chair: Open
	Chair: Open
Technology* Cha	air: Dawne Holz - dawne@holzfamily.net,
broadlandshoa.org	•
Swim Team	www.broadlandsswimteam.org
TennisChai	r: Brad Marcus - bradmarcus@gmail.com
	webmaster@broadlandshoa.org
*Please look under Clubs and Groups	

FIRSTSERVICE RESIDENTAIL (Payments and Resale Docs only) Assessment Information Office:

Main: (703) 679-1541 Fax: (703) 591-5785 Email: broadlands@armstrong.net *Mail Payments to:* Armstrong Management Services P.O. Box 11983 Newark, NJ 07101-4983

Useful Numbers

NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Dominion Virginia Power	(888) 667-3000
Fire Marshall.	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs/Wkends	(571) 291-7878
Poison Control	(800) 222-3333
State Police	(703) 771-2533
Washington Gas	(703) 750-1000

BROADLANDS COMMUNITY

Southern Walk Internet/Cable:
OpenBand 24 x 7 Customer Service. (866) 6736226
OpenBand Trouble Tickets
Trash Pickup – Patriot Disposal1(703) 257-7100
MailBox – Main Street Mailboxes1(703) 753-5521

PUBLIC INFORMATION

Animal Control/Shelter (703) 777-0406	
Building Permits & Dev (703) 777-0397	
County Landfill	
DMV (VA)	
Health Department (703) 777-0236	
Library (Ashburn) (703) 737-8100	1
Loudoun Ride On (703) 777-2708	
Loudoun Hospital (703) 858-6000	1
Miss Utility	
Metro (202) 637-7000	1
Parks and Recreation (703) 777-0343	
Ridesharing (703) 771-5665	
Road Conditions (800) 367-7623	5
School Board (571) 252-1000	1
Street Signs/Storm Drains (703) 771-5666	,
VDOT (703) 383-8368	
Van Metre Homes (703) 348-5800	
Verizon	
Verizon Fios (888) 553-1555	

SCHOOLS - BROADLANDS

Briarwoods High School (7	703) 957-4400
Eagle Ridge Middle School	571) 252-2140
Hillside Elementary School	571) 252-2170
Mill Run Elementary School (5	571) 252-2160



New Name, Same People, Same Service

On June 27th, Armstrong Management Services LLC officially changed its name to FirstService Residential. No action is





2013 Broadlands Kids Triathlon Swim, Bike & Run for Charity

Save the Date! Friday, July 12th Starting at 9:00am

This is the 5th year for the Broadlands Kids Triathlon. It is an untimed triathlon for children of all ages sponsored by the Broadlands ODSL Swim Team. Proceeds from the event are donated to charity. Last year this event raised \$3,000!

For more information please visit: www.broadlandsswimteam.org

We need many volunteers on the course. If you or your teen can help out for a couple of hours, please contact amyriggio@gmail.com.

Swim Tean

Thanks!

licks

Broadlands Nature Center Upcoming Saturday Program Are you ready to have a chance to pet a live bug!

"The Bug Man" Date: Saturday, July 13th Time: 12:00pm – 1:30pm



"The Bug Man" will showcase incredible and jaw dropping displays of worldwide insects, many of which are the largest species in the world!

This exciting program will introduce you to ecology and basic entomology of insects. You will learn about their importance, followed by their coolest defense strategies and life cycle.

Saturday Family Program Fee: 1 adult and 1 child: \$5.00 resident/

\$7.00 non-resident
Family up to 5 members:
\$10.00 residents
\$12.00 non-residents
Additional family members: \$2.50 per person



This Family Program Brought to you by the Broadlands HOA Broadlands Nature Center 21907 Claiborne Parkway, Broadlands, VA 20148 Phone: (703) 729-9704

in the Sticks This month you can enjoy TWO nights of family entertainment under the stars! Bring the kids and grab a seat on the Nature Center lawn. Lawn chairs and coolers are welcome. Free popcorn and drinks are provided.

Rise of the Guardians - July 6, 8:45 pm - PG, 97 mins

Brave - July 27, 8:30 pm - PG, 93 mins

Movies begin around sundown - times listed are approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled. Parental guidance info available on the website.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the HOA Technology Committee - we welcome volunteers!

July Events Calendar

Date	Time	Activity
3rd	7:00pm	Modifications Subcommittee Meeting(NC)
4th		HOA Offices Closed for Independence Day
6th	10:00am - 2:00pm	Nature Center Open
	8:45pm	Flicks in the Sticks (Nature Center Back Patio)
9th	6:00pm	Board of Directors Meeting(NC)
10th	12:00pm	Editorial Submissions Due
12th	9:00am	Broadlands Kids Triathlon (8:00am - 8:30am check
		in at the Nature Center)
	10:00am	Broadlands Mom's Club(CC)
13th	10:00am - 2:00pm	Nature Center Open
	12:00pm	Second Saturday Program - "The Bug Man"(NC)
17th	7:00pm	Modifications Subcommittee Meeting(NC)
	7:30pm	Tech Committee Meeting(NC)
18th	6:30pm	Southern Walk Hearing Committee(NC)
	7:00pm	Investment Club(CC)
19th	5:30pm	Broadlands Live! (Hillside Park)
20th	10:00am - 2:00pm	Nature Center Open
27th	8:30pm	Flicks in the Sticks (Nature Center Back Patio)

The Loudoun Impact Fund: A Giving Circle of Engaged Loudoun County Donors

When it comes to giving back to your community, there are many questions to consider. Which organizations should I support? Will my donations have an impact? Do I know enough about the local nonprofits to make an informed choice? How much is enough?

These are challenging questions, but you don't need to go it alone. Giving circles – one of the fastest growing forms of philanthropy – have social, educational and engagement features that connect participants to one another and to their communities. Giving circles are groups of like-minded donors in a neighborhood, a county or a region who pool their charitable contributions and collectively decide together what nonprofits to support. And now, the Community Foundation for Northern Virginia has formed a new giving circle exclusively for Loudoun County donors to support Loudoun County causes – The Loudoun Impact Fund.

The Loudoun Impact Fund was established to promote education, the arts and the environment and to support the needs of Loudoun families, children and youth. Membership is open to individuals and corporations, and benefits include a seat on the Loudoun Impact Fund Grants Committee, invitations to special Loudoun Impact Fund events, and special recognition in the Community Foundation for Northern Virginia's Annual Report.

Most importantly, members meet and connect with other engaged Loudoun County donors, learn from each other about the needs and interests of the County, and give back at affordable levels to the Loudoun causes you all choose to support. For the first round of grantmaking, members of the Loudoun Impact Fund decided to support programs that address the wellbeing of children and youth, specifically in the areas of mental health and substance abuse. The grantees include:

HealthWorks for Northern Virginia

To support programs in which youth experiencing anxiety, depression, selfimage, familial stress or bullying issues will build self-awareness and selfconfidence through a variety of expression exercises to decrease feelings of isolation, lowering risk of substance abuse.

Continued on page 24



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Broadlands Board Adopts Updated Resolution

The Board of Directors adopted an updated Policy Resolution for Procedures Relating to Lawn and Yard Maintenance at their June 11, 2013 meeting. Please visit www.broadlandshoa.org to review the resolution.

Notary Services Available to Residents

Notary services are available to all Broadlands residents. The cost is \$5.00 per document. Please call the HOA offices, (703) 729-9704, to confirm availability.

Patriot Disposal is now on Facebook and Twitter!

If you would like to keep up to date with trash removal information and recycling please "like" and/or "follow" Patriot Disposal.

Newsletter Opt Out

We are pleased to announce that you now have the option of opting out of hard copies of the Broadlands monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email your name and address to OptOut@broadlandshoa.com.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.

Summer Sizzles at Oatlands

15th Annual Art Show July 1–31 in the air-conditioned Carriage House

Fun of Historic Proportions at Oatlands Summer Camps June, July and August Choose Art, Musical Theater, Historic Doll,

Archaeology or Museum Camp



Save the Date! Roaring Twenties Party on August 31!

1920s cocktails, refreshments, music and dancing. In association with Epicurience Virginia, www.epicvirginia.com

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BEaT The HEaT At The AsHburn ICe HOuSe

The Ashburn Ice House is located at... 21595 Smith Switch Rd. Ashburn, VA 20147 - 703-858-0300 www.ashburnice.com



Save the Date! For the Broadlands Kids Fair

at the Nature Center August 3rd 2013 11:00am - 1:00pm

More details to follow in next month's newsletter

Summer at Wolf Trap's Children's Theatre-in-the-Woods

Discover a love for arts and nature! Wolf Trap Children's Theatre-inthe-Woods offers family-friendly performances ranging from opera to hip-hop, ballet to zydeco music, and much more!

Performances run Tuesday through Saturday at 10:30am from late June to early August. Please visit www.wolftrap.org/.../TITW_Season/ Childrens_Theatre-in-the-Woods. aspx to find the Children's Theatre-inthe-Woods season schedule, listing all the performances and dates.

We hope to see you at Wolf Trap this summer!

From Sizzling to Stylish: Grooming to Keep Cool By Shannon M. Pecora, MA Stream Valley Veterinary Hospital

You know when it's hot and you get really sweaty? And how that sweat can help you feel better and cool off? And then how a nice, soapy shower to rinse away all that sweat can be even better? Wouldn't it be awful if we all had to wear heavy winter coats all summer long, with only the skin on our hands and feet exposed to the air and only heavy breathing to act as a cooling sweat mechanism?



"Oh, I get it," you're saying. "You're comparing my summer

heat experience to my pets'. Well, it's a good thing they stay inside where it's air conditioned and where they have plenty of cool water to drink!" That's right - it is a good thing to keep our pets out of the elements when the weather turns extreme. But Poochy does love her early morning and late evening neighborhood strolls. And Kitty has been napping on the sun porch quite a bit lately.

"Oh, yeah," you're saying now. "Okay, okay, summer is hot for my pets, tooeven just occasionally". Don't worry; we're not just here to point out problems. Remember that cool and relieving shower that people find so helpful? Through professional grooming (or even a nice at-home bath), our pets can feel the same way. Especially for long- or thick-coated dogs and cats, a thorough bath and brush out can remove undercoating and loose hair that can act as insulation and keep heat in. Groomers can also provide many pets with "summer cuts," or shorter styles that mean much of the heavy fur is trimmed down significantly. Your dog or cat may not be able to completely take off their fur coats, but at least we can help lighten their loads!

As long as your pet is appropriately vaccinated and protected (check with your veterinarian), consider a summer spa day—one for you and one for your pets! It could be just the ticket to relief and relaxation this season!

Leashes, Loose Dogs and Pet Waste, Oh My!

Did you know that it is unlawful to allow any dog to run at large and can be prosecuted in General District Court of Loudoun County? It is also unlawful for the owner of any dog to fail to remove immediately the dog's feces from any property. Failure to do so is a Class IV Misdemeanor. Please see the Codified ordinances of Loudoun County, Chapter 612 for more information and be sure to keep your animals on a leash and immediately clean up after them.





Looking Forward continued from page 3

Another important task of the Board is to create and oversee the enforcement of the association rules. While some residents may not like being told what they can and can't do, ultimately the Board is looking out for the greater good. By enforcing the rules, the Board is doing its best to keep property values up and conflicts down. Of course, we want to make sure the rules are beneficial for the majority, and hopefully, all of the residents. You are welcome to raise questions about any of this at the monthly Board meetings.

Additionally, the board acts on behalf of the association by hiring staff, contractors, and other professionals who help better the association. Board members also help conceive and lead many of the projects that improve the HOA.

Remember to thank the Board and various volunteers in the community for their tireless efforts.

If you have questions regarding past or upcoming projects, please reach out to me or attend an upcoming Board meeting. Hope to see you there! Cheers!

Sarah Gerstein, CMCA, AMS, PCAM General Manager Broadlands Association, Inc.

Crossing Guard Needed at Mill Run Elementary For 2013-2014 School Year

Mill Run Elementary School needs an additional Crossing Guard to be located at the corner of Ridgeway Drive and Mapleton Court for the 2013-2014 school year.

The walking zone for next school year has been greatly increased which will result in many more children walking or biking to school each day. A crossing guard at this additional location will greatly help ensure our children travel to and from school safely each day.

We ask all parents and community members to help in the search to fill this position.

If you are interested or know someone that may be interested, then please apply online at http://www.loudoun. gov/jobs or call the Loudoun County Human Resources Department at 703-777-0213. Be sure to specify the exact location of the corner of Ridgeway Drive and Mapleton Court directly in front of Mill Run Elementary School. Being a Crossing guard is a well paid part-time position that provides an invaluable service to our community.

Thank you in advance for your assistance. Your help is greatly appreciated.

Sincerely,

Principal Paul Vickers and the Mill Run Elementary School PTO



TOU

in.

10 July 2013 - Broadlands Community News

Broadland's Casino Night

Saturday, September 28, 2013 8:00p.m. - Midnight at the Broadlands Community Center

\$25.00/single advance purchase (before Sept 1st) or \$30.00 after September 1st \$40.00/couples advance purchase (before Sept 1st) or \$50.00 after September 1st. Space is limited so sign up today!

- · Black Jack
- Craps
- Roulette
- · Let it Ride
- · Texas Hold'em

Take a chance and play them all!

A night of fun, great food and prizes from local business!

This event is for residents 21 years and older, Casual Evening Dress

Casino Night Ticket Purchase Form

To purchase tickets, attach a check payable to Broadlands Association, drop it off at the Nature Center during business hours, or drop box at the Nature Center. All payments must be made by a Broadlands Resident. Please write "Attn: Casino Night" on the envelope and "Casino Night" in the memo area. Payments must be received by September 1st.

Name: _____

Address:

Phone number: _____ Email: _____

of Single Tickets: _____ x\$25.00 (by 09/01/13) x \$30.00 (After 09/01/13)

of Couples Tickets: _____ x\$40.00(by 09/01/13) x \$50.00 (After 09/01/13)

Avoiding Conflict with the Neighbors

We all *can* just get along. The key? Communication. It's often the best way to prevent and resolve conflict before it reaches the legal system. You don't have to be friends or spend time together to achieve a peaceful coexistence, but you should try to be a good neighbor and follow these tips:

Say hello. At the mailbox, while walking the dog or when you see a moving van arrive, introduce yourself. Learn your neighbors' names and regularly offer a friendly greeting.

Provide a heads up. If you're planning a construction project, altering your landscaping or hosting a big party, contact your neighbors beforehand.

Do unto others. Treat neighbors as you would like to be treated. Be considerate about noise from vehicles, stereos, pets, etc.

Know your differences. Make an effort to understand each other. Differences in age, ethnic background and years in the neighborhood can lead to different expectations or misunderstandings.

Consider the view. Keep areas of your property that others can see presentable.

Appreciate them. If the neighbors do something you like, let them know. They'll be pleased you noticed, and it'll be easier to talk later if they do something you don't like.

Stay positive. Most people don't try to create problems. If a neighbor does something that irritates you, don't assume it was deliberate.

Talk honestly. Tolerance is important, but don't let a real irritation go because it seems unimportant or hard to discuss. Let your neighbors know if something they do annoys you.

Be respectful. Talk directly to your neighbors if there's a problem. Gossiping with others can damage relationships and create trouble.

Remain calm. If a neighbor mentions a problem they have with you, thank them for the input. You don't have to agree or justify any behavior. Wait for any anger to subside before responding. **Listen carefully.** When discussing a problem, try to understand

your neighbor's position and why he or she feels that way. **Take your time.** Take a break to think about what you and your neighbor have discussed. Arrange to finish the conversation at another time.

Please Tie Down Trash and Recycling

Summer storms bring much needed rain to our plants and turf, but also often bring strong winds that will quickly spread unsecured trash throughout the neighborhood. If storms or high winds are expected on a trash or recycling day, please use caution when placing cans and materials curbside.

Ensure that the lid of your trash can is tightly secured with all trash inside contained in a bag. Do not place loose materials in the can that can blow around if your lid comes unsecured or if the can blows over. Do not leave bags outside of the container where animals can rummage through and trash can be blown around. Please be sure to bind newspapers with twine or set out in paper bags. Weigh down your bottles, plastics and cans by placing heavier recyclables on top.

Lastly, if the trash does blow over or around, please pick it up even if it isn't yours. Your HOA assessment provides for curbside trash removal. There is no budgeted amount for litter removal. The Association relies on homeowners to keep their neighborhoods free of litter and their assessments reasonable.



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Do You Recognize This Artwork?

There have been several incidents of graffiti in Broadlands. We've reported 13 cases since January to the sheriff's department. To see more photos turn to page 26



From the Naturalist, Alexandra Vlk

I have been getting a lot of calls recently on what to do if you find a baby duck without its mother. I hope this information can help for the future spring times when babies are hatching.

If you find a baby duckling or gosling without an adult in sight, walk around the area where you found the baby to see if you can spot the siblings or mom. If there is still no adult in sight, pick up the baby(s) and place them in a box that is lined with toweling. You do not need to worry about the mom abandoning her baby if they have human contact. Wait at a distance to see if the mom comes back for her baby, if she is around she should be able to hear the baby peeps and come to retrieve it. If the mom does not return, call a rehabilitation center, they will retrieve the bird and nurse it until it can be on its own. Don't place babies in water assuming they will be able to swim. They may still have young feathers, which means they cannot swim vet!

If a duck or goose has decided to build a nest in your yard, leave the nest alone! The mother will abandon a nest that has been moved. They know how important it is to find a place that is safe from predators, well hidden, and near water. Once the eggs hatch, the mother and babies will find their way to the water.

Every now and then the mom will pick a dangerous spot to lay her eggs. When this happens, if possible, try to watch the eggs hatch. Once they are hatched they can be gathered in a box and walked to a safe spot. As long as the mother can hear her babies peeping she will be circling close by. When you are in a safe spot you can gently let the babies out of the box and back away.

Shifting gears to turtle spotting: If you find a turtle crossing the road, they are most likely on a mission to find a good location to lay her eggs. If you want to be a good citizen of wildlife, safely help the turtle cross, but do not take her in as a pet! Collecting turtles is a major



contribution to population decline. Turtles have very specific dietary and habitat requirements, it is no easy task to care for them. Nest selection for a turtle is very important and requires a lot of hard work. To us it may look like just a hole in the ground, but in reality nest construction is done with a lot of special care (using bladder water to reinforce the egg chamber). They will visually look for a spot, if something is not to their liking, they will keep searching until they find another spot. Obviously, a randomly chosen site will not be up to the mothers' standards. If you do get the amazing chance to see turtle eggs make sure to not pick them up as rotating the eggs will kill the embryo inside.

It is illegal to raise a wild animal, even if you are planning on releasing it. Contact a wildlife rehabilitator, wildlife facility, or a wildlife veterinarian as soon as possible. Do not keep the animal at your home longer than necessary. Get the animal professional help as soon as possible. Wildlife Rescue League 703-440-0800 or 703-391-8625.

Make sure you sign up for bi-monthly Nature Center updates, you don't want to miss upcoming programs! http://broadlandsnaturally.org/sign-upfor-nature-center-program-updates/



Nature Summer Camps at The Broadlands Nature Center

Science Wizards

For children entering 1st -4th grade in Fall 2013 August 26 - August 30 (9:00am - 3:00pm) Cost: ANS/Broadlands residents: \$220 Non-residents: \$245 Calling all junior mad scientists! This is a camp full of experiments, creations, and make-believe. We'll test



our theories in our own "lab" and then head outside to investigate nature's coolest concoctions from honey to slug slime.

Register online at ANShome.org/camp

Questions? Call Pam at 301-652-9188 x16 or email poves@audubonnaturalist.org.



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Feline Philosophies For a Fulfilling Life By Deb Snyder

We often think the keys to happiness are hidden in distant places, the deep recesses and highest heights of our world, kept in close guard by a humble monk or dynamic guru. These bits of philosophical brilliance dispensed only after we demonstrate tremendous sacrifice of time, energy, or money to get there. Bah! Who can get to a mountaintop these days?

Although I am one of the first to acknowledge nature is a powerful conduit to accessing our soul's calling, the truth is...wisdom is all around us and we need only look to what surrounds us for the answers to the great questions in life. Can our best teachers come in the form of friends, the flowers in the front yard and even cats? Yes, I said it...cats. I admit it fully: I am a cat person-the often joked about "crazy cat lady" who is surrounded by felines in her home and does all she can to care for the local strays and the feral fluffy ones on the block. Our back porch always has little bowls of food and water for whoever chooses to saunter by. We work with the animal control officer to safely trap and neuter to keep the colony numbers in check. As if we have a kitty rescue sign on our door, many cats in trouble have found their way to us and we are happy to help them. I've always felt connected to cats. I get them and they get me.

The inspiration to further explore the wisdom of cats came after witnessing a loved one's painful predicament. A childhood companion, a mutual cat lover, was going through a miserable time in his life. His difficulties, mostly self-created from poor choices and addiction, pulled him into a very dark place in which he lost his career, marriage, and many friends. It was tough to try to help, as he continued to cater to his ego and worried only about maintaining facades and spinning the facts to his favor.

Like many others spiraling in crisis, he had little desire to delve deep and truly process his pain for the needed transcendence. He didn't take my calls and I had to face the fact: he didn't want my assistance, not as a spiritual advisor and not as a friend. He didn't want to relate to people, and only asked to be left alone with his cats. If only he listened to his cats, I thought. Cats know how to be happy, they know when to seek help and they will teach you profound lessons, if you are willing to learn.

Would humans be better off if we stopped personifying our beloved pets and began instead to allow ourselves to be "cat-ified"? With a new focus on discovering the beliefs which make up the dogma of cats I began to observe cat behavior with greater interest and concentration. How wonderful it would be to teach our children to look with us to our animal companions for guidance on happiness and heart-wisdom! To step away from the ego obsessions associated with modern humanity and learn to simply be...at a more catlike pace. It was time to look deeper and see what all the purring was about.

continue on page 23



The Ashburn Ice House is located at... 21595 Smith Switch Rd. Ashburn, VA 20147 703-858-0300 - www.ashburnice.com



Managing Insects in the Garden By Jill Johnson, Loudoun County Master Gardener Volunteer

To paraphrase Kermit the Frog, it's not so easy being a "green"gardener who doesn't use chemicals on insects and other pests, especially when the bad guys are on the offensive. How to avoid pesticide use when the garden is under attack? First, accept imperfections in your flowers and produce. I have beautiful radishes but the leaves are full of caterpillar holes.

Constant vigilance is the first line of defense against "bad" bugs and that means a daily inspection of the garden. When you catch an infestation in the early stages, you can often just handpick the bugs and drown them in a jar of soapy water. Check the undersides of leaves for egg masses or recently hatched bugs and remove them. A blast of water will often send them packing as well. Insecticidal soap, horticultural oil or botanical insecticides are non-toxic ways of killing some insects. Encourage insect-eating birds to visit your yard by providing trees and shrubs with berries.

Companion planting is a defensive tactic that can be effectively used in the vegetable garden and ornamental beds. Companion planting is the planting of species that are known to attract beneficial insects(good bugs) that will eat the bad bugs. Examples of plants that attract beneficials are small flowered plants such as dill, bronze fennel, coneflower, borage, marigolds, sweet alyssum, cosmos, yarrow and many herbs. Chives deter Japanese Beetles and aphids which makes them an attractive choice for planting under rosebushes. Marigolds deter bean beetles, aphids, potato bugs, nematodes, and maggots. Basil improves flavor and growth of garden crops, especially tomatoes and lettuce, and also repels mosquitoes.

To learn more about pests in the edible garden, please visit the Loudoun County Master Gardener Demonstration Garden at Ida Lee Park in Leesburg on July 20th, 10:00am to Noon, for "Saturday in the Garden" where expert Loudoun County Master Gardener volunteers will present a free talk on "Managing Insects in the Vegetable Garden". The talk will be followed by a Q and A session, so bring the family and your questions and spend some time in our beautiful organic garden!





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Make a Splash with these Summertime Mocktails

Cucumber Rosemary Lemon Chiller

Pick up rosemary, cucumbers and lemons to concoct this yummy lemonade that will keep you cool on a hot day.

3 large cucumbers
1 tablespoon chopped fresh rosemary, plus 4 sprigs for garnish
1 cup water
6 ounces (3/4 cup) gin
1/2 cup lemon juice
3 tablespoons agave syrup

Cut 12 thin slices of cucumber for garnish. Peel and chop the rest of the cucumber; transfer to a food processor, add rosemary and puree. Pour the puree through a fine-mesh strainer set over a medium bowl or large measuring cup. Press on the solids to extract all the juice. Add water, gin, lemon juice and agave syrup to the cucumber juice; stir until the agave is dissolved. Divide among 4 ice-filled glasses. Garnish with cucumber slices and rosemary sprigs. 4 servings *Eatingwell.com*





Cherry-Mint Spritzer

Celebrate fresh cherries with this mintinfused cherry cocktail. Black cherryflavored seltzer gives the drink the most cherry flavor.

 cup pitted fresh or frozen (thawed) cherries
 1/4 cup fresh mint leaves, plus 4 sprigs for garnish
 8 teaspoons sugar
 1/4 cup lime juice
 3 cups cherry-flavored seltzer

Divide cherries, mint leaves and sugar among 4 glasses. Mash everything together with the back of a wooden spoon. Stir in lime juice. Fill glasses with ice and top with seltzer. Garnish with mint sprigs. 4 servings. *Eatingwell.com*

Refreshing Sangria Mocktail

2 cups boiling water
2 black tea bags (or 2 teaspoons loose-leaf tea in an infuser)
2 cinnamon sticks
1/2 cup sugar
3 cups pomegranate juice
1 cup freshly squeezed orange juice
1 orange, sliced into thin rounds
1 lemon, sliced into thin rounds
1 lime, sliced into thin rounds
1 apple, cored and cut into 1/2-inch chunks
3 cups carbonated water

Pour boiling water over tea bags and cinnamon sticks and steep for 5 minutes. Discard tea bags and stir in sugar to dissolve. In a large jar or pitcher, combine tea, cinnamon sticks, pomegranate juice, orange juice, orange, lemon, lime, and apple. Refrigerate for at least 1 hour and preferably overnight. Just before serving, stir in carbonated water. Serve in glasses over ice. Serves 8. *TheKitchn.com*



Stay Safe in the Water

Swimming is one of the many joys of summer, and we hope you're able to make good use of our three beautiful pools. While we want to make sure all our residents and guests have fun in and around the water, our top priority is safety. Please take note of the association pool rules and follow them to help keep everyone safe.

Pool rules promote safety, but safety is largely up to you: it's important to take precautions and be prepared for emergencies.

- 1. Make sure you, your family, and your guests know how to swim properly. If you don't, there are plenty of swimming classes for people of all ages.
- 2. Always supervise children while they're around the pool, no matter how well they can swim. It only takes one misstep for someone to get hurt.
- 3. Take note where the reach pole, emergency phone, and life preservers are located in the pool area.
- 4. Consider learning CPR if you haven't already. This simple life-saving technique could save a life should an accident occur.



There's plenty of fun to be had at the pool, and knowing how to stay safe in the water will help make this a great summer. For more safety tips, go to www.poolsafely.gov.

Nature Center Programs For ALL Ages



Sign Up Online to Get Updates! Or send an e-mail to: naturalist@ broadlandshoa.com



Creative Dance Center

Fall Registration available July 9th at www.CDCdance.com

Missed Auditions for Competition Team, CDC Stars, Performing Troupe? Contact info@CDCdance.com.

Nutcracker in a Shell, All Jazzed up Auditions August 17th – Geralyn@CDCdance.com

In Old Towne Asl Transportation from	I Dance Prog	ram Su	Half-day and FULL-day mmer Camps ill available!
Ashburn 703-724-4900 44710 Cape Court	Old Towne Ashburn 703-729-1033 20604 Gordon Park Sq	Chantilly 703-378-1800 14155-E	South Riding 703-542-2008 43130 Amberwood Plaza
Suite 126	Suite 110	Sullyfield Circle	#110

BROADLANDS 2013 POOL LOCATIONS AND HOURS

Please do not forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions! Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check below for special hours and postings at pools for any changes to hours of operation.

Summerbrooke Pool – 21580 Demott Drive – 703-724-9818 Open: 10:00a.m. – 8:00p.m. daily

Southern Walk Pool – 43081 Village Drive – 571-223-1331 Open: 11:00a.m. – 8:00p.m. daily.

Community Pool – 43008 Waxpool Road – 703-724-7830 Open: 12:00p.m. – 9:00p.m. daily.

Adult Lap Swim only at Community Center Pool: Tuesday, Wednesday & Thursday, 5:30a.m. to 7:50a.m.

**SPECIAL POOL HOURS **

SOUTHERN WALK POOL

Wed, July 10 – close at 4:00p.m. Sat, July 13 – open at Noon Sat, July 27 – close at 6:00p.m.



COMMUNITY CENTER POOL Wed, July 3 – close at 4:00p.m. Wed, July 10 – close at 4:00p.m. Wed, July 24 – close at 4:00p.m.

Broadlands Nature Center 2nd Saturday Family Program

A Day at the Beach!

UNDER the SEA brings a virtual visit to the beach with LIVE SEA ANIMALS!



Get up close with ghost crab, mole crab, horseshoe crab, clam and more!

Learn about waves, sand, tides, and the sun.

Join Andrew Wilson, a Marine Biologist who has been offering one of the best programs on aquatic life with a wide variety of live sea animals!

Location: Broadlands Nature Center Date: Saturday, August 10th, 2013 Time: 10:00am - 12:00pm Cost: \$3.00/child for Broadlands Residents \$4.00/child for non-Broadlands residents



Ashburn Ruritan Honor Outstanding Student Citizens

Ashburn Ruritan Club President Randy Poland presided at the Ashburn Club's 18th annual "Outstanding Student Citizen Awards" night.

The event, hosted by the Principal of Broad Run High School, Douglas Anderson, was held in the school Cafeteria in Ashburn on Wednesday, May 15[,] 2013 and attended by a crowd of some 130 persons including students to be honored, their families, teachers, school principals, Ruritan members, and honored guests including Dr. Edgar Hatrick, Superintendent of Loudoun County Schools.

Students from 18 Ashburn area Elementary and Middle schools who had been selected by their principals and teachers as the "Outstanding Student Citizen" of their respective schools received awards.

The awards consist of : plaques engraved with the winning student's name for display in each school-the student thus becomes a part of the history of each school, a certificate of recognition, and a donation in each students name to the charity of their choice.

In his closing remarks Dr. Hatrick pointed out the enormous growth in Ashburn which grew from 3 schools in 1995, the year the Ruritans began these awards to 21 schools this year with two more opening in the fall of this year. He thanked the students, their parents, school faculty, and Ruritan members for their effort collectively in keeping the Ashburn area the kind of community we all enjoy living in. He also emphasized Education is about the future. By the investment of effort by the parents, students, teachers and administrators to provide a quality education to our students we were insuring a good future for our community.

The Ruritan Club also presented plaques to the two new schools (Discovery Elementary & Moorefield Elementary) for use next year and small donations to assist with unfunded start up costs faced by new schools.

Note that the Ruritans also provide scholarships of up to \$2000 each year to selected students at each of the three local high schools. These awards are presented at each high school's awards night later this month.

The list of awardees follows:

Ashburn Elementary- Noah Vickers Belmont Station Elem.-Ellie Mundie Cedar Lane Elem. - Emma Thorn Creightons Corner El.-Camryn Armstrong Dominion Trail - Hannah Hoaglund Hillside - Cole Rayfield Legacy - Kathryn Koerner Mill Run - Ronith Ranjan Newton-Lee - Kailee Vance Rosa Lee Carter - Subhi Saibaba Sanders Corner - Patrick Sliwinski Seldens Landing - Ashley Bae Steuart W. Weller - Cameron Rabin Belmont Ridge - Grace Bruce Eagle Ridge - Matthew Hoyler Farmwell Station - Victoria Heiberg Stonehill Middle - Mary Kamara Saint Theresa's - Garrett Verfurth

Southern Walk Board of Directors (Open Band Contract Administration Only)

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Southern Walk HOA Board of Directors Meeting Thursday, July 18th - 6:30 p.m.

in the Nature Center Conference Room



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Broadlands "Boys Night Out" Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday Nights for a Men's Doubles Ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night (7:00pm) rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@ gmail.com

Broadlands Tennis Website: www. BroadlandsTennis.org



Broadlands Tennis Programs

Luis Rosado Tennis Academy

Luis and his staff bring over 20 years of experience to the Broadlands Community. Visit for details and registration forms for all programs www. LuisTennis.org.

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8 WEEK SESSIONS

Session III - July 1 through Aug 25 Session IV - Aug 26 through Oct 20 Session V - Oct 21 through Dec 15

1 HOUR JUNIOR CLINICS (ages 4-10) All levels Mon through Fri, 4:00pm & 5:00pm Sat & Sun, 10:00am & 11:00am (ages 11-16) Beginner Mon through Fri, 6:00pm Sat & Sun, 10:00am & 11:00am

1.5 HOUR JUNIOR CLINIC (ages 10-16) Advanced / Intermediate Mon through Fri, 6:00pm

1.5 HOUR ADULT CLINIC – All levels Mon through Fri, 9:00am & 10:30am Mon through Fri, 7:00pm Sat & Sun, 8:30am

Broadlands Resident / Non Resident Pricing:

1 HOUR CLASS (As low as \$14.00 per class)

\$128 / \$144 per session (8 weeks) 1 class a week
\$240 / \$272 per session (8 weeks) 2 classes a week
\$336 / \$384 per session (8 weeks) 3 classes a week
Clinic Drop In Fee: \$20 members; \$22 non-members
1 5 HOUR CLASS (As low as \$22 50 per

1.5 HOUR CLASS (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week
\$336 / \$384 per session (8 weeks) 2 classes a week
\$468 / \$540 per session (8 weeks) 3 classes a week
Clinic Drop In Fee: \$28 members; \$30 non-members

Weekly Junior Round Robin Tournaments (\$20.00 per Tournament) 11 years and over: Sundays 12:00pm - 2:00pm 10 years and under: Saturdays 12:00pm - 2:00pm

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Please email Luis Rosado if you have any questions... email: LuisTennisAcademy@gmail. com

SUMMER TENNIS CAMP – ENROLLMENT IS OPEN!! Camp Weeks Run From June 10 Through August 15) (Ages 5 – 14)

Mon through Thurs, 9:00am – 1:00pm (Friday make up in case of rain) WEEK 4: July 1-3, 5 WEEK 5: July 8-11 WEEK 6: July 15-18 WEEK 7: July 22-25 WEEK 8: July 29- Aug 1 WEEK 9: August 5-8 WEEK 10: August 12-15 Resident \$176 / Non-residents \$185 per week

Feline Philosophies continued from page 14

The cats didn't let me down. I witnessed this species of subtle sages demonstrate a slinky mindfulness and great respect of the world around them. Cats are healers. Cats are persistent and adaptable. Cats are wise. Here is just a small sample of the feline philosophies, which can help you and your family live a more fulfilling life:

Find Fun in Everything: Cats know how to have a good time. Yarn, paper bags, flickering sunlight and blowing leaves can all lead to hours of stimulation, free entertainment and exercise for a cat. The simplest of items become toys in their paws. It's a powerful lesson for us. Where can we find our free fun in the simple moments?

Show Affection: Nothing is more comforting than cuddling up with a pet, whether it's a cat or a dog. Animals innately know when we need their love and they eagerly shower us with nuzzles, rubs and kisses. You know where you stand with a cat as they express their needs and feelings freely without fear of judgment. We can take a lesson from our feline friends by showing how we feel to those we love.

Forgive Quickly: How many times have you seen your darling kitties aggressively squabbling over the food dish or a new toy, then moments later all snuggled together sleeping on the bed like nothing happened? Cats live in the moment, fight in the moment and love in the moment. Living life as it comes is freeing and truth be told, holding grudges can be bad for your health.

Know When to Rest: The act of grabbing a nap in the middle of the day has been named for these smart critters! No animal is more known for its ability to lounge frequently and bask in the warmth of the sun. When you're feeling depleted catch a catnap to restore your energy and be ready to play.

Appreciate Your Unique Beauty: Despite having a tattered ear, snaggletooth and an occasional flea in their fur, cats know at their core they are wonderful. Not an arrogant beauty or one that comes from putting up a false front, cats exude a confidence and grace simply by being themselves, in whatever form that takes. A stray is often as lovely as a show cat and neither judges the other for it. What a life we could lead if we all thought of each other as cool cats!

So next time you are feeling overwhelmed, when life doesn't seem to be going your way, look to feline wisdom. The dogma of cats just may save the day!

Fireworks Safety From Kids Health

With warm weather and family events, the Fourth of July can be a fun time with great memories. But before your family celebrates, make sure everyone knows about fireworks safety.

If not handled properly, fireworks can cause burn and eye injuries in kids and adults. The best way to protect your family is not to use any fireworks at home — period. Attend public fireworks displays, and leave the lighting to the professionals.

Lighting fireworks at home isn't even legal in many areas, so if you still want to use them, be sure to check with your local police department first. If they're legal where you live, keep these safety tips in mind:

- Kids should never play with fireworks. Things like firecrackers, rockets, and sparklers are just too dangerous. If you give kids sparklers, make sure they keep them outside and away from the face, clothing, and hair. Sparklers can reach 1,800° Fahrenheit (982° Celsius) — hot enough to melt gold.
- Buy only legal fireworks (legal fireworks have a label with the manufacturer's name and directions; illegal ones are unlabeled), and store them in a cool, dry place.
 Illegal fireworks usually go by the names M-80, M100, blockbuster, or quarterpounder. These explosives were banned in 1966, but still account for many fireworks injuries.
- Never try to make your own fireworks.
- Always use fireworks outside and have a bucket of water and a hose nearby in case of accidents.
- Steer clear of others fireworks have been known to backfire or shoot off in the wrong direction. Never throw or point fireworks at someone, even in jest.
- Don't hold fireworks in your hand or have any part of your body over them while lighting. Wear some sort of eye protection, and avoid carrying fireworks in your pocket — the friction could set them off.
- Point fireworks away from homes, and keep away from brush and leaves and flammable substances.

The National Fire Protection Association estimates that local fire departments respond to more than 50,000 fires caused by fireworks each year.

- Light one firework at a time (not in glass or metal containers), and never relight a dud.
- Don't allow kids to pick up pieces of fireworks after an event. Some may still be ignited and can explode at any time.
- Soak all fireworks in a bucket of water before throwing them in the trash can.
- Think about your pet. Animals have sensitive ears and can be extremely frightened or stressed on the Fourth of July. Keep pets indoors to reduce the risk that they'll run loose or get injured.

If a child is injured by fireworks, immediately go to a doctor or hospital. If an eye injury occurs, don't allow your child to touch or rub it, as this may cause even more damage. Also, don't flush the eye out with water or attempt to put any ointment on it. Instead, cut out the bottom of a paper cup, place it around the eye, and immediately seek medical attention your child's eyesight may depend on it. If it's a burn, remove clothing from the burned area and run cool, not cold, water over the burn (do not use ice). Call your doctor immediately.

Fireworks are meant to be enjoyed, but you'll enjoy them much more knowing your family is safe. Take extra precautions this Fourth of July and your holiday will be a blast!



Keep Your Home Safe While on Vacation

As the summer heats up, many of you will escape the daily grind and head out on a well-deserved vacation. But before you hit the road, take a few precautions so your home isn't enticing to thieves or susceptible to fire and other disasters. Not only is having your home vandalized or burnt to the ground a highly unpleasant way to return from a trip, but it also puts the rest of the association at risk, as these problems have the potential to spread quickly throughout the neighborhood. So, before you take off, consider implementing these safety tips to keep your home and our community secure.

Call on friends for help. If you're going to be away a week or more, ask a trusted friend to check on your house every day or two—or better yet, housesit—while you're gone. Not only will they make sure nothing happens to your home, but you might also ask them to bring in your mail and newspapers, water plants or even feed Fluffy. Of course, it's a good idea to let your neighbors know a friend is monitoring your property so they don't call the police to thwart a perceived "break-in."

Set your lights on a timer. Leaving your house unlit for days on end is a sure sign to burglars that it's empty, but so is keeping the lights on 24-7. A good way to handle the lights on/off conundrum is to set them on a timer that's scheduled to simulate your regular routine. Of course, if the lights seem a bit too simulated, that can be another telltale sign, so it's a good idea to set the timers in individual rooms on staggered schedules to make the light coming from your home seem more natural.

Stop your mail and newspaper. Nothing screams "nobody's home!" like a pile of newspapers strewn about your doorstep or an overflowing mailbox. So, if you can't get a friend or neighbor to collect them for you, it's best to have your mail and paper stopped if you're going to be out of town for a while.

Don't leave the spare house key lying around. That fake rock where you keep the extra house key isn't as discrete as you think. Whether you keep a spare under your welcome mat, above the door frame or in a hide-a-key contraption, chances are it will take the nefarious types five minutes flat to find it and gain easy entry to your house. So take it with you, let a friend hold onto it or put it in a safe place inside your house, even if you're worried about losing your other keys. Because when it comes down to it, calling a locksmith is less traumatic than calling the police.

Make a last-minute checklist. Are all the windows and doors locked? Stove and oven turned off? How about all the faucets? Are the electronics unplugged

and valuables secured? Take five minutes before you leave to ensure your house is vacation-ready. Another run-through of the house may seem unnecessary if you did it earlier in the day, but knowing you've left your house as safe as possible will help you kick back and have a great vacation.



Loudoun Impact continued from page 6

Loudoun Cares

To support the nonprofit support center for Loudoun County that provides space for several small nonprofits, capacity building training, and information and referral services for human service needs.

Loudoun Citizens for Social Justice/LAWS

For the Loudoun Child Advocacy Center, providing support and therapy to ease the trauma of child victims of abuse or sexual abuse and their non-offending parents.

Loudoun Youth

To support programs that engage the youth of Loudoun County in positive experiences that cultivate a sense of well-being, confidence, self-esteem, teamwork and connection to their community.

NAMI Northern Virginia

To support the expansion of programs for parents of children living with mental illness that help parents understand and support their young children living with serious mental illness while maintaining their own wellbeing.

To become a member of the Loudoun Impact Fund or to make a contribution to the Loudoun Impact Fund of any amount, please visit the Community Foundation for Northern Virginia's website at www.cfnova.org/ loudoun. Or, send your check made payable to the Loudoun Impact Fund to Loudoun Impact Fund, c/o Loudoun Insurance Group LLC, ATTN Eileen Ellsworth, 5 Wirt Street, Suite 300, Leesburg, VA 20175.

Broadlands Helpers List

The Broadlands Helpers List is comprised of helpers up to 18 years of age, 1995 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition

Key:

(B) Babysitter's Course
(C) CPR
(R) Rescue Breathing
(F) First Aid
*All area codes are 703 unless noted.





Do you recognize this artwork?

We've reported 13 cases of graffiti in the community to the sheriff's department since January 1st.





Broadlands Residents attend a composting and rainbarrel program on the Nature Center back patio.



Wiger Orthodontics

John C. Wiger, DDS, MS

- **Clear Braces Available** •
- No Charge for Initial Consultation
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POTOMAC FALLS 703-444-9373 46165 Westlake Drive, Suite 300

WigerOrthodontics.com

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Dr. Wiger and his family.

CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

ASHBURN CLASSICS

We are a club for those 50 and over who want to have a good time. For more info visit www.ashburnclassics.com or call Carmen at 703-723-3723.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit www.toastmastersclubs.org.

BRIDGE GROUP

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm tp 8:00pm at 42809 Vestals Gap Drive.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS COMMUNITY WOMEN'S BIBLE STUDY

Our Bible study meets weekly on Tuesday mornings from 9:15a.m. - 11:00a.m. at a group member's home. For more information, please contact Chris 703-729-2095 or email: Stacy3214@aol.com.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Pigg, (703) 729-6086 or troophillside.org@gmail.com.

GO GIRLS CLUB

Does your daughter have ADD or ADHD? Then bring her to the Go Girls Club! An inspiring program for interesting girls. Join us to meet other girls with ADHD, share experiences, make friends and celebrate her strengths! For girls in grades 3 to 5. A Broadlands resident is forming a new GoGirls Club in Broadlands now. For more info please email gogirlsashburn@ yahoo.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based, small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.Loudoun WNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Crystal Wasilausky, crystalwasilausky@yahoo.com.

MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnext@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

TECHNOLOGY COMMITTEE

We meet the second Wednesday of each month at 7:30 p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

JULY CLASSIFIED ADS

EARLY EDUCATION/DAY CARE

2013-14 MOM'S MORNING OUT: Tuesdays and Thursdays 9:15-12:15. Fun learning environment for your toddler! Lessons include alphabet, counting, shapes, seasons and more! Plus, learning to share and play with other children. I am a VA licensed teacher with 14 years of classroom experience. CPR and first aid certified. Contact Jackie at 804-306-1209 or jackienavarro@ymail.com.

LITTLE SPROUTS PRESCHOOL: Offering preschool classes for 2, 3, 4, and 5 yr olds and well as Mom's Morning Out. Small Classes, Experienced Teachers, Potty training NOT required! Check Out our website or call for a tour Karlene 408-750-7349. Website http://LittleSproutsPreschool.clubspaces.com.

INSTRUCTION - ARTS/MUSIC/RECREATION

SWIM LESSONS: Professional & affordable swim lessons at any local pool! Each lesson is 30 minutes and only \$25 for private lesson; \$20 per child for group lessons. Please contact Steffan at sv3px@virginia. edu or (703) 606-5091 for more information.

KIDZART SUMMER CAMPS! KidzArt camps are back! The perfect cure for summer boredom! Two themes: "Circus des Arts" and "3D to the Max". M-F camps available at several Loudoun County locations. See our website at www.kidzartva.com. (Broadlands resident).

PRIVATE MUSIC INSTRUCTION: Summer is a great time to start lessons on an instrument! I am a former Fairfax County band director now teaching privately from my home in Broadlands. I have 17 yrs. teaching experience. I love kids & teaching is my passion! I teach all **wind** instruments. Please email Melissa Payes at loudounprivatemusic@ gmail.com for more information, or call 571-918-0529. I look forward to chatting with you! References available.

GUITAR AND SAXOPHONE LESSONS: Instruction in your home for kids and adults. Experienced teacher with Music Degree; references from Broadlands residents. Please call 703-777-4352 or email WoodwindStudio@verizon.net.

START MUSIC LESSONS NOW: There is a professional music school just minutes from your home. University trained teachers in all instruments. We've produced more LCPS award and competition winners in the past eleven years than any other area school. Call now to schedule a tour. 703-723-1154 **Mintons Academy of Music** www. mintonsmusic.com.

AFTER SCHOOL DANCE PROGRAM – OLD ASHBURN! Creative Dance Center provides transportation, supervised homework, healthy snacks, and 45-minute daily dance classes in Bollywood, Ballet, Musical Theatre, Hip Hop, Jazz and Acro. Please visit www.CDCdance.com for more information and details.

CCJ DESIGNERS LOUNGE: Offers individual and group sewing lessons. Learn to create a garment, shop for fabric and understand sewing terms. We also conduct children sewing parties. For more info, please call 703-400-3966 or email info@ccjdesignerslounge.com.

INSTRUCTION - TUTORING

SUMMER TUTORING: Licensed Elementary teacher with a Master's degree in Reading. Will tutor any subject Pre-K and grades K-4. Call Katie Wheedleton at 703-858-0556 or email katie@wheedleton.com.

MATH TUTOR IN BROADLANDS! I am a Broadlands resident, and have 20 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections. Call Dan Harris at: 703-909-4438, or email me: aplustestprep@verizon.net.

A-1 LOUDOUN COUNTY MATH TEACHER: Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu_911@yahoo.com. Visa, Master Card, Discover and Amex accepted.

SAT/ACT/PSAT/TJ Test Prep: Professionally trained with over 7 years experience, LCPS teacher offers 5 week courses. Limit 8 students/ class – register early! Saturday classes. Private tutoring available. Call 571.335.8378 or visit www.collegeboundloudoun.com.

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AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN

YOUR HOME: Get fit now with my 22+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/ Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! **Stephanie Gotfried 703-542-2595**; stephaniegotfried@verizon.net; fitnesstogova.com.

HEALTH COACH: Are you fatigued, stressed, overweight or generally not feeling well? I assist and motivate people into taking back their health and their lives. Contact me today for a free consult. Melissa Salat 571-484-4343; melissagsalat@gmail.com; www.facebook.com/ MelissaSalatWellness.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL. Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

RC ELECTRICAL SERVICES: Is a family business locally owned and operated and services Virginia and the surrounding counties. Call Rene Cartagena, at (703) 618-1571 for a free home assessment. Monthly Specials: New Ceiling Fan wired/installed \$180, install only \$80.

HOME SERVICES

BELMONT CONSTRUCTION: Building and maintaining all decks/patios! Also, all types of construction from, additions, kitchens, landscaping, painting, roofing, siding, etc. Please call: **571-209-0332**.

GRASS MOWING "CHEAP": Reasonably priced lawn service for home owners, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal applications available. <u>A great gift idea!</u> Retired Professionals Lawn Service. No contracts to sign, just a hand shake! jackthedecker@aol. com 703-470-3003.

GREEN LEAF LANDSCAPING: Spring clean-up, grass cutting, planting, mulching, leaf removal, tree removal, edging/trimming, power washing, gutter cleaning, trash hauling, aeration & seeding. FREE ESTIMATES. Contact: Vidal Melendez 571-263-1176/571-484-1193, vidalmelendez@ yahoo.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Free on-line estimate. www. windowcleaningservice.net. On Board of Directors for IWCA and Residential Committee. Call Larry at 703-723-7770.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike. Rosario@verizon.net.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

LOONEY'S TILE AND GROUT RESTORATION: We restore your shower and floors to their "like new" state. Grout Repair, Caulking, Re-Grouting and deep cleaning utilizing patented tools. We operate professionally where customer service is the key to our success. Angie's List A Rated. Locally owned in Ashburn. www.Lcleantileandgrout.com

703-999-1933 MILOONEY@Lcleantileandgrout.com.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail. com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

YOUR LOCAL CONTRACTOR-WISE GUYS ROOFING & SIDING, LLC. FREE ESTIMATES. Roofing & Siding Installation & Repairs– Gutters Installation & Repairs–Windows–Insulation–Trim–Painting–Attic Ventilation–Handyman–We Work with Your Home Insurance Company. Lowest Price & Satisfaction Guarantee! Excellent References. Servicing Ashburn area for 12+ years. No Sub-Contractor. LICENSED & INSURED www.WiseGuysRoofingSiding.com. Call: 571-722-5543 or email at wgrs@me.com.

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

HOUSE CLEANING

CLEANING BY CHRISTA: Sole operated home cleaning by returning college student. Valuable service with low prices that will make your home and soul shine. Free estimates; references available. Contact me via email at christa.holland@gmail.com or phone at 662-226-1108. **MAID IN VIRGINIA- RESIDENTIAL CLEANING:** We have earned a reputation for having the highest integrity. We enter your home excited to clean. We can provide numerous references. Locally owned and operated in Ashburn Licensed, Bonded, Insured with Workers Comp Insurance. www.maidinvirginia.com; 703-723-5199.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

MARKETPLACE

MARY KAY: Get wise to age-fighting. Think fine lines should be quoted – not appear on your face? A simple and effective daily program with TimeWise® skin care can help reduce the appearance of fine lines and wrinkles. So skin looks firmer. And feels soft. In 30 days, see a young-looking you! Contact me to experience TimeWise® for yourself. Contact Deborah Leben 703-217-4583 dleben@marykay.com www.marykay. com/DLeben.

MILITARY PURCHASING GROUP—Bringing HUGE savings to our military, veterans and their families. The Broadlands Community (including Civilians) has been selected as a pilot group... Support a GREAT cause, enjoy at or near wholesale prices on thousands of products. www.Mil-PG.com. Discount Code BROAD800FF.

ORIGAMI OWL: Everyone has a story...tell yours with an Origami Owl Living Locket! Choose the charms, choose the locket, choose the chain and you have one-of-a-kind piece of jewelry. Order online, host a party or become a Designer! Visit reagancosker.origamiowl.com.

PINK PIGGY SWEETS: Online bakery offering made-to-order sweets baked from scratch using organic and local ingredients! We customize cakes, cake pops, cupcakes, cookies, pies, and cake push-pops for all your celebration events! We offer Party Classes too! NF/GF, www. pinkpiggysweets.com. 571-333-7477.

QUICKSWITCH DOG COLLARS: A durable interchangeable collar guaranteed for life & a variety of covers to swap out for every occasion. A superior value to buying multiple collars. Patented by Broadlands Mom. www.quickswitchcollars.com 10% off with code BROAD1013.

SEW, SEW, SEW!!! All your sewing needs here in the Broadlands! Alterations, Home Decor from curtains, pillows, covers, etc...Not sure? Just ask! Can sew, Will sew, Just let me know! Pick-up and Drop-off service at no extra charge. Check out my site at StephanieSewHappy.com Stephanie Davis, Owner & Seamstress (703) 574-3336 or StephanieSewHappy@gmail.com.

STELLA & DOT- CHRISTINE ROSS: A smile is always your best accessory and I have accessories to make you smile! Contact me to book a trunk show or place an order at 703.200.0848 or see my Facebook

page www.facebook.com/stelladotchristineross.

TASTEFULLY SIMPLE: can help you earn some extra cash for your vacation! I've been building a team for 11 years, and LOVE my job, including the FREE TRIPS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www. tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

PROFESSIONAL SERVICES

INTERIOR DECORATING CONSULTATION......contact THE INSIDER.....Use what you have decorating....furniture placement.... paint color selection. Let me help you see what you already have and suggest what you might need! \$100/hour. Gift Certificates available. I am a Broadlands resident! Call Eileen @ 571.246.1576 or email: iamtheinsider@hotmail.com.

STATE FARM INSURANCE: Are you paying too much for insurance? Not getting the service you expect? State Farm is the #1 insurer of cars, homes, & small businesses in Loudoun County. The **Joe Mullee Agency** in Ashburn has represented State Farm for 33 yrs. and is the largest of all the Loudoun County agencies & one of the biggest in the state. Servicing our existing clients is our #1 priority. Call or email us for your free comparison. 703-724-4800 or joe@joemullee.com.

GGGGGRRRRR!!!!! Computer crashed? Network down? Computers confuse you? Call Less Silberberg, Ashburn computer consultant. Over 30 years experience. Certified, licensed, Loudoun COC member. PC's, Mac's, iPads/Tablets, Smart Phones – Android, iPhone, Networks, maintenance, installation, problem solving. Daytime, weekend, evening appointments. 703-304-1130 silberberg@aurifex.net.

REAL ESTATE

CAN'T DECIDE WHETHER TO REMODEL OR SELL? Brian Smith of Total Build and Joanne Poesch of eXp Realty will get together with you for a free consultation to determine whether you should list it – or fix it! Email info@listitorfixit.com.

HOME STAGING...THINKING OF SELLING? Let me show you how to get top dollar for your home and spend less time on the market! Home staging is a proven way to make your home appealing to the most buyers in this tough market!!! I am an Accredited Staging Professional[®], a Broadlands neighbor, and I am here to serve you! Let me tell you how I work! Please call Mary at 703-622-3820.

How to Place Classified Ads

Classified Ads (Limited to 40 words maximum) must be received with payment by the 5^{th} of each month for the next month's issue.

Monthly Rates:

Resident Rates

Month to Month \$9 6 months prepaid discount \$8 12+ months prepaid discount \$7 Personal (For Sale) Ads \$0 Non- Resident Rates Month to Month \$18 6 months prepaid discount \$17 12+ months prepaid discount \$16

Payment and Ads:

Please email ads to: scollins@broadlandshoa.com. Checks only please, made payable to "Broadlands Association". No cancellations after the initial deadline.

> Mail to or drop off payments at: Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

For more information contact: Advertising Manager Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

ADVERTISING DIRECTORY

DENTAL / ORTHODONTIA

Daczkowski, T. Wesley, DDS	32
White Tree Dental	31
Wiger Orthodontics	26

EDUCATION

Goddard School	31
Golden Pond	2
Primrose	2

FINANCIAL/PROFESSIONAL SERVICES

Apple Federal Credit Union	2′
Embrace homeloans	21

HOME SERVICES

Climatic Heating and Cooling, Inc	12
Elite Pressure Washing	16
Gilbride Designs, LLC	
Greenworks Landscaping, Inc.	
Kris's Painting	
Larry Miller Window Cleaning Service	
P&D Plumbing	
Tart Lumber	
Zampiello Paint Contractors, Inc.	10

PETS

Stream Valley Veterinary Hospital	31
Whole Pet	2

PROFESSIONAL SERVICES

Lori Christ, C	CPA LLC14
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REAL ESTATE

Bonnie Selker, Keller Williams	32
Long & Foster Realtors	10
Sampson Properties	7

RECREATION / INSTRUCTION

Ashburn Ice House	8 &15
Athletic Revolution	15
Creative Dance Center	18
Oatlands	8
The Studio	32

RESTAURANTS

/Iali Thai Cuisine7

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3500 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. <u>Advertising orders cannot be cancelled</u> <u>after the initial deadline.</u>

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF or TIFF. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. **DEADLINE:** <u>Ad and payment submissions are</u> <u>due the 1st day of the month prior to the issue. (Ex:</u> <u>Jan1 for Feb's issue.)</u>

MONTHLY PRICING

BLACK AND WHITE: 1/8 pg (3.625" W X 2.25" H) \$90 /\$75* 1/4 pg (3.625" W X 4.875" H) \$165 /\$140* 1/2 pg (7.5" W X 4.875" H) \$295 /\$270* Full pg (8.5" W x 4.875" H) \$550/\$525* COLOR (INSIDE COVERS) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$225 /\$210* 1/2 pg (7.5" W X 4.875" H) \$425 /\$405* Full pg (8.5" W X 11" H) \$1050 /\$900* Add 10% to base price above for preferred placement COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$250/ \$240* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240* 1/2 pg (8" W X 4.875" H) \$475/ \$455* Full pg (8" W X 8"H) \$1050/ \$950* *Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS

SUBMITTED. Make checks payable to *Broadlands Association*. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association ATTN: Newsletter Ads 21907 Claiborne Parkway Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704. **Please Note:** Advertisers in the Broadlands Newsletter <u>are</u> <u>not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is *Noon* on the 10th of the month, or Noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.



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