

August 2013

BROADLANDS

Community News

Summer is Still Happening, Don't Miss Out On These Broadlands Events!

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- Family Program, Under the Sea August 10, page 15
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Photo Courtesy of Susan Winklosky

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**Homeowners Association
Board of Directors Meeting**
Tuesday, August 13th - 6:00p.m.
Nature Center Conference Room

Board of Directors Meetings

Monthly meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting.

A request to be placed on the agenda must be submitted to HOA Management no later than 7 days prior to the meeting.

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by Noon on the submission date to the Secretary to the Modifications Subcommittee, Robin Crews - rcrews@broadlandshoa.com, at the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience there is a drop box available for after-hours submissions.

Please review the Design Guidelines manual or look online, www.broadlandshoa.org/node/49, for updated guidelines and information to be submitted with your application, as failure to include all information will delay review of your project.

A response to your application is generally mailed within one week of the meeting.

**Modifications Subcommittee
Meeting and Submission Dates**

Meeting Date	Submission Date
August 07, 2013	August 01, 2013
August 21, 2013	August 15, 2013
September 04, 2013	August 29, 2013
September 18, 2013	September 12, 2013

*Please Note: The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.

Looking Forward

Since the early planning stages of Broadlands, efforts were made to preserve the natural wetlands, working around them to create areas for homes, schools, recreation, offices, and shopping. The result was a land plan with green spaces throughout the community. A commitment to preserving and enhancing the natural environment is at the heart of Broadlands philosophy.

Unfortunately, it seems that our wetlands are sometimes misunderstood.



What is a wetland?

A wetland is an area that is covered by shallow water or has waterlogged soils for long periods during the growing season in most years. Prolonged saturation with water leads to chemical changes in wetland soils, which in turn affect the kinds of plants that can grow. Therefore, wetland vegetation often looks quite different from that of surrounding non-wetland areas. Although wetlands are often wet, a wetland might not be wet year-round. Some of the most important wetlands are only seasonally wet. Wetlands are the link between the land and the water. They are transition zones where the flow of water, the cycling of nutrients, and the energy of the sun meet to produce a unique ecosystem characterized by hydrology, soils, and vegetation, making these areas very important features of a watershed. Using a watershed-based approach to wetland protection ensures that the whole system, including land, air, and water resources, is protected. The United States loses about 60,000 acres of wetlands each year. The very runoff that wetlands help to clean can overload and contaminate these fragile ecosystems. In addition, nonnative species of plants and animals and global climate change contribute to wetland loss and degradation.

How do wetlands benefit nature?

Often called "nurseries of life", wetlands provide habitat for thousands of species of aquatic and terrestrial plants and animals. Although wetlands are best known for being home to water lilies, turtles, frogs, muskrats, salamanders, and snakes, they also provide important habitats for waterfowl, fish, and mammals. Migrating birds use wetlands to rest and feed during their cross-continental journeys and as nesting sites when they are at home. As a result, wetland loss has a serious impact on these species. Habitat degradation since the 1970s has been a leading cause of species extinction. Wetlands do more than provide habitat for plants and animals in the watershed. When rivers overflow, wetlands help to absorb and slow floodwaters. This ability to control floods can alleviate property damage and loss and can even save lives. Wetlands also absorb excess nutrients, sediment, and other pollutants before they reach rivers, lakes, and other waterbodies.

Wetlands continued on page 8

Who's Who

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway

Broadlands, Virginia 20148

Main: (703) 729-9704 Fax: (703) 729-9733

www.broadlandshoa.org

HOA Office & Nature Center Hours: Monday thru Friday from 9:00am to 5:00pm. Additional Nature Center Hours: First three Saturdays from 10:00am to 2:00pm.

BROADLANDS ASSOCIATION MANAGEMENT & STAFF

General Manager

Sarah Gerstein sarah@broadlandshoa.com

Newsletter Editor

Natalie Ihanainen nihanainen@broadlandshoa.com

Newsletter Advertising Manager

Stassa Collins scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee

Robin Crews rcrews@broadlandshoa.com

Administration

Susan Kuklick skuklick@broadlandshoa.com

Receptionist

Joanne Hang joannehang@broadlandshoa.com

Naturalist

Alexandra Vlk naturalist@broadlandshoa.com

Naturalist Hours: Monday Off, Tuesday 9:00am - 5:00pm, Wednesday 9:00am - 3:00pm, Thursday 11:00am - 5:00pm, Friday 9:00am - 2:00pm

BOARD OF DIRECTORS

President Brian Beahm - brian.beahm@gmail.com (703) 726-6360

Vice President Eric Bazerghi - eric@thehouse.net (703) 723-1046

Secretary/Treasurer Dawne Holz - dawne@holzfamily.net (703) 349-1095

Directors

Gerry Alcantara (703) 858-1320

Stevens Miller (703) 217-0862

Michael D. Simpson (571) 333-3365

Joseph T. Wagner (571) 333-0831

Members at Large, Van Metre Representatives

Roy Barnett rbarnett@vanmetrecompanies.com (703) 425-2600

Denise Harrover dharrover@vanmetrecompanies.com (703) 425-2600

COMMITTEES

Broadlands Live! Summer Concert Chair: Renee Ventrice - tttrenee@yahoo.com

Community Wildlife Habitat* Chair: Oya Simpson - osimpson@broadlandsnaturally.org (703) 725-8040

Events Chair: Tammy Wells - tammy@jwells.us

Neighborhood Watch Chair: Open

Recreation Chair: Open

Swim Team www.broadlandsswimteam.org

Technology* Chair: Dawne Holz - dawne@holzfamily.net, broadlandshoa.org

Tennis Chair: Brad Marcus - bradmarcus@gmail.com

Webmaster webmaster@broadlandshoa.org

*Please look under Clubs and Groups for more information

FIRSTSERVICE RESIDENTAIL (Payments and Resale Docs only)

Assessment Information Office:

Main: (703) 679-1541 Fax: (703) 591-5785 Email: broadlands@armstrong.net

Mail Payments to:

Armstrong Management Services

P.O. Box 11983

Newark, NJ 07101-4983

Useful Numbers

NON-EMERGENCY

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Dominion Virginia Power (888) 667-3000

Fire Marshall (703) 777-0333

Loudoun County Sheriff (703) 777-1021

Loudoun Water - Customer Service (571) 291-7880

Loudoun Water - After Hrs/Wkends (571) 291-7878

Poison Control (800) 222-3333

State Police (703) 771-2533

Washington Gas (703) 750-1000

BROADLANDS COMMUNITY

Southern Walk Internet/Cable:

OpenBand 24x7 Customer Service. (866) 673-6226

OpenBand Trouble Tickets (703) 961-1110

Trash Pickup - Patriot Disposal 1(703) 257-7100

MailBox - Main Street Mailboxes... 1(703) 753-5521

PUBLIC INFORMATION

Animal Control/Shelter (703) 777-0406

Building Permits & Dev. (703) 777-0397

County Landfill (703) 771-5500

DMV (VA) (800) 435-5137

Health Department (703) 777-0236

Library (Ashburn) (703) 737-8100

Loudoun Ride On (703) 777-2708

Loudoun Hospital (703) 858-6000

Miss Utility (800) 552-7001

Metro (202) 637-7000

Parks and Recreation (703) 777-0343

Ridesharing (703) 771-5665

Road Conditions (800) 367-7623

School Board (571) 252-1000

Street Signs/Storm Drains (703) 771-5666

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SCHOOLS - BROADLANDS

Briar Woods High School (703) 957-4400

Eagle Ridge Middle School (571) 252-2140

Hillside Elementary School (571) 252-2170

Mill Run Elementary School (571) 252-2160



Notary Services

Available to Residents

Notary services are available to all Broadlands residents.

The cost is \$5.00 per document.

Please call the HOA

offices,

(703) 729-9704, to

confirm availability.



Playing in the Street

The Association does not endorse playing in the streets, nor can it approve the location of play equipment that encourages play on the streets. This is for the safety of the players as well as drivers. Streets are designed for vehicular traffic.

As a reminder, per the Design Guidelines, basketball goals on public streets cannot be located in the street or in the VDOT right-of-way which extends approximately ten feet from the street towards your home. On private streets basketball goals must be located above the driveway apron.

Light the Way

As Autumn approaches and the days get shorter it is more important than ever to keep your exterior pole light functioning both for security and safety purposes. Additionally, maintaining pole lights are part of the Broadlands Covenants.

Keeping these lights functional is the responsibility of the homeowner whether you own a single family, semi-attached or a town home. Should replacing the light bulb not resolve the problem, you may have a tripped circuit breaker in your home or you may need to replace the photoelectric cell. You may want to contact an electrician to repair the light pole issue.

Please keep your pole lights operational to help keep your home and neighborhood safe.

Newsletter Opt Out - Go Green & Get Yours Electronically!

We are pleased to announce that you now have the option of opting out of hard copies of the Broadlands monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email your name and address to OptOut@broadlandshoa.com.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.

Flicks in the Sticks

It's Superhero Saturday! This month we present our feature movie for the summer. Come see your favorite comic book super hero in action!

The Avengers
Saturday, August 17 – 8:30 pm
PG-13, 142 mins.

Bring the kids and grab a seat on the Nature Center lawn. Lawn chairs and coolers are welcome. Free popcorn and drinks are provided. Movies begin around sundown - time listed is approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled. Parental guidance info is available on the website.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the HOA Technology Committee - we welcome volunteers!





August



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Nature Center Open 10:00am - 2:00pm Broadlands Fun Fair 11:00am - 1:00pm - NC
4	5	6	7 Modifications Subcommittee Meeting 7:00pm - NC	8	9 Broadlands Mom's Club 10:00am - CC Broadlands Live! 5:30pm - HP	10 Nature Center Open 10:00am - 2:00pm Under the Sea Program - 10:00am - NC
11	12	13 Board of Directors Meeting 6:00pm - NC	14	15 SWHOA BOD Meeting 6:30pm Nature Center Town Hall Meeting - SWHOA, 7:00pm - NC	16	17 Nature Center Open 10:00am - 2:00pm Flicks in the Sticks 8:30pm - NC
18	19	20	21 Modifications Subcommittee Meeting 7:00pm - NC Tech Comm. Meeting 7:30pm - NC	22	23	24
25	26	27	28	29	30 Red Cross Blood Drive 1:00pm - 6:00pm at the Community Center	31

Key - CC=Community Center; NC=Nature Center; HP=Hillside Park

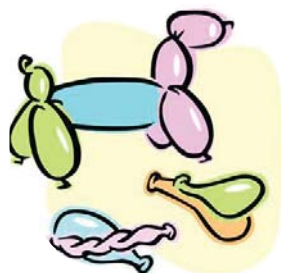


Broadlands Fun Fair

at the
Nature Center
August 3rd 2013
11:00am - 1:00pm



Family fun for all!
Including face painting, balloon art, arts and crafts stations,
moonbounce for tots, elementary age and tweens,
juggler, music and more.



Food will be available for purchase.

Volunteers Needed
Please contact:
mellany.weaver@gmail.com



FREE Concerts Starting on May 10th!

Fridays 5:30 PM to 9:30 PM
Hillside Park – see website for map

Food Vendors: Domino's, Jersey Mike's,
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our 10th
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**BYOB – bring ID • No glass bottles • Food
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For more info call the hotline at 571-333-4FUN
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MAY 10

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JUNE 14

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Wetlands continued from page 3

How do wetlands benefit people?

Wetlands benefit people in many ways that may not be obvious. They improve the quality of our water by filtering sediments and removing contaminants. They serve as spawning sites and nursery areas for fish and other aquatic life. They also support downstream aquatic systems, including commercial and sport fisheries, by producing food and organic material that is flushed out of the wetlands and into streams during high flows. They reduce flood damage to crops and human settlements downstream by storing flood water and releasing it slowly, like a giant sponge. They protect shorelines from erosion due to waves and currents. Additionally, they provide recreational opportunities, such as hunting, fishing, boating, and wildlife watching.

How can you recognize a wetland?

The term "wetland" encompasses a variety of conditions and degrees of wetness. Some wetlands are very easy to recognize because the water sits on the land's surface for much of the year. Other wetlands exist due to saturation of the soil by groundwater and can be difficult to identify. One clue that a tract of land may contain wetlands is its topography or position in the landscape. Wetlands occur in areas where water naturally flows or accumulates, such as in the floodplains of streams and rivers, along smaller creeks and washes, in low spots or depressions in flat or rolling landscapes, around seeps and springs, along the fringes of ponds and lakes, and in coastal areas affected by tides. Even in fairly obvious wetland situations, it may be difficult to determine where the wetland ends and the upland begins. Wetlands are delineated by carefully examining a site for the presence of wetland indicators. Three categories of wetland indicators exist: vegetation, soil, and hydrology.

What does this all mean to me?

Broadlands Association and our contractors work very hard to protect our existing wetlands. What may appear to be a nuisance or unattractive to you may in fact be a wetlands preserve or wetlands impact area. You may want (or want the HOA) to alter the wetlands in some ways, but these areas are heavily regulated by the Army Corps of Engineers and limits are placed on what can and cannot be done to alter these areas. The following outlines what can and cannot be done in a preserved wetlands area at Broadlands.

Permitted Activities:

- Trimming (by hand only) of dead or diseased vegetation
- Planting of native species typically adapted to living in wetland areas

Typical trees include

- Red Maple
- Pin Oak
- Willow Oak
- Green Ash

- Sycamore
- Sweet Gum

Typical shrubs include:

- Black Willow
- Arrowwood
- Silky Dogwood
- Brookside Alder
- Winterberry
- Highbush Blueberry

Prohibited Activities:

- Removing vegetation by the roots
- Ditching, filling, grading or other land disturbing activities
- Installation of permanent structures such as dog runs, dog kennels, picnic tables, swing sets, mulch piles, or asphalt or concrete paths

Wetlands in Broadlands occur along streams and ponds, as well as in low lying wooded areas. Many of our trails, homes, and tot lots are adjacent to wetlands or wetlands impact areas. Many of these areas either hold water year round or fill with water after heavy rains, doing what they are supposed to do by preventing flooding, hosting wildlife, and filtering sediment. Hopefully you now have a greater appreciation of wetlands and how we have incorporated Broadlands into the natural environment and the next time you see stagnant water or a swampy area you think may need better drainage, you may be looking at a wetlands area. So get out there and enjoy the surrounding nature!

Sarah Gerstein, CMCA, AMS, PCAM

General Manager

Broadlands Association, Inc.



BROADLANDS

Saturday August 10, 2013

6:00 to 7:30 PM

**\$3.00 per person
(Skate Rental Included)**

Community Skate is subject to a capacity limit.

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Coming to the Broadlands Nature Center...

By: Alexandra Vlk, Broadlands ANS Naturalist

The Broadlands Nature Center will be providing a sanctuary for the monarch butterflies. This will be an amazing opportunity to experience an incredible transformation of a caterpillar to a beautiful adult monarch butterfly.

Every fall, millions of monarch butterflies migrate from the United States and Canada to Mexico and California where they wait out the winter season. This migration is one of the most wonderful works of nature to experience, yet it is severely threatened by habitat loss.

This loss is due to the widespread use of herbicides, developments that consume wildlife habitats, and frequent mowing along roadsides. To offset all of the destruction of the butterfly's habitat we need to create, conserve, and



protect their resources (milkweeds and nectar plants). This effort will help the preservation of the monarch species and continuation of migration.

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Are You Familiar With the Parking Regulations That Are in Effect in Broadlands? Here's a Quick Overview.

- There are no assigned parking spaces in Broadlands. Owners, residents, tenants and their guests may park in any legal space regardless of where their home is located.
- Commercial vehicles, school buses, church buses, recreational vehicles of any type – boats, campers, motor homes and/or any vehicle which could not normally be used for daily transportation - may not be parked or stored in open view of any residential property, residential streets or open space or other Common area.
- Junk or derelict vehicles may not be parked or stored in open view of any residential property, residential streets or open space or other Common area.
- Vehicles must conform to all State and County codes, ordinances and statutes with regard to stickers, registrations and certifications.
- Vehicles cannot be parked in a manner that obstructs vehicular or pedestrian traffic or on a sidewalk or any grassy or landscaped area.
- Vehicles may not be parked with any type of "For Sale" sign displayed on the vehicle on any roadways or common area.
- Vehicles may not park within ten feet on either side of a mailbox.

Vehicles parked in violation of any of these regulations may be towed at the owner's sole risk and expense. If you have any questions regarding parking in Broadlands, please call the HOA office at 703-729-9704 Monday through Friday from 9:00am to 5:00pm.



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Best Friends, Worst Moments By: Shannon M. Pecora, MA Stream Valley Veterinary Hospital

Earlier this year, I lost one of my best friends: my beloved 15 year-old Australian Shepherd-Chocolate Lab mix. College, grad school, marriage, first house, first child, second child - so many milestones came in life, and my dogs were always there (my 15-year-old Cattledog-Chow mix is thankfully still with me, even still running and playing like a puppy on occasion!). I could count on sharing each day with my first furry kids, and my optimism and "puppy love" let me feel like it would always be that way.

But I work in the veterinary field. I wasn't kidding anyone, least of all myself. Even now, it's too painful for me to rehash and relive my ole buddy's decline, but of course the signs of the inevitable increasingly became impossible to deny: advancing age, decreased mobility, loss of interest in the favorite toys... The day came when he let us know that he had reached the end of his journey here with us, and, simply put, it was time to say goodbye.

Yes, he did let us know, in his way, in a way that my husband and I fully understood, and looking back now, we know that we made the right decision. But was this so easy on that day? Of course not. It's natural to second-guess yourself, to ask yourself, "What if?" Unfortunately, that is a question that your veterinarian may not be able to fully answer for you. Veterinary staff can help guide you, help you assess if activity, personality, affection, and attitude changes in your pet are such that, as one of our Stream Valley doctors puts it, "Fluffy just isn't *Fluffy* anymore". Even a small amount of objectivity can offer clarity when you are charged with such a distressing choice.

No matter how sure you are, no matter how old, ill, frail, weak, or glum your pet is, there are still regrets and doubts that can creep into your heart and mind. Veterinary professionals can help with that, too. When you're faced with the loss or potential loss of your pet, ask for resources such as grief support websites, hotlines, books, and groups. Also, ask for basic information; if your pet is suffering from a serious illness or medical condition, the veterinarian can help you explore treatment options and side effects, symptoms, disease progression, pain prognosis, and more. This knowledge may not end up affecting your decision at all. You may still know that it's time to say goodbye. However, you can settle on the decision for humane euthanasia with a bit more confidence or certainty.

When I consider my decade and a half with my ole buddy, I truly ache. I miss the reliable, unconditional love and just the general fun that we had with one another. But, cliché alert - I have to consider myself lucky to have had him in my life. He was my husband's dog when we first met all those years ago, and I always joke that, more than with my husband, I was meant to be with this dog. We were simply supposed to be best friends! So, I have to take some comfort in the fact that I did the best I could for him, in all circumstances, including the end. Isn't that the greatest thing that any of us could ask for?



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Broadland's Casino Night

Saturday, September 28, 2013
8:00p.m. – Midnight
at the Broadlands Community Center

\$25.00/single advance purchase (before Sept 1st)
or \$30.00 after September 1st
\$40.00/couples advance purchase (before Sept 1st)
or \$50.00 after September 1st.
Space is limited so sign up today!

- Black Jack
- Craps
- Roulette
- Let it Ride
- Texas Hold'em

*Take a chance and play
them all!*

A night of fun, great food and
prizes from local business!

This event is for residents 21 years and
older, Casual Evening Dress



Casino Night Ticket Purchase Form

To purchase tickets, attach a check payable to Broadlands Association, drop it off at the Nature Center during business hours, or drop box at the Nature Center. **All payments must be made by a Broadlands Resident.** Please write "Attn: **Casino Night**" on the envelope and "**Casino Night**" in the memo area. Payments must be received by September 1st.

Name: _____

Address: _____

Phone number: _____ Email: _____

of Single Tickets: _____ x\$25.00 (by 09/01/13) x \$30.00 (After 09/01/13)

of Couples Tickets: _____ x\$40.00(by 09/01/13) x \$50.00 (After 09/01/13)

The Critter Corner - "On the Move"

By: Dr. Steve Velling

Moving day is approaching and the stress is mounting. As a human, you have the advantage of knowing why you're moving and where you're going. Pets don't have that benefit. They are sensitive creatures and they know something is up, especially when their food bowl is surrounded by boxes. And even when you get to where you're going, the stress doesn't end there. You've got all of your moving in to do, and your pet is in a strange place with new people and new sights, sounds, and smells. There are some real concerns for you and your four-legged friend, but also some things you can do about it.

Cats that are indoor-only cats should do well adjusting, but just make sure Shadow knows where the food, water, and litter are. You may even want to get a second litter box just in case. As for outdoor cats, moving is the perfect opportunity to transform Tigger into an indoor kitty. Not only do indoor cats tend to live longer lives, but an outdoor cat in a new environment stands a good chance of being attacked or running away. They have a tendency to wander back to their old territory. Have Tigger spend at least a month confined to the house. Hopefully he'll decide it's nicer indoors than out.

For dogs, separation anxiety can be a very real issue. When you move to a new home, the only constant thing in Max or Sadie's life is you. When you leave to go to work, the dog may come unglued. The most common symptoms of separation anxiety are barking, "accidents" in the house, and tearing or chewing things up. To ease his/her pain, try to spend some quality time with your pet in your new home, but leave your home for short periods of time the first few days so he/she isn't left feeling abandoned. If your pet does have an accident or chews something up while you're gone, don't correct him after the fact. That just creates more stress. Instead, get a crate, or bring him or her to a doggy daycare facility. Make sure your pooch gets plenty of exercise, as tired dogs don't have enough energy or inclination to get into trouble. Also, ask your neighbors to listen for whether your hound spends all day barking while you're gone. If he or she is, then it may take a few weeks for them to feel secure in your absence.

With so many things to think of when you're moving in or moving out, try to prepare for what your pet may need ahead of time, and try to be patient with your fuzzy pal. She may be as worried as you, and doesn't even know why. But if you don't show your stress too much, chances are your pet won't be quite as worried either. Bone voyage (bad pun), and good luck!

Till next time,
Dr. Steve

p.s. Although the Critter Corner will continue, I will be taking a sabbatical from practice for a while, so I want to thank all the amazing clients and their pets that I've had the honor to treat over the last 15 years! Thank you for all the great memories and fantastic experiences I've shared with you!



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Saturday, August 31st

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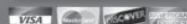
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Thanks to All of our Residents Who Contributed Photos



Nature Summer Camps at The Broadlands Nature Center

Science Wizards

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4th grade in Fall 2013
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(9:00am - 3:00pm)

Cost:

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Non-residents: \$245

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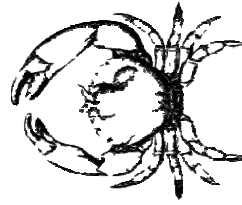
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Broadlands Nature Center 2nd Saturday Family Program A Day at the Beach!

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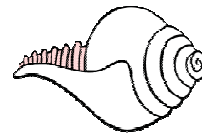
Location: Broadlands Nature Center

Date: Saturday, August 10th, 2013

Time: 10:00am - 12:00pm

Cost: \$3.00/child for Broadlands Residents

\$4.00/child for non-Broadlands residents



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Tired of the Same Old Grilling Recipes? Dazzle Your Family with these Delicious Entrees.



Barbecue Bacon Wrapped Shrimp with Basil Stuffing

- 1 teaspoon fresh minced garlic
- 15 thin bacon slices, cut in half
- 2 tablespoons freshly grated Parmesan cheese
- 30 basil leaves, coarsely chopped
- 30 large shrimp (21-25 count per pound), peeled with tail shells on
- Parmesan cheese

SAUCE

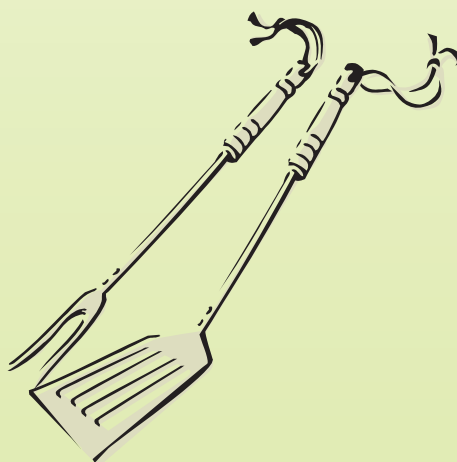
- 1/4 cup applesauce
- 1/4 cup pure maple syrup
- 1 tablespoon balsamic vinegar
- 1/4 cups barbecue sauce, bottled or homemade

Mix together basil, cheese and garlic. Cut deep down the back of each shrimp and remove vein. Fill cut with 1/2 teaspoon of basil stuffing. Wrap each shrimp with 1/2 slice of bacon and tuck loose end or secure bacon with a toothpick, leaving only shrimp tail exposed. Build a fire for leaving one side for indirect cooking. When grill temperature reaches 400 F, place shrimp on grill away from coals and with tails pointing up. Close lid and cook shrimp for 14 minutes. Drain shrimp on a paper towel lined platter. Stir sauce ingredients together in a small bowl. Holding the shrimp by tail, dip each into the sauce, and return it to the grill away from the coals/fire. Close the cooker lid and allow the sauce to caramelize (about 3 minutes). Serve hot. 6-8 servings. *Grilling.com*

Flank Steak with Cilantro-Almond Pesto

- 3/4 cup fresh cilantro
- 2 tablespoons slivered almonds, toasted
- 1 tablespoon chopped seeded jalapeño pepper
- 1/8 teaspoon salt
- 1/8 teaspoon black pepper
- 1 garlic clove, chopped
- 3 tablespoons plain fat-free yogurt
- 1 1/2 teaspoons fresh lime juice
- 1 (1-pound) flank steak, trimmed
- Cilantro sprigs (optional)

Prepare grill. Combine first 6 ingredients in a blender; process until finely chopped (about 15 seconds). Add yogurt and juice; process until smooth. Grill steak 6 minutes on each side or until desired degree of doneness. Cut steak diagonally across grain into thin slices. Serve steak with pesto. Garnish with cilantro sprigs, if desired. 4 servings. *Myrecipes.com*



Grilled Portobello Mushrooms with Tomatoes and Fresh Mozzarella

- 3 tablespoons olive oil, plus extra for greasing grill pan
- 4 large Portobello mushrooms (about 5 in diameter), stemmed
- Salt and freshly ground black pepper
- 3 tablespoons extra-virgin olive oil, plus extra for drizzling
- 2 cloves garlic, minced
- 3 small to medium sized vine ripened tomatoes, cut into 1/2-inch pieces
- 8 ounces fresh water-packed mozzarella, drained, cut into 1/2-inch cubes
- 1/4 cup chopped fresh basil leaves

Prepare barbecue (medium-high heat). Drizzle 3 tablespoons of olive oil over both sides of mushrooms. Sprinkle mushrooms with salt and pepper. Drizzle olive oil on grill pan to prevent mushrooms from sticking. Grill until mushrooms are heated through and tender, about 5 minutes per side. Meanwhile, whisk the extra-virgin olive oil and garlic in a medium bowl to blend. Add tomatoes, cheese, and basil and toss to coat. Season tomato salad, to taste, with salt and pepper. Place 1 hot grilled mushroom gill side up on each of 4 plates. Sprinkle with more salt and pepper. Spoon tomato salad atop the mushrooms, drizzle with extra-virgin olive oil to finish, about 1 tablespoon and serve. 4 servings. *Foodnetwork.com*

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What to Do...at the End of Summer?

Help Your Community By Giving at the Community Blood Drive

Why not help your community by donating blood at our American Red Cross blood drive! Every day, blood is required in hospitals and emergency treatment facilities to help save the lives of accident victims, patients with cancer and other diseases, as well as those undergoing surgeries. The need is constant. The gratification is instant. Give blood!

Date:

Friday August 30, 2013

Time:

1:00pm - 6:00pm

Place:

**Broadlands Community Center
43004 Waxpool Road
Broadlands, Virginia 20148**

Donation Process:

In case you have never given blood before, here is a brief explanation of what to expect. Any donor who is 17 years or older is eligible to donate. 16 year olds need to have a parent sign a consent form at the blood drive.

Make an Appointment:

Go the website
www.redcrossblood.org
Use Sponsor Code:
05315207

or:

Call 1-800-Red Cross
To speak to a representative

Day of the drive, donor registration:

The donation process starts at the registration table where donors are asked to show a picture ID. Donors will be asked to read a booklet to help the donor determine if they are eligible with regards to medication taken, travel, health and lifestyle.

Donor Screening:

After registration, the donor will meet with a member of the Red Cross collection team for a confidential health history interview. The donor will receive a "mini-physical", checking temperature, blood pressure, pulse, and blood iron level. This mini-physical

helps the Red Cross determine if a blood donor can safely donate blood. The donor will use a computer to answer questions privately about health history and places traveled. At this point in time some donors may be deferred. Common deferrals are: low iron, cold/flu/other illness symptoms, certain travel, and some medications. Many deferrals are short-term deferrals that are resolved in a matter of days, weeks, or months, after which time the person may attempt to donate again.

Blood Donation:

After the screening, the donor is moved to the donation area. The actual whole blood donation process usually takes less than ten minutes. The donor's arm will be cleansed, the phlebotomist inserts the needle, and blood flows into the collection bag. Most donors feel only a slight pinch when the needle is first inserted. During this process, separate test tubes are filled with the donor's blood. These test tubes will be sent to our testing lab in Philadelphia where approximately 13 different tests are performed to determine the safety of the blood. These test are performed within five days of the donation and when completed will allow the donor's blood to be sent to the needed hospitals and trauma centers.

Post Donation Instructions:

The next step toward safety is the distribution of post donation instructions to the donors, which provide them with contact information for notifying the Red Cross with any follow-up questions that they may have, or to inform the Red Cross of any donor concerns.

Refreshments/Canteen Area:

After giving blood, the donor is asked to relax for a few minutes and enjoy some refreshments in the canteen area. We want to be sure that all donors are feeling well and are hydrated before leaving the donation site.

Thank You!

Your whole blood donation has the potential of saving the lives of three

individuals! In our labs, your whole blood donation will be split three ways: Red Blood Cells, White Blood Cells & Platelets, and Plasma. These three separate blood products can then be sent to three separate patients in need!

Every year millions of lives are saved by blood transfusions. **There is one source of this lifesaving resource: PEOPLE!** That's why this blood drive is so important! The American Red Cross Greater Chesapeake & Potomac Region, needs to collect 1,000 units of blood a day, to meet the demand of 62 hospitals and trauma centers that we serve. Please help us meet this goal by joining us to donate.

Whole blood donors will be eligible again to donate, 56 days (approximately 8 weeks) after this blood drive. We encourage all who are eligible to donate on a regular basis! You can always go to www.redcrossblood.org for more information or to find your next blood drive.

The need is constant. The gratification is instant. Give blood!

Thank you,
Judy Kordella
Account Representative
American Red Cross

Information from:
The American National Red Cross
GCP.SPGUIDE.09.V1.04102013



The Loudoun Free Clinic

Seasons of Care

The Loudoun Free Clinic seeks your support as an **auction item donor** for our annual fundraising effort! We are hosting this year's Fall Fundraiser, *An Evening in Paris*, on October 5, 2013 at the National Conference Center in Leesburg, Virginia. This is our largest fundraising event of the year and the items you donate will directly benefit the Free Clinic, located in Leesburg, Virginia. At the Clinic, we save the lives of people who are sick, out of options, have nothing left and nowhere else to turn. As a volunteer driven clinic funded by individual and community donations, we are changing the future of healthcare. We provide everything needed to save lives and restore health, and do it at no cost to our patients. From cancer treatments and surgeries to lab tests and insulin, we make sure the sickest and most vulnerable in our community get everything they need to get back on their feet.

Last year, the Loudoun Free Clinic saw 1,251 patients during 3,793 visits. We distributed nearly 14,000 prescriptions to Free Clinic patients valued at almost \$1.8 million. Our amazing doctors, nurses and other community members donated over 6,000 hours of service last year. And, thanks to the support of our volunteers and community and corporate partners, *in 2012 we provided \$3.5 million in medical services to at-risk residents.*

This is Where You Can Help

As an auction item donor you will help the Loudoun Free Clinic raise the funds needed to save hundreds of lives. The Free Clinic receives no ongoing federal funding. Because of your charitable gift and the many volunteer physicians, nurses and support staff who donate their time, the Free Clinic is able to provide \$7.00 in much-needed health care services to low-income, uninsured Loudoun County residents for every dollar donated!

Please contact Susan Whitlow at 703-398-7962 or volunteerwhitlow@gmail.com with any questions.

Mail certificates to:

Susan Whitlow
21555 Awbrey Place
Ashburn, VA 20148

As a donor, you will be listed in upcoming marketing and communications materials distributed to a list of over 1,000 individuals and organizations. Please include name of individual(s) or business as it should appear in printed materials, estimated market value, your contact information and, if needed, a description of the item. We would appreciate expiration dates being no shorter than one year from November 30, 2013. In addition to auction donations we are also interested in sponsorships; you can find this and more information regarding the event on our website, www.loudounfreeclinic.org.

We thank you in advance for your support!

Your prize donation is tax deductible to the full extent allowed by law. The Loudoun Free Clinic is a 501(c) 3 non-profit organization, tax ID# 54-1921059.

Southern Walk Board of Directors (Open Band Contract Administration Only)

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Southern Walk HOA Board of Directors Meeting

Thursday, August 15th -

6:30 p.m. in the

Nature Center Conference Room

Town Hall Meeting Notice

Southern Walk at Broadlands

Thursday, August 15, 2013

7:00pm at the

Broadlands Nature Center

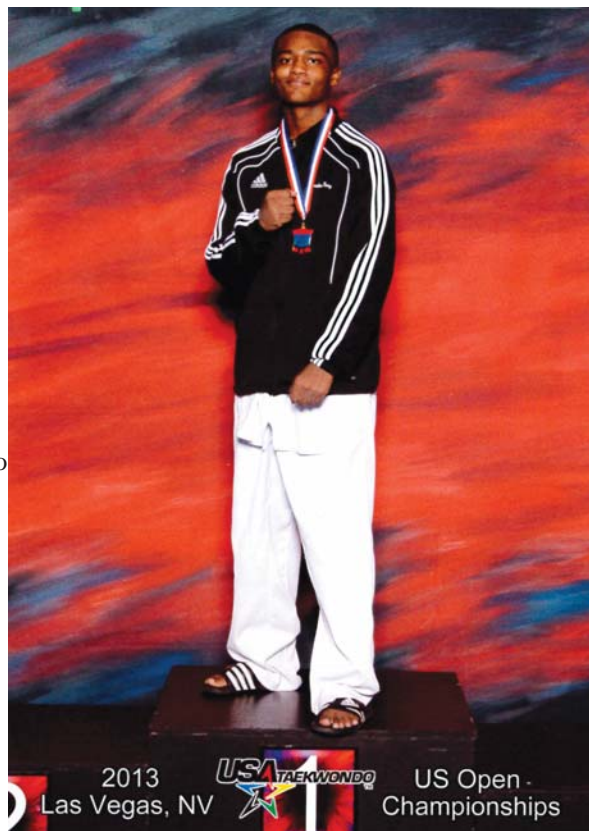
The purpose of this meeting is to give and update on the various legal proceedings that involve the association and to answer questions regarding future legal action affecting the association.

Teen Resident Wins Triple Crown

Brandon Ivey, a junior at Briar Woods High School, recently won the Taekwondo Triple Crown taking home a gold medal at three national competitions this month. Competing in the Junior Heavyweight division, Brandon took home gold at the US National Taekwondo Championship (Chicago, IL), the AAU Junior National Championship (Fort Lauderdale, FL), and the US Open Championship (Las Vegas, NV).

During the US National Championship, Brandon proved he was a fighter, not just physically, but mentally. He fought his way back from an eight-point deficit and won the match in sudden-death overtime. Brandon's efforts have earned him a spot on the Junior National Team. He will travel to Colorado Springs this month to begin his training with the US Olympic Team coaches in preparation for Junior Pan American Taekwondo Championship where he will represent the United States in Queretaro, Mexico this September.

Although he had to face men twice his age, Brandon also competed in the Senior Middle Weight Division at the US National Taekwondo Championship. Brandon beat the former senior heavy weight champion and several other opponents, before having to bow out due to a debilitating knee injury, stating that he could no longer feel his legs. Brandon trains at both US Tigers in Haymarket, Virginia under Master Dennis Kim, an Assistant US National Taekwondo Team Coach, and Phoenix Taekwondo Academy in Ashburn, Virginia under Master Alex Kim.



Great job Brandon! Let's all wish him luck during his upcoming competitions.

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Broadlands "Boys Night Out" Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday Nights for a Men's Doubles Ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night (7:00pm) rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com

Broadlands Tennis Website: www.BroadlandsTennis.org

Athletic Revolution....New Outdoor Flag Football League In Ashburn

Athletic Revolution (AR) opened in December 2012, and due to the overwhelming response to the Football program, they have expanded their Flag Football program to include a League in the fall!

The support from the community and parent request for more Flag Football programs was what spurred AR to start the league. Owner Liam Daly, and Co-Director of Football Program, Chris Foley, are looking to build a community league where games are played in the community. The games will be played at the Breezy Hill field on Hay Road in Ashburn Farm.

For more information and registration, please visit www.athleticrevolutionashburn.com. You can also find them on Facebook: www.facebook.com/athleticrevolutionashburn.

Broadlands 2013 Pool Locations and Hours

Please do not forget to bring your photo ID pass. No one will be admitted to the pool without their Photo ID Pass...No Exceptions! Hours are subject to change by the Board of Directors for special events, swim meets, swim lessons and other community functions, or for maintenance and repairs as may be required from time to time. Check below for special hours and postings at pools for any changes to hours of operation.

Summerbrooke Pool

21580 Demott Drive – 703-724-9818:

10:00 a.m. – 8:00 p.m. daily

Southern Walk Pool

43081 Village Drive – 571-223-1331:

11:00 a.m. – 8:00 p.m. daily.

Community Pool

43008 Waxpool Road – 703-724-7830:

12:00 p.m. – 9:00 p.m. daily.

Adult Lap Swim only at Community Center Pool:

Tuesday, Wednesday & Thursday,
5:30 a.m. to 7:50 a.m.

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703-378-1800
14155-E Sullyfield Circle

Old Towne Ashburn
703-729-1033
20604 Gordon Park Sq #110

South Riding
703-542-2008
43130 Amberwood Plaza, #110

Broadlands Tennis Programs

Luis Rosado Tennis Academy brings over 20 years of experience to the Community. Please email your questions to Luis Rosado at LuisTennisAcademy@gmail.com. For details and registration for all programs, please visit www.LuisTennis.org.

SUMMER TENNIS CAMP – ENROLLMENT IS OPEN!!

Resident \$176 / Non-Resident \$185 per week

June 10 – Aug 29th, Ages 5 – 14, Mon – Thurs, 9am - 1pm (Friday make-ups if bad weather)

WEEK 8: ongoing - Aug 1; WEEK 9: Aug 5 - 8;

WEEK 10: Aug 12 - 15; WEEK 11: August 19 - 22;

WEEK 12: Aug 26 - 29

CLINICS: 8 WEEK SESSIONS

Session III - (ongoing – Aug 25)

Session IV - (Aug 26 – Oct 20)

Session V - (Oct 21– Dec 15)

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(Ages 4-10) All Levels

Mon through Fri, 4pm & 5pm

Sat & Sun, 10am & 11am

(Ages 11-16) Beginner

Mon through Fri, 6pm

Sat & Sun, 10am & 11am

1.5 Hr Junior Clinic (Ages 10-16)

Advanced / Intermediate

Mon through Fri, 6pm

1.5 Hr Adult Clinic – All Levels

Mon through Fri, 9am

Mon through Fri, 7pm

Sat & Sun, 8:30am

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\$128 / \$144 per session (8 weeks) 1 class a week

\$240 / \$272 per session (8 weeks) 2 classes a week

\$336 / \$384 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$20 members; \$22 non-members

1.5 Hr Class (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week

\$336 / \$384 per session (8 weeks) 2 classes a week

\$468 / \$540 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$28 members; \$30 non-members

Weekly Junior Round Robin Tournaments

(\$20.00 per Tournament)

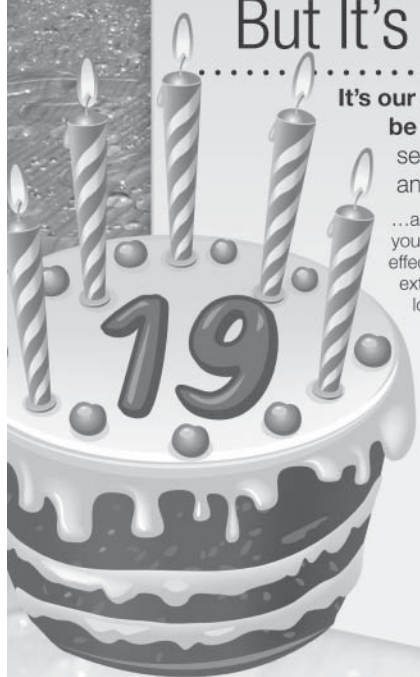
11 years and over – Sun, 12pm - 2pm

10 years and under – Sat 12pm - 2pm

Private / Group Lessons (1 player \$60, 2P \$35 each, 3P \$25 each)

- Stroke analysis and evaluation; an objective assessment
- Weakness identification and improvement of fundamentals
- Stroke development; technique, theory, and practice
- Strategic development; the psychological side of tennis

It's **OUR 19TH** Birthday... But It's **YOU** Who Gets The **GIFT!**



It's our Anniversary, and it's **YOU** that can be celebrating. We've proudly been serving Northern Virginia for 19 years, and over 30,000 homes...

...and with that comes **experience**, we understand your deck and have come up with some cost effective measures and techniques to help you extend the life of your deck, as well as keeping it looking as beautiful as the day it was built.

Our services are tried and true to be effective in these hot Virginia summers, so whether it's a total restoration or just a freshen up, give us a call and see how we can make you **"Fall In Love With Your Deck...All Over Again!"**

Our services include, but are not limited to:

- ▶ Deck power washing/cleaning
- ▶ Deck sanding, staining and/or sealing
- ▶ Composite deck cleaning
- ▶ Power cleaning fences and other outdoor wood structures
- ▶ Exotic hardwood deck care
- ▶ House washing
- ▶ Brick and concrete pressure cleaning
- ▶ Roof stain cleaning

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This Month ONLY
40% OFF**

Deck Cleaning (Can be combined with
Deck Brightener, if applicable)
Ends August 31st, 2013




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Saturday, August 10th from 10-12

**WOULD YOU LOVE TO BUY A HOME BUT ARE UNSURE IF
YOU CAN?**

Attend our **HOMEBUYERS SEMINAR** to discuss:

- * Financing a Home/Different Mortgages
- * Improving Your Credit
- * Lowering Your Down Payment

NOT SURE IF THIS IS THE RIGHT TIME TO SELL?

Meet one-on-one with our knowledgeable **Realtors** to discuss:

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- * Tips on Preparing Your Home For Sale
- * The Value of Having a Realtor on Your Side

Compliments of Your Local Real Estate Partners



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through Facebook at
[www.facebook.com/
ashburnlongandfoster](http://www.facebook.com/ashburnlongandfoster)**

**Long & Foster Realtors
43490 Yukon Dr. Suite #105
Ashburn, VA 20147**

*Located adjacent to Home Depot & behind
Giant Food*

Broadlands Helpers List

The Broadlands Helpers List is comprised of helpers up to 18 years of age, 1995 and later. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition



Key:

(B) Babysitter's Course

(C) CPR

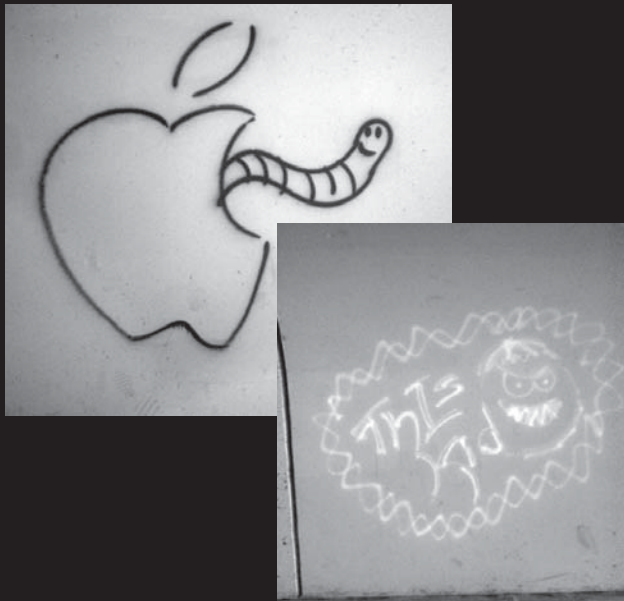
(R) Rescue Breathing

(F) First Aid

**All area codes are 703 unless noted.*

Do You Recognize This Artwork?

We've reported 13 cases of graffiti in the community to the sheriff's department since January 1st.



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Now we also offer:

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- Gluten Free Menu – per your request.
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- Order online for carry-out or delivery at www.mali-thai.com



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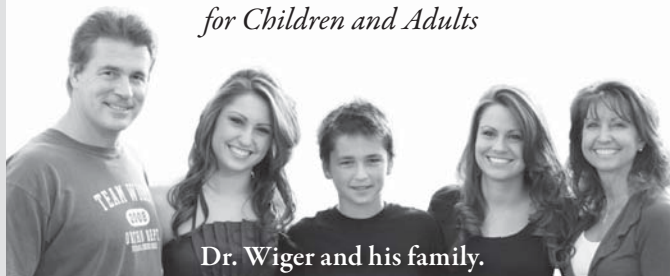
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Suite 300

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Dr. Wiger and his family.

CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlandshoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

ASHBURN CLASSICS

We are a club for those 50 and over who want to have a good time. For more info visit www.ashburnclassics.com or call Carmen at 703-723-3723.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit www.toastmastersclubs.org.

BRIDGE GROUP

Bridge players interested in joining a social bridge game please contact Ved Gupta at 973-902-3321 or vedbgupta@yahoo.com. We meet every Wednesday from 5:00pm to 8:00pm at 42809 Vestals Gap Drive.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS COMMUNITY WOMEN'S BIBLE STUDY

Our Bible study meets weekly on Tuesday mornings from 9:15a.m. - 11:00a.m. at a group member's home. For more information, please contact Chris 703-729-2095 or email: Stacy3214@aol.com.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Pigg, (703) 729-6086 or troophillside.org@gmail.com.

GO GIRLS CLUB

Does your daughter have ADD or ADHD? Then bring her to the Go Girls Club! An inspiring program for interesting girls. Join us to meet other girls with ADHD, share experiences, make friends and celebrate her strengths! For girls in grades 3 to 5. A Broadlands resident is forming a new GoGirls Club in Broadlands now. For more info please email gogirlsashburn@yahoo.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based, small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Thursday at 10:00am. For info, contact Crystal Wasilausky, crystalwasilausky@yahoo.com.

MOMS NEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnext@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburn-rotary@gmail.com if you're interested and want to find out more.

TECHNOLOGY COMMITTEE

We meet the second Wednesday of each month at 7:30 p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

AUGUST CLASSIFIED ADS

EARLY EDUCATION/DAY CARE

LITTLE SPROUTS PRESCHOOL: Offering preschool classes for 2, 3, 4, and 5 yr olds and well as Mom's Morning Out. Small Classes, Experienced Teachers, Potty training NOT required! Check Out our website or call for a tour Karlene 408-750-7349. Website <http://LittleSproutsPreschool.clubspaces.com>.

INSTRUCTION - ARTS/MUSIC/RECREATION

START MUSIC LESSONS NOW: There is a professional music school just minutes from your home. University trained teachers in all instruments. We've produced more LCPS award and competition winners in the past eleven years than any other area school. Call now to schedule a tour. 703-723-1154 **Mintons Academy of Music** www.mintonsmusic.com.

SWIM LESSONS: Professional & affordable swim lessons at any local pool! Each lesson is 30 minutes and only \$25 for private lesson; \$20 per child for group lessons. Please contact Steffan at sv3px@virginia.edu or (703) 606-5091 for more information.

KIDZART SUMMER CAMPS! KidzArt camps are back! The perfect cure for summer boredom! Two themes: "Circus des Arts" and "3D to the Max". M-F camps available at several Loudoun County locations. See our website at www.kidzartva.com. (Broadlands resident).

PRIVATE MUSIC INSTRUCTION: Summer is a great time to start lessons on an instrument! I am a former Fairfax County band director now teaching privately from my home in Broadlands. I have 17 yrs. teaching experience. I love kids & teaching is my passion! I teach all **wind** instruments. Please email Melissa Payes at loudounprivatemusic@gmail.com for more information, or call 571-918-0529. I look forward to chatting with you! References available.

GUITAR AND SAXOPHONE LESSONS: Instruction in your home for kids and adults. Experienced teacher with Music Degree; references from Broadlands residents. Please call 703-777-4352 or email WoodwindStudio@verizon.net.

AFTER SCHOOL DANCE PROGRAM – OLD ASHBURN! Creative Dance Center provides transportation, supervised homework, healthy snacks, and 45-minute daily dance classes in Bollywood, Ballet, Musical Theatre, Hip Hop, Jazz and Acro. Please visit www.CDCdance.com for more information and details.

CCJ DESIGNERS LOUNGE: Offers individual and group sewing lessons. Learn to create a garment, shop for fabric and understand sewing terms. We also conduct children sewing parties. For more info, please call 703-400-3966 or email info@ccjdesignerslounge.com.

INSTRUCTION - TUTORING

COLLEGE ADMISSIONS CONSULTANT IN ASHBURN! Former senior university official with MEd in higher ed and extensive background in public, private, and Ivy League admissions. With individualized approach, I guide my students through the college admissions process. www.collegefitadmit.com.

A-1 LOUDOUN COUNTY MATH TEACHER: Pre-algebra, Algebra (I & II), Geometry, Trigonometry and Pre-Calculus. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu_911@yahoo.com. Visa, Master Card, Discover and Amex accepted.

SAT/ACT/PSAT/TJ Test Prep: Professionally trained with over 7 years experience, LCPS teacher offers 5 week courses. Limit 8 students/class – register early! Saturday classes. Private tutoring available. Call 571.335.8378 or visit www.collegeboundloudoun.com.

HEALTH/FITNESS/WELLNESS

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Get fit now with my 22+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! **Stephanie Gotfried 703-542-2595**; stephaniegotfried@verizon.net; fitnessstogova.com.

HEALTH COACH: Are you fatigued, stressed, overweight or generally not feeling well? I assist and motivate people into taking back their health and their lives. Contact me today for a free consult. Melissa Salat 571-484-4343; melissagsalat@gmail.com; www.facebook.com/MelissaSalatWellness.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/SMALL COMMERCIAL & RESIDENTIAL. Trouble Shooting Experts! Specializing in Small Commercial and Residential Electrical work. Lamp & Chandelier repair (drop off only). In Ashburn since 1999! Call (703-723-6501) or email (baneelectric@comcast.net).

HOME SERVICES

BELMONT CONSTRUCTION: Building and maintaining all decks/patios! Also, all types of construction from, additions, kitchens, landscaping, painting, roofing, siding, etc. Please call: **571-209-0332**.

GREEN LEAF LANDSCAPING: Spring clean-up, grass cutting, planting, mulching, leaf removal, tree removal, edging/trimming, power washing, gutter cleaning, trash hauling, aeration & seeding. FREE ESTIMATES. Contact: Vidal Melendez 571-263-1176/571-484-1193, vidalmelendez@yahoo.com.

THE CARE OF TREES: Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 www.thecareoftrees.com.

LARRY MILLER INC. WINDOW CLEANING SERVICE: Residential Specialist. Free screen cleaning, free estimate. Also offers power washing, gutter cleaning and Christmas lighting services. Licensed & insured. Resident of Broadlands. Free on-line estimate. www.windowcleaningservice.net. On Board of Directors for IWCA and Residential Committee. Call Larry at 703-723-7770.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike.Rosario@verizon.net.

HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

YOUR LOCAL CONTRACTOR-WISE GUYS ROOFING & SIDING, LLC. FREE ESTIMATES. Roofing & Siding Installation & Repairs—Gutters Installation & Repairs—Windows—Insulation—Trim—Painting—Attic Ventilation—Handyman—We Work with Your Home Insurance Company. Lowest Price & Satisfaction Guarantee! Excellent References. Servicing Ashburn area for 12+ years. No Sub-Contractor. LICENSED & INSURED www.WiseGuysRoofingSiding.com. Call: 571-722-5543 or email at wgrs@me.com.

PROFESSIONAL PAINTING: Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

HOUSE CLEANING

MAID IN VIRGINIA- RESIDENTIAL CLEANING: We have earned a reputation for having the highest integrity. We enter your home excited to clean. We can provide numerous references. Locally owned and operated in Ashburn Licensed, Bonded, Insured with Workers Comp Insurance. www.maidinvirginia.com; 703-723-5199.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

MARKETPLACE

CCJ DESIGNERS LOUNGE: Custom-made women's clothing for all styles of dress from Prom's to business attire. We also provide alteration services as well as wardrobe consults. Visit our website at www.ccjdesignerslounge.com. Email info@ccjdesignerslounge.com or call 703-400-3966.

MARY KAY: Beauty on a Budget. Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today, Deborah Leben 703-217-4583 leben@marykay.com www.marykay.com/DLeben.

MILITARY PURCHASING GROUP—Bringing HUGE savings to our military, veterans and their families. The Broadlands Community (including Civilians) has been selected as a pilot group... Support a GREAT cause, enjoy at or near wholesale prices on thousands of products. www.Mil-PG.com. Discount Code BROAD80OFF.

ORIGAMI OWL: Everyone has a story...tell yours with an Origami Owl Living Locket! Choose the charms, choose the locket, choose the chain and you have one-of-a-kind piece of jewelry. Order online, host a party or become a Designer! Visit reagancosker.origamiowl.com.

PINK PIGGY SWEETS: Online bakery offering made-to-order sweets baked from scratch using organic and local ingredients! We customize cakes, cake pops, cupcakes, cookies, pies, and cake push-pops for all your celebration events! We offer Party Classes too! NF/GF, www.pinkpiggyweets.com. 571-333-7477.

QUICKSWITCH DOG COLLARS: A durable interchangeable collar guaranteed for life & a variety of covers to swap out for every occasion. A superior value to buying multiple collars. Patented by Broadlands Mom. www.quickswitchcollars.com 10% off with code BROAD1013.

SEW, SEW, SEW!!! All your sewing needs here in the Broadlands! Alterations, Home Decor from curtains, pillows, covers, etc...Not sure? Just ask! Can sew, Will sew, Just let me know! Pick-up and Drop-off service at no extra charge. Check out my site at StephanieSewHappy.com Stephanie Davis, Owner & Seamstress (703) 574-3336 or StephanieSewHappy@gmail.com.

STELLA & DOT- CHRISTINE ROSS: A smile is always your best accessory and I have accessories to make you smile! Contact me to book a trunk show or place an order at 703.200.0848 or see my Facebook page www.facebook.com/stelladotchristineross.

TASTEFULLY SIMPLE: Bring TASTEFULLY SIMPLE to your next cookout or on vacation. So quick and easy to make; and WOW your friends and family. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net.

PROFESSIONAL SERVICES

STATE FARM INSURANCE: Are you paying too much for insurance? Not getting the service you expect? State Farm is the #1 insurer of cars, homes, & small businesses in Loudoun County. The **Joe Mullee Agency** in Ashburn has represented State Farm for 33 yrs. and is the largest of all the Loudoun County agencies & one of the biggest in the state. Servicing our existing clients is our #1 priority. Call or email us for your free comparison. 703-724-4800 or joe@joemullee.com.

GGGGRRRRRR!!!! Computer crashed? Network down? Computers confuse you? Call Less Silberg, Ashburn computer consultant. Over 30 years experience. Certified, licensed, Loudoun COC member. PC's, Mac's, iPads/Tablets, Smart Phones – Android, iPhone, Networks, maintenance, installation, problem solving. Daytime, weekend, evening appointments. 703-304-1130 silberg@aurifex.net.

REAL ESTATE

CAN'T DECIDE WHETHER TO REMODEL OR SELL? Brian Smith of Total Build and Joanne Poesch of eXp Realty will get together with you for a free consultation to determine whether you should list it – or fix it! Email info@listitorfixit.com.

HOME STAGING...THINKING OF SELLING? Let me show you how to get top dollar for your home and spend less time on the market! Home staging is a proven way to make your home appealing to the most buyers in this tough market!!! I am an Accredited Staging Professional®, a Broadlands neighbor, and I am here to serve you! Let me tell you how I work! Please call Mary at 703-622-3820.

How to Place Classified Ads

Classified Ads (Limited to 40 words maximum) must be received with payment by the 5th of each month for the next month's issue.

Monthly Rates:

Resident Rates

Month to Month \$9
6 months prepaid discount \$8
12+ months prepaid discount \$7
Personal (For Sale) Ads \$0

Non- Resident Rates

Month to Month \$18
6 months prepaid discount \$17
12+ months prepaid discount \$16

Payment and Ads:

Please email ads to: scollins@broadlandshoa.com.
Checks only please, made payable to "Broadlands Association".
No cancellations after the initial deadline.

Mail to or drop off payments at:

Broadlands Association
21907 Claiborne Parkway
Broadlands, VA 20148

For more information contact:

Advertising Manager

Stassa Collins, (703) 729-9704,
scollins@broadlandshoa.com

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ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3500 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF or TIFF. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page. **DEADLINE: Ad and payment submissions are due the 1st day of the month prior to the issue. (Ex: Jan1 for Feb's issue.)**

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$75*
 1/4 pg (3.625" W X 4.875" H) \$165 /\$140*
 1/2 pg (7.5" W X 4.875" H) \$295 /\$270*
 Full pg (8.5" W x 4.875" H) \$550/\$525*

COLOR (INSIDE COVERS) LIMITED

AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$225 /\$210*
 1/2 pg (7.5" W X 4.875" H) \$425 /\$405*
 Full pg (8.5" W X 11" H) \$1050 /\$900*

Add 10% to base price above for preferred placement

COLOR (OUTSIDE BACK COVER) LIMITED

AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$240*
 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240*
 1/2 pg (8" W X 4.875" H) \$475/ \$455*
 Full pg (8" W X 8"H) \$1050/ \$950*

**Discounted price if 6 or more months are prepaid*

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED. Make checks payable to *Broadlands Association*. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association
 ATTN: Newsletter Ads
 21907 Claiborne Parkway
 Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **Noon on the 10th of the month**, or Noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704 ext.101.

The Right Foundation for Learning and Life. Just Ask a Dad.



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*Based on research from the National Institute for Literacy

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