

BROADLANDS

Community News

School's Back in Session...

- The HOA office will be closed on Monday, September 3rd for the Labor Day holiday
- Join the Community Yard Sale on September 8th, see page 7
- Last Flicks in the Sticks - September 8th, page 5
- Feeling lucky? Attend Broadlands' Casino Night on September 15th
- Flu shots available at the Nature Center, page 5

Photo Courtesy of Magaret Marcus



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Broadlands Association, Inc.

Monday thru Friday from 9:00a.m. to 5:00p.m.



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www.broadlandshoa.org

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A Note From Your General Manager, Sarah Gerstein

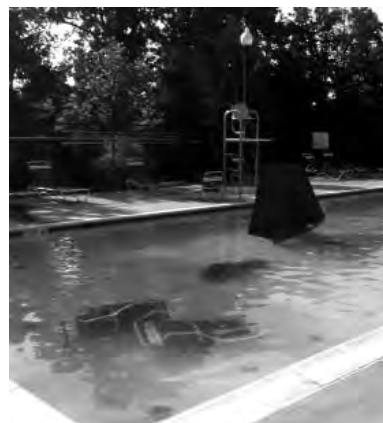


While vandalism isn't my favorite topic to discuss, we've been hit with our fair share of it within the community since my arrival in early June and in the months and years prior. . . I think it is worth mentioning. If everyone is aware of the issues, we may be able to work with the Loudoun County Sheriff's Department to catch some of the vandals and

possibly deter others from making our community their target. Some of you may have witnessed the variety of vandalism that we encounter, and others may not have observed the damage as our contractors tirelessly work to clean up the aftermath from the destruction we see. Some of the vandalism the Broadlands Community has been subject to in 2012 include spray painting on overpasses, streets, sidewalks, and tunnels, breaking of light fixtures in the tunnels and tennis courts, setting fire to the trash enclosure at the Summerbrook pool (photos can be found on page 26), knocking over light poles on the walking trails,



breaking into the pools and throwing the deck furniture into the deep end, putting firecrackers into as well as smashing mailboxes, and stealing fire extinguishers from Broadlands Live tents.



These acts of vandalism cost the association in valuable resources, from staff time contacting the sheriff's department and filing police reports to paying contractors to clean up the mess. These efforts take resources away from other association funded activities and improvements.

Continued on page 10

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Email: broadlands@armstrong.net

Mail Payments to:

Armstrong Management Services
P.O. Box 11983
Newark, NJ 07101-4983

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Flicks in the Sticks

The Adventures of Tintin
Saturday, September 8 - 8:15pm

Grab the kids, your picnic blanket and/or lawn chairs and stake out your spot on the **Nature Center lawn**. Come early to get a good spot. Popcorn and drinks are provided. This movie is 107 minutes and rated PG. Reminder: Grab a Large, 2 Topping Pizza from 7 to 9 pm from Domino's @ Broadlands Marketplace for only \$8. Carry out only. Call them at 703-726-0330.

Movies begin around sundown - time listed is approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS ONLY.
Brought to you by the HOA Technology Committee.

Are you ready for *Fall?*

What about your yard equipment?

■ Lawn Mower	■ Garden Tiller
■ Wood Chipper	■ Pole Saw
■ Lawn Trimmer	■ Backpack Blower
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Will You Be Prepared For Flu Season?

Inova Loudoun Mobile Health will come to the Broadlands Nature Center on:

- **Friday, September 28th, 4:00p.m. - 8:00p.m.**
- **Friday, October 12th, 4:00p.m. - 8:00p.m.**
- **Thursday, October 25th, 4:00p.m. - 8:00p.m.**



to provide flu shots for the 2012-2013 flu season to residents in our community. The Mobile Unit will be located in the parking lot of the Nature Center.

Inova Mobile Health is able to vaccinate children ages 4 and up. Minors must be accompanied by a parent or guardian. The cost of the vaccination is \$25.00 per individual and Mobile Health is able to take cash, check, charge and Medicare part B as payment for the flu shot.

The flu vaccine that will be used is a single dose. Below is the recommended composition of the influenza virus vaccines for use in the 2012-2013 northern hemisphere influenza season per the World Health Organization:

- A/California/7/2009 (H1N1)pdm09-like virus
- A/Victoria/361/2011 (H3N2)-like virus
- B/Wisconsin/1/2010-like virus

Save the Date

Find a Sitter,
Create a Costume

Adult Halloween Party

Saturday, October 27th,
8:00p.m. to Midnight
at the Community Center

Be There
and Beware

Save the Date!

Kids' Halloween Costume Party
3rd - 5th Graders
Friday, October 26, 2012
6:00p.m. - 7:30p.m.
at the Community Center

CHAPERONES AND VOLUNTEERS ARE NEEDED!
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Committees

Broadlands Live! Summer Concert Committee

Chair: Open.

Events Committee

Chair: Tammy Wells,
tammy@jwells.us

Community Wildlife Habitat Committee

Chair: Oya Simpson,
(703) 725-8040, osimpson@
broadlandsnaturally.org.
*Please look under Clubs and
Groups for more information.*

Neighborhood Watch Committee

Chair: Open

Recreation Committee

Chair: Open

Technology Committee (broadlandshoa.org)

Chair: Dawne Holz,
dawne@holzfamily.net
*Please look under Clubs and
Groups for more information.*

Tennis Committee:

Chair: Brad Marcus,
bradmarcus@gmail.com

Swim Team:

Website:

www.broadlandsswimteam.org

Webmaster:

webmaster@broadlandshoa.org

Patriot Disposal Collection Schedule

Mondays:

Trash and Yard Waste

Thursdays:

Trash and Recycling



September Events

Date Activity

- 1st Nature Center Open - 10:00a.m. - 2:00p.m.
3rd HOA Offices closed in observation of Labor Day
5th 7:00p.m. Modifications Subcommittee Meeting(NC)
8th 8:00a.m. - 2:00p.m. Community Yard Sale throughout the neighborhood
Nature Center Open, 10:00a.m. - 2:00p.m.
12:00p.m. Family Program - Scaly Slowpokes(NC)
8:15p.m. Flicks in the Sticks - The Adventures of Tintin(Nature Center Back Patio)
10th Noon - Editorial submissions due
11th 6:00p.m. Board of Directors Meeting(NC)
12th 7:30p.m. Tech Committee Meeting(NC)
13th 6:00p.m. Southern Walk Hearing Committee Meeting(NC)
14th 10:00a.m. Broadlands Mom's Club(CC)
15th 8:00p.m. Casino Night(CC)
19th 7:00p.m. Modifications Subcommittee Meeting(NC)
20th 7:00p.m. Investment Club(CC)
22nd Nature Center Open - 10:00a.m. - 2:00p.m.
7:00p.m. Meet Our Wild Neighbors(CC)
26th 7:30p.m. Book Club(NC)
28th 4:00p.m. - 8:00p.m. Inova Loudoun Mobile Health to provide flu shots(Nature Center Parking Lot)

One Person's Junk is Another's Treasure

The Fall Community Yard Sale will be held from 8:00a.m. to 2:00p.m. on Saturday, September 8th, 2012 around the Broadlands neighborhood.

Please think about going "green" and bring along a reusable shopping bag. Check out the list of participants to see what's for sale and view the community map to find each street at www.broadlandshoa.org/yardsale.

Residents do not have to be on the list of participants to be part of the community yard sale. If you are a Broadlands resident, and would like to be included in the list of participants, please visit the Yard Sale Submission Form on the website.

It is the resident's responsibility to check the list of participants for inclusion and accuracy.





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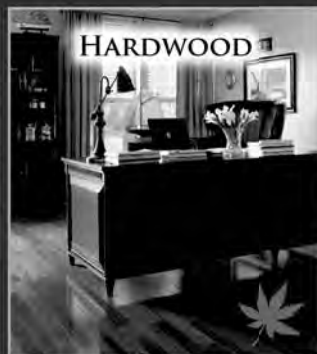
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Fall Native Plant Sale

September 15, 2012 • 9:00am-4:00pm

Rust Nature Sanctuary
803 Children's Center Road
Leesburg, Virginia

Nature By Design and Hill House Farm & Nursery will have a large selection of local native plants for sale. To see which plants each nursery carries or to place an order ahead of time, visit the nurseries' websites. Please note that not all plants listed will be available at the sale.

Native plant related information and exhibits accompanying the sale include: a pollinator garden display; Monarch butterfly exhibit and resources; native bee houses; pollinator license plate applications; a help desk with expert advice on growing natives; demonstrations of arranging cut native flowers; and used environmental book sale.

Between 11:00am - 2:00pm food and beverages will be available for purchase and live music will be provided for your enjoyment.

Sponsored by the **Loudoun Wildlife Conservancy**,
www.loudounwildlife.org

Stop Hunger Now

This summer the ODSL Piranhas had a wonderful opportunity to donate the money they raised from their annual triathlon, \$2,800.00 to Stop Hunger Now.

Stop Hunger Now is an international relief organization that distributes food and aid around the world to some of the neediest regions. On July 18th, all who participated in the triathlon were invited back to help package 11,200 highly nutritious and dehydrated meals in under 2 hours. The kids formed assembly lines filling bags with rice, soy, vegetables and vitamins. It was such a gratifying experience knowing that many lives were changed because of the time and money given to help out with this event. To read more about the triathlon please see page 25.

Briar Woods Restaurant Night

Show your support for the Briar Woods High School Music Boosters by having dinner at Johnny Rockets in Brambleton on Thursday, September 6th from 5:00pm - 9:30pm. A portion of the night's proceeds will go to support our band students. Please mention Briar Woods when you order.

Thank you!

September 2012

Meet Our "WILD" Neighbors!

Date: **Saturday, September 22nd**
Time: **7:00pm at the**
Broadlands Community Center

*All ages are welcome to this free
family event*

Meet the Rescued Fox Eli and other local Wildlife

Program presenters are from Wildlife Ambassadors



*This wildlife event is
courtesy of the
Broadlands Wildlife
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[www.Broadlands
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(Six miles south of the Town of Leesburg on Route 15.)
CONTACT US
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www.oatlands.org

Continued from page 3

The association contracts with an independent security company to help patrol the community; however, they cannot be omnipresent.

Therefore, we rely on our residents to help keep an eye on our precious assets. If we make ourselves aware of the issues affecting our surroundings, we can keep Broadlands a vibrant and safe community. To report suspicious activity, contact the Loudoun County non-emergency number at 703-777-1021.

*Cheers,
Sarah*

**Southern Walk Board of Directors
(Open Band Contract Administration Only)**

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(703) 967-8150

Director

John Hines
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(571) 217-1661,

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Michael Mikaily
mmikaily@yahoo.com



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1:00 pm start

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Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

MODIFICATIONS SUBCOMMITTEE MEETINGS

MEETING DATE	SUBMISSION DATE
September 5, 2012	August 31, 2012
September 19, 2012	September 14, 2012
October 3, 2012	September 28, 2012
October 17, 2012	October 12, 2012

Updated Design Guidelines are on the Broadlands HOA website at www.broadlandshoa.org/node/49.

Submit complete applications by Noon on the submission date to the Secretary, Robin Crews - rcrews@broadlandshoa.com, to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

The Subcommittee is looking for volunteers. If you are interested in joining this group please email Robin Crews, rcrews@broadlandshoa.com.

Homeowners Association Board of Directors Meeting Tuesday, September 11th at 6:00p.m.

*in the
Nature Center Conference Room*

Southern Walk HOA Board of Directors Meeting Thursday, September 13th, at 6:00 p.m.

*in the
Nature Center Conference Room*



Covenants Inspections

The association is currently conducting inspections of exterior and lawn maintenance violations. These inspections ensure that the appearance of our beautiful neighborhood is maintained. Covenant Inspectors can be identified by their bright orange safety vests with a Broadlands label on the back.

Please be aware the Association has the right of access over and through any portion of the Property (excluding any occupied dwelling) for inspections, maintenance and to correct any violations. This right is granted to the Association, its managing agent, and any other person authorized by the Board of Directors in the exercise and discharge of their respective powers and responsibilities. If you are interested in the exact language and wording, it is located on Section 5.3(a) of the Declaration for Broadlands.

The Center for Health, Environment & Justice has created this handy **Back-to-School Wallet Guide to PVC-Free School Supplies** to empower you to make smarter, healthier shopping choices for your children.

**Why Shop for PVC-Free School Supplies?**

Many children's school supplies (such as lunchboxes, backpacks and binders) are often made out of **polyvinyl chloride** (PVC or vinyl) - a **toxic plastic** loaded with phthalates that is dangerous to children's health and the environment.

How to Identify PVC, the Poison Plastic

Here are some quick ways to identify and avoid PVC in common back-to-school products. Look for non-plastic products whenever available. When choosing plastic items, be sure to avoid PVC as well as polycarbonate (PC), polystyrene (PS) and acrylonitrile butadiene styrene (ABS) plastics. **Avoid the three-arrow "recycling" symbol with the number 3 and/or the initials PVC--indicating it's made with PVC.**

Quick Tips for Avoiding PVC School Supplies**Art Supplies**

- Avoid PVC in smocks by looking for fabric ones. Avoid modeling clays made of PVC (polymer clays such as Fimo and Sculpey).

Backpacks

- Avoid backpacks with shiny plastic designs as they often contain PVC and often contain phthalates.

Clothing and Accessories

- Look for PVC-free materials such as fabric in raincoats, rain boots, prints on clothing, and accessories such as handbags, jewelry and belts.

Lunchboxes and Food-Wrap

- Use cloth lunch bags. Many plastic lunch boxes are made of or lined with PVC and may contain phthalates or lead. Look for lunchboxes labeled "PVC-free."
- Use PVC-free butcher paper, waxed paper, parchment paper, low density polyethylene (LDPE) or cellulose bags for food-wrap.

Notebooks

- Avoid notebooks with metal spirals encased in colored plastic as it usually contains PVC, and plastic-coated notebooks.

Paperclips

- Stick to the plain metal paperclips. Colored paper clips are usually coated with PVC.

Three-Ring Binders

- Use cardboard, fabric-covered, or polypropylene binders. Most 3-ring binders are made of PVC and often contain phthalates. Look for binders labeled "PVC-free."

Source: Center for Health, Environment & Justice @ <http://www.chej.org>

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Congratulations to Monica Sommerfield for placing First in the 3rd Annual Broadlands Tennis Tournament and to **Noelle Ihanainen** for placing Second. Well done ladies!

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Good for the Farmers

The Farmers' Market is for local farmers and producers only. By buying straight from the farmers you preserve their livelihood, support our local economy and preserve our working farmland.

Good for the Environment

Most of the nation's fruits and vegetables travel an average of 1,300 miles before reaching the consumer. By purchasing local foods you eliminate the environmental damage caused by shipping food thousands of miles.



Come and Celebrate!

September 28th & 29th, 2012

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Wildlife Habitats Committee**
*Naturally Healthier Surroundings
Inside & Outside*
**Our committee activities and
objectives are:**



- **Family Nature Programs**
Talks, Walks, Presentations and more
- **Greener, Healthier Homes**
Information and programs to promote:
 1. Chemical free gardening and native plants
 2. Growing your own organic veggies
 3. Toxic free indoor air
 4. Reducing utility costs with energy efficiency and water conservation
 5. How and where to get local food
- **EarthDay@Loudoun Family Festival**
Annual Certification Celebration
- **Community Wildlife Habitat™**
by The National Wildlife Federation

If you are interested in meeting new people and developing fun projects for kids and families, give us a try. Our committee gives you the opportunity to choose how much time you would like to commit.

*For more information please contact Oya Simpson:
osimpson@broadlandsnaturally.org,
703-725-8040 or visit www.BroadlandsNaturally.org
Facebook: Broadlands-Naturally*



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The Critter Corner
By Dr. Steve Velling
“Fear the Turtle?”



There seems to be an increase in turtle sightings here in Ashburn this year, including dangerous snapping turtles, and since there are so many families and small children around here, I thought it appropriate to write about the risk these amazing reptiles pose.

First, the U.S Centers for Disease Control (CDC) recommends NOT having any reptiles or amphibians as pets for families with children under 5 years of age. Children are at increased risk of infections because their immune systems aren't fully developed. Since they have a tendency to put things in their mouths, the risk for infection is much higher for them. There was an outbreak of Salmonella poisoning last year from small turtles (less than 4 inches in long) as children were putting them in their mouths, or handling them and not washing their hands properly afterwards.

To reduce the risk of Salmonella toxicity, follow these CDC recommendations:

- Wash your hands thoroughly after handling a pet turtle or its habitat. Supervise children to make sure they've washed well, too.
- Avoid touching your mouth after handling pet turtles, and avoid eating or drinking around them.
- Don't allow pet turtles to roam the house freely.
- Use disposable gloves, and clean the turtle's enclosure outside, dumping the water away from places you tend to go to.
- Use disinfectant to clean surfaces the turtle may have touched.

As for snapping turtles, there have been a number of them seen in places where they shouldn't be, such as in the middle of the road! If you see one and really worry for the turtle's safety, then try grabbing a thick branch or stick and get the snapper to bite it. Once you have it "hooked", then you can try dragging it to the nearest lake or pond, or even just off the road if you can.

Well that's our lesson in turtle safety for humans today. They are fascinating creatures, but they aren't the best pet for young children, even if you are a Maryland Terps fan (go UVA!).

Till next time,
Dr. Steve

www.ashburnanimals.com, 703.729.0700

Save these dates! Two convenient times!
 Thursday, September 27, 7:00-9:00 pm
 or Friday, September 28, 9:00-11:00 am

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Cub Scout Packs 1483 & 1484 want you to join our fun...

- Cub Scouts
 - Camp under the stars
 - Are in the 1st through 5th grades
 - Hike, fish, and study wildlife
 - Give back to our community
 - Race Pinewood Derby cars and Cub Mobiles
 - Make new friends
 - Wear cool uniforms
 - Launch soda bottle rockets
 - Safely build fires and whittle
 - Spend awesome time with their families
 - Have fun!
- The Cub Scout program teaches *citizenship, compassion, cooperation, courage, faith, health & fitness, honesty, perseverance, positive attitude, resourcefulness, respect, and responsibility.*
- Pack 1483 @ Hillside Elementary & Pack 1484 @ Mill Run Elementary are sponsored by Our Savior's Way Lutheran Church.

New program
 year starts
 September 2012



Join us for **Join Scouting Night**
 at your elementary school on
Wednesday, 19 September from 7-8:30pm

For information about Pack 1483, email info@pack1483.org.
 For information about Pack 1484, email info@scoutpack1484.org.

Scouting at Broadlands

Audubon Naturalist Society at Broadlands provides an easy fun-filled way to earn your nature and wildlife badges. We offer a variety of programs led by our Naturalist. Come and explore our Nature Center, pond, creek and experience nature up-close! Non-Broadlands residents are welcome.

Participation is \$5.00 per scout for a one hour program. The programs are run 3:30pm - 4:30pm on Thursday afternoons. There is a minimum requirement of 10 participants for programs to be held.

Available Scout Programs:

Girl Scouts: held on 2nd & 4th Thursdays of the month

Daisy Petal Program:

Using Resources Wisely

Brownies:

Wow Water
Gardener
Detective
Household Elf
Bugs
Home Scientist
Senses
Hiker
Letterboxer

Juniors:

Camper
Flowers
Geo Caching
Animal Habitats

Cadettes:

Trees
Trailblazing

Cub Scouts: held on 3rd Thursday of the month

Tiger Cub Program:

Let's Go Outdoors Achievement

Wolf Cub Programs:

Your Living World
Birds Elective

Bear Cub Programs:

Take Care of Your Planet
Sharing Your World with Wildlife

Webelos Programs:

Forester
Naturalist
Geology
Scientist

To register or for more information, contact Lisa Matthews at naturalist@broadlandshoa.com, 703-729-9726.

The Benefits of the Common Cat Hair

By: Shannon M. Pecora, MA

Stream Valley Veterinary Hospital

My husband is allergic to cats. His eyes itch, he sneezes, and he is in general a bit of a miserable wreck if even one cat hair gets near his face. I work for a veterinarian, however, and even though I've resigned myself to not having a pet cat, I'm still around them at work, so inevitably at least a few cat hairs will make their way home with me. We consider this just one of the hazards of my job.



It may seem like the best way to protect our kids and prevent any allergic reactions in them would be to keep them away from animals. However, medical studies now suggest that having a cat in the home, even allowing a cat access to a baby's bedroom, can greatly reduce the child's chances of developing asthma or hay fever. Additionally, sharing the home with a dog appears to reduce the instances of eczema in early childhood. Essentially, the research indicates that exposure to pets "seems to play a role in building a strong immune system". And as it turns out, my husband didn't have pets while he was growing up!

We do have two dogs in our home, so our kids are absolutely around pets every day. I was happy to learn that potential immune boosting is yet another benefit associated with family pets (along with developing compassion, responsibility, social skills, and much more). But it would be nice to enjoy these benefits with a kitty or two as well. So, can I justify asking the hubby to suffer? It is, after all, for the sake of the kids!

Source: INOVA Health Systems email newsletter for new parents—powered by TPR Media.



The Audubon Naturalist Society and the Broadlands HOA have partnered to provide nature programs for the community.
All programs meet at the Nature Center. We will go outside for most programs so please dress appropriately for the weather and wear sturdy shoes.

Upcoming Nature Programs

Discovering Fall

Ages: 4 and 5 year olds (PreK and K)

Days and Times: Fridays 9:30a.m. - 10:30a.m., start date is September 28th

Cost: \$30.00 for a 6 week session

Fall is the time for many changes in nature...changing colors, falling leaves, and migrating animals. In this class we will discover the beauty and excitement of fall as we explore this season with games, walks, experiments, and crafts. You are welcome to drop off your future naturalists, but parents and grandparents are welcome to stay as well.

We Fall

Ages: 18 months - 3 years old

Days and Times: Fridays 9:30a.m. - 10:30a.m., start date is September 28th

Cost: \$30.00 for a 6 week session

Why do leaves change colors? Where are the animals going? Why is it getting colder? These are questions we will answer as we go on walks in the Broadlands neighborhoods and experience the wonder of fall.

Wilderness Skills 2

Grades: 1st - 4th

Days and Times: Wednesdays 3:00p.m. - 4:00p.m., start date is September 26th

Cost: \$30.00 for a 6 week session

We will learn through interactive activities such as making a solar oven (the s'mores will be tasty!), marking trails and learning orienteering while using a compass, rope making and other survivor skills.

Come join us for this action-packed after school program!

For students at Mill Run Elementary, pick up is available at 2:35p.m. with prior arrangement (Please bring a snack). The program will run from 3:00p.m. to 4:00p.m.

For more information or to register, please call 703-729-9704 or email naturalist@broadlandshoa.com.



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1860 Town Center Dr., Suite 340
Reston, VA 20190 (Mondays)



Broadland's Casino Night

Saturday, September 15, 2012
8:00p.m. – Midnight
at the Broadlands Community Center

\$25.00/single advance purchase (*before Sept 1st*)
or \$30.00 after September 1st
\$40.00/couples advance purchase (*before Sept 1st*)
or \$50.00 after Sept 1st.
Space is limited so sign up today!

- ◆ Black Jack
- ◆ Craps
- ◆ Roulette
- ◆ Let it Ride
- ◆ Texas Hold'em

Take a chance and play
them all!

A night of fun, great food and
prizes from local businesses!

This event is for residents 21 years and
older, Casual Evening Dress



Casino Night Ticket Purchase Form

To purchase tickets, attach a check payable to Broadlands Association, drop it off at the Nature Center during business hours, or drop box at the Nature Center. **All payments must be made by a Broadlands Resident.** Please write "Attn: Casino Night" on the envelope and "Casino Night" in the memo area. Payments must be received by September 1st.

Name: _____

Address: _____

Phone number: _____ Email: _____

of Single Tickets: _____ x\$25.00 (by 09/01/12) x \$30.00 (After 09/01/12)

of Couples Tickets: _____ x\$40.00 (by 09/01/12) x \$50.00 (After 09/01/12)

Understanding College Admissions

A Free Seminar in the Broadlands Community Center

(703) 955-4699

Date: Sunday, September 9th, 2012

Time: 2:00 PM – 4:00 PM

Seminar Topics :

- College Admissions Trends
- Planning Ahead: The Early Years (7th Grade and Beyond)
- Overview of the College Admissions Process
- College Applications and Essays: Getting Started

Parents and
students
welcome.
Space is
limited.



Hosted by Stacy Bennett

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MA, Education (Stanford University)
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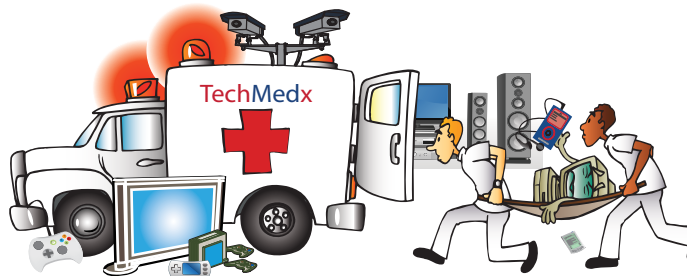
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2nd Saturday Family Programs at the Nature Center

Scaly Slowpokes - Turtles September 8th, Noon - 1:00p.m.

Join us for a special family program dedicated to these unique reptiles. Families will have a chance to learn how turtles have adapted to different habitats and why they need our help to survive.

Oh, Those Messy Vultures! October 13th, Noon - 1:00p.m.

Halloween is approaching and what is creepier than a vulture? Although they look grand soaring in the sky, most people don't like them visiting their homes or neighborhoods. But, they are essential to the food chain. Come and learn some interesting facts about these large birds and make a vulture craft for your Halloween decorations.

Cost of Saturday Family Programs

1 adult and one child: \$5.00

Family up to 5 members: \$10.00

Additional family members: \$2.50

Programs are one hour, residents and non-residents are welcome!

Sunny, our Corn Snake is fed at the end of each program!

For more information or to register, please call 703-729-9704 or email naturalist@broadlandshoa.com.



Broadlands Community Church to Host 5k

Broadlands Community Church will host its third annual BCC 5K and Fall Fest on September 15, 2012. The 5K Race will start at **8:30 am at Broadlands**

Community Church located at 43673 Catton Place in Ashburn. The race will be timed by Potomac River Running and Nissan of Chantilly will be powering the race. They will also provide awards for the top three male and female finalists with cash prizes.

Following the race, there will be a fun filled **FREE** Fall Festival from 9:00am - 1:00pm that will have a 110 foot obstacle course and rock wall, pony rides, free activities, games, raffles, and more.

Sal's Pizza and Stoney's Crab Cake will be on hand for great food.

Whether you are running the race or just want to have some good old fun, you won't want to miss this event!

For more information or to register for the race visit: <http://prrracing.racebx.com> or broadlandscommunitychurch.com.

Proceeds from the race will benefit the Pediatric Rehabilitation Center at INOVA Loudoun Hospital.

All racers will receive a complimentary race shirt.

Hope to see you there!



MIDDLEBURG BANK FOOD DRIVE TO BENEFIT ASHBURN AREA SCHOOL CHILDREN

**Community Bank partners with John 10:10
Church to help area children**

Middleburg Bank's Ashburn Financial Service Center announced that it will be conducting a food drive to collect canned goods and non-perishable food items to benefit Ashburn area school children. The food collected through this on-going food drive will be donated to **Life to the Fullest**, a Ministry of **John 10:10** Church based in Ashburn. **Life to the Fullest** currently provides meals to over 80 area children who might otherwise not eat on weekends.

Ashburn area residents are encouraged to donate canned goods and non-perishable food items at Middleburg Bank's Ashburn office, located at 43325 Junction Plaza at the intersection of Ashburn Farm Parkway and Claiborne Drive.

The Bank is open Monday – Thursday from 8:30am to 4:00pm, Friday from 8:30am to 5:00pm and Saturday from 8:30am to 12:00pm.

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WITH THE WEATHER COOLING, HERE ARE SOME BASIC *HOW TO'S* FOR THE FAMILY COOK



HOW TO...

MAKE YOUR OWN FLAVORFUL VEGETABLE STOCK. Start with a variety of vegetables and aromatics. Peel an onion and a carrot, then roughly chop them and add them to a stockpot. Next, roughly chop fennel and celery and add those, too. Smash two cloves of garlic and add them to the pot along with 3–4 peppercorns, parsley stems, and bay leaves. Pour them in a gallon of water, add an ounce of salt, then bring the liquid to a rolling boil. Once the stock is boiling, reduce the heat and simmer the stock for 25 minutes, then strain, and presto -- it's ready to use. *Kitchendaily.com*

MAKE HOMEMADE TOMATO SAUCE. It's a one-pot dish that doesn't require much technique, and you'll get a great result if you use high-quality ingredients. Start by adding extra-virgin olive oil to a saucepan, then toss in peeled, sliced garlic. Wait for the garlic to get golden (not brown, which would add bitterness to the sauce), then add chopped Spanish or yellow onions. Once the onions cook down a bit, pour in a quart of crushed canned tomatoes. Fresh basil is next: Tear it into small pieces, then add a pinch of salt and pepper. After stirring the mixture together, allow it to simmer for 30 minutes to thicken up and develop in flavor. Once it's been simmered, it's ready to be poured over pasta or used in a recipe. *Kitchendaily.com*

MAKE THICK, RICH HOT CHOCOLATE. Add 8 ounces of heavy cream to a small saucepan. You can use skim, whole, or even soy milk, but heavy cream will give you a wonderfully silky texture. Next, add 10 ounces of milk and a tablespoon of vanilla extract and bring the mixture to the point right below a boil. (You don't want to boil the milk -- it could scald and bring out off flavors in the milk.) Next up, add 8 ounces of your favorite chocolate and allow it to sit in the hot milk for about 20 seconds, or until it's soft and melted. Using a handheld blender, blend the mixture until it's smooth and slightly frothy, then ladle it into a coffee mug.

Accept a Challenge, Come Out and Join the Ashburn Tennis Ladder

The Ashburn Tennis Ladder is a local group of tennis players that range in skill levels. There are currently three ladders, 2 mens ladders and 1 womens ladder. More ladders may be added as the number of players and diversity in skill levels increase.

If you enjoy recreational tennis and competitive tennis, this is a great way to get involved and meet people from the community. This year we will be running three seasons, each consisting of 6 weeks. Every season concludes in a post season tournament in which prizes are awarded. The way the ladder works is that you play as many people, or as few people as you wish during the 6 week season. You challenge other people and they can challenge you. Once you have established and accepted a challenge, you and your opponent work out when and where you would like to play. Each player brings one new can of balls to the match. The winner takes home the un-opened can and the loser takes home the used balls from the match.

The fee is \$10.00 per person per ladder each season. That fee includes a post-season tournament to determine ladder champions and prizes. We also make a donation to the website for their service each season.

If you are interested in joining, contact the ladder administrator, Bryan McFerren (bmcferren@verizon.net) for more information or to just get started. You can start at the beginning of any season or start halfway through. Players can join whenever they want.

The seasons will be as follows:

Season 2 - 8/6-9/16 - in session

Season 3 - 9/17-10/28

For more information visit: <http://www.globaltennisnetwork.com/network/home/540-ashburn-tennis-ladder>

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Ages 9 – 11

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Ages 7 – 8

KinderProgram:

Ages 4 – 5

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please call 703-726-1226 or visit
www.Dramakids.com/va4. Classes
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To All of Our Tennis Enthusiasts:

The tennis courts are closed every night from Midnight until 5:00a.m. The court lights are inoperable during those hours.



Broadlands “Boys Night Out” Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday Nights for a Men’s Doubles Ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three “No Add” scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. The courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 then next 4 highest, and so on.

When: Every Sunday night (7:00p.m.) rounds ongoing through September 2012.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com

Broadlands Tennis Website:
www.BroadlandsTennis.org

BROADLANDS TENNIS PROGRAMS

Luis Rosado Tennis Academy

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Visit www.LuisTennis.org for details and registration forms

- Enrollment is OPEN!!
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Session IV - (ongoing - Oct 7)

45 MINUTE JUNIOR CLINIC (ages 4-5) All levels
Monday - Friday, 4:15pm

1 HOUR JUNIOR CLINIC (ages 6-16)

Beginner / Intermediate

Monday - Friday, 5:00pm & 6:00pm

Saturday & Sunday, 10:00am & 11:00am

1.5 HOUR JUNIOR CLINIC (ages 10-16)

Advanced / Intermediate

Monday - Friday, 6:00pm

Saturday & Sunday, 10:00am, 11:00am

1.5 HOUR ADULT CLINIC – All levels

Monday - Friday, 7:30am, 9:00am, 10:30am

Monday - Friday, 7:00pm & 8:30pm

Saturday & Sunday, 8:30am

Broadlands Resident / Non Resident Pricing

45 MINUTE CLASS (As low as \$14.00 per class)

\$96 / \$112 per session (8 weeks) 1 class a week

\$176 / \$208 per session (8 weeks) 2 classes a week

\$240 / \$288 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$16 members; \$18 non-members

1 HOUR CLASS (As low as \$14.00 per class)

\$128 / \$144 per session (8 weeks) 1 class a week

\$240 / \$272 per session (8 weeks) 2 classes a week

\$336 / \$384 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$20 members; \$22 non-members

1.5 HOUR CLASS (As low as \$22.50 per class)

\$180 / \$204 per session (8 weeks) 1 class a week

\$336 / \$384 per session (8 weeks) 2 classes a week

\$468 / \$540 per session (8 weeks) 3 classes a week

Clinic Drop In Fee: \$28 members; \$30 non-members

Monthly Adult Tournaments 3.0 – 4.0 Level

Weekly Junior Round Robin Tournaments

(\$20.00 per Tournament)

11 years and over – Saturday & Sunday, 12pm - 2pm

10 years and under – Saturday & Sunday, 12pm - 2pm

Private / Group Lessons (1 player \$60, 2P \$35 each, 3P \$25 each)

- Stroke analysis and evaluation; an objective assessment
- Weakness identification and improvement of fundamentals
- Stroke development; technique, theory, and practice
- Advanced hitting practice

For more information please contact Luis Rosado,
LuisTennisAcademy@gmail.com or
broadlandstennis@yahoo.com

2nd Annual 5k Walk Planned for Murder Victim

On **Saturday, September 15, 2012** hundreds of supporters will walk/run in the 2nd annual 5k in memory of Jenny Vaughn-Bates, a victim of domestic violence.

The walk/run will take place from **8:30a.m. - 11:30a.m.** at:
Freedom High School located
15201 Neabsco Mills Road
Woodbridge, Virginia 22191



To read Jenny's story, Pre-register or make a donation, please visit www.nwnc.org. All donations will benefit the Jenny Vaughn-Bates Memorial Trust Fund and The National Network to End Domestic Violence.



IS YOUR MORTGAGE UNDERWATER?

As a fellow Ashburn neighbor, I can appreciate the pain Loudon homeowners are feeling who purchased in 2003-2008. However, now there is a solution!

Since March 2012, the latest version of **Home Affordable Refinance Program (HARP)** allows you to refinance at historically low interest rates even though home values have declined. For conforming loans made prior to June 1, 2009, you may be able to refinance your residence up to 150% loan-to-value!

This Program can change your life. Call today.



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jmurawski@ffsmortgages.com
www.ffsidc.com

References available upon request.
Minimum Credit Scores do apply.

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Broadlands Kids Triathlon a Huge Success!

In homes all over the area, kids were preparing for "The Big Event" the evening before. Goggles, bike helmets and tennis shoes were being set out. Bike tires were being pumped up... Close to 150 kids were getting ready to do the **Broadlands Kids Triathlon**.



When the participants arrived on the morning of July 13th, they were greeted by dozens of volunteers wearing bright orange shirts. The volunteers marked the kids' arms and hands with a registration number then gave them a t-shirt and a little treat from a local business. The triathlon began at 9:00am at the Southern Walk pool. The kids were divided into 3 groups by ability. After the kids swam, they ran to the Nature Center to hop on their bikes then off to the bike course they went. Once the athletes completed the bike portion, they dropped off their bikes and finished the triathlon by running around the track at Mill Run Elementary School.



Upon arrival at the finish line, the participants were greeted with balloons, flags, water bottles, snacks, volunteers placing medals around the finishers necks and LOTS of cheering parents, grandparents, siblings and spectators. Crossing the finish line gave the kids a real sense of accomplishment.

Following the triathlon, there was a raffle with prizes donated by several local businesses. The entire community contributed to help make this event a huge success. All of the proceeds from the triathlon went to charity. This year we were able to donate \$2,800.00 to Stop Hunger Now.

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Photos of the burned out trash enclosure at Summerbrook Pool and one photo out of many acts of graffiti found throughout the tunnels of Broadlands.



USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Dominion Virginia Power	(888) 667-3000
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wknds	(571) 291-7878
Poison	(703) 625-3333
State Police	(703) 771-2533
Washington Gas	(703) 750-1000

BROADLANDS COMMUNITY

Internet/Cable:	
OpenBand 24 x 7 Customer	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Trash Pickup – Patriot Disposal	1(703) 257-7100
MailBox – Main Street Mailboxes	1(703) 753-5521

PUBLIC INFORMATION

Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
County Landfill	(703) 771-5500
DMV (VA)	(800) 435-5137
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
Parks and Recreation	(703) 777-0343
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555

LOUDOUN COUNTY PUBLIC SCHOOLS - BROADLANDS

Briarwoods High School	(703) 957-4400
Eagle Ridge Middle School	(571) 252-2140
Hillside Elementary School	(571) 252-2170
Mill Run Elementary School	(571) 252-2160

BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to scollins@broadlandshoa.com.

Not Available on Website Edition

Key:

(B) Babysitter's Course
(C) CPR
(R) Rescue Breathing
(F) First Aid

*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to **scollins@broadlandshoa.com**.*



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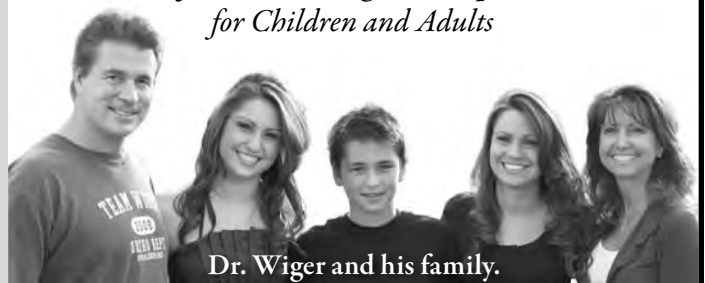
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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: nihanainen@broadlands-hoa.com.

ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

ASHBURN CLASSICS

We will meet Saturday, September 8th from 10:00a.m. until 2:00p.m. at the Mill Recreation Center. We will celebrate our 9th anniversary with a pot luck luncheon and silent auction. County Supervisor, Shawn Williams, will give a presentation and be available for questions and answers. For more information, call 703-729-7044 or 703-723-3724.

AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at info@ashburn.freetoast-host.ws or visit www.toastmasters.org to learn more.

BROADLANDS BICHON FRISE CLUB

Anyone interested who is currently a Bichon owner, please contact JoAnn Conroy at jfc27@smartneighborhood.net.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

BROADLANDS COMMUNITY WOMEN'S BIBLE STUDY

Please join us beginning Tuesday, September 4th for an in-depth interdenominational women's Bible Study. We will be studying David, Seeking a Heart Like His by Beth Moore. Our group meets weekly on Tuesday mornings from 9:15a.m. - 11:15a.m. Please contact Janet at 703-726-6904 or jjchristo76@hotmail.com or Chris at 703-729-2095 or Stacy@314@aol.com for information, questions or to RSVP.

BROADLANDS RUNNING/FIT CLUB

We meet every Saturday morning behind the Broadlands Nature Center back patio at 8:00a.m. for 90 minutes. We will focus on physical activity for all levels of fitness including stretching, strength training and cardio exercises. We will include light runs and nutrition advice. Broadlands residents are free. If you plan to attend please RSVP to Tim, 310-425-1453.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, www.pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-Language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at www.griefshare.org.

GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Stephanie Prigg, (703) 729-6086 or trooporg@gmail.com.

INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home-based, small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at www.LoudounWNG.com.

MOM'S CLUB OF BROADLANDS

A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 2nd Friday at 10:00am. For info, contact Katina Wilberger at kp_wilberger@yahoo.com.

MOMSNEXT MEETINGS

Mothers of elementary aged children, join us the second Thursday evening of the month, 6:45-8:45 to be encouraged and inspired. A typical meeting includes dinner, a speaker and small group discussion. For more information, please visit our web site at www.cfellowship.com/momsnext. Questions can be sent to CFCMOMSnex@gmail.com.

MOMS IN TOUCH

Hillside Elementary and Eagle Ridge Middle School Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9:00a.m. - 10:00a.m. during the school year. Please contact Rebecca for more info at 703-858-7379.

PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or robin@sashaheart.com for more info.

ASHBURN WRITING GROUP

Local writers who meet once a week to review our work, offer constructive criticism, and improve our craft. We welcome writers of all genres who seek to get published. We meet from 10:30a.m. to 1:00p.m. most Mondays at the Broadlands Community Center. For more information, please visit <http://groupspaces.com/AshburnWritingGroup/> or contact brynbenning@gmail.com.

TECHNOLOGY COMMITTEE

We meet the second Wednesday of each month at 7:30 p.m. in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

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Ready, Set, Go - Everyone Can Win In the Morning Race to School!

By: Tracey D. Powell, M.S.

- Family and Individual Coach with
Psych Ed Coaches, LLC
www.psychedcoaches.com
- Parent Educator with CHADD
www.chadd.org

Whether you're just starting out with preschool or need to change some bad habits, with some parental advance planning and effort, a peaceful morning routine *can* take shape. Maintain a little consistency, and before long your kids will be sailing out the door like well-coached athletes.

If your morning routine could use a revamp, I recommend the following proactive steps:

Step 1 - Think up a list of the behaviors you want to see happening. If your kids are 4 or over, engage them in a discussion of what they think would help the morning routine go more smoothly. It could go something like, "When kids get to x grade, they do x things in the morning to get themselves ready for school. I want to help you learn to do things a little more on your own and a little more quickly...What would help the morning routine go better for you?" You might be surprised what they come up with.

Our kids bought into the following list of morning to-dos, which they can check off on a kitchen whiteboard and earn marbles for:

1. **Backpack items gathered (night before)**
2. **Clothes picked out (night before)**
3. **Hop out of bed when asked**
(I give kids 5-10 minutes to stretch/listen to music before hopping out)
4. **Make bed**
5. **Put breakfast dishes in sink after eating**
6. **Hair brushed**
7. **Teeth brushed**
8. **Shoes on and ready at 7:35**

Most children get distracted during a multi-step routine, so a visual reminder in picture or word format is important. Many children like tracking their progress with a checkmark on the whiteboard, marble or ticket in a jar, etc. Older kids

can use their planners or write their own lists. In any case, put kids in charge of the tracking system you help them set up. It's more motivating for them, teaches them self-monitoring, and it's less work for you.

Step 2 – Ask yourself, what might motivate my kid to do these morning tasks with little or no reminding from me?

Remember, most kids would rather take their time getting out of bed, leisurely eat while watching a show, take 15 minutes to pick out shoes, etc. So think incentives. For even the most oppositional and hyperactive kids, I have seen morning routines turn completely around with the introduction of the opportunity to earn a daily incentive, such as earning a 30 minute game or favorite show, playdate with parent or a friend, or other fun activity after school or in the evening.

This structure should minimize pushing and prodding from you, because the child chooses whether to work for the reward or experience consequences. If parents find they have to ask multiple times, find the shoes, put dishes away, the child doesn't earn the fun evening thing. The chips fall within the structure, and that also helps minimize power struggles. Parents I coach find themselves saying things like "Oh that's a bummer you had a hard time this morning, I hope you earn x tomorrow."

The younger the child, or if ADHD, sensory issues, or other learning challenges are at play, you may have to simplify the process, focus on one behavior at a time, and have a daily as opposed to a weekly incentive in place.

Step 3 – Think of what tools your child needs to stay on task. The visual list reminding kids of their morning jobs is a great start. Now they must learn to do it all by departure time. Consider using visual timers. Check out non-breakable sand timers, or electronic timers on devices like the one at www.goodbehaviortools.com. Simple microwave, shower, and watch timers can work. For the very distractible, consider a vibrating watch like the one at <http://watchminder.com>. Anything

that will help kids develop their ability to monitor time should help. Remember, managing time can be stressful so try to make it fun and choose incentives the kids are really excited about.

Step 4 - Think of yourself as the teacher (Not that fast moving adult who yells orders or swoops in and does things)

You probably know many tactics that help create a successful morning routine, but remember your child wasn't born knowing these. A good teacher helps kids learn new routines without getting emotional or doing it for them because it's faster. Provide specific praise when you see the behaviors you want. If you're yelling a lot, remember that can backfire because kids may begin to see misbehaving as the best way to get attention and emotional energy from you. If you're doing it all for them, they lose the opportunity to take charge of themselves and learn healthy habits. They're going to need those self-regulation and decision-making skills when they're older, so stick to the expectations you've come up with and take a friendly boss, matter-of-fact approach.

If you've tried these and other strategies and continue experiencing stress and angry outbursts in the morning, consider talking with a therapist or coach about your individual situation. There may be tools you haven't yet considered, and it can be helpful to get an objective opinion on what might be working against you. The non-profit organization Children and Adults with Attention Deficit Disorder (CHADD) offers a wonderful website for parenting information and workshop opportunities.



SEPTEMBER CLASSIFIED ADS

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CONSERVATORY AUDITIONS: Now casting for The Little Mermaid. Searching for talented performers ages 10-18 to join our Elite Conservatory Program. Visit www.lopezstudiosinc.com for details and audition requirements.

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LITTLE SPROUTS PRESCHOOL: is now registering for Fall classes. We offer preschool classes for 2, 3, and 4 yr olds as well as Mom's Morning Out, mornings or afternoons, small classes (8 kids/2 teachers) and monthly field trips. We believe in learning through hands on active fun! Check out our website <http://littlesproutspreschool.clubspaces.com> for more information or call Karlene 408 750-7349 for a tour.

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VIOLA & VIOLIN LESSONS: Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

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HOME IMPROVEMENT CONTRACTOR: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

SHANTZ'S HOME SERVICES: Has new email: Shantz1966@gmail.com. For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email Shantz1966@gmail.com. Licensed and Insured. Free estimates. Broadlands resident.

WISE GUYS ROOFING & SIDING IMPROVEMENT LLC: FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more... Lowest Price & Satisfaction Guarantee! Excellent References. LICENSED AND INSURED. www.WiseGuysRoofingSiding.com. Contact us: 571-722-5543 or wgrs@me.com.

HOUSE CLEANING

CLEANING BY CHRISTA: Sole operated home cleaning by returning college student. Valuable service with low prices that will make your home and soul shine. Free estimates; references available. Contact me via email at christa.holland@gmail.com or phone at 662-226-1108.

MAID IN VIRGINIA- RESIDENTIAL CLEANING: We clean the best so you have time to rest! We are known for having Great People! Friendly- Hard Working- Honest-

Consistent. Great Communication Skills, offering an opportunity to customize your cleaning. You can expect the same team cleaning your home routinely. Locally owned and operated- Ashburn Resident. Licensed, bonded and insured including Workers Comp. www.maidinvirginia.com, 703-338-4606.

MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

MARKETPLACE

SEPTEMBER PARTY WITH A PURPOSE FUNDRAISER: CRISISLINK: Party with a Purpose in September and 25% of the sales will be donated to CrisisLink to highlight Suicide Prevention month. When crisis calls, we answer. Visit www.sherils-cute-purses.com or request a catalog by contacting sherils.cute.purses@gmail.com.

IT PAYS TO BE A SILPADA PARTY HOSTESS! Needing a little extra girl time? How about a Sterling shopping spree? Host a Silpada Party and earn an average of \$300 in Jewelry Rewards. By simply inviting Guests into your home for a couple of hours, talking, having fun and trying on jewelry, you'll earn free jewelry! www.mysilpada.com/sherry.jager sherry@jager.us.com

EARN FREE MARY KAY® PRODUCTS! Why cut skin care or makeup from your budget or sacrifice quality when you can earn FREE products throwing a Mary Kay party? No hassling with store crowds, parking or trying to find a salesperson. I offer free samples & recommend the products tailored to you & your friends' skin, styles and wallets! Contact me to set up your party today. That's Beauty on a Budget! Deborah Leben, 703-217-4583, www.marykay.com/dleben.

PINK PIGGY SWEETS: Online bakery offering made-to-order sweets baked from scratch using organic and local ingredients! We customize cakes, cake pops, cupcakes, cookies, pies, and cake push-pops for all your celebration events! We offer Party Classes too! NF/GF, www.pinkpiggyweets.com. 571-333-7477.

TASTEFULLY SIMPLE: introduces our brand new fall/winter line! Host a taste-testing party by inviting some friends over to eat, and I'll reward you with FREE PRODUCTS. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, www.tastefullysimple.com/web/Lsvendsen, FoodFromLisa@comcast.net

THIRTY-ONE GIFTS: Our products can help you organize your car, kid's toys, vacation stuff, or just your purse! Contact Erin Troia www.mythirtyone.com/erintroia to peruse our catalogue, or set up a one on one consultation, to find the perfect simple solution. 571-205-0168.

PET SERVICES

AROUND MIDNIGHT PET SERVICES, LLC: Provides midday walks, vacation visits and overnight companionship in your home for your pets. We also provide house sitting

services and plant care. Call us today at 703-726-9218, www.aroundmidnight.net, Pet Lovers Providing Care.

PROFESSIONAL SERVICES

GGGGGRRRRR!!!! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

YARD SALE

9/22 ANNUAL MULTI-FAMILY YARD SALE: Supporting Cooperative Preschool of Loudoun (formerly Winnie the Pooh Preschool). Wide variety of items, including children's clothes/toys/books, baby items and household goods. 10% of profits to support pediatric brain tumor research. 42507 Mount Hope Road in Ashburn, 8:00am-1:00pm.

HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

MONTHLY RATES:

RESIDENT

Month to Month \$9

6 months prepaid discount \$8

12+ months prepaid discount \$7

Personal (For Sale) Ads \$0

NON-RESIDENT

Month to Month \$18

6 months prepaid discount \$17

12+ months prepaid discount \$16

PAYMENTS and ADS:

Please email ads to: scollins@broadlandshoa.com. Checks only please, made payable to "Broadlands Association". No cancellations after the initial deadline. Payments can be mailed or dropped off at:

Broadlands Association
21907 Claiborne Parkway
Broadlands, VA 20148

CONTACT:

Advertising Manager
Stassa Collins
703-729-9704

ADVERTISING DIRECTORY

DENTAL / ORTHODONTIA

Ashburn Pediatric Dental	30
Dackowski, T. Wesley, DDS	36
Northern Virginia Orthodontics	insert
White Tree Dental	30
Wiger Orthodontics	28

EDUCATION

Broadlands College Prep	insert
Golden Pond	2
Primrose Schools	35
The Goddard School	2

FINANCIAL/PROFESSIONAL SERVICES

Apple Federal Credit Union	6
First Financial Services	24

HEALTH

Ashburn Eye Care Associates	30
Ashburn Internal Medicine	28
Mountcastle Plastic Surgery & Vein Institute	insert

HOME SERVICES

Abbey Design Center-Flooring	4
Abbey Design Center-Remodeling	8
Ackerman Security	insert
Aldie Rentals	5
Allusions & More Cabinet Re-Finishing	36
Climatic Heating and Cooling, Inc.	8
Closet Factory	20
Collegiate Sealers and Paving	8
Elite Pressure Wash	25
Kris's Painting Service, Inc.	10
The Mosquito Authority	13
P&M Contracting	8
Sunrise Landscape & Design	insert
Tart Lumber	14
TechMedx	insert
Zampiello Paint Contractors, Inc.	13

PETS

Ashburn Village Animal Hospital	15
Caring Hands Animal Hospital	14
Stream Valley Vet	35
Whole Pet	insert

REAL ESTATE

Bonnie Selker, Keller Williams	36
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RECREATION / INSTRUCTION

Ashburn Ice House	20
Drama Kids	22
Dulles Gymnastics	2
Oatlands	9
Our Saviors Way	16
Phoenix Taekwondo	22

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Insertion Order Forms are available at broadlandshoa.org on the newsletter page.

DEADLINE: Ad and payment submissions are due the first day of the month prior to the issue.

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$72*
1/4 pg (3.625" W X 4.875" H) \$160 /\$135*
1/2 pg (7.5" W X 4.875" H) \$295 /\$266*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$220 /\$209*
1/2 pg (7.5" W X 4.875" H) \$425 /\$404*
Full pg (8.5" W X 11" H) \$1050 /N/A

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250 /\$239*
1/4 pg horizontal banner (8" W X 3" H) \$250 /\$239*
1/2 pg (8" W X 4.875" H) \$475 /\$453*
Full pg (8" W X 8"H) \$1050 /N/A

Add 10% to base price above for preferred placement

*Discounted price if 6 or more months are prepaid

PAYMENT IS DUE IN FULL WHEN AD IS SUBMITTED.

Make checks payable to Broadlands Association. Checks only accepted. Changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:

Broadlands Association
ATTN: Newsletter Ads
21907 Claiborne Parkway
Broadlands, VA 20148

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at 703-729-9704 or ads4broadlands@yahoo.com.

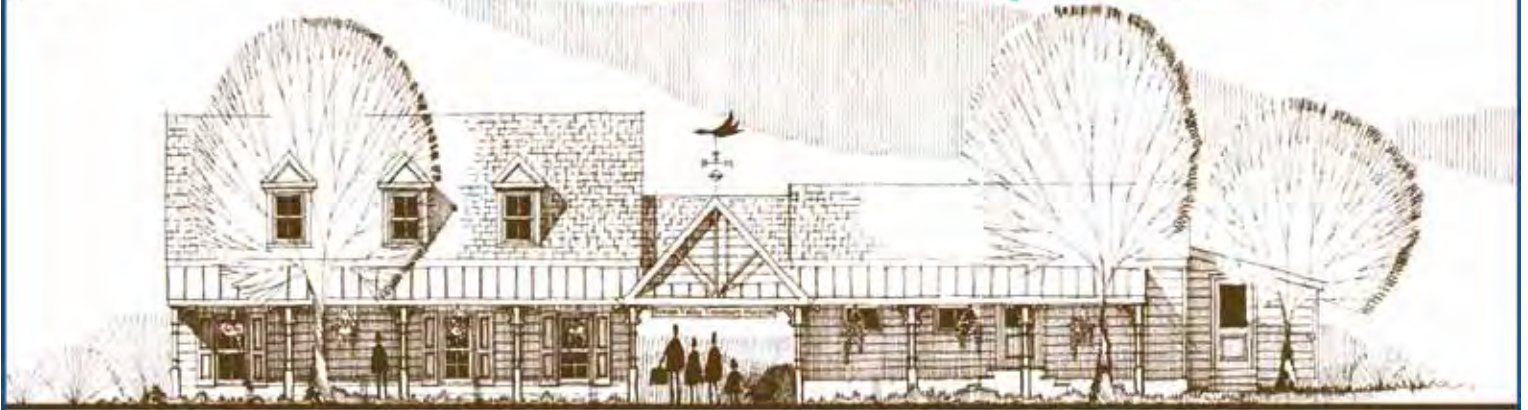
Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management

EDITORIAL INFORMATION

The deadline for editorial submissions is **Noon on the 10th of the month**, or Noon on the last business day before the 10th (Friday) should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.

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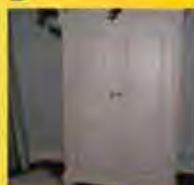
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