



# BROADLANDS



Community News

November 2010

## HAPPY THANKSGIVING!

- The HOA offices will be closed on Thursday, November 25 and Friday, November 26 for Thanksgiving.
- Please note - Thanksgiving holiday trash and recycling pick up schedule changes are on page 8
- Fun, new Nature Programs are being offered, pages 15 & 17
- Times running out to enter the Recycling Contest, page 16
- Audubon Shop Coupon, come check out the new inventory, page 17

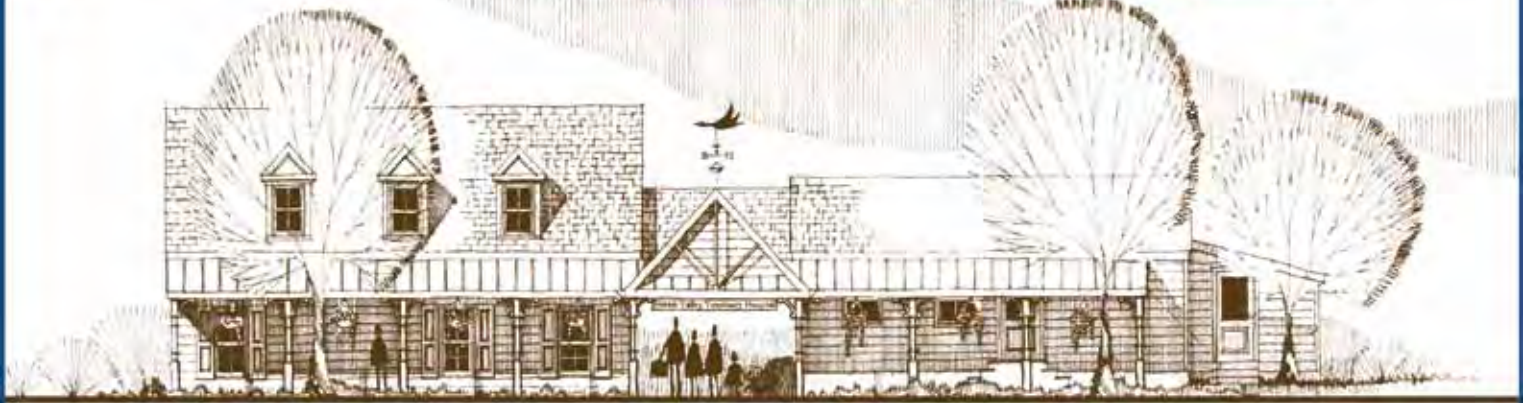
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Photo courtesy of Natalie Ihanainen



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# BROADLANDS



## Contact Information

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### **Board of Directors**

David Baroody - President  
& Resident Member,  
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Brian Beahm  
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Denise Harrover - Member  
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dharrover@vanmetrecompanies.com

### **HOA Office and Website**

21907 Claiborne Parkway  
Broadlands, VA. 20148  
(703) 729-9704 Fax: (703) 729-9733  
Open Monday - Friday 9:00am - 5:00pm  
www.broadlandshoa.org

### **Armstrong Management Services**

Assessment Information Office:  
Direct Phone: (703) 679-1541  
FAX: (703) 591-5785  
Email: broadlands@armstrong.net

Mail Payments to:  
Armstrong Management Services  
P.O. Box 7778  
Philadelphia, PA 19101-7778

### **Southern Walk Board of Directors**

(Open Band Contract Administration Only)

Erika Cotti - President  
(703) 554-9269, erika\_cotti\_sw@yahoo.com

Vacant - Vice President

Douglas Granzow - Treasurer  
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### **HOA Management**

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scollins@broadlandshoa.com

Robin Crews - Secretary to the  
Modifications Subcommittee,  
(703) 729-9704, rcrews@broadlandshoa.com





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## **Last Ham Standing**

**Loudoun's Premier Improv Comedy Group**



Friday, December 10, 7:00p.m. in the  
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\$8.00 advanced purchased tickets  
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\$10.00 at the door - all attendees must have a ticket.

**Hilarious, Family-Friendly Entertainment!**

Proceeds support the **Eagle Ridge Middle School PTO.**

Order **Last Ham Standing** tickets now by returning  
this form with a check made out to ERMS PTO  
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**Eagle Ridge Middle School  
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c/o PTO-Last Ham Standing Tickets  
42901 Waxpool Road  
Ashburn, VA 20148-4526**

Name: \_\_\_\_\_

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Phone: \_\_\_\_\_

Email: \_\_\_\_\_

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Check # \_\_\_\_\_

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## Christmas Is Just Around the Corner!

Come see the jolliest elf on **Friday, December 3rd** from **5:00p.m. - 9:00p.m.** at the **Nature Center**.

Santa's a very busy man this season making toys for all you good girls and boys, so don't miss your chance to get a photo with the "jolly old man in red". Bring a camera of your own to take your child's photo. Refreshments will be provided. See you there!



We are currently looking for volunteers for set-up/clean-up and Santa's Helpers.

Please contact Mellany Weaver at [mellany.weaver@gmail.com](mailto:mellany.weaver@gmail.com).

Thank you and Happy Holidays!

## Rock the Runway!

Loudoun Youth Inc. will be hosting its first annual Rock The Runway fashion fair featuring local teens and vendors on November 6, 2010 from 12:00 - 6:00 p.m. at AV Com Visual Arts in Sterling. For more information visit [www.rocktherunway.org](http://www.rocktherunway.org).

Loudoun Youth, Inc. is a 501(c)(3) nonprofit organization established to coordinate community resources to assist in the development of youth programs and to create leadership opportunities for young people. We support and develop programs that provide Loudoun teens positive out-of-school activities in safe, nurturing environments and help teens become confident and contributing members of the community. There is no investment more critical to our future than our investment in our youth.

The Gold Sponsor for Rock The Runway is Plato's Closet, who will be participating in the production and styling segments of the show by providing clothing and accessories which will be worn by the models. Plato's Closet is recognized as the nation's largest chain of teen and twenty something resale stores in North America and recently opened up a new store in Sterling at Dulles Town Crossing next to TJ Maxx.

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## Creative Dance Center to Present: Nutcracker in a Shell - All Jazzed Up

The Institute of Performing Arts for Youth (IPAY), a non-profit organization in residence at Creative Dance Center, proudly presents its annual production of "Nutcracker in a Shell – All Jazzed Up".

This year's performance will be at Heritage High School in Leesburg on Saturday, November 13th at 10 a.m., and 3:00 p.m. and Sunday, November 14th, 2010 at 3:00 p.m.

For more information, please call the Ashburn studio at 703-724-4900 or the Chantilly Studio at 703-378-1800, or visit [www.ipayouth.org](http://www.ipayouth.org).

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## December Newsletter Submissions

Please email your December newsletter submissions to Natalie Ihanainen, [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com), no later than Noon on November 10th.  
Thank you.

# FALL JAZZ CONCERT



**November  
15<sup>th</sup>  
7:00pm**

***Presented by the  
Briar Woods Falcon Regiment  
Jazz Bands***

For information on other events and performances or information on current fundraisers (Garden Flags / Golf Club & Restaurant Discount Cards):

**[BWHSBAND.squarespace.com](http://BWHSBAND.squarespace.com)**



## Patrick Bates Continues to Excel!

In 2007, Broadlands resident Patrick Bates earned his Eagle Rank. Patrick is now a Cadet Captain for the Virginia Tech Corps of Cadets 2010/2011 Regimental Band - The Highty Tighties. He was chosen from a field of six candidates. He led the HTs during their first official performance including the first year Cadets at the Saturday, September 11th pre-game Hokie Walk.



In the NROTC, Patrick has held several positions of responsibility including MDN Chief Petty Officer. This past summer while on his Senior Cruise, he earned the "Expert" distinction for both pistol & rifle. However, the real highlight was getting a half hour flight time in a Navy SeaHawk helicopter. Great job Patrick!



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**Notes from Your Neighbors....**  
**Ashburn Volunteer Fire & Rescue**  
**Department**  
[www.ashburnfirerescue.org](http://www.ashburnfirerescue.org)  
**Ashburn Firehouse, 20688 Ashburn Rd.**

**Pancake Breakfast**

November 7 and December 5 from 8a.m.-noon.  
Help us fill our fire engine and ambulance fuel tanks.  
Southern States will match all donations, up to 312 gallons per month. You can buy a gallon (or more) at our Pancake Breakfast.

**Our annual Santa Parade will be December 11.**

Watch for the route and schedule to be published soon.

**Family Fun at Fall Open House & Family Day**

Thanks to everyone who celebrated Fire Prevention Week with us at our Fall Open House. A special thanks to Verizon, our primary sponsor, and all other community partners who sponsored the event. We gave almost 1200 fire truck rides.

**Sponsorship and Volunteer Opportunities**

We are currently accepting sponsorship for all our events. We are also looking for dedicated and hardworking members to join our team. For sponsorship or volunteer inquiries, visit our website or contact us at [sponsor@ashburnfirerescue.org](mailto:sponsor@ashburnfirerescue.org) or [recruitment@ashburnfirerescue.org](mailto:recruitment@ashburnfirerescue.org).

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Anothai  
Coney Island Diner



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and Chocolate Passion Pastry, [www.chocolatepassionpastry.com](http://www.chocolatepassionpastry.com).





## Patriot Disposal Collection Schedule

**Mondays:** Trash and Yard Waste

**Thursday:** Trash and Recycling

*Recycling will only be picked up on Wednesday, November 24th. Please have recycling at the curb no later than 7:00a.m. Trash will not be picked up on Thanksgiving Day. Trash pick up will resume on Monday, November 29th.*




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## Board Actions September 14th Meeting

- Minutes from the August 10<sup>th</sup> Board meeting were approved
- Audit engagement letter with Ahlberg and Company was signed.
- Management distributed the first draft of the 2011 budget.
- Personnel compensation discussed in Executive Session was approved.
- Attorney recommended write off of a pre-foreclosure balance discussed in Executive Session was approved.

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## Broadlands Association Board of Directors Meetings

Meetings are held in the conference room of the Nature Center usually on the 2nd Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings, and to address the Board during the 'Owner Comments' section of the meeting. A request to be placed on the agenda must be submitted to Management no later than 7 days prior to the meeting.

### Get Connected @ ArmstrongConnect

ArmstrongConnect™ is a customized communication tool specifically designed for Broadlands. By registering, you will be able to access your assessment history, email management, and update your account information 24 hours a day. You will also be able to receive community wide emergency emails and phone notices.

To register, send an email requesting your registration code to [mburns@broadlandshoa.com](mailto:mburns@broadlandshoa.com). Please include your name and address. Your code will be sent to you via return email. Then visit [www.armstrongconnect.net/register](http://www.armstrongconnect.net/register) and enter your registration code. Follow the on-screen prompts to complete your registration. Remember to choose a numeric 4-digit Personal Identification Number (PIN) for your new log-in code. You can then access your account at [www.armstrongconnect.net/broadlandsassociationinc](http://www.armstrongconnect.net/broadlandsassociationinc). Have more questions about dues and assessments? Contact Armstrong Management by phone 703-679-1541; fax 703-591-5785 or email [broadlands@armstrong.net](mailto:broadlands@armstrong.net).

## Homeowners Association Board of Directors Meeting

**Tuesday, November 9, 2010  
at 6:00 p.m.**

***in the Nature Center  
conference room***

### Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by Noon on the Friday before the meeting. Please review the Design Guidelines manual or look online for information to be submitted with your application, as failure to include all information will delay review of your project.

### MODIFICATIONS SUBCOMMITTEE MEETINGS

#### MEETING DATE

November 17, 2010  
December 15, 2010  
January 19, 2011  
February 16, 2011

#### SUBMISSION DATE

November 12, 2010  
December 10, 2010  
January 14, 2011  
February 11, 2011

*Updated Design Guidelines are on the Broadlands HOA website at [www.broadlandshoa.org/node/49](http://www.broadlandshoa.org/node/49).*

Submit complete applications by Noon on the submission date to the Secretary to the Modifications Subcommittee, at the Association office in the Nature Center, 21907 Claiborne Parkway. There is a drop box available for after-hours submissions. A response to your application is generally mailed within one week of the meeting.



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## Library Corner, Ashburn Library November 2010

The Library kicks off National Novel Writing this month. You can learn the secrets of successful authors, we continue our focus on poetry and, the Virginia Historical Society presents Pocahontas and the Powhatan Nation. Teens will make toys for animals at the Animal Shelter, and our regular programs and book clubs will continue to inform and entertain! Check out the details, below:

### Storytimes

#### Babygarten Storytimes\* (0-18 months)

Mondays & Wednesdays, 10:00 am

Saturdays, 11:00 am

\*based on Babygarten curriculum

#### Toddler Storytimes (18-24 months)

Tuesdays & Thursdays, 10:00 am

#### Terrific 2s

Tuesdays & Thursdays, 10:45 am

#### Preschool Storytimes (3s-5s)

Tuesdays & Thursdays, 11:30 am

#### Family Rhythm, Rhyme & Storytime (2 & up with a caregiver)

Wednesdays, 1:30 pm & 7:00 pm

Saturdays, 10:00 am

Sundays, 1:00 pm

### Kids Book Clubs

#### Kids Book Club – Registration

For ages 8-11.

#### Monday, November 1, 7:00 PM

*The Dragon in the Sock Drawer* by Kate Klimo

#### Capital Mysteries Book Club – Registration

Books by Ron Roy. For ages 6-9.

#### Wednesday, November 17, 4:00 PM

*The Skeleton in the Smithsonian*

#### Junie B. Jones Book Club – Registration

Books by Barbara Parks. For ages 6-9.

#### Thursday, November 18, 4:00 PM

*Junie B., First Grader One-Man Band*.

#### Guys Read – Registration

For ages 8-11.

#### Thursday, November 18, 7:00 PM

*A Dog's Life: Autobiography of a Stray* by Ann Martin

### Math & Science Programs

#### 123 Math & Science – Registration

A class exploring science and math concepts. For ages 8-11.

#### Monday, November 22, 7:00 PM

#### Do the Math: Secrets, Lies and Algebra with Wendy Lichtman, math Instructor & Author

#### Saturday, November 6, 2:00-4:00 pm

Tips and games to encourage children and teens to see math as an integrated part of their lives, not an isolated – and too often unpopular – subject. A workshop for kids, parents and teachers.

### Programs

#### Teen Reading Buddies Storytime

**Mondays, 4:30 pm, September 13 - November 22**

**(closed Oct. 11)**

Encourage your child's love of books by pairing them with a teen reading buddy for one-on-one reading time.

For ages 3-6.

#### Musical Storytime – Registration

Sing, chant, play instruments and move creatively as we explore the sounds, rhythms and patterns that make up our language.

For ages 0-4 with a parent or caregiver.

**Friday, November 19, 10:00 AM**

### Family Movie Matinee

**Saturday, November 20, 3:00 pm**

*Planet 51*, Rated PG, 91 minutes

### Pocahontas and the Powhatan Nation Presented By the Virginia Historical Society

**Thursday, November 4, 4:00 PM**

A hands-on history program.

For ages 7 & up.

### Kid Flick

**Monday, November 22, 2:00 PM**

*How to Eat Fried Worms*, Rated PG, 98 minutes

**Tuesday, November 23, 2:00 PM**

*Cloudy with a Chance of Meatballs*, Rated PG, 90 minutes

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## PROJECT GRADUATION

### Support the Briar Woods High School class of 2011's "All Night" Grad Party

Proceeds from the sale of the 2010 White House Christmas ornament help support the all-night party for graduating seniors, providing them a safe, drug- and alcohol-free environment for one last party as the BWHS class of 2011.

The ornaments make great gifts for family, friends and business associates!

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Student \_\_\_\_\_

Phone \_\_\_\_\_

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Number of ornaments \_\_\_\_\_ x \$20/  
ornament = \_\_\_\_\_  
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## The Nature Center Audubon Shop has LunchSkins!

LunchSkins are made from a thick cotton fabric that is coated with a food-safe polyurethane liner. This unique high-quality fabric is manufactured in Europe by a family-owned business and has been used for many years in bakeries and restaurants. Additionally, LunchSkins are grease-proof and moisture proof making them ideal for messy sandwiches and snacks.

### WHAT MAKES LUNCHSKINS FOOD-SAFE?

We have put LunchSkins have been put through a rigorous testing process by an independent lab. They have been certified as lead, Bisphenol-A (BPA) and phthalate-free. The very thin layer of polyurethane has also been tested and found not to migrate into food or leave a "plastic" odor behind, thus meeting EU requirements for food contact.

### ARE LUNCHSKINS DISHWASHER SAFE?

Yes, LunchSkins are dishwasher safe. Because of their origins in the food industry, they are very durable and can withstand high heat cleaning. This makes them perfect for repeated use. LunchSkins can be turned inside-out and washed before first use and, while lightweight and fast-drying, make sure they are dried completely before using with food. They will soften and fade with use and multiple washings - just like a pair of favorite old jeans

### ARE LUNCHSKINS JUST FOR FOOD?

LunchSkins are great for many things because they offer the same convenience as a familiar plastic baggie, but are easily washable and durable for a range of uses. The design is based on that of common zippered baggies, so a traditional pb&j sandwich fits perfectly within the 6 x 6 inch pouch; cookies, crackers and fruit fit nicely within the snack size; and the sub size will hold a stuffed hoagie. They have so many practical and creative uses.....lipsticks, dog treats, wallet and keys, ice for boo-boos, pacifiers, baby toiletries, travel cosmetic case, and any other treats or loose messy items we want to fashionably stash away.

## Words From Your Broadlands Naturalist, Lisa Matthews

Now is your chance to not only observe the beauty of fall color but also to catch a glimpse of one of nature's most amazing events. It is time for many animals to make their journeys to often very far away places. The great south trekking migrations have begun!

The top five must see migrating animals in Virginia are the shore birds, the monarch butterflies, the humpback and fin whales found on the Eastern Shore and the song birds and raptors.

To successfully see the shore birds, try the Virginia Birding and Wildlife Trail's Eastern Shore Loop after a weather front arrives and visit at mid-to-low tide this month.

The whales will be coming along from late December to mid-March. You can combine a visit to the Virginia Aquarium and Marine Science Center and catch one of their whale-watching trips.

The butterflies are in mass right now at Chincoteague. I have seen quite a few over the Appalachians, however, they are in the thousands on the shore - an amazing sight to see if you haven't experienced it.

The song birds are also migrating through. Locations for best viewing can be found by visiting the Virginia Department of Game and Inland Fisheries website for the Virginia Birding and Wildlife Trails, [www.dgif.virginia.gov/vbwt/](http://www.dgif.virginia.gov/vbwt/).

And, finally, be a part of the Raptor Bird Count! The Loudoun Wildlife Conservancy is asking for volunteers to help count the raptors migrating through the Blue Ridge Mountains until December 1st with their annual Snickers Gap Hawkwatch. They report that up to 12,000 raptors are counted coming through Snickers Gap every season. What a wonderful outing for a family!

On the weekends, volunteers are on hand to teach you how to identify the Raptors so bring your binoculars or spotting scopes and look for them flying in a southwesterly direction over and around the ridge line. For more information or to contact the coordinators, Joan Boudreau and Bob Abrams, e-mail [icepeep@aol.com](mailto:icepeep@aol.com) or call (703) 734-1238.

The location for the Hawkwatch is approximately 10 minutes west of Purcellville on Route 7 where it just crosses the Loudoun-Clarke County line and the Appalachian Trail near Bluemont. It is next to the highway. Take a left at the top of the ridge on Rte 601 and then an immediate right into the commuter and Appalachian Trail parking lot.



## Cub Scout Den 8 Pack 1483 Collects Lots of Trash in the Broadlands

Cub Scout Den 8 Pack 1483 picked up trash on October 11th in Broadlands to help fulfill a Wolf requirement. The scouts that participated in cleaning up are Kyle Norberg, Dylan Weber, Garrett Klank, Justin Rogers, Russell Smith, James Hartman, Graham Klause, Ethan Parker and Nathan Rogers - big brother of Justin Rogers. The boys had a lot of fun and collected a lot of trash! They also received several "Thank you's" from the residents. Great job guys!

## The Critter Corner By Dr. Steve Velling "Not So Fuzzy Little Ferret"

Bella the 5 year old female ferret wasn't doing very well. She was listless, and the hair on the back half of her body had been getting thinner for the last few weeks. Mrs. Smith brought her to us obviously concerned that something was wrong, and after taking one look at her, I could see that she was right. Bella was rather emaciated, and she definitely lacked the Tigger-like bounce that a healthy ferret should have. It was at this point that I suspected that this cute little ferret had an adrenal gland problem.



Anyone who has ferrets usually knows that ferrets in the United States, being mostly inbred and spayed at a very early age (usually 6 weeks), have a good chance of developing one of three diseases – lymphoma (a cancer of the lymphatic system), an insulinoma (an insulin-secreting tumor causing a ferret's blood sugar to plummet), or an adrenal tumor. Adrenal tumors in ferrets can be benign or malignant, cause weakness, hair loss and intense itching, a swollen vulva in females or possible urinary obstruction in males, and potentially death as the tumor grows in size and affects other organs.

It can be removed surgically if it isn't wrapped around the aorta, or it can also be controlled with a synthetic drug called Lupron (which inhibits the pituitary gland and thereby lowers estrogen levels) which is injected monthly (ouch!). However, I have recently been using a new implant called Deslorelin that can last for up to 6 months, and the ferrets (and owners) that we have used it on are very happy.

So, if your ferret isn't feeling so perky or looking so fuzzy, give us a call!

Till next time,  
Dr. Steve,

[www.ashburnanimals.com](http://www.ashburnanimals.com), 703-729-0700

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## **November Nature Programs**

The Audubon Naturalist Society and the Broadlands HOA have partnered to provide the following programs. Programs are held at the Nature Center and are \$5 per child, unless otherwise indicated. Please register by calling 703-729-9704 at least one day before the program. A minimum number of 3 participants are required or the program will be cancelled. Please dress for the outdoors.

### **Hibernation and Migration (Elementary School Kids)**

**Date: Wednesday, November 10<sup>th</sup>, 2010**

**Time: 3:45p.m. - 4:45p.m.**

Who hibernates? Who migrates?

Where do they go? Prepare for going outside (weather permitting)!

Depending on the weather, we will have a craft or game.

### **Family Day Mammals!**

**Date: Saturday, November 13<sup>th</sup>, 2010**

**Time: 11:00a.m. - 12:00p.m.**

**Ages: 5 and up**

We will talk about the mammals that live in our area, look for evidence of them (weather permitting) examine skulls and pelts and make tracks!

### **Who Lives There?**

**Date: Friday, November 19<sup>th</sup>, 2010**

**Time: 10:30a.m. - 11:30a.m.**

**Ages: 4 and 5 year olds**

We will go outside (weather permitting) and see some of the homes that hibernating animals will use this winter. We will make a craft or play a game.

### **Storytime for 2's and 3's**

**Date: Wednesday, November 24<sup>th</sup>, 2010**

**Time: 10:30a.m. - 11:15a.m.**

A story about hibernation and "What does that feel like?" session.

### **Naturalist Weekday Hours:**

Tuesday: 10:00a.m. - 1:00p.m.

Wednesday: 10:00a.m. - 5:00p.m.

Friday: 10:00a.m. - 2:00p.m.

### **Nature Center Saturday Hours:**

**November 6<sup>th</sup>, 13<sup>th</sup>, and 20<sup>th</sup>**

**10:00a.m. to 2:00p.m.**



## 2010 Broadlands Family Recycling Contest

Celebrate **America Recycles Day** by participating in the **Broadlands America Recycles Day Contest** sponsored by the Broadlands Wildlife Habitat Committee.

To enter the contest, submit a one page written entry describing your personal experiences with recycling. The entry may include photos or drawings.

Entries will be judged on the following criteria:

**Originality:** We are looking for innovative ideas, not generic tips. If you have found useful tips from the internet or other sources, tell us how you implemented them. We also want you to share any tips that didn't work. We would like to hear about ideas that other families can easily implement in their households.

**Humor and Human Interest:** No one is perfect and mistakes happen. If you have any experiences that others would enjoy reading about, please include them.

Entries will be judged on the creativity and uniqueness of your story; how your family recycles and what it means to you. Judges will include members of the Broadlands Wildlife Habitat Committee and a Recycling Specialist from the Loudoun County Department of Construction and Waste Management. *BWH Committee Members may not participate in this contest.*

Prizes are sponsored by the Habitat Committee and will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners. Each winner will receive a 64-gallon recycling toter\* and a gift basket worth \$100 for 1<sup>st</sup> place, \$75 for 2<sup>nd</sup> place and \$50 for 3<sup>rd</sup> place, provided by Patriot Disposal.

The application must be received at the HOA office no later than November 1, 2010. Please mark the envelope "Recycling Contest". Winners will be contacted on November 15, 2010.

America Recycles Day, now in its 12<sup>th</sup> year, is celebrated on November 15 and is the only nationally recognized day dedicated to encouraging Americans to recycle and to buy recycled products. For additional information, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org) or contact Oya Simpson at 703-725-8040, [osimpson@broadlandsnaturally.com](mailto:osimpson@broadlandsnaturally.com).

*\* Toters remain the property of Patriot Disposal and are provided on loan to the contest winners.*



## **The Nature Center Needs Baby Food Jars!**

Please drop off your used baby food jars  
to the Nature Center.

We will be collecting 50 large and 30 small  
sized jars with lids throughout November  
for use in nature programs in early December.

Thanks so much!

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## **Check Out Our Shop!**

The Broadlands Audubon Naturalist Society Shop  
has new merchandise! Many items are below \$10  
and perfect for those stocking stuffers that you will  
soon be looking for!

We have stocked new seasonal jewelry and also  
jewelry appropriate for your little Miss. For the kids,  
we have also added many items great for a scout  
or junior biologist. Look for themed kits that make  
wonderful group gifts for your child's classroom  
teacher.

We have also brought in many books that feature  
themes on how to bring wildlife to you, great ways  
to experience nature with your kids as well as handy  
identification pamphlets (great for your pockets!) to  
take with you on walks and in the car.

Bring in your coupon and have a browse!



## **School's Out! Nature Center Programs**

### **About the Woods**

Date: Tuesday, November 2nd Program  
Ages: 1st - 4th graders  
Time: 10:30a.m. - 11:30a.m.  
\$5/child

---

### **Nature Program Drop Off**

Date: Tuesday, November 23rd  
Ages: 1st - 4th graders  
Time: 12:00p.m. – 3:00p.m.  
\$20/child, 1/2 off for siblings



## **Broadlands Audubon Naturalist Society Shop**



# **15% OFF**

**Expires 11/30/10**  
**Cannot be combined with other discounts**

## Dogs Come Out to Support the Third Annual Dog Swim in Broadlands



Lots of resident pups and their people came out to the Community Center Pool on September 11th to join in the fun at the second annual Dog Swim.

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[AppleFCU.org/Dream](http://AppleFCU.org/Dream)

\*To qualify for the Realize Your Dream Event \$10,000 Giveaway, you must apply for an Apple Loan and have your approved funds disbursed 10/1/10-12/31/10. Excludes Business participation loans. No purchase necessary. Membership eligibility rules apply. Visit AppleFCU.org/Dream for official sweepstakes rules and for alternate entry.

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Suite 105



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## **From Hiss to Purr, or, How to Turn Naughty into Nice**

**by Shannon M. Pecora, M.A.**

### **Stream Valley Veterinary Hospital**

Muffin keeps scratching the furniture. Rex won't stop barking at the neighbors. Rover constantly pulls at the leash during walks. Did you know that issues such as these are among the top reasons why pets are given up to shelters—or even euthanized? And certainly such annoyances are relatively common. Fortunately, before any drastic decisions are made, Rex (and his owners!) may be able to find “reform” through a few visits with the veterinarian and/or trainer.



The best defense really can be a good offense, so with a new puppy or kitten, start building good habits right away. During the first series of vaccine and booster visits, your vet can offer advice and suggest resources about proper socialization and behavioral development techniques. For example, we recommend that you regularly touch and inspect your new pet's mouth, ears, paws, and skin. Help them get used to this activity so that teeth-brushing, ear-cleaning, nail trims, and vet exams are familiar, not frightening. Also, be sure to provide appropriate toys, treats, and exercise so that your puppy or kitten knows what is okay to play with, chew on, and do in order to expend energy. Additionally, training classes for puppies can range from basic obedience all the way up to tricks and agility. Make sure that the whole family is engaged in the puppy curriculum; if everyone is on the same page, training will be easier and less confusing for both pets and people.

It's not necessarily a lost cause if behavior issues are not addressed early or if they crop up later in life. You actually can teach an old dog new tricks! Particularly if odd or inappropriate behaviors newly appear, your vet is your greatest ally. It is important to establish the cause of certain actions; for instance, an illness can lead to urinating on the floor or aggression during ear-cleaning. With any possible diagnosis, the doctor can help you formulate a plan. Does your pet need medications to manage a condition such as anxiety? Can supplements to relieve arthritis pain lead to a better overall disposition? Would adult training classes help you overcome obedience challenges? A health exam and behavioral consultation, or maybe a visit with a referred specialist, can give you the information you need to tackle the unusual or “naughty” actions of your adult, or even geriatric, pet.

You love your pet, but you don't love constantly cleaning soiled upholstery or cautioning visitors that your pet may bite or scratch. If you are experiencing any unwanted behavioral issues with your pet, know that veterinary and animal care professionals are available to get you and your pet back on track. If we can help you find a reasonable solution, then we are hopefully keeping your pet in your home and out of a shelter—or worse.

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## **November Cub Scout News**

It's time once more for the annual Scouting for Food Drive. Cub Scouts will be around Broadlands delivering empty grocery bags for food donations on November 6. Place your donations in the bag provided and leave it outside your front door on November 13. Scouts will return to pick up donations then. Donations will go to Loudoun Interfaith Relief, LINK, Inc., Seven Loaves, and Messiah's Market. Last year, Broadlands Cub Scouts collected nearly 9,000 pounds of food for those in need.

Please help our Scouts complete this vital community service project once again this year. Open your hearts and your pantries to the best of your ability to support those in need.

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## Invited To Thanksgiving Dinner And Need The Perfect Complement To An Entrée? Look No Further....

### Blue Cheese and Caramelized-Onion Squares

#### Crust

2 cups all purpose flour  
2 tsp baking powder  
3/4 tsp salt  
3/4 cup whole milk  
1/4 cup olive oil  
2 tablespoons (1/4 stick) unsalted butter, melted

#### Topping

2 tbsp (1/4 stick) unsalted butter  
2 tbsp olive oil  
3 large onions (2 pounds) thinly sliced  
1 tbsp finely chopped fresh rosemary  
1 tsp sugar  
1/2 tsp salt  
1 1/2 cups (6 ounces) crumbled blue cheese

**For crust:** Preheat oven 425°F. Mix flour, baking powder, and salt in bowl. Whisk milk, olive oil, and melted butter. Pour milk mixture in dry ingredients, stirring until just blended and smooth. Roll out dough on lightly floured surface to 10x13-inch rectangle. Transfer to rimmed baking sheet. Re-form dough into 10x13-inch rectangle. Pierce dough all over with fork. **For topping:** Melt butter with oil in large skillet over med-high heat. Add onions. Cook until onions are soft and beginning to brown, stirring frequently, about 10 mins. Add rosemary, sugar, salt and pepper. Reduce heat to medium. Cook until soft and dark brown, cool. Spread onion mixture over dough. Sprinkle with cheese. Bake until crust is golden and cheese is bubbling, about 20 minutes. Cut into squares and serve. *Bonappetit.com*



### Broccoli with Smoked Paprika, Almonds, and Garlic

*Broccoli may be labeled "aspiration" or "baby broccoli." If using ordinary broccoli, cut off florets, peel stalks, and cut into short, thin sticks.*

3 tablespoons extra-virgin olive oil, divided  
1/2 cup whole almonds, coarsely chopped  
3 large garlic cloves, chopped  
1 1/2 teaspoons smoked paprika  
Coarse kosher salt  
2 pounds broccoli, rinsed, stalks cut into 2- to 3-inch lengths  
1/3 cup water  
1 to 2 teaspoons Sherry wine vinegar

Heat 1 tbs oil in heavy large skillet over medium-high heat. Add almonds. Stir until lightly browned, 2 to 3 minutes. Add garlic and paprika. Sprinkle with coarse salt; sauté 1 minute. Transfer to small bowl. Add remaining 2 tbs oil to skillet. Add broccoli; sprinkle with coarse salt. Add 1/3 cup water. Cover and boil until crisp-tender and still bright green, about 4 minutes. Pour off any water. Stir in almond mixture. Season with coarse salt and pepper. Mix in 1 to 2 tsp vinegar. Transfer broccoli to bowl and serve. *Bonappetit.com*

### Mashed Potatoes with Sage and White Cheddar Cheese

4 pounds russet potatoes, peeled, cut into 1 1/2-inch cubes  
1/4 cup (1/2 stick) butter  
2 tablespoons plus 1 teaspoon minced fresh sage  
3/4 cup whipping cream  
3/4 cup whole milk  
2 1/4 cups (about 9 oz) grated sharp white cheddar cheese

Butter 8- to 10-cup baking dish. Cook potatoes in large pot of boiling salted water until tender, about 12 minutes. Meanwhile, melt butter in medium saucepan. Add 2 tbs sage; stir until butter begins to brown, about 3 minutes. Add cream and milk; bring to simmer. Drain potatoes; return to pot. Stir over medium heat until excess moisture evaporates. Add cream mixture; mash potatoes. Stir in 1 3/4 cups cheese. Season potatoes with salt and pepper. Transfer to prepared dish. Sprinkle with 1/2 cup cheese and 1 teaspoon sage. Preheat oven 375°F. Bake potatoes uncovered until heated through and golden brown, about 45 minutes. *Bonappetit.com*

### Pecan Pie Bars

1 (18.25 ounce) package yellow cake mix  
1/2 cup margarine, softened  
1 egg  
3 eggs  
1 teaspoon vanilla extract  
1 1/2 cups dark corn syrup  
1/2 cup packed brown sugar  
1 cup chopped pecans  
2/3 cup yellow cake mix

Preheat oven 350 degrees. Grease 9x13 inch pan. Reserve 2/3 cup cake mix. Mix together remaining cake mix, margarine, and 1 egg. Pat in prepared pan. Bake at 350 degrees for 15-20 minutes or until golden brown. Beat together 3 eggs, vanilla, reserved 2/3 cup cake mix, corn syrup, and brown sugar. Pour on cake in pan. Sprinkle pecans on top. Bake at 350 degrees for 30-35 minutes. *Allrecipe.com*

**Congratulations to October's  
contest winner:  
Joe Vax**

## Win a \$25 Gift Certificate to



## Bonefish Grill!

Solve the following *Thanksgiving Word Scramble* correctly and you could win. Winner will be chosen at random from all correct entries. Entries must be received at the Nature Center HOA office no later than, noon, November 10, 2010. **Be sure to include your name and telephone number. Good Luck!**

*Unscramble each word....*

1. ruyket \_\_\_\_\_
2. gmspiril \_\_\_\_\_
3. msay \_\_\_\_\_
4. festa \_\_\_\_\_
5. dniisna \_\_\_\_\_

*Contact Info:*

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

## Broadlands Tennis Programs

[www.broadlandstennis.org](http://www.broadlandstennis.org)

(Visit for details and registration forms for all programs)

### 4 Week Sessions (Morning Clinics Available)

#### JUNIOR CLINIC (ages 3-5)

Mon – Fri, 4:30p.m. - 5:00p.m.

(½ of the price stated below)

#### JUNIOR CLINIC (ages 6-16)

Mon – Fri, 5:00p.m. - 6:00p.m. & 6:00p.m. - 7:00p.m.

Sat & Sun, 10:00a.m. - 11:00a.m. & 11:00a.m. - 12:00p.m.

#### ADULT CLINIC – All levels

Mon – Fri, 9:00a.m. - 10:00a.m. & 10:00a.m. - 11:00a.m.

Mon – Fri, 7:00p.m. - 8:00p.m.

Sat & Sun, 9:00a.m. - 10:00a.m.

#### Broadlands Member/Non Members (As low as \$13.00 per class)

\$60/\$70 per session (4 weeks)

1 class a week

\$112 / \$122 per session (4 weeks)

2 classes a week

\$156 / \$166 per session (4 weeks)

3 classes a week

#### Clinics Drop In Fee:

\$20 members; \$22 non-members

#### Current Tennis Events Weekly Junior Tournaments

11 years and over – every Sunday 10a.m.-12p.m.

10 years and under – every Saturday 10a.m.-12p.m.

8 years and under – every Saturday 10a.m.-12p.m.

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Sterling, VA 20166

[www.DullesGymnasticsAcademy.com](http://www.DullesGymnasticsAcademy.com)

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## Get Motivated with Partner Training

By Katie Herbert

Certified Personal Trainer, [Fitness.innovations@gmail.com](mailto:Fitness.innovations@gmail.com)



In today's busy hustle and bustle life, many of us are hard pressed to find time to spend with our friends and loved ones and also find time to hit the gym. Who says that the two have to be separate. The gym can be a very social place, so why not make the most of it? Instead of meeting your friend for coffee, how about meeting up for a kickboxing class or a walk around the neighborhood.

### Benefits of Partner Training

- Training with a friend increases motivation levels so people tend to workout harder than if training alone.
- Increased exercise adherence. Most people will not risk being called out by a friend for missing a workout so you tend to get to the gym even on days that you would rather not go.
- Variety. As they say, it's the spice of life. When people train with another person, they are more likely to try "different" exercises or classes.
- Built in support system. We all hit plateaus from time to time. Your exercise buddy will be right there ready to give you a boost and cheer you on.
- Socialization. Some people think of exercise as something that they have to do instead of something that they get to do. If you have a friend waiting for you at the gym, you will be looking forward to going instead of looking for a way out.
- Safety. Even if you aren't lifting exceptionally heavy weights, it never hurts to have a spotter or have someone checking your form.

### How to Choose a Partner

Choosing a workout buddy can be tricky. Your workout buddy needs to be someone that you trust. You need to feel safe enough for them to see you fail. The last thing that you want is someone that makes you feel bad if you cannot finish an exercise. Second, you need to be on the same page. Make sure that your partner has similar goals and is ready to commit to you. Lastly, you and your partner should be on the same schedule. If you generally are a morning exerciser and your partner likes to workout in the evening, you may have issues meeting each other.

### Ideas to Get Started

Once you have found your partner, there are many different directions to go.

- If you are into group classes, take turns picking different classes to try.
- Each week, take turns being the personal trainer and incorporate your favorite exercises into the workout.
- Fitness magazines these days are getting really fun with workouts. Each week try out a new workout from a different magazine.
- If you and your partner are at a stalling point and need some new ideas, enlist the help of a trainer. Partner training with a Trainer can be very fun and more affordable than one-on-one training.

## Looking For a Gift For Those Folks Who Have Everything?

Look no further. Loudoun's newest art venue is now open. The Gateway Gallery and Gift Shop has opened in a bright and inviting space in the renovated Hill High Orchard building on Rt. 7, west of Round Hill, at the gateway to western Loudoun County.

The well-known landmark now is the home for a collaborative gallery comprising 30 Loudoun artists. On the third Friday of every month, from 6-9pm there is a meet the artists reception. On November 19th the theme will be ladies' night, and Gateway's jewelry artists will be there to share with you the process they use for creating their art. December 17th will feature artists who participate in a juried show of 11"x14" frame-less gallery wrapped canvas works, all priced under \$100 - "The Gallery Exhibition." In addition, there will be an afternoon tea on Saturday, November 6, from 3:00 to 5:00pm. Come enjoy light refreshments, talk with the artists, and browse the gallery at these events. The gallery houses a wide variety of unique, one of a kind fine art - textiles, jewelry, pottery, sculpture, woodwork, prints, paintings, photographs, and pewter. And because the holidays are the season of giving, non-perishable items will be collected for Loudoun Interfaith Relief, and a gift basket will be raffled off in December, with all proceeds benefiting The Tree of Life Food Pantry of Western Loudoun.



Food, drink and art have been natural companions over the centuries and the pattern is repeated in the Hill High Orchard building. The gallery shares space with the stylish Bogati Bodega, a wine and tapas tasting room, community favorite the Hill High Country Store and pie shop, and the relocated Round Hill Arts Center, a local hub for arts instruction.

President of the cooperative venture, Meredith Hilt, said in a statement, "After months of planning and hard work, the gallery has turned out even better than we'd hoped. Having an energetic group of talented artists on hand has helped. They have conquered every challenge, from forming the business to preparing the gallery space."

The gallery and the arts center are planning several joint events in coming months. Gallery hours are from 11am to 6pm Wednesdays through Sundays and holiday Mondays.



For more information on the group, including a list of artists, or for artists and fine craft artisans interested in joining the cooperative, go to [www.](http://www.TheGatewayGallery.com)

[TheGatewayGallery.com](http://TheGatewayGallery.com) or e-mail [info@TheGatewayGallery.com](mailto:info@TheGatewayGallery.com), or call 540-338-3001.

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# BROADLANDS HELPER LIST

The Broadlands Helper List is being updated - If you would like to be added to the list, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com).

## Not Available on Website Edition

**Key:**

**(B)** Babysitter's Course  
**(C)** CPR  
**(R)** Rescue Breathing  
**(F)** First Aid

*All area codes are 703 unless noted. For additions and/or changes to the Broadlands Helper List send an email to **[scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)**.*



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# USEFUL NUMBERS

Can also be found at <http://broadlandshoa.org/node/117>

## NON-EMERGENCY

Ashburn Fire	(703) 729-0006
Fire Marshall	(703) 777-0333
Loudoun County Sheriff	(703) 777-1021
Washington Gas	(703) 750-1000
Poison	(703) 625-3333
Loudoun Water - Customer Service	(571) 291-7880
Loudoun Water - After Hrs./Wk.ends	(571) 291-7878
State Police	(703) 771-2533
Dominion Virginia Power	(888) 667-3000

## PUBLIC INFORMATION

Abused Women's Shelter	(703) 777-6552
Animal Control/Shelter	(703) 777-0406
Building Permits & Dev.	(703) 777-0397
Comcast	(703) 430-8200
Child Protective Services	(703) 777-0353
County Landfill	(703) 771-5500
CPR Class Info	(703) 444-1155
DMV (VA)	(800) 435-5137
Drug Abuse	(703) 771-5100
Dulles Airport Hotline	(703) 572-2700
Health Department	(703) 777-0236
Library (Ashburn)	(703) 737-8100
Loudoun Ride On	(703) 777-2708
Loudoun Hospital	(703) 858-6000
Main Street Mailboxes	1(703) 753-5521
Miss Utility	(800) 552-7001
Metro	(202) 637-7000
OpenBand 24x7 Customer Service	(866) 673-6226
OpenBand Trouble Tickets	(703) 961-1110
Parks and Recreation	(703) 777-0343
Patriot Disposal	1(703) 257-7100
Ridesharing	(703) 771-5665
Road Conditions	(800) 367-7623

Social Services	(703) 777-0353
School Board	(571) 252-1000
Street Signs/Storm Drains	(703) 771-5666
VDOT	(703) 383-8368
Van Metre Homes	(703) 723-2800
Verizon	(703) 954-6222
Verizon Fios	(888) 553-1555
Voter Registration	(703) 777-0380
Weather	(703) 936-1212

## LOUDOUN COUNTY PUBLIC SCHOOL

Briarwoods HS	(703) 957-4400
Eagle Ridge MS	(571) 252-2140
Hillside ES	(571) 252-2170
Mill Run ES	(571) 252-2160

## PUBLIC OFFICIALS COUNTY SUPER.

Stevens Miller	(703) 777-0204
----------------	----------------

## SCHOOL BOARD REPRESENTATIVE

Robert Dupree	(703) 729-3430
---------------	----------------

## VIRGINIA HOUSE OF DELEGATES

Robert G. Marshall (13th)	(703) 361-5416
Richmond Office	(804) 698-1013
David Poisson (district 32)	(703) 421-6899
Richmond Office	(804) 698-1032

## VIRGINIA SENATE

Mark Herring (district 33)	(804) 698-7533
District Office	(703) 729-3300
Constituent Hotline	(800) 889-0229

## U.S. HOUSE OF REP. 10<sup>th</sup> DISTRICT

Frank Wolf	(703) 709-5800
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## U.S. SENATE

Jim Webb	(202) 224-4024
John Warner	(202) 224-2023

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[www.loudounwater.org/Residential-Customers/Loudoun-Water-Preferred/](http://www.loudounwater.org/Residential-Customers/Loudoun-Water-Preferred/)



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---

# CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email: [nihanainen@broadlands-hoa.com](mailto:nihanainen@broadlands-hoa.com).

---

## ASHBURN AREA WOMEN'S CLUB

The General Federation of Women's Clubs is dedicated to community improvement through volunteer service. The Ashburn Area Women's Club meets the 1st Thurs of each month at 7:00p.m. in the Broadlands Comm. Ctr.

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## AMERICAN HERITAGE GIRLS

AHG is a God-centered scouting program for girls ages 5 to 18 that emphasizes leadership, patriotism, and community service. For info, contact Deena Lanier at 703-723-0113.

---

## ASHBURN CLASSICS

The next meeting will be November 13th, at the Mills Recreation Center starting at 10:30am. There will be a business meeting followed by the election of the 2011 officers. Also, there will be a potluck luncheon, so everyone is requested to bring their favorite dish. We will be collecting donations for the Holiday Coalition and new unwrapped toys for the Marine Corps "Toys for Tots" program in Loudoun County. Anyone 50 and above is invited to join us. You will have lots of fun!

---

## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. For info, please contact us at [info@ashburn.freetoast-host.ws](mailto:info@ashburn.freetoast-host.ws) or visit [www.toastmasters.org](http://www.toastmasters.org) to learn more.

---

## BROADLANDS BICHON FRISE CLUB

Anyone interested that are Bichon owners currently please contact JoAnn Conroy at [jfc27@smartneighborhood.net](mailto:jfc27@smartneighborhood.net).

---

## BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with The NWF, The Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org).

---

## BROADLANDS NEIGHBORHOOD BIBLE STUDY

We are kicking off Fall with a Beth Moore bible study, Deeper Still. We meet Tuesday mornings in neighborhood homes. Contact Karen at 703-723-4341 for more info.

---

## COMMUNITY BIBLE STUDY

Does your study of the Bible leave you feeling confused and uninspired? Take heart! We'll introduce a practical, proven method for how to study Scripture that will help the reader glean life giving truths. Join us at the Comm Ctr at 5:30p.m. every Sun. For info, contact Pastor Anthony, 703-729-6443, [ant.hendricks@lcbc.org](mailto:ant.hendricks@lcbc.org).

---

## CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Saviors Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, [www.pack1483.com](http://www.pack1483.com), meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info, contact Ed Yarbrough at 703-724-1064.

---

## GIRL SCOUTS

Adventure, educational activities, cookie sales, friends. If you can think it, you can do it! Join the Girl Scouts. Now forming troops at all age levels: K -12th grade. For more info, contact Tania Marceau at [trooporg@gmail.com](mailto:trooporg@gmail.com).

---

## INVESTMENT CLUB

Meets in the Community Center on the 3rd Thursday of each month at 8:00 p.m. Review personal investments, consider and purchase new investments, learn about investing and socialize! Contact Sylvia Thomason 703-327-2474 or Laura Bechtold 703-729-6074 for information.

---

## LA LECHE LEAGUE OF ASHBURN

Have questions about breastfeeding? Want to meet other nursing mothers? We meet the 2nd Wed of the month from 7:00p.m. - 8:45p.m. at the Broadlands Community Center. To contact a Leader please call 703-729-1205.

---

## LOUDOUN WOMEN'S NETWORKING GROUP

For women who own home based small businesses. We focus on growing our businesses while giving back to the Loudoun community. We meet the 1st and 3rd Thurs of the month. For more info please visit our website at [www.Loudoun WNG.com](http://www.Loudoun WNG.com).

---

## MOM'S CLUB OF BROADLANDS

The Mom's Club of Broadlands will hold an Open House for prospective and current members on Monday, November 1st, 3:30p.m. at the Community Center. A national club made up of Moms and kids from the Broadlands. We meet in the Community Center every 3rd Friday at 10:00am. For info, contact Katina Wilberger at [kp\\_wilberger@yahoo.com](mailto:kp_wilberger@yahoo.com).

---

## MOMS IN TOUCH

Hillside Elementary Moms are invited to join us to pray for our children and the school they attend. We meet Tues mornings 9 - 10a.m. during the school year, Please contact Rebecca for more info at 703-858-7379.

---

## PET LOSS SUPPORT GROUP

We are a free support group that meets every 3rd Tues at 7:00p.m. at Ashburn Psychological Services. Contact Robin Norris 571-278-9162 or [robin@sashaheart.com](mailto:robin@sashaheart.com) for more info.

---

## TECHNOLOGY COMMITTEE

We will meet at 7:30 p.m. on November 16th in the Broadlands Nature Center. For info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.

---

## GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare is a special seminar/support group for people grieving the death of someone close. The next 13 week series begins Monday, September 13, 7:00-9:00pm at Our Savior's Way Lutheran Church. Call Beth Anton at 703-470-8821 with any questions or visit [www.griefshare.org](http://www.griefshare.org).

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- **July 27, 10 a.m.**, New Mom Support Group
- **August 10 and 12, 10 a.m.-noon**, Avoiding the Freshman 15

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## ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to over 3300 homes and businesses in the Broadlands community. The Newsletter Committee reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the posted deadline.

### ADVERTISING INFORMATION

Advertiser provides copy design and format. Electronic format is required in PDF, TIFF or JPEG's. Ads not sent in this format will be returned. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. Advertising deadlines are the first day of the month prior to the issue. Insertion Order Forms are available at [broadlandshoa.org](http://broadlandshoa.org) on the newsletter page.

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1/8 Page 3.625"w x 2.25"h  
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Payment is due in full when ad is submitted. Make checks payable to Broadlands Association. No cash payments, please. Copy changes to prepaid ads may be submitted before each deadline.

MAIL ADS and PAYMENT TO:  
Broadlands Association  
ATTN: Newsletter Ads  
21907 Claiborne Parkway  
Ashburn, VA 20148

For more information or questions regarding advertising, contact Stassa Collins at 703-729-9704 or [ads4broadlands@yahoo.com](mailto:ads4broadlands@yahoo.com).

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

### EDITORIAL INFORMATION

The deadline for editorial submissions is **noon on the 15th of the month**, or noon on the last business day before the 15th should it fall on a weekend or holiday. Submissions should be emailed to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com). A message may be left for the editor at 703-729-9704 ext.101.

## NOVEMBER CLASSIFIED ADS

### EARLY EDUCATION/DAY CARE

#### **BABYSITTER:** Red Cross

Certified enthusiastic and experienced teenage babysitter, good with small kids. I can do arts & crafts, music; I'm a good student & have a great sense of humor. Broadlands resident. Call Caroline at 571-223-0007.

#### **BROADLANDS KID ZONE:** Now registering F/T or P/T for ages 13 months and up.

We offer preschool curriculum, learn knitting, Crochet and sewing. Snacks and meals provided. CPR/First Aid and Virtus Certified Contact Victoria at 703-405-3768. Email: info@broadlandskidzone.com Website: www.broadlandskidzone.com.

### ENTERTAINMENT/PARTY

#### **RENTALS**

**MAGIC!** Looking to add a little something special to your next party or gathering? Have a strolling magician entertain your guests. It's fun and exciting. Come see me in action at The All American Steakhouse. Lessons are also available. 703-402-2718 or slyhand@hotmail.com.

### EVENTS

#### **SOLO ART SHOW - LOCAL ARTIST DEBRA KEIRCE:** For all of November, drop in at UU

Sterling Church, 22135 Davis Drive, Suite 104. Browse 21 original fine art pieces. **Small format art is a very thoughtful gift.** For more information, visit www.DebKArt.com.

**NOV. 6, 3-5PM "AFTERNOON TEA", NOV. 19, 6-9PM "LADIES NIGHT":** Unique, Local - Arts and Crafts for artful living and artful giving. Wine, refreshments served. 20 minutes west on Route 7. www.TheGatewayGallery.com, Wed-Sun 11am-6pm.

### FOR SALE/FUNDRAISER SALES

**SIMMONS MATTRESS:** Simmons World Class Beautyrest Stavros extra firm king sized mattress with box spring. Only one year old and in excellent condition! Originally paid \$1940. Asking \$450 or best offer. Call Sandy 703-723-1014.

**PUPPY FOR SALE** to good home....4 month old adorable Pomeranian named Harley. She's very friendly and loves to play. We've recently moved and just don't have the time to give her the attention she deserves. Call Lisa at 703-217-8941 if interested.

**FULLSIZE CAPTAIN'S BED** in White with a Bookcase Headboard and 2 4-drawer, underbed storage units. 4 yrs old and in excellent condition. Originally purchased for \$1,100, asking \$650 OBO. Call Lisa at 703-217-8941 with questions.

**CANON ALL-IN-ONE PHOTO PRINTER:** BRAND NEW, box never opened \$150.00. PIXMA MP610. Please call: 703-981-7208 for more info.

### HELP WANTED

**DO YOU LOVE ANIMALS?** If you answered yes and want a job where you can give ear scratches and belly rubs, then we are looking for you! Kit & Kaboodle Pet Care Service, LLC is looking for a mature, responsible part time pet sitter to work weekends only. If interested please go to our website and fill out an application at: www.kitandkaboodlpets.com.

### INSTRUCTION

**DRUM LESSONS:** Quality instruction for the best rates in the area! Located conveniently here in Broadlands. Call Casey Hart at 703-554-0180 or email at cjhart92@fastmail.fm.

**MATH TUTOR (PH.D.):** Professional Math tutor for MS and HS, with more than 25 years experience. I can help you quicker and more effectively. All math courses including AP Calculus, AP Statistics, SAT, ACT, TJ preparation, TJ Math Courses. Call 703-870-8735 or 703-913-0723 or email: ssridharma@gmail.com.

**MUSIC LESSONS:** 703-723-1154. HERE IS WHY WE HAVE BECOME THE AREA'S LARGEST MUSIC ACADEMY: 1. We offer the greatest selection of Convenient Times 2. We provide optional, fun, low pressure Recitals for Students 3. We have fun! Visit us at www.mintonsmusic.com.

**VIOLA & VIOLIN LESSONS:** Offered out of my private studio conveniently in Broadlands. All ages and levels welcome! Please call Catherine at (703)598-4708 or email me at CatherinePalusci@aol.com. References available.

**KINDERMUSIK CLASSES:** Will be offered at the Broadlands Community Center this Fall! Music and Movement classes for children age newborn through 3 years are designed to nurture the creative spirit in every child. For more information, visit www.WrightFootForward.com or contact Brenda Wright at WrightFF@gmail.com or 703/344-4135.

#### **SIMPLY MASTERY TUTORING:**

Experienced social studies teacher tutoring in content, exam prep, and academic skills. Work in your home or a library and enjoy affordable rates for solo or group sessions. Contact Jessica Mouw at (703)980-6406 or jemouw@gmail.com to schedule a free initial consultation.

#### **GUITAR LESSONS IN BROADLANDS!**

Private lessons for kids and adults available in your home. Excellent references from Broadlands residents. Teacher is friendly and professional; 20 years' experience, Music Degree, Master's Degree. Please call 703-777-4352 or email blueridgestudio@verizon.net.

**HOBBY CLASSES:** Hindi Classes - once a week, one hour classes. Drawing and water painting - 8 week session, once a week, one hour classes, \$100 plus \$25 material fee. Indian Cookery Classes offered. Before and After School Care also available. Call 571-333-0199, neeru803@gmail.com.

### HEALTH & WELLNESS

#### **PERSONAL TRAINER:** Looking to get fit?

I am a certified personal trainer with both a bachelors and masters degree in the health field. I can come to your home or train you at any Fitness First gym. I specialize in functional training and hold certifications in nutrition and pre and post natal training. Whether you are 8 or 80, fit or unfit, I can help! Please call 703-307-9403 or email ckdoel00@verizon.net.

#### **SHAKEOLOGY, THE HEALTHIEST**

**MEAL OF THE DAY!** Doctors are using Shakeology and recommending it to their patients, see what the buzz is all about. www.shakeloudoun.com. 100% Money Back Guarantee. Contact Michael at 571-233-7996 or mobriend@gmail.com. Broadlands resident.

#### **ARE YOU INTERESTED IN LOSING WEIGHT AND GETTING IN SHAPE:** I can

show you how with proven fitness programs you can use in your home. These programs changed my life and can change yours! Contact Michael at 571-233-7996 or www.fitnessintensity.com. Broadlands resident.

**ASHBURN PILATES:** Private Pilates Studio located at the corner of Farmwell Road and Ashburn Village Blvd. (Behind IHOP) Improve posture, flexibility and core strength through Classical Pilates. Private, Duet and Mat Class options. Call 703-729-1669 or visit www.ashburnpilates.com.

### HOME SERVICES

#### **WROUGHT IRON STAIR RAILINGS:**

Increase the WOW factor in your home by replacing wooden hand rails with wrought iron ones. Home builders charge \$7,000-10,000; you can have the model home look for 75% less! Free design consultation. 703-919-3479.

**ACKERMAN SECURITY SYSTEMS:** We monitor all systems. No charge to switch or equipment to buy. Monthly rate \$18.95! Free \$500 insurance deductible program. Allowance for contractual obligation. One call...we do it all. You own the system, Wireless Monitoring, Virtual Keypad, Remote Video Access, Fire/Access/Video. Receive 3 month free basic monitoring with this ad. Joe Moinipanah, 571-437-6445. Ackermansecurity.com.

#### **BELMONT DECK & PATIO,**

**CONSTRUCTION:** Building all types of decks and patios. Pressure treated and composite maintenance free products. Maintaining old decks/patios by power washing and painting.

**Also, all types of Handyman Projects, Landscaping, Painting, Interior Repairs,**

**Exterior Repairs.** Call 571-209-0332.

#### **BROADLANDS HOME IMPROVEMENTS:**

All types of home repairs and improvements. Kitchen, bath, basement, windows, doors, roofing and more. Contact Craig Hart for a consultation and estimate at 571-220-7449.



**ALL AROUND GLASS INC:** Herndon, VA Patio Door Glass, Broken Windows, Insulated Glass, Mirrors, Tub & Shower enclosures, Tabletops, Re-screening, Auto Glass, Commercial and Residential, 30 years experience, mobile service 703-481-8557, fax 703-481-1883. Licensed and Insured.

**BANE ELECTRICAL SERVICE LLC:** Residential & Commercial service work specializing in trouble shooting and any other service related to upgrades or repairs. Licensed and Insured Electrical Contractor VA/MD. Ask about our monthly specials!!! Contact Chris 703-723-6501 (Broadlands Resident).

**WISE GUYS ROOFING & SIDING IMPROVEMENT LLC:** FREE ESTIMATES – Roofing & Siding Installation & Repair – Gutters Installation & Cleaning – Windows – Insulation – Trim – Painting – Attic Ventilation & more...Call us for your free Solar Panel Vent or free Gutters! Lowest Price & Satisfaction Guarantee! [www.WiseGuysRoofingSiding.com](http://www.WiseGuysRoofingSiding.com). Contact us: 571-722-5543 or [info@WiseGuysRoofingSiding.com](mailto:info@WiseGuysRoofingSiding.com).

**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at [www.mariasstarcleaning.com](http://www.mariasstarcleaning.com).

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**FULL CIRCLE HOME IMPROVEMENT:** Kitchen and Bath Remodeling. Finished Basements-Flooring-Tile-Hardwood-Laminate-Lighting-Finished Trim-Moldings-Painting-Decks and more. Licensed and insured. Call Rich at 703-723-4268 email [full\\_circlehome@yahoo.com](mailto:full_circlehome@yahoo.com)

**HANDYMAN SPECIALIST:** Lives in the Broadlands with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. [MichaelARosario@aol.com](mailto:MichaelARosario@aol.com).

**HOME IMPROVEMENT CONTRACTOR:** Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at waterproofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, please call Marc at 703-724-0772.

**SHANTZ HOME SERVICES:** For all your home improvement needs, Honey Do's; specializing in Bath Room, Kitchen and Basement remodeling. Contact Shantz Darling at 571-221-4940 or email [shantz@glassmile.net](mailto:shantz@glassmile.net). Licensed and Insured. Free estimates. Broadlands resident.

**THE CARE OF TREES:** Need trees and shrubs beautifully pruned? Well maintained trees add value to your property. Call certified arborist Bonnie Deahl for an appointment. 703-661-1700 [www.thecareoftrees.com](http://www.thecareoftrees.com).

**LARRY MILLER INC. WINDOW CLEANING SERVICE:** Residential Specialist. Free screen cleaning, free estimate. Licensed & insured. Resident of Broadlands. Call Larry at 703-723-7770.

**PROFESSIONAL PAINTING:** Residential interior & exterior. Licensed & insured. Quality workmanship. Reasonable. Free estimates. 25 yrs experience. "You can't afford not to call." Please call Gary's Painting, 703-971-4016.

### MARKETPLACE

**SILPADA DESIGNS:** Beautiful Sterling Silver jewelry. Host a home party and earn free jewelry while spending time with your friends. Great fundraiser opportunities. Gift certificates also available. Or are you interested in starting a business of your own? Contact Mary Hart at 703-729-6550. [www.mysilpada.com/mary.hart](http://www.mysilpada.com/mary.hart). Get paid to party!

**PINK PIGGY SWEETS:** Specializing in cakes, cupcakes, cookies & classes! We also feature Doggie cakes & treats. For party classes, we come to you. We would love to be a part of making your next celebration a sweet success! Visit [www.pinkpiggysweets.com](http://www.pinkpiggysweets.com) or call 571-333-7477.

**MARY KAY: STRESS-FREE HOLIDAYSHOPPING** This season, get fabulous gifts for everyone on your list... all from the comfort of home. Just call me or visit my Web site. You'll find pampering products, fragrances and more at your convenience! Deborah Leben Independent Beauty Consultant 703-217-4583 Shop Anytime [www.marykay.com/dleben](http://www.marykay.com/dleben).

**TASTEFULLY SIMPLE:** makes the PERFECT gift and the quickest meals and appetizers for your holiday entertaining. I ship Nationwide! Everyone eats. Contact Lisa Svendsen, Your Tastefully Simple Consultant; Broadlands resident. 703-723-8479, [www.tastefullysimple.com/web/Lsvendsen](http://www.tastefullysimple.com/web/Lsvendsen), [FoodFromLisa@comcast.net](mailto:FoodFromLisa@comcast.net).

### PROFESSIONAL SERVICES

**COLLEGE APPLICATIONS/ESSAYS:** Professional help crafting a winning admissions essay; creating an effective application; selecting the right college. I can help you navigate the admissions process with a minimum of stress and tears. First consultation free. Contact Ann Waigand, 703-471-4439, [edtrav1@verizon.net](mailto:edtrav1@verizon.net).

**GGGGRRRRRR!!!!** Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks - Maintenance, installation, problem solving. Daytime, weekend, evening appointments.

**DERMATOLOGY ASSOCIATES OF NORTHERN VIRGINIA:** No time for a Dermatologist visit? DANV offers Walk-In Derm Clinic every Thursday 3-5pm in Sterling with Jennifer Rice PA-C & Dr. Mattay "2009 Top Doc". Broadlands residents receive 20% off cosmetic services through June. Mention this ad. 705-450-5959 [www.dermdocs.com](http://www.dermdocs.com).



### HOW TO PLACE CLASSIFIED ADS

Classified Ads (Limited to 40 words maximum) must be received with payment by the 10th of each month for the next month's issue.

Broadlands Resident Rates:

\$ 7.00/Business Ad\*;

\$ 0/Personal Ad or Lost & Found Ad

Non-Resident Rates:

\$14.00/Business Ad\*;

\$ 7.00/Personal Ad

\*10% off for 6 or more months prepaid

Payment: Check to "Broadlands Association"

Send To: Broadlands Association

ATTN: Stassa Collins

21907 Claiborne Parkway

Ashburn, VA 20148

703-729-9704,

[scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)

# Broadlands Committees and Events



## November Activities

### Date   Activity

1st	3:30p.m. Broadlands Mom's Club Open House(CC)
2nd	10:30a.m. About the Woods(NC)
6th	Nature Center Open 10:00a.m. - 2:00p.m.
9th	6:00p.m. Board of Directors Meeting(NC)
10th	3:45p.m. Hibernation and Migration(NC)
11th	6:00p.m. Southern Walk Hearing Committee(NC)
12th	10:00a.m. Broadlands Mom's Club(CC)
13th	11:00a.m. Mammals(NC) Nature Center Open 10:00a.m. - 2:00p.m.
16th	7:30p.m. Tech Committee Meeting(NC)
17th	7:00p.m. Modifications Subcommittee Meeting(NC)
18th	8:00p.m. Investment Club(CC)
19th	10:30a.m. Who Lives There?(NC)
20th	Nature Center Open 10:00a.m. - 2:00p.m.
23rd	12:00p.m. Nature Program Drop Off(NC)
24th	10:30a.m. Storytime for 2's and 3's 7:30p.m. Book Club(NC)

## Committees

### **Broadlands Live! Summer Concert Committee**

**Chair:** Open.

### **Community Events Committee**

**Chair:** Tammy Wells, tammy@jwells.us

### **Community Wildlife Habitat Committee**

*Provides information about wildlife habitats and promotes environmentalism within the National Wildlife Federation's goals. **Chair:** Oya Simpson, (703) 725-8040, osimpson@broadlandsnaturally.org.*

### **Neighborhood Watch Committee**

**Chair:** Staci Kapinos, broadlandsHOAwatch@gmail.com

### **Recreation Committee**

**Chair:** Open. Contact Staci Kapinos, ssdkapinos@yahoo.com, (703) 728-5849 for more information.

### **Swim Team**

Website: [www.broadlandsswimteam.org](http://www.broadlandsswimteam.org)

### **Technology Committee ([broadlandshoa.org](http://broadlandshoa.org))**

*Will meet November 16th at 7:30 pm in the Nature Center. Open to all residents. **Chair:** Dawne Holz, dawne@holzfamily.net*

**Webmaster:** [webmaster@broadlandshoa.org](mailto:webmaster@broadlandshoa.org)





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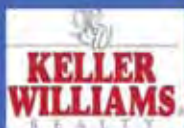
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