

August 2016



BROADLANDS

Our Neck of the Woods

The Last Lazy Days of Summer

Check out the fun programs we have to fill your last month of summer before school starts!
Please Visit broadlandshoa.org for more information.

Photo courtesy of Mike Constantine



**Shedding a lot?
Not hungry?
Dry skin?**

Maybe it's the food.

**Whole Pet Central has just
what the doctor ordered!**

**We offer the area's finest selection
of healthy foods for dogs and cats.**

Ashburn Farm Market Center
43330 Junction Plaza
Ashburn, VA 20147
703.724.4319
www.wholepetcentral.com
Other locations in Herndon & Rockville



24 HOUR SAME DAY SERVICE • (703)779-7455

CLIMATIC

HEATING & COOLING, INC.

"Caring For Your Comfort"



- We Service All Makes & Models
- Furnaces
- Heat Pumps
- Air Conditioning
- Humidification & Filtration
- Duct Work for Additions and Basements
- Free Estimates on Replacements & Upgrades
- Maintenance Agreements
- Mechanical Engineer on Staff
- Family Owned & Operated

100% Satisfaction Guaranteed!



**\$20 OFF
BROADLANDS**
NEW CUSTOMER
SERVICE CALL

**UP TO
\$1,200 REBATE**
FOR NEW SYSTEM
INSTALLATIONS

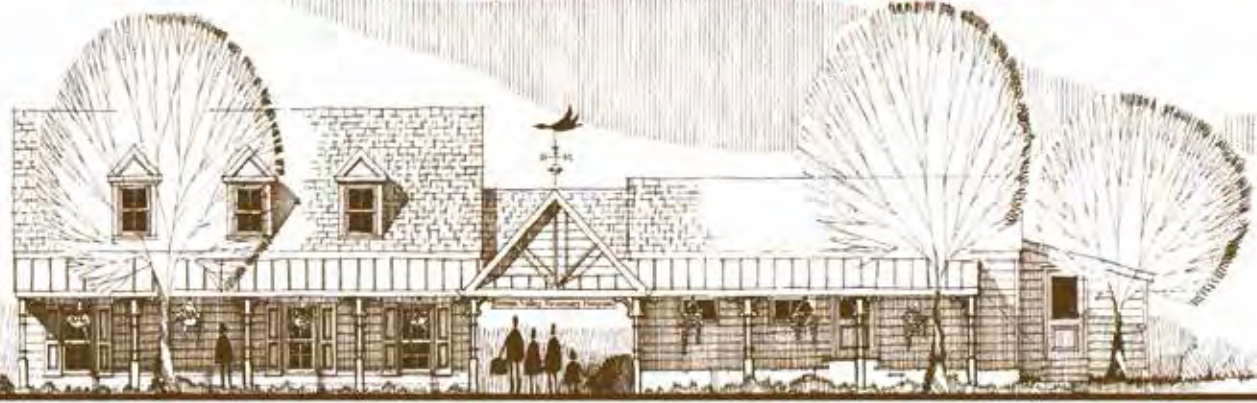


or 0% INTEREST FINANCING

Request an appointment at www.climaticva.com

Modern Medicine • Hometown Hospitality

Stream Valley Veterinary Hospital



Services: Medical, Surgical, Dental, Behavioral Classes, Boarding, Daycare, Grooming & Exotics

Dr. Mary Corey • Dr. Ashley Signorino • Dr. Bethany St John

We're just a few feet away

42902 Waxpool Rd. • Ashburn, VA 20148 • 703 723 1017

www.streamvalleyvet.com



AUGUST 2016



Photo of the Broadlands Boardwalk courtesy of Mike Constantine

Features

Events Committee Meeting.....	7
Flicks in the Sticks.....	9
Pooch Pool Party.....	13
Broadlands Live.....	14
Wine & Wreaths.....	15
Southern Walk Pool Float Nights.....	16
The Zika Virus.....	17
Thunderstorm Safety.....	18
DC Improv Coming to Broadlands.....	Insert
Dangers of Breath Holding.....	21
The Way to 10,000.....	23
Tennis.....	25

In Every Issue

August Calendar.....	4
BOD Monthly Meeting.....	5
BOD Highlights.....	5
Modifications Info.....	6
Covenants Corner.....	8
Supervisor Meyer.....	10
Useful Numbers.....	12
Recipe Page.....	19
Helper's List.....	29
Clubs and Groups.....	31
Classifieds.....	32



August



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Events Committee Meeting 6:30pm - CH	2	3 Modification Subcommittee Meeting 7:00pm - NC	4	5	6 Nature Center Open 10:00am-2:00pm Comedy Hour 6:00pm-CC Flicks in the Sticks 8:30pm - NC
7 Community Gardening 2:30pm - NC Back Patio	8	9 Lap Swim Begins SWP - 5:30am BOD Meeting 6:00pm - CH	10 Newsletter Submissions Due by Noon	11 Modification Subcommittee Submissions Due 12:00pm - NC Float Night 5:00pm-SWP	12 Broadlands Live! 5:00pm - HP Family Camping Night at the Nature Center 7:00pm	13
14 Community Gardening 2:30pm - NC Back Patio	15	16	17 Modification Subcommittee Meeting 7:00pm - NC Tech Comm. Meeting 7:30pm - NC	18	19	20 Nature Center Open 10:00am - 2:00pm
21 Community Gardening 2:30pm - NC Back Patio	22	23	24	25 Last Day of Lap Swim SWP - 5:30am	26	27 Flicks in the Sticks 8:30pm - NC
28 Community Gardening 2:30pm - NC Back Patio	29	30	31			

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SWP=Southern Walk Pool

BROADLANDS COMMUNITY INFORMATION

BROADLANDS ASSOCIATION BOARD OF DIRECTORS MEETING

Tuesday, August 9th - 6:00p.m.

The Clubhouse
43360 Rickenbacker Square

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

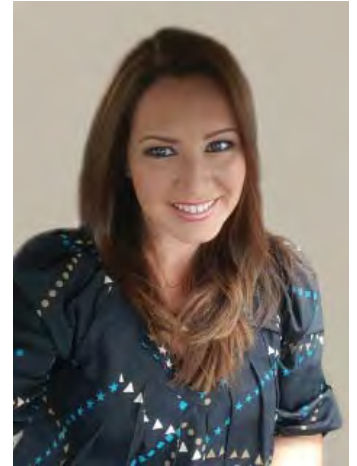
BOARD MEETING HIGHLIGHTS

The following actions were taken by the Board of Directors at their meeting held on July 12th, 2016:

- Approved minutes of June 14, 2016 meeting
- Provided final approval for the construction of a pedestrian bridge and trail on HOA property near ERMS, project funding provided by ERMS, future repair and maintenance funded by BHOA
- Directed management to bid out the trash contract for 2017
- Directed management to bid out the pool management contract for 2017
- Declined a request from a committee chair for direct compensation
- Directed management to review the plat to locate drainage swale near an owners yard and request proposal from landscaper to mitigate if on common area
- Approved a request from Mill Run Elementary School for a 2017 Last Day of School party for 5th grade graduates
- Referred discussion of a mobile app for the association to the Technology Committee to work in conjunction with the General Manager
- Denied a request to allow the tennis court lights to stay on past 11pm
- Denied a request from a local entrepreneur to open a seasonal ice cream shop in the Stone House
- Approved the replacement of two trail lights on Truro Parish that had been vandalized and removed several years ago
- Directed management to submit a request to Loudoun County to for the structural maintenance of the stormwater pond in section 200
- Directed management to have representative from Total Asphalt attend the August meeting to discuss Asphalt Rejuvenation
- Reviewed the May financial statements
- Approved the hiring of a full time Covenants Inspector

When to Contact the Board

I often find that homeowners aren't sure who to turn to when a question arises about the HOA. Whether you post on the forums, facebook, or ask a friend, it can be hard to find the right answer if you don't know where to start. I come across all sorts of questions premised with "I'm not sure who to ask, but can you point me in the right direction?"



The HOA staff at the Nature Center can assist with so many questions and needs, they truly are a wealth of information. Whether you're looking for pool or fitness center passes or have questions about trash, the front desk staff is well equipped to assist. The HOA office in the Nature Center is open Monday-Friday, 9:00am-5:00pm. You can reach us by phone at 703-729-9704, fax at 703-729-9733, or email at info@broadlandshoa.com.

Inquiries submitted to info@broadlandshoa.com will be answered quickly or disseminated to the correct party as needed, but if you have a specific inquiry and want to go straight to the source, you are more than welcome! Have a question or concern about a potential covenants violation? Email Covenants@broadlandshoa.com and your email will go to our Covenants Inspector. Have a question about the Design Guidelines, a Modification Application, or resale? Reach out to RCrews@broadlandshoa.com. Want to advertise in the newsletter or have a general inquiry? Let us know at SCollins@broadlandshoa.com. New to the area and need a welcome packet? Try maureen@broadlandshoa.com. Need to reach the newsletter editor to submit information for an upcoming issue? Email NIhanainen@broadlandshoa.com. Interested in renting the Community Center? Contact JoanneHang@broadlandshoa.com. Have an inquiry or issue about the pools? Check with Julie@broadlandshoa.com. Interested in helping plan a community event? Try Events@Broadlandshoa.com. Want to speak to the Naturalist about an upcoming program? Contact Naturalist@broadlandshoa.com. Need something else? Email me at Sarah@Broadlandshoa.com.

In some cases, you may want or need to speak with the Board of Directors directly. The Board holds monthly meetings on the second Tuesday at 6:00pm in the Clubhouse in order to conduct the business of the association as well as hear from residents. Meetings of the board are open to all residents.

When to Contact the Board continued on page 7

MODIFICATIONS & COMMUNITY INFORMATION

MODIFICATIONS SUBCOMMITTEE

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

The Modifications Subcommittee has updated the design guidelines for Tree Removal and Landscaping. Approval is required to remove any tree either dead or alive whose trunk measures 4" or more in diameter when measured at a height of 4' from the ground. Tree stumps must be removed below ground level and the area reestablished.

In general, approval for vegetable gardens is not required. Vegetable gardens must be an appropriate size for the area in which they are planted. Any significant hardscape elements such as a retaining wall, associated with vegetable gardens or gardens that are significant in size require approval.

Please review these guidelines and the updated changes on our website. Visit broadlandshoa.org/for-residents/design-guidelines/ for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

Modifications Subcommittee Submission and Meeting Dates

Submission Date	Meeting Date
July 28th	August 3rd
August 11th	August 17th
September 1st	September 7th
September 15th	September 21st

HOW AM I NOTIFIED OF MY RESULTS?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery.

GO GREEN AND OPT OUT

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com and be sure to include your address.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.

HAVE AN OPEN BAND QUESTION?

For questions regarding the amended budget or coupons or the association, please contact John Halfhill with FirstService Residential at (703) 679-1513 or john.halfhill@fsresidential.com.

For questions regarding OpenBand's services, please contact Open Band at (703) 961-1110 or their website - <http://support.openband.net>.

BE ELECTION READY FOR NOVEMBER 8, 2016

Check your status online at: vote.virginia.gov
Update and register, plus apply for an absentee ballot at this site too!

Deadline to register to vote is October 17, 2016
Absentee voting begins September 23, 2016

BROADLANDS COMMUNITY INFORMATION

When to Contact the Board continued from page 5

Residents are encouraged to observe meetings and read approved minutes posted online with FSR Connect. Residents who wish to address the board are welcome to do so during the homeowner forum conducted at the beginning of each business meeting.

Here are a few tips for participating in board meetings:

1. Put it in writing. You are more likely to get a timely response if you put your question or opinions in writing and submit to the manager prior to the meeting. This isn't mandatory, but it helps you and the board. Some issues may require a little research, discussion, or consideration. Also, the board can serve you better if members have time to consider your concern and be prepared with any questions for you.

2. Call (write) ahead. As a courtesy, the association suggests that you let the manager know that you wish to address the board. This also allows us to give you an idea of the time frame you will have to talk and to notify you if a meeting is cancelled for any reason.

3. Plan your remarks to last no longer than three minutes. Board members enjoy visiting with residents; however, the meeting agenda is always very full, and the three-minute limit ensures that all business gets conducted. This doesn't mean big issues can't be presented. If your concern requires more time, please summarize it and the board may add it to the agenda for the next meeting for further discussion.

4. Don't expect an immediate response. Board members don't act independently. All issues require discussion and sometimes a vote. Sometimes an immediate answer is possible, but it's just as likely that you won't get a response until after the meeting when the board has had sufficient time to research, discuss, and decide on the best course of actions.

5. If you need information, call the manager. The purpose of the Homeowner Forum is for residents to share opinions and concerns with the board. Residents seeking general information (like a status report on a project or the board's position on an issue or a question about the budget) might get a more immediate answer by calling the HOA office or contacting me directly.

Don't be afraid to reach out and inquire. The staff and I are happy to assist, or if we can't, point you in the right direction. Cheers,

Sarah

Sarah Gerstein, CMCA, AMS, PCAM
General Manager

EVENTS COMMITTEE MEETING

Monday, August 1, 2016

**6:30pm at the Clubhouse,
43360 Rickenbacker Square**

After taking a well deserved summer break, the Committee will meet to work on the rest of the events for the year and the volunteer spots we need to fill.

We have a great group of volunteers who generously donate their time with creativity and enthusiasm to make our events happen. We would love to have you join us. For more information email events@broadlandshoa.com.

Refreshments and snacks provided.

MARK YOUR CALENDARS TO BUY AND SELL AT THE FALL YARD SALE

One person's junk is another's treasure

Come shop and sell at the Broadlands fall Community Yard Sale on Saturday, September 24th, 8:00am – 2:00pm, rain or shine at private residences throughout the Broadlands neighborhood.

If you would like to be included in the online listing of addresses, please complete the Yard Sale Submission Form on the website at broadlandshoa.org/yardsale-form/.

It is the residents' responsibility to check the website to ensure inclusion and accuracy. Residents do not have to be on the list of participants to be part of the community yard sale.

Please think about going "green" by bringing along a reusable shopping bag for your purchases. Check out the list of participants to see what's for sale and view the community map to find each unit at broadlandshoa.org/yardsale.

The HOA will be publicizing the yard sale in The Loudoun Times-Mirror and The Washington Post.

BROADLANDS COMMUNITY INFORMATION

SAVE YOURSELF TIME, MONEY AND AGGRAVATION

Before you make any modification, change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review. Don't be misled by well meaning friends, neighbors or contractors. It is the owner's responsibility to file an application for all exterior work. A county permit does not circumvent this requirement. The process is easy if you apply before work commences.

What can happen if you don't submit an application? You may be ordered to cease and desist, which might cause your contractor to charge additional money for delays in completion. You may have to appear before the Board of Directors at a violation hearing. You may be assessed a fee of up to \$900, which will be added to your account and to which late fees, attorney fees, and court costs can be charged if payment is not made. You may be taken to General District Court for a judge to hear the case and determine the penalty. You may lose your recreational and voting privileges. You might have difficulty selling your home if violations are noted in the resale package which you provide to your buyer.

Please consult the Design Guidelines on the website for detailed information. Submit a complete application package in order to obtain approval prior to beginning any work. The Design Guidelines provide a framework to maintain design quality throughout the community, to promote sensitivity for the natural environment and to encourage consistency of design while allowing flexibility for achieving design solutions. If you have any questions about architectural modifications, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or rcrews@broadlandshoa.com.

COVENANTS CORNER

During the month of August, the Inspectors will be focusing on homes with individual mailboxes. They will be looking at mailboxes in need of maintenance, such as wooden posts that are rotten as well as faded or otherwise damaged mailboxes. They will also be citing boxes and posts that do not conform to the Design Guidelines.

The guidelines read as follow:

No application is required for the replacement of an existing, standard approved mailbox or post. However, should there be a variance in material, color, size or style from the original mailbox or post then an application is required.

SPECIFIC GUIDELINES

- For **single-family detached** houses, mailboxes shall be located at the curb immediately adjacent to the driveway.
- Curbside mailboxes and posts must conform to the original design parameters for the section. Minor variations in the color, size and style of the mailbox or post will be considered on a case-by-case basis.
- Newspaper delivery boxes, where desired, shall be incorporated within the design of the overall mailbox support post bracket.
- Height and setback must conform to the United States Postal Service regulations.

If a violation is noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent.

If you are in need of replacement boxes, posts, or numbers, you may wish to contact Main Street Mailboxes as they installed the majority of the boxes in Broadlands. They can be reached online at mainstreet-mailboxes.com/ or by phone at 1-571-379-8454.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspectors at covenants@broadlandshoa.com to request a reasonable extension to rectify the issue.

Throughout the year, the Covenants Inspectors inspect the homes in the community for a variety of issues ranging from trash containers in view to parking issues and unapproved modifications to leftover holiday decor. In addition, certain seasons dictate the need to focus on particular violations that occur with high frequency.

FEELING POLITICAL?

Per Broadlands guidelines *no more than three political campaign election signs* are allowed and each sign shall not exceed (4) square feet maximum. These signs may be placed **no more than 60 days prior to an election date** and must be removed 5 days following the election. No application is required for these signs.

HOA EVENTS AND LOCAL NEWS...

WHAT A SUMMER CELEBRATION IT WAS!

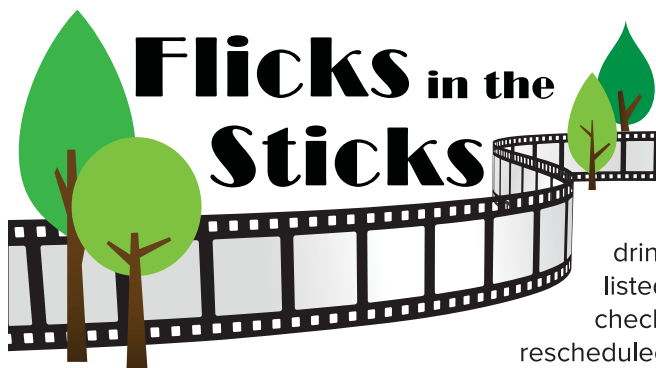
The Broadlands Summer Celebration was a huge success and we hope you and your family enjoyed this wonderful summer event. How fun it was to celebrate with residents, old and new, as we've watched our lovely community change and grow over the years. We would like to thank all of our wonderful volunteers under the positive leadership of Cathy Bidwell, Faith Hangesbaugh, Carol Williams-Nickelson, Monica Patino-Sommerfeld, and Mellany Weaver that took time out of their busy schedules to plan, organize, and work this amazing event.

Thank you to the volunteers that signed up and worked tirelessly throughout this event...we couldn't do it without your helping hands! They were:

Bryan Adams, Marcia Adams, Cathy Bidwell (event lead), Faith Hengesbaugh (event lead), Beatrice Chung-Hogan, Jyrki Ihanainen, Alice Keosan, Leo Lee, Mark Luginbill, Angelica McCombs, Ken Neimo, Carol Williams-Nickelson, David Nickelson, Ginger Rogers, Greg Stone and his lovely daughter - Sidney Stone, Mellany Weaver (event lead). Also, a huge thank you to Wegman's and the Broadlands McDonalds for their donations.

We look forward to continuing to host a wide variety of events for all to enjoy and encourage you to participate in the planning fun!

Please contact events@broadlandshoa.com to become part of our outstanding Events Committee.



This month's movies will take you to Outer Space and Inner Space! Join us for a jaunt through the galaxy on August 6, and then meet the little voices inside your head on August 27. Grab the kids and a picnic blanket and stake out your place on the Nature Center lawn.

Lawn chairs* and coolers are welcome. Popcorn and drinks are provided. Movies begin about sundown - the times listed are approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled. Parental guidance is available on the website.

Saturday, Aug. 6, 8:30pm



Saturday, Aug. 27, 8:30pm



*We ask that lawn chairs use the sides of the lawn as to not block the view down the center.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the HOA Technology Committee.

SUPERVISOR MEYER

Hello Broadlands!

Throughout the summer, I have been visiting different transportation projects that will impact the Broad Run District. At the end of July, Gloucester Parkway between Loudoun County Parkway and Pacific Boulevard was completed and now Gloucester Parkway is linked to Route 28. Thank you to the prior Board for advocating and funding this much needed connection. This will dramatically help to reduce the traffic burdens on Route 28, Waxpool Road, and Route 7. Also, our office recently received some exciting news regarding the intersection of Mooreview Parkway and Croson Lane.

Gloucester Parkway extension between Loudoun County Parkway and Pacific Boulevard

This extension will be a 4-lane bridge over the Broad Run Creek and will connect Loudoun County Parkway with Route 28. Completion of this road will ease traffic demand on Waxpool Road and Route 7.

At the end of May, I toured this project with VDOT and our county staff. I am happy to announce it came on time (a little early) and under-budget!

On July 28th, Loudoun County hosted a ribbon cutting ceremony of the road.

Four way stop to be installed at Mooreview Parkway and Croson Lane

On July 7th, our office received a completed traffic



analysis regarding the intersection of Mooreview Parkway and Croson Lane. The study is recommending the installation of a four-way stop as an interim condition until such time as the signal is warranted. The Moorefield Station proffer requires the installation of a traffic signal at this location once

warranted. VDOT has indicated they have scheduled the work to be complete by the start of the school year. We are hoping to accelerate this process.

Fighting rate increases and cancellation of the Long Haul buses

Unfortunately, our Long Haul buses have become a target of those who want every Loudoun commuter to use Metro. While I want Metro to succeed, I do not believe it should be at the cost of one of the most efficient commuter programs in the region. Not only are many on the Board trying to raise the rates on Long Haul from \$16 per day to \$20 per day, there is talk about cutting the program altogether. In the coming months, I will need your help to preserve the Long Haul program. Stay tuned.

As always, I appreciate your vision on the future of Loudoun County and the Broad Run District. Feel free to call me at 703-771-5088 or email me at Ron.Meyer@Loudoun.gov with any questions or comments. If you

would like to receive my monthly E-Newsletter, please subscribe at www.loudoun.gov/broadrun.

Thank you!

Supervisor Ron Meyer



We get results!

703-729-3545

Does Your Child Struggle With Reading?

the problem may be poor vision skills



Symptoms of a Learning-Related Vision Problem:

- Closing or blocking one eye when reading
- Behind grade level in reading
- Slow, difficult time reading
- Fatigue, frustration, and stress associated with homework
- Omits, inserts, re-reads letters and/or words
- Frequent loss of place when reading
- Headaches, dizziness, nausea after reading
- Poor reading comprehension
- Labeled ADD, learning disabled, or not reaching potential
- You know your child is smart, but he or she continually struggles in school

Cantwell Vision Therapy Centers, Dr. Dennis R. Cantwell, OD, FCOVD

44031 Pipeline Plaza #225, Ashburn

To learn more: www.CantwellVisionTherapy.com

REAL ESTATE

The Greg Wells Team

of RE/MAX Select Properties

No Gimmicks, Just Results!
Proudly Serving Broadlands!



#1 Agent in Ashburn

BROADLANDS HOME SALES

3/10/16-4/10/16

Townhouses	List Price	Sold Price	Subsidy	DOM
21541 Welby Ter	\$365,000	\$355,000	\$0	58
21636 Frame Sq	\$389,900	\$399,900	\$11,900	15
43262 Tumbletree Ter	\$399,900	\$406,000	\$8,000	4
21418 Falling Rock Ter	\$399,900	\$399,900	\$5,000	12

Single Family Homes

40376 Milford Dr	\$560,000	\$550,000	\$10,000	90
21309 Small Branch Pl	\$640,000	\$645,000	\$12,500	7
22165 Highview Trail Pl	\$685,000	\$665,000	\$0	43
42749 Ridgeway Dr	\$775,000	\$755,000	\$3,000	69

FREE Market Analysis of Your Home!

BroadlandsHomeSellers.com



TheGregWellsTeam.com | 571-223-2947



20937 Ashburn Rd Ste #200, Ashburn, VA 20147

Each office individually owned and operated.

IN CASE YOU NEED A HAND...

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway
Broadlands, Virginia 20148
Main: 703-729-9704 Fax: 703-729-9733
www.broadlandshoa.org · info@broadlandshoa.com
HOA Office Hours: Monday – Friday, 9:00am to 5:00pm
Nature Center Hours: First three Saturdays, 10:00am to 2:00pm

ASSESSMENT INFORMATION OFFICE

FirstService Residential: Payments and Resale Docs
Main: 703-679-1541 Fax: 703-591-5785
www.fsresidential.com · customerservice.dcmetro@fsresidential.com

Mail Payments To:

FirstService Residential
P.O. Box 11983
Newark, NJ 07101-4983

BROADLANDS ASSOCIATION STAFF

General Manager

Sarah Gerstein · sarah@broadlandshoa.com

Covenants

Susan Kuklick and Julie Holstein · covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison

Natalie Ihanainen · events@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator

Stassa Collins · scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee

Robin Crews · rcrews@broadlandshoa.com

Administrative Specialist

Julie Holstein · julie@broadlandshoa.com

Reception

Joanne Hang · joannehang@broadlandshoa.com
Maureen Trahon · maureen@broadlandshoa.com

Naturalist

Erin Fairlight · naturalist@broadlandshoa.com

BOARD OF DIRECTORS

President

Eric Bazerghi · eric@thehouse.net 703-623-1509

Vice President

David Baroody · dm.cmb@verizon.net 703-729-6785

Secretary/Treasurer

Dawne Holz · deholz@me.com 703-349-1095

Directors

Heidi Eaton · 571-232-1830
Cliff Keirce · 703-729-7320
Tania Marceau · 571-331-4381
Joseph T. Wagner · 571-333-0821
Denise Harrover · 703-425-2600

COMMITTEES

Broadlands Live Concerts: Renee Ventrice · broadlandslive@yahoo.com

Community Wildlife Habitat:

Oya Simpson · osimpson@broadlandsnaturally.org 703-725-8040*

Events: events@broadlandshoa.com

Swim Team: www.broadlandsswimteam.org

Technology: Dawne Holz · deholz@icloud.com*

Tennis: Brad Marcus · bradmarcus@gmail.com

Webmaster: webmaster@broadlandshoa.org

*Please look under Clubs and Groups for more information

NON-EMERGENCY

Ashburn Fire 703-729-0006
Dominion Virginia Power 888-667-3000
Fire Marshall 703-777-0333
Loudoun County Sheriff..... 703-777-1021
Loudoun Water (customer service) 571-291-7880
Loudoun Water (after hours) 571-291-7878
Poison Control..... 800-222-3333
State Police 703-771-2533
Washington Gas..... 703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) 1-703-753-5521

Snow Removal:

VDOT Streets..... 703-383-8368
HOA Streets..... 571-317-4369
Trash Pickup (Patriot Disposal) 1-703-257-7100
Southern Walk Association – OpenBand:
Billing – John Halfhill, FirstService Residential
John.Halfhill@FSResidential.com 703-679-1513
OpenBand Customer Service 24x7 866-673-6226
OpenBand Trouble Tickets..... 703-961-1110
Towing (Battlefield Towing)..... 703-378-0059

PUBLIC INFORMATION

Animal Control/Shelter 703-777-0406
Building Permits & Dev..... 703-777-0397
County Landfill 703-771-5500
DMV (VA) 800-435-5137
DISH 888-656-2461
DirectTV 800-531-5000
Health Department..... 703-777-0236
Library (Ashburn) 703-737-8100
Loudoun Ride On 703-777-2708
Loudoun Hospital 703-858-6000
Miss Utility 800-552-7001
Metro 202-637-7000
Parks and Recreation 703-777-0343
Ridesharing..... 703-771-5665
Road Conditions..... 800-367-7623
School Board 571-252-1000
Street Signs/Storm Drains 703-771-5666
VDOT..... 703-383-8368
Van Metre Homes 703-348-5800
Verizon Fios..... 888-553-1555
Xfinity/Comcast 800-934-6489
Wildlife Hotline (local)..... 703-440-0800

SCHOOLS - BROADLANDS

Briar Woods High School..... 703-957-4400
Eagle Ridge Middle School..... 571-252-2140
Hillside Elementary School..... 571-252-2170
Mill Run Elementary School 571-252-2160

Broadlands Pooch Pool Party!

September 10, 2016, 10:00am - 2:00pm

New Location...Summerbrooke Pool
21580 Demott Drive

Close out the summer swim season with a unique socialization and exercise activity for your dog!

Time Slots:

10:00am-10:50am

11:00am-11:50am

12:00pm-12:50pm

1:00pm-1:50pm

Four fifty (50) minute time slots.

Please sign up for your time slots at

SignUpGenius.com/go/20F0B4DA5A923A6FC1-broadlands5

Cost:

\$3.00 that you pay at the door per dog per time slot. You can sign your dog up for one, two, three, or four...it's up to you!



If you'd like your best furry pal to participate, make sure that he or she is:

- at least 6 months
- old spayed or neutered
- friendly and used to group play
- physically fit for swimming and playing
- capable of safely exiting a swimming pool

And be ready to have fun! This pool paw-ty should be a barking good time!
Come enjoy a bit from local food truck.



Owners must sign a liability waiver and bring proof of current rabies vaccination.

To ensure your pup's safety, we'll have a lifeguard on duty. Veterinary staff from Stream Valley Veterinary Hospital will be onsite for the entire event, and all proceeds from the pool party go to



Celebrating 13 Years of Rockin' in the Broadlands!

2nd FRIDAYS MAY THRU AUG, 5:00 - 9:30pm
 Hillside Park at 42935 Waxpool Rd.
 (next to the old Stone House)

Bring your blankets & folding chairs to enjoy a fantastic evening of music, food and fun brought to you by the Broadlands Live Committee, HOA and phenomenal sponsors who keep this show rocking for FREE year after year! VISIT Facebook/broadlandslive and www.broadlandslive.com for details & updates!

FRIDAYS	OPENING ACT	HEADLINER
May 13	Patty Reese Band (blues, rock)	Kelly Bell Band (phat blues)
June 10	Peter Humphrey & Oasis (Caribbean, steel drum)	Archives (reggae)
July 8	Souled Out early start at 7pm! (pop, rock, funk, R & B, dance, PARTY!)	
Aug 12	Juliana MacDowell (country, rock)	Jason Masi Band (rock, soul, funk, pop)

CHILDREN'S ENTERTAINMENT STARTING AT 5:00 PM – THIS SEASON'S LINE UP:

Creative Dance Center, Yosi, The Great Zucchini & Peter McCoy- the One-Man Band!

Swag Bag Sponsorships are still available through May 1. Please email broadlandslive@yahoo.com if interested!



VitaeXFit ★ Super Kicks ★ Taque Mexican BBQ ★
 Dominos ★ JR's Italian Ice ★ Briar Woods Crew Club

No Pets Allowed Please. NO SOLICITING FOR BUSINESSES, POLITICS, ORGANIZATIONS OR CHARITIES. BYOB but please leave the glass (beer/soda bottles, drinkware, etc.) at home. All alcohol must be consumed in the Beer Garden. Whether you are 21 or 81, YOU MUST SHOW ID FOR A WRISTBAND, NO EXCEPTIONS.

\$100 Swag Bag Raffles ♦ Photo Booth with Adorable Mascots – check Facebook for booth times!

**Broadlands HOA
FALL WINE & WREATH CLASS**

**Presented by
YASMEEN'S SASSY WREATHS**

When: Saturday, September 24th

Time: 7:00pm - 10:00pm

**Where: Broadlands Community Center
43004 Waxpool Road**

Sign up at:

**broadlandshoa.org/events/fall-wine-wreath-class/
SPACE IS LIMITED TO 60 PARTICIPANTS**

**Come out with friends and neighbors to create
a fall mini wreath while enjoying a glass wine
or non-alcoholic beverage!**

**This free event is for Broadlands residents 16
years of age and older and their guests
if space allows.**



Get Ready For the:

Southern Walk Pool Float Nights

Thursday, July 14th
Thursday, July 28th and
Thursday, August 11th
5:00pm – 9:00pm

Snacks & Drinks For Sale!

All proceeds will go towards supporting the BWHS Swim Team

Floatation Devices provided for use and are available
on a first come, first served basis.

A free fun event for Broadlands pool members and
their guests. Valid pool pass is required for entry.

Thank you to the following sponsors:



THE ZIKA VIRUS

Submitted by David Goodfriend, MD, MPH
Director, Loudoun County Health Department

The Zika virus has been known for at least 60 years and has periodically caused outbreaks of disease. Last year it came to the Americas for the first time, spreading quickly in Brazil and to neighboring countries and, in January 2016, the Virginia Department of Health confirmed a case of Zika in an adult resident of Virginia who recently traveled to a country where Zika virus transmission is ongoing. Since then, over twenty additional imported cases of Zika have been documented in Virginia, mostly from our region.

Zika is spread to people from the bite of Asian tiger or Yellow Fever

mosquitoes infected by biting other people who already have this infection. The Asian tiger mosquito is the most common nuisance mosquito in Virginia and peaks in July and August each year; it flies mainly during the day, breeds around your home in man-made containers such as bird baths, downspout extenders and flower pots, and can transmit a number of infections to you and your pet.

Most people infected with Zika feel completely fine and those who do become sick typically have mild symptoms, such as fever, rash, joint pain, or conjunctivitis (red eyes),

lasting from several days to a week. Severe disease requiring hospitalization is uncommon, but it can rarely cause a severe paralyzing condition called Guillain-Barre syndrome. Of greater concern is the significant impact this virus can have on a pregnant woman, including a serious condition in babies called microcephaly.

There is currently no vaccine to prevent and no medicine to treat Zika virus infection, so people do not need to see a doctor just because they are bitten by mosquitoes in Loudoun County. People who have been to countries with known locally transmitted Zika cases, though, should notify their doctor if they are pregnant or have these symptoms within 2 weeks of return.

Prevention is key to keeping yourself, your family and your community safe from Zika. While we don't know whether the virus will infect our local mosquitoes, we do know that you can't get Zika if you do not get bitten and that mosquitoes don't transmit anything good. Additionally, travelers from areas with local Zika transmission can infect our mosquitoes if bitten. Stay safe by wearing mosquito repellent when outside each day, by dressing appropriately, and by removing mosquito breeding grounds around your home.

More information about Zika virus, including a checklist to get rid of mosquito breeding sites, is available on the Loudoun County website at loudoun.gov/zika or by emailing the Health Department at health@loudoun.gov.



Caring Hands Animal Hospital
Keeping you a part of your pet's care 7 days a week.
43300 Southern Walk Plaza
Ashburn, VA 20148
703-726-0446
www.caringhandsvet.com

**Bring this ad in for
50% off
a physical exam!**
BROAD *New Clients Only

TID BITS OF THIS AND THAT

Thunderstorm Safety – Avoiding a Lightning Strike

Warm weather usually means fun in the sun, but summer heat also can bring severe weather. Threatening thunderstorms often loom large on summer afternoons so it's important to be prepared for downpours and accompanying lightning, which can strike outdoors or indoors. Consider the following suggestions when planning both outdoor and indoor events this summer to reduce the risk of a lightning strike.

- **Watch the weather.** Pay attention to your local weather forecast before participating in outdoor activities. If there's a chance of thunderstorms, consider rescheduling or moving events indoors. If that's not possible, have an emergency plan in place in case a severe storm rolls in and designate a sufficient nearby structure as an emergency shelter.
- **Stay inside.** If severe thunderstorms are imminent, go indoors and wait until they pass. Safe, enclosed shelters include homes, schools, offices, shopping malls and vehicles with hard tops and closed windows. Open structures and spaces do not provide adequate protection.
- **Duck and crouch.** If you're caught outside during a severe storm, it's important to crouch low on the ground, tuck your head and cover your ears to help protect yourself from harm. Do not lie down; lightning strikes can produce extremely strong electrical currents that run along the top of the ground, and laying horizontally increases electrocution risk.
- **Turn off faucets.** During a thunderstorm, lightning can sometimes be conducted through the plumbing. Avoid any type of contact with running water, including bathing, showering, and washing your hands, dishes, or clothes.
- **Turn off electronics.** All electrical appliances—televisions, computers, laptops, gaming systems, stoves, and more—that are plugged into an electrical outlet could carry a current from a lightning strike. Surge protectors will reduce the risk of damaging electronics.
- **Stay away from windows.** Not only is lightning a threat, but high winds and hail create flying debris that could be harmful during a thunderstorm. Close all windows and doors and keep away from them.



Troop members: Katie W., Anna S., Seher Y., Laurie Z., Jenna V., Erin P., Emily S., Julianna L., Reagan H., Clare D., Kyra C., Mara U.

Thank You Junior Girl Scout Troop 4758!

Broadlands Junior Girl Scout Troop 4758 earned their GS Bronze Award, the highest award a Junior Girl Scout can earn. The troop earned the award by making nature adventure backpacks for the Broadlands Nature Center.

The backpacks included themes of: Rocks & Minerals, Small Animals, Bugs and Birds & Trees. These backpacks are available for people to use as they explore and learn about nature in the Broadlands.

Broadlands Spring and Summer Fun



The Joys of Summer

\$5 OFF \$25*

*Valid only at the participating store(s) listed. One discount per purchase. Offer not valid on previous purchases, gift cards, optics, CSC memberships or sale items. Offer expires 8/31/16.



Wild Birds Unlimited
Nature Shop

44110 Ashburn Shopping Plz, Unit 174, Ashburn, VA 20147
(703) 687-4020 • www.wbu.com/ashburn

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

Kindergarten 2016-2017

NOW REGISTERING

- Full Day Private
- Half Day Enrichment



Full Day Private

- Focus on Literacy, Math, Social Studies and Science
- Small Class Sizes with Individualized Instruction
- Degreed, Experienced Team of Educators

Half Day Enrichment

- Focus on Science, Social Studies, and Health/P.E.
- Transportation, Lunch, and Snacks Provided
- Both Morning and Afternoon Schedules

571.223.3113

43635 Greenway Corporate Drive | Ashburn, Virginia 20147

www.BeanTreePavilion.com



22 Years Experience



Roof & Exterior Cleaning Professionals
YOU DO NOT NEED A NEW ROOF
LET US MAKE YOUR HOUSE LOOK NEW AGAIN!

5 STAR RATED



SOFT WASH

- HOUSE WASHING - Siding, Gutter Whitening, Soffits.
- ROOF CLEANING - Removal of black stains, Moss, Lichen (SAVE THOUSANDS OVER ROOF REPLACEMENT)

PRESSURE WASH

- SIDEWALKS, DRIVEWAYS, BRICK FRONTS, CONCRETE
- INCREASE CURB APPEAL & VALUE TO YOUR HOME
- HOA-GROUP DISCOUNTS



BEFORE



AFTER

Call Now for a Free Quote **703-454-2222**

WWW.AQUACLEANSOLUTIONSINC.COM
AQUACLEANSOLUTIONS@GMAIL.COM



DC Improv Brought to Broadlands!

Come Join Us For a Night Of Laughs with Rahmein
Broadlands' First Comedy Hour
Saturday, August 6, 2016 from 6:00pm to 9:00pm
Location: Community Center

Tickets are \$15.00 each - LIMITED NUMBER OF TICKETS AVAILABLE!
Ticket purchase price includes beverage, appetizers, & raffle entry ticket
Additional raffle tickets can be purchased.
To register visit: broadlandshoa.org/events/broadlands-comedy-hour/

This event is for residents 21 years and older...100% ID check!
Show includes mature content and language.



COMMAND-IT™

Superior computer help... **At Your Command!**



**Solve your
Most pressing
Computer problems
Today!**

- ✓ Hot button activation
- ✓ Rapid online connection
- ✓ Industry-leading security
- ✓ Pay-as-you-Go pricing

Sign Up Now: www.Command-IT.com

Command-IT is a Reston based IT services company
Tel: 888.225.0569 | Email: Info@Command-IT.com
Add: 1840 Michael Faraday Dr, Ste 302, Reston VA 20190



Choose from a Variety of
Exciting Weekly Experiences
for Ages 6-13

- Adventure Camps to D.C. Area Destinations
- Themed Camps featuring Basketball, Volleyball, Computers, Cooking, STEAM, Drama and Art

Tha Pavilion
Ashburn, Virginia
571.223.3113

BeanTree Learning
Chantilly, Virginia
703.961.8222



www.beantreelearning.com



Bored with Grilling the Same Thing? Spice Up Your Repertoire Using These Ingredients...

Grilled Avocado with Cherry Tomatoes and Herbs

- 4 avocados, halved, cut sides brushed with oil
- 4 small lemons, halved horizontally, oiled
- 2 handfuls chopped fresh herbs—
i.e. parsley, thyme, chives, basil
- olive oil
- Coarse salt
- 2 tablespoons pine nuts, toasted
- 1 pint cherry tomatoes, halved
- 1 lemon, optional

Set up your grill for direct-heat grilling. When ready, lay the cut side of avocados and lemons on the grate and grill until avocados have grill marks and are heated through, and lemons are lightly charred and caramelized. Chop whatever herbs you have on hand (parsley, thyme, lemon thyme, chives and basil in my case) then mix with some olive oil and salt. Toast nuts and slice some cherry tomatoes. Top the avocado halves with the herbs, sprinkle with nuts and tomatoes, then give the caramelized lemons a good squeeze over the avocado. (<https://food52.com/users/9997-minimally-invasive>)



Grilled Spicy Watermelon

- 1 tablespoon lime zest
- 1/4 cup lime juice
- 1/4 cup honey
- 2 teaspoons garlic chili sauce
- pinch salt
- 1 watermelon, medium sized
- 1 tablespoon fresh chopped cilantro

Preheat grill to high. In bowl, whisk together lime zest, juice, 3 tbsp. of the honey, garlic chili sauce and salt. Cut watermelon into 1-inch thick wedges. Lightly drizzle each side with remaining honey and place on grill. Grill until just browned, about 2 minutes per side. Place watermelon slices on a plate and drizzle with lime dressing. Garnish with cilantro. (<http://www.watermelon.org/Recipes/Grilled-Spicy-Watermelon#sthash.u81dNEly.dpuf>)

POOL LOCATIONS, HOURS & RULES

Please do not forget to bring your Pool Pass ID. No one will be admitted to the pools without their pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check the postings at each pool for any changes to hours of operation.

Summerbrooke Pool – 21580 Demott Drive – 703-724-9818

10:00am – 8:00pm daily, including weekdays while school is in session.

Southern Walk Pool – 43081 Village Drive – 571-223-1331

When School is IN Session: Weekday hours are 4:00pm – 8:00pm. Weekend and holiday hours are 11:00am – 8:00pm

When School is OUT of Session: Standard pool hours will be 11:00am – 9:00pm daily; August 1st to Labor Day: 11:00am – 8:00pm daily

Community Pool – 43008 Waxpool Road – 703-724-7830

When School is IN Session: Weekend and holiday hours are 12:00pm – 9:00pm. Closed on weekdays.

When School is OUT of Session: Standard pool hours will be 12:00pm – 9:00pm daily.

Lap Swim: Tuesday, Wednesday & Thursday, 5:30am to 7:50am

Please Note: NEW CHANGE - August 9th – August 25th, Lap Swim will transition from the Community Center Pool to the Southern Walk Pool for 50m lap swim.

Special Pool Hours/Closings

Thurs, Aug 11th, **Float Night – SW Pool** – 5:00pm*

Tues, Aug 9th, **Lap Swim begins at SW pool** – (see above)
Sat, Sep 10th, **Dog Swim – SB Pool** – 10:00am – 2:00pm

*Snacks & drinks for sale on this night only. All proceeds benefit the BWHS swim team.

BROADLANDS POOL RULES

GENERAL RULES

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or “Swimmies” (swim diaper) under their bathing suit
- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over
- Children under 16 years must pass the Swim test to use the diving board and slide
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit. Members must use guest passes for each guest aged 5 and older.
- Pool members are responsible for the conduct of their guests
- Adults are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules
- Members and their guests using the pools do so at their own risk
- No lifeguards are on duty at the wading pools

**MEMBERS MUST COMPLY WITH ALL
LIFEGUARD INSTRUCTIONS**



Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website Broadlandshoa.org.

THE DANGERS OF BREATH HOLDING

The Fun and Games of Breath Holding - What you never knew about Shallow Water Blackout

- On Wednesday, September 17, 2014, at a YMCA pool, a 24-year-old man blacked out after repeatedly holding his breath underwater for long periods of time. A lifeguard recovered him from the pool, but the man never regained consciousness. He died in the hospital the following day.
- On Saturday, December 26, 2015, at a YMCA pool, a 21-year-old man blacked out after holding his breath for an extended period of time while swimming laps. A lifeguard and bystanders recovered him from the pool, but the man never regained consciousness. He was pronounced dead on the pool deck.
- On Sunday, March 20, 2016, at a YMCA pool, a 43-year-old man blacked out after repeatedly holding his breath underwater for long periods of time. A lifeguard recovered him from the pool, but the man never regained consciousness. He was pronounced dead that evening.

Many of our residents (frequently children) enjoy seemingly innocent games of holding their breath underwater. These are normally done either to play/swim underwater or to compete against one another to see who can hold their breath the longest. Whether playing with friends or challenging themselves, people young and old take on the challenge. While this age old pastime may seem perfectly harmless, it can easily turn into a deadly game. The problem is that swimmers take several deep breaths quickly in succession and forcefully exhale to try to extend the amount of time their breath can be held. This

may result in hyperventilation. This is an extremely dangerous practice that can easily lead to shallow water blackout, or the unexpected passing out of someone underwater because there isn't enough oxygen in the blood. Hyperventilation and breath holding trick the body into thinking that it has more oxygen than it does and anyone can blackout. Most blackout victims have no prior medical conditions, they are physically fit, and there is no warning. Swimmers will not struggle to reach the surface; they will simply go unconscious. For these reasons, our guards are trained to put a stop to these games by whistle blowing and speaking to those partaking in this type of activity.

Shallow Water Blackout, also known as Hypoxic Blackout, is killing swimmers all over the country. At least 5 swimmers have died since 2008. At least 18 more have been successfully rescued after losing consciousness following extended breath holding—incidents which could easily have ended in a fatal result had they not been identified in time. During this same amount of time, 5 children who could not swim died from drowning in YMCA pools—the equal number of deaths seen from Shallow Water Blackout.

For more than a decade the aquatic safety community has been highlighting the dangers of Shallow Water Blackout. Broadlands Association and High Sierra Pools have banned this practice in our swimming pools.

It is important to note that USA

Swimming, the largest competitive swimming organization in the world with more than 360,000 participants now bans hypoxic training for competitive swimmers. So does the American Red Cross and the YMCA. The reason why many people are unaware of this particular problem is that when someone dies of Shallow Water Blackout the Coroner simply states “drowning” as the real cause and the problem is swept under the rug. Genetic Drowning Triggers like Long Q-T, RyR2, and seizure disorders are all precipitated by prolonged breath-holding that is competitive and repetitive. As Dr. A.J. Craig stated more than 50 years ago after having watched his Princeton Swim Team Co-captain kill himself, “One breath, One Time; One Length, One Time.”

- Never swim alone. Even when lifeguards are present, swim with a buddy.
- Do not attempt long underwater swims or timed breath holding.
- No breath holding competitions, either for time or distance.
- Never hyperventilate prior to swimming.
- Don't resist the urge to breathe: always come up for air when your body tells you to.

SWIM LESSONS

High Sierra Pools (HSP) is offering swimming lessons this summer at the Southern Walk and Summerbrooke Pools in Broadlands. If you are interested in having your child participate, please visit our website www.highsierrapools.com for more information and online registration or you can send an email to lessons@highsierrapools.com or call our office at 703-920-1750. Each session is composed of eight lessons taught over two weeks; Monday through Thursday, with Fridays reserved as make-up days. Each lesson lasts 30 minutes. All children must be at least 3 years old to enroll in any swimming lesson.

The Following Types of Lessons are Offered Each Session:

- **GROUP LESSONS** - There is a minimum of four children needed in order to organize a group and run group lessons. The maximum number of children per group is seven. The cost is **\$80** per child.
- **SEMI-PRIVATE LESSONS** - Semi-private lessons are offered for two students in a group. These groups must be pre-arranged by parent(s). HSP unfortunately cannot organize these groups. The cost is **\$140** per child.
- **PRIVATE LESSONS** – One-on-one lessons for a single student. The cost is **\$280** per child.

The deadline for signing up is one week before the start date of the session. Payment will also be due by that time.

Swim Lessons Sessions

Number of session	week 1	week 2	Make-up days
SESSION 1	6/27/2016 - 6/30/2016	7/5/2016 - 7/8/2016	1-Jul; 9-Jul
SESSION 2	7/11/2016 - 7/14/2016	7/18/2016 - 7/21/2016	15-Jul; 22-Jul
SESSION 3	7/25/2016 - 7/28/2016	8/1/2016 - 8/4/2016	29-Jul; 5-Aug
SESSION 4	8/8/2016 - 8/11/2016	8/15/2016 - 8/18/2016	12-Aug; 19-Aug
SESSION 5	8/22/2016 - 8/25/2016	8/29/2016 - 9/1/2016	26-Aug; 2-Sep

*No lessons on July 4th, the lessons will be held on July 8th instead

**Lessons at Southern Walk on Jun 29, Jul 6, Jul 13 between 8:00 PM and 9:00 PM will be rescheduled to Fridays or the lessons time will be extended during the following days.

Summerbrooke Pool

Morning Times	Levels
8:30 AM - 9:00 AM	Nemos / Sea Turtles / Private / Semi-private
9:00 AM - 9:30 AM	Nemos / Sea Turtles / Private / Semi-private
Evening Times	Levels
6:30 PM - 7:00 PM	Private
7:00 PM - 7:30 PM	Private / Semi-private
7:30 PM - 8:00 PM	Private / Semi-private
8:00 PM - 8:30 PM	Nemos / Sea Turtles / Dolphins
8:30 PM - 9:00 PM	Sea Turtles / Dolphins / Sharks

Southern Walk Pool

Morning Times	Levels
9:40 AM - 10:10 AM	Dolphins / Sharks / Private / Semi-private
10:10 AM - 10:40 AM	Dolphins / Sharks / Private / Semi-private
Evening Times	Levels
8:00 PM - 8:30 PM	Dolphins / Sharks/Private / Semi-private
8:30 PM - 9:00 PM	Dolphins / Sharks/Private / Semi-private / Adults Group

ABOUT YOUR FITNESS...

The Way to 10,000

By, Katie Herbert, CPT

Fitness.innovations@gmail.com

One of the most common fashion accessories these days is some kind of activity tracker. From fitbit to jawbone to Apple watches, you are more likely to see someone with one of these monitors than without. Fitness professionals are no different: I love the ability for instant heart rate feedback during my workouts. But one of the most common reasons that people purchase the devices is to view steps per day. I was shocked to see just how drastically my steps dropped when school ended, I lose about 5000 steps a day when I am not walking the kids to and from school, that's a lot to make up!

Studies have shown that depending on your stride, 10,000 steps is equivalent to about 5 miles. While this isn't enough for significant weight loss, it will aid in weight maintenance and overall increased health like increased bone density. For more bang for your buck, look to a lower calorie diet and you are on your way to a healthier you!



The good news is that you don't need to invest a fortune in an activity tracker, a simple pedometer will do just as well if you won't use all of the other features that the more costly monitors boast. 10,000 can seem like a huge number but by making a few changes in your daily habits it can become quite doable.

How to get your steps in:

1. Start and end your day with a short walk.
2. Park further from the store entrance.
3. Pace while chatting on the phone.
4. Climb one set of stairs every time you check facebook or send a text.
5. Challenge yourself to get up at the top of the hour to get water when at work. This works two-fold, you have to walk to get the water but you will also have to walk to the bathroom more from all of the water you will be drinking.
6. Meet up with a friend to walk to the coffee shop instead of meeting at the coffee shop.
7. Take the stairs at work instead of the elevator.
8. Include kids or your significant other on the quest and make it a friendly competition.
9. If lifting weights, walk a lap in the gym between sets.

It is important to note that if you have not previously been exercising much 10,000 will be a lofty goal. Before you really go for the 10,000 check out what your daily step count averages. If you find that you are closer to 2,500/day then you should start with a goal of 5,000/day. Once you get there for a week jump it to 7,500/day and so on.



JOIN OUR WINNING TEAM!

PSS is the premier swim school in the DC Metro area. Our professional aquatic instruction, utilizing our proprietary curriculum, integrates a unique combination of psychology, education and methodical swim techniques which truly saves lives.

SWIM INSTRUCTORS, DECK AND FRONT DESK ASSISTANTS

We need people with these characteristics:

- Possess a genuine LOVE for children
- Positive, Enthusiastic team player
- Motivated, Punctual, Reliable and Trustworthy
- Willingness to Learn
- Excellent Communication Skills

We hire the character and train the skills!

Send your resume and letter of interest to:
info@potomacswimschool.com

21730 Red Rum Drive, Suite 107, Ashburn, VA 20147
T: 703.726.2500 F: 703.726.1587 www.potomacswimschool.com

The Ashburn Ice House A Great Place To Learn To Skate



Register for **EARLY FALL LEARN TO SKATE CLASSES**

The Ashburn Ice House offers a challenging, rewarding, and fun way to learn ice skating.

We offer group skating lessons for ages 3 to adult.

Classes are 7 weeks in length and are 30 minutes long.

Classes are offered on Weekdays and Weekends.

Begin a new sport today!

First time enrollees in Early Fall Introduction to Hockey Skills Class receive a full set of Hockey Equipment

Public Skate Admission Rates:

Adults (13 and up): \$8.00 - Children (Under 13): \$8.00 - Seniors: \$5.00
Skate Rental: \$5.00 - Group Skate: \$8.00 - Cheapskates: \$7.00

Large groups and camps are always welcome. Call for rates and times.
Visit our web site at www.ashburnice.com

BIRTHDAY PARTIES ARE COOL

AT THE ASHBURN ICE HOUSE
CALL 703-858-0300 TO BOOK YOURS TODAY!



The Ashburn Ice House is located at
21595 Smith Switch Rd. Ashburn, VA 20147
www.ashburnice.com 703-858-0300

\$60,000

DREAMS GIVEAWAY CELEBRATING 60 YEARS OF SERVICE

Every qualified loan is an automatic entry for a chance to win.

- Credit Cards
- Mortgages and Home Equity
- Auto Loans
- Personal Loans

AppleFCU.org/DreamsGiveaway



*The \$60,000 Dreams Giveaway ("Giveaway") begins at 12:00 a.m. (Eastern Time ("ET")) on 01/01/2016 and ends at 11:59 p.m. (ET) on 12/31/2016 (the "Giveaway Period"). Members who secure a qualified Apple FCU Loan or Credit Card during the Giveaway Period and have their financing disbursed 01/01/2016 to 12/31/2016, will be automatically entered to win. EXCLUDES all Business Loans and Indirect Auto Loans (those financed on-site at an Apple FCU dealer partner). NO PURCHASE NECESSARY. For the complete Terms and Conditions, visit AppleFCU.org/DreamsGiveaway. Membership eligibility required. Equal Opportunity Lender.



Ashburn Branch
43330 Junction Plaza, #105



ABOUT YOUR FITNESS...

BROADLANDS TENNIS PROGRAMS BROUGHT TO YOU BY THE LUIS ROSADO TENNIS ACADEMY

Luis and his staff bring over 20 years of experience to the Broadlands Community.

Visit LuisTennis.net for details and registration for all programs

8 Week Group Sessions - Now Enrolling!

Session III - ongoing - August 14

Session IV - August 15 - October 9

Session V - October 10 - December 4

1 Hour Junior Clinics

Ages 4-10 - All levels

Monday through Friday, 5:00pm

Saturday & Sunday, 10:00am & 11:00am

Ages 11-16 - Beginners

Monday through Friday, 6:00pm

Saturday & Sunday, 10:00am & 11:00am

1.5 Hour Junior Clinic - ages 10-16

Advanced / Intermediate

Monday through Friday, 6:00pm

1.5 Hour Adult Clinic - All levels

Monday through Friday, 9:00am

Tuesday and Thursday, 7:00pm

Saturday & Sunday, 8:30am

For 1 and 1.5 Hour Class Resident / Non Resident Pricing visit
broadlandshoa.org or luistennis.net

Clinic Drop In Fee: \$28 residents; \$30 non-residents

Private/Group Lessons. Visit broadlandshoa.org or luistennis.net for more information and pricing.

Summer Tennis Camps

Ongoing - August 25 for Ages 5 - 14 years

Monday through Thursday, 9:00am - 1:00pm
(Friday make up in case of rain)

Week 8: August 1- 4

Week 9: August 8-11

Week 10: August 15-18

Week 11: August 22-25

Resident \$176 / Non Residents \$185 per week

Weekly Junior Round Robin Tournaments (\$20.00 per Tournament)

11 years and over - Saturdays, 12:00pm - 2:00pm

10 years and under - Sundays 12:00pm - 2:00pm

Visit broadlandshoa.org or luistennis.net for more information. Please email
Luis Rosado at LuisTennisAcademy@gmail.com or broadlandstennis@yahoo.com if you have any questions.

BROADLANDS "BOYS NIGHT OUT" DOUBLES TENNIS LADDER

Description: We have reserved the Nature Center courts on Sunday nights for a men's doubles ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. Courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night starting at 6:00pm, rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com or visit the Broadlands tennis website: www.BroadlandsTennis.org.



a n d

CREATING POLLINATOR SANCTUARIES

Volunteers Needed for Community Planting

When:

Wed. Oct. 19th 9:00am – 11:00am

Thu. Oct. 20th 9:00am – 11:00am

Fri. Oct. 21st 9:00am – 11:00am

Small perennials will be planted. Plants from existing gardens may be available for volunteers to take home to transplant.

Learn about:

colorful native plants
deer and rabbit won't eat, evergreens, ground covers, drought tolerant or water loving, even low maintenance ones of

To sign up send an e-mail to:

osimpson@broadlandsnaturally.org

PLANT

GROW

CREATE

SHARE





Dentistry for the **WHOLE FAMILY**



Dr. Suhad Kim



Dr. Michael Kim

*In-Network with
most insurances*

*Always accepting
new patients*

**goose
creek
village
dental**



21001 Sycolin Road, #240
Ashburn

(703) 723-4224

goosecreekvillagedental.com

**ENJOY THE FLAVORS
OF SUMMER!**

Here at Robeks, we pack only the freshest fruits and veggies of the season into every smoothie and fresh juice!

MAHALO MANGO SMOOTHIE

PASSIONFRUIT COVE SMOOTHIE

EVERGREEN

43145 Broadlands Village Center, Ashburn
21012 Southbank St, Sterling
www.ROBEKS.com © 2016 Robeks Corporation

Gentle Dental Care

Offering the care from an experienced team that listens patiently and caters to your needs

...In the heart of Broadlands



7038581904

42882 Truro Parish Drive, Suite 208, Broadlands, VA 20148

FRONTDESK@ASHBURNDENTALCARE.COM

WWW.ASHBURNDENTALCARE.COM

IMPLANTS

**Precision Guided,
Virtual Placement**



ADA
American
Dental
Association®



NORTHERN
VIRGINIA
DENTAL
SOCIETY
FOUNDED 1981



CROWNS

**Same Day,
No Impressions!**

SMILE DESIGN

invisalign®
ClearCorrect®

CEREC®
One-visit dentistry

ZampielloPAINT

Contractors, Inc. 

"Quality Home Services Since 1992"

Do you have **ROTTEN WOOD** problems?
Green mold on your **SIDING, DECK** or **FENCE**?
PEELING PAINT, NAIL POPS & DRYWALL CRACKS?
Are you tired of receiving **HOA VIOLATIONS?**

We understand & can help you make your HOME look NEW again!

OUR SERVICES

- Interior Painting
- Exterior Painting
- Rotten Wood Repair
- Drywall Repair
- Deck Cleaning
- Crown/Chair Rail
- Siding Cleaning
- Wallpaper Removal



The Zampiello Family

Zampiello Paint is a family owned and operated business celebrating over 25 years of service.

Call or visit us today!

703-263-1000
zampiellopaint.com

License, Bonded & Insured



big smiles for little kids

sm:)ez
pediatric dental group



NEW PATIENT SPECIAL!

\$69
COMPREHENSIVE EXAM
(YOU SAVE \$379)

CLEANING, X-RAY & COMPLETE EXAM

- EVENING HOURS TAKE THE HASSLE OUT OF YOUR SCHEDULE
- YOUR CHILD WILL FEEL COMFORTABLE AND SAFE
- SEDATION IS ALWAYS AN OPTION
- YOUR CHILD WILL HAVE FUN IN OUR STATE OF THE ART OFFICE
- NO WORRY FINANCING MAKES TREATMENT EASY

Your Kids Will Love To Smile

EVENING HOURS AVAILABLE
9:00AM - 7:00PM

703-293-5930

www.PediatricDentistLoudoun.com

24565 Dulles Landing Drive
Suite 150, Dulles, VA 20166



LOUDOUN DENTAL ASSOCIATES

There is no better time to make an appointment with the area's top dentist office.

- ▶ Dental Implants ▶ Cosmetic Dentistry
- ▶ Periodontics ▶ Sedation Dentistry

TOP DENTIST AGAIN

by Northern Virginia Magazine

BEST DENTIST

by Washingtonian Magazine



Dr. Choi and his staff did a phenomenal job! Great experience in a comfortable setting and great location. I definitely recommend LDA.



Awaken Your Beautiful Smile

\$79
NEW PATIENT SPECIAL

- ▶ X-Ray
 - ▶ Comprehensive Exam
 - ▶ Cleaning
- You Save \$293.00

FREE
Emergency Exam!
Includes necessary X-Rays and Screening

24565 Dulles Landing Drive
Suite 190, Dulles, VA 20166

Located Next To The Walmart

www.LoudounDentalAssociates.com

Call Today: **703-810-7061**

BROADLANDS HELPERS LIST

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1998 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

Not Available on Website Edition

Key:

- (B) Babysitter's Course
- (C) CPR
- (R) Rescue Breathing
- (F) First Aid
- (D) Dog & Cat First Aid

**All area codes are 703 unless noted.*



The Briar Woods High School Swim Team would like to thank our Sponsors: the Broadlands HOA, High Sierra lifeguard staff, and LCPS staff members for supporting our fundraising efforts during the 2nd Annual Summer Carnival. We are grateful for your generosity and for providing us with the means necessary to organize and coordinate our event at the Southern Walk pool.

Without you we couldn't have done it!!

AYS COMPANY AT YOUR SERVICE COMPANY
 HOME IMPROVEMENT AND CONSTRUCTION CONTRACTORS
\$775 Off Additions & Basements
10% Off All Projects (Max. \$4000)
 ADDITIONS • BASEMENTS • BATHROOMS • DECKS • GARAGES • KITCHENS SCREEN ENCLOSURES • SIDING & ROOFING • DRYWALL & CARPENTRY • WINDOW & DOOR REPLACEMENT
 Over 37 years in business!
703-437-9265 or 703-898-4990
www.ayscompany.weebly.com

 **Lori Christ, CPA LLC**
 Lori@LoriChristCPA.com -Certified Public Accountant
 703-304-5173 -Enrolled to Practice before the IRS
 *Individual Tax Planning & Preparation
 *Bookkeeping for Small Businesses
 *Monthly Financial Statements
 *Business Tax Consulting & Preparation
 *Small Business Set up
 *Sales Tax Returns, Payroll Tax Reports

 **KRIS' PAINTING SERVICE, INC.**
 Loudoun County Custom Painting Expert Since 1999

- Free Estimates
- Custom Interior Painting
- Faux Finishing
- Epoxy Garage Floor Coating
- Drywall Hanging/ Refinishing/Repair
- Tiling
- Interior & Exterior Carpentry Work
- Wallpaper Removal
- Exterior Painting
- Power Washing Decks & Homes
- Exterior Carpentry Work
- Color Matching and Consulting
- Licensed & Insured #2705073306

 
571-220-0749
 Www.Krispaintingservice.com Krispaintingserv@aol.com

 **Larry Miller, Inc.**
 Specializing In Window Cleaning, Power Washing & Gutter Services
 20 Plus Years' Experience
 Residential in Northern Virginia
 Licensed & Insured
 Get Free Estimates Online at www.windowcleaningservice.net
 Office: 703-723-7770
 10% off when you like us on Facebook!
www.facebook.com/larrymillerinc
 On the Board of Directors for the Int'l Window Cleaners Assn. 

P & D PLUMBING Licensed • Insured
 WE GUARANTEE ALL OUR JOBS
 No job too small or too big. We do it all!
703-939-4473
www.panddplumbing.com • pndplumbing@hotmail.com
Wanna do it right? Gotta get a pro!

CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@broadlandshoa.com.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BAC - BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail.com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

Please join us for an in-depth Women's Bible Study beginning Tuesday, September 6th. We will be doing a 6 session study - Seamless: Understanding the Bible as one Complete Story by Angie Smith. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info visit cspack1484.org.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub.broadlands@gmail.com.

MOMS IN PRAYER - EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MOMS IN PRAYER - MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & SPIRITUALITY FOR MOMS

Are you looking for some relief from the challenges of motherhood? SAM is a group for Moms living near or in Ashburn interested in learning about a variety of stress reduction practices and supporting each other's spiritual fitness and well-being. We meet on the 3rd Sunday of each month from 4pm-7pm. For more info or to join email Shea at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30pm in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

THE HAPPY HATTERS

The Happy Hatters will meet on August 20th for bingo and a potluck lunch. Please contact Peggy - 703-723-3056 for more information.



AUGUST CLASSIFIEDS



EARLY CHILDHOOD EDUCATION/DAY CARE

ELTAYEB HOME CARE: We now have openings, infant to school age, and can provide transportation for children attending Hillside Elementary. We open at 7:00am and close at 5:00pm. State-licensed, over 20 years of experience, multi-lingual instruction. Please call 703-509-8822 or 703-336-7707.

HELP WANTED

PART-TIME. WORK FROM HOME. VERY FLEXIBLE HOURS: Broadlands resident's online book business looking to hire part-time staff. Job duties will include photographing books, listing books for sale on internet, packaging books, delivering packages to Post Office. Must have driver's license. 20-40 hours / month. Work from your home. Very flexible hours. \$10 - \$15/hr. If interested, please email Luca at Zedsbooks@yahoo.com.

ANIMAL LOVER: Do you love dogs? Small professional dog walking & pet sitting company looking for employee to join team. If you are available Mon-Fri, 11-2, year 'round, we have opening in Ashburn. Also need pet sitter in AM and PM to take care of pets when clients are on vacation. Ideal for stay at home mom with older kids, retiree looking for part-time work or grad student. Must be >21, love all size animals & live in Ashburn area. Please call Pitter Pat at 703-459-8849 for more details or email pets@pitter-pat.com.

INSTRUCTION - ARTS/MUSIC

STUDY/LEARN THE CLASSICAL GUITAR: Currently accepting new students. Please visit www.ashburnguitarstudio.com for more information.

MUSIC LESSONS NOW: At a professional music school just minutes from your home. Private lessons at our state of art facility in piano, guitar, drums, voice, violin, flute, clarinet, sax or trombone. Our University trained teachers have produced more LCPS award and competition winners in the past 14 years than any other area school. Group lessons, Summer Programs are also available. Call now to schedule a tour or sign up on line 703-123-1154 MINTONS ACADEMY OF MUSIC, mintonsmusic.com.

BAND INSTRUMENT RENTALS: \$6.99 or less per month for your first 3 months, starting in July. All top name brands, Loudoun educator approved. We carry band books, accessories and give private music lessons for all instruments. Mintons Academy of Music: in Ashburn on Red Rum since 2002. 703-723-1154, mintonsmusic.com

SAXOPHONE AND FLUTE LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. In-home lessons available; endorsed by LCPS; references. Please call 703-777-4352 or email SivardStudio@gmail.com.

INSTRUCTION - TUTORING

TUTOR: SAT, AP, College Prep, reading/writing. Current students instructed: grades 3rd-12th. AP, SAT, College Pathway Coordinator and Data Analyst administrator. PhD Candidate and previous teacher of year. Can provide 20+ exemplary references. Local and Flexible. 703-439-9662; nick.humbert@gmail.com.

NEED MATH HELP? I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (www.turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438, or email me at: aplustestprep@verizon.net.

HEALTH/FITNESS/WELLNESS

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Get fit now with my 26+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@gmail.com; www.fitnessgova.com.

JOYOGA: Fall classes start Sept 5. Be sure to look at the calendar at joyoga.us to register for classes online. Also, the waiver, medical & registration forms may be brought to your first class – please arrive 15 min. before start of class to give to your teacher. Hopefully we will be offering something you are interested in. The studio will be closed from August 15 until the fall classes begin on Sept. 5. If you have any questions regarding a class, you can look at the site under Classes Offered to see a description of each class. Feel free to call me at 703-850-8386.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/ SMALL COMMERCIAL & RESIDENTIAL: Trouble shooting experts! Specializing in High Chandelier installs, Recessed light installations and Home Inspection items. In Ashburn since 1999! Call (703-723-6501) or email baneelectric@comcast.net.

HOME SERVICES

GRASS MOWING AND LANDSCAPING: Excellent service for end unit town homes, single family, absentee landlords and real estate agents handling vacant home sales. Mow, edge, trim and blow plus Scott's seasonal applications available. A great gift idea! **JG Lawn Service.** Email: jackthedecker@aol.com or 1jackthemower@gmail.com.



AUGUST CLASSIFIEDS



DRAINAGE SOLUTIONS: 30 Years' experience. Eliminate standing water. French Drains, Downspout Extensions. Machine Grading. Excellent references. SUPERIOR LANDSCAPING, INC. (703)830-8800, superiorlandscaping.net.

HOME IMPROVEMENT CONTRACTOR: Specializing in remodeling bathrooms, remodeling laundry rooms, express water heater replacement (24/7), hot tub installations, plumbing, electrical work, finishing basements, and expert at waterproofing wet basements. 30 years' experience. For all your home improvement needs, please call Marc at 703-724-0772.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike.Rosario@verizon.net.

QUALITY TURF CARE: Lawn maintenance – mowing, trimming, and edging. Free estimates. Ashburn resident servicing the community for 20 years. Also available to take care of your lawn while you're on vacation. Contact Tim Weaver @ 703-967-9603 or email tbweaver5@gmail.com.

PROFESSIONAL SERVICES

ASHBURN LAW OFFICE, PLC: We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, Attorney@Ashburn-Law-Office.com.

TAX SEASON'S HERE! Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or sophear.uoy@sophearcpa.com.



HOUSE CLEANING

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

MARKETPLACE

MARY KAY: Beauty on a Budget. Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today, Deborah Leben 703-217-4583 dleben@marykay.com or visit marykay.com/DLeben.

PET SERVICES

AROUND MIDNIGHT PET SERVICES, LLC: Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, www.aroundmidnight.net. Now hiring – join our team!

How to Place Classified Ads

Classified ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

Monthly Rates:

Resident Rates	Non- Resident Rates
Monthly - \$10.00	Monthly - \$20.00
Personal (For Sale) Ads \$0	

Payment and Ads:

Please email ads to: scollins@broadlandshoa.com.

Checks, credit cards or cash accepted.

Buy now online!

Make checks payable to "Broadlands Association".

No cancellations after the deadline.

Mail to or drop off payments at:

Broadlands Association
21907 Claiborne Parkway
Broadlands, VA 20148

For more information contact:

Advertising Manager:

Stassa Collins, (703) 729-9704,
scollins@broadlandshoa.com

ADVERTISING DIRECTORY

DENTAL / ORTHODONTIA

Ashburn Dental Care	27
Goose Creek Village Dental	27
Loudoun Dental Associates	28
Smilez Pediatric Dental Group.....	28

EDUCATION /CAMPS

Bean Tree Pavilion-Kindergarten & Summer Camps....mid	
Primrose School at Broadlands.....	36

FINANCIAL SERVICES

Apple Federal Credit Union	24
Lori Christ, CPA LLC	30

HEALTH

Cantwell Vision Therapy Centre	11
StoneSprings Hospital Center.....	35

HOME SERVICES

AYS Company-Home Improvement/Construction	30
Aqua Clean Solutions	mid
Climatic Heating and Cooling, Inc.....	2
Kris's Painting Service, Inc.....	30
Larry Miller Window Cleaning and Power Washing.....	30
P&D Plumbing.....	30
Zampiello Paint Contractors, Inc.	28

PETS

Caring Hands Animal Hospital.....	17
Stream Valley Veterinary Hospital.....	2
Whole Pet	2
Wild Birds Unlimited.....	mid

PROFESSIONAL

Command-IT	mid
------------------	-----

REAL ESTATE

Bonnie Selker, Keller Williams	36
The Greg Wells Team, Re/Max	11

RECREATION / INSTRUCTION

The Ashburn Ice House	24
Potomac Swim School	24

RESTAURANTS

Robeks.....	27
-------------	----

ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the initial deadline.

ADVERTISING

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at broadlandshoa.org on the newsletter page. **DEADLINE: Ad, payment and Insertion Order Form submissions are due the 1st day of the month prior to the issue. (Ex: Jan 1 for Feb's issue.)**

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$75*
 1/4 pg (3.625" W X 4.875" H) \$165 /\$140*
 1/2 pg (7.5" W X 4.875" H) \$295 /\$270*
 Full pg (8.5" W x 4.875" H) \$550/\$525*

COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$225 /\$210*
 1/2 pg (7.5" W X 4.875" H) \$425 /\$405*
 Full pg (8.5" W X 11" H) \$1050 /\$900*

COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$240*
 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240*
 1/2 pg (8" W X 4.875" H) \$475/ \$455*
 Full pg (8" W X 8"H) \$1050/ \$950*

**Notes discounted price if 6 or more months are prepaid
 Add 10% to base price above for preferred placement
 Color space is limited, please inquire.*

PAYMENTS (Due when Ad is submitted)

Check Payments: Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

Credit Card Payments: Please stop by our office to pay in person or visit our website at <http://www.broadlandshoa.org/forresidents/newsletter/> and click on the "Buy Now" PayPal button. Be sure to include your contact information when checking out.

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704. Please **Note:** Advertisers in the Broadlands Newsletter *are not* endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL

The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.



StoneSprings Hospital Center

HCA Virginia Health System

An HCA affiliate



BECAUSE SOMETIMES EVEN THE SIMPLEST THINGS DON'T GO AS PLANNED.

Things happen. It's just a fact of life. So whether it's a minor injury or something more serious, StoneSprings Hospital Center is here for you.

Our 24-hour emergency department offers the highest quality of care—right when you need it most. With the most advanced technology, board-certified physicians and short wait times, our ER provides exceptional emergency care close to home.

Hwy 50 & Stone Springs Blvd.

StoneSpringsHospital.com

571.349.4000

EXPECT



EASIER

Broadlands Association, Inc.
 21907 Claiborne Parkway
 Broadlands, VA 20148

PRSR STD
 U.S. POSTAGE
PAID
 GAM PRINTERS
 PERMIT #379
 DULLES, VA

FACT:

There are multiple ways to teach a child how to solve a math problem.

PRIMROSE WAY:

We love the ones that factor in a love for learning.

SEE BALANCED LEARNING IN ACTION. CALL FOR A TOUR TODAY.

Infants - Private Kindergarten & After School

Primrose School of Ashburn at Broadlands

(Next to St. Theresa's Catholic Church)
 21367 Shale Ridge Ct | Broadlands, VA 20147
 703.724.4200 | PrimroseBroadlands.com



Bonnie Selker
KELLER WILLIAMS

SOLD!

Call Bonnie to Sell Your Home Too!
 703.728.2292 or bselker@KW.com

Call or Text Ahead!

Let's talk Real Estate!
 Meet me at Blend Coffee Bar
 in Broadlands South! Mondays
 9-10 am or by Appointment



Selling?
Buying?
Staging?
Career?

Meet **Bonnie Selker** @ **blend COFFEE BAR**

BonnieSelker.com 703-728-2292