

February 2017

BROADLANDS

Our Neck of the Woods

Happy Valentine's & Presidents' Days!

The HOA Offices and Nature Center will be closed on Monday, February 20th for Presidents' Day.

Trash and yardwaste will be collected on a regular schedule.

Please visit broadlandshoa.org for more information.

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FEBRUARY 2017



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February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2	3	4 Nature Center Open 10:00am - 2:00pm
5	6	7 BOD Meeting 6:00pm - CH	8	9	10 Newsletter Submissions Due by Noon	11 Potion's Class 301 10:30am - NC
12	13	14	15	16 Modification Subcommittee Submissions Due 12:00pm - NC	17	18 Nature Center Open 10:00am - 2:00pm
19	20 HOA Offices & Nature Center are closed for Presidents' Day. Trash & yard waste will be collected on a regular schedule. Nature Center Adventures- 7:45am-NC	21	22 Events Committee Meeting 6:30pm - CH Modification Subcommittee Meeting 7:00pm - NC Tech Comm Meeting 7:30pm - NC	23	24	25
26	27	28				

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SB=Summerbrooke Pool

BROADLANDS COMMUNITY INFORMATION

BROADLANDS ASSOCIATION BOARD OF DIRECTORS MEETING

PLEASE NOTE EARLY DATE

Tuesday, February 7th - 6:00p.m.

*The Clubhouse
43360 Rickenbacker Square*

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

BOARD MEETING HIGHLIGHTS

The following actions were taken by the Board of Directors at their meeting held on January 10, 2017

- Approved minutes of December 13, 2016 meeting
- Addressed questions from resident about SW utility easements
- Discussed homeowner comments regarding trash can violations, directed management to issue violation letters for any container views on non-trash day, in accordance with Declaration.
- Closed violations for common area retaining walls on three units
- Approved applications for retaining walls on common area on two units
- Approved application for tree and retaining wall in common area on one unit
- Denied a modification appeal for a replacement front light fixture
- Executed an assignment contract for security from NHSS to SOS
- Approved a catch and release fishing event at Bullfrog Pond
- Denied a request to paint murals on the tunnels
- Denied a request to install a bioremediation island at Bullfrog Pond
- Assessed a \$50 fine for a helium balloon at the Community Center
- Established the Annual Meeting date as Wednesday, May 10th

GET INVOLVED!

As spring approaches on the horizon, the days get a little longer, and we begin to wake from our winter hibernation, now is an excellent time to consider how you want to get involved with the HOA for the year. Broadlands is fortunate to have many outstanding committees that coordinate our incredible offerings but in order to keep up the energy, host new diverse events, and continue the tradition of good family fun, we need volunteers to help lead and assist with all those activities.



Want to get involved but don't know how? Each committee plays an integral role in the operation of the community. We rely heavily on the volunteers to develop and implement the programming that we have throughout the year. Our core group involves over 50 active and generous residents who devote thousands of hours into the planning of and hosting events and we are always open to additional support and ideas from you. Joining a committee is a great way to meet your neighbors, take pride in your community, and set a good example for the kids. Volunteers tell us every year how rewarding it has been for them to give back to their community.

The Technology Committee puts on programs like Flicks in the Sticks in order to provide a wonderful free movie night which is wholesome fun for the entire family. Broadlands Live! is one of the few free concert venues in the region, not to mention being able to bring your own food and beverages and not get gouged by overcharging beer and wine vendors. The Events Committee hosts numerous family, adult, and kid themed events through all seasons, with effort made every year to revamp or improve things.

Why should I volunteer for a committee, you ask? Without the volunteers, we would not be able to put on all of the activities you have come to expect from us. One of the things that make Broadlands the wonderful place to live is that we have such amazing events and people working on them. Without volunteers, we would be forced to either pay for the time and talent contributed by our volunteers, which would drive up the cost of attending the events and of the HOA fees, or we would have to cut events from our budget and our community. *See Get Involved on page 7*

MODIFICATIONS & COMMUNITY INFORMATION

MODIFICATIONS SUBCOMMITTEE

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the *first and third Wednesdays, March through October, and only the third Wednesday, November through February.*

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review these guidelines and the updated changes on our website. Visit broadlandshoa.org/for-residents/designguidelines/ for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

HOW AM I NOTIFIED OF MY RESULTS?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery.

Modifications Subcommittee Submission and Meeting Dates

Submission Date	Meeting Date
February 9th	February 15th
February 23rd	March 1st
March 9th	March 15th
March 30th	April 5th

MODIFICATIONS CORNER - *EXTERIOR LIGHTING*

Before you make any modification change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review.

Approval is required for any additional lighting fixtures or replacements that differ in style, size or color from the original builder installed fixtures. According to the lighting design guidelines: "All exterior lighting fixtures on the same elevation of the house must be of similar style, size and color."

Please refer to the lighting design guidelines for more details and submission requirements: broadlandshoa.org/for-residents/design-guidelines/ and click on "032_Lighting" under the Type of Modifications section.

HAVE AN OPEN BAND QUESTION?

For questions regarding the amended budget or coupons or the association, please contact John Halfhill with FirstService Residential at (703) 679-1513 or john.halfhill@fsresidential.com.

For questions regarding OpenBand's services, please contact Open Band at (703) 961-1110 or their website - <http://support.openband.net>.

BE A GOOD NEIGHBOR

When using a snow blower, please blow your driveway snow onto your own lawn, not your neighbors, the street or the sidewalk.

GO GREEN AND OPT OUT

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com and be sure to include your address.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.

COMMUNITY & LOCAL INFORMATION

FEBRUARY EVENTS COMMITTEE MEETING

**Wednesday, February 22nd
6:30pm at the Clubhouse, 43360
Rickenbacker Square**

At the meeting we will work on the amazing events we have planned for 2017. And, we have lots of volunteer spots to fill!

The Committee is made up of a wonderful group of volunteers who generously donate their time with creativity and enthusiasm to make our events happen.

For more information email events@broadlandshoa.com

FEBRUARY WINE EVENT CANCELLATION

The Wine Event, *All That Sparkles*, scheduled for Friday, February 10th has been cancelled.

Please look in future newsletters for wine events in September and November.

ODSL SWIM TEAM REGISTRATION

It is that time of year again. Please save the following dates for registration for the upcoming summer season of the Broadlands ODSL swim team:

Returning Families in good standing-
February 27, 2017

New Broadlands Families-
March 13, 2017

Non-HOA Families (returning and new)-April 10, 2017.

An outside pool membership must be purchased through the HOA in order to swim on the team.

SUPPORT YOUR BROADLANDS LIVE! CONCERT SERIES BY VOLUNTEERING

The 14th season of Broadlands Live! is fast approaching. Jump on the volunteer train to make it happen! If you've enjoyed the shows as a spectator over the years, please consider helping our committee out this year. Involvement can be as great or as small as your schedule allows--behind the scenes or day of event help is needed. Help acquire local sponsorship for event funding, order necessary supplies, coordinate services with local businesses and much more.

Please contact the committee by emailing:
Broadlandslive@broadlandshoa.com.

CRAFT NIGHT AT THE COMMUNITY CENTER HANDMADE CARDS

Come and express your artistic self and enjoy an evening creating handmade cards for the special people in your life!! Each participant will create 10 beautiful, handmade greeting cards. Cards include: Birthday, Mother's Day, Thank you, and Any Occasion.

*Saturday, March 18, 2017
7:00-9:00pm at the Community Center
\$15.00 per participant*

Stampin Up! demonstrator Deborah Carros will instruct the class and provide all of the materials and equipment to make these professional looking cards. Ms. Carros will demonstrate dry embossing, heat embossing, and other techniques used to make beautiful cards. This class is limited to 30 participants. To sign up visit: broadlandshoa.org/events/craft.

PIRANHAS - CSL SWIM TEAM REGISTRATION

It's freezing outside, but it is already time to start thinking about the 2017 summer swim season!

Come join the Broadlands CSL Piranhas for another fun-filled summer of swimming! The swim team is open to Broadlands residents in good standing and non-HOA pool pass holders between the ages of 5 – 18. Our goal is to develop a love of swimming while teaching proper technique, and good sportsmanship, as well as team and neighborhood spirit. We offer excellent coaching, daily practice, and fun family activities throughout the season.

Below are the dates for CSL Swim Team registration for all groups. For those families who do not reside with the Broadlands HOA, please ensure you that purchase an outside pool membership BEFORE you register.

Registration dates:

- Returning families - February 27, 2017
- New Broadlands Families - March 13, 2017
- Non-HOA families (returning and new) (space permitting) - April 10, 2017

Further information on schedules, meets, parents meeting, etc. will be provided closer to the start of the season.

COMMUNITY & LOCAL INFORMATION

COVENANTS CORNER

PLEASE CLEAR YOUR WALKWAYS

Both Virginia and Loudoun County Codes require that the occupant – whether an owner or a tenant – remove all snow and ice from any walkway adjoining any part of their property within 6 hours after the snowfall has ceased. If the snow or ice fell during the night, it must be removed by noon the following day.

Failure to comply with the Code can result in a fine of:

\$250.00 imposed by the county. Complaints should be reported to the County Department of Building and Development, (703) 777-0635 or report it online at loudoun.gov/servicerequests.

Please be a good neighbor and a good citizen. Clear your walkways and keep Broadlands a safe environment for all our residents. If you know someone physically unable to keep their walkway clear, please consider giving them a helping hand.

During the month of February, the inspectors will be focusing on homes with holiday decorations still on display. Sparkling lights, prancing reindeer, smiling snowmen and lovely green wreaths; we all enjoyed the show! But now it is time to pack up the decorations and enjoy your holiday memories. Holiday decorations should be removed by February 1st.

In accordance with the association documents, should you fail to bring your lot into compliance by removing the decorations, the Board of Directors and management may take action to enforce compliance. If a violation is noted, the owner will be mailed a letter providing fourteen days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional seven day extension. If the violation remains unresolved, Hearing Notice is sent and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10 per day for a maximum of 90 days.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspectors at covenants@broadlandshoa.com to request a reasonable extension to rectify the issue.

Covenant Inspectors regularly canvass our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained.

Throughout the year, the Covenants Inspectors routinely inspect homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications, and leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

COMMUNITY & LOCAL INFORMATION

Get Involved continued from page 5

Whether you are a single person living alone, a couple with no children, a growing family with young kids, or empty nesters, we have events to fit your lifestyle. Concerned that you will be underutilized, you lack the necessary skills, or that you may be asked to work on events that do not capture your interest? Fear not, we have needs for all levels of skill and interest. Being a part of the planning committees for the happenings will ensure that we have activities that you and your loved ones will enjoy year after year. While some of the committee positions do require considerable time in planning and organizing, the level of commitment you provide is entirely up to you. Some committees meet once a month while others are on a more flexible schedule and may meet quarterly or do most of the planning via email. Some committees need volunteers to assist with setup or assisting in activities during an event, but do not require routine attendance at committee functions. I am confident that you will find whatever time you have to devote a most rewarding experience.

Each individual who gave time or talent to the organization in the last year is deserving of a round of applause from the community. I am honored to host the Annual Volunteer Appreciation Party, an elegant evening celebration which is just a small token of the appreciation for the hard work and hours of those who selflessly give their time. Feedback on both this event and volunteering as a whole is overwhelmingly positive.

Read on to get a full list of committees and their responsibilities.

The **Broadlands Live!** Committee organizes the summer concert series held at Hillside Park next to our 150 year old Stone House. 2017 marks the 14th year of concerts. Funding of the concert series is provided by Broadlands Association, Inc. as well as generous sponsors and food vendors. These free family friendly concerts provide fun for kids, teens, and adults alike, and are BYOB for adults over 21 years of age, with water, sodas,

and food available for purchase from local vendors. We are already booking talented acts for this year. Look for the schedule in the coming months and be sure to let us know if you are interested in getting your name out by becoming a sponsor. Information on becoming a volunteer is included on page 7.

The **Events** Committee hosts an array of community wide events for adults, teens, and children alike, including past hits like Mardi Gras, St. Paddy's Day, Casino Night, SpringFest, Eggstravaganza, Yoga and Wellness Days, Comedy Hour, Carnival, Dog Swim, Wine Tastings, Halloween Parties, Diwali, Visit with Santa, as well as coordinating community semiannual yard sales. Speaking of new events, we are also planning Card Making Crafts Night, Flea Market, Cooking Class, and Holiday Food and Wine Pairing, all new events this year.

The **Certified Community Wildlife Habitat** Committee works to keep Broadlands actively engaged in its Community Wildlife Habitat projects and promote Broadlands' recognition by the National Wildlife Federation as the nation's 25th "Certified Community Wildlife Habitats." The National Wildlife Federation requires the Habitat Team and community members to participate in post-certification activities and submit yearly updates to maintain certification.

The **Modifications** Subcommittee is responsible for reviewing all applications for changes to the exterior of your unit as well as reviewing the existing Design Guidelines and making recommendations for changes to the Board of Directors. This committee reviews each application in detail to confirm compliance with our Declaration and Design Guidelines. Building or engineering experience not necessary. The committee meets 20 times per year to review applications. In 2016, the committee reviewed nearly 800 applications for your exterior home improvements. They certainly deserve a round of applause!

The **Technology** Committee is responsible for the design and maintenance of the

BroadlandsHOA.org website as well as hosting the Flicks in the Sticks outdoor movie series. The Committee is made up of resident volunteers from the Broadlands community and includes web designers, graphic designers, content managers, database administrators, programmers and web hobbyists, but this type of experience is not necessary. Membership is open to anyone that would like to help work on the design and content of the site or help with programs or seminars on computer hardware, software, or usage for residents. Tech experience not required!

The **Tennis** Committee organizes tennis ladders, acts as the liaison between the tennis pro and the association, as well as monitors the condition of the courts and makes recommendations for maintenance and improvements.

Perhaps your interest revolves more around the **Nature Center** and educational activities or animal care. Our Naturalist is always looking for help with our many nature programs. We offer Youth Naturalist programs and opportunities for obtaining volunteer credit hours to meet high school honor and other society requirements. Our educational offerings are vast, including summer camps, potions programs, star gazing, and scout certifications.

The association does not currently have active **Neighborhood Watch** or **Recreation/Pool** committees, but we welcome anyone willing to step forward to reestablish these committees, as well as recommendations for additional committees. If I have piqued your interest at all, please contact me to discuss volunteer options that we have available. You may also contact the committee chairs directly. Contact information for each committee is provided in this newsletter as well as on our website, broadlandshoa.org.

Sarah

Sarah Gerstein, CMCA, AMS, PCAM
General Manager

COMMUNITY & LOCAL INFORMATION

ASHBURN FIRE AND RESCUE NEWS

Martinis Matter!

February 18th, 6:00pm-9:00pm

Everyone is invited to the River Creek Club, 43800 Olympic Boulevard, Leesburg for the **Martinis Matter, AVFRD's** community fundraiser.

Membership is not required to partake in the fun. Two Signature AVFRD Martinis: The Liquid Defibrillator and Too Hot to Handle! (\$10.00 each). Proceeds - 50% of martini sales benefit AVFRD. There will be a CPR Kiosk, raffle prizes, 50/50 and silent auction for a fire truck ride to school or work*. *Must be in AVFRD servicing area. Dress is business casual. For more information visit <https://ashburnfirerescue.org/events>. Come and Join the Fun!

Gear up and join the action! Volunteer Firefighters and EMTs needed

Free training provided/Uniforms & Personal Protective Gear Provided; Vehicle Property Tax Reduction/Free Loudoun County Vehicle Decal; Retirement Program Benefits/Tuition Reimbursement.

Prospective member meeting last Tuesday of every month, 7:00pm at Station 6 located on Ashburn Road.

Administrative Volunteer opportunities also available.

Stay tuned for the reopening of our Founders Hall and pancake breakfasts and other upcoming events:
ashburnfirerescue.org/events or on facebook.
[com/avfrd](https://www.facebook.com/avfrd)

AVFRD is a designated CFC (Combined Federal Campaign) recipient - Our five digit code is 51688.

LOUDOUN COUNTY SEEKS COMMUNITY INPUT ON TRANSIT SERVICES

Loudoun County has launched an annual effort to obtain input from members of the public about the county's bus routes and transit services. The public may provide feedback January 12 – March 31, 2017, through a survey or by attending one of four community meetings scheduled in the coming weeks. The county will host information sessions that provide opportunities to learn more about the county's existing bus network and formal process for soliciting and receiving feedback from the community regarding transit routes and services.

"We want to hear from the public so that we can plan transit services that meet the needs of the community to the best of our ability," said Board of Supervisors Chair Phyllis J. Randall. "This annual process allows county residents to articulate their concerns so the county can better address the shifting needs of transit services while leveraging available funding sources."

The county is seeking suggestions specifically for new or modified bus routes and enhanced services. The county encourages members of the public to provide input by taking an online survey at loudoun.gov/TransitSurvey.

Members of the Transit Advisory Board and county transit staff will be on hand to meet with the public during four upcoming information sessions:

- **Saturday, February 4, 2017, 10:30 – 11:30 a.m.**, Cascades Library, Meeting Room A, 21030 Whitfield Place, Potomac Falls
- **Tuesday, February 28, 2017, 7:00 – 8:00 p.m.**, Dulles South Multipurpose Center, Banquet Room #3, 24950 Riding Center Drive, South Riding
- **Wednesday, March 15, 2017; 7:00 – 8:00 p.m.**, Loudoun Valley Community Center, Gymnasium, 320 West School Street, Purcellville

The information collected from the public will be analyzed along with a broad range of factors — including ridership and available funding — to develop plans for future transit services. As part of the county's annual budget process, the Board of Supervisors will consider recommendations for changes to bus routes and services based on the community input and staff analysis. Any changes to bus routes approved by the Board will be announced prior to taking effect on July 1 each year. The current input sessions will inform bus services that begin July 1, 2018.

More information about Loudoun County's transit service is online at loudoun.gov/transit. Anyone with about the input process or the online survey may call 703-771-5665 or email rideshare@loudoun.gov.

COMMUNITY & LOCAL INFORMATION

LCSO WARNS GUN OWNERS OF FIREARMS STOLEN FROM VEHICLES

A recent rash of thefts of firearms from vehicles in Loudoun County has the Loudoun County Sheriff's Office reminding residents to store and secure their firearms responsibly. Since November 2016, fourteen firearms have been reported stolen from vehicles throughout the county with a majority of the vehicles either being left unlocked or showing no signs of forced entry. "This poses a great risk to the community," said Loudoun County Sheriff Mike Chapman. "Gun owners should properly secure and store their firearms in safe locations," added Sheriff Chapman.

In light of these cases, the Loudoun County Sheriff's Office Crime Prevention Unit is offering residents several tips for deterring thefts from vehicles:

- **KEEP YOUR VEHICLE LOCKED.** Most stolen items are taken from vehicles that are left unlocked.
- Remove all items from your vehicle, including garage door openers, when not in use. When you cannot do this, put the items out of sight (inside a lockable glove box or trunk). If your vehicle has an integrated garage door opener, please try to park your vehicle in the garage.
- If you have to leave a firearm in your vehicle, use a secured lock box and take the ammunition/magazine with you and out of the vehicle.
- Park inside your garage, if available, and keep the garage locked. Or, try to park your vehicle near or under an illuminated area.
- Report suspicious activity immediately by calling the Loudoun County Sheriff's Office non-emergency line at 703-777-1021.

In an effort to assist gun owners with properly securing their firearms, the agency is providing free gunlock safety kits donated through Project ChildSafe, a nationwide firearms safety education program. Each kit contains a safety curriculum and a cable style gunlock. The locks fit on most types of handguns, rifles and shotguns. The goal is to prevent a child or any other unauthorized person from accessing a firearm in your home.

The safety kits will be distributed on a first come-first serve basis at each of the following locations Monday through Friday, 8:30 a.m. to 5:00 p.m.:

Loudoun County Sheriff's Office Administration Building
803 Sycolin Road
Leesburg, VA 20175

Eastern Loudoun Station
46620 East Frederick Dr.
Sterling, VA 20164

University Station
45299 Research Pl. #100
Ashburn, VA 20147

Western Loudoun Station
47 W. Loudoun St.
Round Hill, VA

To find your nearest Loudoun County Sheriff's Office station, please visit <http://sheriff.loudoun.gov/findmystation>

LOUDOUN LAUNCHES ONLINE ROAD MAINTENANCE MAP

Loudoun County has launched a new online tool to help residents determine the entity that is responsible for maintaining roads within the county, including snow removal and surface repairs.

The interactive, searchable map provides users with a resource for navigating the complex maintenance responsibility system for the road network in the county. In addition, the map links to a webpage with contact information for the various entities to help residents report concerns about maintenance to the correct entity.

Users may search by a street address, view responsibility by color-coded system or click on a particular road and a pop-up box will appear indicating road maintenance responsibility. The responsibility for road maintenance in Loudoun County varies by road. Most roads are maintained by the Virginia Department of Transportation (VDOT), one of the county's incorporated towns, and private entities, such as homeowners associations (HOA).

"This tool is particularly useful for identifying maintenance responsibility in residential neighborhoods, which sometimes have two different responsible entities for two adjacent roads," said Department of Building and Development Director Mike Seigfried. "In advance of snow events, for example, residents can learn whether their HOAs will plow snow on their streets and then contact their HOAs to learn about their snow-removal plans."

As newly-constructed roads are developed, maintenance responsibility may change from one entity to another, such as from a developer to a homeowners association. The Loudoun County map will be updated on a monthly basis.

A link to the map and contact information for the various entities involved in road maintenance in the county may be found on the Loudoun County website at loudoun.gov/roads.

HOLIDAY DECORATING CONTEST WINNERS

Some Bright and Beautiful Homes Turned Out for the Holiday Decorating Contest!

Thank you to all the entrants and congratulations to the following winners:

21888 Hawksbury Terrace
21501 Hearthstone Court
42784 Ridgeway Drive
42803 Songbird Court
21463 Tithables Circle



Monday Holidays Are For Nature Center Adventures!

Kindergarteners through 5th Graders, come to the Broadlands Nature Center on the following Monday holidays and spend the day with the Naturalist! The programs run from 7:45am to 2:45pm



Program Dates:

- January 16th:
Holiday - Martin Luther King Jr. Day
- February 20th:
Holiday - Presidents' Day
- May 29th: Holiday - Memorial Day

As a new service to the community, we are offering full-day Nature Center Adventures

on Monday holidays. We know everyone doesn't get the day off; and if the kids have a holiday from school it should be fun and memorable.

The programs will be held outdoors as much as possible, dress accordingly. Grades 3rd-5th have the opportunity of doing animal care training and becoming part of our Youth Naturalist program. All participants will take part in animal care, nature learning, scavenger hunts; learning through creating, and games.

Hours for this program are the same as the school, 7:45am - 2:45pm, with options to lengthen if needed. Price per day is \$50.00 with a reduction of \$40.00 per child if multiple children are enrolled. These programs include all of the materials, but none of the food (please send a packed lunch with your child).



The ratio of instructor to participants will never be greater than 1:12, 24 students maximum. Youth Naturalist interns will be present to support animal care training and interactions as well as to facilitate team games. Visit broadlandshoa.org/event/mondays to register.

IF WE DO NOT GET A MINIMUM OF 8 PARTICIPANTS, THE PROGRAM WILL BE CANCELLED AND YOU WILL BE NOTIFIED PRIOR TO THE PROGRAM DATE.

Potion's Class 301

Saturday, February 11th

10:30am-12:00pm at the Nature Center.

Potions that will be concocted include: Love Potion #9, Fly to the Sky Tincture, Rescue Salve for dry skin cuts and burns, Bubble Bath Brilliance minus Bubbles (in 30 flavors for you to choose from), anti-Valentine's Day Tea and Butterbeer for all as Snape, Harry Potter, and Hermione are our primary influences.

Ages 8+ are welcomed, but adults are recommended to attend. These are legitimate healing recipes based on the teachings and publications of Rosemary Gladstar. All of the ingredients are organic, 100% pure, and have a heritage of hundreds of years in the pharmacopeia of North American traditional healing.

Please note that we will be making all of these potions. Hot pots, tiny glass vials, and other devices of lovely witchcraftery will be present, you know your kids' limits, please don't send muggles who will leave the Nature Center looking like it went through the Battle of Hogwarts. All will take home their own concoctions & recipes.

\$12.00 per participant. To sign up visit broadlandshoa.org/events/potions.



DEICERS & ANTI-ICERS

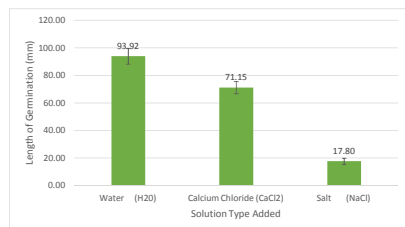
Deicers & Anti-Icers

By Chase Gastrock, Kyle Lowe, Keely McNeme, and Momal Rizvi, Briar Woods High School Sophomores and Broadlands Residents

Deicing and anti-icing is performed to keep our roads and sidewalks ice free and safe during snowstorms. The most commonly used anti-icing and deicing agent is rock salt. Although it does keep the roads and sidewalks safe, it hurts our lawns. Another deicer is calcium chloride, which is much better for lawns than rock salt.

As high school students, we did an experiment in biology class concerning the growth of Tall Fescue when exposed to three different solutions: Water, calcium chloride, and rock salt. The graph shows that Tall Fescue grows best under the deicer calcium chloride. Our experiment results are supported by other research done by scientists across America.

Figure 1: The Effect of Different Solutions on the Germination of Tall Fescue (*Festuca arundinacea*)



Many of the lawns in Virginia contain Tall Fescue. Just like all other grasses, Tall Fescue can be hurt and even killed by deicers. Rock salt is a commonly used deicer due to its low price and cost effectiveness. Various state Departments of Transportation (DOTs) estimate that \$924 (\$42 per ton) per lane mile is spent on rock salt as a part of their highway deicing management plans (Kelting/Laxson, 2010). However, that number is usually exceeded due to the costs needed to fix environmental and structural damage caused by the rock salt. Some examples of this damage are an increase in the salinity of groundwater and surface water, creating changes in the physical properties of soil that lead to erosion, being detrimental to the health of roadside plants, and increasing the corrosion rates of automobiles, highway components, steel reinforcement bars, and concrete.

With all of these impacts on the environment accounted for, an average of \$2,320 is spent per lane mile, or approximately 40% more than the original price. That big of a cost difference makes other seemingly more expensive deicing agents, such as calcium chloride, cheaper by a wide margin at certain temperature ranges. These deicers, while they also can be detrimental to the environment, have a much smaller impact, and are more effective at wider temperature ranges.

Calcium chloride has a lower effective temperature compared to other deicers. The lowest effective temperature for calcium chloride is -25°F, or -32°C. Rock salt loses effectiveness at a much higher temperature, 20°F (-7°C). (Occidental Chemical Corporation, 2009). Calcium chloride works by forming a brine solution once the calcium chloride has dissolved onto the roads. This brine lowers the freezing point for water. The reason that calcium chloride is different from regular rock salt is because it attracts moisture from its surroundings, converting it to brine, and produces an exothermic reaction when it makes contact with water (Budd, 2014).

Although calcium chloride works better at lower temperatures and can melt ice faster than rock salt, it costs an average of \$140/ton. (Gibson, 2011). As a result of the good qualities of calcium chloride, such as its self-produced brine and its exothermic reaction when it comes into contact with water, it allows for less calcium chloride to be used in order to be as effective. It is also approximately 50% as harmful to vegetation as rock salt. (Peters Chemical Company, 2006). These qualities make the long term cost of calcium chloride less than rock salt.

Rock salt is the most commonly used deicer solution because of its low price and cost effectiveness. Rock salt damages the environment more than any other deicer solution. Calcium chloride forms a brine solution that gets dissolved into the roads, and lowers the freezing point of water. It also

melts ice faster than rock salt and it doesn't do as much damage to the environment. Although it costs more than rock salt, it would cost less over time because you need less of it. When deicer solutions go into the groundwater, it hurts and even kills the grass.

Our research supports that calcium chloride is the best deicer for your lawn. If you want to keep a healthy lawn and make your community safe and beautiful, then switch to calcium chloride this winter.

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Road Conditions..... 800-367-7623
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VDOT..... 703-383-8368
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Warm Winter Drinks

Cinnamon Infused Hot Chocolate

2 cups whole milk (or any milk you like)
1 cinnamon stick
3 to 4 tablespoons granulated sugar
Half a vanilla bean, split and beans scraped out
2 tablespoons plus 2 teaspoons black onyx unsweetened cocoa powder
1/2 cup heavy cream
2 tablespoons powdered sugar
1/2 teaspoon pure vanilla extract
Ground cinnamon to garnish

Place milk in a medium saucepan over medium heat. Heat until the milk is steaming but not boiling. Remove from the heat. Crush the cinnamon stick slightly and add to the warm milk. Cover and let steep for 15 minutes. While the milk and cinnamon steep, rub the vanilla bean into the granulated sugar, creating a fragrant vanilla sugar. Once steeped, remove the cinnamon stick from the milk and discard. Add the cocoa powder and vanilla sugar to the warm milk. Heat over low heat, whisking constantly until the sugar and cocoa are completely dissolved. While the cocoa is heating, whip the heavy cream, powdered sugar, and vanilla extract to soft peaks. Divide hot cocoa between two glasses. Top with whipped cream and sprinkle with ground cinnamon. Enjoy immediately. *Joythebaker.com*



Masala Chai

...

1 1½-inch piece fresh ginger, coarsely grated
1 3-inch cinnamon stick, lightly crushed
6 teaspoons loose strong black tea
14 green cardamom pods, or ¾ teaspoon cardamom seeds, both lightly crushed
2¾ cups milk
¼ cup pure maple syrup



Bring ginger, cinnamon, and 3½ cups water to a boil in a medium saucepan over medium-high heat. Lower heat and simmer rapidly, stirring occasionally, until liquid is reduced by a third and very fragrant, about 20 minutes. Remove pan from heat, stir in tea and cardamom, and let steep 2 minutes. Return pan to medium-high heat and stir in milk and maple syrup. Cook, stirring occasionally and keeping a close watch, until mixture begins to foam up and boil, about 5 minutes. Immediately remove from heat and let sit 5 minutes. Strain chai through a fine-mesh sieve into a teapot or pitcher and serve. *Bonappetit.com*

FROM YOUR SUPERVISOR

Dear Broadlands,

Along with all the issues that affect neighborhoods in the Broad Run District, our office has focused on the following priorities that affect the District as a whole:

1. Getting signals installed that are needed due to increased traffic and safety concerns.
2. Making sure that the development around the Metro Stations is compatible and will encourage good economic development -- and won't overburden our schools and roads.
3. Keeping County Staff focused on the need for Greenway Alternatives so that commuters will have the options for efficient road network without paying high tolls. As previously announced, extending Shellhorn Road to Route 28 at Sterling Boulevard has been added to the plan and received funding in the County's Capital Improvement Program (CIP). More recently, I made a motion to add another east-west Greenway Alternative extending Barrister Road to Route 606 to the County's working draft of the Silver Line Metro area plan.

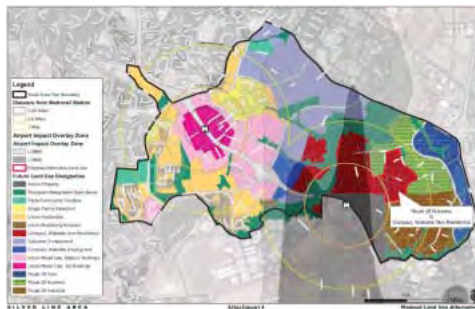
These needs of the Broad Run District are so important to our residents as well as County residents who pass through our District each day. It is my job to make sure that the concerns of the people in the Broad Run District are heard and implemented so that we can solve problems. Sometimes the concern is very localized and it takes putting a sign to alert drivers to a problem on a specific roadway. Other times it is building a road that costs tens of millions of dollars. Each situation deserves our attention and commitment to solving the problem.

Please continue to be in touch to let me know if something is happening in your neighborhood that needs to



be addressed. I appreciate your input and advice.

Future Residential Development in Ashburn



As the Board of Supervisors nears finalizing the Silver Line Comprehensive Plan Amendment for the areas around the future Metro stations coming to Ashburn, I need to bring something troubling to your attention: **unless the Board reverses course, we will be adding the potential for more than 4,400 additional townhouses in our area.** More than 1,200 townhouses are already zoned to be built in this Metro area by right.

While we welcome new people to our County, we do not have the infrastructure (schools and roads) that can handle additional residential townhouses. We need mixed-use economic development at Metro stops in order to fund our Metro tax district, but we won't be able to attract more revenue to this County by overburdening our current infrastructure and school budgets.

Townhouses in Loudoun are generating more school-aged children than our schools anticipated and therefore our schools are overcrowded. We are currently working hard to catch up with the building of roads to handle the current development, and I am concerned that if we add this many additional townhouses, we will put ourselves in a deeper hole.

Our current road projects during the next few years total over **\$303 million** in just the Broad Run District and areas on the District borders that our residents will use every day. While all these projects are very important, they will only take care of current needs. If we increase development this significantly, we will need to increase our capital budget to meet the new demands.

That is why I made the motion in our Transportation and Land Use Committee meeting to eliminate these additional townhouses from the plan. While that motion passed in committee, the full Board rejected my motion and kept the additional townhouses.

The Board will vote one more time next year after this plan is reviewed by the Planning Commission. If you agree that Supervisors who live outside our area shouldn't add plans for 4,400 additional townhouses in our neighborhoods, let them know by emailing BOS@Loudoun.gov.

SOUTHERN WALK HOA

SWHOA - Frequently Asked Questions **By Charles Salas, SWHOA President**

- ❖ *Can you please sum up the issues here?*
 - The Southern Walk HOA (SWHOA) Board intends to buy out the exclusive easement from OpenBand and bring other providers into the neighborhood. To do this we will need to raise nearly \$1 million for the exclusivity removal payment and we most likely will need to enter into a short (under 5 years) bulk telecommunications agreement with a new provider.
- ❖ *What is the status of getting telecommunication competition in Southern Walk?*
 - The 60+ year OpenBand contract has been removed and we are no longer obligated to pay for OpenBand services. That said, OpenBand still has an exclusive blanket easement over the entire Southern Walk footprint. This easement was granted to them by Loudoun County during Van Metre's construction period.

As a part of our legal settlement with OpenBand, we negotiated the right to pay to remove the exclusive aspect of the easement. Once the easement is removed, we can begin to have competition in the neighborhood.

The Board has a plan in place to raise funds for the payment to OpenBand over the next 18 months. Additionally, the Board is currently in negotiations with other telco providers to enter Southern Walk.
- ❖ *Why can't the new telco providers use OpenBand's network?*
 - It is our understanding that OpenBand's equipment is not compatible with current telco providers in the area.
- ❖ *How much will it cost to buy out the exclusivity? What are the details for raising the easement buyout funds?*
 - The negotiated amount was approximately \$1 million. We intend to utilize a variety of methods to raise capital including funds from homeowners, interest income, loans, and funds from new telco providers.
- ❖ *As a homeowner, how much will I have to pay for the exclusive easement buy out?*
 - For 2017, we expect to increase the monthly rate to \$45 per household or \$540 for the year. This will bring us up to \$650,000 towards the \$1M total. From there we have several options including:
 - Obtaining a loan to be paid out over a period of years.
 - Having new providers pay a fee to enter the neighborhood.
 - Increasing the monthly rate to \$60 for 2018 for 7 months.
 - Or a combination of all of the above.
- ❖ *Why are the rates going up so much for 2017? I thought the 2016 rates were too high!*
 - During 2016 we took the time to give the community a bit of a breather on fees while we assessed our options. Now that we have a clear view of those options we can execute our plans to bring choice and competition to the community.
- ❖ *Why do we need the SWHOA? Why don't we just disband the HOA?*
 - The SWHOA exists to administer the telco contracts present in Southern Walk. Yes, the OpenBand contract is now over and yet there is still a need for the SWHOA. Getting out of the OpenBand contract was only half the challenge. The next challenge is to bring other providers into our neighborhood. Right now, OpenBand is still the only option for hard wired phone and hardwired internet.
 - OpenBand's exclusive easements ensure that others cannot enter the neighborhood to provide hardwired phone or internet services. The SWHOA Board would like to guide us through the process of removing the exclusive easements and ultimately bringing genuine telco choice and competition to the neighborhood.
- ❖ *This is a lot of money! What do I get for paying this large amount?*
 - Buying out the exclusivity gives the community the opportunity to have choice for the first time ever.
 - Having competition in the neighborhood will increase the chance of a quality product for the homeowners.
 - Having a neighborhood with full choice and competition for telco services enhances property values.
- *Questions? Please contact John Halfhill with FirstService Residential at 703-679-1513 or john.halfhill@fsresidential.com.*

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ABOUT YOUR FITNESS

The Power of the Squat

By, Katie Herbert, NASM Certified Personal Trainer
Fitness.innovations@gmail.com

The squat is one of the most widely performed exercises. From Group Exercise to Personal Training to specialty classes squats are a class staple and regarded as a highway to a great backside. It is highly versatile and can be adapted for any fitness level. It is also a highly variable exercise and can be performed with no equipment or any number of toys to make it more fun and or challenging. The squat is fantastic because it utilizes the largest muscles in our body, more muscle = bigger bang for your buck.

Aside from having a strong presence in fitness, squatting is also extremely functional. Functional fitness is all the rage in the industry and for good reason; we need to train for life and for how we move around in life to prevent injury and to be more efficient in our movement. What can be more functional than getting down and getting up?

Yet, despite all of this knowledge of the importance of strong glutes and quads we have an epidemic in our society. In the fitness biz we call it "Flat Booty Syndrome." That's right, we have become a nation of flat backsides! This is troubling for a number of reasons ranging from purely aesthetic to physical weakness and muscular dysfunction.

Why has this happened: If more people than ever are joining fitness centers and studios, why the breakdown? The problem is easy: we sit and we sit. We wake up, sit down to eat then get in the car and

sit, then get to work and sit, go to lunch and sit. You might fit in 30- 60 minutes of exercise but you get the point. We have become a nation of sitters and our quick trip to the gym cannot counteract all of that sitting. I know this sounds bleak but I'm here to tell you that we can fix this; we can get that booty back!

What if every hour you stood up and performed 10 squats, just 10. No matter where you are or what you are wearing. 10 squats might not seem like enough to make a change but think of it, over the course of a day, how many you get in. It isn't too much to make you sweat if you are at work but it is enough to stretch out those tight muscles and get the blood pumping. Exercise is shown to increase blood flow to the brain as well so you just might be a little sharper when you get back to work.

Before you start, try a few squats in the mirror at home. Form absolutely matters and if you are taking the time to do this you might as well do it correctly right? So get in front of a mirror and watch yourself.

A few things to keep in mind:

- before you squat march in place a few times to loosen up
- feet should be about hip width apart
- brace your core
- shoulder blades are engaged and pulled down and back
- chest stays lifted with head up
- squat down as if you are going to sit in a chair, then rise back up



The distance that you will travel is entirely up to you and your body. Some people are more flexible and/or stronger, that person will squat deeper. Over time you may find that your squat gets lower and feels stronger. Don't worry about speed. Think about lowering your body slowly and with control then pushing off the ground to return to a tall stance.

People at the office may think you are crazy but instead of letting that stop you invite coworkers to join in. Maybe no one asks you to lunch anymore or maybe you help to change the atmosphere (and rear ends) at your office.

Next month we will explore more variations with squats as well as some helpful stretches to help you along the way. So get out there and squat and let your booty be the boss!



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FULL DAY CAMPS for ages 6 to 13

The Ashburn Ice House is located at
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www.ashburnice.com 703-858-0300



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YMCA LOUDOUN COUNTY YOUTH DEVELOPMENT CENTER

YMCA Loudoun County Youth Development Center strive to fulfill our promise to make each day an opportunity for your child to grow, to learn something new, and to feel secure and confident in discovering their potential.



REGISTER TODAY!

2017 OPEN HOUSE DATES:

Jan 11, Feb 9, March 8, April 12, & May 10 @ 10:30am

Contact us:

703.430.2781 or Kristy.Atanackovic@ymcadc.org

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*Full Time and Part Time
- **AFTER-SCHOOL PROGRAM**
- **YMCA SCHOOL'S OUT CAMP**

624 W. Church Road, Sterling, VA 20164



Sign Up for Family, Fun & Fitness!



25th Annual Van Metre 5 Mile Run

Saturday, April 1, 2017

BROADLANDS

Ashburn, VA - 8:30 am

GREAT NEW SURPRISES FOR 2017!

- Kids Fun Run • One-Mile Fun Run/Walk • Team Challenge • Cash Prizes & Awards •
- Post-Race Celebration & Door Prizes • All-New Virtual Runner Category •
- Food, Fun & More For Family, Friends & Pros! •

PRICE SAVINGS UNTIL 3/30/17!

Registration: \$25 • Children 12 & under: \$10 • 3 Person Team: \$100 • 4 Person Team: \$115

Virtual Runners by 2/28/17: \$45 • Children : \$25

Help Us Help the Children by Meeting Our Goal of \$150,000



BENEFITING



Children's National™

Phone: 703-348-5800 ext. 6005

Register online at www.VanMetre5MileRun.org

DIRECTIONS TO BROADLANDS:

From the Beltway, follow Dulles Toll Road West. Take the Dulles Greenway to Exit 6 (RT 772) Ashburn/Broadlands. Left at exit ramp, then right onto Wynridge Drive to the Broadlands Marketplace.



ABOUT YOUR WELLBEING

Cravings, Good or Bad?

Article By Crystal Wsilasky, Health Coach, fuelforyourbelly.com

We all experience cravings, some people more than others. Sometimes we crave salt and want to grab a bag of chips, other times we crave sweets so we go for that chocolate. The cravings can be so strong that it may be all you can think about until you finally satisfy that craving. We usually associate the word craving as being a negative thing that we try and fight off. But what if we stopped and listened to what our body wants and ask it why?

Our bodies are amazing. We often times don't give it enough credit. The body knows when to go to sleep, when to wake up, and when to go to the bathroom. It maintains a body temperature of 98.6 degrees Fahrenheit, repairs itself when injured, and knows the miracle of pregnancy and childbirth. Try and think of your body as a super computer-it never makes a mistake.

There are several reasons that cause cravings, and we should always ask our body what it wants and needs at any given moment. Eating can be emotional for many of us. If we are dissatisfied with a relationship we are in, or are continuously doing an ineffective exercise routine (too much, too little, or the wrong kind), stressed, bored, unhappy by a job, or lack of a spiritual practice, then emotional eating may be triggered. Eating can be used as a substitute for entertainment or to fill a void in our lives that is not being met. It is important to pay attention to the times that bring the cravings on and try to redirect it to making changes that bring you happiness.

I know you hear over and over how important drinking enough water is on a daily basis. But it is one of the easiest steps anyone can take to improving their overall health. When our bodies are lacking enough water, it can send messages that you're thirsty and on the verge of dehydration. Dehydration can manifest as hunger, so the first thing to do when you have a craving is drink a full glass of water. But you don't want to overdo it and drink too much water as that can cause cravings, so just make sure your water is well balanced.

Another cause of a craving is our Yin-yang imbalance. Certain foods are more yin (expansive), while other foods are more yang (contractive). If we consume foods that are extremely yin or extremely yang this can cause food cravings, because your body being a super computer always tries to maintain balance. Some examples of yin/yang could be eating a diet high in sugar (yin) may cause a constant craving for meat (yang). Or eating too many raw foods (yin) may cause a craving for cooked warming foods (yang). Just take notice of what your daily food variety is and if you have a strong craving of a certain type of food. It could just mean you are eating too much of one thing.

The body also craves foods with the season that we are in. I know now that it is winter I tend to crave more healthy fats and heavier foods like meat. A great way to minimize a sweet craving in the winter is to eat sweeter vegetables like sweet potato, squashes, beets and carrots. Also, with just coming off of the holidays we crave foods associated with Christmas, like cookies, turkey, and egg nog. It is so important to eat with each season to keep our body in balance. In the summer, people crave cooling foods like raw vegetables and fruit. In the spring we are more likely to crave detoxifying foods like dark leafy greens and citrus foods. When shopping for your fresh produce, buy the fruits and vegetables that are in season. You will enjoy them much more and your body will always feel satisfied.

One of the biggest causes of our cravings is not enough nutrients in the body. Some people may experience some odd cravings like craving salt which is a sign of inadequate mineral levels. If your overall diet does not have enough nutrients and you constantly feel like you don't have any energy, you may crave a temporary caffeine or sugar boost. Make sure to eat a variety of dark leafy greens and vegetables. Incorporate plenty of healthy fats like grass-fed butter, coconut oil, avocado, and nut butters, to make you feel satisfied, full, and give us optimal energy. Moderation is ideal, we never want to overdo it on one type of food as it may cause us to lack what

our body needs in other areas.

Of course lastly, all of us women experience hormonal cravings with menstruation, pregnancy, and menopause. Fluctuating testosterone and estrogen levels may cause some cravings. Chocolate is a common craving for women and can also be a healthy addition to our diet in moderation. A couple small pieces of organic 72% and above chocolate can be very satisfying without over indulging. I personally enjoy the darker the better with 88% but everyone is different. Now that we are coming up on Valentine's Day we may be experiencing the chocolate craving more so than usual. Enjoy this special holiday to allow yourself to be surrounded with the ones you love and share a chocolate treat together.

Next time you notice yourself craving certain foods try and listen to what your body is telling you. Our bodies are amazing and know exactly what it needs. It is never bad to have a craving-it is our body's way of telling us that something may not be balanced!

Try making this chocolate treat for your loved ones this Valentine's Day!

Almond Butter Cups *(adapted from Detoxinista)*

- 1 Tablespoon coconut oil, melted
- 1 Tablespoon pure maple syrup
- 2 Tablespoons raw cacao powder or cocoa powder
- Pinch of salt
- Nut butter of choice
- Combine the first 4 ingredients in a bowl and mix until smooth to create the chocolate mixture
- Fill 3 mini-cupcake liners with enough chocolate to cover the bottom.
- Place the bottom layer in the freezer for a few minutes to harden.
- Once the layer is solid add a dollop of nut butter to create a creamy center.
- Cover the nut butter with the remainder of the chocolate, then place in the freezer to set. Wait 4-6 hours to freeze.

SCAMMERS POSE AS IRS OFFICIALS

As tax season approaches, the Loudoun County Sheriff's Office is warning residents of scammers posing as IRS officials and taking immediate payment via prepaid money cards or wire transfers.

The tax scams come in different forms, mostly via telephone calls or emails but the subject remains the same. Individuals are notified that they owe the IRS money, and must pay it now, or risk being arrested.

The IRS and the FTC have issued recent warnings about fake calls and emails that are tricking citizens into paying money that they supposedly owe. The scammers, posing as IRS officials, will only take immediate payment via prepaid money cards or wire transfers. The scammers often use software of apps that will "spoof" the number on your caller ID. In many other cases, the callers utilize VoIP phone services that make tracing the numbers very difficult. VoIP, or Voice over Internet Protocol, phone services utilize technologies for placing and transmitting telephone calls over the internet. These calls are usually routed internationally through servers located abroad.

The Loudoun County Sheriff's Office is offering tips to our citizens to avoid becoming a victim to such scams.

- DO NOT – Provide payment via prepaid money card or wire transfers - The IRS does

not make demands for tax debt to be paid using prepaid money cards or wire transfers. They will not threaten you over the telephone. If either occurs, you are being scammed.

- DO NOT - Provide personal information to anyone who is making these threats or demands. - This is a good rule to follow all of the time. Any time you receive and incoming call, you should never provide your personal information as incoming calls may be "spoofed."
- The IRS will contact you via mail. – If you have a legitimate tax issue, the IRS will contact you via mail. They DO NOT use email, text messaging or social media to collect personal or financial information.

If you are concerned about potential tax issues, you can contact the IRS at (800) 829-1040.

If you receive one of these phone calls, and HAVE NOT submitted any form of payment, you can file a complaint with the Federal Trade Commission at <http://www.ftccomplaintassistant.gov>.

If you receive one of these phone calls and HAVE been tricked into paying money, you should file a report with the Loudoun County Sheriff's Office. For your convenience, an online report may be filed by visiting our website at <http://sheriff.loudoun.gov/reportonline>.

If you receive an email regarding this scam, forward the email to the IRS at phishing@irs.gov.

Additionally, when tax season draws to an end, many citizens who file their taxes are alerted that their returns were rejected. Someone has already filed a tax return using your social security number. If this occurs, the IRS may think that you have already filed your return and received the refund. You will be sent notice or letter indicating the problem. The IRS has dedicated employees that will assist you in this situation.

If this occurs, you should:

- Report the fraud - Contact the IRS, Identity Protection Specialized Unit at (800) 908-4490. You will be required to submit an IRS ID Theft Affidavit Form 14039. Link : <http://irs.gov/pub/irs-pdf/f14039.pdf>
- File an online report with the Loudoun County Sheriff's Office by visiting <http://sheriff.loudoun.gov/reportonline> or by calling 703-777-1021.
- Update your files – record the dates you made phone calls or sent letters. Keep copies of letters in your files.
- Consider placing a fraud alert on your credit reports.
- Create an Identity Theft Report by filing an identity theft complaint with the FTC.
- Consider filing your tax return as early as possible to avoid falling victim to this scam.

For more information regarding these scams, visit <https://irs.gov/uac/Tax-Scams-Consumer-Alerts>.

Girl Scouts: We Are S'more Than Just Cookies!



Yes; we sell our irresistible cookies once a year, but do you know what we do the rest of the year? We:

- go camping, snow tubing, hiking, and other fun outdoor adventures,
- make new friends,
- learn lifelong skills,
- make a difference in our communities through service,
- learn about and explore the world around us,
- and a whole lot s'more!

Want to learn s'more? Whether you are in kindergarten or high school, troops are still forming – it's never too late to join! And parents, you too, can have just as much fun being part of the adventure, so consider joining with your daughter and help to create our future leaders!

Contact: The Girl Scout Loudoun Office
at 703-777-5644
for more information.



Building girls of
courage, confidence,
and character,
who make the world
a better place.



WEEKLY SUMMER CAMP FUN!



TRADITIONAL CAMPS

We bring all of the ingredients together to make this the most exciting summer camp your child will ever experience. Our themed-camps are designed with adventure in mind and include activities and field trips.* Here are some of the things we have planned:

- Weekly Water Parks
- Atomic Trampoline
- Sport Bounce of Loudoun
- Panther Laser Tag
- Great Falls Park
- Baltimore Science Center
- Top Golf
- 4H Center
- Zava Zone
- The Zone
- Roller Skating
- And more!

* Please note that field trips are subject to change

We Make Summer COOL!

SPECIALTY CAMPS



Introducing our amazing NEW summer camps! Newly added are Community Service Camps, Girls Only and Boys Only Camps, and as always, our ever popular Cheer Camps, and Tumble & Stunt Camps. Field trips and guest speakers preview:*

Service Camps

- Kids Helping Animals:** sharing empathy and kindness with animals
- Loudoun County Animal Services
 - Animal Medical Center of Loudoun
 - Equine Rescue League
 - Service Dog and K9 visit

Kids Helping the Community: giving back to the community and helping others

- Local Farm and Loudoun Hunger Relief
- Loudoun Emergency Homeless Shelter
- Fire Station, Sheriff's Department and Military blessing bags and letters
- Ronald McDonald House
- Winger House

Kids Helping Kids: having compassion & supporting children with challenges

- Inova Loudoun Children's Hospital
- Childhood Cancer Survivors visit
- Atomic Trampoline Fundraiser with proceeds going towards children's cancer research
- Long Walk to Water activity
- Special Needs Field Trip to summer school



Girls Camps: BELieve in YOUrself & #LoveYourSelfie, From the Inside Out

Empowering girls to become more confident and compassionate; instilling beauty is built from within.

- Shenandoah River Tubing
- Zava Zone Indoor Park
- Self-Defense & Cyber Safety
- Yoga and Mindfulness
- Arts and Crafts

Run by a LCPS Guidance Counselor

Boys Camp: I am a Hero

Inspiring boys to be unique and diverse, through positive friendships & to become supportive role models.

- Autobahn Indoor Speedway
- Shenandoah River Tubing
- Mobile Video Games Theater
- Team-building Games
- Hands-on & Problem Solving Activities
- Collaborative Challenges



ENROLLMENT OPENS FEBRUARY 2 REGISTER SOON, OUR CAMPS FILL-UP QUICKLY!

For more information and to register:
www.fitwize4kids.com/ashburn/summer-camps

Cheer Camps, Tumble & Stunt Camps, and High School Boot Camp

Join us in our high-intensity camps that focus on tumbling, cheering, stunting and technique, designed for all levels of tumblers and cheerleaders.



After School & Kindergarten Enrichment

After School: Fitwize brings academics, fitness and fun together as we incorporate an Academic Support & Technology Center with homework assistance, Fitness, Nutrition, Character Education and Community Service; along with indoor and outdoor activities, and healthy snack, up until 6:30pm!

Kindergarten Enrichment: Includes the above with a low 8:1 ratio and offers enrichment of concepts learned in LCPS, plus an art program and monthly field trips. Program is run by a licensed Kindergarten teacher. Choose half-day (until 2:30pm) or full-day (until 6:30pm).



REGISTRATION OPENS 2/17

Enjoy All Our Programs

Check out our additional programs designed for kids' 5-18 years old AND adults:

- Year-round Tumbling Classes & Open Gym
- Cheer Teams
- Youth, Teen and Adult Fitness
- Birthday Parties
- CPR & 1st Aid Certification & more!



BROADLANDS HELPERS LIST

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1999 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

Not Available on Website Edition

**Key:**

(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

(D) Dog & Cat (Pet) First Aid

**All area codes are 703 unless noted.*





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One out of four children struggle with reading and learning because of undiagnosed vision problems

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CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@broadlandshoa.com.

ASHBURN CLASSICS

The Ashburn Classics will meet at the Mills Recreation Center on Gloucester Parkway in Ashburn Village at 10:30am on February 11, 2017. For more information, please contact Arlene at 703-726-0711.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BAC - BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail.com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

Please join us for an in-depth Women's Bible Study that's beginning Tuesday, January 3, 2017. We will be doing a 6 session study - Entrusted: A Study of 2 Timothy by Beth Moore. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info visit cspack1484.org.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-language playgroup.

GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub.broadlands@gmail.com.

MOMS IN PRAYER - EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MOMS IN PRAYER - MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

MUSIC ON THE HEIGHTS

Love live music but don't want the hassle of loud bars, poor sound systems and having to drive far for good music? Then join us on the Heights! We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres...a great way to meet fellow neighbors who share a love a music. For more info email musicontheheights@gmail.com

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & SPIRITUALITY FOR MOMS

Are you looking for some relief from the challenges of motherhood? SAM is a group for Moms living near or in Ashburn interested in learning about a variety of stress reduction practices and supporting each other's spiritual fitness and well-being. We meet on the 3rd Sunday of each month from 4pm-7pm. For more info or to join email Shea at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30pm in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



FEBRUARY CLASSIFIEDS



CONSIGNMENT/FOR SALE

LITTLE FLOWER CONSIGNMENTS SALE: Support one of the area's largest consignment sales! Turn unused items into cash while supporting a local charity! We offer children's toys, clothing, equipment, furniture, & more. 100% of proceeds benefit those in need in our community via Divine Mercy Outreach. Last year we raised over \$46,000 for local families. Sale Date: Saturday, March 11th starting at 8am at St. Theresa's Catholic School, 21371 St. Theresa Ln. For more info, visit www.LittleFlowerConsignments.org & at [Facebook.com/LittleFlowerConsignments](https://www.facebook.com/LittleFlowerConsignments)

EARLY EDUCATION/PRESCHOOL

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands will be holding an open house for its 2 ½, 3 and 4 year old programs for the 2017/2018 school year on Wednesday, February 16th at 7:00pm. Open registration will also begin on February 16th. For more information, please contact Judi Ratcliffe at judi.gminds@gmail.com or (571)216-4663.

INSTRUCTION - ARTS/MUSIC

MUSIC LESSONS NOW: At a professional music school just minutes from your home. Private lessons at our state of art facility in piano, guitar, drums, voice, violin, flute, clarinet, sax or trombone. Our University trained teachers have produced more LCPS award and competition winners in the past 14 years than any other area school. Group lessons, Summer Programs are also available. Call now to schedule a tour or sign up on line 703-123-1154 MINTONS ACADEMY OF MUSIC mintonsmusic.com.

SAXOPHONE AND FLUTE LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. In-home lessons available; endorsed by LCPS; references. Please call 703-777-4352 or email SivardStudio@gmail.com.

INSTRUCTION - TUTORING

NEED MATH HELP? I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools.

Call Dan Harris at: 703-909-4438, or email me at: aplustestprep@verizon.net.

HEALTH/FITNESS/WELLNESS

AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Get fit now with my 27+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@gmail.com; fitnesstogova.com.
JOYOGA: would like to invite you to see our new classes beginning in January at joyoga.us. It's a great way to start the New Year with caring for you. Our culture & lifestyle can bring many stresses into our life. Please come & join us with breath work in each of our classes & learn to restore yourself. Check out articles on the site regarding sleep & anxiety under the News Section. Questions - 703-850-8386.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

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HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending



FEBRUARY CLASSIFIEDS



honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike. Rosario@verizon.net.

HOUSE CLEANING

MARIA'S STAR CLEANING LLC: Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at www.mariasstarcleaning.com.

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

MARKETPLACE

MARY KAY: Get your color. Imagine your world awash with color – rich, gorgeous shades that'll make you look twice. I'm talking sheer mineral makeup that glides on and stays on. And fearless looks that are ready to wear anywhere. Ask me about ideas that'll awaken your inner makeup artist! Deborah Leben 703-217-4583 dleben@marykay.com.

PET SERVICES

AROUND MIDNIGHT PET SERVICES, LLC: Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, aroundmidnight.net. Now hiring – join our team!

PROFESSIONAL SERVICES

TAX SEASON'S HERE! Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and

stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or sophear.uoy@sophearcpa.com.

ASHBURN LAW OFFICE, PLC: We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, Attorney@Ashburn-Law-Office.com.



HOW TO PLACE CLASSIFIED ADS

Classified ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

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ADVERTISING DIRECTORY

EDUCATION

BeanTree Pavilion - Infant - Kindergarten	35
BeanTree Pavilion - Kindergarten - 1 st Grade	2
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ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. **Advertising orders cannot be cancelled after the initial deadline.**

ADVERTISING

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at broadlandshoa.org on the newsletter page. **DEADLINE: Ad, payment and Insertion Order Form submissions are due the 1st day of the month prior to the issue. (Ex: Jan 1 for Feb's issue.)**

MONTHLY PRICING

BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$75*
 1/4 pg (3.625" W X 4.875" H) \$165 /\$140*
 1/2 pg (7.5" W X 4.875" H) \$295 /\$270*
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COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

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 1/2 pg (7.5" W X 4.875" H) \$425 /\$405*
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COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

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 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240*
 1/2 pg (8" W X 4.875" H) \$475/ \$455*
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**Notes discounted price if 6 or more months are prepaid*

Add 10% to base price above for preferred placement

Color space is limited, please inquire.

PAYMENTS (Due when Ad is submitted)

Check Payments: Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

Credit Card Payments: Please stop by our office to pay in person or visit our website at <http://www.broadlandshoa.org/forresidents/newsletter/> and click on the "Buy Now" PayPal button. Be sure to include your contact information when checking out.

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704. Please **Note:** Advertisers in the Broadlands Newsletter are *not* endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL

The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be



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