

The HOA Offices and Nature Center will be closed on Monday, January 2nd for New Years. Please see holiday trash and recycling schedule on page 7. The HOA Offices and Nature Center will also be closed on January 16th for Martin Luther King Jr. Day. Please visit broadlandshoa.org for more information.



Contact us to learn about more of our extraordinary childcare offerings. Ashburn Campus 571.223.3110 | Westfields Campus 703.961.8222 www.beantreelearning.com AdvancE

JANUARY 2017



Features

Holiday Trash, Recycling & Tree Schedule	8
Events Committee Meeting	8
Visit with Santa	9
Nature Center Adventures	11
In the Garden	12
All That Sparkles	13
From Your Supervisor	18
Ashburn Library Corner	19
Planks	21
New Year, New Healthy You	24

In Every Issue

4
5
5
6
7
14
17
25
27
28

January 2017 | Our Neck of the Woods 3







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 The HOA Offices and Nature Center are closed for New Years. Please see page 7 for the holiday trash & recycling schedule.	3	4	5 Events Committee Meeting 6:30pm - CH	6	7 Nature Center Open 10:00am - 2:00pm
8	9	10 Newsletter Submissions Due by Noon BOD Meeting 6:00pm - CH	11	12 Modification Subcommittee Submissions Due 12:00pm - NC Newsletter Submissions Due by Noon	13	14
15	16 HOA Offices & Nature Center are closed for Martin Luther King Jr. Day. Trash & yard waste will be collected on a regular schedule. Nature Center Adventures- 7:45am-NC	17	18 Modification Subcommittee Meeting 7:00pm - NC Tech Comm Meeting 7:30pm - NC	19	20	21 Nature Center Open 10:00am - 2:00pm
22	23	24	25	26	27	28
29	30	31				

BROADLANDS COMMUNITY INFORMATION

BROADLANDS ASSOCIATION BOARD OF DIRECTORS MEETING

Tuesday, January 10th - 6:00p.m.

The Clubhouse 43360 Rickenbacker Square

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

BOARD MEETING HIGHLIGHTS

The following actions were taken by the Board of Directors at their meeting held on December 13, 2016

- Approved minutes of November 11, 2016 meeting
- Discussed homeowner comments regarding trash can violations
- Directed management to contact race management regarding a race through Broadlands that the HOA was not made aware of
- Discussed options for handling crowds at a popular community event
- Provided feedback on two signs from the Wildlife Habitats Committee
- Approved the proposal from Roofing and More, Inc. to replace the Community Center doors
- Directed management to amend the Community Center rental contract for non-profit groups to set maximum monthly usage at 20 hours, except for special events (such as holiday parties)
- Denied a contract with LinkingSpot
- Denied an appeal from an owner to install a wood grain front door
- Approved a proposal from The Care of Trees to remove hazardous Ash trees
- Approved a new elliptical machine purchase for the fitness center from Heartline Fitness
- Changed the February meeting date from February 14th to February 7th
- Accepted the agreement for the annexing of section 108
- Approved staff compensation packages
- Approved the write off of accounts with balances less than \$1.00

HAPPY NEW YEAR!

Winter has arrived and hopefully you all survived the madness of the holidays unscathed! Hopefully this winter won't be as snowy as last year, but we're ready no matter what Mother Nature brings our way. As a reminder, VDOT is responsible for plowing streets that are county maintained, while the HOA is responsible for plowing privately owned streets and parking lots. Residents living



on private streets pay additional assessments for street maintenance that include snow plowing, and residents living on publicly maintained streets do not pay an additional assessment for street maintenance. Those roads are plowed and paid for using taxpayer dollars. If you are uncertain who owns the street you live on, please check out the street listing on our website.

Snow removal on HOA owned streets commences after two inches (2") of snow has accumulated on paved surfaces, or at the discretion of the Association. As a reminder, it is very helpful for residents on all streets to park in their driveways where possible when a winter weather event is predicted. This allows plows to clear the widest path on the street and reduces the likelihood of parked vehicles getting hit either by passing snow plows or by other vehicles traveling on slippery road surfaces.

As the New Year rings in and we close the door on our 21st year, I would like to take a moment to give thanks and recognition to members of the Broadlands team who have helped the community grow over the past two decades and into what it is today.

• I would like to first thank the Board of Directors. All nine members of the Board are engaged and community focused. They face the challenge of governing a growing community with changing needs. They are also very supportive of staff and allow us to handle the day-to-day operations.

• I would like to thank the HOA staff. They certainly make my job easier and without them the community would most *See Happy New Year on page 9*

MODIFICATIONS & COMMUNITY INFORMATION

MODIFICATIONS SUBCOMMITTEE

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to *rcrews@broadlandshoa.com* or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review these guidelines and the updated changes on our website. Visit *broadlandshoa.org/for-residents/designguidelines/* for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

HOW AM I NOTIFIED OF MY RESULTS?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from *no-reply@smartwebs365.com* should you wish to add this email address to your contact list to ensure prompt delivery.

Modifications Subcommittee Submission and Meeting Dates

Submission Date January 12th February 9th February 23rd March 9th Meeting Date January 18th February 15th March 1st March 15th

DESIGN GUIDELINE CHANGES

The Modifications Subcommittee has updated the design guidelines for Driveways and Air Conditioners/Heat Pumps.

Driveways

- Approval is not required for the replacement of an existing, approved driveway as long as the same material and footprint is used.
- Driveways that are widened must be tapered to merge with the existing driveway or the street apron. (Illustration provided on page 7)
- For houses with front-loading garages, the driveway extension should not extend past the front edge of the house. For houses with side loading garages, driveway extensions should not extend past the wall in which the garage doors are located. (*Illustration provided on page 7*)

Air Conditioner/Heat Pumps

- Extensions of condensation pipes which are above ground and visible may not exceed 3 feet. Extensions used for additional drainage purposes must be buried underground.
- Water flow from condensation pipes must not adversely affect drainage onto neighboring properties.

HAVE AN OPEN BAND QUESTION?

For questions regarding the amended budget or coupons or the association, please contact John Halfhill with FirstService Residential at (703) 679-1513 or *john*. *halfhill@fsresidential.com*.

For questions regarding OpenBand's services, please contact Open Band at (703) 961-1110 or their website - http://support.openband.net.

BE A GOOD NEIGHBOR

When using a snow blower, please blow your driveway snow onto your own lawn, not your neighbors, the street or the sidewalk.

GO GREEN AND OPT OUT

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com and be sure to include your addresss.

You will no longer be mailed a hard copy, but will be emailed a link to the online version.

BROADLANDS Modifications Subcommittee Design Guidelines **Driveway Extension Diagrams**

reference page 6



COMMUNITY & LOCAL INFORMATION

COVENANTS CORNER

During the winter season it is not only imperative that we keep our streets and sidewalks cleared so that we have access to our properties but also that the addresses of our properties be predominantly displayed to provide Public Safety a quick response to your residence in case of emergency (i.e. fire, ambulance, and/or police). A Loudoun County ordinance requires that address numbers be predominantly displayed on your house and not blocked by vegetation. All numbers must be at least three (3) inches in height and shall contrast (clearly visible) with the background on which they are posted. Address numbers on mailboxes act as a second address verification.

During the month of January, the Covenants Department will be inspecting for broken/missing address numbers on your house as well as your mailbox in an effort to keep your community safe and accessible.

Covenant Inspectors regularly canvass our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained. Throughout the year, the Covenants Inspectors routinely inspect homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications, and leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

HOLIDAY TRASH, RECYLING AND CHRISTMAS TREE PICK UP SCHEDULE

New Year's Day: Service schedule will not be impacted since the holiday falls on Sunday this year. Services will be provided as usual on the Monday following the holiday; however, our offices will be closed.

Christmas Tree Collection: Christmas trees will be collected on trash collection days during the weeks of January 2nd and January 9th. All tinsel and decorations must be removed and trees should not be placed in plastic bags.

2017 KICKOFF - EVENTS COMMITTEE MEETING

Thursday, January 5th

6:30pm at the Clubhouse, 43360 Rickenbacker Square

At the meeting we will start working on the new and great events we have planned for 2017. And, we have lots of volunteer spots to fill!

The Committee is made up of a wonderful group of volunteers who generously donate their time with creativity and enthusiasm to make our events happen. For more information email events@ broadlandshoa.com.

PLEASE CLEAR YOUR WALKWAYS

Both Virginia and Loudoun County Codes require that the occupant – whether an owner or a tenant – remove all snow and ice from any walkway adjoining any part of their property within 6 hours after the snowfall has ceased. If the snow or ice fell during the night, it must be removed by noon the following day. Should the storm occur on Sunday, the accumulation must be removed by Noon on Monday.

Failure to comply with the Code can result in a fine of:

\$250.00 imposed by the county. Complaints should be reported to the County Department of Building and Development, (703) 777-0635. Please be a good neighbor and a good citizen. Clear your walkways and keep Broadlands a safe environment for all our residents. If you know someone physically unable to keep their walkway clear, please consider giving them a helping hand See Happy New Year from page 5 undoubtedly decline. Their dedication and commitment to the community is outstanding.

• I would like to thank the developer for all their efforts. The Van Metre folks have been here for the long haul. Their commitment to our long-term success is unlike any others I have worked with.

• Last but certainly not least are the many volunteers. The committee volunteers play an essential role in developing the true sense of community. Their service and commitment is vital in sustaining the atmosphere of community. I would encourage all of you to get out and volunteer in big and small ways. Be it helping out for a few hours the day of an event or working on the planning committee weeks and months in advance of the event, it is truly rewarding to give back to your community.

I hope everyone enjoyed their holidays and is ready to settle back into the swing of things. I know I am very excited about all of the events and improvements we will have here in Broadlands in 2017.

Happy New Year to all!

Sarah Sarah Gerstein, CMCA, AMS, PCAM General Manager

GREAT VISIT WITH SANTA!

Thank you Broadlands residents for joining us at the *Broadlands Annual Visit with Santa* on December 2nd. There were over 500 people in attendance for an exciting and festive evening! Thank you also for your donations to the *Toys for Tots* box. The generosity was overwhelming and it was wonderful to see the box overflowing again this year!

A special THANK YOU to those who helped make the event a wonderful evening:

- Broadlands HOA General Manager, Sarah Gerstein and Newsletter Editor & Events Committee Liaison, Natalie Ihanainen
- Mrs. Jessica Blood and the Hillside Elementary School Chorus
- Ms. Carrie Geiger and the Mill Run Elementary School Chorus
- Ms. Kelley Vaeth and the Eagle Ridge Middle School Band
- Eagle Ridge Middle School Helpers: Ria Sunderraj & Jenna van der Biezen
- Briar Woods Key Club Volunteers: Sneha Gonuguntha, Shria Bommereddy, Emily Cohn, Maddy Corson, Sapna Seth, Minakshi Seth, Katie Dorey & Madison Dorey
- Adult Volunteers: Mrs. Marsha Bendinger & Ms. Julie Holstein
- HLS for the beautiful poinsettias
- U.S. Marine Corps Toys for Tots
- Carbone Entertainment
- Twisted Air Balloons

Thank you again and Happy New Year!

- Barbara & Mike van der Biezen

2016 Annual Visit with Santa Coordinators

VISIT WITH SANTA...





















Monday Holidays Are For Nature Center Adventures!

Kindergarteners through 5th Graders, come to the Broadlands Nature Center on the following Monday holidays and spend the day with the Naturalist! The programs run from 7:45am to 2:45pm



Program Dates:

January 16th:

Holiday - Martin Luther King Jr. Day

February 20th:

Holiday - Presidents' Day

May 29th: Holiday - Memorial Day

As a new service to the community, we are offering full-day Nature Center Adventures

on Monday holidays. We know everyone doesn't get the day off; and if the kids have a holiday from school it should be fun and memorable.

The programs will be held outdoors as much as possible, dress accordingly. Grades 3rd-5th have the opportunity of doing animal care training and becoming part of our Youth Naturalist program. All participants will take part in animal care, nature learning, scavenger hunts; learning through creating, and games.

Hours for this program are the same as the school, 7:45am - 2:45pm, with options to lengthen if needed. Price per day is \$50.00 with a reduction of \$40.00 per child if multiple children are enrolled. These programs include all of the materials, but none of the food (please send a packed lunch with your child).



The ratio of instructor to participants will never be greater than 1:12, 24 students maximum. Youth Naturalist interns will be present to support animal care training and interactions as well as to facilitate team games. Visit broadlandshoa.org/event/ mondays to register.

IF WE DO NOT GET A MINIMUM OF 8 PARTICIPANTS, THE PROGRAM WILL BE CANCELLED AND YOU WILL BE NOTIFIED PRIOR TO THE PROGRAM DATE.

IN THE GARDEN...

Choosing Seeds for Spring's Vegetable Garden

By Denise Palmer - Virginia Cooperative Extension Master Gardener, Loudoun County

With this season's vegetable garden a fading memory and cold winter temperatures just around the corner, let's not get too complacent. One of our most enjoyable gardening compact, bush or dwarf unless you intend to grow vertically on trellises. Even if your garden space is large, think about whether you have the time to maintain it, especially if

before choosing your seeds and stick to it, no matter the hundreds of seed packets with their photos of vegetable perfection.

All seed packets

contain basic growing

information and growth

habit such as vining or

bush, when to plant,

height of plant and

maturity date, so make

sure to read first before

purchase. Many seed

websites have specialty

categories such as

container vegetable

gardens, as well as

highlight varieties that

have proven exceptional

performers in our area.

There's also a wealth

of information online

including the blogs

Savvy Gardening and A

Way to Garden. So have

some fun dreaming of

next year's bounty, and

enjoy winter knowing

that when a new growing

season arrives you'll be

tasks is about to get underway... choosing vegetable seeds for next season. If you haven't grown veggies from seed, it's time to give it a try. Today, an amazing array of seed varieties is offered by many companies both online and in catalogues; Southern Exposure Seed Exchange, Bountiful Gardens, and Johnny's Selected Seeds are just a few. By the end of January, you'll also see seed packet displays in nearly every general merchandise, grocery or home improvement store. Growing veggies from seed is not only cheaper than buying seedlings, it's also a way to try new varieties you might not find anywhere else.



Photo Courtesy of Normalee Martin

Before choosing seeds, first think critically about your vegetable garden. Is it a small container or raised bed garden? Did it become overgrown in the past? Smaller spaces may dictate picking varieties labeled you're a veggie gardening newbie. Plan to plant only what you can realistically weed, water and harvest and only grow what your household will eat. To avoid temptation always write down what you want to grow

The Extension Master Gardener Help Desk volunteers will answer your questions. Contact us at 703-771-5150 or http:// loudouncountymastergardeners.org/ gardening-advice/help-desk/

prepared!

All That Sparkles

If you've got Champagne wishes, you'll love this sparkling wine tasting. Prosecco, Moscato, and Cava...Oh my! And more! It's Valentine's Day, so let's celebrate!

Friday, February 10th 7:00pm-9:00pm at the Clubhouse \$20.00 per participant Sonya Farrell of Drinking Well will be instructing us all about bubbles at this fun and educational event.

This class is limited to 36 attendees and is for guests 21 years The evening will begin with a welcome glass of sparkling wine followed by the event that will begin promptly at 7:30pm. Doors open at 7:00pm.

To sign up visit broadlandshoa.org/events/sparkles of age and older. No Refunds.

IN CASE YOU NEED A HAND...

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148 Main: 703-729-9704 Fax: 703-729-9733 broadlandshoa.org • info@broadlandshoa.com HOA Office Hours: Monday – Friday, 9:00am to 5:00pm Nature Center Hours: First three Saturdays, 10:00am to 2:00pm

ASSESSMENT INFORMATION OFFICE

Firstservice Residential: Payments and Resale Docs Main: 703-679-1541 Fax: 703-591-5785 fsresidential.com • customerservice.dcmetro@fsresidential.com

Mail Payments To: FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

BROADLANDS ASSOCIATION STAFF

General Manager

Sarah Gerstein • sarah@broadlandshoa.com

Covenants Suzan Rodano + covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison Natalie Ihanainen + events@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator Stassa Collins • scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee Robin Crews + rcrews@broadlandshoa.com

Administrative Specialist

Julie Holstein • julie@broadlandshoa.com

Reception

Joanne Hang • joannehang@broadlandshoa.com Maureen Trahon • maureen@broadlandshoa.com

Naturalist

Erin Fairlight + naturalist@broadlandshoa.com

BOARD OF DIRECTORS

President Eric Bazerghi • eric@thehouse.net 703-623-1509 Vice President David Baroody • dm.cmb@verizon.net 703-729-6785 Secretary/Treasurer Dawne Holz • deholz@icloud.com 703-349-1095

Directors

Heidi Eaton • 571-232-1830 Denise Harrover • 703-425-2600 Cliff Keirce • 703-729-7320 Tania Marceau • 571-331-4381 Todd Parsons • 703-936-9309 Joseph T. Wagner • 571-333-0821

COMMITTEES

Broadlands Live Concerts: Renee Ventrice • broadlandslive@yahoo.com Community Wildlife Habitat: Oya Simpson • osimpson@broadlandsnaturally.org 703-725-8040* Events: events@broadlandshoa.com Swim Team: broadlandsswimteam.org Technology: Dawne Holz • deholz@icloud.com*

Tennis: Brad Marcus • bradmarcus@gmail.com

Webmaster: webmaster@broadlandshoa.org *Please look under Clubs and Groups for more information

NON-EMERGENCY

Ashburn Fire	703-729-0006
Dominion Virginia Power	888-667-3000
Fire Marshall	703-777-0333
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-3333
State Police	703-771-2533
Washington Gas	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) 1-703-753-5521
Snow Removal:
VDOT Streets 703-383-8368
HOA Streets 571-317-4369
Trash Pickup (Patriot Disposal)1-703-257-7100
Southern Walk Association - OpenBand:
Billing – John Halfhill, FirstService Residential
John.Halfhill@FSResidential.com703-679-1513
OpenBand Customer Service 24x7866-673-6226
OpenBand Trouble Tickets703-961-1110
Towing (Battlefield Towing)703-378-0059

PUBLIC INFORMATION

A 1 1 C 1 1/C1 1	
Animal Control/Shelter	
Building Permits & Dev	
County Landfill	703-771-5500
DMV (VA)	
DISH	888-656-2461
DirectTV	800-531-5000
Health Department	703-777-0236
Library (Ashburn)	
Loudoun Ride On	703-777-2708
Loudoun Hospital	703-858-6000
Miss Utility	
Metro	
Parks and Recreation	703-777-0343
Ridesharing	703-771-5665
Road Conditions	
School Board	
Street Signs/Storm Drains	703-771-5666
VDOT.	
Van Metre Homes	703-348-5800
Verizon Fios	
	800 934 6489
Xfinity/Comcast	
Xfinity/Comcast Wildlife Hotline (local)	

SCHOOLS - BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	
Hillside Elementary School	
Mill Run Elementary School	





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Gimmicks, Just Results! dly Serving Broadlands!	BROADLANDS HOME SALES 8/1/16-9/1/16				
RABBE	Townhouses 43118 Huntsman Sq 43112 Forest Edge Sq 21940 Edgemere Ter 21930 Bayard Ter 42998 Marburg Ter Single Family Home 42781 Ridgeway Dr 42890 Park Brooke Ct 21474 Basil Ct 22002 Stone Hollow Dr	\$619,900 \$639,950 \$679,900	\$372,900 \$396,000 \$391,000 \$415,000 \$487,000 \$614,000 \$614,000 \$635,000 \$671,500	Subsidy \$8,000 \$7,250 \$2,000 \$800 \$0 \$1,3000 \$0 \$250 \$13,000	DOM 8 29 21 52 50 8 25 53
TheGregWellsTeam.co	21315 Meadow Field Ct FREE Market A Broadlands	sHome	eSeller	so Home s.com	

20937 Ashburn Rd Ste #200, Ashburn, VA 20147

Each office individually owned and operated.





Now through March 31, 2017, when you transfer your high-rate balances to a select new or existing Apple Visa® Credit Card, you'll enjoy **rates as low as 0% APR* for 12 months**, then 5.99% - 18.00% Variable APR.

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*APR = Annual Percentage Rate as of 01/01/2017 only available on balance transfers made with a variable rate Visa[®] Credit Card; excluding the Student, Credit Builder or Business Credit Card. The balance transfer APR offer is available 01/01/2017 - 03/31/2017 on balance transfers only. A 3% balance transfer fee during the promotional period applies. Balance transfer rates adjust to a variable APR (5.99%–18.00%) after the promotion period based on an evaluation of applicant credit — not all applicants will qualify for the lowest rate. For complete terms and conditions, visit AppleFCU.org/Promotions. Membership eligibility required. Equal Opportunity Lender.

christian Child Development Center Planning for the 2017-2018 school year is underway:

Half-Day Preschool Lottery Closes January 20!

Morning and afternoon classes offered for potty-trained students, ages 2.5-5 years.

Accredited Full-Day Kindergarten Enrolling Soon!

Open house Wednesday, February 8, at 9:00am. RSVP to enrollment@openarms-ccdc.org

Full-Day Program 2017-2018 Interest Lists Now Forming!

Serving children ages 6-weeks through after-school 5th grade.



Open Arms is a nurturing and safe environment for the development of children in our community through loving, Christ-centered, Bible-based care.





43115 Waxpool Rd, Ashburn (703) 729.9144 I www.openarms-ccdc.org

Healthy Slow Cooker Chicken Chile Verde

Serve with corn tortillas, avocado, rice and/or beans! 2 pounds tomatillos, husked (paper skins, removed) and cut in half

4 Poblano or Anaheim peppers 2-3 jalapeños, depending on your spice preference 6 garlic cloves 1 - 4oz can diced green chiles 1 bunch of organic cilantro juice of 1 lime 2 teaspoons ground cumin 2 teaspoons dried oregano 1/4 teaspoon salt, plus more to taste Freshly ground black pepper 3/4 cup low-sodium chicken broth 20 oz Just BARE Boneless Skinless Chicken Thighs 1 large yellow onion, diced

Place tomatillos cut side down, poblano peppers, jalapeños and unpeeled garlic cloves on a foil-lined large baking sheet. If necessary you can use two baking sheets. Place in the oven under the broiler setting for 8-10 minutes or until the tomatillos and peppers begin to roast and blacken. If you don't have broiler in your oven, you can put the oven at 425 degrees F (this option may take longer). Transfer the poblano and jalapeno peppers to a plastic Ziploc bag and zip it tight (leave the tomatillos and garlic on the baking sheet for now). This allows the peppers to steam in the bag and after 5 minutes you should be able to remove the skin, stem and seeds off the peppers. Discard those. While the peppers are steaming in the bag, add tomatillos to a blender. Add all pepper juices to the blender too! Peel garlic cloves and add to the blender along with the peppers, green chiles, cilantro, lime juice, cumin, oregano, salt, pepper and chicken broth. Blend the ingredients until they are well combined. Add chicken thighs and diced onions to slow cooker, pour tomatillo-chile sauce all over the top of the chicken and stir to combine. Cover and cook on high for 3 1/2 hours or low for 7 hours. Before serving, remove chicken with a slotted spoon and shred with a fork. Add back to slow cooker and mix in with a spoon. Taste and adjust seasoning as necessary. Serve with corn tortilla, tortilla chips, rice and/or beans. Cook time: 7 hours, Serves 4-6. ambitiouskitchen.com



Delicious Slow Cooker Recipes For A Cold Winter Day



Slow Cooker Zuppa Toscana The classic soup is sure to be a crowd pleaser! 1 lb ground Hot Italian sausage 1 bag Simply Potatoes diced potatoes and onions (can substitute with 1 diced yellow onion and 4 russet potatoes, peeled and cubed) 2 cloves large garlic minced 32 oz chicken stock 1/2 pieces bunch kale de-stemmed and torn into bite sized 1 cup heavy cream 2 Tbsp flour Salt and pepper to taste

Pinch of red pepper flakes optional

Heat large sauté pan over medium high heat and brown sausage. Add minced garlic and stir to combine. Drain off the grease and then add sausage and garlic to the bottom of slow cooker. Add bag of diced potatoes and onion, cover with chicken stock and water (if necessary) to completely cover potatoes and sausage. Cover and cook on LOW for 5-6 hours or HIGH for 3-4 (potatoes should be soft) *Before Serving:*

Whisk together heavy cream and flour until well mixed. Pour into slow cooker, add kale and stir to combine. Cover and cook on HIGH for 30 minutes until soup has thickened slightly. *Cook Time 4 hours, Serves 6, Thechunkychef.com*

FROM YOUR SUPERVISOR

Hello Broadlands,

It has been a very busy time for the Board of Supervisors in dealing with all the issues that come before us. Now that it is January, we will be starting the budget process for FY 2018 and I hope to hear from the residents of the Broad Run District as to what is important to you in budget deliberations. It is always challenging to meet our obligations and to fairly fund all the requests that come before us.

There will be public input sessions on the budget and I will let you know these dates as they come to us.

I also get many questions about the Ashburn Recreation Center which will be just off Belmont Ridge Road. This center will be on an 18 acre proffered site. It will combine recreation and community center program space in a 100,000 square foot facility to include meeting rooms, classrooms, administrative office space, a gymnasium, a kitchen, a fitness center, multi-purpose rooms, and a running track. The facility would also include an aquatics center with a 50 meter sized pool, leisure pool, pool seating areas and locker rooms. This project will be funded by proffers and general obligation bonds.

We also have many road and safety projects currently in construction. We have accomplished a lot but have much more to do.



Accomplishments:

- Signal installed at Truro Parish and Belmont Ridge

- Signal installed at Croson Lane and Belmont Ridge

- Safety signage on Truro Parish Drive

- The widening of Belmont Ridge Road is continuing and appears to be on track for completion in 2018.

- The widening of Claiborne Parkway between Ryan Road and Croson Lane is expected to be completed in Summer, 2018.

- Construction of Mooreview Parkway between Croson Lane and Old Ryan Road is expected to be completed in Winter, 2018. This is a brief description of only some of the projects that are in process in the Broad Run District and specifically in the Broadlands area.

We are continuing to make sure that these projects stay on track.

While these main road projects are critical to Ashburn residents being able to commute to their jobs, schools, and entertainment, it is also very important that our neighborhoods are safe and it is a priority for me to address any local problems that are brought to my attention.

If you see a problem in your neighborhood, please let me know so that we can contact the Sheriff's Department or VDOT and try to address it. My office phone is 703 737 8111 and my e mail is Ron. Meyer@loudoun.gov.

I hope that 2017 is happy and healthy for all.

Supervisor Ron Meyer

ASHBURN LIBRARY CORNER

Welcome 2017! Wow! Made any new year's resolutions yet? I know a great one...read more books! Even better, read more books and help support the continuing programs and activities at the Ashburn Library. How can you do this? Come visit the library at the end of this month beginning January 26th for the 2017 Winter Book Sale! Literally thousands of books for bargain basement prices. Books for all ages and genres. Fiction, Mystery & Suspense, Cooking, History, Biography, Business and more! And we have got kids of all ages covered too, board books, picture books, chapter books, young adult. You name it, we've got it! What better way to start 2017 off with a bang!

And if making all those New Year's resolutions has got you too worked up to cook, then stop by Wendy's in Broadlands on the first Tuesday of *every* month for a quick and tasty meal. Wendy's partners with The Friends of the Ashburn Library (FOAL) and generously donates a portion of their profits from 5:00pm-8:00pm to support the ongoing programs at the Ashburn Library. This month please be sure to join us on January 3rd!

January Library Calendar Library closings New Year's

Sunday, January 1 Monday, January 2 (close at 5 p.m.) Martin Luther King Jr. Day Monday, January 16

Special Event

Friends of the Ashburn Library Winter Book Sale

Books, DVDs, CDs and video games at amazing prices! Proceeds benefit the Ashburn Library. Donations of books (all formats), CDs, and DVDs will be collected during regular library hours, January 9-26. PRE-SALE: Thursday, January 26, 5:00pm - 7:30 p.m. (\$15.00 admission fee)

Friday, January 27, 10:00am - 7:00pm

Saturday, January 28, 10:00am - 5:00pm Sunday, January 29, 10:00am - 5:00pm

Programs Adult Book Club

Recommended reads. For adults. Tuesday, January 3, 7:00pm

Reading Buddies Storytime

Encourage your child's love of books and reading development by pairing them with a teen reading buddy for oneon-one reading time. For Preschool-Grade 2. Mondays, 4:30pm

Brambleton Adult Book Club

My Grandmother Asked Me to Tell You She's Sorry by Fredrik Backman. The Brambleton Community Center is located at 42645 Regal Wood Drive, Brambleton. Pick up copies of the book at the Brambleton Community Association office at 42395 Ryan Road, Suite 210, Brambleton Monday, January 9, 7:30pm

STEAM Club Jr.: Color

Explore math and science concepts with hands-on activities. For Grades K-2. Tuesday, January 10, 4:00pm

STEAM Club: Coding

Explore math and science concepts with hands-on activities. For Grades 3-5. Thursday, January 12, 4:00pm

Flat Stanley Book Club

The Great Egyptian Grave Robbery by Sara Pennypacker For Grades 2-3. Reserve a copy of the book at the Youth Services desk. Sponsored by the Friends of the Ashburn Library. Tuesday, January 17, 4:00pm

Grade 4-5 Children's Book Club

Matilda by Roald Dahl Explore different genres of children's literature each month with games, activities and book discussions. See the Youth Services desk to reserve a copy of the book. Sponsored by the Friends of the Ashburn Library. Thursday, January19, 7:00pm

Library Playdate

Coffee and conversation for adults. Toys and play space for children. For children ages 5 and under with an adult. Friday, January 20, 10:00am

Homeschool Book Club

Immigrant Stories: *Grandfather's Journey* by Allen Say and *In the Year of the Boar and Jackie Robinson* by Bette Lord. See the Youth Services desk to reserve a copy of the book. For grades K-5.

Friday, January 20, 2:00pm

Middle School Book Club

Liar and Spy by Rebecca Stead. Ask at the Youth Services desk to reserve a copy of the book. Sponsored by Friends of the Ashburn Library. For Grades 6-8. Monday, January 23, 7:00pm

Snack Tales

Join us for an afternoon of themed stories, crafts, and treats. For Grades K-2. January theme: Reptiles Tuesday, January24, 4:00pm

Loudoun Literacy Council ESOL Beginners Class

Advance registration required. Registration and placement sessions January 23-27. For more information ask a librarian or visit loudounliteracy. org.

Monday, January 30, 7:00pm

Family Literacy Night

Crafts and activities inspired by the book, *The Snowy Day* by Ezra Jack Keats. For Preschool-K. Monday, Jan. 30, 7 p.m.

Hope to see you at the library soon!

Debbí Získo

Friends of the Ashburn Library (FOAL)



ABOUT YOUR FITNESS

Move of the Month By, Katie Herbert, CPT Fitness.innovations@gmail.com

Last month we covered one of my favorite exercises: burpees. Hopefully you have found a way to add this great exercise into your life. This month we are going to talk about another fantastic, big bang exercise: planks.

Planks are great because they are less intimidating than many exercises and they can be done anywhere with no equipment. Anyone can perform an awesome plank at some level. Unlike burpees, planks do not incorporate much in the way of cardiovascular demand but they do require and develop plenty of strength. Planks integrate the body as a whole to emphasize core work along the front and back of the body creating a strong foundation.

Incorporating planks into your workout is easy. In the past many professionals have pushed timed planking a bit too far. More recent studies have shown that a plank does not have to be held for an incredibly long period of time to be effective. In many case, once participants get past 20-60 seconds form will falter and risk of injury increases. Every once in a whole I will check my clients to see how long they can hold a plank to see if we have made increases but, for the sake of a good workout we never hold longer than 40 seconds in plank. Instead of increasing time we increase the level of difficulty. Below you will find options to take you from Average Joe to Planking Pro!

Remember when you are in plank position: your body should remain in a nice long line with hips neutral (neither dropping down or pitched up high), shoulders should be pulled down and away from your ears (no hunching up), and don't forget to breathe.

Beginner Options:

1. Elevate- if you are new to planking or have had any shoulder or back injuries you will benefit from raising you plank. This can easily be done by way of a chair or bench.



2. Short Lever- ready to hit the floor but not ready to go all out? Simply bend at the knees resting just above the knees to shorten your lever and decrease difficulty.





Intermediate:

3. Full Plank- In this option you will come onto your toes with arms either extended straight to the floor or bent 90 degrees in tabletop.



4. Add movement- Once you can hold a basic plank there are so many variations that can be used to make this exercise more interesting and more challenging. You can shift up and back as you hold plank, play around with taking alternating steps out and in while in plank or keep feet still and reach out with one arm and alternate. Picture can be found on page 22

See monthly exercises page 22

ABOUT YOUR FITNESS

Monthly exercises from page 21



Advanced Options:

5. Add cardio- once you have a stable base and strong foundation you can really crank it up. Try a plank jack by jumping both feet out and in while in plank.



6. Add instability- if strength allows, you can challenge the core and balance by coming into a side plank. From here you can also add movement to further challenge your body.





I hope that you all enjoy these variations to an already amazing exercise. Don't forget, form is more important than time. Once form starts to fail, take a rest then try it again!

LOUDOUN SYMPHONY'S WINTER RESPITE

"Join the Loudoun Symphony for Winter Respite on Saturday, February 4th at the Community Center in Middleburg.

The program begins at 4:00pm and will feature music by Bach, Beethoven and Hayden. The orchestra and guest soloist, violinist Teresa Gordon, will perform in a music-in-the-round format with the audience seated around the orchestra.

Warm your ears on a cold February day with the talented Loudoun Symphony Orchestra. Refreshment including wine will be available.

Details, including ticket information, are on the LSO website: loudounsymphony.org/ lso.

ASHBURN FIRE AND RESCUE NEWS

Chili Fundraiser Saturday, January 21 Noon to 4:00pm Old Ox Brewery in Ashburn

We have just the thing to warm you up! Enjoy tastings of chili from 20 Ashburn restaurants starting at \$10.00. All proceeds will be donated to the AVFRD. Bring the kids to see the fire truck! Adults too can enjoy the afternoon with friends and neighbors. For more details visit: https://ashburnfirerescue. org&www.oldoxbrewery.com

Gear up and join the action! Volunteer Firefighters and EMTs needed

- Free training provided/Uniforms & Personal Protective Gear Provided

- Vehicle Property Tax Reduction/ Free Loudoun County Vehicle Decal

- Retirement Program Benefits/ Tuition Reimbursement

- Prospective member meeting last Tuesday of every month, 7:00pm, Station 6, Ashburn Road

- Administrative Volunteer opportunities also available

Keep tuned for the reopening of our Founders Hall and pancake breakfasts and other upcoming events: https://ashburnfirerescue. org/events or on https:// facebookcom/avfrd

DID YOU KNOW?

AVFRD is a designated CFC (Combined Federal Campaign) recipient - Our five digit code is -51688. We always appreciate the continued support of the community

Sign Up for Family, Fun & Fitness!



Saturday, April I, 2017

BROADLANDS

Ashburn, VA - 8:30 am

GREAT NEW SURPRISES FOR 2017!

Kids Fun Run • One-Mile Fun Run/Walk • Team Challenge • Cash Prizes & Awards •
 Post-Race Celebration & Door Prizes • All-New Virtual Runner Category •
 Food, Fun & More For Family, Friends & Pros! •

TAKE ADVANTAGE OF EARLY BIRD PRICE SAVINGS BEFORE 1/31/17!

Help Us Help the Children by Meeting Our Goal of \$150,000





Phone: 703-348-5800 ext. 6005 Register online at www.VanMetre5MileRun.org

DIRECTIONS TO BROADLANDS:

From the Beltway, follow Dulles Toll Road West. Take the Dulles Greenway to Exit 6 (RT 772) Ashburn/Broadlands. Left at exit ramp, then right onto Wynridge Drive to the Broadlands Marketplace.





New Year, New Healthy You Crystal Wasilausky, Health Coach fuelforyourbelly.com

It's January and many of us have started reflecting on 2016 and thinking of resolutions to start off the New Year right. We got through the hectic holidays and now it's time to check in and make some positive changes in your life in the areas that are not working for you. Maybe you discovered some discomfort in your body and you decided to make changes to your diet and fitness routine, or maybe it's to spend less money in 2017. Whatever the resolution, there is always room to make positive changes to make your life more fulfilling for you.

It seems like we make these vague resolutions like "eat healthier" and "exercise more" that seem to be forgotten by the beginning of February. So I ask the question why is it so hard to stick to these resolutions?

First off we set these really high expectations for ourselves and then feel regret and guilt when we don't follow through on them. We have a negative view on our resolutions. We tell ourselves "do not eat those cookies," and then the next night we stay up late and eat the entire box. Or we go from never exercising to setting these unattainable expectations to start getting to the gym every day when we really can't stand being at the gym. We swear off all junk food, participate in mindless spending, and engage in other activities that more times than not will leave us feeling discouraged, guilt, and left with a broken resolution.

What's the solution to resolution

regret? We need to balance the areas of our life that are not working for us and find ways to make positive changes that fill that void. We want to set goals for ourselves that lead us in the right direction step by step. New Year's should not be focused on correcting old behaviors but rather to strive for balance, build healthy relationships, start a physical activity that is energizing and invigorating. It's awesome if your goal is to cut out sugar all month, but it's so much more gratifying if we set goals that extend to all areas of your life, which in turn naturally makes them more positive. Finding meaningful connections in your life, make a living by doing what you love to do, and adapting a spiritual practice that teaches you gratitude are all life changing goals that create long lasting changes.

Are you ready to create your new and improved health goal for 2017? Start by asking yourself some questions. What areas of your life are you happy with, and which ones would you like to focus on making some improvements to? If your goal really is to get healthy with your diet, try having the mind-set of an 80-20 plan when it comes to food. Make it a goal to buy as much whole foods that are not processed and try cooking with some new vegetables you never tried. But don't punish yourself if you want to eat that cookie. Eat the cookie because you want it and move on. It's never about being perfect it's about finding a healthy balance and loving yourself. This way of thinking avoids any feelings of guilt, and puts the focus on feeling healthy, happy, and satisfied!

The New Year is an exciting time to make these positive goals and step out of our traditional way of thinking to live each year to the fullest!

Here is a healthy recipe to get you in the kitchen and put some love into your food regardless of your resolution.

Simple Kale Salad Lemon Dressing

¹/₄ cup freshly squeezed lemon juice
¹/₄ cup extra virgin olive oil
2 tablespoons raw honey
1 mince garlic clove
¹/₄ tsp salt

About 2 bunches dinosaur kale 2 shredded carrots 1 shredded beet ½ cup slivered almonds

Prepare the dressing by combining all the ingredients in a small jar and shaking as hard as you can. Set aside.

Chop the kale stems removed into small pieces, add the beets and carrots.

Pour the dressing over the kale and massage the leaves with your hands for a couple minutes. Once the kale is ready it will turn a dark green, and have a wilted texture like that of cooked kale.

This salad will keep in the refrigerator for about 3 days. You can also add any other veggies to this salad that you like and get creative!

BROADLANDS HELPERS LIST

The Broadlands Helpers List is not available on the website version.



BRIAR WOODS HIGH SCHOOL MUSIC BOOSTERS NEWS AND NOTES

Performances and Competitions Pearl Harbor Performances

After months of rehearsals, preparation and fundraising The Falcon Regiment traveled to Hawaii in to perform in the **Pearl Harbor Memorial Parade** and to play at **the Battleship Missouri Memorial** - both in remembrance of the 75th Anniversary of the attack on Pearl Harbor. The students enjoyed an inspiring and educational experience and were proud to represent their school and community at these historic events. Most importantly, they were proud to honor those who served and sacrificed for their country. *To view the band's performance visit:* https:// livestream.com/accounts/7594318/events/6730610/ videos/143796983. Their section begins at the 3:20 minute mark – and enjoy the show.

Award of Excellence at US Bands State Competition

The Briar Woods Falcon regiment wrapped up its competition season strong and was named the **2016 US Bands Virginia State Champions in Class 5-A.** The championships, held in Virginia Beach on October 22. The band had its strongest performance of the season and was awarded **1st place in class 5-A** winning Best Colorguard, Best Drumline, Best Music, Best Visual and Best Overall Effect. The band also received the highest honor of the day, the **"Award of Excellence**", given to the band that achieved the highest level of effects, excellence and class across every band at the event. This award was a true reflection of the students' hard work and dedication throughout this exciting, and successful competition season.

Superior at States

The Briar Woods Falcon Regiment earned "Straight Superior" ratings at the Virginia State Marching Band Assessment at Hermitage High School, Richmond, VA on November 6. The band members performed their show, "American Adventure" at the highest level of the season and received "Superior" ratings from all judges on the panel.

For more information on fundraisers and all of the latest on Briar Woods bands, visit the Music Boosters website at **BWHSmusicboosters.org** or by emailing **BWHSMusicBoosters@gmail.com**.

Preschool Forum

The annual Ashburn Preschool Forum - will be held on January 14, 2017, from 10:00am-1:00pm at the Ashburn Library, 43316 Hay Road, Ashburn, VA.

For more information about MOMS Club please email us at membership.momsclub.broadlands@ gmail.com





CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@ broadlandshoa.com.

ASHBURN CLASSICS

The Ashburn Classics will meet at the Mills Recreation Center on Gloucester Parkway in Ashburn Village at 10:30am on January 14, 2017. Refreshments will be served.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BAC - BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail. com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit www.BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

Please join us for an in-depth Women's Bible Study that beginning Tuesday, January 3, 2017. We will be doing a 6 session study - Entrusted: A Study of 2 Timothy by Beth Moore. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

CUB SCOUTS & BOY SCOUTS

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, pack1483.com, meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info visit cspack1484.org.

GERMAN LANGUAGE PLAYGROUP

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, jemouw@gmail.com, to join a German-language playgroup.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub. broadlands@gmail.com.

MOMS IN PRAYER - EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MOMS IN PRAYER - MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

MUSIC ON THE HEIGHTS

Love live music but don't want the hassle of loud bars, poor sound systems and having to drive far for good music? Then join us on the Heights! We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres...a great way to meet fellow neighbors who share a love a music. For more info email musicontheheights@gmail.com

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & SPIRITUALITY FOR MOMS

Are you looking for some relief from the challenges of motherhood? SAM is a group for Moms living near or in Ashburn insterested in learning about a variety of stress reduction practices and supporting each other's spiritual fitness and well-being. We meet on the 3rd Sunday of each month from 4pm-7pm. For more info or to join email Shea at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30pm in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



FOR SALE ITEMS / REAL ESTATE 55+ CONDO FOR SALE IN BROADLANDS: 1st

Floor Unit WITH Garage, 2 bedrooms, Den, 2 baths, huge walk-in closets. Also, Dominion Valley Gated Home in Haymarket: 5,427 sq. ft., Deck, Finished basement. Jeannette Kohlhaas, Realtor, 703-732-0435, Keller Williams Realty, Ashburn, VA.

INSTRUCTION - ARTS/MUSIC

MUSIC LESSONS NOW: At a professional music school just minutes from your home. Private lessons at our state of art facility in piano, guitar, drums, voice, violin, flute, clarinet, sax or trombone. Our University trained teachers have produced more LCPS award and competition winners in the past 14 years than any other area school. Group lessons, Summer Programs are also available. Call now to schedule a tour or sign up on line 703-123-1154 MINTONS ACADEMY OF MUSIC mintonsmusic.com.

SAXOPHONE AND FLUTE LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. In-home lessons available; endorsed by LCPS; references. Please call 703-777-4352 or email SivardStudio@gmail.com. programs; weight loss/nutritional guidance; pre-natal/ post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@gmail.com; fitnesstogova.com. **JOYOGA:** would like to invite you to see our new classes beginning in January at joyoga.us. It's a great way to start the New Year with caring for you. Our culture & lifestyle can bring many stresses into our life. Please come & join us with breath work in each of our classes & learn to restore yourself. Check out articles on the site regarding sleep & anxiety under the News Section. Questions - 703-850-8386.

ELECTRICAL-PROFESSIONAL CONTRACTORS

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BANE ELECTRICAL SERVICE LLC/ SMALL COMMERCIAL& RESIDENTIAL: Trouble shooting experts! Specializing in High Chandelier installs, Recessed light installations and Home Inspection items. In Ashburn since 1999! Call (703-723-6501) or email baneelectric@comcast.net.

INSTRUCTION - TUTORING

NEED MATH HELP? I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438, or email me at: aplustestprep@verizon.net.

HEALTH/FITNESS/WELLNESS AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME: Get fit now with my 27+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized

28 JANUARY 2017 | OUR NECK OF THE WOODS

HOME SERVICES

DRAINAGE SOLUTIONS: 30 Years' experience. Eliminate standing water. French Drains, Downspout Extensions. Machine Grading. Excellent references. SUPERIOR LANDSCAPING, INC. (703)830-8800, superiorlandscaping.net.

HOME IMPROVEMENT CONTRACTOR:

Specializing in remodeling bathrooms, remodeling laundry rooms, express water heater replacement (24/7), hot tub installations, plumbing, electrical work, finishing basements, and expert at waterproofing wet basements. 30 years' experience. For all your home improvement needs, please call Marc at 703-724-0772.

HANDYMAN SPECIALIST: Broadlands resident since 1999 with a Class A License and insurance.



Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike. Rosario@verizon.net.

HOUSE CLEANING

NILDA'S CLEANING SERVICE: Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

PROFESSIONAL SERVICES

ASHBURN LAW OFFICE, PLC: We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, Attorney@Ashburn-Law-Office.com.



MARKETPLACE

MARY KAY: A wise women once had a dream to change the lives of women for the better. Her hope was so contagious that, one person at a time, her dream spread around the world. Nearly 50 years later, millions have been touched by the legacy that Mary Kay Ash left. I'm proud to share in her commitment of caring & connecting in communities, just like ours, to help make a difference. Contact Deborah Leben 703-217-4583 dleben@marykay.com_marykay.com/ DLeben.

PET SERVICES AROUND MIDNIGHT PET SERVICES, LLC:

Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, aroundmidnight.net. Now hiring – join our team!

HOW TO PLACE CLASSIFIED ADS

Classified ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter <u>are</u> <u>not</u> endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

Monthly Rates:Resident RatesNon-1Monthly - \$10.00MonthPersonal (For Sale) Ads \$0

Non- Resident Rates Monthly - \$20.00

Payment and Ads: Please email ads to: scollins@broadlandshoa.com Checks, credit cards or cash accepted. Buy now online! Make checks payable to "Broadlands Association". No cancellations after the deadline.

> Mail to or drop off payments at: Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

For more information contact: Advertising Manager:

Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

ADVERTISING DIRECTORY

EDUCATION /CAMPS

BeanTree Pavilion - Infant – Kindergarten	2
BeanTree Pavilion – Kindergarten – 1 st Grade	31
Primrose School at Broadlands	32
Open Arms	16

FINANCIAL SERVICES

Apple Federal Credit Union	16
Lori Christ, CPA LLC	

HELP WANTED

Loudoun County Public Schools 14	Loudoun Cour	ıty Public Schools	. 15
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HOME SERVICES

AYS Company-Home Improvement/Construction	20
Climatic Heating and Cooling, Inc	31
Kris's Painting Service, Inc	26
Larry Miller Window Cleaning and Power Washing.	20
P&D Plumbing	20
P&M General Contracting	26
Zampiello Paint Contractors, Inc	20

PETS

Caring Hands Animal Hospital	15
Stream Valley Veterinary Hospital	2
Whole Pet	31

REAL ESTATE

Bonnie Selker, LivingRealty, LLC	2
The Greg Wells Team, Re/Max	5

RECREATION / INSTRUCTION

The Ashburn Ice House 20)
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ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. <u>Advertising orders cannot be cancelled after the initial deadline.</u>

ADVERTISING

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at broadlandshoa.org on the newsletter page. DEADLINE: <u>Ad, payment and Insertion Order Form submissions are due the 1st day of the month prior to the issue. (Ex: Jan 1 for Feb's issue.)</u>

MONTHLY PRICING

BLACK AND WHITE: 1/8 pg (3.625" W X 2.25" H) \$90 /\$75* 1/4 pg (3.625" W X 4.875" H) \$165 /\$140* 1/2 pg (7.5" W X 4.875" H) \$295 /\$270* Full pg (8.5" W x 4.875" H) \$550/\$525* COLOR (INSIDE COVERS) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$225 /\$210* 1/2 pg (7.5" W X 4.875" H) \$425 /\$405* Full pg (8.5" W X 11" H) \$1050 /\$900* COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$250/ \$240* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240* 1/2 pg (8" W X 4.875" H) \$475/ \$455* Full pg (8" W X 8"H) \$1050/ \$950* *Notes discounted price if 6 or more months are prepaid Add 10% to base price above for preferred placement Color space is limited, please inquire.

PAYMENTS (Due when Ad is submitted)

Check Payments: Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

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EDITORIAL

The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be

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