



JANUARY 2018

# BROADLANDS

*Our Neck of the Woods*

*Happy New Year!*



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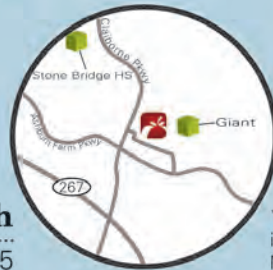
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# BROADLANDS



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## Broadlands Association Board of Directors Meeting

**Tuesday, January 9th - 6:00p.m.**

**The Clubhouse**

43360 Rickenbacker Square

### Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

### Board Meeting Highlights

The following actions were taking by the Board of Directors at their December 12 meeting:

- Approved the amended minutes of November 14, 2017 meeting
- Denied an appeal and upheld the Modifications Subcommittee decision to approve a trampoline with fencing as screening
- Denied a homeowners requests to remediate his drainage issue
- Discussed vultures and advised the affected homeowners to discuss their options
- Directed the Modifications Subcommittee to update Design Guidelines to include Deck Over product
- Discussed Southern Walk HOA easements
- Approved pruning of the Maple trees by Potomac Tree and Shrub
- Approved a proposal from Recreonics for lane lines for the CC and SW pools
- Executed a TriTechnologies contract to repave and rejuvenate the Nature Center, Stone House, and Community Center parking lots in 2018
- Ratified a contract with Specialty Services of Virginia for fire lane painting
- Reviewed the October financial statements
- Assessed violation charges to four account for violations
- Tabled assessing violation charges for one account pending additional information
- Approved staff compensation packages

# JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 HOA Offices and Nature Center Closed for New Year's holiday	2 HOA Offices and Nature Center Closed for New Years holiday	3	4	5	6 Nature Center Open 10:00am-2:00pm
7	8	9 HOA Board Meeting 6:00pm - CH	10 Modification Subcommittee Submissions Due 12:00pm - NC  Newsletter Submissions Due by Noon	11	12	13
14	15 HOA Offices and Nature Center Closed for Martin Luther King Jr.'s Birthday	16	17 Modification Subcommittee Meeting 7:00pm - NC  Tech Committee Meeting 7:30pm - NC	18	19	20 Nature Center Open 10:00am-2:00pm
21	22	23	24	25 Events Committee Meeting 6:30pm - CH	26	27
28	29	30	31			

**Key:** CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool



# Happy New Year!

Starting with the January edition of Our Neck of the Woods, this newsletter will have a brand-new look. You may have already noticed that we are now full color! We are working towards a sophisticated and eye catching new format that is clean and easier to read. We hope you enjoy this new format as we continuously look for ways to improve your community experience.

As for winter weather, we're ready no matter what Mother Nature brings our way. As a reminder, VDOT is responsible for plowing streets that are county maintained, while the HOA is responsible for plowing privately owned streets and parking lots. Residents living on private streets pay additional assessments for street maintenance that include snow plowing, and residents living on publicly maintained streets do not pay an additional assessment for street maintenance. Those roads are plowed and paid for using taxpayer dollars. If you are uncertain who owns the street you live on, please check out the street listing on our website.

Snow removal on HOA owned streets commences after two inches (2") of snow has accumulated on paved surfaces, or at the discretion of the Association and contractor. As a reminder, it is very helpful for residents on all streets to park in their driveways where possible when a winter weather event is predicted. This allows plows to clear the widest path on the street and reduces the likelihood of parked vehicles getting hit either by passing snow plows or by other vehicles traveling on slippery road surfaces.

As the New Year rings in and we close the door on our 21st year, I would like to take a moment to give thanks and recognition to members of the Broadlands team who have helped the community grow over the past two decades and into what it is today.

- I would like to first thank the Board of Directors. All nine members of the Board are engaged and community focused. They face the challenge of governing a growing community with changing needs. They are supportive of staff and allow us to handle the day-to-day operations.
- I would like to thank the HOA staff. They undoubtedly make my job easier and without them the community would most unquestionably decline. Their dedication and commitment to the community is outstanding.



- I would like to thank the developer for all their efforts. Van Metre has been here for the long haul. Their commitment to our long-term success is unlike any others I have worked with.
- Last but certainly not least are the many volunteers. The committee volunteers play an essential role in developing the true sense of community. Their service and commitment is vital in sustaining the atmosphere of community. I would encourage all of you to get out and volunteer in big and small ways. Be it helping out for a few hours the day of an event or working on planning the event weeks and months in advance, it is truly rewarding to give back to your community.

I hope everyone enjoyed their holidays and is ready to settle back into the swing of things. I know I am very excited about all of the events and improvements we will have here in Broadlands in 2018.

Happy New Year to all!

*Sarah*

Sarah Gerstein, CMCA, AMS, LSM, PCAM  
General Manager



## Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com) or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions.

Please review these guidelines and the updated changes on our website. Visit [broadlandshoa.org/for-residents/designguidelines/](http://broadlandshoa.org/for-residents/designguidelines/) for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

## How Am I Notified of My Results?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from [no-reply@smartwebs365.com](mailto:no-reply@smartwebs365.com) should you wish to add this email address to your contact list to ensure prompt delivery.



## Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, fence/deck repair, any staining touch up, or roof repair. Refer to your property plat to locate your property lines because you may have accidentally placed something in the common area that will need to be removed before settlement.

When you sell your home you are required to request a resale disclosure package for the buyer. Once the request has been executed it notifies the HOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, structures that are not in compliance and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the owner's responsibility to rectify all violations found on the property before settlement of the home. If the violations are not rectified before settlement then, the new owner will be responsible.

There are submission procedures on the HOA website, [broadlandshoa.org](http://broadlandshoa.org), to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or questions about your resale inspection results, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com).

## Modifications Subcommittee Submission and Meeting Dates

Submission Date	Meeting Date
January 10th.....	January 17th
February 14th.....	February 21st
February 28th.....	March 7th
March 14th.....	March 21st



## SCOOP THE POOP...

Residents frequently express concern that not everyone is taking the time to pick up their pet's waste in the neighborhood. Please ensure that your family members realize how important it is to be a responsible pet owner:

Dog poop is not natural, especially in the quantities that are generated by pets. It harms the environment and threatens public health.

Forgot your waste bag? No worries! The Broadlands HOA has more mutt mitt stations to offer residents than any other surrounding community - currently 82.

Don't want to carry it with you? No problem, most of our mutt mitt stations have trash cans attached.

Even if your dog poops in the woods, you still need to clean it up. Not only is it unsightly, it can get into streams and into the water supply.

It's the law! Is it a violation of the Association Declaration, Article 8, Section 8.2(q) to not pick up your pet's waste, it is also a county ordinance violation. Please reference Loudoun County Ordinance, Chapter 612.19, Section a (9) Dog waste.



## January Events Committee Meeting

**Thursday, January 25th**  
**6:30 pm at the Clubhouse**  
**43360 Rickenbacker Square**

Come join us as we kick off 2018 events! The Committee will be planning and organizing volunteer teams and event leads for our events in the upcoming year and have lots of spots to fill! Without sufficient volunteers for our events, not all events are possible. Please give back to your community and join us.

The Committee is made up of a great group of volunteers who donate their time with creativity and enthusiasm to make our events happen. For more information, email [events@broadlandshoa.com](mailto:events@broadlandshoa.com).

## Why I Love Being a Youth Naturalist



**By: Julia Cruz**

Taking care of the animals is the main reason why I'm a Youth Naturalist and taking care of the animals includes feeding them, cleaning them, and cleaning their poo, which is the most stinkiest part of the job. Well don't blame them, they have no plumbing, it would be a miracle if they invented animal toilets, but oh well, nobody ever did (not including litter boxes).

The second reason why I love being a Youth Naturalist is that you get to learn more about the animals. Calling all animal lovers of the world...I suggest you become a volunteer! I've learned that leopard geckos come from Pakistan and red sliders (A type of turtle) are invasive to Virginia. The animals give you some education don't you think? "Tweet, Tweet, Chirp" Wise words from Humboldt the cockatiel.

## "I Have A Dream" Winter Art Workshop

**With Wendy Cook,**  
**Founder of Mighty Girl Art in Reston**

Monday January 15th, 10:00am-1:00pm, \$20.00 per participant. We will usher in the new year with creative projects to encourage a year dreaming big: decorating hiking staffs, making medicinal bags (to fill with future potions class herbal medicine), and beginning art journals to be filled with art and journaling all year long. All of this as we celebrate Martin Luther King with his speeches playing in the background. Come and join us (any age capable of these art projects is welcomed.)





## Broadlands Blast

Interested in getting up to date community news in between monthly newsletters? Sign up for our e-bulletin, the **Broadlands Blast**, online at [broadlandshoa.org](http://broadlandshoa.org) in the upper right corner on our website.

## Need a More Secure Recycling Bin?

Residents who currently have the smaller, open recycling bin through Patriot may swap out for the larger, lidded recycling toter at no additional cost. Please contact Patriot Disposal at 703-257-7100 to make this request. You are encouraged to keep a record of the serial number of your toter(s) should you need to identify it in the future.

## Holiday Trash, Recycling and Christmas Tree Pick Up Schedule

New Year's Day: there will be no trash collection. Yard Waste will be collected on Wednesday. Regular trash and recycling collection will resume on Thursday.

Christmas Tree Collection: Christmas trees will be collected on trash collection days during the first two weeks of January. All tinsel and decorations must be removed and trees should not be placed in plastic bags.

## Covenants Corner

### Light the Night

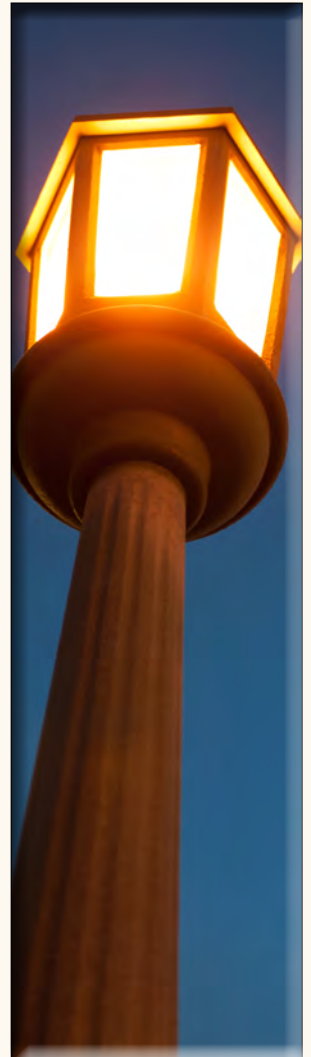
During the month of January, the covenants inspectors will focus on homes whose pole lights in their front yards are burned out. As winter rapidly approaches and the days get shorter, it is more important than ever to keep your exterior pole light functioning both for security and safety purposes.

In accordance with the Association Documents, should you fail to bring your lot into compliance, the Board of Directors may take action to enforce compliance. If a violation is noted, the owner will be mailed a letter providing thirty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fourteen day extension. If the violation remains unresolved, a Hearing Notice is sent and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10 per day for a maximum of 90 days.

Keeping these lights functional is the responsibility of the homeowner whether you own a single family, semi-attached or a town home. Should replacing the light bulb not resolve the problem, you may have a tripped circuit breaker in your home or you may need to replace the photoelectric cell. An electrician can help you. The HOA does not provide this service.

Keep your pole lights operational and keep your home and neighborhood safe.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspectors at [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com) to request a reasonable extension to rectify the issue.



The Covenants Manager regularly canvasses our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained.

Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.



# Why Prune the Maples?

The red maple trees that line several areas of the neighborhood provide a beautiful backdrop and a true sense of establishment in our community. The brilliant red leaves that arrive each fall season let us know that summer has ended and more enjoyable weather is upon us.

The beautiful red maple trees that line Claiborne Parkway were planted in the late 90's and are now 20 plus years old. In order to ensure that they last for the next 20 or more years, the HOA is planning some much needed care. Red maples tend to have co-dominant stems (branches that are weakly attached because they are close to the same size and have bark inclusion between the stems). Due to that fact, after almost every significant storm or high wind event there are broken limbs and main stems in some of the trees. Left uncared for this problem will only get worse. As the trees get larger the risk for branch failure increases due to the increased weight and wind resistance of the branches.

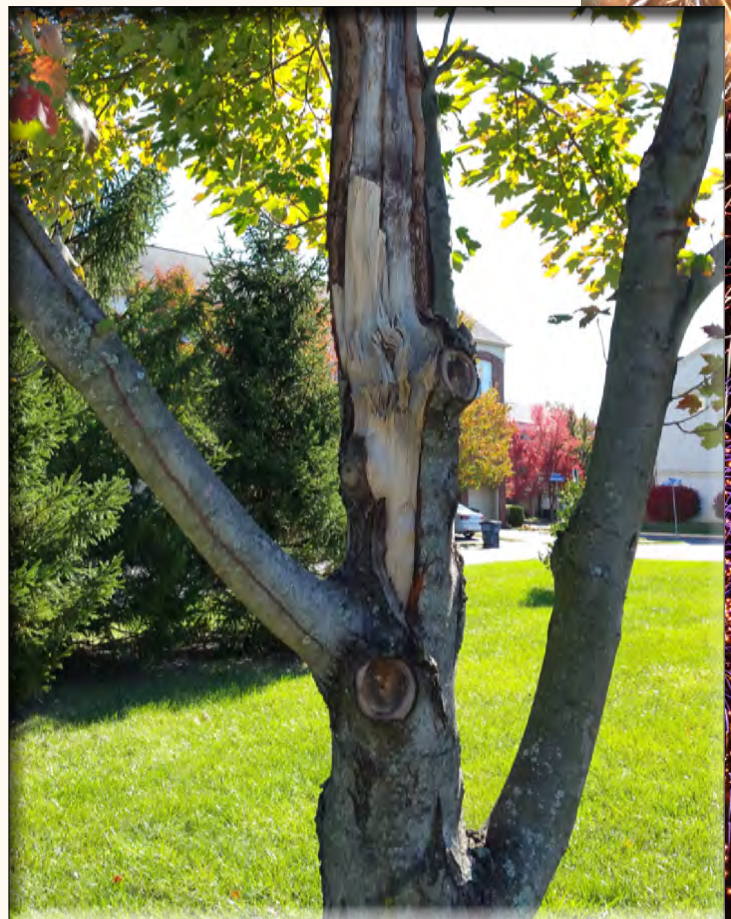
A study performed from 2007-2012 by renowned Arborist Ed Gilman concluded that structural pruning on red maples substantially reduces the risk of tree and branch failure during high wind events. The 6 main goals and strategies for the structural pruning of these maple trees are:

1. Develop or maintain a dominant leader
2. Identify lowest branch in the permanent canopy
3. Prevent branches below the permanent canopy from growing upright or too large
4. Space main branches along a dominant trunk
5. Keep all branches less than one-half the trunk diameter
6. Suppress growth on branches with bark inclusions

Accomplishing these goals will provide improved long-term stability and health for the trees, but may come with some short-term side effects. On trees that have co-dominant stems, visible gaps in the canopies will be visible where the pruning of less desirable branches occurs. These gaps will fill in over the next 1-3 growing seasons as the trees continue to grow and mature. Your patience during this time will be greatly rewarded as the trees will have a much greater chance of withstanding storms and continuing to grow and improve the look of the neighborhood. Remember – mature trees can increase property values by as much as 20 percent! That's something we can all live with.

## BE A GOOD NEIGHBOR

When using a snow blower, please blow your driveway snow onto your own lawn. Do not blow onto your neighbor's property, the street or the sidewalk.





# Snow Removal FAQs

In order to help assist residents with snow removal questions, the Board and Management have prepared the following Frequently Asked Questions. Please contact the HOA office if you have further questions. A list of streets and ownership can be found online at [broadlandshoa.org/snow-3](http://broadlandshoa.org/snow-3).

## 1. Why are some roads plowed by VDOT and some by the HOA?

The HOA owns and maintains some roads (75 to be exact) within Broadlands, but many roads are public. The public roads belong to the county and are plowed by VDOT. Taxes pay for VDOT to plow, so residents living on public roads need to contact VDOT directly if they feel they are not receiving adequate service. Residents living on private HOA owned streets pay an additional assessment to the HOA to fund private road maintenance, which includes snow and ice services. Residents on VDOT streets do not pay the HOA the additional assessments for private road maintenance.

## 2. Can VDOT plow the HOA owned road?

The HOA would gladly turn all of the private roads over to them. Unfortunately, the county has very specific requirements for roads – such as minimum widths – and VDOT will not accept roads that do not meet their requirements. The HOA does not choose which roads it owns. This is determined when the developer submits the plan to the county - long before construction ever began.

## 3. Why are some streets plowed sooner than others?

The crews are assigned maps by their leader. They work on their assigned streets until they are done. With 75 private streets, some roads will be treated first and some will be done last because the plows cannot be on every street at the same time. The crews normally address the main roads first and then work into the secondary roads. You might see a plow drive past your street without stopping. They may be assigned somewhere else, there may be a vehicle blocking access, too many vehicles parked in the way to get the equipment in safely in, or there may be too much snow for their equipment to handle. In blizzard-type storms, snow drifts presents additional challenges - previously cleared roads can become snow-covered again, pulling crews back for additional passes. Whatever the reason, crews will be work to clear your road as quickly and safely as possible.



## 4. Why don't the plows clear the road down to bare pavement?

Vehicles driving on snow compact it down, making it more difficult for the plow blade to clear the surface to the pavement – one reason the government, media, and HOA encourage residents to stay home and off the streets during inclement weather. The HOA does not generally use chemicals in subdivisions. Residents should expect streets to have some compacted snow and ice for a few days, until temperatures allow for melting. Crews will treat certain areas with ice-melt e.g. certain hills and intersections, curved roadways, etc. where additional traction is needed to allow safe passage. But thaw/freeze cycles may cause these areas to become covered again. Keep in mind that high winds may cause drifting in some areas - a street may have been plowed only to later be covered again by blowing snow. It can also be difficult for plow blades to scrape down to black pavement, depending on the current conditions (how dry/wet the snow is, how fast it is coming down, how hard the wind is blowing, etc.)

## 5. Why don't the plows clear the entire width of the street, from curb to curb?

Plows are often a misunderstood piece of equipment. If you've ever driven a full sized pickup on a crowded street like many of the ones in our community, which can be a challenge on its own, consider what it's like to add a plow blade sticking 4 feet out in front of your





vehicle. Even a “small” plow truck can be in excess of 22’ long. Operating a large vehicle, manipulating a plow blade from side to side and up and down, and frequently shifting gears is pretty challenging.

Plow blades can push snow off to the side, but they cannot pick it up. When significant accumulation occurs, the drivers will do everything possible to clear the widest lanes, but they may not be curb to curb. Bear in mind that these trucks can slide on ice and snow covered roads too, so plow drivers exercise extreme caution near parked vehicles, causing owners to have to shovel more to get vehicles out to the road. The contractor widens the roads as much as reasonably possible, but in some of the densely populated areas, there is nowhere to push the snow during extremely high snow fall events. Please park your vehicles off the roads and off to the sides of parking lots whenever possible. Abandoned vehicles can also add to the issue.

## **6. Why can't we use reserves to pay the snow removal bills?**

Reserve funds are required to be held for future repairs and replacements of community property and cannot be used for snow removal. Those funds are on hold in reserve to pay for major expenses such as resurfacing HOA roads, re-roofing the community center or replacing pool machinery, not for operating expenses.

## **7. Why are the fees for HOA owned streets higher than for residents on VDOT streets? How much of the monthly assessment goes to snow plowing?**

For 2017, the budget for snow removal for townhomes is \$54,320. That's \$44.46 per townhome per year (or

\$3.74 per month for each of the 1,211 townhomes in the Association). The budget for snow removal for Single Family homes on private streets (SFPS) is \$24,711. That's \$66.61 per SFPS home per year (or \$5.55 per month for each of the 371 SFPS in the Association). The balance of the monthly assessment is for private road maintenance for the repair and repaving of those roads, aprons, curb and gutter, and sidewalks.

## **8. Why don't we budget more for snow removal and increase service?**

It's impossible to predict the weather months (or even days) in advance, and snow is a huge variable from year to year. When formulating the budget, the Board uses an average cost of snow removal for past years. Inflated amounts can lead to unnecessary increases in assessments, or a surplus of income in the budget. The Association is required to maintain a balanced budget. The Board makes every effort to keep assessments stable while keeping services as high as possible.

## **9. How does our snow contract work?**

The Association's contract is "time and materials" and is at a fair and reasonable cost for these services in our area. Each snow event is different and unpredictable, but we are billed only for the time the contractor worked. The Association is fortunate to have a contractor that is solely dedicated to Broadlands and willing to work around the clock. Many associations have crews that are assigned to multiple properties, and their community may not be a priority for that contractor. If you've ever driven down Demott Drive, you've probably seen some of the equipment stored in the Summerbrooke pool parking lot. All of this equipment is stored on site *continued on page 12*



*continued from page 11*

all winter and is dedicated to Broadlands. Additional equipment that is utilized by the contractor for other jobs year round is brought for snow events in order to fully support our needs.

### **10. How do we know we are receiving the best and most qualified plowing service?**

Signature Snow and Ice Control (SSIC) has been providing snow plowing services in Broadlands for nearly 20 years. Their rates are extremely competitive and they are familiar with the most efficient and productive ways to plow our streets. They routinely provide Broadlands with several plow trucks, a tractor, and crews dedicated to clearing our roads and sidewalks as quickly as possible. Additional equipment is brought in as conditions warrant.

### **11. Do crews take breaks? How long do they work between breaks?**

Many of the drivers work long hours during winter weather events - often 24 to 36 hours at a time without the opportunity to go home and sleep in a real bed. The goal during heavy storms is for each driver to have a 6 hour break every 24 hours. Sometimes they need breaks more often in order to nap, eat, use the restroom, or touch base with loved ones. It's understandable and recommended that they would take a break once in a while in order to reenergize and safely continue their work. They work day and night, driving slippery roads, dodging parked cars and avoiding hazards to clear the roads. All so that emergency responders can reach residents in the event of a life threatening emergency.

### **12. Can the plows push the snow in such a way as to avoid blocking my driveway?**

A plow blade is designed to push snow to the side; it will not pick it up and deposit it elsewhere. As the plow moves along the road, snow is piled up along the side whether that side has a curb, a driveway, or a guardrail. In order to clear a lane quickly, the plows will push snow off to the sides. It can be very frustrating to dig out the driveway only to have the plow leave a new pile. VDOT recommends digging out an area 10 to 15 feet to the right of your driveway (viewed from the street), giving the excess snow a place to go, which may help to minimize the plow pile at the end of your driveway. Obviously this is difficult to do in some of the densely populated areas where driveways are side by side.

### **13. Who is responsible for clearing around the fire hydrants?**

On HOA owned streets, our contractor marks all of the hydrants using wooden stakes with blue tape on them. This way they can return after the snow subsided and the roads are clear to dig them out to make them accessible for fire trucks. On VDOT streets, it is the residents' responsibility to mark and dig out the hydrants.

### **14. Where should I put the snow from my driveway/sidewalk/parking space if not in the street?**

The HOA and VDOT ask that you do everything possible to avoid shoveling snow into the street as it creates road blocks for your neighbors and adds to the snow volume that the plows have to move out of the way. Try to pile the snow in your yard or find some common area open space (turf, not roadway) to place the snow.

### **15. Why does the HOA mark the main roads with the orange snow stakes? Why doesn't it mark the private roads?**

A few years ago, the HOA invested in the snow markers in order to identify the edges of the roads on the main roads (Claiborne/Waxpool/Truro Parish/Broadlands Blvd). Although these are VDOT roads, the association has an easement to maintain the turf on the medians and right of ways on these roads. Therefore, the HOA has to pay for turf repairs when they happen. These stakes assist the plows for two reasons. For one thing, the equipment that keeps these main roads clear are larger commercial grade trucks that sit several feet higher off the ground than a regular pickup truck. That makes it that much harder to see the edges of the road. Additionally, when VDOT installed the curb on these roads, they rounded the edges in order to save concrete. This does not define the edge of the road in the same way that a square concrete curb does, and it's much easier for the plows to jump the curb and shave off large sections of turf in doing so. On the HOA roads, the plow equipment is generally smaller so the drivers can see a bit easier. Also, most, if not all of the HOA roads have square curbs, making it slightly harder for the plow to jump the curb and damage the turf. While the HOA has observed turf damage on main roads following storms, the damage is significantly lower than it would be had the stakes been absent. The stakes typically get installed in November before the ground freezes, so they can be driven deep enough to be stable. They do occasionally get broken, stolen, or vandalized, and are reinstalled or replaced as necessary.





Broadlands  
Nature Center  
at  
2:00pm

18 & older please

\$25 per person  
or \$40 per couple

FEBRUARY 3

## *Adult-Only Potions Class*

*As requested by parents who have attended children's potions class...*

*Living in a region with severe stress, the leading cause of diminished romantic feelings, we present an Adult-Only Potions Class*

### *We will cover:*

- ♥ *The vitamins and minerals needed (and which foods to eat) to support a high stress lifestyle*
- ♥ *Herbs and scents to stimulate "happy feelings"*
- ♥ *Lotions, bath add-ins, and oils for perhaps the best Valentine's Day ever (take home potions)*
- ♥ *Eat and drink some traditional aphrodisiacs*



**Pre-Register Only Here:**

[broadlandshoa.org/events/  
adultspotion/](http://broadlandshoa.org/events/adultspotion/)

**Questions?**

[Naturalist@BroadlandsHOA](mailto:Naturalist@BroadlandsHOA)





# LOUDOUN WILDLIFE CONSERVANCY

## JANUARY PROGRAMS and FIELD TRIPS

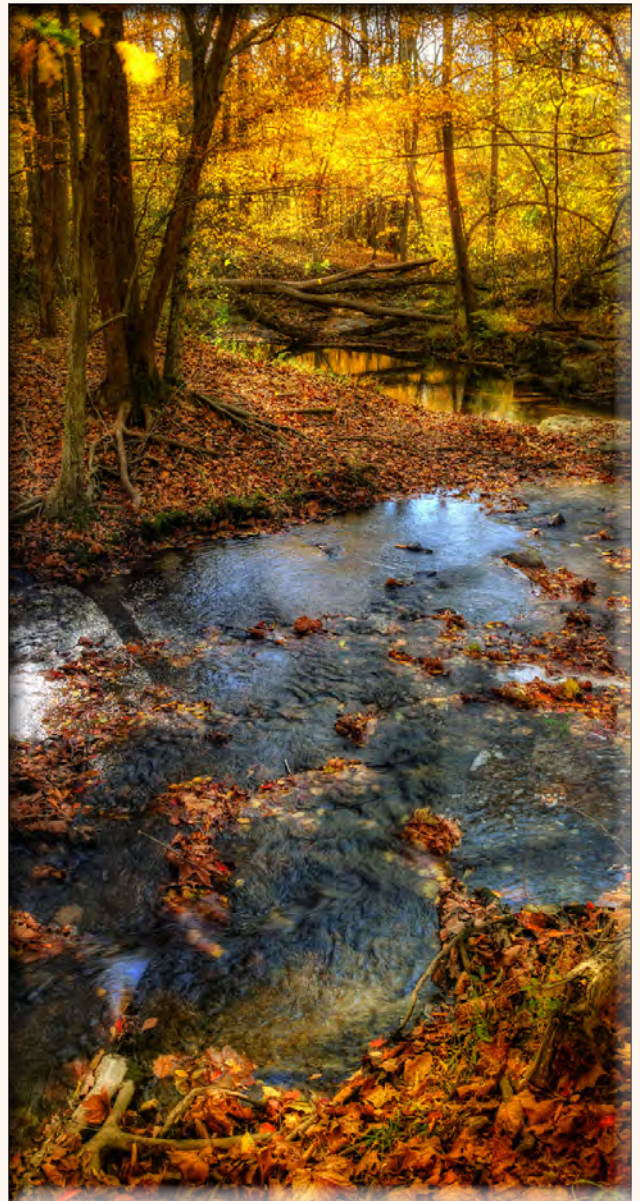
### **Birding Banshee -Saturday, January 13, 8:00am.**

Whether you're a beginning birder or an expert, you'll be dazzled by the many bird species you'll find at the Banshee Reeks Nature Preserve south of Leesburg. Join Loudoun Wildlife Conservancy and the Friends of Banshee Reeks for the monthly bird walk at this birding hot spot. Bring binoculars if you have them. Questions: Contact Joe Coleman at 540-554-2542 or [jcoleman@loudounwildlife.org](mailto:jcoleman@loudounwildlife.org).

### **Owl: A Year in the Lives of North American Owls**

— **Saturday, January 13, 6:00pm, Ida Lee Park.** Book signing, refreshments, and viewing of live owls followed by program at 7:00pm. Join Loudoun Wildlife Conservancy for a celebration of owls to kick off 2018! As the main feature of this celebration, award-winning photographer Paul Bannick will present his new program featuring video, sound, and stories from the field as he teaches us about all 19 species of North American owls and the habitats they need to thrive. Paul uses intimate yet dramatic images to follow owls through the course of a year and in their distinct habitats. Audiences will witness the four seasons on territory, as each stage in an owl's life is chronicled through rare images: courtship, mating, and nesting in spring; fledging and feeding of young in summer; dispersal and gaining independence in fall; and finally, winter's migration and competition for food. His program shows how owls use the unique resources available to them in each habitat to face those challenges. Paul's book, *Owl*, is a stunning follow-up to his bestselling title *The Owl and the Woodpecker*, giving bird and nature lovers alike a gorgeous photographic tribute, engaging natural history, and a compelling call to preserve the habitats that sustain these most iconic of birds. Watch our website and email announcements for more details on this celebration! Registration required: Sign up at [www.loudounwildlife.org/events](http://www.loudounwildlife.org/events). Questions: Contact [info@loudounwildlife.org](mailto:info@loudounwildlife.org).

**Birding the Blue Ridge Center — Saturday, January 27, 8:00am.** The Blue Ridge Center for Environmental Stewardship (BRCES) is a beautiful 900-acre preserve in northwestern Loudoun County. With its diverse wildlife habitats, including meadows, streams and heavily forested slopes, BRCES draws a wide variety of birds and other creatures. Join the Loudoun Wildlife Conservancy on our monthly walk, and see what's there! Meet at the Education Center; bring binoculars if you have them. BRCES is located just



north of Neersville at 11661 Harpers Ferry Road (Rte 671); detailed directions at [brces.org](http://brces.org). Questions: Contact Joe Coleman at 540-554-2542 or [jcoleman@loudounwildlife.org](mailto:jcoleman@loudounwildlife.org).

**Searching for Birds of Prey - Sunday, January 28, 1:30pm.** Join Loudoun Wildlife Conservancy on a winter raptor search. We will drive the back roads of Loudoun County with frequent stops to find and identify the many hawks, and an owl or two, who winter here. Space is limited so please register early. Registration required: Sign up at [www.loudounwildlife.org/events](http://www.loudounwildlife.org/events). Questions: Contact [info@loudounwildlife.org](mailto:info@loudounwildlife.org).

Note: unless otherwise specified, contact [info@loudounwildlife.org](mailto:info@loudounwildlife.org) with questions.



## GREAT VISIT WITH SANTA

THANK YOU Broadlands residents for joining us at the Broadlands Annual Visit with Santa on December 8th. The event continues to grow with over 800 people in attendance for an exciting and festive evening! Thank you also for your donations to the Toys for Tots box. The generosity was truly overwhelming and it was WONDERFUL to see the box overflowing again this year!

A special THANK YOU to those who helped make the event a wonderful evening:

- ♦ Mrs. Jessica Blood and the Hillside Elementary School Chorus
- ♦ Ms. Carrie Geiger and the Mill Run Elementary School Chorus
- ♦ Mr. Nigel Tangredi and the Briar Woods High School Chorus
- ♦ Eagle Ridge Middle School Volunteers: Ria, Erin & Jenna
- ♦ Briar Woods High School National Honor Society & Key Club Volunteers: Sapna, Madalyn, Brandi, Rochelle, Sydney, Sydney, Shivani, Hallie & Maddy
- ♦ Adult Volunteers: Mrs. Bendinger & Mrs. Greenbaum & Mrs. Brooks
- ♦ Twisted Air Balloons
- ♦ K&S Cakes & Cookies
- ♦ Carbone Entertainment
- ♦ HLS Landscaping
- ♦ U.S. Marine Corps Toys for Tots
- ♦ Broadlands HOA General Manager, Sarah Gerstein and Newsletter Editor & Events Committee Liaison, Natalie Ihanainen

Thank you again for your patience and generosity and wishes for a Happy 2018!

*Barbara & Mike van der Biezen,*  
2017 Annual Visit with Santa Coordinators

### PLEASE TIE TRASH DOWN

On windy days, please be sure to bind newspapers or place loose papers in paper bags before setting out at your curb. Weigh down your bottles, plastics and cans and/or ensure that the lid of your trash can is tightly secured. Don't put trash out early and PLEASE no loose packing materials. Lastly, if trash does blow over, or you see a bin out of place, please pick it up even if it isn't yours.





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**Play Off and Chili Cook Off  
Cancelled**

This event has been cancelled. Please look in future editions of Broadlands' Our Neck of the Woods for upcoming future community happenings.

**Support Your Broadlands  
Live! Concert Series By  
Volunteering**

The 15th season of Broadlands Live! is fast approaching. Jump on the volunteer train to make it happen! If you've enjoyed watching the shows over the years, please consider joining our committee in 2018. Involvement can be as great or as small as your schedule allows: helping acquire local sponsorship for event funding, ordering necessary supplies, coordinating services with local businesses and much more.

Please contact the committee by emailing:  
Broadlandslive@broadlandshoa.com.

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## Living Larger This Year

I don't make resolutions. I make wishes when the clock says 11:11 or when I find eyelashes on my cheek (the cheek of a baby you're holding counts as bonus 2 wishing leverage power). Birds on power lines that you see take-off, a leaf that falls on your head, and then there are shooting stars, worth 100 of anything else (if it is actually a shooting star and not Dulles air buses in the sky). But resolutions, not so much. But I keep thinking about how I want to live larger this year; meaning I want to have a wider reach for things that matter. Less of the humdrum "what's gotta be done" and more of the "yeah, this is my legacy work" kinda stuff. So, at the risk of someone reading this being in the same frame of mind, let me share how I'm living larger this year locally.

My aunt and uncle grew tobacco in Southern VA. I spent summers walking behind them collecting 'bacco leaves being sure it didn't touch my skin (because tobacco sickness sucks and the chemicals go straight through the skin). But walking through their wide open spaces of hard work is my favorite childhood memory. My grandparents ran a dairy farm in South Carolina—a 4 generation dairy. Old Velvet was the retired milk cow that was my best friend—and I spoke to her I swear. But I never considered being a farmer. I ran and got over a decade of university coursework in. And when I was all finished, I couldn't think of anything I could do with that knowledge that mattered more than caring for the food of my neighbors and knowing how to make things grow with my hands. I'm guessing a lot of us have "skills" that produce far less than farmers. But the farmer's life is so

unpredictable, especially with wildly changing weather patters. If you're reading this chances are pretty high that you would never be a farmer yourself. You receive a newsletter encouraging you to attend activities that are seeking to create a neighborhood that has some of that closeness that farming communities get from needing one another when the crop has to come in before the frost. Me too.

We're in this spot where we all can see that the food supply is at times tasteless and often dangerous. It's also transported from who-knows-where and yet we swallow it down. Two years ago we gave our community another option: buy your meat, dairy, veggies & fruits from local farmers. We even offer a free drop-off at the Nature Center and the food is delivered year-round. But I haven't done enough to talk about how committed we should be to our farmers. Last month, the Guardian and Newsweek reported the American farmer death rate by suicide is more than double that of war veterans ([theguardian.com/us-news/2017/dec/06/why-are-americas-farmers-killing-themselves-in-record-numbers](http://theguardian.com/us-news/2017/dec/06/why-are-americas-farmers-killing-themselves-in-record-numbers)). And,

the average age of farmers is over 65. It's a dying art. So this year at the Nature Center we're starting a Virginia Master Naturalist Program for youth ages 8-18. We'll connect youth with farmers through 4-H. They can work with goats and sheep, learn to grow their own food, or simply volunteer for one of our many local farms. Let me know who wants to live larger locally with me by contacting me at [Naturalist@BroadlandsHOA.com](mailto:Naturalist@BroadlandsHOA.com)





## PIRANHAS CSL Swim Team Registration



The 2017 summer swim season wrapped up in August, but it is not too early to start thinking about the 2018 summer swim season!

Come join the Broadlands CSL Piranhas for another fun-filled summer of swimming! The swim team is open to Broadlands residents and non-resident pool pass holders between the ages of 5 – 18. Our goal is to develop a love of swimming while teaching proper techniques and good sportsmanship, as well as team and neighborhood spirit. We offer excellent coaching, daily practice, and fun family activities throughout the season.

Below are the dates for CSL Swim Team registration for all groups. For those families who do not reside with the Broadlands HOA, please ensure that you purchase your **outside pool membership** BEFORE you register.

### Registration dates:

- Returning families - 2/26/18
- New Broadlands Families - 3/12/18
- Non-HOA families (returning and new) (space permitting) - 4/9/18

Additional information on schedules, meets, parents meeting, etc. will be provided closer to the start of the season. Information can also be found at [teamunify.com/Home.jsp?team=reccslblva](http://teamunify.com/Home.jsp?team=reccslblva).



## Team Hero

Today, millions of people around the world are living with cancer, which means even more people have had a loved one, whether it be a friend or family member, suffer with this terrible disease. Luckily, there are organizations that work to end the fight and cure cancer, such as the Leukemia and Lymphoma Society (LLS). The mission of The Leukemia & Lymphoma Society is: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. LLS exists to find cures and ensure access to treatments for blood cancer patients. Nearly 40% of new cancer therapies approved by the FDA were first approved for blood cancer patients, so research for blood cancer is often a gateway to finding other cures. LLS has created inventive ways to get the entire nation involved in finding a cure and supporting patients.

The Student of the Year Campaign is a seven week fundraising campaign that high school students compete in all across the United States to raise money for blood cancer research and to improve the quality of life of patients on behalf of the Leukemia and Lymphoma Society. This year, five high school juniors from Briar Woods High School are participating in this fundraising campaign from January 11-March 3, where they will compete amongst 32 other teams from the National Capital Area to help make a difference for patients suffering with cancer.

Meet Team Hero: Krishna Makani, Julia Schopper, Clare Lewis, Emily Powers, and Abigayle Larson. They hope to raise funds and awareness about blood cancer, starting with their school and community. They have started a club in school and are planning fundraising events in the community, as well as schoolwide ones at Briar Woods High School. They would love to have support from the Broadlands community residents! Help battle cancer with Team Hero by donating to the campaign at <http://events.lls.org/nca/DCSOY2018/kmakani>, connecting them with businesses, and spreading the word about this worthy cause. The more support they get, the more Team Hero will be able to help the Leukemia and Lymphoma Society in the fight against cancer.

Team Hero would love to talk more about the Leukemia and Lymphoma Society with you! Please contact them at [llsteamhero@gmail.com](mailto:llsteamhero@gmail.com) for more information.



**Butternut Squash, Apple Cider and Cheddar Soup**

2 heads garlic	2 teaspoons salt
1 teaspoon olive oil	1 12-ounce bottle of pumpkin or apple ale
1 tablespoon softened butter	1 cup apple cider
5 cups diced butternut squash	2 cups chicken stock
1 cup diced onion	1 cup extra-sharp white cheddar cheese,
2 garlic cloves, minced	
2 teaspoons salt	

Preheat oven to 350 degrees. Cut top off both garlic heads. Drizzle with olive oil and sprinkle with salt and pepper. Wrap in a piece of foil and roast for 40 minutes. Once cool, squeeze roasted garlic out of the heads. Set aside. Heat a large pot to a medium heat. Add 1 tablespoon butter, squash, onion, garlic and salt. Sauté until slightly softened, about 7-8 minutes. Add beer, cider and chicken stock. Simmer until squash is softened, about 10-12 more minutes. Transfer to a blender and puree until smooth. Return the soup to the pot and add 1 cup shredded cheese. Stir until melted. *servings 4-6 Cookingforkeeps.com*



## Savory Recipes to Keep You Warm During National Soup Month

**French Tomato Soup with Gruyere**

1 tablespoon butter
1 medium onion, diced
2 garlic cloves, thinly sliced
1 tablespoon fresh thyme
12 fresh ripe tomatoes, seeded and peeled
2 tablespoon tomato paste
1 28-ounce cans whole tomatoes
1/2 teaspoon sugar
salt, pepper to taste
Gruyere cheese, 6 slices
Crunchy french bread, 6 slices toasted

Melt butter in a large heavy pot over medium heat. Add onion and cook until completely soft and translucent, 8 minutes. Add garlic and thyme and sauté until fragrant, about 1 minute. Increase heat to medium-high, add tomato paste. Continue cooking, stirring often, until paste has begun to caramelize in spots, about 5 minutes. Add seeded and peeled tomatoes with juices, 1/2 teaspoon sugar, salt and pepper, and 4 cups water to pot. Increase heat to high and bring to a simmer. Reduce heat to medium. Simmer until flavors meld and soup reduces by 1/3. Remove soup from heat and puree with blender until smooth. Taste and season with any additional salt and pepper. To serve, top soup with a slice of crunchy French bread and slices of cheese. In an oven safe bowl, broil under high heat until cheese is browned and bubbling. *servings 6 Abetterhappierstsebastian.com*

**Greek Lemon Chicken Soup***servings 6-8*

10 cups chicken broth
3 tablespoons olive oil
8 cloves garlic, minced
1 sweet onion
1 large lemon, zested
2 boneless skinless chicken breasts
1 cup israeli (pearl) couscous
1/2 teaspoons crushed red pepper
2 ounces crumbled feta
1/3 cup chopped chive
Salt and pepper

Place the olive oil in a large 6-8 quart sauce pot over medium-low heat. Peel the onion. Then quarter it and slice into thin strips. Once the oil is hot, sauté the onion and minced garlic for 3-4 minutes to soften. Add the chicken stock, chicken breasts, lemon zest, and crushed red pepper to the pot. Raise the heat to high, cover, and bring to a boil. Once boiling, reduce the heat to medium, then simmer for 5 minutes. Stir in the couscous, 1 teaspoon salt, and black pepper to taste. Simmer another 5 minutes. Then turn the heat off. Remove the two chicken breasts from the pot and shred chicken. Then place it back in the pot. Stir in the crumbled feta cheese and chopped chive. Taste and salt and pepper as needed. Serve warm. *servings 6-8 Aspicyperspective.com*





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[www.caringhandsvet.com](http://www.caringhandsvet.com)



## Planning for the 2018-2019 school year is underway:

### Half-Day Preschool Lottery Starts Soon!

Morning and afternoon classes offered for potty-trained students, ages 2.5 - 5 years.

### Accredited Full-Day Kindergarten Enrolling Soon!

Accepting children who turn 5 by October 31st.

### Full-Day Program 2018-2019 Interest Lists Now Forming!

Serving children ages 6-weeks through After-school 5th grade.



Open Arms is a nurturing and safe environment for the development of children in our community through loving, Christ-centered, Bible-based care.

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# Ashburn Volunteer Fire & Rescue News



## PANCAKE BREAKFAST

January 7th, 8:00am-11:00am, Founders Hall, Station 6, Ashburn Road. Bring family and friends and enjoy our great breakfast and no dishes! Eggs, cheesy eggs, pancakes, sausage gravy & biscuits, hash browns, bacon, juices, coffee. \$10 Adults, \$7 Seniors, \$5 children 3-8. Children under 3 Free. Craft table for kiddies. See <https://ashburnfirerescue.org/events> for more details. No parking at Mediterranean Breeze parking lot across from station. Please Note: starting in February, Pancake Breakfasts will be held the second Sunday of the month.

## CHILI DAYS

Third Annual AVFRD event at Old Ox Brewery: January 27 - 12:00-4:00pm. Bring family and friends to this very popular event, enjoy chili from several competing restaurants along with our specially created brewski: WAR WAGON III. Munches available to go with - T-shirts, raffle tickets and much more. And you be the judge for the winning chili entry. For more details on costs etc. see our website: <https://ashburnfirerescue.org/events>

## SPONSORSHIPS AVAILABLE

Reserve your sponsorship package online <https://ashburnfirerescue.org/event/chilly-days-chili-fundraiser-old-ox-brewery>. For more information, contact Mary Ann at Old Ox Brewery 703-405-7137 or [maryann@oldoxbrewery.com](mailto:maryann@oldoxbrewery.com)

## VOLUNTEER FIREFIGHTERS AND EMTS NEEDED

Gear up and join the action! (Admins needed too!). Free training, uniforms & personal protective gear provided; benefits: tax savings, retirement benefits, tuition assistance, free training and more.

## DID YOU KNOW?

AVFRD is a designated CFC (Combined Federal Campaign) recipient - Our five digit code is - 51688.

Look for us on: <https://ashburnfirerescue.org> or on <https://facebook.com/avfrd>.

## FRIENDS OF ASHBURN LIBRARY WINTER BOOK SALE

### Pre-Sale (\$15.00 Admission Fee)

Thursday, January 26 ♦ 5:00pm - 7:30pm

### BOOK SALE (NO ADMISSION FEE)

Friday, January 27 w 10:00am - 7:00pm

Saturday, January 28 w 10:00am - 5:00pm

Sunday, January 29 w 10:00am - 5:00pm

Books, movies, and more - all at great prices! Proceeds directly benefit the Ashburn Library.

Donations of books (all formats), CDs, and DVDs will be collected during regular library hours, from January 9th-January 25th.

The 2018 Ashburn Library Winter Book Sale is Proudly Hosted By:

**FRIENDS OF THE ASHBURN LIBRARY/FOAL**

A 501 (C) (3) NONPROFIT #55-0782774



# Ashburn Library Corner

Happy New Year, Happy New Year! Need to escape the chill of January? Come on in to the library! Kids can participate in Papermaking, Yoga, Humor Time, Music With Bach to Rock, Art at the Library, Winter Tea Party, STEAM Clubs, Book Clubs and of course regular story times. Teens can come in for a Writing Workshop with Ernest Solar, Teen Leadership Council and SAT/ACT Prep Information Session. This month, the library is also offering Strategy Gaming, book clubs for every age, and numerous ESOL programs.

Be sure to check to visit us online at [library.loudoun.gov](http://library.loudoun.gov) for a complete list of programs and story-times at all Loudoun County libraries.

## January Library Closings

Monday, January 1 - New Year's Day

Monday, January 15 - Martin Luther King Jr. Day

## Programs

Craft Tales -

An afternoon of Olympics-themed stories and crafts. For Grades K-2.

Tuesday, January 2, 4:00pm

### ESOL: English Conversation Group

An informal conversation group for non-native speakers to practice speaking English. For adults.

Tuesdays, 7:00pm & Thursdays, 10:00am

### Adult Book Club

Tuesday, January 2, 7:00pm

### Art at the Library

Learn about Italian painter Giuseppe Arcimboldo. Explore your creative side and take your masterpiece home. For Grades K-5.

Thursday, January 4, 4:00pm

### Music with Bach to Rock

For ages 18 months to 5 years.

Friday, January 5, 10:00am

### STEM Buddies

Teens lead science and math learning activities and stories. For Preschool.

Saturday, January 6, 11:00am

### LEGO® Family Build

Build something amazing with your loved ones.

Saturday, January 6, 2:00pm

### Strategy Gaming

Join strategy and Eurogame enthusiasts for friendly

competition with games like "Settlers of Catan," "Carcassonne" and "Ticket to Ride."

Sunday, January 7, 1:00pm

### FOAL Winter Book Sale Donations

Donations of books, CDs and DVDs are collected during regular library hours.

Monday, January 8 - Wednesday, January. 24, 10:00am

### Homeschooler Trivia

Meet up with other homeschool students and test your knowledge in a fun trivia game. For Grades 6-8.

Monday, January 8, 1:00pm

### Reading Buddies Storytime

Encourage your child's love of books and improve their reading development by pairing them with a teen buddy for one-on-one reading time. For Preschool-Grade 2.

Monday, January 8 and 22, 5:00pm

### SAT/ACT Prep Information Session

Learn what types of subjects and questions are found on the ACT and SAT tests, and how the results are used by colleges during the admissions process. For teens and adults.

Monday, January 8, 7:00pm

### My First Book Club

"Cowgirl Kate and Cocoa," by Erica Silverman. For Grades K-1.

Tuesday, January 9, 4:00pm

### Who Was ... ? Book Club

"Who Was Jesse Owens?" by James Buckley

Explore a different person from the Who Was ... ? series every month. Discuss the book while enjoying crafts and activities. See the Children's Desk to reserve a copy. For Grades 2-3.

Thursday, January 11, 4:00pm

### Tween Book Club

"Escape from Mr. Lemoncello's Library," by Chris Grabenstein

Explore different genres of tween literature each month with games, activities and book discussions. See the Children's Desk to reserve a copy. Sponsored by the Friends of the Ashburn Library. For Grades 4-6.

Thursday, January 11, 7:00pm

*Hope to see you at the library soon, Christina Santorello  
Friends of the Ashburn Library (FOAL)*



## All That Sparkles

*If you've got Champagne wishes, you'll love this sparkling wine tasting. Prosecco, Moscato, and Cava...Oh my! And more!*

*It's Valentine's Day, so let's celebrate!*

Sunday, February 11th  
7:00pm-9:00pm at the Clubhouse  
\$20.00 per participant

Sonya Farrell of Drinking Well will be instructing us all about bubbles at this fun and educational event.

The evening will begin with a welcome glass of sparkling wine followed by the event that will begin promptly at 7:30pm. Doors open at 7:00pm.

This class is limited to 30 attendees and is for guests 21 years of age and older.

**No Refunds.**

To sign up visit  
[broadlandshoa.org/events/sparkles](http://broadlandshoa.org/events/sparkles)





# JOIN US FOR A NIGHT OF LISTENING ROOM STYLE MUSIC FEATURING **MARTINEZ & GUTHRIE**



Puerto Rican born Joe Martinez and Northern VA resident Gus Guthrie will perform their original folk-pop music that landed them on Sirius/XM satellite radio as well as placements in numerous TV shows, commercials, and movies



## SATURDAY, FEBRUARY 24<sup>TH</sup>

BROADLANDS COMMUNITY CENTER, 43004 WAXPOOL RD, BROADLANDS, VA 20148

DOORS OPEN AT **7:30** PM AND THE PERFORMANCE BEGINS AT **8:00** PM



100% of the proceeds will be donated to support the citizens of Puerto Rico to provide assistance towards relief and recovery efforts from Hurricane Maria. This is a free event however DONATIONS ARE ENCOURAGED AND WELCOMED. \$10/person suggested donation.



## A NEW YEAR'S RESOLUTION THAT LASTS!

Each New Year brings so many new health related resolutions: exercise more, cut out unhealthy ingredients, or reduce screen time and the amount we are on our phone. I am all for a 2-week detox to cut out sugar and coffee when I feel my body has had too much over a long period of time. Also, I am not big on putting undue pressure on myself come January 1st like committing to a strict diet that leaves you feeling like you are giving up everything you love, and not to mention the guilt associated with it once we have a “cheat” day. Exercise and eating well should be something we love doing because it makes us feel good, not something we are forcing ourselves to do.

Why not start healthy habits in December or any other month of the year? I do love the beginning of the New Year as a fresh start to make some amazing goals happen. I do have a resolution that is often overlooked and can be crucial to sustaining overall health; which is to cook more at home. If your goal for 2018 is to improve your overall diet, then start to cook at home. If 6 days a week is too much to start out with, start with 3 days. I used to hate to cook, and my idea of cooking was boiling water or putting something in the oven. Then I realized that cooking for my family doesn't need to be complicated, I simply needed to think “simple”. By using just a few ingredients and offering a couple things on the plate, everyone is happy and satisfied. My favorite recipes to make are those that require 5 ingredients or less.

I know what you're thinking – you fall into the same food rut and end up cooking the same staples over and over, and many are starch filled dishes that everyone will eat. So, I wanted to share a few of my favorite ingredients to use that might be your new staples in 2018. Why to introduce new foods to your diet when everyone seems just fine eating the same foods in your rotation? The reason is having new foods in your diet means introducing your body to nutrients that it might not be getting enough of. Each time you introduce a new food to your diet, your expanding the positive nutrition your body enjoys. If you are adding a fruit, veggie, or grain, you're also adding more antioxidants and phytonutrients that can boost your immune system and influence the way you feel. Also, experimenting with new ingredients can fix that meal boredom problem. Sometimes when I try a new dish, it either didn't turn out how I expected it to or it wasn't very good. I've also learned to make many meals out of the same ingredients I have on hand to reduce cost. One night I will make a big batch of shredded chicken. Then that week I will make grain free chicken enchiladas, and the next night I add the leftover

chicken to a soup with some roasted vegetables. I almost always have sweet potatoes on hand because they are so versatile. One time I will slice them thin and make sweet potato nachos and the next time, swoodles (sweet potato noodles), or good old fashioned baked potatoes with coconut oil and salt.

Ok, here are a few new ingredients you can add in your cooking for 2018!

1. **Avocado Oil** - I love avocados and all of their health benefits so it's no surprise I am a fan of avocado oil, plus, it can sustain a high heat.
2. **Beets** - loaded with antioxidants and when cooked with butter and salt can taste like nature's candy. They are also natural blood cleansers, known to detox the blood. Beet root powder added to recipes and smoothies can provide the same benefits.
3. **Bone Broth** - seems intimidating to make but is easy. Bone Broth has collagen which keeps our joints moving, and is one of the best foods for healing leaky gut.
4. **Cassava Flour** - it makes amazing homemade tortillas or a grain free bread. It's a good option for those with diabetes because it is low in fat and sugar and has no refined carbs.
5. **Coconut Nectar** - one of those amazing and versatile foods. Coconut nectar is a natural sweetener that comes from the blossom and lowers glycemic.
6. **Jicama** - it is made of 90% water and is low in sugar. It is full of prebiotics which help probiotics do their job by keeping up your immune system.
7. **Kombu** - adding in seaweed to your diet has so many health benefits. It helps to improve digestion and gas.
8. **Matcha** - matcha is a fat burning food that burns your metabolism. It is more concentrated than green tea which gives it so many health benefits, and helps detox the body. I make easy matcha lattes, add it to smoothies or baked goods like cookies.
9. **MCT Oil** - MCT oil or medium-chain triglycerides are a fatty acid with many health benefits. They are easily digestible and help you feel full and help balance hormone levels.

These are just a few of my favorite staples. If you are looking for more ideas or want some easy, healthy family meal ideas, please reach out to me. Or if you are not sure how to use a new ingredient in your home, I am happy to help!

*Cheers to a New Year!*

By: Crystal Wasilausky, Holistic Health Coach  
fuelforyourbelly.com





# PRIME TIME TENNIS COMES TO BROADLANDS

## The Broadlands Has Chosen a New "Official" Tennis Pro Starting in January 2018

Prime Time Tennis Academy is coming to Broadlands this spring! All lessons will be taught by PTR Certified Professionals Don Barker and Jeet Bhide. Smaller class sizes (3-6 students per instructor) will help maximize your tennis experience. Lessons will be held at the Nature Center tennis courts.

**Jeet Bhide:** As Tennis Director and Coach, Jeet brings significant tennis experience to Prime Time Tennis Academy. He attended South Lakes High School where he led his team to a State Championship and earned All-District and All-Region honors. He graduated from The College of William and Mary and then The Medical College of Virginia (Dentistry) where he played #1 for the VCU/MCV club team.

**Jeet** is certified by PTR (Professional Level) and has taught tennis for 20 years. He was a tennis instructor for Reston Association, Hidden Creek Country Club and more recently has helped with the junior program at Belmont Country Club. His tennis work experience includes the following:

- Head Instructor for group and private lessons to children, teens, and adults
- Head Instructor for summer tennis camps
- Coach of local tennis teams both youth and adult
- Instructor for charity tennis clinics
- Running and organizing tennis tournaments
- High school level personal coaching

**Don Barker:** Coach Don has been teaching tennis in Broadlands since 2012. He has been a full-time tennis instructor for the past 16 years and holds certifications from:

- ITPA (Tennis Performance Trainer)
- PTR (Professional)
- Cardio Tennis
- Etcheberry (Strength and Conditioning)

**Don** taught tennis at Ida Lee Park Tennis Center in Leesburg and has extensive experience and knowledge teaching all levels of juniors and adults.

For more information and to sign up for classes/clinics, visit: [PrimeTimeTennisAcademy.com](http://PrimeTimeTennisAcademy.com)







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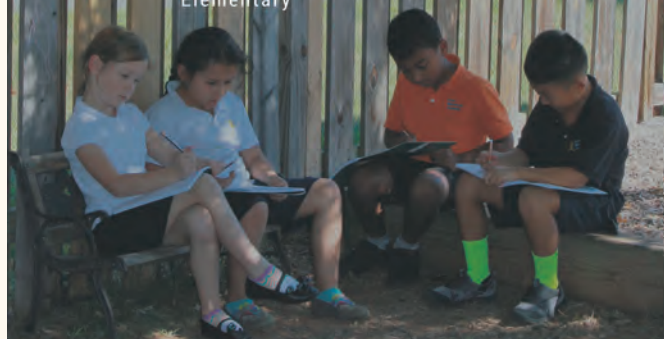
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### BROADLANDS HOME SALES

	List Price	Sold Price	Subsidy	DOM
<b>Townhomes</b>				
43293 Tumbletree Ter	\$445,000	\$440,000	\$0	11
21546 Iredell Ter	\$395,000	\$395,000	\$0	11
<b>Single Family Homes</b>				
42989 Ellzey Dr	\$699,000	\$700,000	\$0	2
42883 Glyndebourne Ct	\$789,000	\$785,000	\$0	17
43314 Fullerton St	\$549,990	\$540,000	\$0	16
42816 Heritage Oak Ct	\$810,000	\$826,500	\$0	5

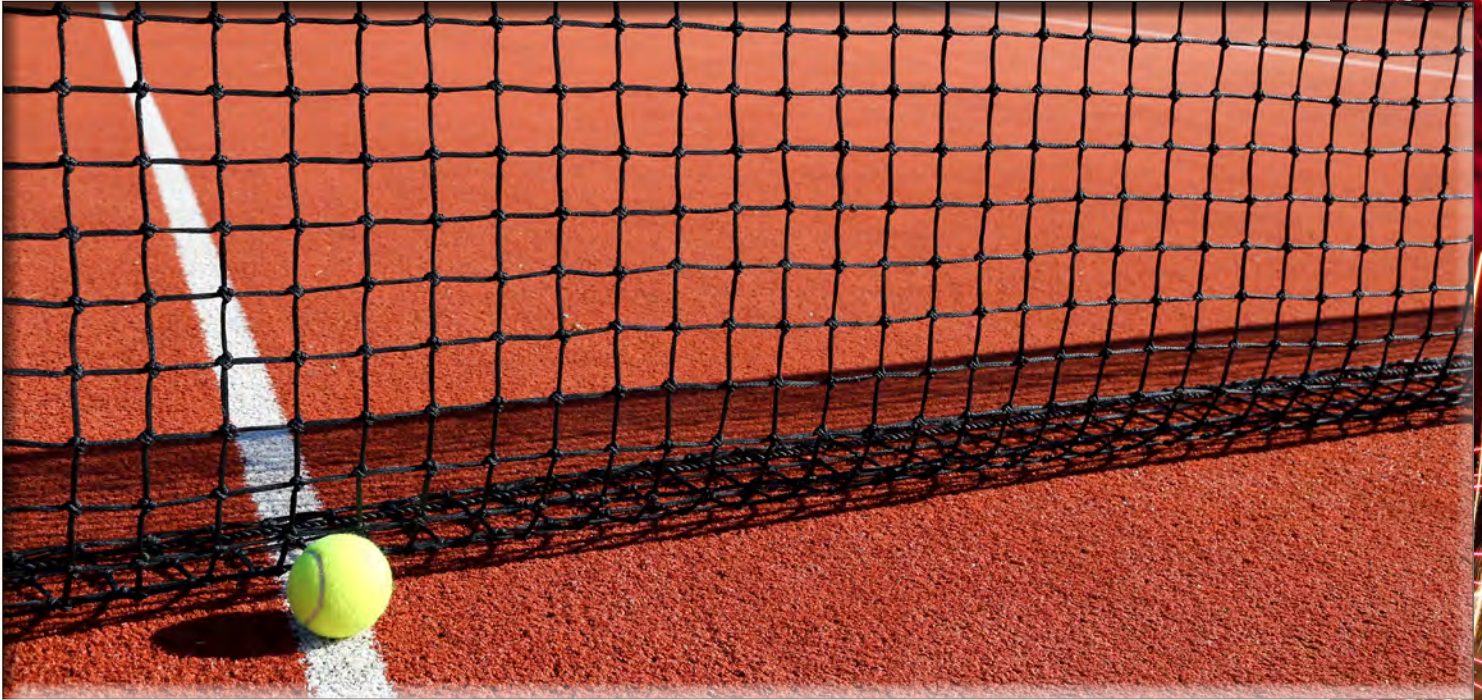
**FREE Market Analysis of Your Home!  
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Each office is independently owned and operated.



# SPRING/SUMMER TENNIS LESSONS SCHEDULE



Prime Time Tennis Academy is the new “Official” Broadlands Tennis Pro. All lessons will be taught by PTR Certified Professionals Don Barker and Jeet Bhide. Smaller class sizes (3-6 students per instructor) will help maximize your tennis experience. Lessons will be held at the Nature Center tennis courts.

## 8 WEEK SPRING TENNIS LESSONS

Spring Session: February 26 - April 22, 2018

Spring/Summer Session: April 23 - June 17, 2018

## 1 HOUR JUNIOR LESSONS

- Red Ball Stage 1 (Ages 4-8): Tuesdays at 5:00pm or Sundays at 10:00am
- Red Ball Stage 2 (Ages 4-8): Tuesdays at 6:00pm or Sundays at 11:00am
- Orange Ball Stage 1 (Ages 8+): Thursdays at 5:00pm or Sundays at 10:00am
- Orange Ball Stage 2 (Ages 8+): Thursdays at 6:00pm or Sundays at 11:00am

## 1.5 HOUR JUNIOR LESSONS

- Green Ball Stage 1 (Ages 10+): Mondays at 5:00pm or Saturdays at 9:00am
- Green Ball Stage 2 (Ages 10+): Mondays at 6:30pm or Saturdays at 10:30am
- Yellow Ball Stage 1 (Ages 12+): Wednesdays at 5:00pm or Saturdays at 9:00am
- Yellow Ball Stage 2 (Ages 12+): Wednesdays at 6:30pm or Saturdays at 10:30am

## 1.5 HOUR ADULT LESSONS

- Beginner and Advance Beginner: Tuesdays at 7:00pm or Sundays at 8:30am
- Intermediate (3.0 and above): Thursdays at 7:00pm

## WEEKLY JUNIOR ROUND ROBIN TOURNAMENT

- Red and Orange Ball: Saturdays, 12:00pm – 2:00pm
- Green and Yellow Ball: Sundays, 12:00pm – 2:00pm

## PRIVATE/GROUP LESSONS

Visit [PrimeTimeTennisAcademy.com](http://PrimeTimeTennisAcademy.com) for more information.

Please visit [broadlandstenis.org](http://broadlandstenis.org) or [PrimeTimeTennisAcademy.com](http://PrimeTimeTennisAcademy.com) for more information or to register for classes. For questions, contact Jeet Bhide at [pro@primetimetennisacademy.com](mailto:pro@primetimetennisacademy.com).





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# JUMP ON IN, IT'S 2018!

Happy, Happy New Year Broadlands! It is absolutely crazy that another year is in the rearview mirror. Anyone else just getting used to writing 2017? Well ready or not, here we are, and the good news is that now is the perfect time to reevaluate and improve on our 2017 goals to make 2018 the best year yet! While I believe that any time of year is a great time to make positive changes, the New Year certainly lends itself to starting fresh.

In that spirit, I'm going to challenge you to mix things up and add a little more activity to your day. This challenge is great no matter your exercise background or current level of fitness. If you already are an active fitness fan you will simply add in this challenge to your current activity. This will give you another opportunity each day to increase your heart rate and blast a few more calories. If you fall on the other end of the spectrum, then use this challenge as a starting point to get moving in the right direction.

This challenge is great because the bottom line to weight loss and fitness is the numerous opportunities you have to increase your heart rate. Even if it's just for a few minutes, it is valuable and will help elicit metabolic change. Some people get stuck in the rut of one and done. They may spend about an hour at the gym, but then otherwise have a pretty sedentary day. Other people try and try to add fitness to their routine, but for whatever reason, it just never happens. Maybe it is time constraints or maybe fear of something new or fear of failure, but either way, some people just get nervous and wonder where the heck to start.

My goal is to make things challenging but manageable. For this challenge, I'm asking for 2 minutes of your time every day, except Sundays. Go ahead, try to tell me why you can't find 2 minutes to improve your health? I'll let you get back to me on that. If you don't think 2 minutes is worth it, wear a heart rate monitor and see where your heart rate goes in that short burst of activity.

I also chose simple exercises so that you can do this anywhere and are taking out all excuses. Additionally, these exercises can be modified to suit your level of fitness—amp it up by adding plyometrics, weights or take it down a notch by slowing the movement and/or range of motion. Can't do a push-up from your toes? Hit your knees or do push-ups at a countertop. You get the idea!

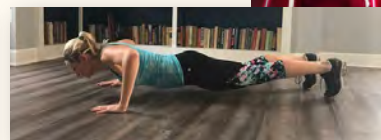
Each day you will perform the exercise listed for 2 minutes. Note: If you need a quick breather take a second then get back to it. If you really want to go the extra mile, keep a little journal and write down how many reps you get in. You will be amazed at your

progress by the end of the month!

*By: Katie Herbert CPT, Knherbert13@gmail.com*

## Challenge Breakdown:

### Monday: Push-ups



### Tuesday: Squats



### Wednesday: Burpees



### Thursday: Woodchop- 1 minute on each side



### Friday: Side Lunge



### Saturday: Plank pic 11







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# Broadlands Area Clubs and Groups

*Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).*

## ASHBURN CLASSICS

The Classics invites you to attend their next meeting, January 13th, at the Mills Recreation Center located on Gloucester Parkway in Ashburn Village. We meet monthly except for the month of August. Activities this month will be a book exchange and a white elephant event. Refreshments will be served. For more info, please contact Peggy, 703-723-3056. We welcome visitors and new members to our meetings.

## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit [ashburn.toastmastersclubs.org/](http://ashburn.toastmastersclubs.org/).

## BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at [brambletonladiesgolf.org](http://brambletonladiesgolf.org) or call Sara Carlin at 703-723-3000.

## BAC – BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at [mjbenteler@gmail.com](mailto:mjbenteler@gmail.com) for more information.

## BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [BroadlandsNaturally.org](http://BroadlandsNaturally.org).

## ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

Please join us for an in-depth Women's Bible Study that began in September. We are studying various Women Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

## CORE CONCEPTS CHIROPRACTIC HEALTH LECTURE SERIES

Free bi-monthly health and wellness lectures for the community. Lecture topics throughout the year include Children's Brain Health, Diabetes, Hypothyroid, Exercise, Adrenal Fatigue, Female Hormones, and Emotional Well Being. Please join us Wednesday's at 7:00pm. For a full list of scheduled lectures please contact Dr. Poe at 703-723-4178 or [core2chiro.com](mailto:core2chiro.com).

## GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at [griefshare.org](http://griefshare.org).

## INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email [SalGup20@yahoo.com](mailto:SalGup20@yahoo.com).

## MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kiddos; playgroups, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact [membership.momsclub.broadlands@gmail.com](mailto:membership.momsclub.broadlands@gmail.com).

## MOMS IN PRAYER – EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

## MOMS IN PRAYER – MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

## MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres . . . a great way to meet fellow neighbors who share a love a music. For more info email [musicontheheights@gmail.com](mailto:musicontheheights@gmail.com)

## PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

## ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at [ashburnrotary@gmail.com](mailto:ashburnrotary@gmail.com) if you're interested and want to find out more.

## STRESSBUSTERS & MOTHERHOOD (SAM)

Are you interested in connecting with other Loudoun Moms who are seeking less stressful days? SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. Our meet ups are a recharging break that help us slow down and nurture ourselves. We meet monthly on Sunday evenings. For more info email Shea or Erin at [LoudounSAM@gmail.com](mailto:LoudounSAM@gmail.com).

## TECHNOLOGY COMMITTEE

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.





## Broadlands Helper List

*The **Broadlands Helpers List** is comprised of helpers up to 18 years of age, born in 2000 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00 a.m. to 5:00 p.m. or send an email to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).*

**Not Available on Website Edition**



**KEY:** (B) Babysitter's Course  
(C) CPR  
(R) Rescue Breathing  
(F) First Aid  
(D) Dog & Cat (Pet) First Aid

*\*All area codes are 703 unless noted.*



## Broadlands Helper List

Not Available on Website Edition



## In Case You Need a Hand . . .

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Ashburn Fire .....	703-729-0006
Dominion Virginia Power .....	888-667-3000
Fire Marshall .....	703-777-0333
Loudoun County Sheriff .....	703-777-1021
Loudoun Water (customer service) .....	571-291-7880
Loudoun Water (after hours) .....	571-291-7878
Poison Control .....	800-222-3333
State Police .....	703-771-2533
Washington Gas .....	703-750-1000

### BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) .....	1-703-753-5521
---------------------------------------	----------------

#### Snow Removal:

• VDOT Streets .....	703-383-8368
• HOA Streets .....	703-729-9704

Trash Pickup (Patriot Disposal) .....	1-703-257-7100
---------------------------------------	----------------

Southern Walk Association – OpenBand:

Billing – Traci Tranquilli, FirstService Residential traci.tranquilli@fsresidential.com .....	703-385-1133
OpenBand Customer Service 24x7 .....	866-673-6226
OpenBand Trouble Tickets .....	703-961-1110
Towing (Battlefield Towing) .....	703-378-0059

### PUBLIC INFORMATION

Animal Control/Shelter .....	703-777-0406
Building Permits & Dev. ....	703-777-0397
County Landfill .....	703-771-5500
DMV (VA) .....	800-435-5137
DISH .....	888-656-2461
DirectTV .....	800-531-5000
Health Department .....	703-777-0236
Library (Ashburn) .....	703-737-8100
Loudoun Ride On .....	703-777-2708
Loudoun Hospital .....	703-858-6000
Miss Utility .....	800-552-7001
Metro .....	202-637-7000
Parks and Recreation .....	703-777-0343
Ridesharing .....	703-771-5665
Road Conditions .....	800-367-7623
School Board .....	571-252-1000
Street Signs/Storm Drains .....	703-771-5666
VDOT .....	703-383-8368
Van Metre Homes .....	703-348-5800
Verizon Fios .....	888-553-1555
Xfinity/Comcast .....	800-934-6489
Wildlife Hotline (local) .....	703-440-0800

### SCHOOLS - BROADLANDS

Briar Woods High School .....	703-957-4400
Eagle Ridge Middle School .....	571-252-2140
Hillside Elementary School .....	571-252-2170
Mill Run Elementary School .....	571-252-2160



## EDUCATION/PRESCHOOL

**GROWING MINDS PRESCHOOL:** A home based, state licensed preschool located in Broadlands will be holding an open house for its 2 ½, 3, and 4-year-old programs on Thursday, February 1st at 7 p.m. At this time, we will begin registering for the 2018-2019 school year. For more information, please contact Judi Ratcliffe at judi.gminds@gmail.com or (571)216-4663.

## FOR SALE

**2018 MULCH SALE OFFERED FROM BSA TROOPS 1154 & 1666:** 3 cu. ft. natural mulch or 2 cu. ft. bags of black mulch are available 10-24 bags \$5.50 ea.; 25-49 bags \$5.00 ea.; 50+ bags \$4.50 ea. We deliver and offer spreading services. Order Online or visit our website at: ashburntroop1154.org.

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**NEED MATH HELP?** I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438, or email me at: aplustestprep@verizon.net.

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**JOYOGA WORKSHOP:** Mindful Eating in the New Year, Saturday, January 13, 1-2:30pm, \$20.00/person. Find out what you will learn at joyoga.us and register, or call 703-850-8386. Payment must be made before the workshop to hold your place. If you are looking to make positive changes to your health, join Allison Tepper MS, RD, LDN for a presentation about mindful eating & long-lasting ways to take care of your health as we venture into the New Year.

## HOME SERVICES

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**DRAINAGE SOLUTIONS:** 30 Years' experience. Eliminate standing water. French Drains, Downspout Extensions. Machine Grading. Excellent references. SUPERIOR LANDSCAPING, INC. (703)830-8800, superiorlandscaping.net.

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# BROADLANDS

## HOW TO PLACE A CLASSIFIED AD

1. Submit a completed Classified Insertion Order Form which can be found on our website at broadlandshoa.org/newsletter.
2. Classified ads are limited to 40 words maximum and the text should be emailed to ads@broadlandshoa.com.
3. Payments can be made on our website at broadlandshoa.org/newsletter by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

### MONTHLY RATES:

- **Resident Rates** - \$10.00 per ad (For Sale ads are free for Residents only)
- **Non-Resident Rates** - \$25.00 per ad

No cancellations are permitted after the deadline. For more information, contact the Advertising Manager, Stassa Collins at ads@broadlandshoa.com or 703-729-9714.

**Please Note:** Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.



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**NILDA'S CLEANING SERVICE:** Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

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**STYLIST:** Would you like to host a fundraiser for a charity you're passionate about? Has it been too long without a Girl's Night In? I'll Help You Be Your Gorgeous Best Self, Independent Stylist Shana-Dee Jahrling, 703-999-8713, [stylishbyshanadee@gmail.com](mailto:stylishbyshanadee@gmail.com) or [stelladot.com/sites/stylishbyshanadee](http://stelladot.com/sites/stylishbyshanadee).

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# Broadlands Community Info . . .

## BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148

Main: 703-729-9704 Fax: 703-729-9733

[broadlandshoa.org](http://broadlandshoa.org) ♦ [info@broadlandshoa.com](mailto:info@broadlandshoa.com)

**HOA Office Hours:** Monday – Friday, 9:00am to 5:00pm

**Nature Center Hours:** First three Saturdays, 10:00am to 2:00pm

## ASSESSMENT INFORMATION OFFICE

**FirstService Residential: Payments and Resale Docs**

Main: 703-679-1541 Fax: 703-591-5785

[fsresidential.com](http://fsresidential.com) ♦ [customerservice.dcmetro@fsresidential.com](mailto:customerservice.dcmetro@fsresidential.com)

**Mail Payments To:**

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

## BROADLANDS ASSOCIATION STAFF

**General Manager:** Sarah Gerstein ♦ [sarah@broadlandshoa.com](mailto:sarah@broadlandshoa.com)

**Covenants Manager:**

Suzan Rodano ♦ [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com)

**Newsletter Editor & Events Committee Liaison:**

Natalie Ihanainen ♦ [events@broadlandshoa.com](mailto:events@broadlandshoa.com)

**Newsletter Advertising Manager & Communications Coordinator:**

Stassa Collins ♦ [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)

**Secretary to the Modifications Subcommittee:**

Robin Crews ♦ [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com)

**Administrative Specialist:**

Julie Holstein ♦ [julie@broadlandshoa.com](mailto:julie@broadlandshoa.com)

**Reception:**

Joanne Hang ♦ [joannehang@broadlandshoa.com](mailto:joannehang@broadlandshoa.com)

Maureen Trahon ♦ [maureen@broadlandshoa.com](mailto:maureen@broadlandshoa.com)

**Naturalist:** Erin Fairlight ♦ [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com)

## BOARD OF DIRECTORS

**President:** Eric Bazerghi ♦ [eric@thehouse.net](mailto:eric@thehouse.net) 571-207-6505

**Vice President:**

David Baroody ♦ [dm.cmb@outlook.com](mailto:dm.cmb@outlook.com) 703-729-6785

**Secretary/Treasurer:**

Dawne Holz ♦ [deholz@icloud.com](mailto:deholz@icloud.com) 703-349-1095

**Directors:**

Heidi Eaton ♦ 571-232-1830

Denise Harrover ♦ 703-425-2600

Cliff Keirce ♦ 703-729-7320

Tania Marceau ♦ 571-331-4381

Todd Parsons ♦ 703-936-9309

Joseph T. Wagner ♦ 571-333-0821

## COMMITTEES

**Broadlands Live Concerts:** Tammy Wells, Angela Rabena ♦ [broadlandslive@broadlandshoa.com](mailto:broadlandslive@broadlandshoa.com)

**Community Wildlife Habitat:** Oya Simpson ♦ [osimpson@broadlandsnaturally.org](mailto:osimpson@broadlandsnaturally.org) 703-725-8040\*

**Events:** [events@broadlandshoa.com](mailto:events@broadlandshoa.com)

**Swim Team:** [broadlandsswimteam.org](http://broadlandsswimteam.org)

**Technology:** Dawne Holz ♦ [deholz@icloud.com](mailto:deholz@icloud.com)\*

**Tennis:** Brad Marcus ♦ [bradmarcus@gmail.com](mailto:bradmarcus@gmail.com)



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# BROADLANDS

## Newsletter Advertising Rates and Sizes

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	PRICE Month to Month	PRICE 6+ Months Prepaid Discount	PRICE 12+ Months Prepaid Discount
• Eighth Page (3.75" wide x 2.41" tall).....	\$125	\$100	\$75
• Quarter Page (3.75" wide x 5.00" tall) .....	\$225	\$215	\$200
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<b>Vertical:</b> 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed			
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#### OUTSIDE COVER PLACEMENTS (Contact for Availability):

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• Full Page.....	\$1050	\$950	\$900
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#### SUBMISSION INFORMATION FOR DISPLAY ADVERTISERS

- Visit our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter) to obtain an Insertion Order Form and email to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com) or mail to Broadlands Association, Inc.
- Email camera ready ad in PDF format to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com). Ad must be in our specs shown above.
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.
- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
- **Newsletter is printed in full color.** Rates shown are monthly. No cancellations after the initial deadline are permitted.



## Broadlands Homeowners Association

21907 Claiborne Parkway • Broadlands, Virginia 20148

703-729-9704 • [broadlandshoa.org](http://broadlandshoa.org) •  
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