Our Neck of the Woods

FEELING ALITTLE SPOOKY?

SEE INSIDE FOR DETAILS

The Nature Center and HOA offices will be closed Monday, October 9th for Columbus day.

Trash and yard waste will be collected Monday on a regular schedule.

Photo Courtesy of Julie Holstein

JOIN US FOR LEPORT MONTESSORIS

FALL FESTIVAL

SATURDAY, OCTOBER 28TH • 10AM-12PM 42945 WAXPOOL RD., ASHBURN/BROADLANDS

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OCTOBER 2017



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October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Modification Subcommittee Meeting 7:00pm - NC	5	6 Family Camp Out 4:00pm - NC Lawn	7 Nature Center Open 10:00am - 2:00pm
8	9 HOA Offices closed for Columbus Day	10 BOD Meeting 6:00pm - CH	11 Modification Subcommittee Submissions Due 12:00pm - NC Newsletter Submissions Due by Noon	12	13	14 Costume Swap 9:00am - CC
15	16	17	18 Modification Subcommittee Meeting 7:00pm - NC Tech Comm Meeting 7:30pm - NC	19	20	21 Nature Center Open 10:00am - 2:00pm
22	23	24 Events Committee Meeting 6:30pm - CH	25	26	27 3rd-5th Graders Halloween Party 6:00pm - CC & Parking Lot	28 Potions Class 11:00am - NC
29 Halloween Parade 3:00pm - HP	30	31				

BROADLANDS COMMUNITY INFORMATION

BROADLANDS ASSOCIATION BOARD OF DIRECTORS MEETING

Tuesday, October 10th - 6:00pm

The Clubhouse 43360 Rickenbacker Square

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

BOARD MEETING HIGHLIGHTS

The following actions were taken by the Board of Directors at their meeting held on September 12, 2017

- Approved the amended minutes of August 8, 2017 meeting
- Requested an owner prune bushes down in order to alleviate line of sight concerns
- Discussed the school board walk zones and new bus stop assignments as it relates to the trails and the Belmont Ridge Road fence
- Established the budget meeting for 10/24/17
- Increased the cost of outside pool memberships by \$50
- Approved enhancement proposals from HLS
- Approved turf renovation proposals from HLS
- Approved tree replacement proposals from HLS
- Approved the Loudoun County offer for Belmont Ridge Road easements acquisition, subject to adequate turf restoration
- Approved an in home daycare business application
- Approved a fitness equipment proposal from Matrix
- Approved the section 208 Amendment to the Declaration
- Approved the tennis committee recommendation to contract with Prime Time Tennis beginning January 1, 2018
- Requested additional information from the county regarding the van pool lot designation at the Stone House
- Denied a request to run a 10K on Broadlands streets
- Reviewed the July financial statements
- Assessed violation charges to accounts for failure to submit an application for basketball goal and failure to paint shutters the same color
- Reviewed a legal opinion on swim attire in the pools
- Requested additional information from the SWHOA regarding easements

National Observance Month

October is known not only for being Breast Cancer Awareness Month, but there are also a number of other subjects observed according to nationaldaycalendar.com. I can really get on board with causes like Adopt a Shelter Dog Month, Emotional Wellness Month, National Caramel, Dessert, Pasta, Pizza, and Pork Month, and of course Virginia Wine Month. I invite you to check out the website and see what cause you can observe and honor in



what I consider the best month in Virginia. Get out and enjoy some fresh air by taking a hike, either on our lovely trails or head west to some of the great local parks like Sky Meadow.

Here are some local events, both within Broadlands and out and about in the Northern Virginia area:

Come check out our final campout of the season on the Nature Center lawn on Friday, October 6th. Prep for Halloween with the Halloween Costume Swap at the Community Center on October 14th. The last weekend of the month, Broadlands features the Kids Halloween Party, a fun filled evening for 3rd-5th graders to enjoy as well as the hit event, the children's Halloween Parade at Hillside Park. Without help from your neighbors, these events would not happen. Please come out and support them as a participant and a volunteer.

Local area events and attractions beyond Broadlands include Pumpkin Village Fall Festival at the Leesburg Animal Park, the Corn Maize at Temple Hall Farm, Waterford Fair, NOVA BrewFest at Bull Run Park, Farmers Markets at Loudoun Station and One Loudoun, Flavors of Fall Festival at RTC, and the Fall Harvest Festival at Great Country Farms. If you're up for some good old hunt country fun, try the International Gold Cup at Great Meadows or the Virginia Fall Races at Glenwood Park. October is a spectacular time to try one of the many local Virginia Wineries on honor of Virginia Wine month and enjoy the Loudoun Farm Color Tour on the way, or visit one of our historic mansions at Oatlands or Morven Park. If you are up for a bit of a drive, check out the Maryland Renaissance Festival. There are also a number of charitable walks and races to keep you vital and active.

However you enjoy spending your fall days, we here at Broadlands hope you relish in Virginia's most colorful season.

Cheers,

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM General Manager

MODIFICATIONS & COMMUNITY INFORMATION

MODIFICATIONS SUBCOMMITTEE

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the *first and third Wednesdays*, *March through October, and only the third Wednesday, November through February.*

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to *rcrews@broadlandshoa.com* or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

Please review these guidelines and the updated changes on our website. Visit *broadlandshoa.org/for-residents/ designguidelines/* for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

AN APPLICATION IS REQUIRED FOR EXTERIOR LIGHT FIXTURES AND STORM DOORS

Approval is required for any additional lighting fixtures or replacements that differ in style, size or color from the original builder installed fixtures.

According to the lighting design guidelines: "All exterior lighting fixtures on the same elevation of the house must be of similar style, size and color." For example, front door fixtures, garage door fixtures including the pole light fixture must all match in style, size and color.

Please refer to the lighting design guidelines for more details and submission requirements: broadlandshoa. org/for-residents/design-guidelines/ and click on "032_ Lighting" under the Type of Modifications section.

Approval is required for front and rear storm doors. Please refer to the door design guidelines for more details and submission requirements: broadlandshoa.org/for-residents/ design-guidelines/ and click on "021_Doors" under the Type of Modifications section.

HOW AM I NOTIFIED OF MY RESULTS?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from *no-reply@smartwebs365.com* should you wish to add this email address to your contact list to ensure prompt delivery. *Beginning in August, the deadline for application submission requirements changed to noon on Wednesdays before the subcommittee meetings. This deadline change provides staff and subcommittee volunteers adequate time to process and review applications in advance of scheduled meetings.* Please refer to the meeting dates and their submission requirement deadlines below:

Modifications Subcommittee Meetings Information

Submission Date	Meeting Date
Sept. 27th	Oct. 4th
Oct. 11th	Oct. 18th
Nov. 8th	Nov. 15th
Dec. 13th	Dec. 20th
Jan. 10th	Jan. 17th
Feb. 14th	Feb. 21st
Feb. 28th	March 7th
March 14th	March 21st

BROADLANDS COMMUNITY INFORMATION

ARE YOU SELLING YOUR HOME?

By ensuring you have approved applications for all exterior changes or additions made on your property before listing your home, save yourself some stress. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, fence/deck repair, any staining touch up, or roof repair. Refer to your property plat to locate your property lines because you may have accidently placed something in the common area that will need to be removed before settlement.

When you sell your home you are required to request a resale disclosure package for the buyer. Once the request has been executed it notifies the HOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, structures that are not in compliance, and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the owner's responsibility to rectify all violations found on the property before settlement of the home. If the violations are not rectified before settlement then, the new owner will be responsible.

There are submission procedures on the HOA website, broadlandshoa.org, to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or questions about your resale inspection results, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or rcrews@ broadlandshoa.com.

MIND YOUR MODIFICATION – WINDOW DESIGN GUIDELINES UPDATE

Before you make any modification change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review.

Windows replaced on the same elevation of the house should be of the same or similar style, type, material, color and detailing. Specialty windows such as encasement, bay, slider, individual, etc. will be reviewed by the Modifications Subcommittee on a case by case basis.

Please refer to the window design guidelines for more details and submission requirements: broadlandshoa.org/for-residents/design-guidelines/ and click on "051_Windows" under the Type of Modifications section.

OPEN BAND INFORMATION

Southern Walk Residents: Please join us for the Southern Walk at Broadlands Homeowners Association, Inc. Annual Meeting

Date: Monday, October 30th 2017 Time: 7:00pm - Sign In, 7:30pm - Meeting Starts Location: Broadlands Clubhouse, 43360 Rickenbacker Square

For questions regarding the amended budget or coupons or the association, please contact Traci Tranquilli the Senior Community Manager at FirstService Residential, (703) 385-1133, *Traci.Tranquilli@fsresidential. com or swhoa.feedback@gmail.com*.

For questions regarding OpenBand's services, please contact Open Band at (703) 961-1110 or their website: *http://support.openband.net*.

FEELING POLITICAL?

Per Broadlands guidelines *no more than three political campaign election* signs are allowed and each sign *shall not exceed a maximum of four (4) square feet.*

These signs may be placed **no more than 60 days prior to an election date** and must be removed 5 days following the election. No application is required for these signs.

IN CASE YOU NEED A HAND...

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148 Main: 703-729-9704 Fax: 703-729-9733 broadlandshoa.org • info@broadlandshoa.com

HOA Office Hours: Monday – Friday, 9:00am to 5:00pm Nature Center Hours: First three Saturdays, 10:00am to 2:00pm

ASSESSMENT INFORMATION OFFICE

Firstservice Residential: Payments and Resale Docs Main: 703-679-1541 Fax: 703-591-5785 fsresidential.com • customerservice.dcmetro@fsresidential.com

Mail Payments To: FirstService Residential

P.O. Box 11983 Newark, NJ 07101-4983

BROADLANDS ASSOCIATION STAFF

General Manager

Sarah Gerstein • sarah@broadlandshoa.com

Covenants Manager Suzan Rodano • covenants@broadlandshoa.com Newsletter Editor & Events Committee Liaison

Natalie Ihanainen + events@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator Stassa Collins • scollins@broadlandshoa.com Secretary to the Modifications Subcommittee

Robin Crews • rcrews@broadlandshoa.com

Administrative Specialist/Pool Liaison Julie Holstein + julie@broadlandshoa.com

Reception

Joanne Hang • joannehang@broadlandshoa.com Maureen Trahon • maureen@broadlandshoa.com Naturalist

Erin Fairlight • naturalist@broadlandshoa.com

BOARD OF DIRECTORS

President Eric Bazerghi • eric@thehouse.net 571-207-6505 Vice President David Baroody • dm.cmb@outlook.com 703-729-6785 Secretary/Treasurer Dawne Holz • deholz@icloud.com 703-349-1095

Directors

Heidi Eaton • 571-232-1830 Denise Harrover • 703-425-2600 Cliff Keirce • 703-729-7320 Tania Marceau • 571-331-4381 Todd Parsons • 703-936-9309 Joseph T. Wagner • 571-333-0821

COMMITTEES

Broadlands Live Concerts: broadlandslive@broadlandshoa.com Community Wildlife Habitat: Oya Simpson + osimpson@broadlandsnaturally.org 703-725-8040* Events: events@broadlandshoa.com Swim Team: broadlandshoa.com Technology: Dawne Holz + deholz@icloud.com* Tennis: Brad Marcus + bradmarcus@gmail.com Webmaster: webmaster@broadlandshoa.org *Please look under Clubs and Groups for more information

NON-EMERGENCY

Ashburn Fire	703-729-0006
Dominion Energy	866-366-4357
Fire Marshall	703-737-8600
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-1222
State Police	703-771-2533
Washington Gas	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) 1-7	03-753-5521
Snow Removal:	
• VDOT Streets7	03-383-8368
HOA Streets7	03-729-9704
Trash Pickup (Patriot Disposal)1-7	03-257-7100
Southern Walk Association - OpenBand:	
• Billing – Traci Tranquilli, FirstService	Residential,
traci.tranquilli@fsresidential.com7	03-385-1133
• Questions – swhoa.feedback@gmail.co	om
• OpenBand Customer Service 24x78	66-673-6226
• OpenBand Trouble Tickets7	03-961-1110
Towing (Battlefield Towing)7	03-378-0059

PUBLIC INFORMATION

1 - 1 - 1 - 1/(1 - 1)	702 777 0404
Animal Control/Shelter	
Animal Control Emergency/After H	
Building Permits & Dev	703-777-0220
County Landfill	703-771-5500
DMV (VA)	800-435-5137
DISH	888-959-5044
DirectTV	800-531-5000
Health Department	703-777-0234
Library (Ashburn)	703-737-8100
Loudoun Ride On	703-777-2708
Loudoun Hospital	703-858-6000
Miss Utility	800-552-7001
Metro	202-637-7000
Parks and Recreation	703-777-0343
Ridesharing	703-771-5665
Road Conditions	800-367-7623
School Board	571-252-1000
StoneSprings Hospital Center	571-349-4000
Street Signs/Storm Drains	703-771-5666
VDOT	703-383-8368
Van Metre Homes	703-348-5800
Verizon Fios	888-553-1555
Xfinity/Comcast	
Wildlife Hotline (local)	

SCHOOLS - BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	
Hillside Elementary School	
Mill Run Elementary School	

COVENANTS CORNER

LAWN MAINTENANCE VIOLATION NOTICES

Your home is a valuable investment so take pride in your curb appeal. A beautiful home with poor lawn maintenance is aesthetically unappealing. Whether you are a tenant or homeowner, you are responsible for maintaining your lawn so that it meets the requirements of our covenants guidelines. If you are not physically able to keep up with your property or can't find the time, then please consider hiring a lawn service to preserve the quality of our neighborhood.

Primary reasons why you may receive a lawn violation letter from our Covenants Department:

- turf more than 6 inches;
- weeds and grass in beds; in need of edging and weeding around property
- overgrown or dead shrubbery or plant growth (including vines running along home)
- tree branches hanging over sidewalks or other properties
- yards with litter, trash, debris or other objects
- other unsightly conditions

IMPORTANT INFORMATION:

- ✓ Please remember that lawn maintenance pertains to all parts of the property including FRONT, BACK, and SIDES.
- ✓ ALL violations stated in the notice must be corrected to prevent incurred charges.
- ✓ The initial violation notice sent will allow 10 days to correct the issue(s). If any issues still remain, a FINAL notice will be sent. *IF REPEAT VIOLATIONS OCCUR WITHIN A YEAR OF THE INITIAL NOTICE, ONLY A FINAL NOTICE WILL BE SENT AT THAT TIME.*
- ✓ Association staff, contractors, officers and authorized parties ARE PERMITTED TO ACCESS THE EXTERIOR OF YOUR PROPERTY - front, back and sides, for inspections and maintenance per the Declaration of Broadlands Association, Inc.
- ✓ If the violation is not corrected within 10 days or a hearing is not requested, *THE HOA OR ITS CONTRACTOR* WILL ENTER THE LOT AND CORRECT THE VIOLATION, AND THE RESULTING REPAIR COSTS AS WELLAS AN ADMINISTRATIVE FEE WILL BE ASSESSED TO THE OWNER'S ACCOUNT.

If you have questions regarding this process, or have corrected the violation, please contact the Covenants office at **covenants**@ **broadlandshoa.com** or Suzan Rodano, Covenants Manager at 703-729-9704 (option 2).

Covenant Inspectors regularly canvass our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained.

Throughout the year, the Covenants Inspectors routinely inspect homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications, and leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

BROADLANDS & COMMUNITY INFORMATION



Wanna do it right? Gotta get a pro!

How it works:

Drop off your clean, gently-used child's costume at the **Broadlands Community Center** on Saturday, October 14 **from 9:00 a.m. to 10:30 a.m.** Receive a swap ticket and return it to the Broadlands Community Center from **11:00 a.m. to noon** to select a "like new" costume!

Costumes to Donate?

Your donations of gently used costumes will be accepted at the Broadlands Nature Center anytime during business hours through October 14th.

Don't have a ticket?

Costumes may be purchased starting at **11:30 a.m.** for \$5.00 each. Proceeds to benefit the Girl Scout SHARE program, helping Girl Scouts in need. **Event Date:** Saturday, October 14, 2017 **Place:** Broadlands Community Center located at 43004 Waxpool Road **Time:** 9:00 a.m. to noon

The 7th Annual Broadlands Green Halloween Costume Swap is proudly sponsored by Girl Scout Troop 6480.



BROADLANDS & COMMUNITY INFORMATION

BROADLANDS BLAST

Interested in getting up to date community news in between monthly newsletters?

Sign up for our e-bulletin, the Broadlands Blast, online at broadlandshoa.org in the upper right corner on our website.

KEEP BROADLANDS TIDY

Please remember to secure your trash and recycling to prevent loose pieces from littering our neighborhood.

Trash and recycling containers should not be placed at the curb prior to 6:00pm the night before pick up. Newspapers delivered to your driveway should be removed as promptly as possible to prevent an unsightly mess.

NEED A MORE SECURE RECYCLING BIN?

Residents who currently have the smaller, open recycling bin through Patriot may swap out for the larger, lidded recycling toter at no additional cost. Please contact Patriot Disposal at 703-257-7100 to make this request.

You are encouraged to keep a record of the serial number of your toter(s) should you need to identify it in the future.



OCTOBER EVENTS COMMITTEE MEETING

Tuesday, October 24th 6:30pm at the Clubhouse 43360 Rickenbacker Square

We are planning the rest of the events for the year and have lots of volunteer spots to fill!

The Committee is made up of a great group of volunteers who generously donate their time with creativity and enthusiasm to make our events happen. For more information, email events@broadlandshoa.com.



Please Join Us For Broadlands HOA's Annual Visit With Santa

Friday, December 8th 4:00pm - 8:00pm at the Broadlands Clubhouse 43360 Rickenbacker Square

Light refreshments and musical performances

Don't forget your camera!

If you have any questions, please contact Barbara van der Biezen at vanderbiezen@verizon.net

SAVE THE DATE for the Farm-to-Table Experience: Flavors of Fall

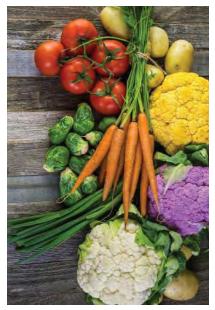
Adult Cooking Class for Broadlands Residents with Maria Di Paolo-Greer, Founder and Culinary Coach of Cooking with Fun, LLC.

Saturday, November 18 6:00pm - 9:00pm at the Broadlands Community Center Cost: \$20.00 per ticket - no refunds.

Mix and mingle with a welcome appetizer and champagne. During your three course meal, learn about unique ways to use healthy, organic fall foods to prepare delicious and nutritious meals your family will love. There will be demonstrations, hands-on practice and meal preparation for the group to enjoy eating together. Wine pairings will also be served.

Visit broadlandshoa.org/events/ farmtotable to sign up. Space limited to 30 participants.

This event is limited to Broadlands residents and their guests 21 years of age and older.



2017 Loudoun County Office of Elections Voting Guide

November 7, 2017 General and Special Election Registration deadline: October 16, 2017 Absentee voting began: September 22, 2017 Last day to request ballot by mail: October 31, 2017 5:00pm Last day to vote absentee in person: November 4, 2017 5:00pm Absentee Voting Information

In-person absentee voting will be hosted at the Loudoun County Office of Elections, 750 Miller Dr. SE, Suite C Leesburg, VA 20175.

- Currently open Monday through Friday 8:30 a.m. to 5:00 p.m. PLUS Saturday, October 28 and Saturday, November 4 from 8:30am to 5:00pm AND extended evening hours offered Monday, October 30 through Friday, November 3rd from 8:30am to 8:00pm.
 - In-person absentee voting is also available at Cascades Senior Center and Dulles South Multipurpose Center beginning Saturday, October 28, 2017 through November 4, 2017. Saturday hours are 9:00 am to 5:00pm, weekday hours are 4:00pm to 8:00pm.

Absentee voting by mail. The last day to request an absentee ballot to be mailed to your location is 5 p.m. seven days before Election Day. Marked absentee ballots must be received in the Office of Elections by 7 p.m. Election Day. Absentee ballot application requests can be made online at vote.virginia.gov. You can go to our website for further details about how to submit your absentee ballot application for elections in 2017 at loudoun.gov/vote.

Check Your Status - Look Yourself Up at vote.virginia.gov.

On the ballot:

- Governor
- Lt. Governor
- Attorney General
- House of Delegates (10th, 32nd, 33rd, 34th, 67th, 86th & 87th)
- Special Election in the Town of Round Hill and Town of Leesburg

(See back for the list of candidates)

High School Students-Volunteer to work at the polls! Election Page Program-Sign up: loudoun.gov/ electionpage. Be an Election Official! vote4loudoun. com/pollaccess.

Questions, or to request a Loudoun County Office of Elections field registrar to visit your community and assist with voter registration and absentee requests and/or voter photo ID, please contact, Jennifer.Beckley@Loudoun.gov or call 703-777-0381.



Caring Hands Animal Hospital Keeping you a part of your pet's care 7 days a week. 43300 Southern Walk Plaza Ashburn, VA 20148 703-726-0446

www.caringhandsvet.com







SO LONG DEAR SWIMMY

Erin Fairlight, Broadlands Naturalist

I have never been a trained vet, a vet tech or attendant in a pet store. When I accepted the position at the Nature Center I was already an environmental educator for the Audubon Naturalist Society teaching the children in Loudoun County as part of GreenKids education. The reality was that I accepted the job because the former naturalist assured me that a lot of the animal care was covered by the Youth Naturalists from our community, these youth volunteers are the reason we still have a Nature Center. Their countless hours make it possible for these many animals to have a home. Many of the young adults in your community have years of experience in care for our animals-it's rather incredible their skills set and devotion.

I considered animal managing a side show to the community gathering and education goals of the Nature Center. And let me just be vivid in the realities of my job. What middle age human wants a profession that involves daily collecting of animal feces? A little cleaning out putrid bowls of water that the doves played target practice in over the evening? They have better aim than Hawkeye the Avenger and there's nothing heroic about it; it's just twisty curls of bird poop floating in water. This is not what I imagined in third grade when I drew pictures of my future profession. That was an astronaut wearing Olympic gymnastics medals while floating weightless.

Over the years and through many vet visits and instructions I've come to learn to respect the financial and knowledge burden that is on those caring for animals, especially exotic animals that have few vet options. But the animal care has been mainly just a thing I have to do for the job. The Youth Naturalists take the time to snuggle the animals and I make sure they have the supplies and enjoy finding new ways to improve the habitats and make them more like an outdoor home. I say this as a preface so there's no assumption that I'm an iguana whisperer. I've got hippie elements in me for sure, but I don't have a secret bunny tattoo carved into a nether corner and I don't identify with animal totems as my mystical strength. Animals for me have been a duty rather than a devotion for the last years. A job rather than a joy.

But this last month has changed my world vision as we've had a few animals make it very clear how connected our worlds are even if we (or more specifically, I) sometimes deny that. A co-worker lost a horse that had been in her family for almost four decades and what was a time of deep heartbreak was also a time of inexplicable happenings that made us all have to bow to the reality that the horse found ways of caring for the family that he had to leave. Then the following week our dear mother turtle, Swimmy, was egg-bound (unable to pass a few of her eggs). An infection set in that the veterinary staff mulled over for hours trying to find a solution (it turns out that turtle surgery is a little difficult as there are few possible entry sites with that shell). Ultimately they felt it was best to euthanize her rather than put her through many hours of surgery that may or may not be successful.

I dislike scooping poop and cleaning dirty water, but the only thing I hate about my work at the Nature Center is watching animals die. And in this case, I was signing on the dotted line giving permission to end the life of this turtle. It was such a ridiculous death. She was healthy and happy with the exception of this one tiny infection that was the result of laying eggs. It felt like a medieval account of another death of a young mother that was needless and all too common.

I was given a few minutes in a private room to make a few decisions: if I wanted to be present for the euthanization, how the Nature Center would prefer to



receive her remains, and if we consented to exploratory surgery for education postmortem. I sat in that exam room and just cried. All I could think of was the vortex of all that was wrong in the universe: the news on the drive to the vet's was bad enough; there was traffic still to fight, a vet bill to pay, and I was taking home the animal carrying case empty. And Swimmy (who I have to tell you is the only animal in the Nature Center who has ever found an interest in biting people and is about as nonsnuggly as an animal can get) walked over to my hand and stroked it. She gave me a few seconds staring into her wise turtle eyes, then I swear she shook her head yes and leaned her legs so her shell would rest on my arm. We just sat there in the exam room. I don't know what it all meant. She forgave me for realizing she was egg-bound too late? She was okay with it being her time? I don't know the words, but her small actions made all of the bad turn into a type of good.

I just wanted to share how sometimes there is enchantment and connection that seems impossible in a dark time even if we don't think we can believe in such things. Even if we've never watched an episode on Animal Planet or feigned to consider adopting one in our home, the animal world can let us know they've got our back even while we're making a mess of this earth we share.

Get into the Halloween Spirit and decorate your home to be the scariest, funkiest or funniest in Broadlandsl Judging will take place in the evenings during the week of October 23rd. Winning entries will be listed in the newsletter and on our website. Judging will be based on the following criteria: Creativity (originality, unique design and creative use of lights and decorations), Arrangement (display and placement of decorations), Special Effects (sound effects, fog, animation, etc.), and Overall Appearance (color coordination, balance, and overall attractiveness).	Halloween House Decorating Entry Form Entry deadline: October 20th at 5:00pm. You may also enter online at broadlandshoa.org ne Ires: ires: Email Address: ne Number: Email Address: of Claibone registration must be received by October 20th at: Email Address: of Claibone Parkway Email Address: of
Get into the Halloween Spirit and decorate your Judging will take place in the e Winning entries will be liste Creativity (originality, unique desig Arrangement (displa) Special Effects (sound Overall Appearance (color coordi	Halloween House Decorating Entry Entry deadline: October 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter onlowed by cotober 20th at 5:00pm. You may also enter the the Number: Entry forms or online registration must be received by October 20th at 5:00pm. You may also enter be seen from the street side of the house at night. Email Address: Contest Rules Contest Rules Email Address: Indiges facisions are final. Email Address at night. Email Address at night. Indiges facisions are final. Email and townhome prizes if entries warrant.



Broadlands Annual 3rd-5th Grade Halloween Costume Party

Friday, October 27th 6:00pm - 8:00pm at the Community Center

Ghosts and witches and creatures of fright; Don't miss the call of Halloween night. Put on your best costumes and prepare to have fun. There will be music, games, and food for everyone.

DROP OFF - Parents can drop off their kids between 6:00pm & 6:15pm in front of the Community Center (kiss and go – we will have volunteers bringing the contact form to your car for you to sign). All kids must be signed in by an adult. No parking in the parking lot will be allowed.

PICK UP – The parking lot will be closed for the party so you must park elsewhere and walk to pick up your child. All kids must be with an adult to leave.

Please note: all kids **MUST** be signed in by a parent or guardian. You can get a sign in form online and fill it out before the party at broadlandshoa.org/event/3-5 party

We still need volunteers to make this event a Success! Sign up at: broadlandshoa.org/event/3-5party

For information please email events@broadlandshoa.com.

Proudly brought to you by the Events Committee

2017 Guide to Ghoulishly Fun And Creepy Halloween Events

Family Fun for Your Little Goblins

Pumpkin Village Fall Fest, Now thru November 7

Leesburg Animal Park, 19270 James Monroe Hwy, Leesburg, 703-433-0002. See coupon in mid-section of newsletter. For more info, visit website: pumpkinfestleesburg.com

Temple Hall Farm Maize and Fall Festival, Now thru November 25

Temple Hall Farm, 15789 Temple Hall Lane, Leesburg, 703-779-9372. For more info, visit website: templehallfallfest.com

Annual Fall Pumpkin Harvest Festival, October 1 – October 31

Great Country Farms, 18780 Foggy Bottom Rd, Bluemont, 540-554-2073. For more info, visit website: greatcountryfarms.com

Cox Farms Fall Festival, Now thru November 7 Cox Farms, 15621 Braddock Road, Centreville, 703-830-4121. For more info, visit website: coxfarms.com

Boo at the Zoo, October 20-22

National Zoo, 3001 Connecticut Avenue NW, Washington, DC, 202-633-4888. For more info, visit website: nationalzoo.si.edu/events/boo-zoo

Air and Scare, October 21

Smithsonian National Air and Space Museum Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Way, Chantilly, 703-572-4118 - For more info, visit website: airandspace.si.edu

Halloween Parade, October 31

King Street, NW, Leesburg, 703-737-2175, leesburgkiwanis.org

Spine Chilling Events for the Old Bats and Goats...

Fields of Fear, Now thru November 4

Cox Farms, 15621 Braddock Road, Centreville, 703-830-4121 – For more info, visit website: fieldsoffear.coxfarms.com/default.aspx

Field of Screams, Now thru November 5

4501 Olney Laytonsville Rd , Olny, MD, 240-366-727. For more info, visit website: screams.org

Markoff's Haunted Forest, Now thru October 31

Calleva Farm, 19120 Martinsburg Rd. Dickerson, MD 301-216-1248. For more info, visit website: markoffshauntedforest.com

Shocktober at Paxton Manor, Now thru October 29

Paxton Manor, 601 Catoctin Circle NE, Leesburg, 703-431-4279. For more info, visit website: shocktober.org

Blood and Guts Run, October 14

Bull Run Regional Park, 7700 Bull Run Drive, Centreville, Support@bloodandgutsrun.com - Visit www.bloodandgutsrun.com for details and price.

Night at the Living Zoo, October 27

The National Zoo, 3001 Connecticut Avenue, NW, Washington, DC. Visit website nationalzoo.si.edu for details and price.

Can't Get Enough Pumpkin? Try these smashing ideas...

Baked Pumpkin Donuts

1/2 cups white flour
 1/2 cup whole wheat flour
 1/2 teaspoon salt
 2 teaspoon baking powder
 1/2 teaspoon cinnamon
 1/2 teaspoon nutmeg
 1/4 teaspoon allspice
 1 egg
 1/3 cup vegetable oil
 1/2 cup milk
 1/2 cup brown sugar
 1/2 teaspoon vanilla
 3/4 cup pumpkin puree



...because what tells you it is fall more than apple cider and fresh pumpkin donuts?

Preheat oven to 350 degrees. Whisk together flours, baking powder, salt, cinnamon, nutmeg and allspice in a medium bowl. Whisk together in a separate large mixing bowl the egg, oil, milk, vanilla, pumpkin puree and brown sugar. Then slowly add the dry ingredients to the wet ingredients. Stir until blended. Make sure not to over stir. Fill greased Donut Pan and bake for 12-14 minutes. Let them cool in the pan for a couple of minutes, then transfer donuts to cooling rack. Brush on melted butter and cover with cinnamon and sugar. Makes 12-15 donuts *aliceandlois.com*

Pumpkin Nog

8 eggs, separated
2/3 cup sugar
1 cup canned pumpkin puree
1/2 teaspoon ground cinnamon
1/4 teaspoon ground allspice
3 cups whole milk
2 cups heavy cream
2 cups dark rum or brandy
Whipped cream (optional)
Freshly grated nutmeg



It's never too early to get ready for the season!

Place egg whites in the bowl of a stand mixer and whisk on low speed until frothy, about 30 seconds. Increase speed to medium-high and, watching carefully, beat until they are about the consistency of shaving cream, about 90 seconds. Reduce speed to medium. With mixer running, add half of sugar and beat until incorporated, about 30 seconds. Transfer whites to a large bowl. Do not wash bowl. Add egg yolks and remaining sugar to now-empty stand mixer bowl and beat at medium-high speed until pale yellow and ribbony, shutting off machine and scraping down sides with a rubber spatula as necessary, about 2 minutes total. Add pumpkin puree, cinnamon, and allspice and mix on medium-low speed until homogenous, about 15 seconds. Add milk, cream, and alcohol and mix on low speed to combine. Using a rubber spatula or handheld whisk, fold the whipped whites into the egg yolk/milk mixture until completely incorporated. Serve by ladling into goblets and garnishing with whipped cream (if desired), grated nutmeg, and a cinnamon stick if desired. Serves: 12-16 seriouseats.com

POTIONS CLASS -Come in Costume if you Dare... Saturday, October 28th

First class: 11:00am-12:30pm
Second class: 2:00pm-3:30pm

\$20 per participant

Both classes will do the exact same potions and are limited to 25 participants each. Ages 8+ are welcomed, but adults are recommended to attend and all are welcome to dress for the occasion!

The Potions We Will Conjure... Cherry bark cough syrup, Willow bark tincture for headaches (and to counter curses of the brainish material), Drought of Living Death (also known as fire cider), Amortencia cream (to confuse love around all of Broad-lands and beyond), Snow White Serum (for little creatures of the forest to follow you...involving catnip), Draught of Peace (to calm fears when there is no peace in the world), Polyjuice Potion--you provide the all-important hair (to make your Halloween costumes all the more convincing) and as ever...bubbling cauldron Butterbear for All!

Sign up at:

broadlandshoa.org/events/potionscostume





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Broadlands KIDS HALLOWEEN PARADE!

Sunday, October 29th Parade - 3:00pm - 4:00pm Activities continue until 4:30pm

The parade starts at 3:00pm from the Community Center Parking lot on Waxpool Road and will proceed through the tunnel and around Hillside Park.

Wagons and strollers are welcome in the parade. Adult supervision is required. In case of rain, treats will be distributed inside the Community Center at 3:00pm.

Volunteers - We are in need of teen and adult volunteers to help with this event. If you are interested in assisting us with the parade and decorations, sign up at broadlandshoa.org/event/halloweenparade2017

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BACK TO SCHOOLI













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Reduce Toxins in Everyday Life By, Crystal Wasilausky, Holistic Health Coach fuelforyourbelly.com, beautycounter.com/crystalwasilausky

I am ready for fall, and as we are gearing up for cooler weather and transitioning to warmer foods I feel like it's a great time to make some small changes in our daily routine that can help us clear out the toxins and start a new season off with a healthy glow. I know we are all rushing to our jobs, driving kids to activities, social events, and more and it can often feel overwhelming. But it is so important to remember to give ourselves self-care each day, and to make sure we are taking care of ourselves first. Even if you do one thing for yourself each day you will be an overall happier and healthier you!

First off, I want to talk about the importance of getting at least 7-8 hours of sleep each night. Maintaining adequate amount of quality sleep each night is important for your overall health and well-being. During the night our internal organs rest and recover, tissues repair, and muscle growth happens. Getting enough sleep helps regulate our hormones, appetite control, reduce stress, and increase our metabolism. Not to mention you will have more energy to make better lifestyle choices which goes back to self-care and reducing toxins.

A nice way to relax in the evening to ensure a good night sleep as well as get rid of toxins is to soak in an Epsom salt bath. Epsom salt is a natural exfoliant and anti-inflammatory remedy that can treat muscle aches and sore muscles, dry skin, and other external health issues. Some of the benefits includes boosting magnesium levels naturally by soaking in the bath without having to take supplements. This is also a great way to reduce stress and give ourselves some much needed self-care at the end of the day. Just put 1-2 cups of Epsom salt in the bath, and you can add essential oils as an enhancer. Epsom salt also eliminates toxins by providing a heavy metal detox from the body's cells. Yes please!

I will always mention the importance of drinking at least 64 ounces of water each day. I carry around a water bottle with me throughout the day that I refill, this helps me keep track and is a reminder for me to drink up! There are so many health benefits to starting your day with lemon water within 30 minutes of waking. It helps aid in digestion and detoxification, the antioxidants in lemon water fight damage caused by free radicals which keeps your skin looking clear and helps the body produce collagen, for smoothing out fine lines in the face. It also helps in shedding pounds and boosting your energy and mood. Such a simple thing to do each morning that provides so many health benefits.

After my lemon water each morning I try and add a tablespoon of collagen to my smoothie. If you make your own bone broth this can also be a great source of collagen. But if you don't, the powder form is completely tasteless and it does so many wonderful things for our skin. As we age, collagen production declines which results in wrinkles, fine lines, and looser skin which none of us want. Increasing your collagen intake can help your skin look smoother, and firmer. If you suffer from leaky gut where bad toxins are able to pass through your digestive tract, incorporating more collagen can help break down proteins and soothe your guts lining. Poor gut health stems from inflammation in the gut and there are many other ways to heal from that.

There are some foods in particular that create inflammation in our bodies and disrupt organs and our skin's appearance. Reducing or eliminating dairy, refined sugar, gluten, and alcohol can help with reducing toxins in our bodies, digestive issues, bloating, and help clear skin. Just by thinking about food differently can help you switch to a healthier lifestyle. Food doesn't have to be packaged to be convenient, with a little prep and planning you can set yourself up for good food choices throughout the day!

We seem to associate detoxing with what we put into our bodies, but detoxing the pantry and fridge can have a significant impact on our overall health. A pantry detox is something that I offer to clients as a way to replace certain staples with healthier options. The purpose is not to remove and toss out everything. It can be an eye opening experience to really take a look at the packaged foods and learn to read the labels. A pantry detox can be a life changing way to not only get rid of things you don't need or use in the kitchen but to always make sure your kitchen is stocked with healthy choices.

We not only want to detox our panty and fridge we want to clean up the toxins we put on our skin each day. If you have some products that you are using that you are not sure are safe, The Environmental Working Group (ewg.org) has a skin-deep data base to tell you how safe that product is. If you have products that contain harmful chemicals then toss them, which also is a great way to declutter and simplify. The average female uses 12-20 products a day and it takes 30 seconds for a product to absorb into the skin. Even just starting with your families shampoo and body wash can be a huge step toward detoxifying your home.

Of course, sweating and daily exercise is another way we can release toxins in our body and also goes hand in hand with self-care. Exercise can be just 30 minutes a day doing what you love! It should not be something you dread going to. I like to think of exercise as a gift and a way we are thanking our bodies for the ability to move every day. Daily movement is so vital to our overall health and can have a significant impact on the lifestyle choices we make daily.

There are so many ways we can reduce toxins naturally and give ourselves some much needed self-care! I hope you all step into the new season refreshed and ready to be your best self!

Lemon Water Elixer

8 Ounces of warm water

1/2 lemon

1 tablespoon apple cider vinegar

Dash of cinnamon and cayenne

Optional stevia or raw honey

Squeeze the lemon into your mug along with the ACV, add the water and then finish with a dash of cinnamon and cayenne. If it needs to be sweetened can add the stevia or honey to taste.

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1 HOUR JUNIOR CLINICS

Red Ball - ages 4-8: Mon & Wed, 5:00pm; Sat 10:00am Orange Ball - ages 8-10: Tues & Thurs, 5:00pm; Sun. 10:00am Green Ball Stage 1 - ages 10-13: Mon & Wed, 6:00pm; Sat 11:00am Yellow Ball Stage 1 - ages 12-17: Tuesday & Thursday, 6:00pm; Sunday, 11:00am K & PRE-K (8 WEEK SESSIONS) Red Ball - ages 3-5: weekdays, 11:30am **1.5 HOUR JUNIOR CLINICS** Green Ball Stage 2 - ages 10-13: Mon & Wed, 6:00pm; Sat 11:00am Yellow Ball Stage 2 - ages 12-17: Tues & Thurs, 6:00pm; Sun, 11:00am **1.5 HOUR ADULT CLINICS** Beg. & Advanced Beginner - Thurs, 7:00pm; Sun, 8:30am Intermediate (3.00 and above) : Tues, 7:00pm; Sat, 8:30am Weekdays, 9:00am (flexible schedule). For Resident / Non Resident Pricing visit

broadlandshoa.org or luistennis.net

Clinic Drop In Fee: \$28 residents; \$30 non-residents **Private/Group Lessons.** *Visit broadlandshoa.org or luistennis. net for more information and pricing.*

STUDENT HOLIDAYS CAMPS THROUGHOUT THE YEAR

Resident - \$44.00 per day

Non residents - \$46 per day

WEEKLY JUNIOR ROUND ROBIN TOURNAMENTS (\$20.00 per Tournament)

11 years and over – Saturdays, 12:00pm - 2:00pm

10 years and under - Sundays 12:00pm - 2:00pm

PRIVATE/GROUP LESSONS: visit luistennis.net for more information

Disclaimer: if paying by paypal or credit card a 3% processing fee will be added to the price. If paying by check or cash the price is as shown.

Visit broadlandshoa.org or luistennis.net for more information. Please email Luis Rosado at LuisTennisAcademy@gmail.com or broadlandstennis@

yahoo.com if you have any questions.

IT'S A WRAP!

We're taking one last opportunity to look back on the 14th season of Broadlands Live! and offer thanks to Chris Henry and The Hardcore Grass, Kelly Neff, Throwing Plates, Nowhere Men, Sunny and



The Bee, Junkfood, 8 Track Jones, For The Win, Kings Over Queens, Will Saltzman, Ella Levri, Drew Blue Shoes, Tracey Eldridge and The Great Zucchini for entertaining us. Please patronize these local businesses--Broadlands Family Practice, Van Metre, Griffin Owens Insurance, Minnieland, Heritage Landscape Services, Wegmans, Stream Valley Veterinary Hospital and SuperKicks Karate. Without their very generous offerings we could not make these shows happen. Our in kind sponsors The Zone, Sunband and Parallel Wine and Whiskey Bar also deserve our thanks! Our swag bag donors can't be forgotten either! Cafe Opera, The Fitness Equation, Marti Austin Photography, MpowerD Massage, Native Barre, Norman's Popcorn, Painting With A Twist, Papa Johns, Potomac River Running, Pure Barre, The All American Steakhouse, The Zone and Woofies Pet Sitters and Dog Walkers made our gift bags over the top amazing. We hope you have enjoyed the season. Please like our Facebook page and stayed tuned for what season 15 has for you! Local businesses interested in being in on the action contact us! This is a homegrown event and we want to keep it that way-we support local and local supports us all!



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24 October 2017 | Our Neck of the Woods

ANOTHER GREAT CSL PIRANHAS SWIM SEASON!

It was another record breaking season for the CSL Piranhas!

This year the team was once again driven by our wonderful Head Coaches Sadie McGann and Eric Guessford, who brought with them a terrific Junior Coaching crew that included Riley Neimo, Ben Luginbill, Thomas Moore, Berit Svenson, Annika Saloka, Keegan Findling, Andrew Nixon, Caitlin Callaghan, Jessica Bryza, Taylor Asbell, Regan Holstein, Jeffrey Bailey, Gabi Hausch, and Lauren Bowers.

Training began with the coaches spending many early mornings in the pool providing personalized training and support, and ensuring that all of our swimmers were able to improve on stroke and technique as well as have fun.

Many coaches were familiar faces, thanks to our Pre-Piranha Prep (3P) preseason practices, held throughout the off season at Claude Moore Recreation Center. This additional out of season training, offered to both CSL and ODSL teams, allowed swimmers to perfect strokes and be ready for the summer.

While we trained hard and had a lot of fun, we still found time to give back to our community. We held our second annual food drive in support of Loudoun County's Backpack Buddies program. The team took time out during practice to stuff "Backpacks" to provide food for needy children on the weekends through a bag of non-perishable items (specified by BPB) to cover several meals and snacks. Our team filled 211 backpacks that were distributed to our neighborhood schools.

We concluded our season with a terrific party that allowed the coaches to recognize the hard work and effort each and every swimmer put into this season, including those that set new records, were the most valuable players or were the most improved:

MVP:

7/8: Audrey Hayward and Jack Curran 9/10: Kiersten Davenhall and Chris Qian 11/12: Sydney Davenhall and TD Medde-Witage 13/14: Jocelyn Yee and Tash Medde-Witage 15/18: Lauren Bowers and Jack Moore

Most Improved:

6 & Under: Eliana Crissup and Bryce Sorensen

7/8: Kaitlyn Tamburello and Liam Lynch 9/10: Prachi Thakkar and Gregory Brooks 11/12: Amanda Nicholson and Jacob Green

Coaches Award:

6 & Under: Eira Barber and Paul Greenwood
7/8: Sammy Landry and Michael Dwyer
9/10: Aditi Rajesh and Luke Baron
11/12: Hannah Hausch and Alex Crab
13/14: Sarah Holstein and Zander Quadt
15/18: Taylor Asbell and Thomas Moore

2017 Piranha Record Breakers

Boys 9-10 100M Medley Relay Team - 1:16.27

Chris Qian, Tyler Rounds, Ben Brockmeier, Kendrick Malpeli

Boys 13-14 200M Medley Relay Team – 2:09.62

Tash Medde-Witage, Colin Lewis, Paul Moore, Ethan O'Rourke

Boys 15-18 200M Medley Relay Team – 1:57.60 Keegan Findling, Thomas Moore, Ben

Luginbill, Jack Moore

Girls 8 and under 25M Free – Audrey Hayward – 16.88s Girls 8 and under 25M Back – Audrey Hayward – 20.94s Girls 8 and under 25M Breast – Audrey Hayward – 25.46s Girls 8 and under 25M Fly – Audrey Hayward – 19.37s Girls 8 and under 100M IM – Audrey Hayward – 1:42.58s

Boys 9-10 50M Free – Chris Qian – 31.81s Boys 9-10 50M Back – Chris Qian – 35.50s Boys 9-10 50M Breast – Chris Qian – 43.44s Boys 9-10 25M Fly – Chris Qian – 15.87s Boys 9-10 100M IM – Chris Qian – 1:20.6s Boys 15-18 50M Free – Jack Moore – 25.15s Boys 15-18 50M Breast – Thomas Moore – 30.75s Boys 15-18 100M IM – Jack Moore – 1:01.23s We also wanted to recognize those swimmers that were invited to the CSL All Stars meet:

2017 All Star Swimmers

Ben Brockmeier, Jack Curran, Bradley Dang, Sydney Davenhall, Audrey Hayward, Caroline Kilty, Colin Lewis, TD Medde-Witage, Melodie Moore, Paul Moore, Thomas Moore, Chris Qian, Xander Quadt, Ryan Rounds, Tyler Rounds, Neil Wasilausky, Raegan Watson, Jocelyn Yee.

So it takes a village.....and our village was not only the swimmers and coaches, but the parents who dedicated their mornings, evenings, and weekends to the team. Whether you volunteered for a meet or were part of a committee or shouted your support from the deck at each meet – we would like to take this opportunity to thank you for your dedication. You guys are awesome!!!

We would also like to take this opportunity to thank our outgoing board members, Dean Buckley (President), Karen Nixon (Team Rep), and Stephanie Callaghan (Secretary) for their wonderful contributions to the team and extend a warm welcome to our incoming board members, Mike Malpeli (President), Kiersten Dickenson (Vice President), and Stephanie Callaghan (Team Rep).

Finally, we would like to thank the Broadlands HOA, High Sierra pools, Community Center guard staff, and Southern Walk guard staff for your help, as well as a big thank you to our sponsors and local businesses that made donations to the team in 2017:

Nations Capital Swim Club (NCAP), UPS Store @ Broadlands, Van Metre, Blend Coffee Bar, Highcliffe Clothiers, Keller Williams, Northshore Shave Ice, and Allstate.

We look forward to seeing everyone in 2018 for March Registration. Please visit the website for further information: https://www.teamunify.com/Messages. jsp?team=reccslblva.

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BRIAR WOODS DECA PARTNERS WITH LOUDOUN HUNGER RELIEF

Drop off Sites & Information

- Briar Woods DECA Community Service Outreach
- Donate food and supplies
- Assist those in our Community
- All donations go to the Loudoun Hunger Relief

Drop off sites at... Briar Woods High School 22525 Belmont Ridge Rd, Ashburn, VA 20148 Broadlands Nature Center 21907 Claiborne Pkwy, Broadlands, VA 20148

Follow Us! Twitter @BWHS_DECA Instagram @BWHS_DECA Snapchat @BWHS_DECA

COMFORT CASES

FBLA Club for Briar Woods High School, in conjunction with Broadlands Association, will be holding a donation drive during the month of October to benefit the Comfort Cases charity. Organizing the donations will take place on Saturday, November 4th and the Packing Party will follow the next day, Sunday November 5th. Both events will begin at 9:00 am at the Clubhouse located at 43360 Rickenbacker Square. Please visit our website or Facebook page "Broadlands HOA Events" for more information.

Donation boxes will be available at Briar Woods High School and the Nature Center in Broadlands. Please contact julie@broadlandshoa.com for more information.

ASHBURN VOLUNTEER FIRE & RESCUE NEWS

Pancake Breakfast: *October 1st, 8:00am - 11:00am* in Founders Hall**, Station 6, Ashburn Road. Bring family and friends and enjoy our great breakfast and no dishes! Eggs, cheesy eggs, pancakes, sausage gravy & biscuits, hash browns, bacon, juices, coffee. \$10 Adults, \$7 Seniors, \$5 children 3-8, Children under 3 Free. Craft table for kiddies. (*No parking at Mediterranean Breeze parking lot across from station*)

Open House: *October 15th, 12:00pm - 3:45pm.* Bring friends, neighbors and kids: Kids Safety stops: Smoke House, Call 911, Obstacle Course, Smoke Detectors. Stop, Drop and roll. Also enjoy Food Station, Lego station, Moon Bounce, raffle and much more. **60** seconds over Ashburn! You can be the one of three winners to be lifted up 100 feet at **Open House** by a firefighter in the bucket of AVFRD's tower truck (Weather permitting) First drawing - October 9th, winners will be notified; Last drawing will be announced 3:00pm at Open House. \$10/ticket (\$25 for 3) Tickets available at Pancake Breakfast on October st or from http://ashburfirerescue.org/events

BASIL LEAF (Mediterranean Grill): October 23rd, 11:00am - 10:00pm. 43801 Central Station Dr, Ashburn, VA 20147. Come along with family, friends and neighbors and support AVFRD for this fundraiser and have some great eats in the bargain. Basil Leaf will give a donation to AVFRD as thanks for your participation.

Gear up and join the action! *Volunteer Firefighters and EMTs* needed (Admins too!). Free training, Uniforms & Personal Protective Gear Provided; Benefits: tax savings, retirement benefits, tuition assistance, free training and more: (next meeting Oct 31st) see https:// ashburnfirerescue.org for more details.

LOUDOUN SYMPHONY SET TO KICK OFF SEASON 27

The Loudoun Symphony (LSO) begins its 27th season this fall with major news. Our search for the LSO's conductor has entered its final phase and three finalists have been chosen to succeed the recently deceased Maestro Mark McCoy as conductor of the Symphony. These finalists have prepared exciting concerts that will challenge our musicians and delight attendees. Members of the audience will participate by providing feedback on each finalists concert.

Please join us for the opening of the LSO season on **Sunday, October 1 at 4:00pm** for a chamber concert - *Beer, Brats - Bravo!* at the Franklin Park Arts Center. A special package price of \$50 will include a concert ticket and an Octoberfest-style meal at Magnolia's in Purcellville. Space is limited so make your plans early.

https://www.eventbrite.com/e/beers-brats-bravo-tickets-37284916188

On Saturday, November 4th at 7:30PM the LSO is offering a concert (at a venue to be announced) that features the first of our conductor finalist concerts. Themed as traveling abroad the music will have as its subjects the countries of Germany, Algeria, and Russia. Come and see the dynamic Dr. Nancia D'Alimonte as she auditions for the position of conductor of the LSO. https://www.eventbrite.com/e/were-traveling-abroad-tickets-37284627324?aff=erelpanelorg

We are also pleased to announce that we have expanded the Loudoun Symphony Youth Orchestra program by adding a second orchestra to accommodate our young musicians. Auditions have taken place but video auditions may still be submitted until November1 by emailing lsyo@loudounsymphony.org



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TID BITS OF THIS AND THAT

OCTOBER 1ST: TWO BY FOUR RACE FIGHTS CANCERS SHARED BY KIDS AND DOGS

Two and four legged athletes are invited to help crush cancer in the first annual Two By Four Race Against Childhood & Canine Cancer, taking place on October 1 starting at 8:00am at Brambleton Town Center.

The Canines-N-Kids Foundation and Smashing Walnuts Foundation—both Loudoun-based non-profits—are partnering to host this timed 5k race and un-timed 1 mile Dog Jog/Fun Run. All net proceeds will support these nonprofits' work to raise funds and awareness for cutting edge research in the cancers that kids and pet dogs BOTH develop. The event will also feature an awards ceremony, vendor fair, and more.

Cancer is the leading cause of disease-related childhood death in the US and also claims the lives of 47 percent of dogs. Kids and dogs develop similar and even the same cancers such as brain cancer, osteosarcoma, lymphoma and leukemia. The problems inherent in designing and implementing pediatric oncology clinical trials coupled with scant resources makes finding a cure difficult. For dogs diagnosed with cancer, the outlook is no better.

Canines-N-Kids Foundation is a nonprofit committed to finding a cure to the devastating cancers that both get by advancing comparative oncology, the study of similar cancers that occur in animals and people. The Smashing Walnuts Foundation is a nonprofit started by 9 year old Gabriella Miller and her family to support childhood cancer research. Gabriella's life was soon lost to a "walnutsized" brain tumor, but her legacy lives on in the work of the Foundation. By teaming up, Canines-N-Kids and Smashing Walnuts are working at the local and national level to find treatments that crush cancer.

The 5k (human only) Timed Race costs \$35 through September 28, and \$40 through race day. The 1 Mile Dog Jog/Fun Run costs \$25 to September 28, \$35 to race day. Learn more and register at CaninesNKids.org.

BRAMBLETON ZOMBIE RUN 5K presented by The Brambleton Town Center October 28, 2017 5:30pm - 9:00pm

Brambleton is proud to announce that proceeds from this run will benefit the Down Syndrome Association of Northern Virginia. Please visit their website to find out more about the program & how to get involved.

Are you a runner or are you a zombie? You choose! In this slightly scary timed 5k race, you can race through our tunnels and trails dodging zombies or you can live out your nightmares of being a zombie and chase runners while you try and eat their brains (or flags in this case).

HOW IT WORKS

Runners will receive a flag football belt with 4 flags attached. You will be released from the starting line in waves and run along Brambleton's 5k course that weaves along our trails and into the tunnels. As you make your way, zombies will be there to greet you and try and steal your health (your flags).

There will be two types of zombies -

Chaser Zombies - these zombies are allowed to chase you for up to 5 seconds (doesn't seem like much until you have one on your tail). **Creeping Zombies** - these zombies will only lunge at you. They won't chase you down the path but they will be good at blocking the path as you run by.

Runners will complete the course even if they have no flags left. They do not turn into zombies because let's face it, we all know that zombie transformation takes a little time.

WAVES / TEAMS

- There will be rolling waves of runners leaving from the start line. You will receive your wave time a few days prior to the event through email. *If you would like to run with someone, make sure you sign up as a team.* We will do our best to make sure all teams run together. If you are a Zombie Team, we will try and place you on the trail near each other but keep in mind, you might be spread out down the trail.

For more information & to register visit: http://brambletonhoa.com/489/Zombie-Run .

A N I M A L A S S I S T E D THERAPY CENTER COMES TO LOUDOUN COUNTY

At Heeling House, children and animals are coming together in new and innovative ways. At this new and unique center, they are using the power of the human-animal bond to help dogs to 'heel,' and children to 'heal.'

Established in 2014, Heeling House, Inc. improves the lives of children with special needs through the use of Animal Assisted Interventions. In late 2016, the Heeling House Center opened its doors in Sterling, VA. The center is home to many unique programs that serve the needs of the community.

The programs range from Animal Assisted Applied Behavior Analysis (serving children on the Autism Spectrum), to Animal Assisted Social Skills classes for children that need to improve their social interactions, to Job Skills Training, where children get matched with a dog walking mentor to learn valuable vocational skills. They also have a teen social/service group that helps provide training for the Assistance Dog Training Program. Members benefit from the training sessions by learning responsibility, patience, tolerance, fairness and the importance of goal setting. Lessons the youths learn, by training the dogs, can be applied to the various challenges they face in their daily lives.

Heeling House not only provides programs for children, but also for dogs. They offer a variety of training classes from puppy obedience to advanced animal assisted therapy classes, to fun and exciting sport classes. Whether you are interested in your dog becoming a therapy dog one day, or would just like to have a well-behaved family pet, Heeling House can meet your needs. In addition to dog training, they provide mid-day dog walking services, and even a doggy matchmaking service. Families that are looking for that perfect pet can get help finding the right match from one of the professionals at Heeling House.

Heeling House is a mainly volunteer run 501c3 non-profit organization. To find out how you can get involved, to enroll in a upcoming class, or to support this fantastic organization, please go to www. heelinghouse.com or call 703-661-6610.

BROADLANDS HELPERS LIST

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1999 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to nihanainen@broadlandshoa.com.

Not Available on Website Edition



(B) Babysitter's Course (C) CPR (R) Rescue Breathing (F) First Aid

(D) Dog & Cat (Pet) First Aid

*All area codes are 703 unless noted.





CLUBS AND GROUPS

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@ broadlandshoa.com.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BAC - BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail.com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

Please join us for an in-depth Women's Bible Study that began in September. We are studying various Women Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

CORE CONCEPTS CHIROPRACTIC HEALTH LECTURE SERIES

Free bi-monthly health and wellness lectures for the community. Lecture topics throughout the year include Children's Brain Health, Diabetes, Hypothyroid, Exercise, Adrenal Fatigue, Female Hormones, and Emotional Well Being. Please join us Wednesday's at 7:00pm. For a full list of scheduled lectures please contact Dr. Poe at 703-723-4178 or core2chiro.com.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kiddos; playgroups, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2nd Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub.broadlands@gmail.com.

MOMS IN PRAYER - EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MOMS IN PRAYER - MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres...a great way to meet fellow neighbors who share a love a music. For more info email musicontheheights@gmail. com.

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & SPIRITUALITY FOR MOMS

Are you looking for some relief from the challenges of motherhood? SAM is a group for Moms interested in learning about a variety of stress reduction practices and supporting each other's spiritual fitness and well-being. We meet on the 3rd Sunday of each month at 4:00pm. For more info email Shea at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of each month at 7:30pm in the Nature Center. For more information, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



OCTOBER CLASSIFIEDS



Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

INSTRUCTION - ARTS/MUSIC HOME INSTRUCTION AND PERSONAL

DEVELOPMENT: At a Reasonable Price! Fun and Practical FRENCH LESSONS; Colorful and joyful ARTS & CRAFTS; Beginner and advanced PAINTING TECHNIQUES; Spiritually uplifting YOGA & RELAXATION. For adults, children, families or groups! Call Sonia at 571-376-3267 or email Fratini.art@ gmail.com.

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ASHBURN: Piano teacher with 20+ years' experience. Lessons offered in my studio or your home. Please call 571-375-2653 or email judith.marcinko@gmail.com. Annual Recital, Local Piano Festivals, and National Guild participation. No contract required.

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SAXOPHONE AND FLUTE LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. Recipient of three awards from the DC Commission for the Arts. Lessons available in your home. References available. Please call 703-777-4352 or email SivardStudio@gmail.com.

INSTRUCTION - TUTORING

NEED MATH HELP? I am a Broadlands resident, I coown, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438, or email me at: aplustestprep@verizon.net. **TUTORING:** University Professor with 15 years' experience tutoring Jr High, High School, University and Master's level students. Study Skills, Paper Editing, Test Prep, History, English, Econ, Social Studies, Business, French, College Advising/Essays/Applications, IB Prep, Home Schooling, etc. Contact Neal at 571-665-8568 or nealdahan@yahoo. com.

A-1 FORMER LOUDOUN COUNTY MATH TEACHER:

Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Pre-Calculus and Calculus. SAT prep and test taking strategies. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-919-1674 or email vchu_911@yahoo.com. Please visit: A1mathtutor. weebly.com. Visa, Master Card, Discover and Amex accepted.

HEALTH/FITNESS/WELLNESS AFFORDABLE CERTIFIED PERSONAL FITNESS

TRAINING IN YOUR HOME: Get fit now with my 27+ yrs. experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@gmail.com; fitnesstogova.com.

JOYOGA: Loss comes in various types throughout our lifetime. It could be the loss of a job, health, marriage, a loved one, a relationship or even our purpose in life. On Saturday, October 28, I will be offering a free workshop called Renew and Restore from 1:00 to 3:00 pm. Questions call 703-850-8386. Pre-registration required. Go to: joyoga.us/calendar/punch-pass

HOME SERVICES

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MARY KAY: Beauty on a Budget. Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! Contact Deborah Leben 703-217-4583 dleben@marykay.com.

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HOW TO PLACE CLASSIFIED ADS

Classified ads (limited to 40 words maximum) must be received with payment by the 5th of each month for the following month's issue.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

Monthly Rates:

Resident Rates Monthly - \$10.00 Personal (For Sale) Ads \$0 **Non- Resident Rates** Monthly - \$20.00

Payment and Ads: Please email ads to: scollins@broadlandshoa.com Checks, credit cards or cash accepted. Buy now online! Make checks payable to "Broadlands Association". No cancellations after the deadline.

> *Mail to or drop off payments at:* Broadlands Association 21907 Claiborne Parkway Broadlands, VA 20148

For more information contact: Advertising Manager: Stassa Collins, (703) 729-9704, scollins@broadlandshoa.com

ADVERTISING DIRECTORY

DENTAL

Loudoun Dental Associates	24
Loudoun Family Dental	2
Smilez	

EDUCATION

BeanTree Pavilion (Kindergarten – 2 nd Grade)	mid
BeanTree Pavilion (Infant – Kindergarten)	mid
LePort Montessori	2
The Merit School of Broadlands	35
Open Arms	mid
Primrose School at Broadlands	36

FINANCIAL / PROFESSIONAL SERVICES

Apple Federal Credit Union	0
Lori Christ CPA. LLC	3

HEALTH

ACT Fast Medical Care	
Cantwell Vision Therapy Center	
Podiatry, Foot Surgery & Sports Med (Dr. Shu	

HOME SERVICES

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Climatic Heating and Cooling, Inc	
Collegiate Sealers & Paving	12
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Kris's Painting Service, Inc	24
P&D Plumbing	
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Zampiello Paint Contractors, Inc.	

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RECREATION / INSTRUCTION/CAMPS

Club Pilates Ashburn	35
Leesburg Animal Park – Fall Family Fest	mid
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ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. <u>Advertising orders cannot be cancelled after the initial deadline.</u>

ADVERTISING

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at broadlandshoa.org on the newsletter page. DEADLINE: <u>Ad, payment and Insertion Order Form submissions are due the 1st day of the month prior to the issue. (Ex: Jan 1 for Feb's issue.)</u>

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BLACK AND WHITE: 1/8 pg (3.625" W X 2.25" H) \$90 /\$75* 1/4 pg (3.625" W X 4.875" H) \$165 /\$140* 1/2 pg (7.5" W X 4.875" H) \$295 /\$270* Full pg (8.5" W x 4.875" H) \$550/\$525* COLOR (INSIDE COVERS) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$225 /\$210* 1/2 pg (7.5" W X 4.875" H) \$425 /\$405* Full pg (8.5" W X 11" H) \$1050 /\$900* COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY: 1/4 pg (3.625" W X 4.875" H) \$250/ \$240* 1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240* 1/2 pg (8" W X 4.875" H) \$475/ \$455* Full pg (8" W X 8"H) \$1050/ \$950* *Notes discounted price if 6 or more months are prepaid Add 10% to base price above for preferred placement Color space is limited, please inquire.

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Check Payments: Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

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For more information or questions regarding advertising, contact Ad Manager Stassa Collins at ads4broadlands@yahoo.com or 703-729-9704. Please Note: Advertisers in the Broadlands Newsletter *are not* endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

EDITORIAL

The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to nihanainen@broadlandshoa.com. A message may be left for the editor at 703-729-9704.



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