

September 2016

# BROADLANDS

*Our Neck of the Woods*

Broadlands Community News | September 2016



## Are You Ready to Go Back to School?

The HOA Offices and Nature Center will be closed on Monday, September 5th in observance of Labor Day. Trash and Yard Waste will be collected on a regular schedule. Please have it out for pickup the night before or the morning of no later than 6 a.m. Please visit [broadlandshoa.org](http://broadlandshoa.org) for more information.

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# September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Modification Subcommittee Submissions Due 12:00pm - NC	2 Family Camping Night at the Nature Center 7:00pm	3 Nature Center Open 10:00am-2:00pm
4	5 <i>The HOA Offices and Nature Center are closed in observance of Labor Day. Trash and yard waste will be collected on a regular schedule.</i>	6	7 Modification Subcommittee Meeting 7:00pm - NC	8	9 Newsletter Submissions Due by Noon	10 Pooch Pool Party 10:00 - SB Pool
11	12	13 BOD Meeting 6:00pm - CH	14	15 Modification Subcommittee Submissions Due 12:00pm - NC	16	17 Nature Center Open 10:00am - 2:00pm
18	19	20	21 Modification Subcommittee Meeting 7:00pm - NC  Tech Comm Meeting 7:30pm - NC	22	23 Family Camping Night at the Nature Center 7:00pm	24 Communitywide Yard Sale - 8:00am  Wine & Wreaths 7:00pm-CC
25 Caring Hands Basic Pet First Aid Course 4:00pm - NC	26 Events Committee Meeting 6:30pm - CH	27	28	29	30	

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SB=Summerbrooke Pool

# BROADLANDS COMMUNITY INFORMATION

## BROADLANDS ASSOCIATION BOARD OF DIRECTORS MEETING

Tuesday, September 13th - 6:00p.m.

*The Clubhouse*  
43360 Rickenbacker Square

### Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm.

Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

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## BOARD MEETING HIGHLIGHTS

The following actions were taken by the Board of Directors at their meeting held on August 9th, 2016:

- Approved minutes of July 12, 2016 meeting
- Denied a committee request for signage, citing need to match existing sign plan
- Directed management to call an owner to a meeting for drainage alterations in the common area behind his lot
- Approved a modification appeal for a driveway extension
- Approved the turf renovation proposal from HLS
- Approved a portion of the tree replacement proposal from HLS
- Directed management to bid out asphalt rejuvenation
- Approved the 2016 Audit engagement proposal from Malvin Riggins
- Reviewed the June financial statements
- Approved violation charges on three Hearings
- Declined attorney recommendation to foreclose on a delinquent owners unit

## Goodbye Summer

Once again, September hits with the kids going back to school, the cooler temperatures, the closing of the pools, and increased commute times. As always, we had a great summer at our three pools including monthly float nights, summer anniversary celebration, middle school party, and hosting our two



fabulous swim teams. The Pooch Pool Party is guaranteed to be a big hit once again this year and we've moved to the Summerbrooke Pool with its beach entry to accommodate the smaller or more timid swimmers, so be sure to bring your pup out on September 10<sup>th</sup> to say your official goodbye to the pools for the season. Special thanks to High Sierra Pools for once again keeping our pools safe, clean, and running for the hot season. Of course we also enjoyed the sounds of summer with a fabulous lineup at our Broadlands Live! Concerts and ran our favorite movie lines with the family friendly Flicks in the Sticks, and laughed our tails off at our sold out Comedy Show. If you're worried the time for fun is over, don't panic as we have plenty of fun fall events to peak your interest. Check out our new Wellness Morning, Wreaths & Wine, and the always popular Halloween and Santa kids events, not to mention our array of nature activities. We hope to see you out and about as you get into your fall schedules.

Speaking of which, as we settle back into the school and work routines, we'd like to remind everyone that the start of school brings a lot of pedestrian and bicycle traffic on our roads, sidewalks, and trails. Broadlands is home to two elementary schools and one middle school, plus an array of daycares, churches, and after school programs. Drivers must be aware of the increased child pedestrian traffic throughout the county and aware that school children often aren't as visible as adults due to their smaller statures. **For those dropping their children off at the schools or waiting at bus stops, please be aware that double parking, parking in fire lanes, blocking of intersections, as well as making u-turns in the middle of the road are all illegal.** Please also be mindful of your neighbors and do not use their driveways to turn around.

*Goodbye Summer continued on page 10*

# MODIFICATIONS & COMMUNITY INFORMATION

## MODIFICATIONS SUBCOMMITTEE

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Thursday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com) or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for after-hours submissions.

The Modifications Subcommittee has updated the design guidelines for Tree Removal and Landscaping. Approval is required to remove any tree either dead or alive whose trunk measures 4" or more in diameter when measured at a height of 4' from the ground. Tree stumps must be removed below ground level and the area reestablished.

In general, approval for vegetable gardens is not required. Vegetable gardens must be an appropriate size for the area in which they are planted. Any significant hardscape elements such as a retaining wall, associated with vegetable gardens or gardens that are significant in size require approval.

Please review these guidelines and the updated changes on our website. Visit [broadlandshoa.org/for-residents/design-guidelines/](http://broadlandshoa.org/for-residents/design-guidelines/) for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

## Modifications Subcommittee Submission and Meeting Dates

Submission Date	Meeting Date
September 1st	September 7th
September 15th	September 21st
September 29th	October 5th
October 13th	October 19th

## HOW AM I NOTIFIED OF MY RESULTS?

The Modifications Subcommittee is using new software to process applications in order to increase efficiency and provide quicker response time to residents regarding the status of their modification applications. Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. There have been reports that some emails are being delivered to residents' junk/spam folder. Therefore, please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from [no-reply@smartwebs365.com](mailto:no-reply@smartwebs365.com) should you wish to add this email address to your contact list to ensure prompt delivery.

## BE ELECTION READY FOR NOVEMBER 8, 2016

Check your status online at: [vote.virginia.gov](http://vote.virginia.gov)  
Update and register, plus apply for an absentee ballot at this site too!

Deadline to register to vote is October 17, 2016  
Absentee voting begins September 23, 2016

## HAVE AN OPEN BAND QUESTION?

For questions regarding the amended budget or coupons or the association, please contact John Halfhill with FirstService Residential at (703) 679-1513 or [john.halfhill@fsresidential.com](mailto:john.halfhill@fsresidential.com).

For questions regarding OpenBand's services, please contact Open Band at (703) 961-1110 or their website - <http://support.openband.net>.

## FEELING POLITICAL?

Per Broadlands guidelines *no more than three political campaign election signs* are allowed and each sign shall not exceed (4) square feet maximum. These signs may be placed **no more than 60 days prior to an election date** and must be removed 5 days following the election. No application is required for these signs.

# COMMUNITY & LOCAL INFORMATION

## TIME TO GET OUT YOUR HALLOWEEN DECORATIONS

Dust off your decorations and start planning for fall; it's time to start thinking about the 4th annual Halloween Decorating Contest! Last fall we had 23 entries with 12 prize winners. We know we have more talent out there so come join the fun. We hope to make this year even bigger and better. Think you can out-spook your neighbors with your scary webs? Want to show off your mad pumpkin carving skills? Do you use your talents to create custom figures or sync Thriller to a light show? Formulate your plan for spooktacular scene and plan for a Broadlands Halloween!

You could win a cash prize as well as bragging rights for your ghosts, ghouls, and zombies.

Be on the lookout for registration information on the website and in the October newsletter.



## EVENTS COMMITTEE MEETING

Monday, September 26, 2016  
6:30pm at the Clubhouse,  
43360 Rickenbacker Square

After taking a well deserved summer break, the Committee will meet to work on the rest of the events for the year and the volunteer spots we need to fill.

We have a great group of volunteers who generously donate their time with creativity and enthusiasm to make our events happen. We would love to have you join us. For more information email [events@broadlandshoa.com](mailto:events@broadlandshoa.com).

Refreshments and snacks provided.

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## Wine & Wreaths Event is Full!

All signups for the Wine & Wreaths event are full. Please periodically check out publications for future wreath making and/or crafting event information.

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## Our Sides Were Splitting

With laughter that is! What an exciting night! Our residents were able to enjoy a laughter filled evening with two truly funny comedians, have a few drinks and enjoy some finger food...all for \$15.00!

Thank you to our event lead, Faith Hensbaugh for providing a unique night out for our residents. You did an amazing job from start to finish with this event! Residents, If you see Faith around the neighborhood please take a moment to thank her. Also, thanks to Marcia Adams who checked in our guests and made sure that things ran smoothly. Lastly, thank you to all of the residents who jumped in and helped with clean up at the end of the evening. You are the people that make Broadlands the charming community that we live in...THANK YOU!

If you would like to become part of the Events Community and help plan our fun community events please email [events@broadlandshoa.com](mailto:events@broadlandshoa.com).

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## Ashburn Volunteer Fire & Rescue Open House

Fall Open House at our new Station House #6, 20688 Ashburn Road on Sunday, October 16, 12:00pm - 3:45pm. Please bring the family and join us. Activities will include: Guided Tours of new Firehouse, Ambulance Tours, Jaws of Life demo, Face Painting, Touch a Truck, Water Safety, School Bus Safety, Raffles and Much More!

# BROADLANDS COMMUNITY INFORMATION

## SAVE YOURSELF TIME, MONEY AND AGGRAVATION

Before you make any modification, change or addition to the exterior of your home, an application is required for the Modifications Subcommittee to review. Don't be misled by well meaning friends, neighbors or contractors. It is the owner's responsibility to file an application for all exterior work. A county permit does not circumvent this requirement. The process is easy if you apply before work commences.

What can happen if you don't submit an application? You may be ordered to cease and desist, which might cause your contractor to charge additional money for delays in completion. You may have to appear before the Board of Directors at a violation hearing. You may be assessed a fee of up to \$900, which will be added to your account and to which late fees, attorney fees, and court costs can be charged if payment is not made. You may be taken to General District Court for a judge to hear the case and determine the penalty. You may lose your recreational and voting privileges. You might have difficulty selling your home if violations are noted in the resale package which you provide to your buyer.

Please consult the Design Guidelines on the website for detailed information. Submit a complete application package in order to obtain approval prior to beginning any work. The Design Guidelines provide a framework to maintain design quality throughout the community, to promote sensitivity for the natural environment and to encourage consistency of design while allowing flexibility for achieving design solutions. If you have any questions about architectural modifications, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com).

## COVENANTS CORNER

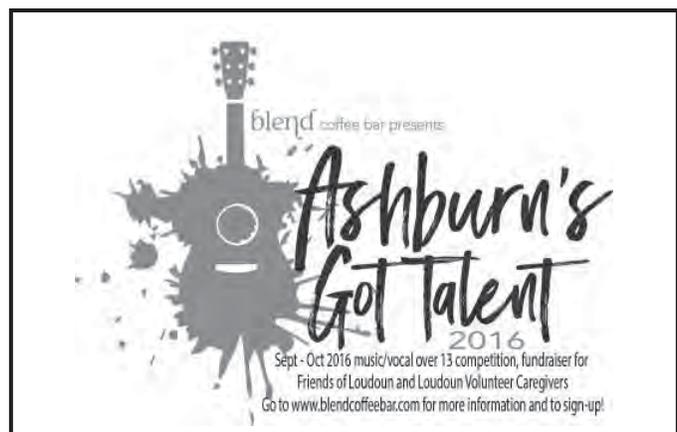
During the month of September, the Inspectors will be focusing on several issues: homes with rotten wood trim, faded shutters and doors, and homes with fencing issues. Rotten wood can often be identified by paint that is cracked, peeling, or blistering, or wood that's darker than the surrounding area or green with algae. Shutters and doors that have faded from their original color should be freshened up. Fencing must be maintained in such a way that it is safe and visually appealing. Fencing that is leaning, has broken, bent, or missing boards, discoloration or mildew, or other damage should be repaired in order to maintain the integrity and visual appearance of the community.

The Inspectors will also continue performing house to house inspections, checking the front, back, and sides of each unit for improvements that have been made without prior approval from the Modification Subcommittee.

If any violation of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspectors at [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com) to request a reasonable extension to rectify the issue.

*Throughout the year, the Covenants Inspectors inspect the homes in the community for a variety of issues ranging from trash containers in view to parking issues and unapproved modifications to leftover holiday decor. In addition, certain seasons dictate the need to focus on particular violations that occur with high frequency.*



# HOA EVENTS AND LOCAL NEWS...



## How it works:

Drop off your clean, gently-used child's costume at the Broadlands Community Center on Saturday, October 15 from 9:00 a.m. to 10:30 a.m. Receive a swap ticket and return it to the Broadlands Community Center from 11:00 a.m. to noon to select a "like new" costume!

## Costumes to Donate?

Your donations of gently used costumes will be accepted at the Nature Center all month long.

## Don't have a ticket?

Costumes may be purchased starting at 11:30 a.m. for \$5.00 each. Proceeds to benefit the Girl Scout SHARE program.

**Note:** The Broadlands Community Center is located at 43004 Waxpool Road

The 6th Annual Broadlands Green Halloween Costume Swap is proudly sponsored by Girl Scout Troop 6480.

## Need to Get Rid of Old Paperwork or Electronics?

**Attend Our Sixth "No-Cost, On Site, While You Watch" Shredding & Electronics Recycling -Event**

Mark your calendar for

Saturday, October 1st 9:00am to 12:00pm

The event will take place in the RE/MAX Premier parking lot:

44675 Cape Ct

Ashburn, VA 20147

See DanThiewes.com for a list of electronics we can accept. Dunkin Donuts coffee, hot chocolate and donuts will be served. Please RSVP by emailing Dan at dan@danthiewes.com or call 703-508-5762

Please tell your friends, neighbors and co-workers. They will thank you.

## Board Adopts Amendments to County's Noise Ordinance; Enforcement Begins September 1

The Loudoun County Sheriff's Office will begin to enforce the recent changes to county's noise regulations on September 1, 2016. The amendments to Chapter 654.02 of the county's Codified Ordinances were adopted by the Board of Supervisors during its July 13, 2016, public hearing.

The amendments to the ordinance prohibit some noise based on time of day or duration of sound. For example:

- Music may not be plainly audible and discernable within 100 feet or more from the sound's source during a private party or other similar non-governmental event between the hours of 11:00 p.m. and 7:00 a.m.
- A horn or alarm on any motor vehicle, motorcycle, bicycle, or other vehicle on a street or in a public place cannot be sounded for more than 20 consecutive seconds except as a danger warning or as permitted by law.
- Spinning of tires and racing of engines in a motor vehicle or motorcycle are prohibited as well as the emission of noise created by the absence of a muffler.

The amendments exclude some sound generating activities from regulation, including agricultural operations; sounds from places of worship such as bells and chimes; sounds from emergency operations such as sirens; parades and fireworks and similar county-approved events; operations of a public facility; and school-sponsored or organized youth athletic contests or practices, or other school activities.

Violations of the noise ordinance range from a Class 3 misdemeanor, which carries a maximum fine of \$500, to a Class 1 misdemeanor, which carries a maximum penalty of twelve months in jail and a \$2,500 fine. Over the next several weeks the Loudoun County Sheriff's Office will conduct an education phase prior to any citations issued for violations of the ordinance. Warnings will be issued to educate residents on noise levels that are now in violation of the county code. During the education phase, repeat violators may be subject to a citation after their initial warning.

Since the Virginia Supreme Court struck down the noise ordinance of the City of Virginia Beach (which was very similar to the former Chapter 654.02) as unconstitutionally vague, the county has lacked an enforceable ordinance addressing noise. The amendments to Chapter 654.02 establish a clear definition of what constitutes noise, requiring that the sound be audible and discernable inside a residential dwelling. The amended regulations may be found online here. For more information about enforcement of the new regulations, visit [www.sheriff.loudoun.gov/noise-ordinance](http://www.sheriff.loudoun.gov/noise-ordinance).

The Board of Supervisors also is currently considering changes to the Noise Standards section of the county's Zoning Ordinance. Unlike the noise regulations enforced by the Sheriff's Office, the Zoning Ordinance primarily regulates noise from commercial and other non-residential uses. The Board is scheduled to take action on the proposed Zoning Ordinance amendment at its business meeting on September 22, 2016. More information is online at <https://www.loudoun.gov/NoiseZOAM>.

# GM COMMENTS CONTINUED...

*Goodbye Summer continued from page 5*  
 Broadlands has three underground tunnels to help keep our residents safe; one on Claiborne Parkway connecting Hillside Elementary with Harvest Glen Court, another on Claiborne Parkway which connects the Nature Center with Village Drive, and a third on Waxpool connecting the Community Center with the LeFevre Stone House. We encourage all bicycle and pedestrian traffic to utilize the tunnels rather than cross these main roads. Heritage Landscape Services sweeps each tunnel for debris and graffiti every Monday in conjunction with their trash removal to help keep these tunnels clean and safe for school children as well as the walkers, runners, and bikers who regularly use the path. If you are aware of an unsafe or vulgar condition in the tunnels, please report them the HOA office at 703-729-9704.

If you have a child attending school this year, please be sure to check out the article on page 17 all about back to school safety. The HOA has agreed that the Nature Center can be used as an official safe house for the schools in case of an emergency. We are open Monday through Friday from 9am-5pm, with staff members available to assist in contacting the police in case of an emergency. Please stop by to ensure that your child knows where we are located. They may want to stop by regularly on their way home from school just to visit our friendly animals!

Cheers,

**Sarah**

Sarah Gerstein, CMCA, AMS, PCAM  
 General Manager

*Wine Event Coming to Broadlands!*

*Saturday, November 12th  
 Wine 101: The Basics*

*"How is it made? Where does it come from? Do those crazy tasting notes really mean anything? And, which wines would go well with the holidays? In this course, we'll answer all of these questions and more, and taste some delicious wines for your holiday table along the way."*

*More information will be in the October newsletter.*

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3/10/16-4/10/16

Townhouses	List Price	Sold Price	Subsidy	DOM
21541 Welby Ter	\$365,000	\$355,000	\$0	58
21636 Frame Sq	\$389,900	\$399,900	\$11,900	15
43262 Tumbletree Ter	\$399,900	\$406,000	\$8,000	4
21418 Falling Rock Ter	\$399,900	\$399,900	\$5,000	12

Single Family Homes	List Price	Sold Price	Subsidy	DOM
40376 Milford Dr	\$560,000	\$550,000	\$10,000	90
21309 Small Branch Pl	\$640,000	\$645,000	\$12,500	7
22165 Highview Trail Pl	\$685,000	\$665,000	\$0	43
42749 Ridgeway Dr	\$775,000	\$755,000	\$3,000	69

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Attention Broadlands 3rd, 4th and 5th Graders,  
Save the Date for our Annual Halloween Party!

**Friday, October 21st, 2016**  
**6:00p.m. – 8:00p.m.**  
**at the Community Center**

More details will be in the October newsletter.

Chaperones and volunteers will be needed. If you are able to lend a hand  
visit: [signupgenius.com/go/20f0b4da5a923a6fc1-broadlands6](http://signupgenius.com/go/20f0b4da5a923a6fc1-broadlands6)

For information please email [events@broadlandshoa.com](mailto:events@broadlandshoa.com).

Happy Halloween!

## Broadlands Annual Halloween Parade

Sunday, October 23rd, 3:00pm - 4:30pm

The parade will start at the path by the Community Center on Waxpool Road!

Wear a costume and bring your friends as we parade from the Community Center through the "Haunted Tunnel" and trick-or-treat along the path around Hillside Park! Enjoy cool treats and maybe a few tricks as we show off our amazing costumes and make Halloween memories.

Wagons or strollers are welcome in the parade. Adult supervision is required. Moms and Dads don't forget your costumes and cameras so you can join in the fun. Family and friends who choose not to walk the route may watch and enjoy from Hillside Park. In case of rain, treats will still be distributed inside the Community Center at 3:00pm.

If you would like to volunteer for this event, please contact Tania Marceau at [tania@marceau.us](mailto:tania@marceau.us).

We look forward to seeing all of our younger residents and their families!



# IN CASE YOU NEED A HAND...

## BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway  
Broadlands, Virginia 20148  
Main: 703-729-9704 Fax: 703-729-9733  
broadlandshoa.org • info@broadlandshoa.com  
**HOA Office Hours:** Monday – Friday, 9:00am to 5:00pm  
**Nature Center Hours:** First three Saturdays, 10:00am to 2:00pm

## ASSESSMENT INFORMATION OFFICE

**FirstService Residential: Payments and Resale Docs**  
Main: 703-679-1541 Fax: 703-591-5785  
fsresidential.com • customerservice.dcmetro@fsresidential.com

**Mail Payments To:**  
FirstService Residential  
P.O. Box 11983  
Newark, NJ 07101-4983

## BROADLANDS ASSOCIATION STAFF

### General Manager

Sarah Gerstein • sarah@broadlandshoa.com

### Covenants

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### Newsletter Editor & Events Committee Liaison

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### Newsletter Advertising Manager & Communications Coordinator

Stassa Collins • scollins@broadlandshoa.com

### Secretary to the Modifications Subcommittee

Robin Crews • rcrews@broadlandshoa.com

### Administrative Specialist

Julie Holstein • julie@broadlandshoa.com

### Reception

Joanne Hang • joannehang@broadlandshoa.com

Maureen Trahon • maureen@broadlandshoa.com

### Naturalist

Erin Fairlight • naturalist@broadlandshoa.com

## BOARD OF DIRECTORS

### President

Eric Bazerghi • eric@thehouse.net 703-623-1509

### Vice President

David Baroody • dm.cmb@verizon.net 703-729-6785

### Secretary/Treasurer

Dawne Holz • deholz@icloud.com 703-349-1095

### Directors

Heidi Eaton • 571-232-1830

Cliff Keirce • 703-729-7320

Tania Marceau • 571-331-4381

Joseph T. Wagner • 571-333-0821

Denise Harrover • 703-425-2600

Todd Parsons • 703-936-9309

## COMMITTEES

**Broadlands Live Concerts:** Renee Ventrice •

broadlandslive@yahoo.com

**Community Wildlife Habitat:**

Oya Simpson • osimpson@broadlandsnaturally.org 703-725-8040\*

**Events:** events@broadlandshoa.com

**Swim Team:** broadlandsswimteam.org

**Technology:** Dawne Holz • deholz@icloud.com\*

**Tennis:** Brad Marcus • bradmarcus@gmail.com

**Webmaster:** webmaster@broadlandshoa.org

\*Please look under Clubs and Groups for more information

## NON-EMERGENCY

Ashburn Fire ..... 703-729-0006  
Dominion Virginia Power ..... 888-667-3000  
Fire Marshall ..... 703-777-0333  
Loudoun County Sheriff..... 703-777-1021  
Loudoun Water (customer service) ..... 571-291-7880  
Loudoun Water (after hours) ..... 571-291-7878  
Poison Control ..... 800-222-3333  
State Police ..... 703-771-2533  
Washington Gas..... 703-750-1000

## BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) ..... 1-703-753-5521  
Snow Removal:  
    VDOT Streets..... 703-383-8368  
    HOA Streets..... 571-317-4369  
Trash Pickup (Patriot Disposal) ..... 1-703-257-7100  
Southern Walk Association – OpenBand:  
    Billing – John Halfhill, FirstService Residential  
    John.Halfhill@FSResidential.com ..... 703-679-1513  
    OpenBand Customer Service 24x7 ..... 866-673-6226  
    OpenBand Trouble Tickets..... 703-961-1110  
Towing (Battlefield Towing)..... 703-378-0059

## PUBLIC INFORMATION

Animal Control/Shelter ..... 703-777-0406  
Building Permits & Dev..... 703-777-0397  
County Landfill ..... 703-771-5500  
DMV (VA) ..... 800-435-5137  
DISH ..... 888-656-2461  
DirectTV ..... 800-531-5000  
Health Department..... 703-777-0236  
Library (Ashburn) ..... 703-737-8100  
Loudoun Ride On ..... 703-777-2708  
Loudoun Hospital ..... 703-858-6000  
Miss Utility ..... 800-552-7001  
Metro ..... 202-637-7000  
Parks and Recreation ..... 703-777-0343  
Ridesharing..... 703-771-5665  
Road Conditions..... 800-367-7623  
School Board ..... 571-252-1000  
Street Signs/Storm Drains ..... 703-771-5666  
VDOT..... 703-383-8368  
Van Metre Homes ..... 703-348-5800  
Verizon Fios..... 888-553-1555  
Xfinity/Comcast ..... 800-934-6489  
Wildlife Hotline (local)..... 703-440-0800

## SCHOOLS - BROADLANDS

Briar Woods High School..... 703-957-4400  
Eagle Ridge Middle School..... 571-252-2140  
Hillside Elementary School..... 571-252-2170  
Mill Run Elementary School ..... 571-252-2160

# Broadlands Community Wide Fall Yard Sale

Saturday, September 24th  
8:00am – 2:00pm,  
Rain or Shine

Buy or sell at private residences throughout the neighborhood.

To be included in the online listing of addresses, visit [broadlandshoa.org/yardsale-form/](http://broadlandshoa.org/yardsale-form/) and fill out the yard sale submission form. Residents do not have to be on the list of participants to be part of the yard sale.

To see a listing of sellers, what's for sale and view the community map visit [broadlandshoa.org/yardsale](http://broadlandshoa.org/yardsale).

The HOA will be publicizing the yard sale in the Loudoun Times-Mirror and The Washington Post.



# ANS FALL NATURE PROGRAMS

## ANS' Fresh Air Kids

Two Locations: Leesburg and Sterling, Virginia!

Children are born naturalists. The Audubon Naturalist Society builds on children's inherent curiosity about the world by using hands-on, nature-based activities to foster social, physical, and academic skill development. Our **Fresh Air Kids Class** is for children ages 5 and younger along with a parent or caregiver. Classes might involve crafts, songs, books and always a hike. *Bring your lunch or snack. Mingle and meet other caregivers!*

**Rust Sanctuary, Leesburg, Virginia**

Fridays, 10:00am-11:30am

Fall Session: September 30-December 2, 2016

Winter Session: January 13-March 3, 2017

Spring Session: March 17-May 19, 2017

Cost: \$100.00 (siblings 21 months and older \$85.00, siblings under 21 months of age are free)

Sign up for all three sessions and receive \$50.00 off!

*Reservations not confirmed until payment received (checks only).*

*Mail checks made payable to ANS and send to:*

**The Audubon Naturalist Society's Woodend Sanctuary**

8940 Jones Mill Road

Chevy Chase, MD 20815.

Please mark the envelope Attention: Barbara Young and write: *Fresh Air Kids RUST on the check memo line.*

To register visit: <http://www.signupgenius.com/go/30e0c4daaac2fa2f49-fresh>

## Algonkian Regional Park, Sterling, Virginia

Mondays, 10:00am-11:00am

Fall Session: September 26-November 14, 2016

Early Spring Session: March 13-April 24, 2017

Late Spring Session: May 1-June 12, 2017

Cost: \$65.00 (siblings 21 months of age and older \$40.00, siblings under 21 months of age are free)

Sign up for all three sessions and receive \$30.00 off!

*Reservations not confirmed until payment received (checks only).*

*Mail checks made payable to ANS and send to:*

**The Audubon Naturalist Society's Woodend Sanctuary**

8940 Jones Mill Road

Chevy Chase, Maryland 20815

Please mark the envelope Attention: Barbara Young

and write: *Fresh Air Toddler Treks* on the check memo line.

Offered in partnership with NOVA Parks. .

To register visit: <http://www.signupgenius.com/go/30e0c4daaac2fa2f49-201617>



## Caring Hands Animal Hospital

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Ashburn, VA 20148

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[www.caringhandsvet.com](http://www.caringhandsvet.com)

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**50% off**  
a physical exam!

BROAD

\*New Clients Only

# Join the Veterinarians of Caring Hands Animal Hospital For a Basic Pet First Aid Course

Topics will cover basic supplies to have in case of a pet medical emergency and how to handle a pet in shock.

Sunday September 25<sup>th</sup>  
4:00pm - 5:00pm  
at the Nature Center



This Event is  
Free to the  
Public!

All Ages  
are  
Welcome!

# CREATING POLLINATOR SANCTUARIES

## Volunteers Needed for Community Planting

### *When:*

Wed. Oct. 19<sup>th</sup> 9:00am – 11:00am

Thu. Oct. 20<sup>th</sup> 9:00am – 11:00am

Fri. Oct. 21<sup>st</sup> 9:00am – 11:00am

Small perennials will be planted.

Plants from existing gardens may be available for volunteers to take home to transplant.

### *Learn about:*

colorful native plants deer and rabbit won't eat, evergreens, ground covers, drought tolerant or water loving, even low maintenance ones of course!

*To sign up send an e-mail to:*

[osimpson@broadlandsnaturally.org](mailto:osimpson@broadlandsnaturally.org)

PLANT

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# BACK TO SCHOOL

## BEFORE THE BELL RINGS: BACK TO SCHOOL SAFETY

As boys and girls throughout the community sharpen their pencils and get ready to head back to class, it's important to ensure they have a safe school year. Here are some tips on how your family can be proactive and avoid potentially harmful situations:

- Make sure your school has your child's updated emergency contact information. Write down any specific instructions that should be followed in case of an emergency, and have the school keep them in your child's file.
- Talk to your child's teachers before classes start and alert them to any medical issues your child has. Also, explain to the teacher what he or she should do if the medical issues arise—such as an allergic reaction, asthma attack or seizure—

and provide school personnel with emergency medication such as EpiPens® (Epinephrine Auto-Injectors) and inhalers.

- Help your children memorize important phone numbers so that they know how to get in touch with you and other trusted adults. Also, make sure those numbers are programmed into their cell phones, or provide them with a list of phone numbers that they can keep in their backpacks or wallets at all times.
- Let your children know exactly who they can go home with after school if their regular ride can't pick them up, and make sure they know not to accept rides from people who aren't on the list.
- If your children will be walking to school, walk the route with them

several times before classes start to make sure they understand traffic laws and can walk the route on their own. Also, find a friend or sibling they can walk with, and make sure they always use the buddy system.

- Show your children which houses or offices in the neighborhood they can go to in case no one is at home after school. The HOA has agreed that the Nature Center can be used as an official safe house for the schools in case of an emergency.
- Report reckless drivers to the police to help make sure the neighborhood remains safe, particularly during times when kids are going to and returning from school.

## LOUDOUN COUNTY PUBLIC SCHOOL 2016-2017 STUDENT CALENDAR

August 29 - First Day of School for Students

September 5 - Holiday (Labor Day)

October 10 - Holiday (Columbus Day)

November 4 - End of First Grading Period

November 7-8 - Student Holiday (Planning/Records/Conference Days)

November 23-25 - Holiday (Thanksgiving)

December 22-30 - Winter Break

January 2 - Holiday (New Year's) Classes Resume January 3

January 16 - Holiday (Martin Luther King Jr. Day)

January 26 - End of Second Grading Period

January 27 - Moveable Student Holiday - (Planning/Records/Conference Day)

February 20 - Holiday (Presidents' Day)

April 6 - End of Third Grading Period

April 7 - Student Holiday (Planning/Records/Conference Day)

April 10-14 - Spring Break

May 29 - Holiday (Memorial Day)

June 9 - Last Day of School for Students/End of Fourth Grading Period

Schedule subject to change based on possible school closing due to inclement weather.

Briar Woods High School 2017 Graduation: Monday, June 12th - 9:30am at EagleBank Arena

# Broadlands Wellness Morning

Come Together With Your Neighbors to  
Better Your Body, Mind and Spirit

**Saturday, October 1st**  
**9:00am-12:00pm, three sessions**  
**Nature Center Back Lawn and Patio**  
**21907 Claiborne Parkway**

## **Tabata Bootcamp: 9:00am-9:50am**

Instructor Katie Herbert uses the hottest trends in fitness and most effective High Intensity Interval training. There are modifications to accommodate all fitness levels. Bring your own exercise mat, water and towel.

## **Barre Above: 10:00am-10:50am**

This class combines the successful techniques of Yoga, Pilates, and Ballet into a full-body workout. You'll look great and feel great after this class. No matter your shape or your size, barre is a great class to begin changing your body for the better. Bring your own exercise mat, water and towel.

## **Kids Fun, Functional, Fitness: 11:00am-11:45am**

Mill Run PE teacher and Next Phase Fitness instructor, Mike Kilgannon, combines fun and fitness this session. Wear sneakers, bring towel and water bottle. This class is for kids 5 years old and older.

After each session enjoy some light refreshments.  
Pre-registration is not necessary

***This free event is for Broadlands residents and their guests.***

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[www.beantreelearning.com](http://www.beantreelearning.com)





# Animal Rehabilitation Certification Through Wildlife Veterinary Care

**Tuesday, October 25, 2016**

**at the Nature Center**

**7:00pm - 8:30pm**

**Fee: \$7:00 per person. The certification  
is required & free if you are enrolled  
in the Youth Naturalist  
Adventurer Program!**

**Participation Ages: 8-88 years old!**

We are inundated with injured and lost animals, particularly in the spring, that are brought to the Nature Center. Until now we have redirected you, the members of our community, to the Wildlife Rescue League, (703) 440-0800.

But the reality is that rehabilitation centers throughout Virginia are overwhelmed with birds with broken wings, turtles that have wandered from their water source, and run-over but still fighting for life raccoons, foxes, and baby deer.

We are creating a league of experts for our community in animal rehabilitation response. You will be the first responders when an animal is lost or injured in our community. Dr. Burwell of Wildlife Veterinary Care is coming to provide the training for this work. To sign up visit: **[broadlandshoa.org/event/animalrehab](http://broadlandshoa.org/event/animalrehab)**

She will provide the emergency response training for animals in need and will give us checklists of whether the animal should be returned to the wild, taken to a care provider, or cared for locally.

Many of you contact us with care for the animals in our community. This is your chance to learn the skills needed to be a first responder, and to make our community more friendly to all the things that fly, swim, and creep upon the earth.



# Broadlands Pooch Pool Party!

September 10, 2016, 10:00am - 2:00pm

New Location...Summerbrooke Pool

21580 Demott Drive

Close out the summer swim season with a unique socialization and exercise activity for your dog!

## Time Slots:

10:00am-10:50am

11:00am-11:50am

12:00pm-12:50pm

1:00pm-1:50pm

Four fifty (50) minute time slots.

Please sign up for your time slots at

[SignUpGenius.com/go/20F0B4DA5A923A6FC1-broadlands5](http://SignUpGenius.com/go/20F0B4DA5A923A6FC1-broadlands5)

## Cost:

\$3.00 that you pay at the door per dog per time slot. You can sign your dog up for one, two, three, or four....it's up to you!



If you'd like your best furry pal to participate, make sure that he or she is:

- at least 6 months
- old spayed or neutered
- friendly and used to group play
- physically fit for swimming and playing
- capable of safely exiting a swimming pool

And be ready to have fun! This pool paw-ty should be a barking good time!  
Come enjoy a bit from local food truck.

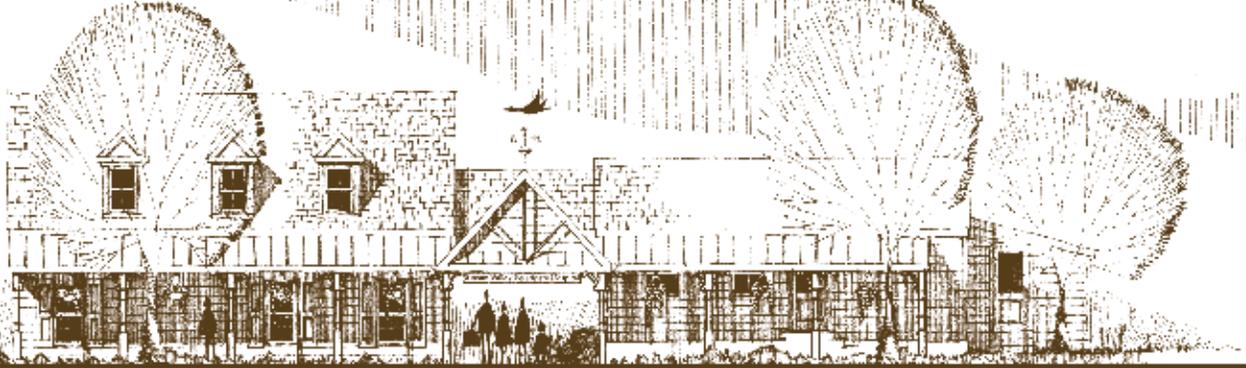


***Owners must sign a liability waiver and bring proof of current rabies vaccination.***

To ensure your pup's safety, we'll have a lifeguard on duty. Veterinary staff from Stream Valley Veterinary Hospital will be onsite for the entire event, and all proceeds from the pool party go to charity.

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KIDS WILL LOVE THESE TREATS!

### Parmesan Chicken Nuggets

- 2 lbs. boneless/skinless chicken breasts (or tenderloins), cut into pieces
- 1 Cup milk
- 1 egg
- 1 Cup gluten-free bread crumbs
- 1/2 Cup Parmesan cheese, grated
- 1 tsp seasoning salt, i.e. Lawry's Seasoned Salt

Preheat oven to 350° F. In a medium bowl, whisk together the milk with the egg. Cut chicken breasts into bite size pieces and place in the bowl to soak. In a large bowl, or gallon-size zip-style bag, mix together the bread crumbs, grated Parmesan cheese, and seasoning salt. Then, place some of the chicken nuggets into the bowl (or bag) and toss to coat with bread crumb mixture. Remove the coated nuggets and place on a baking sheet lightly sprayed with oil. Continue the process of coating the nuggets until all are breaded. Bake at 350° F for 15 – 20 minutes or until golden brown. *Celiacfamily.com*

### Othellos – Yummy Chocolate Chips Cookies

- 8 oz. bittersweet chocolate, chopped - for melting
- 2 tablespoon unsalted butter
- 3 tablespoon gluten-free Flour
- ¼ teaspoon Baking Powder
- 2 extra large eggs, at room temperature
- 2/3 cups sugar
- 1 teaspoon vanilla extract
- 1 2/3 cups (10oz) semisweet chocolate chips
- Optional – 2 cups whole macadamia nuts, pecan halves or walnuts

Preheat oven to 350. Melt bittersweet chocolate and butter in a double boiler. Let cool slightly. Combine flour and baking powder. Combine egg, sugar, and vanilla extract. Beat until light and fluffy. Fold in melted chocolate mixture, then the flour mixture, then the chocolate chips. Don't overmix. Scoop mounds of batter onto prepared baking sheets (parchment or foil), approximately 1 tablespoon placed 1.5 inches apart. Bake for 6 minutes. Then turn sheet 180 degrees, continue to bake until tops appear dry - approximately 3-5 minutes. The cookies will come out very soft. Let cool completely on baking sheets before removing. Servings 18. *William-Sonoma Guide to Good Cooking*



### Zucchini Cakes

- 4 medium zucchini
- 2 large shallots
- 1/2 cup diced parsley
- 1/2 cup diced basil
- 2 large eggs
- 1/3 cup grated Parmesan cheese
- Salt & pepper to taste
- 2 tablespoons olive oil
- Lemon juice for flavor

Shred zucchini into colander. Shred or mince shallots and add to zucchini. Add 1/2 teaspoon salt to zucchini mixture and mix well. Leave out (over a bowl) for 2 to 4 hours to drain liquid. Put zucchini, a few handfuls at a time, in a clean kitchen towel and squeeze out as much liquid as possible. Beat eggs in large bowl; add zucchini, parsley, basil, cheese and salt and pepper. If still a little wet, add 1 to 2 tablespoons of gluten-free flour and mix well. Place mixture back into colander. Heat a non-stick frying pan or grill pan, add olive oil to pan. Using a scoop or 1/3 cup measuring cup, add zucchini mixture to hot pan, flatten slightly and cook until golden. Drizzle with a little more olive oil and sprinkle with salt and turn over to cook until brown on second side. When done, remove from pan and place on cooling rack. Squeeze lemon juice for added flavor. *Provided by Marcia Adams*



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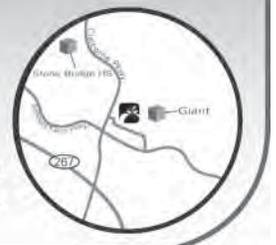
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- Personal Loans

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\*The \$60,000 Dreams Giveaway ("Giveaway") begins at 12:00 a.m. (Eastern Time ("ET")) on 01/01/2016 and ends at 11:59 p.m. (ET) on 12/31/2016 (the "Giveaway Period"). Members who secure a qualified Apple FCU Loan or Credit Card during the Giveaway Period and have their financing disbursed 01/01/2016 to 12/31/2016, will be automatically entered to win. EXCLUDES all Business Loans and Indirect Auto Loans (those financed on-site at an Apple FCU dealer partner). NO PURCHASE NECESSARY. For the complete Terms and Conditions, visit AppleFCU.org/DreamsGiveaway. Membership eligibility required. Equal Opportunity Lender.

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**Ashburn Branch**  
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# POOL LOCATIONS, HOURS & RULES

Please do not forget to bring your Pool Pass ID. No one will be admitted to the pools without their pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check the postings at each pool for any changes to hours of operation.

## **Summerbrooke Pool – 21580 Demott Drive – 703-724-9818**

10:00am – 8:00pm daily, including weekdays while school is in session.

## **Southern Walk Pool – 43081 Village Drive – 571-223-1331**

*When School is IN Session:* Weekday hours are 4:00pm – 8:00pm. Weekend and holiday hours are 11:00am – 8:00pm

*When School is OUT of Session:* Standard pool hours will be 11:00am – 9:00pm daily; August 1<sup>st</sup> to Labor Day: 11:00am – 8:00pm daily

## **Community Pool – 43008 Waxpool Road – 703-724-7830**

*When School is IN Session:* Weekend and holiday hours are 12:00pm – 9:00pm. Closed on weekdays.

*When School is OUT of Session:* Standard pool hours will be 12:00pm – 9:00pm daily.

**Lap Swim:** Tuesday, Wednesday & Thursday, 5:30am to 7:50am

**Lap Swim has transitioned from the Community Center Pool to the Southern Walk Pool for 50m lap swim.**

## **Special Pool Hours/Closings**

**Pooch Pool Party**  
Saturday, September 10<sup>th</sup>  
**Summerbrooke Pool**  
10:00am – 2:00pm

## **BROADLANDS POOL RULES**

### **GENERAL RULES**

- **NO** glass containers or breakable objects
- **NO** food or drink except in designated areas
- **NO** profane language
- **NO** pets
- **NO** alcohol or drugs
- **NO** smoking
- **NO** chewing gum
- **NO** running, pushing, dunking, wrestling or rough play
- **NO** general swimming in diving area
- **NO** water toys or other equipment unless authorized by pool manager
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers
- **NO** diving in shallow area
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit
- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over
- Children under 16 years must pass the Swim test to use the diving board and slide
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit. Members must use guest passes for each guest aged 5 and older.
- Pool members are responsible for the conduct of their guests
- Adults are responsible for the safety and conduct of all children in their care
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules
- Members and their guests using the pools do so at their own risk
- No lifeguards are on duty at the wading pools

**MEMBERS MUST COMPLY WITH ALL  
LIFEGUARD INSTRUCTIONS**



*Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website [Broadlandshoa.org](http://Broadlandshoa.org).*

# ABOUT YOUR FITNESS...

## Back to School, Back to Fitness

By, Katie Herbert, CPT

Fitness.innovations@gmail.com

Hard to believe that summer has passed us by yet again but the early alarm clock and passing buses insist that it is true. While many of us mourn the end of the season some of us grasp to the new hope: a chance to get back on track and renew our goals, or perhaps a chance to create a new goal. Summertime fun leads to many broken plans and promises of fitness but fall hands us another chance to straighten life out before the holidays hit us up. After all: the kids get a new beginning now, why shouldn't we?

Here are a few ways to be sure this is an excuse proof Fall of Fitness for all of Broadlands.

If you are ready to get back to work now is the perfect opportunity to mix it up and try something new. Often times a change in routine will give a new spark that will make the transition back into fitness that much more fun and enjoyable. In our area we happen to be so lucky as to be surrounded by new and exciting exercise facilities and boutique shops. All you have to do is take a drive down Claiborne to see the abundance of offerings. Many places offer a free trial class to be sure to take advantage of that to find what works for you.



Another great option in the fall is to find a fitness friend. With cooler temperatures and still plenty of daylight it's a great time of year to meet up for a jog or walk instead of hitting a coffee shop to catch up. Studies show that we are much more likely to stick with a plan if we have a buddy to keep us accountable. It's hard to bail when you know someone is waiting for you.

Finding yourself stuck on a ball field or court? With sports back in full swing it can feel like we are stuck in the role of chauffeur: consider getting in some activity while your kids do too! It's fun to chat with the parents but why not take the first 15 minutes of practice to walk the track or play on the playground? It's fun, you will get your heart rate up and, you might just inspire someone else to get moving!

If you are finding that getting back into routine is overwhelming maybe a quick home workout is right for you. Often times we feel like a workout isn't worth it unless it's a certain amount of time. But anything you can do is fantastic! If you can find just 6 minutes each morning you can jump start your day with a quick heart happy workout.

It's easy as 1,2,3:

1. Choose two exercises-squats, lunges, push-ups, mountain climbers, burpees, jumping jacks, planks, whatever you choose.
2. Set a timer for 20 seconds. You can also use an easy app like Seconds Pro, or watch a clock with a seconds hand.
3. Do 2 sets of the first exercise working as hard as you can for 20 seconds with 10 seconds of rest in between then switch to the second exercise and complete 2 sets of 20 seconds with 10 seconds of rest. Repeat this pattern one more time. In short, you will have completed 8 rounds of work with only 10 seconds of rest between each round. Just make sure that each work phase you are on fire!

If you are still looking for a way to try something new or get back into routine be sure to check out the Broadlands Wellness Morning on Saturday October 1st at the Nature Center. We will be offering Tabata Bootcamp, Barre Above and Kids Fitness.

Hope to see you all there!

# The Ashburn Ice House

## A Great Place To Learn To Skate



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We offer group skating lessons for ages 3 to adult.

Classes are 7 weeks in length and are 30 minutes long.

Classes are offered on Weekdays and Weekends.

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**First time enrollees in Early Fall Introduction to Hockey Skills Class receive a full set of Hockey Equipment**

### Public Skate Admission Rates:

Adults (13 and up): \$8.00 - Children (Under 13): \$8.00 - Seniors: \$5.00  
Skate Rental: \$5.00 - Group Skate: \$8.00 - Cheapskates: \$7.00

Large groups and camps are always welcome. Call for rates and times. Visit our web site at [www.ashburnice.com](http://www.ashburnice.com)

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House**

The Ashburn Ice House is located at  
21595 Smith Switch Rd. Ashburn, VA 20147  
[www.ashburnice.com](http://www.ashburnice.com) 703-858-0300



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[amy@ashburncrossfit.com](mailto:amy@ashburncrossfit.com)



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Ages 11-16 - Beginners

Monday through Friday, 6:00pm

Saturday & Sunday, 10:00am & 11:00am

### 1.5 Hour Junior Clinic - ages 10-16

Advanced / Intermediate

Monday through Friday, 6:00pm

Visit [broadlandshoa.org](http://broadlandshoa.org) or [luistennis.net](http://luistennis.net) for more information. Please email Luis Rosado at [LuisTennisAcademy@gmail.com](mailto:LuisTennisAcademy@gmail.com) or [broadlandstennis@yahoo.com](mailto:broadlandstennis@yahoo.com) if you have any questions.

### 1.5 Hour Adult Clinic - All levels

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Saturday & Sunday, 8:30am

For 1 and 1.5 Hour Class Resident / Non Resident Pricing visit [broadlandshoa.org](http://broadlandshoa.org) or [luistennis.net](http://luistennis.net)

**Clinic Drop In Fee:** \$28 residents; \$30 non-residents

**Private/Group Lessons.** Visit [broadlandshoa.org](http://broadlandshoa.org) or [luistennis.net](http://luistennis.net) for more information and pricing.

### Weekly Junior Round Robin Tournaments

(\$20.00 per Tournament)

11 years and over - Saturdays, 12:00pm - 2:00pm

10 years and under - Sundays 12:00pm - 2:00pm

---

## BROADLANDS "BOYS NIGHT OUT" DOUBLES TENNIS LADDER

**Description:** We have reserved the Nature Center courts on Sunday nights for a men's doubles ladder.

**Participants:** Men with NTRP ranking of 3.0 or higher.

**Fee:** \$20.00 covers the season - balls will be provided.

**Format:** Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

**Ranking:** A winning percentage for each player is calculated dividing total games won by total games played.

A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. -Courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, so on.

**When:** Every Sunday night starting at 6:00pm, rounds ongoing through September.

**Where:** Broadlands Nature Center Courts

**Contact:** To join the ladder or to get further information, contact [broadlandstennis@gmail.com](mailto:broadlandstennis@gmail.com) or visit the Broadlands tennis website: [www.BroadlandsTennis.org](http://www.BroadlandsTennis.org).



a n d

# CSL PIRANHAS - DIVISION CHAMPIONS!

## Broadlands CSL Piranha Swimming – 2016 Season Recap



After being crowned White Division Champions for three years running, the Colonial Swim League moved our Piranhas to the more competitive Red Division. It was a tough season, but we continued to work hard and break team records. In addition, our 8 and under girls were the Red Division Age Group Champs!

This year the team was once again driven by our amazing returning Head Coaches Sadie McGann and Eric Guessford, who brought with them a terrific Junior Coaching crew that included Juhi Seth, Malachy McGann, Riley Neimo, Ben Luginbill, Thomas Moore, Berit Svenson, Annika Saloka, Keegan Findling, Andrew Nixon, and Camryn Barry.

Training began with the coaches spending many early mornings in the pool providing personalized training and support and ensuring that all of our swimmers were able to improve on stroke and technique as well as having fun.

Many coaches were familiar faces, thanks to our preseason practices (3P), held throughout the off season, at Claude Moore Recreation Center. This additional out of season training, offered to both CSL and ODSL teams, allowed swimmers to perfect strokes and be ready for the summer.

While we trained hard and had a lot of fun, we still found time to give back to our community. The team took time out during practice to stuff “Backpacks” for Loudoun County’s Backpack Buddies (BPB) program which provides food for needy

children on the weekends through a bag of non-perishable items (specified by BPB) to cover several meals and snacks. Our team filled 200 backpacks that were distributed to our neighborhood schools.

We concluded our season with a terrific party that allowed the coaches to recognize the hard work and effort each and every swimmer put into this season, including those that set new records, were the most valuable players or were the most improved:

### MVP:

7/8: Tyler Rounds and Audrey Hayward  
9/10: Thuruna (TD) Medde-Witage and Melodie Moore  
11/12: Paul Moore and Jocelyn Yee  
13/14: Jack Moore and Casey Alexander  
15/18: Thomas Moore and Camryn Barry

### Most Improved:

6 & Under: Tanner Kim and Abigail DeLong  
7/8: Samuel Wall and Kerrigan Flach  
9/10: Damien Beglis and Siena Bressert  
11/12: Sam Ross and Claire Brooks

### Coaches Award:

6 & Under: Dylan Hardy and Lanie Buckley  
7/8: Darden Peterson and Reagan Watson  
9/10: Luke Nylund and Lauren Greenwood  
11/12: Jacob Green and Elizabeth Dellacorte  
13/14: Nick Crabb and Lasata Tuldahar  
15/18: Malachy McGann and Caitlin Callaghan

### 2016 Piranha Record Breakers

8 and under Boys 100M Medley Relay Team - 1:31.68s  
Luke Baron Michael Curran, Tyler Rounds, Jack Curran

8 and under Girls 100M Medley Relay Team - 1:33.19s

Abby Hardy, Audrey Hayward, Millie Buckley, Caroline Kilty

15-18 Girls 200M Medley Relay Team - 2:13.08s

Camryn Barry, Annika Saloka, Yuka Kuwahara, Taylor Asbell

Boys 6 and Under Free - Jack Curran - 21.33s

Boys 13-14 Back - Jack Moore - 30.16s

8 and Under Breast - Tyler Rounds - 23.16s

9-10 Fly - TD Medde-Witage - 17.24s (At All Stars!)

13-14 Boys 100m IM - Jack Moore - 1:05.27s

Boys 15-18 50 Meter Breast Stroke - Thomas Moore - 32.19s

Girls 15-18 50 Meter Breast Stroke - Yuka Kuwahara - 36.94s



# CSL PIRANHAS - DIVISION CHAMPIONS!

## Broadlands CSL Piranha Swimming – 2016 Season Recap

Girls 15-18 Meter Free - Camryn Barry - 27.48s

We also wanted to recognize those swimmers that were invited to the CSL All Stars meet:

### 2016 All Star Swimmers

Millie Buckley, Kiersten Davenhall, Sydney Davenhall, Abby Hardy, Audrey Hayward, Caroline Kilty, Annika Saloka, Jocelyn Yee, Luke Baron, Jack Curran, Michael Curran, Colin Lewis, TD Medde-Witage, Tash Medde-Witage, Chris Qian, Ryan Rounds, Tyler Rounds, Connor Turbyfill

So it takes a village.....and our village was not only the swimmers and coaches, but the parents who dedicated their mornings, evenings and weekends to the team. Whether you volunteered for a meet, or were part of a committee or shouted your support from the deck at each meet – we

would like to take this opportunity to thank you for your dedication. You guys rock!!!

We would also like to take this opportunity to thank our outgoing board members, Mark Luginbill (President), Kristen Bailey (Treasurer), and Jenny Crabb (Team Rep) for their wonderful contributions to the team and extend a warm welcome to our incoming board members, Mike Malpeli (Vice President), Annie Schleyer (Treasurer), and Karen Nixon (Team Rep).

Finally, we would like to thank the Broadlands HOA, High Sierra pools, Community Center guard staff, and Southern Walk pool staff for your help, as well as a big thank you to our sponsors and local businesses that made donations to the team in 2016:

Nations Capital Swim Club

(NCAP), SNOW Swimming, UPS Store @ Broadlands, Van Metre Commercial, Blend Coffee Bar, Highcliffe Clothiers, Wegmans, Robeks, The Zone, Chick-fil-A, and Jersey Mike's

We look forward to seeing everyone in 2017 for March Registration. Please visit the website for further information: [teamunify.com/Messages.jsp?team=reccslblva](http://teamunify.com/Messages.jsp?team=reccslblva)



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# BROADLANDS HELPERS LIST

The Broadlands Helpers List is comprised of helpers up to 18 years of age, born in 1998 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00a.m. to 5:00p.m. or send an email to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).

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- (F) First Aid
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*\*All area codes are 703 unless noted.*





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# CLUBS AND GROUPS

*Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).*

## **ASHBURN TOASTMASTERS**

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit [ashburn.toastmastersclubs.org/](http://ashburn.toastmastersclubs.org/).

## **BRAMBLETON LADIES GOLF LEAGUE**

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at [brambletonladiesgolf.org](http://brambletonladiesgolf.org) or call Sara Carlin at 703-723-3000.

## **BAC - BROADLANDS ADAPTED CLUBS**

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at [mjbenteler@gmail.com](mailto:mjbenteler@gmail.com) for more information.

## **BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT**

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit [www.BroadlandsNaturally.org](http://www.BroadlandsNaturally.org).

## **ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY**

Please join us for an in-depth Women's Bible Study beginning Tuesday, September 6th. We will be doing a 6 session study - Seamless: Understanding the Bible as one Complete Story by Angie Smith. This is an interdenominational group that meets on Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

## **CUB SCOUTS & BOY SCOUTS**

The Cub Scout program is designed for boys grades 1-5 and Boy Scouts grades 6-12. Boy Scout Troop 2970 meets at Our Savior's Way Lutheran Church on Thurs nights. Cub Scout Pack 1483, [pack1483.com](http://pack1483.com), meets at Hillside and Cub Scout Pack 1484 meets at Mill Run. For info visit [cspack1484.org](http://cspack1484.org).

## **GERMAN LANGUAGE PLAYGROUP**

If your children were born 2008 or later and you're raising them auf Deutsch (whether you're fluent or not), contact Jessica Mouw, [jemouw@gmail.com](mailto:jemouw@gmail.com), to join a German-language playgroup.

## **GRIEFSHARE SEMINAR/SUPPORT GROUP**

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at [griefshare.org](http://griefshare.org).

## **INDIAN SOCIAL CLUB**

This group of local Asian Indian families play cards, mainly Teen Patti or Flash for fun purpose once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email [SalGup20@yahoo.com](mailto:SalGup20@yahoo.com).

## **MOMS CLUB OF ASHBURN**

Broadlands & Brambleton resident moms who organize fun & engaging weekly activities for us & our kiddos; playgroups by birth year, monthly Moms' Night Outs, + special interest groups for all, i.e. reading, cooking, etc. Monthly Member Social every 2<sup>nd</sup> Thursday of the month at 10 a.m. at Broadlands Community Center. Contact membership.momsclub.broadlands@gmail.com.

## **MOMS IN PRAYER - EAGLE RIDGE AND BRIAR WOODS**

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

## **MOMS IN PRAYER - MILL RUN**

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

## **PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP**

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

## **ROTARY CLUB OF ASHBURN**

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at [ashburnrotary@gmail.com](mailto:ashburnrotary@gmail.com) if you're interested and want to find out more.

## **STRESSBUSTERS & SPIRITUALITY FOR MOMS**

Are you looking for some relief from the challenges of motherhood? SAM is a group for Moms living near or in Ashburn interested in learning about a variety of stress reduction practices and supporting each other's spiritual fitness and well-being. We meet on the 3rd Sunday of each month from 4pm-7pm. For more info or to join email Shea at [LoudounSAM@gmail.com](mailto:LoudounSAM@gmail.com).

## **TECHNOLOGY COMMITTEE**

We meet the third Wednesday of each month at 7:30pm in the Nature Center. For more information, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.

## **THE HAPPY HATTERS**

The Happy Hatters will meet on September 17th and tour the Salamander Resort with lunch at a nearby restaurant. For more information please contact Peggy, 703-723-3056.



# SEPTEMBER CLASSIFIEDS



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## INSTRUCTION - ARTS/MUSIC

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**NEED MATH HELP?** I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class ([www.turbo-tutoring.com](http://www.turbo-tutoring.com)) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438, or email me at: [aplustestprep@verizon.net](mailto:aplustestprep@verizon.net).

## HEALTH/FITNESS/WELLNESS

**AFFORDABLE CERTIFIED PERSONAL FITNESS TRAINING IN YOUR HOME:** Get fit now with my 26+ yrs experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; [stephaniegotfried@gmail.com](mailto:stephaniegotfried@gmail.com); [fitnesstogova.com](http://fitnesstogova.com).

**JOYOGA:** Fall classes begin Sept 5. See calendar at [www.joyoga.us](http://www.joyoga.us) to register for classes online & go to Classes Offered for class descriptions. Please arrive 15 min early to complete waiver, medical & registration forms OR download, complete ahead of time & bring to 1<sup>st</sup> class. Fall classes offered: Twilight Yoga, Energy Medicine Yoga, Yoga for Balance & Ease, Newcomers Yoga, Transforming Yoga & Yoga for Stiffness.



# SEPTEMBER CLASSIFIEDS



## ELECTRICAL-PROFESSIONAL CONTRACTORS

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**BANE ELECTRICAL SERVICE LLC/ SMALL COMMERCIAL & RESIDENTIAL:** Trouble shooting experts! Specializing in High Chandelier installs, Recessed light installations and Home Inspection items. In Ashburn since 1999! Call (703-723-6501) or email [baneelectric@comcast.net](mailto:baneelectric@comcast.net).

## HOME SERVICES

**DRAINAGE SOLUTIONS:** 30 Years' experience. Eliminate standing water. French Drains, Downspout Extensions. Machine Grading. Excellent references. SUPERIOR LANDSCAPING, INC. (703)830-8800, [superiorlandscaping.net](http://superiorlandscaping.net).

**HOME IMPROVEMENT CONTRACTOR:** Specializing in remodeling bathrooms, remodeling laundry rooms, express water heater replacement (24/7), hot tub installations, plumbing, electrical work, finishing basements, and expert at waterproofing wet basements. 30 years' experience. For all your home improvement needs, please call Marc at 703-724-0772.

**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. [Mike.Rosario@verizon.net](mailto:Mike.Rosario@verizon.net).

## HOUSE CLEANING

**NILDA'S CLEANING SERVICE:** Residential homes, move out-in, weekly, biweekly, monthly or special one-time service. Good references Licensed, insured. Free estimates. 50% off second cleaning. (Cell) 571-332-0467; (Home) 703-401-1320. Ask for Nilda or Javier.

## MARKETPLACE

**MARY KAY:** Beauty on a Budget. Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact Deborah Leben 703-217-4583 [dleben@marykay.com](mailto:dleben@marykay.com) and visit [marykay.com/DLeben](http://marykay.com/DLeben).

## PET SERVICES

**AROUND MIDNIGHT PET SERVICES, LLC:** Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, [aroundmidnight.net](http://aroundmidnight.net). Now hiring – join our team!

## PROFESSIONAL SERVICES

**ASHBURN LAW OFFICE, PLC:** We are dedicated to serving clients' needs honestly, expeditiously and affordably in the areas of: Wills, prenuptial agreements, criminal expungements, traffic infractions, DUI/DWI, divorce, personal injury, landlord/tenant disputes, immigration and more. 44081 Pipeline Plaza #105 Ashburn, VA 20147. 703-986-3337, [Attorney@Ashburn-Law-Office.com](http://Attorney@Ashburn-Law-Office.com).

**TAX SEASON'S HERE!** Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or [sophear.uoy@sophearcpa.com](mailto:sophear.uoy@sophearcpa.com)

### HOW TO PLACE CLASSIFIED ADS

Classified ads (limited to 40 words maximum) must be received with payment by the 5<sup>th</sup> of each month for the following month's issue.

**Please Note:** Advertisers in the Broadlands Newsletter are not endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

#### Monthly Rates:

<b>Resident Rates</b>	<b>Non-Resident Rates</b>
Monthly - \$10.00	Monthly - \$20.00
Personal (For Sale) Ads \$0	

#### Payment and Ads:

Please email ads to: [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)

**Checks, credit cards or cash accepted.**

**Buy now online!**

**Make checks payable to "Broadlands Association".**

*No cancellations after the deadline.*

**Mail to or drop off payments at:**

Broadlands Association  
21907 Claiborne Parkway  
Broadlands, VA 20148

**For more information contact:**

**Advertising Manager:**

Stassa Collins, (703) 729-9704,  
[scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)

# ADVERTISING DIRECTORY

## DENTAL / ORTHODONTIA

Ashburn Dental Care .....	27
Goose Creek Village Dental .....	20
Loudoun Dental Associates .....	23
Smilez Pediatric Dental Group.....	28

## EDUCATION /CAMPS

Bean Tree Pavilion - Child Care .....	mid
Bean Tree Pavilion - Kindergarten.....	mid
Open Arms.....	24
Primrose School at Broadlands.....	36

## FINANCIAL SERVICES

Apple Federal Credit Union .....	20
Lori Christ, CPA LLC .....	30

## HEALTH

Cantwell Vision Therapy Centre .....	28
Christopher P. Silveri, MD - Spine Surgery .....	24
StoneSprings Hospital Center.....	35

## HOME SERVICES

AYS Company-Home Improvement/Construction .....	30
Certa Pro Painters .....	mid
Climatic Heating and Cooling, Inc.....	2
Kris's Painting Service, Inc.....	30
Larry Miller Window Cleaning and Power Washing.....	30
P&D Plumbing.....	30
P&M General Contracting .....	30
Zampielo Paint Contractors, Inc. ....	28

## PETS

Caring Hands Animal Hospital.....	14
Stream Valley Veterinary Hospital.....	mid
Whole Pet .....	2
Wild Birds Unlimited.....	2

## REAL ESTATE

Bonnie Selker, Keller Williams .....	36
The Greg Wells Team, Re/Max .....	10

## RECREATION / INSTRUCTION

Ashburn Crossfit.....	23
The Ashburn Ice House .....	23
Creative Dance Center .....	2
Drama Kids.....	30
Leesburg Animal Park - Festival.....	mid
Music Together.....	24

## RESTAURANTS

Robeks .....	20
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# ADVERTISING and EDITORIAL INFORMATION

The Broadlands Community Newsletter is a monthly publication mailed to nearly 4000 homes and businesses in the Broadlands community. The newsletter editor reserves the right to reject any advertisement that is not in the best interest of the Broadlands Community or the Broadlands Association. Advertising orders cannot be cancelled after the initial deadline.

## ADVERTISING

Advertiser provides camera ready ad. Electronic format is required in PDF. Ads not sent in this format cannot be placed. Although every effort is made to provide a professional look to your ad, the association is not responsible for ad quality. A completed Insertion Order Form is required and is available at [broadlandshoa.org](http://broadlandshoa.org) on the newsletter page. DEADLINE: Ad, payment and Insertion Order Form submissions are due the 1st day of the month prior to the issue. (Ex: Jan 1 for Feb's issue.)

## MONTHLY PRICING

### BLACK AND WHITE:

1/8 pg (3.625" W X 2.25" H) \$90 /\$75*
1/4 pg (3.625" W X 4.875" H) \$165 /\$140*
1/2 pg (7.5" W X 4.875" H) \$295 /\$270*
Full pg (8.5" W x 4.875" H) \$550/\$525*

### COLOR (INSIDE COVERS) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$225 /\$210*
1/2 pg (7.5" W X 4.875" H) \$425 /\$405*
Full pg (8.5" W X 11" H) \$1050 /\$900*

### COLOR (OUTSIDE BACK COVER) LIMITED AVAILABILITY:

1/4 pg (3.625" W X 4.875" H) \$250/ \$240*
1/4 pg horizontal banner (8" W X 3" H) \$250 /\$240*
1/2 pg (8" W X 4.875" H) \$475/ \$455*
Full pg (8" W X 8" H) \$1050/ \$950*

\*Notes discounted price if 6 or more months are prepaid  
Add 10% to base price above for preferred placement  
Color space is limited, please inquire.

## PAYMENTS (Due when Ad is submitted)

**Check Payments:** Please make payable and submit to Broadlands Association, Inc. ATTN: Newsletter Ads, 21907 Claiborne Parkway, Broadlands, VA 20148.

**Credit Card Payments:** Please stop by our office to pay in person or visit our website at <http://www.broadlandshoa.org/forresidents/newsletter/> and click on the "Buy Now" PayPal button. Be sure to include your contact information when checking out.

For more information or questions regarding advertising, contact Ad Manager Stassa Collins at [ads4broadlands@yahoo.com](mailto:ads4broadlands@yahoo.com) or 703-729-9704. Please **Note:** Advertisers in the Broadlands Newsletter *are not* endorsed by the Homeowner's Association, the Board of Directors or HOA Management.

## EDITORIAL

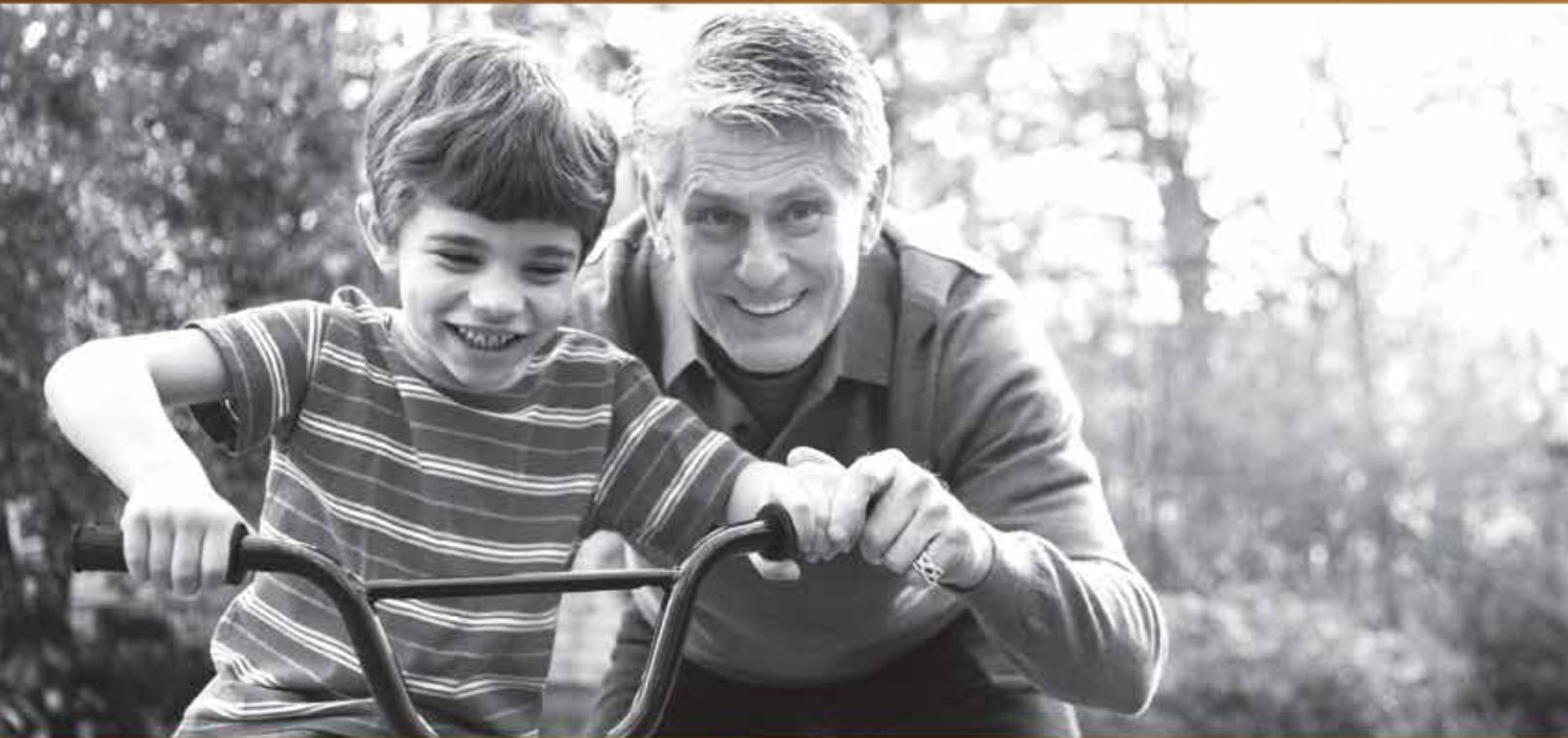
The deadline for editorial submissions is **noon on the 10th of the month**, or noon on the last business day before the 10th should it fall on a weekend or holiday. Editorial submissions should be emailed to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com). A message may be left for the editor at 703-729-9704.



# StoneSprings Hospital Center

*HCA Virginia Health System*

An HCA affiliate



## BECAUSE SOMETIMES EVEN THE SIMPLEST THINGS DON'T GO AS PLANNED.

Things happen. It's just a fact of life. So whether it's a minor injury or something more serious, StoneSprings Hospital Center is here for you.

Our 24-hour emergency department offers the highest quality of care—right when you need it most. With the most advanced technology, board-certified physicians and short wait times, our ER provides exceptional emergency care close to home.

**Hwy 50 & Stone Springs Blvd.**

**StoneSpringsHospital.com**

**571.349.4000**

EXPECT



EASIER

**Broadlands Association, Inc.**  
 21907 Claiborne Parkway  
 Broadlands, VA 20148

PRSRT STD  
 U.S. POSTAGE  
**PAID**  
 GAM PRINTERS  
 PERMIT #379  
 DULLES, VA

**FACT:**

It takes four weeks to go from egg, larva, pupa to adult.

**BALANCED LEARNING® WAY:**

And in one magic moment, a scientist is born.

**SEE BALANCED LEARNING IN ACTION.**

**CALL FOR A TOUR TODAY.**

Infants-Private Kindergarten & After School

**Primrose School of Ashburn at Broadlands**  
 703-724-4200 | PrimroseBroadlands.com



**Call or Text Ahead!**



**Call Bonnie to Sell Your Home Too!**  
 703.728.2292 or bselker@KW.com

**Let's talk Real Estate!**  
**Meet me at Blend Coffee Bar**  
**in Broadlands South! Mondays**  
**9-10 am or by Appointment**



**Selling?**  
**Buying?**  
**Staging?**  
**Career?**

**Meet Bonnie Selker @ blend COFFEE BAR**

**BonnieSelker.com 703-728-2292**