

APRIL 2018

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BROADLANDS



Broadlands Association Board of Directors Meeting

Tuesday, April 11th - 6:00p.m.

The Clubhouse

43360 Rickenbacker Square

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

Board Meeting Highlights

The following actions were taken by the Board of Directors at their March 13th meeting:

- Approved the amended minutes of February 13, 2018 meeting
- Discussed plans for a county owned Community Center
- Agreed to the use of an Automated Side Loader trash truck in the single-family homes by Patriot Disposal
- Approved the proposed revised Design Guidelines for Landscaping, as amended
- Approved the proposed revised Design Guidelines for Decks as recommended by the Modifications Subcommittee
- Appointed the revised Tennis Court Rules and Regulations, as amended
- Approved the pool license agreement with Snowbird Aquatics
- Tabled Van Metre evergreen installation on Broadlands Boulevard
- Approved the Montgomery Awning proposal for recacril awnings at Southern Walk pool
- Discussed a request from Southern Walk HOA regarding easements
- Denied an amendment to the Prime Time Tennis Academy contract
- Ratified approval for CC pool deck drainage from NV Pools
- Ratified approval for CC sundeck from NV Pools
- Assessed violation charges to six accounts for violations

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APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Modification Subcommittee Meeting 7:00pm - NC	5 Events Committee Meeting 6:30pm - CH	6 Newsletter Submissions Due by Noon	7 Nature Center Open 10:00am-2:00pm Spring Eggstravaganza 10:00am -HP Trivia Night 6:00pm - CC
8	9	10 HOA Board Meeting 6:00pm - CH	11 Modification Subcommittee Submissions Due 12:00pm - NC	12	13	14 Truck and Pony Show and Meet Your Farmer Day 12:00pm - SW Pool Parking Lot
15	16	17	18 Modification Subcommittee Meeting 7:00pm - NC	19	20	21 Community Wide Yard Sale 8:00am- throughout neighborhood Nature Center Open 10:00am-2:00pm
22	23	24	25 Modification Subcommittee Submissions Due 12:00pm - NC	26 Untamed Reads 5:30pm-NC	27	28
29	30 Events Committee Meeting 6:30pm - CH					

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool

Spring Events and Inspections

At long last, we have suffered through enough of the cold, dark days of winter and made it to the other side to reach (we hope) sunny, bright, and beautiful spring. With the arrival of spring comes the spring house cleaning and yard sales (be sure to get all the details regarding the community yard sale on April 21st on page 28 of this publication), April showers, lawn mowing, and gardening projects. For the association staff, spring brings the hectic season of pool opening preparation, reminder letters for lawn maintenance and other violations, and an increase in modification applications. Also at the forefront of everyone's mind is the upcoming Annual Meeting of the Membership. This meeting will be held on Tuesday, May 8th at the clubhouse. We will again be using The Inspectors of Election online voting system for efficient and precise voting options. Be on the lookout for the official notice in the mail later this month.

Again this year, we are proud to present the annual Truck and Pony Show, which benefits Sprout Therapeutic Riding & Education Center. I started this event in 2016 at the suggestion of Patriot Disposal Services. The first event attracted over 700 people from all over the region and raised nearly \$1,300 in donations. We bring in trash trucks, fire and rescue (note: these vehicles are on call and may be required to leave in case of an emergency), snow plows, landscaping equipment, and more for this event. Of course you can also meet Lucky, the amazing therapy pony. You can also get to know local farmers and support the Buy Fresh, Buy Local campaign by signing up for a CSA - did you know the Nature Center is a drop off point for the CSA's so your weekly pickup is right here in the neighborhood! As a bonus, you'll get to meet bunnies, chickens, and goats. You don't want to miss out. Bring cash for donations as well as food as there will be food trucks and Chick-Fil-A sales on site.

Another huge hit in the community is the Eggstravaganza, set to hatch this year on April 7th. Every year we kick off the event with a parade from the Community Center to Hillside Park, led by Peter Cottontail. Eggs are hidden throughout Hillside Park for the littles to collect. Parents, please limit children to 10 eggs each in order to allow every child to collect eggs.

I am very proud to roll out our charitable organization program as part of my Community Outreach goals. We will be focusing on local charities in need of volunteer support of donations and will showcase these organizations in this publication. We



may be collecting goods at the Nature Center for a donation drive or setting up a fundraising event like the Truck and Pony Show or maybe organizing a group of volunteers to help sort donated items like Comfort Cases packing days. This month features local organization Women Giving Back, to benefit women and children in crisis. Check out details on page 12.

With the thawing of the ground and the arrival of warmer temperatures, the association steps up inspections of exterior maintenance violations. These inspections ensure that the appearance of our beautiful neighborhood is maintained. In 2017 we generated 4,245 first notices. Please be aware the Association has the right of access over and through any portion of the Property (excluding the interior of the dwelling) for inspections, maintenance and to correct violation. This right is granted to the Association, its managing agent, and any other person authorized by the Board of Directors in the exercise and discharge of their respective powers and responsibilities in Section 5.3(a) of the Declaration for Broadlands. Our Covenant Inspectors can be identified by their ID cards worn on lanyards around their necks, typically driving the blue Nissan Versa inspection vehicle.

If your unit is in need of maintenance, you have been or will be notified via letter and given time to correct. If you are unable to correct in the time allotted, please be sure to contact the inspectors to *Spring Events & Inspections continued on page 7*

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February.

Applications must be submitted by noon on the Wednesday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions.

Please review these guidelines and the updated changes on our website. Visit broadlandshoa.org/for-residents/designguidelines for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

How Am I Notified of My Results?

Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. Please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery.



Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, fence/deck repair, any staining touch up, or roof repair. Refer to your property plat to locate your property lines because you may have accidentally placed something in the common area that will need to be removed before settlement.

When you sell your home you are required to request a resale disclosure package for the buyer. Once the request has been executed it notifies the HOA is notified to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, structures that are not in compliance and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the owner's responsibility to rectify all violations found on the property before settlement of the home. If the violations are not rectified before settlement then the new owner will be responsible.

There are submission procedures on the HOA website, broadlandshoa.org, to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or questions about your resale inspection results, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or rcrews@broadlandshoa.com.

Modifications Subcommittee Submission and Meeting Dates

Submission Date	Meeting Date
March 28th.....	April 4th
April 11th.....	April 18th
April 25th.....	May 2nd
May 9th.....	May 16th
May 30th.....	June 6th
June 13th.....	June 20th

Spring Events & Inspections continued from page 5

request a reasonable extension to correct. If you do not correct the violation in the allotted time and, you will be sent follow up correspondence in accordance with state statute and our Policies and Procedures Regarding Violations of Governing Documents, which could include additional violation letters, a Hearing before the Board of Directors, and the potential for violation charges as high as \$900 assessed against your account. The intent is not to assess charges, but to compel compliance in order to maintain property values. The charges are a deterrent and help to offset of expenses incurred by staff time, printing, and postage for generating violation letters. Though it is not the preferred method, the association also has the ability to file a suit in General District Court to request a favorable ruling from a judge.

As a reminder, lot owners must obtain written approval from the Modifications Subcommittee prior to the commencement of all changes or improvements on or visible from the exterior of your unit. The Modifications Subcommittee meets the first and third Wednesday of the month from March through November and meets only the third Wednesday of the month. In 2017, the subcommittee reviewed a record breaking 989 applications for improvements. Please note the deadline for application submissions is noon on the Thursday before the meeting in order to ensure time for processing applications. All applications must be complete before they will be forwarded to the committee. The Design Guidelines and application are available online at broadlandshoa.org. If you have any questions regarding this process, please contact Robin Crews, Secretary to the Modifications Subcommittee at rcrews@broadlandshoa.com or 703-729-9704.

If you are planning sell your home this year, you will need to provide the contract purchaser with a resale disclosure package within 14 days of contract execution. Resale packages can be ordered online through FirstService Residential at <https://fsresidential.com/washington-dc/home>. Click on "Order Documents and Certificates" on the top left of the page and follow directions. A Resale Package includes all of the governing documents of the association, a financial statement of your account, and includes a physical inspection performed by HOA staff to identify any violations or missing modification applications. The HOA performed 191 resale inspections in 2017. If you are purchasing or refinancing your unit and your lender requires a PUD questionnaire, you do not need to order these through FSR. Forms are completed by Broadlands staff for a \$50.00 fee. Please contact 703-729-9704 or joannehang@broadlandshoa.com to submit your form and arrange for payment. Please ensure that you have obtained written approval from the Modifications Subcommittee for all exterior modifications prior to requesting resale disclosure packages.

I hope to see you all out taking advantage of the extensive trail systems, utilizing one of the many play courts throughout the community, or attending one of our many events and programs as the weather continues to improve. Happy Spring!

Cheers!

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM
General Manager

Looking to Connect With More People in the Neighborhood?

Do you like having fun and meeting new people? Then join the Events Committee! We are a great group of gals and guys who plan the awesome events that the HOA hosts year 'round.

All you need to do is show up and be ready to have fun! Email events@broadlandshoa.com for more information.

April Events

Committee Meetings

Thursday, April 5th and Monday, April 30th

6:30 pm at the Clubhouse

43360 Rickenbacker Square

Jolyn Trunk Show

Friday, May 18th

4:00pm-8:00pm

**Broadlands Community Center
43004 Waxpool Road**

Offering swimsuits with style for the active swimmer....they're great swimsuits for athletes of any level, including recreational and masters swimmers too!

The proceeds from this trunk show will be donated to a local charitable organization by the Broadlands Community Outreach Program.





Broadlands Annual Meeting is Right Around the Corner

Make time in your busy schedule to come out **Tuesday, May 8th, 7:00pm to the Broadlands Clubhouse, 43360 Rickenbacker Square** to attend the Annual Meeting.

May's monthly Board Meeting will be held on May 15th, 6:00pm at the Clubhouse.

Support Your Broadlands Live! Season 15 Kicks Off Next Month!

The 15th season of Broadlands Live! Summer Concert Series will kick off May 11th. We are very excited about our entertainment line up! Come enjoy live music in our beautiful natural amphitheater. Reconnect with neighbors and friends. We are a BYOB venue, allowing adult beverages in non-glass containers. Feel free to bring a picnic of your choice or take the option of enjoying Peruvian chicken and fixings from Rocoto Gourmet, hot pizza from Dominos and yummy shaved ice from North Shore Shave Ice. Children's entertainment will begin at 5:00pm, followed by an opening band at 6:15pm and our headlining act at 7:45pm. We hope to see you at the show!

Volunteers are still needed. Please consider offering up some of your time and talent. If you would like to volunteer, please contact the committee by emailing: Broadlandslive@broadlandshoa.com.

Covenants Corner

Mildew, Wood Trim and Faded Shutters



Spring brings a very busy time for covenants. During the month of April, the Inspector will be focusing on several issues: homes with mildew on the siding, stoops, etc., rotten wood trim, and faded shutters and doors. Mildew detracts from the aesthetics of the community and is often found on areas that receive little or no sunlight. Rotten wood can often be identified by paint that is cracked, peeling, or blistering, or wood that's darker than the surrounding area or green with algae. Shutters and doors that have faded from their original color should be freshened up.

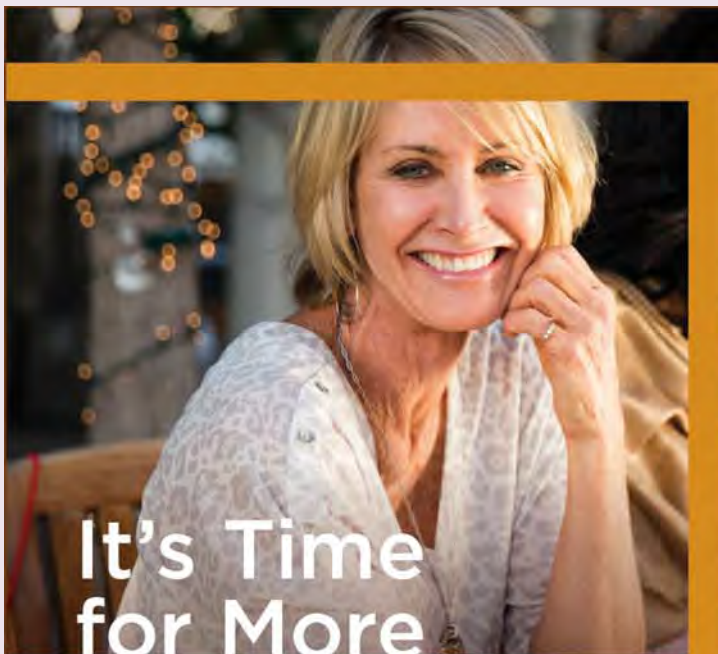
The Inspector will continue performing house to house inspections, checking the front, back, and sides of each unit for improvements that have been made without prior approval from the Modification Subcommittee.

If any violation of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspector at covenants@broadlandshoa.com to request a reasonable extension to rectify the issue.

The Covenants Manager regularly canvasses our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained.

Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.



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- Skips or rereads lines
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- Loss of place when reading
- Difficulty paying attention
- Complains that words move on page
- Behind grade level in reading



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SATURDAY, APRIL 7TH



10:00 AM - 12:00 PM



HILLSIDE PARK, 43051 WAXPOOL ROAD

Please walk or park at the Community Center and KinderCare parking lots



BROADLANDS SPRING EGGSTRAVAGANZA

The parade will begin promptly at 10:00am on the path next to the Community Center. Follow Peter Cotton Tail as he makes his way through the tunnel to Hillside Park where there will be eggs to hunt. Stick around afterwards to enjoy attractions.



LIMIT EGGS TO 10 PER CHILD so everyone gets some.



IN THE EVENT OF INCLEMENT WEATHER visit our furry friend at the Community Center to take photos and collect eggs.

THIS FREE EVENT IS FOR BROADLANDS RESIDENTS ONLY

WOMEN GIVING BACK

An Opportunity to Help Women and Children in Need

A courageous mother with kids in tow, fleeing her abuser with nothing but the clothes on her back and the bruises on her face. A human trafficking survivor who lost her leg due to a train accident on her journey for a better life. A determined woman wanting a second chance coming out of incarceration to prove to the world her



past does not define her. A sex traffic survivor who wants nothing more than her dignity that was stripped from her at a young age. These are some of the real stories of women served at Women Giving Back (WGB) every day.

In June of 2007, a group of professional women connected with the homebuilding industry launched a new initiative – Women Giving Back was born! The organization was formed under HomeAid Northern Virginia as a way to supplement the great work they do for the homeless and transitionally homeless community. WGB is a 501(c)(3) and have a boutique store in Sterling.

Their mission is to support women and children in crisis and build their confidence and self-esteem by providing great quality clothing at no cost, assisted by caring and committed volunteers who offer personalized service and interaction. The experience in the unique boutique-like atmosphere, focused on helping women arrive at a level of self-confidence that enables them to improve their lives and achieve independence. The increased self-esteem that comes from securing and maintaining employment not only helps individual women, but contributes to stable families, which, in turn, improves the viability and safety of our communities.

The cost of living is extremely high in our region. Low income households are spending upwards to 40-50% on housing costs alone. After food, transportation, and other essentials costs, this leaves little to no room in the budget for clothing. WGB has been a crucial resource and support to human service programs throughout the Greater Washington Metro Area and is proud to partner with more than 200 shelters, domestic violence and human trafficking programs, medical facilities and local government agencies by providing services that are connected through client referrals. WGB is pleased to be recognized as valuable resource serving 400 to 600 women and children a month.

Women Giving Back continued on page 27

Why We Love Being Youth Naturalists



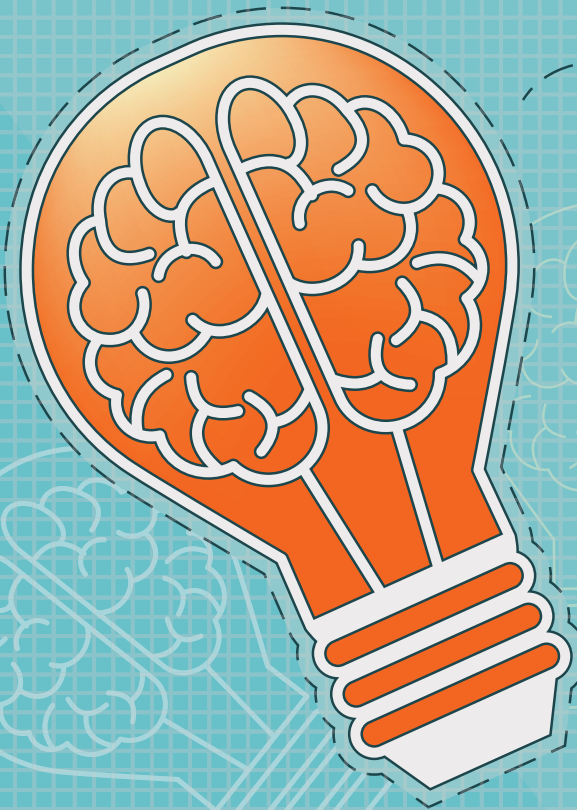
By: The Khalid Sisters, Winsa and Alina

Winsa

I started volunteering at the nature center because I love animals and I thought it'll be fun to volunteer there. My sister and I have been volunteering there for almost two years! My favorite animal in the nature center is Winston the bunny (he's in the jacket if you can't see him). I always look forward to coming to the Nature Center every week!

Alina

I instantly fell in love with the animals the day I first walked into the nature center! As someone who doesn't have any pets at home, getting to be a youth naturalist at the nature center is an amazing opportunity to not only have fun but also give back to my community. I've had the most amazing experience bonding with the animals (especially the bunnies!) for the past year and a half, and I always look forward to going to the nature center!



ALL THINGS 80'S MUSIC TRIVIA NIGHT

THIS EVENT IS FOR RESIDENTS 21 YEARS
OF AGE AND OLDER... 100% ID CHECK!

APRIL 7TH

Saturday

FROM 6:00 PM TO 9:00 PM

AT THE COMMUNITY CENTER

\$15.00
PER TICKET
NO REFUND

Includes

- BAR FOOD
- 3 ALCOHOLIC BEVERAGES
- PRIZES FOR THE WINNING TEAM

To register visit:

broadlandshoa.org/events/trivia2018

Signup for this event is currently open
and closes at midnight, April 1st

Limited spots available so sign up soon!

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National Wildlife Federation's GARDEN FOR WILDLIFE™



Home Garden Certification Walk-through Checklist

It's been 10-years since Broadlands became a certified "Community Wildlife." Now we are asking our residents to join us to celebrate with creating their own sanctuaries. It's easier than you think!

Use this walk-through checklist to confirm you have all the elements necessary to be certified:

FOOD: Your habitat needs three of the following types of plants or supplemental feeders:

- | | | | |
|-----------------|----------|----------------------|--------------------|
| ❖ Foliage/Twigs | ❖ Fruits | ❖ Bird Feeder | ❖ Butterfly Feeder |
| ❖ Berries | ❖ Sap | ❖ Hummingbird Feeder | ❖ Nuts |
| ❖ Nectar | ❖ Pollen | ❖ Seeds from a Plant | ❖ Suet |

WATER: Your habitat needs one of the following sources to provide clean water for wildlife to drink and bathe:

- | | | | |
|------------|-----------------|---------------------------|---------------------|
| ❖ Birdbath | ❖ Seasonal Pool | ❖ River | ❖ Rain Garden |
| ❖ Stream | ❖ Spring | ❖ Butterfly Puddling Area | ❖ Water Garden/Pond |

COVER: Wildlife needs at least two places to find shelter from the weather and predators:

- | | | | |
|-----------------|---------------------|---------------------|------------------------|
| ❖ Wooded Area | ❖ Rock Pile or Wall | ❖ Brush or Log Pile | ❖ Dense Shrubs/Thicket |
| ❖ Bramble Patch | ❖ Roosting Box | ❖ Burrow | ❖ Water Garden or Pond |
| ❖ Ground Cover | ❖ Evergreens | ❖ Meadow or Prairie | |

RAISING YOUNG: Wildlife needs at least 2 places to engage in courtship behavior, mate, then bear and raise young:

- | | | | |
|------------------|-----------|------------------------|--------------------------------|
| ❖ Mature Trees | ❖ Wetland | ❖ Dead Trees or Snags | ❖ Water Garden/Pond |
| ❖ Meadow/Prairie | ❖ Burrow | ❖ Dense Shrubs/Thicket | ❖ Host Plants for Caterpillars |
| ❖ Nesting Box | | | |

SUSTAINABLE PRACTICES: Employ practices from at least 2 of the three categories below to help manage your habitat in a sustainable way to better help wildlife, we advocate employing one or more practices from each category:

Soil and Water Conservation:

- Riparian Buffer
- Capture Rain Water from Roof
- Xeriscape (water-wise landscaping)
- Use Drip or Soaker Hose
- Limit Water Use
- Reduce Erosion
- Use Mulch
- Rain Garden

Controlling Exotic Species:

- Practice Integrated Pest Management
- Remove Non-Native Plants
- Use Native Plants
- Reduce Lawn Areas

Organic Practices:

- Eliminate Chemical Pesticides
- Eliminate Chemical Fertilizers
- Compost

nwf.org/certifiedwildlifehabitat

HERE ARE SOME RESOURCES:

Broadlands Wildlife Habitats Committee is here to help if you have any questions or gardening advice. Share your gardens with us by sending pictures too.

E-Mail:

osimpson@broadlandsnaturally.org

Local Nurseries:

- Watermark Woods, Hamilton VA
- Earth Sangha, Fairfax VA
- Nature by Design, Alexandria VA
- Chesapeake Natives, Marlboro MD

Online Info:

- Plant Nova Natives
- Chesapeake Bay Native Plant Center

Community Outreach

Know of any charities or organizations that could use some volunteer support or would benefit from a community donation drive? If so, we would like to hear from you. For more information and questions, please contact julie@broadlandshoa.com.

Annual Kid's Day Out

Eagle Ridge Middle School is holding their Annual Kid's Day Out Program on April 26th and 27th. This program is designed by students in the Family and Consumer Science classes. They design lesson plans for pre-school aged students and then they are able to teach kids in the community. It is a great hands-on learning for all. Please consider bringing your pre-school aged student to Eagle Ridge for a fun experience. If you are interested, please email beth.newport@lcps.org for more information.

Rally Into Spring, Broadlands Tennis Social

Where: Nature Center Courts located on Claiborne Parkway

When: Saturday, April 7th

Time: 2:00pm-5:00pm

Join us for an afternoon of light match play AND lots of FUN!

Bring your A Game for our Beat the Pro Challenge.



Briar Woods High School We're All Human Walk - #WSHWALK18

Tuesday, April 10, 2018 - 6:30pm - 8:30pm

Briar Woods High School Track located on Belmont Ridge Road

Briar Woods We're All Human Club & Sources of Strength

In conjunction with BWDECA, Advanced Marketing, CTSO's, & Co-Curricular clubs

Broad Run District Town Meeting

Sponsored by Supervisor Ron Meyer

Wednesday, April 25, 2018 - 6:30pm

Hillside Elementary School located on 43000 Ellzey Drive

Issues to be discussed will be: The Loudoun County Budget, Traffic Congestion, Traffic Signals and many more!

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Berry Refreshing Smoothies to Kick Off Springtime!

Strawberry-Green Tea Smoothie

1 green tea bag
3/4 cup very hot water
1 cup fresh strawberries, halved, plus 1
sliced strawberry for garnish
1/4 cup lowfat milk
1/2 lime, juiced
1 tablespoon honey
6 fresh mint leaves

Directions

Steep the tea bag for 2 minutes in the water. Remove the bag and allow the tea to cool. Pour the tea into an ice cube tray and freeze until solid, at least 2 hours. Put the strawberries, milk, lime juice, honey and mint into a blender and blend until almost smooth.

Add the green tea ice cubes and continue to blend until very smooth. Garnish with the sliced strawberry. Servings: 1

Foodnetwork.com



Spring Awakening Strawberry Smoothie

2 cups frozen strawberries
1/4 cup raw cashews
1 tablespoon chia seeds + more to
top
4 dates, pitted
unsweetened almond milk
toasted shredded flake coconut
cacao nibs

Instructions

Add the frozen strawberries, cashews, chia seeds, and pitted dates to the bowl of a high-powered blender. Fill the blender with enough almond milk to just barely cover the ingredients. Blend on high until your smoothie is creamy. I like my smoothies to be thick, like soft serve ice cream; but if you like yours thinner add up to 1/2 cup more almond milk and blend further until you get the consistency you like. Pour your smoothie into two bowls and top with chia, toasted coconut, and cacao nibs. Servings: 2 *Willfrolicforfood.com*



Spring Celebration Layered Smoothies

For the Romaine-Apple Layer

1 heart of romaine lettuce, chopped
1 Granny Smith apple, cored and chopped
1 peeled and frozen banana, cut into chunks
2 dates, pitted and chopped
2 tablespoons parsley
1/2 cup orange juice
Juice from 1 lime

For the Strawberry-Rhubarb Layer

2 cups strawberries, sliced
1 cup rhubarb, chopped
1 peeled and frozen banana, cut into
chunks
2 dates, pitted and chopped
5 ounces yogurt (I used non-fat vanilla
yogurt)
1/2 cup orange juice

Make the romaine-apple layer. Add all ingredients for the romaine-apple layer to your blender. Blend on high until smooth. Divide the mixture evenly between two glasses. Rinse out the blender.

Make the strawberry-rhubarb layer. Add all ingredients for the strawberry-rhubarb layer to your blender. Blend on high until smooth. Slowly pour the strawberry-rhubarb layer over the romaine-apple layer. If you want to make some designs, simply insert a straw (or something else long and thin) all the way to the bottom of your glass. Then draw the straw upwards against the side of the glass, moving through both the layers. Servings: 2

Floatingkitchen.net





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Loudoun County Fire & Rescue Life Safety Trailer, Fire Engines, Ambulance Bus, Trash Truck, Snow Plow, Landscaping Equipment, and more!



GREAT FOOD TRUCKS
ON SITE TOO!



There will be lots of trucks on display and a special appearance by Lucky the Pony from Sprout Therapeutic Riding Center.

All proceeds will benefit Sprout Therapeutic Riding Center.

Suggested donation - \$3.00 per person.



43081 VILLAGE DRIVE, BROADLANDS - SOUTHERN WALK POOL PARKING LOT
PLEASE PARK AT THE NATURE CENTER PARKING LOT OR ALONG VILLAGE DRIVE

SATURDAY, APRIL 14TH, 12PM - 3PM • FREE EVENT • OPEN TO THE PUBLIC

MEET YOUR FARMER DAY AT THE TRUCK & PONY SHOW



Support neighboring farmers in our region with the **Buy Fresh Buy Local** revolution. Come meet the farmers, ask about their practices, set up a time to visit their farms to find the right farm for your family's needs.



The Broadlands Nature Center is a drop off site for all of these farms so choose to become a weekly shareholder in a CSA and items will essentially be delivered to your door... at the Nature Center!

COME MEET THE BUNNIES, CHICKENS AND GOATS!

43081 VILLAGE DRIVE, BROADLANDS - SOUTHERN WALK POOL PARKING LOT
PLEASE PARK AT THE NATURE CENTER PARKING LOT OR ALONG VILLAGE DRIVE

Pool Season Begins May 26th... Do You Know Where Your Pool Passes Are?

*Applications and forms referenced in this notice can be found online at www.broadlandshoa.org under amenities and pool information, or at the HOA office located in the Nature Center, and may be either dropped off in person at the Nature Center or emailed to info@broadlandshoa.com. **For more information contact the Broadlands HOA office at 703-729-9704 or email info@broadlandshoa.com.***

Everyone aged 5 and older will need a **Broadlands Photo ID Pool Pass** to gain admission to the pools. Below is information on what's needed in order to obtain a pool pass. If you need to get a pool pass for the upcoming season, and you are 18 or older, you must provide proof of residency in order to obtain a pool pass. **IF YOU ARE AN OWNER AND ALREADY HAVE POOL PASSES, YOU DO NOT NEED TO SUBMIT AN APPLICATION.** Your existing pool passes will be electronically reactivated. If you cannot locate your pool passes, replacements can be issued free of charge during the month of April ONLY. Beginning May 1st, reprints will cost \$5.00 each. If you want a new picture for your replacement pass, the cost is \$7.00, regardless of when the pass is issued.

New Owners: To have pool passes issued, complete an "Owner - 2018 Pool Membership Application," bring it to the HOA office at the Nature Center and have photos taken of each individual. Pool passes are issued to members aged 5 and older living in the household. A household consists of all persons living in the dwelling, including college students, other non-resident children spending the swim season in Broadlands, and live-in care providers or others showing proof of residency in the form of a valid driver's license or other government issued ID or utility bill.

Tenants (new and existing): Owners who wish to transfer their pool rights to their tenant must complete the "Absentee Owner Statement (AOS) – Facilities Use Agreement for Tenants" form and submit it, along with the tenant lease, to the HOA office. Tenants must then complete the "Tenant - 2018 Pool Membership Application" form and show proof of residency in the form of a valid driver's license or other government issued ID or utility bill to obtain a pool pass. In this instance, pool passes will ONLY be issued to the tenants; and NOT to owners. Existing tenants with valid AOS forms on file may use previously issued pool passes however; tenant pool passes will only be valid through the end of their lease date. If a lease date has expired and will be renewed, it is the tenant/owner responsibility to complete a new AOS form and submit it, along with a copy of the new lease and/or extension of the existing lease, to the HOA office PRIOR to the lease expiration.

Children: Children who have turned 5 years old, or will be 5 years old by June 1, 2018, must have a pool pass for the upcoming pool season. An "Owner – 2018 Pool Membership Application" must be filled out by the parent and the child shall be brought to the HOA office to have a photo taken and a pool pass issued. Families with children under 5 years old may obtain pool passes in order for them to bring guests to the pool. This will allow members under the age of 5 the opportunity to have older guests accompany them when other family members are not available. **Children whose passes have outdated photos that appear to be older than the last five (5) years will need to have their photos updated. New photos shall be taken at the Nature Center and updated pool passes will be provided. There is no charge for updating a photo for a child's pool pass. Any individual who has turned 18 since the last pool season will need a new adult pass and will be required to provide proof of residency. There is no charge for providing a new adult pool pass to these individuals.**

Long-Term Guest Passes: Long-Term Guest Passes are offered to allow visiting guests to use the pools unaccompanied by residents. The cost for the entire 2018 season is \$100 per person. This price will reduce on July 1 to \$75 per person and again on August 1 to \$50 per person. They should be noted as a long-term guest on the pool application. The fee must be paid at the time their photo is taken and the pass is issued. The resident member must accompany the long-term guest to the photo session and show proof of identity and address.

Guest passes: 10 resident guest passes are allocated to each **residence**. Additional guest passes, good for 10 visits, may be purchased for \$20. Members are limited to bringing 3 guests per member per visit to the pool. Guest passes are added to the electronic account of each residence and no physical passes will be issued. Guests must be accompanied by a pool pass holder to gain admittance to the pool facility. Rules regarding the use of guest passes can be found online at www.broadlandshoa.org.

Pictures: Beginning April 4, 2018, pictures will be taken at the Nature Center from 9:00am - 4:00pm Monday through Friday on a first come first served basis. **Walk-in applications will not be processed for same day delivery if received after 4:00pm.** In order to expedite lines and shorten your wait time, you may submit your application in advance via email to info@broadlandshoa.com or mail/hand delivery to 21907 Claiborne Parkway or fax to 703-729-9733.

Proof of Residency: Prior to having a photo taken, all adults 18 and older must show a photo ID with proof residency at a Broadlands Association residential address. **Photos will not be taken if acceptable proof of identity and address are not available.**

Acceptable photo IDs include:

- Driver's License
- School, Military ID
- Current Passport

If ID does not show a Broadlands Association address, the following will be accepted:

- Utility bill issued within the last 60 days
- Settlement Papers or Deed
- Current Virginia Voter Registration Card

POOL LOCATIONS & HOURS

2018 POOL SEASON



Southern Walk Pool (SW)

43081 Village Drive | 571-223-1331

When School is IN Session:

4:00 pm – 8:00 pm Weekdays only

When School is OUT of Session:

11:00 am – 9:00 pm Daily
11:00 am – 8:00 pm Weekends & Holidays
11:00 am – 8:00 pm August 1st to Labor Day



Community Center Pool (CC)

43008 Waxpool Road | 703-724-7830

When School is IN Session:

12:00 pm – 9:00 pm Weekend & Holidays
12:00 pm – 9:00 pm Daily
Closed on Weekdays

When School is OUT of Session:

12:00pm – 9:00 pm Daily

Lap Swim at Community Center Pool:

5:30 am – 7:50 am Tuesday, Wednesday, Thursday
Beginning the first Tuesday after
School is **OUT** of Session



Summerbrooke Pool (SB)

21580 Demott Drive | 703-724-9818

10:00 am – 8:00 pm Daily, from opening day, May 26th
to closing day, September 3rd

NO ONE will be admitted to the pools without their Pool Pass ID, so please do not forget to bring your pool pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check our website at broadlandshoa.org and/or the postings at each pool for any changes to hours of operation.

SPECIAL EVENTS & HAPPENINGS

SW Pool – Events and Hours

Sa, June 2	Middle School Party	Closes at 5:00 pm
We, June 20	ODSL Swim Meet	Closes at 4:00 pm
Sa, June 23	Pool Party – BWHS Fundraiser	Closes at 11:00 pm
We, June 27	ODSL Swim Meet	Closes at 4:00 pm
Th, June 28	Float Night	Closes at 9:00 pm
Sa, June 30	Summer Celebration	Closes at 9:00 pm
Sa, July 12	Float Night	Closes at 11:00 am
We, July 26	Float Night	Closes at 4:00 pm
Sa, July 21	ODSL End of Season Party	Closes at 4:00 pm
Su, Jul 30	CSL End of Season Party	Closes at 5:00 pm

CC Pool – Events and Hours

We, July 4	CSL Swim Meet	Closes at 4:00 pm
We, July 11	CSL Swim Meet	Closes at 4:00 pm

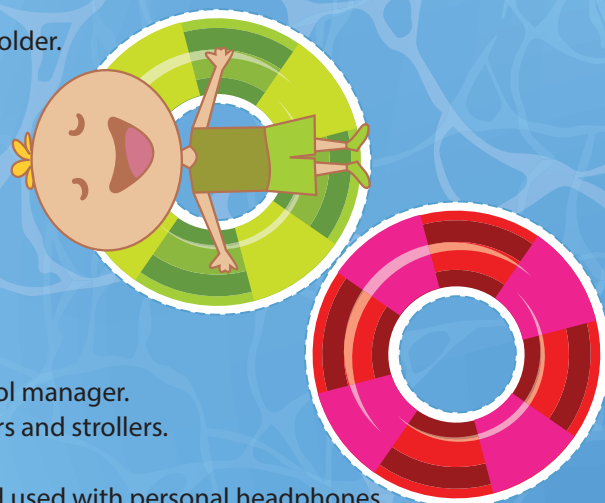




POOL

GENERAL RULES

- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over.
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit.
- Members must use guest passes for each guest aged 5 and older.
- **NO** glass containers or breakable objects.
- **NO** food or drink except in designated areas.
- **NO** alcohol or drugs.
- **NO** smoking.
- **NO** pets.
- **NO** chewing gum.
- **NO** profane language.
- **NO** running, pushing, dunking, wrestling or rough play.
- **NO** general swimming in diving area.
- **NO** water toys or other equipment unless authorized by pool manager.
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers.
- **NO** diving in shallow area.
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones.
- **NO** flotation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear flotation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit.
- Pool members are responsible for the conduct of their guests.
- Adults are responsible for the safety and conduct of all children in their care.
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules.
- Members and their guests using the pools do so at their own risk.
- No lifeguards are on duty at the wading pools.



MEMBERS MUST COMPLY WITH ALL
LIFEGUARD INSTRUCTIONS

Rules are subject to change.
The complete text of the Broadlands Pool
Rules is available at the Association Office or
on the website broadlandshoa.org

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Broadlands Boy's Night Out Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday nights for a men's doubles ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. Courts will be assigned based on the rankings. court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night starting at 6:00pm, rounds ongoing through September. **Where:** Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com or visit the Broadlands tennis website: BroadlandsTennis.org.

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	List Price	Sold Price	Subsidy	DOM
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43077 Hunters Green Sq	\$425,000	\$437,000	\$0	3
43182 Newbridge Sq	\$384,900	\$385,000	\$0	3
Single Family Homes				
42921 Ellzey Dr	\$660,000	\$650,000	\$9020	5
21362 Fernbrook Ct	\$579,000	\$569,900	\$12899	46

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SPRING/SUMMER TENNIS LESSONS SCHEDULE



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Coaches Don Barker and Jeet Bhide are ready for the "Spring/Summer" session!

8 WEEK SPRING TENNIS LESSONS

Spring/Summer Session: April 23 - June 17, 2018

1 HOUR JUNIOR LESSONS

- Red Ball Stage 1 (Ages 4-8): Tuesdays at 5:00pm or Sundays at 10:00am
- Red Ball Stage 2 (Ages 4-8): Tuesdays at 6:00pm or Sundays at 11:00am
- Orange Ball Stage 1 (Ages 8+): Thursdays at 5:00pm or Sundays at 10:00am
- Orange Ball Stage 2 (Ages 8+): Thursdays at 6:00pm or Sundays at 11:00am

1.5 HOUR JUNIOR LESSONS

- Green Ball Stage 1 (Ages 10+): Mondays at 5:00pm or Saturdays at 9:00am
- Green Ball Stage 2 (Ages 10+): Mondays at 6:30pm or Saturdays at 10:30am
- Yellow Ball Stage 1 (Ages 12+): Wednesdays at 5:00pm or Saturdays at 9:00am
- Yellow Ball Stage 2 (Ages 12+): Wednesdays at 6:30pm or Saturdays at 10:30am

1.5 HOUR ADULT LESSONS

- Beginner and Advance Beginner: Tuesdays at 7:00pm or Sundays at 8:30am

- Intermediate (3.0 and above): Thursdays at 7:00pm

WEEKLY JUNIOR ROUND ROBIN TOURNAMENT

- Red and Orange Ball: Saturdays, 12:00pm – 2:00pm
- Green and Yellow Ball: Sundays, 12:00pm – 2:00pm

PRIVATE/GROUP LESSONS

Visit PrimeTimeTennisAcademy.com for more information.

Please visit broadlandshoa.org or PrimeTimeTennisAcademy.com for more information or to register for classes. For questions, contact Jeet Bhide at pro@primetimetennisacademy.com if you have any questions. .



PARTNER UP FOR A GREAT WORKOUT

By: Katie Herbert, owner Fit Forward Loudoun County, Knherbert13@gmail.com

Even for the best of us, workouts can get to be monotonous and sometimes down right boring. The next time you're feeling less than pumped to go get pumped, why not grab a buddy?

Don't think you are the partner workout type? Here's why you should reconsider:

Accountability - it's harder to skip a session at the gym if you know your friend is waiting for you.

Motivation - you will have a built in cheerleader.

Competition (of the friendly variety of course) - being around people that are working hard will instantly up your intensity and your calorie burn.

Camaraderie - accomplishing a task or getting through a tough workout strengthens your bond with your buddy and thus increases your feelings of well being.

Variety - chances are that you and your partner have done different workouts along your way, you just may leave your workout with something new to add to your bag of tricks and vice versa.

Challenge - we all have our strengths. When you workout with a buddy you will have to step out of your box and try exercises that you may not have done before. Great mental challenge but also can lead to increased strength and performance.

A few fun partner exercises:

1. Alternating Partner Reverse Lunges

Face partner, while holding a medicine ball between you and your partner reverse lunge then switch legs and repeat. To add an extra challenge push the medicine ball side to side a bit, this will keep your partner on her toes and work on balance and core strength.



2. V-sit with Rotation

Partners will sit next to each other in v-sit position (remember to keep your back flat not rounded) with heels down or legs lifted while rotating away from each other then toward each other to pass of a medicine ball. Make sure you switch sides to work all areas evenly.



3. Push-up with Partner Touch

Get into push-up position with a little space between you and your partner, perform one push-up then reach up and touch your partner's hand. Push-up again and touch with your other hand.



4. Partner Squat Jump w/ High 5

Partners stand facing each other, squat and jump at the same time. At the top of the jump give a double high five.

5. Partner Plank and High Knee Jog

This one works on strength and cardio. Partner 1 will hold a plank with feet wide. Partner 2 will stand to the back and do high knees over Partner 1. You can make adjust the difficulty of this by stepping over, running or jumping depending on your fitness level.



Quick tip: When working out with your partner make sure that you remain focused on the movement. If you are able to a regular conversation you need to step it up a notch. Save conversing for your stretching time at the end to maximize your work time.

WOMEN GIVING BACK - continued from page 12

WGB fills the emergency need and demand of clothing for client's that cannot wait to attend a store day through the Bag to Go Program. Request forms are submitted by case managers or social workers who gather information on the women and children's needs including clothing and shoes sizes and other information. This allows the volunteer that packs the bag to pick out appropriate clothing for the client and children. The majority of WGB's Bag to Go requests come from domestic violence survivors. WGB also fulfills orders from Human Trafficking and Inmate Re-Entry programs as well as Government Agencies such as FBI Victim Services.

In addition to the referral clothing program, WGB has expanded their programming to include a focus on eliminating barriers that women face accessing their services and positively impacting youth welfare by serving disadvantaged children to strengthen their well-being and create a sense of belonging. WGB helps supply kids with nutritional breakfasts while their mothers shop because these children often miss their breakfast shift at their shelter in order to come to WGB. They recently launched a Snack Pack Program after noting that the only meals that many of the children who do not live in shelters receive is at school. Snack packs are filled with two-day meals during the school year, summer, and other school breaks.

When their needs for clothing and school supplies are met, students are better able to attend school and participate in their education. The WGB Back to School Supply program provides children and youth in kindergarten through high school from low-income families with clothes, shoes, and school supplies for the school year. Having appropriate clothing boosts students' self-esteem and alleviates the visible burden of poverty. As a result, students are more incentivized to attend school because they can do so without feeling different. Students are able to focus on their education, instead of worrying about "fitting in." Last year, WGB served 288 children from low-income families with back to school supplies.

WGB's Prom Boutique is an annual initiative created to meet the needs of homeless students during the prom season. The goal is to make every young woman feel special, beautiful, empowered, and confident. Receiving a gown presents an opportunity to experience a once-in-a-lifetime event they might otherwise not be able to participate in due to the expense of purchasing a dress. They also get to "shop" for jewelry, shoes, purse, makeup and even nail polish, all of it free.

WGB helps over 300 children express their inner ghou, superhero, and princess every October by providing them with free Halloween costumes.

The annual Santa's Workshop serves over 400 homeless children, bringing the magic of the holidays with the help of more than 100 volunteer elves. The philosophy behind Santa's Workshop allows mothers the option to choose

gifts and bicycles, empowering them and allowing them to contribute to their children's happiness and quality of life, free from financial concerns and limitations. Last year, they served 340 children with brand new toys and bikes during the holiday season.

There is potential to serve many more and their goal is to partner with more programs serving the most vulnerable women and children and continue to find innovative ways to eliminate barriers such as transportation and increase store days and hours. As such, Broadlands is proud to partner with Women Giving Back in the coming months. We will be organizing both Snack Pack and Prom Dress drives in May and June. In the meantime, be sure to check out <https://womensgivingback.net/> for more information on the organization. The biggest fundraiser of the year is their Cinco de Mayo event, coming up on Thursday, May 3rd from 4-8pm. Join the festivities with incredible food, drinks, and dancing at their store located just a few minutes down the road from our community. You can also be a sponsor or donate to their auction. If you have time, consider volunteering for this great organization. If you have clothes left over from spring cleanout that don't sell at the Community Yard Sale, consider donating them to this organization.

Suggested donations include:

- Good quality women's clothing suitable for interviews. All clothing should be clean and in good condition (men's clothes are accepted and distributed to other charitable organizations locally)
- Clean and gently worn infant's, children's, and teen's clothing (both boys and girls)
- Gently worn shoes
- Jewelry, accessories, purses, and totes
- Unopened makeup and toiletries (sample packs and hotel toiletries are great for this).



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SATURDAY
**APRIL
21**

BUY AND SELL AT THE **SPRING YARD SALE**

**RAIN
OR
SHINE**



CHECK OUT THE LIST OF PARTICIPANTS
to see what's for sale and view

THE COMMUNITY MAP



TO FIND EACH UNIT AT
broadlandshoa.org/yardsale

COME SHOP AND SELL AT PRIVATE RESIDENCES THROUGHOUT THE BROADLANDS NEIGHBORHOOD

If you would like to be included in the online listing of addresses, please complete the Yard Sale Submission Form on the website at broadlandshoa.org/yardsale-form. It is the residents' responsibility to check the website to ensure inclusion and accuracy.

Residents do not have to be on the list of participants to be part of the community yard sale.

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www.krispaintingservice.com krispaintingserv@aol.com

Comedy Hour is Coming Back to Broadlands!

Join us for a night of big laughs and small bites on
Saturday, May 19th from 6:00pm to 9:00pm at the
Community Center.

LIMITED TICKETS AVAILABLE!

\$15.00 per ticket. No refunds. Ticket purchase includes
three alcoholic beverages, appetizers, & raffle entries.

To register visit: broadlandshoa.org/events/comedy2018. Signup for this event is now open and closes
at midnight, May 10th. Sign up early for this community
favorite to ensure tickets are available. This event is for
residents 21 years of age and older....100% ID check! No
admittance after 6:45pm, no exceptions. Show includes
mature content and language.

Broadlands Craft Night

Handmade Pallet Class

7:00pm-9:00pm on May 7th

Join your neighbors and create a
handmade pallet sign.

We will create a white-weathered
board personalized with a family
initial and message (welcome or a last
name). The instructor will demonstrate
how to add a wreath to the sign and
accessorize for the seasons.

\$25 for Initial/Welcome sign
and \$30 for Initial/Last Name
sign. Materials are provided
by the instructor. Limited to
20 participants, Broadlands
residents age 14 and up only.
Signup at broadlandshoa.org/events/craft2018. Signup closes at
midnight, May 1st.



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National Recreation and Park Association (NRPA) to Distribute Seedlings on Arbor Day

In celebration of Arbor Day, National Recreation and Park Association (NRPA) volunteers will distribute tree seedlings at the Broadlands Nature Center on Friday, April 27 between 10:00am – 3:00pm. NRPA is committed to protecting open space, connecting people to nature and engaging communities in conservation practices. We are pleased to sponsor and participate in this community event, as our headquarters are located nearby, just off Belmont Ridge Road.

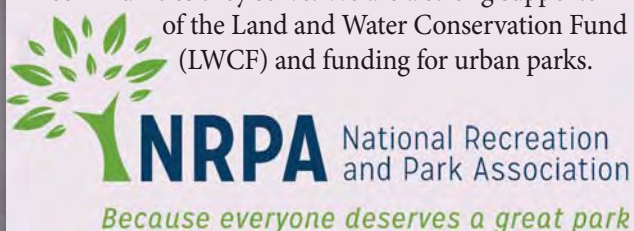


On Saturday, April 28, NRPA is sponsoring the planting of 200 tree whips in the Broadlands common area bordering the greenway. Resident volunteers are needed to help with this event. Check broadlandshoa.org for details.

About NRPA

NRPA is the leading nonprofit organization dedicated to the advancement of public parks, recreation and conservation. Our work draws national focus to the far-reaching impact of successes generated by park and recreation agencies at the local level. Leveraging their role in conservation, health and wellness, and social equity to improve their communities, our members — 60,000 park and recreation professionals and advocates — represent public spaces nationwide, in urban and rural communities and everywhere in between.

NRPA brings strength to our message by partnering with like-minded organizations, including those in the federal government, nonprofits and commercial enterprises. Funded through dues, grants, registrations and charitable contributions, NRPA produces research, education and policy initiatives for our members that ultimately help them enrich the communities they serve. We are a strong supporter of the Land and Water Conservation Fund (LWCF) and funding for urban parks.



Registration Open For Loudoun Lime 5k on May 6th

Help take a bite out of Lyme disease and be a part of the largest Lyme disease run in the world!

Registration is now open for DryHome's 8th Annual Loudoun Lyme 10K/5K/1K. The May 6, 2018 event educates the public about the dangers of Lyme and other tick-borne diseases, and, raises funds to support crucial research for a cure for Lyme disease, the number one vector-borne disease in the U.S., which affects Loudoun County more than any other Virginia county. The Loudoun Lyme Race also features an informational fair to educate the public about the disease. To date, the race has raised more than \$320,000 to support research and advocacy efforts.

Loudoun County is endemic for Lyme disease and other tick-borne diseases with 22% of Virginia's reported cases occurring in the county. Because Lyme disease testing is unreliable, many infected people often test negative for the disease. If left untreated, Lyme can cause severe neurological, cardiac, arthritic problems, extreme pain and sometimes death. Early detection and treatment is vital. That's why Steve Gotschi, the owner of Sterling-based DryHome Roofing and Siding, started the Loudoun Lyme Run after seeing many friends and customers battle the disease.

The May 6th race starts at 8:00am at Brambleton Town Center in Ashburn, Virginia. The cost to enter the race is \$35.00 for adults/\$25.00 for children under 14. After May 3, the cost is \$40.00/\$30.00. The fair is free. Proceeds benefit the National Capital Lyme Disease Association (NatCapLyme.org).

Visit LoudounLyme.org to register or for more information.

DON'T BE GUILTY OF "CRAPE MURDER"

By: Nancy Caldwell, Loudoun County Extension Master Gardener



The crape myrtle (*Lagerstroemia indica*), beloved for its late summer blooms and ornamental bark, is more popular than ever, popping up in home landscapes throughout our region. But what is it about the crape myrtle that seems to bring out our inner butcher? Every year about now, professional landscapers and home gardeners alike can be seen, loppers in hand, topping crape myrtles, an aggressive form of pruning that removes mature branches and is often referred to as "crape murder."

It's unclear why the practice has become so widespread. If our neighbors are doing it, shouldn't we be doing it too? But experts warn topping crape myrtles is not only unnecessary, it can also weaken and disfigure the tree. Yes, the practice may result in larger blooms, but the flowers grow on thinner branches that will droop and may even break. It also encourages new growth that is too dense to allow



If you've been guilty of crape murder, it's not too late to rehabilitate damaged trees.

air and light to reach inner branches, making the plant more prone to disease and insects.

Instead, follow these tips provided by the Florida Cooperative Extension Service to keep crape myrtles healthy and looking their best:

- Remove suckers, the thin sprouts growing up from the bottom of the plant, as soon as they appear;
- Remove crossed, damaged, or diseased branches. For crossed branches, remove the weaker of the two limbs that are crossing or rubbing;
- Thin out small twiggy growth to allow air to better circulate in the canopy.

If you've been guilty of crape murder, it's not too late to rehabilitate damaged trees. One method is to remove all but two or three of the strongest sprouts from each stump. The remaining sprouts will grow stronger and the canopy of the tree will be airier. After a few seasons, the tree should be much improved. A second, more drastic approach is to cut the tree back to within one to two inches of the ground while the tree is dormant. After two to three weeks of growth, select three to five of the most vigorous new shoots on each trunk and remove all others. Remove any new shoots that emerge later. Within three to five years, you will again have a natural-looking crape myrtle.

For more seasonal pruning tips, visit the Loudoun County Master Gardeners website at loudouncountymastergardeners.org.



Melvin Greer Book Signing

Join us for the Greer Institute's Loudoun Leaders Networking and Book Signing Event and Learn About Melvin Greer's 21st Century Leadership Model.

This exclusive, private affair features: MELVIN GREER, Chief Data Scientist, Americas, Intel Corporation Managing Director, Greer Institute for Leadership and Innovation

Blend Coffee Bar

Thursday, April 19, 2018 - 6:00pm – 8:00 p.m.

43170 Southern Walk Plaza, #120, Ashburn, VA 20148

ABOUT MELVIN GREER: As Chief Data Scientist, Melvin is responsible for building Intel's data science platform through artificial intelligence, transforming data into a strategic asset. Melvin received the 2017 BDPA Lifetime Achievement Award and the 2012 BEYA Technologist of the Year Award. Melvin is the award-winning author of five books. As the Managing Director of the Greer Institute for Leadership and Innovation, Melvin is focused on the maturing of new leaders and the growth of future innovators.

ADMISSION IS FREE, BUT SPACE IS LIMITED -- Please RSVP at: <https://tinyurl.com/ycspuu9h>



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Broadlands Area Clubs and Groups

Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@broadlandshoa.com.

ASHBURN CLASSICS

The next meeting is at 10:30am on April 14th at the Mills Recreation Center on Gloucester Parkway. Mary Ann Jung, HISTORY ALIVE, will perform, and refreshments will be served. The Ashburn Classics support LOUDOUN HUNGER RELIEF with food donations. For more information, please call Peggy at 703-723-3056.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BAC – BROADLANDS ADAPTED CLUBS

A social club for high school students and young adults with disabilities meets the 2nd Thursday of the month from 7:00pm to 9:15pm at the Broadlands Community Center. Contact Monica Benteler at mjbenteler@gmail.com for more information.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

We are studying various Women Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

CORE CONCEPTS CHIROPRACTIC HEALTH LECTURE SERIES

Free bi-monthly health and wellness lectures for the community. Please join us Wednesday's at 7:00pm. For a full list of scheduled lectures please contact Dr. Poe at 703-723-4178 or core2chiro.com.

GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

HAPPY HATTERS OF ASHBURN

The Happy Hatters of Ashburn, a member of the Red Hat Society, will hold their annual membership meeting on March 17, 2018. If you are interested in becoming a Happy Hatter, please call 703-723-3056.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards for fun once a month by rotation. Please contact Saleshe Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kiddos; playgroups, Moms' Night Outs, + special interest groups for all. Monthly Member Social every 2nd Thursday of the month at 10:00am at Broadlands Community Center. Contact membership. momsclub.broadlands@gmail.com.

MOMS IN PRAYER – EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MOMS IN PRAYER – MILL RUN

Mill Run moms are invited to come join us in prayer for the children and staff at this school. We meet every other Wednesday during the school year. Please contact Catherine for more information at 703-598-4708.

MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres . . . a great way to meet fellow neighbors who share a love a music. For more info email musicontheheights@gmail.com

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & MOTHERHOOD (SAM)

Are you interested in connecting with other Loudoun Moms who are seeking less stressful days? SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. Our meet ups are a recharging break that help us slow down and nurture ourselves. We meet monthly on Sunday evenings. For more info email Shea or Erin at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.

Broadlands Helper List

*The **Broadlands Helpers List** is comprised of helpers up to 18 years of age, born in 2000 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00 a.m. to 5:00 p.m. or send an email to nihanainen@broadlandshoa.com.*

BABYSITTERS:

Gia Annunziata (2003).....	571-333-3303
Joseph Annunziata (2001)	571-333-3303
Nathan Brown (2000).....	571-216-6746(B,C,R,F)
Sarah Carman(2002)	571-442-8461(B,C,F,D)
Rachel Cundey (2000)	858-2295
Katie Dorey (2002).....	723-4614(B,F)
Megan Ewing (2002).....	229-9220(B)
Brooke Hall (2000).....	571-333-1338(B,C,F)
Ethan Hall (2001)	282-3431(B,C,R,F)
Nicky Harte (2003)	703-405-5190 (B,C,F)
Gabi Hausch (2000).....	501-2355(B,C)
Kori Henry (2000).....	858-2320(B)
Hallie Jager (1999).....	571-271-4548(B,C,R,F)
Gigi Jernigan (2002)	665-0799(B)
Sameeha Khalil (2001)	571-758-8947(B,C,F)
Grace Karl (1999).....	571-258-9223(B,C,F)
Amanda Lang (2000).....	571-291-2639
Rachel Lawrence (2001)	489-7800(B)
Clare Lewis (2001)	571-528-0970(B,F)
Chloe Marshall (2002).....	724-9790(B)
Olivia Marshall (2000).....	724-9790(B)
Caitlin Nee (2001).....	867-3663(C,F)
Kylie Nulf (2002)	723-1008(B,C,R,F)
Claire Oberg (2001).....	723-7489(B)
Katherine Oliver (2003)	919-5807(B)
Lauren Powell (2005).....	297-2897(B)
Zac Richmond (2000).....	571-230-7323
Madelyn Sica (2000)	539-0118(B)
Karli Simpson (2001).....	201-2164(B)
Logan Speckhard (2002)	571-232-6700(B)
Madison Stone (2000)	571-266-9629(B,CR,F)
Maya Sunderraj (2001).....	858-0240(B)
Tara Swamy (2000).....	571-246-2810
Ashley Wintermute (2002)	571-528-7562(B,C,F)

MOTHERS HELPERS:

Gia Annunziata (2003).....	571-333-3303
Emily Brown (2002).....	571-216-6746(B,C,R,F)
Sarah Carman (2002)	571-442-8461(B,C,F,D)

KEY: (B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

(D) Dog & Cat (Pet) First Aid

**All area codes are 703 unless noted.*



Lauren Cundey (2004)	858-2295
Katie Dorey (2002).....	723-4614(B,F)
Megan Ewing (2002).....	229-9220(B)
Ethan Hall (2001)	282-3431(B,C,R,F)
Nicky Harte (2003)	703-405-5190 (B,C,F)
Kori Henry (2000).....	858-2320(B)
Hallie Jager (1999).....	571-271-4548(B,C,R,F)
Gigi Jernigan (2002)	665-0799(B)
Sameeha Khalil (2001)	571-758-8947(B,C,F)
Julianna Lang (2005)	571-291-2639
Rachel Lawrence (2001)	489-7800(B)
Chloe Marshall (2002).....	724-9790(B)
Olivia Marshall (2000).....	724-9790(B)
Caitlin Nee (2001)	867-3663(C,F)
Claire Oberg (2001)	723-7489(B)
Abby Patterson (1999).....	571-333-1583
Lauren Powell (2005).....	297-2897(B)
Madalyn Sica (2000).....	539-0118
Karli Simpson (2001).....	201-2164(B)
Logan Speckhard (2002)	571-232-6700(B)
Madison Stone (2000)	571-266-9629(B,CR,F)
Ashley Wintermute (2002)	571-528-7562(B,C,F)

YARD WORK:

Joseph Annunziata (2001)	571-333-3303
Ryan Battles (2001)	858-9520
Rockland Brown (2002)	408-6094
Christian Clement (2000)	723-6479
Connor Hall (2003).....	963-9813

Broadlands Helper List

Ethan Hall (2001).....	282-3431
Travis Preston (2000).....	340-9209

PET SITTERS:

Gia Annunziata (2003).....	571-333-3303
Joseph Annunziata (2001)	571-333-3303
Colton Auch (2005)	729-3508
Lexi Blair (2000)	858-7295
Rockland Brown (2002)	408-6094
Sarah Carman (2002)	571-442-8461
Alyssa Chiado (2000)	729-6824
Lauren Cundey (2004)	858-2295
Rachel Cundey (2000)	858-2295
Matt Dennen (1999)	723-1538
Katie Dorey (2002).....	723-4614
Ashley Fahrenholz (2004).....	586-8419(D)
Rose Freeman (1999).....	463-8201
Connor Hall (2003).....	963-9813
Ethan Hall (2001).....	282-3431
Gabi Hausch (2000)	501-2355
Hallie Jager (1999).....	571-271-4548
Sameeha Khalil (2001)	571-758-8947
Amanda Lang (2000).....	571-291-2639
Clare Lewis (2001)	571-528-0970
John McAleer (2003)	722-2258
Kylie Nulf (2002)	723-1008
Matthew Nulf (2002)	723-1008
Sharat Paka (2002)	571-333-6366
Sam Patterson (2001).....	571-333-1583
Jamie Peckman (2004).....	307-4661
Madalyn Sica (2000)	539-0118
Karli Simpson (2001).....	201-2164
Logan Speckhard (2002)	571-232-6700
Madison Stone (2000)	571-266-9629
Maya Sunderraj (2001).....	858-0240
Adam Wittenburg (2000).....	975-5626



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NON-EMERGENCY

Ashburn Fire	703-729-0006
Dominion Virginia Power	888-667-3000
Fire Marshall	703-777-0333
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-3333
State Police	703-771-2533
Washington Gas.....	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)	1-703-753-5521
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Snow Removal:

• VDOT Streets	703-383-8368
• HOA Streets	703-729-9704
Trash Pickup (Patriot Disposal)	1-703-257-7100
Southern Walk Association – OpenBand:	
Billing – Traci Tranquilli, FirstService Residential	
traci.tranquilli@fsresidential.com	703-385-1133
OpenBand Customer Service 24x7	866-673-6226
OpenBand Trouble Tickets	703-961-1110
Towing (Battlefield Towing).....	703-378-0059

PUBLIC INFORMATION

Animal Control/Shelter	703-777-0406
Building Permits & Dev.....	703-777-0397
County Landfill	703-771-5500
DMV (VA)	800-435-5137
DISH.....	888-656-2461
DirectTV	800-531-5000
Health Department	703-777-0236
Library (Ashburn).....	703-737-8100
Loudoun Ride On.....	703-777-2708
Loudoun Hospital	703-858-6000
Miss Utility.....	800-552-7001
Metro.....	202-637-7000
Parks and Recreation	703-777-0343
Ridesharing.....	703-771-5665
Road Conditions	800-367-7623
School Board	571-252-1000
Street Signs/Storm Drains.....	703-771-5666
VDOT.....	703-383-8368
Van Metre Homes.....	703-348-5800
Verizon Fios	888-553-1555
Xfinity/Comcast.....	800-934-6489
Wildlife Hotline (local)	703-440-0800

SCHOOLS -BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	571-252-2140
Hillside Elementary School.....	571-252-2170
Mill Run Elementary School.....	571-252-2160

EDUCATION/PRESCHOOL

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands is currently enrolling for all of its programs for the 2018/2019 school year. Growing Minds offers part-time programs for 2 ½, 3, and 4-year-olds. For more information or to set up a tour, please contact Judi Ratcliffe at judi.gminds@gmail.com or 571-216-4663.

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SAXOPHONE AND CLARINET LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. Recipient of three awards from the DC Commission for the Arts. Lessons available in your home. References. Call 703-777-4352 or email NoteMagic777@gmail.com.

INSTRUCTION - TUTORING

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NEED MATH HELP? I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438 or email me at: aplustestprep@verizon.net.

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JOYOGA: Register now for Workshop on Sat, April 28, 1:00 to 3:00pm for a spring tune up ~The Body as a Healing Garden, taught by Pat Pao. Register now for spring classes beginning in April. Enjoy small class atmosphere learning correct alignment & breath work to counter stress. No flexibility needed before coming to yoga, you only need to breathe & learn awareness of your body & how to join movements with breath. Offering morning classes 2 times per week for those wanting to learn yoga to age well. Questions: joyoga.us or call 703-850-8386.

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4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

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No cancellations are permitted after the deadline. For more information, contact the Advertising Manager, Stassa Collins at ads@broadlandshoa.com or 703-729-9714.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

Excellent references. SUPERIOR LANDSCAPING, INC. (703)830-8800, superiorlandscaping.net.

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Broadlands Community Info . . .

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148

Main: 703-729-9704 Fax: 703-729-9733

broadlandshoa.org ♦ info@broadlandshoa.com

HOA & Nature Center Office Hours: Monday – Friday, 9:00am to 5:00pm

General Mailbox: info@broadlandshoa.com

Nature Center Hours: First & third Saturdays, 10:00am to 2:00pm

ASSESSMENT INFORMATION OFFICE

FirstService Residential: Payments and Resale Docs

Main: 703-679-1541 Fax: 703-591-5785

fsresidential.com ♦ customerservice.dcmetro@fsresidential.com

Mail Payments To:

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

BROADLANDS ASSOCIATION STAFF

General Manager: Sarah Gerstein ♦ sarah@broadlandshoa.com

Covenants Manager:

Suzan Rodano ♦ covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison:

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Newsletter Advertising Manager & Communications Coordinator:

Stassa Collins ♦ scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee:

Robin Crews ♦ rcrews@broadlandshoa.com

Administrative Specialist, Pool Liaison:

Julie Holstein ♦ julie@broadlandshoa.com

Reception:

Joanne Hang ♦ joannehang@broadlandshoa.com

Naturalist: Erin Fairlight ♦ naturalist@broadlandshoa.com

BOARD OF DIRECTORS

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Todd Parsons ♦ 703-936-9309

Joseph T. Wagner ♦ 571-333-0821

COMMITTEES

Broadlands Live Concerts: Tammy Wells, Angela Rabena ♦

broadlandslive@broadlandshoa.com

Community Wildlife Habitat: Oya Simpson ♦ osimpson@

broadlandsnaturally.org 703-725-8040*

Events: events@broadlandshoa.com

Swim Team: broadlandsswimteam.org

Technology: Dawne Holz ♦ deholz@icloud.com*

Tennis: Brad Marcus ♦ bradmarcus@gmail.com

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BROADLANDS

Newsletter Advertising Rates and Sizes

COLOR DISPLAY ADS

Size & Location • Rates are per issue

All ads will be full color (if provided in color)

	PRICE Month to Month	PRICE 6+ Months Prepaid Discount	PRICE 12+ Months Prepaid Discount
INSIDE PLACEMENTS:			
• Eighth Page (3.75" wide x 2.41" tall)	\$125	\$100	\$75
• Quarter Page (3.75" wide x 5.00" tall)	\$225	\$215	\$200
• Half Page.....	\$430	\$400	\$375

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• Full Page.....	\$1000	\$900	\$850
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INSIDE COVER PLACEMENTS (Contact for Availability):

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• Full Page.....	\$1050	\$950	\$900

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Vertical: 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed

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OUTSIDE COVER PLACEMENTS (Contact for Availability):

• Quarter Page Horizontal Banner.....	\$275	\$250	\$240
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SUBMISSION INFORMATION FOR DISPLAY ADVERTISERS

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- Email camera ready ad in PDF format to ads@broadlandshoa.com.

Ad must be in our specs shown above.

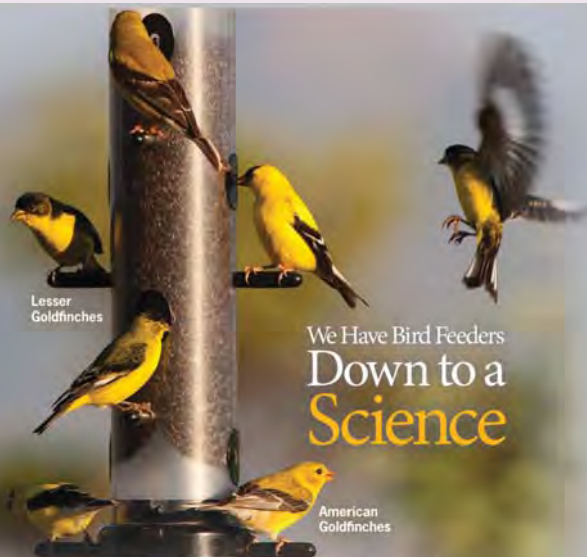
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.
- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
- **Newsletter is printed in full color.** Rates shown are monthly.
- No cancellations after the initial deadline are permitted.



Broadlands Homeowners Association

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Green Ball Stage 1 (Age 10-13) Mon, Wed 6pm, Sat 11am
Yellow Ball Stage 1 (Age 12-17) Tue, TH 6pm, Sun 11am

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Green Ball Stage 2 (Age 10-13) Mon, Wed 6pm, Sat 11am
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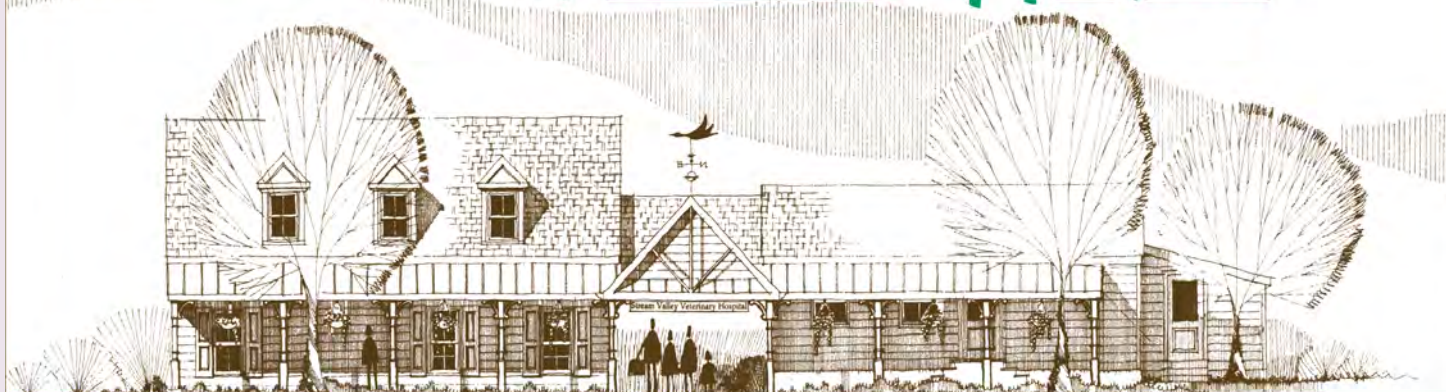


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