

BROADLANDS

A close-up photograph of a dog, possibly a pit bull mix, being sprayed with water from a hose. The dog's head is tilted back, and its fur is wet and matted with water. The background is a blurred green, suggesting an outdoor setting.

Our Neck of the Woods

AUGUST 2018

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BROADLANDS



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Broadlands Association Board of Directors Meeting

Tuesday, August 14th - 6:00p.m.

The Clubhouse

43360 Rickenbacker Square

Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

Board Meeting Highlights

The following actions were taken by the Board of Directors at their July 10th meeting:

- Approved the amended minutes of June 12, 2018 meeting
- Discussed a request to add perimeter fencing to an unfenced area on Broadlands Boulevard
- Commended HOA staff on pool oversight
- Requested Broadlands Commercial give the HOA the fountain sign when it is removed
- Discussed the relocated county recreation center
- Determined the middle school needs to remove the school play signs from the medians and only display 7 days in advance of an event and remove within 48 hours of event
- Discussed reducing the number of modifications requiring applications and staffing needs for processing applications
- Noted that the HOA documents allow fees to be imposed for the processing of modification applications
- Requested Broadlands Live Committee report the number of attendees
- Reviewed information from the Wildlife Habitats Committee, including a proposed charter
- Discussed summer camps at the pools
- Discussed a resident concern regarding the Tillets School tree buffer area
- Approved the easement paperwork for Southern Walk HOA
- Denied a request for a fence adjacent to a stormwater drain on Tealbriar Place
- Approved the proposed Landscaping Design Guidelines
- Approved the proposed Shed Design Guidelines
- Approved the snow services contract with Signature Decks
- Approved proposals for stream renovation from Heritage Landscape Services
- Reviewed parking concerns on Forest Edge Square and will establish a No Parking area if the county does not consider it a Fire Lane
- Approved a proposal from Outdoor Structures for tot lot timber repair
- Reviewed a delinquent account and waived a portion of late fees

AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Lap Swim 5:30am - CC Pool 1 Modification Subcommittee Meeting 7:00pm - NC	2 Lap Swim 5:30am - CC Pool	3	4 Lap Swim 8:00am - SW Pool Nature Center Open 10:00am-2:00pm
5	6	7 Lap Swim 5:30am - SW Pool Events Committee Meeting 6:30pm - CH	8 Lap Swim 5:30am - SW Pool Modification Subcommittee Submissions Due 12:00pm - NC	9 Lap Swim 5:30am - SW Pool	10 Newsletter Submissions Due by Noon Broadlands Live 5:00pm - HP	11
12	13	14 Lap Swim 5:30am - SW Pool HOA Board Meeting 6:00pm - CH	15 Lap Swim 5:30am - SW Pool Modification Subcommittee Meeting 7:00pm - NC	16 Lap Swim 5:30am - SW Pool	17 Family Campouts/ Camp Whomping Willow 4:00pm-NC Lawn	18 Nature Center Open 10:00am-2:00pm Flicks in the Sticks 8:30pm-NC Lawn
19	20	21 Lap Swim 5:30am - SW Pool	22 Lap Swim 5:30am - SW Pool	23 Lap Swim 5:30am - SW Pool	24 Family Campouts/ Camp Whomping Willow 4:00pm-NC Lawn	25
26	27	28	29 Modification Subcommittee Submissions Due 12:00pm - NC	30 Untamed Reads 5:30pm - NC	31 <i>Nature Center and HOA Offices close at 12:00pm for Labor Day</i>	

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool

When to Contact the Board

I often find that homeowners aren't sure who to turn to when a question arises about the HOA. There are many confusions about who does what, where to find the right information, and who has authority over what. When you post on the forums, Facebook, or ask a friend, it can be hard to find the right answer if you don't know where to start. I come across a wide variety of inquiries premised with "I'm not sure who to ask, but can you point me in the right direction?"

The HOA staff at the Nature Center can assist with many questions and needs, they truly are a wealth of information. Whether you're looking for pool or fitness center passes or have questions about trash, the front desk staff is well equipped to assist. The HOA office in the Nature Center is open Monday-Friday, 9:00am-5:00pm. You can reach us by phone at 703-729-9704, fax at 703-729-9733, or email at info@broadlandshoa.com.

The HOA staff at the Nature Center can assist with many questions and needs, they truly are a wealth of information.

Inquiries submitted to info@broadlandshoa.com will be swiftly answered or disseminated to the correct party as needed, but if you have a specific inquiry and want to go straight to the source, you are more than welcome! Have a question or concern about a potential covenants violation? Email Covenants@broadlandshoa.com and your email will go to our Covenants Inspector. Have a question about the Design Guidelines, a Modification Application, or resales? Reach out to RCrews@broadlandshoa.com. Want to advertise in the newsletter? Let us know at ads@broadlandshoa.com. Trying to reach the front desk or are interested in renting the Community Center? Contact JoanneHang@broadlandshoa.com. Need to reach the newsletter editor to submit information for an upcoming issue? Email NIhanainen@broadlandshoa.com. Have an inquiry or issue about the pools? Check with Julie@broadlandshoa.com. Interested in helping plan a community event? Try Events@broadlandshoa.com.



Broadlandshoa.com. Want to speak to the Naturalist about an upcoming program? Contact Naturalist@broadlandshoa.com. Need something else? Email me at Sarah@Broadlandshoa.com. A detailed staff directory is included in this and every issue of the newsletter.

In some cases, you may want or need to speak with the Board of Directors directly. The Board is comprised of nine elected homeowner, and they make the decisions for the HOA while staff carries out the directives of the Board. The Board holds monthly meetings on the second Tuesday at 6:00pm in the Clubhouse to conduct the business of the association as well as hear from residents. Meetings of the Board are open to all residents. Residents are encouraged to observe meetings and read approved minutes, posted online in the FSR Connect portal or review the summary, published monthly in this newsletter. Residents who wish to address the board are welcome to do so during the homeowner forum conducted at the beginning of each business meeting.

HERE ARE A FEW TIPS FOR PARTICIPATING IN BOARD MEETINGS:

1. **Put it in writing.** You are more likely to get a timely response if you put your question or opinions in writing and submit to the manager a week prior to the meeting. This isn't mandatory, but it helps you and the board be better prepared to discuss the item. Some issues may require a little research, discussion, or consideration. The board can serve you best if members have time to consider your concern and be prepared with any questions for you.

When to Contact the Board continued on page 7

Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by noon on the Wednesday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions.

Please review these guidelines and the updated changes on our website. Visit broadlandshoa.org/for-residents/designguidelines for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

How Am I Notified of My Results?

Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. Please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery.

Modifications Subcommittee Submission and Meeting Dates

Submission Deadline	Meeting Date
July 25th	August 1st
August 8th.....	August 15th
August 29th	September 5th
September 12th	September 19th
September 26th	October 3rd
October 10th	October 17th
November 14th	November 19th

Broadlands Pooch Pool Party is Right Around the Corner!

Saturday, September 8th, 9:00am - 1:00pm at the Summerbrooke Pool 21580 Demott Drive.

End the summer swim season with a exhilarating socialization and exercise activity for your pooch!

Four fifty (50) minute time slots:

9:00am-9:50am

10:00am-10:50am

11:00pm-11:50pm

12:00pm-12:50pm

Cost: \$5.00 per dog per time slot. You can sign your dog up for one, two, three, or four....it's up to you! If you'd like your best furry pal to participate, make sure that he or she is:

- at least 6 months old
- spayed or neutered
- friendly and used to group play
- physically fit for swimming and playing
- capable of safely exiting a swimming pool

And be ready to have fun! This pool paw-ty should be a barking good time! **Owners must sign a liability waiver and bring proof of current rabies vaccination. Please visit broadlandshoa.org/events/poochparty2018 to sign up for time slots and print out your waiver.**

To ensure your pup's safety, we'll have lifeguards on duty. Veterinary staff from Stream Valley Veterinary Hospital will be on site for the entire event, and all proceeds from the pool party go to charity.

No kids under 18 allowed in the pool.

Oh No, October's 3rd-5th Graders Halloween Party to Be Canceled!

Due to lack of volunteer turnout for this event, the 3rd-5th Grader Halloween Party will be canceled this year.

If you still want your little goblins and ghouls to be able to have a party to go to, we need an event lead and team for this spook-fest. If this is something you would like to take on, please contact the Events Committee Liaison, Natalie Ihanainen, at events@broadlandshoa.com by September 1st.



When to Contact the Board continued from page 5

2. **Call (or write) ahead.** As a courtesy, the association suggests that you let the manager know that you wish to address the board. This also allows us to give you an idea of the time frame you will have to talk and to notify you directly if a meeting is cancelled for any reason. Some items can be resolved by staff and don't require your attendance at a meeting.
3. **Plan your remarks to last no longer than three to five minutes.** Board members enjoy visiting with residents; however, the meeting agenda is always very full, and the three to five minute limit ensures that all business of the association can be conducted. This doesn't mean big issues can't be presented. If your concern requires more time, please summarize it and the board may add it to the agenda for the next meeting for further discussion.
4. **Don't expect an immediate response.** Board members don't act independently. Issues require discussion and oftentimes a vote or consensus. Sometimes an immediate answer is possible, but it's just as likely that you won't get a response until after the meeting when the board has had sufficient time to research, discuss, and decide on the best course of actions.
5. **If you need information, call the manager.** The purpose of the Homeowner Forum is for residents to share opinions and concerns with the board. Residents seeking general information (like a status report on a project or the board's position on an issue or a question about the budget) might get a more immediate answer and save you the time taken out to attend a meeting by calling the HOA office or contacting me directly.

Don't be afraid to reach out and inquire. The staff and I are happy to assist, or if we can't, to point you in the right direction.

Cheers,

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM
General Manager

Keeping Your Home Safe While on Vacation

As the summer heats up, many of you will escape the daily grind and head out on a well-deserved vacation. Before you hit the road, take a few precautions so your home isn't enticing to thieves or susceptible to fire and other disasters. Not only is having your home vandalized or burnt to the ground a highly unpleasant way to return from a trip, but it also puts the rest of the community at risk as these problems have the potential to spread quickly throughout the neighborhood. So, before you take off, consider implementing these safety tips to keep your home and our community secure.

Call on friends for help. If you're going to be away a week or more, ask a trusted friend to check on your house every day or two—or better yet, housesit—while you're gone. Not only will they make sure nothing happens to your home, but you might also ask them to bring in your mail and newspapers, water plants or even feed Fluffy. Of course, it's a good idea to let your neighbors know a friend is monitoring your property so they don't call the police to thwart a perceived "break-in."

Set your lights on a timer. Leaving your house unlit for days on end is a sure sign to burglars that it's empty, but so is keeping the lights on 24-7. A good way to handle the lights on/off conundrum is to set them on a timer that's scheduled to simulate your regular routine. Of course, if the lights seem a bit too simulated, that can be another telltale sign, so it's a good idea to set the timers in individual rooms on staggered schedules to make the light coming from your home seem more natural.

Stop your mail and newspaper. Nothing screams "nobody's home!" like a pile of newspapers strewn about your doorstep

Keeping Your Home Safe continued on page 12

Buy and Sell at the Fall Yard Sale Saturday, September 22nd, 8:00am - 2:00pm throughout the Community Rain or Shine

Come shop and sell at private residences throughout the Broadlands neighborhood. If you would like to be included in the online listing of addresses, please complete the Yard Sale Submission Form on the website at broadlandshoa.org/yardsaleform. It is the residents' responsibility to check the website to ensure inclusion and accuracy.

Residents do not have to be on the list of participants to be part of the community yard sale. Check out the list of participants to see what's for sale and view the community map to find each unit at broadlandshoa.org/yardsale. The HOA will be publicizing the yard sale in The Loudoun Times-Mirror and The Washington Post.

Looking to Connect With More People in the Neighborhood?

Do you like having fun and meeting new people? Then join the Events Committee! We are a great group of gals and guys who plan the awesome events that the HOA hosts year 'round.

All you need to do is show up and be ready to have fun! Email events@broadlandshoa.com for more information.

August Events Committee Meetings Tuesday, August 7th

6:30 pm at the Clubhouse

43360 Rickenbacker Square

Scoop the Poop...

Residents frequently express concern that not everyone is taking the time to pick up their pet's waste in the neighborhood. Please ensure that your family members realize how important it is to be a responsible pet owner:

Dog poop is not natural, especially in the quantities that are generated by pets. It harms the environment and threatens public health.

Forgot your waste bag? No worries! *The Broadlands HOA has more mutt mitt stations to offer residents than any other surrounding community - currently 78.*

Don't want to carry it with you? No problem, most of our mutt mitt stations have trash cans attached.

Even if your dog poops in the woods, you still need to clean it up. Not only is it unsightly, it can get into streams and into the water supply.

It's the law! Is it a violation of the Association Declaration, Article 8, Section 8.2(q) to not pick up your pet's waste, it is also a county ordinance violation. Please reference Loudoun County Ordinance, Chapter 612.19, Section a (9) Dog waste.

Covenants Corner

Mildew, Wood Trim and Faded Shutters



Summer brings a very busy time for covenants. During the month of August, the Inspector will be focusing on several issues: homes with mildew on the siding, stoops, etc., rotten wood trim, and faded shutters and doors. *Mildew detracts from the aesthetics of the community and is often found on areas that receive little or no sunlight. Rotten wood can often be identified by paint that is cracked, peeling, or blistering, or wood that's darker than the surrounding area or green with algae. Shutters and doors that have faded from their original color should be freshened up.*

The Inspector will continue performing house to house inspections, checking the front, back, and sides of each unit for improvements that have been made without prior approval from the Modification Subcommittee.

If any violation of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted, you may contact the covenants inspector at covenants@broadlandshoa.com to request a reasonable extension to rectify the issue.

The Covenants Manager regularly canvasses our neighborhood to help preserve the property values for home ownership, to promote community harmony and to ensure the high standards of living that our residents have come to expect are maintained.

Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

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**Saturday
August 18
8:30 pm**

A long time ago in a galaxy far, far away...

Enjoy a warm summer evening under the stars and another tale of your favorite Star Wars characters. Stretch out on a blanket on the Nature Center lawn. Lawn chairs* and coolers are welcome. Popcorn and drinks are provided. Movies begin around sundown - the time listed is approximate. In the event of bad weather, check the HOA website to see if the movie is cancelled or rescheduled. Rated PG-13, 152 minutes.

Parental guidance information is available on the website.

**STAR
THE LAST JEDI
WARS**

*We request that lawn chairs keep to the sides as to not block the view down the center.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the Technology Committee.

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	List Price	Sold Price	Subsidy	DOM
Townhomes				
43256 Tumbletree Ter	\$445,000	\$445,000	\$9	12
43301 Ardmore St	\$480,000	\$472,000	\$0	5
21941 Halburton Ter	\$449,000	\$471,000	\$0	3
21934 Windy Oaks Sq	\$475,000	\$455,000	\$0	2
43105 Autumnwood Sq	\$395,000	\$400,000	\$0	3
43160 Ivywood Ter	\$425,000	\$431,000	\$4,000	3
43123 Forest Edge Sq	\$425,000	\$425,000	\$0	0
21895 Schenley Ter	\$445,000	\$443,000	\$0	7
Single Family Homes				
42861 Vestals Gap Dr	\$699,900	\$690,000	\$0	90
42856 Sandhurst Ct	\$839,999	\$830,000	\$0	2
42962 Moss Landing Ct	\$610,000	\$615,000	\$0	0
42973 Ridgeway Dr	\$809,000	\$794,000	\$0	13
21955 Goodwin Ct	\$630,000	\$630,000	\$3,800	0
22054 Stone Hollow Dr	\$782,500	\$790,600	\$0	9
42970 Tealbar Pl	\$839,900	\$835,000	\$5,000	19
42849 Sandhurst Ct	\$899,000	\$889,000	\$0	3
43351 Fullerton St	\$485,000	\$485,000	\$0	2
42670 Kitchen Farm Ct	\$750,000	\$750,000	\$0	6

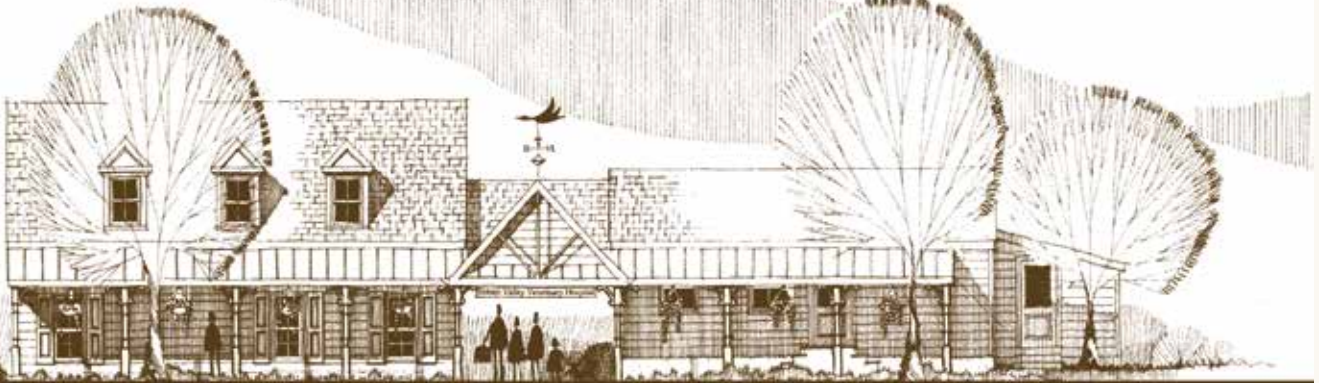
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BROADLANDS NATURE PROGRAMS

Wander with the Naturalist

In the month of July we celebrated honey harvest by spending many hours hand-cranking an extractor to spin the honey right out of the comb. We have jars of honey now available at the Nature Center for \$10 per jar. It's well known that those suffering from allergies can benefit from consistent honey additions to their meals if it is raw and local (made from the pollen [microscopic male-flower protein] that is causing the problem in the first place). Or maybe you would like some honey because it just tastes good. For suggestions in seasonal use of honey see the recipe section in this newsletter. James Olsen and Michael Simpson (pictured) lead the efforts in our honey extraction. Hats off to them and may they enjoy many sweet desserts from their labors.

In July we also gathered to create herbal healing concoctions. We call this Potions Class! If you missed our last potion class, fear not! We have all that we made available for purchase at the Nature Center: Bath bombs, gardener's salve (to ease scratches and bug bites), tick-off spray, sunscreen (devoid of harmful chemicals), and dream dust are all ready for the "grabbing." You'll have to wait until October 27th for our next potions class. Go ahead and prepare for your costume for that one (Harry Potter seems to be a common theme)! Unfortunately our famous butterbeer (pictured brewing) is not for sale at the Nature Center. You'll have to come to the next potions class for that special treat.

Also available at the Nature Center is Wander Society starter packs. They are free to all those who wander. Visit WanderSociety.org to see where we have gone (leaving treasure chests along the way for you to discover) and where we will head next.



Keeping Your Home Safe continued from page 7
or an overflowing mailbox. So, if you can't get a friend or neighbor to collect them for you, it's best to have your mail and paper stopped if you're going to be out of town for awhile.

Don't leave the spare house key lying around. That fake rock where you keep the extra house key isn't as discrete as you think. Whether you keep a spare under your welcome mat, above the door frame or in a hide-a-key contraption, chances are it will take the nefarious types five minutes flat to find it and gain easy entry to your house. So take it with you, let a friend hold onto it or put it in a safe place inside your house, even if you're worried about losing your other keys. Because when it comes down to it, calling a locksmith is less traumatic than calling the police.

Make a last-minute checklist. Are all the windows and doors locked? Stove and oven turned off? How about all the faucets? Are the electronics unplugged and valuables secured? Take five minutes before you leave to ensure your house is vacation-ready. Another run-through of the house may seem unnecessary if you did it earlier in the day, but knowing you've left your house as safe as possible will help you kick back and have a great vacation.

August Top 10

August means Summer is winding down...Or is it?! It sure doesn't seem like it with all these fun, family-friendly events happening in Loudoun this month. Here are the Top 10 events for families this month. Looking for more family fun? Head over to Macaroni Kid Loudoun to find more events and activities happening right here in our communities, leesburg. macaronikid.com

- Great County Farms Peach Days Fuzztival, Saturday & Sunday, August 4th - 5th
- Sensory Sensitive Sunday, Chucky Cheese locations, August 5th
- National Night Out, Tuesday, August 7th
- Sizzlin' Summer Concert, Brambleton, Thursday, August 9th
- Broadlands Live, Friday, August 10th
- Lansdowne Live, Friday, August 10th
- Child Safety Day, Saturday, August 11th
- Disney's Beauty and the Beast, Potomac Falls HS, Friday-Sunday, August 3rd - 5th and Friday-Sunday, August 10th - 12th
- Great Country Farms Big Dig, Saturday & Sunday, August 18-19
- World Heritage Day & Festival of Kites, Ida Lee, Saturday, August 25th



Photo caption: Troop 6479 members Emma, Gabi, Aisha, Cora, Kayla, Kylie, and Ellie (not pictured Caitlyn) present their donation to Mill Run Elementary Principal John Cornely.

Scouts Supporting Schools

Members of Girl Scout Junior Troop 6479 earned their Girl Scout Bronze Award by helping elementary schools impacted by Hurricanes Harvey and Irma. The Bronze Award is the highest award that a Junior level Girl Scout can earn. It is earned by completing at least 25 hours on a project of lasting impact.

The original project goal was to find ways to help schools in Florida and Texas rebuild after Hurricanes Harvey and Irma impacted those areas. The girls decided to raise money towards that cause. The girls worked with their own elementary school, Mill Run Elementary, to develop a fundraiser. It so happened that Mill Run was already in the beginning stages of partnering with Juan N Sequin Elementary in Texas and Ivey Lane Elementary in Florida, so the timing was perfect for Troop 6479 to partner up with Mill Run to raise funds for the schools. The girls helped advertise and run the annual Run for Fun fundraiser at the school. Not only did they advertise the event by calling friends and neighbors, creating posters and sharing on the school morning announcements, but the girls laced up their tennis shoes and participated in the run as well.

The girls then decided that they would use the funds earned during their Girl Scout Cookie Sales to benefit this cause. Cookie customers were even more generous knowing that the girls were going to use the funds to help the two schools impacted by the hurricanes. The girls managed to raise \$500 through their cookie sales which added to the funds earned through the Run for Fun event.

Thank you for your efforts to help other children rebuild their schools – Well done, troop 6479!

Does your child struggle with reading? Does homework take forever?

One out of four children struggle with reading and learning
because of eye coordination & eye movement problems

Symptoms of a Vision Problem:

- Doesn't like to read
- Skips or rereads lines
- Slow, difficult time reading
- Headaches
- Fatigue, frustration, stress with reading/homework
- Loss of place when reading
- Difficulty paying attention
- Complains that words move on page
- Behind grade level in reading



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The Community Mourns the Loss of Former Resident and Volunteer, FBI Supervisory Special Agent (Retired) Brian L. Crews

Brian Crews, long time Broadlands resident and husband of HOA employee Robin Crews, passed away on June 10, 2018 following a courageous fight against stage IV lung cancer. Cancer he developed as a direct result of his work in response to the terrorist attacks on the

World Trade Center on September 11, 2001. Not only was Brian a tremendous FBI agent, he was also a wonderful and loving husband, brother, son, uncle, and friend to many. Brian was raised in Burke and graduated from Virginia Tech with a bachelor's degree in political science and received a master's from Cal State Fresno. He loved Star Trek, Apple tech gadgets, cars, pizza, and Chick Fil-a. He had a contagious sense of humor (despite his

distaste for smiling for photographs), was extremely well read and engaged those around him with stimulating conversation. Brian was very physically active, an avid runner, even participating in the World Police and Fire Games and the Army 10 Miler during his 2 and a half years of aggressive cancer treatments.

Prior to Brian's illness, during their nine years residing in Broadlands, most weekends one would find Brian and Robin walking to the Nature Center with their beloved dog, Tahoe, to care for the Nature Center animals. Having a conversation with Brian and watching him taking care of the bunny would put a smile on anyone's face. As shooter attacks became more prevalent across the nation, Brian hoped to provide free demonstrations and training on how to defend the staff should someone show up at the HOA offices with a gun or otherwise threaten the employees or guests.

Brian served in the FBI for 27 years. He joined the Bureau in 1988 as a file clerk and became a special agent in 1994. He worked on several high-profile cases such as Unabomber case, processed crime scenes involving victims of Russian Organized Crime and, even came face to face with a serial killer. In addition, he worked on the Enron Task Force in Washington. As a special agent in the Sacramento Division, his work with the Sacramento Evidence Response Team led him to serve a two-week



tour at the World Trade Center Fresh Kills site in 2001, where he was exposed to many toxic contaminants while processing evidence. He sorted through personal effects of the victims to help provide closure to their grieving families. Crews transferred to the Washington Field Office in 2003 and served there and at Headquarters' Criminal Investigative Division as a supervisor and instructor until his retirement in 2015.

Brian's wish is for everyone to obtain an annual physical in order to catch any illness in the early stages. He was a selfless hero and was given a memorial service with full honors on Friday, June 29th at Messiah United Methodist Church in Springfield, Virginia. Christopher Wray, Director of the Federal Bureau of Investigation, eulogized Brian. His speech is reprinted with permission below.

Remembering Special Agent Brian Crews: A Life of Selfless Service

On behalf of the entire FBI family, let me begin by offering our deepest condolences to Robin and the rest of Brian's family. Thank you for sharing this dedicated public servant—this patriot—with all of us. Please know that you will always be part of the FBI family.

I'm told that Brian was a man of strong faith. There's a traditional Methodist prayer that I'm sure he must have known, and I think it captures well what Brian Crews was all about. I'd like to share a few lines of it with you:

*I am no longer my own, but yours.
Put me to what you will, rank me with whom you will;
put me to doing, put me to suffering;
let me be employed for you, or laid aside for you,
exalted for you, or brought low for you;
let me be full,
let me be empty,
let me have all things,
let me have nothing;
I freely and wholeheartedly yield all things
to your pleasure and disposal.*

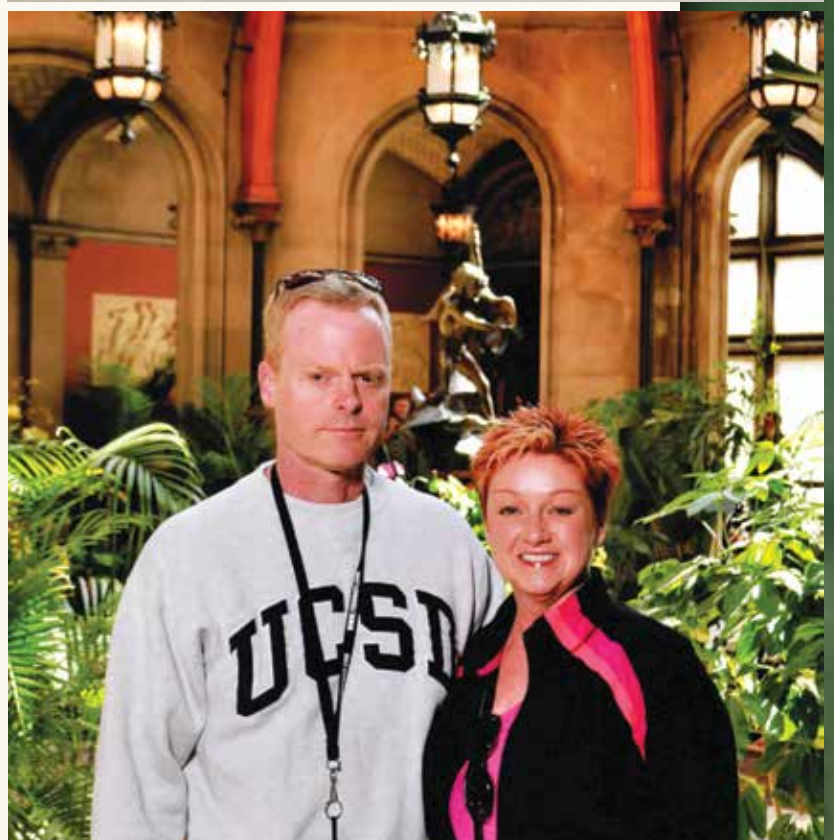
"Put me to what you will, rank me with whom you will," Brian said. "Put me to doing."

Brian was "put to doing" over and over again during a remarkable 27-year career with the Bureau. When he retired, Brian wrote that he had wanted to work for the FBI "so I could make a positive difference in world events." There's no doubt he accomplished that.

Brian joined the Bureau in 1988 as a file clerk, then became a special agent in 1994. After graduating from the Academy, he was on his way to his first assignment in Fresno, and was actually in Oklahoma City when the Murrah Building was bombed. That turned out to be his first investigation.

After Brian arrived in Fresno to work for our Sacramento Division, the Unabomber claimed his final victim in Sacramento. That was Brian's second investigation.

Brian L. Crews Continued on page 16





Brian L. Crews Continued from page 15

Brian was exalted for his work—precisely because he didn't mind being laid aside or brought low.

In 2003, he was transferred to our Washington Field Office, where he worked on the Enron Task Force, one of the most high-profile white-collar crime investigations in the Bureau's history.

While Brian was proud to be an agent, he wasn't the kind to seek attention, even on a big case like that one. Paula Ebersole, an agent who worked with him on the task force, said that Brian preferred to do his work quietly, in the background. She said his persistence and dedication in following one obscure lead in the Enron investigation—really digging into it and not letting it go until he put all the pieces together—made all the difference, and was ultimately responsible for a huge turning point at trial.

Because Brian was comfortable working behind the scenes, he was exalted. For his work on the Enron case, he was part of a team that earned the Attorney General's Award for Exceptional Service—one of the Justice Department's highest honors.

"I am no longer my own, but yours," the prayer says. Brian lived those words, too.

Every special agent knows the truth of those words, deep down—and Brian sure did. The moment FBI agents take the oath and receive their badge, their life is no longer their own. In the end, it belongs to others, and is offered in service to others.

One thing that stood out to everyone in the Bureau who knew Brian was his selflessness.

His colleagues say he was always the first person in the office. And when he got there, Brian would make coffee for everyone else, even though he didn't drink coffee himself. If you asked him why, he would say: "I just wanted everyone to have a hot cup of coffee when they came to work."

They also say Brian was the type of person who would ask about you and your family before anything else. One of his Enron Task Force colleagues, Dan Weiss, said that the day his own daughter was born, Brian and his wife showed up out of nowhere, just to see how Dan and his wife and their new baby were doing.

Brian also loved to help and mentor others. I'm told he took under his wing some intelligence analysts on one of his squads who all wanted to become special agents. Brian would train with them and help them do mock fit tests. He also loved to teach, and served as a member of the Bureau's adjunct faculty program—instructing our agents on a variety of topics.

Again, the words of the prayer spring to mind: "I am no longer my own, but yours."

Ultimately, Brian gave everything—even his life—in service to others.

After the 9/11 attacks, Brian served a tour at the World Trade Center evidence processing site. Like so many others, Brian did that grim yet necessary work without a

second thought about the possible consequences.

We're only now beginning to better understand—and witness—the long-term effects of that work, and the full extent of the sacrifices made by Brian and all the brave men and women who responded during that dark time.

This is the third memorial service I've attended this year for an FBI agent who's fallen as a direct result of their work after the 9/11 attacks. And like Melissa Morrow in Kansas City, like his former boss and good friend Dave LeValley in Atlanta, Brian Crews demonstrated the words of that prayer: "Put me to suffering ... let me be laid aside for you ... let me be empty ... let me have nothing."

After his retirement from the FBI in November 2015, Brian was put to suffering. Because of his work after 9/11, Brian developed lung cancer, and eventually it spread to his brain.

Yet many of Brian's former colleagues didn't even know he was sick. One said that Brian never complained, "because he didn't want people to worry about him." As always, Brian was thinking of others first.

A few weeks before he passed, I had the chance to speak with Brian. Even in the midst of all he was facing, his first inclination was to tell me about the inspiring people he worked with over the course of his career, from his training agent to his colleagues in our Criminal Investigative Division at the time of his retirement. To make sure I knew about them—of his gratitude to them.

To me, that's the mark of a great leader, a good friend, and a life well-lived: someone who thinks of others first, and who is quick to share credit.

Those who worked with Brian have described him as "true-blue FBI," and it's easy to see why. We couldn't have asked for a better agent to represent the Bureau.

Back at FBI Headquarters and in every field office, there is a Wall of Honor, where the names of our fallen agents are inscribed.

In time, we'll add Brian's name to that wall. And when we look up and see it, we'll remember him as a dedicated agent, a selfless colleague and friend, and a shining example of all that is good and decent about the people of the FBI.

Thank you for inviting me here today. It's an honor to be with you to remember Brian.

Brian wanted all law enforcement agencies and anyone to ensure they have an annual physical in order to catch any illness in the early stages.

Family Friend and Former Broadlands Resident, Cameron Kuklick's Tribute to a Fallen Hero:

The Man in the Water

On January 13, 1982, an airliner "Air Florida Flight 90" with 79 passengers crashed into the 14th Street Bridge in Washington, D.C. Six survived, only to tread helplessly in the icy water. For those victims, nothing else could be felt except for the cold, the panic, and whatever courage they had stored in them.

When the rescue helicopter arrived, one of the survivors, Arland Williams Jr., displayed repeated acts of heroism by passing the safety vests and life lines to those around him. He chose to put the lives of strangers above his own, even as he floated along the wreckage in the frigid waters. When the helicopter circled back a final time to rescue Williams, he could not be found. The final act of his life was ensuring the survival of five others.

Thirty miles away there was a 16-year-old watching the tragedy unfold through the horrific images coming through his television screen. In that moment the course of this young man's life changed. He saw in the courage of Arland Williams Jr. a purpose he wanted to build his career around. He promised himself he would help in any way he could the next time misfortune struck. That was Brian Crews, and he never forgot that promise he made to himself.

From that moment came the beginnings of the actions that would lead to his joining the FBI, where he served for 27 years. Among his accomplishments were researching the Unabomber and helping build the case that would eventually undermine Enron. But his crowning achievement was a two-week project on Staten Island following September 11, 2001. His team was tasked with sifting through massive piles of debris in order to find personal items and bring closure to the families who lost their loved ones.

No one could have guessed that a plane crash in 1982 would lead a teenager towards a career that culminated in aiding in the disaster recovery of the planes that crashed into the twin towers. And no one would have suggested that 36 years ago Arland Williams Jr. impacted an additional life that day. That person being Brian Crews.



The Relationship Between Teen Suicide and Technology



The Centers for Disease Control and Prevention (CDC) recently released its findings from a large-scale study on suicide and the findings were both disturbing and intriguing. According to the CDC, suicide rates have risen about 30% across the nation between 1999 and 2015. This is true for all ethnic and racial groups, both sexes and the varying levels of urbanization. While middle age people had the largest number of suicides and the highest increases, the numbers are sobering for all groups, including adolescents – suicide is now the second leading cause of death for teens in the U.S.

And, in my opinion, here's what makes the CDC's findings intriguing. The study cited the following contributing factors to explain the sharp increase in suicide between 1999 and 2015: relationship problems, substance abuse problems, job and/or financial problems, crises, physical health issues, untreated mental illness and criminal or legal problems. But wait, wait, these were the same suicide risk factors that

were readily apparent prior to 1999 and prior to the 30% increase. So, if the contributing suicide factors haven't changed over the past 20 years what has to explain the approximately one third increase in suicide?

Technology; our overuse of it, our over-reliance on it and the ways in which we've allowed it to influence so much of what we do, how we behave and who we are. Indeed, it appears that technology may be an additional factor in the sharply rising suicide rate, and this may be especially true for teens.

Think about it, what happened with technology between 1999 to 2015? The term "smartphone" began to be used in the mid to late 1990's. Texting began in 1997 with the production of the Nokia 9000i, the first mobile phone with a full keyboard. Six Degrees, the first known social media site was created in 1997 and was followed by the first blogging sites in 1999. Enter the 2000's and the Internet took off. Myspace, followed by Facebook and

Twitter and the many other apps and platforms we use and know today occurred, again, all, the while suicides were rising.

As a psychologist that works a lot with teens, I see first-hand the negative impact technology can have when used inappropriately or in excess for my patients. So many of the teens I work with not only spend more time in virtual reality than actual reality, but they are also more comfortable there; when it comes to video games, texting, social media and instant messaging, the new normal is to be on-line and not off-line. Paradoxically, I've found that this sort of technologically driven connection to others can lead to greater social isolation with very real psychological consequences.

And what I've also seen in my office with teens when it comes to subsequent social/emotional, behavioral, academic and health problems (e.g., sleep problems and weight problems) for teens from ***Teen Suicide and Technology*** continued on page 30

Honey Almond Fudge Cups

1 and 1/2 cups smooth almond butter
 1/4 cup + 1 tbsp raw honey
 1 tsp pure vanilla extract
 1/2 cup organic coconut oil melted and then cooled to almost room temperature
 Generous pinch of fine grain sea salt
 2/3 cup chopped raw almonds
 *Pinch more sea salt to top

Line a 12-cup muffin pan with cupcake liners,
 In a medium mixing bowl, cream together the almond butter, honey (or maple) and vanilla extract. Then whisk in the melted and cooled coconut oil until smooth. Stir in the almonds and the pinch of sea salt, then spoon the mixture evenly into the cupcake liners. Freeze for 15-20 minutes until firm, enjoy immediately. Store leftovers covered and chilled in the freezer or refrigerator (for a softer creamier texture.) They'll melt if left too long at room temperature! Servings: 14
paleorunningmama.com

No-Bake Recipes to Use with Raw Honey

Banana & Honey Smoothie

3 very ripe bananas, frozen
 1/4 cup almond butter
 1 1/2 cups almond milk
 2 large dates (optional)
 2 tablespoons raw honey
 dash of cinnamon

Place all of the ingredients in a blender and pulse until smooth, about 30 seconds. Serve immediately. Servings: 4
Bakerbynature.com

Chocolate Peanut Butter Hummus

1 (15-oz.) can chickpeas, drained and rinsed
 1/3 cup raw honey
 1/4 cup plus 2 tbsp. creamy peanut butter
 1/4 cup unsweetened dutch process or dark chocolate cocoa powder
 1 tsp. pure vanilla extract
 Pinch of salt
 Mini chocolate chips, for topping
 Flaky sea salt, for topping

Place the chickpeas, honey, 1/4 cup of the peanut butter, cocoa powder, vanilla, and salt in the bowl of a food processor. Blend until smooth. Transfer to a serving bowl. Melt remaining 2 tablespoons peanut butter in the microwave and drizzle over dip. Top with mini chips and flaky sea salt. Servings: 4 Delish.com



Raw Honey

BWHS Band News



If you watched the MLB All-Star game on Tuesday, July 17th, you may have noticed some familiar faces performing on the field.

Yes, those were members of the Briar Woods Falcon Regiment performing during the pre-game ceremonies. Organizers of the show needed a large cast who knew how to march in choreographed order. Over 40 members of the Falcon Regiment joined other local band members in answering the call...being part of the All-Star game was a special treat.

*The award-winning Falcon Regiment will gather at the school for Band Camp beginning on July 30th to begin rehearsals for this year's show **The Lord of the Rings**.* Parents of band students will meet at 7:00 p.m. on the 30th as well. This is a great time for parents of new Briar Woods students to learn more about the Regiment's plans for the year.

*The Regiment's first performance will be August 31st at halftime of the Falcon's home football game against **North Stafford**.* The whole community is invited to attend the band's on-field show which includes the Falconaire Color Guard captained by Sarah Throne. The Regiment is led this year by Drum Majors Michelle Houchins, Jake Money and Andrew Woo.

Critical fundraising events are also coming up quickly. **Tag Day**, when band members go door-to-door collecting donations, **will be Saturday, September 8th**. The funds raised are used for competition fees, supplies, sheet music, uniform upkeep, special equipment and much more. "The generous donations collected from Ashburn residents on Tag Day are essential to the band's great success," said Band Booster President Laurie Greenbaum. "We are so grateful to those who give to support these young people even when they do not have a student in the band."

The overall Briar Woods Music program is one of the largest and most successful in the state. Besides the Falcon Regiment and Falconaires, the program includes three concert bands, Winter Guard, Winter Drum Line and two jazz bands. The program is led by Mr. Duane Minnick.



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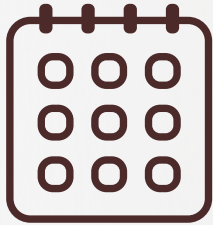
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Special Request - Support Women Giving Back By Donating BOYS Summer Clothing, Sizes 6 - Teen



Collection Bins will be located

AT THE NATURE CENTER DURING JULY AND AUGUST

21907 Claiborne Pkwy, Broadlands, VA 20148

Shorts, Shirts, Shoes, Socks, Belts

or anything a BOY may want to wear during the summer months or to school

*Broadlands Community Outreach is accepting boys summer clothing which will be donated to help the families supported by the non-profit organization **Women Giving Back***



BROADLANDS
community outreach

WGB
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Broadlands Boy's Night Out Doubles Tennis Ladder

Description: We have reserved the Nature Center courts on Sunday nights for a men's doubles ladder.

Participants: Men with NTRP ranking of 3.0 or higher.

Fee: \$20.00 covers the season - balls will be provided.

Format: Three "No Add" scoring sets will be played with a tie break at 5 - 5 in each set. Each set will be with a different partner on your court.

Ranking: A winning percentage for each player is calculated dividing total games won by total games played. A grand total winning percentage will be calculated week by week and the highest percentages will be at the top of the ranking. Courts will be assigned based on the rankings. Court 1 would have the 4 highest winning percentage players, court 2 would then have the second 4 highest winning percentage players, and so on.

When: Every Sunday night starting at 6:00pm, rounds ongoing through September.

Where: Broadlands Nature Center Courts

Contact: To join the ladder or to get further information, contact broadlandstennis@gmail.com or visit the Broadlands tennis website: BroadlandsTennis.org.



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allergyofnova.com



POOL LOCATIONS & HOURS

2018 POOL SEASON



Southern Walk Pool (SW)

43081 Village Drive | 571-223-1331

When School is IN Session:

4:00 pm – 8:00 pm Weekdays only
11:00 am – 8:00 pm Weekends & Holidays

When School is OUT of Session:

11:00 am – 9:00 pm Daily
11:00 am – 8:00 pm Daily; August 1st to Labor Day

Lap Swim at Southern Walk Pool:

5:30 am – 7:50 am Tuesday, Wednesday, Thursday
Begin: Aug 7th End: Aug 23rd

Long Course lap swimming, 8:00 am – 10:00 am on
Saturdays: July 14th, 21st, 28th, Aug 4th



Community Center Pool (CC)

43008 Waxpool Road | 703-724-7830

When School is IN Session:

12:00 pm – 9:00 pm Weekends & Holidays
Closed on Weekdays

When School is OUT of Session:

12:00pm – 9:00 pm Daily

Lap Swim at Community Center Pool:

5:30 am – 7:50 am Tuesday, Wednesday, Thursday
Begin: Jun 19th End: Aug 2nd
(NO lap swim Wed, Jul 4th)



Summerbrooke Pool (SB)

21580 Demott Drive | 703-724-9818

10:00 am – 8:00 pm Daily, from opening day, May 26th
to closing day, September 3rd

NO ONE will be admitted to the pools without their Pool Pass ID, so please do not forget to bring your pool pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check our website at broadlandshoa.org and/or the postings at each pool for any changes to hours of operation.

SPECIAL EVENTS & HAPPENINGS

SW Pool – Events and Hours

Sat, Aug 4	Lap Swim at SW	8:00am – 10:00am
Tues, Aug 7	Lap Swim Tu, We, Th at SW pool – ends Aug 23 rd	5:30am – 7:50am
Mon, Sept 3	LAST DAY POOLS ARE OPEN – Closed Sept 4	
Sat, Sept 8	Pooch Pool Party	9:00am - 1:00pm

CC Pool – Events and Hours

Th, Aug 2	LAST Lap Swim at CC pool	5:30 am – 7:50 am
Mo, Sep 3	LAST DAY POOLS ARE OPEN – Closed Sep 4	



My Go To Salad Bar in the Fridge



We still have plenty of summer left in August, but we are often still on the go with end of the summer trips and gearing up for the start of school. When I prep for the week, I often like to have all my ingredients prepared to make a quick salad during the weekdays, especially in the summer when my routine goes out the window. It really does only take less than an hour to prepare and is well worth it come mid-week. Summer can be one of the easiest times to eat healthy with all of the fresh fruits and veggies that we are surrounded with. The warm weather makes eating a salad so refreshing, and something our body craves in the heat. Making your own salad at home can be a lot more affordable than buying the prepackaged salads at the grocery store, and often times the dressings are not the healthiest with added sugars and fillers.

LEAFY GREENS

Pick your favorite greens!! Some of my favorites are romaine, spinach, arugula, kale, and mixed greens. Choose two varieties and wash and chop to store for the week. Raw leafy greens are very alkaline for the body and provide antioxidants and important nutrients your body needs. Preparing a salad ahead of time ensures that you are getting in enough of your daily greens.

CHOOSE YOUR TOPPINGS

The possibilities are endless when choosing your favorites toppings! I chop an assortment of vegetables, such as cucumber, tomatoes, beets, carrots, cabbage, zucchini, or bell pepper to name a few. To make the process faster I use my salad shooter for veggies like cabbage, carrots, or beets which makes perfect shredded toppings in minutes. Or if you have a spiralizer, you can make the veggies into long noodles, chop and then store. You can also store beans, raw nuts or seeds for additional crunch and healthy fat. You can keep it vegan and still have a substantial salad, or you can add hard boiled eggs or shredded chicken. I started making shredded chicken in my instant pot which saves so much time and makes the chicken

very tender. I also like to make a big batch of quinoa at the beginning of the week to use as a topper or roasted vegetables, which make a nice addition. Roasted sweet potatoes, asparagus, and brussels sprouts make great vegetables to heat and store. Of course, avocados, but I chop that when I eat my salad since it doesn't store very well once opened.

DRESSING

In my opinion a good dressing makes or breaks the salad. I started making my own salad dressing several years ago, and it is one of the quickest and easiest condiments to make. The best part is when you make your own dressing you can adjust the taste and desired sweetness. With only a few ingredients you can have a delicious salad. Unfortunately, there are not too many options at the grocery store that contain clean ingredients without the additional sugar and preservatives. Although I do enjoy Tessamae's brand dressings which are all dairy and soy free. Some options of different dressings include balsamic dressing, honey Dijon, vinaigrette, or a creamy tahini are some of my staples. Ideally, I like to have at least two varieties in the fridge including one creamy kind I can also use as a dip for raw veggies as a snack.

HONEY DIJON

½ cup Dijon mustard
4 tbs apple cider vinegar
4 tbs olive oil
½ cup water
4 tbs raw honey
1 garlic clove
Small knob of fresh ginger
½ tsp pink salt
Mix everything in a blender and store in a glass container for up to a week.

GLASS CONTAINERS

I prefer storing my chopped vegetables and toppings in glass containers since they don't leak any chemicals into the food and they are easy to see through when stored. Plus, I feel like the food stores better in glass vs plastic. They are relatively inexpensive and a great upgrade to replace the plastic containers. Something to think about if you are still using plastic in your home, it is a gradual change but well worth it!

I hope you use this as a guide to finding out for yourself just how easy a little prep at the beginning of the week can set you up for eating healthy when the week gets busy. I always find myself running around in between lunch and I look forward to preparing a quick salad at home and knowing all the work was done ahead of time. All of these ingredients can also be put together and stored at work, just pack the dressings on the side. With the local farmers markets and variety of seasonal vegetables it's very affordable to make your salad at home for the week than eating out or going to a drive-thru for a fast option.

If you have any nutritional questions or need support on your health and wellness journey, please reach out!

By: Crystal Wasilausky, Holistic Health Coach
fuelforyourbelly.com

Fall PTTA Tennis Lessons Schedule



Official Broadlands tennis pros Don Barker and Jeet Bhide are ready for the "Fall" Session! Sign up today!

- All lessons taught by PTR Professional level coaches
- Low student to pro ratio
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EIGHT WEEK TENNIS LESSONS

Fall Session: August 13 - October 7, 2018

1 HOUR JUNIOR LESSONS

- Red Ball Stage 1 (Ages 4-8): Tuesdays at 5:00pm or Sundays at 10:00am
- Red Ball Stage 2 (Ages 4-8): Tuesdays at 6:00pm or Sundays at 11:00am
- Orange Ball Stage 1 (Ages 8+): Thursdays at 5:00pm or Sundays at 10:00am
- Orange Ball Stage 2 (Ages 8+): Thursdays at 6:00pm or Sundays at 11:00am

1.5 HOUR JUNIOR LESSONS

- Green Ball Stage 1 (Ages 10+): Mondays at 5:00pm or Saturdays at 9:00am
- Green Ball Stage 2 (Ages 10+): Mondays at 6:30pm or Saturdays at 10:30am
- Yellow Ball Stage 1 (Ages 12+): Wednesdays at 5:00pm or Saturdays at 9:00am
- Yellow Ball Stage 2 (Ages 12+): Wednesdays at 6:30pm or Saturdays at 10:30am

1.5 HOUR ADULT LESSONS

- Beginner and Advance Beginner: Tuesdays at 7:00pm or Sundays at 8:30am

- Intermediate (3.0 and above): Thursdays at 7:00pm

WEEKLY JUNIOR ROUND ROBIN TOURNAMENT

- Red and Orange Ball: Saturdays, 12:00pm – 2:00pm
- Green and Yellow Ball: Sundays, 12:00pm – 2:00pm

PRIVATE/GROUP LESSONS

Email pro@primetimetennisacademy.com for more information.

Please visit primetimetennisacademy.com for more information or to register for classes. Please contact Jeet Bhide at pro@primetimetennisacademy.com if you have any questions.

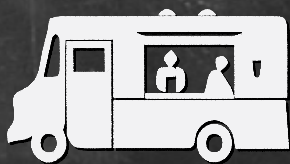


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FOOD TRUCK

SATURDAY, OCTOBER 20TH

10:00_{am} - 2:00_{pm}

NATURE CENTER PARKING LOT

Did You Know...

Non-profit groups can use the Community Center for free by providing community service to the HOA. Thanks to all of the Moms and kids in the MOMS Club that spent their June morning connecting, playing and cleaning up our beautiful community! For further information contact Joanne Hang at (703) 729-9704.



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Have An Antique Car That You're Proud Of and Would Like to Show to Your Community?

Broadlands Community Outreach would like to hold a car show on October 6th, 2018 and we need Broadlands residents to commit to displaying their ANTIQUE cars. If you have an antique vehicle you'd love to display, please contact julie@broadlandshoa.com. This is anticipated to be a free event for Broadlands residents to come enjoy a night of relaxation with neighbors, friends and GREAT CARS.



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2nd Fridays 🌟 May to August 🌟 5:00 PM to 9:30 PM



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Rock, Folk & Blues

5:00: Tony M. Music
6:15: Eli Pafumi
7:30: QOK
7:45: The Woodshedders

JUNE 8

90's, Alternative, Indie Rock & Beat Box

5:00: Yosi Music
6:00: Skyler Gutierrez (*Ashburn's Got Talent* runner-up)
6:15: Wylder
7:45: Keeton

JULY 13

Rock, Pop & Blues

5:00: John Henry The Guitar Man
6:00: Taylor Hart (*Ashburn's Got Talent* winner)
6:15: The Ryan Forrester Band
7:30: QOK
7:45: Patty Reese

AUGUST 10

Classic Rock & Country

5:00: Tracey Eldridge, Music in Motion
6:15: SoHo Down
7:45: Riverside Lights

BYOB, but please leave the glass bottles and drinkware at home. All alcohol must be consumed in the beer garden.

**WHETHER YOU ARE 21 OR 81, YOU MUST
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Visit Broadlandslive.com for details & updates.

BROADLANDS LIVE! FINAL SHOW ON AUGUST 10!

Come listen to some cool tunes in our very own natural amphitheater as the weather warms and the sun stays out longer. We start the evening off at 5 pm with our kids act and end with our headliner starting at 7:45 pm. Bring your dancing shoes and enjoy the awesome vibes of all the performers! Come ready to picnic with food available for purchase from neighborhood favorites Domino's Pizza and Rocoto Gourmet Peruvian Cuisine. Your own personal picnic is allowed but our vendors make your evening that much easier.

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Teen Suicide and Technology technology continued from page 16
overuse from the early 2000's to today mirrors what the research has repeatedly found in this area.

According to the CDC, the suicide rate for teen girls reached its highest point in 40 years in 2015, and it doubled between 2007 and 2015. For teen boys, suicide increased by 30% for this same period of time. Is it a coincidence then that the first iPhone was introduced in 2007 to be followed by more and more intense smartphone, gaming and social media use by teens in the years to follow?

Numerous other studies have revealed a concerning relationship between technology and suicide for teens. One such study found that smartphone use and the use of electronic devices for 5 or more hours daily nearly doubled between 2009 and 2015 for teens. And teens who use technology this much are at a 70% increase to experience suicidal thoughts or actions when compared to teens who reported using electronic devices and smartphones for just one hour a day. Moreover, daily use of social media for teen girls rose from 58 percent in 2009 to 87 percent in 2015, and girls who used social media more frequently were at a greater risk for experiencing depression.

And there are numerous research studies revealing the strong relationship between cyberbullying and teen suicide. For example, one recent study found that teens who have been bullied online are more than twice as likely to self-harm or attempt suicide compared to their peers who have not been victimized. Sadly, it's no longer surprising to learn on the news about a young man or young woman's decision to take their life in response to cyberbullying. This certainly wasn't a problem before 1999.

Technology is ubiquitous, and in my opinion, the constant presence

of it in our teen's lives is the culprit. For many, the public shame, embarrassment, humiliation, self-comparison, and scrutiny by others in real-time via social media can simply be too much to handle. For example, not being invited to a party 20 years ago was something that a teen would learn about and deal with the following week at school, but now the teen is able to follow the night's activities live online.

A break-up can feel like the end of the world to teens, and now they're able to see how easily their ex is moving on; technology allows for the hurt teen to then obsess over their ex from moment to moment. Not making the school play is disappointing, but now teens can voyeuristically learn about the practices and the performances and all the fun they feel they are "missing out on" via other students' social media.

Today, problems like these are broadcasted in real time, leaving teens little to no time to privately process their feelings. The sheer volume of information can be overwhelming for so many teens who are compelled to know what their peers are doing and what they're not doing by incessantly checking their devices. It's difficult to cope with disappointment when disappointment is constantly in your face. Negative news and information (personal and general) are coming at our teens at too fast a pace, and for the emotionally fragile young man or lady who might not possess the emotional bandwidth to manage it, these situations can become dangerous.

Yes, untreated mental illness and the other identified contributing factors for suicide identified by the CDC all continue to be very important. But when it comes to our teens – their happiness and wellbeing, there is no denying that the overuse of technology or misuse has become a major factor that needs

to be taken seriously and addressed.

So, what can we do as parents? First, understanding the teen brain – and its limitations — is a must. For teens, the prefrontal cortex, the area of the brain that forms judgments, weighs decisions and outcomes, controls emotions and impulses isn't fully developed until the mid-20s.

This is why rental car companies don't rent cars to young people until they're 25 years of age. This is also why, in large part, teens sometimes engage in extreme or dangerous behaviors, break rules, push the limits in all sorts of ways and sometimes do unintelligent things online; where adults are able to think things through before acting, teens often rely on their feelings and react spontaneously.

Because of this, and because technology isn't going away, I recommend that parents get more involved by finding out what their teens are up to when it comes to gaming, social media, and other online behavior. Monitoring and setting limits, as well as modeling healthy technology behaviors are a few things parents can actively do to ensure that their teen is doing okay with technology.

Parents of teens who are emotionally sensitive or immature or who have mental health or social/emotional challenges should consider being even more involved by gaining access to their teens' accounts. This will help to hold teens in need of additional support and structure more accountable, and if there is a problem of any kind in regard to technology use, it could possibly be identified sooner than later.

If you or someone you love is at risk for suicide, please don't hesitate to call the National Suicide Prevention Lifeline 24/7 at 1-800-273-8255 for support and guidance.

By Dr. Michael Obeschnider, Psy.D of Ashburn Ashburn Psychologists and Psychiatric Services



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LSCO Reminds Residents of County Ordinances Regarding Peddlers and Solicitors

This time of year Loudoun County residents will likely see an increase in door-to-door solicitors in our area. While many door-to-door salespersons are honest, the chance does exist that you may be taken advantage of if you are not cautious and informed.

All solicitors who operate inside the county are required to register with the Loudoun County Sheriff's Office in accordance with County Ordinance 828.04, except any person who is soliciting funds that are to be used solely for non-profit charitable, religious or community services purposes. As part of this registration, a Virginia criminal background check is completed and information on the solicitor's employer is obtained. Through this process, anyone approved to solicit is issued an identification card showing he/she is a registered solicitor. All solicitors are required, upon request, to provide their identification card to any person they are contacting as a solicitor.

THIS IDENTIFICATION CARD CONTAINS THE FOLLOWING INFORMATION:

- A photo, name and a personal description of the registrant
- A brief description of the nature of the business
- Issue Date
- Expiration Date
- Employer Information & their address

In addition to registering, all solicitors must uphold standards of conduct (County Ordinance 828.08). If a solicitor is found in violation of this section, his/her privileges will be revoked and that individual will not be authorized to solicit within Loudoun County for a period of one year.

Solicitation hours in the county are weekdays from 9:00am to 9:00pm. Soliciting is not permitted on Sunday's or state or national holidays. Solicitors must leave when asked by the property owner. Solicitors must conduct themselves in a lawful and orderly manner and must identify themselves and their purpose of being on the property.

The Loudoun County Peddlers and Solicitor Ordinance can be viewed at the Loudoun County Sheriff's office, sheriff.loudoun.gov or call (703) 777-1021. For any rules that may apply to solicitors within an incorporated town, please check those local ordinances.

Any person who witnesses a violation of the standards of conduct or encounters a solicitor who refuses to provide a county issued solicitor permit, or does not have a permit should contact the Loudoun County Sheriff's Office by calling the 24-hour non-emergency number at 703-777-1021.



Ashburn Volunteer Fire and Rescue August News

Come and join your friends and meet new ones at The Zone - August 9th, 5:00pm-8:00pm located at 43811 Central Station Drive in Loudoun Station for an AVFRD fundraiser. The Zone is a great place to meet friends, there are lots of fun things to do... Fun for all adults... Great food... And Music and Martinis featured. Mention AVFRD and 20% of your tab (minus alcohol) will be donated to AVFRD. You can download a flyer/certificate at ashburnfirerescue.org, or request a flyer at the door.

Pancake Breakfast - August 12th, 8:00am - 11:00am, Founders Hall, Station 6, Ashburn Road. Great opportunity to chow down with family and friends. Enjoy a broad selection of yummy breakfast foods to satisfy hearty appetites (we have paleo and keto friendly options on the menu too!)

Volunteer Firefighters and EMTs needed! Gear up and join the action, admins needed too! Free training, Uniforms & Personal Protective Gear Provided. Benefits: tax savings, retirement benefits, tuition assistance, free training and more. The next meeting will be August 28th at the firehouse, for more details go to <https://ashburnfirerescue.org>

Looking for a place to hold a wedding, meeting, birthday party or other special event? Founders Hall at Station 6, our newly remodeled facility, is now ready for your next event.

A Partial list of Founders Hall at Station 6 Amenities include:

- Easy / Handicapped accessible access
- 3600 square feet of available space (not including kitchen)
- Maximum occupancy: 225
- Air conditioning / Heating
- Modern, accessible restrooms
- Rent kitchen; AV system (\$50 including sound system, screen projector (via HDMI); free Wi-Fi

For more information, visit <https://ashburnfirerescue.org/facilities-apparatus/founders-hall/> or contact Event Coordinator at foundershall@avfrd.net.

Broadlands Area Clubs and Groups

Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email nihanainen@broadlandshoa.com.

ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn.toastmastersclubs.org/.

BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at www.brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BROADLANDS CERTIFIED COMMUNITY WILDLIFE HABITAT

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about the committee work, visit BroadlandsNaturally.org.

ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

We are studying various Women Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at griefshare.org.

INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards for fun once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kids; playgroups, Moms' Night Outs and special interest groups for all. Monthly Member Social

every 2nd Thursday of the month at 10:00am at Broadlands Community Center. Contact membership.momsclub.broadlands@gmail.com.

MOMS IN PRAYER – EAGLE RIDGE AND BRIAR WOODS

Eagle Ridge and Briar Woods Moms are invited to join us to pray for our children and these schools. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres . . . a great way to meet fellow neighbors who share a love a music. For more info email musicontheheights@gmail.com

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

STRESSBUSTERS & MOTHERHOOD (SAM)

Are you interested in connecting with other Loudoun Moms who are seeking less stressful days? SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. Our meet ups are a recharging break that help us slow down and nurture ourselves. We meet monthly on Sunday evenings. For more info email Shea or Erin at LoudounSAM@gmail.com.

TECHNOLOGY COMMITTEE

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



Broadlands Helper List

The **Broadlands Helpers List** is comprised of helpers up to 18 years of age, born in 2000 and later or until the helper graduates from high school. We are continually updating the list. If you would like to be added, please call the HOA office at 703-729-9704 Monday through Friday from 9:00 a.m. to 5:00 p.m. or send an email to nihanainen@broadlandshoa.com.

BABYSITTERS:

Gia Annunziata (2003)	571-333-3303(C)
Brooke Bennett (2003)	597-9270(B)
Nathan Brown (2000)	571-216-6746(B,C,R,F)
Sarah Carman (2002)	571-442-8461(B,C,F,D)
Rachel Cundey (2000)	858-2295
Katie Dorey (2002)	723-4614(B,F)
Megan Ewing (2002)	229-9220(B)
Brooke Hall (2000)	571-333-1338(B,C,F)
Ethan Hall (2001)	282-3431(B,C,R,F)
Nicky Harte (2003)	703-405-5190 (B,C,F)
Gabi Hausch (2000)	501-2355(B,C)
Kori Henry (2000)	858-2320(B)
Hallie Jager (1999)	571-271-4548(B,C,R,F)
Gigi Jernigan (2002)	665-0799(B)
Sameeha Khalil (2001)	571-758-8947(B,C,F)
Grace Karl (1999)	571-258-9223(B,C,F)
Amanda Lang (2000)	571-291-2639
Rachel Lawrence (2001)	489-7800(B)
Clare Lewis (2001)	571-528-0970(B,F)
Chloe Marshall (2002)	724-9790(B)
Olivia Marshall (2000)	724-9790(B)
Caitlin Nee (2001)	867-3663(C,F)
Kylie Nulf (2002)	723-1008(B,C,R,F)
Claire Oberg (2001)	723-7489(B)
Katherine Oliver (2003)	919-5807(B)
Lauren Powell (2005)	297-2897(B)
Zac Richmond (2000)	571-230-7323
Madelyn Sica (2000)	539-0118(B)
Karli Simpson (2001)	201-2164(B)
Logan Speckhard (2002)	571-232-6700(B)
Madison Stone (2000)	571-266-9629(B,CR,F)
Maya Sunderraj (2001)	858-0240(B)
Tara Swamy (2000)	571-246-2810
Katelyn Walden (2005)	571-212-1204(B,F)
Madeline Walden (2003)	202-999-8346(B,F)
Ashley Wintermute (2002)	571-528-7562(B,C,F)

KEY:

(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

(D) Dog & Cat (Pet) First Aid

*All area codes are 703 unless noted.



MOTHERS HELPERS:

Gia Annunziata (2003)	571-333-3303(C)
Emily Brown (2002)	571-216-6746(B,C,R,F)
Sarah Carman (2002)	571-442-8461(B,C,F,D)
Lauren Cundey (2004)	858-2295
Katie Dorey (2002)	723-4614(B,F)
Megan Ewing (2002)	229-9220(B)
Ethan Hall (2001)	282-3431(B,C,R,F)
Nicky Harte (2003)	703-405-5190 (B,C,F)
Kori Henry (2000)	858-2320(B)
Hallie Jager (1999)	571-271-4548(B,C,R,F)
Gigi Jernigan (2002)	665-0799(B)
Sameeha Khalil (2001)	571-758-8947(B,C,F)
Julianna Lang (2005)	571-291-2639
Rachel Lawrence (2001)	489-7800(B)
Chloe Marshall (2002)	724-9790(B)
Olivia Marshall (2000)	724-9790(B)
Caitlin Nee (2001)	867-3663(C,F)
Claire Oberg (2001)	723-7489(B)
Abby Patterson (1999)	571-333-1583
Lauren Powell (2005)	297-2897(B)
Taylor Price (2004)	571-243-0352
Madalyn Sica (2000)	539-0118
Karli Simpson (2001)	201-2164(B)
Logan Speckhard (2002)	571-232-6700(B)
Madison Stone (2000)	571-266-9629(B,CR,F)
Katelyn Walden (2005)	571-212-1204(B,F)
Madeline Walden (2003)	202-999-8346(B,F)
Ashley Wintermute (2002)	571-528-7562(B,C,F)

Broadlands Helper List

YARD WORK:

Colin Battles (2003)	858-9520
Rockland Brown (2002)	408-6094
Christian Clement (2000)	723-6479
Connor Hall (2003)	963-9813
Ethan Hall (2001)	282-3431

PET SITTERS:

Gia Annunziata (2003)	571-333-3303(C)
Colton Auch (2005)	729-3508
Lexi Blair (2000)	858-7295
Rockland Brown (2002)	408-6094
Sarah Carman (2002)	571-442-8461
Alyssa Chiado (2000)	729-6824
Lauren Cundey (2004)	858-2295
Rachel Cundey (2000)	858-2295
Matt Dennen (1999)	723-1538
Katie Dorey (2002)	723-4614
Ashley Fahrenholz (2004)	586-8419(D)
Rose Freeman (1999)	463-8201
Connor Hall (2003)	963-9813
Ethan Hall (2001)	282-3431
Gabi Hausch (2000)	501-2355
Hallie Jager (1999)	571-271-4548
Sameeha Khalil (2001)	571-758-8947
Amanda Lang (2000)	571-291-2639
Clare Lewis (2001)	571-528-0970
John McAleer (2003)	722-2258
Kylie Nulf (2002)	723-1008
Matthew Nulf (2002)	723-1008
Sharat Paka (2002)	571-333-6366
Sam Patterson (2001)	571-333-1583
Jamie Peckman (2004)	307-4661
Taylor Price (2004)	571-243-0352
Madalyn Sica (2000)	539-0118
Karli Simpson (2001)	201-2164
Logan Speckhard (2002)	571-232-6700
Madison Stone (2000)	571-266-9629
Maya Sunderraj (2001)	858-0240
Katelyn Walden (2005)	571-212-1204(B,F)
Madeline Walden (2003)	202-999-8346(B,F)
Adam Wittenburg (2000)	975-5626



In Case You Need a Hand . . .

NON-EMERGENCY

Ashburn Fire	703-729-0006
Dominion Virginia Power	888-667-3000
Fire Marshall	703-777-0333
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-3333
State Police	703-771-2533
Washington Gas	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)	1-703-753-5521
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Snow Removal:

• VDOT Streets	703-383-8368
• HOA Streets	703-729-9704
Trash Pickup (Patriot Disposal)	1-703-257-7100
Southern Walk Association – OpenBand:	
Billing – Traci Tranquilli, FirstService Residential	
traci.tranquilli@fsresidential.com	703-385-1133
OpenBand Customer Service 24x7	866-673-6226
OpenBand Trouble Tickets	703-961-1110
Towing (Battlefield Towing)	703-378-0059

PUBLIC INFORMATION

Animal Control/Shelter	703-777-0406
Building Permits & Dev.	703-777-0397
County Landfill	703-771-5500
DMV (VA)	800-435-5137
DISH	888-656-2461
DirectTV	800-531-5000
Health Department	703-777-0236
Library (Ashburn)	703-737-8100
Loudoun Ride On	703-777-2708
Loudoun Hospital	703-858-6000
Miss Utility	800-552-7001
Metro	202-637-7000
Parks and Recreation	703-777-0343
Ridesharing	703-771-5665
Road Conditions	800-367-7623
School Board	571-252-1000
Street Signs/Storm Drains	703-771-5666
VDOT	703-383-8368
Van Metre Homes	703-348-5800
Verizon Fios	888-553-1555
Xfinity/Comcast	800-934-6489
Wildlife Hotline (local)	703-440-0800

SCHOOLS - BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	571-252-2140
Hillside Elementary School	571-252-2170
Mill Run Elementary School	571-252-2160

ARTS/MUSIC

PIANO LESSONS: Beginner Beginner to advanced piano lessons taught by classical trained piano teacher with 15 years of teaching and performing experience. Students have opportunities to piano recitals and events. Serious inquiry please. Call 703-463-8215 or email to: info@lospiano.com.

SAXOPHONE AND CLARINET LESSONS: Instructor has a Music Degree and 20 years' performing and teaching experience. Recipient of three awards from the DC Commission for the Arts. Lessons available in your home. References. Call 703-777-4352 or email NoteMagic777@gmail.com.

EDUCATION/PRESCHOOL

COOPERATIVE PRESCHOOL OF LOUDOUN: CLP is a non-profit family participation pre-school. Our play-based approach encourages curiosity and discovery. We are enrolling 3-5 year-old children for the 2018/19 school

year. Join our community! cplkids.org. Contact Contact us at programdirector@cplkids.org.

GROWING MINDS PRESCHOOL: A home based, state licensed preschool located in Broadlands is currently enrolling for all of its programs for the 2018/2019 school year. Growing Minds offers part-time programs for 2 ½, 3, and 4-year-olds. For more information or to set up a tour, please contact Judi Ratcliffe at judi.gminds@gmail.com or (571)216-4663.

INSTRUCTION - TUTORING

FORMER LOUDOUN COUNTY MATH TEACHER: Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Statistics, Pre-Calculus and Calculus. SAT prep and test taking strategies for strategic placement tests such as the ASVAB, and nursing. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-919-1674 or email vchu_911@yahoo.com. Please visit: A1mathtutor.weebly.com.

NEED MATH HELP? I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438 or email me at: aplustestprep@verizon.net.

HEALTH/FITNESS/WELLNESS

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HOME: Get fit now with my 28+ yrs. experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; yoga/Pilates; all ages/fitness levels. Safe/effective. Equip provided. Free phone consult, special intro offer! Stephanie Gotfried 703-542-2595; stephaniegotfried@gmail.com; fitnessstogova.com.

JOYOGA: New class begin on Tuesday, September 4. Please go to joyoga.us to register for the class or classes you would like to attend. We look forward to meeting you. Questions, call 703-850-8386.

SWIM LESSONS: Swimming's an important skill that could save your life someday. If you have a financial need, and cannot afford swim lessons, I can give lessons to your child for free. I'm 16, and a certified lifeguard. Call Jeffrey at 703-615-5370.

HOME SERVICES

ASHBURN ELECTRIC: Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

BROADLANDS

HOW TO PLACE A CLASSIFIED AD

1. Submit a completed Classified Insertion Order Form which can be found on our website at broadlandshoa.org/newsletter.
2. Classified ads are limited to 40 words maximum and the text should be emailed to ads@broadlandshoa.com.
3. Payments can be made on our website at broadlandshoa.org/newsletter by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

MONTHLY RATES:

- **Resident Rates** - \$10.00 per ad (For Sale ads are free for Residents only)
- **Non-Resident Rates** - \$25.00 per ad

No cancellations are permitted after the deadline. For more information, contact the Advertising Manager, Stassa Collins at ads@broadlandshoa.com or 703-729-9714.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

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MARKETPLACE

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Broadlands Community Info . . .

BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148

Main: 703-729-9704 Fax: 703-729-9733

broadlandshoa.org ♦ info@broadlandshoa.com

HOA & Nature Center Office Hours: Monday – Friday, 9:00am to 5:00pm

General Mailbox: info@broadlandshoa.com

Nature Center Hours: First & third Saturdays, 10:00am to 2:00pm

ASSESSMENT INFORMATION OFFICE

Firstservice Residential: Payments and Resale Docs

Main: 703-679-1541 Fax: 703-591-5785

fsresidential.com ♦ customerservice.dcmetro@fsresidential.com

Mail Payments To:

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

BROADLANDS ASSOCIATION STAFF

General Manager: Sarah Gerstein ♦ sarah@broadlandshoa.com

Covenants Manager:

Suzan Rodano ♦ covenants@broadlandshoa.com

Newsletter Editor & Events Committee Liaison:

Natalie Ihanainen ♦ events@broadlandshoa.com

Newsletter Advertising Manager & Communications Coordinator:

Stassa Collins ♦ scollins@broadlandshoa.com

Secretary to the Modifications Subcommittee:

Robin Crews ♦ rcrews@broadlandshoa.com

Administrative Specialist, Pool Liaison:

Julie Holstein ♦ julie@broadlandshoa.com

Reception:

Joanne Hang ♦ joannehang@broadlandshoa.com

Naturalist: Erin Fairlight ♦ naturalist@broadlandshoa.com

BOARD OF DIRECTORS

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Tania Marceau ♦ 571-331-4381

Todd Parsons ♦ 703-936-9309

Joseph T. Wagner ♦ 571-333-0821

COMMITTEES

Broadlands Live Concerts: Tammy Wells, Angela Rabena ♦ broadlandslive@broadlandshoa.com

Community Wildlife Habitat: Oya Simpson ♦ osimpson@broadlandsnaturally.org 703-725-8040*see Clubs & Groups

Events: events@broadlandshoa.com

Swim Team: broadlandsswimteam.org

Technology: Dawne Holz ♦ deholz@icloud.com*see Clubs & Groups

Tennis: Brad Marcus ♦ bradmarcus@gmail.com

Advertising Directory

EDUCATION

BeanTree Learning/The Pavilion.....	31
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BROADLANDS

Newsletter Advertising Rates and Sizes

COLOR DISPLAY ADS

Size & Location • Rates are per issue

All ads will be full color (if provided in color)

INSIDE PLACEMENTS:

	PRICE Month to Month	PRICE 6+ Months Prepaid Discount	PRICE 12+ Months Prepaid Discount
• Eighth Page (3.75" wide x 2.41" tall).....	\$125	\$100	\$75
• Quarter Page (3.75" wide x 5.00" tall)	\$225	\$215	\$200
• Half Page.....	\$430	\$400	\$375
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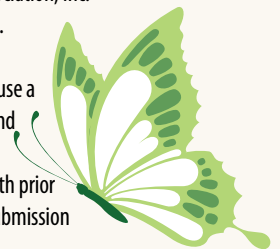
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OUTSIDE COVER PLACEMENTS (Contact for Availability):

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• Half Page.....	\$475	\$455	\$435
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• Full Page.....	\$1050	\$950	\$900
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SUBMISSION INFORMATION FOR DISPLAY ADVERTISERS

- Visit our website at broadlandshoa.org/newsletter to obtain an Insertion Order Form and email to ads@broadlandshoa.com or mail to Broadlands Association, Inc.
- Email camera ready ad in PDF format to ads@broadlandshoa.com. Ad must be in our specs shown above.
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.
- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
- Newsletter is printed in full color. Rates shown are monthly. No cancellations after the initial deadline are permitted.



Broadlands Homeowners Association

21907 Claiborne Parkway • Broadlands, Virginia 20148

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