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NOVEMBER 2018



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# BROADLANDS



## IN THIS ISSUE:

|  |    |
|--|----|
| Revised Basketball Hoop and Landscaping Guidelines ..... | 6  |
| Potions Class Yearlong Series.....                       | 7  |
| Homecoming Photos.....                                   | 11 |
| Lantern Walk.....  | 12 |
| Tips From the Landscaping Conservation Committee.....    | 14 |
| Under the Stars.....                                     | 15 |
| Bridging Broadlands with Eagle Ridge.....                | 16 |
| ADHD: Why Does My Kid Do That .....                      | 18 |
| Holiday Appetizers and Wine .....                        | 22 |
| Comfort Cases.....                                       | 24 |
| Visit with Santa .....                                   | 27 |

## EVERY MONTH

|                                |    |
|--------------------------------|----|
| Board Meeting Highlights ..... | 3  |
| This Month's Calendar.....     | 4  |
| Manager's Message.....         | 5  |
| Modifications Information..... | 6  |
| Covenants Corner.....          | 8  |
| Recipe Page .....              | 19 |
| Clubs & Groups.....            | 29 |
| Helper List.....               | 30 |
| Classifieds.....               | 32 |

Cover photo courtesy of Oya Simpson

## Broadlands Association Board of Directors Meeting

Tuesday, November 13th - 6:00p.m.

The Clubhouse

43360 Rickenbacker Square

## Board of Directors Meetings

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

## Board Meeting Highlights

The following actions were taken by the Board of Directors at their October 9th meeting:

- Approved the amended minutes of September 11th, 2018 meeting
- Discussed meeting with LCPS and Broadlands residents regarding the Waxpool school
- Discussed vandalism in the community
- Noted the success of the Car Show, Comfort Cases program, and Electronics Recycling event
- Discussed aging street trees
- Discussed turning the Community Center baby pool into a sports pool
- Approved the recommendation from the Technology Committee for Mountain View Solar to install solar panels on the Nature Center roof, as well as the necessary transformer upgrade from Dominion Energy
- Agreed not to remove Boy Scout "Scouting for Food" signs, provided they are not out for more than seven days
- Discussed a common area parking concern
- Discussed a trail addition request
- Did not approve an In Home business application
- Approved proposal from NV Pools for a cover for the Community Center pool
- Approved proposal from HLS for landscape enhancements in select common areas
- Approved proposal from HLS for stump removal in select common areas
- Approved proposal for the Nature Center roof replacement from Arocon Roofing
- Approved two and denied one partial fee waiver requests
- Wrote off small balances
- Approved employee compensation packages



# NOVEMBER 2018

| SUNDAY  | MONDAY  | TUESDAY                                | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   |
|---|---|--|--|--|---|--|
|   |   |  |  | 1<br>Troop 2970 hosting<br>flag retirement<br>ceremony<br>6:30pm - HP  | 2   | 3<br>Come Walk with Me<br>8:30am-NC<br><br>Nature Center Open<br>10:00am-2:00pm  |
| 4   | 5   | 6                                      | 7<br>Modification<br>Subcommittee<br>Submissions Due<br>12:00pm - NC   | 8  | 9<br>Newsletter<br>Submissions<br>Due by Noon                             | 10<br>Come Walk with Me<br>8:30am-NC<br><br>Diwali 5k Lantern<br>Walk<br>5:00pm - Meet at NC<br><br>Middle Schoolers<br>Dance<br>6:00pm - CC |
| 11  | 12<br>The Nature Center<br>and HOA offices are<br>closed for Veterans Day | 13<br>HOA Board Meeting<br>6:00pm - CH | 14<br>Modification<br>Subcommittee<br>Meeting<br>7:00pm - NC<br><br>Tech Committee<br>Meeting<br>7:30pm - NC | 15<br>Events Committee<br>Meeting<br>6:30pm - CH   | 16  | 17<br>Come Walk with Me<br>8:30am-NC<br><br>Nature Center Open<br>10:00am-2:00pm   |
| 18<br>Painting and Pino<br>Holiday Craft<br>2:00pm - CC | 19  | 20                                     | 21<br>The Nature Center<br>and HOA offices<br>close at 12:00pm for<br>Thanksgiving                           | 22<br>The Nature Center<br>and HOA offices are<br>closed for Thanksgiving<br>- please see page 7 for<br>the trash and recycling<br>collection schedule | 23<br>The Nature Center<br>and HOA offices are<br>closed for Thanksgiving | 24<br>Come Walk with Me<br>8:30am-NC   |
| 25  | 26<br>SW Board Meeting<br>6:30pm - CC                                     | 27                                     | 28   | 29<br>Untamed Reads<br>5:30pm - NC   | 30  |  |

**Key:** CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool



# Vandalism in Our Community

While vandalism isn't my favorite subject to discuss, we've seen our fair share recently and it becomes necessary to address once again. We notice spikes in vandalism every time there is a break from school. We got hit hard over Columbus Day weekend, but have continued to have issues throughout October and expect it to continue over the Thanksgiving and Christmas holidays.

*These acts of vandalism cost the association valuable resources, from staff time contacting the sheriff's department and filing police reports to paying contractors to clean up the mess.*

We see everything from spray painting on overpasses, streets, sidewalks, tunnels, and tot lots, to the breaking of light fixtures in the tunnels and tennis courts, setting fire to things, knocking over light poles on the walking trails, breaking into the pools and throwing the deck furniture into the deep end, burning holes in the pool covers with cigarettes, putting firecrackers into and smashing mailboxes, tipping over or stealing portable restrooms, and stealing fire extinguishers from Broadlands Live tents. We've even had instances of people breaking into the pools and walking on the pool covers and falling through.

These acts of vandalism cost the association valuable resources, from staff time contacting the sheriff's department and filing police reports to paying contractors to clean up the mess. These efforts take resources away from other association funded activities and improvements. Nobody wants to take their young child to a tot lot for a play outing, only to find the slide covered in phallic symbols. The association has and will continue to press charges against those caught in the act and will cooperate with the sheriff's department in



these cases. I have been subpoenaed as a witness for hate crimes that have taken place on association property. I have called parents who thought their children were safe at a sleepover but snuck out and have been caught trespassing in the middle of the night. I have taken calls from residents who have heard the teens yelping when jumping off the diving board into the chilly waters of the Southern Walk pool in the fall after the pools have been partially drained, which could easily lead to a broken neck or back.

The association contracts with an independent security company to help patrol the community and they have helped to catch vandals; however, they cannot be omnipresent. We rely on our residents to help keep an eye on our precious assets and speak to and know the whereabouts of children. If we make ourselves aware of the issues affecting our surroundings, we can keep Broadlands a vibrant and safe community. To report suspicious activity, contact the Loudoun County non-emergency number at 703-777-1021.

Cheers,

*Sarah*

Sarah Gerstein, CMCA, AMS, LSM, PCAM  
General Manager

## Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by noon on the Wednesday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com) or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions. Please review these guidelines and the updated changes on our website. Visit [broadlandshoa.org/for-residents/designguidelines](http://broadlandshoa.org/for-residents/designguidelines) for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

## How Am I Notified of My Results?

Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. Please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from [no-reply@smartwebs365.com](mailto:no-reply@smartwebs365.com) should you wish to add this email address to your contact list to ensure prompt delivery.

## Modifications Subcommittee Submission and Meeting Dates

| Submission Deadline | Meeting Date  |
|---------------------|---------------|
| November 7th .....  | November 14th |
| December 12th.....  | December 19th |
| January 9th .....   | January 16th  |
| February 13th.....  | February 20th |
| February 27th.....  | March 6th     |
| March 13th .....    | March 20th    |
| March 27th .....    | April 3rd     |

## Revised Design Guidelines

### Basketball Goals

Before purchasing a portable or fixed basketball goal it is strongly recommended to read the general and specific design guidelines first.

Portable and fixed basketball goals do not need an application as long as they meet the following requirements:

- Basketball goal must be located above the driveway apron and out of the VDOT right-of-way which extends approximately ten feet from the street towards your home.
- For single family homes, no part of the base can be closer than 3 feet from the property line and must be at least 20 feet from the nearest neighboring house wall.

Please be aware; any basketball goals that include lighting, side post netting or any other accessories etc., require an application.

Due to the proximity of units, the permanent (in ground) installation of basketball goals are not permitted in attached housing.

Please refer to the basketball goal design guidelines for further specific details and submission requirements at [broadlandshoa.org](http://broadlandshoa.org). Click on design guidelines under the "For Residents" tab.



### Landscaping

Any planting bed or vegetables garden borders taller than 10" requires an application.

Mulch in front or rear fenced yards of townhouse properties does not require an application. However, mulching a townhouse rear yard without a fence is not permitted.

Please refer to the landscaping design guidelines for more revised guidelines and submission requirements at [broadlandshoa.org](http://broadlandshoa.org). Click on design guidelines under the "For Residents" tab.



## Thanksgiving Holiday Trash and Recycling Schedule

On Thanksgiving Day, there will be no pickup that day. Trash collection will resume on the Monday following the holiday and recycling collection will resume the following Thursday. Both services will be suspended for the day and then resume on the next regularly-scheduled pickup day for each type of waste.

## Broadlands Mobile App

Visit your app store to download the Broadlands App on your mobile device to stay updated and informed on important community announcements and events. Some of the features include:

- Important HOA announcements
- Push notifications (i.e. pool closings, trash collection changes, etc.)
- Storing your family's pool passes on your phone
- Access to our calendar of events

## Go Green and Opt Out

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email **OptOut@broadlandshoa.com** and be sure to include your address.

You will no longer be mailed a hard copy, but will be emailed a link to the online version. This option saves money and valuable natural resources such as trees. We encourage all residents to enroll in paperless newsletters.

## Broadlands Blast

Interested in getting up to date community news in between monthly newsletters? Sign up for our e-bulletin, the Broadlands Blast, online at [broadlandshoa.org](http://broadlandshoa.org) in the upper right corner on our website.

## Be a Good Neighbor

When using a snow blower, please blow your driveway snow onto your own lawn. Do not blow onto your neighbor's property, the street or the sidewalk.

## Feeling Political?

Per Broadlands guidelines no more than three political campaign election signs are allowed and each sign shall not exceed a maximum of four (4) square feet. These signs may be placed no more than 60 days prior to an election date and must be removed 5 days following the election. No application is required for these signs.

## Modifications Subcommittee Seeking Volunteer

The Modifications Subcommittee is seeking for a volunteer to join their dynamic group of individuals. As a member, you will help maintain aesthetics and encourage consistency throughout the community. If you are interested in joining this committee please email Robin Crews at [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com).

## Potions Class Yearlong Series in 2019

Thanks to the crowds that have come to our potions events for the last 4 years we are beginning a monthly potions (herbal preparations) series for the entire year of 2019. You may purchase this series of classes as a package for \$150 or simply come to each class that interests you for \$20 apiece. This will allow us to focus on specific herbs for specific needs: digestion support, sleep aids, stress reducers, emotional balance, immune-support, two outings gathering and preparing our herbs that grow here in our own backyards, and two fun potions classes where we will make gifts toward the end of the year. Purchasers of the Potions Class series will be given the potions of any classes that they missed included in their tuition for the year even if they are not able to come and make the preparations with us the day of the class. Classes will be held the second Saturday of most months with a few exceptions on the first Saturday of the month. Perfect gift for your little chemist, Harry Potter enthusiast, or anyone wanting to reclaim their health with a little more knowledge of what is available in plant formulas. Gift Certificates are available.

## Editors Note

The October newsletter cover was of a Broadlands resident and prior year winner of our annual Halloween Decorating Contest. He hand makes all of his decorations and made this one in honor and as a tribute to Robin Williams. The photo was never intended to cause our dear residents sadness nor grief.

## Looking to Connect With More People in the Neighborhood?

Do you like having fun and meeting new people? Then join the Events Committee! We are a great group of gals and guys who plan the awesome events that the HOA hosts year 'round.

All you need to do is show up and be ready to have fun! Email [events@broadlandshoa.com](mailto:events@broadlandshoa.com) for more information.

## October Events Committee Meetings Thursday, November 15th

6:30 pm at the Clubhouse  
43360 Rickenbacker Square

## Scoop the Poop...

Residents frequently express concern that not everyone is taking the time to pick up their pet's waste in the neighborhood. Please ensure that your family members realize how important it is to be a responsible pet owner:

Dog poop is not natural, especially in the quantities that are generated by pets. It harms the environment and threatens public health.

Forgot your waste bag? No worries! ***The Broadlands HOA has more mutt mitt stations to offer residents than any other surrounding community - currently 78.***

Don't want to carry it with you? No problem, most of our mutt mitt stations have trash cans attached.

Even if your dog poops in the woods, you still need to clean it up. Not only is it unsightly, it can get into streams and into the water supply.

It's the law! Is it a violation of the Association Declaration, Article 8, Section 8.2(q) to not pick up your pet's waste, it is also a county ordinance violation. Please reference Loudoun County Ordinance, Chapter 612.19, Section a (9) Dog waste.

## Covenants Corner

### Lawn Maintenance Violation Notices

Due to heavy rains, the lawn maintenance issues continue. We will continue to focus on both the front and rear lawns throughout November.

### Light the Night

During the month of November, the covenants inspectors will focus on homes whose pole lights in their front yards are burned out. As winter rapidly approaches and the days get shorter, it is more important than ever to keep your exterior pole light functioning both for security and safety purposes.

In accordance with the Association Documents, should you fail to bring your lot into compliance, the Board of Directors may take action to enforce compliance. If a violation is noted, the owner will be mailed a letter providing thirty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fourteen day extension. If the violation remains unresolved, a Hearing Notice is sent and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10 per day for a maximum of 90 days.

Keeping these lights functional is the responsibility of the homeowner whether you own a single family, semi-attached or a town home. Should replacing the light bulb not resolve the problem, you may have a tripped circuit breaker in your home or you may need to replace the photoelectric cell. An electrician can help you. The HOA does not provide this service.

Keep your pole lights operational and keep your home and neighborhood safe.

If you have questions regarding this processes, or have corrected the violation(s), please contact the Covenants office at [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com) or Suzan Rodano, Covenants Manager at 703-729-9704, option 2.



***Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.***

***This helps preserve the property values for home ownership, promotes community harmony and ensures the high standards of living that our residents have come to expect are maintained.***



# The Greg Wells Team

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|---------------------------|------------|------------|---------|-----|
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| 43146 Crosswind Ter       | \$435,000  | \$435,000  | \$0     | 24  |
| 43183 Riders Sq           | \$474,990  | \$474,500  | \$0     | 4   |
| 21913 Sweet Bay Ter       | \$475,000  | \$475,000  | \$5000  | 13  |
| 22033 Avonworth Sq        | \$505,000  | \$505,000  | \$4700  | 3   |
| 21359 Gentle Heights Ct   | \$750,000  | \$750,000  | \$0     | 16  |
| 42729 Ridgeway Dr         | \$775,000  | \$740,000  | \$0     | 62  |
| 42867 Meander Crossing Ct | \$794,990  | \$785,000  | \$2500  | 8   |

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## 2018 District 10 Leadership Conference Needs Help

Briar Woods DECA would love your assistance at the upcoming 2018 District 10 Leadership Conference on November 10th at Riverside High School. Briar Woods is part of DECA District 10, which includes the following schools: Broad Run, Briar Woods, Freedom, Park View, Potomac Falls, Riverside, and Tuscarora.

This year we are in need of Judges AND Proctors for our event. Job explanations are below. If you are interested in helping at Riverside High School, please complete this google form: <https://goo.gl/forms/dfzeyfvHhszE3ihO2>. If you have any friends or family members that you think would also be interested in judging/proctoring, please direct them to complete the Google form as we are always looking for help.

Thank you so much for your continued help and support of the Loudoun County DECA program – without amazing volunteers such as yourself, we cannot host such a great event each year!

Heather Van Dyke (Heather.VanDyke@lcps.org)

Renae Sterling (Renae.Sterling@lcps.org)

Christina, and the BWHS DECA members

### JOB DESCRIPTIONS:

#### JUDGES:

- 1) The event takes place on Saturday, November 10th at Riverside High School (19019 Upper Belmont Pl, Leesburg, VA 20176)
- 2) Judges should arrive at 8:00AM and will begin training promptly at 8:15AM
- 3) Judges will be provided breakfast and most importantly coffee
- 4) Judges should dress business casual (students will be dressed in business attire)
- 5) Judges will receive a sample role play event via email during the week prior to the event
- 6) Judges will begin judging competitors at approximately 9:00AM and events will conclude at various times during the morning depending on the number of competitors in each event
- 7) All events should be concluded by 1:00PM
- 8) All future emails will come from the Judge Coordinator - Mark Murray at Freedom High School - mark.murray@lcps.org so please make sure that email address does not go to your spam or clutter. As we approach the event date, more information and reminders will be sent as needed.

#### PROCTORS:

- 1) The event takes place Saturday, November 10th at Riverside High School (19019 Upper Belmont Pl, Leesburg, VA 20176)
- 2) Proctors should arrive at 8:00AM and will begin training promptly at 8:15AM
- 3) Proctors will be provided breakfast and most importantly coffee
- 4) Proctors should dress business casual (students will be dressed in business attire)
- 5) Proctors will begin proctoring competitors at approximately 8:50AM and events will conclude at various times during the morning depending on the number of competitors in each event
- 6) Proctors Duties:
  - Greet competitors at the event site
  - Provide competitor with the role play, pencil and scratch paper
  - Ensure that competitors have no more than 10 minutes to review and prepare
  - Dispose of all notes that the student take into the role play when the student exits
  - Maintain a silent area for event preparation
- 7) All events should be concluded by 1:00pm
- 8) All future emails will come from the Judge Coordinator, Mark Murray from Freedom High School, mark.murray@lcps.org. Please make sure that email address does not go to your spam or clutter. As we approach the event date, more information and reminders will be sent as needed.

## Oh What a Great Night, Briar Woods Homecoming







## BROADLANDS NATURE PROGRAMS

# Broadlands Lantern Walk

## Saturday, November 10th at 5:00pm

In honor of Diwali, Festival of Lights, our traditional November community walk will be an evening lantern walk beginning at the Nature Center. Bring your own glow sticks and flashlights or purchase lanterns from our 4-H youth to take on the walk as we wander our local trails together.

**This is a FREE EVENT, however, lanterns are \$10 each and can be purchased at [broadlandshoa.org/lanternwalk18](http://broadlandshoa.org/lanternwalk18)**

*Pets, strollers, fast, and slow walkers are all invited.*



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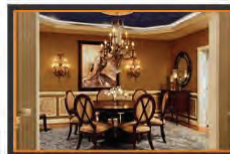
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## ***Does your child struggle with reading? Does homework take forever?***

One out of four children struggle with reading and learning  
because of eye coordination & eye movement problems

### **Symptoms of a Vision Problem:**

- Doesn't like to read
- Skips or rereads lines
- Slow, difficult time reading
- Headaches
- Fatigue, frustration, stress with reading/homework
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## Tips from the Conservation Landscaping Committee

I don't know about you, but I really enjoy watching the antics of the birds in my yard. They are so much fun! Coming from a conservation landscape perspective, I wanted to learn how to attract more and varied types of birds to my yard. There are so many resources available in print or online! One of the key points I kept reading about was the importance of sources of food and shelter. Native plants really are the best way to provide for the birds and pollinators that you want to attract to your conservation landscape.

What's the difference between conventional and conservation landscaping? A conservation landscape includes plants that are native to the area compared to ones that originally came from Europe or Asia. Native plants species are adapted to conditions right in your backyard and don't have the same need for extra water (after an establishment phase of course), fertilizer and pesticides that an import would. How is a bunch of native plants going to get more birds into my yard you ask? Invasive and non-native species are the uninvited party guests that no one knows or how to get rid of. These plants utilize the resources and space that our native plants need to provide for our local birds and insects. They don't have the natural predators in our own backyards and cost us many, many dollars to remove them.

If you plant them, they will come... Fill the garden with native trees, shrubs, grasses, flowering plants and ferns to feed the birds with seeds, berries and nuts. Feed the birds with insects - Birds need the protein from insects that live on these native plants as well. Some of the caterpillars of the butterflies and moths that need the same plants the birds enjoy become baby bird food. Don't worry about the caterpillars eating all the leaves and flowers from the plant, because the amount that they chew is barely noticeable. All the birds that call your yard home pay their rent by eating those bugs and grubs that you don't want. Now you don't need to use pesticides!

According to research done by Dr. Douglas Tallamy

(Bringing Nature Home, 2009) some top plant options to consider for developing a habitat garden for butterflies and pollinators are:

Trees: Oaks, Cherry, Willows, Birches, Crabapples, Blueberries, Maples, Elms

Perennial Flowers and Grasses: Goldenrods, Asters, Sunflowers, Pyeweed, Bonesets, Morning Glories, Sedges, Honeysuckles (NOT the invasive Japanese Honeysuckle bushes & Vines!), Lupines, Violets, Geraniums, Coneflowers

According to Dr. Tallamy's studies listed in the Habitat Gardening for Wildlife guide (2015) for Virginia Master Gardeners, some of the best flowering plants to include in the garden are Clustered Mountain Mint, Coastal Plain Joe Pyeweed, Stiff Goldenrod, Swamp Milkweed, Grey Goldenrod, Rattlesnake Master, Blue Mistflower, Showy Aster and Dwarf Blazingstar.

What else can be done to attract the colorful birds? The plantings of shrubs and trees provide both protective cover and nesting locations. Arranging the plants in layers from high to low, attracts many different kinds of birds to the same spaces. Birds need water to drink and bathe in and protection from cats.

Not sure where to start with your design? That, my friends, is the topic of NEXT month's article! (If you want to jump ahead, here is a new-to-me website: <http://lgnc.org/project/native-plants-for-the-small-yard/>).

Until next month,  
*Karyn Thompson, Landscape Designer*  
*Conservation Landscape Committee Member*

### Next Conservation Landscape Committee Meeting

November 13, 2018 at 10:00am  
42927 Cloverleaf Court, Broadlands

"Basically we play in the dirt, make the gardens prettier and better for wildlife and figure out ways to convert the status quo of landscapes."



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# Under the Stars

SATURDAY, NOVEMBER 10, 2018 • 6:30 – 9:00 PM  
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PURCHASE YOUR \$5 PER PERSON TICKET(S) BY FRIDAY, NOVEMBER 2ND  
AND DOWNLOAD THE PERMISSION SLIP TO COMPLETE, PRINT OUT AND BRING WITH YOU  
AT [BROADLANDSHOA.ORG/SCHOOLDANCE2018](http://BROADLANDSHOA.ORG/SCHOOLDANCE2018)

ALL TICKETED GUESTS WILL BE CHECKED IN AT THE DOOR/RED CARPET AGAINST TICKETED GUEST LIST  
ALL PARTICIPANTS MUST BRING A PARENT PERMISSION SLIP TO GAIN ENTRY  
TICKETS ARE NONREFUNDABLE FOR ANY REASON  
NO PARENTS ALLOWED, THOUGH PARENT AND STUDENT VOLUNTEERS ARE NEEDED

QUESTIONS? WANT TO HELP?



STUDENTS CONTACT: JILLIAN NICKELSON AT [JILLYNICKELSON@GMAIL.COM](mailto:JILLYNICKELSON@GMAIL.COM)  
PARENTS CONTACT: CAROL WILLIAMS-NICKELSON AT [DRCAROLWN@GMAIL.COM](mailto:DRCAROLWN@GMAIL.COM)





## Bridging Broadlands with Eagle Ridge

*An Eagle Scout rose to the challenge of creating a bridge and path to connect the north side of Broadlands to Eagle Ridge Middle School. What's the story behind it all?*

In January of 2016, Robert Candland, a student at Eagle Ridge

Middle School was walking home from school. Like many kids, Robert decided to take a dangerous short cut by running across Truro Parish, instead of backtracking to walk through the tunnel which goes under the road and connects the

north side of the Broadlands with the Eagle Ridge side of Truro Parish. Robert was almost struck by a car. A long-time resident of the Broadlands and a parent of one of Robert's classmates had to slam his brakes to prevent hitting Robert. The driver, Robert, and his sister who witnessed the event from her seat on the school bus, were all very shaken up by the potential tragedy.

So when it came time for Robert to determine an idea for his Boy Scout Eagle Scout Project, he proposed the idea of a path and bridge that would make an easier, safer and more direct route to Eagle Ridge from the tunnel to the north side of the neighborhood. The idea would require a path through the woods and a bridge over the small stream that cut through that part of the woods on Broadlands property to get to the school. It sounded like the ideal solution to 2 problems.

Robert went before the HOA board to present the idea. The board supported the idea and provided





guidelines and requirements. He appeared before the board 4 times, meeting specific requirements, getting their endorsement, then later their approval. He talked with the school principal, Scott Phillips who was eagerly in favor of the project because he himself was working with LCPS to put it on their project roadmap, which takes several years to happen. Then Robert made an important decision in reaching out to PTA member Diane Greene for help and direction on the project. Robert said this was his best decision because without Mrs. Greene, he probably would have given up on his idea and chosen a new Eagle Scout Project. Her encouragement and optimism kept the momentum going, even when it seemed like they were continually faced with herculean obstacles of every kind. Diane worked tirelessly with Robert to make the connections with a paving company, a metal fabricator, an engineering firm for Certified and Stamped Engineered plans for the bridge, helped solicit in kind donations and services exceeding \$35,000, and painstakingly working on every detail of the permitting and inspection, and building process contributing well over 300 hours into the project.

Robert organized the scouts to clear and prepare the area for the path and bridge, removing around 50 yards of underbrush, small trees, rocks, and being careful to stay clear of the poison ivy.

It was an enormous accomplishment to finish this project on time, on budget and open for the students going to and from school. No more running across traffic on Truro Parish. Now, students walk or ride their bike directly through the tunnel under Truro Parish, then cross the bridge and directly, and most importantly, safely to and home from school. For this, Mr. Phillips states that he is incredibly thankful that what was

an ongoing safety issue has been addressed.

*We wish to thank the following businesses and individuals who worked tirelessly to make this project a success:*

- **Ron Stouffer**, Engineer, Army Corp of Engineers
- **Tart Lumber**, Sterling
- **Hittite Steele**, Sterling
- **Sarah Gerstein**, General Manager and **Board at Large, HOA Broadlands Association Inc.,**
- **Bill Cain & Scot Feris**, Ginny Horn, Loudoun County Land Development and Permit office;
- **Sara Howard-O'Brien**, Land Management Supervisor, LCPS Planning Services
- **Claus Bader**, Construction Engineer LCPS
- **Lisa Britford**, Eagle Ridge Bookkeeper
- **Scott Phillips**, Principal, ERMS
- **ERMS PTA Board**

*And a special thanks to:*

- **Marty Small**, President, Fairfax Engineering and Paving Company, of Chantilly
- **James C. Bishoff, P.E. & Jon Wilfong** of J2 Engineers, Inc., of Leesburg
- **Randy Granzow and Debra Pennington** of Granzow Structural Engineers, Sterling
- **Diane Greene, John & Remi Candland, and Robert Candland**, without whom this project would never have happened without them ALL!

*This near tragedy inspired a triumphant outcome that will connect and unite our community for decades to come! This is an impressive example of all parties coming together for a common cause that enhances the amazing community we all live in and ensures the safety of our children. Congratulations to all!*

*By: Kim Edwards, former ERMS PTA President*





# ADHD: Why Does My Kid Do That?

## Do you ever find yourself thinking:

*Why does she wait until the last minute to complete her report?*

*No wonder he can't find his homework, his room is a disaster!*

*I can't find a way to motivate him to do his work, no matter what kind of reward I offer!*

These behaviors are characteristic of kids with ADD/ADHD – with good reason. Kids with ADD/ADHD typically lag behind their peers in the development of executive functions (EF) by about 30%. Many people like to imagine executive functions as an imaginary assistant who directs our thoughts, feelings and actions. That's a nice metaphor, however, executive functions are much more complex than that.

In his book, *Executive Functions, What They Are, How They Work and Why They Evolved*, Russell Barkley bases his definition of executive functions (EF) on a person's ability to regulate him/herself. He explains that as our brain matures, there are various neuropsychological capacities that influence our behavior, or help us manage ourselves. He names eight capacities, four of which are time, space, motivation and the ability to inhibit behaviors.

Why does she wait until the last minute? People with ADHD live in the now. They have difficulty thinking and planning across time. Scientists have found that the part

of the brain that controls starting and finishing tasks is not as active in those with ADHD, because there are fewer neurotransmitters to send those messages.

That messy room? Organizational skills are also part of executive functions. If you're wondering why it's so difficult for your 17-year-old to stay organized, remember that his brain is not as mature as other 17-year-olds without this disorder. He may not have the skills necessary to break down that task into smaller steps and approach it methodically. Looking at his

room, leads to overwhelm, and things shut down.

Motivation is affected by time. If the time between now and the reward seems too long, it will be difficult to motivate him. That's why offering rewards for smaller chunks of effort is effective. Research shows that we all have a limited pool of self-regulation. Each time we use a little, whether it's to solve a problem, remember instructions or control our impulses, that pool shrinks. You can see why people with ADHD struggle with motivation. They have to use that pool more often than most of us.

These struggles aren't character flaws. They're just a part of the disorder. ADD/ADHD are neurobiological in nature, so the behaviors you see aren't always willful. ADD/ADHD don't reflect a deficit in intellect. People with this disorder fall within the same parameters of intelligence as the rest

of us. Because their thoughts move quickly, and their emotions often run high, they can be extremely creative and dynamic thinkers and leaders. Their social nature can open doors to lots of opportunities. With the right support, people with ADHD can learn to address their challenges and discover the possibilities that await them.

*Suzanne Leon is a Certified Professional Coach who works with people affected by ADHD/ADD. Visit her website to learn more about the services she provides.*

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# Eat Like A Native American This Thanksgiving

*Take your family back in time with recipes that touch on Native American cuisine*

Recipes from the Chefs of the Smithsonian National Museum of the American Indian

## Wild Rice Salad

1/2 cup pine nuts  
1/4 cup pumpkin seeds  
6 cups chicken stock  
11/2 cup wild rice  
1 carrot cut into 1/2-inch-long matchsticks  
3 tablespoons dried cranberries  
1 Roma tomato, finely diced  
4-5 scallions finely chopped  
3 bunches watercress

*Vinaigrette:*

3 tablespoons apple cider vinegar  
¼ cup plus 2 tablespoons canola oil  
2 tablespoons honey

Preheat the oven to 350 degrees. Spread the pine nuts and pumpkin seeds in a small baking pan and toast them in the oven for 10 minutes until golden brown. Let cool. Combine the chicken stock and wild rice in a stockpot. Bring to a boil, reduce heat to low, and simmer, covered, for about 45-55 minutes, until the grains are just opened up and tender. Spread the hot rice on a baking sheet and let cool. When rice is cool, scrape it into a large bowl and add carrots, dried cranberries, diced tomato, toasted pine nut pumpkin seed mixture, and scallions. Toss all ingredients together with the vinaigrette, refrigerate for at least one hour, and serve over watercress. Place cider vinegar in a bowl and slowly mix in oil. Sweeten with just a touch of honey and whisk. Pour vinaigrette on top of salad and chill. Serve chilled or room temperature.

*4-6 servings*

## Grilled Apples with Walnuts, Dried Cherries & Sunflower Seeds

1/2 cup lightly crushed walnuts  
3/4 cup dried cherries (unsweetened), chopped  
1/4 cup hulled, unsalted sunflower seeds  
3/4 cup loosely packed light brown sugar  
1 teaspoon ground cinnamon  
1/2 teaspoon ground ginger  
1/2 cup flour  
Pinch kosher salt  
8 tablespoons unsalted butter, at room temperature  
6 small to medium Macintosh apples

Prepare a gas grill to medium-high (350 to 400 degrees). For a medium fire, you should be able to hold your hand about 6 inches above the coals for 6 to 7 seconds. Have a spray water bottle at hand for taming any flames. Combine the walnuts, dried cherries, sunflower seeds, brown sugar, cinnamon, ginger, flour and salt in a large mixing bowl, then work in the butter to a damp-sand consistency. Use a paring knife to core each apple, cutting in from the top and making an opening 1 inch in diameter. Do not cut through all the way to the bottom, however, clear out enough space to hold a fair amount of filling. If you'd like, chop the excess apple and add it to the filling mixture. Divide the mixture among the apples, packing it in gently and mounding it on top. Place the apples on the grill. Close the lid and cook for 15 to 20 minutes, until the fruit has softened slightly, and the filling has warmed through. Serve warm. *6 servings*

## Fry Bread

2 cups all-purpose flour  
1 teaspoon baking powder  
1 teaspoon salt  
2 tablespoons sugar  
3/4 cup milk, plus more if necessary  
Corn or canola oil for deep-frying  
Sugar mixed with ground cinnamon for topping

In a medium bowl, whisk flour, baking powder, salt, and 2 tablespoons of sugar. Stir in 3/4 cup milk to make a stiff dough, adding a bit more if necessary. On a lightly floured board, divide the dough into 6 pieces. Form each into a ball, then roll into a disk about ¼ inch thick. In a Dutch oven or deep fryer, heat 3 inches oil to 350°F. Using a sharp knife, cut an X in the center of each dough disk. Place one disk at a time in the hot oil and cook until golden brown, about 2 minutes on each side. Using tongs, transfer to a paper towel-lined plate to drain. Keep warm in a low oven while frying the remaining disks. Serve at once, either plain or sprinkled with cinnamon sugar. *Makes 6 round flat breads*





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## Girl Scout Ambassadors Earn Gold Award

Emily and Illyanna of Girl Scout Troop 6480 both earned the prestigious Girl Scout Gold Award this year. The Gold Award is the highest award that a Girl Scout can earn. It is earned by completing at least 80 hours on a project of lasting impact. Less than 5% of all Girl Scouts earn the Gold Award.

Emily's project addressed the decreasing raptor and fowl populations in northern Virginia by building a variety of nesting boxes for these birds. The nesting boxes were installed in Banshee Reeks Nature Preserve with the goal of providing homes for these birds in a safe place to combat the decrease of their natural habitats due to urbanization. The project benefitted not only the birds, but the community which can enjoy seeing the birds at the preserve.

Illyanna's project was to host art workshops at National Children's Hospital to teach children how to make zentangle patterns and artwork to help them cope with the anxieties and stress of being in a hospital environment. In addition to hosting the workshops, Illyanna made art-to-go kits for children who could not leave their hospital rooms. The

artwork made by the children during the two workshops were arranged into framed murals for permanent display at Children's Hospital. Illyanna also held an art supply drive to collect a variety of art supplies for donation to the hospital.

Well done, Emily and Illyanna!



## Community Outreach

Know of any charities or organizations that could use some volunteer support or would benefit from a community donation drive? If so, we would like to hear from you. For more information and questions, please contact [julie@broadlandshoa.com](mailto:julie@broadlandshoa.com).



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*Holiday*

Kick off your holiday season with an evening  
of holiday appetizers and wine!

This event is for Broadlands residents and their guests

# APPETIZERS AND WINE

*Night*



This event is being held at the Clubhouse,  
43360 Rickenbacker Square, Ashburn, VA 20147

SUNDAY

DECEMBER

2

5:00 - 7:00 PM

The evening will begin  
with a welcome glass  
of sparkling wine  
followed by the event  
that will begin  
promptly at 5:00pm.  
Doors open at 4:45pm.

THE PRICE IS

**\$15.00**

NO REFUNDS  
NO EXCEPTIONS

This event is recommended to guests 21 years of  
age and older. This class is limited so sign up soon.  
The deadline to register is November 26th

[Broadlandshoa.org/appetizersandwine2018](http://Broadlandshoa.org/appetizersandwine2018)



# Fall PTTA Tennis Lessons Schedule



## Official Broadlands tennis pros Don Barker and Jeet Bhide are ready for the "Fall/Winter" Session. Sign up today!

- All lessons taught by PTR Professional level coaches
- Low student to pro ratio
- All lessons taught at the Broadlands Nature Center Courts

### EIGHT WEEK TENNIS LESSONS

Fall/Winter Session:

In session - December 10, 2018

### 1 HOUR JUNIOR LESSONS

- Red Ball Stage 1 (Ages 4-8): Tuesdays at 5:00pm or Tuesdays at 6:00pm
- Orange Ball Stage 1 (Ages 8+): Thursdays at 5:00pm or Sundays at 10:00am
- Orange Ball Stage 2 (Ages 8+): Thursdays at 6:00pm or Sundays at 11:00am

### 1.5 HOUR JUNIOR LESSONS

- Green Ball Stage 1 (Ages 10+): Mondays at 5:00pm
- Green Ball Stage 2 (Ages 10+): Mondays at 6:30pm or Saturdays at 9:00am
- Yellow Ball Stage 1 (Ages 12+): Wednesdays at 5:00pm
- Yellow Ball Stage 2 (Ages 12+): Wednesdays at 6:30pm or Saturdays at 10:30am

### 1.5 HOUR ADULT LESSONS

- Beginner and Advance Beginner: Tuesdays at 7:00pm or Sundays at 8:30am
- Intermediate (3.0 and above): Thursdays at 7:00pm

### WEEKLY JUNIOR ROUND ROBIN TOURNAMENT

- Red and Orange Ball: Saturdays, 12:00pm – 2:00pm
- Green and Yellow Ball: Sundays, 12:00pm – 2:00pm

### PRIVATE/GROUP LESSONS

Email [pro@primetimetennisacademy.com](mailto:pro@primetimetennisacademy.com) for more information.

*Please visit [primetimetennisacademy.com](http://primetimetennisacademy.com) for more information or to register for classes. Please contact Jeet Bhide at [pro@primetimetennisacademy.com](mailto:pro@primetimetennisacademy.com) if you have any questions.*







## Comfort Cases: Bringing Dignity & Hope to Youth in Foster Care

**By: Julie Holstein, Broadlands Outreach Coordinator**

Often when a child is removed from their home and enters the foster care system, they are left to carry and transport their belongings in a trash bag. Comfort Cases, Inc. was founded in 2013 with the vision to eliminate this indignity from the foster care system and to ensure no child is made to feel like they and their belongings are trash. Rob Scheer, founder of Comfort Cases, Inc., experienced the foster care system years ago in his youth and he, too, carried his possessions in a trash bag. Rob and his husband Reece would go on to have four children all of whom they adopted from the foster care system. When their children arrived at their house, each one of them came to the door with their belongings in a trash bag. It was then that Rob vowed to do something about this indignity and thus Comfort Cases, Inc. was born.

Comfort Cases' mission is to inspire communities to bring dignity and hope to youth in foster care. The organization, based in Rockville, Maryland, works to achieve its mission by providing youth entering the foster care system with a Comfort Case and a Comfort XL. Since 2013, Comfort Cases, Inc. has impacted the lives of over 40,000 youth in foster care in 39 states plus DC and Puerto Rico.

A Comfort Case is a backpack or small duffel bag that provides comfort, hope and love to youth entering foster care. The case provides them with both essential and comfort items to ease their transition into a new environment. Items in a Comfort

Case include pajamas, stuffed animal, book, coloring book with crayons or a journal with pens/pencils, a blanket, a toiletry kit (shampoo, conditioner, lotion, soap/body wash, and deodorant (Ages 10+)), and a dental kit (toothpaste and toothbrush). In order to convey a message to youth in care that they are loved and valued, each Comfort Case is assembled with care and includes only brand new items. Comfort Cases come in nearly 50 possible gender and size (Newborn-3XL) combinations with each intended to be individual and unique, like each child who enters foster care.

A Comfort XL is a large capacity duffel bag that provides dignity to youth entering foster care by eliminating the need to place their belongings in a trash bag. Comfort XL's are approximately 32" bags that are collapsible and compact. Their size enables the person responsible for removing a child from a home to be able to keep these on hand in an accessible location - whether it is the trunk of their vehicle or a dedicated spot at their office. The key is for workers to reach for a Comfort XL as opposed to a trash bag. This seemingly simple intervention has a powerful impact on a child and brings that child a sense of dignity and hope during an uncertain and traumatic time.

Broadlands Association Community Outreach and Briar Woods High School Future Business Leaders of America Chapter (FBLA) will be collecting donations for Comfort Cases during the month of October and will host a packing party where Comfort Cases will be packed and prepared for use. Please refer to the flyer in this newsletter for details regarding requested donations and the specifics for the packing party venue location. Volunteers will be needed to help organize donations as well as help prepare Comfort Cases for youth entering the foster care system. We hope you are encouraged to consider helping Broadlands Association Community Outreach and Briar Woods High School FBLA Chapter by donating the requested items needed for Comfort Cases. *For more information, please contact Julie Holstein at [julie@broadlandshoa.com](mailto:julie@broadlandshoa.com) or 704-729-9704. #NoMoreTrashBags*







**BROADLANDS**  
community outreach

and



**COMFORTCASES®**

# WORKING TOGETHER TO HELP OTHERS

Support our cause to help provide comfort and support for thousands of children who enter foster care each year carrying little more than the clothes on their backs. By donating one or more of the following items for children in need, you will help bring DIGNITY and HOPE to youth in foster care. Donations can be dropped off in the collection boxes at the Nature Center in Broadlands at 21907 Claiborne Parkway and in the lobby of Briar Woods High School. Donations will be collected during the month of OCTOBER.

## Organizing Donations

will take place on

**SATURDAY, NOVEMBER 10TH**

## Packing Party

will follow the next day

**SUNDAY, NOVEMBER 11TH**

Both events will begin at **9:00AM** at the **Briar Woods High School** located at 22525 Belmont Ridge Rd, Ashburn, VA 20148. Student and adult volunteers are encouraged to help at both events!

Please donate only new items from the following lists:

### BABY (UNDER 2 YEARS OF AGE)

Small Duffel Bag or Backpack  
Pajamas (*Newborn to 18-24 Months*)  
Baby Blanket  
Baby Shampoo, Baby Body Wash  
Baby Lotion  
Diaper Wipes  
Diaper Ointment or Baby Powder  
Baby Bibs, Baby Washcloths  
Toddler Safe Stuffed Animal  
Board Book

### YOUTH AGES 2 TO 9 YEARS OLD

Small Duffel Bag or Backpack  
Pajamas (*2T-9*)  
Small Blanket  
Youth Toothbrush  
Toothpaste\*  
Shampoo & Conditioner\*  
Soap or Body Wash  
Lotion\*, Deodorant\*  
Stuffed Animal  
Book, Coloring Book & Crayons

### YOUTH AGES 10 AND OVER

Small Duffel Bag or Backpack  
Pajamas or Sleepwear  
(*Child Size 10 to Adult XXL*)  
Small Blanket  
Adult Toothbrush, Toothpaste\*  
Shampoo & Conditioner\*  
Soap or Body Wash  
Lotion\*, Deodorant\*  
Stuffed Animal  
Journal, Pens & Pencils, Book

\* unopened travel-size toiletries only please



**BROADLANDS**  
community outreach



**THIS SHOULD  
NEVER BE  
A CHILD'S  
SUITCASE.**



**[www.comfortcases.org](http://www.comfortcases.org)**

For more information about this community outreach, please contact [julie@broadlandshoa.com](mailto:julie@broadlandshoa.com)  
Comfort Cases is a 501(c)(3) non-profit organization that provides children, ages 0-18 who are in the foster care system, with a bag filled with essential needs as well as comfort items.





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Please join us for this joyful annual community event sponsored by the Broadlands HOA Events Committee  
Friday, December 7th • 4:30 - 8:30 pm • Broadlands Nature Center - 21907 Claiborne Parkway

# Santa Claus

## is Comin' to Broadlands

Cookies, Cocoa and Coffee, Holiday Crafts, Balloon Twisters,  
and other fun surprises to help usher in the holiday season!

**Musical entertainment will include performances by:**

Hillside Elementary School Chorus \* Mill Run Elementary School Chorus \* Okoh-Tisch Music Studio  
Eagle Ridge Middle School Jazz Band \* Eagle Ridge Middle School Select Chorus

Because the holidays are a time of giving, we will have a TOYS FOR TOTS box to collect new, unwrapped toy donations. Toys for Tots is especially in need of gifts for ages newborn-to-1 and 12-to-teens. Please help us make a very generous community contribution once again this year that will benefit children and families in our area. Thank you for your compassion and kindness.

**Kids: Don't forget your Christmas list for Santa! \* Parents: Bring your camera for photos with Santa!**



**Questions?** Contact Carol Williams-Nickelson at [drCarolwn@gmail.com](mailto:drCarolwn@gmail.com)



## BWHS Band News

The Briar Woods Marching Regiment, under the direction of Duane Minnick, is off to a terrific start to their competition season. ***They won first place in their division in their first competition of the season.*** If you have not been able to see the Regiment's Lord of the Rings show, you have two options.

- There is one final competition scheduled this season. On November 3rd, Briar Woods will compete in the US Bands Mid-Atlantic Championship at Urbana High School, Ijamsville, MD. This will be a fantastic show featuring the best high school marching bands from across the region. Come out and support our Falcon Regiment.
- You also can tune in to the Regiment's Youtube channel at <https://m.youtube.com/user/BWHSMusicBoosters>. If you watch the performance here, be sure to pay attention to the start. Is that Gandalf the Gray opening the performance from the castle ramparts...or is it Drum Major Andrew Woo? Also, notice the work of the Falconaire Flag Team under the leadership of Captain Sarah Throne. This year's routine is one of the team's strongest ever.

As marching season winds down, the Briar Woods music program moves indoors. November 19th at 7:00pm is the first Jazz Band concert of the year. All are welcome to come hear jazz and rock classics at this free concert. Over the last several years, Briar Woods Jazz program has become one of the best in the state with both Jazz Bands consistently taking top honors in competitions.

Perhaps one of the highlights of the year for the Briar Woods Music Program is the Holiday Concert planned for December 13. Mark your calendars today and plan to arrive early to get a good seat.

As always, the Falcon Regiment wants to thanks the Broadlands community for its generous support throughout the year. The band would not be able to succeed as it does without community-wide support.

There is one final fundraising activity this year, but I think you will agree that it's not a burden to participate. Members of the band are selling the popular See's Candies. Orders will be fulfilled in time to give these boxes as gifts this holiday. Order today from any Briar Woods Band student.



## Ashburn Volunteer Fire and Rescue November News

**Pancake Breakfast – November 11th, 8:00am - 12:00pm, Founders Hall, Station 6, Ashburn Road.**

Here's a great opportunity for the family to chow down with some great eats and enjoy family, friends and neighbors. Kiddies will have craft table. Sales tables with lots of great gift ideas.

**Prospective Membership Meeting - Tuesday, November 27th, 7:00pm, Founders Hall, Station 6**

Volunteer Firefighters and EMTs needed. Gear up and join the action! (Admins needed too!). Free training, Uniforms & Personal Protective Gear Provided; Benefits: tax savings, retirement benefits, tuition assistance.free training.

**Founders Hall** - Our newly remodeled AVFRD Founders Hall facility is now ready for your next event. Looking for a place to hold a wedding, meeting, birthday party or other special event? For more details go to <https://ashburnfirerescue.org/facilities-apparatus/founders-hall/> or contact Event Coordinator at [foundershall@avfrd](mailto:foundershall@avfrd).

**Upcoming Event:** Annual Christmas Trees Sales (sales start the week following Thanksgiving, see website for update on start date.

For more information, visit <https://ashburnfirerescue.org/>.



# Broadlands Area Clubs and Groups

*Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).*

## ASHBURN CLASSICS

Our next meeting will be on November 10th at the Mills Recreation Center in Ashburn Village at 10:30am. An Ashburn Classics member will give a presentation on WEARABLE ART. We are also having a potluck, bring your favorite dish! All seniors in the Ashburn area are invited to attend. Any questions? Please call 703-723-3056. The Ashburn Classics support LOUDOUN HUNGER RELIEF through nonperishable food donations.

## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit [ashburn.toastmastersclubs.org/](http://ashburn.toastmastersclubs.org/).

## BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at [www.brambletonladiesgolf.org](http://www.brambletonladiesgolf.org) or call Sara Carlin at 703-723-3000.

## CONSERVATION LANDSCAPING COMMITTEE

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about how the committee works, visit [BroadlandsNaturally.org](http://BroadlandsNaturally.org).

## ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

We are studying various Women's Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

## GRIEF SHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit our website at [griefshare.org](http://griefshare.org).

## INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards for fun once a month by rotation. Please contact Saleshe Gupta 571-435-3192 or email [SalGup20@yahoo.com](mailto:SalGup20@yahoo.com).

## MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kids; playgroups, Moms' Night Outs and special interest groups for all. Monthly Member Social every 2nd Thursday of the month at 10:00am at Broadlands Community Center. Contact [membership.momsclub.broadlands@gmail.com](mailto:membership.momsclub.broadlands@gmail.com).

## MOMS IN PRAYER – BRIAR WOODS

Briar Woods moms are invited to join us to pray for our children and staff at Briar Woods. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

## MOMS IN PRAYER – EAGLE RIDGE

Eagle Ridge moms are invited to join us to pray for our children and staff at this school. We meet on Tuesdays during the school year. Please contact Catherine for more information at 703-598-4708.

## MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres . . . a great way to meet fellow neighbors who share a love a music. For more info email [musicontheheights@gmail.com](mailto:musicontheheights@gmail.com).

## PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

These groups are run by Dr. Michael Oberschneider and Dr. Andrea Lee. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

## ROTARY CLUB OF ASHBURN

The enthusiastic members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at [ashburnrotary@gmail.com](mailto:ashburnrotary@gmail.com) if you're interested and want to find out more.

## STRESSBUSTERS & MOTHERHOOD (SAM)

Are you interested in connecting with other Loudoun Moms who are seeking less stressful days? SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. Our meet ups are a recharging break that help us slow down and nurture ourselves. We meet monthly on Sunday evenings. For more info email Shea or Erin at [LoudounSAM@gmail.com](mailto:LoudounSAM@gmail.com).

## TECHNOLOGY COMMITTEE

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.





## Broadlands Helper List

Not Available on  
Website Edition

**KEY:**

(B) Babysitter's Course

(C) CPR

(R) Rescue Breathing

(F) First Aid

(D) Dog & Cat (Pet) First Aid

*\*All area codes are 703 unless noted.*



# Broadlands Helper List

Not Available on  
Website Edition



## In Case You Need a Hand . . .

### NON-EMERGENCY

|  |              |
|--|--------------|
| Ashburn Fire.....                      | 703-729-0006 |
| Dominion Virginia Power .....          | 888-667-3000 |
| Fire Marshall .....                    | 703-777-0333 |
| Loudoun County Sheriff.....            | 703-777-1021 |
| Loudoun Water (customer service) ..... | 571-291-7880 |
| Loudoun Water (after hours) .....      | 571-291-7878 |
| Poison Control .....                   | 800-222-3333 |
| State Police .....                     | 703-771-2533 |
| Washington Gas .....                   | 703-750-1000 |

### BROADLANDS COMMUNITY

|                                       |                |
|---------------------------------------|----------------|
| Mailbox (Main Street Mailboxes) ..... | 1-571-379-8454 |
|---------------------------------------|----------------|

#### Snow Removal:

|  |                |
|--|----------------|
| • VDOT Streets .....                                 | 703-383-8368   |
| • HOA Streets .....                                  | 703-729-9704   |
| Trash Pickup (Patriot Disposal) .....                | 1-703-257-7100 |
| Southern Walk Association – OpenBand:                |                |
| Billing – Traci Tranquilli, FirstService Residential |                |
| traci.tranquilli@fsresidential.com .....             | 703-385-1133   |
| OpenBand Customer Service 24x7 .....                 | 866-673-6226   |
| OpenBand Trouble Tickets.....                        | 703-961-1110   |
| Towing (Battlefield Towing) .....                    | 703-378-0059   |

### PUBLIC INFORMATION

|                                |              |
|--------------------------------|--------------|
| Animal Control/Shelter.....    | 703-777-0406 |
| Building Permits & Dev.....    | 703-777-0397 |
| County Landfill .....          | 703-771-5500 |
| DMV (VA).....                  | 800-435-5137 |
| DISH .....                     | 888-656-2461 |
| DirectTV .....                 | 800-531-5000 |
| Health Department.....         | 703-777-0236 |
| Library (Ashburn).....         | 703-737-8100 |
| Loudoun Ride On .....          | 703-777-2708 |
| Loudoun Hospital .....         | 703-858-6000 |
| Miss Utility.....              | 800-552-7001 |
| Metro.....                     | 202-637-7000 |
| Parks and Recreation .....     | 703-777-0343 |
| Ridesharing .....              | 703-771-5665 |
| Road Conditions .....          | 800-367-7623 |
| School Board.....              | 571-252-1000 |
| Street Signs/Storm Drains..... | 703-771-5666 |
| VDOT .....                     | 703-383-8368 |
| Van Metre Homes .....          | 703-348-5800 |
| Verizon Fios .....             | 888-553-1555 |
| Xfinity/Comcast .....          | 800-934-6489 |
| Wildlife Hotline (local) ..... | 703-440-0800 |

### SCHOOLS - BROADLANDS

|                                  |              |
|----------------------------------|--------------|
| Briar Woods High School .....    | 703-957-4400 |
| Eagle Ridge Middle School .....  | 571-252-2140 |
| Hillside Elementary School ..... | 571-252-2170 |
| Mill Run Elementary School ..... | 571-252-2160 |



## ARTS/MUSIC

**PIANO LESSONS AVAILABLE IN STERLING AND ASHBURN:** Piano teacher with 20+ years' experience. Lessons offered in my studio or your home. Please call 571-375-2653 or email [judith.marcinko@gmail.com](mailto:judith.marcinko@gmail.com). Annual Recital, Local Piano Festivals, and National Guild participation. No contract required.

**PIANO LESSONS:** Beginner to advanced piano lessons taught by classical trained piano teacher with 15 years of teaching and performing experience. Students have opportunities to piano recitals and events. Serious inquiry please. Call 703-463-8215 or email to: [info@lospiano.com](mailto:info@lospiano.com).

**SAXOPHONE AND CLARINET LESSONS:** Instructor has a Music Degree and 20 years' performing and teaching experience. Recipient of three awards from the DC Commission for the Arts. Lessons available in your home. References. Call 703-777-4352 or email [NoteMagic777@gmail.com](mailto:NoteMagic777@gmail.com).

## EDUCATION/PRESCHOOL

**GROWING MINDS PRESCHOOL:** A home based, state licensed preschool located in Broadlands is currently enrolling for all of its programs for the 2018/2019 school year. Growing Minds offers part-time programs for 2 ½, 3, and 4-year-olds. For more information or to set up a tour, please contact Judi Ratcliffe at [judi.gminds@gmail.com](mailto:judi.gminds@gmail.com) or (571)216-4663.

## EDUCATION - TUTORING

**SARMENTO-GREENE MATH TUTORING:** Algebra 1, small group in Broadlands home. Current LCPS HS Math Teacher & accelerated Math Student(s) forming other groups now for ongoing support in math grades 6-10. RSVP now! For more info contact: [cgree19@gmail.com](mailto:cgree19@gmail.com), 703-350-6440, [Claudio705@aol.com](mailto:Claudio705@aol.com), 571-213-4213.

**FORMER LOUDOUN COUNTY MATH TEACHER:** Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Statistics, Pre-Calculus and Calculus. SAT prep and test taking strategies for strategic placement tests such as the ASVAB, and nursing. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email [vchu\\_911@yahoo.com](mailto:vchu_911@yahoo.com). Please visit: [A1mathtutor.weebly.com](http://A1mathtutor.weebly.com).

**NEED MATH HELP?** I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class ([turbotutoring.com](http://turbotutoring.com)) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438 or email me at: [aplustestprep@verizon.net](mailto:aplustestprep@verizon.net).

## FITNESS/WELLNESS

### AFFORDABLE CERTIFIED PERSONAL FITNESS

**TRAINING IN YOUR HOME:** GOBBLE, GOBBLE! SPECIAL INTRO PACKAGE (November only). Pay for three, get one free! Great as a gift certificate! Individualized programs; weight loss/nutritional guidance; pre-natal/post-partum; Yoga/Pilates; all ages/fitness levels. Equipment provided. FREE phone consultation. 29 years' experience. Get in shape now! Stephanie Gotfried 703-542-2595; [stephaniegotfried@gmail.com](mailto:stephaniegotfried@gmail.com); [fitnesstogova.com](http://fitnesstogova.com).

**JOYOGA:** Restorative Yoga Workshop, Saturday, November 17, 3:00 - 5:00pm taught by Laura Banks, \$30 per person. Please register online. Limited space available, all levels are welcome for experiencing this deep relaxation. Visit [www.joyoga.us](http://www.joyoga.us) or contact at 703-850-8386.

## HOME SERVICES

**ASHBURN ELECTRIC:** Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

# BROADLANDS

## HOW TO PLACE A CLASSIFIED AD

1. Submit a completed Classified Insertion Order Form which can be found on our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter).
2. Classified ads are limited to 40 words maximum and the text should be emailed to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com).
3. Payments can be made on our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter) by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

### MONTHLY RATES:

- Resident Rates - \$10.00 per ad (For Sale ads are free for Residents only)
- Non-Resident Rates - \$25.00 per ad

No cancellations are permitted after the deadline. For more information, contact the Advertising Manager, Stassa Collins at [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com) or 703-729-9714.

*Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.*



**HANDYMAN SPECIALIST:** Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never-ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike.Rosario@verizon.net.

**HANDYMAN SERVICES:** For repairs in your home. Small jobs and odds & ends. Free estimates. Call 571-426-2126.

**SIMPLICITY HOME DESIGNS:** We are a full-service home remodeling and design company. We offer the following services: Kitchen and bath renovations; Cabinet painting; Finished basements; Room additions; Decks and patios; Design and decorating services; Full remodeling services. To learn more please visit our website: [simplicityhome.com](http://simplicityhome.com).  
To learn more please visit our website: [nancy@chicdesigner.me](mailto:nancy@chicdesigner.me), 571-420-2839.

## HOUSE CLEANING

**MARIA'S STAR CLEANING LLC:** Residential and commercial cleaning. Servicing the Washington metropolitan area for more than 20 years offering competitive rates and great references. Call for a free estimate 10:30am-4:30pm, Monday – Friday at 703-723-3850 or visit our website at [www.mariasstarcleaning.com](http://www.mariasstarcleaning.com).

## MARKETPLACE

**CAN YOU PREVENT AND REVERSE CHRONIC DISEASES LIKE HEART DISEASE, CANCER, TYPE 2 DIABETES, FATIGUE AND MEMORY PROBLEMS WITH FOOD?** Get nutrition facts to help you live better, stronger and longer. Visit [FocusedOnNutrition.com](http://FocusedOnNutrition.com). Contact Averil Bernard at (571) 293-6289 or [averil@averilbernard.com](mailto:averil@averilbernard.com).

**MARY KAY: Gift-giving greatness.** Generic gifts got you down? Well, wake up your inner gifting genius! I have gift ideas that are anything but blah. Gifts girls adore. Gifts guys gotta have. Any budget. Any occasion. Any time. I'm here to make your life easier! Just ask! Contact Deborah Leben 703-217-4583, [dleben@marykay.com](mailto:dleben@marykay.com) or [marykay.com/DLeben](http://marykay.com/DLeben).

## PROFESSIONAL SERVICES

**THE CARE CONCIERGE:** Would you like a walking companion? Do you need a ride to a medical appointment? Would you like someone to have tea with your senior parent? The Care Concierge LLC can help with all of these services and more. Call today or send us an email! 571-485-5091 [info@thecareconciergellc.com](mailto:info@thecareconciergellc.com).

**CPA SERVICES:** Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or [sophear.uoy@sophearcpa.com](mailto:sophear.uoy@sophearcpa.com).

# Broadlands Community Info . . .

## BROADLANDS ASSOCIATION, INC.

21907 Claiborne Parkway Broadlands, Virginia 20148

Main: 703-729-9704 Fax: 703-729-9733

[broadlandshoa.org](http://broadlandshoa.org) ♦ [info@broadlandshoa.com](mailto:info@broadlandshoa.com)

**HOA & Nature Center Office Hours:** Monday – Friday, 9:00am to 5:00pm

**General Mailbox:** [info@broadlandshoa.com](mailto:info@broadlandshoa.com)

**Nature Center Hours:** First & third Saturdays, 10:00am to 2:00pm

## ASSESSMENT INFORMATION OFFICE

**Firstservice Residential: Payments and Resale Docs**

Main: 703-679-1541 Fax: 703-591-5785

[fsresidential.com](http://fsresidential.com) ♦ [customerservice.dcmetro@fsresidential.com](mailto:customerservice.dcmetro@fsresidential.com)

**Mail Payments To:**

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

## BROADLANDS ASSOCIATION STAFF

**General Manager:** Sarah Gerstein ♦ [sarah@broadlandshoa.com](mailto:sarah@broadlandshoa.com)

**Covenants Manager:**

Suzan Rodano ♦ [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com)

**Newsletter Editor & Events Committee Liaison:**

Natalie Ihanainen ♦ [events@broadlandshoa.com](mailto:events@broadlandshoa.com)

**Newsletter Advertising Manager & Communications Coordinator:**

Stassa Collins ♦ [scollins@broadlandshoa.com](mailto:scollins@broadlandshoa.com)

**Secretary to the Modifications Subcommittee:**

Robin Crews ♦ [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com)

**Administrative Specialist, Pool Liaison:**

Julie Holstein ♦ [julie@broadlandshoa.com](mailto:julie@broadlandshoa.com)

**Reception:**

Joanne Hang ♦ [joannehang@broadlandshoa.com](mailto:joannehang@broadlandshoa.com)

**Naturalist:** Erin Fairlight ♦ [naturalist@broadlandshoa.com](mailto:naturalist@broadlandshoa.com)

## BOARD OF DIRECTORS

**President:** Eric Bazerghi ♦ [eric@thehouse.net](mailto:eric@thehouse.net) 571-207-6505

**Vice President:**

David Barody ♦ [dm.cmb@outlook.com](mailto:dm.cmb@outlook.com) 703-729-6785

**Secretary/Treasurer:**

Dawne Holz ♦ [deholz@icloud.com](mailto:deholz@icloud.com) 703-362-6727

**Directors:**

Heidi Eaton ♦ 571-232-1830

Cliff Keirce ♦ 703-729-7320

William Kolster ♦ 703-858-2459

Tania Marceau ♦ 571-331-4381

Todd Parsons ♦ 703-936-9309

Joseph T. Wagner ♦ 571-333-0821

## COMMITTEES

**Broadlands Live Concerts:** Tammy Wells, Angela Rabena ♦ [broadlandslive@broadlandshoa.com](mailto:broadlandslive@broadlandshoa.com)

**Conservation Landscape:** Oya Simpson ♦ [osimpson@broadlandsnaturally.org](mailto:osimpson@broadlandsnaturally.org)

703-725-8040\*see Clubs & Groups

**Events:** [events@broadlandshoa.com](mailto:events@broadlandshoa.com)

**Swim Team:** [broadlandsswimteam.org](http://broadlandsswimteam.org)

**Technology:** Dawne Holz ♦ [deholz@icloud.com](mailto:deholz@icloud.com)\*see Clubs & Groups

**Tennis:** Brad Marcus ♦ [bradmarcus@gmail.com](mailto:bradmarcus@gmail.com)



# Advertising Directory

## EDUCATION

|   |    |
|---|----|
| BeanTree/The Pavilion.....              | 10 |
| BeanTree/The Pavilion Kindergarten..... | 26 |
| LePort Montessori.....                  | 2  |
| Primrose School at Broadlands .....     | 36 |

## FINANCIAL / PROFESSIONAL SERVICES

|                                  |    |
|----------------------------------|----|
| Apple Federal Credit Union ..... | 2  |
| Lori Christ CPA, LLC .....       | 21 |

## HEALTH

|                                     |    |
|-------------------------------------|----|
| A Positive ADDitude .....           | 18 |
| Ashburn Allergy .....               | 35 |
| Ashburn Family Medicine .....       | 36 |
| Cantwell Vision .....               | 13 |
| Loudoun Dental Associates .....     | 20 |
| Smilez Pediatric Dental Group ..... | 10 |

## HOME SERVICES

|   |    |
|---|----|
| Augustine Roofing, LLC .....            | 20 |
| Climatic Heating and Cooling, Inc ..... | 13 |
| Consumer Construction .....             | 26 |
| Kris Paint .....                        | 13 |
| P&D Plumbing .....                      | 21 |
| P&M Contracting .....                   | 21 |
| Zampiello Paint Contractors, Inc. ....  | 20 |

## PETS

|   |    |
|---|----|
| Caring Hands Animal Hospital .....      | 10 |
| Stream Valley Veterinary Hospital ..... | 9  |
| Wild Birds Unlimited .....              | 35 |

## REAL ESTATE

|  |    |
|--|----|
| Bonnie Selker, LivingRealty, LLC ..... | 36 |
| The Greg Wells Team, Re/Max .....      | 9  |

## RECREATION/INSTRUCTION/CAMPS

|                                |    |
|--------------------------------|----|
| Carriage Rides With Santa..... | 35 |
|--------------------------------|----|



# BROADLANDS

## Newsletter Advertising Rates and Sizes

### COLOR DISPLAY ADS

Size & Location • Rates are per issue

All ads will be full color (if provided in color)

|   | PRICE<br>Month<br>to Month | PRICE<br>6+ Months<br>Prepaid Discount | PRICE<br>12+ Months<br>Prepaid Discount |
|---|----------------------------|--|---|
| <b>INSIDE PLACEMENTS:</b>   |                            |  |   |
| • Eighth Page (3.75" wide x 2.41" tall).....  | \$125                      | \$100                                  | \$75                                    |
| • Quarter Page (3.75" wide x 5.00" tall) .....  | \$225                      | \$215                                  | \$200                                   |
| • Half Page.....  | \$430                      | \$400                                  | \$375                                   |
| <b>Horizontal:</b> 7.66" wide x 5.00" tall without bleed or 8.5" wide x 5.5" tall with .125" bleed  |                            |  |   |
| <b>Vertical:</b> 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed |                            |  |   |
| • Full Page.....  | \$1000                     | \$900                                  | \$850                                   |
| 7.66" wide x 10.16" tall without bleed or 8.5" wide x 11.0" tall with .125" bleed                   |                            |  |   |

### INSIDE COVER PLACEMENTS (Contact for Availability):

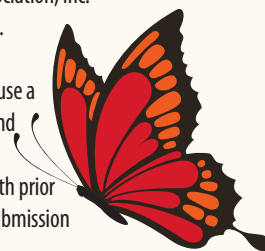
|   |        |       |       |
|---|--------|-------|-------|
| • Quarter Page (3.75" wide x 5.00" tall) .....  | \$250  | \$225 | \$210 |
| • Half Page.....  | \$450  | \$425 | \$400 |
| <b>Horizontal:</b> 7.66" wide x 5.00" tall without bleed or 8.5" wide x 5.5" tall with .125" bleed  |        |       |       |
| <b>Vertical:</b> 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed |        |       |       |
| • Full Page.....  | \$1050 | \$950 | \$900 |
| 7.66" wide x 10.16" tall without bleed or 8.5" wide x 11.0" tall with .125" bleed                   |        |       |       |

### OUTSIDE COVER PLACEMENTS (Contact for Availability):

|  |        |       |       |
|--|--------|-------|-------|
| • Quarter Page Horizontal Banner.....  | \$275  | \$250 | \$240 |
| 7.66" wide x 2.75" tall  |        |       |       |
| • Quarter Page (3.75" wide x 5.00" tall) .....   | \$275  | \$250 | \$240 |
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