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JULY 2019



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# BROADLANDS



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## Upcoming Board of Directors Meeting

**Tuesday, July 9th - 6:00p.m.**

**The Clubhouse**

43360 Rickenbacker Square

## Board Meetings Information

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

## Board of Directors Meeting Highlights

The following actions were taken by the Board of Directors at *their meeting held on June 11th, 2019*:

- Approved the amended minutes of May 14th, 2019 meeting
- Denied the Broadlands Boulevard/ Old Wood Way Traffic Signal Easement Agreement
- Authorized Loudoun County to remove trees necessary to gain access to dredge the Community Center pond
- Approved a proposal from PlayMark to replace the tot lots at the Stone House and Coulwood Terrace
- Approved the aquatic facilities use agreement with National Capital Swim Club
- Tabled a proposal from PlayMark to replace the tot lot on Glebe View Drive
- Approved a proposal from PlayMark to provide tot lot resurfacing
- Approved a proposal from MetTel to provide a phone system for the Nature Center and Clubhouse
- Held one violation hearing and assessed violation charges

These highlights are a summary only. To obtain copies of approved minutes, log into your account on FirstService Residential Connect. Owner access to the site is by registration at <http://dcmetro.fsrconnect.com/residentwelcome>. Owners will need to enter their account number, which can be found on their monthly coupon stubs.

# JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Modification Subcommittee Meeting 7:00pm - NC	2	3	4 HOA Offices and Nature Center closed for Independence Day	5 HOA Offices and Nature Center closed for Independence Day	6 Come walk with me 8:30am - NC Nature Center Open 10:00am-2:00pm
7	8 Newsletter Submissions Due by Noon	9 HOA Board Meeting 6:00pm - CH	10 Modification Subcommittee Submissions Due 12:00pm - NC	11 Float Night 5:00pm - SW	12 Broadlands Live! 6:00pm - HP	13 Come walk with me 8:30am - NC Flicks in the Sticks 8:45pm - NC Back Lawn
14	15 Conservation Landscape Committee Meeting 7:00pm - NC	16	17 Modification Subcommittee Meeting 7:00pm - NC Tech Committee Meeting 7:30pm - NC	18	19 Camp Whomping Willow 7:00pm - NC	20 Come walk with me 8:30am - NC Nature Center Open 10:00am-2:00pm
21	22 SW Board Meeting 7:00pm - CC	23	24	25 Float Night 5:00pm - SW Untamed Reads 5:30pm - NC	26 Camp Whomping Willow 7:00pm - NC	27 Come walk with me 8:30am - NC
28	29	30	31 Modification Subcommittee Submissions Due 12:00pm - NC			

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool



## If You See Something, Say Something

We are so lucky here in Broadlands to have such a large community with so many amenities and events. From concerts to pool parties and children's nature programs to adult craft beer events. I often receive compliments from those outside the community, envious of all the amazing things that Broadlands has to offer. The obvious amenities are our three lovely pools, serene Nature Center, modern Clubhouse and Fitness Center, renovated Community Center, nine tennis courts, two basketball courts, 21 tot lots as well as two exercise stations.

Additionally, we have nearly 15 miles of trails, over 300 path and street light poles, miles of fencing, retaining walls, street signs, entrance monuments, 75 private roads plus adjoining curbs, gutters and sidewalks. We also maintain wet and dry stormwater ponds, tunnels, bridges and observation decks, benches, trash and recycle cans, mutt mitt stations, wooded areas dense with shrubbery and trees, and even bird houses, gazebos, picnic tables and grills. Many of the above mentioned items are inspected annually, so it is not surprising that sometimes things get vandalized, damaged from weather or animals, or simply have met their lifespan in between inspections. While HOA staff and contractors do our best to keep tabs on all 1,500 acres of the community, there are times when we are not aware of a problem. If you are out and about in the community – perhaps you walk a certain section of path on a daily basis or your dog walking route takes you along a fence line tucked away from the road – if you observe an issue with any part of the community, please reach out to let us know.

Sometimes I receive complaints from residents that something has been damaged or out of place for days, weeks, or (gasp!) even months. I hate knowing there are items such as this that can often quickly be addressed if we knew about them. Yes, there are times we are aware of a problem and can't get it taken care of because of financial constraints or contractor schedules or parts backordered. But please don't hesitate to reach out and make sure we are aware. With 10,000 residents in the community, there are many more of your eyes and ears than there are of contractors or employees. The HOA's goal is to preserve and enhance our community. I know you take pride in your community just like we do. I would rather respond to 100 emails or phone calls saying that we are aware of an issue and working on a resolution than to have something bother you and have us not

be aware of it. If you see something, say something by reaching out to the front desk at 703-729-9074 or [info@broadlandshoa.com](mailto:info@broadlandshoa.com). We look forward to hearing from you.

Cheers,

*Sarah*

Sarah Gerstein, CMCA, AMS, LSM, PCAM  
General Manager

## Bear Sightings

Recently there have been a spate of bear sightings throughout the community.

Animal control has advised that they do not remove or relocate wild bears.

In addition, they advised to not put trash cans out until the morning of trash pickup,

keep your dogs on leashes, and not to leave food around or feed the bears. The included photos were taken in the neighborhood.



*Photos courtesy of Marcia Adams*



## Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by noon on the Wednesday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com) or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions.

Please review these guidelines and the updated changes on our website. Visit [broadlandshoa.org/for-residents/designguidelines](http://broadlandshoa.org/for-residents/designguidelines) for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

## How Am I Notified of My Results?

Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. Please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from [no-reply@smartwebs365.com](mailto:no-reply@smartwebs365.com) should you wish to add this email address to your contact list to ensure prompt delivery.

## Modifications Subcommittee Submission and Meeting Dates

Submission Deadline By Noon	Meeting Date
June 26th .....	July 2nd
July 10th .....	July 17th
July 31st .....	August 7th
August 14th .....	August 21st
August 28th .....	September 4th
September 11th .....	September 18th

*Only applications with complete documentation received by the deadline will be reviewed at the next subcommittee meeting.*

## Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, fence/deck repair, any staining touch up, or roof repair. Refer to your property plat to locate your property lines because you may have accidentally placed something in the common area that will need to be removed before settlement.

When you sell your home you are required to request a resale disclosure package for the buyer. Once the request has been executed it notifies the HOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, structures that are not in compliance and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the owner's responsibility to rectify all violations found on the property before settlement of the home. If the violations are not rectified before settlement then, the new owner will be responsible.

There are submission procedures on the HOA website, [broadlandshoa.org](http://broadlandshoa.org), to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or questions about your resale inspection results, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or [rcrews@broadlandshoa.com](mailto:rcrews@broadlandshoa.com).





## Vulture – Vital to the Environment, Yet a Menace to Homeowners

Various areas in the community have experienced problems with vultures over the years. These heavy birds roost on roofs with the potential to cause expensive damage. Vultures are known to pull up shingles and caulk, their sharp talons scratch the surface on which they land as well as cause other damage to homes. They have unusually heavy droppings and repugnant vomit. They have few natural predators other than Eagles. Despite the destruction, the fact is that vultures are actually beneficial when they perform their work on nature's food chain. They routinely clean up dead and decaying roadkill and animals who have passed naturally, and their stomachs are unique in their ability to digest harmful bacteria that no other creature can. Because of their diet, these birds are able to kill harmful bacteria and viruses with their stomach acids and halt the potential spread of disease from rotting carcasses. Turkey vultures are so resistant to botulism that, when tested, they showed no ill effects when injected with enough botulinus to kill 300,000 guinea pigs. The extensive development of houses and commercial areas and roadway expansions and improvements have reduced habitat for wildlife at an alarming rate.

*Despite the destruction, the fact is that vultures are actually beneficial when they perform their work on nature's food chain.*

Despite their beneficial status in the food chain, it is not desirable to have a vulture on your property. So how can you eradicate them and reduce their destruction? Killing them is illegal as they are federally protected by the Department of the Interior, Fish and Wildlife Service division under the bird act. The only authorized agency that can exterminate them is the US Department of Agriculture. They do this by killing one and hanging it from a tree in effigy in a controversial process that costs thousands of dollars. Therefore, scaring the vultures away is commonly the best solution.

Among the most effective methods of keeping away vultures or buzzards as they are also known is making roosting impossible. Birds are generally scared of loud noises and vultures are no exception. You can make noises by hitting sticks against the tree or clapping hands or pots against each other. You can bang on or even shake the trees they are perching on. The best time to do this is at dusk when they decide where they are spending the night and will sun themselves in the morning. Shaking the trees and making loud noises will make the bird look for another place to perch.

Vultures - Continued on page 8

## Graduation Photos

Got some great photos of your graduates? We would love to publish them in Our Neck of the Woods.

Please email them to [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com) by close of business, 5:00pm, Monday, July 8th. We look forward to seeing all our young residents' photos!

## Broadlands Fitness Center

Residents are invited to join the Broadlands fitness Center located at 43360 Rickenbacker Square. The fitness center includes: 5 treadmills, 4 elliptical, 5 strength machines, 2 stationary bikes, 2 multi-functional weight trainers, and a row machine.

Access cards are \$25 each. Tenants, make sure you have an AOS on file from the owner of the property granting you access to the fitness center. Hours of operation are from 5:00 a.m. to 11:00pm, 7 days a week. Children ages 13-17 must be accompanied by an adult card holder. *No children under the age of 13 are permitted at any time in the building.* Please refer to [Broadlandshoa.org/fitness-center](http://Broadlandshoa.org/fitness-center) to review the application process and rules.

## Go Green and Opt Out

You have the option of opting out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email **OptOut@broadlandshoa.com** and be sure to include your address.

You will no longer be mailed a hard copy, but will be emailed a link to the online version. ***This option saves money and valuable natural resources such as trees. We encourage all residents to enroll in paperless newsletters.***

## Early August Newsletter Submissions Date

The deadline for editorial submissions for the August newsletter will be noon on July 8th.





## Scoop the Poop...

Residents frequently express concern that not everyone is taking the time to pick up their pet's waste in the neighborhood. Please ensure that your family members realize how important it is to be a responsible pet owner:

Dog poop is not natural, especially in the quantities that are generated by pets. It harms the environment and threatens public health.

Forgot your waste bag? No worries! ***The Broadlands HOA has 78 mutt mitt stations to offer residents.***

Don't want to carry it with you? No problem, most of our mutt mitt stations have trash cans attached.

Even if your dog poops in the woods, you still need to clean it up. Not only is it unsightly, it can get into streams and into the water supply.

It's the law! Is it a violation of the Association Declaration, Article 8, Section 8.2(q) to not pick up your pet's waste, it is also a county ordinance violation. Please reference Loudoun County Ordinance, Chapter 612.19, Section a (9) Dog waste.

## Covenants Corner

Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

This helps preserve the property values for home ownership, promotes community harmony and ensures the high standards of living that our residents have come to expect are maintained.

If any violations of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this processes, or have corrected the violation(s), or if you would like to request an extension on a maintenance violation, please contact the Covenants office at [covenants@broadlandshoa.com](mailto:covenants@broadlandshoa.com) or Suzan Rodano, Covenants Manager at 703-729-9704, option 2.



### ***Vultures - Continued from page 7***

Repeat this every day until the bird gives up and goes away.

Vultures are quite stubborn and may return after you scare them away. You have to be patient.

Additionally, vultures are afraid of hawks and owls. The use of decoys of owls and hawks may also prove effective. They also do not like shiny objects or water, so some manufactures have developed motion sensor hoses for the purpose of scaring them away. Always use your trash bins instead of placing bags at the curb and it is helpful not to place bins at the curb until the morning of trash pickup. Wild animals are known to tear apart the bags and vultures are no exception.



## More Craft Events Coming Your Way

Due to high demand, the Events Committee is adding a couple more craft events to the calendar this year. Another succulent craft event and a kids craft event are headed your way. Look in future newsletters for more information.

## The Pooch Pool Party is Right Around the Corner!

**Saturday, September 7th, 2019**

**9:00am - 1:00pm**

**Summerbrooke Pool**

**21580 Demott Drive**

Close out the summer swim season with a unique socialization and exercise activity for your dog!

### Time Slots:

9:00am - 9:50am

10:00am - 10:50am

11:00am - 11:50am

12:00pm - 12:50pm

Four fifty (50) minute time slots.

### Cost:

\$5.00 per dog per time slot. You can sign your dog up for one, two, three, or four... it's up to you! Sign up information will be in the August newsletter. Online sign ups will end at noon on Friday, September 6th.

**If you'd like your best furry pal to participate, make sure that he or she is:**

- at least 6 months old
- spayed or neutered
- friendly and used to group play
- physically fit for swimming and playing
- capable of safely exiting a swimming pool and ready to have fun!

***This pool paw-ty should be a barking good time!***

Owners must sign a liability waiver and bring proof of current rabies vaccination. To ensure your pup's safety, we'll have a lifeguard on duty.

Veterinary staff will be on site for the entire event, and all proceeds from the pool party go to charity.

**No one under 18 allowed in the pool.**

## Broadlands Residents Help to Keep Broadlands Beautiful

A big thank you to Elsa, Edison, and Eden Boone. They spent a Saturday morning cleaning up litter and trash around the pond near Dunkin Donuts. By the time the siblings were done, ages 4, 8, and 9, they had collected six bags! Snaps to the Boone kids for helping to keep Broadlands beautiful!







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# Thunderstorm Safety – Avoiding a Lightning Strike



Warm weather usually means fun in the sun, but summer heat also can bring severe weather. Threatening thunderstorms often loom large on summer afternoons so it's important to be prepared for downpours and accompanying lightning, which can strike outdoors or indoors. Consider the following suggestions when planning both outdoor and indoor events this summer to reduce the risk of a lightning strike.

- Watch the weather. Pay attention to your local weather forecast before participating in outdoor activities. If there's a chance of thunderstorms, consider rescheduling or moving events indoors. If that's not possible, have an emergency plan in place in case a severe storm rolls in and designate a sufficient nearby structure as an emergency shelter.
- Stay inside. If severe thunderstorms are imminent, go indoors and wait until they pass. Safe, enclosed shelters include homes, offices, shopping malls and vehicles with hard tops and closed windows. Open structures and spaces do not provide adequate protection.
- Duck and crouch. If you're caught outside during a severe storm, it's important to crouch low on the ground, tuck your head and cover your ears to help protect yourself from harm. Do not lie down; lightning

strikes can produce extremely strong electrical currents that run along the top of the ground, and laying horizontally increases electrocution risk.

- Turn off faucets. During a thunderstorm, lightning can sometimes be conducted through the plumbing. Avoid any type of contact with running water, including bathing, showering, and washing your hands, dishes, or clothes.
- Turn off electronics. All electrical appliances—televisions, computers, laptops, gaming systems, stoves, and more—that are plugged into an electrical outlet could carry a current from a lightning strike. Surge protectors will reduce the risk of damaging electronics.
- Stay away from windows. Not only is lightning a threat, but high winds and hail create flying debris that could be harmful during a thunderstorm. Close all windows and doors and keep away from them.

If you are at one of our swimming pools when a storm hits, the lifeguards will evacuate the pool for safety when thunder or lightning are present. As recommended by the National Lightning Safety Institute, the pools will be closed and pool activities will remain suspended until thirty minutes after the last thunder is heard or lightning strike is seen.





Flicks in the Sticks photo courtesy of John Horner

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# CURB APPEAL with CONSERVATION LANDSCAPING



BY OYA SIMPSON, Chair of the Conservation Landscape Committee

*Most of us enjoy listening and watching birds and butterflies. It's an added bonus when they come to visit our gardens. Let's find out some basic information about their diet so you can understand what can help their healthy survival.*

## How Much Do Birds Eat Each Day?

According to Cornell Lab of Ornithology, this completely varies depending on the species. As with mammals, the amount of food a bird eats



depends on the caloric value of the food, the size of the bird, the bird's activity levels, and the temperature of its environment.

A chickadee may eat 35% of its weight in food each day while a Blue Jay may eat only 10% of its weight and a Common Raven only 4%—but they all need more calories on colder days than warmer ones. **Hummingbirds can consume** 100% of their body's weight in sugar water or nectar every day, in addition to as many as **2,000 tiny insects!** Before migration, it's not unusual for a hummingbird to double its weight, adding a huge amount of fat to power the long journey. You can follow the migration and also report your sightings online at [JourneyNorth.org/maps](http://JourneyNorth.org/maps)

## Bringing Butterflies into Your Gardens!

Some of the most common butterflies seen in our area are Spicebush Swallowtail, Silver-spotted Skipper, Eastern Swallowtail and Monarchs of course. Just like the birds, butterflies have their special needs to sustain their existence which we also get to enjoy.

**Shelter** - for example, Adult Zebra Swallowtail needs moist woods along rivers, woods swamps, pine flatwoods as a habitat. Spicebush Swallowtail needs deciduous forests, second growth woods, edges, wooded swamps and pine barrens. Adult Monarchs need meadows, weedy fields and moist areas. Search online for **A Beginner's Guide to Butterfly Identification in Northern Virginia and Washington, D.C.** for additional info.

**Butterflies also need special host plants to lay their eggs.** If you want to see Tiger Swallowtail plant *Prunus serotina* (Wild Cherry), *Liriodendron*



*tulipifera* (Yellow Poplar). Invite Monarchs by planting *Asclepias syriaca* (Common milkweed), *Asclepias incarnata* (Swamp milkweed), Butterfly weed, *Asclepias tuberosa* (Whorled Milkweed) and *Asclepias exaltata* (Poke Milkweed).

*Hopefully we will again enjoy these beautiful creatures visiting our gardens this summer as we try to support their healthy existence, just like they do support us!*



# Ashburn Library - July Programs

## Submitted By: Debbi Zisko, Friends of the Ashburn Library

### Didgeridoo Down Under Monday, July 1, 7:00pm

This Australian-themed show combines music, culture, science, comedy & audience participation

### Family Art (For Grades K-5), July 2, 3:00pm

Create works of art with found objects. Explore printmaking, painting and sculpture as a family.

### Adult Book Club Tuesday, July 2, 7:00pm

"Walking on the Wild Side: Long-Distance Hiking on the Appalachian Trail," by Kristi McLeod Fondren

### DIY Teens: Stranger Things Pet Polliwog (Materials provided) Wednesday, July 3, 3:00pm

Kick off Season 3 of "Stranger Things" & your own "Demo-dog" or pet pollywog from the Upside Down.

### First Mime on the Moon Monday, July 8, 7:00pm

Using mime, comedy and interactive stories, Robert Rivest delivers hilarious highlights of space travel, including the Apollo 11 moon landing.

### Backyard Explorers Tuesday, July 9, 3:00pm

Embark on an adventure in the wilds of Loudoun County. Experts from Banshee Reeks Nature Preserve will help us explore local plants and animals with hands-on activities. For Grades K-5.

### Introduction to Dungeons & Dragons (For teens). Tuesday, July 9, 6:00pm

Adventurers wanted: Discover new worlds, make friends and learn how to play Dungeons & Dragons.

### Succulent Planter or Terrarium Wednesday, July 10, 3:00pm

Make a small planter or terrarium to nurture your soul.

### Family Movie Night: 'Mary Poppins Returns' Wednesday, July 10, 6:30pm

Make a craft and enjoy a viewing of "Mary Poppins Returns" (Rated PG, 130 minutes).

### Sunshine and Sundials For Grades K-5. Thursday, July 11, 3:00pm

Bask in the sun and learn how sundials are used to tell time with the Analemma Society and the North American Sundial Society. Make your own sundial, just like Thomas Jefferson.

### Paint a Star Wars Character For Grade 9-adult. Thursday, July 11, 7:00pm

Use the Force, let go and paint your own BB-8 masterpiece. Supplies provided.

### Block-By-Block Literary Applique Quilt For Grade 9-adult. Thursday, July 11, 7:00pm

In this monthly program, you'll learn to hand-applique a minimalist literary-themed block to create a unique book-lovers quilt. Come every month or just once. All sewing levels welcome. Supplies provided.

### Apollo 11 Moon Landing Live For teens and adults. Saturday, July 13, 2:00pm

Relive the historic day as we replay the 1969 live broadcast of the Apollo 11 moon landing. Period dress welcomed

### Strategy Gaming Sunday, July 14, 1:00pm-4:00pm

Come play games! For adults.

### 123 Andrés Monday, July 15, 7:00pm

Sing, dance and tap out rhythms as you practice some Spanish words with this Latin Grammy winner.

### Unicorn Party Grades K-5. Tuesday, July 16, 3:00pm

Unicorn lovers unite! Put on your horns and join us for crafts, activities and all things unicorn.

### Super Smash Bros. Tournament For teens. Wednesday, July 17, 3:00pm

Are you the best Super Smash Bros Wii U player in Loudoun County? Win this qualifying round to represent Ashburn Library in the finale at the After Hours Teen Center (Cascades Library) on Fri, August 16.

### Jewelry Basics: Solar System Bracelets For Grade 9-adult. Wednesday, July 17, 6:30pm

Explore your universe and create the solar system for your wrist. Each planet is represented by different beads. Supplies provided.

### Children's Science Center Mini Labs For Grades K-5. Thursday, July 18, 3:00pm

The Children's Science Center hosts hands-on activities designed to promote a love of learning STEM. Family members encouraged to join the fun.

### Introduction to Photography Grade 9-adult. Thursday, July 18, 7:00pm

Professional photographer Chas Sumser will discuss components of modern cameras, exposure modes (manual to automatic), the exposure triangle (aperture, shutter speed, ISO) and white balance.

### Summer Unschool For Grades K-5 with an adult. Saturday, July 20, 3:00pm

Have fun as a family with games and activities to keep your kids learning over the summer. Discover tips to use at home to prep for the next school year.

### Aliens: Escape from Earth with ScienceTellers Monday, July 22, 7:00pm

Action-packed and educational alien adventure that uses science experiments for special effects.

### Under the Big Top For Grades K-5. Tuesday, July 23, 3:00pm

Step right up and join us under the big top as we play carnival and circus games.

### ESOL Book Club For adults. Thursday, July 25, 10:00am "Sula," by Toni Morrison

A monthly adult book club for advanced-level English-learners. Pick up books at the Main Desk.

### Wild About Nature: Butterflies Grades K-5. Thursday, July 25, 3:00pm

Learn about butterflies and why we need them. Activities will be outside, weather permitting.

### DIY Moon Phases Wall Hanging Saturday, July 27, 2:00pm

Explore your universe and create a unique wall hanging that depicts the phases of the moon.

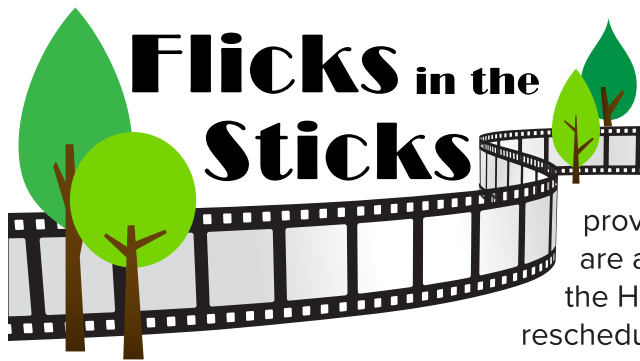
### Reptiles Alive! For all ages. Monday, July 29, 7:00pm

A great introduction to the world of reptiles. Featured animals may include a boa or python, a tortoise, lizards and other amazing animals. Come early-Space may be limited!

### Stories on the Big Screen For Grades K-5. Tuesday, July 30, 3:00pm

Enjoy reading in a whole new way with BookFlix. We'll watch some favorite stories come to life on the big screen and make book-themed crafts.





Your favorite superheroes are back! Mr. Incredible, Elastigirl, Violet, Dash and Jack-Jack are off on another Incredible adventure! Join us on the Nature Center lawn for an evening of animated fun. Bring the kids and find your spot on the lawn. Lawn chairs\* and coolers are welcome. Popcorn and drinks are provided. Movies begin around sundown - the times listed are approximate. In the event of inclement weather, check the HOA website to see if the movie is cancelled or rescheduled. Rated PG, 118 minutes. Parental guidance information is available on the website.

**Saturday, July 13, 8:45 pm**



**INCREDIBLES 2**

\*We request that lawn chairs keep to the sides as to not block the view down the center.

Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the Technology Committee.

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## Briar Woods Band - Yearend Wrap Up



The Briar Woods Band program wrapped up their 2018-19 year by playing for Commencement on June 11, 2019. It's been an extraordinary year with more trophies and accomplishments than ever before.

The year began last summer with the highly regarded Lord of the Rings marching show. Besides multiple superior ratings at competitions across the region, Band Director Duane Minnick said at the band's annual banquet, "This was the best marching band Briar Woods has ever produced."

The winter and spring seasons were capped with a trip to the Pidgeon Forge Band Festival where all three concert bands and both jazz bands won superior ratings. The Falconaires won second in the color guard competition. Collectively, Briar Woods won the Grand Champion's trophy for the best overall band at the Festival.

At formal assessments this year, Briar Woods had a prefect record. The Marching Regiment, all three concert bands, and both Jazz bands scored superior (the highest rating possible) at their respective assessment competitions. This success earned Briar Woods recognition as a Virginia State Honor Band for the 2018-2019 year.

Preparations for the 2019-20 season are already underway. Mr. Minnick has announced the theme for the fall marching show will be the music of Led Zeppelin. Come out to Briar Woods home football games or area marching competitions to hear special arrangements of Black Dog, Stairway to Heaven, Immigrant Song, Kashmir and other iconic songs.

Summer camp for those marching with the Falcon Regiment and the new Falconaire Flag Team begins on July 29. Two practices a day to learn the new show before the first home football game.

As the year comes to a close, the Briar Woods band family would like to thank all of those across Ashburn who came out to hear performances, supported various fundraisers and made this year such a success. We could not have done it without you.

## Girl Scout Troop 4099's Annual Service Project Helps Keep Broadlands Beautiful







## Should Your Teen Get a job?

Submitted by: Dr. Mike Oberschneider, Psy.D.

At what point does getting a job make sense for you and your teen? In Virginia, teens as young as 14 years of age can work, albeit in a limited capacity, but it's not uncommon for teens between the ages of 16 and 19 to have a part-time job – both during the Summer and the school year. The benefits to working for teens are numerous, and I've listed the main ones here:

- Having a job as a teen pays off academically. Research in this area of study has repeatedly shown that teens who work actually do better in school. More specifically, teens who work between 10 and 15 hours a week have higher grades than teens who don't work at all. One study even found that teens who work in high school earn higher salaries later in life compared to their non-working high school peers.
- Having a job builds confidence in teens, which in turn contributes to an increased sense of responsibility and independence -- all needed qualities for life after high school.
- Having a job as a teen teaches time management, which is also important to learn as your teen ages out of childhood and transitions into young adulthood.
- Teens learn more about the value of a dollar when they have to work for that dollar. Having a job teaches teens how to save or budget and spend money more responsibly. From contributing to car expenses and a college fund and to everything in between, having a job teaches teens about money management.
- Having a job as a teen helps with the development of interpersonal and social skills. As human beings we are social beings, so having a job forces teens to learn how to successfully manage themselves with others in a work setting.

- Having a job as a teen helps with structuring time more responsibly and constructively. Beyond managing time with school work with a job, having a workplace commitment means less down time in the afternoons and evenings for your teen. As the old saying goes, "Idle time is the devil's workshop," and this can be very true for many teens.

It's important to note that your teen may not be ready to work when you'd like him or her to be; thus, being sensitive to your teens social/emotional bandwidth and level of maturity developmentally is important before filling out those applications. If you feel your teen is too socially anxious to hold a job, for example, perhaps having him or her take on some volunteer work first would be good practice and more manageable.

Lastly, if your teen is reluctant or slow to the moment with applying to jobs, you may want to assist in the application process. We as parents and adults know that getting a job doesn't mean filling out an online application to just Top Golf or Game Stop only to wait and wait and wait to hear back. In my opinion, your teen should fill out a lot of on-line applications, and also walk in to places that have posted help wanted signs. And yes, most applications are on-line these days, but that doesn't mean that your teen can't stop into a place (after applying on-line) to introduce him or herself to a potential employer. An on-line application will certainly get things going, but following up with a strong in person introduction can be what's needed to separate your teen from the larger pack of on-line applicants to secure that job!

Here's to your teens' restful, fun, and productive Summer!



## 2019 PIRANHA SWIM TEAM HOME MEETS & EVENTS

Visit [broadlandsswimteam.org](http://broadlandsswimteam.org) for complete schedules of both ODSL & CSL practices, home, and away swim meets.  
*Practices for ODSL team may continue to 11:30am at Southern Walk pool through July 26th*

### CSL PIRANHA SWIM TEAM – COMMUNITY CENTER POOL

Saturday, June 8	AM - Time Trials	6:00am - Noon
Saturday, June 15	AM - Swim Meet	6:00am – Noon
Wednesday, June 19	PM - Swim Meet	Closes at 4:00pm
Saturday, June 22	AM - Swim Meet	6:00 am - Noon
Saturday, July 13	AM - Swim Meet	6:00am - Noon
Wednesday, July 17	PM - Swim Meet	Closes at 4:00pm

### ODSL PIRANHA SWIM TEAM – SOUTHERN WALK POOL

Saturday, June 8	AM - Time Trials	7:00am – Noon
Saturday, June 15	AM - Swim Meet	7:00am - Noon
Wednesday, June 26	PM - Swim Meet	Closes at 4:00pm
Wednesday, July 10	PM - Swim Meet	Closes at 4:00pm
Saturday, July 13	AM - Swim Meet	7:00am - Noon
Sunday, July 14	CSL - Team Party	Closes at 5:00pm
Saturday, July 20	ODSL - Team Party	Closes at 4:00pm

## *Does your child struggle with reading? Does homework take forever?*

One out of four children struggle with reading and learning  
because of eye coordination & eye movement problems

### Symptoms of a Vision Problem:

- Doesn't like to read
- Skips or rereads lines
- Slow, difficult time reading
- Headaches
- Fatigue, frustration, stress with reading/homework
- Loss of place when reading
- Difficulty paying attention
- Complains that words move on page
- Behind grade level in reading



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## Meet Your Lifeguards

**Submitted Submitted by: Julie Holstein, Pool Liaison**

Broadlands Associations is lucky to have lifeguards from near and far, who are the guardians of our resident's safety at our three pools each summer. Many of them are students from Briar Woods High School, as well as college students home for the summer. Still, others come from various countries around the world including Slovakia, Macedonia, Turkey, China, Bulgaria, and many others. We are grateful to have such hardworking staff each year who dedicate their summers to ensuring our members continue to have wonderful summer memories. Highlighted below are two returning lifeguards to our pools this year:

### International Guard: Darko Jovanovski

My name is Darko Jovanovski, I am 22 years old. I study Mechanical Engineering at Ss. Cyril and Methodius University of Skopje, Macedonia and will graduate next year. This is my third year working in the United States at the Broadlands swimming pools. I am proud to say that I am a lifeguard and swim instructor and have spent the last three summers at the Summerbrooke pool keeping kids safe and teaching them how to swim. Both jobs are very honorable and respectful. Broadlands is an awesome place to live, work, and meet new people.

When I have free time I usually listen to music, play basketball, swim, and go out with my friends. I also enjoy spending good times with my family. I am looking forward to this summer and I am sure it is going to be perfect. I recommend this summer job to every student!

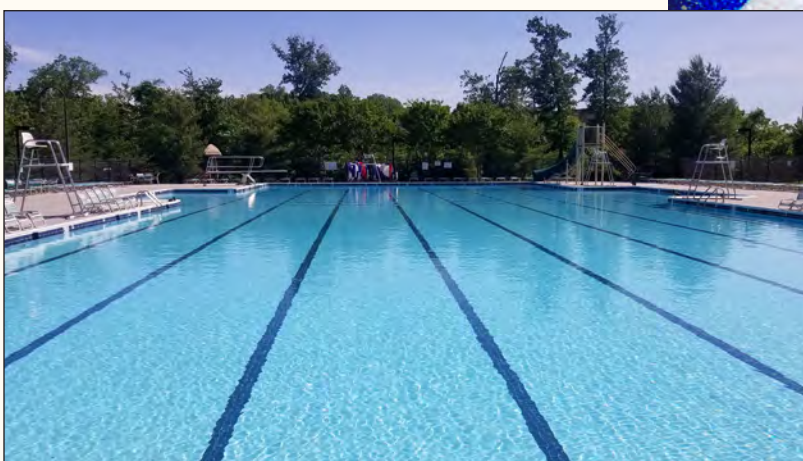


### Local Guard: Keely Cunanne:

Hi, my name is Keely Cunanne and I just graduated from Briar Woods High School and will be attending Purdue University in the fall. This is my third season with High Sierra Pools as a lifeguard. This summer I will be working most of my shifts at the Community Center pool but will be lifeguarding at all three Broadlands pools throughout the summer. I enjoy serving my community and meeting people from many different places. When I am not lifeguarding, I enjoy running and spending time with friends.



*Please take the time to say hello and get to know Darko, Keely and all the lifeguards! THANK YOU for all the hard work and dedication you have provided us throughout the years!*





**SATURDAY, AUGUST 17, 2019**  
**6:00 - 8:30PM SOUTHERN WALK POOL**

ENJOY MUSIC BY A DJ, PIZZA, DRINKS AND LOTS OF TREATS.  
 WE'LL HAVE A GIANT WATER SLIP N SLIDE,  
 PHOTO BOOTH, AND MANY OTHER SURPRISES.

# BACK TO SCHOOL MIDDLE SCHOOL POOL Party

MEET UP WITH YOUR FRIENDS AND GET READY  
 TO HAVE SOME SUMMER FUN BEFORE SCHOOL STARTS AGAIN

**ALL RISING 6<sup>TH</sup>, 7<sup>TH</sup> AND 8<sup>TH</sup> GRADE BROADLANDS RESIDENTS ARE WELCOME!**

Middle schoolers can only attend with a completed emergency contact form. The form can be obtained at: [broadlandshoa.org/event/msparty2019](https://broadlandshoa.org/event/msparty2019). Blank forms will also be available at the event but must be completed by an adult. Middle schoolers with completed forms can be dropped off at the orange-coned area next to the pool entrance.

We need volunteers to make this event a success! Parents are needed to chaperone and serve food. Please sign up at <https://www.signupgenius.com/go/60B0D4AABAC2DA57-broadlands> or [broadlandshoa.org](https://broadlandshoa.org). **No parents or non-middle school age kids will be allowed inside the pool gates unless volunteering.** All volunteers must obtain a volunteer tag from Ginger Rogers at the event. **The HOA is not responsible for kids who leave the party premises.**



# Celebrate Independence Day with these Festive Drinks



## Blueberry Lemonade Margaritas

In a medium saucepan over medium heat, combine sugar and water and stir until sugar has dissolved. Add blueberries and lime zest and bring mixture to a boil. Reduce heat and simmer mixture until blueberries have burst, about 5 minutes. Remove from heat and let cool 10 minutes, then strain mixture into a clean jar. Let cool completely. On a small plate, stir together sugar and salt. Rim each glass with a lime wedge, then dip in sugar salt mixture. Divide tequila, triple sec and lemonade between 4 glasses. Fill each glass with ice, then top with blueberry syrup. Garnish with a lemon wedge and serve.

*For the syrup*  
1/2 c. granulated sugar  
1/2 c. water  
1 c. blueberries  
Zest of 1 lime  
*For the margarita*  
2 tbsp. kosher salt  
2 tbsp. granulated sugar  
1 lemon, cut into wedges  
8 oz. tequila  
4 oz. triple sec  
3 oz. lemonade  
Ice



## Blackberry Mojito Recipe

In a small bowl, muddle blackberries. Set aside. Place mint leaves in bottom of glasses. Divide and spoon blackberry mixture on top. Add rum, sugar, and lime juice and stir to combine. Top with crushed ice. Add club soda and garnish with mint leaves and more blackberries.

1/2 c. blackberries  
handful fresh mint leaves  
Juice of 2 limes  
1 tsp. sugar  
1/2 c. light rum  
Crushed ice  
club soda



## Watermelon Sangria

In a blender combine watermelon, moscato, rum, lime juice and zest, and sugar and blend until smooth. Refrigerate until chilled. Garnish glasses with lime slices and serve.

4 c. cubed watermelon  
1 750-ml. bottle moscato  
1 c. rum  
Juice of 4 limes  
Zest of 2 limes  
1 tbsp. sugar  
lime slices, for garnish





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## Ashburn Volunteer Fire and Rescue July News

**Pancake Breakfast - July 9th, 8:00am - 11:00am, Founders Hall, Station 6, Ashburn Road.** Great opportunity to chow down with family and friends and, avoid doing dishes. Enjoy a broad selection of yummy breakfast foods to satisfy hearty appetites (we have paleo and keto friendly options on the menu too!) \$9.00 Adults, \$7.00 Seniors, \$5.00 Children ages 3-8, Children under 3 years old are free. Craft table for kids. (No parking at Mediterranean Breeze parking lot.)

**July 30th - Prospective Members Meeting - 7:00pm - Station 6, Founders Hall, 20668 Ashburn Road - Founders Hall**

**Volunteer Firefighters and EMTs needed!** Gear up and join the action, admins needed too! Free training, uniforms & personal protective gear provided. Benefits, admin volunteers needed too - support our AVFRD volunteer fire company. Lots of opportunities to help out: Open house, pancake breakfasts, special events, data entry, publicity, act as patients for EMT state exams and more.

Come and join us, meet your neighbors, make a new friend. For more information, go to <https://ashburnfirerescue.org>

### HAVE A HAPPY AND SAFE 4TH!

**Looking for a place to hold a wedding, meeting, birthday party or other special event?** Founders Hall at Station 6, our newly remodeled facility, is now ready for your next event.

**Partial list of Founders Hall at Station 6 Amenities include:**

- Easy / Handicapped accessible access
- 3600 square feet of available space (not including kitchen)
- Maximum occupancy: 225
- Air conditioning / Heating
- Modern, accessible restrooms
- Rent kitchen; AV system (\$50 including sound system, screen projector (via HDMI); free Wi-Fi

For more information, visit <https://ashburnfirerescue.org/facilities-apparatus/founders-hall/> or contact Event Coordinator at [foundershall@avfrd.net](mailto:foundershall@avfrd.net).



# Tennis - Sign Up Soon...Classes Are Filling Up Fast!



Official Broadlands tennis pros Don Barker and Jeet Bhide are ready for the Summer Camp and the Summer/Fall Session.

## SIGN-UP TODAY!

- All lessons taught by PTR Professional level coaches
- Low student to pro ratio
- All lessons taught at the Broadlands Nature Center courts

## SUMMER CAMP:

**Week of July 29 - August 2, 2019**

## 8 WEEK GROUP SUMMER/FALL SESSION:

**July 29 - September 22, 2019**

### 1 HOUR JUNIOR LESSONS

- Red Ball Stage 1 (Ages 4-6): Tuesday 5:00pm, Sunday 10:00am
- Red Ball Stage 2 (Ages 7-8): Tuesday 6:00pm
- Orange Ball Stage 1 (Ages 8+): Thursday 5:00pm or Sunday 11:00am
- Orange Ball Stage 2 (Ages 8+): Thursday 6:00pm

### 1.5 HOUR JUNIOR LESSONS

- Green Ball Stage 1 (Ages 10+): Monday 5:00pm
- Green Ball Stage 2 (Ages 10+): Monday 6:30pm or Saturday 9:00am

- Yellow Ball Stage 1 (Ages 12+): Wednesday 5:00pm
- Yellow Ball Stage 2 (Ages 12+): Wednesday 6:30pm, Saturday 10:30am

### 1.5 HOUR ADULT LESSONS

- Beginner and Advance Beginner: Tuesday 7:00pm
- Intermediate (3.0 and above): Thursday 7:00pm

### PRIVATE/GROUP LESSONS or for more info:

email [Pro@PrimeTimeTennisAcademy.com](mailto:Pro@PrimeTimeTennisAcademy.com) for more information or visit [broadlandshoa.com](http://broadlandshoa.com). *Email [Pro@PrimeTimeTennisAcademy.com](mailto:Pro@PrimeTimeTennisAcademy.com) for more information or visit [PrimeTimeTennisAcademy.com](http://PrimeTimeTennisAcademy.com) for more information or to register for classes.*





# Playgrounds + Fitness = Fun For Everyone

Submitted By: Katie Herbert, CPT, Knherbert13@gmail.com

Sunny skies and longer days can lead to more outdoor fun than normal. Maybe you have taken to hitting the trails for a jog instead of the treadmill, or biking around Broadlands in lieu of spin class. Perhaps your kids are on you to get out and enjoy one of our great playgrounds. Whatever mode of exercise you enjoy, this time of year is an awesome opportunity to take advantage of all that Broadlands has to offer.

I don't know about you but I have a hard time going inside for a workout when I think about what I'm missing in the great outdoors. If you feel the same way then this playground workout will be just what you've been looking for! Better yet, this workout provides a great opportunity to enjoy time with a friend or get your kids involved (you don't even have to tell them it's a workout, kids innately know how to get moving).

## Playground Circuit:

The goal is to perform 10 reps of each exercise then move on to the next. Complete the circuit as many times as you can. If you happen to be near a track and you'd like to up the cardio, add in a lap between rounds. I also like to use the playground behind the Stone House for my workout then run the hill. Nothing like a good hill run to make you feel like a kid again!

1. **Dips** - use a step on the playground, face away, place hands on the step behind you, bend your knees. Start with arms straight then bend your arms to about 90 degrees, then straighten.



2. **Step ups** - stand facing the playground step up and down leading with the same leg for 10 step-ups then lead with the other leg for 10. You could add variety by stepping up to the side laterally.

3. **Pull-ups or flexed arm hang** - you could use monkey bars or any other high bar on the playground. If you can't do 10, complete as many as you can. You could also jump up and do a flexed arm hang and hold yourself up as long as you can.

4. **Run and slide** - run up the steps, over any bridge and up to the slide, slide down and repeat. This will get your heart pumping, face smiling and add major fun!

5. **Incline push-ups** - using a step, the end of the slide or a bench perform 10 push-ups with your hands elevated. This will make the push-ups a little bit easier but it will also allow fuller range of motion = great results.



6. **Bulgarian Split squat** - this is simply a lunge with your back leg elevated. Find a step or bench and lift your back leg onto it (facing away from the step). Lunge down and up for 10 then switch legs.



7. **Fire pole** - just like it sounds, go down the fire pole then run back to the top and go down again. Don't worry; most of our playgrounds have them...I've checked.

8. **Hanging knee raise** - using a monkey bar or other bar grab hold, let your legs hang then pull the knees into your chest, slowly return legs to start and repeat.

**Outdoor workouts are great but you also want to stay safe. If you are planning to head outside remember these quick tips:**

- Hydration is key. Don't forget a bottle of water.
- Wear lightweight clothing for comfort and breathability.
- Avoid heavy exertion during peak heat. Opt for early morning or evening workouts instead.
- Remember sunscreen and a hat. Even if you think it will be a quick workout, protect your skin.
- Don't forget to have fun and be creative!



FLOAT NIGHTS ARE FREE TO BROADLANDS POOL MEMBERS & THEIR GUESTS  
VALID POOL PASS IS REQUIRED FOR ENTRY TO POOL

THURSDAYS • JUNE 20 • JULY 11 • JULY 25

# Float Night

🕒 5:00 PM - 9:00 PM 📍 SOUTHERN WALK POOL, 43081 VILLAGE DRIVE



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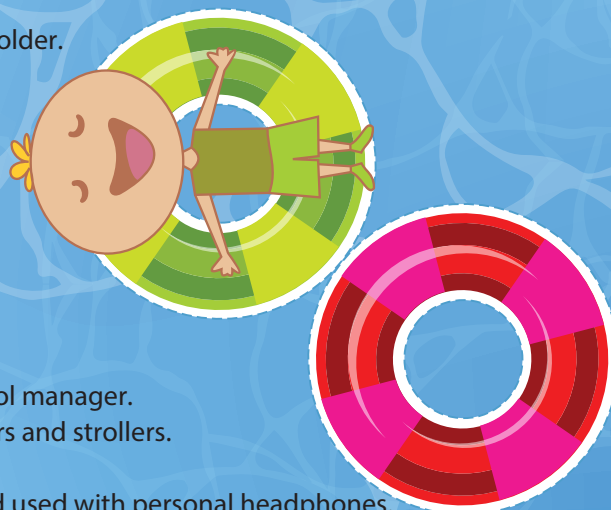






# POOL GENERAL RULES

- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over.
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit.
- Members must use guest passes for each guest aged 5 and older.
- **NO** glass containers or breakable objects.
- **NO** food or drink except in designated areas.
- **NO** alcohol or drugs.
- **NO** smoking.
- **NO** pets.
- **NO** chewing gum.
- **NO** profane language.
- **NO** running, pushing, dunking, wrestling or rough play.
- **NO** general swimming in diving area.
- **NO** water toys or other equipment unless authorized by pool manager.
- **NO** play equipment or wheeled vehicles, except wheel chairs and strollers.
- **NO** diving in shallow area.
- **NO** tape players, CD players or radios unless waterproof and used with personal headphones.
- **NO** floatation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear floatation devices
- **NO DISPOSABLE DIAPERS.** Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit.
- Pool members are responsible for the conduct of their guests.
- Adults are responsible for the safety and conduct of all children in their care.
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules.
- Members and their guests using the pools do so at their own risk.
- No lifeguards are on duty at the wading pools.



MEMBERS MUST COMPLY WITH ALL  
LIFEGUARD INSTRUCTIONS

Rules are subject to change.  
The complete text of the Broadlands Pool  
Rules is available at the Association Office or  
on the website [broadlandshoa.org](http://broadlandshoa.org)



# POOL LOCATIONS & HOURS

## 2019 POOL SEASON



### Southern Walk Pool (SW)

43081 Village Drive | 571-223-1331

#### When School is OUT of Session:

11:00 am – 9:00 pm Daily  
11:00 am – 9:00 pm Weekends & Holidays  
11:00 am – 8:00 pm August 1<sup>st</sup> to Labor Day

Long Course Lap Swim: Jul 20, Jul 27, Aug 3  
Saturdays: 8:00 am – 10:00 am

Long Course Lap Swim: Tues, Wed, Thurs  
5:30 am – 7:50 am Begin: Aug 6 End: Aug 22



### Community Pool (CC)

43008 Waxpool Road | 703-724-7830

#### When School is OUT of Session:

12:00 pm – 9:00 pm Daily  
12:00 pm – 9:00 pm Weekends & Holidays

#### Lap Swim at Community Center Pool:

5:30 am – 7:50 am Tuesday, Wednesday, Thursday  
Begin: Jun 11 End: Aug 1  
(NO Lap swim Jul 4)



### Summerbrooke Pool (SB)

21580 Demott Drive | 703-724-9818

10:00 am – 8:00 pm Daily, from opening day, May 25<sup>th</sup>  
to closing day, September 2<sup>nd</sup>

**NO ONE** will be admitted to the pools without their Pool Pass ID, so please do not forget to bring your pool pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check our website at [broadlandshoa.org](http://broadlandshoa.org) and/or the postings at each pool for any changes to hours of operation.

## SPECIAL EVENTS & HAPPENINGS

### SW Pool – Events and Hours

We, Jul 10	ODSL Swim Meet	Closes at 4:00 pm
Th, Jul 11	Float Night	Closes at 9:00 pm
Su, Jul 14	CSL End of Season Party	Closes at 5:00 pm
Sa, Jul 20	Long Course Lap Swim	5:30 am – 7:50 am
Sa, Jul 20	ODSL End of Season Party	Closes at 4:00 pm
Th, Jul 25	Float Night	Closes at 9:00 pm
Sa, Jul 27	Long Course Lap Swim	5:30 am – 7:50 am
Sa, Aug 3	Long Course Lap Swim	5:30 am – 7:50 am
Sa, Aug 17	Middle School Pool Party	Closes at 4:00 pm

### CC Pool – Events and Hours

We, Jul 17	CSL Swim Meet	Closes at 4:00 pm
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# Season 16!

## Free Summer Concert Series

Hillside Park 🎵 43051 Waxpool Road

2<sup>nd</sup> Fridays ☀ May to August ☀ 6:00 PM to 9:30 PM

2019  
LINE UP

### MAY 10

#### Jazz & Reggae

6:00: Christos DC

7:15: Amplificasian

8:00: The Archives Featuring Lenny Kurlou

### JUNE 14

#### Country, Pop, Classic Rock & Roll

6:00: Big Al's Truck

7:15: Blend Coffee Bar—AGT Winner

8:00: Twisted Flags

### JULY 12

#### Pop & Rock

6:00: Mia Rocks Band

7:15: Kage

8:00: Vinyl Invention

### AUGUST 9

#### Soul, R&B, Motown & Original Music

6:00: Lost Locals

7:15: Blend Coffee Bar—AGT Winner

7:45: The Gayle Harrod Band

*Be on the lookout for some sleight of hand wizardry with Sly's Magic!*



#### BROADLANDS LIVE! SUMMER CONCERT

*SERIES offers the enjoyment of listening to cool tunes in our very own natural amphitheater. Bring your dancing shoes and enjoy the awesome vibes of all the performers!*

*Come ready to picnic with food available for purchase from neighborhood favorites Domino's Pizza, Parallel's Food Truck and 1,000 Shakes. Your own personal picnic is allowed but our vendors make your evening that much easier for a no fuss night of fun.*

**\$100  
Swag Bag  
Raffles!!**

**BYOB, BUT PLEASE LEAVE THE GLASS BOTTLES AND DRINKWARE AT HOME.**

All alcohol must be consumed in the beer garden.

**WHETHER YOU ARE 21 OR 81, YOU MUST SHOW ID FOR A WRISTBAND, NO EXCEPTIONS.**

Don't forget your blankets & folding chairs to enjoy a fantastic evening of music, food and fun!

**NO PETS ALLOWED • NO SOLICITING**

Follow us on Facebook for your chance to win an amazing gift bag prize generously filled by local businesses. Be sure to check out the fun photos on Instagram @Broadlandslive




**VISIT BROADLANDSLIVE.COM  
FOR DETAILS & UPDATES**

#### GOLD SPONSOR

# HLS

Heritage Landscape Services  
An affiliate of K T Enterprises, Inc.

#### ENTERTAINMENT SPONSORS

Van Metre  GRIFFIN OWENS  
INSURANCE GROUP

#### SILVER SPONSORS

Stream Valley Veterinary Hospital



 BROADLANDS FAMILY PRACTICE 

#### IN-KIND & VENDOR SPONSORS

1,000 Shakes •  
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Parallel Wine  
Bistro &  
Whiskey Bar •  
Sweet Memories  
Photography •  
The Zone •  
Sunband Inc.



# Broadlands Area Clubs and Groups

Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email [nihanainen@broadlandshoa.com](mailto:nihanainen@broadlandshoa.com).

## ASHBURN CLASSICS

We will meet on July 13th at the Mills Recreation Center in Ashburn Village. The theme for the meeting is GOING TO THE BEACH. Members are requested to bring their own picnic basket. The Ashburn Classics host several satellite clubs; i.e. bridge, Pay Me, Mexican Train, and Bunco. All members are invited to participate in the various satellite clubs. For more info, please call 703-723-3056.

## ASHBURN TOASTMASTERS

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit [ashburn.toastmastersclubs.org/](http://ashburn.toastmastersclubs.org/).

## BRAMBLETON LADIES GOLF LEAGUE

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at [www.brambletonladiesgolf.org](http://www.brambletonladiesgolf.org) or call Sara Carlin at 703-723-3000.

## CONSERVATION LANDSCAPING COMMITTEE

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about how the committee works, visit [BroadlandsNaturally.org](http://BroadlandsNaturally.org).

## ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

We are studying various Women's Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

## GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit [griefshare.org](http://griefshare.org).

## INDIAN SOCIAL CLUB

This group of local Asian Indian families play cards for fun once a month by rotation. Please contact Saleshe Gupta 571-435-3192 or email [SalGup20@yahoo.com](mailto:SalGup20@yahoo.com).

## MOMS CLUB OF ASHBURN

Broadlands & Brambleton resident moms who organize weekly activities for us & our kids. Monthly Member Social every 2nd Thursday of the month at 10:00am at Broadlands Community Center. Contact [membership.momsclub.broadlands@gmail.com](mailto:membership.momsclub.broadlands@gmail.com).

## MOMS IN PRAYER – BRIAR WOODS

Briar Woods moms are invited to join us to pray for our children and staff at Briar Woods. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

## MOMS IN PRAYER – EAGLE RIDGE

Eagle Ridge moms are invited to join us to pray for our children and staff at this school. We meet on Tuesdays during the school year. Please contact Catherine for more information at 703-598-4708.

## MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres. For more info email [musicontheheights@gmail.com](mailto:musicontheheights@gmail.com).

## PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

Run by Dr. Michael Oberschneider and Dr. Andrea Lee, group members work on coping and social skills development with Dr. Oberschneider. Dr. Lee runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info call Christine Kutt at 703-723-2999.

## ROTARY CLUB OF ASHBURN

The members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at [ashburnrotary@gmail.com](mailto:ashburnrotary@gmail.com) if you're interested and want to find out more.

## STRESSBUSTERS & MOTHERHOOD (SAM)

SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. We meet monthly on Sunday evenings. For more info email Shea or Erin at [LoudounSAM@gmail.com](mailto:LoudounSAM@gmail.com).

## TECHNOLOGY COMMITTEE

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit [broadlandshoa.org](http://broadlandshoa.org) and click on Committees. Meetings are open to all residents.





Broadlands Helper's List

Not Available on  
Website Edition



**KEY:**

(B) Babysitter's Course; (C) CPR  
(R) Rescue Breathing; (F) First Aid  
(D) Dog & Cat (Pet) First Aid

*\*All area codes are 703 unless noted.*



## Broadlands Helper's List

Not Available on  
Website Edition



## In Case You Need a Hand . . .

### NON-EMERGENCY

Ashburn Fire .....	703-729-0006
Dominion Virginia Power .....	888-667-3000
Fire Marshall .....	703-777-0333
Loudoun County Sheriff .....	703-777-1021
Loudoun Water (customer service) .....	571-291-7880
Loudoun Water (after hours) .....	571-291-7878
Poison Control .....	800-222-3333
State Police .....	703-771-2533
Washington Gas .....	703-750-1000

### BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes) .....	1-571-379-8454
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#### Snow Removal:

• VDOT Streets .....	703-383-8368
• HOA Streets .....	703-729-9704
Trash Pickup (Patriot Disposal) .....	1-703-257-7100

#### Southern Walk Association – OpenBand/Verizon:

• Billing – Katie Halfhill, FirstService Residential	
• katie.halfhill@fsresidential.com .....	571-234-5475
• OpenBand Customer Service 24x7 .....	866-673-6226
• OpenBand Trouble Tickets .....	703-961-1110
• Verizon Transition.....	703-961-1110
Towing (Battlefield Towing) .....	SWHOAB.COM

### PUBLIC INFORMATION

Animal Control/Shelter.....	703-777-0406
Building Permits & Dev.....	703-777-0397
County Landfill .....	703-771-5500
DMV (VA).....	800-435-5137
DISH .....	888-656-2461
DirectTV .....	800-531-5000
Health Department.....	703-777-0236
Library (Ashburn).....	703-737-8100
Loudoun Ride On .....	703-777-2708
Loudoun Hospital .....	703-858-6000
Miss Utility.....	800-552-7001
Metro.....	202-637-7000
Parks and Recreation .....	703-777-0343
Ridesharing.....	703-771-5665
Road Conditions .....	800-367-7623
School Board.....	571-252-1000
Street Signs/Storm Drains.....	703-771-5666
VDOT .....	703-383-8368
Van Metre Homes .....	703-348-5800
Verizon Fios .....	888-553-1555
Xfinity/Comcast .....	800-934-6489
Wildlife Hotline (local) .....	703-440-0800

### SCHOOLS -BROADLANDS

Briar Woods High School .....	703-957-4400
Eagle Ridge Middle School.....	571-252-2140
Hillside Elementary School .....	571-252-2170
Mill Run Elementary School .....	571-252-2160



**ARTS/MUSIC****SAXOPHONE AND CLARINET LESSONS:**

Instructor has a Music Degree and 20 years' performing and teaching experience. Recipient of three awards from the DC Commission for the Arts. Lessons available in your home. References. Call 703-777-4352 or email NoteMagic777@gmail.com.

**EDUCATION - TUTORING**

Writing, Reading, Math, Test Prep. Broadlands resident with Ph.D. and extensive experience teaching and tutoring writing, reading, and

mathematics (Grades 3-8, Algebra 1 and 2, Geometry), SAT and ACT Prep. Information: myincisivelearning.com or call Bill Bajusz at 703-505-1505.

**NEED MATH HELP?**

I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring.com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438 or email me at: aplustestprep@verizon.net.

**FORMER LOUDOUN COUNTY MATH TEACHER:**

Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Statistics, Pre-Calculus and Calculus. SAT prep and test taking strategies for strategic placement tests such as the ASVAB, and nursing. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu\_911@yahoo.com. Please visit: A1mathtutor.weebly.com.

**FITNESS/WELLNESS****GET FIT NOW! INTRO PACKAGE SPECIAL!**

Affordable, certified personal fitness training in your home! Get Fit Now with my 29+ years' experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance, pre-natal/post-partum; Yoga/Pilates; all ages/fitness levels. Safe and effective. Equipment provided. Free phone consultation. Stephanie Gotfried 703-542-2595 or stephaniegotfried@gmail.com; Fitnessstogova.com.

**SWIM LESSONS:**

Swimming's an important skill that could save your life someday. If you have a financial need, and cannot afford swim lessons, I can give lessons to your child for free. I'm 17, and a certified lifeguard. Call Jeffrey at 703-615-5370.

**HOME SERVICES****ASHBURN ELECTRIC:**

Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

**HANDYMAN SPECIALIST:**

Broadlands resident since 1999 with a Class A License and insurance. Everything from those

# BROADLANDS

**HOW TO PLACE A CLASSIFIED AD**

1. Submit a completed Classified Insertion Order Form which can be found on our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter).
2. Classified ads are limited to 40 words maximum and the text should be emailed to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com).
3. Payments can be made on our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter) by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

**MONTHLY RATES:**

- **Resident Rates** - \$15.00 per ad (*For Sale ads are free for Residents only*)
- **Non-Resident Rates** - \$25.00 per ad

**No cancellations are permitted after the deadline.** For more information, contact the Advertising Manager, Stassa Collins at [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com) or 703-729-9714.

*Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.*



dreaded and never-ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General Contracting, 703-862-0415. Mike.Rosario@verizon.net.

#### **HANDYMAN SERVICES:**

For repairs in your home. Small jobs and odds & ends. Plumbing, electrical, water heater replacement, bathrooms, and more...Free estimates. Call: 571-426-2126.

## **MARKETPLACE**

### **GET MORE ENERGY, BETTER FOCUS AND IMPROVED HEALTH SO YOU CAN CRUSH YOUR 2019 GOALS.**

Details, plus nutrition facts to help you live better, stronger and longer at FocusedOnNutrition.com. Contact Averil Bernard at (571) 293-6289 or averil@averilbernard.com.

#### **MARY KAY:**

Get wise to **age-fighting**. Think fine lines should be quoted – not appear on your face? A simple and effective daily program with TimeWise® skin care can help reduce the appearance of fine lines and wrinkles. So skin looks firmer. And feels soft. In 30 days, see a young-looking you! Contact me to experience TimeWise® for yourself. Contact Deborah Leben 703-217-4583, dleben@marykay.com or marykay.com/DLeben.

## **PROFESSIONAL SERVICES**

### **THE CARE CONCIERGE:**

Would you like a walking companion? Do you need a ride to a medical appointment? Would you like someone to have tea with your senior parent? The Care Concierge LLC can help with all of these services and more. Call today or send us an email! 571-485-5091, info@thecareconciergellc.com.

#### **CPA SERVICES:**

WWhy risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or sophear.uoy@sophearcpa.com.

# **Broadlands Community Info . . .**

## **BROADLANDS ASSOCIATION, INC.**

21907 Claiborne Parkway Broadlands, Virginia 20148

Main: 703-729-9704 Fax: 703-729-9733

broadlandshoa.org ♦ info@broadlandshoa.com

**HOA & Nature Center Office Hours:** Monday – Friday, 9:00am to 5:00pm

**General Mailbox:** info@broadlandshoa.com

**Nature Center Hours:** First & third Saturdays, 10:00am to 2:00pm

## **ASSESSMENT INFORMATION OFFICE**

**FirstService Residential: Payments and Resale Docs**

Main: 703-679-1541 Fax: 703-591-5785

fsresidential.com ♦ customerservice.dcmetro@fsresidential.com

**Mail Payments To:**

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

## **BROADLANDS ASSOCIATION STAFF**

**General Manager:** Sarah Gerstein ♦ sarah@broadlandshoa.com

**Covenants Manager:**

Suzan Rodano ♦ covenants@broadlandshoa.com

**Newsletter Editor & Events Committee Liaison:**

Natalie Ihanainen ♦ events@broadlandshoa.com

**Newsletter Advertising Manager & Communications Coordinator:**

Stassa Collins ♦ scollins@broadlandshoa.com

**Secretary to the Modifications Subcommittee:**

Robin Crews ♦ rcrews@broadlandshoa.com

**Administrative Specialist, Pool Liaison:**

Julie Holstein ♦ julie@broadlandshoa.com

**Reception:**

Joanne Hang ♦ joannehang@broadlandshoa.com

**Naturalist:** Erin Fairlight ♦ naturalist@broadlandshoa.com

## **BOARD OF DIRECTORS**

**President:** David Baroody ♦ dm.cmb@outlook.com, 703-729-6785

**Vice President:**

Dawne Holz ♦ holz.d@icloud.com, 703-362-6727

**Secretary/Treasurer:**

Heidi Eaton ♦ eaton.h@icloud.com, 571-232-1830

**Directors:**

Eric Bazerghi ♦ 571-207-6505

Cliff Keirce ♦ 703-729-7320

William Kolster ♦ 703-858-2459

Tania Marceau ♦ 571-331-4381

Joseph T. Wagner ♦ 571-333-0821

John Zuccaro ♦ 571-271-7345

## **COMMITTEES**

**Broadlands Live Concerts:** Tammy Wells, Angela Rabena ♦ broadlandslive@broadlandshoa.com

**Conservation Landscape:** Oya Simpson ♦ osimpson@

broadlandsnaturally.org 703-725-8040\*see Clubs & Groups

**Events:** events@broadlandshoa.com

**Swim Team:** broadlandsswimteam.org

**Technology:** Dawne Holz ♦ deholz@icloud.com\*see Clubs & Groups

**Tennis:** Brad Marcus ♦ bradmarcus@gmail.com



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# BROADLANDS

## Newsletter Advertising Rates and Sizes

### COLOR DISPLAY ADS

Size & Location • Rates are per issue

All ads will be full color (if provided in color)

#### INSIDE PLACEMENTS:

	PRICE Month to Month	PRICE 6+ Months Prepaid Discount	PRICE 12+ Months Prepaid Discount
• Eighth Page (3.75" wide x 2.41" tall).....	\$125	\$100	\$75
• Quarter Page (3.75" wide x 5.00" tall) .....	\$225	\$215	\$200
• Half Page.....	\$430	\$400	\$375
Horizontal: 7.66" wide x 5.00" tall without bleed or 8.5" wide x 5.5" tall with .125" bleed			
Vertical: 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed			
• Full Page.....	\$1000	\$900	\$850
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#### INSIDE COVER PLACEMENTS (Contact for Availability):

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Vertical: 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed			
• Full Page.....	\$1050	\$950	\$900
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• Full Page.....	\$1050	\$950	\$900
7.66" wide x 7.50" tall without bleed or 8.50" wide x 8.25" tall with .125" bleed			

#### SUBMISSION INFORMATION FOR DISPLAY ADVERTISERS

- Visit our website at [broadlandshoa.org/newsletter](http://broadlandshoa.org/newsletter) to obtain an Insertion Order Form and email to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com) or mail to Broadlands Association, Inc.
- Email camera ready ad in PDF format to [ads@broadlandshoa.com](mailto:ads@broadlandshoa.com). Ad must be in our specs shown above.
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.
- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
- **Newsletter is printed in full color.** Rates shown are monthly. No cancellations after the initial deadline are permitted.



## Broadlands Homeowners Association

21907 Claiborne Parkway • Broadlands, Virginia 20148  
703-729-9704 • [broadlandshoa.org](http://broadlandshoa.org) •  
[ads@broadlandshoa.com](mailto:ads@broadlandshoa.com)



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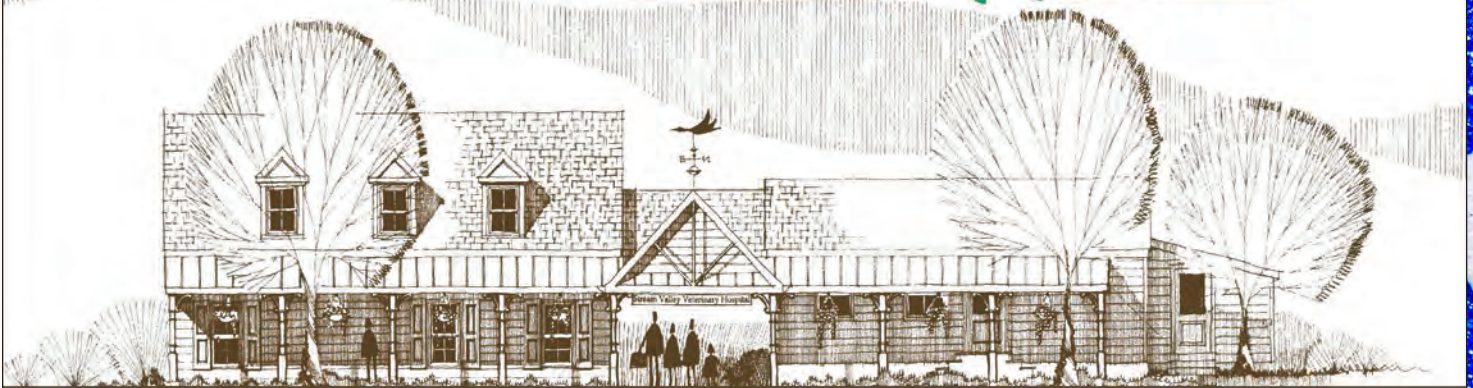
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Dr. Mary Corey

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www.streamvalleyvet.com





# BROADLANDS

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Broadlands, VA 20148

**NOW ENROLLING SUMMER CAMP &  
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The Leader in Early Education and Care®



## Primrose School of Ashburn

ASHBURN NORTH: 44830 Lakeview Overlook Plaza | 703.724.9050 | [PrimroseAshburn.com](http://PrimroseAshburn.com)  
BROADLANDS: 21367 Shale Ridge Court | 703.724.4200 | [PrimroseBroadlands.com](http://PrimroseBroadlands.com)



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LIVING REALTY, LLC: 20604 GORDON PARK SQ., #190, ASHBURN, VA 20147  
ASHBURN OFFICE PHONE: (571) 207-6080

**Meet Bonnie At Blend Coffee Bar**  
in Broadlands South

Call or text Bonnie  
at 703-728-2292 for  
an appointment.

