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## BRGADIANDS



### IN THIS ISSUE:

First Day of School Photos	. 7
Recognizing Our Veterans	. 7
Parking Courtesy	.11
Back to School Safety	.12
LCPS 2019-2010 Student Calendar	.12
Float Night	.13
Flicks in the Sticks	.14
Back to School Middle School Pool Party	.15
Broadlands Swim Teams Celebrate 20 Years	.16
15 Back to School Tips	.19
Pooch Pool Party	.20
Meet Your Lifeguards	.25
Pool Information	.26
Broadlands Live	.28

#### **EVERY MONTH**

Board Meeting Highlights 3
This Month's Calendar
Manager's Message 5
Modifications Information
Covenants Corner
Recipe Page
Clubs & Groups
Helper's List
Classifieds

#### Upcoming Board of Directors Meeting Tuesday, August 13th - 6:00p.m. The Clubhouse 43360 Rickenbacker Square

### **Board Meetings Information**

Monthly meetings are held in the conference room of the Clubhouse on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting.

### Board of Directors Meeting Highlights

The following actions were taken by the Board of Directors at *their meeting held on July 9th, 2019:* 

- Approved the amended minutes of June 11<sup>th</sup>, 2019 meeting
- Tabled an Eagle Scout tree planting project request, pending additional information
- Tabled a request from HLS to install a shed to house a gator on the Nature Center grounds, pending additional information
- Directed management to inquire with Fire Marshal about fire truck access on Thornblade Circle
- Established hours of operation of 6am-11pm for all tennis courts
- Approved a proposal from Miller Dodson to update the Reserve Study
- Approved a proposal from PlayMark to replace the tot lot at Glebe View Drive
- Held five violation hearings and assessed violation charges

These highlights are a summary only. To obtain copies of approved minutes, log into your account on FirstService Residential Connect. Owner access to the site is by registration at http://dcmetro.fsrconnect. com/residentwelcome. Owners will need to enter their account number, which can be found on their monthly coupon stubs.

## **AUGUST 2019**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Nature Center Open 10:00am-2:00pm Potions Class 11:00am-NC
4	5	6	Events Committee 7 Meeting 6:30pm - CH Modification Subcommittee Meeting 7:00pm - NC	8 Float Night 5:00pm - SW	Newsletter Submissions Due by Noon Broadlands Live! 6:00pm - HP Camp Whomping Willow 7:00pm - NC	10
11	12 Conservation Landscape Committee Meeting 7:00pm - NC	13 HOA Board Meeting 6:00pm - CH	14 Modification Subcommittee Submissions Due 12:00pm - NC	15	16	Nature Center Open 10:00am-2:00pm Back to School Middle School Pool Party, 6:00pm-SW Flicks in the Sticks 8:45pm - NC Back Lawn
18	19	20	21 Modification Subcommittee Meeting 7:00pm - NC	22 LCPS First Day of School	23 Camp Whomping Willow 7:00pm - NC	24
25	26 SW Board Meeting 7:00pm - CC	27	28 Modification Subcommittee Submissions Due 12:00pm - NC	29 Untamed Reads 5:30pm - NC	30 HOA Offices and Nature Center closed for Labor Day	31

Key: CH= Clubhouse; CC=Community Center; HP=Hillside Park; NC=Nature Center; SW=Southern Walk Pool

## When Should You Contact the Board?

I often find that homeowners aren't sure who to turn to when a question arises about the HOA. There are many confusions about who does what, where to find the right information, and who has authority over what. When you post on the forums, Facebook, or ask a friend, it can be hard to find the right answer if you don't know where to start. I come across a wide variety of inquiries prefaced with "I'm not sure who to ask, but can you point me in the right direction?"

The HOA staff at the Nature Center can assist with many questions and needs, they truly are a wealth of information. Whether you're looking for pool or fitness center passes or have questions about trash, the front desk staff is well equipped to assist. The HOA office in the Nature Center is open Monday-Friday, 9:00am-5:00pm. You can reach us by phone at 703-729-9704, fax at 703-729-9733, or email at info@broadlandshoa.com.

Inquiries submitted to *info@broadlandshoa.com* will be swiftly answered or disseminated to the correct party as needed, but if you have a specific inquiry and want to go straight to the source, you are more than welcome! Have a question or concern about a potential covenants violation? Email Covenants@broadlandshoa.com and your email will go to our Covenants Inspector. Have a question about the Design Guidelines, a Modification Application, or resales? Reach out to RCrews@broadlandshoa. com. Want to advertise in the newsletter or have a general inquiry? Let us know at ads@broadlandshoa. com. Trying to reach the front desk or are interested in renting the Community Center? Contact JoanneHang@ broadlandshoa.com. Need to reach the newsletter editor to submit information for an upcoming issue? Email NIhanainen@broadlandshoa.com. Have an inquiry or issue about the pools? Check with Julie@broadlandshoa. com. Interested in helping plan a community event? Try Events@Broadlandshoa.com. Want to speak to the Naturalist about an upcoming program? Contact Naturalist@broadlandshoa.com. Need something else? Email me at Sarah@Broadlandshoa.com. A detailed staff directory is included in this and every issue of the newsletter.

In some cases, you may want or need to speak with the Board of Directors directly. The Board is comprised of nine elected homeowner, and they make the decisions for the HOA while staff carries out the directives of the Board. The Board holds monthly meetings on the second Tuesday at 6:00pm in the Clubhouse to conduct the business of the association as well as hear from residents. Meetings of the Board are open to all residents. Residents are encouraged to observe meetings and read approved minutes which are posted online in the FSR Connect portal or to review the summary published monthly in this newsletter. Residents who wish to address the board are welcome to do so during the homeowner forum conducted at the beginning of each business meeting. Here are few tips for participating in board meetings:

1. Put it in writing. You are more likely to get a timely response if you put your question or opinions in writing and submit to the manager a week prior to the meeting. This isn't mandatory, but it helps you and the board be better prepared to discuss the item. Some issues may require a little research, discussion, or consideration. The board can serve you best if members have time to consider your concern and be prepared with any questions for you.

2. Call (or write) ahead. As a courtesy, the association suggests that you let the manager know that you wish to address the board. This also allows us to give you an idea of the time frame you will have to talk and to notify you directly if a meeting is cancelled for any reason. Some items can be resolved by staff and don't require your attendance at a meeting.

3. Plan your remarks to last no longer than three to five minutes. Board members enjoy visiting with residents; however, the meeting agenda is always very full, and the three to five-minute limit ensures that all business of the association can be conducted. This doesn't mean big issues can't be presented. If your concern requires more time, please summarize it and the board may add it to the agenda for the next meeting for further discussion.

4. Don't expect an immediate response. Board members don't act independently. Issues require discussion and oftentimes a vote or consensus. Sometimes an immediate answer is possible, but it's just as likely that you won't get a response until after the meeting when the board has had sufficient time to research, discuss, and decide on the best course of actions.

5. If you need information, call the manager. The purpose of the Homeowner Forum is for residents to share opinions and concerns with the board. Residents seeking general information (like a status report on a project or the board's position on an issue or a question about the budget) might get a more immediate answer and save you the time taken out to attend a meeting by calling the HOA office or contacting me directly.

Don't be afraid to reach out and inquire. The staff and I are happy to assist, or if we can't, to point you in the right direction

Cheers,

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM General Manager



## Modifications Subcommittee

The Subcommittee meets at 7:00p.m. in the Nature Center conference room on the first and third Wednesdays, March through October, and only the third Wednesday, November through February. Applications must be submitted by noon on the Wednesday before the meeting to the Secretary to the Modifications Subcommittee, Robin Crews. Submissions may be emailed to rcrews@ broadlandshoa.com or delivered to the Association office in the Nature Center, 21907 Claiborne Parkway. For your convenience, there is a drop box available for afterhours submissions.

Please review these guidelines and the updated changes on our website. Visit broadlandshoa.org/for-residents/ designguidelines for complete guidelines and information required to be submitted with your application, as failure to include all information will delay review of your application. A response to your application is generally sent within one week of the meeting.

## How Am I Notified of My Results?

Once the Subcommittee has reached a decision, the results letter will be delivered via email. If an email is not provided, then the results letter will be mailed. Please check your inbox and junk/spam folders for your results letter or contact the HOA office at 703-729-9704.

Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery.

### Modifications Subcommittee Submission and Meeting Dates

#### Submission Deadline By Noon

Meeting Date

July 31st	August 7th
August 14th	August 21st
August 28th	September 4th
September 11th	September 18th
September 25th	October 2nd
October 9th	October 16th

Only applications with complete documentation received by the deadline will be reviewed at the next subcommittee meeting.

## Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, fence/ deck repair, any staining touch up, or roof repair. Refer to your property plat to locate your property lines because you may have accidently placed something in the common area that will need to be removed before settlement.

When you sell your home you are required to request a resale disclosure package for the buyer. Once the request has been executed it notifies theHOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, structures that are not in compliance and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the owner's responsibility to rectify all violations found on the property before settlement of the home. If the violations are not rectified before settlement then, the new owner will be responsible.

There are submission procedures on the HOA website, broadlandshoa.org, to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or questions about your resale inspection results, please contact Robin Crews, Secretary to the Modifications Subcommittee, at 703-729-9704 or rcrews@broadlandshoa.com.



Paperless

Save trees and money. View the Broadlands Newsletter electronically.



## First Day of School Photos

Got some great pics of your kids on their first day of school? We would love to publish them in Our Neck of the Woods. Please email them to nihanainen@broadlandshoa. com by close of business, 5:00pm, Monday, September 9th. We look forward to seeing all our young residents' photos!

## Recognize Our Courageous Veterans

Is there a veteran that you would like to honor for Veterans Day this year? If so, submit a photo of that veteran along with a photo and a message about them to nihanainen@ broadlandshoa.com by Thursday, October 10th for inclusion in the November newsletter.

## Broadlands Fitness Center

Residents are invited to join the Broadlands fitness Center located at 43360 Rickenbacker Sq. The fitness center includes: 5 treadmills, 3 elliptical machines, 2 stationary bikes, 2 multifunctional weight trainers, and a row machine. Access cards are \$25 each. Tenants, make sure you have an AOS on file from the owner of the property granting you access to the fitness center. Hours of operation are from 5:00 a.m. to 11:00 p.m., 7 days a week. Children ages 13-17 must be accompanied by an adult card holder. No children under the age of 13 are permitted at any time in the building. Please refer to Broadlandshoa.org/fitness-center to review the application process and rules.



Don't miss out on important HOA news and amazing community events in between newsletters. Staying connected is easy...

#### **Broadlandshoa.org**

The Broadlands website gives you access anytime to find answers to most of your questions. Updates and reminders are posted to the main page as well.

#### **Broadlands Blast**

This weekly email is a great way to receive important reminders on HOA news and upcoming events in between receiving the newsletters. To sign up, just visit our website and enter your email address(s).

#### **Broadlands App**

Download this app to your mobile device from your app store to receive HOA and event notifications and have the ability to store your pool passes.

#### Facebook & Instagram

Join these groups to check out scenes from our past events and see what's coming up: BroadlandsHoaEvents & BroadlandsNatureCenter

#### **Broadlandslive.com**

Visit this website for details on this popular summer concerts series including bands, vendors and sponsors.

#### **Broadlandsnaturally.org**

Visit the Conservation Landscape Committee's website for information on community landscaping, gardening and learning about native plants.

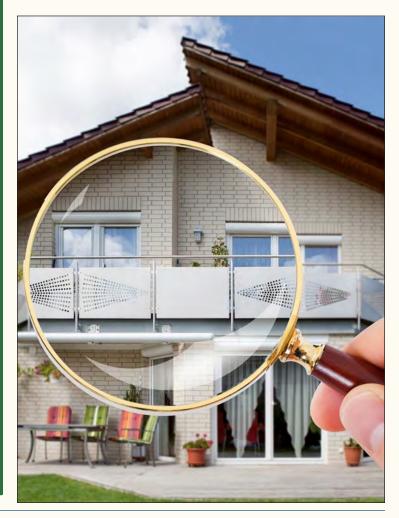
### **Covenants Corner**

Throughout the year, the Covenants Manager routinely inspects homes for a variety of issues ranging from trash containers in open view, parking issues, architectural modifications to leftover holiday décor. In addition, certain seasons dictate the need to focus on particular inspections where violations may occur with high frequency.

This helps preserve the property values for home ownership, promotes community harmony and ensures the high standards of living that our residents have come to expect are maintained.

If any violations of these types are noted, the owner will be mailed a letter providing sixty days for the violation to be resolved. If the violation is not corrected, a second violation letter will be issued, providing an additional fifteen day extension. If the violation remains unresolved, a final notice will be sent, providing seven days to rectify before a Hearing Notice is sent, and a Hearing will be held in accordance with state law, where charges may be assessed, up to \$10/day for a maximum of ninety (90) days.

If you have questions regarding this processes, or have corrected the violation(s), or if you would like to request an extension on a maintenance violation, please contact the Covenants office at *covenants@broadlandshoa.com* or Suzan Rodano, Covenants Manager at 703-729-9704, option 2.



## More Craft Events Coming Your Way

Back by overwhelming demand, the Events Committee is adding another Ladies Night Out - Succulent Craft Night on Saturday, October 5th from 7:00pm-9:00pm at the Community Center. There will also be a Kids Wreath Craft Event on Sunday, December 8th from 1:30pm-3:00pm at the Community Center.

Look in future newsletters for more information.

## Buy and Sell at the Fall Yard Sale

## Saturday, September 28nd, 8:00am - 2:00pm throughout the Community Rain or Shine

Come shop and sell at private residences throughout the Broadlands neighborhood. If you would like to be included in the online listing of addresses, please complete the Yard Sale Submission Form on the website at broadlandshoa. org/ yardsaleform. It is the residents' responsibility to check the website to ensure inclusion and accuracy.

Residents do not have to be on the list of participants to be part of the community yard sale. Check out the list of participants to see what's for sale and view the community map to find each unit at broadlandshoa.org/yardsale. The HOA will be publicizing the yard sale in The Loudoun Times-Mirror and The Washington Post.



## **Update from SWHOA**

The Southern Walk FiOS Construction is complete and service is available to all 1,112 Southern Walk Residences. If you live in Southern Walk and have not ordered FiOS, please call 1-800-501-1172. For any FiOS Technical Support issues in Southern Walk, please call 1-888-553-1555 and as always, additional information is available at swhoab.com.

## Looking to Connect With More People in the Neighborhood?

Do you like having fun and meeting new people? Then join the Events Committee! We are a group of very social gals and guys who plan the awesome events that the HOA hosts year 'round.

All you need to do is show up and be ready to have fun! Email events@broadlandshoa.com for more information.

#### Events Committee Meeting Wednesday, August 7th 6:30 pm at the Clubhouse 43360 Rickenbacker Square

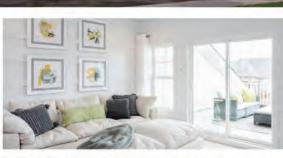


## The Life You've Earned IN A PLACE YOU'LL LOVE

### **Own One of the First Birchwood Carriages Designs** Two Stunning 55+ Home Options Now Available!

Wake up to everyday excitement filled with new friends and engaging opportunities. Plan your visit today and experience the new Carriages designs, featuring the convenience of main-level living. With the unique mix of high style and low maintenance inside a Birchwood home, you'll find more time to enjoy all Brambleton has to offer.

#### For more information, contact New Home Specialist Steven Buterbaugh (571) 371-0035 | NewHomes@whihomes.com







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Birchwood Carriages and Craftsman Bungalows A 55+ Active Lifestyle Community New Homes from the \$500's 42833 Beaver Crossing Square Ashburn, VA 20148

#### WinchesterHomes.com/Birchwood



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HOA INFO

## **Parking Courtesy**

By: Sarah Gerstein, General Manager



The three P's in community association management are the same hot button issues you'll find in nearly every community throughout the country, if not the world. People, pets, and parking. Storage of trash and other unsightly items are also commonplace in community associations since they have a propensity towards with denser packed homes. It's no different in Broadlands, I hear complaints on a routine basis about all of the above. I'm frequently asked to include reminders about things in the monthly newsletter about issues ranging from keeping recycling from blowing around to bringing barking dogs inside and we are typically able to do so. Unfortunately, the chances are that the people who need to read these reminders are not the ones likely to pick the magazine up. Nevertheless, here are some reminders about neighborhood parking courtesies. In Broadlands, we don't have many rules regulating the parking of passenger vehicles in common area parking spaces. (Recreational and commercial vehicles are another story).

Loudoun County requires builders to provide a minimum of three parking spaces per unit, with the garage and driveway counting towards the minimum. In a townhome, at least half a space must be located off the lot to allow for surface parking in the vicinity. While we maintain and enforce regulations about derelict vehicles or those with expired plates or inspections, we don't have any designated reserved, handicapped, or visitor spots and we don't monitor how long a vehicle may be parked in a common area space without moving.

It is not uncommon to receive complaints that residents are using garages exclusively as storage and not for parking, as well as households owning more vehicles than parking spaces. We frequently hear that parking habits cause line of sight or safety issues with kids running into the street during rush hour. Sometimes we get complaints that owners park in such a way as to make it difficult for people to back out of their driveways or parking spaces or are blocking mailboxes, or frequently park in front of their neighbors home rather than their own. Less common but still heard are complaints about residents going on vacation and leaving empty driveways while parking vehicles in common area spaces, taking up valuable surface parking. So while there are things we cannot and do not enforce, we would like to remind you to be neighborly and keep in mind that where you park may affect others nearby. We always encourage residents to talk to their neighbors. You may not realize you're doing something that strikes a nerve with your neighbor or makes their life a little bit more difficult. Long story short, try to communicate a little bit better and be a little bit more mindful of how things we do have an impact on others.

## Before the Bell Rings - Back to School Safety

As boys and girls throughout the community sharpen their pencils and get ready to head back to class, it's important to ensure they have a safe school year. Here are some tips on how your family can be proactive and avoid potentially harmful situations:

- Make sure your school has your child's updated emergency contact information. Write down any specific instructions that should be followed in case of an emergency, and have the school keep them in your child's file.
- Talk to your child's teachers before classes start and alert them to any medical issues your child has. Also, explain to the teacher what he or she should do if the medical issues arise—such as an allergic reaction, asthma attack or seizure—and provide school personnel with emergency medication such as EpiPens\* (Epinephrine Auto-Injectors) and inhalers.
- Help your children memorize important phone numbers so that they know how to get in touch with you and other trusted adults. Also make sure those numbers are programmed into their cell phones, or

provide them with a list of phone numbers that they can keep in their backpacks or wallets at all times.

- Let your children know exactly who they can go home with after school if their regular ride can't pick them up, and make sure they know not to accept rides from people who aren't on the list.
- If your children will be walking to school, walk the route with them several times before classes start to make sure they understand traffic laws and can walk the route on their own. Find a friend or sibling they can walk with and make sure they always use the buddy system.
- Show your children which houses or offices in the neighborhood they can go to in case no one is at home after school. The HOA has agreed that the Nature Center can be used as an official safe house for the schools in case of an emergency.
- Report reckless drivers to the police to help make sure the neighborhood remains safe, particularly during times when kids are going to and returning from school.

## 2019-2020 School Calendar For Students

August 22 - FIRST DAY OF SCHOOL FOR STUDENTS August 30 - School Holiday September 2 -Holiday (Labor Day) October 14 - Holiday (Columbus Day) October 28 - Student Holiday (County-wide Staff Development) November 1 - End of First Grading Period November 4-5 - Student Holidays (Planning/Records/Conference Days) November 27-29 - Holiday (Thanksgiving) December 23-January 3 - WINTER BREAK (Classes Resume January 6) January 17 - End of Second Grading Period January 20 - Holiday (Martin Luther King Jr. Day) January 21 - MOVEABLE STUDENT HOLIDAY\*\* (Planning/Records/Conference Day) February 17 - Holiday (Presidents' Day) March 3 - Student Holiday (County-wide Staff Development) March 26 - End of Third Grading Period March 27 - Student Holiday (Planning/Records/Conference Day) April 6-10 - SPRING BREAK May 25 - Holiday (Memorial Day) June 10 - Last Day of School for Students/End of Fourth Grading Period

*Note to parents with childcare or other weekday scheduling concerns:* The date of the *MOVEABLE* Planning/Records/Conference Day between first and second semesters may change, if the school calendar must be changed due to school closings for inclement weather or other emergencies. Parents with childcare or other scheduling concerns should be prepared. *9 Week Grading Period Ending Dates:* November 1, 2019; January 17, 2020; March 26, 2020; June 10, 2020 FLOAT NIGHTS ARE FREE TO BROADLANDS POOL MEMBERS & THEIR GUESTS VALID POOL PASS IS REQUIRED FOR ENTRY TO POOL

# THURSDAYS. JULY 11. JULY 25. AUGUST 8

5:00 pm - 9:00 pm 9:00 pm 0.05 pm Southern Walk Pool, 43081 Village Drive



FLOTATION DEVICES provided for use and are available on a first come, first serve basis



SANDWICHES & FOODS snacks and drinks for sale - cash only



RAFFLES & PRIZES music and entertainment





\*We request that lawn chairs keep to the sides as to not block the view down the center. Flicks in the Sticks is a FREE event for BROADLANDS RESIDENTS & GUESTS. Brought to you by the Technology Committee.

## EXPLORING IS Y

YMCA LOUDOUN COUNTY YOUTH DEVELOPMENT CENTER

INFANT • PRESCHOOL • AFTER SCHOOL SUMMER CAMP

### **TAKE YOUR TOUR TODAY!**

CALL: 703-430-2781 OR VISIT OUR WEBSITE: YMCADC.ORG/LOUDOUN



## SATURDAY, AUGUST 17, 2019 6:00 - 8:30PM SOUTHERN WALK POOL

ENJOY MUSIC PLAYED BY DJ NEAL KELLER, PIZZA, DRINKS AND LOTS OF TREATS. WE'LL HAVE A GIANT SLIP N SLIDE, PHOTO BOOTH, AND MANY OTHER SURPRISES.

## **BACK TO SCHOOL MIDDLE SCHOOL**

MEET UP WITH YOUR FRIENDS AND GET READY TO HAVE SOME SUMMER FUN BEFORE SCHOOL STARTS AGAIN

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## ALL RISING 6TH, 7TH AND 8TH GRADE BROADLANDS RESIDENTS ARE WELCOME!

Middle schoolers can only attend with a completed emergency contact form. The form can be obtained at: **broadlandshoa.org/event/msparty2019**. Blank forms will also be available at the event but must be completed by an adult. Middle schoolers with completed forms can be dropped off at the orange-coned area next to the pool entrance.

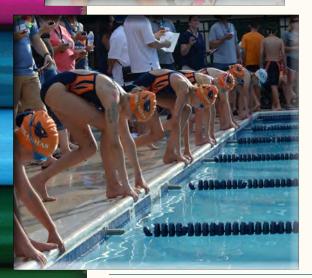
We need volunteers to make this event a success! Parents are needed to chaperone and serve food. Please sign up at <a href="https://www.signupgenius.com/go/60B0D4AABAC2DA57-broadlands">https://www.signupgenius.com/go/60B0D4AABAC2DA57-broadlands</a> or broadlandshoa.org No parents or non-middle school age kids will be allowed inside the pool gates unless volunteering. All volunteers must obtain a volunteer tag from Ginger Rogers at the event. The HOA is not responsible for kids who leave the party premises.

## Broadlands Swim Teams Celebrate 20 Years in the Community

Submitted by: The CSL & ODSL Broadlands Piranhas







Everybody enjoys rooting for their favorite home teams, whether professional, college, or high school. But did you know that Broadlands has two swim teams that have been successfully developing swimmers for years? The original Broadlands Piranhas team was started 20 years ago by two Broadlands moms, Laura Dwinnel and Fran Shayka. They identified a need for developmental and competitive opportunities for young swimmers which grew from a community swim team of 30 in its first year as members of the Herndon Swim League, to two teams that serve over 400 neighborhood swimmers each summer.

The Broadlands Piranhas Teams belong to the Old Dominion Swim League and Colonial Swim Leagues in Loudoun County. Since their inception, thousands of swimmers have proudly worn the Piranhas swim cap. Hundreds of Broadlands families have experienced the thrill of watching their children practice sportsmanship, develop team comradery and learn to love the lifelong sport of swimming as members of their neighborhood team.

Throughout the past 20 years, the Piranhas have not only been leaders in their summer leagues but contributors to the community by giving back to local charities such as iPromise15, Backpack Coalition, and offering to assist our own families within the community that may have suffered a tragic loss. Piranhas hosted charitable events such as the Broadlands Kids Triathlons, Relay Carnivals, and most recently this June, the CSL and ODSL combined to support the Backpack Buddies of Loudoun to celebrate our 20year anniversary. Both teams came together for mixed-team relays and brought contributions that required three trips in large SUVs to transport it all afterwards to the local branches stocking their pantries for the fall.

The impact of these teams on the lives of the swimmers is far reaching and includes:

- Developing life-long friendships with positive, supportive kids and coaches
- Having hundreds of people cheer as you make it across the pool for the first time
- Gaining physical and mental stamina

#### SWIM TEAMS



- Experiencing and being recognized for progress throughout the season
- Participating as Junior and Full-time coaches (as their first summer job)
- Building the foundation for future high school and collegiate swimmers.

Many young Piranhas aspire to be competitive swimmers. The Piranhas have helped develop the Briar Woods Falcons Swim Team, creating a powerhouse of swimmers that have dominated the district, regional, and state level for the past 10 years. The Falcons have won numerous district and regional championships and runner-up state team titles. Piranhas have consistently owned individual state championship titles and records for both the boys and girls in various events.

Dozens of CSL and ODSL Piranha swimmers have gone on to compete in collegiate swimming at all levels. This year, the Piranha teams are proud to recognize Piranha-born Abby Harter for qualifying for a spot next June in Nebraska for the 2020 USA Olympic Team Trials. There are a couple of other CSL and ODSL Piranhas who are close to qualifying and we will be sure to cheer them on as they compete in the national spotlight.



While the Piranhas have been a positive force for thousands of children in our neighborhood, we must also recognize the impact it has on the families. Both CSL and ODSL Piranhas are volunteer familyrun organizations. They give their time to support the operation through board or committee participation, concessions, meet coordination and officiating just to name a few. This builds a bond among neighbors



and provides great role models for the kids to observe and follow as they become young adults and give time of their own. Most families would agree though that the best thing about the swim experience is seeing their child's face light up with joy the first time they make it across the pool, win a heat ribbon, or set a personal best time.

So, the next time you drive by a Wednesday night or a Saturday morning meet and hear all that commotion at the Community Center or Southern Walk Pools, smile and consider for a moment that future leaders and even Olympic athletes are on deck and our neighborhood is making it happen. The Piranha season draws to a close at the end of July and signups for next year will begin in March. We look forward to another 20 years and great things to come from our neighborhood teams.

### **Does your child struggle with reading?** Does homework take forever?

One out of four children struggle with reading and learning because of eye coordination & eye movement problems

#### Symptoms of a Vision Problem:

- Doesn't like to read
- Skips or rereads lines
- Slow, difficult time reading
- Headaches
- Fatigue, frustration, stress with reading/homework
- Loss of place when reading
- Difficulty paying attention
- · Complains that words move on page
- · Behind grade level in reading

We get results!

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24600 Millstream Drive, Suite 360, Aldie, VA 20105 allergyofnova.com





#### **15 Easy Back-to-School Tips That'll Make This Year a Breeze** *The first day of school will be here before you know it.* From Women's Day. Compiled by: Women's Day Staff, Jun 12, 2019

No matter how many back-to-school tips you've gathered over the years, the season somehow always manages to be stressful and a little bit hectic, right? "Transitions can be tough for kids," says Kristen Race, PhD, author of *Mindful Parenting*. "Even when they are excited about going to school, it is often mixed with feelings of angst about how they will fit in socially and academically. Plus, kids are often having to shift from the lazy, slow-moving summer morning to a get-up-andget-out pace which can feel unsettling."

Since the first day of school is just around the corner, we tapped some clever moms and parenting pros to share their best tips back-to-school tips to help make your kids' summer-to-school transition as smooth as possible. These brilliant ideas—from shopping tips to routine game-changers to genius hacks—will help the crew earn an A+ this semester and beyond.

#### **1. Hold a Family Meeting**

Your routines and standards may have loosened over the summer, so it's a good idea discuss with your kids how that will change for the school year, says Julie Ross, executive director of Parenting Horizons. "Bedtime is often moved to an earlier time during the school year. Ask your kids what will help them accomplish this change. Do they need blackout shades? Time within the routine to read and get sleepy?" says Ross. Other topics on the discussion table can be homework schedule and screen time.

#### 2. Establish Connections

"Help your kids set up a play date with other children who will be in their class. That can ease some of that 'Who will I sit with at lunch?' anxiety and generate excitement about the new year," says Kristen Race, PhD, author of Mindful Parenting. Also, check if your school hosts any events where your child will have an opportunity to meet their teacher.

#### 3. Save on School Supplies

First, do a sweep of the house to see what essentials may be hiding in a junk drawer or the back of the closet. Then make a list of everything you still need and swing by The Dollar Store for cheap school supplies, suggests Kumiko Love, founder of finance blog The Budget Mom. "A 120-sheet notebook costs \$2 compared to \$4.20 each for a similar product elsewhere," says Love. "I've seen price markups at bigbox stores that range anywhere between 30 to 50%."

#### 4. Stock Up Together

Shopping for supplies solo may be faster, but taking your kids along is the better bet. They'll be more excited about using the cool stuff they get to pick out, says Marcella Moran, PhD, coauthor of *Organizing the Disorganized Child*. And that's incentive to keep it all organized.

Back to School Tips continued on page 24

END THE SUMMER WITH AN EXHILARATING SOCIALIZATION AND EXERCISE ACTIVITY FOR YOUR POOCHI Sign up your dog for as many time slots as you would like and print out your waiver at: broadlandshoa.org/events/poochparty2019 Sign up closes at 12:00 PM on Friday, September 6th

**\$5.00 CASH ONLY** PER DOG PER TIME SLOT PAY AT THE DOOR

TIME SLOTS

9:00 ам – 9:50 ам 10:00 ам – 10:50 ам 11:00 ам – 11:50 ам 12:00 рм – 12:50 рм

SATURDAY, SEPTEMBER 7th, 9:00 am - 1:00 pm

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## If you'd like your best furry pal to participate, make sure that he or she is:

- at least 6 months old
- spayed or neutered
- friendly and used to group play
- physically fit for swimming and playing
- capable of safely exiting a swimming pool

Owners must sign a liability waiver and bring proof of current rabies vaccination.

## You are responsible for supervising and cleaning up after your pooch.

Kiddie / Wading pool open for smaller breeds. To ensure your pup's safety we will have lifeguards on duty. Veterinary staff from Stream Valley Vet Hospital will be onsite.

THIS EVENT IS A PARTNERSHIP BETWEEN BROADLANDS HOA AND STREAM VALLEY VETERINARY HOSPITAL



ALL PROCEEDS WILL GO TO HART, Homeless Animal Rescue Team





#### **Chili Lime Shrimp Tacos**

Total Time: 25 minutes Servings: 8

- 24 Large Raw Shrimp peeled
- 16 Small Corn Tortillas
- 4 cups shredded cabbage
- 1/4 jalapeno finely minced (about 1/2 Tbsp) 1 Tbsp Olive Oil
- 3 Garlic cloves pressed or finely minced
- 1 lime zested and juiced

1/4 tsp. red pepper flakes 1/4 tsp. paprika 1/4 tsp. chili powder kosher salt 1 Avocado diced salsa for serving

Combine the shrimp in a bowl with olive oil, lime zest, minced garlic, paprika, chili powder, red pepper flake and 1/4 teaspoon salt. Toss to combine and set aside to marinate for 15 minutes. Toss the cabbage with jalapeno, 1 tablespoon of lime juice and a pinch of salt, set aside. Warm Tortillas in a skillet over low heat, flipping occasionally. Heat a large skillet over medium high heat. When hot, pour the shrimp in. Sear on one side for 1-2 minutes, flip and sear on the other side until pink all the way through and no longer opaque, 1-2 minutes. Remove from heat. To assemble tacos, layer two tortillas on top of each other. top with lime slaw, a few shrimp, and some avocado. Top with some salsa and a squeeze of fresh lime. *Foxandbriar.com* 

#### Caribbean Jerk Shrimp with Cauliflower Rice

Total Time: 60 minutes Servings: 4

#### For the Shrimp

10 oz. large shrimp, peeled and deveined 2 Tbsp olive oil

- 2 Tbsp red wine vinegar
- 2 Tbsp fresh squeezed orange juice
- 1 Tbsp brown sugar, packed
- 1 Tbsp reduced-sodium soy sauce (green top)
- 2 Tbsp green onions, chopped
- 1 Tbsp jalapeño, seeded and finely chopped Lime wedges

#### For the Cauliflower Rice

- 1 Tbsp olive oil
- 1 green bell pepper, chopped
  - 1 jalapeño, seeded and finely chopped
- 1 cup fresh pineapple, chopped
- 4 cups cauliflower rice
- 1 tsp. garlic powder

- Jerk Seasoning: ½ tsp. garlic powder ¼ tsp. onion powder ¼ tsp. dried thyme ½ tsp. paprika
  - ½ tsp. allspice
    ½ tsp. nutmeg
    ¼ tsp. cayenne pepper
    ½ tsp. sea salt

er Rice % tsp. sea salt % tsp. pepper

¼ tsp. pepper
¼ tsp. cinnamon
¼ cup fresh squeezed orange juice
1 (15 oz) can red kidney beans
2 Tbsp cilantro, chopped

To make the marinade, in a medium bowl whisk together olive oil, red wine vinegar, orange juice, brown sugar, soy sauce, green onions, jalapeño and jerk seasoning. Add shrimp to the bowl and allow them to marinate for about 30 minutes. To make the cauliflower rice, heat a large skillet over medium heat and drizzle in olive oil. Add bell pepper, jalapeño and pineapple and sauté until tender, about 3 to 5 minutes. Then add cauliflower rice and stir in garlic powder, salt/pepper, cinnamon, orange juice. Cook for about 5 minutes then add the kidney beans, cooking an additional 2 minutes. Remove from heat and mix in chopped cilantro. Thread shrimp onto soaked wooden skewers (reserving the marinade) and grill, covered, over medium heat for about 4 to 6 minutes until shrimp are opaque and cooked through, turning once. In a small bowl, bring the reserved marinade to a boil over medium-high heat. Reduce heat and simmer, uncovered, for about 10 minutes. Brush glaze over top of the grilled shrimp skewers and serve over cauliflower rice with lime wedges. *Eatyourselfskinny.com* 





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#### TENNIS

## **Tennis - Sign Up Soon...Classes Are Filling Up Fast!**



Official Broadlands tennis pros Don Barker and Jeet Bhide are ready for the Summer/Fall Session.

#### **SIGN-UP TODAY!**

- All lessons taught by PTR Professional level coaches
- Low student to pro ratio
- All lessons taught at the Broadlands Nature Center courts

#### 8 WEEK LESSONS -SUMMER/FALL SESSION: July 29 - September 22, 2019

#### **1 HOUR JUNIOR LESSONS**

- Red Ball Stage 1 (Ages 4-6): Tuesday 5:00pm, Sunday 10:00am
- Red Ball Stage 2 (Ages 7-8): Tuesday 6:00pm
- Orange Ball Stage 1 (Ages 8+): Thursday 5:00pm or Sunday 11:00am
- Orange Ball Stage 2(Ages 8+): Thursday 6:00pm

#### **1.5 HOUR JUNIOR LESSONS**

- Green Ball Stage 1 (Ages 10+): Monday 5:00pm
- Green Ball Stage 2 (Ages 10+): Monday 6:30pm or Saturday 9:00am
- Yellow Ball Stage 1 (Ages 12+): Wednesday 5:00pm
- Yellow Ball Stage 2 (Ages 12+): Wednesday 6:30pm, Saturday 10:30am

#### **1.5 HOUR ADULT LESSONS**

Beginner and Advance Beginner: Tuesday 7:00pm
Intermediate (3.0 and above): Thursday 7:00pm

## PRIVATE/GROUP LESSONS or for more info:

Email Pro@PrimeTimeTennisAcademy.com for more information or visit broadlandshoa. com. Email Pro@PrimeTimeTennisAcedemy. com for more information or visit PrimeTimeTennisAcademy.com for more information or to register for classes.



#### Back to School Tips continued from page 19

#### 5. Create a Visual Schedule

"Children are more likely to thrive, be independent, and struggle less when they know what's expected of them," says Francyne Zeltser, Psy.D., a NY-basedcertified school psychologist and adjunct professor. That's why she recommends making a weekly schedule that uses pictures, not just words. "A visual schedule helps children easily understand and manage the daily events in their own lives," says Zeltser. DIY how-to: Attach a drawing or photo of each scheduled activity on an index card, laminate the card, and apply a Velcro sticker. Then add these to a weekly chart where you can post these cards each day.

#### 6. Designate an Activity-Free Day

"If you've got multiple kids, the activity schedule can be challenging. In my house, we've found it helpful to double up on some days, and then have one day with nothing," says Laura Vanderkam, author of Off the Clock: Feel Less Busy While Getting More Done. "If a child has a challenging long-term homework project, that's a good night to focus on it. It can be a good evening for more spontaneous family adventures, or just to relax if that's what people need. Plus if something gets canceled some other night, you have a spot to reschedule it. Slack makes everything feel more doable!"

#### 7. Snag a Hanging Outfit Organizer

Jenny Reimold, lifestyle expert and mom of seven, has had her share of "outfit power battles" before school. "We all don't coincidentally have budding fashionistas but rather have growing children asserting their independence," she says. "Allow your child to pick out their clothing for the week on Sunday, and then place each outfit into the spot for the correct day. This gives them a sense of control and helps ease the pain of a stressful morning routine."

#### 8. Upgrade Your Kid's Backpack

You don't need to buy a new backpack every year. Get crafty by ironing on colorful patterned patches inside their bag for extra storage. Or add reflective tape with animal and glitter designs to the side to make the bag feel brand new — and safe!

#### 9. Wait for the athletic sales

Trae Bodge, *Woman's Day's* financial expert, says that if last year's trends hold, there will be plenty of sales on fitness shoes and clothes in stores like Macy's, Kohl's, Nordstrom, Nike, REI, and Adidas.

#### 10. Create a mobile homework station

Make school projects easier this year by creating a station they can go to for all their essentials: writing utensils, scissors, glue, you name it. This will keep your kids organized and you in the know when items are out of stock. *Get the tutorial at anightowlblog. com/mobile-homework-station.* 

#### 11. Hold Off on Tech Gear

If you promised the little one an iPad for this school year, they're going to have to wait a little longer. According to Bodge, the best deals will come after Apple launches their newest devices in September.

#### 12. Create a Command Center

Eliminate the stress this year by establishing a onestop-shop command center. The kids can clip on permission slips that need to be signed and you can keep track of everyone's soccer games and ballet lessons. It's a win-win! *Get the tutorial at apumpkinandaprincess.com/school-morning-routine/*.

#### **13. Rearrange Their Closet**

An organized closet cuts down on what-to-wear dilemmas, says Laura Leist, author of *Eliminate Chaos: The 10-Step Process to Organize Your Home* & *Life.* Donate outgrown clothes and transform the newly streamlined closet with hanging organizers and clearly labeled shelves.

#### 14. Sign Up For After-School Activities

Whether it's sports or ballet, these programs will keep your kids active with something to do after school.

#### 15. Pack Their Bag the Night Before

Avoid forgetting things during the morning rush by telling your child to pack their sports bags and backpacks before bedtime.



#### Meet Your Lifeguards Submitted Submitted by: Julie Holstein, Pool Liaison

Broadlands Association is lucky to have lifeguards from near and far, who are the guardians of our residents' safety at our three pools each summer. Many of them are students from Briar Woods High School as well as college students home for the summer. Still others come from various countries around the world including Slovakia, Macedonia, Turkey, China, Bulgaria, and many others. We are grateful to have such hardworking staff each year who dedicate their summers to ensuring our members continue to have wonderful summer memories. Highlighted below are two lifeguards at our pools this year:

#### International Guard: Dušan Kerpčár



Hi, my name is Dušan Kerpčár. I'm 23 years old. I study the Faculty of Sport at Presov University and will graduate next year. This is my first summer working in the United States and I am the pool manager at the Southern Walk pool. I really like Broadlands and the people who live here. Working as a lifeguard is something new for me, but I really enjoy my times working at the pools. I am also a swim instructor in addition to lifeguarding. It's similar to my job in Slovakia where I am a soccer coach. I was a professional soccer player in the Slovakia National League.

During my free time, I enjoy listening to music, running, and traveling with my girlfriend, Veronika. I hope that you have been enjoying your summer as much as I have been and that you are having a great time at the Broadlands pools.

#### Local Guard: Olivia Weems

Hi, my name is Olivia Weems. I am a rising senior at Briar Woods High School and this is my second year working with High Sierra. I previously lived in Bermuda, so working at the pool allowed me to meet other people in the neighborhood. In my free time I love to play softball and go hiking and camping. My favorite Broadlands pool to work at is the Southern Walk pool because there's always amazing guards working there with me. I am looking forward to another amazing summer in the Broadlands community.



Please take the time to say hello and get to know Dušan, Olivia, and all the lifeguards! THANK YOU for all the hard work and dedication you have provided us throughout the years!



## BROADLANDS 👹

## GENERAL RULES

- Children under 13 years of age must be accompanied and supervised by an adult 18 years of age or over.
- Children under 16 years must pass the Swim test to use the diving board and slide.
- Guests must be accompanied by members with pool ID. Each member is limited to bringing 3 guests per visit.
- Members must use guest passes for each guest aged 5 and older.
- NO glass containers or breakable objects.
- NO food or drink except in designated areas.
- NO alcohol or drugs.
- NO smoking.
- NO pets.
- NO chewing gum.
- NO profane language.
- NO running, pushing, dunking, wrestling or rough play.
- NO general swimming in diving area.
- NO water toys or other equipment unless authorized by pool manager.
- NO play equipment or wheeled vehicles, except wheel chairs and strollers.
- NO diving in shallow area.
- NO tape players, CD players or radios unless waterproof and used with personal headphones.
- NO floatation devices except water wings, U.S.C.G. approved life vests and U.S.C.G. approved swimwear floatation devices
- NO DISPOSABLE DIAPERS. Children not yet toilet trained must wear plastic pants or "Swimmies" (swim diaper) under their bathing suit.
- Pool members are responsible for the conduct of their guests.
- Adults are responsible for the safety and conduct of all children in their care.
- Pool membership may be temporarily suspended or revoked for failing to comply with the pool rules.
- Members and their guests using the pools do so at their own risk.
- No lifeguards are on duty at the wading pools.

MEMBERS MUST COMPLY WITH ALL LIFEGUARD INSTRUCTIONS Rules are subject to change. The complete text of the Broadlands Pool Rules is available at the Association Office or on the website **broadlandshoa.org** 

## **POOL LOCATIONS & HOURS** 2019 POOL SEASON





#### Southern Walk Pool (SW) 43081 Village Drive | 571-223-1331

#### When School is OUT of Session:

11:00 am – 9:00 pm	Daily
11:00 am – 9:00 pm	Weekends & Holidays
11:00 am – 8:00 pm	August 1 <sup>st</sup> to Labor Day

Long Course Lap Swim: Jul 20, Jul 27, Aug 3 8:00 am - 10:00 am Saturdays:

Long Course Lap Swim: Tues, Wed, Thurs 5:30 am – 7:50 am Begin: Aug 6 End: Aug 22



#### **Community Pool (CC)**

43008 Waxpool Road | 703-724-7830

#### When School is OUT of Session:

12:00 pm -	9:00 pm
12:00 pm -	9:00 pm

Dailv Weekends & Holidays

#### Lap Swim at Community Center Pool:

5:30 am - 7:50 am

Tuesday, Wednesday, Thursday Begin: Jun 11 End: Aug 1 (NO Lap swim Jul 4)



Summerbrooke Pool (SB)

21580 Demott Drive | 703-724-9818

10:00 am - 8:00 pm

Daily, from opening day, May 25th to closing day, September 2<sup>nd</sup>

**NO ONE** will be admitted to the pools without their Pool Pass ID, so please do not forget to bring your pool pass. Pool hours are subject to change by the Board of Directors for special events, swim meets, swimming lessons and other community functions, or for maintenance and repairs as may be required from time to time. Please check our website at broadlandshoa.org and/or the postings at each pool for any changes to hours of operation.

#### **SPECIAL EVENTS & HAPPENINGS**

#### SW Pool – Events and Hours

Th, Aug 1	Float Night	5:00 pm – 9:00 pm
Sa, Aug 3	Long Course Lap Swim	5:30 am – 7:50 am
Tu, Aug 6	Long Course Lap Swim	5:30 am – 7:50 am
	(Tues, Wed, Thurs, Begins	
	Aug 6 – Ends Aug 22)	
Sa, Aug 17	Middle School Pool Party	Closes at 4:00 pm

#### CC Pool – Events and Hours

No events or special hours



## Season 16!

## Free Summer Concert Series

Hillside Park J 43051 Waxpool Road

2<sup>nd</sup> Fridays # May to August # 6:00 PM to 9:30 PM

2019 LINE UP

#### **MAY 10**

Jazz & Reggae 6:00: Christos DC 7:15: Amplificasian 8:00: The Archives Featuring Lenny Kurlou

#### **JUNE 14**

Country, Pop, Classic Rock & Roll 6:00: Big Al's Truck 7:15: Blend Coffee Bar—AGT Winner 8:00: Twisted Flags

#### **JULY 12**

Pop & Rock 6:00: Mia Rocks Band 7:15: Kage 8:00: Vinyl Invention

#### AUGUST 9

Soul, R&B, Motown & Original Music 6:00: Lost Locals 7:15: Blend Coffee Bar—AGT Winner 7:45: The Gayle Harrod Band

Be on the lookout for some sleight of hand wizardry with Siy's Magic!



**BROADLANDS LIVE! SUMMER CONCERT SERIES** offers the enjoyment of listening to cool tunes in our very own natural amphitheater. Bring your dancing shoes and enjoy the awesome vibes of all the performers! Come ready to picnic with food available for purchase from neighborhood favorites Domino's Pizza, Parallel's Food Truck and 1,000 Shakes. Your own personal picnic is allowed but our vendors make your evening that much easier for a no fuss night of fun.



BYOB, BUT PLEASE LEAVE THE GLASS BOTTLES AND DRINKWARE AT HOME. All alcohol must be consumed in the beer garden.

WHETHER YOU ARE 21 OR 81, YOU MUST SHOW ID FOR A WRISTBAND, NO EXCEPTIONS.

Don't forget your blankets & folding chairs to enjoy a fantastic evening of music, food and fun!

#### NO PETS ALLOWED . NO SOLICITING

Follow us on Facebook for your chance to win an amazing gift bag prize generously filled by local businesses. Be sure to check out the fun photos on Instagram @Broadlandslive



VISIT BROADLANDSLIVE.COM FOR DETAILS & UPDATES

GREG WELLS

#### **GOLD SPONSOR**



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Stream Valley Veterinary Hospital

BROADLAND FAMILY PRACTICE

#### IN-KIND & VENDOR **SPONSORS**

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## **Broadlands Area Clubs and Groups**

Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email **nihanainen@broadlandshoa.com**.

#### **ASHBURN TOASTMASTERS**

Welcomes those interested in developing communication, leadership and presentation skills. We meet every second and fourth Wednesday at 7:15pm in the Broadlands Community Center, 43004 Waxpool Rd. For information, visit ashburn. toastmastersclubs.org/.

#### **BRAMBLETON LADIES GOLF LEAGUE**

Brambleton Ladies Golf League welcomes new members. We are a fun, friendly group playing at Brambleton Golf Course on Monday mornings from April through October. Check us out at www.brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

#### **CONSERVATION LANDSCAPING COMMITTEE**

Organizes wildlife habitats, eco-friendly living and native plants related programs and events. The Committee works with the NWF, Broadlands HOA and residents to achieve our annual goals. To learn more about how the committee works, visit BroadlandsNaturally.org.

#### ASHBURN/BROADLANDS WOMEN'S BIBLE STUDY

We are studying various Women's Bible Studies by Beth Moore, Priscilla Shirer and others. This is an interdenominational group that meets Tuesday mornings from 9:00am to 11:15am in a local home. Please contact Grace at 703-724-0995 for more information.

#### **DBT TEEN SKILLS GROUP**

Run by Dr. Maggie Avedisian. If you have a teenager who is struggling to manage their behaviors, mood and social life, "Dr. Maggie's" group may be a great fit and help. DBT groups are highly effective in addressing core mindfulness, distress torerance, emotional regulation and interpersonal skills. For more info, we invite you to call the practice at 703-723-2999.

#### **GRIEFSHARE SEMINAR/SUPPORT GROUP**

GriefShare recovery seminar and support group meets at Our Savior's Way Luthern Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit griefshare.org.

#### **INDIAN SOCIAL CLUB**

This group of local Asian Indian families play cards for fun once a month by rotation. Please contact Salesh Gupta 571-435-3192 or email SalGup20@yahoo.com.

#### **MOMS CLUB OF ASHBURN**

Broadlands & Brambleton resident moms who organize weekly activities for us & our kids. Monthly Member Social every 2nd Thursday of the month. For further details, email us at membership.momsclub.broadlands@gmail.comor find us on Facebook @momsclubashburn.

#### **MOMS IN PRAYER - BRIAR WOODS**

Briar Woods moms are invited to join us to pray for our children and staff at Briar Woods. We meet on Tuesdays during the school year. Please contact Rebecca for more information at 703-858-7379.

#### **MOMS IN PRAYER – EAGLE RIDGE**

Eagle Ridge moms are invited to join us to pray for our children and staff at this school. We meet on Tuesdays during the school year. Please contact Catherine for more information at 703-598-4708.

#### **MUSIC ON THE HEIGHTS**

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres. For more info email musicontheheights@gmail.com.

#### **PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP**

Run by Dr. Michael Oberschneider and Dr. Douglas Lipp. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lipp runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info, we invite you to call the practice at 703-723-2999.

#### **ROTARY CLUB OF ASHBURN**

The members of the Rotary Club of Ashburn are heavily involved in serving our Ashburn community. We meet each Thursday for lunch from 12:00-1:15pm at 1757 Golf Club. Please email us at ashburnrotary@gmail.com if you're interested and want to find out more.

#### **STRESSBUSTERS & MOTHERHOOD (SAM)**

SAM is a diverse women's group that explores a variety of modern holistic practices and ancient wisdom traditions. We meet monthly on Sunday evenings. For more info email Shea or Erin at LoudounSAM@gmail.com.

#### **TECHNOLOGY COMMITTEE**

We meet the third Wednesday of every other month at 7:30pm in the Nature Center (Jan, Mar, May, July, Sept, Nov). For more info, visit broadlandshoa.org and click on Committees. Meetings are open to all residents.



AUGUST 2019 • OUR NECK OF THE WOODS • PAGE 29

## **Broadlands Helper's List**

## Not Available on Website Edition





**KEY:** 

(B) Babysitter's Course; (C) CPR
(R) Rescue Breathing; (F) First Aid
(D) Dog & Cat (Pet) First Aid
\*All area codes are 703 unless noted.

## **Broadlands Helper's List**

## Not Available on Website Edition



#### **NON-EMERGENCY**

Ashburn Fire	703-729-0006
Dominion Virginia Power	. 888-667-3000
Fire Marshall	703-777-0333
Loudoun County Sheriff	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-3333
State Police	703-771-2533
Washington Gas	703-750-1000

#### **BROADLANDS COMMUNITY**

Mailbox (Main Street Mailboxes)	1-571-379-8454
Snow Removal:	
VDOT Streets	703-383-8368
HOA Streets	703-729-9704
Trash Pickup (Patriot Disposal)	1-703-257-7100
Southern Walk Association – OpenBand/Verizon:	
• Billing – Katie Halfhill, FirstService Residential	
- katia halfhill@foresidential.com	571 234 5475

<ul> <li>katie.halfhill@fsresidential.com</li> </ul>	
OpenBand Customer Service 24x7	
OpenBand Trouble Tickets	
Verizon Transition	
Towing (Battlefield Towing)	SWHOAB.COM

#### **PUBLIC INFORMATION**

Animal Control/Shelter	
Building Permits & Dev703-777-0397	7
County Landfill	0
DMV (VA)	7
DISH	1
DirectTV	0
Health Department	6
Library (Ashburn)	
Loudoun Ride On	
Loudoun Hospital	0
Miss Utility	
Metro	
Parks and Recreation	3
	_
Ridesharing	5
Ridesharing	
	3
Road Conditions         800-367-7623           School Board         571-252-1000	3 0
Road Conditions	3 0 6
Road Conditions         800-367-7623           School Board         571-252-1000           Street Signs/Storm Drains         703-771-5666	3 0 6 8
Road Conditions         800-367-7623           School Board         571-252-1000           Street Signs/Storm Drains         703-771-5666           VDOT         703-383-8368	3 0 6 8 0
Road Conditions       800-367-7623         School Board       571-252-1000         Street Signs/Storm Drains       703-771-5666         VDOT       703-383-8366         Van Metre Homes       703-348-5800         Verizon Fios       888-553-1555	3 0 6 8 0 5
Road Conditions       800-367-7623         School Board       571-252-1000         Street Signs/Storm Drains       703-771-5666         VDOT       703-383-8368         Van Metre Homes       703-348-5800	3 0 6 8 0 5 9

#### SCHOOLS -BROADLANDS

Briar Woods High School	703-957-4400
Eagle Ridge Middle School	571-252-2140
Hillside Elementary School	571-252-2170
Mill Run Elementary School	571-252-2160

AUGUST 2019 • OUR NECK OF THE WOODS • PAGE 31

#### CONSIGNMENT/FOR SALE LARGEST NON-PROFIT CHILDREN'S CONSIGNMENT SALE IN **LOUDOUN COUNTY:**

Saturday, Sept 28th - FREE admission. Little Flower Consignments offers new & gently used baby & children's clothing, accessories, toys, books, videos, games, baby gear, furniture, maternity & much more. Proceeds donated to Divine Mercy Outreach. Raised \$50,000 in 2018! St. Theresa's Catholic School in Ashburn. New consignors & volunteers welcomed! www.lfcsale. org for FB page @LittleFlowerConsignments for details, sale giveaways, tips, & photos.



#### **HOW TO PLACE A CLASSIFIED AD**

- 1. Submit a completed Classified Insertion Order Form which can be found on our website at broadlandshoa.org/newsletter.
- 2. Classified ads are limited to 40 words maximum and the text should be emailed to ads@broadlandshoa.com.
- 3. Payments can be made on our website at broadlandshoa.org/ newsletter by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
- 4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

#### **MONTHLY RATES:**

- Resident Rates \$15.00 per ad (For Sale ads are free for Residents only)
- Non-Resident Rates \$25.00 per ad

No cancellations are permitted after the deadline. For more information, contact the Advertising Manager, Stassa Collins at ads@broadlandshoa.com or 703-729-9714.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

#### **EDUCATION - TUTORING** TUTORING

Writing, Reading, Math, Test Prep. Broadlands resident with Ph.D. and extensive experience teaching and tutoring writing, reading, and mathematics (Grades 3-8, Algebra 1 and 2, Geometry), SAT and ACT Prep. Information: myincisivelearning.com or call Bill Bajusz at 703-505-1505.

#### **NEED MATH HELP?**

I am a Broadlands resident, I co-own, and co-teach the Turbo Tutoring SAT prep class (turbo-tutoring. com) and have 24 years tutoring experience helping students in: Math 8, Algebra 1, Geometry, Algebra 2, and SAT and ACT math sections, as well as the SSAT math test for private schools. Call Dan Harris at: 703-909-4438 or email me at: aplustestprep@ verizon.net.

#### FORMER LOUDOUN COUNTY MATH TEACHER:

Grades K to 12. Pre-algebra, Algebra (I & II), Geometry, Trigonometry, Statistics, Pre-Calculus and Calculus. SAT prep and test taking strategies for strategic placement tests such as the ASVAB, and nursing. Tutor at your home or Ashburn Library. Reasonable rates. Call Vincent Chu at 571-379-3074 or email vchu 911@vahoo.com. Please visit: A1mathtutor.weebly.com.

#### FITNESS/WELLNESS **GET FIT NOW! INTRO PACKAGE SPECIAL!**

Affordable, certified personal fitness training in your home! Get Fit Now with my 29+ years' experience to make you your best! Sculpt, tone, strengthen, promote flexibility! Individualized programs; weight loss/nutritional guidance, prenatal/post-partum; Yoga/Pilates; all ages/fitness levels. Safe and effective. Equipment provided. Free phone consultation. Stephanie Gotfried 703-542-2595 or stephaniegotfried@gmail.com; Fitnesstogova.com.

#### HOME SERVICES **ASHBURN ELECTRIC:**

Specializing in Recess Light Installation & Services. Licensed & Insured. Contact: Craig Fladager at 703-858-7332 (Broadlands Resident).

#### HANDYMAN SPECIALIST:

Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never-ending honey-do lists, to projects and much, much more. Including Roofing, Siding Installation/Repair and Gutter Cleaning. Free estimates. Please call Mike at P&M General

Contracting, 703-862-0415. Mike.Rosario@verizon. net.

#### HANDYMAN SERVICES:

For repairs in your home. Small jobs and odds & ends. Plumbing, electrical, water heater replacement, bathrooms, and more...Free estimates. Call: 571-426-2126.

#### MARKETPLACE

#### GET MORE ENERGY, BETTER FOCUS AND IMPROVED HEALTH SO YOU CAN CRUSH YOUR 2019 GOALS.

Details, plus nutrition facts to help you live better, stronger and longer at FocusedOnNutrition.com. Contact Averil Bernard at (571) 293-6289 or averil@ averilbernard.com.

#### MARY KAY:

Beauty on a Budget. Skin care packed with multiple benefits. Special offers you don't want to miss. Free samples so you can try before you buy. Free makeovers and expert tips. Shop at your convenience with my personal delivery. No crowds. No parking hassles. No drain on your gas tank. What better way to get all your skin care and makeup! Contact me today! Contact Deborah Leben 703-217-4583 dleben@marykay. com marykay.com/DLeben.

#### PET SERVICES

#### **AROUND MIDNIGHT PET SERVICES, LLC:**

Provides excellent care to the furry, feathered and finned members of your family. Midday walks, overnight companionship and in-home boarding. Caring for your pets the way you would if you were home for 10 years! Call today or visit our website. 703-726-9218, aroundmidnight.net. Now hiring – join our team!

#### **PROFESSIONAL SERVICES** THE CARE CONCIERGE:

Would you like a walking companion? Do you need a ride to a medical appointment? Would you like someone to have tea with your senior parent? The Care Concierge LLC can help with all of these services and more. Call today or send us an email! 571-485-5091, info@thecareconciergellc.com.

#### **CPA SERVICES:**

Why risk your financial health with tax preparers you don't know? Get to know a neighborhood CPA right here in Broadlands and stay financially healthy. Sophear Uoy CPA providing experience, personal, tailored service. Schedule a free initial meeting today. 703-869-7796 or sophear.uoy@ sophearcpa.com.

## Broadlands Community Info ....

#### **BROADLANDS ASSOCIATION, INC.**

21907 Claiborne Parkway Broadlands, Virginia 20148 Main: 703-729-9704 Fax: 703-729-9733 broadlandshoa.org ◆info@broadlandshoa.com HOA & Nature Center Office Hours: Monday – Friday, 9:00am to 5:00pm General Mailbox: info@broadlandshoa.com Nature Center Hours: First & third Saturdays, 10:00am to 2:00pm

#### **ASSESSMENT INFORMATION OFFICE**

Firstservice Residential: Payments and Resale Docs Main: 703-679-1541 Fax: 703-591-5785 fsresidential.com 
 customerservice.dcmetro@fsresidential.com Mail Payments To:

FirstService Residential P.O. Box 11983 Newark, NJ 07101-4983

#### **BROADLANDS ASSOCIATION STAFF**

General Manager: Sarah Gerstein • sarah@broadlandshoa.com Covenants Manager: Suzan Rodano • covenants@broadlandshoa.com Newsletter Editor & Events Committee Liaison: Natalie Ihanainen • events@broadlandshoa.com Newsletter Advertising Manager & Communications Coordinator: Stassa Collins • scollins@broadlandshoa.com Secretary to the Modifications Subcommittee: Robin Crews • rcrews@broadlandshoa.com Administrative Specialist, Pool Liaison: Julie Holstein • julie@broadlandshoa.com Reception: Joanne Hang • joannehang@broadlandshoa.com Naturalist: Erin Fairlight • naturalist@broadlandshoa.com

#### **BOARD OF DIRECTORS**

President: David Baroody  $\bullet$  dm.cmb@outlook.com, 703-729-6785 Vice President: Dawne Holz  $\bullet$  holz.d@icloud.com, 703-362-6727 Secretary/Treasurer: Heidi Eaton  $\bullet$  eaton.h@icloud.com, 571-232-1830 Directors: Eric Bazerghi  $\bullet$  571-207-6505 Cliff Keirce  $\bullet$  703-729-7320 William Kolster  $\bullet$  703-858-2459 Tania Marceau  $\bullet$  571-331-4381 Joseph T. Wagner  $\bullet$  571-333-0821 John Zuccaro  $\bullet$  571-271-7345

#### COMMITTEES

Broadlands Live Concerts: Tammy Wells, Angela Rabena broadlandslive@broadlandshoa.com Conservation Landscape: Oya Simpson broadlandsnaturally.org 703-725-8040\*see Clubs & Groups Events: events@broadlandshoa.com Swim Team: broadlandsswimteam.org Technology: Dawne Holz broadlandscom See Clubs & Groups Tennis: Brad Marcus broadmarcus@gmail.com

## **Advertising Directory**

#### **EDUCATION**

#### FINANCIAL / PROFESSIONAL SERVICES

#### HEALTH/DENTAL

Allergy, Asthma, and Sinus of NOVA	18
Ashburn Allergy	35
Cantwell Vision	
Loudoun Dental Associates	22
Smilez Pediatric Dental Group	22

#### **HOME SERVICES**

Augustine Roofing, LLC	35
Kris Painting Services, Inc	
OC Cleaning	
Zampiello Paint Contractors, Inc.	

#### PETS

Stream Valley Veterinary Hospital	35
Wild Birds Unlimited	36

#### **REAL ESTATE**

Bonnie Selker, LivingRealty, LLC	6
The Greg Wells Team, Re/Max	2
Winchester Homes10	0

#### **RECREATION/CAMPS**

YMCA Summer Camp .....14



## **BRADIANS** Newsletter Advertising

## Rates and Sizes

#### Size & Location • Rates are per issue PRICE PRICE PRICE All ads will be full color (if provided in color) 6+ Months 12+ Months Month Prepaid Discount to Month Prepaid Discount **INSIDE PLACEMENTS:** \$75 • Eighth Page (3.75" wide x 2.41" tall)......\$125 \$100 \$215 \$200 Half Page \$430 \$400 \$375 Horizontal: 7.66" wide x 5.00" tall without bleed or 8.5" wde x 5.5" tall with .125" bleed Vertical: 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed \$900 \$850 • Full Page......\$1000 7.66" wide x 10.16" tall without bleed or 8.5" wde x 11.0" tall with .125" bleed **INSIDE COVER PLACEMENTS** (Contact for Availability): • Quarter Page (3.75" wide x 5.00" tall) .....\$250 \$225 \$210 Half Page \$450 \$425 \$400 Horizontal: 7.66" wide x 5.00" tall without bleed or 8.5" wde x 5.5" tall with .125" bleed Vertical: 3.75" wide x 10.16" tall without bleed or 4.16" wide x 11.0" tall with .125" bleed • Full Page......\$1050 \$950 \$900 7.66" wide x 10.16" tall without bleed or 8.5" wde x 11.0" tall with .125" bleed **OUTSIDE COVER PLACEMENTS (Contact for Availability):** Quarter Page Horizontal Banner......\$275 \$240 \$250 7.66" wide x 2.75" tall \$250 \$240 • Quarter Page (3.75" wide x 5.00" tall) ......\$275 Half Page \$475 \$455 \$435 Horizontal: 7.66" wide x 5.00" tall without bleed or 8.5" wde x 5.5" tall with .125" bleed • Full Page.......\$1050 \$950 \$900 7.66" wide x 7.50" tall without bleed or 8.50" wde x 8.25" tall with .125" bleed

#### SUBMISSION INFORMATION FOR DISPLAY ADVERTISERS

• Visit our website at **broadlandshoa.org/newsletter** to obtain an Insertion Order Form and email to **ads@broadlandshoa.com** or mail to Broadlands Association, Inc.

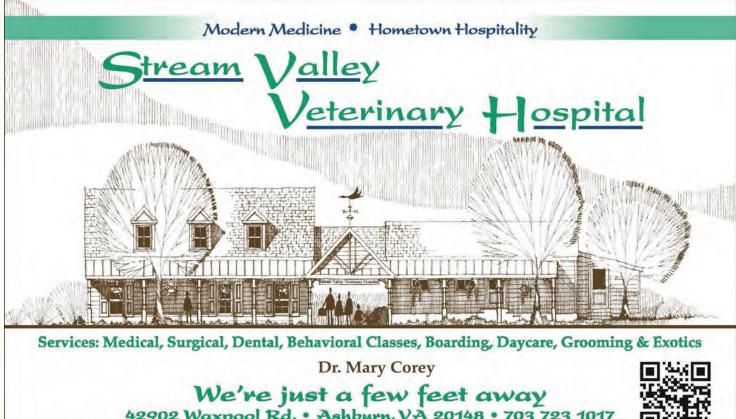
- Email camera ready ad in PDF format to **ads@broadlandshoa.com**. Ad must be in our specs shown above.
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.
- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
- Newsletter is printed in full color. Rates shown are monthly. No cancellations after the initial deadline are permitted.

#### **Broadlands Homeowners Association**

21907 Claiborne Parkway • Broadlands, Virginia 20148 703-729-9704 • broadlandshoa.org • ads@broadlandshoa.com







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