SEPTEMBER 2024

BROADLANDS Our Neck of the Woods

Official Newsletter of the Broadlands Homeowners Association

and the

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BROADLANDS



IN THIS ISSUE:

Broadlands Live	7
Snuggles, Pep Talks and Love Notes	8
Tree of Heaven	9
Native Plant Sale	13
Pooch Pool Party	14
What Do You Know About Scouting	15
Why Social Media Shouldn't Be Your Therapist	16
Back to School Safety Tips from LCSO	19
Community Yard Sale	21
Calendar of Community Events	26
Brambleton Library Programs	27

EVERY MONTH

Board of Directors Meeting Info This Month's Calendar Manager's Message Modifications Information Covenants Corner Clubs & Groups Useful Numbers Classifieds	4 5 10 12 20 27
	28

Board of Directors Upcoming Virtual Meeting Tuesday, Sept. 10th - 6:00pm *Board Meetings Information*

Monthly meetings are generally held on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting. Check website for login details.

Board of Directors August 13th Virtual Meeting Highlights

- Approved the minutes of the June 11, 2024 Board Meeting
- Approved the minutes of the July 9, 2024 Board Meeting
- Discussed parking concerns
- Approved the proposed amended Design Guidelines for fences
- Tabled the renaming of the former Nature Center
- Approved a turf restoration proposal from HLS for fire damage at Rickenbacker Square
- Approved the Policies and Procedures Regarding Examination of Association Records
- Tabled the draft revised Parking Regulations and Enforcement Procedures
- Did not take action on a resident application for an assigned disabled parking space
- Partially approved two violation fee waiver requests
- Held seven hearings and assessed violation charges for outstanding violations in accordance with the Virginia Property Owners Association Act

These highlights are a summary only. To obtain copies of approved minutes, log into your account on FirstService Residential Connect. Owner access to the site is by registration at https://broadlands. connectresident.com. Owners will need to enter their account number, which can be found on their monthly coupon stubs.

SEPTEMBER



Being a Good Neighbor...Building a Strong Community Together

Living in a community involves more than just sharing space. It's about fostering a sense of respect and consideration for those around us. Creating a harmonious and welcoming community starts with each of us being mindful and considerate neighbors. Here are some simple yet impactful ways to be a good neighbor and contribute positively to our shared living environment:

1. Caring for Your Home:

Taking pride in maintaining the appearance of your home not only enhances your living experience and boosts your own curb appeal, but it also contributes to the overall appearance of the neighborhood and reflects pride in our community. Regular maintenance such as mowing the lawn, keeping the exterior tidy, and ensuring that exterior elements like fences and driveways are in good repair shows that you value your property and respect your neighbors' visual experience.

2. Responsible Pet Ownership:

Pets are cherished members of many households, but their care extends beyond our own property lines and it's important to ensure they don't create a nuisance for others. Always clean up promptly after your pet when walking them in the neighborhood. Carrying waste bags and disposing of waste in designated bins helps keep our shared spaces clean and enjoyable for everyone.

3. Considerate Parking:

Parking can sometimes be challenging and at time even a contentious issue in residential areas, so it's essential to park considerately. Be mindful of designated parking spots and avoid blocking driveways, fire hydrants, and make sure that you're not taking up more space than necessary. If space is limited, communicating openly with neighbors about parking needs can prevent misunderstandings. And if you have guests, kindly remind them to be mindful of these rules as well.

4. Keeping Noise Levels Down:

Many of us enjoy social gatherings and entertainment, but respecting quiet hours and being aware of noise levels throughout the day and night demonstrates consideration for those around you. Whether it's playing music, hosting gatherings, or engaging in outdoor activities, keeping noise at a reasonable level makes certain that everyone can enjoy their home without disturbance.

5. Building Relationships:

Taking the time to get to know your neighbors can create a stronger sense of community. A friendly greeting, lending a helping hand, or participating in neighborhood activities or events can foster connections and build trust among neighbors.

6. Resolving Conflicts Respectfully:

Conflicts may arise from time to time but addressing them calmly and respectfully is key to maintaining good neighborly relations. Open communication and a willingness to compromise can often resolve issues before they escalate.

7. Being a Safe and Watchful Neighbor:

Looking out for one another's well-being contributes to a safer community. Reporting suspicious activities or keeping an eye on each other's homes when neighbors are away can help prevent incidents and strengthen community bonds.

By practicing these principles of good neighborliness, we not only enhance our own quality of life but also contribute to a harmonious and welcoming community for everyone. Let's continue to build on these efforts and create a neighborhood we can all be proud to call home. Let's all do our part to be good neighbors!

Together, we can make a positive difference—one neighborly gesture at a time.

Cheers,

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM General Manager



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Van Metre Presents Free Summer Concert Series Hillside Park \$ 43051 Waxpool Road * August 2nd & September 6th - 5:30-9:00pm * October 4th - 5:30-8:00pm

20aclands live

2024 LINE UP

AUGUST 2nd 5:30 - Bach2Rock 6:45 - Hijynx

Top 40's/rock fun party band featuring today's popular dance and rock music, mixed with some hits from past decades.

SEPTEMBER 6th 5:30 - Opening Act 6:45 - 7 Deadlies Band

A combination of 90's classics, 2000's rock anthems, hip hop sing-a-longs, classic rock throwbacks, and top 40 dance pop classics.

OCTOBER 4th 5:30 - The Reflex

They'll rewind the clock and take you "back in time" by recreating the sounds, looks, and intensity of the best songs of the 80's.

BROADLANDS LIVE! offers the enjoyment of listening to cool tunes in our very own natural amphitheater. Bring your dancing shoes and enjoy the awesome vibes of all the performers! Bring your own picnic or let our food truck vendors make your evening that much easier with a stress-free night of fun. Don't forget your blankets & folding chairs! In addition, there will be face painters and balloon animals from 5:30-8:00pm.



Snuggles, Pep Talks and Love Notes: 10 Ways to Calm Your Kid's Back-to-School Jitters

Written By: Becky Harlan Sourced From: NPR



New teachers, classmates, routines and expectations - a new school year almost always means change for both kids and their caregivers. And that can be nerve-wracking for everyone.

To help families ease into the transition, Life Kit asked teachers, pediatricians and child development experts for their best back-to-school advice. These tips have been edited for length and clarity.

1. Adjust your child's summer sleep schedule to a school schedule. At least one or two weeks before school starts, move bedtime and wake-up time up by 15-minute increments every few days until the desired schedule is reached. —Dr. Nilong Vyas, pediatrician and sleep consultant

2. Gradually reintroduce structure into a child's daily routine to help them prepare for school. Add a 15-minute block of educational content to your kid's routine, such as a read-aloud, math puzzle or science experiment. —Keisha Siriboe, early childhood literacy consultant

3. Remind kids that almost everyone feels a little nervous on the first day of school. Naming and describing an emotion and letting children know you understand how they feel can help them feel more in control over their feelings instead of feeling overwhelmed by them. —Leah Orchinik, pediatric psychologist

4. To ease a child's anxiety about going back to school, help them understand what to expect. As Daniel Tiger sings, "When we do something new, let's talk about what we'll do." Remind them that "grown-ups come back" [at the end of the school day] — and they can share their new experiences at school with their loved ones. –Mallory Mbalia, director of learning and education at Fred Rogers Productions, producers of the TV show Daniel Tiger's Neighborhood

5. Talk to your child about how they might handle challenging situations, even if they are not likely to happen. For example, if your son is worried about getting lost in a new school, help him problem solve by creating a plan about what he would do if that did happen so he feels more prepared and confident. —Leah Orchinik, pediatric psychologist

6. Make up a special goodbye ritual together. Morning goodbyes can be challenging. But you can create daily memories your child will cherish for years to come. Say, "See you later, alligator! In a while, crocodile!", do a special handshake or enjoy an extra-long hug. You can also kiss your child's palm and then hold each other's hands tightly to "seal it in." Tell your child to remember they'll carry your kiss with them all day long, and they can do the same for you! — Jeanette Betancourt, Sesame Workshop

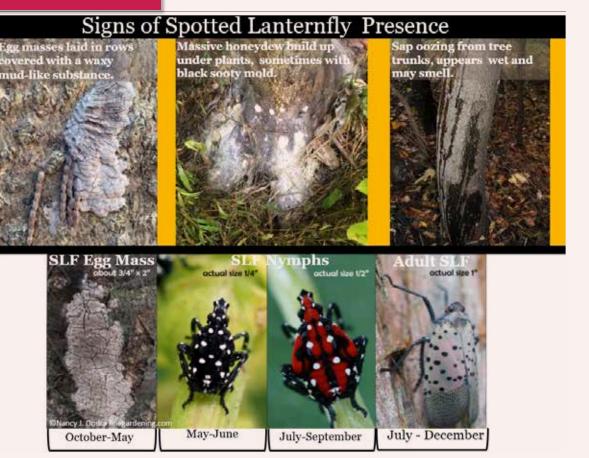
7. Fill their connection cup before and after school. Even if you're tired in the morning, set that alarm for 15 minutes earlier so you can have a snuggle session with your child. Read a book together. Have breakfast together. When you pick them up from school, be aware they will need another connection cup top-up. Sometimes they will present with this after-school meltdown because they're so depleted. —Vanessa Lapointe, author of Discipline without Damage

8. Make sure your child knows how to navigate their world in tech-free ways. Even if your child has a smartphone, make sure they know what to do if they're approached by a stranger, how to get help for an injury and other street smarts. Help isn't always a button away. —Leah Plunkett, author of Sharenthood

9. Discuss family or classroom conflicts with your child. Have a daily conversation topic such as, "What's been a good or hard part about your day?" or "What rules do we need to help everyone feel loved and respected?" Then have a weekly discussion to keep things on track and make kids part of problem-solving. —Thomas Lickona, author of How to Raise Kind Kids

10. Pour positive words of affirmation into your children on a daily basis. For example, "I love you. I'm proud of you. It's going to be a great day. It's OK to make mistakes." Parents can leave notes inside their child's lunch boxes. Or I've had parents ask me to write a sticky note on their child's desk for them. These messages allow a kid to feel powerful and confident throughout the day. —Jarod Renford, first grade teacher in Washington, D.C.

Life Kit is an NPR Podcast.



Remove Tree of Heaven to Decrease Spotted Lanternfly Damage Submitted By: Jennifer Crane

Have you ever wondered why you keep hearing about the Tree of Heaven (Ailanthus altissima)? Not only is it an invasive species, meaning it does ecological harm in our region, it's also the host plant for an invasive insect, the spotted lanternfly (Lycorma delicatula).

The spotted lanternfly is a significant threat to agricultural crops, including Loudoun's beautiful vineyards and orchards. It also makes outdoor spaces inhospitable. Their honeydew (aka poop) accumulates on surfaces, grows sooty black mold, and attracts stinging insects when it ferments. You can see a picture of honeydew accumulated at the base of a tree in the accompanying "Signs of Spotted Lanternfly Presence" graphic.

The best way to reduce the impact of spotted lanternfly honeydew on your outdoor spaces is to kill nearby Tree of Heaven. So for everyone's benefit, please consider treating and removing all Tree of Heaven on your property. Many of the trees seen in Broadlands' yards are small seedlings. These trees, less than about three feet tall, can be pulled by hand or dug out with a shovel from moist soil. Be aware that it WILL regrow from root fragments so herbicide treatment in late Summer or early Fall is usually necessary for larger trees. See the Tree of Heaven article in last month's Broadlands Newsletter for additional removal advice.

Many of these trees in Broadlands are on HOA property and LCPS school properties. Please let them know about your concerns and support them using funds to eliminate Tree of Heaven, beginning with mature fruiting trees to slow its spread. Email Broadland's Conservation Landscaping Committee with questions, including identification help at BroadlandsWildilfeHabitats@gmail.com

Photo at top: Honeydew collects at the bottom of an infected tree in the top center image. The same thing happens to outdoor seating and playgrounds. (Image: St. Lawrence Eastern Lake Ontario Partnership for Regional Invasive Species Management SLELO PRISM. https://sleloinvasives.org/invasives/tiered-species-list/ spotted-lanternfly/. Accessed 3 Aug 2024).

Photo Below: Images clockwise from top left: A mature Tree of Heaven at the corner of Ellzey and Claiborne, saplings escaped into an HOA planting, a close up of leaves and flowers, small saplings or root suckers growing in the mulch under the tree at Ellzey and Claiborne.



Tree of Heaven in Broadlands

Modifications Information

Per Article 7, Section 7.5 (a) Additions, Alterations, or Improvements by the Owners - "No person shall make any addition, alteration, or improvement in or to any Lot or any portion of the Property... which is visible from the exterior of the Lot or such portion of the Property, without the prior written consent of the Covenants Committee."

If you are unsure if approval is required for your project, contact Robin Crews, Modifications/ Resale Manager at rcrews@broadlandshoa.com or 703-520-9902. The Committee meets virtually at 7:00pm on the first and third Wednesdays of the month March-October and the third week of the month November-February. *If you wish to attend a meeting, contact Robin Crew, rcrews@broadlandshoa. com.* Applications must be submitted by noon on the Wednesday before the meeting by emailing them to rcrews@broadlandshoa.com or delivering them to the HOA Office drop box at 21907 Claiborne Parkway.

Please review the Design Guidelines and submission requirements at broadlandshoa.org/ design-guidelines. Failure to include all required information will delay review of your application. Once the Committee has reached a decision, the results will be delivered via email. If an email address is not provided, results will be mailed. Emails will be sent from no-reply@smartwebs365.com should you wish to add this email address to your contact list to ensure prompt delivery. Please check your inbox and

junk/spam folders or contact the HOA office at 703-520-9902 if you have not received your results within 10 days following the meeting.



Modifications Subcommittee Submission and Meeting Dates

Submission Deadline By Noon	Meeting Date
August 28th	.September 4th
September 11th	.September 18th
September 25th	.October 2nd
October 9th	.October 16th
November 13th	November 20th

Only applications with complete documentation received by the deadline will be reviewed at the next subcommittee meeting

Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, deck/fence repair, fresh coat of paint or stain maintenance, mailbox unit repair, removal of any mildew, screen window repair or roof repair. Refer to your property plat to locate your property lines because you may have accidentally placed something in the common area that will need to be removed before settlement.

When you sell your home, you are required to request a resale disclosure package for the buyer.

Once the request has been executed, it notifies the HOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, that are not in compliance, and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the seller's responsibility to rectify all violations found on the property before settlement of the home. If any violations are not rectified before settlement, then the new owner will be responsible.

There are submission procedures on the HOA website, broadlandshoa.org, to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or your resale inspection results, please contact Modifications and Resale Manager Robin Crews at 703-520-9902 or rcrews@broadlandshoa.com.



Feeling Political?

Per Broadlands guidelines no more than three political campaign election signs are allowed and each sign shall not exceed a maximum of four (4) square feet. These signs may be placed no more than 60 days prior to an election date and must be removed 5 days following the election. No application is required for these signs.

Residents Must Apply for Tree Removal

It has been reported that tree companies are driving through Broadlands looking for trees to remove from resident properties claiming that their company was referenced on the HOA website as an approved company for executing tree removal. The HOA does



not endorse or give blanket approval for tree removal companies. Approval is required to remove any tree either dead or alive whose trunk measures 4" or more in diameter when measured at the height of 4' from the ground. Please review the guidelines at broadlandshoa.org/design-guidelines.

Please be aware removing trees or underbrush from common areas is prohibited.

Recognize Our Courageous Veterans!

Is there a veteran that you would like to honor for Veterans Day this year? If so, submit a photo(s) of that veteran along with "a few lines about them to newsletter@broadlandshoa.com *by Thursday*, *October 10th* for inclusion in the November newsletter.

Speed Limit Concerns

Speeding on residential streets has been an on-going concern in Broadlands. Please note that the maximum speed limit in residential communities is 25 MPH.



If you have speeding concerns, please contact the LCSO non-emergency number 703-777-1021 regarding speeding in your community.

Dog Owner Etiquette

As a responsible dog owner, it's important to manage your pet's behavior and follow certain rules of etiquette to ensure that you and your furry friend(s) are courteous members of the community. Following these guidelines can help you maintain good relationships with your neighbors and keep your dog safe and happy.

AS A RESPONSIBLE DOG OWNER...

SCOOP THE POOP

It is important to remember to always scoop the poop and properly dispose of it. Not only is it the courteous thing to do for your community, but it also helps keep public spaces clean and safe for everyone. So the next time you take your dog for a walk, be sure to bring along a bag or use one of our many Mutt Mitt stations to pick up and properly dispose of your pet's waste.

CALM YOUR BARK

It is important to be mindful of your pet's barking. Excessive barking can be a nuisance to your neighbors and disrupt the peace of the community. Avoid leaving them alone for extended periods as this can lead to boredom and excessive barking. If your dog does bark, be sure to address the issue promptly and consider using a bark collar or try seeking professional help if necessary. Remember, being a considerate dog owner means being mindful of your dog's impact on others.

DON'T UNLEASH THE HOUNDS

It is important to keep your dog on a leash when in public spaces. This not only ensures their safety but also the safety of others around them. Always keep your dog on a leash while walking them in public areas such as parks, sidewalks, or trails. Also, make sure to choose the right leash length for your dog's size and strength. Remember, keeping your dog on a leash is not only a matter of following the rules and a safe practice but also a matter of being courteous to others.

R-E-S-P-E-C-T

It is important to respect people who do not like dogs or are afraid of them. Even if you believe that your dog is friendly and harmless, not everyone may feel comfortable around them. It is important to be mindful of other people's feelings and avoid bringing your dog too close to them. If someone expresses their discomfort or fear around your dog, it is best to keep your dog at a safe distance or move away from them altogether. Remember, being a considerate dog owner means being respectful of others, even if they do not share your love for dogs.

SWHOA September News Next Meetings Scheduled: Monday, September 23rd, 2024 (Virtual) Southern Walk HOA Board of Directors Meetings:

Monthly meetings are held virtually on the fourth Monday of the month at 7:00pm. On a quarterly basis the meetings are held in person at the Community Center. Residents are welcome to observe the public portion of meetings and to address the Board during the "Homeowner Forum" section of the meeting.

To obtain copies of approved minutes, log into your account on FirstService Residential Connect. Owner access to the site is by registration at http://southernwalk. connectresident.com.

SOUTHERN WALK MONTHLY ASSESSMENTS REDUCED! As of June 1, 2024

2024 SWHOA Assessments have been reduced to \$20 per month that started June 1, 2024 for the remainder of the year. **There will be no change to the FIOS internet services provided by Verizon.** If you pay by paper check, money order, or online bill pay through your bank, please ensure your payments reflect the correct amount and are mailed to:

Southern Walk at Broadlands HOA c/o FirstService Residential PO Box 30403 Tampa, FL 33630-3403

A copy of the Approved 2024 Budget was mailed to the membership. Owners may also find a copy of the approved budget on the Connect Resident Portal.

BOARD OF DIRECTORS

General Inquiries Laura Marshall, Property Manager - info@swhoab.com

President

Shashi Aadipudi - president@swhoab.com

Vice President

B. Shekar Setty - vicepresident@swhoab.com

Treasurer Michael Simpson - treasurer@swhoab.com

Secretary Dinesh Jadhav - secretary@swhoab.com

Director Harish Viswanathan - director2@swhoab.com

Director Anil Yeddu - anilkyeddu@yahoo.com

Director

John Otte - ottejv@gmail.com

September Covenants Corner

The Covenants Department hopes that everyone had a wonderful summer! We are looking forward to the cooler weather as autumn rolls in. As the summer comes to a close, our in-depth walk-through inspections will also be concluding. As we wrap up this phase of inspections, we will be commencing with other inspections in the community. During these inspections, we will ensure that lawns are not overgrown and that mulch beds, garden/ rock beds, and paver walkways are not surrounded by unwanted weeds or grass. If you have any questions or need an extension for any violations cited to you during these walk-through inspections, feel free to contact us.

Once the walk-through inspections are completed, we will begin new inspections that were not heavily focused on during the summer. One of these will be mailbox inspections to ensure that all mailboxes are properly maintained. The inspections will include ensuring that your mailbox color matches the neighborhood's standard. If not, you will either need to apply for your current mailbox color or bring your mailbox color into compliance with the standard. If you are unsure of what the neighborhood standard is, please reach out to us with any questions.

At the same time, we will be focusing on mailbox maintenance such as painting or repair. All street address numbers should be maintained and readable. If any numbers are missing, they should be replaced by the same style and color as the existing numbers.

In addition, inspections will focus on lamp posts. Please ensure that if you have a lamp post, it is in working order, straight, and the paint is not dull or faded.

Lastly, as schools reopen and classes begin, we would like to remind our residents to be mindful of where they park and how they drive in school zones. It is important to follow and obey the rules of the road. Please refrain from blocking intersections, turning lanes, and crosswalks, as not doing so will only contribute to worsening the traffic flow and placing pedestrians in danger. Additionally, be aware of your speed when driving in a school zone or neighborhood as students may be walking or biking to school. Avoid passing buses when they are making a stop to pick up/drop off students, as they are equipped with red blinking lights and stop signs for a reason.

Thank you for your cooperation and stay safe out there. Suzan Rodano, Covenants Manager

First Day of School Photos Got some great pics of your kids on their first day of school?

Send them in for publication in Our Neck of the Woods, Broadlands HOA's official newsletter. *Please email photos to newsletter@broadlandshoa.com by close of business*, 5:00pm, *Tuesday, September 10th.*

We look forward to seeing all our young residents' photos!

Annual Holiday Market The Holiday Market is accepting vendors. It takes place on

The Holiday Market is accepting vendors. It takes place on Saturday, December 7, 2024 from 11:00am - 3:00pm in the HOA Office Building Parking Lot. We are looking for crafters

and vendors to showcase their wares. Do you make art, knit, paint, bake, bead, woodwork, or have another unique hobby with products that people want? Then the Holiday Market wants you!

Registration is currently open. You can register by visiting firstserviceresidential.



myeventscenter.com/broadlands. Please see the market flyer for this popular holiday event on page 25 and email Crystal Boswell, events@broadlandshoa.com with any questions.

Fall Native Plant Sale

What: LWC's Native Plant Sale When: Saturday, September 7, 9:00am – 2:00pm Where: Morven Park main parking lot, 17195 Southern Planter Lane, Leesburg

Native plants add beauty and interest to your garden yearround and provide habitat for wildlife. A variety of flowers, vines, trees, shrubs, and ferns will be available from four local native plant nurseries: Hill House Farm & Nursery, Nature By Design, Seven Bends Nursery, and Watermark Woods

Volunteers knowledgeable about native plants will be on hand to advise you about selecting natives for your garden.

The sale also provides an opportunity to learn about some of Loudoun Wildlife Conservancy's programs and how you can volunteer for or participate in them. For additional information and updates, visit https://loudounwildlife. org/event/fall-native-plant-sale/. Questions: contact nativeplantsale@loudounwildlife.org.

Patriot Disposal Trash, Recycling, and Yard Waste Collection Schedule

Trash, Recycling, and Yard Waste Collection:

- Place toters out the night before collection day after 6:00pm or before 6:00am the day of pick up.
- Containers should be out of sight by 9:00am on the day following collection.

Trash Collection:

• Trash pick up days are Mondays and Thursdays.

Recycling Collection:

- Recycling pick up day is Thursdays.
- Recyclable materials can be co-mingled.
- Plastic bags CANNOT be recycled. The HOA Office collects bags for proper recycling. Visit broadlandshoa.org, click on RESIDENTS then click on TRASH & RECYCLING for more information.
- Scrap metal Please call Patriot Disposal to set pickup day 1-703-257-7100: i.e. foil, pie tins, trays, pots and pans, small car parts, grills, bicycles, swings, etc.

Yard Waste Collection:

- Yard Waste Collection occurs on Mondays from March 1st through December 24th.
- During January & February, yard debris (leaves, grass clippings, brush) may be mixed with trash. Yard waste may not be mixed with recycling.
- Grass clippings and leaves must be set out for pickup in lawn paper bags or in a bin.
- Brush must be less than 4 inches in diameter, cut into 4 foot lengths, and tied in small bundles or bagged.
- Food waste mixed in with yard waste will be accepted, as it can be composted.

Special Pick-ups:

- Please contact Patriot Disposal, 1-703-257-7100 or customerservice@patriotdisposalservices.com, to arrange pickup of special and/or bulk items.
- Special items will be collected weekly. Some items may incur an additional charge.
- Special items include appliances, mid to large furniture and other large items.

Trash Totes/Cans Notice:

• If trash totes/cans are stored in public view outside of these times, you may receive violation notices and, if it continues, you may be called to a Hearing before the Board of Directors.



\$7 per dog per time slot

<u>Time Slots</u> 9:00 AM - 9:50 AM 10:00 AM - 10:50 AM 11:00 AM - 11:50 AM

POOCH POOL PARTY!

SEPTEMBER 14TH 9AM-12PM RAIN OR SHINE SUMMERBROOKE POOL, 21580 DEMOTT DRIVE

END THE SUMMER WITH AN EXHILARATING SOCIALIZATION AND EXERCISE ACTIVITY FOR YOUR POOCH!

Sign your dog up for as many time slots as you would like and print out your waiver at: firstserviceresidential.myeventscenter.com/event/93038 Sign up closes at 12:00 PM on a Wednesday. September 11th

Dogs must be:

- At least 6 months old
- Spayed or neutered
- Friendly and used to group play
- Physically fit for swimming and playing
- Capable of safely exiting a swimming pool

Owners must sign a liability waiver and bring proof of current rabies vaccination.

You are responsible for supervising and cleaning up after your pooch.

Kiddie / Wading pool open for smaller breeds. To ensure your pup's safety we will have lifeguards on duty. Veterinary staff from Stream Valley Vet Hospital will be onsite. **Broadlands residents only**

This event is a partnership between Broadlands HOA and Stream Valley Veterinary Hospital. • All proceeds will go to HART.

BROADLANDS

Stream Valley



Hey Broadlands! What do you know about...SCOUTING? Submitted By: Jessica Austria-Henderson

Did you know that the Scouting program, now known as Scouting America, (formerly Boy Scouts of America and Scouts BSA) has been an active here in the Broadlands community for 26 years? That's almost as long as our community has been around!



It started with several fathers who

served in leadership roles at Our Saviors Way Lutheran Church working with the church's pastor, all of whom were Scouts in their youth. Sparked by great memories of adventure, friendship, discovery, and other experiences



they'd had as scouts when they were kids, they wanted to start a scouting program in Broadlands that would allow kids in Broadlands to make similar memories. The scouting program's

emphasis on promoting an active lifestyle, good citizenship, and community service in harmony with nature aligned well with the values of the community.

In 1998, the church council sponsored the first Cub Scout pack in our neighborhood. Pack 1483 would meet at the newly opened Hillside Elementary School (Mrs. Greene was the principal at the time). Though church-sponsored, the Cub Scout pack was run independently of the church and open to all in the community. It started with just 5 scouts, and quickly blossomed to 25 kids with a strong community outreach.

26 years later, Scouting continues to be vibrant in the neighborhood and has nurtured hundreds of kids. Pack

1483 is still going strong at Hillside Elementary. In 2004, Pack 1484 was created by OSWLC to serve Mill Run Elementary School and Broadlands South. In 2008, OSWLC chartered Troop 2970; today it hosts both boys



(B) and girls (G) troops.

In 2023, the church started a Venturing Crew (Crew

2970) - a youth group for teen boys and girls (ages 14-21) looking to define their own adventures while developing leadership and mentoring skills, and participating in community service. Formed in 2000,

Troop 1154 first started at Sanders Corner and eventually moved to Broadlands and meets



at Eagle Ridge Middle School. They are chartered by the George C. Marshall International Center.

To date, Troop 2970 and Troop 1154, have seen over 240 Broadlands scouts achieve Eagle Scout. Our Broadlands Scouts like to fly far and tackle high adventures such as: exploring the waters of the Florida Keys, canoeing the wilds of Northern Minnesota, exploring Alaska, horseback riding and hiking the Mountains of New Mexico, or attending National and International Jamborees in West VA and Korea just to name a few.

On home base, Broadlands Scouts also have left their mark throughout the neighborhood. Various service and Eagle Projects have been launched to help or enhance the community: the signposts on our neighborhood trails, recycle bins at the pools, restorative/vine removal/native planting at the cemetery, cleaning school grounds, and of course, filling the food banks are just some of their projects.

Scouting for Food is our biggest annual community service project - for the past few years, Broadlands scouts have been able to collect some of the largest amounts of food bank donations for the Goose Creek District due to the generosity of Broadlands residents - more than any Scouting groups in all the rest of Loudoun



County. Thank you, Broadlands for your generosity! And for supporting the Scouting movement.

To learn more about the programs of Scouting America or to contact one of the units listed in this article, please visit: http://www.BeAScout.org.



3 Reasons Why Social Media Shouldn't Be Your Therapist Submitted By: Dr. Michael Oberschneider, Founder and Director of Ashburn Psychological and Psychiatric Services

With technology being so present in our lives these days, it can be tempting to turn our friends into virtual therapists when we are in a bad place or need help. While it's perfectly fine to reach out to friends online for general support, it's entirely another to seek guidance for larger mental health problems. If you struggle with depression, anxiety, or alcoholism/substance use, if your marriage is in trouble or if your child isn't doing well etc., your problems won't be adequately addressed on social media with a comforting comment, a "Like" or an empathic emoji. In fact, if you follow bad advice, your problems could get worse.

According to the Pew Research Center, nearly 70 percent of Americans currently use social media with YouTube, Facebook, Instagram, Pinterest and TikTok being the top five platforms. Even so, just as WebMD and Wikipedia shouldn't be your cardiologist, dermatologist or pediatrician, Facebook shouldn't be your therapist.

I invite you to keep the following three points in mind for the next time you find yourself wanting to turn to social media to address a more serious issue.

1. Mental health treatment is private, but social media sites aren't.

Psychiatrists, psychologists, social workers and counselors are all bound to uphold the guidelines put forth by the federal Health Insurance Portability and Accountability Act of 1996 (HIPAA). HIPPA is in place to protect the confidentiality and security of healthcare information. Like Las Vegas, what you say in therapy stays in therapy, and HIPAA makes sure that happens. Conversely what you share on social media is anything but private and there is no guarantee that your public postings will be treated with respect or held in confidence. People you don't know may be able to access or read your public postings and comments, and what you put out there could go viral if deemed interesting enough.

Moreover, when you say something to a screen or in virtual reality or when you post something online, it may seem less real, but whatever you put out there for the public to view could remain there for a very long time. While your therapist will use the information you share with him or her in therapy sessions to understand and help you, the same cannot be assumed for those in your social media world. And remember, what you post today on social media, can stay online indefinitely.

2. Your therapist is professionally trained to help you, but your online connections aren't.

A therapist undergoes several years of advanced schooling and is trained and credentialed to assess and treat mental health problems. Unlike an online friend, a good therapist not only listens supportively but also strives to develop and implement evidence-based strategies to diminish symptoms or problems and improve emotional stability and wellness. Moreover, while most therapists aren't medical doctors, they know about or are familiar with psychiatric medications and are better suited to help with that topic than a friend would be. They can also likely assist with a referral to a psychiatrist if medications appear to be necessary.

It's also important to remember that a social media influencer isn't the same thing as a therapist. That person may or may not have the credentials and knowledge to offer up strategies or to make formal recommendations for serious emotional or psychological problems. Thus, before taking advice from a social media influencer or a thought leader online, it's best to investigate their background. Just because someone on social media is charming, engaging and seemingly caring and intelligent, doesn't mean you should be taking their advice regarding your mental health function.

Incidentally, there's a new phenomenon, dubbed "Instagram therapy" or "social media therapy," which essentially involves people sharing online what they've learned from their therapist and/or providing information to help others. While I certainly see value in reading thought-provoking or positive emotional healing or wellness messages, memes or anecdotes online, again, I caution folks not to overly rely on social media when it comes to addressing more personal and serious mental health problems.

3. Your therapist is neutral, but your social media friends aren't.

Therapists not only treat symptoms but also listen to a wide range of concerns from their clients or patients during the course of therapy. In therapy, clients or patients may express their strong and sometimes negative thoughts and feelings on various topics. While there is no risk or harm in sharing your views with your therapist on larger topics such as relationship or family struggles, parenting concerns (e.g., your anxiety involving a vaccination schedule for your infant), workplace stress, etc., sharing your views on these sorts of topics publicly on social media could possibly make things worse or lead to disagreements.

As a psychologist and therapist, I've unfortunately seen so many of my clients' relationships strained, and even ended, due to political positions and disagreements over the years. With this being a presidential election year, and given the current level of disagreement and discord between Democrats and Republicans, it's probably best to think twice before posting something that could upset or create conflicts for you on social media.

So, what can you do if you find yourself turning to social media too much for your emotional or psychological needs or struggles? I often encourage my clients to reach out to friends directly if they need support. Having an in-depth conversation with a close friend or family member, in person or over the phone, will likely be a lot more beneficial than turning to social media. If your emotional and psychological problems are serious enough, seeking professional help may be the best thing to do. I also encourage my clients to consider whether posting something they feel strongly about would actually be beneficial for them to share. What's the motivation behind the message you want to post? How will the post be received? How will the post be helpful (i.e. what's the intrinsic or extrinsic gain)? In my opinion, these are important questions to ponder before sharing things publicly.

Lastly, if you're concerned about someone you care about over sharing their personal information on social media, I recommend you reach out to them directly for support. Keep in mind that posting information about emotional and psychological problems or functioning can be a red flag signifying something serious. On the other hand, it's also possible that a post that reads as concerning isn't; perhaps the post is a venting moment and nothing more. Reaching out privately and making yourself available when you read posts that cause you immediate concern is a good thing to do to figure out what's going on.

Social media is more about sociology and psychology than it is about technology. ~ Anonymous



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Back to School Safety Tips from the Loudoun County Sheriff's Office

Loudoun County Public Schools started a new year on Thursday, August 22, 2024, and private schools are starting again too. Now is the time to review important safety information with your children so they are best prepared. The checklist applies to all school children, whether they walk, ride a bike, or take a bus, and is also relevant for parents and drivers during the school day. The Loudoun County Sheriff's Office (LCSO) is here to help keep our children and communities safe, and we ask for your help as essential partners.

WALKERS

□Parents: Practice walking to school with your child, crossing streets at crosswalks when available. □Walk on the sidewalk. If there is no sidewalk and you

must walk in the street, walk facing traffic. □Before crossing the street, stop and look left, right, then

left again to see if vehicles are coming.

 \Box Never step out into the street in front of a parked vehicle.

 \Box Never walk while texting or talking on the phone.

□Never walk while using headphones.

 \Box Pay close attention to crossing guards.

BIKE RIDERS

□Parents: Teach your child the rules of the road. Ride single file on the right side of the road, come to a complete stop before crossing a street, and always walk your bike across.

□Watch for open vehicle doors and other hazards.

□Use hand signals when turning.

□Wear bright-colored clothing.

 \Box Always wear a helmet that is properly fitted and secured.

BUS RIDERS

 \Box Parents: Teach your child the proper way to get on and off the bus.

□Line up starting at least 6 feet away from the curb when your bus approaches.

□If seat belts are available, buckle up.

□Wait for the bus to stop completely before standing. □If possible, do not cross in front of the bus when getting on or off, or walk at least 10 feet in front so you can clearly see the bus driver.

DRIVERS SHARE THE ROAD

□Do not block crosswalks.

□Yield to pedestrians in crosswalks and take extra care in school zones.

□Never pass a vehicle stopped for pedestrians.

□Never pass a bus loading or unloading children.

□ The 10-foot area surrounding the bus is the most dangerous for children. Provide sufficient space to allow children to safely enter and exit the bus.

□Comply with speed limit signs, avoid distractions, and be mindful of the rules in school zones.

For more information about your child's middle or high School Resource Officer or elementary or middle school D.A.R.E. program, visit sheriff.loudoun.gov, then choose the "Programs" tab at the top of the screen and look for options under "Youth Programs."

Saint Theresa Donut Sundays

Please join us for an Art Contest, Raffle and Donut Sunday at Saint Theresa's on September 15th From 8:00am-12:00pm (noon)

The mission of the Donut Sunday Program is to bring people together, create a community and serve others.

The program is now 1 year old! To date, we have served over 6,300 people in Loudoun County. Attendance has grown by 231%. Thank you to the whole community for supporting this program. We are excited that this program has offered many opportunities for people to meet new friends and build new friendships.

We will be serving Dunkin Donuts, Coffee, OJ, Apple Juice, Bagels & Cream Cheese, Croissants, Muffins, Fruit (Blueberries, Strawberries, Bananas), Yogurt Parfaits, Cheese & Crackers and much more! Raffle Tickets are on Sale now and can be bought by visiting https://sainttheresaparish.com/news/donut-sunday/.

Donut Sunday is a great opportunity to meet new people, serve others, develop new friendships and create memories.

Saint Theresa Catholica Church is located at: 21371 St Theresa Lane - Ashburn VA 201477 www.sainttheresaparish.com *If you would like to volunteer, please email Angela Haberland, angela.haberland@gmail.com.*

Ashburn Volunteer Fire and Rescue News

- September 8th Pancake Breakfast 8:00am-12:00pm. Come on out and enjoy a great breakfast made up of pancakes, hashbrowns, eggs, cheesy eggs and so much more; Kiddies craft table; and, support Ashburn Volunteer Fire & Rescue. Location Founders Hall, 20688 Ashburn Road.
- September 24th Broadlands Rotary 9-Hole Golf Tournament fundraiser benefitting Ashburn Volunteer Fire & Rescue. For more info and to register go to: https://ashburnfirerescue.org/event/broadlands-rotary-9hole-golf-tournament-benefiting-avfrd/
- September 24th Volunteer Interest Meeting** 7:00pm
 – 9:00pm. Join Us for the Volunteer Interest Meeting:
 Station 6, Ashburn Road. Get ready to gear up and
 become part of the action! (Administrators needed as
 well!). Enjoy complimentary training, provided uniforms
 and personal protective gear. Benefits include tax savings,
 retirement benefits, tuition assistance, free training, and
 much more.

Save the Date For:

• October 5th - Open House - 12:00pm - 4:00pm For more info visit: ashburnfirerescue.org/events/

Broadlands Area Clubs and Groups

Includes **Broadlands** and surrounding **Ashburn** area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email **Newsletter@broadlandshoa.com**.

ASHBURN JUGGLERS

The Ashburn Juggling Society meets monthly at the Ashburn Library from 7:00pm to 9:00pm. Meetings are casual and open to jugglers of all skill levels and ages. We can teach anyone! The monthly meeting dates vary so visit www.ashburnjuggling.club for the next scheduled meeting. Email info@ashburnjuggling. club for questions.

ASHBURN TOASTMASTERS

Holding Online Meetings. Please contact our VP of Membership, vpm-703053@toastmastersclubs.org, for the URL to join our meetings. Check our website, ashburn.toastmastersclubs.org for meetings calendar.

BRAMBLETON LADIES GOLF LEAGUE

We are an 18-hole ladies' league open to women golfers of all levels. We play on Monday mornings from April through October at Brambleton Golf Course. We also play several major tournaments throughout the season and have fun games each week. You may choose to walk or ride. Starting Tee Times: Apr-May 8:30am / Jun-Jul-Aug 8am / Sep-Oct 8:30am. Sign up at brambletonladiesgolf.org or call Sara Carlin at 703-723-3000.

BROADLANDS CONSERVATION LANDSCAPE COMMITTEE

The Broadlands Conservation Landscape Committee is responsible for maintaining Broadlands' engagement in the National Wildlife Federation's Community Habitats Program. Join us to learn how you can help wildlife in and around Broadlands by contributing to greater biodiversity. Help us build a beautiful and more resilient future. Email BroadlandsWildlifeHabitats@gmail.com and follow us on Facebook at Broadlands Naturally.

BROADLANDS EVENTS COMMITTEE

Broadlands has many events throughout the year that need volunteers. All you need to do is show up and be ready to have fun! Plus, volunteering is a great way to get to know your neighbors. *The next meeting will be September 11th at 6:30pm*. Meetings are virtual unless otherwise noted. For more info and the Zoom link, email Crystal Boswell, events manager, at events@broadlandshoa.com.

BROADLANDS LIVE! COMMITTEE

The Broadlands Live 2024 is well under way with two concerts left this season...September 6th and October 4th. If you would like to help this season end on a high note email Jason at BroadlandsLive@broadlandshoa.com to volunteer.

BROAD RUN DEMOCRATS

Come join the Broad Run Democrats! We are a group of likeminded, civically engaged neighbors of all stripes who care about our community. Some of the things we do are: write postcards supporting candidates and voting, discuss current Loudoun County issues, promote candidates via social media, phone bank/text bank, canvass/knock on doors, talk to elected officials about issues important to us, work at a polling place handing out sample ballots. We meet on the last Monday of the month. For more info, email Cory Brunet at cbrunet2@yahoo. com.

CUB SCOUTS & SCOUTS - BSA

The Cub Scout program is designed for children grades KG-5, and Scouts BSA from grades 6-12. Troop 2970 (http://troop2970. com) meets at Our Savior's Way Lutheran; Troop 1154 (https:// ashburntroop1154.trooptrack.com) meets at Eagle Ridge MS; Cub Scout Pack 1483 (Pack1483.org) meets at Hillside ES; and Cub Scout Pack 1484 (Pack1484.org) meets at Mill Run ES. To learn more about us, please visit BeAScout.org.

GIRL SCOUTS

Girl Scouts provides leadership training through STEM, outdoor experiences, skills badges, community service and entrepreneurship. For more information, please visit girlscouts.org.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit griefshare.org.

MOMS CLUB OF ASHBURN

MOMS Club stands for Moms Offering Moms Support. Ashburn resident moms who organize events for us and our young kids. For more info, please contact Kirsten Barger at miller.kir@gmail.com or ashburnmomsclub@yahoo.com.

MOMS IN PRAYER – BRIAR WOODS

Briar Woods moms are invited to join us to pray for our children and staff at our high school. We currently meet in person every other Tuesday, 5:00pm-6:00pm during the school year. Please contact Catherine for more information at 703-598-4708.

MUSIC ON THE HEIGHTS

We host monthly concerts in our home, usually second Saturdays of the month. Mostly acoustic, some electric, this series features both local and traveling musicians of various genres. For more info email musicontheheights@gmail.com.

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

Run by Dr. Michael Oberschneider and Dr. Douglas Lipp. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lipp runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info, we invite you to call the practice at 703-723-2999.

REPUBLICANS FOR A BETTER WORLD

Come join us for many different activities including service, conservation, politics and community. Lots of different projects on the agenda - something for everyone. For more information please email especial417@gmail.com.

SHOP AND SELL AT PRIVATE RESIDENCES THROUGHOUT THE BROADLANDS NEIGHBORHOOD

IF YOU WOULD LIKE TO BE INCLUDED IN THE ONLINE LISTING OF ADDRESSES, COMPLETE THE YARD SALE SUBMISSION FORM ON THE WEBSITE AT <u>BROADLANDSHOA.ORG/YARDSALE-FORM.</u> RESIDENTS ARE RESPONSIBLE FOR CHECKING THE WEBSITE TO ENSURE INCLUSION AND ACCURACY. <u>RESIDENTS DO NOT</u> HAVE TO BE ON THE LIST OF PARTICIPANTS TO BE PART OF THE COMMUNITY YARD SALE.

SATURDAY, SEPTEMBER 28TH 8:00AM-2:00PM

CHECK OUT THE LIST OF PARTICIPANTS TO SEE WHAT'S FOR SALE AND VIEW THE COMMUNITY MAP TO FIND EACH LOCATION AT BROADLANDSHOA.ORG/YARDSALE



OKTOBERFEST SATURDAY, OCTOBER 26, 2024 2:00PM-6:00PM **COMMUNITY CENTER** LIVE MUSIC FROM THE ROCKITS BAND, FOOD TRUCK, DJ, KIDS HALLOWEEN COSTUM **CONTEST, & FACE PAINTING**

PAGE 22 • BROADLANDS NEWS • SEPTEMBER 2024





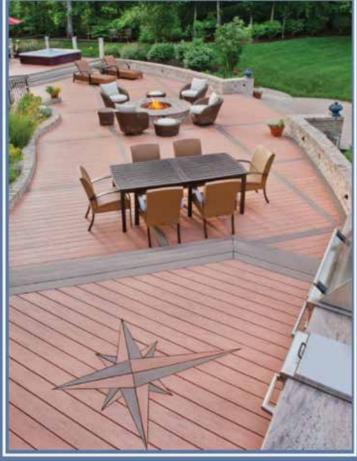


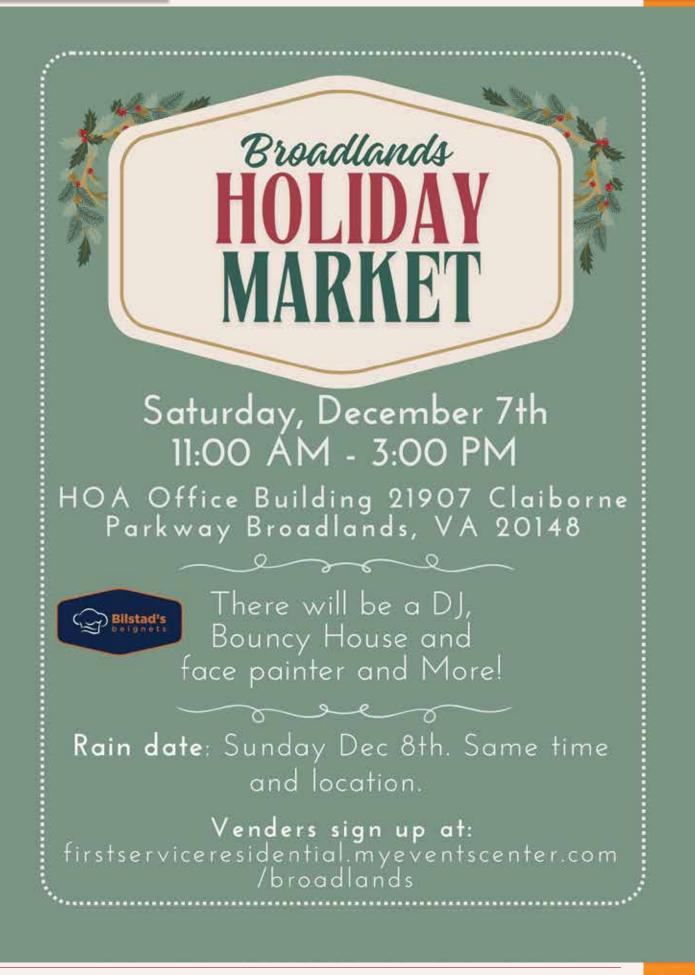
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2024 BROADLANDS EVENTS CALENDER *please note events are subject to change*		
JANUARY	FEBRUARY	MARCH
BINGO Night Friday 26th 6:00pm-8:00pm Community Center	BINGO Night Friday 9th 6:00pm-8:00pm Community Center Hands-Only CPR Saturday 10th 10:00am-12:00pm Community Center	BINGO Night Friday 1st 6:00pm-8:00pm Community Center St. Patrick's Day Fest Saturday 16th 3:00pm-6:00pm Community Center Parking Lot Eggstravaganza Saturday 30th 10:00am-1:00pm Hillside Park/Community Center
APRIL	MAY	JUNE
BINGO Night Friday 5th 6:00pm-8:00pm Community Center Truck Show Saturday 20th 12:00pm -3:00pm Southern Walk Pool Parking Lot	BINGO Night Friday 3rd 6:00pm-8:00pm Community Center Yard Sale Saturday 4th 8:00am-2:00pm Throughout Broadlands	BINGO Night Friday 7th 6:00pm-8:00pm Community Summer Celebration Saturday 22nd 3:00pm-6:00pm Community Center Parking Lot
JULY	AUGUST	SEPTEMBER
BINGO Night Friday 12th 6:00pm-8:00pm Community Center	Broadlands Live! Friday 2nd 5:30pm-9:00pm Hillside Park Middle School Pool Party Saturday 24th 6:30pm-9:00pm Southern Walk Pool	Broadlands Live! Friday 6th 5:30pm-9:00pm Hillside Park Dog Swim Saturday 14th 9:00am-1:00pm Summerbrooke Pool Yard Sale Saturday 28th 8:00am-2:00pm Throughout Broadlands
OCTOBER	NOVEMBER	DECEMBER
Broadlands Live! Friday 4th 5:30pm-9:00pm Hillside Park Halloween Party 3rd-5th grade Friday 18th 6:00pm-8:00pm Community Center Oktoberfest Saturday 26th 2:00pm-6:00pm Location: CC	Nature Event – The BUG Man Saturday 2nd 10:00am-1:00pm Community Center BINGO Night Friday 22nd 6:00pm-8:00pm Community Center	Winter Wonderland Friday 6th 4:00pm-8:00pm HOA Office Building Parking Lot Holiday Market Saturday 7th 11:00am-3:00pm HOA Office Building Parking Lot

For more information check out the events page: https://www.broadlandshoa.org/calendar-2/



Brambleton Library Programs

Crafter's Choice Book Club

Location: Meeting Room B Date/Time: Monday, September 9th, 6:30pm Age Group: Adults

Description: Read any book related to this month's theme, "Part of the Ship, Part of the Crew", and chat about the book you chose at our meeting while making a felt kraken. Find out more at library.loudoun.gov/calendar.

Bike Into History

Location: Brambleton Library Date and Time: Sunday, September 22nd, 10:30am-12:30pm

Age Group: All Ages

Bike into history at this antique bicycle show with The Wheelmen. Learn about antique American bikes like high wheels and see a live demonstration. Look for us on Emberbrook Circle. The Wheelmen is a national nonprofit organization dedicated to preserving the heritage of American cycling. This program is part of LCPL's Spoke 'n Word Bike Trail Event. To learn visit library.loudoun.gov/calendar.

Meditation and Movement for Calm and Peace

Location: Meeting Room A Date and Time: Thursday, September 26th, 7:00-8:00pm Age Group: High School, Adult Description: Experience how gentle movement can release stress from various parts of your body. Explore the benefits of mindful breathing and how you can use your breath to calm and focus your mind. Enjoy a grounded and peaceful guided meditation to invite in ease.

In Case You Need a Hand ...

Ashburn Fire	
Dominion Virginia Power	
Fire Marshall	
Loudoun County Sheriff	
Loudoun Water (customer service)	
Loudoun Water (after hours)	
Poison Control	
State Police	
Washington Gas	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)	1-571-379-8454
Snow Removal:	
VDOT Streets	703-383-8368
HOA Streets	703-729-9704
Towing (Battlefield Towing)	703-378-0059
Trash Pickup (Patriot Disposal)	1-703-257-7100

Southern Walk HOA - Verizon FiOs Gigabit Internet Contract:

Billing – Laura Marshall, FirstService Residential,	
laura.marshall@fsresidential.com	
Verizon Activation (SWHOA Only)	
Verizon FiOS Bulk Technical Support 24x7	
SWHOA FiOS Contract General Information	SWHOAB.COM

PUBLIC INFORMATION

Animal Control/Shelter703-777-040	6
Building Permits & Dev703-777-022	0
County Landfill	0
DMV (VA)	7
Health Department	6
Library (Ashburn)	0
Loudoun Transit	5
Loudoun Hospital	0
N: 11:11: 000 552 500)1
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Metro 202-637-700 Parks and Recreation 703-777-034 Loudoun County Commuter Services 703-771-566 Road Conditions 800-367-762 School Board 571-252-100 Street Signs/Storm Drains 703-771-566	00 13 15 13 10 10 16 16

SCHOOLS - BROADLANDS

Briar Woods High School	.703-957-4400
Eagle Ridge Middle School	.571-252-2140
Hillside Elementary School	.571-252-2170
Mill Run Elementary School	.571-252-2160

EARLY EDUCATION/TUTORING

MATH RESCUE 911:

We offer tutoring in Pre-algebra, Algebra I & II, Geometry, Trigonometry, Pre-Calculus, and Calculus. We also offer SAT and ACT prep. Tutor at your home or the library. May also do sessions on Zoom. Reasonable rates. Call or text Vincent Chu at (571) 379-3074; email is vchu_911@ yahoo.com.

HOME SERVICES

BROADLANDS HANDYMAN SPECIALIST:

Broadlands resident since 1999 with a Class A License and insurance. Everything from those dreaded and never-ending honey-do lists, to projects and much, much more. Including installation and repair of Roofing, Siding, Fencing, and Gutter Cleaning. Free estimates. Please contact Mike at P&M General Contracting: 703-862-0415; Mike. Rosario@verizon.net.

HANDYMAN SERVICES:

For repairs in your home. Small jobs and odds & ends. Plumbing, electrical, water heater replacement, bathrooms, and more... Free estimates. Call: 571-426-2126.

OXEN ACRES PROFESSIONAL LANDCARE:

New, veteran-owned landscaping and lawncare company offering a variety of outdoor services. Please visit www. oxenacres.com to see our services and promotions, and arrange for a free quote!

MARKETPLACE/PROFESSIONAL SERVICES

MARY KAY:

Go deeper to reveal the radiance within! If you are seeing the advanced signs of aging and looking for the additional benefits a peel can provide, want to maintain a youthful look, and are excited about an advanced exfoliation product, try Timewise Repair Radiance Peel today - www. youtube.com/watch?v=s3V5BNoLUIQ. Contact Deborah Leben, at 703-217-4583 or deborahlebenmk@gmail.com to customize your skin care regimen. Visit marykay.com/dleben.

PERSONALIZED GUNSMITH SERVICES:

Cleaning, servicing, and after-market modifications for pistols, shotguns, and carbines from a certified gunsmith at Precision Firearms Training & Gunsmith Services LLC. Please contact Joe at 703-431-5108 or by email at pftgservices@gmail.com.

REAL ESTATE PRIVATE OFFICES FOR RENT:

Broadlands/Ashburn. One Page Lease. Month-to-Month or Longer. \$300 To \$495 per Month. One Month Security Deposit Required. Landlord is an Associate Real Estate Broker in Virginia. Contact Lonnie Stock at 703-201-8579 or llsre@aol.com.





- 1. Submit a completed Classified Insertion Order Form which can be found on our website at broadlandshoa. org/newsletter.
- 2. Classified ads are limited to 40 words maximum and the text should be emailed to ads@broadlandshoa.com.
- 3. Payments can be made on our website at broadlandshoa. org/newsletter by selecting Classifieds and using the Buy Now button, OR a check made payable to Broadlands Association, Inc. can be submitted to 21907 Claiborne Parkway, Broadlands, VA 20148.
- 4. DEADLINE: Form, ad and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).

MONTHLY RATES:

- Resident Rates \$15.00 per ad (For Sale ads are free for Residents only)
- Non-Resident Rates \$25.00 per ad

No cancellations are permitted after the deadline. For more information, contact Stassa Collins at stassacollins@ broadlandshoa.com or 703-729-9714.

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported or vetted by the Homeowner's Association, the Board of Directors or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc. which reserves the right to reject or cancel any ad at any time.

Broadlands Blast

Interested in getting up to date community news in between monthly newsletters? Sign up for our e-bulletin, the Broadlands Blast, online at broadlandshoa.org in the upper right corner on our website.

Broadlandshoa.org

The Broadlands website gives you access anytime to find answers to most of your questions. Updates and reminders are posted to the main page as well.

Go Paperless

Go Paperless and Opt Out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@ broadlandshoa.com and be sure to include your property address. You will no longer be mailed a hard copy, but will be emailed a link to the online version. This option saves money and valuable natural resources such as trees. We encourage all residents to enroll in paperless newsletters.

Broadlands Community Info BROADLANDS ASSOCIATION, INC. TEMPORARY LOCATION:

43360 Rickenbacker Square, Broadlands, Virginia 20148 Main: 703-729-9704 broadlandshoa.org General Mailbox: info@broadlandshoa.com HOA Office Hours:

HOA staff is generally available via phone or email from 9:00am to 5:00pm, Monday-Friday, appointments recommended.

ASSESSMENT INFORMATION OFFICE

Firstservice Residential: Payments and Resale Docs Assessments: 703-385-1133 Fax: 703-591-5785 fsresidential.com • ar.dcmetro@fsresidential.com Mail Payments To:

FirstService Residential P.O. Box 30403 Tampa, FL 33630-3403

BROADLANDS ASSOCIATION STAFF & CONTRACTORS

General Manager: Sarah Gerstein • sarah@broadlandshoa.com **Covenants Manager:**

Suzan Rodano • covenants@broadlandshoa.com Modifications and Resale Manager:

Robin Crews
rcrews@broadlandshoa.com

Modifications Assistant & Pool Registrar:

Amy Streater • amy@broadlandshoa.com

Director of Resident Services:

Stassa Collins •stassacollins@broadlandshoa.com Newsletter Editor:

Natalie Ihanainen • Newsletter@broadlandshoa.com

Aquatics Director and Community Outreach Coordinator:

Julie Holstein • julie@broadlandshoa.com Events Manager:

Crystal Boswell • events@broadlandshoa.com **Receptionist & Community Center Rentals:** Joanne Hang • joannehang@broadlandshoa.com

BOARD OF DIRECTORS

President: David Baroody ◆ dm.cmb@outlook.com, 703-729-6785 Vice President: Eric Bazerghi ◆ eric@thehouse.net, 571-207-6505 Secretary/Treasurer: Dawne Holz ◆ holz.d@icloud.com, 703-362-6727 Directors:

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COMMITTEES

Broadlands Live Concerts:

Jason Pualoa • broadlandslive@broadlandshoa.com Conservation Landscaping Committee: Jennifer Crane • BroadlandsWildlifeHabitats@gmail.com Events: Crystal Boswell • events@broadlandshoa.com Modifications: Robin Crews • rcrews@broadlandshoa.com Swim Team: broadlandsswimteam.org Technology: Dawne Holz • deholz@icloud.com Racquet: BroadlandsTennis@gmail.com

Advertising Directory

EDUCATION/INSTRUCTION/LESSONS

Primrose School at Broadlands 32

ENTERTAINMENT

StageCoach Theatre Company 6

HOME SERVICES

Academy Door & Control	24
Augustine Roofing	31
Deckscapes of Virginia	17
Hodges Windows	
P&M Contracting	
Pond Roofing	
Service Specialties Inc. (SSI)	
Wildwood Landscaping	24
Zampiello Paint Contractors, Inc	

INSURANCE

Griffin Owens	Insurance	24
---------------	-----------	----

MEDICAL

Ashburn Pharmacy	2
Clarity Psychological Services	6

PETS

Stream Valley Veterinary Hospital	31
Wild Birds Unlimited	32

PROFESSIONAL SERVICES

Lori Christ CPA, LLC		6
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REAL ESTATE

Gallardo Real Estate Group	32
Van Metre	



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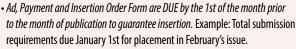
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- For inquiries, please contact Jeff Walter via email at jwalter@e-gcg.com or 703-818-2700. You
 may also visit broadlandshoa.org/newsletter
- Email camera ready ad in PDF format to jwalter@e-gcg.com. Ad must be in the specs shown above.
- Make payment on our website by clicking on the Buy Now button to use a credit card or your Paypal account. Checks should be made payable and mailed to Broadlands Association, Inc.



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